

# The Downey Patriot



**Former coach passes away**  
See Page 7



**My Real Estate at 35 years**  
See Page 11



**Dental program now accredited**  
See Page 3

Friday, August 7, 2009

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8301 E. Florence Ave., Suite 100, Downey, CA 90240

## Miss Nicaragua



Yorlin Guido, left, and Alyssa Rico will represent Nicaragua at upcoming pageants. *Courtesy photo*

## Downey women crowned at pageant

**DOWNEY** – Two young ladies from Downey have been crowned in their respective pageant competitions and will compete in Latin American pageants.

Alyssa Rico, 20, was crowned Miss Nicaragua on July 31. She will now compete in the Senorita Centro y Sur America (Miss Central and South America) in November.

Rico graduated from St. Joseph's High School in 2007. Yorlin Guido, 18, was crowned Miss Nicaragua L.A. and will compete in the Miss Panamerican International, likened by some to the Miss Universe pageant for Latin American countries.

Guido graduated from Warren High School in June.

## 'Pops in the Park' next at Furman

■ Downey Symphony to give free concert Wednesday.

By JOYCE SHERWIN,  
DOWNEY SYMPHONY

**DOWNEY** – Musicians from the Downey Symphony have delighted audiences in Furman Park every summer for nearly 15 years, so the concert they will present next Wednesday evening, Aug. 12, is the continuation of a fine, enjoyable tradition.

Music Director Sharon Lavery has programmed unforgettable works by American composers in a concert she calls "Medley Mania." You will recognize music by Andrew Lloyd Webber ('Phantom of the Opera') and Leonard Bernstein ('West Side Story'), catchy songs from 'Oklahoma!' and 'The Wizard of Oz,' and there will be cartoon and sitcom 'symphonies' as well. It's Pops in the Park, and it starts at 7 p.m. What fun.

"I am thrilled to have another opportunity to present a 'Pops in the Park' concert for the Downey community," Lavery says enthusiastically. "This free concert is not

only a great way to give back to our generous patrons, but also a chance to gather the community together as we celebrate the wonderful music of some of our finest American composers."

So bring friends and family, dogs, blankets, folding chairs and the day's stresses to Furman Park on Wednesday for a pleasant, relaxing pops concert that will send you home with a song in your heart. And fewer frazzles. The park is on Rives Avenue between Firestone Boulevard and Florence Avenue, and you can purchase refreshments right there.

In funding this performance, the Hoag Foundation demonstrates its support of the arts in Downey, and we are very grateful for its generosity. The Symphony, now in its 52nd consecutive season, presents three evening concerts annually, and also provides outreach with its Music in the School program that touches every elementary child in the city every year.

The orchestra's opening concert, held in the Downey Civic Theatre, will be on Saturday, Oct. 24. Find out more with a visit to our friendly website, [www.downeysymphony.com](http://www.downeysymphony.com).

## Is Downey Studios safe?

■ Former workers claim toxins at Downey Studios made them sick. City, studio executives deny the charges.

By CHRISTIAN BROWN

**DOWNEY** – Since the *L.A. Times* reported the claims of dozens of film workers who relate their health problems to hazardous conditions at Downey Studios, city officials, studio executives and injured workers have refused to waver, and vow to defend their arguments.

Published on Aug. 2, the *Times* article analyzed the claims of many film workers who say they have developed severe symptoms, such as headaches, memory loss, tremors, and rashes since working on the former NASA site.

"The place is a toxic dump," said Leonard Martin, 45, who worked as a prop maker at Downey Studios in 2002 on the film "Dare Devil" and in 2004 on "The Island."

"I was so sick, but I thought it was the regular flu," said Martin, in a phone interview. "The specialists didn't know what was going on with me."

According to a 2005 medical report, Martin experienced a number of symptoms including headaches, dizziness, short term memory loss, chest tightness and cough.

Based upon the report, it was the doctor's impression that the condition was related to airborne contaminants found at Downey Studios. Martin is still immersed in a legal battle over compensation for his illness.

For Martin, the *Times* article offered some vindication, giving workers, like himself, a chance to share their stories.

Stuart Lichter, president of Industrial Realty Group, which operates Downey Studios, called



Downey Studios most recently filmed "G.I. Joe: The Rise of Cobra," which opens today nationwide. *Photo by Art Montoya*

the article "inconsistent and sensational."

"It's a total, fabricated lie," Lichter said over the phone. "This is one of the most documented sites, from its federal ownership to our ownership of the property."

Lichter maintains that the property is environmentally safe from every point of view.

The *Times* article examined the medical reports of former workers and presented inspection records from the Los Angeles Regional Water Quality Control Board, who reviewed the property's remediation.

In August 2003, yellow-green spots of soil contaminated with chromium were excavated from underneath Building 1, the main studio building, as workers built a 60,000-square-foot indoor water tank for the film "Lemony Snicket's A Series of Unfortunate Events."

Production halted inside the building and crews went home until samples of the soil were tested. Tests confirmed the presence of hexavalent chromium and the contaminated soil was taken out of Building 1 to the back lot.

Prolonged exposure to hexavalent chromium can cause irritation and damage to the nose, throat and lungs.

IRG's vice president of construction and project management, Tom Messmer, remembers the cleanup process.

"There were two piles of dirt," said Messmer. "One was harmful and it was covered in plastic with sandbags around it. The other tested safe."

On the Downey Studio property, Messmer pointed out where the contaminated soil was placed, several yards away from the 16-home suburban street set on the studio's back lot. Once the contaminated soil was removed from Building 1, production for "Lemony Snicket" continued inside the studio.

Messmer initially told the *Times* that no production occurred outside until after the contaminated soil was removed, but later acknowledged that production crews for "Taxi" and "Christmas With the Kranks" were present during that time.

Jeff Hill, a lighting technician on the film "Taxi", argued in the *Times* story that his work, laying cable, outside Downey Studios caused him to develop lesions on his arms and a growth on his thyroid.

"If I had known about the contaminated soil, I never would have stepped foot on that property," said Hill, 43, in the *Times* article.

Messmer said the production crews were properly notified of the soil and maintained that the soil was nowhere near the filming of "Taxi."

The soil was entirely remediated by Feb. 10, 2004, according to water board records.

Vickie Travis, 59, of Antelope Valley, advocates medical treatment for those claiming illnesses after working on the former NASA site.

"I worry about the little kid digging in that dirt," said Travis. "This is about your kids and grandkids – it has nothing to do with any movie studio."

Travis runs a website which chronicles the history and transfer of the NASA property and questions whether the land is free of contaminants.

"My hope is to get these people some help," said Travis. "I've interviewed hundreds of people who got sick on that site. They all had the same story and didn't even know each other."

Mayor Mario Guerra, in a statement released Monday, assured Downey residents that the property has been thoroughly evaluated and is environmentally safe.

"I know this personally...I have seen the details and the efforts that have been made throughout the years," wrote Guerra. "I feel they are mistaken about where their injuries occurred. The facts back us up."

Despite Guerra's confidence, Martin insists IRG is being untruthful about the safety of Downey Studios.

"They can't say, 'Our hands are clean,'" said Martin. "You wouldn't have a whole bunch of people sick if nothing was wrong."

## Chamber names its 'Businesses of the Year'

■ Philly's Best, Downey Plumbing get top honors.

By ERIC PIERCE,  
CITY EDITOR

**DOWNEY** – Downey Plumbing, Heating & Air Conditioning was recognized as "Large Business of the Year" by the Downey Chamber of Commerce at an awards luncheon last Friday at the Rio Hondo Event Center.

Philly's Best at Downey Landing, owned by Nick and George Adams, won the "Small Business of the Year" award.

Downey Plumbing has been a Chamber member since 1960 and have sponsored or donated to many Chamber and community events, including the Chamber Golf Classic, Rancho Los Amigos Golf Tournament, the Wheelchair Games, the annual Oldies but Goodies to benefit Easter Seals, and the Lion's Club Bike Ride.

Manager Joe Keays has served two terms as treasurer of the Chamber's board of directors, and has also been chairman of the Golf Committee.

Philly's Best has shown strong support for Downey and Warren high schools' football programs. They have also supported the Downey Street Faire, True Lasting Connections, Arc and other organizations.

The Chamber also recognized its volunteers and directors.

"Director of the Year" went to George Zoumberakis of Trilogy Financial Services. Zoumberakis sits on the Chamber's board of directors and recently took over as chairman of the Chamber Golf Classic.

Steve Roberson of Century 21 My Real Estate was honored as "Volunteer of the Year." Roberson serves as chairman of the Membership Events/Concert Committee where each year he works to promote and organize the Oldies but Goodies fundraising concert.

"Committee Persons of the Year" were Jan Scott, Mike Murray, Joe Keays, Jeannie Wood, Luis Cetina, Roger Nordin and Rick Rodriguez.

In keeping with the "Dancing with the Chamber Stars" theme, award presenters dressed as their favorite TV dancers and hosts.



George and Nick Adams, owners of Philly's Best, won "Small Business of the Year" from the Downey Chamber of Commerce.



Chamber president Robert Zavala, right, congratulates Joe Keays of Downey Plumbing, Heating & Air Conditioning. *Courtesy photos*

## Thieves steal donations from OLPH

**DOWNEY** – An undisclosed amount of money was stolen from Our Lady of Perpetual Help Catholic Church after two male suspects broke into a church worker's car last month, authorities said.

"The man was quite surprised when it happened – he was on his way to the bank," said Detective Paul Koppes, who is overseeing the case.

According to the police report, the worker was in the car preparing to leave the church on July 6 around 11:40 a.m. when a Hispanic male, around the age of 40, broke a back window and took the church funds, which were sitting on the back seat.

The second suspect, a Hispanic male between the ages of 30-40, drove both suspects away in an unknown year, tan sedan with paper license plates.

"We just want to alert the public and churches in the area to be on the lookout," said Koppes. "During these tough times, churches might want to find more formidable ways to transport their funds."

Our Lady of Perpetual Help declined to comment.

—Christian Brown

## Car flips over on freeway, two dead

**LOS ANGELES** – A car driven by a Downey woman missed a freeway transition on Sunday, causing the car to roll over several times and killing two passengers, authorities said.

The 20-year-old driver, who was not identified, and three passengers were transported to local hospitals.

Paramedics declared Karla Castillo, of Los Angeles, and Cindy Luna dead at the scene. No place of residence was listed for Luna.

According to the California Highway Patrol, the 1998 BMW 328i was traveling north on the Harbor (110) Freeway at about 1:49 a.m. when the driver missed the eastbound transition to the Glenn Anderson (105) Freeway.

The driver sharply pulled the car to the right and lost control, authorities said. Four passengers were ejected.

The driver and three passengers who survived have been listed in serious to critical condition, a CHP spokesman said.

## Library to close half-day next Friday

**DOWNEY** – The Downey City Library will be closed Aug. 14 from 10 a.m. to 1 p.m. to allow library employees to attend a half-day staff development workshop.

The library will be open from 1-5 p.m. that day.

When the library is closed, the public may return library materials in two bookdrops located near the entrance doors.

Materials may be renewed via the library's automated Customer Service line at (562) 869-5723.

## Search for Jewish culture in Asia

**DOWNEY** – "Pepper, Silk and Ivory: Seeing the Orient Through Jewish Eyes," is the topic of the Aug. 18 meeting of the Ezra Center for Mature Adults at Temple Ner Tamid in Downey.

Jean Franklin and Ed and Polly Schechter will tell of their travel to China and Japan with Rabbi Marvin Tokayer.

The speakers will share pictures and memories of their trip, in which they searched for Jewish culture and history.

The meeting is free and begins at 10 a.m. A catered kosher lunch will be served afterwards at a cost of \$6 for Ezra members and \$7 for non-members.

For more information, call Miriam Brookfield at (562) 943-3170.

## Walgreens set to open Monday

**DOWNEY** – The new Walgreens at Lakewood and Firestone boulevards will celebrate its grand opening Monday from 10 a.m. to 6 p.m.

A ribbon-cutting ceremony with the Downey Chamber of Commerce is scheduled for noon.

Radio station KIIS-FM will be in attendance. Residents are invited to attend and take advantage of free products, vendor novelties, special prices and a raffle.

The Walgreens is located at 9018 Firestone Blvd., next to Big Lots, and is already open.

## St. Raymond's hosting bingo luncheon

**DOWNEY** – The Italian Catholic Federation of St. Raymond's Catholic Church will host a bingo luncheon Aug. 16 at 1 p.m. inside the Msgr. Robert Gipson Hall, 12349 Paramount Blvd.

