

# The Downey Patriot









**Fire marshal** files lawsuit See Page 3

#### Friday, January 9, 2009

# The power of a \$38K necklace

#### BY HENRY VENERACION, STAFF WRITER

've done and experienced many things in my life, some good, some bad. But through it all, I don't think I've ever lost a sense of adventure. You grow by what you feed on, said a professor of mine once.

Early on, during my formative years, one of the earliest books I chanced to read was "Robin Hood of Sherwood Forest." It made a deep impression on me. Before this, of course, I immensely enjoyed tales of adventure written in my native dialect. Reading "Robinson Crusoe" right after Robin Hood convinced me that a life of adventure was what I was going to pursue.

At another time the same professor subtly scolded me for making what was clearly a poor decision on my part, not going where I was supposed to go because I didn't want to undergo what I perceived then as an uncomfortable situation. He simply said, "You take risks."

He was absolutely right. All my life, as I've struggled to forge a character I could live with, I've taken risks. This attitude was

#### See NECKLACE, page 5

Funeral services are

#### By SCOTT COBOS, **STAFF WRITER**

**DOWNEY** – Former Major League Baseball draftee, volunteer award winner, and Downey resident Herbert Welch passed away last week. He turned 76 this month.

Welch, a familiar face to many people in the city, was best known for his community service, especially with West Downey Little League (WDLL) where he dedicated more than 50 years as a coach and board member.

ing the hot summers to make sure the fields the kids played on were maintained and ready to go.

His role in the league started off small but grew into something much larger. Welch became the face of the baseball program, building his relationships with the kids as not just another parent-volunteer but one of the most knowledgeable, respected, and easy-going coaches in the league.

Players past and present have nothing but fond memories of Welch and his personal touch to coaching, along with the life lessons gleaned from the game.

"My prayers are with Herb and

# Herb Welch, coach and volunteer, remembered

Vol. 7 No. 37

planned for tomorrow. Welch was 76.

He also put in many hours dur-



Herbert Welch was 76 when he passed away last week. Photo by Christine Caldwell/CMC Photography

#### Indian Guides.

"He was wherever he was needed. He helped over at Warren to raise funds and was on booster clubs. He just liked to be busy."

Mayor Mario Guerra said the city has suffered a great loss



#### 8301 E. Florence Ave., Suite 100, Downey, CA 90240

# Sauter accepts new position

■ Jeff Turner has taken over as acting fire chief.

#### BY MARY FORNEY, STAFF WRITER

**DOWNEY** – Sitting behind a desk full of paperwork, Mark Sauter pours over local, state, and federal safety mandates.

Newly-appointed Deputy City Manager/Public Safety Emergency

Operations Chief Sauter is starting out the New Year making sure the city of Downey is compliance in with the multitude of governing safety policies and



Mark Sauter procedures. Sauter, 50,

brings 30 years experience as a first responder to his new position. Joining the Downey Fire Department in 1979, he had been

the fire chief since 2000. The city's public safety emergency operations position has sat empty since 2005, when its duties were divided up between different departments. After the September 2008 water contamination crisis, City Manager Gerald Caton sought to fill the position immediately. "The city can do well with a plane crash or an earthquake, but we just had an emergency that impacted every single home and business," Caton said. "We realized we need to have the citizens better prepared to respond." On Dec. 15, Sauter began his new position in the city manager's office and tackling the challenges ahead of him.

Money for a G.O.D.

### cause

#### BY ERIC PIERCE, **CITY EDITOR**

legislators S state squabble over proposed budget plans up north in Sacramento, local nonprofits are increasingly finding themselves pinching pennies and searching out new sources of funding.

Gangs Out of Downey (GOOD) is no exception, as the anti-gang organization finds itself pondering ways to raise about \$22,000 to ensure police officers remain stationed at Downey's three public high schools.

State and federal grants initially paid for the officers (who work on their scheduled days off and rotate between Downey, Warren and Columbus high schools), and when funding ran out, GOOD and the Downey Unified School District agreed to jointly pick up the tab.

But when the school district was forced to reevaluate its expenditures due to steep state budget cuts to K-12 education, and with GOOD grappling a slowdown in donations due to the declining economy, the campus police program suddenly found itself in serious jeopardy.

Last August, just weeks before the start of school, the City Council stepped in and unanimously agreed to cover the costs - ensuring officers would remain on campus - but

See GOOD, page 2

his family," said Tampa Bay Rays third baseman Evan Longoria, who was coached by Welch at WDLL. "He was a great coach, mentor, and even more important a great human being.

"It was a tremendous honor to have known and been a part of his life. He will forever be missed in my heart and in the community of Downey."

Welch coached many notable athletes during his time, including former professional baseball player Rick Burleson and head football coach at the University of California, Jeff Tedford.

His work, although glamorous at times with names like Longoria and Burleson, was geared toward his community and watching the kids he was involved with grow into not just athletes but standout citizens.

"He loved being able to inspire and be part of kids' lives," said Welch's wife Shirley. "That was his life. He spent a few years at the Downey Junior Athletic Association. It wasn't all just WDLL. He also volunteered at the YMCA and did work with the because of what Welch brought to the community.

"His biggest enjoyment was watching the kids grow up," said Guerra who also worked alongside Welch during their many years at WDLL. "The loss is that a generation will miss out on a Herb Welch. Baseball and sports was just an avenue. A generation will not get to know sportsmanship through someone like a Herb Welch.

"Our city will suffer because of his passing. He was a very decent human being. That translated on how he lived his life."

Welch was originally born in Emmet, Ark. and moved to Paramount when he was 16. He attended Paramount High School for a brief time before finishing at Compton High School.

After high school, he was drafted by MLB as a pitcher, but his career was cut short by a wrist injury.

He then worked as a truck driver, followed by two years in the U.S. Army where he served tours of duty in the Korean War. During his time in the service, Welch received many honors including medals in marksmanship.

Following his time with the Army, he went back to truck driving and worked for Container Corporation of America for close to 50 combined years until he retired.

After retirement, Welch put his time toward coaching kids in baseball, specifically at WDLL where one of the fields has been named in his honor.

Welch is survived by his wife, Shirley; children Herb Jr. (Katie), Dennis (Carmen), Stacy (Mike) and Tammy; sisters Sue, Carol and

Charlotte; grandchildren Lindsey, Joshua, Ryan, Patrick, Robbie, Kelsie, Tyler, Elias, Aleah, Ellie, D.J., Matthew, and Doyan; and granddaughter Kaylee.

He was predeceased by a sister, Marge, and brother, Clifford.

A funeral service will take place Saturday at First Baptist Church of Downey, 8348 3rd St., at 2 p.m.

In lieu of flowers, the family has asked a donation be made to the charity or youth program of your choice.

"This position was a collateral duty, but now it is a focused position," Sauter said.

See SAUTER, page 3

# DUI incidents decrease

DOWNEY - More drunk drivers stayed off the roads in Downey this holiday season from Dec. 24 -Jan. 2, 2008.

According to Downey Police Department's Traffic Sgt. Dean Milligan, there were only eight driving under the influence arrests.

In 2007, there were 22 DUI arrests during the same time period.

"I can't explain why it was significantly lower this year," Milligan said. "I would hope that people are more informed and care about others and themselves."

No fatal injuries were reported, but two of the DUI's resulted in collisions - one involving property damage and the other involving minor injury.

# **Citizens hear vision for downtown**

#### By Eric Pierce, **CITY EDITOR**

DOWNEY - Dozens of interested Downey residents - both young and old - packed the Downey City Library's Cormack Room on Tuesday to listen and share opinions about the tentative but proposed future of the Avenue Theatre and Verizon building.

John Perfitt, director of economic development for the city of Downey, spoke at the regular meeting of the Downey Redevelopment Project Area Committee (PAC). The PAC is "a conduit to City Hall, distilling public comment from our meetings into recommendations endorsed by a diverse assembly of citizens from both within and outside the downtown area."

The meeting turned into a forum for residents to bounce around ideas regarding the future of Downtown Downey. Most residents seemed to share the same goal: "revitalize" the downtown by increasing entertainment options.

But residents had differing opinions on how to accomplish that goal.

The city purchased the Avenue Theatre and Verizon building using housing funds, meaning a large chunk of redevelopment needs to be dedicated towards new housing. And at least 20 percent of the new housing needs to be "affordable," as defined by the state of California.

Perfitt estimated about 50-100 total units will be built, primarily condominiums and apartments.

The city is recommending 1,600 sq. ft. of the theater (the side facing Downey Avenue) to be redeveloped into a "high-quality, sitdown" restaurant. The rest would be housing and "community space."

Perfitt said the community space could include art or cultural programming, or perhaps a coffee shop where jazz bands could play music. The final use has not been determined yet, he said.

See DOWNTOWN, page 2

# Page 2 Friday, Jan. 9, 2009 Community

#### Continued from page 1

"Everything is conceptual right now," Perfitt stressed.

Residents in attendance spoke of the need for greater entertainment options, restaurants and retailers that stay open into the evening hours.

"Nobody is going to go to a

travel agency at 9 p.m.," one woman said.

Paul Granata, owner of Granata's Italian Villa on Downey Avenue, questioned the logic in combing a high-quality (and conceivably pricey) restaurant with affordable housing.

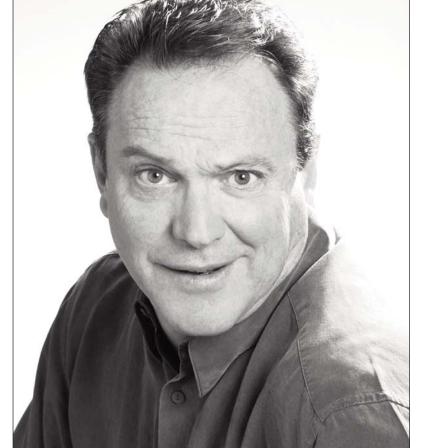
Perfitt said people purchasing "affordable" homes have more disposable income than the term would lead one to believe. Teenagers in attendance, mean-

while, said today's Downey kids "have nothing to do."

