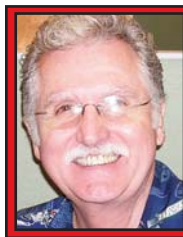


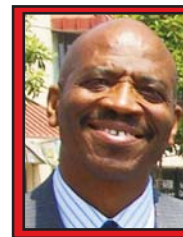
# The Downey Patriot



**Croshaw and his 1-man show**  
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**No stopping Jesse Callier**  
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**Church changes its name**  
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Friday, September 11, 2009

Vol. 8 No. 21

8301 E. Florence Ave., Suite 100, Downey, CA 90240

## New Kaiser hospital will open its doors Tuesday

Public tours will be given tomorrow of the 352-bed hospital.

By **CHRISTIAN BROWN**,  
STAFF WRITER

**DOWNEY** – In preparation for its grand opening Tuesday, the Kaiser Permanente Downey Medical Center will hold its official ribbon-cutting ceremony this afternoon with many Kaiser employees, community leaders and special guests in attendance.

After nearly five years of construction, the 700,000-square-foot facility will make history becoming the newest hospital in the region in more than four decades.

The six-story structure, draped in an array of light browns and dark blues, will feature 352 beds, 14

operating rooms and an emergency department that will serve the Southeast Los Angeles County community.

“Kaiser Permanente has a mission that involves both our patients and our community,” said Beth Trombley, director of public affairs for Kaiser Permanente. “That is to improve the health of our patients and the communities we serve. We believe that people are healthy only when their communities are healthy.”

According to Kaiser Permanente’s website, the new medical center represents the future of health care, sporting several features that focus on the “total health” of its members, employees and physicians. Inside the medical center, 95 percent of the patient rooms are private with pull-out beds for the family and friends of patients.

The Kaiser Permanente Downey Medical Center has also taken advantage of green technology, using environmentally-friendly paint, multi-colored carpet made of recycled materials, and natural lighting to encourage comfort and healing around the building.

Local residents that wish to see the new hospital facilities are encouraged to attend the community open house tomorrow, Saturday, Sept. 12 from 2 – 4 p.m. Staff members will be conducting limited tours of the medical center every 10-15 minutes.

The event will feature historical information about the Kaiser site as well as a kids’ zone with game booths, food, and giveaways, said Trombley, who believes the new Downey Medical Center will only benefit city residents.

“We have been working in Downey on a smaller level for

many years,” Trombley said. “We have volunteer physicians working in the local schools conducting child visits for uninsured children.”

Trombley also acknowledged many community organizations that have received funding from Kaiser Permanente including Gangs Out of Downey (GOOD), the Downey Family YMCA, and the True Lasting Connections Family Resource Center which offers services to uninsured and underinsured children in the Downey Unified School District.

“It’s a large part of what we do to support the community around our medical center,” said Trombley. “We will have over 3,000 employees in the City of Downey and we look forward to our staff living and working in this community.”



PHOTO COURTESY TROOP 2485

Members of Downey Junior Girl Scout Troop 2485 traveled to San Francisco to “bridge” to the next program level by walking across the 1.7 mile Golden Gate Bridge and back. As part of the bridging ceremony, each girl also received the Bronze Award, the highest award Junior Girl Scouts can earn. Members of Troop 2485 include (back row, left to right): Emily Tores, Hayley Sartor, Nikki Aguilar, Elena Santana, Anna Collier, Taylor Finn and Jessica Padron; front row: Sabrina Canales, Isabel Isham-Silva, Ashlyn Booth, Kailey Tomas and Kelly Knowles. Not pictured: Allyson Johnson, Mikayla Minnig, and troop leaders Cheryl Collier and Gloria (Norma) Gomez.

## Police officers receive promotions

By **HENRY VENERACION**,  
STAFF WRITER

**DOWNEY** — The City Council heard Police Chief Roy Campos confirm the promotions of five of his police officers who he said are destined to fill important leadership roles in the months and years ahead.

Campos, who is retiring at year’s end and himself closing out a wonderful career, once more pointed out the close camaraderie and teamwork, even a sense of family belonging, that pervades the Downey police force as mainly responsible for the department’s effectiveness, and which has won the approbation of other cities.

The officers and their new ranks: Sgt. David Zimmerman, Sgt. Kevin McCaster, Lt. Randy Wells, Lt. Dean Milligan, and Capt. Stephen Garza.

The ceremony was witnessed

by family and friends.

In other action, the Council:

- Approved the one-year agreement between the city and Graffiti Tracker, Inc.(GTI) by which the latter will capture, analyze, and provide the Police Department with intelligence for purposes of reducing graffiti vandalism; equipped with global positioning system (GPS), GTI’s tracking system will allow the department to identify the most active graffiti vandals, and record the areas of greatest graffiti vandalism, paving the way for better methods of enforcement; a web-based program, it can be accessed 24/7 by law enforcement personnel and city administrators;

- Approved the agreement with the Downey Chamber of Commerce for \$24,500, whereby the latter will promote the city’s welfare and growth in 2009-10; services will include: a) promotion of the city’s industrial commercial

development, involving the gathering and dissemination of information on demographics of value; b) stimulation of local buying, emphasizing the importance of sales tax revenue to the local economy; and c) community public information, providing public information services to benefit local businesses and residents;

- Accepted the new street improvements and maintenance responsibility for the continuation of Steve Horn Way constructed by Kaiser Permanente between Imperial Highway and Bellflower Blvd. as agreed upon by the city and the hospital, which is due to officially open for public use today; the improvements will provide access not only to the hospital but to Discovery Sports Complex, the Columbia Memorial Space Center, and also to the Downey Studios site;

- Adopted an ordinance amending Article V, “Sanitation,” of the

Downey Municipal Code, which thereby amends Chapter 8, “Construction and Demolition Waste Management”; the ordinance regulates the waste management practices of private and public building projects in the city to ensure that 100 percent of inert materials and 50 percent of the remaining waste materials form these projects will be diverted from landfills by way or reuse or recycling, as mandated by the California Waste Management Act of 1989 (AB 939);

- Approved the amendment to the agreement with Delphi Productions in the amount of \$218,951 for services related to phases I and II of the exhibits for the Columbia Memorial Space Center; according to executive director Jon Betthausser, installation of phases II and III exhibits will be basically complete in time for the

See **COUNCIL**, page 12

## Police arrest 3 carjacking suspects

**DOWNEY** – Three men were arrested Sept. 2 after robbing and carjacking a mother and son, then attempting to rob another man.

The mother and son were driving out of the Stonewood Center parking lot at about 7:20 p.m. when three men approached their car, according to a press release from the Downey Police Department.

One of the suspects pulled out a shotgun and ordered the mother and son out of the car. The three men took the car and drove north on Woodruff Avenue out of sight.

A few minutes later, the same suspects attempted to rob a man standing in front of his house on the 9300 block of Cecilia Street. One of the suspects pointed a shot-

gun at the man and demanded money.

When the victim said he had no money, one of the suspects held him at gunpoint while the other two entered his home, where they remained several minutes before exiting. The three suspects got back in the car and fled the scene.

Downey police officers subsequently stopped the car in the area and arrested Erick Garcia, 24, Enrique Ruiz, 23, and Juan Landeros, 22, all of Inglewood.

Two loaded guns were found in the car, according to the press release.

The three men were arrested and charged with carjacking and armed robbery.

## Getting everyone on the same page

By **JAN PALEN**,  
SENIOR LIBRARIAN,  
DOWNEY CITY LIBRARY

**W**hat would happen if everyone in a city reads the same book together?

When the Seattle Public Library launched a city-wide reading program in 1998, their objectives were to develop a new audience for literature and to get people talking.

Inspired by the power of reading, Nancy Pearl and Chris Higashi of the Washington Center for the Book had a brainstorm: what if they could get a city as large and diverse as Seattle to read and discuss one book together?

“People can go for days at a time not talking to anyone outside their immediate family,” said Pearl. “There are precious few opportunities for people of different ethnic backgrounds, economic levels or

ages to sit down together and discuss ideas that are important to them: this project provides that opportunity.”

After Seattle’s success, libraries across the United States picked up the idea and started annual reading projects called “One Book, One City,” “The Big Read” or “United We Read.” The programs were diverse, but their goal was the same: to bring individuals together in the community through a shared reading experience.

For their 2009 reading projects, communities from Thousand Oaks to East Lansing, Mich. have chosen Steve Lopez’ “The Soloist,” an inspiring story of music, friendship and the will to triumph over mental illness.

In the book, Los Angeles Times columnist Lopez meet Nathaniel Ayers, a Juilliard-trained musician who is schizophrenic and homeless

## One Book ONE COMMUNITY

but playing Beethoven on a two-stringed violin in a noisy traffic tunnel. As Lopez comes to understand Ayers’ story, he shares it with his readers, who then donate instruments to support the struggling street musician.

