

# The Powney Patriot



Air Force promotion See Page 2



**Crowned Miss Teen Victory** See Page 3



Proud to serve in the Navy See Page 2

Friday, August 21, 2009

8301 E. Florence Ave., Suite 100, Downey, CA 90240

## A story of preparedness, survival & heroism



PHOTO BY PAUL HEIDECKER

The girls' cross country team at Downey High School knew exactly what to do when their coach, John Kosarich, suffered a heart attack during training in Turnbull Canyon. Kosarich credits the team, and four mountain bikers who happened upon the scene, with saving his life.

## Coach is alive thanks to team

By Christian Brown, STAFF WRITER

DOWNEY - As a lifeguard at Norwalk Aquatic Pavilion, Evelyn Cruz learned CPR just in case of an emergency, but always hoped she'd

never have to use it.

But Cruz had no choice on July 18, when girls' cross country coach John Kosarich suffered a heart attack while training with his Downey High School team in Turnbull Canyon, the hills north of

While trailing his runners on a mountain bike, Kosarich, 68, collapsed and went into full cardiac arrest. Cruz, who graduated from Downey High School in June, was assisting Kosarich with the team when it happened.

"I was shocked at first - he had no pulse," said Cruz, 17. "We were just trying to find a phone – I knew I had to do CPR."

As a result of Cruz's quick action, and the help of some admirable bikers, Kosarich survived the incident, receiving mouth-to-mouth resuscitation for more than 20 minutes before paramedics arrived to revive him.

"Sometimes people panic and don't know what to do," said Amy Overgaauw, who coaches track and field at Downey High. "But Evelyn and the girls were right on it."

Minutes after Cruz began CPR, four bikers stopped to help when they saw the girls gathered around Kosarich. All four bikers just happened to be Downey residents and one was a registered nurse.

As an educator in critical care at USC Medical Center, Marcelo Astudillo, 42, immediately started chest compressions when he saw that Kosarich was not breathing.

"I've been in critical care for so long - it's just an instinct," said Astudillo over the phone. "Every time we stopped, he still had no pulse."

Due to their position in the hills, cell phone reception was inconsistent and the paramedics struggled to pinpoint their location.

"There was no help," said Astudillo. "We all did a round [of CPR] while we waited for the paramedics."

Astudillo and the other three bikers, Kenny Soto, Ramon Aguilar and Anthony Nunez, are no strangers to Turnbull Canyon. Astudillo said the group rides the canyon route together two to three times a week, but had no plans of taking the course they took on July

Kenny Soto, 29, who graduated from Downey High in 1998, remembers their decision that day.

"Normally we go just up and down, but that day we went up another trail," said Soto, who works for the city of Downey in the public works department. "We debated whether to go left or right - we went around the back way and we saw them."

After more than 20 minutes, the paramedics arrived, using a defibrillator to jolt Kosarich's heart back into rhythm. Astudillo watched Kosarich's response as the paramedics worked on him.

"He started gagging and reaching for his mouth," said Astudillo. "I was relieved at that time. I knew he was going to be OK."

After hearing the story, Mark Sauter, the deputy city manager of public safety and emergency operations, felt it was remarkable.

"It's incredible that this ad hoc team could do such a good job," said Sauter, a former paramedic. "It was an amazing chain of events. If any of the things in the chain had been broken, John would not be with us."

Kosarich was taken to Presbyterian Intercommunity Hospital in Whittier, where doctors discovered that five of Kosarich's arteries were blocked. Kosarich

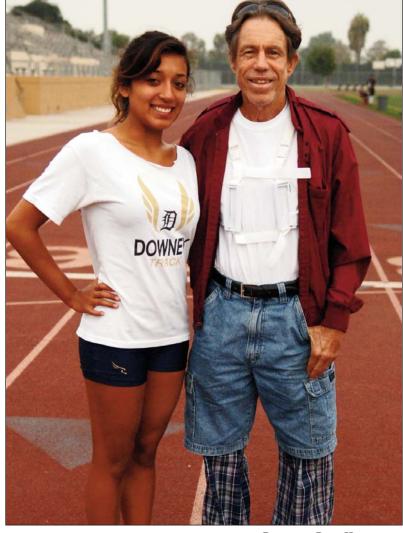


PHOTO BY PAUL HEIDECKER

underwent heart surgery to replace the arteries and was released from the hospital on July 26.

Kosarich credits his team and the four bikers for keeping him

"I owe them my life - I love them because of that," said Kosarich. "I ignored the indicators. I wasn't following the guidelines -

While visiting Downey High School last week, Kosarich, a slender man with gray hair and clear eyes, walked sturdy and determined. Though unable to drive, Kosarich still attends practices and

expects a full recovery soon. "I'm still relying on people, but I'm back now," said Kosarich with a smile. "I'm back in the fold."

During a city council meeting on Aug. 11, Sauter arranged for the bikers and the girls' cross country team to be honored with certificates of recognition for their

"This is a learning experience – we need to be prepared for things," said Sauter. "I hope more people will learn CPR."

Astudillo believes everyone should get CPR certified and maintains that it was no accident that Kosarich survived.

"He got another chance to live," said Astudillo. "God put us there – it wasn't his time to go."

## Marine band to close out concert series

■ Summer concerts will end with a patriotic bang.

**DOWNEY** – The Marine Corps Air Ground Combat Center Band based out of Twentynine Palms will delight the community Wednesday at Furman Park for the finale of the city of Downey's Twilight Summer Concert Series.

Established in the late 1950s, the band is one of the youngest Marine Corps musical units. A band from its inception, it was later reestablished as a drum and bugle corps and remained that way until 1990, when a restructure of the Corps music program formally established the 12 Marine Corps bands that exist today.

The band travels extensively throughout the western United States. Recent tours have seen the band in Nevada, Wisconsin and Nebraska.

Some of their most popular performances are at the annual Tournament of Roses Parade in Pasadena and the Longs Peak Scottish Irish Highland Festival in Estes Park, Colo.

In order to fulfill their mission of providing music for military ceremonies, community events, recruiting programs and other official events, the 51 band members perform in a wide variety of ensembles to include concert band. ceremonial band, brass band, woodwind quintet, jazz combo and brass quintet.

The men and women of the Marine Corps Air Ground Combat Center Band are trained Marine riflemen who serve as a perimeter security/machine gun platoon during times of war. With Gulf War veterans in their ranks, they give full meaning to the term "Marine Musicians."

The Marine Corps Air Ground Combat Center Band carries on the proud tradition of military music forged by the whistling fifes and rolling drums of the first Marine Musicians of 1775.

Chief Warrent Officer 2 Stephen B. Giove is the band officer while Gunnery Sgt. Carl J. Vanderzee is the bandmaster.

The concert begins at 7 p.m. and is free.

## Start of school year brings high hopes

■ Officials preparing for new school year, which begins Sept. 3.

> BY HENRY VENERACION, STAFF WRITER

**DOWNEY** — For 22,265 Downey Unified K-12 kids, it's back to school Sept. 3 amid high hopes they'll get at least the rudiments they'll need in their individual educational odysseys.

Rooting for them to succeed are their parents/families and teachers, of course, as well as school officials and, indeed, every involved stakeholder in the whole vast, vital

#### educational enterprise. **Board goals**

There's no higher priority on the Board of Education's list of goals year after year. In fact, at its next regular meeting this Tuesday, it's set to adopt the following as its number one goal for 2009-10: "Schools will continue to improve student achievement by developing and implementing an action plan to meet their State Academic Performance Index (API) growth targets and their Federal Annual Yearly Progress (AYP) targets for numerically significant subgroups."

To realize this goal, the Board, for one, is expected to continue its commitment to teacher training with emphasis this year on such areas as the so-called Sheltered Instruction Observation Protocol (SIOP) designed specifically for English Learners, as well as guided

reading methods to Title I (assistance in reading and math for qualified students) and English Development (ELD) programs in grades 6-8, as well as mathematics courses where they are most need-

### **Information system**

The district is big on online data analysis and reporting: the board's endorsement of the district's proposed newfangled student data/management system is anticipated as this will assist in the generation of "school benchmark assessments and data disaggregation" for instructional planning

The creation and implementation of an on-line work order requisition system for MOT (department of Maintenance, Operations, Transportation) and Technology is likewise on the list.

Another major objective is to get Columbus High School accredited by the Western Association of Schools and Colleges, with both CTE and credit recovery courses scheduled to be integrated into the

Meanwhile, it's not about to lose sight of its commitment to monitor and adjust budget priorities as the year progresses, as a consequence of "severe" state education funding cuts.

#### New culinary arts facility

Another top goal is the completion of the final modernization phase at Warren High School, even

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Harrison W. Gipple, grandson of Col. (Retired) and Mrs. Harvey W. Gipple, of Downey, was promoted to the rank of first lieutenant in the United States Air Force. Lt. Gipple will be assigned to Kadena Air Force Base at Okinawa, Japan. While there, he will be flying the Boeing KC-135 Stratotanker aircraft. Gipple is a 2007 graduate of the U.S. Air Force Academy and completed his flight training at Columbus Air Force Base in Columbus, Miss.

## Carol Kim serving proudly in the Navy

By Stephanie Cobau

**DOWNEY** – Currently aboard the Navy's USS Nimitz, 21 year old Carol Kim is performing duties as an E-3 airman. Having joined the Navy one year and eight months ago, Kim has been enjoying her time in service, stating "The Navy has been life changing. It is a great opportunity to see different places and meet new people. Not to mention is pays for your education."

Kim is currently on a Western Pacific deployment working to defend America's interests of spreading peace and stability abroad. This tour of duty will continue for six months and upon her return Kim will be stationed in Washington.

During her deployment, Kim's specific job is to work on parachutes, liquid oxygen, and life preservers, which are vital to saving pilots' and aircrew members' lives.

The USS Nimitz, currently carrying a crew of 5,000, departed from San Diego Aug. 31 under Captain Michael C. Manazir. The USS Nimitz travels under the philosophy "Teamwork... Tradition."

On board, Rear Adm. John W. Miller Commander CSG 11, states enthusiastically, "I'm proud of these sailors, and all their families for the mutual commitment to support their country. This deployment is the culmination of a lot of hard work. We are ready."

Kim's day-to-day routine includes 12 hours of work followed by free time to relax, during which she enjoys watching movies and running. Currently looking to make a career out of the military, Kim plans to serve for a total of 20 years and then become a history teacher or school counselor.

Prior to enlisting, Kim resided in Downey and attended East Middle School and Downey High School. During her time at Downey High, she was a member of the cross country and track team.

Kim's parents still reside in Downey.



Carol Kim, 21, is aboard the USS Nimitz on a Western Pacific deployment. A Downey High School graduate, she plans to serve in the Navy 20 years before becoming a teacher or school counselor.

## Faust installed as Assistance League president

**DOWNEY** – Judith Faust has been elected as the 52nd president of the Assistance League of Downey, the organization has announced.

Faust has been an active member of the Assistance League since 1982 and has held many offices, including terms as treasurer.

She is affectionately known as "the Book Lady" in the Second Tyme Around Thrift Shoppe.

Other officers for 2009-10 include Charlene McCluskey, first vice-president, membership; Jean Johnson, second vice-president, philanthropy; Judy Berg, third vice-president, ways and means; Willellyn McFarland, recording secretary; Karen Hoferer, corresponding secretary; and Jo Wilbur, treasurer.

The Assistance League of Downey is one of the more than 120 chapters of Assistance League, a national nonprofit organization. Last year, 200 member volunteers, including the Gypsy Johnson and Assisteens auxiliaries, volunteered more than 17,000 hours and helped more than 10,000 people in the Downey area through its philanthropic programs.

The organization's Operation School Bell program provided clothes and shoes to more than 350 children referred by DUSD, and \$10,000 was awarded in scholarships. Kids on the Block performed educational puppet shows and skits in every Downey elementary school, and more than \$14,000 in free dental care was provided.

The Assistance League of Downey also distributed 100 teddy bears to the Downey police and fire departments to use at their discretion, and more than 2,000 wrapped

Christmas gifts were distributed to nursing homes and other agencies. H.O.M.E. (Housing of Medical Emergencies), located near Rancho Los Amigos, provided housing to more than 250 patients' families this year.

Programs are supported by the Second Tyme Around Thrift Shoppe located at 11026 Downey Ave. and the annual Christmas Tree Brunch, to be held this year Nov. 22 at the Long Beach Hilton.

For information about membership, call the thrift shop at (562) 869-0232 and leave a message.



Judith Faust is the 52nd president of the Assistance League.

# Be the reason for somebody's smile

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Despite the recession, employment for Dental Assistants is expected to grow 29% in the next few years! "This is much faster than the average for all occupations," according to the U.S. Department of Labor. "In fact, Dental Assistants are expected to be among the fastest growing occupations."

At Downey Adult School, the 25-week Dental Assistant Day Program will prepare you for an entry-level position in a dental office or clinic. You'll learn chairside and laboratory procedures: four-handed dentistry; providing the dentist with instruments and materials exactly when needed; creating X-rays via computer or film; using suction to keep the patient's mouth dry and clear; taking impressions; mixing dental cements; removing excess cement; advising patients on oral health care and postoperative care; and how to perform other duties.