"After the Krikorian, then what?" one young lady said. Entertainment options in Downey would keep teens from traveling across city lines into Long Beach, Pasadena and Norwalk, she said. Perfitt agreed. "I hear you loud and clear," he said.

After the city released a Request for Proposals in September, Perfitt said he received six "wide-ranging" redevelopment proposals. A rating panel whittled the list to two finalists, before the city made its choice.

Perfitt said construction could begin as early as next year.



# GOOD: Donations help effort to keep gangs out of city, schools.

#### Continued from page 1

there's no guarantee the city will be in a financial position to be so charitable next school year. And that has GOOD worried.

GOOD held their regular meeting this week where they discussed finances and other matters.

Crime statistics have declined in Downey and, ironically, that hurts GOOD's chances of securing state funding, said Stan Hanstad, one of the organization's founding members.

GOOD also lacks a professional grant writer, which makes securing state and national funds a challenge. Hiring a grant writer would potentially cost more money than the group could afford.

As of Dec. 31, GOOD had about \$26,000 in its bank account. The money is used to fund community outreach events, youth interventions, scholarships, and more.

Financial worries aside, the group expressed gratitude for several recent donations, including contributions from the Optimist Club of Downey, First Presbyterian Church, Richard Strayer, and Bob and Jean Brazelton.

#### Success story

Darrell Jackson, immediate past president of GOOD, said he recently received a phone call from Johnny Cervantes, a 10-20 Club dents by offering support groups, anger management classes, and other services.

Jackson said Cervantes thanked the club for its scholarships to ITT Tech. The classes enabled him to land an engineering job in Portugal.

Jackson also thanked Ernest Caldwell and Mayor Mario Guerra for attending Los Padrinos Juvenile Hall on Christmas Day to deliver 200 goodie bags to kids.

#### Graffiti

City employee Lisa Fox said 53,000 sq. ft. of graffiti was removed in Downey last month, down from 68,000 sq. ft. during the same time last year.

"We're seeing more small stuff," Fox said, including tagging on benches and sidewalks.

She said the area near Orange Street and Paramount Boulevard was recently heavily tagged with gang insignia. But Fox said 15 separate calls were made to the city's graffiti hotline to report the damage.

Fox said the Columbia Space Science Center has already been hit once by taggers, and has requested the center's windows be installed with anti-graffiti film.

#### Clean-up

Carol Rowland reported that Keep Downey Beautiful held a clean-up last month before Christmas. And despite a smaller group of volunteers than usual, they picked up 35 bags of garbage that had been dumped behind the old Albertson's building on

Firestone Boulevard. Rowland said the group collect-

ed tires, paint cans, oil, and clothing.

Keep Downey Beautiful's next clean-up will be Jan. 17. The group will gather at 9 a.m. at Sussman Middle School before cleaning up the area near Brookshire Park.

#### Burglaries

Sgt. Randy Wells of the Downey Police Department, who is taking over for the retired Jeff Calhoun, said the city experienced an increase in residential burglaries last month. Nighttime street robberies were also up, and in response the department was adjusting their patrols.

Wells also confirmed a home invasion robbery this week, and said another home invasion occurred last month.

The area of Orange Street and

### Newcomers ringing in New Year

**DOWNEY** – The Downey Newcomers Club will hold their annual

New Year's luncheon Monday at Los Amigos Country Club at 10:30 a.m. Cost is \$10 for members. Attendees should check with the guard gate if they need a ride to the club house.

RSVP by calling Paula Lou Roberts at (562) 861-2545.

### Florist to speak at networking

**DOWNEY** – Renata Rodriguez of Renata's Fantasy Flowers will be the guest speaker at Rise 'N Shine Networking Tuesday at Downey Brewing Co. at 7:30 a.m.

Paramount Boulevard was the scene of a recent shooting, Wells said. Nobody was hurt.

Neighborhood Watch

Guerra said recent crime statistics show a decline in Downey crime, with the exception of car thefts, which are "way up." Guerra also praised the

Neighborhood Watch program, spearheaded by city employee Juddy Ceniceros, and its continued growth. Ceniceros said there are currently 31 active Neighborhood Watch groups in Downey.

The city and school district recently distributed fliers to neighborhoods where break-ins were occurring at local schools, Ceniceros said.

To donate to Gangs Out of Downey, mail checks to Gangs Out of Downey, P.O. Box 13, Downey, CA 90241. Church playing host

Speaker, author and humorist Ken Davis headlines a concert series at

to concert series

First Presbyterian Church of Downey.

**DOWNEY** – In celebration of its newly-renovated auditorium, First Presbyterian Church of Downey will host the 2009 Celebration Concert Series, an effort to provide "high-quality artistic performances for the surrounding community at a reasonable cost."

The series debuts Jan. 24 with a concert designed for audience participation by pianist and organist Christopher Martin. Martin hails from the USC Thornton School of Music and is presently teaching from his own studio in Anaheim.

In March, trumpeter Knox Summerour will headline a concert with nationally-acclaimed ensemble members. Summerour is a trumpeter and vocalist in Los Angeles, in addition to being a film composer.

Paulie Pesh, an active composer and performer in Southern California, will visit in May. Accompanied by his acoustical guitar, Pesh has been described as an "incredible talent."

The summer months will feature trombonists Steven Humenski and Bob Sanders, along with up-and-coming musician Jeffrey Reynolds.

Award-winning musician Brandon Bernstein will be joined by "some of the best jazz musicians in L.A." when he performs in September.

Closing out the series will be nationally acclaimed and award-winning speaker, author and humorist, Ken Davis.

The concerts are sponsored by First Presbyterian Church of Downey and proceeds will cover the costs of the musicians. Any leftover funds will be used to support musical classes for children in the church's Kidz Konnection after-school program.

Tickets are \$10 in advance and \$15 at the door. Season tickets are

The Downey Patriot

success story who managed to turn his life around.

The 10-20 Club is an off-shoot program of GOOD, helping resi-

Patricio Camacho and Lidia Venegas of AltaMed Downey ADHC will also be speaking.

The meeting is open to the public, and cost is an order from the menu. RSVP by calling the Downey Chamber of Commerce at (562) 923-2191.

available for \$50 for all six concerts, and \$150 for season tickets for a family of four. Tickets can also be purchased online at www.brownpapertickets.com.

Each ticket will begin at 7:15 p.m. and will include an intermission.



# Community Page 3 Friday, Jan. 9, 2009

SAUTER: Responsible for city's emergency

# **Suspects sought** in home invasion

#### BY MARY FORNEY, **STAFF WRITER**

**DOWNEY** – Hearing a thud in the middle of the night on Jan. 6, a Downey resident living in the 9100 block of Appleby Street woke up thinking one of his dogs was hitting his door. Realizing the noise had come from his neighbor's house, he went back to sleep.

In the morning, the resident saw something was amiss at his neighbor's house - a blanket was covering up their second floor French windows which are normally uncovered. Then, he watched a forensic vehicle pull up to the house.

His neighbors had been the victims of a home invasion.

Wearing ski masks, gloves, and waving handguns, the robbers tied up the husband and wife living in the home, as well as their teenage son and daughter.

Looking for money, jewelry and other valuables, the gunmen left in the family's Nissan sedan.

"I believe these people were targeted for a specific reason," said Downey Police Department Sgt. Randy Wells.

"I don't think it was a random act. There was no sign of forced

**DOWNEY** – The Downey

Theatre will present the fifth film

of its '08-09 Armchair Adventure

Travelogue Series, "Four Corners

U.S.A.," filmed and narrated by

Jim Tompkins, Sunday at 2:30 p.m.

point in America where four states

meet. The borders of Arizona,

Colorado, New Mexico and Utah

intersect among the scenic moun-

taings, raging rivers, remote

canyons and historic cultures of the

The film begins at the only

entry, and for some reason, they thought these people had money in their home because they were demanding it."

No one was assaulted or injured during the course of the robbery.

This is the second home invasion in Downey in the last two months.

"I don't think they are related," Wells said.

The Appleby Street resident who heard noises coming from the victims home has asked to remain anonymous.

"Sometimes people like that get the houses mixed up," the neighbor said. "Our dogs are excellent watch dogs, but we have been keeping them inside at night because of the cold. Because of this, we will be putting them back outside again at night."

The Downey Police Department continues to investigate the Appleby Street robbery, and have not released the amount of money or valuables taken from the home. The suspects remain at large and the family's Nissan vehicle has not yet been recovered.

Persons with information about the Appleby Street home invasion are urged to call (562) 904-2304.

ed live by Tompkins, accompanied

by the latest in digital e-cinema

degree in cinematography from

Ithaca College. After graduation,

he moved to Southern California

and spent several years working in

all aspects of the motion picture

company to produce sports and

event videos, and later co-founded

In 1986, he started his own

industry in Hollywood.

Tompkins received a bachelors

#### Continued from page 1

Overseeing the implementation of a reverse 911 system for Downey is at the top of Sauter's priority list.

preparedness.

Mass communication between city entities, businesses, and residents posed a problem during the water contamination crisis. As a result, the city council recently approved to enter an agreement with the mass notification systems company Avtex Inc.

