

The Downey Patriot



Bears advance to CIF Finals
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Working moms receive help
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Are you an apple or pear?
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Friday, February 27, 2009

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8301 E. Florence Ave., Suite 100, Downey, CA 90240



Shawn Estrada, a former Warren High School student and 2008 Olympic boxer, will continue his professional career when he fights March 27 inside the Nokia Theatre at L.A. Live. Estrada (2-0) has won both his bouts by first-round knockout. ESPN will televise the event beginning at 7 p.m.

Estrada to fight at Nokia Theatre

■ Estrada (2-0) looks to extend unblemished record. ESPN will televise.

BY ERIC PIERCE,
CITY EDITOR

LOS ANGELES – Shawn Estrada, the 2008 Olympic boxer who credits Downey and, more specifically, the 10/20 Club with helping steer his troubled life in a positive direction, will fight on the undercard of a March 27 event at L.A. Live's Nokia Theatre.

Headlining the card will be former WBC heavyweight champion Samuel Peter and No. 3 ranked Eddie Chambers, who will fight in a non-title bout. ESPN will televise the event beginning at 7 p.m.

Estrada competed in last summer's Beijing Olympics. He turned pro upon his return, and is undefeated in two fights, having knocked out both opponents in the first rounds.

"So much has changed in the past few years, but it's all inspirational to me," said Estrada, whose father died from heart and kidney failure while he competed in Beijing. "My life continues to flourish through my 2-year-old daughter, Alyssa, and now my professional career. I'm looking forward to making 2009 memorable for my family, my fans and me."

Estrada recently signed with

Sherman Oaks-based Goossen Tutor Promotions. The March 27 fight will be Estrada's first with the promoter.

"Having to endure what he did in China, his dad unable to travel with him and ultimately succumbing almost simultaneously as his son was eliminated from the Olympics inspires Shawn daily, knowing how his dad battled every second of every day to be there for him," said promoter Dan Goossen. "These are significant challenges that most people do not have to encounter for many, many years later in life. Shawn lived it, mourned it and now is inspired by it."

Estrada, 23, grew up in East Los Angeles and began boxing at 12. After flirting with a gang lifestyle, Estrada's father sent him to live with an aunt in Downey. He enrolled at Warren High School, and received help from the 10-20 Club, an off-shoot program of Gangs Out of Downey.

Estrada credits the 10-20 Club and Gangs Out of Downey with helping him turn his life around. When he made the Olympic boxing roster, he listed Downey as his hometown.

The Nokia Theatre at L.A. Live opened in 2007. The March 27 card will be the center's first boxing event.

Assistance League awarding scholarships to student volunteers

DOWNEY – The Assistance League of Downey is once again offering \$1,000 scholarships to graduating seniors from DUSD high schools who have "excelled as community volunteers."

To qualify, students must have a minimum 3.0 GPA and be in good standing with their school, including citizenship and attendance.

Applications are available at school guidance offices. Completed applications should be mailed to the Assistance League of Downey, Scholarship Award Committee, 11026 Downey Ave., Downey, CA 90241. Applications must be postmarked by March 31.

Awards will be announced at the annual awards assembly scheduled at their respective high school at the end of the school year.

Downey seeks slice of economic stimulus pie

■ Exactly how much money Downey could receive remains unknown.

BY ERIC PIERCE,
CITY EDITOR

DOWNEY – City leaders have compiled a short list of "shovel-ready" projects they say could commence as soon as tomorrow if given a small slice of the \$787 billion economic stimulus plan signed into law by President Barack Obama last week.

Whether or not Downey receives any of the money remains to be seen, but the City Council on Tuesday agreed to begin investigating and preparing state grant applications that could net the city more than \$14 million to replace aging sewer lines and groundwater wells.

Desi Alvarez, deputy city manager for Downey, said the city was positioning itself for the expected disbursement of \$281 million by the State Water Resources Control Board. The final figure could

change, however, as state and federal legislators grapple with how to distribute the funds.

"We're interested only in grants, not loans. As of right now, that's not the case," said Alvarez, who is overseeing Downey's lobbying for stimulus money. "Everyone is still trying to figure out how [the stimulus] will be implemented. The next three weeks will be very active in the sense of stuff happening. Right now it's just premature."

In a report to the City Council, Alvarez listed three "shovel-ready" projects that involve replacing and rehabilitating sewer lines and a groundwater well. Without stimulus money, the projects would probably be put off for a "few years."

"But they can be done tomorrow if someone says, 'We'll give you 10 million bucks,'" Alvarez said, before adding, "None of these

Bill may result in \$700K

DOWNEY – After qualifying for nearly \$700,000 in federal housing funds, the city of Downey is taking the first steps in claiming the money.

Under the Housing and Economic Recovery Act of 2008, signed last summer by President Bush, \$3.92 billion was designated for a newly-established Neighborhood Stabilization Program (NSP). Its purpose was to "provide emergency assistance to state and local governments to acquire and redevelop foreclosed properties that might otherwise become sources of abandonment and blight within their communities."

Downey qualified for \$695,825, according to John Perfitt, director of economic development. To apply for the funds, the city needs to hold two public hearings. The first is scheduled for March 10.

"If the city of Downey is successful in obtaining the entire available amount of NSP funds, these funds can be used to leverage other housing funds, e.g. redevelopment housing set-aside funds and other federal housing resources, to provide additional public investment in housing initiatives and projects," Perfitt wrote in a staff report.

–ERIC PIERCE

projects, if not done yesterday, will result in a calamity in the city."

The projects could change depending on which state agencies begin dispersing money, Alvarez

said.

"As soon as we figure out where the money is, we'll be proactive," he said.

Building at Downey High named after D. Mark Morris

BY HENRY VENERACION,
STAFF WRITER

DOWNEY – The newly-completed B building at Downey High School, featuring classrooms and a small theater, has been christened "D. Mark Morris Building," after the current Downey Unified School District board president and Downey High Hall of Famer who has served continuously on the local education board for 26 years.

"I am deeply honored by this," said a flustered Morris. The surprise announcement was made at the board's regular meeting last week by colleagues Barbara Samperi and Don La Plante, who had his building dedicated at Warren High last year.

Meanwhile, the board heard presentations recognizing the Assistance League of Downey, Kiwanis Club of Downey, Rotary Club of Downey, and Soroptimist International of Downey with the Superintendent's Vision Award in the area of parent/community relations.

In handing the Vision Award to Assistance League president and longtime Downey resident Mary Lou Schmidt, board member and club member Martha Soderani briefly outlined the club's major programs: provides some \$12,000 a year for extensive dental work for DUSD students; conducts Operation School Bell (provides school kids with clothing, shoes, socks, backpacks, toiletries, etc.)

and Kids on the Block puppet shows; holds skits to promote the Library Summer Reading Program; gives out scholarships

to students as well as assistance to TLC; and is a big supporter of PTA HELPS food bank.

"We do all we can to make all the students better students," said Schmidt, adding that the club currently has 178 members.

Kiwanis Morning president Jeremy James Fitzl received the club's Vision Award from DUSD



D. Mark Morris

board and club member Willie Gutierrez. The 55-member club, said Fitzl, spends its energies on an array of youth-oriented activities: conducts the holiday shopping spree at JC Penney's for disabled students; Christmas with Santa breakfast; sponsors Warren High's Key Club and a leadership conference for high school students; provides scholarships and specialized school grants; and actively supports Gangs Out of Downey, Character Counts, TLC, and the 10-20 Club.

Board and club member Tod Corrin next presented the award to Kiwanis Lunch president Mario Trujillo, who said the club's motto,

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Abused pit bull ready for a home

BY ERIC PIERCE,
CITY EDITOR

DOWNEY – Bluebell, the 1 1/2 year-old pit bull that was nearly dragged to death by her owner as she drove the dog to be put down at the SEAACA animal shelter last year, is getting a new lease on life.

Formerly known as Prada, the dog has spent the past 10 weeks recuperating from her injuries and is ready for a new home.

"Her injuries sustained during the dragging have healed and her skin condition is almost completely healed," said Aaron Reyes, director of operations for SEAACA.

Bluebell was nearly killed Dec. 4 when her owner strapped the dog behind a pickup truck and dragged her to SEAACA to be put down for mange, authorities said.

Bluebell suffered severe road burns from the dragging. She had lost a lot of blood and was unconscious by the time the truck

stopped at the shelter.

The dog's former owner, a 25-year-old Norwalk resident, was arrested and charged with animal cruelty.

Bluebell was immediately treated by SEAACA veterinarians. Her mange was also treatable, Reyes said.

Since the incident, Bluebell has benefited from an outpouring of support from the community, officials said, including nearly \$1,000 in donations to off-set medical costs.

"Bluebell has been flooded with toys and fresh blankets thanks to the many donations received for her care," Reyes said.

Bluebell was made available for adoption yesterday. Her adoption fee is \$100 and includes her spay procedure, vaccinations, microchip, de-worming, and flea treatment.

Interested adopters will be asked to complete an application and undergo a short screening



Bluebell, with SEAACA animal care technician Stephanie Webster, is up for adoption.

interview. A lottery will be held if more than one person wants to adopt her.

Bluebell should be the only pet in the household, said Reyes.

"She has shown a tendency to

become agitated in the presence of other animals, so we're going to be particular with her new owner and living arrangements," Reyes said.

For more information, visit SEAACA at 9777 Seaca St. in

DUSD: Service groups recognized for work with Downey children.

Continued from page 1

'Children of the World', pretty much explains the club's programs: provides Gauldin ASPIRE and Character Counts T-shirts; scholarships; support of Women's Empowerment Academy; conducts a Downey High School business class field trip; has donated \$50,000 in computers and \$50,000 in tech labs to the middle schools and selected elementary schools; and supports Downey High's Key and Kiwin's Clubs, East Middle's Builders' Club, and students attending conferences.

"They really are about kids," Corrin said.

Rotary president Brian Saylor, presented by DUSD Superintendent Wendy Doty who declared "I'm a proud member of the Rotary", listed a few of the club's student-oriented programs it supports: Principals' Funds (money is given to principals each year in support of DUSD students in need); conducts the Rotary/YMCA annual pancake breakfast (now in its 61st year, money raised at the event is used to sponsor students to attend the Easter Caravan); the Downey/Warren Spirit Day tradition; the Rotary Christmas party for 66 needy second grade students; provides specialized school grants; supports Gangs Out of Downey and the 10-20 Club with donations to both programs to support at-risk students; the TLC program; sponsors Warren's Interact Club; holds the Christmas Adopt a Family and Rotary Recognizes Readers each spring.

"Our motto is 'Service Above Self'," said Saylor. "We're glad to be of service to the youth of Downey."

Classified Personnel director and former president of Soroptimist International Pat Heineke did both presenter and recipient functions, and noted the following significant initiatives by the club: provides several scholarships to students with vocational goals at the three Downey high schools, special scholarships, one each at DHS and WHS, for "overcoming learning challenges," and an annual Marvel Dodson Art scholarship to a student who excels in the arts; recognizes a high

school student each year for "outstanding citizenship qualities" with its Violet Richardson award; supports TLC; works with the Kiwanis Club in its Pathfinders (leadership) program; and just began a tradition of providing a holiday party for pre-school special education students at Alameda School.

The Board also heard a presentation by Downey Adult School director Roger Brossmer honoring Maria Kulikoff "in gratitude for selfless action in a crisis."