For more details and to apply, please visit our website: www.das.edu Don't delay. Classes begin September 8th and space is very limited.

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# Community Page 3 Friday, Aug. 21, 2009



Downey resident Michelle Page was crowned California Teen Miss Victory and Miss California Teen first runner-up at the California American Coed Pageant held Aug. 6-9. Page will now compete for the national title of American Teen Miss Victory in Orlando this November.

## New Titles at the Downey City Library

#### Fiction

- "Benny and Shrimp" by Katarina Mazetti. Shrimp—an intelligent, tidy, widowed librarian-meets Benny-a gentle, overworked milk farmer-- prompting an unlikely love story that should not be as complicated as it seems.
- "Best Friends Forever" by Jennifer Weiner. Popular TV personality Valerie Adler turns to her Illinois hometown friend Addie Downs in a novel about loyalty, family history and small town secrets.
- "The Girl Who Played with Fire" by Stieg Larsson. When a sex trafficking expose is about to be published, two reporters are found murdered and the fingerprints on the weapon belong to Lisbeth Salander, a
- "Short Girls" by Bich Minh Nguyen. Two estranged Vietnamese sisters, each wrestling with their own lives, careers and romances, are reunited at their father's American citizenship party and forge a new
- "The Year of the Flood" by Margaret Atwood. After a natural disaster destroys most human life, two women survive but realize they can't stay locked away and must decide their next move.

## Non-Fiction

- "Beginner's Guide to Beethoven" by John Deathridge. This book profiles the achievements of the master composer against the backdrop of his personal life and time.
- "Julie and Julia: My Year of Cooking Dangerously" by Julie Powell. To escape the doldrums of an unpromising career, the author cooks every recipe in Julia Child's classic, "Mastering the Art of French Cooking," a year-long endeavor that transforms her life.
- "Late Editions: a Love Story" by Bob Greene. The veteran Chicago columnist and CNN contributor recalls his days as a copy boy and other assignments with two rival newspapers that reflected Midwestern life and nostalgic journalism.
- · "What Do You Want from Me? Learning to Get Along with In-Laws" by Terri Apter. Marriage is not only a bond between two individuals: it establishes an intricate connection between entire families. A psychologist offers insights on managing conflicts and expectations to build healthier relationships with in-laws.
- · "'What's Math Got to Do with It?: Helping Children Learn to Love Their Least Favorite Subject" by Jo Boaler. This guide for parents and teachers cites America's low ranking in global math performance and offers solutions for motivating reluctant students.

Visit www.downeylibrary.org and click on "New and Notable Books" to browse more titles

## **Crime Watch**

#### Tuesday, Aug. 11

•At 10 p.m. a 19-year-old Downey resident was carjacked and briefly kidnapped at gunpoint in the area of Woodruff Avenue and Muller Street. The suspects drove the victim around the city, finally ordering him out of the car, unharmed. The victim immediately contacted Downey Police who spotted the stolen car in the downtown area. Ultimately, the two suspects, a 16-year-old female from Pasadena and a 15-year-old male from Downey, were arrested and booked for multiple felony charges.

#### Friday, Aug. 14

•At 10:50 p.m. a Downey officer on patrol saw a suspicious male seated inside a car in the Bally's parking lot (12027 Lakewood Blvd.). The officer noticed damage to the car's door handle and saw a second male that appeared to be acting as a "look out." The officer detained the two subjects, and after further investigation, determined they had broken into the damaged vehicle. The suspects (both residents of Los Angeles) were arrested for burglary.

#### Saturday, August 15

•At 12:35 a.m. a robbery occurred at a home in the 7000 block of 4th Street. The four suspects took an undisclosed amount of money and a cellular phone before fleeing. No one was injured.

At 12:45 a.m. an assault with a knife occurred at the Pow Wow Bar located at 9560 Firestone Blvd. During a fist fight inside the business, the suspect pulled out a knife, stabbed two victims, and fled the scene before officers arrived. The victims were transported to local hospitals where they were treated for non-life threatening injuries.

Source: Downey Police Department

## SEAACA: Buy one cat, get one free

**DOWNEY** – In one final push to place cats into homes this summer, SEAACA (Southeast Area Animal Control Authority) is offering a 2-for-1 deal where adopters can take home two cats for only

The reduced fee includes spaying and neutering, first set of vaccinations, de-worming and a microchip.

SEAACA normally reduces adoption rates for felines during the summer. The 2-for-1 deal is sponsored by the Found Animals Foundation out of Los Angeles.

"This is essentially an adopt one get one free program running concurrently with our in-house summer program," said Dan Morrison, executive director for SEAACA. "Adopters can bring two cats into their family, with all the bells and whistles, for only

Morrison said reduced rates helps SEAACA place more cats in adoptive homes during the sum-

"We haven't officially tallied the results thus far, but we know that cat adoptions went from single digit to double digit totals on an almost daily basis this summer," he

Last month, SEAACA placed 175 cats in homes, compared to 130 in July 2008.

The reduced rates are scheduled to expire Aug. 29.

## Girls invited to Downey cheer camp

DOWNEY - Downey High School cheerleaders will offer their annual cheer camp Sept. 19 from 8:30 a.m. to noon inside the school

Girls between the ages of 5-13 will learn game action cheers and perform during halftime of the Sept. 25 Downey varsity football game at Allen Layne Stadium.

Cost of the clinic is \$25 and includes a T-shirt and two admission tickets to the football game.

For information and registration, call Kim Buss at (562) 822-

## Book signing at Bob's Big Boy

**DOWNEY** – Authors John Eng and Adriene Biondo will sign copies of their latest book, "Southern California Eats," Sept. 26 at the new Bob's Big Boy in Downey from 2-3 p.m.

"Southern California Eats" is described as part homage, part guidebook to some of the areas most unique eating establishments, including Hollywood's Formosa Café, the LAX Theme Building, and ultra-modern Googie coffee

The book-signing will also include a car show.



From left: Councilman Luis Marquez, Mayor Mario Guerra, Rick Rodriguez, Sgt. First Class Rick Rodriguez Jr. and Sgt. Daniel Rodriguez.

## **RMI International wins** Latin business award

**DOWNEY** – Rick Rodriguez, a Downey resident and immediate past president of the Downey Chamber of Commerce, and his wife, Lupe, have been awarded the prestigious SOL Business of the Year Award from the Latin Business Association.

The award was presented at a banquet July 24.

The Rodriguez's own and operate the security firm RMI International, which offers a vast array of security services, from event staffing and parking enforcement to guarding of international dignitaries.

More than 1,200 Hispanicowned businesses across the U.S. with annual sales topping \$10 million were considered for the SOL

On the same night, the Rodriguez's two sons were also honored. Sgt. First Class Rick Rodriguez Jr., a senior drill sergeant at Fort Jackson in South Carolina, and Sgt. Daniel Rodriguez, of the Los Angeles recruitment battalion, received the Chairman's Hometown Hero Award. Both young men have each served two tours of duty in Iraq.

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### Meetings:

Aug. 25, 10 a.m. Coco's 5809 Lakewood Blvd. Lakewood, 90712

Aug. 31, 10 a.m. **Talbert Medical Group** 818 W. Alondra Blvd. Compton, 90220

Aug. 25, 10:30 a.m. **IHOP** 5655 Wilshire Blvd. Los Angeles, 90036

Sept. 2, 10 a.m. Marie Callender's 12402 E. Washington Blvd. Whittier, 90602

Aug. 27, 10:30 a.m. Grinder's 8521 S. Sepulveda Blvd. Los Angeles, 90045

Sept. 8, 10 a.m. Marie Callender's 7860 Florence Ave. Downey, 90240





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## Mexican cheeses may be harmful

■ Cheese sold by unlicensed vendors could be harmful, health officials say.

LOS ANGELES - County health officials warned the public Tuesday not to purchase or consume Mexican or Latin Americanstyle soft cheese and sour cream purchased from unlicensed manufacturers or vendors.

The popular cheeses, including queso fresco, panela, queso seco, asadero, queso Oaxaca, queso Cotija and crema, could contain harmful bacteria if purchased from anywhere other than the refrigerated section of a market, officials said.

"With unlicensed dairy prod-

ucts, you cannot be sure of what you're getting," said Jonathan Fielding, director of publish health, in a statement. "They may contain unpasteurized milk, have been made in unsanitary conditions, and may have been transported without refrigeration.

"This is a recipe for disaster, as harmful bacteria in these products can be dangerous to your health and safety."

Unpasteurized milk and cheese contain raw milk that has not been properly heated to kill harmful bacteria, including E. coli and salmonella. The bacteria may cause miscarriage, illness to unborn babies, diarrhea, fever, stomach cramps, swollen neck glands, and blood infections, officials said.

Fielding said his office was working with state agencies and the County District Attorney's office to stop the illegal sale of these cheeses.

Officials offered the following tips to purchase safe cheese:

Avoid dairy products with missing or incomplete labels.

Labels should provide safe handling and storage information, a list of all the ingredients, including "pasteurized milk," and identify the manufacturer responsible for the product.

Cheese products should be factory sealed.

Buy cheese from the refrigerated section of the market.

Do not purchase cheese from unlicensed manufacturers, unlicensed vendors at swap meets, door-to-door vendors, or on the

Keep the cheese refrigerated at 41 degrees or below.

Wrap the cheese in plastic after

Wash your hands with soap and warm water before handling food.

Prevent cross contamination by using different utensils when you cut the cheese.

Anyone who may have become sick from consuming Latin American cheese should call their doctor and Public Health at (888) 397-3993. Anyone who suspects illegal cheese manufacturing or sales should call Public Health's Food and Milk Program at (626) 430-5400.

## POET'S CORNER

## The Physician and the Poet

There is an aura of an angel in her, The physician not like others Helena, I poetically call her\* She radiates love, peace, the quiet waters

She called to order the test "cysticercosis" The poet answered, he was so happy For she is very much a sister to him Chance of hearing her voice seems a "destiny"

Oh my dear Rancho Los Amigos Hospital You have given a home within a home You've blessed me with many a friend The sound of love echoed each time I listen to my metronome

Oh, Helena, my dear Rancho's doctor, You invoked the name Aristotle\*\* He wrote of this ancient disease: You help make a broken life become whole

Strange! How my life has wandered to this generous land, It's a long story which I do not know where to begin But I could read it on the Vietnam Veteran Wall Where America each day finds healing

My dear sister and friend You have planted a seed in the poet inside me\*\*\* It has become a flower Here is my short life, call it a grateful tree... -Linh Duy Vo,

Downey \*Dr. Chui is currently the diretor of USC's Neuroloyg Dept. \*\*Aristotle was also a poet

\*\*\*A meaningful gift of seed money for my book of poetry "Dear

## Track and Field World Championship Games August 2009 Berlin

a fair start whipping his hands up and down shouldering aside the air in his lane Bolt from Jamaica scorches the track in nine point five eight seconds he has set the new world record for the one hundred meter

at the finish he spreads his arms to soar like a bird

Downey

Berlin's Olympic Stadium resounds today as it did in 1936 the black man from Jamaica strikes his trademark victory pose arms held like a lightning bolt he looks more like an archer drawing an invisible arrow aiming for the sky immediately overhead where Jesse Owens has been waiting seventy-three years for company -Lorine Parks,

If you could write the perfect words, to sing the perfect song, Would Love, live with you, until the mornings come?

If you could buy an island, in the South Seas cobalt blue, Would she walk the shores with you, to start each day anew?

But you can't find that island, and you can't write that song, Still you believe your quest for Love, is not, can't be wrong.

It's just that she is wounded, she's like a falling star,

And bitter tears, blind her eyes, she can't see where you are.

Yes sometimes Love is night, longing for the sun. But you would give her all your light, if only she would come. If only she would come. –Ben Platt, Downey

## Bee Hives Inside My Head

Who is the bee immigrating into my ear While I sit asunder yet too near? forget the buzz and breezes of his/her nam The tip of my tongue would not reclaim What shame, what human I became To let stranger bestow my simple ear In an act of treason positioned sincere I say today is here in temporary restitution, and yesterday is head of a night to be revered –James Hernandez, Downey

## DUSD: Administrators dismiss test results.

Continued from page 1

as it unveils its touted just-completed cutting-edge Culinary Arts facility; it will continue the modernization phase at DHS as well, including the renovations of Buildings J, K, N, and its cafeteria, and replacing Bldgs. A, I, M, O, and Q.

#### Prepping up for opening day

In any case, in these few days before opening bell, furious preparations are being made in many areas: the district staff, back en masse from its summer break, has resumed a round of review and orientation briefings to get principals and other administrators updated on last year's significant developments as well as this coming year's priorities and expectations.

With the installation of the new Student Information System called Spangle, which replaces an aged system along with its outmoded infrastructure, teachers get to use a system speedier and deeper in capability-it is now said to be "fully configured with staff members already using it for concurrent enrollment of students and master

scheduling"; MTO personnel, according to Kevin Condon, asst. superintendent for business services, are doing campus cleaning to get the campuses ready for classes. At the 'Leadership Team Advance' session Tuesday, Superintendent Wendy Doty gave a rundown of the 2008-09 goal priorities vs. results. In her report, she cited the excitement the new Student Information System has generated.