Sauter will begin handling the city's gathering of emergency contact information of its residents and businesses

"I have a host of different things to work on," Sauter said. "Training for the city is needed and there are regulations to abide by. I will be making sure our communi-

cations go where they need to go, and looking at blackout and cooling issues. Where do people go the senior center? How do we check in on people, feed everybody, or contact other entities during an emergency?"

Coordinating city wide drills and traffic issues are also on Sauter's plate.

"When there are freeway problems, it's hard for our emergency vehicles to get through," Sauter said.

"You will always hear me say this position is 'emergency preparedness and operations' because you can always keep supplies at your house (and that's important), but you need to have all of it transportation, departments working together, shelter, communications, and supplies - to have a sustainable community."

To fill Sauter's vacancy at the fire department, Caton appointed Assistant Fire Chief Jeff Turner as acting fire chief. Turner's position as assistant fire chief has been eliminated.

"It was an honor to be offered the position, and I will try to do the department and the community proud," Turner said. "This is a nice way to finish out my career."

Like Sauter, Turner has been with the Downey Fire Department since 1979.

"In this case, I had a great person to put in the fire chief's position and in the new position," Caton said.

"I didn't have to recruit anyone which is a good thing because it can cost \$10,000 to \$50,000 to recruit.

Sauter is starting his new position with a salary of \$185,000 plus benefits.

"I make deputy pay just like down the hall," Sauter said.

Caton thinks the new deputy city manager's pay will be money well spent by the city and a salary well earned by Sauter.

"The number one priority is public safety and that doesn't just mean fire and police," Caton said.

Sauter has already begun scheduling meetings with city council members and disseminating emergency preparedness and safety information to civic organizations.

"We are definitely stepping it up," he said.

# Sauter, city target of lawsuit

■ Fire marshal alleges harassment, discrimination.

#### BY MARY FORNEY, **STAFF WRITER**

DOWNEY - A harassment and discrimination lawsuit has been filed against the City of Downey and former Fire Chief Mark Sauter current Downey Fire by Department Fire Marshal Darren Moon.

Moon, who is a homosexual, alleges that Sauter denied him eligibility for promotion and reduced his duties as fire marshal because of his sexual orientation.

"My work environment was not pleasant at all," Moon said. "Prior to him finding out (that I am gay), we had a good relationship. He never said anything to me, but the silent treatment spoke volumes."

Moon, 49, has worked for the Downey Fire Department for more than 20 years. Married to a woman tions from Moon that he was treated in a demeaning manner by Sauter, and that the City of Downey failed to resolve his harassment and discrimination complaints against the fire chief.

During 2008, the City of Downey hired an investigation firm to look into Moon's complaints which resulted in no administrative action taken against Sauter.

"They determined there was no wrongdoing - only lack of communication between departments," Moon said.

The investigation included looking into other complaints from Moon to the city's personnel office alleging Sauter retaliated against him for filing the grievances.

"My job as deputy fire marshal used to interact with the fire chief on a daily basis. That was all of a sudden cut off and I could not make any decisions at all," Moon said.

"I was working in a hostile environment so I went to human resources and spoke to the director.



Fire Marshal Darren Moon, above, has been with the Downey Fire

Theater showing travel film Sunday

technology.

American Southwest.

Many of the national parks in the region will be featured, including Zion, Bryce Canyon, Arches, Canyonlands, and the new Black Canyon of the Gunnison and Grand Saircase-Escalante parks.

Also featured will be slot canyons, steam trains, boating and jet skiing on Lake Powell, mountain biking and other adventure sports, including skiing and kayaking.

The presentation will be narrat-

Downey Cinema 10

562.622.3999

a trade organization for professional video producers.

Tompkins' other films include "Emigrant Road" and "The Alps."

Tickets to individual films may be purchased on the day of performance only beginning at 1:30 p.m. at the theater box office. Adult tickets are \$7, seniors and students are \$6 (cash or check only).

For more information, call the box office at (562) 861-8211, Monday through Friday, between noon and 4 p.m.

for 19 years, Moon divorced six years ago and has been living with a male partner for more than 5 years.

Moon said that he tried to keep his personal relationship with his male partner a secret from Sauter, but not from the other fire department employees.

"I didn't tell him because I knew he would react the way he did," Moon said.

The lawsuit contains allega-

She wanted a meeting with Sauter and me, but I wasn't allowed union representation so I refused the meeting and filed a formal complaint instead.'

The complaint for damages filed by Moon's attorney Richard Jorgensen on Jan. 5, 2009 states that up until October 2006, "Sauter was unaware" of Moon's sexual orientation and "maintained a cooperative and positive working relationship" with Moon, all along

DOWNEY

FEDERAL

CREDIT

UNION

Count On Us

Through All

Stages Of Life

Department for more than 20 years. Photo courtesy Darren Moon

set for the lawsuit that was filed expressing to him "that he possessed qualities and characteristics with the Superior Court for the State of California County of Los which made him very promotable." Moon's attorney has submitted Angeles.

> On Dec. 15, 2008, Sauter began a newly-appointed position as Deputy City Manager/Public Emergency Operations Chief for the City of Downey and no longer serves as fire chief.

A hearing date has not yet been

Both Sauter and City Manager

a settlement offer to the City of

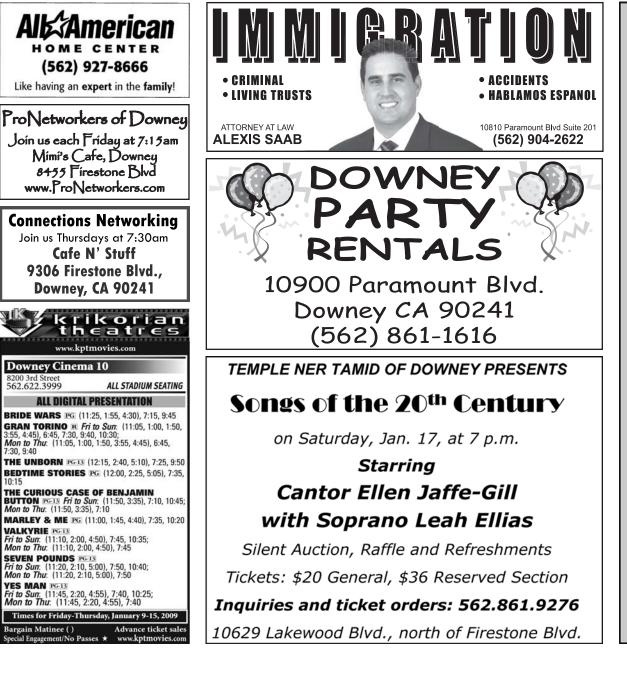
Downey for \$650,000 which the

Gerald Caton declined to comment

city has not yet responded to.

on the lawsuit. **Providing Financial** 

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# Services today for Sharon Greene

**DOWNEY** – Memorial services for Downey native Sharon Lynn Greene will be held today at 11 a.m. at Miller-Mies Mortuary Memorial Chapel, 11015 Downey Ave in Downey. Greene passed away Jan. 3.

She graduated from Warren High School in 1968 and was a former volunteer with Southern California Rehabilitation Services in Downey.

She is survived by her son Ronald Greene of Bell Gardens; sister Lauren Greene and her husband Glen Ceresa of Aptos, Calif.; brother Brian Greene and his wife Laura and son Cameron of Monrovia; and nephews Scott Webber of Santa Cruz, Dustin Webber of Santa Clara, and Kyle Webber of Aptos.

# Joseph Carlucci

## passes away

**DOWNEY** – Joseph Steven Carlucci, born May 27, 1962, died Dec. 30 in Paso Robles, Calif.

Carlucci was a longtime Downey resident. He is survived by his wife, Christine Davenport.

Services will be held tomorrow at 3 p.m. at Rose Hills Memorial Park in Whittier, inside Gate 1.

In lieu of flowers, donations can be made to the American Red Cross in his memory. Donations will also be accepted at the family gathering following services.

# Manuel Guerra mourned by family

**DOWNEY** – Manuel "Manny" R. Guerra, a Cubanborn immigrant who gained an extensive list of credits in both television and film, died Dec. 27 in Los Angeles after a battle with cancer. He was 60.

Guerra was born in Cuba on June 18, 1948 and immigrated to the United States in 1962 during the Peter Pan escape operation. He was the oldest of four brothers.

He grew up in Huntington Park after his parents and

brothers were able to join him in the U.S. in 1966. He attended Huntington Park High School and Los Angeles Trade Tech College and studied acting.

In addition to his appearances in TV and film, he also starred in and produced many local plays. He started his own production company, All For One Productions.

He appeared on the television show "L.A. Law" for eight years, and appeared regularly on "Doogie Howser" and "Picket Fences." He also enjoyed featured roles in the Harrison Ford film "Clear and Present Danger" and with Robin Williams in "Bird Cage."

As an actor, he belonged to the Screen Actors Guild.

Guerra retired from acting at age 58 and had plans to settle in Palm Springs, where he hoped to open a theater and acting school. But his fight with cancer began six months ago, and he passed away in Los Angeles surrounded by family.

He is survived by his partner of 30 years, Darrell McIntyre; daughter Angel Nichelson, of Indiana; granddaughters Elizabeth and Kaylee; brother Mario (Ann) Guerra, who is mayor of the city of Downey; five nieces and nephews, all of Downey; aunt Eva Gonzalez; and cousin Alicia Cuevas, of Miami, Fla.

### Utility scams subject of meeting

**DOWNEY** – John Roldan of the Public Utilities Commission will be the guest speaker Jan. 27 when Rise 'N Shine Networking meets at Downey Brewing Co. at 7:30 a.m.

Roldan's topic will be "Public Utility Information on Scams and Money Saving Programs."

The public is invited to network. Cost is an order from the menu. RSVP by calling (562) 923-2191.