In other action, the Board:

- Accepted with gratitude cash and in-kind donations from various individuals and an organization, including a cash donation of \$1,000 from Michael Camunez and \$200 from Robin Martin, to benefit the TLC Family Resource Center;

- Authorized the payment of expenses for convention and conference attendance;

- Ratified the general agreement with Tobinworld for the 2008-09 fiscal year effective July 1, 2008 through June 30, 2009;

- Ratified the payments for special education placements;

- Ratified purchase orders by the Purchasing Department;

- Ratified the issuance of payroll orders for hourly, overtime. Civic Center work performed by classified personnel, Adult School, and Food Services, through Jan. 31, 2009;

- Ratified B warrants;

- Ratified the engineering/technology agreement with Project Lead The Way, a New York nonprofit corporation, to provide a high school and middle school engineering and technology curriculum;

- Ratified the agreements with L.A. County Office of Education for facilities, supplies and services for special education programs at Gauldin and Carpenter, through June 30, 2010; with CSU-Los Angeles providing a student teaching program; between Downey Adult School and American Indian Healing Center, Bright Health Physicians, Care Medical Office, and Dr. Sherie Carnegie, D.O., to furnish practical experience to students enrolled in the Medical Assistant program; as well as between DAS and Centro Medico Urgente, Cuevas Chiropractic



Mario Trujillo, president of Downey Kiwanis afternoon, with board member Tod Corrin. Photos by Stan Hanstad

Clinic, La Familia & Women Medical Clinic, Lakewood Plaza Dental Group, Marina Medical Billing Service Inc., New Smile Dental, Dr. Thomas Nguyen, Stat Diagnostic Service, and Superior Care Medical Service, Inc., to furnish practical experience to students enrolled in the Medical Billing & Coding program;

- Authorized the advertisement of bids for the purchase of pipe and plumbing supplies for the Maintenance Department;

- Rejected all bids received against Bid #09/08, for the Downey High School modernization, Bldgs. J, K, N, and the cafeteria, and authorized the re-bid of same, pending district review of options and revisions to scope of work;

- Accepted and approved the use of the U.S. Communities contract by and between the County of Charlotte Mecklenburg and Auto Zone for light-duty vehicle parts by the DUSD, on an as needed basis to fill orders with the same advantages, terms and conditions;

- Approved the change orders involving various work performed by various vendors doing construction/modernization at Warren and Downey High Schools, as well as for cosmetics services and specialized educational services;

- Accepted as complete electrical, fencing, paving and concrete work performed by various contractors;

- Approved the declaration and sale of District surplus property;

- Approved the destruction of Class 3 disposable district records,

and appointed Katrina Juarez-Lorenzetti, clerical assistant, document destruction coordinator;

- Approved routine Personnel items until subsequent action is taken by the Board of Education;

- Authorized the services of two teachers, as submitted, assigned a subject area not listed on their teaching credentials, for the 2008-09 school year;

- Ratified the abolishment of one Senior Instructional Assistant position, and the establishment of one new limited-term position with duties corresponding to the current classification of Senior Instructional Assistant and Behaviorally Challenged;

- Adopted a resolution approving the Behavioral Intervention Plans (Hughes Bill) Mandated Cost Claims settlement and agreement to waive future claims;

- Adopted a resolution accepting a grant from the South Coast Air Quality Management of the Lower Emission School Bus Replacement Program (replacing diesel powered buses with compressed natural gas/CNG);

- Reviewed the proposed revisions to BP and AR 3155 regarding combination-grade classes;

- Approved the single plans in each school for student achievement and Title I parent involvement policies; and

- Endorsed the actions taken by the superintendent on all student cases.

The next regular meeting of the Board will be at 5 p.m. on March 10 at the Gallegos Administration Center, 11627 Brookshire Ave.



Pat Heineke, representing Soroptimist International of Downey, with board member D. Mark Morris.



Brian Saylor, of Downey Rotary, with Dr. Wendy Doty.



Board member Martha Sodevani, left, with Mary Lou Schmidt, representing the Assistance League of Downey.



Board member Willie Gutierrez, left, presented the Vision Award to Jeremy James Fitzl, Downey Kiwanis morning president.

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March 28, 2009

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of Southeast Los Angeles County

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www.arcwalk.org

A one or three mile Walk to raise funds for people with intellectual and other developmental disabilities.

Stonewood Center – Downey

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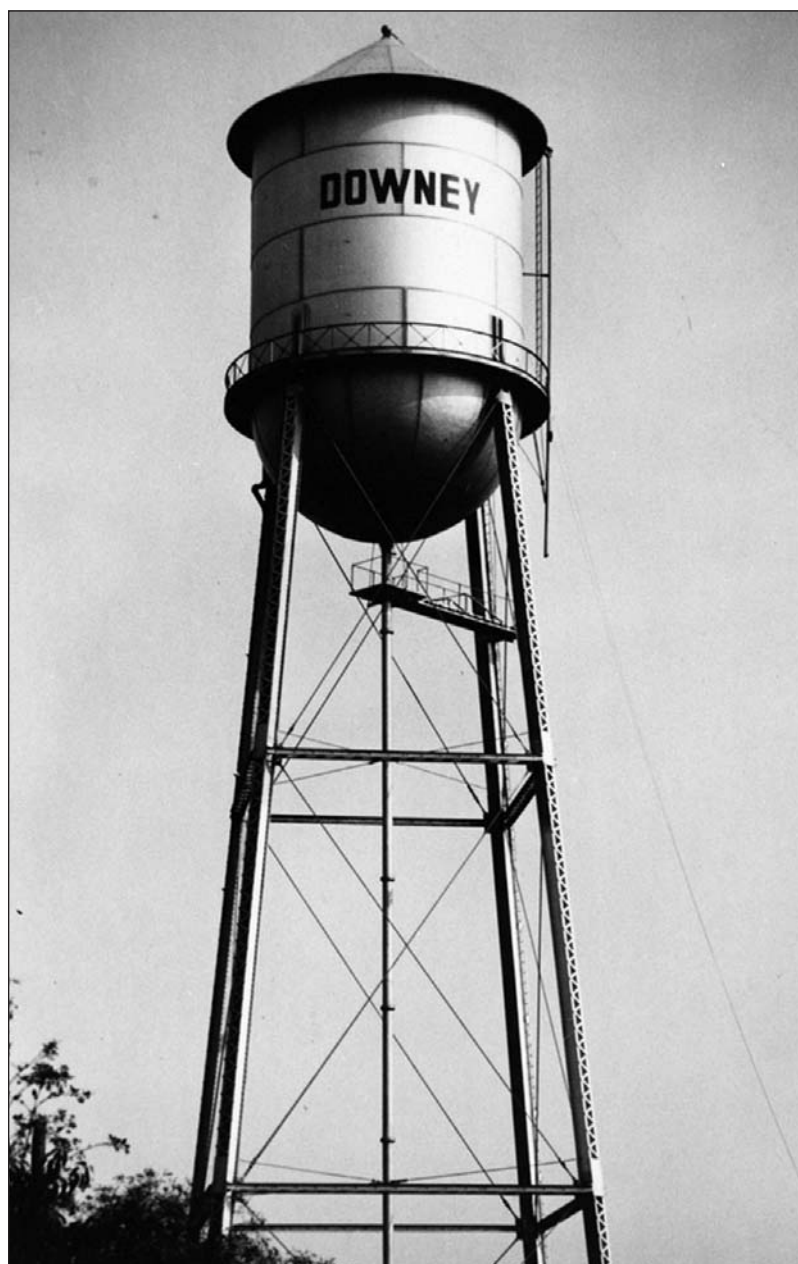
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Arc is a private non-profit organization serving over 400 people with intellectual and other developmental disabilities every day in 14 different programs.



Downey will play host to the 2009 Conference of California Historical Societies Southern Symposium next weekend. Slideshows of Downey's history will be given as part of the two-day event. Above is a photo of Downey's water tower, at one point located near Dolan and Iowa streets. Photo courtesy Downey Conservancy

History of Downey told at symposium

DOWNEY – The Downey Historical Society will host the 2009 Conference of California Historical Societies Southern Symposium, scheduled for March 6-7.

The event begins March 6 with registration from noon to 5 p.m. The day's highlight is a dinner and program at 7 p.m. John Vincent, president of the Downey Historical Society, will be the speaker. He'll give a slide presentation of the history of Downey.

Registration continues the following day at 9 a.m. A workshop at 10:30 a.m. will feature genealogy expert Charlotte Bocage, who will speak on "The Relationship between History and Genealogy and How to Get Started."

Jon Betthausen, executive director of the Columbia Memorial Space Center, will speak at a noon lunch event. That will be followed by a tour of historic sites in Downey.

Aircraft historian Bob Thompson will conclude the symposium at 7 p.m. when he presents a slide presentation on Downey's contributions to the aircraft industry.

For information on pricing and reservations, call Ann Shea at (562) 408-6959 or e-mail ashea@caaamuseum.org.

Rives Mansion hosting fashion show

DOWNEY – The Imitators of God Foundation, a "virtual ministry" that helps spread the word of God through fashion shows and growing Christian businesses, will host a fashion event at the Rives Mansion today from 6-10 p.m.

The fashion show will be geared toward youths, with an emphasis on young ladies. For more information, call (323) 283-1400.

Retired police officer to speak

DOWNEY – Retired Downey police officer and driver education instructor Steve Guthrie will be the guest speaker at Monday's OASIS meeting at Downey Adult School.

OASIS (Older Adults Seeking Information and Skills) meetings are held at 3:45 p.m. inside the Harriett Paine Event Center. Registration is free.

Guthrie was a police officer for 35 years, 30 of which were in traffic enforcement. He has been teaching traffic law, driver education and mature driving for 15 years.

Guthrie will update the class on new laws, and provide tips to become "mature drivers, passengers and pedestrians in today's traffic."

Class enrollment begins at 2:45 p.m., at which time guests can purchase an optional dinner ticket for \$3.50.

Downey Dial-a-Ride will provide transportation to qualifying residents. For more information, call (562) 940-6200.

Church conference begins Sunday

DOWNEY – The Love, Peace and Happiness Church in Downey invites the community to their annual Soul Winning Conference, kicking off Sunday and then continuing Wednesday through next Sunday following a two-day break.

Special workshops and inspirational services were held this past week in anticipation of the conference, themed "Connecting to Kingdom Greatness through Evangelism."

Evangelist David Piper, founder of New Day World Ministries, will be the conference's guest speaker.

The church will host a mass outreach March 7 at 9 a.m. as part of the conference. The conference will end March 8 at 3:30 p.m. with closing words from evangelist Neldra Winkley.

The public is invited to the free conference. For more information on conference times and events, call (562) 806-9890.

Soroptimists honoring local women

DOWNEY – Soroptimist International of Downey will host its annual Women of Distinction award breakfast March 26 at 7:30 a.m. at the Rio Hondo Event Center.

The honorees are Mayor Pro Tem Anne Bayer, director of the LivingHelp Center; Dr. Wendy Doty, superintendent of the Downey Unified School District; Katie Hare, businesswoman and community volunteer; and Mary Zoe Phillips, philanthropist involved with the Medical Books for China program.

Being honored with the Violet Richardson Award for student volunteer of the year is Carli Ciatti.

A new award this year, Making a Difference for Women, will be awarded to Nina Smart, founder of Servicing Wild Flowers International, an organization formed to stop the practice of involuntary female circumcision in the West African country of Sierra Leone.

For information and reservations, call (562) 861-9874.

Learn to take baseball, softball stats

DOWNEY – Local coach Mike Davis will present a scorekeeping seminar for baseball and softball Thursday at the Bernabe Community Center, 10801 Fairford Ave., behind Gonzales Cadillac in Downey.

During the two-hour seminar, Davis will teach scorekeeping basics, substitution tracking, how to keep correct statistics, the definition of a fielder's choice, the difference between a hit and an error, and more.

Each guest will receive a copy of Davis's book, "How to Keep Score for Baseball and Softball."

The seminar begins at 6:30 p.m. Cost is \$10 and a portion of the proceeds will be donated to the Bernabe Center for their youth sports programs.

For more information, call Davis at (562) 416-5102 or Dennis Dennehy at (562) 889-1298.

Champagne luncheon March 14

DOWNEY – The Our Lady of Perpetual Help Women's Guild will host a champagne luncheon March 14 at 11 a.m. inside the Rio Hondo Event Center.

Price is \$25 and includes choice of beef or salmon lunch. Door prices and centerpieces will also be raffled off.

Reservation deadline is March 9. Make checks payable to Catholic Women's Guild and mail to Terry Ramirez, 10238 Chaney Ave., Downey, CA, 90241. Indicate preference of beef or chicken when mailing the check.



Jean Tuohino has been honored as Bold Woman of the Year by Christ Lutheran Church.

Tuohino recognized as 'bold woman'

DOWNEY – Longtime resident Jean Tuohino was named Bold Woman of the Year by Christ Lutheran Church Feb. 22 during a special ceremony during regular service.

Tuohino and her late husband Alvin (who died in 2005) moved to Downey in 1951 and raised their four children here. Tuohino continues to live in the family home.

She worked as a school psychometrist, psychologist and director of special education in Southern California school districts, including at Downey Unified. She served as education chair of the Downey PTA Council and is an honorary lifetime member.

At Christ Lutheran, Tuohino taught Sunday school, served as director of Vacation Bible School, sang in choir, and was instrumental in founding the child care center. She also led and hosted five exchanges with German youth.

Tuohino was also involved with Outdoor Ministries, and served on the board of Camp Yolijsa in the San Bernardino Mountains, on the National Outdoor Ministries board of the LCA, and the board of Lutheran Camping in Southern California.

Camp Yolijsa honored Tuohino and her husband a few years ago at which time Rev. Jim Kniseley, a former camp board member, said, "Jean is best remembered as the driving force behind the construction of Luther Glen, the adult conference center at Camp Yolijsa. It was Jean's vision and continuing commitment that led to the decision to go ahead and build."

Tuohino continues her active service at Christ Lutheran.

Library celebrates Dr. Seuss

DOWNEY – Preschool children and their parents can celebrate the birthday of beloved author Dr. Seuss at the Downey City Library on March 3.