She also reported generally improved CAHSEE (California High School Exit Exam) results, with pass rates among grade 10 students in English-Language Arts, say, of 81 percent, and 79 percent in mathematics-both commendable. (API and AYP scores are due out at the end of the month). She also mentioned the implementation of online standards-aligned report cards in grades K, 1, and 2, yielding, among other things, "curriculum, instructional, and assessment improvements."

#### **CTE** making waves

Dynamic progress is being achieved, she said, in the Career and Technical Education (CTE) program, with notable advances

especially in CAD (Computer Assisted Drafting), Construction Technology, and Graphics and Animation Pathways leading the way. This program is run by Support Programs director Phil Davis who also coordinated the just-completed summer school program limited, due to budget constraints, to remedial and make-up middle school and high school stu-

A most encouraging project, she said, was the implementation of the Alcohol and Other Drugs (AOD) Intervention program as an expulsion alternative throughout the district, especially after determining that approximately 70 percent of district expulsion referrals were related to alcohol or other drugs, and that nearly all of these students were first-time drug or alcohol offenders. The protocol provides the student and parent with a "means of correction and...steers students with school and drug-related problems away from any dealings with the juvenile system in the future."

**Budget cuts have consequences** With the stinging budget cuts have come reminders to conserve resources whenever possible. Thus this summer, classes held at Sussman Middle School, for instance, were confined to one area of the campus using six classrooms, to cut electricity costs. **Test scores** 

Indicative of the difficulties faced by parties closely involved in the educational process were the published reports Wednesday of the 2009 California Standards Tests (CST) as released by the California Department of Education in which Downey Unified as a whole scored 47.2 percent in English proficiency and 41.8 percent in math, against the state's averages of 50 percent and 46 percent, respectively.

Director of secondary education Sara Cairns said the CST assessment figures should be "taken with a grain of salt," as they don't take into account such factors as socio-economic status, ethnicity, selectivity, etc.

"There's more than meets the eye in these reports," she said.

regulation, development of board

policy, evaluation of managers, and

development of the program

review process for student services.

duties included overseeing the gen-

eral daily operation of Riverside

City College; the development of

the Educational and Facilities

Masters Plan; the Accreditation Self-study; the renovation of the

quad; and served as the liaison with

chancellor at Riverside City

College, Lacy served as the past chair of the Riverside City Campus

Strategic Planning Committee; past

president of the Management

Association; a graduate, chair and

past president of the Greater

Riverside Chamber of Commerce

Leadership Program; and past pres-

ident of the California Community

College Chief Student Services Administrators Association.

in the community serving on the

Lacy has been very active with-

In addition to her time as vice

the Wood Streets Association.

Lacy's past interim presidential

## Cerritos College names president

**NORWALK** – Dr. Linda Lacy, a longtime administrator at Riverside City College, has been named superintendent and president of Cerritos College.

The Cerritos College Board of Trustees made the announcement at a special meeting Aug. 12. Her start date is still to be determined.

Lacy is currently serving as vice chancellor of student services and operations at Riverside City College, where she has been for 23 vears. She started at the school in 1986 as an instructor and coach.

Lacy was also a teacher and assistant principal in a K-12 system for 12 years in Oklahoma.

During her tenure as vice chanations, she supervised district funcpolicing and campus safety.

Her administrative experience involves budget formulation and

cellor of student services and opertions such as student financial services, health services, food services, the bookstore, college outreach,

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Boards of the Greater Chamber of Commerce, Riverside Downtown Partnership, the Mayor's Cultural Accountability Performance, the City Task Force, and the Wells Fargo Inland Bank. She is currently a member of the District Strategic Planning Committee, International Relations Council and of the Higher Learning

William Farmer, who has served as acting president at Cerritos College since July 2008, will remain with the school as vice president of academic affairs. Dr. Marilyn Brock, who has served in this position while Farmer was acting president, will end her interim assignment.

Federation Taskforce.

## It's nice here

#### By Eric Pierce

People say Downey isn't the town it used to be. Hard to argue that, but the same can be said for most places.

The truth is, Downey's not so bad. It still has a certain smalltown charm, thanks in large part to the numerous service clubs and organizations that offer residents an abundance of volunteer oppor-

I usually cringe when I hear Downey mentioned on the 6 o'clock news, but not lately. The past couple of TV stories have detailed a new Fresh 'N Easy scheduled to open later this year (good news) and the city's efforts to strengthen sex offender laws (even better news).

We don't have a Trader Joe's or a full-service book store, but what about what we do have? We have an In-N-Out, a great fastfood place (well, maybe not fast) that other cities clamor for. I think we take In-N-Out for granted.

We have a Macy's, an Old Navy, and sometime next year our own Porto's Bakery. We also have free concerts in the park, a firstrate community and senior center, and a very large if underutilized

It's my belief that it's only a matter of time before the city lands a Trader Joe's (they should look at the numbers BJ's pulled in if they doubt our "demographics). But when one finally does come to town, what will we complain about next?

## Health reform must endure for the long term

By Mark Mellman

Health reform has dominated the news lately, but many Americans are wondering what reform will actually entail for them.

According to a recent survey conducted by my firm, most believe that healthcare reform will provide coverage for long-term services and supports. These are medical services for people who can't care for themselves for extended periods of time due to illness or disability. And they're of critical importance, as 60 percent of Americans over the age of 65 will require long-term care during their lives.

But it's hardly a foregone conclusion that the final health reform package will ensure that Americans have access to affordable long-term services. If our leaders fail to act, America will soon face a long-term care cri-

Americans are generally under the impression that they'll be taken care of once they reach their golden years. According to an AARP survey, 59 percent of Americans over the age of 45 believe that Medicare will pay for nursing home care. Unfortunately, that's not the case. The Department of Health and Human Services explicitly states, "Medicare does not pay for what comprises the majority of long-term care services."

Other Americans believe their health insurance policies will cover nursing home care. Not so, generally speaking.

Many seniors are therefore reliant on Medicaid — the government health plan for the poor — to pay for long-term services and supports. By some accounts, two-thirds of nursing home residents are Medicaid beneficiaries. In fact, the program pays for almost half of all long-term care in America. Nearly one-third of Medicaid dollars go to long-term care.

Of course, Medicaid was never intended to serve as the chief elder care provider in the nation. And tragically, many elderly folks purposely impoverish themselves so they can receive the care they need from

Will the congressional healthcare reform effort fix this state of affairs? Most Americans think so. Sixty-one percent expect that reform will provide care for Alzheimer's patients (61 percent). Similar majorities think that the reform effort will help pay for assisted living facilities (57 percent) and will assist older and disabled people in taking their medications (64

Two bills under consideration — one from the Senate HELP Committee and the other from the House Energy and Commerce Committee — would deliver the solutions the American people expect. Both would create a voluntary insurance program wherein, for premiums of just a couple dollars a day, the elderly, the disabled, or anyone who needs assistance caring for themselves could receive a benefit of up to \$37,000 a year.

This program would be a welcome addition to our nation's healthcare infrastructure.

Although many Americans recognize that they or their families may need long-term services down the road, 70 percent have not made plans to pay for such care. In fact, more than two-thirds of those who expect to need care for a family member in the next five years do not know how they'd pay for it. Eighty-one percent are unprepared for the financial demands they will face.

In the absence of reform, millions of baby boomers will not be able to pay for the long-term services they need without forfeiting all their assets. Even then, it's unclear whether Medicaid will have enough funding to cover everyone.

Finding a way to make long-term care affordable for generations to come is a vital part of healthcare reform. Families and taxpayers alike are

Mark Mellman is President of The Mellman Group, a polling and strategic communications firm that counts among its clients leading political figures, Fortune 500 companies, and some of the nation's most important public interest groups.

#### The Downey Patriot Jennifer DeKay-Givens Publisher/Adv. Director Eric Pierce City Editor Staff Writer Henry Veneracion Scott Cobos Staff Writer Dorothy Michael Display Advertising MaryAnn Sourial Display Advertising Classified Advertising Linda Larson Production Jonathan Fox TEL (562) 904-3668 | FAX (562) 904-3124 | Hours Monday-Friday 9a.m. - 3p.m. The Downey Patriot is published weekly by Jennifer DeKay-Givens. Controlled Distribution, 25,000

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#### **Letters to the Editor:**

## Student responsibility

In last week's paper, Barbara Samperi, who is on the school board, said that one of our problems is our slightly declining enrollment. ("3 on School Board to Run Unopposed," 8/14/09)

I had a student in Downey High School. There were around 4,000 students. That's too many.

Martha Sodetani, also on the school board, said, "I'm more tolerant now of giving a student a second chance rather than taking a punitive approach when, he/she, say, is caught doing something wrong...'

It's not a matter of being more tolerant. When there are 4,000 students, the rules are broken all the time and no one cares. When students are dropped off at school, as soon as the parent drives away students walk away from school.

When the automated call home to parents is working to report the truancy, it tells the parents to call school. When parents call the school, there is no consequence for the truancy. Parents are told the students have so many second chances and the consequences don't come when all the second chances are used up.

School administration blames poor parenting and school rules are not enforced. — El Bee,

**Downey** 

## Bumpy road is OK

Dear Editor:

As for the pavement on Downey Avenue in the residential area north of Florence, I rather like it the way it is. ("Street Repairs," 8/14/09)

Some time back, with little evaluation, after the speed limit was raised to be the same as the business area thoroughfare on the six-lane Florence Avenue, then the motorists used to speed at 50 percent over the limit. The less pleasant ride now seems to keep the traffic moving at a safer pace.

Even though there was some preliminary planning done a few months back, likely there will be no re-paving any time soon, because it would waste the cost of the lane lines' being recently re-striped in the area. Making it smoother with the existing speed limit will make it less safe.

- Hugh T. Hoskins,

**Downey** 

## The other Downey

I thoroughly enjoyed reading the front page article about Downey, Idaho. My husband and I also enjoy visiting small, off the beaten path towns and have discovered many interesting places.

Thank you, Paula Mayfield, for a great story and photos.

— Diana Garcia,

**Downey** 

## Tiger's mistake

Tiger Woods, considered one of the world's best putters, forgot the old adage, "never up, never in, always allow for one foot past the hole." Thus several of his putts finished a few inches short or ran out of gas and broke

Considered by many to be the future Tiger Woods, Ireland's Rory Mcllroy, 20 years old, 5 ft. 9, 160 lbs., came in third with a minus-3 at the PGA's Hazeltine Golf Course, the nation's longest and hardest course.

Rory possesses a picture perfect golf swing many of the pros would kill for. His average drive is 305 yards, with a recent best of 340 yards.

- Bill Hawkins,

#### Profit mongering

A few years back my mother was hospitalized for double pneumonia and hypertension. This visit required life support and within a few days the insurance company was pushing for pulling the plug on my mother.

We need to reform to allow doctors to really make the decisions and not be driven by a profit-mongering insurance company.

– Maria Jaramillo, Santa Fe Springs



EVERY AMERICAN'S DREAM ..

### Leash laws

Dear Editor:

I would like to offer my sympathies to the owners of the cat that was killed and to Helen Burns for having to witness this. ("Unsafe Streets,"

Three years ago my dog was attacked twice within 10 days on the streets. I have a greyhound that was adopted through a retirement group that takes racing dogs off the tracks. The first attack was a beagle that had gotten out of its yard and caused \$300 worth of damage and 14 stitches.

My dog did not fight back; she was trained to race – not fight – and fighting is not in most greyhounds' DNA. The owners caught the dog and paid the vet bills and were of course apologetic.

Ten days later my dog was viciously attacked by a pit bull that attempted to kill her. It was brutal and very bloody. I ended up jumping onto the pit bull and fighting it off my girl, no doubt saving her life. There were witnesses that stayed in the area and saw the owners pick up the dog after I had left to take my dog to the vet. They had even written down the car's license number and vehicle type.

Before I had returned to the scene, animal control had arrived (SEAA-CA). The witnesses had given their information to SEAACA as well as myself. The SEAACA officer told me they would follow up and if I came to their offices in 10 days I would know the results. I wanted someone to pay the vet bills which ultimately cost more than \$3,000.

Two weeks later I went to SEAACA and found out the officer had never filed the report, never traced the car's license and I was out of luck because in our glorious state an animal is just property, therefore I could

Now I walk only in the park, the parks of my choice being Wilderness Park and Dennis the Menace Park. Yet virtually every day there are people in the parks letting their dogs run unleashed, even though we have a leash law in the city of Downey, county of Los Angeles, and the state of

So why am I not surprised about the pit bulls that killed the cat in Ms. Burns' letter? Leash laws are unenforceable laws, just like using your cell phone while driving. There are just not enough police officers or animal control types to enforce the laws. SEAACA now has a 24-hour response for non-emergencies because they are so overwhelmed. I sympathize with

This world, and this city, is becoming a scary place to live. All I can say is you have to be vigilant now, and if you have cats or non-prey dogs like mine, good luck, because we are virtually on our own. If you own a vicious dog, we ask that you have some sympathy for the rest of us; we have the right to walk our animals too. Please follow the laws.

**Downey** 

## Vacation beach closings signal pollution crisis

#### By Sharon Guynup

Dr. Mark Rennaker has surfed San Francisco's Ocean Beach for three decades and suffered from repeated sinus, lung, eye and ear infections. As a general practitioner, he has offered frequent beachside consults to fellow surfers and anglers with similar maladies. "It's a chronic condition of coastal life," he says, caused by exposure to polluted water.