### Chamber celebrating anniversary

**DOWNEY** – The Downey Chamber of Commerce will celebrate their 106th anniversary with a luncheon Jan. 23 at the Embassy Suites.

Longtime Chamber members will speak at the event, and new members and past presidents will be recognized.

Certificates will be awarded to five, 10, 15 and 20-year members. Plaques will be presented to longer serving members.

Sponsored by Kaiser Permanente, the luncheon is \$25 and begins at 11:45 a.m. Reservations are due by Jan. 19. For more information, or to make a reservation, call the Chamber at (562) 923-2191.

### Business Watch meeting Jan. 29

**DOWNEY** – A meeting of Business Watch, a crime prevention program for local business owners, will be held Jan. 29 at noon inside council chambers at City Hall.

Participants of Business Watch receive training in business security, effective crime reporting, and burglary and theft prevention.

The meeting is free and begins at noon. For more information, call the Downey Chamber of commerce at (562) 923-2191 or city of Downey at (562) 904-1895.

### Fashion show at Christian meeting

**DOWNEY** – A fashion show by L&M Fashions will highlight the Jan. 14 meeting of the Downey Christian Women's Club.

The meeting is themed "New Beginnings." Hermina Vink will provide music and Bonnie Smith will be the guest speaker. She will speak on "Why the Past is not the Future."

The lunch meeting begins at 11:45 a.m. at the Los Amigos Country Club. Cost is \$12. Both men and women are invited to attend.

Reservations are requested by calling Sonja at (562) 862-4347 or Jean at (562) 861-1114.

### Guild sponsoring casino trip

**DOWNEY** – The OLPH Women's Guild is sponsoring a trip to Harrah's Rincon Casino and Resort on Jan. 27.

Cost of the trip is \$10 and includes a \$5 voucher redeemable at the casino's gift shop, buffet or gaming area. Bingo will be played on the bus.

Guests will need to provide a valid California ID and emergency contact number. For reservations, call Anna at (562) 923-2988.

### Stage Hogs performing at meeting

**WHITTIER** – The California Retired Teachers Association will hold its first meeting of the new year Tuesday at the Greenleaf Masonic Center in Whittier.

The meeting will begin at 11 a.m., followed by a noon luncheon. The program starts at 1 p.m. and will feature the Stage Hogs, a barbershop quartet of baritones.

For more information, call (562) 696-4474.

### Rancho staging live production

**DOWNEY** – Rancho Los Amigos National Rehabilitation Center will



You know what you are and that is my drug Longing for you consumes my mind's control I try to love and you smirk all so smug When I am with you life seems so wonderful The withdrawals pain me so much when you're gone When you leave sickness takes my body over Missing your smile which is your biggest con I feel this pain and wish I wasn't sober The mornings with you can be so terrible That I often contemplate my very end Another hit from you and I am stable I want to fix myself and try to mend Nearing my addiction's end but my love persists She is the one the only demoness

> –Nicholas Baxter, Downey

### Listening to Godzilla

l hear you. I'm listening to your non-stop opinions. You, answering your own questions, my attempted replies.

l might appear hypnotized as l seem to soak in your every word. You might think you are converting me because I nod attentively.

Look closely because the real me has left my body and gone to more enlightening environments. I shall return when you have taken your hairy foot out of my mouth.

> – Margaret Hehman-Smith, Downey

### The Number Line Song

A baseball player named Ryne, Had trouble with numbers one time. Two plus two equaled three. He got smart the day he, Drew up a number line.

Each number's place was its own, And each number loved its home. Zero was on a stage, In the middle of the page, He sang and danced in the neutral zone.

"Positive numbers," was his song, "Go right forever on. "Go right and get more, Two plus two is always four, Positive numbers go right where they belong."

"Negative numbers," he cried. "Go left forever," he sighed. "See, negative one, It is smaller than none. We go down, down, down on the left side."



He was predeceased by his mother Maria Guerra; and brothers Luis Guerra of Downey and John Guerra of Long Beach.



present its eighth annual performing arts show, "The Spirit of Love Around the World," tonight from 6:30-8 p.m. at the Barbara J. Riley Community and Senior Center.

The performance showcases the talents of more than 20 Rancho graduates who will be featured singing, dancing, acting, and playing music to lift the spirits of patients, staff, family and friends.

The event is free and will be staged inside the Diane Boggs Auditorium. The nearest cross streets are Imperial Highway and Rives Avenue.

The public is invited to attend.

# Rachel Lee Gleason



Rachel Lee Gleason, 51, joyously celebrated New Year's with cherished friends, Bob and Cheryl Van Rensselaer. Early on January 1, 2009 Grandma Wilda and the rest of the angels quietly came and freed her from the pain and suffering that she faithfully endured for over 20 years.

Rachel leaves a legacy of love in her life's work as the "TM" mother of darling

Sumner and precious Samantha. Her loving nature touched beloved parents Ralph and Ellen McRae Osterbauer, brothers and sisters, father Herbert Lester Gleason, extended family and friends including Michelle Watson and kindred spirit Cheryl Lindsay.

Rachel never met anyone she didn't ultimately love. Her ability to forgive, to persevere inspired all. Hopeful and optimistic by nature, meticulous, and deeply spiritual at her core, Rachel became a seeker of truth, with her love of the Savior sustaining and comforting her.

During her debilitating illness, at 37 Rachel graduated from Cal State Fullerton with honors. When she felt well spontaneous adventures occurred as she was determined to live to raise her children. Rachel never stopped praying, trusting her Savior and His promises to help her as she sought for healing answers from dedicated medical professionals and alternative health providers.

"Little Sister" we're holding your place in our family line until we all come home to play in God's garden with you: Don Osterbauer (dec.), Barbara (Eric) Roberts, Mary (Jim) Petty, Eilene (Ron) Baker, Paul Osterbauer (dec.), Robert (Cindy) Gleason, Richard (Lori) Gleason, Alan Osterbauer, Melynda Gleason, ..., Martha (Dean) Michael, Melissa (David) Williams, John (Julie) Gleason and Tom (Rebecca) Gleason.

Funeral to be held Saturday, January 10, 2009; The Church of Jesus Christ of Latter-day Saints, 10511 Paramount BL, Downey, CA. Viewing: 9:00 AM. Services: 10:00 AM. Internment Rose Hills, next to her brother Don Osterbauer.



Educating young women in faith, with the family, for the future, for almost 50 years!

## Accepting applications now! Scholarships are available

7851 East Gardendale Street • Downey 90242 (562) 861-2271 • Fax: (562) 869-8652

#### The Downey Patriot

# Editorial Page 5 Friday, Jan. 9, 2009

# **NECKLACE:** An ability to unite.

#### Continued from page 1

further reinforced after I drank in, in the course of my further reading, Teddy Roosevelt's ringing cry: "Dare to do mighty things, or you might find yourself knowing neither victory nor defeat...!", or some such thing.

Well, what happened on Dec. 6, a Saturday, at the Volunteer Holiday Celebration sponsored by the Friends of the Downey Public Library, if nothing else, was one of those events that roused my slumbering sense of adventure.

The Friends had invited some of the 13 women from Ventura who, according to their promo, bought a \$38,000 diamond necklace and were going to tell their stories of how it had "transformed their lives."

Referred to as "The Women of Jewelia" and the subject of a book entitled "the necklace," four came. Two were assisting their husbands run either a store or clinic, one was a real estate agent, and the fourth was a psychologist

It was Jonell McLain, the real estate agent, who four years ago saw the diamond necklace displayed at a local store window with a price tag of \$38,000. It provoked this train of thought: "Why are personal luxuries so plentiful yet accessible to so few? What if we shared that which we desired?" Sure enough, so goes the narrative, "several weeks, dozens of phone calls, and a leap of faith later," McLain had bought the necklace with 12 other women.

Their goal? Share it, and the cost, among themselves. To their credit, they had whittled the selling price down to \$15,000, each one paying a manageable \$1,154. It helped that McLain knew the store owners, the husband agreeing to the price if the group were to include his wife in the sharing arrangement.

Thus, each of the 13 gets to possess the necklace for a month at a time, to wear as she sees fit. The necklace goes, of course, to the one who celebrates, say, a birthday. The rotation has worked well.

The speakers said sharing the necklace has worked wonders in their lives, "putting order where before they led chaotic, unbalanced lives," it has led them to work for the betterment of the community ("We've raised \$50,000 for charity, and we feel blessed for it"), made them realize that it's truly better to give than to receive, made them reorder their priorities. Their experiment, they said, "transformed a symbol of exclusivity into a symbol of inclusiveness.'

Without hardly trying, the group has been written up in People magazine and appeared on ABC's Good Morning, America. It won't be long, they excitedly tell themselves, before they get called to the Oprah Winfrey Show.

On a dare, all the while puffing up my chest to proclaim my manliness, I went up the stage that Saturday to be photographed with the ladies with the pricey diamond necklace around my neck, the first time I've ever worn, if only for a minute or so, such expensive jewelry.

"Feel its power," they urged me on, amid much glee and laughter. No less than the likes of George Clooney and Mel Gibson have worn it before me, they said. In that case, I said, I'll do it.

With a whole New Year ahead, I hope some of its power has rubbed off on me.

# Child care funds going unused

## Letters to the Editor:

### Change inauguration date

Dear Editor:

It is time for our government to change the inauguration date to Jan. 5, instead of Jan. 20. The reason for the later date is to give time for the new president to get ready for the move to the White House.

It is hard to believe the date used to be March 4. The last president to be inaugurated on that date was Franklin D. Roosevelt.