Cost is \$10 and includes lunch, a door prize, and one free bingo card. A \$25 money tree and other prizes will be raffled.

For tickets or information, call Aline Amatisto at (562) 963-9430 or Charlene Drobeck at (562) 928-1937.

## Dinner to benefit cancer research

**DOWNEY** – The third annual Sue Phillips Memorial Fundraiser will be held tomorrow at the Masonic Lodge in Downey.

Cost is \$35 and includes an Italian dinner, bingo and a silent auction. Proceeds will benefit the Avon Breast Cancer Foundation.

The dinner begins at 6:30 p.m. RSVP by e-mailing [suesmemorial@hotmail.com](mailto:suesmemorial@hotmail.com) or call (562) 861-4165.

## Free golf clinic tomorrow

**DOWNEY** – John Marshall, a two-time super senior national long-drive champion, will give a free clinic tomorrow at Los Amigos Country Club.

Golfers looking to increase their distance off the tee can benefit from the clinic.

Marshall, who can still drive golf balls well over 300 yards even at age 61, will explain the fundamentals of power golf and demonstrate them as well.

The long drive clinic is free and begins at 11 a.m. For more information, call (323) 255-3935 or visit [www.allaboutgolf.us](http://www.allaboutgolf.us).

## Yard sale for baseball club

**DOWNEY** – A yard sale to benefit the SoCal Legends 12U travel baseball team will be held tomorrow from 7 a.m. to noon at 7814 Dacosta St. (near Tweedy Lane).

All proceeds will be donated to the team to help pay for tournaments, uniforms and more.



Scaffolding practically obscures the image of the Virgin Mary with her arms open wide in welcome in center, with iconic paintings of an evangelist on one side and a scribe on the other. The stylistic icons in the bottom include those of Gabriel the archangel, St. George, Christ, John the Baptist and Michael the archangel. Photo courtesy St. George Greek Orthodox Church

## Painting resumes at Greek church

BY HENRY VENERACION, STAFF WRITER

**DOWNEY** – Work on the interior of St. George Greek Orthodox Church, which ministers to some 200-250 regular Greek family congregants in the Greater Downey area, resumed early last month.

When Athens painters Spiro Tsilikaras and his wife Katerina Vlachou return home to Greece next week, they will have completed Stage III of their painting project.

They began working on the first phase of the church's interior beautification program in the summer of 2006.

Harold Tseklenis, a valued Downey Greek community resource person and very much a Byzantine historian, helped explain what has been accomplished so far. Stage I's main accomplishment four years ago, he said, was the large painting of the Virgin Mary

overlooking the altar (containing the Blessed Sacrament) with her arms opened wide in welcome ("Platitera").

Stage II consisted mainly of painting icons on the walls. Stage III (this summer) involved the painting of the Anunciation, of the apostles, and the four evangelists, Matthew, Mark, Luke, and John.

The way Tsilikaras, a 1977 graduate of the Ruskin School of Drawing & Fine Arts at Oxford University, does it is he paints the icons on panels in Athens, has them shipped over here, glues them onto the walls, and paints the background and other finishing touches.

It is a technique shared by his wife, who simultaneously puts in her detailed renderings in another section of the church interior. Theirs is of the Macedonian school of painting, he once said, which is characterized by a lighter, more expressive stylization than the austere, darker Cretan style (the Ionian

style was adopted by Renaissance painters).

The interior beautification program is proceeding slowly but surely, "as funds permit," in Tseklenis' words. The Very Rev. Archimandrite John E. Constantine, pastor of St. George, foresaw this.

He said sometime back, referring to the many still unpainted, white blank spaces of his church, "Filling them with icons could conceivably be a task for the next generation."

Still, in a special service next April, said Tseklenis, following Greek Orthodox tradition, St. George will be consecrated. This will include, he said, the "anointment of the Holy Altar and the church building. The church will be a little more presentable by then."

The church holds its annual Greek festival in the first weekend of June.



Two 4-ft leopard sharks were discovered inside a Norwalk trashcan on Monday. SEAACA officials are seeking the public's help to find out where they came from. Courtesy SEAACA

## Dead sharks turn up in Norwalk

**NORWALK** – Animal control officers on Monday discovered two 4-ft leopard sharks that had been dumped inside a trashcan in Norwalk.

SEAACA officers made the discovery after a resident reported a foul smell coming from the trashcans.

The leopard sharks were intact, but one had a 3-inch incision on its belly.

"We do not know why or how

these two fairly good-sized creatures ended up dumped in a resident's trashcan, so we are asking for any information to help explain where they came from, and under what circumstances they died," said Capt. Aaron Reyes, director of operations for SEAACA. "The incision on the shark's belly is a concern for our investigators."

Leopard sharks inhabit the California coastline and are protected by anti-poaching laws,

Reyes said.

It is illegal to possess a leopard shark smaller than 36 inches. Larger sharks can be kept only with a permit from the state Department of Fish and Game.

Leopard sharks must be allowed to move freely and have the ability to turn safely within the tank, Reyes said.

Anyone with information on the sharks is asked to call SEAACA at (562) 803-3301, ext. 229.

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## Graduation rates at DUSD top county, state levels

BY HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – The task of high school education is never an easy thing. This is true at the Downey Unified School District as anywhere else.

Here, following state guidelines, students have to be taught according to a standards-based curriculum, using appropriate textbooks. Their progress has to be regularly assessed by presumably well-trained teachers and an instructional staff that must be alert to ever morphing student needs and attitudes, not to mention class requirements.

To accomplish all this, classrooms and campuses are organized and made safe, adequate services are made available, and resources put to good and effective use. These of course apply to all the students in the district.

Further, nobody need be reminded of the anxiety-riddled budget process stakeholders have had to undergo in recent months.

The district's one overriding goal? Student success—either in terms of a student's earning a high school diploma or one's readiness for college or one's capability to pursue any worthwhile alternative career choice.

There are a number of ways to measure student achievement. One is the Standardized Testing and Report (STAR) program, which tests student achievement vs. content standards.

Another is the California High School Exit Exam (CAHSEE) for Grades 10, 11, and 12, as well as Adult School; this is required for graduation.

A third is graduation rates, of which we have some statistics in a report provided by Dr. Sara Cairns, DUSD Director of Secondary Education.

Cairns said the combined Downey High, Warren High, and Columbus High graduation rate for 2008-09 has been tentatively set at 92 percent. These figures are cause for rejoicing.

These test results and student performance evaluations are important elements that find their



Photo courtesy Downey Adult School

### Dental program gets accreditation

**DOWNEY** – Downey Adult School's Dental Assisting Program has received accreditation from the California Dental Association, the school announced this week.

The Dental Assisting Program and its curriculum are now lined up with other community colleges and private schools in the state.

"This is another example of how Downey Adult School provides affordable and quality education to the community of Downey and its neighboring cities," the school said in a statement.

way into the state's Academic Performance Indicator (API) report (the state's assessment system) and the federally-administered Annual Yearly Progress (AYP) report—both yardsticks for accountability, both bases for funding. Judging by past reports, DUSD has invariably done well by these standards.

"We want our kids to succeed," said Cairns. "Every student should be successful."

Historically, states have set their own educational standards and accountability systems, with California one of three states setting the pace. Thus, Algebra I became a requirement in Grade 8 instead of being part of the traditional Grade 9 curriculum. This has called for accelerated learning programs and teacher reorientation.

There are other issues that need to be addressed. For example, in any given year about 1,000 students—across the K-12 spectrum—enter and exit the district. This calls for tracking the comings and goings, identifying the 'drop-

outs' vs. the 'transients'. "The district has been relentless in tracking this traffic," said Cairns. "Clerical errors and the like, in this and other respects, have been unavoidable."

The matter of No Child Left Behind is familiar to all. NCLB mandates that every student—whether an English Learner or a Special Ed student or whatever—attain the *proficient* level by the year 2014 (student scores are labeled *far below basic*, *below basic*, *basic*, and the API- and AYP-qualifying *proficient* and *advanced*: such are the high standards adopted in California!).

Cairns said that in a related development, presumably cognizant of the difficulties such stringent standards have caused, the governor has waived the CAHSEE requirement for Special Ed students starting in 2010.

Three years ago, DUSD was one of three districts chosen to use the electronic-driven California Longitudinal Pupil Achievement Data System (CALPADS) pilot

project, for data reporting purposes. It is anticipated that all districts in the state will join the system online by Aug. 31.

By the same token, Cairns said President Obama is leaning towards a national content standards system, which signals curriculum standardization. Whether this will gain full traction, or whether a little tweaking here and there is all that will be involved, is a subject of debate.

What is not subject to debate is student achievement as the holy grail of high school education. As Cairns said, "We're doing good, but we can always do better."

### Kohl's in Downey now hiring

**DOWNEY** – Kohl's is looking to hire nearly 1,800 people as it prepares to open 12 stores in the Los Angeles area next month, including a store at Stonewood Center in Downey.

A job fair is scheduled this coming week at the Embassy Suites in Downey for people seeking a job at the Stonewood store. Applicants should visit [www.kohls Careers.com](http://www.kohls Careers.com) or call

(877) NEW-KOHLs to schedule an interview.

According to a statement, Kohl's employees are encouraged to volunteer for local youth-focused nonprofit organizations. Kohl's also issues corporate grants and scholarships to local children.

Kohl's will open 30 new stores in California this fall, bringing their total number of stores in the state to 121.

### Crime Watch

#### Monday, July 27

•At approximately 3 p.m., officers responded to a call of a residential burglary in the 10700 block of Clancy Avenue. The suspects gained entry to the residence and took a television from the location.

•Around 9 p.m., officers responded to the 8200 block of Telegraph Road regarding a call of a subject possibly armed with a handgun. Eleven subjects were detained, however, officers did not locate a handgun.

•At approximately 10:30 p.m., officers responded to a call of an armed robbery at a business located in the 10800 block of Studebaker Road. The suspect, who had his face concealed by a bandana, entered the store holding an assault rifle. The suspect fled the location with cash and other items from the store.

#### Thursday, July 30

•Around 12:30 a.m., officers responded to a call of a fight at a residence in the 13000 block of Eastbrook Avenue. Officers detained several subjects and discovered that a 19-year-old male Downey resident was struck on the head with a glass bottle during the fight, causing lacerations on his face. The suspect was identified and arrested by officers a short distance away.

•Shortly before noon, officers arrested a 31-year-old Downey resident for exposing himself to a female jogger on the Rio Hondo Riverbed bicycle path near Treasure Island Park.

#### Friday, July 31

•At 2 p.m., officers arrested a 32-year-old Downey man after a witness saw him stealing mail from an apartment complex in the 10700 block of New Street. When caught, the suspect possessed illegal drugs and mail from at least 15 separate Downey residents. He was arrested for possession of stolen property and drug possession.

•At 4:30 p.m., a 36-year-old Los Angeles man was arrested for robbery after he threatened JC Penney security officers with a box cutter as he tried to steal clothing from the store. It was later discovered the suspect was on parole for narcotics.

#### Sunday, August 2

•At 1:15 p.m., officers investigated a shooting in the 8800 block of Golden Avenue after a resident discovered a bullet hole in her pick-up truck. The shooting likely occurred during the night, but no witnesses were located.

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## Miller golf tourney tees off Sept. 15

**DOWNEY** – The third annual Elizabeth Miller Memorial Golf Tournament will tee off Sept. 15 at the Rio Hondo Golf Club.

The tournament is a fundraiser for the Ovarian Cancer Orange County Alliance, which promotes ovarian cancer awareness.

The tournament will be limited to 144 golfers in a 4-person scramble format. The event will also include numerous long drive and putting contests.

Cost is \$150 for 18-holes of golf and an awards dinner. Dinner only is \$30. Sponsorships are available for \$100-\$6,000.

Registration deadline is Sept. 7. To register, call Gene Miller at (562) 896-5481.

## Auditions open for talent show

**BELLFLOWER** – Auditions will be held Aug. 22-23 for children wishing to perform in a talent competition produced by the Youth Cultural Arts Foundation in Bellflower.

Children will compete in different categories, including, dancing, singing, acting, comedy, music and more.

Auditions will take place at 9831 Belmont St. in Bellflower. Children ages 6-12 audition Aug. 22 at 10:30 a.m., while children ages 13-18 audition Aug. 23 at 2 p.m.

Auditions must be the act to be performed at the show, and must be less than three minutes. For more information, call (562) 867-3524.

The talent competition will be held at the William Bristol Auditorium in Bellflower on Sept. 26.