The East Lansing community read project sparked an idea for a musical instrument donation drive to benefit Michigan State University’s Community Music School in Detroit. After reading the book, people donated musical instruments of all kinds – strings, brass, winds and percussion – to support their local community-

based music instruction.

Cal State Northridge also selected “The Soloist” for their “Freshman Common Reading” program this year. The school invited the entire freshman class to read and discuss the book with Lopez. Class assignment used the book’s themes, from classical music to myths and facts about mental illness.

The university has taken a unique approach to involving their freshman class through literature. At a time when many new students feel disconnected and uncertain, CSUN recognizes the unifying power of sharing one book.

*What could happen if everyone in Downey reads the same book together?*

In the coming weeks we will discuss other successful “One Book” programs and how you can get involved in Downey this year.

## We will never forget

**A**cross the nation, compassionate Americans are planning memorials to honor the dead and celebrations to honor the living. Tears will flow and laughter will ring true, but beneath it all will be a solemn respect and gratitude for men and women who have given, and are giving, their lives for the betterment of mankind.

Nine-Eleven is not just a day of remembrance, it is a day, a week—a time to reach out to others less fortunate than ourselves.

“The anniversary of 9/11 is always a very personal day of sadness and reflection for me and my family,” says Jay S. Winuk, who lost his brother in the 9/11 tragedy. “But it can also be a day when the

nation comes together to embrace once more the spirit of compassion that helped our family and the entire 9/11 community come through the very dark days following the attacks.”

The healing compassion of Americans since Sept. 11, 2001, however, has reached far beyond our borders. Efforts are made each succeeding year to mend the war-torn Middle East of the devastation, disease, poverty and illiteracy that lay within. David Haddad, owner of Fumar Cigars in Phoenix, states, “My life changed the day I heard that 80 children in Afghanistan shared one pencil in a

See 9/11, page 5



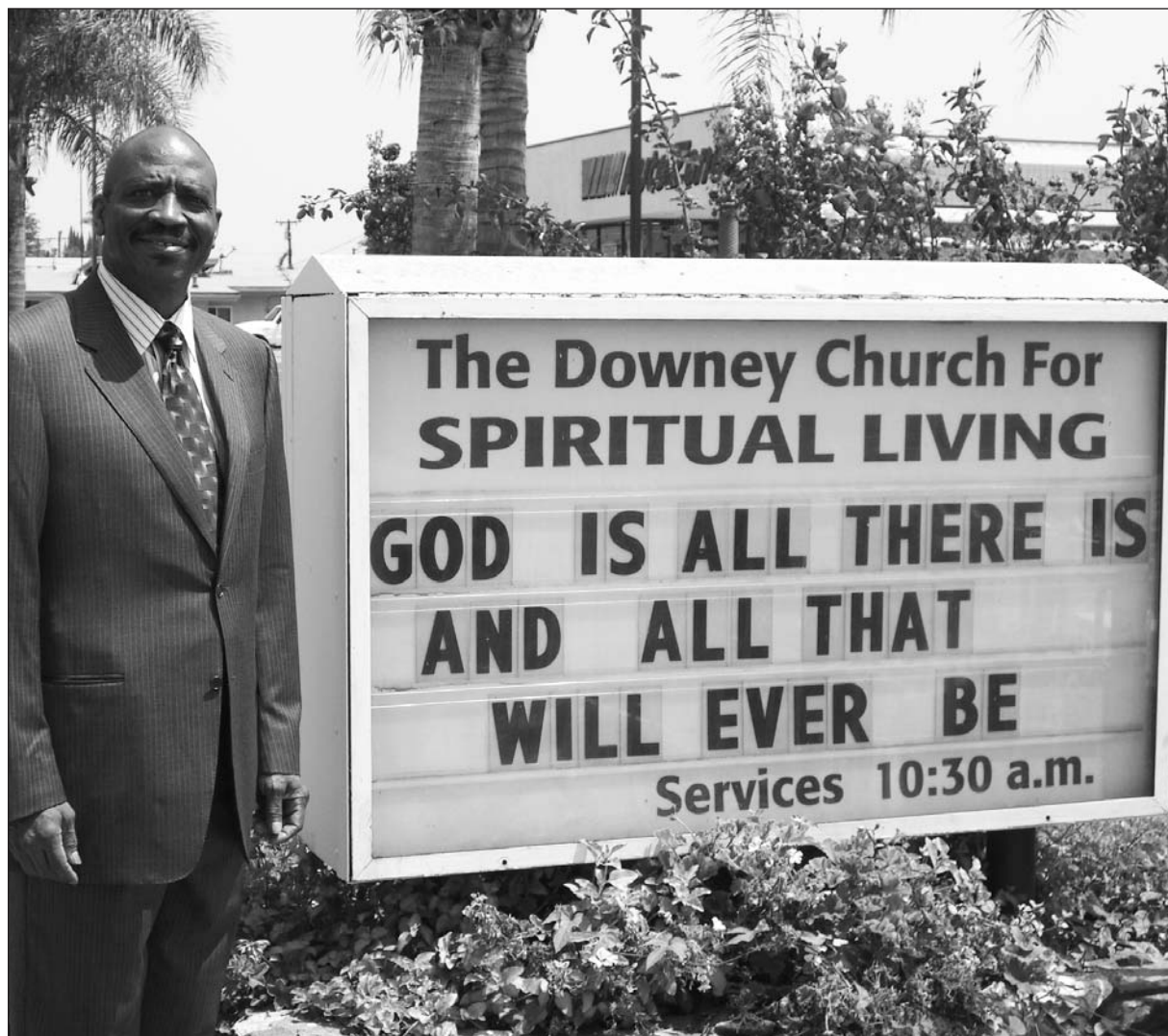


PHOTO COURTESY DOWNEY CHURCH FOR SPIRITUAL LIVING

Rev. George Hines, above, is senior minister at the Downey Church for Spiritual Living. The congregation will celebrate its new name with an "Aloha" service Sept. 27. The service will be followed by lunch and a fundraiser concert.

## Downey church has new name

**DOWNEY** – The Downey Church for Spiritual Living at 10000 Paramount Blvd. will officially adopt its new name on Sept. 27, the 38th anniversary of its incorporation in 1971.

Formerly known as the Downey Church for Spiritual Enrichment, the church is a member of United Centers for Spiritual Living, an international organization based in Golden, Colo. Over the past six years, all member churches have gradually adopted the "for Spiritual Living" designa-

tion. The congregation has been a presence in Downey since the 1950's, incorporating for the second time in 1971. Like most new churches, they met in rented space for several years before buying the building on Paramount Boulevard, north of Florence Avenue, in 1982.

Rev. George Hines, senior minister, will conduct regular church services at 10:30 a.m. on Sept. 27. His topic will be "Aloha – in the Presence." Current and returning congregants and visitors are

encouraged to wear Hawaiian garb to the service.

Lunch will be served in the patio after the service. A fundraiser concert of love songs featuring singers Dennis Bryan and Joanne Lapointe will begin at 1 p.m. A donation of \$10 is suggested for the performance.

Visitors are welcome to all the events. For more information or to RSVP, call Yvonne at (562) 926-2445.

## Moravian church has new pastor

**DOWNEY** – The Moravian Church of Downey will welcome its first female pastor to the pulpit when it installs Sister Christie Melby-Gibbons in a special service Sunday at 10:30 a.m.

Melby-Gibbons is a recent graduate of Moravian Theological Seminary in Bethlehem, Penn. She will become the Downey congregation's ninth pastor.

Prior to the installation, the congregation will hold a 9 a.m. rally to celebrate their new Sunday school program. Following the service and installation, the church will host a picnic.

The Rev. James T. Hicks, president of the Moravian Church's Western District, will preside over the installation. The community is invited to all events.

For more information, call the church office at (562) 927-0718.

## Church adds Sunday school

**DOWNEY** – Messiah Lutheran Church at 10711 Paramount Blvd. is now offering Sunday school for children up to the sixth grade at 9:15 a.m. in the parish hall.

Parents and children up to age 3 may attend a toddlers program during the Sunday school hour.

For more information, call (562) 923-1215.

## Guild heading to casino

**DOWNEY** – The OLPH Women's Guild is sponsoring a daytrip to Harrah's Rincon Casino and Resort on Sept. 29.

Cost of the trip is \$10. The bus will depart at 7:30 a.m. and return at 4:30 p.m. To reserve a seat, call Anna at (562) 923-2988.

## Concert to kick-off church care

**DOWNEY** – First Presbyterian Church of Downey will kick-off their fall after-school program with a free concert Wednesday by Chris Martin.

The after-school program, called Kidz Konnection, started in January 2008 and offers children help with homework, music, art, sports and more.

The concert begins at 4 p.m. inside the church's sanctuary. For more information, call (562) 861-6752.

## Fall boutique at Methodist church

**DOWNEY** – Downey United Methodist Church, 10801 Downey Ave., will host their annual fall boutique Sept. 19 from 10 a.m. to 1 p.m.