A special storytime will be offered from 10:30-11 a.m. in the Cormack Room. The same program will be offered in Spanish and English March 4 at 10:30 a.m.

For more information, call the library's Children's Services at (562) 904-7360, ext. 4.

Portofino restaurant set to open

DOWNEY – The new Portofino Ristorante Italiano, located at the former Schezwan at Paramount Boulevard and 3rd Street, will celebrate their opening tomorrow from 6-10 p.m.

The public is invited to attend and enjoy free hors d'oeuvres. Bar drinks will be available at 2 for 1 prices, and pianist Danny Guerrero will provide music. Opera and Broadway singers are also expected to be on hand, according to host Roberto Angeleno.

The Downey Chamber of Commerce will assist in an official grand opening March 12 at 4 p.m.

Portofino is located at 11010 Paramount Blvd. Their phone number is (562) 923-3270.

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EQUAL HOUSING LENDER

Downey joins public safety communications network

BY HENRY VENERACION,
STAFF WRITER

DOWNEY – The city of Downey is now a member of the county-wide Los Angeles Regional Interoperable Communications System/Joint Powers Authority (JPA), a radio communications system designed to provide voice and data information across the entire county for public safety operations.

Adoption by the city of an ordinance Tuesday to this effect made it official. The city charter requires that all contracts that have a term of more than 10 years be approved via an ordinance.

The idea behind JPA is to allow for improved communications among the various public safety agencies that operate in the county, especially in the event of a major disaster. Currently, local police and fire departments do not have inherent capabilities for inter-agency communications. Ad hoc and locally designed systems provide some inter-agency communications capabilities but a county wide system does not exist. JPA fills this need.

In other action, the Council:

- Approved an amendment to the professional services agreement with Kabbara Engineering for the preparation of plans, specifications and engineer's estimate (PS&E) for the pavement rehabilitation of Paramount Blvd. between Florence Ave. and Lubeck St. in the amount of \$43,580; in order to meet the timeline required to qualify for federal funding (via the federal economic stimulus package funds), the services of a professional engineering consultant are necessary to prepare PS&E and bidding documents suitable for the awarding of a public works construction contract; this is where Kabbara's expertise comes in;

- Approved the professional services agreement with the Bronstein Company (a company the city has dealt with before) for real estate appraisal services; this will be the third renewal of the two-year service agreement with Bronstein, necessary as the city continues with its right-of-way acquisition efforts for Phase 3 of the Lakewood Blvd. Improvement (LBI) Project (between Telegraph Road and Fifth St., as well as for other roadway improvement projects;

- Approved the professional services agreement with APA Engineering for the preparation of environmental studies, legal descriptions, plans, specifications, engineer's estimate (PS&E) and bid documents for the Paramount Blvd. at Firestone Blvd. intersection improvement project in the amount of \$137,453; it is anticipated that there will be an estimated 23 percent increase in traffic volume (including truck volume) at this intersection by 2030;

- Adopted a resolution approving the final subdivision map of Parcel Map No. 70230 (8102 Third St.), approving an agreement with the subdivider and accepting a subdivision improvement cash deposit as surety;

- Adopted a resolution approving the final subdivision map of Parcel Map No. 26124 (10415 Brookshire Ave.), approving an agreement with the subdivider and accepting a subdivision improvement cash deposit as surety;

- Adopted a resolution approving the appointment/reappointments to boards, commission and committees for Council District 1: Vivian Durkee, Art in Public Places Committee; Rachel Villalobos, City Hospital Commission; Dorothy Van Zuilen and Jan Scott, Emergency Preparedness Committee; Patti Brode and Bill Minasian, Health and Environmental Sanitation Committee; Susan Bouris, Library Advisory Board; Nikki Utermohlen, Personnel Advisory Board and Public Facilities Financing Corporation; Michael Murray, Planning Commission; Mark Vasquez, Recreation and Community Services Commission; Dee Bacus, Traffic Committee; and Martin Susnir, Water Board and Water Facilities Corporation;

- Adopted another resolution approving the appointment/reappointment to boards and committees for Council District 3: Janet Molinaro, Emergency Preparedness Committee; and Theresa Ford, Library Advisory Board; and

- Presented certificates of reappointment to Diane Boggs to the Downey City Hospital Commission and Water Facilities Corporation, District 5.

The next regular public meeting of the City Council will be at 7:30 p.m. on Tuesday, March 10 at City Hall, 11111 Brookshire Ave.

The second and concluding session of the unprecedented City Council Priority Workshop has been re-scheduled for Saturday, March 21 at the Barbara J. Riley Community and Senior Center's John Downey Room, located at 7810 Quill Drive.



Soroptimist International of Downey has awarded their Women's Opportunity Awards, three \$1,000 scholarships to local women working towards furthering their education. From left: Dianne Lumsdaine, Ellie Eck, Lorine Parks, Zuly Orozco, Hope Jaramillo, Dorothy Pemberton, Paula La Breche, and Monica Goel Hornberger.

Working moms get help for school

DOWNEY – Soroptimist International of Downey recently awarded three \$1,000 scholarships to local women who are "working hard to reach their potential and fulfill their dreams."

The Women's Opportunity Award is a scholarship presented to women who are head of their household and who have a desire to return to school. All of this year's winners have children to support and hold jobs, but need financial assistance to reach their educational goals.

This year's winners include Hope Jaramillo, a mother of four who is studying to be a family counselor and currently works at Downey Regional Medical Center; Paula La Breche has one son and is currently enrolled full time at Cerritos College studying to become an insurance adjuster; and Zuly Orozco, another employee from Downey Regional, who has two children and is studying to be a registered nurse.

For information about membership in Soroptimist International of Downey, call Dorothy Pemberton at (562) 927-9908.

Family of Vietnam soldier sought

FORT BENNING, GA. – U.S. Army Private First Class Ernest H. Young III, of Downey, died in Vietnam on March 14, 1968 while serving with Headquarters and Headquarters Company, 173d Airborne Brigade.

And while his death is now more than four decades past, his legacy will be remembered at the new 173d Airborne Brigade National Memorial now under construction at Fort Benning, Ga.

The names of the 1,643 "sky soldiers" who died while serving with the brigade and the names of the 69 sky soldiers who died in Iraq and Afghanistan will appear on the memorial. More than 150 sky soldiers from California died in Vietnam, many from Southern California.

A groundbreaking ceremony was held last July 11. The country music duo of Big & Rich were on hand to perform their song "8th of November," a tribute to the 48 sky soldiers who died in the Battle for Hill 65 on Nov. 8, 1965.

Members of the 173d Airborne Brigade National Memorial Foundation are trying to locate the family members of PFC Ernest H. Young to inform them of the memorial and invite them to the dedication ceremony scheduled to take place later this year or early 2010.

Family and friends of Young are encouraged to contact memorial board member Raymond Ramirez at (562) 693-3102 or via e-mail at ramirez173@hotmail.com.



Universal Yoga

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New session starts from March 3rd 2009
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A ministry of Trinity Lutheran Church

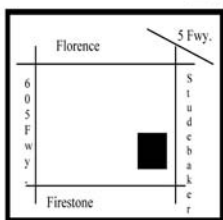
Preschool – 8th Grade

Providing Quality Christian Education Since 1964

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Friday, March 20th @ 5:00 p.m.

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www.tcstigers.net

POET'S CORNER

Senior Pride and Electronics

I found out the hard way, if you don't follow direction, it won't work.

I also found out if you do follow direction, it just won't work.

I also found out if you try to figure it out on your own, it still doesn't work.

I also found out this is where the confusion sets in, and you come to a dilemma.

I found out I could call my sixteen year old grandson to come and fix it in five minutes, and feel like a dummy forever.

I found out I could call the man to come out and fix it. Paying big money, and hoping nobody would know.

I found out I could take it back to the store. Just hoping it's broken, and it's not my fault.

I found out no matter what I do, I wish I had done something else.

–James E. Jones,
Downey

Nature's Beauty

The midnight cricket chirps his song
and mice are snatched by hunting owls.
The booming sound of the beating gong,
beats to the rhythm of the wolf's sad howls.

The stallion and his graceful mare,
gallop to the cave of the lumbering bear.
There the bear solitarily eats his food,
awaiting the sunset to enlighten his mood.

But none of this can dream to compare,
to the stars that makes heaven's elegant stairs.
How lucky the moon is to live among,
the twinkling stars, the old and the young.

–Eric Chon,
Downey

If I Spilled It

There is no such thing as good people
We all partake in the good and the bad
We are prisoners in a world where no control
is to be had

As teenagers we rebel against our parents
As parents we rebel against our teenage years
And in wrinkles we cry and reach for your younger years
But all come and disappear

Poor us that think we are more than our earthly peers
Let death settle it and our minds be spun
Instead of helping we have laughed and made fun

A tongue with no control
The deaths toll and tow
And result in nothing solved
A vengeance unfulfilled
and the milk remains as is, spilled.

–James Hernandez,
Downey

Untitled

Why do I love you
All I can say
Life without you
Love without
You, could not be.

Why do I love you?
All I can say -- is
Life became real when you
Loved me and
You gave your heart to me.

What is happiness
Always honest and true
Love from you
Life with my own true
You.

When I think of you
All I can say
Love was wonderful
Life was wonderful with
You, my darling you.

When there is a boy and a girl
All that really matters is
Love is always springtime
Life is beautiful
Youth is wonderful

–Leona Swanson,
Downey

Coach Mike's

Scorekeeping Seminar
for baseball and softball
Thursday, March 5th, 2009
6:30 PM to 8:30 PM

To be held at
The Bernabe Community Center
10801 Fairford Ave., Downey, CA 90241
(behind Gonzales Cadillac)

Only \$10 per person
payable at the door.
League discounts available

For more information, call
Mike Davis at (562)416-5102 or Dennis Dennehy at (562)889-1298
A portion of the proceeds will be donated to the Bernabe Community Center for their youth sports programs.

During this 2 hour course you will learn;
Scorekeeping basics
Substitution tracking
Hit or Error
What is Fielder's Choice
How to reduce mistakes
Keep correct statistics
And much, much more

City of Downey
NEIGHBORHOOD WATCH PROGRAM

TAKE A STAND AGAINST CRIME:
JOIN NEIGHBORHOOD WATCH

For more information, please call 562-904-1895.

Job Opportunities
www.allaboutdowney.com

DOWNEY PARTY RENTALS

10900 Paramount Blvd.
Downey CA 90241
(562) 861-1616

Letters to the Editor:

Support small business

Dear Editor:
Once again, I would like to thank the Downey Police Department for closing down the illegal street vendors over Valentine's Day weekend. Small businesses are struggling during these difficult times and knowing that we don't have to contend with these illegal vendors is a relief.
Also, thank you, Eric, for your blog encouraging the community to do business with local businesses.
— **Terri Head,**
Owner, A Unique Florist

Say 'no' to stimulus dollars

Dear Editor:
Just because something is legal doesn't make it right. In Hitler's Germany, the law declared Jews as non-persons, but that didn't make it right. The Nuremberg trials proved that there was a Higher Law.
Also, just because Congress last week passed the gigantic Stimulus Bill of 2009 and many cities and states are lining up to apply for their share of the handout does not mean that our city of Downey has to follow suit.
If the citizens of Downey believe that this was the wrong bill to have passed then we should also keep our own house in order by demanding that our City Council resist the pressure of seeking stimulus dollars from the federal government when the federal government does not have any money of its own. The more money they print, the less freedom the states and local cities will have and Downey is no exception.
Let Downey stand as an oasis of righteousness in a desert of ever-increasing federal power over all, by refusing to beg for stimulus dollars. In this way we can be an example to our youth that character truly counts.
Yes, this may just be the defining battle of our day. If you think so, then join it.
— **Dan Cristea,**
Downey

Underage drinking a 'public health crisis' says Roybal-Allard

Calling underage drinking "a public health crisis that is threatening the future health and productivity of our children," Rep. Lucille Roybal-Allard (D-34), joined by Rep. Mary Bono Mack (R-45), introduced legislation last week to raise awareness about its dangers and the importance of aggressively enforcing 21 and under drinking laws.
"The risks of serious alcohol-related problems are reduced by 70 percent when a young person delays drinking alcohol until the age of 21. Knowing that underage drinking is strongly associated with real dangers, I have joined with Congresswoman Bono Mack in introducing the Support 21 Act of 2009," Roybal-Allard said. "The legislation will help us get the word out that enforcing our nation's underage drinking laws is crucial to protecting the health and well-being of our young people. We can no longer afford to address alcohol dependence exclusively as a disease of middle age."
Bono Mack said far too many teenagers engage in risky, even life-threatening behavior, because of the influence of alcohol.
"We need to do everything we can to inform our youth about the consequences of alcohol abuse in their adolescent years," Bono Mack said. "Underage drinking is a serious health problem facing communities throughout our nation. By working together on all levels and generating greater awareness we can promote a healthier environment and brighter future for our children."
The Support 21 Act of 2009 (HR 1028) authorizes a new highly visible media campaign to educate the public about underage drinking laws and build support for their enforcement. It also asks the National Academy of Sciences to provide a report to Congress about the influence of drinking alcohol on the development of the adolescent brain.
The legislation authorizes supplemental grant funds to current and former Drug Free Community grantees to work with pediatric health care providers and parents to reduce underage drinking. Additional grants are also provided to assist pediatric medical organizations in educating providers on best practices for screening their adolescent patients, doing brief interventions, and making appropriate referrals.
Finally, the bill will establish a new focus in the Centers for Disease Control and Prevention on underage drinking surveillance and prevention.