Health advisories and beach closings for U.S. oceans, bays and the Great Lakes in 2008 topped 20,000 events for the fourth year running, says the Natural Resource Defense Council (NRDC) in their just-published annual report on water quality at vacation beaches.

And the situation isn't improving, says the NRDC.

Infections resulting from a day at the beach have increased steadily over recent decades – and are seriously underreported because people rarely associate an illness with a lake paddle or day in the surf, especially if they get sick days or weeks later, according to a Centers for Disease Control and Prevention

Data show that up to 10 percent of people who jump into the Great Lakes end up in bed or the emergency room. Swimming in bacteria, parasite or virusladen water can transmit anything from pink eye, dysentery, and respiratory infections to hepatitis or meningitis. Last year logged the fourth highest beach closings/advisories over the 19

years NRDC has tracked water quality. Stormwater was the culprit in twothirds of incidents that could be linked to a pollution source, highlighting the fact that human and animal wastes are not being properly managed in the

Across the U.S., summer thunderstorms often flush huge amounts of feces, bacteria and a witch's brew of pollutants from rooftops, streets, croplands, yards, and industrial farms into lake, river and ocean waters. The next day, swimming is off-limits – or should be. That's because in many cities and suburbs, storm drains and sewage systems run through a "combined sewer" that leads to a sewage treatment plant. In big storms, runoff and untreated sewage combine in storm drains, overwhelming sewage plants which are bypassed.

In cities with aging sewage treatment systems – places like New York, Boston, Los Angeles, Seattle, and Chicago – nearly every rainfall overwhelms the system. "After a hard rain," writes former NY/NJ Baykeeper Andy Willner, "the human excrement of roughly 40 million Americans in 772 communities in 31 states flows untreated straight out the pipe into America's

rivers, lakes and bays."

But there's another troubling wrinkle here. Some 13,000 beach closings were attributed to "unknown sources of pollution." That's because stormwater contains more than just sewage. It's become a soup of trash, oil, asbestos, copper, lead, cadmium and other heavy metals from industrial sites, buildings and paving materials, as well as pesticides from industrial farms and backyards. What exposure to these substances does to swimmers is difficult to gauge and largely unstudied.

The federal Beach Act passed in 2000 increased water monitoring and made test results more publicly accessible, but it fell short of requiring investigation into pollution sources. Dr. Rennaker notes that current water testing is fixated on "fear of feces" and should be expanded to test for disease-causing microbes, for red tide outbreaks that sicken people and kill sea life, and for toxic chemicals. Twenty-year-old public health standards fail to address many water-borne illnesses.

State laws determines how much – if any – testing is done, whether beaches are closed, and whether or not the public is notified when polluted water threatens health, a policy that must change.

Clearly water quality is at a crisis point: A 2002 Environmental Protection Agency (EPA) report found that 45 percent of our waterways are too polluted for swimming or fishing. However, the Clean Water Act was weakened during the Bush administration, allowing development of nature's own water purifiers, our wetlands.

The Obama administration needs to restore the Clean Water Act's wetland protections. And factory farms should not be exempt from federal protections; many industrial livestock operations produce as much sewage as small cities. Urban sewage systems must be upgraded. Congress should also ratify the Clean Coastal Environment and Public Health Act, which provides funds to track down polluters. And the EPA needs to step up enforcement.

Certainly public support is there. From 1998 to 2004, Americans voted to pay \$14.2 billion for improved water protection.

America's polluted waters are a nationwide problem needing a comprehensive solution involving all levels of government. There's no reason why Americans should be sickened by a day at the beach.

Sharon Guynup's writing has been published by The New York Times Syndicate, Popular Science, The Boston Globe, nationalgeographic.com, and other publications. © 2009 www.blueridgepress.com

# Page 6 Friday, Aug. 21, 2009 Comics/Crossword

## SPEED BUMP

## DAVE COVERLY













## On This Day.

**Aug. 21, 1878:** The American Bar Association is founded.

**1888:** The first successful adding machine, an early form of a calculator, is patented by William Burroughs

**1911:** The Mona Lisa is stolen by a Louvre employee.

1959: President Dwight D. Eisenhower signs an executive order proclaiming Hawaii the 50th state of the union.

**1991:** Latvia declares renewal of its full independence after the occupation of Soviet Union.

**1993:** NASA loses contact with the Mars Observer spacecraft.

**Birthdays:** Actress Hayden Panettiere (20), American Idol Finalist Paris Bennett (21), professional BMX rider Josh Harrington (26) and race car driver Burney Lamar (29).

## **Downey Community Calendar**

#### Events For August

Fri. Aug. 21: Ribbon-cutting, Pro Hand Car Wash (Lakewood/Florence), noon

Sat. Aug. 22: DJAA sign-ups. Apollo Park, 9 a.m.

Tues. Aug. 25: Rise 'N Shine networking, Downey Brewing Co., 7:30 a.m.

Wed. Aug. 26: Marine Band concert, Furman Park, 7 p.m.

#### City Meetings

1st Tuesdays, 6:30 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library.

1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall. 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall. 2nd & 4th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber.

3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

#### Regularly Scheduled Meetings

7:30 p.m.: Job/Career Coaching, at The First Presbyterian Church, for info. call 861-6752. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481. 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159. 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 862-6666.

#### **Tuesdays**

9 a.m.: Downey Bocce Club, at Apollo Park, for information call Pat Rooney at 923-5352. 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. 12 p.m.: Rotary Club, at Rio Hondo, for information call Brian Saylors at 927-2000. 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call John McAllister 869-0928. 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478. 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Cafe 'N Stuff, for information call (562) 927-6438. 2nd Tues., 6 p.m.: Downey Fly Fishers, at Apollo Park, for information call 425-7936. 3rd Tues., 6:30 p.m.: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount. **3rd Tues., 7:30 p.m.: Writer's Workshop West,** at at Downey High School library, for info call 862-3106.

#### **Wednesdays**

1 p.m.: Women's Bocce Club, at Apollo Park. 7 p.m.: Out Post 132 Royal Rangers, at Desert Reign Church, for info call 928-8000. 1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618. 1st Weds., 11:30 a.m.: Downey Coordinating Council, at Community Center, for information call 923-4357.

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.

1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132. 2nd & 4th Weds., 11:30 a.m.: Downey AARP, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075. **3rd Weds., - Downey Dog Obedience Club** Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972. 3rd Weds., 6 p.m. - American Business Women's Association, Rio Hondo Country Club, Call Barbara Carlson 863-2192. 4th Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513.

4th Weds., 6:00 p.m.: Emergency Preparedness Committee meeting, Fire station 1, 12222 Paramount. Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

#### **Thursdays**

7:30 a.m.: Connections Networking, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989. 7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534. **12 p.m.: Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971. 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677. 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176. 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388. 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

#### Saturdays

9 a.m.: Farmers Market, Second Street at New Avenue, for information call (562) 904-7246.

8/16/09

## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com) KINGLY: A royal miscellany by Fred Piscop

## **ACROSS**

- Marina tenant Sail extender
- 10 Part of a digital-watch display 15 Burst, as of laughter Leering look 2008 Olympics host
- Knowing Sailor's saint Billie Jean King won it
- in 1972 Site of King Louis XIV's palace Decks out
- **Actress Davis** Lampoon "The Gold-Bug" author Periods of service "Well, fancy \_\_!" Of a foot bone
- Where cowpokes roam Shell-game spheroid "Now! . . and the \_ of
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- acronym Clip filler Three Lives Way out there **Beehive State native** Place for King Arthur's knights
- Ice-cream concoctions "Juliet is the sun!"
- Infant's footwear Cattail locale Made two boards

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- "Aha!" Light measure Spring-loaded snare Italian inventor President born
- Leslie King Jr. St. crosser Hole makers Corn bread Egyptian goddess 80 Powerful presidential appointee
- "The King of the Cowbovs' Opted for Belgrade native Ghost \_\_ chance **CBS** founder

Fairway position

- Hit-single listings Catch sight of Ending for bed or "Bali
- Koran focus 100 Works hard Customer-service offerings
- 106 Ingredient in chicken à la king Stephen King novel Start the pot 112 Italian city
- 114 Zillions 115 One in battle circa 1901 116 Boston Marathon month

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Box-office hit, slangily Cruel dude

**Brewpub products** 

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\_\_-Caps (candy brand) 38 Tale-telling "Uncle" Arroz con

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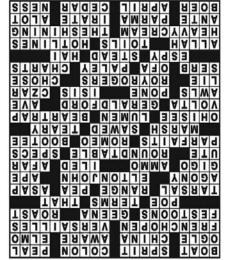
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After the buzzer 100 Hawaii, once: Abbr. 101 Beer topper 102 "Back \_\_ hour" 103 Bluish green 104 Son of Seth 105 Some NCOs

107 Tax-return pro 108 Shoot the breeze 110 Otto I's realm: Abbr.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

> the third Monday in APRIL. is held annually on Patriots' Day, The Boston Marathon (116 Across) of the perceived power of light. LUMEN (70 Across) is a measure tioned on light-bulb packages, the "garbage in, garbage out." Men-GIGO (49 Across) is short for



Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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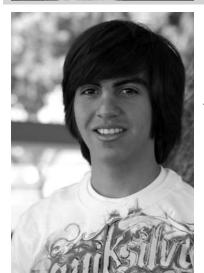
## Introducing the 2009 - 2010 Student Life Writers



Downey High School student Alyssa Wynne is an ambitious writer who avoids laziness like the plague, already shaping up to turn her goals of attending a four-year university and becoming a successful journalist into a very possible reality. Wynne's plans for her future explain her great enthusiasm for the internship at The Downey Patriot; however, her enthusiasm for other interests, such as soccer and politics, is proof to be shown that Alyssa is a hardworking individual as a whole. After playing the challenging sport of soccer for over five years, seventeen year-old Alyssa Wynne finds that she enjoys the fierce competition of the game and the opportunity to receive a natural high from pushing herself to her limit. The political world draws in Wynne as a journalist eager to meet those who are changing the world, and write about the changes that mark the progress of society. Although this teenager may differ in her interests and goals for the future, Alyssa shares common fears of the dark and bugs, and common loves of spending time with friends and attending the happiest place on earth: Disneyland. Interview by Joanna Quintana



Senior year is the year where everyone gets their chance to shine. It is the year where young men and women seek out new opportunities and prepare themselves for their future. For Downey High School senior Gabriela Coya, new opportunities and preparation are aspects she is well used to. "I'm looking forward to having more of a role at Downey and enjoying my last year of adolescence," stated Coya. As the newly instated president of her school's Ecology Club, Gabriela, who is referred to as Gaby by her peers, has the chance to bring significant change not only to the school, but to the community as well. In addition to her efforts to save the environment, she exercises her freedom of speech rights as vice president of the Junior Statesmen of America club, also known as JSA. Along with her cabinet positions on two demanding clubs, Gaby is a 4.0 student who juggles A.P. and honors classes. An only child, Coya enjoys American literature, Broadway plays and show tunes, and spending time with her friends for fun. College and careers are on her radar, however she is keeping her options open. Interview by Joseph Apodaca



Carlos Ontiveros, 16 years old and an upcoming junior at Downey High School, is the newest intern photographer for the Downey Patriot. He constantly seeks opportunities to apply his photography skills, and his resume includes shooting weddings, individual photo shoots, and a yearlong experience as a freelance photographer. In addition, Ontiveros will be joining the yearbook staff at Downey High School this upcoming school year. Although much of his time is invested into his passion for photography, he also enjoys traveling and playing computer games. With aspirations to become a professional photographer, Ontiveros hopes that this internship will be the experience that takes him a step closer to his goal. Interview by Deborah Won



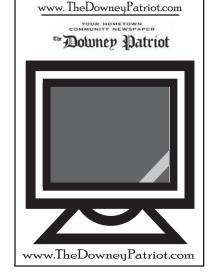
Joseph Apodaca is currently entering his freshman year at Cal State Long Beach, where he plans to major in Journalism and minor in Communications. A graduate of Downey High School, he always enjoyed writing. During his four years of high school, he said he tried to "make the most of it and get involved" by dedicating himself to the water polo team both as a player and team manager, the swim team, and the yearbook staff as a writer. While writing for the school yearbook, he gained insight as a journalist not only by writing, but also being apart of the editorial board as Copy Editor, where he read and edited all the stories before publication. He raved about working with an "amazing staff and Ms. Napoli, who is equally amazing" and claimed Downey's yearbook staff "hasn't seen the last of me." Apodaca, a fraternal twin, enjoys frequent visits to theme parks such as Disneyland and Universal Studios Hollywood with his annual passes, game nights, and going out to dinner with friends. He applied for the internship at the Downey Patriot as a stepping-stone for his journalism career. Interview by Gaby Coya



The most interesting aspect of Jared Head when he first expressed interest in interning with The Downey Patriot was his passion toward sports. Head, 20, has shown the ability to understand the daily ins and outs of the sporting world through his experiences with other organizations. Along with interning at The Downey Patriot, Head works with the Los Angeles Angels of Anaheim graphics department and helps patch together clips to show on the big screen during games. Head's sports knowledge and experience will be a major contribution toward the newspaper's sports page. When he's not in the field or at Angel Stadium, Head also participates in many community activities and participates with many community organizations. He also is currently enrolled at Cerritos College. Head also enjoys watching auto racing and golfing. Interview by Scott Cobos

## 2009-2010 Interns for The Downey Patriot

Jennifer Cho Gabriela Coya Joanna Quintana **Deborah Won** Joseph Apodaca - Sports Jarred Head - Sports Alyssa Wynne - Sports Paul Heidecker - Photographer Carlos Ontiveros - Photographer



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Along with being the newest addition to Student Life, Deborah Won is involved in many other activities: cheerleading, piano, politics, and found-

Won, 16, is a rising junior at Warren High. A cheerleader since eighth grade, Won will be on the varsity cheer squad this year. She has been playing the piano since 3 and occasionally plays piano accompaniment for the I.A.M.S. (Institute of Art, Music, and Science) Youth Ensemble.