For sale will be handmade creations made by church members. The boutique will also feature a granny's attic and bake sale.

The church's café will be open for lunch and dessert.

## OLPH to host luncheon

**DOWNEY** – The Women's Guild of Our Lady of Perpetual Help Church will host a luncheon Wednesday at 10 a.m. inside the Parish Center. The community is invited.

Cost is \$10 for a hot lunch and bingo cards.

Tickets for the Oct. 10 "Shopping Extravaganza" at Citadel Outlets may be purchased at the luncheon. A \$20 ticket includes three raffle tickets, wine tasting, lunch from Ruby's Diner, a goody bag and shopping discounts from 9 a.m. to 8 p.m.

## OLPH Blue Mass set for Sept. 24

**DOWNEY** – The annual Blue Mass at Our Lady of Perpetual Help Church, a service to honor the police officers, paramedics and firefighters of our country, will take place Sept. 24 at 8:30 a.m.

Pastors from seven Downey churches will take part in the Mass. Numerous city officials are also expected to be on hand.

The public is invited to attend.

*High Holiday Services at Temple Ner Tamid*  
conducted by  
**Rabbi Efraim Warshaw**  
**Cantor Kenneth Jaffe**  
**Our Professional High Holiday Choir**

Selichot Service, Sat., Sept. 12, 7:30 p.m.  
Erev Rosh Hashanah, Fri., Sept. 18, at 7:30 p.m.  
1st Day Rosh Hashanah, Sat., Sept. 19, at 10:00 a.m.  
2nd Day Rosh Hashanah, Sun., Sept. 20, at 10:00 a.m.  
Tashlich Service & Picnic Following Services  
Kol Nidre, Sun., Sept. 27, at 7:30 p.m. **Sharp**  
Yom Kippur, Mon., Sept. 28, at 10:00 a.m.

For Tickets, Membership or More Information Call:  
**562-861-9276**  
**10629 Lakewood Boulevard, Downey**  
(Freeway close, north of Firestone Boulevard)

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## Kaiser Permanente Downey Medical Center

OPENING SEPTEMBER 15

We're marking the next phase of technological innovation in Downey with the opening of our new Kaiser Permanente Downey Medical Center. Our new facility replaces our Bellflower Medical Center and is less than two miles away.

The Bellflower campus will become a medical office building, offering specialty and outpatient services. Emergency, labor and delivery and the 24-hour patient pharmacy will relocate to Downey.

Kaiser Permanente Downey Medical Center, 9333 E. Imperial Highway, Downey, CA 90242

We're excited to welcome you to the new Kaiser Permanente Downey Medical Center.

We look forward to continuing to provide the quality health care that helps you and your family thrive.



For a virtual tour, visit [kp.org/downey](http://kp.org/downey).



PHOTO COURTESY MILLER-MIES MORTUARY

Shirley Kinstler and her family owned Del Rio Lanes in Downey. She passed away Sept. 5. A reception will be held at the bowling alley today from 3-5 p.m.

## Shirley Kinstler, owner of Del Rio Lanes, passes away

**DOWNEY** – Shirley Kinstler, an avid bowler and owner of Del Rio Lanes bowling center in Downey, passed away at home on Sept. 5.

She was born Jan. 15, 1934 in Loudwater, England. It was there that she attended school and married an American GI, Charles Kinstler.

They moved to the United States in 1954. Their first home was in Porstmouth, Ohio, and two years later they moved to Kingston, N.Y.

In 1959, the couple settled in Monterey Park. Charles jumped into the real estate business while Shirley busied herself with raising two boys, Bill and Charlie.

The Kinstlers became a bowling family in the early 1970s. Shirley bowled in the San Gabriel Valley Monday Travel League for many years, while Bill and Charlie kept score for their parents during evening leagues.

When Charlie graduated from college, the family decided to invest in their own bowling center and purchased Del Rio Lanes in Downey in 1983.

Shirley bowled in three leagues a week and maintained an average over 150 for more than 30 years.

Besides bowling, Shirley also enjoyed traveling, and took many cruises to Alaska, the Equator, Mexico, Russia, the Greek Isles, Hawaii and more.

Shirley passed away Sept. 5, which was the 56th anniversary of her marriage with Charles.

Shirley is survived by her husband, Charles; sons, Bill and Charlie; daughters-in-law, Julia and Lynda; grandchildren, Kyle, Keri, Lyndsay, Daniel, Breyana and Bryan; and her brother, Laurie.

Services will be held today at 1:30 p.m. at Miller-Mies Mortuary. Friends are invited to a reception today at Del Rio Lanes from 3-5 p.m.

## Community advocate Richard Pridham dies at 84

By Christian Brown, Staff Writer

**DOWNEY** – Richard Pridham, a longtime Downey resident and outspoken community advocate who offered solutions to various city problems, has died. He was 84.

After battling with an aggressive form of skin cancer, Pridham died on July 30 surrounded by members of his family. Born and raised in Southern California, Pridham lived a passionate life, filled with adventure and exploration.

In 1943, at age 19, Pridham joined the army and was stationed in Germany where he worked as a telecommunications operator connecting military bases by telephone. After returning home from the war, Pridham kept in contact with many of the people he met while serving in Germany.

Later in life, Pridham made regular trips to Europe to visit the friends he made in Germany. Pridham's granddaughter, Nikki, remembers his frequent visits.

"We've counted at least 10 trips to Europe that he's made," said Pridham, 19. "He and my grandmother would go for 3 to 5 months at a time."

In addition to Pridham's European vacations, he also traveled extensively through Baja Mexico, where he would fish, camp and strike up conversations with natives. Pridham also regularly visited the San Joaquin Valley where he would pick apples, grapes, persimmons and other crops during the harvest season.

Pridham and his wife Ann settled in Los Angeles before moving to Downey in 1966. Pridham worked for Pacific Bell for many years before retiring at age 57.

Concerned about the state of the city, Pridham attended city council meetings regularly, bringing up problems he saw around town.

"We moved to Downey for the schools," said Jenny Pridham, Richard's eldest daughter, who still lives in Downey. "He wanted to make sure the city stayed as good

as it was when we moved here."

Jenny Pridham, 56, considers her father an ethical and fair-minded man who wanted to know more about everything.

"It didn't matter what subject – he just wanted to learn," said Jenny Pridham. "He wasn't a TV watcher. He wanted to see as much as he could see, and learn as much as he could learn."

City Councilman Roger Brossmer recalls Pridham's faithful attendance to city council meetings as well as his distinct voice.

"He had the best voice in Downey – I would tell him, I think you missed your calling as a talk show host," Brossmer said. "He cared a lot about this city. It's easy to complain and do nothing, but he took that extra step and did something."

Pridham's concerns would usually involve issues of public works such as street lights that had not been fixed, graffiti on buildings and dire road conditions.

"Whatever he saw, he shared in a respectful manner," Brossmer said. "He didn't just complain – he always brought a list of solutions."

Pridham was one of the first residents that City Manager Gerald Caton met when he started working for the city in 1989.

"What makes Downey great is that we have people who care," Caton said. "Mr. Pridham is an example of someone who thought beyond himself and cared about his community."

Since his death, the family has received numerous e-mails from friends and community members offering their condolences. Nikki Pridham, who is now managing her grandfather's e-mail distribution list, said the family plans to send out a regular e-mail to Richard's friends with family updates.

"After he died, I realized he had an impact on so many people," said Nikki. "I don't think he realized how much of an impact he had."

## Arthur Shane was decorated veteran

**DOWNEY** – Arthur E. Shane, a World War II veteran, died Sept. 3 in Downey. He was 81.

Shane was born in Canton, Ohio. He was a corporal in the United States Army and served during WWII. He received a World War II Victory Medal.

A funeral service will be held at a later date at Riverside National Veterans Cemetery in Riverside.

The family was assisted by Miller-Mies Mortuary.

## POET'S CORNER

### Take Your Time

Take your time or time takes you and drains your strength away,

Take a minute, or maybe two, throughout your busy day, For slowing down to meditate, from worldly things apart,

In a quiet place to wait, with a receptive heart, Take your time to think about the greatest things of all, Take your time to work it out, before the curtain falls,

Why the worry? What's the hurry?

Take your time and stroll,

Picking from life's way side, all the things that feed the soul,

Take your time and walk on the grass, to look at flowers and trees,

Wandering all about to see the wonders such as these.

So, slow your pace to see the view, And take your time or time takes you.

–Loretta Wenz (2007),

Downey

## September 11, 2001

It's painful to recall September of '01"

New York twin towers fall - A new war had begun.

Two hijacked planes were crashed Into the towers there And hopes and dreams were dashed Not even time for prayer.

Islamic terror cells Attack us from the sky. They call us infidels And swear we all must die.

They call this a jihad - A "holy war" they say. So we must trust in God. It's time for us to pray.