## Networking speakers named

**DOWNEY** – Bob Patton of the California Elder Law Center and Cordelia Kpaduwa of Home Health Services will be guest speakers at the Tuesday meeting of Rise 'N Shine Networking at Downey Brewing Company.

The meeting begins at 7:30 a.m. and the cost is an order from the menu.

RSVP by calling the Downey Chamber of Commerce at (562) 923-2191.



'My Fair Lady' will open the 2009-10 season of the Downey Civic Light Opera, coming to the Downey Theatre this October. The DCLO is offering special discounts for season subscribers. For information, call (562) 923-1714. Photo courtesy DCLO

## 'My Fair Lady' opens DCLO season

**DOWNEY** – The Downey Civic Light Opera, producers of classic American musicals year after year, has announced its 2009-10 season schedule and a special offer for season subscribers.

In October, the DCLO will stage the literate and tuneful Lerner & Loewe musical "My Fair Lady," an international favorite for more than half a century.

In February comes "Rodgers & Hart: A Celebration," which reacquaints audiences with the partnership that brought us some of the smartest and most memorable love songs ever written, including "Bewitched, Bothered and Bewildered" and "My Funny Valentine."

"Carousel," the Rodgers & Hammerstein production, will be

presented in May.

Subscribers to the 2009-10 season can attend one free performance in any seat of their choice (pending availability).

For tickets and information, call (562) 923-1714.

## Aspiring scientists invited to summer camp

**LONG BEACH** – Third- and fourth-grade students can have fun learning about science this summer during the Young Scientists' Camp offered by Cal State Long Beach's Department of Science Education.

The two-week camp meets from 8:30 a.m. to noon, Monday through Friday, Aug. 10-21, at the CSULB campus. This year's camp focuses on physical science.

Third-graders will study "Is it Magic? No, it's Science!" Students will figure out the science behind intriguing phenomena and learn

science demonstrations that will amaze those around them.

Fourth-graders will have fun "Toying Around with Science" by taking a closer look at some popular and classic toys and games using chemical and physical sciences.

Students take part in hands-on classroom and lab experiences taught by experienced school science teachers, CSULB students studying for science education teaching credentials, and other science specialists in a ratio of one

teacher for every seven students.

"You will solve mysteries, investigate the world and discover new things," said Laura Henriques, chair of the Department of Science. "Science opens doors to your future. Come to a college campus and do real science in real science labs."

The cost of the camp is \$275 per student, with a \$25 sibling discount. Limited financial aid is available.

Students can also register for other CSULB afternoon sports and academic camps for an additional fee. This year's science camp sessions for fifth- through eighth-graders are full.

For more information about the Young Scientists' Camp, call (562) 985-4801 or visit [www.youngscientistscamp.com](http://www.youngscientistscamp.com).



Make THIS the most important part of school!

"Hold fast the pattern of sound words, which you have heard from me, in faith and love which are in Christ Jesus." 2 Timothy 1:13

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## POET'S CORNER

### Summer's Treat

What a wonderful treat! How nice to be in Furman Park beneath a shade tree Listening to music in a variety of ways in the cool of the evening every Wednesday!

My appetite is quickly appeased with a chili dog smothered in cheese, and a box of popcorn freshly made that I eat while sitting in the shade!

Thank you Downey and sponsors, too, for being so generous and staying true in providing concerts in the summer of the year and selecting a great talent to perform for us here!  
-Martha J. Morrissy, Downey

### Me and God

As I entered a beckoning forest, I looked through new eyes, scrutinizing the beauty and the mysterious growth of the forest.

Verbalizing the wonder of it all, I tried to conceal my effervescence but failed.

The scent of the rain dancing on tangled foliage and being orchestrated by a breezy wind rendered me breathless, for it was breathtaking.

When I entered the forest it was like a canopy, I tried to drink all its beauty in one gulp, I could not comprehend it, I could only take a few sips at a time, for the forest was too awesome to consume all at once.

With trees, vines and other foliage overhanging the world outside, the songs were melodious and I felt safe inside.

I could commune with God one on one. For there was harmony inside and I was at peace in my own little corner of the world that God led me to for our own personal fellowship.

Amen.  
-Rose Neal Downey

### Reality Matters

My time is wasted trying to write in rhyme and meter. I fear the public's response to my poems will be subject to much drama and theater. Previous poems furnished themselves in creative ways, as opposed to the ones I write today.

My influences are many, and my style has changed in more than one way.

Yet, I wish to write as well as I had before. I wish to gain as many applauses and be thought of as clever, all within one time's score. Is all I said a reality really clear or an ego trip? Can I know without posting a poem, and without people reading it?

It's not always the events that have the power to mark and enrich our lives. The brain must do its part to think they did, and thus, we strive.

-James Hernandez Downey

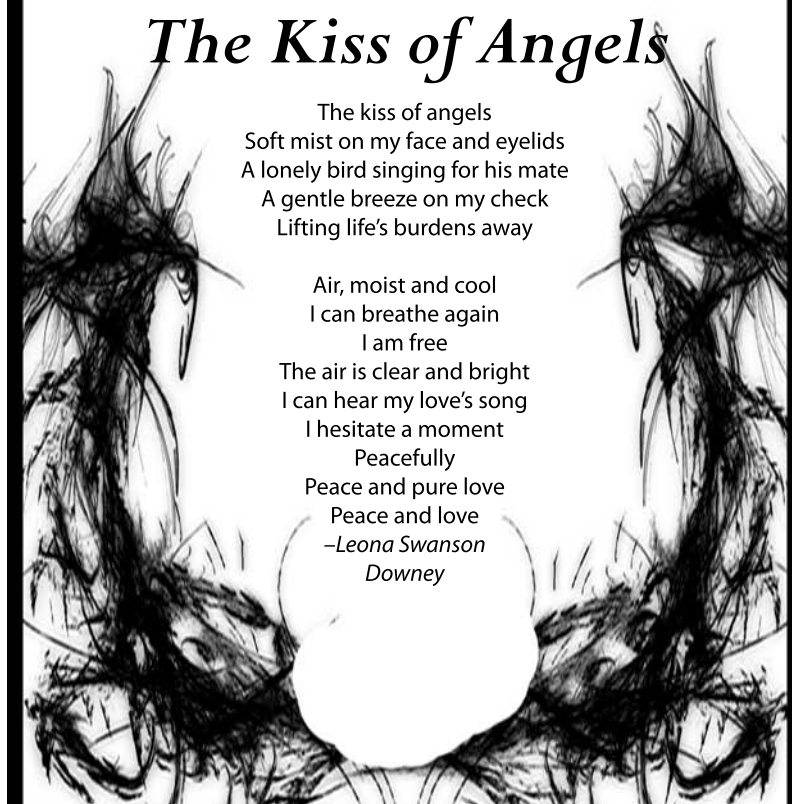
### The Kiss of Angels

The kiss of angels  
Soft mist on my face and eyelids  
A lonely bird singing for his mate  
A gentle breeze on my cheek  
Lifting life's burdens away

Air, moist and cool  
I can breathe again  
I am free

The air is clear and bright  
I can hear my love's song  
I hesitate a moment  
Peacefully

Peace and pure love  
Peace and love  
-Leona Swanson Downey



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## Return to Levittown

By Christine Woodside

In the 1960s my three brothers, sister, parents, and I used to visit my Uncle Woody, who lived in Levittown, Pennsylvania, one of the most famous suburban developments in America.

Uncle Woody was visibly proud of his little house. It was immaculate inside and out. He put a bowl of fancy chocolates on the coffee table, and we sat around his cramped living room enjoying the picture window. At Christmastime, he decorated the whole place, even wrapped tinsel around the railing of a staircase that seemed to lead nowhere; it, in fact, ended at an attic trap door.

Uncle Woody died in his fifties of a heart attack that came on suddenly while painting his house. It was 1978. I was a sophomore in college, and my personal experience of Levittown ended just as I was developing a young history major's contempt for suburban developments like those found in the three Levittowns—Woody's in Pennsylvania, another in New York, and one in New Jersey, since renamed Willingboro.

It has become politically correct since for social critics to speak of Levittown as a code word for everything gone wrong in American suburbia: here were thousands of cookie-cutter houses, plopped down many miles from shopping and jobs. Here were families all living the same conformist life, with prim front lawns on which no one seemed to do anything. Here were endlessly curving streets with names that all sounded alike.

And here were veterans' families bedazzled by the austere park-like setting: in one old documentary a young Levittown wife stands in the developer's office insisting on a particular home lot only because it is on Butterfly Lane. The land clerk winks at the husband and says, "Better let her have her way!"

Yes, it's easy to critique Levittown and developer William J. Levitt, and scholars have done so, seeing it as the antithesis of community and sustainability. But there was plenty good about Levittown. People talked with their neighbors. The children played safely on the streets and yards, and their parents could watch them and the neighbors' kids from inside the picture windows. People worked on their houses, felt incredible pride of ownership, and could afford the payments.

By far the most admirable feature of Levittown was that the homes were small. They were, in fact, typically smaller than the homes in which the World War II veterans who inhabited them had grown up. But they were big enough—and surveys consistently showed that the residents thought so.

The people who lined up to buy \$8,000 Levittown Cape Cods, ranches and other basic box designs were delighted to live in homes that were less than 1,000 square feet, the average U.S. house size of the time.

Today that average size has mushroomed to just under 2,500 square feet—with 6,000 square foot starter castles common—the result of buyers wanting bigger and better homes than their parents had, and of developers wanting to build them.

Recent economic and environmental events tell us it is clearly time we reconsidered our path to growth. Though it be heresy, I suggest that we Americans return to Levittown—to a comfortable scaled-back lifestyle.

We should do so for two reasons. First, I'm convinced that people are naturally drawn to small dwellings, even as they tell themselves otherwise. Second, Americans have been using ever more energy, per capita, since the 1960s as our lifestyles and lavish homes demand it—energy that is growing expensive and scarce.

Certainly there is no evidence that our big homes, fed on mega-doses of fossil fuel, have made us any happier than my Uncle Woody. I find it strange how many Americans escape their houses each summer, and pay huge sums to vacation at little cabins in the woods and cottages at the shore. I'm regularly reminded of "Frontier House," a reality show in which three families, including a wealthy California couple and their children, give up their Malibu mansion for three months to inhabit a one-room cabin. When the family returns to affluence, the mom misses seeing her kids, now hidden away in their individual rooms or in the pool. She says she never felt cramped in the cabin.

ExxonMobil, in a recent annual report, predicts that the world will grow progressively hungry for energy as our rising population "continues to advance and seek better living standards." Not surprisingly, the energy giant urges increased fossil fuel production to meet our growing lifestyle demands.

The question is: What is it we are demanding? At what point does growth become obsessive and obscene, driven by profit rather than the pursuit of happiness? When, if ever, will we scale back our expectations, to feel the same excitement that young wife felt at inhabiting a house smaller than 1,000 square feet on Butterfly Lane?

*Deep River, Connecticut journalist Christine Woodside has penned articles on the environment and American life for The New York Times, Washington Post, Christian Science Monitor, and Woman's Day. She also authored the book, Energy Independence: Your Everyday Guide to Reducing Fuel Consumption. © 2009 www.blueridgepress.com*

## Job-seekers frustrated in search

According to a new poll, increased competition and lack of responses to submitted resumes are the biggest challenges facing job-seekers today.

More than 10,600 people responded to a survey conducted by FPC, a national executive search firm, between March and July 2009.

42 percent of respondents listed not getting responses to resumes as the most challenging aspect of a job search in today's economy. Only 15 percent said they could not find open jobs to apply for.

"There is a lot of competition for the jobs and many companies do not have the capacity to respond to the hundreds of resumes they receive for each position," said Ron Herzog, CEO and president of FPC. "The key is to stand apart from the other resumes. You need to find another way in. Work with a recruiter or network to find people in the company who can refer you."

## Letters to the Editor:

### Roybal-Allard and healthcare

Dear Editor:

I called Rep. Lucille Roybal-Allard's Washington and Los Angeles offices today (Aug. 5) to discuss her views on the current healthcare debate. I was told that although the congresswoman has so far sided with the government option, she is still listening.

It is time that the fine citizens of Downey stand up and make their voices heard. President Obama has been repeating the same mantra for months: "If you want to keep your own doctor, then keep your own doctor." This is just simply not true.

When employers find that the government option will help their bottom line, they will sign up and there goes your "option." It's hard to understand how this would not take away freedom and choice. In fact, the president's plan will tax you (and punish you) if you decide not to buy healthcare insurance. Mr. Obama apparently only wants choice when it comes to ending the life of a helpless baby.