It is time to update the inauguration day for our future presidents. Mike Sandoval,

Downey

## Proud of the float

Dear Editor:

Congratulations to the Downey Rose Float Association for another beautiful, prize-winning float.

How fortunate we are to have so many volunteers and supporters who year after year create floral masterpieces. It seemed particularly important this year to bring forth a sense of beauty and normalcy as we start 2009.

As a lifetime member of the Downey Rose Float Association, I've seen so many success stories unfold. I commend the past presidents and Gary De Remer for their service to our community. The dedication of Kelley Roberts, Jason Redfox, and Bill Porter is proof positive that it's not the end result but getting there that makes our community great.

A tip of the hat to Omar Camacho for towing "Broadway's Golden Age" to Pasadena. The entry and its entourage, heading for Pasadena, were quite impressive as they passed on Paramount Boulevard in front of a crowd of well-wishers comprised of volunteers and Downey Woman's Club members.

We are also fortunate to have a great community newspaper as The Downey Patriot, who does a terrific job in keeping us in touch with the pulse of the city.

- Doris Patterson,

**Downey** 

### Neglected trees

#### Dear Editor:

I am writing to bring attention to the fact that on Firestone Boulevard, next to Denny's Restaurant and where the old Lucky's market stands empty, there are several trees in large containers that have been sitting there in the parking lot for a couple of years and seem to have been forgotten and neglected.

It seems to me that it would be worthwhile for our city to use them as street trees, plant them at some of our city parks, or donate them to the Arbor Society instead of just leaving them to be neglected.

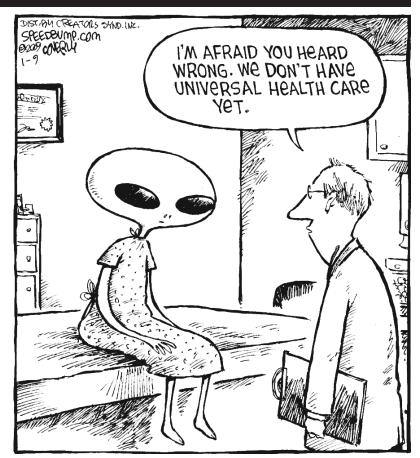
- Matthew Millard, Downey

### Downtown business plan

Dear Editor:

The downtown area could use a business plan. A business plan conceived by and researched by business people and property owners that would help our city officials see and hear a real and overlooked side of what they are trying to achieve there.

I have heard many times that running a municipality is like running a business. This usually comes from politicians that don't run their own businesses. I'm not saying our elected officials aren't business savvy, however, I am saying that if the decisions they choose affected how they provide for their families they might not be so cavalier and one-dimensional in the approach to revitalizing the downtown area.



## Public safety dollars

Dear Editor:

Is anyone on the City Council listening even a little bit? So many protest letters from citizens and newspaper editorials have been printed, and I hear nothing from members of the City Council or city manager to justify the hiring of a deputy city manager to be in charge of public safety. Does this mean that "they're gonna do what they're gonna do" regardless? If that's their message, I hear it loud and clear.

We're talking a lot of money here. It's not just \$315,000 for this year, it's obligating upwards of \$3.15 million over the next 10 years and more thereafter. I can't imagine this new high-paid bureaucrat not having at least one "assistant" or "associate" in the not too distant future. What about a secretary? He couldn't be expected to share with someone, could he?

My frustration on this is rising really fast. And after we've obligated all this money in future years and city tax income isn't sufficient, what happens then? Couldn't this apparently extra money be used on some pet project this year only so that it doesn't require any future funds?

I think the City Council handled our tainted water scare quite well. At the time I thought they overreacted when issuing the boil-water instructions and closing restaurants in the whole city when only a few test areas tested positive, but I have since changed my mind. In our present litigation oriented society, that was exactly the right thing to do and if we had a public safety czar, it would be irresponsible for him to do differently.

Now that we have obtained the reverse 911 system to get information to the citizens quicker, it seems that we're in fine shape. Let's keep these top level decisions concerning public safety a direct responsibility of the elected City Council members and not shift them to a non-elected deputy city manager.

- Ralph Mains,

Downey

## Signs around town

Dear Editor:

A few months ago (fall 2008) we received a newsletter from the city. I saved it because I wanted to make a comment about the article regarding the signs that people post in our city. It's good for people to hang yard sale signs for the weekend but they should be responsible and remove them after the weekend.

housands of local children are losing out on access to millions of dollars in free child care funds because of non-flexible rules in how this funding can be spent. Supervisor Don Knabe, chairman of the Los Angeles County Board of Supervisors, unveiled a plan this week that includes changing these funding rules in order to ensure that local children fully benefit from all the child care support they are entitled.

Child care providers in Los Angeles County, both in-home and private, have access to millions of dollars in child care funding from the state of California every year to provide subsidies that allow children from lowincome families access to child care. The problem is that child care providers face antiquated contracting processes which impair their ability to serve as many children as possible at the highest level of quality.

The result is that between 2005 and 2008, over \$162 million in unused child care funds were sent back to the state from providers in Los Angeles County. The need for those dollars is well documented.

In 2008, only 11,000 infants who qualify for subsidized care were served, out of an eligible population of 116,000. Only 28,000 qualifying school-age children were served, out of an eligible population of 260,000. Only 32,000 of preschool aged children were served out of an eligible population of 110,000. There are also more than 51,000 children on waiting lists for subsidized care in this county, 60 percent of which are in need of full-time care.

"The fact that we are sending even a single dollar back to the state is unacceptable, and this situation is but one example of the inefficient 'silo' approach we have in place on this issue," Knabe said. "Clearly the rules for how this child care funding can be spent are not aligned with the needs of our children locally.

"With my motion today, we are going to be looking closely at why this is happening and how we can fix it so that our children have access to all the child care they are entitled to have."

Provided by the County of Los Angeles

The	Powney	p Patriot	
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This is the third time in 30 years that the city has put forward a consolidated movement to make Downtown Downey better. I'm sorry to say that it probably won't be the last. I was a first-hand witness to the last effort and I would like to list a few "changes" that were probably not well thought out.

Sidewalk access ramps for handicap use were poured and changed three times at a substantial cost to the city until they were satisfied. I spoke with the contractor each time and was told that the size was not right and the city told him to cut them out and do them over. Most now look like driveways.

The concrete bumps for benches (that are mainly used as sleeping quarters for some residents) are so large that our Downey Street Faire had to be moved for lack of access. They will tell you it is because the street fair became too large. That is not the truth.

Trees that drop copious amounts of leaves must be maintained by property owners even though those same trees block their business signs and clog roof drains.

Sprinkler systems don't function and flower beds are not maintained. I suggested metal surrounds so that flowers would not get stepped on and was told there was not enough money in the budget for that.

Lack of street lamps on 2nd and 3rd Streets that would encourage guests at the Embassy Suites to stroll to the downtown and Krikorian.

Lack of parking enforcement. Cars are parked in two-hour areas for eight hours at a time, not encouraging shopping during the day for lack of convenience.

Lack of police presence to encourage foot traffic and discourage loitering and skateboarding (along with sleeping residents).

The farmers market was suggested and rejected many times over the past eight years because city officials thought it would be too expensive to maintain (we needed Downey police to close off traffic was one excuse). What the city has finally come up with is inadequate and they wonder why attendance has dropped off. Maybe if the vendors were Downey citizens or Downey business owners then the business community would get the word out and we would see the real side of how proud and supportive the citizens of Downey really are. Yes, a city employee would have to take care of managing that but from what I have read lately there is room for growth in City Hall.

These are a few of the mistakes I've seen first hand and it is easy to be a Monday morning quarterback. I get the feeling that if the problems that exist are not addressed, then problems that arise in the future will also be handled in the same manner.

I encourage and support our city officials and realize that things sound easier than they usually are. There is a great deal of wealth and knowledge that is overlooked, along with a great deal of tradition and pride that our city officials could extract from the small business community and property owners.

Downey residents need to tell the city what they want and why it would benefit Downey.

– Paul Granata,

Owner, Granta's Italian Villa

I don't have many suggestions about the other signs that advertise houses for rent or diet pills. Maybe residents should be warned of a fine when they go to apply for the permit. They might start to listen.

I believe we all agree that we need to continue to keep our city clean. If we all work together like good citizens we might be able to keep our city clean.

— Adriana Vasquez, Downey

### Endorsement for theater

Dear Editor:

The letter by Harold Tseklenis, championing Lawrence Christon's letter with the idea of converting the Avenue Theatre into a three-screen movie house, warrants further attention. ("Reusing the Avenue Theatre," 1/2/09)

Not only would an offering of critically acclaimed movies, foreign films, animations as a special form of the art, and classic films help revitalize Downey Avenue, but the mix of the audience might have some unexpected constituents.

Many of the young people of Downey are excited by the idea of making movies. When I was interviewing senior students from our high schools for scholarships this spring, I was surprised to find that the goal of many of the contestants was to direct or produce movies, and they were conversant with the names of art film directors as well as box office "popcorn" movie makers.

Since cinematography has long been a pervading part of Southern California's artistic and business scene, we should realize that the next wave of creativity in this field could well come from some of our own Downey young people. They would help make up the paying audience for such a movie house, and their conversations in lively yet-to-be-built coffee houses would enrich the downtown scene.

I would hope the Avenue Theatre could be operated as a revenue generator for the city while adding to the cultural and entertainment options. Reviewing by the City Council the proposals of 2001 might be a good place to make a serious start.

- Lorine Parks,

Downey

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

# Page 6 Friday, Jan. 9, 2009 Comics/Crossword





ACTUALLY, NOT OVERSPENDING

ON THE LATEST FASHION

IS THE NEW BLACK.