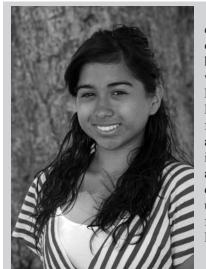
Won says she is interested in politics and hopes to major in political science in college. She has had years of leadership experience through A.S.B. (Associated Student Body) and was Sophomore Vice President at

Won says she is starting her own club on campus this year called Small

"We want to promote student participation in Warren High activities and provide fundraising opportunities to students," she said. Interview by



Jennifer Cho, 16 years of age and a rising junior at Downey High School, has been writing for the Downey Patriot as an intern since the Spring of 2009. A consistent reader of the newspaper, she discovered this internship opportunity while reading an open call for intern applications in the Downey Patriot. Cho is known for her diligence in her studies, and has had rigorous honors and AP classes throughout her high school career. A well-rounded and highly involved student, Cho plays for Downey High School's tennis team, and holds the position of Secretary for Key Club, both since her freshman year to present. Adding to her list of school activities, she will also be a part of the yearbook staff this upcoming year. Outside of school, Cho has dedicated ten years to master the piano, and has also volunteered at the Rancho Los Amigos National Rehabilitation Center's volunteer office since her 8<sup>th</sup> grade summer. Journalism is one of her key interests, and she is excited to continue her internship to expand her knowledge and experiences. Interview by Deborah Won



Writer Joanna Quintana, has professed that whatever career path she chooses she plans to be the best at it; perhaps this is why she has been one of the lucky eight selected to be an intern at the Downey Patriot. She hopes that someday her experience at the paper will help augment her writing skills even if she does not go into journalism. As a senior at Downey High School, Joanna takes mentally draining Advanced Placement and Honors classes in order to achieve her goal of attending a four-year university. Joanna, 16, is not all work and no play though. She adores traveling and hopes to travel nearly everywhere in the world. She is very passionate about running and is on both the Cross-Country team and the Track and Field team at her high school. The California native despises the cold and wishes for nothing but nice warm temperatures, naturally. Boredom is an enemy to her just as it is to any teenager and she facilitates the burden by going out with her close family and friends. **Interview by Alyssa Wynne** 



Adoration for photography, kindness, and intellect has allowed Paul Heidecker to attain his internship, for the second year, at the Downey Patriot as a photographer. A position he so righteously earned is due in part to the talent and eye he possess for the art. Although Heidecker fancies being a successful photographer he would love to become a professional athlete in golf, his second passion. He has pursued the sport by joining the Downey High School golf team and participating in their respective competitions. The amiable junior enjoys playing video games and going out with his close friends, just as other sixteen-year-old boys. As for academics, Heidecker excels in mathematics and will be taking Trigonometry/Pre-Calculus this upcoming fall at his high school. His above average ability in arithmetic and stupendous skill in golf will likely get him into Arizona State University where he dreams to go after high school. From there he hopes to accomplish his goal of being a fabulous and perhaps famous still or fashion photographer. Interview by Alyssa





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Friday, August 21, 2009 **Student Life** The Downey Patriot 7

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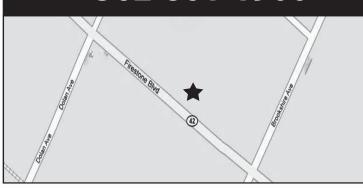
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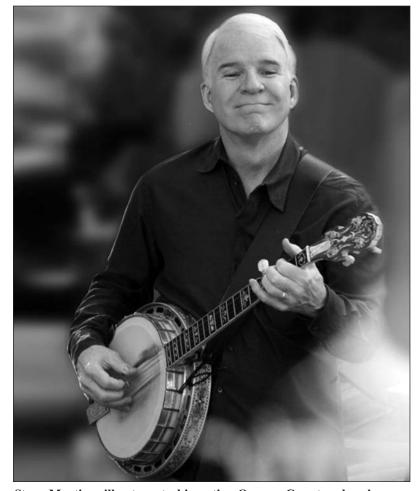
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# The Downey Patriot \_\_ Dining/Entertainment Page 9 Friday, Aug. 21, 2009



Steve Martin will return to his native Orange County when he performs Oct. 30 in Costa Mesa. Publicity photo

## **Steve Martin** returns to where it all started

COSTA MESA - Steve Martin, the multi-talented and award-winning actor, comedian, musician and author, will perform a one-night-only engagement Oct. 30 at Segerstrom Hall in Costa

Martin, his banjo and the Steep Canyon Rangers will perform skits and music from his latest release, "The Crow: New Songs for the Five-String Banjo."

The performance brings Martin back to Orange County where he was raised and spent his formative

Martin, a Kennedy Center honoree, enjoyed a quick rise to stardom. During college, he nabbed a job writing for "The Smothers Brothers Comedy Hour," which eventually won him an Emmy Award for writing. He went on to write material for hit shows "Glen Campbell Goodtime Hour" and "Sonny and Cher Comedy Hour."

When he decided to take his own comedy act on the road, he got the attention of Johnny Carson, who put him on "The Tonight Show" where Martin became a frequent guest. His stints on the show led to his debut on "Saturday Night Live."

Around this time, Martin released a series of popular comedy albums that helped launch signature phrases such as, "I am a wild and crazy guy" and "Excuse me!" Martin won Grammy Awards for the albums "Wild and Crazy Guy" and "Let's Get Small."

Martin's next stop was the movies. His first big success was "The Jerk." It was the first fulllength film he wrote and starred in, and its success opened even more doors for Martin. Over the years, he starred in numerous hit movies including "Dead Men Don't Wear Plaid," "The Man with Two Brains," "All of Me," "Little Shop of Horrors," "Roxanne," "Planes, Automobiles," "Parenthood," "LA Story," "Father the Bride," "Shopgirl,"

Downey Cinema 10

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(12:15, 3:45), 7:20,

POST GRAD PG-13 (10:05, 12:25, 2:45, 5:10), 7:25, 9:4 SHORTS PG (10:00, 12:20, 2:40, 5:00), 7:15, 9:35 **\* X GAMES 3D: THE MOVIE** PG (10:05, 12:30, 2:55, 5:20), 7:45, 10:15 \* DISTRICT 9 R (11:30, 2:15, 5:05), 7:50, 10:35

THE GOODS: LIVE HARD, SELL HARD R Fri to Mon. (10:10, 12:25, 2:50, 5:15), 7:40, 10:05; Tue. (10:10, 2:50, 5:15), 7:40, 10:05; Wed & Thu. (10:10, 12:25, 2:50, 5:15), 7:40, 10:05

THE TIME TRAVELER'S WIFE PG-13
Fri to Mon: (11:00, 1:40, 4:30), 7:10, 9:50; Tue: (1:40, 4:30), 7:10, 9:50; Wed & Thu: (11:00, 1:40, 4:30), 7:10, 9:50

G.I. JOE: THE RISE OF COBRA [PG-13]
Fri to Mon: (10:50, 1:45, 4:25), 7:30, 10:25; Tue: (10:50, 4:25), 7:30, 10:25; Wed & Thu: (10:50, 1:45, 4:25), 7:30, 10:25

JULIE & JULIA PG-13 (10:25, 1:25, 4:20), 7:15, 10:20 ★ G-FORCE IN DISNEY DIGITAL 3D PG (10:00, 12:15, 2:30, 4:50), 7:05, 9:40

Times for Friday-Thursday, August 21-27, 2009

THE PINK PANTHER 2 PG Tue: (10:00 AM, 12:30 PM)

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Pink Panther" and "Baby Mama."

He is also a literary figure. His play, 'Picasso at the Lapin Agile," premiered at the Steppenwolf Theater and had successful runs in several American cities. He adapted the Carl Sternheim play, "The Underpants," and wrote and produced the thriller, "Traitor." In 2007, he published a memoir, "Born Standing Up." His writings have also appeared in The New

Martin's most recent Grammy Award was for his collaboration with Earl Scruggs on "Foggy Mountain Breakdown." After playing on the album with Scruggs, Martin began writing a string of new banjo songs, some with lyrics and some as instrumentals which led to "The Crow: New Songs for the Five-Stringed Banjo."

An album 45 years in the making, Martin wrote all the songs and it features special vocal appearances by Mary Black, Vince Gill, Tim O'Brien and Dolly Parton, and instrumental guest spots by Earl Scruggs, John McEuen, Stuart Duncan, Jerry Douglas, Pete Wernick and Tony Trischka.

"The Crow" is currently No. 1 on Billboard's Top Bluegrass Albums chart where it has held that position for the last 12 weeks. Recently, it was nominated for six International Bluegrass Music Association Awards.

Raised in Garden Grove, Martin attended Cal State Long Beach before transferring to UCLA. During his teenage years, he worked at Disneyland and Knott's Berry Farm where he gathered bits for his later comedy and music routines.

Tickets to see Martin are priced between \$43 and \$68 and go on sale Sunday. For tickets, visit www.ocpac.org or call (714) 556-



Francois Chau stars as Serge in "Art," a Tony Award-winning play opening Sept. 16 in Los Angeles. Publicity photo

## Defining the value of 'Art'

LOS ANGELES - "Art," a Tony Award-winning comedic play about three friends who try to define the value of art, will open the 44th season of East West Players when it opens Sept. 16 at the David Henry Hwang Theater at Union Center.

'Art' revolves around a 4' x 5' white canvas, painted with fine white diagonal lines. Is this art? Serge believes it is, and is willing to pay \$200,000 for it. When Marc flat out laughs at the ridiculousness of the situation, a third party is brought in for an objective opinion. Yvan agrees with both.

When three opinions clash, three 15-year-long friendships are put to the test. At the breaking point, Serge hands Marc a felt tip pen and dares him, "Go on."

"Art" has won numerous awards, including the New York Drama Critics' Circle Award and the 1998 Tony Award for Best Play.

Opening night will be accompanied by a pre-performance cocktail reception and a post-show reception with the cast and creative

Performances are Wednesdays, Thursdays, Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m. "Art" closes Oct. 11.

Opening night tickets are \$60 for all seats. General admission tickets for other shows are \$25-\$35. For tickets and informational, call (213) 625-7000 or visit www.eastwestplayers.org.

## 'Girls Night Out' at mall

LOS ANGELES – The Westfield Shopping Center in Century City will host free screenings of "Legally Blonde 1 & 2" Wednesday beginning at 8 p.m.

The event, titled "Girls Night Out," begins at 6 p.m. with drinks, food and makeovers.

Guests will have an opportunity to win gift bags and tickets to see "Legally Blonde The Musical".

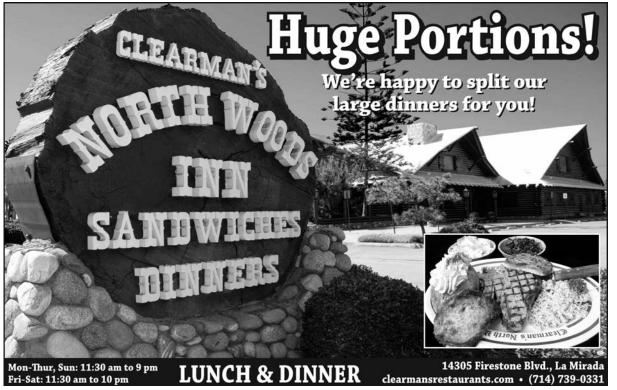
Westfield Shopping Center is at 10250 Santa Monica Blvd. in Los

**Connections Networking** Join us Thursdays at 7:30am Cafe N' Stuff 9306 Firestone Blvd., **Downey, CA 90241** 

The screenings will take place on the dining terrace on the second







## Middle Eastern laughs tonight in Sept. 22

**HOLLYWOOD** – The Middle Eastern Comedy Festival will present a benefit comedy show Sept. 22 at the Laugh Factory in Hollywood.

The Middle Eastern Comedy Festival features writers, actors, directors and comedians of Middle Eastern heritage. According to its mission statement, the group works to "dispel negative stereotypes of Middle Easterners in film, television and other media."

For tickets and more information, visit www. mideastcomedyfest.com.

## Drama opens Long Beach

LONG BEACH - "In Arabia We'd All Be Kings," a new production by Alive Theatre, opens tonight for a 4-week engagement at the Old Expo Furniture Warehouse in Long Beach.