Rep. Lucille Roybal-Allard

Crime watch

Dear Editor:
I wish to thank you for including the "Crime Watch" feature in the Feb. 20 issue of *The Downey Patriot*. This practice will help our citizens to become aware of the crimes being committed and consequently be more alert, informed and safer in the future.
I urge you to continue this column in all future issues.
The Eagle published the same information and I believe it was useful then and it will be useful now.
— **Sharon Banta,**
Downey

Financial battle

Dear Editor:
There are few people alive today who survived the Great Depression – 1929-1940. For this survivor the daily roiling stock market, housing problems, and high unemployment is disquieting and frightening. There is a feeling of been there, done it before.
In 1940, after more than 10 years, we slowly recovered from the worst financial nightmare in history. Many people were still unemployed but they slowly began to find jobs in the defense industry building warplanes, weapons and ships. I believe when we started to rearm for World War II, jobs became plentiful and that was one reason the Depression ended. People were earning large salaries – jobs were plentiful; even women, which was unusual, began working outside the home earning large salaries. At first it was strange to see them working as welders, carpenters, driving rivets, auto and airplane mechanics – all jobs traditionally done by men.
On December 7, 1941, Japan staged a surprise attack at Pearl Harbor, sinking and damaging our entire Pacific Fleet, killing 3,000 people, thus beginning four years of World War II. We were victorious.
We have always been victorious and we will win this current financial battle but it may likely last much longer than most of us believe.
— **Byron Dillon,**
Downey

Ill-conceived proposals

Dear Editor:
This has got to be one of the most ill-conceived proposals I have ever read. ("Perfitt Reiterates Goals for Downtown," 2/13/09) I grew up in the northeast United States in the 1950s and '60s in a nice, quiet, peaceful community, very much like Downey. Property values were stable, and increased yearly. Our city planners were aware of the carrying capacity of the area. Our water supply, sewage removal and processing capacity, along with our roads and public facilities, were operating at maximum capacity. Law enforcement had a handle on what little crime took place in the communities. In other words, things were under control.
In the mid 1960s there were similar proposals to put in "high-density" housing in commercial areas. It was not a good idea then either, but city councils did not know, or did not care, what the environmental impact would have on the existing communities. The plans were pushed through, and as a result, some of the most undesirable elements of society took advantage of this cheap, high-density housing.
Property values plummeted, and the well-established decent population couldn't move out fast enough, leaving vacancy after vacancy in the communities where the good people abandoned their homes. Crime in these areas shot through the roof – there were burglaries, car thefts, assaults, murders, and a rapid increase in drug dealing. The psychological effect on those who were left behind was obvious.
All of these areas rapidly became the worst areas in this country, and it persists to this day. Overpopulation, high crime, and extremely high-density left the northeast devastated.
Don't forget, once these high-density dwellings are established, they are nearly impossible to get rid of, and it will undoubtedly spell the death of Downey as we know it.
I implore the citizens and government of Downey to fight these proposals. We do not want to see our homes become nearly worthless. We do not want to turn Downey into the next ghetto.
This proposal is ill-conceived, reckless, and just plain stupid. Just look at some of the surrounding communities with high-density housing. Is that what we want for our beautiful and safe Downey? I don't think so. Just who do you think is going to flood into Downey if these proposals go through?
— **Jonathan Brownlee,**
Downey

Support the Y

Dear Editor:
The article written by Britawna Craft, featured in the Student Life section of the Feb. 20 issue of the Patriot, was very well-written. In fact, all three of the articles in the section were very well done and those students should be commended for their work.
There was one fact, however, that was omitted from her article about the Youth in Government program. That, the sponsor of this worthwhile project is the YMCA, and in this case, the Downey Family YMCA.
All 2,400 students were able to attend because of their local YMCA. The 19 delegates that were a part of this delegation were from the cities of Downey and South Gate, and they were able to attend because of Christine De la Torre, Mary DeWitt (both board members of the Downey YMCA) and Jean Fiddler – unpaid volunteers – along with Cecelia Butler, who is a member of the Downey YMCA staff.
This program is just one of many programs that our Downey YMCA is able to offer to our local youth as part of the Current Support Campaign now underway at the YMCA. Corporate grants, individual donations, business and service club donations are what provide the resources for so many youth programs at our Downey YMCA. Yes, there is some cost involved by the participants in the various programs, but it does not cover all the costs of the program. Even camping, long a well-known program for kids to look to and participate in, is subsidized in part by our donations. Please remember that the YMCA needs your help now, and that even in these tough economic times, the need of our youth is even greater now than before.
Downey and the surrounding communities have come through in the past, and we, the Downey Family YMCA, now need all the financial help we can get to continue these programs. Your donations do not go towards the P.E. programs at the Y, but are restricted to youth programs only.
— **Bill Hare**
Member, Downey Family YMCA, Board of Managers

Letters to the editor may be submitted by writing to *The Downey Patriot*, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.



More on suspicious smell

Dear Editor:
This is regarding the funny smell in the air within the southwest area of Downey ("Suspicious Odor Remains a Mystery," 2/13/09).
I believe the odor is coming from 9419 Garfield Ave., in the city of South Gate. This location is the home of a roofing material manufacturer that uses petroleum or asphalt-based products. If you've been around a roofing company that is installing an asphalt roof, the smell is very similar to what we smell in our air.
Furthermore, if you ever shopped at the South Gate Target, you will notice the smell is 10 times stronger than in the Downey area. If you try to trace the smell, it looks like it is coming from that roofing material manufacturing plant.
I hope this helps your search for the "mystery smell."
— **Daniel Sosa,**
South Gate

Dear Editor:
In last week's Letters to the Editor, I brought to your attention the toxic odors which are affecting our neighborhood bordering west of Old River School Road, north of Imperial Highway, and south of Firestone Boulevard. I included an e-mail address so that readers can provide any information or health concerns they may have.
The e-mail that was printed last week is not working. Please use: cleantehair@hotmail.com.
Additionally, there is a meeting scheduled March 4 that I will be attending with Mark Sauter (emergency preparedness), Fire Chief Brad Turner, and representatives from the Air Quality Management District and the Southern California Gas Company. I will continue to update the community.
— **Tricia Zelambo,**
Downey

Help for our troops

Dear Editor:
Thank you for taking a second out of your busy work schedule to read my little letter. My name is Josh Wright and I have adopted the 1st Battalion 5th Marines during Operation Iraqi Freedom and Operation Enduring Freedom.
I know a few Marines that have deployed back out to defend our country, some for a third to fifth tour. The Marines understand the sacrifices and are willing to make them, but some are afraid they will be forgotten while on deployment. Please, I do not want to see that happen. These brave Marines – I have had the honor to meet them personally – are more than heroes in my book. They are legends.
I was wondering if your family, friends, church or co-workers would like to help support some Marines by sending thick boot socks (size 6-12), underwear (size 32-36), foot cream, hand warmer pack/heat packs, body wash and lotion, instant hot coco mix, baby wipes, eye drops, and/or chewing tobacco.
These are just a few of the items Marines ask for. It's just something to place a small smile on their young faces and let them know we have not forgotten about them.
The Marines also enjoy receiving letters of support, the Sunday comics, jokes, magazines (FHM, Maxim, Car & Truck, etc.), care packages, or anything for that matter.
Flat rate priority mail boxes are always a cheap way to go. It costs around \$9-\$13 to send a flat rate box, but you can pack it as much as you like. Please make sure to tell the post office you are sending the box to a war zone. They will give you a custom form you need to fill out.
If you would like to donate items, a drop-off location is the Marine Corps Career Center located across the street from Downey High School.
— **Josh Wright,**
Downey

Chatter on the Web

A sampling of comments left on our website, www.thedowneypatriot.com. Join the conversation today.

"The Yang Family Farm": I would like to see the market moved to Downey Avenue, even if it requires closing the street once a week. I think it would help attendance. — *Jim*

"Council Prioritizing City-Wide Goals": It would be nice if the city would add historical preservation of our cultural landmarks to its list of priorities. — *George Redfox*

"No Homes Downtown": Wrong, wrong, wrong! Residences bring people, which is what downtown needs. — *43 Honey*

"Rejects Pay Raise": Other cities are issuing furloughs; our employees are getting raises? Is Downey not affected by the global recession? — *Tom 90241*

"Suspicious Odor Remains a Mystery": Do you know there's a tar factory at Southern and Garfield, just a block away from Downey? — *Timothy Cox*

The Downey Patriot

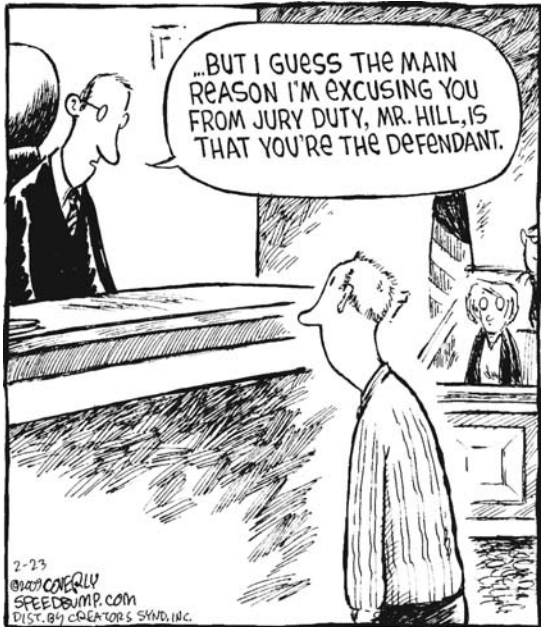
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

Events For February/March

- Fri. Feb. 27: **Christian fashion show**, Rives Mansion, 6 p.m.
- Sat. Feb. 28: **Veterans ceremony**, Church of Jesus Christ of Latter-day Saints, 12:30 p.m.
- Sat. Feb. 28: **Soft opening**, Portofino restaurant, 6 p.m.
- Sun. March 1: **Soul Winning Conference**, Love, Peace & Happiness Church, 9 a.m.
- Mon. March 2: **Fundraising trip to Pechanga**, Woman's Club of Downey, 8 a.m.
- Mon. March 2: **Driving tips for seniors**, Downey Adult School, 3:45 p.m.
- Thurs. March 5: **Scorekeeping seminar**, Bernabe Community Center, 6:30 p.m.
- Thurs. March 5: **Amateur Radio Club meeting**, First Baptist Church, 7:30 p.m.

City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Pat Rooney at 923-5352.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.

Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at Apollo Park.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 3rd Weds., - **Downey Dog Obedience Club** Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at **Furman Park West Bldg.**, call 943-5513.
- 4th Weds., 6:30 p.m.: **Emergency Preparedness Committee meeting**, Fire station 1, 12222 Paramount.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

Thursdays

- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.

Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.

On This Day...

- Feb. 27, 1922: The Supreme Court upholds the 19th Amendment to the Constitution granting women the right to vote.
- 1932: Actress Elizabeth Taylor is born. Also born Feb. 27: consumer advocate Ralph Nader (75), basketball hall of famer James Worthy (48), R&B singer Chilli (38), former First Daughter Chelsea Clinton (29), and singers Bobby Valentino (29) and Josh Groban (28).
- 1991: President Bush announces an end to the Persian Gulf War, effective at midnight.
- 1997: Most handguns become illegal to own in Britain.
- 2003: Fred Rogers, of "Mr. Roger's Neighborhood," dies of stomach cancer at age 74.