# **Downey Community Calendar**

#### **Events For January**

Fri. Jan. 9: <u>Rancho performing arts show</u>, Barbara J. Riley Community Center, 6:30 p.m.
Mon. Jan. 12: <u>Newcomers Club New Year's luncheon</u>, Los Amigos Country Club, 10:30 a.m.
Mon. Jan. 12: <u>Mended Hearts meeting</u>, DRMC, 6:30 p.m.
Wed. Jan. 14: <u>Downey Christian Women's Club meeting</u>, Los Amigos Country Club, 11:45 a.m.

#### City Meetings

1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library.
1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall.
1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall.
1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall.
2nd & 4 th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber.
3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

#### **Regularly Scheduled Meetings** <u>Mondavs</u>

6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786.
6:30 p.m.: Overeaters Anonymous, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.
1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790.
2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481.
2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159.
3rd Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053.
4th Mon., 7:30 p.m.:Downey Numismatists, at Downey Retirement Center, call 862-6666.

#### <u>Tuesdays</u>

9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439.
9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422.
9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153.
12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400.
12 p.m.: Exchange Club of Downey, at Sizzler, for information call Don Hollister at 927-5871.
6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 928-2658.
7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478.
7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659.
2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, for info. call (562) 923-2191.
2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square. for information call 943-3904.
3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106.
Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

#### Wednesdays

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626. 1 p.m.: Women's Bocce Club, for information call 869-8782.

1 p.m.: Wonten's Dotec Chab, for information call 605 6762.
1 st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618.
1 st Weds., 11:30 a.m.: Downey Coordinating Council, at Community Center, for information call 923-4357.
1 st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028.
1 st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 928-4386.
1 st & 3rd Weds., 7:00 p.m.: AfterCare Post Cencer Therapy Group, for information call 923-4800.
2 nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132.
2 nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197.
2 nd Weds., 11:45 a.m. - Downey Christian Women's Club, at Los Amigos CC, Call 927-8488.
2 nd & 4th Weds., 11:00 a.m. - AARP, at Barbara J. Riley CC, Call Lorene Frazier 861-6075.
3 rd Weds., 6 p.m. - American Business Women's Association, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
4 th Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513.
Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

#### <u>Thursdays</u>

7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534.
7:30 a.m.: Connections Networking, for information call 869-1414.
12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153.
12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655.
12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677.
6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176.
7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388.

# **On This Day...**

Jan. 9, 1768: Philip Astley uses talented equestrians to stage the first modern circus in London. Astley, setting what would become a worldwide precedent, later added jugglers, tight rope walkers, clowns, and more. 1928: Romance novelist Judith Krantz is born. Also born Jan. 9: sportscaster Dick Enberg (74), musician Dave Matthews (42), actress Joey Lauren Adams (41), and football player Chad Ocho Cinco (31).

**1968:** The United States' Surveyor 7 makes a soft landing on the moon.

**2006:** "The Phantom of the Opera" becomes the longest running Broadway show in history.

**2007:** Apple unveils the iPhone. It went on sale later that year.

# 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

#### <u>Fridays</u>

**7:30 a.m.: Pro Networkers,** at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618 **3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

#### <u>Saturdays</u>

9 a.m.: Farmers Market, Second Street at New Avenue, for information call (562) 904-7246.

<u>Sundays</u>

3rd Sun. Odd # Months 1:30 p.m.: Aerospace Legacy Foundation, at First Baptist Church Room 120.

	THE N	EW	SDAY CROSSWO	DRI	D
	Edited by Sta	anlev	Newman (www.StanXw	ords	com)
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52	Toward the back	125	Relax		Expedition, for
53	King, in Cannes	126	Supplemented,		example
54	Gunk		with "out"		Relinquish
55	One who chooses	127	Former Army post	48	Squash-eating
56	Part 3 of quote		in Calif.		implement
57	Battlefield	128	See 98 Across	49	Group spirit
59	"Uh-uh!"		Not natural	50	Author who coined
61	Crude shelter	130	Arranges		"nerd"
62	MPG rater	131	Diets drastically	51	Word form for
	Black-tie event	132	Dutch artist Jan van		"straight"
	Wisconsin city				Prego alternative
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70	Part 4 of quote		Dash instrument	60	Teen-angst cause
75	Onetime Amoco		Poker opener		Pine (for)
	competitor		Nordic inlet		Nairobi native
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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

> In ancient Scotland, a THANE (19 Across) was the chief of a clan who became one of the king's barons. The letters VSOP (24 Across) on a cognac bottle stand for "Very Superior Old Pale." The LONG TON (43 Across) was formerly a standard unit of weight in England, now replaced by the metric tonne.

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PUZZLE PRIZE CONTEST! Try Stan Newman's WordWit Puzzle™ at www.StanXwords.com

# Health & Wellness

January 9, 2009

**The Downey Patriot 7** 

## Paging Dr. Frischer...

By Dr. Alan Frischer



Do you have bad breath? It's certainly embarrassing. Where does it come from?

Halitosis describes noticeably unpleasant odors exhaled while breathing. It actually has just as large an impact - personally and socially - on those who think that they suffer from it (halitophobia) as it does on those who actually do. Clearly, it can have a negative impact on one's personal, social and business relationships, and can lead to poor self-esteem and increased stress. It is a major reason for seeking dental care. Chronic halitosis affects up to 25 percent of us, and occasionally a more serious condition can be responsible.

Most often, bad breath originates in the mouth itself. Its intensity varies during the day, depending on oral dryness, which may be due to stress, fasting, or poor fluid intake, as well as consumption of certain foods such as garlic, onions, meat, fish and cheese. Other factors include obesity, smoking and alcohol consumption. Because the mouth is dry and inactive during the night, the odor is usually at its worst upon awakening (morning breath). This bad breath may be transient, often disappearing after eating, brushing teeth, flossing, and rinsing.

The most unpleasant odors come from proteins trapped in the mouth, which are processed by oral bacteria. There are over 600 types of bacteria found in the average mouth. Many of these can produce high levels of foul odors when incubated in the laboratory. Common regions of the mouth contributing to odor include the back of the tongue, between teeth, beneath the gums, abscesses, and unclean dentures.

The tongue is the most common location for mouth-related halitosis. Here, bacteria are undisturbed by normal swallowing activities, it is relatively dry and poorly cleansed, and bacteria can thrive on remnants of food deposits, dead epithelial cells and postnasal drip. The odors are mainly due to the anaerobic breakdown of proteins into amino acids and then into foul-smelling gasses.

The second major source of bad breath is the nose. Nostrils can emit a pungent odor, which differs from oral odor. Nasal odor may be due to sinus infections or foreign bodies.

The tonsils can contribute to halitosis. Perhaps 7 percent of us suffer from small bits of calcified matter in tonsilar crypts called tonsilloliths. This hardened matter has an extremely foul odor and when released can cause bad breath.

Belching, of course, can bring up unpleasant odors from the stomach to the mouth. While reflux disease does cause stomach contents to rise to the mouth, the esophagus is an alternating open/closed tube, so there is no continuous flow or opening to the mouth. Therefore, reflux disease doesn't tend to cause chronic halitosis.

There are some general systemic conditions that can cause bad breath, including chronic liver disease, lung and kidney infections, kidney failure, diabetes and certain cancers.

The best way to make the diagnosis...believe it or not...is to simply ask a close friend or family member whether or not your breath smells bad. Relying on oneself to make the diagnosis is unreliable due to habituation (we're used to the way we smell!).

There are commercial breath clinics that claim to diagnose and treat bad breath. They use a "Halimeter", a portable monitor used to test for levels of hydrogen sulfide and other emissions. Results are confused by the presence of garlic and onions, which produce sulfur for up to 48 hours and lead to false positive readings. Tests are also run to measure different enzymes in the saliva. My personal recommendation is to stick with the admittedly old-fashioned, but effective, "sniff" test.

See your doctor or dentist to rule out any treatable diagnosis. These suggestions should make a difference:

Go to the dentist regularly and maintain good oral hygiene. This includes brushing, flossing, and hygienist visits. Dentures should be properly cleaned and soaked overnight in antibacterial solutions Maintain proper hydration by

#### drinking several glasses of water per day

Chew gum to keep the mouth moist and to help prevent bad breath from dryness. Some gums contain special anti-odor ingredients. Folk remedies include chewing on fennel seed, cinnamon sticks, mastic gum or fresh parsley

Eat a healthy breakfast that includes roughage to help clean the back of the tongue

Gently clean the tongue surface twice daily with a tongue brush to scrape off bacterial biofilm, debris and mucous. Some people use an inverted teaspoon, but be gentle so as not to damage the taste buds

Gargle at bedtime with a mouthwash. Mouthwashes often contain antibacterial agents, which can be effective. Avoid those that contain alcohol, since this is a drying agent and may worsen the problem. Do not use a mouthwash just after tooth brushing, as many toothpastes will counteract the active ingredients of mouthwash

As always, seek the help of your primary care physician when necessary I wish you good health and pleasant breath.

# Spotlight on Kawasaki Disease

The recent tragic death of Jett Travolta has raised awareness of Kawasaki Disease, a disease with which he was diagnosed in early childhood

Kawasaki disease is a rare form of vasculitis which usually strikes children under the age of 5. The disease occurs more often in boys than girls, and most commonly in children of Asian and Korean descent. Although most children diagnosed with Kawasaki recover with no problems, some patients suffer serious heart problems and joint damage.

Vasculitis is a family of potentially life-threatening diseases of unknown cause linked by blood vessel inflammation and an overactive immune system. Left untreated, most types of vasculitis can cause serious

# Fish may combat heart disease

DENVER, COLO. - Resolving to eat more fish, which contain longchain omega-3 fatty acids (omega-3s), would be sage advice for most consumers, especially for those with heart disease, according to current research

The December 2008 "Fats of Life and PUFA Newsletter" summarizes findings that seafood omega-3s protect the heart, eyes and developing brain among other benefits.