The modern-day drama is set in New York City and asks the question, "What do you do when your life is pushed to its limits?"

Tickets are \$15 or \$12 for seniors and students. For tickets and schedule information, visit www.alivetheatre.org or call (562) 508-1788.





Complete Dinners

## Woman convicted of Lakewood murder

**NORWALK** – A Norwalk Superior Court jury convicted a 25year-old woman last Friday on murder and other charges in connection with the knife attack on four people in a Lakewood home three years ago.

The jury deliberated about two days before convicting Virginia Ann Krall of one count of second degree murder, three counts of attempted murder and one count of residential burglary, said Deputy District Attorney Frank Dunnick.

The jury also found true allegations Krall used a knife and the victims suffered great bodily injury.

According to prosecutors, Krall had been staying with friends in Lakewood when she broke into a nearby home at about 3 a.m. on June 16, 2006.

The first victim, a woman, was stabled several times but managed to flee as she tried to warn her grandmother and aunt.

Krall was convicted of the second-degree murder of the first victim's mother, Yolanda Meraz. The attempted murder convictions were for attacks on the first victim, her grandmother and her aunt. All survived multiple stab wounds.

Krall was arrested at the scene by Sheriff's deputies and has remained in custody on more than \$2 million bail.

Krall entered a double plea of innocent and innocent by reason of insanity. The jury that convicted Krall will now decide if she was sane or insane during the time the crimes were committed.

## Garden party becoming a tradition

■ Fundraiser, now in its second year, benefits the Downey Symphony.

> BY JOYCE SHERWIN, **DOWNEY SYMPHONY**

**DOWNEY** – Last summer about this time, the Downey Symphony's garden party was so much fun, so delicious, and so successful, the Board made an easy decision: we must do this again.

So invitations are now in the mail for the Second Annual Symphony Garden Party, 2009 edition, which promises all the delights of the first affair and some wonderful new twists of its

The date is Sunday afternoon,

Sept. 20, from 4-7 p.m., in the spacious garden of Dr. Walter Kelley, who served many years on the Symphony Board and is delighted to offer his flower-bordered lawns and spreading patio for this fundraising event.

Live music is on the bill, of course, starting with fun stuff offered by brass and wind students from USC. And then pianist Pauline Yang, who wowed her Downey audience last fall as soloist with the orchestra, will play for us, right there, up close and dazzling.

Reservations at \$75 benefit the Downey Symphony and its Music in the Schools program. For information and reservations, please call (562) 928-4122.



The Downey Symphony travels to Downey schools each year to introduce children to classical music. A fundraiser Sept. 20 will help keep the program going. Photo courtesy Joyce Sherwin



Charlotte Carpenter returns to the Downey Civic Light Opera for a seventh time to star as Eliza Doolittle in "My Fair Lady," opening Oct. 1 at the Downey Theatre. Carpenter appeared as Adelaide in "Guys and Dolls," Nancy in "Oliver," Sally Bowles in "Cabaret," Anna Held in "Tintypes" and most recently as Dorothy Brock in "42nd Street." "My Fair Lady" will play until Oct. 18. For tickets and information, call (562) 923-1714.



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BACK TO SCHOOL FASHION SHOW

AUGUST 21,22, & 23





## BACK TO SCHOOL FASHION SHOW

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Anchor Blue, Hot Topic, Macy's, PacSun, Torrid, and Zumiez. There will also be live performances by Big Top Entertainment teen artist Yung Jonzun.

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Page 12 Friday, Aug. 21, 2009 \_\_\_\_\_ The Downey Patriot

## Top 3 non-sports ever

BY SCOTT COBOS, STAFF WRITER

o I was watching the Red Sox- Tigers game last week on television. Well, maybe not the game, but more of the highlights during my

nightly ritual episode of SportsCenter.
MLB just handed down suspensions to Kevin Youkilis of the Red Sox and Rick Porcello of the Tigers.



**Scott Cobos** 

Porcello had thrown at Youkilis who had thought it was intentional and then rushed the mound. If you have seen the video footage, you would know that it wasn't your normal jog-with-a-lot-of jawing-at-the-mound type fight. It was a drop-the-bat-tackle-and-pound type fight. After a little heehawing from me, I sat down and said to me "This is why I love baseball."

No later than five minutes after the clip of the brawl, ESPN shows a clip of a NASCAR race that had been postponed from Sunday to Monday due to rain. SportsCenter announcers had called it a Monday treat to those who never watch it during the weekdays.

"NASCAR is not a sport," I said to myself. After that comment, I started thinking about the many events that people deem sports that really are not. So here is my list of top three non-sports.

#### No. 3 NASCAR

There's just no way NASCAR can be deemed a sport. I just can't see it. You sit in a car for way too long, you drive at a fast speed, and you make a bunch of left turns. Now, if you're living in Los Angeles, or, in this case, if you're living in Downey, isn't NASCAR the equivalent of driving up the 5 Freeway or the 105 Freeway during late nights?

There was a commercial recently of a NASCAR driver (I can't seem to find the clip anymore) that jumped in the passenger seat of a car with someone else driving. The NASCAR driver was giving directions and the dialogue went something like this:

"OK make a left here," he first said. "Then make a left. Then another left. OK, good, then another left. Alright, now a left here."

They made my point for me. NASCAR never makes a right, let alone do anything right. Every time I watch an interview after a race, I normally scratch my head asking myself if it was in English.

If you ever get a chance to

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watch any of Jeff Foxworthy's standup, watch the skit about the NASCAR drivers. It doesn't get any better than when Foxworthy describes the interview and acts after the improvising. "Huh?" he says. "What did he say?" says Foxworthy in a redneck voice.

Yep, that sounds about right. NASCAR drivers not only speak so fast that no one understands them half the time, they also have their own slang that can only be translated by those who have become engrossed in the event.

One other thing; there's no athletic ability required in NASCAR. If a 50-year-old man – and a man that is obviously way overweight – can compete with the so-called elite, so can you, so can I, and so can your neighbors.

Yes, there's a scoring system, but does anyone really understand the difference between the 15 different cup series and the points system? I've been around sports for a very long time and even I still don't get it. How are you down by more than 100 points but "still in the hunt for the cup"? I don't get it.

NASCAR is not a sport.

#### No. 2 Poker

I was at the brand spankin' new BJ's in Downey last week drinking a beer when this came up. I posed the question to my friend on what his top three non-sports of all time are. Interestingly enough, he brought up poker.

Up to this point, I had not thought about poker. It must have slipped my mind, but when he brought it up and explained why he thought it wasn't a sport, it was perfect.

"Scotty," he said. "There's just no way poker is a sport. You stare at cards, you look at people, and you slide chips into a pot. I could be eating a Big Mac and say 'three aces' then win the pot."

Perfect. Absolutely perfect. He's right. There's no athletic ability required in poker, there's no real scoring system unless you're talking about points earned for Player of the Year honors, and even the dumbest person in the world could beat the best player in the world any given day.

Poker is based on what cards you are dealt. I still have a hard time trying to figure out how a player across the table can be "intimidating." Just because a guy bets high it makes him scary? I'm not buying that.

But back to the original point. The game takes no athletic ability whatsoever. You sit in a chair, you drink a few cocktails, and you either win or lose some money. Yeah, the sunglasses make it look cool, but are they really necessary?

Maybe if you're bad at bluffing.

"But Scott, they show the World Series of Poker on ESPN every single day," you say. True, but they also show karate competitions but you don't hear martial artists screaming for people to call what they do a sport.

On top of that, just because it's on ESPN, it doesn't necessarily make it a sport. What is my evidence behind this? The National Spelling Bee. Oh yes, they show the spelling bee on ESPN.

Sometimes I will sit there and think to myself why am I spelling along with these kids? If ESPN is willing to show the spelling bee, maybe I can get a few friends together to form a beer drinking contest and televise it on ESPN2. Hey, it could happen. That reminds me of the hot dog eating contest held every Fourth of July. That's televised on ESPN too. How is stuffing your face with hot dogs a sport? It's not. It's so not. No way. No how.

Anyway, back to poker. Now, if after winning a pot you had to drop back and throw a spiral into a swinging tire I'd consider it a sport. But you don't. So no sport label for

#### No. 1 Cheerleading

Oh yes, I can't even begin to tell you how long I've been waiting to write this section. I had a few friends that were cheerleaders in high school, one of our beautiful interns is a cheerleader, and even our fearless leader Jennifer DeKay-Givens was a rah-rah during her days with the teens.

I'm literally licking my chops thinking about the things I'm about to say about cheerleading. So, without further delay, here are the reasons why cheerleading is the mother of non-sports.

I'm sorry. Before I start I need a second to laugh because cheerleading just doesn't have any

I have to say this first because I find this absolutely hilarious. For years, all my cheerleader acquaintances have been trying to convince me that cheerleading is a sport. I've gotten so sick of saying the words "No, it isn't" that I've started shaking my head.

Those acquaintances love to huff and puff at me because they think I'm wrong. I've been saving this argument for a while so hold on to your hats. When I look at the Olympic Games, I see track and field, swimming, volleyball, and others. You know what activity I don't see? Cheerleading. You know what game I do see? Chess.

Yeah, I said it. Chess is more of a sport than cheerleading is. At least the International Olympic Committee recognizes chess to be a game. It doesn't even give cheerleading the time of day.

Now, due to popular demand (specifically from my girlfriend), I did some research on cheerleading. I jumped on Google, and the first and most popular link was a website on why cheerleading should be an Olympic sport. The website was on the popular About.com website. Here are the top reasons why cheerleading should be an Olympic sport:

- 1.) All other Olympic sports could have their own official cheerleaders.
- 2.) It could definitely be a coed
- 3.) There would never be a shortage of judges. Most men would kill for this job.
- 4.) Language shouldn't be a problem; how many ways can you say "Go, Team, Go"?
- 5.) There would never be a need to drug test; cheerleaders are always smiling.
- 6.) Rich countries wouldn't have an advantage; how many uniforms does a squad need?
- 7.) It's easier to spell than gymnastics.
- 8.) It could go either way, winter or summer.
- 9.) No special equipment is needed, just give them some ground.

10.) Pom poms are cheaper than pole vaults.

Are you kidding me? This website is fighting for cheerleading to get into the games and this is the best they could come up with? You folks who think cheerleading is a sport need to give me some credit. I actually tried researching and this is what I found. Anyway, I think it goes without saying that all I did was laugh at this list.

The next argument that I continue to hear is that cheerleading injuries are just as bad as any injury that can be sustained in any other sport. True, but keep this in mind. A few years ago, Sammy Sosa threw out his back sneezing. I'll repeat that for effect. Sneezing.

Also, years ago, I was playing my friend at table tennis and I got him to roll his ankle. I've also seen my dog jump from atop a bed to the ground and smack his jaw. I've seen video game addicts hurt their thumbs.

My point is that you could roll out of bed and hurt yourself, but there's no way I'm going to consider sleeping a sport. Yes, the injuries could be pretty bad participating in cheerleading. Just ask DeKay-Givens. When she was cheerleading a long time ago, she fractured her spine. Yes, it was a terrible accident, but I could be driving a car and crash into a center divider and fracture my spine as well. Wait, didn't we already cover that NASCAR was not a sport? Anyway, the injury argument is not valid.

And finally, I will dispel that just because it takes some athletic ability it should be a sport. ESPN tends to show cheerleading competitions late at night or very early on Saturdays when they know that the only people up are people who really don't watch their network anyway. Also, it's normally buried on ESPN8, The Ocho. OK, there really isn't an ESPN8, but there's nothing like using a good "Dodgeball" reference in a story.

A point was made to me by another friend that actually does catch some of these competitions on television. He said there aren't any teams to be competing against. Instead of competing on a field and being able to score, they're performing to a crowd rather than competing against a team.

Yes, there are judges who keep score on their form and how high a basket toss is performed and such. But where's the contact? Where's the ball? Where's the other team they're playing against?

There are no games in cheerleading, there are no rival squads, and there are no divisions. My biggest qualm about cheerleading is that if by some insane chance that I was a fan of cheerleading, I would have to go see some other sporting event to just see cheerleaders on a weekly basis.

Am I the only one that finds it funny that cheerleaders consider what they do a sport yet when they're performing it's during the time another sport is happening in the background?

Yes, I know I'm not going to make any tumbling, basket catching, leg splitting friends with this argument, but it always seems that cheerleading plays second fiddle to everything else happening around them.

Finally, I could only imagine what an interview after a competition would be like. It's probably not too entertaining.

"Well, I believe we did great!" said cheer captain Jenny Sue. "I'm just so happy that we were able to come out here and pump everyone up! Yes, we could have done better. Susie wasn't in sync with her leg kicks, and we almost dropped Misty from atop the pyramid, but the football team won, the fans were excited, and we'll take credit for that! Go Salamanders!"

Riveting stuff right there.

Now before everyone gets offended, I didn't say cheerleaders don't have any game, because they do. I could only imagine how difficult it is to stack a bunch of people on top of each other just to put on a show.

# My non-sport is a 4-letter word

By Eric Pierce, City Editor

The topic of discussion, raised by our own Scott Cobos, was too juicy to pass up: What are the top three non-sports in existence today?