We can't just wait around - We have to take a stand. We'll fight on their own ground. We must defend our land.

So pray our troops survive Whatever comes their way. "God bring them home alive" It's time for us to pray.

–Bill Milburn, Downey

## Elrose LaPlante was 50-year resident

**DOWNEY** — Elrose (Rose) LaPlante, a 50-year Downey resident and mother of long-time Downey school board member, Donald LaPlante, died on Sept. 7 at age 90.

She was born Feb. 12, 1919 in Detroit, Mich., the daughter of John F. and Olive Merriman Schwartz.

She came to California at the age of two and never looked back. She graduated from Manual Arts High School in Los Angeles in 1937.

During World War II, she worked for a number of companies doing her part for the war effort. At the end of the war, she went to work for RKO studios in Hollywood.

In 1947, she joined a studio bowling league and her got Frank Sinatra to sponsor their team. She said he was always nice and courteous, and she remained his fan for the rest of her life. She met her future husband, Victor LaPlante,

who she married on Valentine's Day in 1948, at the bowling league.

She continued to work until her son, Donald, was born in 1955, when she retired to be a homemaker. She and the family moved to Downey in 1960. Her daughter, Sandra was born in 1963. Rose was active in PTA at her children's schools during this time.

Returning to the work force in 1970, she worked in the office for Stevedoring Services of America in the Los Angeles harbor area until her retirement in 1990. She then spent three years caring for her new grandson until fully retiring.

She is survived by her son, Donald LaPlante; daughter, Sandra Carlson; son-in-law, Jeffrey Carlson and grandson, Scott Carlson.

Services will be held on Saturday, Sept. 12 at 11 a.m. at the Mortuary Chapel 120 at Rose Hills in Whittier with burial following.

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Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to credit approval and verification of equity. \*APR=Annual Percentage Rate. Rates quoted as of 8-31-09 and are based on 80% LTV. HELOC is a variable rate loan and index is based on 3-month average of 2-year Treasury Note currently at 0.958% + 3.50% = 4.458% for 80% LTV. Lifetime cap of 5% over fully indexed start rate. HELP rates for terms greater than 15 years are with 1 point. Add 0.50% for a zero point rate. The monthly payment is \$8.71 per \$1,000 at 6.50% for 15 years on fixed Home Equity Loan. The rate and payment shown assumes that you have a FICO of 700 or above. Other rates may apply based on credit profile. Rates are subject to change without notice. Loan fees applicable to products can range from \$155 to \$3,392 and vary significantly based on loan amount and individual circumstances. Property you own which generates income may not be eligible. Credit limit determined by the equity in the real property, which is used as security for the loan.

Come Visit Us On Our Website at:

[www.TheDowneyPatriot.com](http://www.TheDowneyPatriot.com)

YOUR HOMETOWN COMMUNITY NEWSPAPER

**The Downey Patriot**

[www.TheDowneyPatriot.com](http://www.TheDowneyPatriot.com)

## A message from the publisher

By Jennifer DeKay-Givens

The Downey Patriot is asking for your assistance so that we can better serve the interests of the citizens of Downey.

On August 17, 2009, after a lengthy process, the petition to establish The Downey Patriot as a newspaper of general circulation in the County of Los Angeles was granted. "A newspaper of general circulation" (an adjudicated newspaper) means the publication has met the requirements set forth by Government code to publish legal notices and is recognized by the Court. Unfortunately with our current adjudication, The Downey Patriot is limited in the types of legal notices it is able to publish.

In order to serve our community better we would like to be able to print all types of legal notices include Notice of Trustee sales, Notice of Probate, and other legal notices of interest to the citizens of Downey. In order to print all legal notices, The Downey Patriot must meet additional requirements set forth by the Government code. One of these additional requirements is "a bona fide subscription list of paid subscribers".

This is where we need your help. Join our family of paid subscribers. The subscription cost is \$10 and would ensure The Downey Patriot is delivered to your single family home every Friday. If you are a current subscriber and paid \$20 for the subscription, your subscription has automatically been renewed for the following year. If we can reach the desired number of paid subscribers, then we will be able to expand our services to the community. The Delivery Subscription Request form is on page 10.

Please pass this along to your family, friends and neighbors! Your help is very much appreciated!

## 9/11: Time to reflect and help one another.

Continued from page 1

3-walled schoolhouse with no roof. Right then I decided to make a difference in the world." As a result, Haddad donated over 200,000 pounds of school supplies to Afghanistan, the largest private shipment of its kind, ever.

Literacy levels are declining in the Middle East. Female illiteracy is especially rampant and more than two million children in Afghanistan alone lack an education. Many are their family's sole support. Richard Miron of the BBC tells of young Nasim, aged 14, who earns \$1 a day cleaning shoes—just enough to buy bread and sugar. "Rice," he told Miron, "is a treat."

Illiteracy isn't the only dilemma, however. Twenty-five percent of Middle Eastern children die within the first year. Half die before the age of five and half of those that survive are severely malnourished. The United Nations estimates that 35,000 children will die this year from measles alone, due to a lack of vaccinations.

War in the Middle East, like all wars, is ravaging the children. Many huddle in doorways just to keep warm and live in mud huts with sewage running past. Mohandas Gandhi, India's political and spiritual leader states, "If we are to teach real peace in this world, and if we are to carry on a real war against war, we shall have to begin with the children." Nelson Mandela, former President of South Africa adds, "Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens in our society, a life free of violence and fear."

Nicola Goren, acting CEO of the Corporation for National and Community Service states, "September 11 is a time to both remember the victims and heroes of 9/11 and honor their memory through service to others. Across the nation events are in the works to celebrate the memories of our fallen heroes, those still fighting and to reach out to less fortunate across the global community." Recently, Goren was asked by Congress to lead the first 9/11 National Day of Service and Remembrance, a result of Senator Edward Kennedy's Serve America Act, signed by President Obama in April, 2009.

This September 11th, leading organizations and national service leaders across the nation will be staging major events commemorating the federally-designated 9/11 National Day of Service and Recognition.

Actor Gary Sinise, co-founder of Operation Iraqi Children (OIC), better known for his role in "Forest Gump" as Lieutenant Dan, will be among the Beacon Theatre participants. Sinise and OIC have delivered more than 650 tons of school supplies to Iraq. Earlier this year, David Haddad of Fumar Cigars joined Sinise in delivering 25 tons of supplies to Iraq.

"I could no longer sit and observe what was happening around the world, especially to the innocent children in the war-torn countries of Afghanistan and Iraq," states Haddad. "No matter how little we have here, they have far, far less as they face the realities of illiteracy and disease. We must not overlook the children, for it is today's children that will mold tomorrow's world."

## Letters to the Editor:

### Pile of trash

Dear Editor:

Friends say they are appalled by the amount of trash that has collected between the sidewalk and curb on Florence Avenue between Del Rio Lanes and Wiley Burke Avenue.

Surely city officials travel the area and can't help noticing the large amount of dry weeds and papers that constitute a potential fire hazard to the city, and could cause wrecks, if ignited by a thrown cigarette. Whatever happened to the "Keep Downey Beautiful" campaign?

—Thelma Hawkins,  
Downey

### Explanation for lack of stars

Dear Editor:

This is in response to Mr. Sandoval's letter in the Aug. 28 issue of The Downey Patriot ("Mystery of the Stars").

As a photographer, I may have an explanation for why the stars do not show up in NASA photographs or videos of the earth, moon and astronauts in space.

The light of the stars is so dim, whether on earth or in space, that our current imaging technologies cannot record it without exposure times of several seconds, or even minutes. A video camera records a scene as a series of images, each image recorded in, perhaps, 1/30 of a second. A still camera might snap a picture in 1/100 of a second or faster; perfectly adequate to photograph a sunlit astronaut floating beside a spacecraft, but not nearly enough exposure time to reveal the stars behind him.

Anyone wishing to see NASA photographs of stars should review the output of those spacecraft specifically designed for the purpose. A good example is the Hubble Space Telescope.

—Alan D. Williams,  
Downey

### General circulation

Dear Editor:

Congratulations, Downey Patriot, on the change of status to newspaper of general circulation. Let's hope that you will not follow in the path of many, almost bankrupt, newspapers around this great country who have chosen to alienate readers with a slant that leans way too far to the left.

The paper, so far, has been a pleasure.

And to all the interns and future interns at The Downey Patriot, I have some great advice for you. If you want people to trust and believe in you and your work, do not drive, accidentally or purposefully, into a body of water and leave your passenger in the car to die. Also, do not cheat on tests. I can guarantee that honest and ethical people will never trust you or your work for the rest of your life.

—Jeffrey East,  
Downey

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

## A veteran pollster's advice to Obama

By John Zogby

Nine months ago, T-shirts and posters portrayed Barack Obama as Superman. Today, he is looking like a very mortal politician who is having a hard time pleasing anyone.