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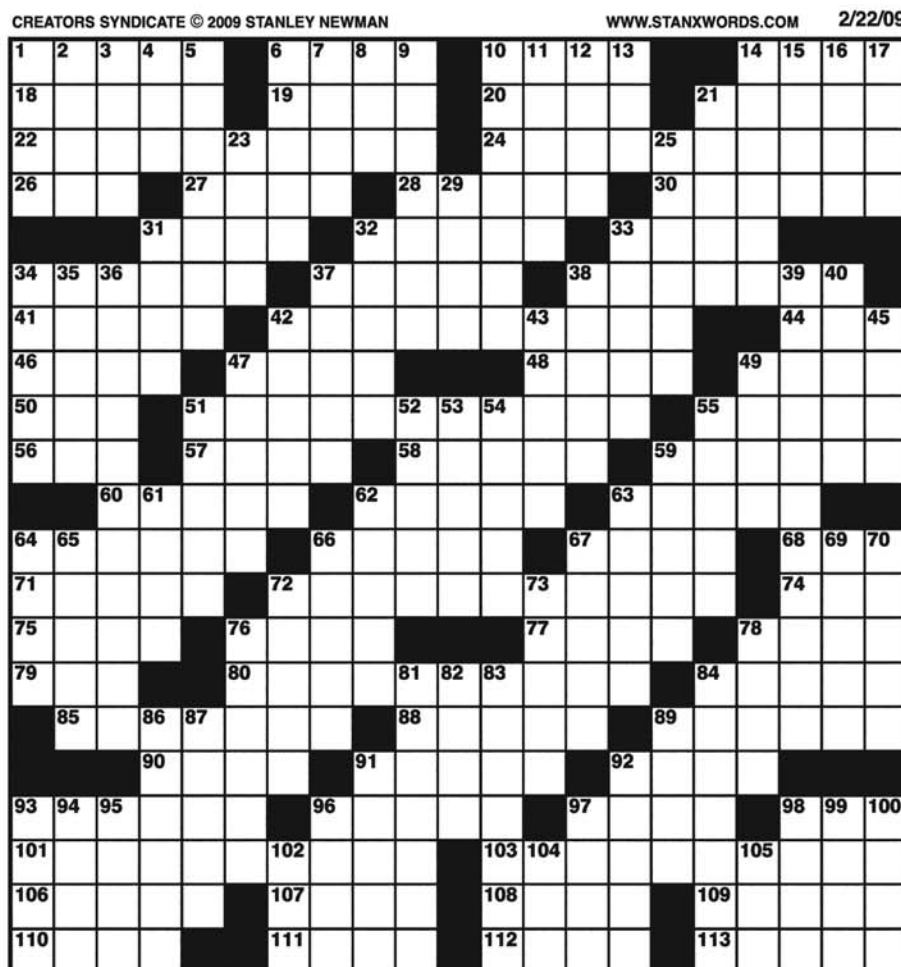
For more info. please call the Downey Patriot (562) 904-3668

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

INSETS: Presented two at a time
by Fred Piscop

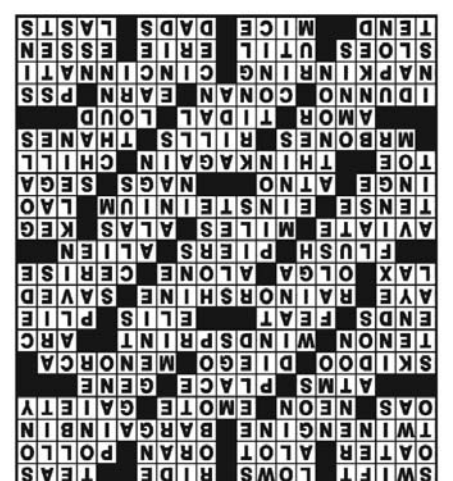
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| 26 Retailer's display | 79 Nail-polish target | 14 More chic |
| 24 Western treaty grp. | 80 "Bad idea!" | 15 Hamburg's river |
| 27 Sign gas | 84 Cool down | 16 Touched down |
| 28 Be a ham | 85 Minstrel-show figure | 17 Toshiba rival |
| 30 Merriment | 88 Moon valleys | 21 Softly, in music |
| 31 Convenience-store setups | 89 Macbeth et al. | 23 <i>Nautilus</i> skipper |
| 32 Find a job for | 90 Latin love | 25 007 et al. |
| 33 Heredity unit | 91 Word before basin or wave | 29 Waiting-room reading |
| 34 "Scram!" | 92 Garishly colored | 31 Commotions |
| 37 Spanish version of James | 93 "Beats me!" | 32 Mottled steed |
| 38 Mediterranean island | 96 Schwarzenegger movie role | 33 Bottled spirit |
| 41 Mortise mate | 97 Have coming | 34 Terrific buy |
| 42 Endurance-building run | 98 Ltr. addenda | 35 Obama's paternal homeland |
| 44 Rainbow shape | 101 Place-setting part | 36 It may make a point |
| 46 Phases out | 103 Xavier University locale | 37 Paul Anka tune |
| 47 Noteworthy act | 106 Tart fruits | 38 Creator of Piglet |
| 48 Yalles | 107 Elec., for one | 39 Big name in fashion |
| 49 Ballet bend | 108 Sight from Sandusky | 40 Sign before Taurus |
| 50 Roll-call vote | 109 Ruhr Valley city | 42 Put on a scale |
| 51 In any weather | 110 Watch over | 43 Jockey's handful |
| 55 Squirreled away | 111 Trio of rhyme | 45 Hand over |
| 56 Far from strict | 112 Pops | 47 Perfidious |
| 57 <i>Three Sisters</i> sister | 113 Hangs in there | 49 Cut back |
| 58 Without peer | | 51 Way to go |
| 59 Deep red | | 52 Marsh birds |
| 60 Good poker hand | DOWN | 53 Winter hazard |
| 62 Places to fish | 1 Explorer Hernando de ___ | 54 Gymnastics device |
| 63 Green-card carrier | 2 Tot's drink | 55 Tremor |
| 64 Take wing | 3 "How sweet ___!" | 59 North Pole name |
| | | 61 Emit coherent light |



- | | | |
|------------------------|-----------------------------|---------------------------|
| 62 Attach, as a brooch | 78 Roe source | 93 Educational org. |
| 63 Set straight | 81 North Pole name | 94 Hill's partner |
| 64 Keep ___ (persist) | 82 Verdi opera | 95 Familiar with |
| 65 Malice | 83 Took a peek | 96 Credit-card name |
| 66 Short skirts | 84 England-France connector | 97 Oklahoma city |
| 67 Diarist Nin | 86 Counted (on) | 98 Decline to participate |
| 69 Golf coup | 87 Old Dodges | 99 "Leave as is" |
| 70 World Cup scores | 89 Actress Spelling | 100 Does wrong |
| 72 Old anesthetic | 91 Pick-me-up | 102 Pirate's potable |
| 73 Counting everything | 92 Football features | 104 Lyricist Gershwin |
| 76 When many do lunch | | 105 Code-cracking org. |

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

The Spanish island of MENORCA (38 Across) was designated by UNESCO as a biosphere reserve in 1993. "CERISE" (59 Across) is the French word for "cherry." The 1776 Battle of TRENTON (5 Down) took place the day after George Washington made his famous crossing of the Delaware River.



Paging Dr. Frischer...

By Dr. Alan Frischer



are an apple or a pear? To find out, all you need is a tape measure. Calculate your waist to hip ratio by dividing your waist measurement by your hip measurement. If you are a woman and your waist to hip ratio (waist inches divided by hip inches) is more than 0.8, or if you are a man and it is greater than 1.0, then you are considered an apple, and are at increased risk for the associated health complications. Another way to check is to simply measure your waist. If you are a woman with a waist greater than 35 inches, or a man with a waist greater than 40 inches, you can likely be considered an apple.

A hot topic in health literature concerns pears verses apples. I am referring, not to fruit, but rather to body shape. Are you a pear or an apple? How does your body accumulate fat? How does this affect your long-term health? Let's explore this together.

These two basic body shapes differ in the way they distribute fat. The apple-shaped person carries most of their excess fat around their abdomen, in the middle portion of the body. This type of fat is known as visceral or intra-abdominal fat, and it surrounds the organs, which can contribute to inflammation. The pear-shaped person carries most of their excess body fat lower than that, on their hips, buttocks, and thighs. Their fat is called subcutaneous fat.

What determines body shape? Genetics get most of the blame, but your age and gender also play an important role. Women typically collect fat on their hips and buttocks, resulting in a pear shape, while men generally collect weight around the belly, giving them an apple shape. After menopause, as women's estrogen levels drop, they start storing fat around the abdomen as men do, and become more apple-shaped.

Those who are apple-shaped are more likely to develop health problems related to obesity. The shape is closely associated with type 2 diabetes and heart disease, as well as to sleep apnea, anxiety, and depression. In women, there is an increased risk of hormonal cancers such as breast, ovary and uterine cancer, menstrual irregularities and fertility problems. Clearly, those with apple shapes need to pay extra attention to their weight. Pear-shaped women have their own set of health issues, such as osteoporosis due to a lower level of androgen (a male hormone), varicose veins due to fat compressing their veins at the thighs, and cellulite (a cosmetic problem).

How do you know whether you

Online tool measures health risks

LOS ANGELES – Good Samaritan Hospital has launched a new online health risk assessment on its website, www.goodsam.org/healthstatus. The free tool features risk assessments for cardiac, diabetes, general, health risks, and fitness.

The health risk assessment is based on the Healthier People study done by the Carter Center of Emory University. The assessments include:

- Secured online access to a detailed questionnaire;
- Secured and customized online report and print version that includes a summary of risk factors and recommendations for prevention;
- Listing of user's top 10 risks of mortality and comparison to U.S. averages; and

Evaluation from a cardiology specialist in men's and women's health. In general, the assessments factor in the participant's family history, stress level, daily physical activities, drinking and smoking habits, along with general baselines according to the Healthier People study. The assessments also provide feedback with a summary document so the user can take it to their physician for further evaluation.

The assessments focus less on the numeric ranking and encourage a move to healthier habits.

5 ways to improve surgery care

Most people accustomed to working within a managed care or preferred provider (PPO) network don't question the quality of their care or the cost of that care. Often they don't know what providers charge until after a surgery when they get the bill.

But as healthcare costs skyrocket and layoffs continue, consumer directed health plans (CDHP) and high deductible plans (HDHP) with health savings accounts (HSA) are growing in popularity. You pay less on your premiums, but more when you receive care. More than half of U.S. companies now offer them and that number will grow by eight percent this year, according to Watson Wyatt.

Like it or not, at least part of the payment for surgery will be out of your pocket. So you must research cost and care options before they are provided, says Dr. Jeffrey Rice of www.healthcarebluebook.com, a free service that helps people determine fair prices for healthcare in their area.

Dr. Rice suggests you follow these five steps to obtain high quality care at a price you can afford.

1. Discuss the cost of care with your doctor. Discuss what you can afford with your doctor. Make sure you tell your doctor if cost is an important consideration for you. This will allow the doctor to help you make good choices that aren't too expensive. Doctors know that treatments won't work if patients can't afford them.

Before you agree to have any surgery or procedure you should understand the reasons for it, what will be done, its risks and benefits. Research-based web sites such as the Mayo Clinic, Web MD and Health A to Z offer detailed information on healthcare services explaining the problem, procedure, symptoms, diagnosis, tests, treatments and support resources. Learn as much as you can about your condition so that you can have an informed discussion with your doctor.

2. Be careful of costs leading up to surgery. Make sure you don't receive duplicative or redun-

dant tests. If your primary care doctor refers you to a surgeon, you will need to take copies of your medical records, lab results and imaging studies to the surgeon. If you think you are getting duplicate tests or images, speak up and make sure your surgeon knows about the previous tests.

There are often many, many tests that can be performed to diagnose a condition, but don't assume you need to have all of them. Don't be afraid to ask if a test is necessary or if it will make a difference in your diagnosis or treatment decision. For example, there are several different imaging studies to diagnose gall bladder stones. An ultrasound test is typically the single best test to diagnose this condition and usually the least expensive imaging study.

3. Make sure surgery is the best option for you. You should always discuss available treatment options with your doctor. In most cases, you will have several options to consider that may make a big difference in how much your care will cost. Your options for treatment will depend on your situation.

Ask your doctor if you need a particular treatment right away or if there are less intense therapies that can be tried first. Sometimes there are low risk alternatives that can be tried before choosing intense medical interventions, such as surgery. For example, there are many different treatments for low back pain, only some of which require surgery. You may want to try rest, medications or physical therapy first.

4. Make sure you get the best type of surgery for your situation and that it's done in the right place. There are often different types of surgery that can be performed for a particular condition. Selecting the best option for you can be better for your care and save you money. For example, if you need a hip replacement, you might get a different procedure or prosthesis depending on your age and your activity level. If you can have laparoscopic surgery instead of a traditional or open surgery, this will often allow you to save money on your procedure. With this

option, you will often stay in the hospital for a shorter time and recover and return to work sooner. Selecting the best place for your surgery can save you money. Usually surgery performed at a hospital with an overnight stay will be the most expensive option, followed by out-patient surgery at the hospital and then out-patient surgery at an Ambulatory Surgery Center (ASC). You can ask your doctor what options are available and how they may change the cost of your care.