Has Mr. Obama and Mrs. Roybal-Allard really taken a look at the disastrous healthcare systems in England and Canada? Have they not read the survey that reveals that 80 percent of people in the U.S. are happy with their current healthcare? Do they really believe that 46 million people are uninsured?

We certainly need to change the system to control costs. However, Roybal-Allard and President Obama are choosing to completely revamp the current system. They believe that, in the long run, we will save money. That is absolutely bizarre. This is liberalism at its worst. Downey deserves to have a congressperson that is looking out for us, not taking away our liberties.

— **Carl Vesper, Downey**

### Historical coverage

Dear Editor:

We sincerely appreciate the coverage of the painting of the historic Dismukes House in the July 24th Downey Patriot and not in passing. Thanks also for the picture credit on Page 4 of last week's paper.

As the old saying has it, "History moves along but often looks back." Open hours at the Center in Apollo Park are 10 a.m. to 2 p.m., Wednesday, Thursday and each third Saturday.

— **John Vincent, President, Downey Historical Society**

### Solution to oil dependency?

Dear Editor:

The good news is that the 'cash for clunkers' program is helping out some car owners.

The bad news is that it is ending now or very soon and it helps out only an estimated 1 percent of the old car owners (writer's estimate).

More good news is that the other 99 percent of clunker owners can build a fuel processor to use ahead of their carburetor and increase their mileage from 30-80 percent, depending on how well they build it, not just the 3 percent increase required by the clunker program.

My wife and I just attended a 4-day technical session given by the Tesla Society in Albuquerque, N.M. They announced different fuel processors for different size engines that are available free to download from the Netherlands. These fuel processors result in zero exhaust emissions and would solve our pollution problem, global warming and eliminate our dependency on terrorist nations for oil.

Unfortunately, the various state governments make it illegal to mass produce and sell such devices because of complaints by the oil and auto industries. But it would mean you could keep your old gas-guzzling cars, trucks and motor homes instead of trading them in. It is based on patent No. 5794601 titled "GEET Fuel Pre-Treater."

— **Harvey Fiala, Downey**

### Room for compromise

Dear Editor:

Thank you for keeping the citizens of Downey informed on the progress of the Avenue Theatre.

Although some kind of housing must be a part of the property, not all of it needs to be exclusively for housing. So there appears to be a common ground here: housing *and* theater.

The Avenue Arts Foundation has been collecting signatures to save the Avenue, which shows community interest, which we can only hope the Downey City Council will recognize. When the theater is up and running, non-residents will come to our city.

Mayor Mario Guerra says he's willing to listen to suggestions and ideas for the property. Let's hope a meeting of the minds will result in putting Downey and the Avenue back on the map.

— **Steve Roupe, Downey**

## Old TV sets can harm the environment

The Department of Toxic Substances Control (DTSC) has launched a video on its website ([www.dtsc.ca.gov](http://www.dtsc.ca.gov)) to remind residents who recently purchased new digital televisions that their old analog sets have to be disposed of properly.

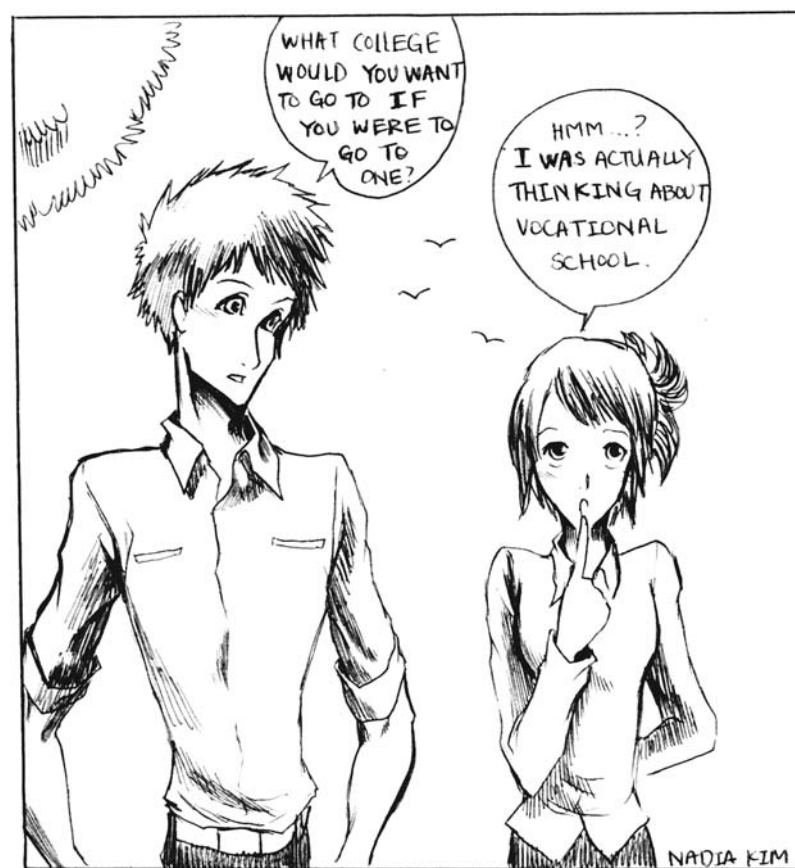
Analog television screens are made of cathode ray tubes or CRTs. CRTs are also used as computer monitors, automated teller machines and arcades. Depending on the size, the glass screens can contain several pounds of lead.

When CRTs are disposed of in a regular landfill, the screens are broken, the glass pulverized, and the lead escapes the glass, potentially threatening drinking water sources.

Lead is a toxic metal that can cause harm to adults and children. It can affect almost every organ in the body but is best known for damaging the nervous system.

The DTSC urged residents to locate collectors and recyclers authorized to take unwanted televisions and other electronic waste. A fee charged on the purchase of new televisions helps fund collection and recycling of old CRTs, so many recyclers will accept old televisions for free or charge only a nominal fee.

To find a local collector, visit [www.ecycle.org](http://www.ecycle.org).



## Unhappy with Riverside

Dear Editor:

On July 2, my wife, Donafaye, and I plus two friends of the Heilman family traveled to Riverside to attend the funeral of Winifred Heilman.

She was a World War II Air Force veteran as was her surviving husband, Irvin Heilman. It was our duty and honor to support her devastated husband on this day and from now on.

To watch the military ceremony was a moving experience for my wife and I. I am a WWII survivor in Germany and was lucky the U.S. Air Force and the RAF did not kill me during the raids on Dresden and Koeningberg, the city of my birth.

We had left Downey on an empty stomach when I noticed the Denny's restaurant at the intersection of Van Buren and Indiana in Riverside. My U-turn on Van Buren was fine but on my right turn onto Indiana I must have failed to stop and then proceeded my travel.

I was not aware of my violation until a few days later when the city of Riverside honored my visit with a citation of some \$600. I am a careful driver, a law-abiding citizen since 1971 and also a registered Republican and very well-informed about the troubles in California.

After digesting the rather hefty fine, I feel compelled to tell you in brutal honesty what I think of it.

1.) No one was endangered by my failure to come to a complete stop. Only one driver out of a million might do so. To charge me \$600 is nothing short of extortion.

2.) The photographic set-up reeks of entrapment. The locals, business people, city officials and police officers know about this set-up and are free from punishment. The uncivilized, illegal immigrants driving around Riverside without a driver's license and insurance also are free from punishment. They have no funds, no concern for the law and, in case of a serious accident, head for the border. So I am a chosen one to provide needed dollars.

3.) Since this set-up provides no greater safety for the citizens, it has one purpose: to generate income for the city and the operation of Riverside. A fool-proof operation for a self-serving government unable, incompetent and lacking character and ethics to manage and serve its citizens.

Enough said, injustice of any kind bothers me. I suffered greatly in this incident. All I can do is write about it and warn Downey citizens who might attempt to visit Riverside.

There will be snow falling in hell before I will even think about visiting Riverside again.

— **Dieter Oltersdorf, Downey**

## Veterans urged to utilize GI Bill benefits

Rep. Lucille Roybal-Allard is encouraging eligible veterans to take advantage of the new college education benefits passed by Congress under the GI Bill for the 21st Century.

An estimated 2.1 million members of the military who have served on active duty since Sept. 11, 2001, including activated reservists and members of the National Guard, are eligible for up to four years of educational benefits, including stipends for housing and books.

"The original GI Bill, which passed in June of 1944 during World War II, sparked widespread economic growth for a whole generation of Americans. It made a free college education available to more than 15 million returning war veterans," Roybal-Allard said. "As with our World War II veterans, I am confident the new GI Bill for the 21st Century will help make America's Iraq and Afghanistan veterans part of a new American economic recovery."

"Considering that many of our troops have served two, three or more tours of duty in Iraq and Afghanistan, we owe it to these men and women to afford them the many opportunities our nation has to offer."

Last year, Congress restored the promise of a full, four-year college education for Iraq and Afghanistan veterans. This year, Congress extended those benefits to all children of deceased soldiers with no minimum military service needed to qualify.

The program pays for tuition and fees up to the maximum in-state tuition and fees at a public institution; a monthly housing allowance at the location of the school; and an annual books and supplies stipend up to \$1,000.

Benefits are generally payable for up to 15 years following release from active duty.

## Neonatal specialist tapped as speaker

**LAKEWOOD** — Amelita Mendoza, RNC, will be the guest speaker at the Thursday meeting of the Hearing Loss Association, Long Beach/Lakewood chapter.

The meeting begins at 6:30 p.m. at the Weingart Senior Center in Lakewood. Admission is free.

Reservations to the meeting are not necessary. The community is invited.

### The Downey Patriot

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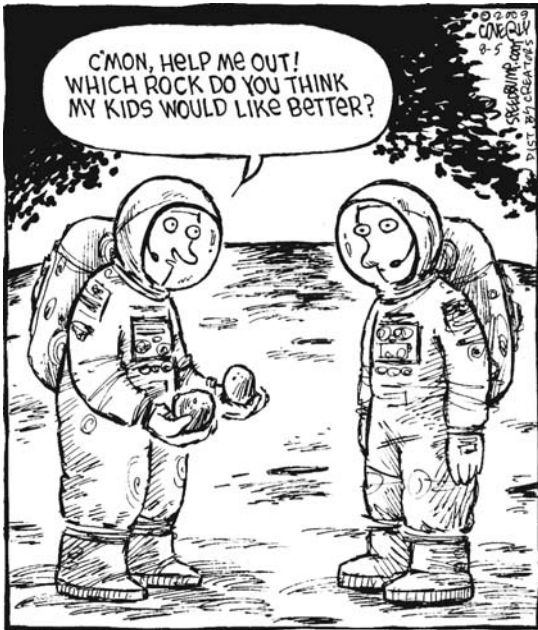
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## SPEED BUMP



## DAVE COVERLY



## On This Day...

**Aug. 7, 1782:** George Washington, at the time commander of the Continental Army, creates the Order of the Purple Heart to "recognize merit in enlisted men and noncommissioned officers."  
**1934:** The U.S. Court of Appeals denies a government attempt to ban the novel "Ulysses."  
**1957:** Oliver Hardy, of the comedy duo Laurel & Hardy, passes away from complications of a stroke.  
**1974:** A French stuntman walks a tightrope strung between the two World Trade Center towers.  
**2005:** ABC anchor Peter Jennings dies of lung cancer. He was 67.  
**Birthdays:** 'Seinfeld' actor Wayne Knight (54), 'X-Files' actor David Duchovny (49), actress Charlize Theron (33) and hockey player Sidney Crosby (22).

## Downey Community Calendar

### Events For August

- Sat. Aug. 8: **Foreclosure workshop**, Downey Adult School, 9 a.m.
- Sat. Aug. 8: **Golf clinic**, Los Amigos Country Club, 11 a.m.
- Sat. Aug. 8: **Fundraising dinner**, Masonic Lodge, 6:30 p.m.
- Mon. Aug. 10: **Grand opening**, Walgreen's at Lakewood & Firestone, 10 a.m.
- Wed. Aug. 12: **Christian Club meeting**, Los Amigos Country Club, 11:45 a.m.
- Wed. Aug. 12: **Downey Symphony concert**, Furman Park, 7 p.m.
- Thurs. Aug. 13: **Business mixer**, George's Restaurant, 5:30 p.m.

### City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

### Regularly Scheduled Meetings

#### Mondays

- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

#### Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Pat Rooney at 923-5352.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.

#### Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at Apollo Park.
- 7 p.m.: **Out Post 132 Royal Rangers**, at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP**, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075.
- 3rd Weds., - **Downey Dog Obedience Club** Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at **Furman Park West Bldg.**, call 943-5513.
- 4th Weds., 6:00 p.m.: **Emergency Preparedness Committee meeting**, Fire station 1, 12222 Paramount.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

#### Thursdays

- 7:30 a.m.: **Connections Networking**, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.

#### Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

#### Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.

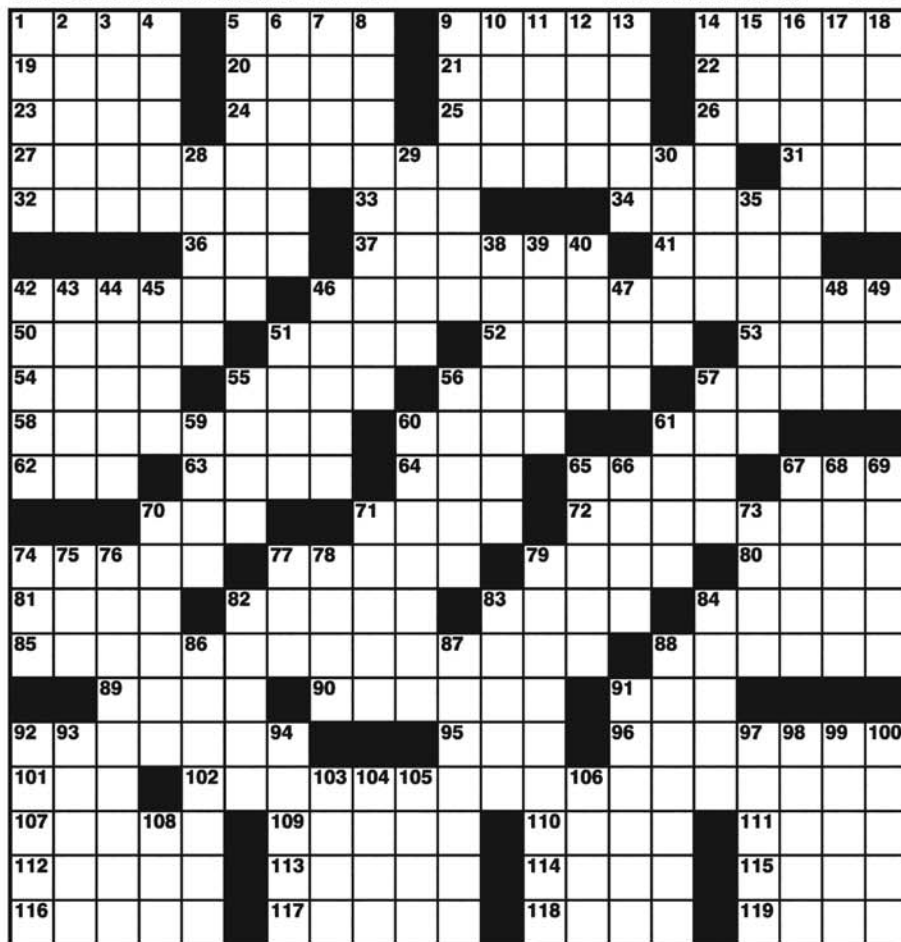
## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

**BELIEVE IT! Or not**  
by Shirley Soloway

- ACROSS**
- 1 Jumble
  - 5 Non-payer's risk, for short
  - 9 Western capital
  - 14 Certain rec centers
  - 19 Pot deposit
  - 20 Hot spot
  - 21 Get together
  - 22 "Yeah!"
  - 23 Banana peel, e.g.
  - 24 Dole (out)
  - 25 Actress Lindsay
  - 26 Summa cum
  - 27 Start of a quote
  - 31 Disencumber
  - 32 Transfers
  - 33 anglais (English horn)
  - 34 Colorful cats
  - 36 Yucky stuff
  - 37 George H.W.'s predecessor
  - 41 Ritzy
  - 42 Big name in sci-fi
  - 46 Part 2 of quote
  - 50 Burdened
  - 51 Kid around
  - 52 Fabricate feloniously
  - 53 11th-century date
  - 54 "You can count on me"
  - 55 Bawls
  - 56 Arrive at by air
  - 57 Pound sounds
  - 58 Part 3 of quote
  - 60 Bassoonist's purchase
  - 61 Keep out
  - 62 Houston of Texas
  - 63 Charged things
  - 64 Like some meds: Abbr.
  - 65 Pygmalion playwright
  - 67 Glide down slopes
  - 70 Stitch together
  - 71 Mt. Rushmore st.
  - 72 Part 4 of quote
  - 74 Fills a suitcase
  - 77 Choir members
  - 79 Volvo rival
  - 80 Bibliography abbr.
  - 81 Key, for one
  - 82 June birthstone
  - 83 Underworld river
  - 84 Dispense with
  - 85 Part 5 of quote
  - 88 Fomented
  - 89 Designer Wang
  - 90 Ceremonial ram's horn
  - 91 Utter
  - 92 What some music stores sell
  - 95 Former geopolitical letters
  - 96 With 16 Down, author of the quote
  - 101 Disney baddie
  - 102 End of quote
  - 107 Sushi selection
  - 109 Eclipse
  - 110 Judi Dench title
  - 111 Some wordplay
  - 112 Like highways
  - 113 Senator Hatch
  - 114 Israeli guns
  - 115 S&L customer
  - 116 Helpers
  - 117 Finish second at the track
  - 118 Pain in the neck
  - 119 Pro-shop inventory
- DOWN**
- 1 "\_\_\_ la vista!"
  - 2 Egyptian crosses
  - 3 Farm homes
  - 4 Monsieur
  - 5 Toulouse-Lautrec
  - 6 Russian royal
  - 7 Extremely
  - 7 Folk singer Seeger
  - 8 Puzzle starter
  - 9 Italian city
  - 10 Omnia vincit
  - 11 Cowardly Lion portrayer
  - 12 Actor Morales
  - 13 Cable's "Place for Politics"
  - 14 Christmas tradition
  - 15 "\_\_\_ hoppen?" (dazed one's query)
  - 16 See 96 Across
  - 17 Video counterpart
  - 18 Casts off
  - 28 Encourage
  - 29 Gear part
  - 30 Transgression
  - 35 Compound's close relative
  - 38 Frequent Damon collaborator
  - 39 Frank \_\_\_ Wright
  - 40 Gossip
  - 42 Wanted-poster info
  - 43 Brazilian dance
  - 44 Manner of speaking
  - 45 Computer-screen list
  - 46 Places for some jewelry
  - 47 Personality component
  - 48 Little taste
  - 49 Pvts., cps., etc.
  - 51 Mr. Doe
  - 55 Store
  - 56 Greek cheeses
  - 57 Pleasure craft
  - 59 Connections
  - 60 La Bohème character
  - 61 Cutting remark
  - 65 Gives somewhat
  - 66 Deception
  - 67 Blanket-binding material
  - 68 Roguish character
  - 69 Just hung around
  - 70 Distorted
  - 71 Detroit-based brewer
  - 73 University honcho
  - 74 Orchestra's place
  - 75 Hardwood tree
  - 76 Rock and Roll Hall of Fame city
  - 77 DDE's two-time opponent
  - 78 Neighbors of delts
  - 79 Fomented
  - 82 Fendi alternative
  - 83 Store
  - 84 Batman's alter ego
  - 86 Nero Wolfe's hobby
  - 87 Iconoclastic
  - 88 Most evenhanded
  - 89 Hindu teachers
  - 91 Tonsils neighbor
  - 92 Mideast peninsula
  - 94 Pleasure craft
  - 97 Mar. 17 man
  - 98 Cease-fire
  - 99 Unit of prevention
  - 100 Roosts
  - 103 Wrap, as a flag
  - 104 \_\_\_ vez (again: Sp.)
  - 105 Savings acct. guarantor
  - 106 Farmer's tourist attraction
  - 108 "Oh, boy!"

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You can contact puzzle editor Stanley Newman at his e-mail address: [StanXwords@aol.com](mailto:StanXwords@aol.com). Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

New York-born VERA Wang (89 Across) decided to enter the fashion industry after failing to make the U.S. figure-skating Olympic team in 1968. UNAGI (107 Across) is the Japanese word for freshwater eels; "anago" (60 Down) is Miami's love interest in the Puccini opera "La Bohème."

## Gustavo Carreras was golfer, youth coach

**DOWNEY** – Gustavo “Gus” Carreras passed away peacefully at home surrounded by family following a brief battle with cancer.

Carreras was the youngest son of Francisco and Ana Carreras and resided in Downey.

He completed two years of civil engineering at Havana University in Cuba. While in Cuba, he met Maria, and they married in Puerto Rico in 1963.

Carreras worked for Mid Cities Paper Box Co. in Bell Gardens and retired after 37 years. An avid golfer, he hit two hole-in-ones two days in a row in 1982, earning him special recognition at Ford Park.

He coached softball and basketball for his daughter Elena’s team from 1975-79, and baseball, basketball and football for his son Gus Jr.’s team from 1974-78. He regularly helped the teams win the league championships in the Catholic Youth Organization of Our Lady of Perpetual Help Church.

He is survived by his wife of 46 years, Maria; two children, Gustavo Jr. (Delia) and Elena; grandchildren, Jeffrey, Craig (Brittany M.), Gregory, Kevin, Ricky, Robby, Brittany, Sydney and Kelly; and his brothers, Francisco and Carlos (Gilma).

A funeral service and ‘celebration of life’ will be held today at Our Lady of Perpetual Help Church with family and friends. Downey Zrelak Family Mortuary is handling the arrangements.



## Bruce Hope survived by large family

**DOWNEY** – Bruce Lavon Hope, a longtime Downey resident, passed away July 23.

He was born Feb. 21, 1962 in East Meadows, N.Y. to Sandra Hope-James and Thomas Tafano Jr.

He is survived by his mother, Sandra Hope-James, of Downey; sisters, Meesha Hope-Zahir, of South Gate, and Sherry Hope of Paramount; nieces, Tiesha and Telicia; nephews, Donald, Kouri Prins, Christian, John Morris, Jayden Taj and Alijah; and many aunts, uncles and cousins.

Funeral services were held yesterday at Downey Zrelak Family Mortuary. Interment was at Rose Hills Memorial Park.



## Charles Russell Sr. funeral Tuesday

**DOWNEY** – Charles A. Russell Sr., a retired carpenter, passed away peacefully at his Downey home on July 31. He was 92.

Russell was born in Elkhart Township, Ill. He lived in Downey for 10 years.

He is survived by his son, Charles (Connie) Russell, of Downey; significant other, Meryle Moravec; and sisters, Margaret Cisco and Myrtle Tremain, both of Springfield, Ill.

He was predeceased by his wife, Anna, to whom he was married for 46 years.

A visitation will be held Monday from 4-8 p.m. at Miller-Mies Mortuary. Burial will take place Tuesday at 11 a.m. at Riverside National Cemetery.

## Charles Terence Ryan was longtime resident

**DOWNEY** – Charles Terence Ryan, a 53-year Downey resident, passed away Aug. 2. He was 87.

Ryan was born in Montreal, Quebec, Canada. He served in the Merchant Marines, worked at National Tapered Wings and was a real estate investor.

He also owned a race horse and was a lifetime master bridge player. He is survived by his wife of 59 years, Gloria Ryan; two daughters, Patricia Sattelmeier and Nancy (Martin) Qualle; and five grandchildren, Miles, Celeste and Laura Sattelmeier, and Ryan and Scott Qualle.

Graveside services will be held today at 10 a.m. at the Lakeview Mausoleum, Atrium of Light at Rose Hills Memorial Park. Deacon Charles Denisac of Our Lady of Perpetual Help Church will officiate.

## Ivena Cuevas, and husband, mourned

**DOWNEY** – Ivena M. Cuevas, 88, passed away at home on April 30. She was born May 24, 1920 in Frederick, Okla. Her husband, Joseph Cuevas Jr., preceded her in death on Jan. 18. They were married 63 years and lived in Downey for more than 60 years.

They are survived by their children, Sharalyn Peplowski of Cypress, Gary Cuevas of Oceanside and Jo Ann Ray of Downey; five grandchildren; and one great-grandchild.

## Lori Kramer-Gardes passes away at 91

**DOWNEY** – Lori Kramer-Gardes passed away Aug. 3 at age 91. She was born April 4, 1918 in Lacrosse, Wis. She and her first husband, Ray Kramer, met in college and married during his military service.

They moved to Southern California in 1948, where they raised two daughters.

Kramer-Gardes was predeceased by Ray Kramer in 1997 after 56 years of marriage.