The right demonizes him and his efforts to offer conservatives an open hand have only alienated his supporters on the left. Independents see little economic progress, are confused about healthcare reform, and hear the same old partisan noise coming from Congress.

Our Zogby Interactive polling shows a steady decline in Obama's job approval, which was down to 42% at the end of August. That is six points lower than it was on July 24. Over that six-week period, Obama lost 13 points on his approval rating from Democrats and 18 points from First Globals (18-29-year-olds). Obama's party cannot afford to lose the enthusiasm of Democrats and young voters going into the 2010 mid-term elections.

There are plenty of second-guessers about what Obama should have done to prevent his diminished political standing. But given the problems he inherited, it might have indeed taken a political Superman to maintain his post-election popularity.

It's safe to say that no one since Franklin D. Roosevelt has faced such daunting combined economy and diplomatic challenges. FDR was able to use his Democratic Congressional majorities to push through the New Deal, and effectively painted the Republican opposition as tools of wealthy bankers and industrialists. Being confrontational just isn't in Obama's makeup and today's political climate is far different than that of the 1930s. Today, Senators see themselves as free agents and expensive campaigns still require cash from big business.

As for Republicans, their opposition to all of Obama's initiatives may have looked like good politics in August, but putting up stop signs is not an agenda that wins elections. However, the GOP may be finding that Obama won't fight back, and there is no greater problem for a politician than the appearance of weakness.

So what should Obama do to assure independents and still win back the energy and trust of his Democratic base?

The average American must begin to see some progress on the economy. Earlier this year, our polling showed a public understanding that it would take at least a year for the economy to recover. But that was not an unlimited free pass. Even though there will be no immediate dramatic change in unemployment, Obama and his surrogates must campaign across the nation to showcase communities where the stimulus is creating jobs, or at least stopping their loss. New green jobs would be especially attractive to both liberals and moderates. Such a media campaign appears to already be in the works.

There is no similar obvious strategy for healthcare reform. The man who showed such great communications skills in the campaign has failed to make a convincing argument for healthcare reform. That has to end in his speech on Wednesday to Congress and the nation. Obama



### Global warming rhetoric

Dear Editor:

Yes, indeed, Mr. Scherer, no good crisis should go to waste. The level of fear mongering on behalf of the environmental lobby knows no restraint. ("California is Leader in Global Warming Planning," 9/4/09)

I am so tired of global warming hysterics who veil their desire to control every aspect of our energy consumption behind their concern for our future well-being. California may be a leader in global warming planning, but our state will find that their good deeds do not go unpunished when masses of people and businesses, fed up with all the massive tax hikes, leave the state.

Perhaps that's their true goal. We all know that people are ultimately the plague that should be reduced in the eyes of environmentalists. Perhaps that's why an activist judge ordered the water flow to California's Central Valley to cease because of the potential danger to a small little fish called the Delta Smelt. The farmers in that area are suffering tremendously, and I believe the rate of unemployment hovers around 40 percent. All because of a little fish.

We can all expect that kind of misery should we allow global warming hysterics to push forward with their green house gas reducing legislation that will do nothing to reduce global temperatures, as Mr. Scherer even admits in his own article.

Keep the environment clean? Great. Plan for future droughts and fires? Excellent. Punish people for driving their cars and exhaling carbon dioxide? Insanity.

—Alaina Niemann,  
Downey

must be concise and deliver effective sound bites. He must make it crystal clear why he believes that doing nothing will only lead to higher premiums and more insecurity. So people who have not already made up their minds need to hear how reforms will lower their costs and keep them secure. If the family next door loses its coverage, you could be next. And even though your neighbor has no insurance, you still wind up paying for the care they will receive through higher premiums. It's a complex topic to explain, even for Obama.

Liberals are waiting to hear what Obama will say about the public option, which has become a litmus test. Their disappointment with Obama over bank bailouts, detainees and Afghanistan has reached a boiling point over healthcare reform. Conventional wisdom says that Obama will not fight for it, and that liberals will have no choice but to support a plan without a government program to compete with private insurers.

That's how liberals typically reacted during the Clinton years. However, Obama brought in new voters who are not familiar with that script, and they could bolt away from politics if they continue to be denied a happy ending. Also, Obama's defeat of Hillary Clinton was, in part, a rejection by progressive Democrats of her husband's triangulation strategy that isolated the left.

Unless they can come up with an alternative to the public option that satisfies their liberals in the House and their more conservative Senators, Democrats will be playing a dangerous game of chicken with each other.

Democrats must pass a healthcare bill, and I believe they will. The final product won't please all Democrats, especially liberals. Then, Obama must heal intra-party rifts by reminding liberals that healthcare is one detour, and that there is more that brings all Democrats together than tears them apart.

The President must remind liberals that he is different, that he is delivering a better U.S. image abroad, making significant progress on global warming initiatives, and safeguarding stem cell research. He has appointed the first Hispanic woman to the Supreme Court and may fill at least two more seats during his first term.

Obama already has a model for doing that: his own Presidential campaign and how it began with themes that appeal to both the left and center, and especially to young voters, who do not easily fit under traditional ideological labels. He must hit the road, including to college campuses, and promote initiatives that are green, global, and exciting. Even after a very tough summer, Obama is still the nation's most popular politician. Most people want him to succeed, and their goodwill gives Obama time and opportunity to do so.

John Zogby is the president & CEO of Zogby International and the author of "The Way We'll Be: A Transformation of the American Dream."

## The Downey Patriot

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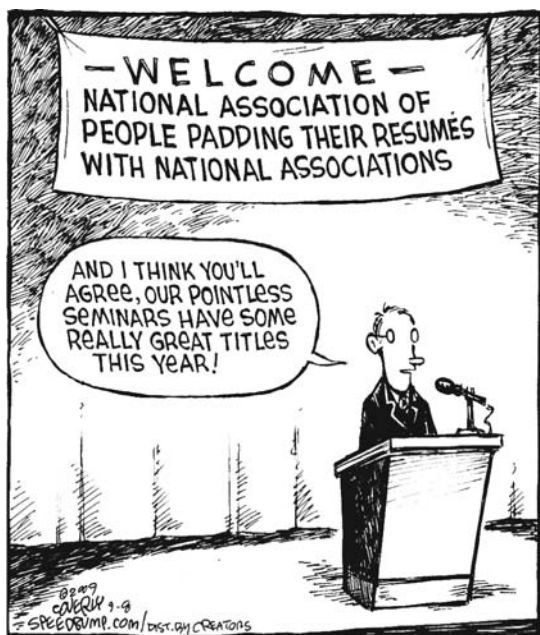
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## SPEED BUMP



## DAVE COVERLY



## Downey Community Calendar

### Events For September

- Sat. Sept. 12: **Car wash for Downey High band**, Downey High School, 8 a.m.
- Sat. Sept. 12: **Meet DUSD tutors**, Sussman Middle School, 9 a.m.
- Sat. Sept. 12: **Hospital tours for the public**, Kaiser Permanente Medical Center, 2 p.m.
- Sun. Sept. 13: **Installation of pastor**, Moravian Church of Downey, 10:30 a.m.
- Mon. Sept. 14: **Author discussion with John Corcoran**, City Hall, 7 p.m.
- Tues. Sept. 15: **Meeting on groundwater**, Temple Ner Tamid, 10 a.m.
- Wed. Sept. 16: **OLPH luncheon**, Parish Center, 10 a.m.
- Wed. Sept. 16: **Concert by Chris Martin**, First Presbyterian Church of Downey, 4 p.m.
- Thurs. Sept. 17: **Business Watch meeting**, Chamber of Commerce offices, 2 p.m.

### City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

### Regularly Scheduled Meetings

#### Mondays

- 7:30 p.m.: **Job/Career Coaching**, at The First Presbyterian Church, for info. call 861-6752.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

#### Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Pat Rooney at 923-5352.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.

#### Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at Apollo Park.
- 7 p.m.: **Out Post 132 Royal Rangers**, at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7 p.m.: **Downey Sister City Assoc.**, at Maude Price School.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP**, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075.
- 3rd Weds., - **Downey Dog Obedience Club** Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at **Furman Park West Bldg.**, call 943-5513.
- 4th Weds., 6:00 p.m.: **Emergency Preparedness Committee meeting**, Fire station 1, 12222 Paramount.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

#### Thursdays

- 7:30 a.m.: **Connections Networking**, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.
- 4th Thurs., 10 a.m.: **Assistance League**, at Casa De Parley Johnson. for information call 869-0232.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.

#### Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

#### Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.
- 2nd Sat., 12:30 p.m.: **AAUW**, Los Amigos Country Club.