5. Find a fair price for your surgery. Always ask about the cost of surgery before you get the procedure. The administrative or billing office can let you know what your provider will charge for your treatment. The main parts of your total costs will be from the surgeon, facility and anesthesia fees, so make sure to ask about all three.

Web-based resources such as www.healthcarebluebook.com provide pricing information about what a fair price should be for surgery and other healthcare services. The Healthcare Blue Book prices are based upon what insurance companies typically pay doctors, hospitals and others. You may not end up paying the Blue Book price, but if your provider charges a lot more it gives you a starting point for negotiation.

You should also call more than one provider to compare prices because they often vary a lot, even among in-network providers. If you don't have insurance, ask if you can get a fixed fee for the procedure (called a case rate). And don't forget to ask for the prices in writing. Then you can compare the prices you agreed upon, with what you are billed.

Dr. Jeffrey Rice is CEO of CareOperative, the parent company of HealthcareBlueBook.com. He has over 20 years of clinical, information technology and executive management experience within academic medical institutions, national health plans, disease management organizations and healthcare IT firms.

Never too old for knee surgery

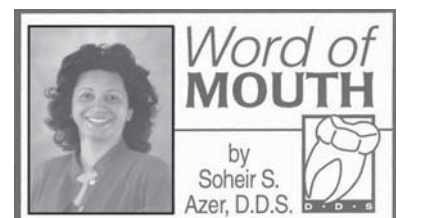
Knee replacement surgery can improve the quality of life even for very elderly patients, according to a study presented yesterday at the 2009 Annual Meeting of the American Academy of Orthopaedic Surgeons (AAOS). The study found that patients in their 80s can benefit both physically and socially from knee replacement surgery, also called total knee arthroplasty (TKA), once thought too risky for the very elderly.

"As patients are living longer, there is an upward trend in the demand for quality of life among the elderly population," said Edsel Arandia, M.D., lead author of the study and an orthopedic surgeon at Philippine Orthopaedic Center and a Fellow at Singapore General Hospital. "As patients age, debilitating diseases like arthritis of the knee begin to develop. We conducted this study to determine the viability of TKA in octogenarians and to learn whether their quality of life improves after TKA."

Dr. Arandia and his team reviewed data from 128 patients older than 80 years of age who underwent knee replacement surgeries at Singapore General Hospital between October 1998 and December 2006.

The results were measured using two quality-of-life scales, the SF-36 and the Oxford Knee Score, which assign scores to elements of physical and emotional health, such as:

- physical pain
- social functioning
- vitality
- physical functioning



If you have ever wondered what would happen if you neglected to brush and floss your teeth, a study was once undertaken in which a group of dental students were asked to give up oral hygiene for 21 days. At the end of the three weeks, all exhibited signs of plaque, gingivitis, and overt clinical inflammation. Without daily flossing, plaque (a sticky, colorless substance that forms daily on teeth) builds between teeth. In as little as two days, plaque can transform itself into a hard substance, called calculus (also known as tartar), which may only be removed with professional cleaning. Then, it may not be long before periodontal disease begins between teeth, where a toothbrush cannot reach.

Have you had a professional cleaning this year? Most insurance companies allow two cleanings per year. Call us at (562) 923-3714 today to schedule your first professional cleaning of 2009. Good oral hygiene is important, not only for looks, but for general health as well. Poor oral hygiene can lead to a variety of dental and medical problems, such as gum disease, infection, bone loss, heart disease, strokes and more. Regular checkups and cleanings can prevent these problems as well as provide you with good oral hygiene. You can count on us for family-oriented dental care. We're located at 10800 Paramount Blvd., Suite 307, where we're currently accepting new patients.

P.S. Toxins produced by gingival infections can destroy the supporting tissues around the teeth, including bone, which leads to tooth loss.
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Fiction

Out of order

BY ROSALIE SCIORTINO,
DOWNEY WRITERS' WORKSHOP WEST

It was late when I walked out of my doctor's office. I was 25 miles from home via the Santa Ana Freeway. On a good day and at the "right" time the trip takes half an hour. This was not only a bad day - Friday - but also the worst time. And it was already dark.

I hurried toward the parking structure noting that I was the only person visible in the area. I glanced nervously behind me.

The elevator was just inside the entrance to the garage. The building was nearly empty of autos. Earlier it was packed and I was forced to drive up three stories to the roof of the building to park my car.

I pushed the "up" button. The door opened and a young man stepped out and nodded to me as I entered. Now I pushed the number three button. The door slid shut and then immediately opened again and there stood the same man. I noticed his workman's uniform. The pocket patch read "Jim's Electric."

"I have to go back up to my car. I forgot something," he explained as he entered.

I didn't want to imagine an ulterior motive in his hasty return into the elevator, but began to feel apprehensive nonetheless. I pushed the third floor button once more.

"Oh, you're on the third floor too," he said.

We rode the three stories up in silence. The elevator stopped, the door opened and with a quick move he pushed the button which closed the door again. My heart gave a giant thump.

"Hand over your purse, lady," he barked.

"Please, no, I have to get home. Just take the money. Here's a twenty and some fives. Just please don't

take my purse!"

He wrested the bag from my grasp, pushed me to the back of the car and held me there with one hand while he pulled the telephone from the wall with the other. He manipulated the buttons so that the elevator would not move. He knew exactly what to do to disable it and worked expertly and quickly. With a wild smile he looked into my eyes and said, "This elevator is now totally out of order."

The car went black and the door opened. I tried to get free and run out but he shoved me back inside. In a moment he was out and slid the door shut from the outside. I screamed as loudly as I could. I tried in vain to pry open the door. I pounded on it and screamed for help and then I huddled in the corner of the cubicle in utter despair.

I'm alone in the darkness. She has my car key and my house key and knows my address.

The carpet was rough and dirty. I was cold. Again I tried to scream, but couldn't. I was exhausted. Hot tears of frustration streamed down my face and I was unable to control the wild beating of my heart.

Finally I cowered in the corner of the place that had become my prison. I felt the walls closing in and suffocating me. I felt the ceiling pressing down on me. I was wild with fear. Nobody would be coming up here until Monday morning. The thought of the isolation was frightening enough, but then I imagined that he would return. Then what? I pounded on the door with my shoe. Nothing. Just silence and darkness.

I was alone and he might return.

Writers' Workshop West, active since 1962, is open to anyone interested in writing fiction, non fiction, drama, and poetry. Meetings are held the third Tuesday of every month at 7:30 p.m. at the Downey High School library. For information, call (562) 862-3106

Franklin family scores unique trifecta

DOWNEY - The Franklin family, of Downey, recently achieved a rare trifecta, capturing three categories in Civil Air Patrol - Los Angeles County Group 1's 2008 awards.

Captain Teresa Franklin was named Safety Officer of the Year; C/2nd Lt. Nathaniel Franklin was named Cadet Officer of the Year; and C/S Sgt. Nicole Franklin was awarded Cadet Non-Commissioned Officer of the Year. All three are members of Los Angeles Cadet Squadron 138, the local Civil Air Patrol unit.

The award presentations took place during Squadron 138's recent Awards Night, held annually to recognize members' achievements and their contributions to Civil Air Patrol and the community. Making the announcement was Captain Jon Stokes, commander of Los Angeles County Group 1.

In making the presentations, Stokes noted that, "The Franklins, along with [husband] Ricky, represent what Civil Air Patrol is all about."

"It gives me a great feeling of satisfaction and accomplishment," Teresa Franklin said. "I feel the hours I have volunteered to the community through Civil Air Patrol have given me a sense that I have reached out and made a big difference in others."

Franklin has been a Civil Air Patrol member for three years and currently serves as the safety officer for Squadron 138. A registered nurse, she is a case manager at Kaiser Permanente in Baldwin Park.



The Franklin family of Downey was recognized recently for their work with Civil Air Patrol, the official auxiliary of the U.S. Air Force.

Her son, Nathaniel Franklin, said, "I am very honored to win such a prestigious award. I believe it is a very important highlight in my life. I would like to thank all those who helped me to be better and helped in this accomplishment."

Nathaniel has been a Civil Air Patrol member for four years. He is a junior at Downey High School.

According to Nicole Franklin, "I feel very proud that I got this award and I am wishing that other followers or leaders will win and have this opportunity to see how it feels to get this award. I would like

to have the pleasure of thanking the people who helped me get this award and for believing in me."

Nicole has been a Civil Air Patrol member for just over two years. She is a sophomore at Downey High School, where she is a member of the water polo team.

In addition to the three Franklins who are active Civil Air Patrol members, husband and father Ricky Franklin is also a Cadet Sponsor Member, making the Franklin household 100 percent Civil Air Patrol. The family has been residents of Downey since 1989.

"In the end, formal recognition and awards are nice," said Stokes, "but the highest form of satisfaction should come from the pride you feel when you put on that uniform with the knowledge that you are giving all you can back to the community and our great nation."

"Be proud of what you do and continue to work hard for all of you are making a difference."

The Civil Air Patrol, the official auxiliary of the U.S. Air Force, is a non-profit organization with more than 56,000 members nationwide.

Church honoring nation's veterans

DOWNEY - A patriotic service honoring veterans will be held tomorrow at 12:30 p.m. at The Church of Jesus Christ of Latter-day Saints, 10511 Paramount Blvd., in Downey.

Representatives from local political officials and the various branches of service will make presentations.

Elvin Galindo, mayor of Bell Gardens, will be the featured speaker. Galindo is a former Marine and longtime member of the Air National Guard.

He is currently employed as a transportation investigator for the city of Los Angeles, in addition to his duties as bishop of the Spanish-speaking Bell Gardens Ward of the Church.

A display of military memorabilia will be open following the presentations.

For more information, call Lois Buchanan at (562) 927-9790.

Weekend art show in Paramount

PARAMOUNT - The 28th Panorama Traditional Art Show begins this weekend at Progress Park Plaza in Paramount.

The show is sponsored by the Traditional Artists Guild and the city of Downey. A reception is scheduled for Sunday at 1 p.m., hosted by the Woman's Club of Paramount. Artist Cliff Barnes will give a presentation at 2 p.m., followed by the Mayor's Award Ceremonies.

For more information, call John Nowlin at (562) 925-9134 or Lee MacMahon at (562) 867-1875.

Amateur radio club meets Thursday

DOWNEY - The next meeting of the Downey Amateur Radio Club will be held Thursday at 7:30 p.m. in room 120 at First Baptist Church of Downey. The entrance is on 2nd Street, east of Downey Avenue.

You do not have to be a licensed amateur radio operator to attend and visitors are welcome.

For more information, call (562) 861-6069.

Calvary Chapel celebrating military

DOWNEY - Calvary Chapel Christian School in Downey will host Armed Forces Day on May 16. The community is invited to attend.

The event will feature a breakfast, memorabilia displays, and guest speakers, in addition static displays, a rock wall, miniature F-16 jet fighter, a Humvee, and possibly a helicopter.

All branches of military will be represented. Retired Army Gen. William Boykin is scheduled to make an appearance.

For more information, call (562) 803-4076.

Job fair expected to draw hundreds

NORWALK - Cerritos College's annual Career Expo and Job Fair will be held March 26 from 9:30 a.m. to 1:30 p.m. in the Library/Falcon Square sidewalk.

The event, which draws more than 300 visitors each year, is free and open to the public. Attendees are advised to dress in business attire and bring copies of their resumes with them.

During the expo, visitors will have opportunities to speak with recruiters, learn about different companies, explore job opportunities, and receive tips of their resumes and interviewing skills.

The current list of participating employers includes the cities of Inglewood and La Mirada, Compton Unified School District, Disney College Program, FedEx Ground, Los Angeles County Airport Police, Los Angeles County Probation Department, Los Angeles County Fire Department, Link Staffing, Primerica, State Department of Rehabilitation, UPS, and more.

A resume writing workshop will be offered March 9 from 11 a.m. to noon in LA 31 and March 19 from 5-6 p.m. in SS 211.

For more information, call Christina The at (562) 860-2451, ext. 2367.

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CONFESSIONS OF A SHOPAHOLIC PG (11:15, 2:05, 4:40), 7:20, 9:55
FRIDAY THE 13TH (2009) R (12:00, 2:30, 4:50), 7:35, 10:10
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Richard English was an attorney and former council member in Lynwood. Services will be held tomorrow.

Richard English was Lynwood councilman

DOWNEY – Richard M. English, a longtime Downey resident, died Feb. 23 in Rancho Mirage. He was 80.

He was born in Buffalo, N.Y. in 1928, the first born to Matthew and Marion English. His father, Matt, owned a gas station in South Buffalo for 26 years. In 1950, Richard and his father opened Matt English Restaurant and Bar. They sold the restaurant in 1954.