I have to admit, I've asked myself that question many times. Inevitably it's during a bout of insomnia, when I'll catch myself watching deep bass fishing in the wee morning hours on ESPN2 and I ask myself, "Is this what constitutes sports on ESPN?" The answer, apparently, is "yes," at least when the clock shows 3 a.m.

My list of the top three nonsports goes something like this: Golf...and..eh...

That's it. Golf, golf and golf.

This wasn't an easy decision, it was between golf and men's weightlifting. (OK, maybe it *was* an easy decision.) Turns out I would rather watch overgrown men in pink Speedos prance and preen than endure a single hole of a PGA Tour (I'm as surprised -- and confused? -- as you are).

On my personal totem pole of TV watching, golf is smack at the bottom, right below "Maury Povich." Yes, baby momma drama is more appealing than Tiger and Phil.

The problem isn't with golf itself; the problem lies with the players, who steadfastly refuse to accept that golf is a game, a wonderful, complex, splendid game, but a game nonetheless. More specifically, here's why golf is not a sport and deserves banishment from ESPN airwaves:

•The sport game of golf is entire-

ly too simple and borders on primitive. You use a big stick to hit a small ball into a round hole. That's it? Yes, that's it.

•Golf is so boring, kids will play only if there's a giant windmill stationed in front of the hole. (In high school, it was also a way to score easy P.E. credits.)

•Professional golfers are spoiled primadonnas. They have a young schmuck lug their bags for them and, worse yet, the slightest bit of noise during a putt or drive will send them into a tantrum. Golf is literally the only "sport" where the crowd is asked to shut up.

•Golf requires very little athletic ability, not to be confused with physical ability. Even cheerleading requires enough athletic prowess to run, jump, stretch and flip. Can't say the same about golf.

•Speaking of cheerleaders, I don't see any at the golf course. Maybe it's because they, too, realize golf is not a sport?

•Tiger Woods had an endorsement deal with Buick. Buick! My mom doesn't drive a Buick.

•Ownership of a Lexus or Mercedes is mandatory to play golf. I came to this conclusion after a quick stroll through the country club parking lot (the one with the brand new traffic light, ahem).

The list could go on, but I think the point has been made. Golf is a game best left to corporate executives and retirees in Palm Springs.

And, if you promise not to call it a sport, I'll promise not to sneeze during your backswing.

# Best beach to witness a grunion run?

CONTRIBUTED BY THE DEPARTMENT OF FISH & GAME

Question: For a couple of years now I have been trying to witness a really good grunion run but I always seem to miss them. Can you tell me where to go and which beaches have been having good grunion runs this year? I don't want to keep any of the fish. I just want to take my son out to see this unusual California event. (Vicki T., Anaheim)

Answer: Yes, when the grunion decide the moon and the tides are all aligned just right for a moonlit frolic, anyone lucky enough to be in the right place at the right time to witness one of their spawning runs will be treated to a crazy, frenzied experience

Grunion, small silvery fish that usually get to be about five to six inches in length, will ride the waves in onto the beach just after the high tide has peaked. The female quickly drills herself down deep into the sand, depositing sometimes as many as 3,000 eggs as the wave she rode in on recedes. Waiting males then curve their bodies around her on top of the sand to release their milt, and once spawning is complete (about 30 seconds), both fish will ride the next wave back out to sea.

As far as where to find this phenomenon, any sandy wave-swept beach south of Point Conception is a potential grunion spawning beach.

Grunion run in the middle of the night, and just like fishing, catching a grunion run can be a hit-or-miss affair that simply won't adhere to any predicted schedule we make. At best, we can estimate probable run times and dates based upon the tides and moon phases, but no guarantees. Only the grunion truly know when and where they will decide to run.

Q: With salmon season essentially closed in most areas, and even catch and release fishing now prohibited, how can a DFG game warden really tell if someone is targeting salmon for catch and release but claiming they are fishing for steelhead? (Richard Camacho)

**A:** The determination by the game warden as to whether or not a violation has occurred in their pres-

ence will be contingent on the circumstances presented at the time. According to Captain Mark Lucero, the game warden will evaluate the fish species present in the river, the type of gear being utilized and the manner in which the gear is being used.

For example, during the open season when steelhead are present in the river, it is legal for a person to take steelhead utilizing gear that is legal for taking steelhead. If a salmon is hooked but immediately released back into the water, the chances of being arrested are minimal.

However, under different circumstances - for instance, if salmon are also in the river, steelhead are absent, the method of take being used is not legal for steelhead or the released salmon does not survive - then an arrest is much more likely.

If a game warden finds someone using gear and angling methods typically used to target salmon (such as flossing or snagging), then the warden may deem that a violation as well. The warden will have to evaluate all the circumstances present at the time when determining whether the elements of a crime are present and a violation has occurred.

Q: My grandson is now 15 years old and will turn 16 in early September. The way I read the big game regulations, he should still be a junior hunter for the 2009-10 season. The regulation book doesn't address this clearly. Can you help? (Al C.)

A: As long as your grandson buys his junior license prior to his 16th birthday, he's good to go for this year. Once he turns 16, though, he will need to purchase the federal waterfowl stamp (if hunting waterfowl) but will not need to buy state stamps yet.

Carrie Wilson is a marine biologist with the California Department of Fish and Game. Her DFG-related question and answer column appears weekly at www.dfg.ca.gov/QandA. While she cannot personally answer everyone's questions, she will select a few to answer each week. Please contact her at CalOutdoors@dfg.ca.gov.



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The Downey Patriot \_\_\_\_\_\_ Page 13 Friday, Aug. 21, 2009



IGM Phot

Downey resident Yolanda Adele was serenaded by Elvis Presley during a Las Vegas performance in 1969.

## All shook up

By Yolanda Adele, Writers' Workshop West

he summer of 1969 was Elvis Presley's opening night at what was then The International Hilton Hotel in Las Vegas. It was the first time he performed in public for more than nine years. According to a Newsweek article dated August 11, 1969, the showroom was filled with 2,200 seats two times per day during four weeks; total attendance reportedly topped 101,509, a new Las Vegas record. The gross receipts were \$1,522,635 also a Las Vegas record.

My husband made reservations six months in advance to be there for our seventh wedding anniversary; it was his anniversary gift to me.

The orchestra played the powerful theme from 2001 Space Odyssey to a reverberating crescendo when Elvis finally made his highly anticipated appearance and took command of the stage, wearing a white jump-suit.

The air seemed to fill with electrifying energy and euphoria as the

audience stood and applauded with thunderous frenzy.

My husband bribed a couple of waiters and a maitre'd to sit me up front center stage. I didn't sit for long. I rose and pressed my body up against the platform as some women from behind me rushed the stage when Elvis teasingly pulled his scarf off his neck to wipe his brow (which I now know contains his DNA) before offering it to his adoring fans.

I raised and waved my hand to plea for the apprised scarf. I screamed out his name. He turned and looked right at me, giving me his trademark, upper lip curled smile, and said "Hold on honey, I'll get to you."

One of his body guards pointed a flashlight beam on my burnt orange hot pants (shorts) and matching calypso blouse that I wore, that seemed to cue the lighting technician, because changing color lights washed over me repeatedly before panning the rest of the audience in the auditorium.

Then a single large spot light followed Elvis as he moved nearer to me and knelt down on one knee directly in front of me. I was mesmerized by his sapphire-blue eyes as he sang "Love Me Tender." I was sure he was singing just to me. Slowly Elvis leaned foreword to slip his scarf over my head until it reached the back of my neck pulling me closer to him. I stood on my tip-toes, closed my eyes...then he kissed me on the lips softly and tenderly. Women shrilled fervently, but he chose me.

I opened my eyes feeling a bit shook up and disorientated. All sounds seemed muffled before everything went dim and I fell to the ground. I vaguely heard someone say, "She's fainted, give her some room!" And I remember thinking, If only Elvis could give me mouth-to-mouth resuscitation.

That was 40 years ago, yet the images of that magical time in my life are vibrant in the recesses of my mind; where I visit from time to time when I need a break from the doldrums and I'm once again feeling vital and *all shook up*.

Writers' Workshop West, active since 1962, is open to anyone interested in writing fiction, non fiction, drama, and poetry. Meetings are held the third Tuesday of every month at 7:30 p.m. at the Downey High School library. For information, call (562) 862-3106

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# Brett Favre is back! Anyone care?

BY SCOTT COBOS, STAFF WRITER

Treceived a text message a few days ago from our city editor, Eric Pierce, saying that I should rewrite my column from a couple weeks ago about Brett Favre's retirement. When I look back on that column, I'm glad that he wrote the headline saying something to the effect that Favre is finished maybe.

Obviously it's been all over the news and I wouldn't be surprised if ESPN has a clip that they're ready to use and loop for days stored away in a closet somewhere for whenever Favre retires and decides to return again.

This story has become so old that even the biggest Favre fans have started not to care. My girlfriend, probably the biggest Favre fan this side of the Rocky Mountains, said to me without flinching, when I asked what she thought, "Whatever."

And she's right. And I told Pierce that I already wrote Favre's obituary. I refuse to write about his third coming. I mean, for heaven's sake, he's not Jesus Christ. So you know what this column is about? It's not about Favre coming back to the NFL.

This column is not about Favre returning to the Minnesota Vikings, a team that effective immediately burns any connections left with the Green Bay Packers. How much of a slap in the face to all Packer fans is it that he signed with the enemy?

This column is definitely not about how two years ago, Favre stood up in front of the press and said that he knew he could play one more year but he didn't think he wanted to, sobbing as he struggled through what we thought to be a genuine retirement speech.

This column sure isn't about how just months after he retired the first time, he went crying to the

Green Bay Packers about possibly returning and making the organization he played with for so many years completely undercut Aaron Rodgers, a young quarterback who has a bright future.

I won't even begin to tell you how this column is not about how Favre then proceeded to start a war in the media about how the Packers basically wouldn't let the man play for another team and that the organization should just let him do his thing and either be given his release or be traded.

There's no way that this column is about how Favre did help the New York Jets for a while until he played with an injury that basically sucked all the life out of his gun slinging arm that had gotten him through so many years of football. The Jets started the season 8-3 but then finished 1-4, keeping them out of the playoffs.

And there's no way this column is about Favre doing the same song and dance act this year that he did last year.

You know, maybe this column is about how he is a big football diva that just refuses to exit stage left even though his time in the spotlight has long ago left him. I don't know about you, but I'm sick of Favre.

Now, obviously I've never met the guy, but does it really take a scientist to figure out that the guy is way past his prime and that he's just doing this to see how long he can last until he ends up in a wheelchair?

Favre's time is over and it should have been over two seasons ago. But hey, he likes to play football apparently, even though he should be playing in his backyard in his Wrangler jeans. He should be in a booth somewhere giving analysis on football games, not being the cause of analysis.

But you know something? I don't care anymore. Whatever.



Downey Youth Basketball, a youth travel team for children 12 and under, was crowned national champions at the Starvision 2009 National Youth Basketball Tournament in Las Vegas earlier this month. The Downey team was formed only five years ago by two coaches at the Downey YMCA. Last year the team decided to participate in national tournaments; in 2008-09, the team participated in 15 national tournaments, and won 11 of them.



The United States Tennis Association held its youth tennis program recently at Independence Park. The 6-week program is for first-time players and is partially funded by the 1984 Olympics held in Los Angeles. Top row, from left: Instructor Linda Gomez, Adam Araiza, Olayinka Bamidele, Ronak Zebarjedi, Ahtziri Mora-Romero and Instructor Silvana Consuegra. Middle row: Zachary James, Luckey Sarei, Precious Sarei, Lauren Lozano and Richard Lozano. Bottom row: Schance Sarei, Ty-Jahia Johnson, Lauren Martinez and Natalie Rosales.



Joe Vasquez receives \$1,500 check from Downey Rotary Club president Jim Boyd, for District 5280's Ecuador Rotary International Project. Vasquez is senior assistant governor in charge of the district's international services division.

## DJAA now accepting registration

**DOWNEY** – The Downey Junior Athletic Association (DJAA) is now accepting registra-

tion for flag football.

The league is open to boys and girls, in kindergarten through eighth grade, who live or attend school in Downey. Non-Downey residents may be allowed to participate based on space availability.

Registration on or before Aug. 31 is \$60 and may be paid by cash or money order only. The price increases to \$65 after Aug. 31.

**DOWNEY** – The Downey Final day to register is Sept. 14.

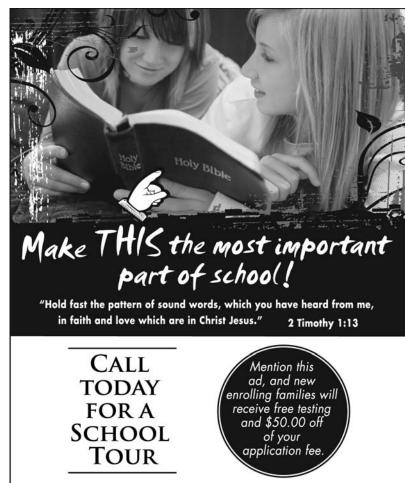
Registration will be taken at Apollo Park on Aug. 22 (9-11 a.m.), Aug. 24 (6:30-8 p.m.), Aug. 31 (6:30-8 p.m.), Sept. 5 (9-11 a.m.), Sept. 8 (6:30-8 p.m.), Sept. 12 (9-11 a.m.) and Sept. 14 (6:30-8 p.m.).