## On This Day...

Sept. 11, 1609: Henry Hudson discovers Manhattan Island and the natives living there.  
 1714: Barcelona surrenders to Spanish and French Bourbon armies in the War of the Spanish Succession.  
 1789: Alexander Hamilton is appointed as the first United States Secretary of the Treasury.  
 1792: The Hope Diamond is stolen along with other crown jewels when six men break into the house used to store the jewels.  
 2001: Airplane hijackings result in the collapse of the World Trade Center, destruction of the western portion of the Pentagon, and a passenger airliner crash in Pennsylvania.  
**Birthdays:** Grateful Dead rocker Mickey Hart (66), Styx singer Tommy Shaw (56), musician Moby (44), rapper/actor Ludacris (32) and basketball player Shaun Livingston (24).

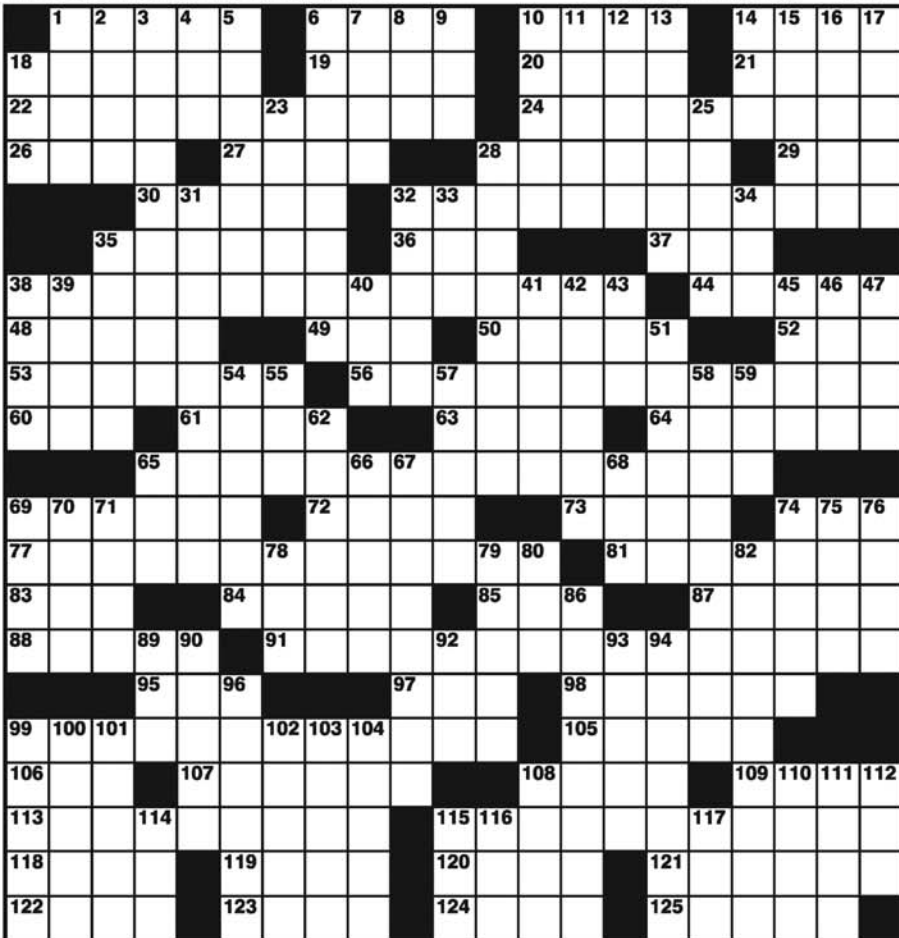
## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

A WEEK OR TWO: Inspired by "Jeopardy!"

by Corey Rubin

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- ACROSS**
- 1 Go unrenowned
- 6 NYSE alternative
- 10 Online conversation
- 14 Author Austen
- 18 Taxonomic groups
- 19 Accumulate, with "up"
- 20 Hardwood trees
- 21 College major, for short
- 22 With 115 Across, words to Alex, and the key to this puzzle
- 24 Bull's-eye
- 26 On the double, initially
- 27 TMC sister channel
- 28 Actress Fanning
- 29 GPS reading
- 30 Bar mitzvah dances
- 32 FAILS
- 35 Santa Rosa's county
- 36 Cut (off)
- 37 Contractor's add-on
- 38 HOME-CONFINEMENT DEVICE
- 44 Parts of ships
- 48 Name on a check
- 49 40 Down, south of the border
- 50 Cave (old warning)
- 52 Mere pittance
- 53 Have jurisdiction (over)
- 56 MAJESTICALLY TALL
- 60 CBS part: Abbr.
- 61 Take a dig at
- 63 Haberdashery department
- 64 Overly stylish
- 65 YAKKED AND YAKKED
- 69 Italian ice cream
- 72 Prayed, in Paris
- 73 "Gimme a C!," e.g.
- 74 Very small
- 77 SWAN SONG
- 81 Sailors' unit
- 83 Initials on a space shuttle
- 84 Gray shade
- 85 Kung chicken
- 87 Grinder of a sort
- 88 "Same here!"
- 91 SOFTWARE DESCRIPTOR
- 95 Apt-ad datum
- 97 Opposite of non
- 98 Having limits
- 99 DUKE ELLINGTON TUNE
- 105 Exact replica
- 106 Simpsons retailer
- 107 Certain shift start
- 108 Assertive type
- 109 Fervor
- 113 Commissioner Gordon's summoning device
- 115 See 22 Across
- 118 Lo-cal
- 119 Ration (out)
- 120 Bond villain
- 121 Post-split person
- 122 Part of QE II
- 123 Quite pale
- 124 Oracle
- 125 Chestnut horses
- DOWN**
- 1 Places for picnics
- 2 1950s teen idol
- 3 Door features
- 4 Asian honorific
- 5 Use, as china
- 6 Masons and potters
- 7 Duck Soup surname
- 8 Euro predecessor
- 9 Classic Jaguar
- 10 Musical endings
- 11 Japanese verse
- 12 Ohio city
- 13 African insect
- 14 One way to travel
- 15 Felt sore
- 16 Construction-site by-product
- 17 Choose to compete in
- 18 AM TV show
- 23 Bowl (annual Texas game)
- 25 Create a seal
- 28 Shown
- 31 12.5%
- 32 Rub it in
- 33 Bass ending
- 34 Marlins' div.
- 35 Some terriers
- 38 Internet programs, in brief
- 39 a soul (no one)
- 40 Doubtfire's title
- 41 Take a dig at
- 42 Slightly short
- 43 Emeritus: Abbr.
- 45 Titles for attys.
- 46 Dobbs and Rawls
- 47 Chop (Chinese course)
- 51 Keep down, as sound
- 54 Prove unsustainable
- 55 Stuart Little monogram
- 57 Mideast leader
- 58 1942 battleground
- 59 Guzzler
- 62 Slow, high pitch
- 65 Puma, for one
- 66 Peach or cherry
- 67 Hub for headlines
- 68 Some MIT grads
- 69 Sullen
- 70 Settle (into)
- 71 Future DA's hurdle
- 74 Dorian Gray creator
- 75 Mideast carrier
- 76 Spooky
- 78 T as in "Telemachus"
- 79 National Poetry Month
- 80 Honshu affirmative
- 82 "Marines' Hymn" monarch
- 86 Less than proper
- 89 Places to scrub up
- 90 Spender of rials
- 92 Suffix with fit or fist
- 93 Hoosier poet
- 94 Parliamentarily correct
- 96 Mark of infamy
- 99 Weasel-like mammal
- 100 "To fetch . . ."
- 101 Everyone, on a score
- 102 Laura of ER
- 103 Under, in verse
- 104 Chicago mayor
- 108 Feast (upon)
- 110 Abba of Israel
- 111 Cockpit stats: Abbr.
- 112 Chancellorsville victor
- 114 States, informally
- 115 Shingle letters
- 116 It can follow you
- 117 Tic-tac-toe nonwinner

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Taxonomy (18 Across) is the science of biological classification of organisms. "Cave CANEM" (50 Across) is Latin for "beware of the dog." In Szechuan cuisine, Kung PAO chicken (85 Across) is diced, marinated and stir-fried, with spices, peanuts and vegetables added.



## Paging Dr. Frischer...

By Dr. Alan Frischer



Everyone knows that the flu season will soon be upon us. The news about the H1N1 Swine Flu and just how serious an epidemic we may face this fall is relentless. So far, swine flu is not much more threatening than regular seasonal flu. However, more people are susceptible to it because it's new, and we lack immunity to the strain. 'An ounce of prevention is worth a pound of cure,' Ben Franklin said. How do we avoid the flu when one in four Americans is expected to become infected during this flu season? What can we do to protect ourselves?

Vaccinate: Vaccines are the most powerful public health tool for the prevention of the flu. Government agencies are working closely with manufacturers to develop a Swine Flu vaccine. The new vaccine is expected to be ready for the fall, but no specific date has been announced. This year's regular flu vaccine does not include the H1N1 strain, but since multiple strains of the flu are expected, it's important to get both types of vaccines. (If you received the Swine Flu vaccine of 1976, note that the current virus is different enough that you will need a new vaccination.)