Richard attended Public School No. 72 and South Park High School, where he excelled in football and track. As a freshman, Richard was tagged with the nickname "Bulldog," which stuck with him for his lifetime.

After graduating from high school in 1946, he enlisted in the Army. He spent 1947 as part of the occupation of Japan. He then attended the University of Buffalo and its law school under the G.I. Bill. During college and law school, he worked for six summers as a Hall's Bakery salesman.

In 1952, Richard married Nan Kinney of South Buffalo. After law school graduation in 1953, he started a law practice. However, in late 1954, they moved to Southern California and settled in Lynwood, where Richard practiced law and became a city council member in 1958. A few months later, he chaired Pat Brown's campaign for governor of California.

In 1960, Richard worked full time in John F. Kennedy's campaign for president. In 1964, Richard ran for Congress as a democrat, but lost by 148 votes. He was a delegate on the Robert F. Kennedy for president slate in 1968 at Chicago's Democratic Convention.

In 1967, Richard became the first president of the statewide Democratic Volunteers of California, Inc.

His wife of 47 years, Nan, died in 1999. They had two children, Mary and Rick, and both are practicing attorneys in Southern California. They had four grandchildren.

In 1979, Richard moved to Palm Desert and established a second law practice there. In 2002, he purchased a condo in Palm Desert where he and Joyce Nease Crawford lived until his death.

Richard was a member of the New York State Bar Association; State Bar of California; Blackstorn Club of South Buffalo; life member of American Legion Post No. 1477, Lackawanna, New York; life member of Froeign Wars, Post NO. 2940, West Seneca, New York; Jacob D. Hyman Society of the U.B. Law School; and board member of the Desert Foundation for Democracy.

A memorial service will be held tomorrow at 10 a.m. at Forest Lawn Chapel, 69855 E. Ramon Rd., in Cathedral City, followed by a celebration of life at the Marriott Desert Springs in Palm Desert.

In lieu of flowers, the family requested a contribution in Richard's name to the Sisters of Mercy, 625 Abbot Rd., Buffalo, N.Y., 14220.

Wilma Wilson was longtime resident

DOWNEY – Wilma Maxine Wilson, born in Joplin, Mo. and a former longtime Downey resident, died Feb. 13 in Montebello.

A viewing was held Feb. 18 at Miller-Mies Mortuary. A funeral service was held the following day at the Miller-Mies Mortuary Chapel. Burial was at Inglewood Park Cemetery.

She is survived by her son, Donald, and his wife, Dorothea; daughters, Linda and Barbara; sister, Madeline McCaslin; and grandchildren, Donald Jr., Lisa, Michelle and Ryan.



A Downey resident for 60 years, Donna Ambrosia passed away Feb. 23. She graduated from Downey High School in 1955.

Donna Ambrosia mourned by family

DOWNEY – Donna Ruth Di Ambrosia, a resident of Downey for 60 years, passed away Feb. 23 following a 17-month battle with cancer.

She was born Aug. 25, 1937 at Doctors Hospital in Los Angeles to William and Helen May. She graduated from Downey High School in 1955 and attended Compton and Fullerton junior colleges.

She worked for Lockheed and then Ford Motor Co. in 1958, where she met her future husband, Kenneth. They were together 50 years, spending 45 years as husband and wife.

Ambrosia is survived by her husband, Kenny; two daughters, Gina and Lisa; son-in-laws, Gary and John; and granddaughters, Kayla and Alyssa.

In lieu of flowers, the family requests a donation on Ambrosia's name to the Melanoma Research Foundation (www.melanoma.org).

Judith Ann Kemp was first grade teacher

DOWNEY – Judith Ann Kemp, a first grade teacher at Rio Hondo Elementary School in the Downey Unified School District for 35 years, died Feb. 15 after a seven-year battle with cancer. She was 66.

She grew up on a farm north of Madison, S.D. She graduated from General Deadle High School in Madison and then Augustana College in Sioux Falls.

She taught elementary education in Faribault, Minn. and then in Portland, Ore., where she met her future husband, Tom. They were married in Faribault on June 9, 1970 and came to live in Cerritos.

She was preceded in death by her father, Edwin Dragseth, and her sister, Cynthia Stewart.

She is survived by her husband, Tom; mother, Bernice Dragseth; sisters, Mary (Dean) Van Der Werf and Sonya (Dave) Thayer; nieces and nephews, Sara, Amy, Paul, Kelly, Jackie, Angie, Sally and Dan; mother-and father-in-laws, Wiley and Blanche Kemp; brothers-in-law, Jim



A funeral will be held tomorrow at Rose Hills for William Sarell, a longtime Downey resident who died Feb. 21.

William Sarell served in WWII

DOWNEY – William Sarell, a longtime resident of Downey, passed away Feb. 21 from complications of kidney failure.

He was born in Golden, Colo. After graduating high school, he joined the Navy to serve his country during World War II.

After the war, he went to work for Owens-Illinois Glass Company where he met his future wife, Loraine. They were married Nov. 22, 1947. In 1950, they moved to Downey where they built their home that they have lived in ever since.

He was active in scouting, local schools, and was commissioner of baseball for DJAA while his boys were growing up. He was a member of Trinity Baptist Church since 1967.

He was preceded in death by his wife on Nov. 26, 2007, four days after their 60th wedding anniversary.

He is survived by his sons, Edward, Gary, Mark and their wives; eight grandchildren; and four great-grandchildren.

Funeral services will be held tomorrow at Rose Hill's Hillside Chapel at 9 a.m. A viewing will be held today from 5-8:30 p.m.

(Barbara) and Mark (Laurie) Kemp; and other friends and family.

A memorial service will be held tomorrow at 11 a.m. at El Dorado Park Community Church, 3655 N. Norwalk Blvd., in Long Beach. A final memorial service will be held at her hometown church March 7 at Lake Madison Lutheran Church in Madison, S.D.

E-waste collection this weekend

MONTEBELLO – The Montebello Town Center is accepting recyclable electronic products today and tomorrow, including TVs, monitors, keyboards, phones, fax machines, and more.

Partnering with Mission Recycling, the shopping center will collect e-waste Friday and Saturday from 9 a.m. to 3 p.m. The Montebello Town Center is at 2134 Montebello Town Center Drive in Montebello. For more information, call Tish Cabezas at (323) 722-1776.

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Defense helps Downey return to winning ways

■ Soccer team was penalized for 10 red cards last year. This season, team has only been called for one.

By SCOTT COBOS, STAFF WRITER

DOWNEY – No regrets for 80 minutes on the pitch was adopted by a Vikings soccer team that was demoralized after a loss to Lynwood, sending them into a dark spiral that watched them start league play 0-3.

With a repeat of the season before lingering in the back of their minds, Downey responded and didn't lose another match, winning five and tying two of their last seven games to catapult a team that finished 1-8-1 last year to a final record of 13-7-3.

A last place finish wasn't in the blueprints this season. Instead, a No. 2 seed in the CIF Southern Section playoffs was awarded to the Vikings and a season full of memories that they will forever hold on to.

Led by head coach Steve Barber and assistant head coach Ian McFadyen, the Vikings transformed from a team full of undisciplined players, to a team of unselfish players. According to McFadyen, the way all the young men got along on the field was key to their success.

"Outstanding team chemistry," he said about a key to turning the season around. "Several outstanding players, but no one considered themselves to be a superstar. Occasionally a weakness of the team was over-passing because players are unselfishly looking for passes instead of looking for shots."

While this Vikings soccer team sounds like another success story, there really was something special about this group of boys on the field. Over the last two previous seasons, they brought in a record of 8-22-7.

As previously stated, this year overall, they were 13-7-3. The winning record included an upset shutout win over San Gabriel Valley League champions Paramount, beating them 3-0 at home. Also, the Vikings swept the season series with rivals Warren, shutting them out twice, 1-0 in the first game and 2-0 in what turned out to be the playoff berth clinching victory.

This team was a true testament to discipline and defense winning games. Out of the 13 wins this season, the group of goalie Tony Roman, and defensive standouts Brian Sandoval, Brian Jiminez, Francisco Samano, Jesse Navarro, Chris Macias, and Chris Manzo shut out teams eight times.

Offensively, you never knew where they were attacking from with six different players on the team scoring at least five goals. Alejandro Patino, Briant Reyes, Ralph Rodriguez, Miguel Samayoa, John Barsky, and Dennis Colindres all found the back of the net often.

The list of accomplishments seems never ending, but the one statistic that you won't find in a box score turned out to be the most important. Once again, team discipline was a huge factor in the success on the field said McFadyen.

Last year, the Vikings raked in 10 red cards causing six of their players to miss matches along with handicapping the team in the game they were kicked out of. This year, only one red card was issued to the Vikings and McFadyen claims it was disputable.

What makes the season even more fairytale like is that the Vikings had to replace seven starters from last year's roster.

The newly revamped team had a great season come to an end in the first round of the playoffs. But like the rest of the season, they definitely

Warren advances to finals

DOWNEY – Warren High School scored eight goals – two in overtime – to defeat Western High School, 8-6, in CIF semi-final playoffs Wednesday.

The Bears will face Cerritos in the CIF Finals tomorrow at the Wm. Woollett Jr. Aquatic Center in Irvine. Game time is 9:30 a.m.

After finishing regulation tied 6-6, Amber Smith and Ivana Castro scored goals in overtime to put Warren ahead. Goalkeeper Kristyn Casas had two saves in overtime to secure the win.

Casas finished with 14 saves. Smith had three goals and a steal, and Castro two goals and three steals.

The Bears also received help from Hannah Colvin (1 goal, 2 steals); Britany Vasquez (2 goals); and Leslie Poole (2 steals).



Warren's Ashley Page looks for a pass in Wednesday's semi-final playoff victory over Western. The Bears advanced to the finals tomorrow in Irvine. Photo by Catherine Page

WDLL ceremonies tomorrow

DOWNEY – West Downey Little League will hold its opening ceremonies tomorrow starting at 10 a.m. The festivities will include the introduction of this year's teams, jumpers, rock climbing, a paintball booth, face painting, and more.

WDLL is asking for all American armed forces veterans to come out and participate in the festivities as the little league will also be honoring them during the ceremonies.

A new scoreboard will also be dedicated in memory of the late Herb Welch who also has the main field named after him.

The ceremonies will be held behind West Middle School where the little league fields are located.

Register early for princess event

DOWNEY – The Downey Rose Float Association will host their second annual Princess for a Day event for young girls on March 14.

Girls ages 5-12 can spend a day with the Miss Downey and Miss Teen Downey Courts and be treated like a princess. For \$25, the girls will receive hair and makeup makeovers, learn a dance routine, construct a tiara craft, take photos, have lunch with the courts, and receive a goody bag.

The event is limited to 125 participants and will be held inside Trinity Baptist Church, 8219 Florence Ave. Girls should wear a pink or purple shirt.

Early registration will be held tomorrow from 3-4 p.m. at the church. For more information, call Miss Downey Sarah Lopez at (562) 644-3888 or e-mail sglopez07@yahoo.com.

Woman's Club going to Pechanga

DOWNEY – Seats are still available for the Woman's Club of Downey's bus trip to the Pechanga Resort and Casino on March 2.

Funds raised from the trip will benefit the club's scholarship fund. The bus will leave the Woman's Club at 8 a.m. and return between 5:30-6 p.m. Cost is \$6 for Woman's Club members, \$11 for non-members, and includes a \$5 voucher for casino play.

Bingo is played on the bus and guests must be at least 21 years old. For reservations, call Jeanine Keys at (562) 923-6620 or Doris Patterson at (562) 869-0377.

Family relationships meeting topic

DOWNEY – The Downey Christian Women's Club will listen to Lona Beardsley speak on "The Inside Story on Family Relationships" when it meets March 11 at the Los Amigos Country Club.

The meeting, titled "Spring Jewels," will feature music by Alan Kerr and Derek Delp and a special feature from Elena's Creations.

The meeting begins at 11:45 a.m. and is open to both men and women to attend.


Cost for the lunch meeting is \$13 and reservations are requested by calling Sonja at (562) 862-4347 or Jean at (562) 861-1114.



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This 3 bedroom, 2 bath home is clean and ready to move in. Nice area next to park. Buyer is moving out of state and wants it sold now. Check the price!

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TOP LISTING
Lilian Lopez/
Lorena Amaya



TOP PRODUCTION
Patricia Loya



TOP SALES
Maria Cibrian

Only 3 Units Left
3 spacious bedrooms, 3 baths, delightful fireplace, sparkling stainless appliances, granite countertop in a spacious kitchen, 2 car garage. An unbelievable low price and they are new!