An Italian study with nearly 7,000 heart failure patients reported over three years that those who took omega-3s were 9 percent less likely to die or be hospitalized for heart disease compared with those who took a placebo. Similarly, a 13-year study with about 111,000 Japanese participants found that all types of heart disease (18 percent), and especially heart failure (42 percent), were lower in those eating the most omega-3s.

"This report provides welcome confirmation that high fish consumption is linked to significantly lower deaths from cardiovascular disease and heart failure," said PUFA Newsletter Editor Joyce Nettleton.

Seafood omega-3s may also benefit the heart in people with atherosclerosis, according to a new U.S. study. Participants with higher intakes of omega-3s had one-third less chance than others of adverse thickening in their carotid arteries, which is associated with atherosclerosis. This observation reinforces many reports that eating fish protects the heart by discouraging atherosclerosis.

In other research, more than 25,000 Danish women who consumed 3.5 fish servings per week prior to delivery and who breastfed eight months or longer had children with higher total developmental scores at 18 months of age compared to those who ate little fish and breastfed only one month or less. These findings strengthen previous evidence that fish consumption during pregnancy is associated with better childhood development.

"Undue fear of seafood contaminants that prevents fish consumption may be detrimental to developing children," Nettleton noted. "The benefits of mothers eating seafood during pregnancy consistently outweigh the risks."

Omega-3s may also delay the onset of age-related macular degeneration (AMD), a leading cause of adult blindness. Eating fatty fish weekly was shown in a recent European study of 5,000 elderly people to cut their risk by 50 percent or more of developing advanced AMD.

organ/tissue damage and may lead to death. Currently there is no cure, but proper and early treatment allows most individuals to live near normal lives.

"Many vasculitis patients do not receive an early diagnosis because symptoms mimic other illnesses and many medical professionals do not recognize the symptoms of vasculitis," said Joyce Kullman, executive director of the Vasculitis Foundation (VF). "Unfortunately, delayed diagnosis of vasculitis can result in permanent tissue and organ damage.

"The VF seeks to raise awareness and understanding of vasculitis among the medical community. Vasculitis is a chronic illness and patients often must deal with multiple specialists, multiple medications, and multiple side effects from very harsh and difficult treatments."



### Mended Hearts meeting Monday

 $\ensuremath{\textbf{DOWNEY}}\xspace$  – The public is invited to attend the first Mended Hearts

meeting at Downey Regional Medical Center, conference room B, at 6:30 p.m. Monday.

There is no charge to attend the meeting which will feature presentations by Registered Nurse Elsa Sacedo on diabetes and heart disease, Mended Hearts Assistant Western Regional Director Ron Manriquez, and DRMC cardiac rehabilitation staff.

Mended Hearts has been partnering with local hospitals for more than 50 years to offer services to heart patients such as support group meetings and educational forums.

The Mended Hearts programs help people understand that there can be a rewarding life after heart disease. Members listen, share their experiences, learn from healthcare professionals, and volunteer to talk to other heart patients about what they may face - including lifestyle changes, depression, recovery, and treatment.

For additional information about Mended Hearts, visit online at www.mendedhearts.org. For more information about the Jan. 12 meeting, call DRMC Cardiac Rehabilitation Department at (562) 904-583.

# **Community Calendar** www.allaboutdowney.com

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# Page 8 Friday, Jan. 9, 2009 Classified/Real Estate \_\_\_\_\_ The Downey Patriot

CLASSES	HOMES FOR SALE	EMPLOYMENT	FOR RENT	FOR RENT	SERVICES
HOLLYWOOD CALLING! 6 weeks Acting classes \$150. Learn Secret to hit Hollywood from a working actor. (562) 818-6060	OPEN HOUSE/REPO           SAT. & SUN. 12-5 PM           9032 Gotham, Downey           6 bed, 4 bath 4,000 + sq. ft.           Only \$858,000.           (562) 618-0033 agt.	ESTIMATING ADMIN. ASSISTANT Daily Part-time, mature per- sonality, contruction compa- ny environment, computer literate (Excel-Word), clean	DOWNEY APTS. Very quiet bldg., 2 bed, 2 bath \$1,200 mo. Elec. stove, A/C, ceiling fans, new carpet & paint, pool & covered prkng. No pets (562) 776-8494	<u>2 BED + DEN</u> 1 bath house, gar. \$3,000 for first & last mo. rent + \$1,000 dep. Good credit only. No pets. (626) 282-7482	FULL SERVICE PLUMBING Licensed, bonded & insured 24/7, senior discount McKinnon & Sons Plumbing of Downey
GARAGE SALE <u>MOVING SALE</u> <u>FRI. &amp; SAT, 8AM - 4PM</u> Clothing, bikes, gardening tools & much more 12715 Glynn Ave, Downey	BLDG. FOR LEASE FOR LEASE Downey warehouse space/ storage. Good location, new roll up door. 5,500 sq. ft. @ 55¢ sq. ft. Call (562) 869-0555 OFFICE FOR LEASE	driving record, able to drive company vehicle, minimum rate \$15.00 per hr. Fax info. (866) 776-0031 <u>NEED PART-TIME</u> <u>WEB DEVELOPER</u> Knowledge in HTML, CSS, PHP, MySQL req'd. (562) 904-3668	DOWNEY HURRY HURRY! GREAT MOVE IN SPECIALBeautiful 1 and 3 beds. Water/ trash pd., pool, A/C, ceiling fans. Nr. shops, schools, bus, 105, 710, 605 fwys. Call (562) 923-8400	<u>1 BEDROOM</u> Apartment btwn. Stonewood & 605 freeway. Freshly paint- ed, carpet, carport, pool, A/C, Indry. fac., no Sec. 8. (562) 923-1811 (714) 318-3762 <u>DOWNEYGREAT</u> <u>MOVE-IN SPECIAL!</u>	(562) 904-3616 <u>JOE'S ELECTRIC CO</u> Lighting, trouble shooting specialist. Panel changes, light fixtures installed. 110 /240 cincuits. Warranty on all work Lic # 873362. (310) 487-0104
CLASSIFIED ADS AT PIGGY BANK PRICES! 904-3668	IDEAL NO. DOWNEY OFFICE SPACE Approx 600 sq. ft. \$875 mo. Utilities & Janitorial Paid (562) 533-2108 BUSINESS OPP.	ADVERTISING SALES REP. Needed for local newspaper to sell advertising to business- es in Downey. Commision based pay, experience helpful.	2 BED, 1 3/4 BATH Carport, central heat, room A/C \$1,200 mo. + dep. (562) 804-7889 10440 Western Ave., Dwy.	W/GARAGES, STUDIO           & 1 BED APTS.           Gas pd., A/C, pool. Nr.           schools, shops, bus, 5, 605,           710, 91 fwys.           (562) 923-3154	STOP!!! I'll take out your weekl trash cans & return the foi lowing day to clean cans & put back in designated area \$10 month Call Dan (562) 450-7154
<ul> <li>Electric Systems</li> <li>Industrial • Commercial</li> <li>• Residential</li> <li>For all your Electrical needs</li> <li>Tel: (562) 923-0978</li> <li>Cell: (562) 305-9797</li> <li>FREE ESTIMATES Lic #689304</li> </ul>	LIGHT YEAR WIRELESS Giving away free cell phones, get paid. Check sent out weekly, Network Verizon. (562) 674-6450 Se Hablo Español	Call Jennifer. (562) 904-3668 or email Jennifer@ thedowneypatriot.com JOIN AVON TODAY 50% commision. Ask me how. (ind. sls. rep.)	2 BED, 1 BATH DUPLEX HOUSE with 1car garage, \$1,450/mo, \$1,000 sec dep Nice area, close to schools, no pets Call (562) 862-0648	N. DOWNEY HOUSE           3 bed, 2 bath, 2 car gar.           \$1,995 + dep.           (714) 240-9753           SERVICES           ARMAS PATCHING           & RESTUCCO	DEBT TROUBLES? www.Bankruptcyquick.com Federally Designated Debt Relief Agency Law Office of Michael Bourdaa.
Wh Our p achiev teachi	ren's Academy of Success nere excellence is the norm" program excels the child to ve high levels in education ng the children to Read, Add and Subtract by 5	(562) 631-9357 <u>GREAT</u> <u>OPPORTUNITY</u> Dependable mature couple to manage 14 units in a great area of Downey. Experience	Great area 3,500 sq. ft. 4 bed, 4 bath, built in BBQ, cover patio. Sep. living area. \$3,900 Call (310) 710-9977 <u>3 BED, 2 BATH HOUSE</u> Bonus rm, lg kit, din area,	Exterior & interior plaster patching, matching all stucco textures. Very clean. 25 years exp. No patch too small. Free estimates. Ask for Ray Armas Lic# 882779 (562) 923-8227	(562) 622-0820 <u>MIKE</u> <u>THE ELECTRICIAN</u> Recessed lighting, remode home and office, service upgrade 120-600 volts. FRE
Visit Us-See for Yourself W Your Child Deserves th Enroll Now. You w We Are Open For Enrollm	ary 10th 10:00 am - 4:00 pm hat We Have For Your Child he Best and We Have It! will Never regret It. ent-Preschool to 2nd Grade 52 - 9518	required in management & light maintenance. Great rental allowance. (714) 547-4049 9-5pm	spacious L/R w/ A/C att dble gar w/ldry hkup & storage space \$2000 + \$2100 sec dep 7070 Dinwiddie (562) 928-4098 BACHELOR APT.	SUPERB PAINTING Exterior, Interior, senior dis- counts, references, depend- able & reliable. Free esti- mates. Lic. #634063. Wayne. (562) 863-5478	NO OBLIGATION EST MATE. Lic. #829705 (562) 861-4266 <u>TAX PROBLEMS?</u> Income Tax
	stings realestate.com	<u>NEEDED P/T</u> Refs & English req'd. 12 hr shifts, \$75. Call Linda (323) 273-8191 (323) 589-5461	Unfurn., adults only, no pets, no smoking. \$675 + \$200 non refundable cleaning fee. Utilities paid. (562) 927-3997	CAREGIVER <u>NEEDS WORK</u> Has ref. <u>Leave message.</u> (562) 923-9581	Enrolled Agent admitted to Practice before the IRS. We Can Help! www.TaxTime415.com (562) 803-3569



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### DO...