It is important that specific groups be vaccinated just as soon as the vaccine is available. Immunity may take some time - you will not be protected immediately, and it is likely that two shots will be necessary. The CDC (Center for Disease Control) target groups include:

- anyone under the age of 25, but over six months old;
  - 25 to 64 year olds who are at higher risk because of chronic health disorders such as asthma, diabetes, and heart disease, or compromised immune systems;
  - pregnant women;
  - people who live with or care for children under six months old; and
  - those who work in healthcare or emergency medical services.
- While the swine flu epidemic has so far focused primarily on the young, it is often the elderly who

also have asthma or other chronic lung disease, heart disease, and/or diabetes. Therefore, as is usually the case for flu vaccines, many over the age of 65 should be vaccinated. Also note that the vaccine is being recommended for pregnant women, and I am watching the literature to ensure that initial tests will confirm that it is safe.

It's possible that there will initially be a shortage of supplies, but five different companies are working hard to meet the expected demand. The vaccines will likely be available from the government at no cost. It is likely that you will be given this vaccine, not from your doctor, but rather from centralized distribution centers in your community.

Treat your symptoms: Antiviral drugs (such as Tamiflu) are used to treat the flu and work by preventing the viruses from reproducing in the body. They are prescription medicines and come in different forms including pills, liquid and an inhaled powder. If you get sick, antiviral drugs can make your illness milder, make you feel better faster, and help to prevent serious complications. However, these antiviral drugs have been overused in many who probably did not actually have H1N1. The over-prescribing of any infection medication can lead to the development of resistant strains of the virus. In the coming epidemic, antivirals are likely to be more tightly controlled. They will be available and effective for those with severe illness or documented swine flu.

Control the Spread: The flu, like other respiratory diseases, is spread from one person to another. Droplets from the nose and mouth of an infected person land on surfaces or directly enter another 'host.' Here are some specific tips to remember:

- Hand washing is especially important during pandemics, both for the healthy and for the ill. Wash your hands frequently, using soap and water, or an alcohol-based hand sanitizer. (An antibacterial soap is no better than regular soap, since a virus, not bacteria, causes the flu.) Washing without soap does not help!
- Avoid making contact with potentially infected surfaces (e.g., door knobs, railings, desk tops, elevator buttons, telephones, etc.).
- Frequently clean surfaces where germs can sit, using an anti-septic wipes.
- Even when you're careful, germs end up on the hands. Avoid putting your hands anywhere near your eyes, nose or mouth.
- Do not directly share food

with others, and avoid shared serving utensils.

- Stay home if you get sick, and limit contact with others. This fall and winter will be good times to purposely avoid crowds or gathering places.

- Keep tissues on hand. Cover your mouth and nose when coughing or sneezing with either a new tissue, or with the crook of the elbow or upper arm and shoulder. Do not use your hands, because that will spread your own germs. Throw the tissue away after using it once.

- See your physician early if you should become ill with flu-like symptoms, which include fever, cough, headache and bodyache.

As always, be well, and please take extra precautions during this upcoming flu season!

*Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.*

## September Proclaimed as National Preparedness Month

The Downey City Council recognized National Preparedness Month on Tuesday evening with a proclamation. National Preparedness month is a Nationwide effort held each September to encourage Americans to take simple steps to prepare for emergencies and to raise the awareness of the public regarding the importance of preparation and training.

National Preparedness Month 2009 is sponsored by the U. S. Department of Homeland Security whose goal is to highlight the importance of community emergency preparedness and to promote individual involvement through events and activities across the Nation.

All Downey residents, neighborhoods, churches, schools and businesses need to develop plans for emergencies that may occur in their area. These plans should include emergency numbers and contacts for family members and employees, meeting places for the family after an emergency, evacuation routes and making special provisions for the children and seniors of the family.

Families and businesses need to prepare supplies, food, water and equipment to utilize when emergencies occur. Experts recommend having enough food and water for

## Flu Preparedness Makes Good Sense

By: Mark Sauter

The flu season is rapidly bearing down upon our community. When the flu virus begins to impact Downey residents, City emergency services will experience an increase in calls for service and the local hospitals will become busier and sometimes back-logged with patients. The 'wait-time' at hospitals will likely increase and the number of available beds will decrease. Consequently, it makes good sense to take preventative steps like getting your annual flu shot and using universal precautions such as frequent hand washing.

The media has devoted a considerable amount of time and effort to getting this year's flu season information out to the public. As of this writing the actual effects of the H1N1 flu virus and the seasonal flu virus are unknown. The consequences of the upcoming flu season and the media coverage of it are still unknown as well. However, nearly everyone has had

the flu or been around someone who has contracted the virus. Being sick with any type of flu isn't an enjoyable experience. More than 30,000 Americans die from the seasonal flu each year.

Some medical authorities have noted a rapid onset of flu type symptoms for patients with the H1N1 virus and the average duration of the illness is 5-7 days. If these findings continue into this flu season, it may be best to ensure adequate supplies are on-hand before someone gets sick rather than heading to the nearest 24/7 retailer when you or your family member has contracted the flu.

The uncertainty of how the upcoming flu season will affect our lives and our community elicits many questions for individuals, families and businesses. Planning now for potential problems (and possibly avoiding them) is the best way to prepare yourself and your family for the flu-season.

Ask yourself, How will I address these issues?

- What will parents / workers do when their children need care at home during the workweek?
- What will business owners and managers do to maintain their business operations if a significant (or critical) portion of their workforce is unavailable to work?
- What are the alternatives to traditional after school student /child care situations?
- What might neighbors and friends contribute to a family's childcare and daily operational needs?
- What if a single parent is sick (or both parents are sick)? Who will do the shopping and caring for the family? Who will transport the children to and from school if the parents are sick?
- What are the policies and procedures for employees who need time-off from work to stay at home with children, spouses or older family members?
- What work practices can be implemented to support workers who live alone and who need care?
- What supplies could be stored at the workplace to support continuous operations? (i.e. to break the dependence on daily deliveries)

- What food and water supplies could be stored at home to support each individual and family for 3-7 days?

- What medical supplies could be purchased and kept at home to reduce the impact the flu virus on a family?

Thankfully, many actions can be taken to reduce the chances of an individual coming down with the flu:

- Get a flu-shot for the seasonal and H1N1 flu strains
- Thoroughly and frequently wash your hands, with soap (especially before eating) for 15-20 seconds
- Don't touch eyes, nose, or mouth with un-washed hands
- Consider door handles and other public hand-holds contaminated and be aware your hands may need washing afterward.
- Use a paper towel to open a bathroom door when leaving the room
- Cover your mouth and nose when coughing or sneezing with a tissue, then dispose of it properly in a trash can
- Stay away from those who cough and sneeze without covering their mouth and nose
- Cough or sneeze into the crook of your arm when caught without a tissue
- If you are sick, stay home, get early care and get well before returning to work
- Encourage sick co-workers to stay home if they are sick with flu-type symptoms
- Consider some 'social distancing' measures such as:
  - discontinuing the daily practice shaking hands
  - increasing communications using the phone or electronic messaging
  - working from home
  - providing alcohol-based hand washing solution in common areas
  - providing trash cans for discarding used hand towels and tissues.

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**Word of MOUTH**  
 by Soheir S. Azer, D.D.S.

While some regard the incidence of oral cancer as rare, the Oral Cancer Foundation reports that about 100 people in the United States are newly diagnosed with this form of cancer each day. Fortunately, early diagnosis and treatment greatly increase the chances of survival. With this in mind, dentists recommend oral cancer screenings once a year for all patients, twice a year for smokers. Aside from a visual exam, oral cancer screenings also involve the use of a device known as a VELscope, a handheld instrument that emits a blue light that reveals any abnormalities that may exist beneath the surface of the gums, tongue, and other soft tissues of the mouth. The painless exam takes about two minutes.

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## Is Callier the 3,000 yard man?

■ Jesse Callier has lofty goals, but if anyone can meet them, he can.

By SCOTT COBOS, STAFF WRITER

**DOWNEY** – After watching Warren running back Jesse Callier blow away Torrance last week, it really isn't a surprise that the all-CIF star thinks he can achieve the impossible.

Well, maybe it seems impossible, but Callier has gone on the record saying that he wants to rush for 3,000 yards, 50 touchdowns, and win a CIF championship this year. After all, this is his last chance to do it. Callier is a senior and he won't get another crack at a high school championship, or becoming what is shaping up to be one of the most explosive running backs the state has ever seen.

Yes, one of the best the state has ever seen. Callier, with his lofty goals of 50 touchdowns (which is very attainable) is setting his eyes on 3,000 rushing yards this year. If he manages to reach that mark, he would only be 124 yards shy from breaking into the top 10 of all-time rushing yards in a season in California.

As it stands right now, Tyler Ebell of Ventura holds the current state record at 4,495. No. 10 all-time is Kenyon Barner of Notre Dame/Riverside who chimes in at 3,124.