She is survived by her second husband of 10 years, Bert Gardes, and their daughters, Sohn Reynolds, Kai Kramer and Pat Bennet; grandsons, Michael and Bert Van Curler; and great-grandchildren.

Kramer-Gardes was a Catholic and longtime parishoner of St. Raymond’s Catholic Church. St. Raymond’s will host a funeral Mass tomorrow at 10 a.m.

In lieu of flowers, the family has requested donations to the American Heart Association or to the National Parkinson’s Foundation.

## Don’t let bug bites ruin your summer

Contributed by Lakewood Regional Medical Center

**LAKEWOOD** – A normal spider sack contains several hundred eggs. The average beehive has approximately 45,000 bees. Female ticks can lay up to 6,000 eggs, while fire ant queens produce about 1,500 eggs per day. Don’t forget about mosquitoes: they deposit eggs together in a raft that contains 100 to 200 eggs.

Suffice to say, humans are outnumbered by these pesky little bugs that can bite and sting causing temporary discomfort or, in rare cases, potentially fatal reactions.

Fortunately, most bug bites and stings do not cause any long-lasting health problems. But you should know what to do in the event you get stung by a bee or wasp, or bit by a spider, tick, mosquito or ant.

If you are stung by a honeybee, wasp, hornet, yellow jacket or fire ant, try to remove the stinger (if there is one) if it is visible by gently scraping the skin with a straight-edge object, such as a credit card. Wash the area with soap and water, and then apply a cold pack to reduce pain and swelling.

If the area itches, such as from a mosquito bite, apply a hydrocortisone cream, calamine lotion, or baking soda paste (three teaspoons baking soda and one teaspoon water) until symptoms subside.

Spider bites also should be washed with soap and water. Apply an ice

pack and then elevate the area to delay the spread of venom. Seek emergency medical care if you suspect the bite is from a black widow or brown recluse spider, which can cause symptoms such as body rash, fever, headache, pink urine, discolored area around the bite, joint stiffness, lack of appetite and muscle spasms.

If you find a tick, use tweezers to grasp the head of the tick next to the skin and pull firmly until the tick lets go. Wash your hands and the tick site with warm, soapy water and then swab the bite with alcohol.

Call your doctor if part of the tick could not be removed, the area looks infected, the tick has been on the skin longer than 24 hours, or symptoms develop, such as fever, headache, chills, nausea or rash.

You don’t have to stay inside all the time to protect yourself from insect bites and stings. When venturing outside to enjoy the warm weather, you can avoid walking barefoot on grass; avoid using scented soaps, perfumes or hairspray; stay away from wooded or brushy areas; wear long sleeves and pants, and avoid brightly-colored clothing; make sure food is covered when eating outside; empty outdoor standing water; and use insect repellent (not on babies).

For more information about bug bites and stings, visit the U.S. Food and Drug Administration website at [www.fda.gov](http://www.fda.gov).

## Help for summer diabetes management

Contributed by Diabetic Care Services

Summer is a time for outdoor picnics, amusement parks, road trips and vacations. For the 24 million people living with diabetes in the United States, these fun summer events can pose some of the greatest challenges to testing, regimens and diet.

Diabetic Care Services, a leading national mail order diabetic supply and pharmacy, has partnered with the nutrition department at Kent State University to offers testing and nutrition tips for maintaining effective diabetes self-management this summer.

### Protecting testing supplies and insulin

Keep meters, test strips and insulin out of direct sunlight. If supplies and medications are outside at a picnic, on the beach or in a locked car, be sure to pack supplies in a dark protective carrying case with a gel ice pack to prevent damage from extreme temperatures.

Keep carrying case and testing supplies dry. Testing supplies exposed to humidity can provide altered blood glucose test results.

Always travel with an extra set of supplies stored in a separate carrying case so there is a backup if the first set is damaged. Never use test strips stored in cracked or damaged bottles. When flying, pack supplies and medications in carry-on luggage to avoid having them damaged or exposed to extreme temperatures in the plane’s cargo hold.

### Management while traveling

Access to proper meals at usual times may be limited while traveling. Always travel with snacks in pre-measured serving sizes just in case. Glucerna and Extend both make travel bars for diabetics.

Continuing to monitor blood glucose on a regular schedule is imperative. When traveling across time zones, carry a second watch or clock set to your home time for the first few days until you adjust to the new schedule.

Always bring extra supplies. It is a good idea to test more often when traveling because routines will inevitably be disrupted.

If an insulin injection will be needed on an airplane, contact your insulin manufacturer for any special instructions to accommodate the pressure inside the plane.

Pack several pairs of comfortable, closed-toe shoes and plenty of clean socks that you can change often to prevent soreness and blisters on feet if doing a lot of walking. Invest in special diabetic socks, like DiaSox, which are made to keep feet dry, cool and promote good blood flow.

### Navigating the buffet table

Focus on piling your plate with colorful vegetables rather than white refined carbohydrates, like bread, chips or pasta. Always choose whole grains when possible.

Eating too much red meat can lead to heart disease. Rather than a burger, ribs or steak, opt for grilled chicken or fish. Warning: avoid foods with heavy black charring from the grill. It may add flavor, but some recent studies suggest those black marks may be carcinogenic.

Research indicates that diabetics with a higher intake of soy protein have a lower risk of kidney failure. To include more soy in your picnic

diet, opt for veggie burgers, add edamame to salads or try making “egg” salad with tofu instead.

If you feel like indulging or do not have access to a healthier option, compensate instead. For example, use a small plate when selecting a dessert, or opt for fresh fruit.

Take your time and socialize while you are eating. It removes the focus from the food and allows you to get fuller faster and consume fewer calories.

### Staying hydrated

The average person should consume 64 fluid ounces of water per day. For people with diabetes, this is particularly important because dehydration can cause false high readings. If you are perspiring from heat or exercise, be sure to drink extra water.

Even when opting for diet soda, only drink one per day. If you will not have access to water, or if you are looking for a little more flavor, brew homemade drinks and carry them in a thermos. Unsweetened iced tea and lemonade made from water, fresh-squeezed lemons and mint are full of flavor and will keep you hydrated without the added sugar.

Consuming alcohol on an empty stomach can cause a spike in sugar, so always drink alcohol with a meal. Women should have no more than one serving per day and men should have no more than two servings per day.



## Metro Briefs

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### Want to go Metro? Google it

Metro has partnered with Google Inc. to include bus and rail route information on Google Maps. Now visitors to Google Maps can obtain options and map directions for making the trip on Metro as well as by car or by foot. For more detailed trip planning visit [metro.net](http://metro.net).

### Line 128 Now Serving Cerritos Towne Center

Enjoy shopping, dining or take in a show at the Cerritos Towne Center and get there now on Metro Local Line 128. The route serves Alondra Boulevard between the Martin Luther King Jr. Transit Center in Compton and Cerritos, with connections to Cerritos Community College in Norwalk. For a timetable, log on to [metro.net](http://metro.net).

### Get Free Help to Secure Wheelchairs

For ease of boarding for riders using wheelchairs and scooters on buses, Metro now offers free expert pre-marking of tie-down locations or new tether straps for securement points. For the pre-marking of locations or to have tether straps installed, contact 213.922.8800.

### Metro Setting Tolls for ExpressLanes

Metro is putting a price ranging from 25 cents to \$1.40 a mile on driving alone in carpool lanes. The tolls would be implemented in December 2010 as part of the agency’s Congestion Reduction Demonstration Project (ExpressLanes) on portions of the I-10 and I-110 freeways.



**Metro**

If you’d like to know more, please call us at 1.800.464.2111, or visit [metro.net](http://metro.net).

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# Dodgers-Angels World Series waiting to happen

BY SCOTT COBOS,  
STAFF WRITER

My friend once wrote a research paper on the differences between Los Angeles Dodger fans and Los Angeles Angels of Anaheim fans. It comes as no surprise when he and I talk about the Dodgers and Angels that we both refuse to call the Angels the "Los Angeles Angels." Can you tell what team I'm a fan of?



Scott Cobos

The paper explained that Dodger fans are more passionate about their team and are able to identify more with the players while Angels fans are more likely to be about the baseball experience as a whole.

While both sets of fans differ in many ways, right now they can both agree on something. Right now, the best baseball in MLB is being played in the Los Angeles area with the Dodgers and Angels having the best records in baseball going into Wednesday night's games.

For quite some time now, the Los Angeles Dodgers have had the best record in baseball. It all started with a run that saw them win 13 straight games at home to start the season. That, coupled with Manny Ramirez being back in the lineup, helped the Dodgers explode out of the gates.

Ramirez then was suspended 50 games due to his alleged steroid use. Even without Ramirez in the lineup, the Dodgers played over .500 ball and propelled themselves to a very comfortable lead in the National League West.

The Angels didn't start off too great. In fact, they had a lot to overcome in the early parts of the season. First, they started the season without their presumptive ace in John Lackey. They were then without the services of another pitcher, Kelvim Escobar. Along with bigger hits in their starting rotation (the tragic loss of Nick Adenhardt and the injuries of Ervin Santana) came slumps from Vlad Guerrero and the rest of the Angels.

Manager Mike Scioscia also had a problem of having too many outfielders. Not only did he have Guerrero, but he also had Torii Hunter, Gary Matthews Jr., Juan Rivera, Bobby Abreu and Reggie Willits. The question of how he was going to get everyone playing time came up. It ended with Willits being sent down to the minors and everyone else getting a shot due to injuries.

But here we are in August and the Angels, who were a below .500 team for quite some time during the early parts of the season, are now 4.5 games up in their division. They have also been one of the hottest teams in baseball with ESPN's Power Rankings showing them No. 2 to only the Dodgers.

How are both teams all of a sudden the cream of the crop in MLB? It's pretty simple. If you do the little things well, you're going to win games. But the big things mean plenty too, the biggest thing being pitching.

The Angels are struggling with pitching still, but the Dodgers are cruising. In most major stats including team ERA, wins, opponents' batting average, and opponents' on-base percentage, the Dodgers are ranked in the top three in all categories.

They have the best bullpen in the NL, leading in wins, ERA, and on-base percentage, and they have a shut-down arm in Jonathan Broxton to close out games.

What the Angels aren't necessarily doing with pitching, they are doing with batting. Since the All Star break, the Angels are amongst the leaders in hits, average, on-base percentage and runs scored.

Overall, the Dodgers and Angels rank atop the standings when coming to offensive statistics such as batting average, RBIs, batting with runners in scoring position, and on-base percentage.

With all that said, it wouldn't be a total shocker if both teams met in October for the Fall Classic. Last year, *Sports Illustrated* predicted that the Dodgers and Angels would meet in the World Series. It's possible they could have been a year premature in their prediction.

# Downey and Warren football schedules out

BY SCOTT COBOS,  
STAFF WRITER

**DOWNEY** – Warren and Downey football schedules were released and their 09-10 seasons are highlighted by plenty of good teams this year.

The Warren Bears, defending champions of the San Gabriel Valley League, will start their non-division schedule against Torrance on Sept. 4 at home. This year, their non-division schedule will be highlighted with games against La Serna at home and Vista Murrieta on the road.

Both La Serna and Vista Murrieta were very tough CIF playoff teams last year and had a combined record of 19-5. Warren is obviously a much better team from years before with key players coming back. These teams will test the Bears and will help determine whether or not the program is ready to take the next step forward to become a better known team in the area.

Warren's season will end with a game at home against cross-town rival Downey in a game that could

again determine whether or not a championship defense is successful. Last year, Downey was the only SGVL team to beat Warren.

The Downey Vikings schedule for '09-10 looks very similar to last year's, playing against teams like La Habra and Santa Fe Springs. Downey had a very down year compared to a few years ago and are looking to continue their rebuilding process.

Again, the Vikings will get a chance to play spoiler for the Bears at the end of the season, if they are not in the thick of things as far as a league championship goes.

A league championship looks very possible for the Downey Vikings as long as they take care of business at home. The league schedule tends to favor Downey: one week they'll play a CIF playoff team, the next week they'll play a team that isn't favored to fare well.

The schedule should allow the Vikings to gain momentum going into key games. They start league play against Gahr, a team they can beat, then move on to Paramount, another team they should beat. After Paramount, they visit Dominguez.

# Foreclosure prevention help available at fair

**DOWNEY** – A "foreclosure prevention fair" to help local residents save their homes is scheduled for Aug. 8 from 9 a.m. to 2 p.m. at Downey Adult School.

Credit counselors and lenders will be available for on-site assistance, one-on-one counseling, and information on viable options for your mortgage.