...you wish you could have your mortgage loan amount reflect current fair market value?

...you know if your lender is participating in the new housing bill program?

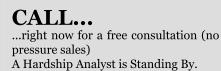
...you realize that a loan modification can save you thousands of dollars?

#### **DON'T...**

...hesitate to begin to negotiate a lower loan payment and loan amount due!

...work with a loan modication company that deals in large volume. Retain an attorney trained to review your file and determine your rights and best options. My methods are proven successful.

...do this on your own because you think the cost is out of reach. Be smart and get the maximum leverage possible. My network of attorneys work dilligently to make loan modification possible at affordable rates.





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# Real Estate Page 9 Friday, Jan. 9, 2009



Anthony Gamboz has earned the rank of Eagle Scout.

# Teen earns Eagle Scout status

**DOWNEY** – Downey resident Anthony Gamboz, 16, earned the rank of Eagle Scout at his board of review in December, and helped beautify the city in the process.

Attaining Eagle status, the highest rank in scouting and achieved by only about 5 percent of Boy Scouts, requires the completion of an extensive service project that the scout plans, organizes, leads and manages.

Anthony's project was to clean-up an undeveloped area of Downey and plant a community garden. The area had little vegetation, and was a magnet for trash and graffiti.

Since Anthony completed the project last August, Anthony and neighbors have maintained the garden, kept the area free from trash, and it has not been vandalized with graffiti since its makeover.

Now a sophomore in high school, Anthony began as a Cub Scout with OLPH Catholic School Troop 9. During his eight years as a scout, he has earned 24 merit badges and all religious medals for the Catholic faith, including Light of Christ, Parvuli Dei, and Ad Altare Dei. He anticipates completing the requirements for the Poep Pius XII medal in March.

Anthony's scoutmaster is Jim Kulleck.

### ESL classes open for enrollment

**NORWALK** –English as a Second Language courses begin Monday at Cerritos College, and beginning, intermediate and advanced levels are available.

Classes are \$20 per unit, with most classes being three units. Most classes meet twice a week and are available during the spring's 18-week session and a future nine-week session.

For more information, call (562) 860-2451, ext. 2847.

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# New Titles at the Downey City Library

#### Fiction

• "Bad Traffic: an Inspector Jian Novel" by Simon Lewis. In this fast-paced thriller, Inspector Jian, a tough Chinese cop who arrives in England to search for his missing daughter, soon finds himself fighting for his life against a gang of human traffickers.

• "Bone by Bone" by Carol O'Connell. In the Northern California town of Coventry, two teenage brothers go into the woods, but only one comes back. Now, 20 years later, Josh is coming home -- bone by bone.

• "Cambridge Blue" by Alison Bruce. The youngest detective at the Parkside station discovers the first body in a series of murders involving an eccentric Cambridge family.

• "Mine All Mine" by Adam Davies. In this comic caper, a down-on-his-luck security guard falls from grace when several works of art under his watch are stolen by the Rat Burglar.

• "Three Weeks to Say Goodbye" by C.J. Box. After adopting a beautiful daughter, Jack and Melissa discover that her birth father never signed away his parental rights, and he wants her back.

#### **Non-Fiction**

• "A Better Brain at Any Age: The Holistic Way to Improve your Memory, Reduce Stress, and Sharpen Your Wits" by Sondra Kornblatt. The author gives tips and exercises for memory improvement and personal growth.

• "How to Sell a House Fast in a Slow Real Estate Market" by William Bronchick and Ray Cooper. A real estate broker and an attorney give you a plan for pricing and staging your home.

• "**Reinvent Yourself with Color Me Beautiful**" by Joanne Richmond. A beauty expert shows how to transform yourself through skin care, make-up and style in all four seasons.

• "Nicole Kidman" by David Thomson. The author looks at the life and career of the actress, her high-visibility relationships and her impact on contemporary cinema.

• "The NFL Gameday Cookbook" by Ray Lampe. "Dr. BBQ" gives you 150 recipes to feed the hungriest fans on Super Bowl Sunday.

Visit www.downeylibrary.org and click on "New and Notable Books" to browse more titles



### Little League extends dates

**DOWNEY** — West Downey Little League registration dates have been extended for the 2009 season. Sign-ups will be at the Welch Field located at West Middle School, 11985 Old River School Rd., tomorrow from 9 a.m. to 11 a.m.

Registration will also continue on Jan. 17 from 9 a.m. to 1 p.m. Players ages 5-14 years old are eligible.

Tryouts are required for players 8 years old and older and will be on the same date they register. For more information, contact Doug Waldo at (562) 862-3330 or e-mail at westdowney@yahoo.com.

WDLL will also be holding registration for those interested in the Challenger division. Children ages 5-18 are eligible. All kids who participate will get a chance to hit, run the bases, score a run, and most importantly, have fun.

Sign-ups will also be at Welch Field tomorrow from 9 a.m. to 1p.m. For more information about the Challenger division, contact Tammie Waldo at wdllchallenger@yahoo.com or call (562) 927-2000, ext. 309.

### Street Faire plans already underway

**DOWNEY** – Sponsorship opportunities are now available for the 16th annual Downey Street Faire, scheduled for May 2 and sponsored by the Downey Chamber of Commerce.

Sponsors will be displayed prominently in ads, posters, fliers, and publicity in *Downey Business* and local newspapers.

The faire is held annually on Brookshire Avenue, near Downey High School. Between 10,000-15,000 people visit the faire every year, Chamber officials said.

The faire usually includes more than 200 vendors selling antiques, crafts and collectibles, a classic car show, live entertainment, a kid's play area, and food.

Ten-ft. booth spaces are also available for vendors to sell merchandise or food. Spaces are \$110 each, or \$125 for food vendors.

For more details on becoming a vendor or sponsor, call the Chamber at (562) 923-2191.

#### Downey Real Estate TODAY! By Art Hernandez, Century 21 January 9, 2009

As of January 1 of 2009, Downey is now experiencing a decline in Inventory with only a 3 month supply, with most of 2008 holding steady at a 6 month inventory. November and December which is known to be slow in any market condition has been very active with buyers, and offers on bank owned properties in a lot of cases still reaching 20 plus in affluent neighborhoods.

Interest rates for purchase money loans on single family residences have come down, today with 10% down there are real rates of 4.85% for conforming non jumbo and 5.0% for conforming jumbo. This has been a great blessing for buyers. It has been even better for sellers, who can now if marketed correctly have a larger pool of buyers who can afford more home.

Lower rates, with that in mind when should you refi? If you are not saving at least 3/4 of a point and don't plan to refinance in the next 5 years than it is worth the cost of the loan. But keep in mind if you are refinancing more than 80% of your home value and are not paying PMI (property mortgage insurance) the cost of this insurance will most likely offset any savings you might have had with the refinance.

Where is Downey headed? Although nobody is used to these conditions in the economy, Downey has not had it rough when



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The Downey Patriot



INTRODUCING **STARTSMART...** A NEW Medicare Advantage Prescription Drug Plan by **CareMore** 

STARTSMART features a \$75 Medicare Part B premium reduction each month. So, you get all the benefits of Original Medicare – and more – as well as up to a **\$900** annual savings in your Social Security check.

# <sup>\$75</sup> MONTHLY Part B Premium Reduction



Get off to a great start with STARTSMART by CareMore.

With the new START SMART health plan from CareMore, we make it simple – and save you money at the same time!

# Reserve your spot at one of the these events:

Fri., Jan. 9 • 2:00pm Geezers Restaurant 12120 Telegraph Rd Santa Fe Springs

Fri., Jan. 16 • 10:00am IHOP 4991 Lincoln Ave Cypress

Mon., Jan. 12 • 2:00pm Casa Gamino 9060 E Slauson Ave Pico Rivera

Mon., Jan. 19 • 2:00pm Mimi's Café 12727 Towne Ctr Dr Cerritos

Tues., Jan. 13 & 27 • 2:00pm Mimi's Café 15436 Whittier Blvd Whittier

Tues., Jan. 20 • 2:00pm Original Roadhouse 15156 E Whittier Blvd Whittier

Thurs., Jan. 15 & 28 • 2:00pm Mimi's Café 8455 E Firestone Blvd Downey

Wed., Jan. 21 • 2:00pm Denny's Restaurant 5811 Firestone Blvd. South Gate

#### **Call TODAY** to learn more about **STARTSMART!**

### 1-877-211-6614 1-800-577-5586 TDD

8 a.m. to 8 p.m. Mon. - Fri. Se Habla Español or visit www.CareMore.com

CareMore Health Plan is a Medicare Advantage Organization with a Medicare Contract. A sales representative will be present with information and individual election forms. For accommodations of persons with special needs at a sales meeting, please call 1-877-211-6614 or TDD 1-800-577-5586.