Parents should bring their child's birth certificate and report card when registering. For more information on registration or coaching opportunities, e-mail info@djaasports.org.

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# Page 14 Friday, Aug. 21, 2009 Classified/Real Estate\_\_\_\_ The Downey Patriot

The Downey Patriot, a newspaper of general circulation for the County of Los Angeles, State of California, **Los Angeles Superior Court** Case No. VS019238

#### **LEGAL NOTICES**

SUMMONS (Family Law)
Citacion (Derecho Familiar)
Case Number (Numero de Caso)
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NOTICE TO RESPONDENT ( Name):
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Petitioner's name is: Adolfo Burbano

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If you do not file your Response on time, the court may make orders affecting your mar-riage or domestic partnership, your property and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts
Online Self-Help Center

Online Self-Heip Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 dias corridos después de haber recibido la entrega legal esta Citación y Petición, para presentar una Respuesta (for mulario FL-120 ó FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo. Si no presenta su Respuesta a tiempo, la

corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al sec retario un formulario de exención de cuotas Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abo gado. Puede obtener información para encontrar a un abogado en el Centro de Avuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California

(www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE: The restraining orders on page 2

are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: Las órdenes de restricción que figu

ran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despida la petición, se emita un fallo o la corte dé otras órdenes. Cualquier autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

The name and address of the court are (El nombre y dirección de la corte son):

Superior Court of San Bernardino

8303 North Haven Avenue, Rancho Cucamonga, CA 91730

Name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Adolfo Burbano, 7201 Haven Avenue E 1113 Burbano, 7201 Haven Avenue E1113 Rancho Cucamonga, CA 91701, 909-518-2349

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Published in: The Downey Patriot, # VS019238 8/21, 8/28, 9/4, 9/11/09

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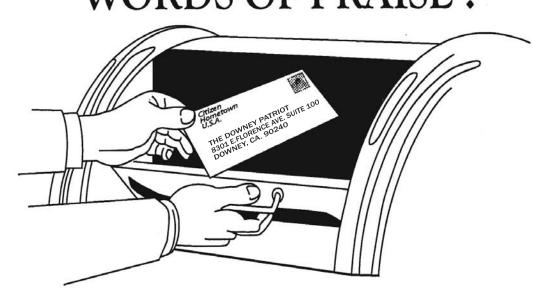
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Letters may be edited for style, space and/or content

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## **Toastmasters** competing in area contest

DOWNEY - Downey residents Freddy Clark and Alaina Nieman will compete in the Toastmaster's Area Contest on Aug. 29 at 8:30 a.m. at the Smart & Final corporate offices in Commerce, 600 Citadel Dr.

Clark and Nieman qualified to compete in the area contest by winning local competitions. Clark took place in Downey's Toastmaster Club 587 Evaluation Contest held Aug. 4, while Nieman won first place in the Humorous Contest held Aug. 12.

Local clubs such as Downey's Toastmaster Club 587 offer residents a chance to practice and hone communication and leadership skills. Toastmaster Club 587 meets every Tuesday at First Baptist Church of Downey, room 116, at 6

## SAT, PSAT seminars next month

**DOWNEY** – A series of seminars to prepare high school students for the SAT and PSAT exams will be offered by the Assistance League of Downey beginning next

Students who attend the seminar will take practice SAT and PSAT tests while instructors offer test-taking tips.

The seminars will be offered Sept. 12, Sept. 26, Oct. 10, Oct. 24 and Nov. 21. All seminars are from 8:30 a.m. to noon at Downey High School.

Students who attend a DUSD school are allowed to attend. Registration before Sept. 5 is \$40 and includes the book, "Preparing for the SAT 1/PSAT." The price increases to \$60 after Sept. 5.

Enrollment is limited. For an application, call Alice Yamada at (562) 861-2318.

## Books open for bidding

the Downey City Library has announced their silent auction items for the month of August.

Items are on display in the library's foyer and include "The Children of Hurin" by J.R.R. Tolkien, tales from middle-earth from times long before 'Lord of the Rings,'; "The Red House Mystery" by A.A. Milne, from the creator of Winnie the Pooh comes a lovely English-style mystery complete with locked rooms and a missing suspect; "100 Years of Oz" by John Fricke is a century of classic images from the 'Wizard of Oz' collection of Willard Carroll.

Bids can be placed in the Friends Book Store located inside the library until Aug. 29.

## Shop, save and support a cause

**DOWNEY** – The Women's Guild of Our Lady of Perpetual Help Church will host its fourth annual "Shopping Extravaganza" Oct. 10 at the Citadel Factory Outlets in Commerce.

Residents who purchase a \$20 ticket from the Guild will enjoy steep discounts at the outlets on Oct. 10 from 9 a.m. to 8 p.m. Ticket-holders will also receive three raffle tickets, wine tasting, lunch from Ruby's Diner, and a goody bag.

Proceeds from ticket sales will help fund the Guild's scholarship fund and its work with local organ-

To purchase tickets, or for more information, call Sally Johnson at (562) 861-8370.

## Car wash having grand opening

**DOWNEY** — A ribbon-cutting ceremony for Pro Hand Car Wash, located at 10030 Lakewood Blvd. (next to the Valero gas station), will be held Aug. 21 at noon.

The Downey Chamber of Commerce will assist with the event. The community is welcome.

## Stonewood collecting jeans

**DOWNEY** - Now through Aug. 23, Stonewood Center is collecting new or gently used jeans to donate to the Long Beach Rescue

All who donate will receive a gift and discounts from participating Stonewood retailers.

Donations will be accepted at the Guest Services desk.

## Tickets to DOWNEY - The Friends of Oldies Show now on sale

**DOWNEY** – The sixth annual "Oldies but Goodies" concert to benefit Easter Seals will be held Nov. 7 at the Downey Theatre.

Headlining the event is the band Ronnie & the Classics. Their act has been described as "an explosive show filled with energy, animation, choreography and great

The concert is sponsored by Century 21 My Real Estate and the Downey Chamber of Commerce. For information on tickets (\$25) or sponsorships, call the Chamber at (562) 923-2191.

## Resident conned by phony \$50 bill

By Stephanie Cobau

**DOWNEY** - On Aug. 15, around 5:30 p.m. an unsuspecting Downey resident residing on Brookmill Road was given a counterfeit \$50 bill at a yard sale as payment for a \$5 item.

The goal of the criminal was to be given \$45 of real change after making only a \$5 purchase with the counterfeit \$50 bill.

The resident, who requested to remain anonymous, explains, "Two

men pulled up in a car but only one stepped out. Then the man walked up to the espresso machine and asked to buy it without removing it from the box to look at it."

Reflecting upon the man's actions, the resident now realizes that the reason the man never opened the box was because he was only concerned with being given the \$45 worth of change.

Counterfeit money is not always obvious to recognize to an untrained individual. The resident did not realize that the bill was counterfeit until she took it to a local bank.

The resident now wishes that she had taken more care to ensure that this did not happen and would like to encourage others to become more informed about counterfeit money. The resident also believes that anyone having a yard sale should purchase a counterfeit money detector pen in order to ensure that they are not taken advantage of.

Downey Department would like to remind Downey residents of some simple ways to check bills in order to insure that they are not counterfeit.

On all current bills, presidential faces are ridged, a security thread is present, color shifting ink is discernable, and a water mark is viewable.

On the \$50 bill that the Downey resident received, the security thread should have been roughly 1/4 of an inch away from the presidential portrait.

## Hundreds receive foreclosure help

■ Housing counselors provided assistance on 288 mortgages.

**DOWNEY** – More than 500 people trying to save their homes attended a foreclosure prevention workshop at Downey Adult School on Aug. 8, where credit counselors and lenders offered free assistance.

Organized by the office of Rep. Lucille Roybal-Allard (D-34), housing counselors provided assistance on 288 mortgages.

Visitors received on-site assistance and one-on-one counseling.

"I am truly sorry that unfortunate circumstances in your life have brought you here today," Roybal-Allard told the crowd in opening remarks. "But you are not alone in your time of crisis."

According to Roybal-Allard,

Josef's TAILORING - ALTERATIONS FOR MEN & WOMEN AT AFFORDABLE PRICES Please Call: (562) 861-8578 Cell: (562) 396-6438





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8455 Firestone Blvd www.ProNetworkers.com foreclosures in the U.S. have tripled since 2006 and reached a record-high during the first half of this year. Congress this month passed the National Foreclosure Mitigation Program, a \$63.8 million bill that provides funding to organizations that offer foreclosure counseling.

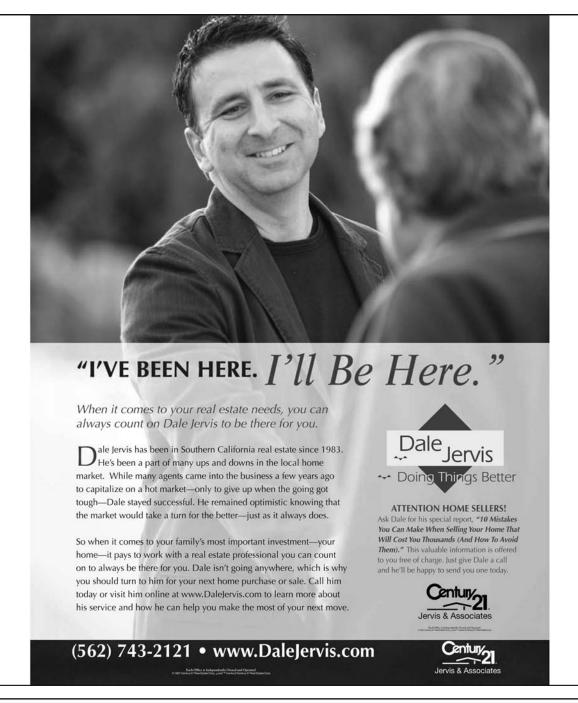
Roybal-Allard also warned residents against fraudulent services and paying for loan modifications.

"Families in Downey have been victimized by these swindlers," she said. "You can protect yourself against this fraud by only working with free HUD-certified counselors."

To find a local HUD counselor, visit the NeighborWorks website at www.nw.org.



Rep. Lucille Roybal-Allard warned a large crowd at a foreclosure prevention fair in Downey to protect themselves against phony loan modification services.





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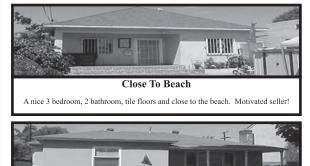


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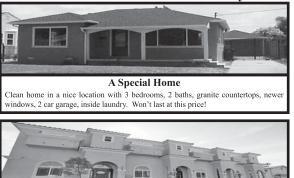






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## Page 16 Friday, Aug. 21, 2009 Real Estate.



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**Ouality Construction at a Bargain Price!** bedroom North Downey home with approx 620 sq ft of living space on an 8000 sq ft lot with pool & spa. Builder's higher-end workmanship will be noticed as you walk this beautiful property scheduled to be finished within 30 days. Price: \$1,249,000



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Call Michael Berdelis at (562) 818-6111 View these homes at: www.MichaelBerdelis.com



Unique Auto Spa in Downey was one of several homes and businesses recognized with Beautification Awards by the city of Downey.

## **Beautification** award winners announced

**DOWNEY** – The 2009 Home and Business Beautification Award winners were recently decided upon by the Keep Downey Beautiful program and the City of Downey.

These awards are given annually to individuals who dedicated their time to maintaining, improving and beautifying their homes and businesses.

The Business Beautiful award winners include the Corner Church, Vaca Preformance & Dyno Inc., Unsworth School, Unique Auto Spa and Calvary Chapel of Downey.

Home Beautiful award winners include Henry E. Foster, Jim Actkinson, Mary Arseneau, Ed Knebl, Darcy McLeod, Kendra and Patrick Hunter, Dr. Carl W. Stewart, and Dr. and Mrs. Ritchard Fishman.

Home Improvement awards were given to Valentine Herron Jr., the Secord Family, Mr. and Mrs. Fernando Torres, and Gene &

Monica Gonzales.

The last award category, the Multi-Family award, included recipients Shady Lane Apartments, Pinebrook Villas Apartments, Arizonian Apartments, Marco Polo Apartments, Rancho La Paz Apartments, and the San Lucus Apartments.

Keep Downey Beautiful meets the second Monday of each month 3p.m. to 4 p.m. at the Downey City

--Stephanie Cobau



## Realtor discovers old photo

**DOWNEY** – When local realtor Gene Sais did a walkthrough of a property he was selling a few years back, he made a curious discovery.

Sais found a historic 1934 photograph of the very property he was selling at 11625 Paramount Blvd. Presently home to the University Bible Fellowship, the property was previously known as Gabriel's Log Cabin Café.

After years of holding on to the photograph, he recently donated it to the Downey Historical Society.

"Thank you, Gene, for giving us this great photograph for our archives," said George Redfox, a

member of the historical society.

If you have old photographs of Downey, Downey housing tract brochures, or any other piece of local history and would like to donate them to the historical society, call (562) 869-2777 or visit www.downeyhistoricalsociety.org.

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