Presentations will also be given on topics including "Understanding Your Mortgage Options," "Fraud Prevention and

Awareness" and "Improving and Restoring Credit."

Visitors should bring their loan and relevant financial documents.

The fair is sponsored by Rep. Lucille Roybal-Allard, the Los Angeles Neighborhood Housing

Services, L.A. County Neighborworks Center for Foreclosure Solutions, DUSD and the U.S. Department of Housing and Urban Development (HUD).

For more information, call (213) 628-9230.

# New Titles at the Downey City Library

## Fiction

- **"Daisy Chain"** by Mary E. Demuth. The abrupt disappearance of young Daisy Chance haunts the small town of Defiance, Texas. Fourteen-year-old Jed Pepper searches for answers in this gritty story that reveals God's hand of redemption in impossible situations.
- **"Darling Jim"** by Christian Moerk. A modern gothic novel of suspense that reveals, through their diaries, the story of sisters who fall in love with a beguiling stranger and of the town that turns a blind eye to his murderous ways.
- **"Long Lost"** by Harlan Coben. A blistering new Myron Bolitar thriller from the "New York Times"-bestselling author of "Hold Tight." Caught in a foreign landscape where nothing is as it seems, Bolitar must tear apart the city--and eventually the globe--fighting for answers to unfathomable questions.
- **"Maxxed Out"** by David Collins. In this meta-novel, Collins offers a scathingly funny work that skewers the ego-driven, power-obsessed world of the Big Deal.
- **"The Treasure Keeper"** by Shana Abe. Award-winning author Ab draws readers for the fourth time into the wondrous world of the "drkon," ("Romantic Times") delivering a thrilling adventure of unseen dangers and undiscovered powers.

## Non-Fiction

- **"Adam's Tongue: How Humans Made Language, How Language Made Humans"** by Derek Bickerton. One of the world's leading researchers into the evolution of language argues that the acquisition of words changed the structure of early human's brains, which set into motion the limitless creativity that allowed people to make the world that exists today.
- **"The First Paul: Reclaiming the Radical Visionary Behind the Church's Conservative Icon"** by Marcus J. Borg and John Dominic Crossan. Two of today's top Christian scholars seek to restore the radical teachings of Paul.
- **"How to Build a Dinosaur: Extinction Doesn't Have to be Forever"** by Jack Horner. A world-renowned paleontologist teams up with a "New York Times" science writer to reveal a new science that trumps science fiction: how humans can re-create a dinosaur.
- **"One Less Thing to Worry About: Uncommon Wisdom for Coping with Common Anxieties"** by Jerilyn Ross. Pioneering anxiety specialist Ross identifies four archetypal female coping styles, helps women pinpoint their type, and, most importantly, how to live with less apprehension.
- **"YouTube: An Insider's Guide to Climbing the Charts"** by Alan Lastufka and Michael W. Dean. This conversational, easy-to-follow book explains how one author went from having never picked up a camera to being a star on YouTube, and how you can too.

Visit [www.downeylibrary.org](http://www.downeylibrary.org) and click on "New and Notable Books" to browse more titles

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## New report has little effect on tanning industry

BY STEPHANIE COBAU

**DOWNEY** – The health risks of tanning beds have been heavily debated for years. A recent report, released by the World Health Organization's International Agency for Research on Cancer, concluded that the ultraviolet light used in tanning beds is as carcinogenic as asbestos, arsenic, radium and cigarettes.

The committee, which included 20 scientists from nine different countries, stated that the risk of skin cancer increases 75% when people start using tanning beds before the age of thirty. In addition, the report reiterates what previous studies have concluded; people who use tanning beds are eight times more likely to get melanoma than those who do not.

Although over the past few years there have been continued efforts to raise awareness about the detrimental effects of tanning bed usage on individuals' health, roughly 14% of all adolescent females in the United States are currently using tanning beds. This percentage comes as no shock, when one realizes that now, more than ever before, there is increased pressure put upon women to look a certain way.

The tanning industry, which basically works to capitalize off of these new pressures, induces them to look toward tanning as the means of achieving beauty. In addition, teenagers are far less likely to consider the long term effects of tanning, and thus dismiss any knowledge or advice parents and educators give them based on their immediate urge to achieve what the media portrays as beautiful.

The tanning industry has taken a harsh stand on the reports, in large part, believing them to be flawed studies that do not truly reflect safe tanning but rather focus their research on people who engage in unsafe tanning practices. Unsafe tanning practices include individuals tanning longer or more often than instructed to.

Barbara Stowe, R.N. for the Gerard Nat M.D. Cosmetic, Surgical & Dermatology clinic weighs in her opinion stating, "Tanning beds are no more harmful or damaging than the sun, although due to their convenience people tend to overuse them and inflict skin damage." Stowe reminds everyone that limited sun exposure

helps preserve the health of your skin.

The Classic Tan, located in Downey, offers both tanning beds and spray tanning, a new form of tanning that does not subject your skin to harmful exposures. The owner, Jesele Amoroso, states, "Tanning beds are not any worse than sunlight. In fact with a tanning bed you can control the time, which ensures that you avoid prolonged sun exposure."

When asked about the effects of reports, such as the ones released by the World Health Organization's International Agency for Research on Cancer, Amoroso states, "The studies have affected business only slightly; the reports are why the industry is moving toward airbrush." Amoroso also adds, "The true problem has been the fact that with the economy, less people have been going tanning because it is a luxury."

Amoroso also points out that in some studies, tanning beds have been compared with commonly used items, such as oral contraceptives, estrogen therapy, red wine, solar radiation, beer and salted fish.

In such comparison products, people have also ignored the warnings of studies, due to their inability to avoid everything health professionals list as being damaging to health.

Pauline Grzebyk, owner of the Downey tanning business, Aussie Tan, states, "It's hard to defend yourself against health reports. I have been in the tanning industry for 20 years and feel that every year similar reports surface around summertime. If it was that crucial why don't they bring it up in the winter? Tanning is tanning whether you do it inside or outside." In addition, Grzebyk points out that tanning beds are a great way to receive a sufficient quantity of the necessary Vitamin D.

More importantly, Grzebyk tries to convey to everyone that uses tanning, "everything in moderation is okay." Grzebyk herself only tans during certain times of the year, feeling that this ensures that her skin has a break from UV radiation.

Thus given the ongoing heated controversy regarding the usage of tanning beds, it comes as no surprise that many have chosen not to believe the numerous conflicting studies that have arisen regarding the health effects.



'G.I. Joe: The Rise of Cobra' opens today in theaters nationwide. The film was largely filmed in Downey. Promotional photo

## 'G.I. Joe' was filmed mostly in Downey

BY STEPHANIE COBAU

**DOWNEY** – The new movie, "G.I. Joe: The Rise of Cobra," directed by Stephen Sommers, used Downey for much of its filming.

The \$175 million movie, which opens in theaters today, has thus far received many positive reviews.

"G.I. Joe: The Rise of Cobra," which stars Dennis Quaid, Channing Tatum, Sienna Miller and Marlon Wayans, has been called cheesy yet fun by some, while others have found it action-

packed and captivating.

Many reviews include comparisons to the latest action hit, "Transformers 2," however, reviewers praise "G.I. Joe" as far more enticing because its plot is much clearer.

The movie, which has only been reviewed by a select few critics, has been highly anticipated. Although audiences at this point are unsure about the full content of the movie's plotline, they can expect a fast-paced action film that grabs their attention, as well as reflects the \$175 million invested into its creation.

## Chamber Golf Classic now accepting sign-ups

**DOWNEY** – The 13th annual Downey Chamber of Commerce Golf Classic will be held Sept. 25 at the Rio Hondo Golf Club.

Funds raised from the tournament will support the American Cancer Society's 24-hour Relay for Life and scholarships for Downey children.

Foursomes are \$560 and include dinner, lunch and 20 raffle tickets. Cost for an individual player is \$140 and includes lunch, dinner and five raffle tickets.

All players receive 18 holes of golf with use of a cart, gift bag, hosted bag drop, contest opportunities, an on-course masseuse, group photos, lunch on the course, dinner, drawing opportunities, and participation in live and silent auctions.

Registration deadline is Sept. 11. For more information on registration or sponsorship opportunities, call the Chamber at (562) 923-2191.

## Registration open for Memory Walk

**LOS ANGELES** – Registration is now open to the 17th annual Alzheimer's Association Memory Walk scheduled for Nov. 1 in Downtown Los Angeles.

More than 3,000 participants are expected to join the 3-mile walk downtown with the goal of raising \$750,000 in support of the Alzheimer's Association.

On-site check-in begins at 7 a.m. and the walk starts at 9 a.m. Exhibitors, vendors and sponsors are being sought for the event, which includes food, entertainment, prizes and a health-and-fitness expo.

Alzheimer's disease is a growing epidemic that is now the seventh leading cause of death in the United States. The Memory Walk is the nation's largest event to raise awareness and funds for Alzheimer care, support and research.

To register for the walk, visit [www.alzla.org/mw](http://www.alzla.org/mw) or call (323) 930-6228.

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## Mirharooni to speak at Rise 'N Shine

**DOWNEY** – Michael Mirharooni of Attractivity, LLC has been tapped to speak Aug. 25 at Rise 'N Shine Networking at Downey Brewing Company.

Mirharooni's topic is "Introduction to Attractive Communication." The meeting begins at 7:30 a.m. Cost is an order from the menu. RSVP by calling the Downey Chamber of Commerce at (562) 923-2191.

## Luau business mixer this Thursday

**DOWNEY** – The Downey Chamber of Commerce will present a luau mixer Thursday from 5:30-7:30 p.m. at George's Restaurant & Bar, 7857 Florence Ave.

Admission is free and there will be raffles, entertainment and networking opportunities. Guests are encouraged to dress in Hawaiian attire. For more information, contact the Chamber at (562) 923-2191.

## Group selling discounted Dodger tickets

**LOS ANGELES** – Discounted tickets to the Aug. 20 game between the Los Angeles Dodgers and Chicago Cubs are being offered by the Society for the Prevention of Cruelty to Animals (SPCA).

Tickets are priced from \$17-\$60 and part of the proceeds will benefit the SPCA. To purchase tickets, visit [www.spcala.com](http://www.spcala.com) or call (323) 730-5300, ext. 232.

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\* G.I. JOE: THE RISE OF COBRA PG-13 (10:00, 10:50, 12:45, 1:45, 3:40, 4:25, 6:35, 7:30, 9:30, 10:25)  
\* JULIE & JULIA PG-13 (10:30, 1:25, 4:20, 7:20, 10:20)  
\* A PERFECT GETAWAY R (11:50, 2:20, 5:00, 7:40, 10:30)  
ALIENS IN THE ATTIC PG (10:05, 12:20, 2:40, 4:55, 7:15, 9:40)  
THE COLLECTOR R Fri to Mon (12:15, 5:15, 10:15, Tue (5:15), 10:15, Wed & Thu (12:15, 5:15), 10:15)  
FUNNY PEOPLE R Fri to Mon (11:45, 12:40, 3:05, 4:05, 6:30, 7:25, 9:45, 10:40, Tue (11:45, 12:40, 3:05, 4:05), 6:30, 7:25, 9:45, 10:40)  
ORPHAN R Fri to Mon (2:30), 7:30, Tue: 7:30; Wed & Thu: (2:30), 7:30  
THE UGLY TRUTH R (11:40, 2:15, 5:05, 7:35, 10:05)  
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## Downey Business Directory

Tell Downey about your business *in your own words* - whether it's exceptional customer service, one of a kind parts, or being in business more than 50 years!