Downey Rental
Beautiful 2 bedroom, 2 bath townhouse style rental. Great location!
Call STEVE ROBERSON - 562-927-2626

SELLER WANTS IT SOLD NOW!
So seller has made another BIG REDUCTION! 1593 sq. ft. central heating & A/C, fireplace in living room, large family room, new interior paint and across the street from middle school!

Room For RV
It's great starter home with 2 bedrooms, 1 bath, spacious living room, cute formal dining area, nice back yard. Owner motivated. This is not a short sale and it is priced right!

Condo Opportunity
Beautiful 2 bedroom, 2 bath, 2 car garage, close to shopping areas and freeways. Priced to a fast sale

Extra Bonus Room
SHORT SALE opportunity. 2 bedrooms, 1 bathroom, bonus room, nice neighborhood, well kept and move in condition.

This Is A Keeper
Nicely remodeled home and ready to move in. 2 bedrooms, 1 bathroom. Price for market conditions and first time home buyers.

Feels Like A House
Beautiful condo with 2 bedrooms, 2 bathrooms, living room w/fireplace, dining room, nice patio looking into beautiful landscaping.



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Broker/Owners



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24 Hour Real Estate

Prudential 24 Hour Real Estate
Office: (562) 861.7257
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Fax: (562) 861.0285

<p>Carrie Uva "Let's Talk Real Estate & Law Too!" 562-382-1252 www.CarrieUva.com</p> <p>FOR RENT</p> <p>SHORT TERM RENTAL! 3 bed, 1 bath home in North Downey. Looking for Short Term Tenant \$1,500 per month (negotiable) Call Carrie @ 562-382-1252</p>	<p>Jimmy Spathos "Jimmy the Greek" 562-400-2148 www.JimmySpathos.com</p> <p>THIS IS A STEAL!</p> <p>NORTH DOWNEY 4 BD, 3 BA, Turnkey Walking distance to Gallatin Elementary! Call Jason Lockwood 562-619-2979</p>	<p>Mario Persico "Mario Did it AGAIN!" 562-533-7433 www.MarioPersico.com</p> <p>MOVE-IN READY!</p> <p>BIG PRICE REDUCTION!! Stunning remodeled 2 BD, 2 BA. Great floor plan, PERFECT LOCATION!! Call Mario for NEW PRICE @ 562 533-7433</p>
<p>OPPORTUNITY KNOCKS! Charming Duplex in Downey with 2 BD, 2 BA and other unit 1 BD and 1 BA. Price: \$409,900 Call Carrie @ 562-382-1252</p>	<p>THE PRICE IS RIGHT 2 BD, 1 BA, PRICE: \$160,000 Call Jason Lockwood 562-619-2979</p>	<p>I'M BIGGER THAN YOU THINK! Huge Master Suite. Glorious Kitchen & Family room 4 BD, 3BA, 3000 + Sq ft. Remodeled!! Virtual tour at www.MARIOPERSICO.COM</p>
<p>JUST LISTED!!!</p> <p>A SMART BUY! 3 bedroom, 2 bath home in Downey with living room, fireplace, nice back yard & freshly painted! Price \$345,000 Call Carrie @ 562-382-1252</p>	<p>APPROVED SHORT SALE! 3 BD, 1 BA, HUGE backyard ONLY \$290,000 Call Sonia Banuelos (562) 972-7115</p>	<p>Buying?... or Selling?... Call Mario Persico for a FREE Professional Consultation On ALL your Real estate questions</p>
<p>HOUSE AND GUEST HOUSE! Super clean 3 BD, 2 BA home with central air & heat and 1 BD, 1 BA guest house. Price: \$479,900 Call Carrie @ 562-382-1252</p>	<p>OPEN HOUSE 5 bedrooms, 4 baths over 4,000 sq ft in North Downey 9032 Gotham Downey Wont Last! Call Marie Picarelli (562) 618-0033</p>	<p>COMING SOON!</p> <p>DOWNEY CHARMER! 3 BD, 2 BA, Great Location, Turnkey Condition! Regular Sale! Call Mario For More details</p>
<p>AVOID PROBATE!</p> <ul style="list-style-type: none"> • Living Trusts • Wills <p>Make Your Living Trust!!! (\$50 discount if done by 3-31-09) CALL CARRIE TODAY! (562) 382-1252</p>	<p>IN ESCROW!</p> <p>GREAT CURB APPEAL 2 BD, Large Family Room w/ Fireplace PRICE: \$399,000 Call Mary Jane Lee 562-618-0390</p>	<p>BACK UP OFFERS!</p> <p>SHORT SALE! HUGE 3 BD, 3BA. Amazing Floorplan! Vacant & Move in Ready! Sold in '05 for 740k Now...\$499,000!! MARIO PERSICO SELLS DOWNEY! Born * Educated * Lives * Worships in Downey</p>

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FREE Short Sale Analysis
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<p>JUST LISTED</p> <p>Investment Opportunity 3BD SFR on a 5,720 sq ft lot w/ potential to add a 2nd unit. Property has a 2 car detached garage & large yard. Perfect for either remodeling existing house or for the contractor-type looking to build on lot. Price: \$299,000 Call Michael Berdelis at (562) 818-6111</p>	<p>Centrally Located! 3 BD, 2 BA North Downey home, 1539 sq ft living space, 6360 sq ft lot, 2 car det garage. Price: \$399,900. Call Michael Berdelis at (562) 818-6111</p>	<p>Great Neighborhood, Great Price! 3 BD, 2 BA Northeast Downey home with large yard, enclosed patio, hardwood floors, and living room with fireplace. Price: \$469,000 Call Michael Berdelis at (562) 818-6111</p>
<p>OWNER WILL CARRY</p> <p>Downtown Downey Development! 2BR+den, 1BA house w/ 2 car garage & large parking in backyard, on a 8799 sq ft lot, can be built into a 7000 sq ft office/retail bldg. Price: \$499,900 Call Michael Berdelis at (562) 818-6111</p>	<p>SHORT SALE</p> <p>Home Sweet Home! 3BD, 2BA, including a master bedroom w/ large bathroom, 1,603 sq ft, 6,230 sq ft. lot size, hardwood floors, pool, and patio. Price: \$549,900 Call Michael Berdelis at (562) 818-6111</p>	<p>PENDING</p> <p>Cherokee Estates Charmer! 4BD, 2.75 BA, N. Downey Home w/ spacious family rm, updated kitchen w/ newer appliances & granite counters, pool size yard, 9900 sq ft. lot, and a master bedroom. Starting at \$679,000! Call Michael Berdelis at (562) 818-6111</p>
<p>REDUCED</p> <p>NE Downey Home! 3 BD, 2.5 BA, 2587 sq ft, large master bedroom, new roof, 3 car garage, 10005 sq ft lot. Priced right @ \$769,950 Call Michael Berdelis at (562) 818-6111</p>	<p>REPO</p> <p>A Real Steal! 5 BD + office, 4 BA, master suite w/ fireplace, 3,750 sq ft, 6,480 sq ft lot. Price: \$899,000 Call Michael Berdelis at (562) 818-6111</p>	<p>REPO</p> <p>Let's Make a Deal! 5BD, 4BA, 3800 sq ft., pool and spa, 3 car garage. Price: \$929,000 Call Michael Berdelis at (562) 818-6111</p>
<p>OPEN HOUSE</p> <p>A-1 Neighborhood NE Downey 5 BD, 4 BA home w/ entertaining floorplan, 3240 sf, large master suite, oversized 3 car gar w/ workshop, many great amenities, & large yard with pool/spa. Price: \$995,000 Call Michael Berdelis at (562) 818-6111</p>	<p>PENDING</p> <p>The Dream Deal in Downey! 5 BD, 3.5 BA main house + 3 BD, 1 BA guest house with amazing amenities, awesome pool & spa, and approx 20,000 sq ft lot in North Downey. Price: \$1,499,000 Call Michael Berdelis at (562) 818-6111</p>	<p>REDUCED</p> <p>Northeast Downey Estate! 5 bed, 4 bath, 3966 sq ft house + 1000 sq ft guest house on a 20,040 sq ft lot. Remodeled like new 6 years ago and priced to sell @ \$1,799,000. Call Michael Berdelis at (562) 818-6111</p>

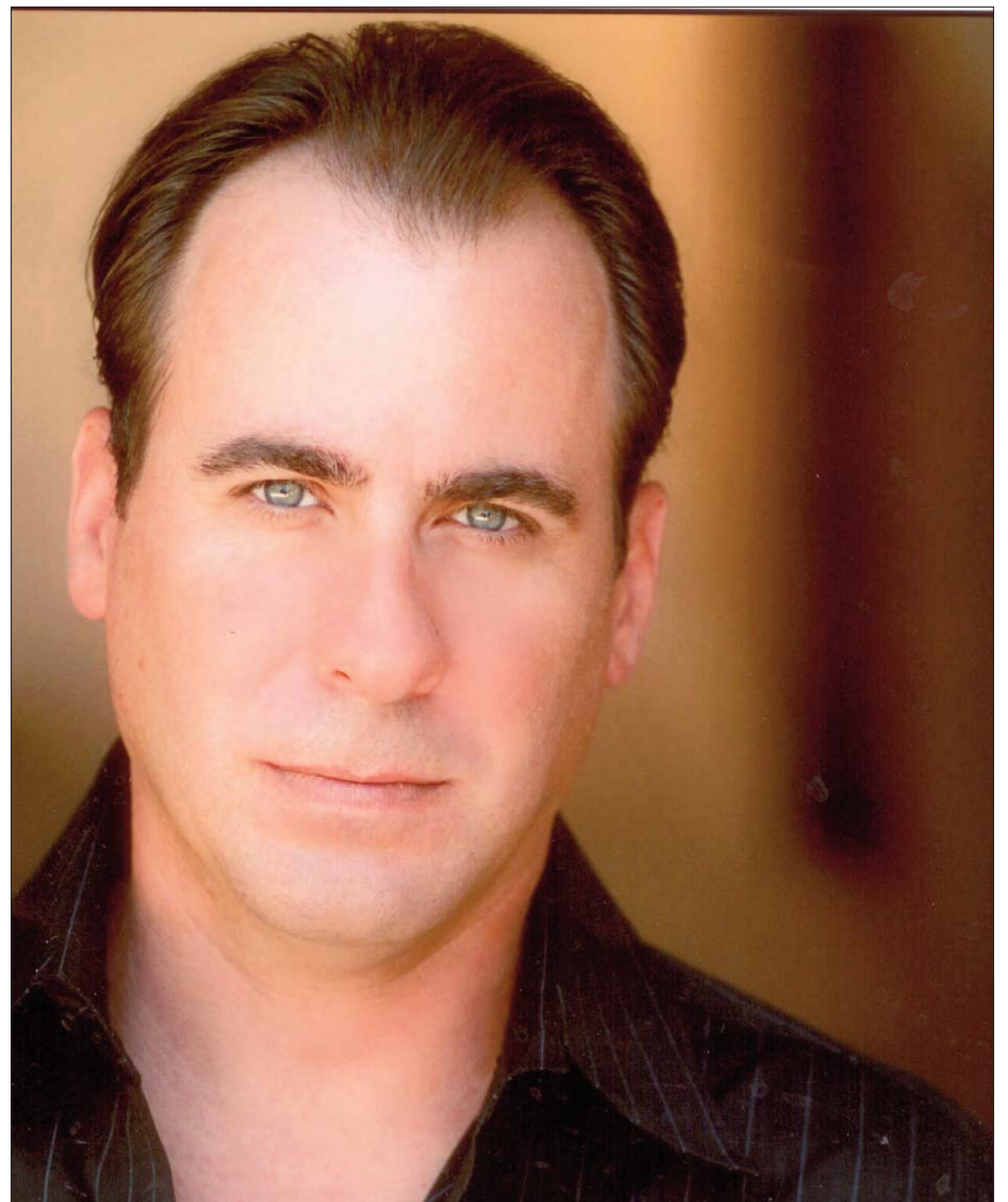
View these homes at: www.MichaelBerdelis.com



Assemblyman Hector De La Torre (D-South Gate and Downey) recently met with Arc of California President Pat Heineke and Kevin MacDonald, executive director of Arc of Southeast Los Angeles County, to discuss major cuts in funding to Arc that are included in the state budget.



Rep. Lucille Roybal-Allard was recognized for a perfect score on a veteran organization's congressional report card. From left: Patrick Campbell, IAVA's chief legislative counsel, who served with the 256th Infantry Brigade in Iraq as a combat medic; Roybal-Allard; and Cara Hammer, who served in Iraq as support staff for the 1st Infantry Division.



David Kirk Grant plays Hennesey in "Dames at Sea," now playing through March 8 at the Downey Theatre. Tickets to the production, presented by the Downey Civic Light Opera, are available by calling (562) 923-1714.