### Downey Business Review

ADVERTISING SUPPLEMENT

**Tabberts TV & Appliance**

Tabberts TV & Appliance is a Family owned Business established since 1962 in Downey, located at 8130 Firestone Blvd. Our showroom floor displays Plasma, LCD, and DLP featuring L.G, Mitsubishi and Toshiba. We have been with us for home deliveries. We stock the latest in home appliances, L.G. and others. We have same day service. Unlike the Big Box Stores who offer no service or product information. Come join our family of satisfied customers. (562) 861-0948



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**Ana Esparza, Real Estate Executive**

Ana Esparza has been servicing the City of Downey since 1991. She is involved in many organizations and currently serves as President of the Downey Association of Realtors. Ana believes that purchasing Downey Real Estate is a great investment whether you are purchasing your first home, second home, or commercial property. Ana believes when you are buying or selling in today's real estate market, it is important to have confidence in your Real Estate Professional. Ana is committed to provide specialized service that her clients deserve. If you are considering buying or selling a home, or commercial property, or would like to have additional information about real estate in your area. Please contact Ana Esparza at (562)756-8870

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NOTICE OF HEARING ON VERIFIED PETITION TO ESTABLISH A NEWSPAPER AS A NEWSPAPER OF GENERAL CIRCULATION  
(California Government Code §§ 6000, 6020)  
Case No. VS019238  
Superior Court of the State of California, County of Los Angeles  
IN THE MATTER OF THE PETITION OF JENNIFER DEKAY-GIVENS TO HAVE THE STANDING OF THE DOWNEY PATRIOT AS A NEWSPAPER OF GENERAL CIRCULATION ASCERTAINED AND ESTABLISHED  
NOTICE IS HEREBY GIVEN that on August 17, 2009 at 8:30 a.m., or as soon thereafter as the matter may be heard in Department C of the Los Angeles County Superior Court, located at 12720 Norwalk Boulevard, California 90650, Petitioner intends to apply for an order, pursuant to California Government Code § 6000 declaring The Downey Patriot to be a newspaper of general circulation in the County of Los Angeles, California.  
The Petition sets forth the following: Petitioner Jennifer DeKay-Givens respectfully alleges and verifies that:  
1. She is the Publisher of The Downey Patriot, a newspaper whose principal office of publication is located at 8301 E. Florence Avenue, Suite 100, Downey, California 90240. The newspaper was established under the name "The Downey Patriot" on May 3, 2002, and has been printed and published under that name on a weekly basis since then. The Downey Patriot currently is published each Friday morning in the County of Los Angeles, State of California.  
2. The Downey Patriot is published for the dissemination of local and telegraphic news and intelligence of a general character in the County of Los Angeles, State of California. The Downey Patriot covers news stories and other items of interest to the local community. For example, The Downey Patriot's regularly featured content includes, among other things: News, Dining & Entertainment, Health & Wellness, Sports, Opinion, Letters to the Editor, Obituaries, and Events. In addition to these regular features, The Downey Patriot also provides in-depth cover and feature articles. This local and/or telegraphic news and intelligence of a general character consistently has comprised well over 25% of The Downey Patriot's total inches during the one year period preceding the date of this Petition.  
3. The Downey Patriot has a bona fide list of 185 paying subscribers. That is, The Downey Patriot has a real, actual, genuine subscription list containing only the names of those 185 persons and entities that are in good faith paying regularly for subscriptions. The Downey Patriot enjoys a diverse subscriber base. In addition to individual subscribers, several local businesses have purchased annual subscriptions. The Downey Patriot's annual subscription fee for home delivery is \$20.00, and its annual subscription for mail delivery is \$72.00.  
4. For at least one year preceding the filing of this Petition, the mechanical work of producing The Downey Patriot, that is, the work of typesetting and impressing type on paper, has been performed in the County of Los Angeles, State of California. Specifically, since August 10, 2007, copies of The Downey Patriot have been printed by Southwest Offset Printing Company ("Southwest"), located at 13630 Gramercy Place, Gardena, California 90249. The Downey Patriot currently is distributed to the public from Southwest's office. The Downey Patriot, therefore, has been issued from the same County and State where it is printed and published, has been both printed and published in the same County and State, and has been published weekly since August 10, 2007.  
WHEREFORE, Petitioner now prays for a judgment ascertaining and establishing The Downey Patriot as a newspaper of general circulation in the County of Los Angeles, State of California, pursuant to California Government Code §§ 6000 and 6020.  
Dated: June 26, 2009  
Karen A. Henry, Esq.  
Davis Wright Tremaine LLP  
865 S. Figueroa Street, 24th Floor  
Los Angeles, California 90017  
(213) 633-6800

## Can disabled placards be transferred to a new car?

**By the California Department of Motor Vehicles (DMV)**

**Q:** I've had disabled plates on my old vehicle for several years but recently bought a used car. Can I place my disabled plates on my new car? Do I have to transfer these plates to my new vehicle?

**A:** You can use your Disabled Persons License Plates on your new vehicle. Take both sets of license plates along with the current registration card on your new vehicle to your local DMV field office. The Disabled Persons License Plates will be assigned to your vehicle, and you will receive a new registration card and registration indicia for your vehicle.

Appointments are recommended. You may make an appointment on our website at [www.dmv.ca.gov](http://www.dmv.ca.gov) or by telephone at 800-921-1117.

**Q:** I have been hearing a ton of different things about a new cell phone law prohibiting people from driving and talking on their cell phone at the same time. What are the exact new rules and where can I find more info on them?

**A:** Effective July 1, 2008, drivers under 18 years of age are prohibited from using a wireless telephone – hands-free or otherwise – while driving. In addition, drivers 18 years of age or older are prohibited from driving a motor vehicle while using a cell phone unless a hands-free device is used.

While these laws allow latitude to use hands-free devices, talking on the phone while driving in any circumstance remains a form of distracted driving. For maximum safety, it is best not to talk on the phone at all.

**Q:** Is it true California now has a ban on smoking in cars when children are present?

**A:** Yes. On Jan 1, 2008 a law went into effect banning smoking in a motor vehicle any time there is a minor present. Those caught violating the law will face up to a \$100 fine.

This is a secondary offense, meaning authorities cannot pull someone over only for smoking with a minor present. Violators can be cited if they are pulled over for other infractions and are also smoking in the presence of a minor.

**Q:** How close is too close when following someone on the roadways?

**A:** In ideal driving conditions, the "three-second rule" can help you make sure you are being safe, following traffic laws and not being a tail-gater.

When the vehicle ahead of you passes a certain point such as a street or traffic sign, count "one-thousand-one, one-thousand-two, one-thousand-three." If you pass the same point before you finish counting, you are following too closely. During inclement weather, you will need to allow more distance between you and the person in front of you.

**Q:** What if my registration is due with a smog certification but the repairs needed for my car to pass smog will take me past the due date?

**A:** If a smog certification is required and you have not had a smog inspection, you may still pay your registration fees online at [www.dmv.ca.gov](http://www.dmv.ca.gov) to avoid any late fees. However, you will not receive your new registration or annual renewal sticker until the Smog information has been received by DMV.

Late registration fees are subject to penalties. If you paid your renewal fees prior to acquiring the smog certification, and you have not received your registration card or sticker, you should call your local DMV or 1-800-777-0133 between the hours of 8 a.m. and 5 p.m. A department representative will check your vehicle record and inform you of the status of your renewal.

**Q:** Is there a place in California where street racing is legal?

**A:** Speed contests or exhibitions of speed on public highways or streets, commonly known as street racing or drag racing, are illegal and threaten the well-being and safety of the public. More than 100 people die annually in the U.S. as the direct result of a speed contest or illegal street race.

Along with various other penalties, you can have your driver's license revoked and be fined up to \$1,000 for speed racing. More importantly, illegal exhibitions of speed put you and others in danger.

There are alternative sites to race legally, however. The National Hot Rod Association has more than 140 tracks in North America. To find the NHRA track in your area go to the [www.NHRA.com](http://www.NHRA.com) or call (626) 914-4761.

*Do you have questions about general driving related requirements like registration and insurance? Are you unclear about laws and restrictions related to driving? The California Department of Motor Vehicles has answers. "Save Time by Going Online," at [www.dmv.ca.gov](http://www.dmv.ca.gov).*

## Hunters must have deer tags to hunt

**LOS ANGELES** – Hunters interested in purchasing 2009 "A Zone" deer tags must have done so already in order to hunt on opening day tomorrow.

Sales are typically brisk the day before the deer season begins, officials with the Department of Fish and Game (DFG) said. But the first, second and third Friday of each month are designated furlough days and all DFG offices will be closed.

California residents must have both a resident hunting license and a valid deer zone tag in order to hunt deer in any zone. A resident hunting license currently costs \$41.20; a resident first-deer tag application is \$27.55 and a second-deer tag application is \$34.40.

Deer tags may be purchased at regional offices or through the mail. A list of regional officers is available online at [www.dfg.ca.gov/licensing](http://www.dfg.ca.gov/licensing).

The "A Zone" is the largest deer hunting zone in the state, with 65,000 tags allotted for the 2009 season.

## Norwalk chorus searching for singers

**NORWALK** – The Norwalk-based Southland Harmony Chorus is searching for female singers to join its group.

Women of all ages who enjoy singing are invited to the chorus' weekly rehearsals Tuesdays at 7 p.m. at the Norwalk Masonic Center, 12345 E. Rosecrans Ave.

The chorus is currently preparing for its fall show on Nov. 7 and would like to add voices to enhance the show.

Musical knowledge is not necessary to join – voice training and music education are part of the membership. Any woman of average singing ability will find a part in the chorus.

For more information, contact Bobbi Morrill at (714) 376-1810 or e-mail [bobbimorrill@yahoo.com](mailto:bobbimorrill@yahoo.com).

## Carnival in Bell Gardens

**BELL GARDENS** – A carnival to support the Bell Gardens Lions Club will be held this weekend at Veterans Park, 6662 Loveland St. in Bell Gardens.

There will be rides, food, games and more. The community is invited.

## Small business conference Aug. 19

**DOWNEY** – Members of the Downey Chamber of Commerce are invited to a "Small Business Contracting Connections Workshop" Aug. 19 at the Grand Event Center in Long Beach, 4101 E. Willow St.

The workshop will be held from 8 a.m. to 12:30 p.m.

RSVP by calling Veronica Olmos or Alice Estrada at (323) 881-3964 or by e-mail to [dcabreira@isd.lacounty.gov](mailto:dcabreira@isd.lacounty.gov).

## OASIS is meeting topic

**DOWNEY** – Karina Madariaga will give a presentation about Downey Adult School's OASIS program when she speaks to the Downey Christian Women's Club on Wednesday at Los Amigos Country Club.

The buffet lunch meeting begins at 11:45 a.m. and costs \$13. Both men and women are invited.

For reservations, call Sonja at (562) 862-4347 or Jean at (562) 861-1114.

## My Real Estate celebrates 35 years

**DOWNEY** – Century 21 My Real Estate is celebrating 35 years of helping homebuyers and sellers in the Los Angeles community with services that help them make critical real estate decisions.

"Century 21 My Real Estate joined the Century 21 system in 1974 and has established a solid and successful real estate firm in the Downey area with a reputation for the highest quality customer service," said Steve Roberson, broker and owner of My Real Estate.

Century 21 My Real Estate, located at 7834 Florence Ave., offers full-service real estate capabilities, specializing in residential, commercial and luxury sales in Downey and the surrounding area.

"On behalf of the entire Century 21 system, I congratulate and thank the men and women of Century 21 My Real Estate for their years of exemplary service and tireless dedication and commitment to their community," said Thomas Kunz, president and CEO of Century 21.



Steve Roberson, right, is broker of My Real Estate. Roberson was named 'Volunteer of the Year' last week.

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"Lilian Lopez and Lorena Amaya did an amazing job. They were very helpful!" – **Carlos Dhayer**

### FEATURED PROPERTY

JUST LISTED

Hot! Hot! Hot!

Spacious open floor plan, 3 bedroom, 3 bath, family room, dining room, extra large master bedroom, central heat & A/C, spa in master bedroom, large lot, and just listed at a fantastic price!

### TOP PRODUCERS

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Manuel Acuna

**TOP SALES**  
Lilian Lopez & Lorena Amaya

ATTRACTIVE!

Spacious 3 bedroom, 2 full bathroom, fireplace in living room, travertine floors, Jacuzzi spa tub in master bath, refrigerator, stove, microwave. Attractively priced!

WHAT A DEAL!

Charming 3 bedroom, 1 bath home with fireplace, 2 car garage on a good size lot. Priced to sell fast!

PENDING

Outstanding! 2 bedrooms, 2 bathroom, well maintained, large lot and two extra rooms!

SPARKING POOL

This home needs a little TLC but it's an outstanding price. 3 bedroom, 1 bath, newer roof, pool and a nice area of Downey.

PENDING

A great opportunity, beautiful 3 bedroom, 1 bath home, ready to move in. Priced for a fast sale.

PENDING

First time home buyer opportunity! 2 bedroom, 1 bath, newer paint and carpet, tile in kitchen, bonus room. Good size lot.

REDUCED

North Downey 4 bedroom, 3 bath home, 3 fireplaces, large pool, spa, formal living room, family room, alarm system, formal dining area, copper plumbing. Virtual Tour – [www.towncenter.com/9327](http://www.towncenter.com/9327)

ONLY 1 LEFT!

3 spacious bedrooms, 3 baths, delightful fireplace, sparkling stainless appliances, granite countertop in a spacious kitchen, 2 car garage. An unbelievable low price and they are new!

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