Unless Callier has an absolute jaw-dropping rest of the season, he probably isn't going to reach Ebell. But, it is still possible for him to reach Barner assuming that a year's time from 2008 to now has taught him a few more tricks to avoid defenders.

With one game in the book already, Callier has five touchdowns, 16 carries and 181 yards. With those numbers, he still has a long way to go.

Last year, Callier ran for 2,466 yards on 313 carries. He averaged 205.5 rushing yards per game on 26.1 carries. These numbers



PHOTO BY PAUL HEIDECKER

Warren High School running back Jesse Callier says he wants to rush for 3,000 yards and 50 touchdowns.

include the two playoff games that Warren played in.

For the sake of assuming Warren will repeat what they did last year and get into at least the second round of the CIF playoffs, Callier would have to really push himself or hope for more carries each game.

During the regular season last year, Callier hit 1,971 rushing yards on 26.7 carries per game. In the playoffs, he tacked on another 495 yards on 46 carries. It would probably be safe to say that Callier won't explode on playoff teams like he does on regular season opponents, so lets keep those numbers the same.

That means, in the 10 regular season games, Callier would have to either increase the number of carries he has per game, or increase the amount of yards per carry.

With that said, Callier's regular season total for yards would have to jump from 1,971 yards to at least 2,500 yards for him to even sniff 3,000. Last year in the first 10

games, Callier averaged 7.38 yards per carry.

In order for him to reach 2,500 yards, he will have to either increase his carries to 33.8 per game, or increase his yards per carry by 1.98. The latter he has control of. The amount of carries per game, he doesn't.

With it very unlikely that Callier's workload will increase based on the team's needs at the time, he will most likely need to get that extra step or two to get to 2,500 yards in the regular season.

Warren head coach Chris Benadom has already demonstrated that if the game is out of hand, Callier will be removed and rested.

"I think that [3,000 yards] is an incredible number," he said. "He would love to do it and so would I, but the team will come first."

In Benadom's opinion, in order for Callier to reach that golden mark of 3,000, Warren would have to play a lot of close, high scoring games, something that he said he wants no part of.

Benadom is also not worried about the possible workload that could overload Callier if he's to reach his goal, but the team will monitor where his legs are at the end of the season.

"He works hard everyday," he said. "I have to get him to back off in practice. Having said that, the season can turn long and we don't want him tired later especially since he plays [defense and offense] and on special teams."

Callier has the confidence of the team and Benadom, but a lot of other obstacles lay in the way. There are teams that he has had struggles against that Warren will be playing soon, such as Santa Fe tonight.

Last year, Callier was stopped in his tracks rushing for only 63 yards on 16 carries in a losing effort against the Chiefs. Benadom has already said that he expects Santa Fe to be tough again. The Chiefs also have a reputation of beating up other teams with their physical play.

So, it might be a harsh test for Callier considering after the first game, his average yards per game required to reach at least 2,500 yards went from 250 to 257.67.

Warren essentially has the same schedule as last year except for one change. Instead of playing Bellflower, a team that Callier rushed for 211 yards against, they will be playing Vista Murrieta, a team that is extremely stingy defensively.

Last year, Vista Murrieta was 9-3. In only a few games, the Broncos gave up more than 20 points. They also have seven returning defensive starters from last year's team. This will definitely be another trap game for Callier and a huge speed bump in his quest toward 3,000.

We might be in store for one of the greatest rushing performances in Warren history and possibly one of the best single season performances in state history. There's a long way to go, but if anyone can do it, it's Callier.

## Golfers just hope to break even

■ Downey will face La Serna at Whittier College.

By JARED HEAD, SPORTS INTERN

**DOWNEY** – Al Holley, the long-standing girls golf coach at Downey High School, is recuperating from hip replacement surgery.

In his absence, Drew Heidecker is serving as a temporary replacement coach to a team that is hoping to break even in a tough San Gabriel Valley League.

"We would hope to win half of our matches," said Heidecker. "There's no animosity. They're all friends. One of my goals is to develop practicing skills that are necessary to become a competitive team. Anything more than this will be beyond my expectations."

Adding this to the list of things needed to improve, Heidecker went into more detail as he said, "We need to learn to play the game as a team. Bottom-line is if you're not having fun then there's no need to play at this level."

Even with all the problems, Heidecker still has confidence in his athletes.

"Nicole Kim has a lot of drive," he said. "Lily Kim learns faster than anyone I've ever worked with. Kristin Maranan and Ashley Reyes, they make up the backbone of our team."

With a schedule that looks to be as rough as the SGVL can dish out, the hopes of an even-record season could be dashed. But with the talent of Nicole Kim and Lily Kim, there's a light at the end of the tunnel.

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## Vikings open season tonight

Downey will face La Serna at Whittier College.

By Joseph Apodaca, Sports Intern

**DOWNEY** – The Downey High varsity football team opens their season tonight versus La Serna High School at Whittier College.

After testing the waters in a scrimmage against Cal High and Brea Olinda last Friday, the Vikings are expecting to open big against the La Serna Lancers.

“They have a very well-coached football team there,” said Downey head coach Will Capps. “They play a tough game.”

Phrases such as “well-coached” and “tough game” don’t seem bother the members of the team, as they have been prepared and ready to bring their A game for quite some time. After their extensive summer training, conditioning, and consistent after school practices, the Vikings have proven that they are ready for the challenge of a new season.

A pre-league match that pairs up the Del Rio division seven Lancers and the San Gabriel Valley division three Vikings, Capps foresees his players being victorious, encouraging his offensive and defensive lines to play to the ability he knows than can.

“It’s totally up to us,” said Capps. “If we play like we have been, we should be victories. If we don’t, we’re not going to be successful.”

Strong receivers have benefited the La Serna Lancers in the past, while the defensive line and linebackers have been considered weak. As for the Vikings, returning quarterback Steven Cervantes and an aggressive defense have been singled out as team strengths. Last season, La Serna finished their league run 4-1, placing second in the Del Rio league, while Downey finished 3-2 tying for second in 2008.

Despite the venue for the season opening game being a mutual territory and not at either La Serna nor Downey, rather at Whittier College, Viking parents, friends, and sports fans alike are still expected to show up to support the team.

## Downey scrimmages in Brea

By Joseph Apodaca, Sports Intern

**BREA** – The Downey High varsity football team opened their season with a scrimmage against Cal High and Brea Olinda last Friday at Brea Olinda.

Different from average football games, the scrimmage was broken into several rounds of offense and defense, with coaches present on the field for most of the play. A more casual setting, the team didn’t play in their formal uniforms, rather matching practice fatigues.

Following an earlier junior varsity scrimmage, the varsity Vikings descended from the top of stadium bleachers in sync while chanting the usual “Who’s House? D’s House” in perfect unison. The large team of 66 then broke up into several groups prior to the game, were focus was put on a specific skill to practice before the game actually began.

The game started off with a kickoff from Cal High on offense,

## Downey tennis to lean on returning players

Season opened yesterday versus rival Lakewood.

By Alyssa Wynne, Sports Intern

**DOWNEY** – With a varsity team littered with returning players there’s no doubt that the Lady Vikings are looking forward to an amazing tennis season this year, beginning with their first game of the season yesterday.

Downey faced Lakewood with its varsity team at home and junior varsity team at the opponent’s base.

The Downey tennis teams have not had the best experience when playing against Lakewood.

“Last year we had a [preseason] scrimmage against Lakewood,” said head coach Denise Diego. “We were able to sub girls in and out and it worked really well that way. We didn’t keep score, but we knew it was close and weren’t worried. But then in the first round of CIF, [Lakewood] had all first rank players. They were very powerful and we were beaten badly; it really hurt the team’s confidence.”

However, the girls’ may have a slight advantage that they did not have last year, a new coach.

The newly instated head coach for the junior varsity team at Downey is Andy Ramirez, a woman who played tennis through-

out her college career. She is rumored to have an abundant amount of experience in the sport, after playing for at least four years, and is definitely a positive addition to the tennis brigade.

Diego remains assured that her girls’ will prove up to their abilities.

“This game will be a good way to find their strengths and areas that need work,” said Diego.

The coach is very excited for the season and says that the girls’ look wonderful and are brimming with motivation.

## Warren girls a little nervous

By Alyssa Wynne, Sports Intern

**DOWNEY** – The tenacious tennis ladies of Warren were determined to win their first game of the season yesterday. Their motivation and confidence will never wilt despite having the lack of familiarity that a fresh squad brings.

Head coach Mary Starksen has a multitude of confidence in her girls’ after witnessing the talent that they have acquired through

training.

“I think the girls are excited and maybe a little nervous to play,” said Starksen. “We have worked really hard this summer and it will be exciting to see the girls compete.”

Starksen realizes that the girls’ are always improving and for this reason, there are girls’ that will be moving between the teams, varsity and junior varsity, throughout the season. This practice will allow the girls to become entirely accus-

tomed to one another and create a strong bond between the girls amongst both teams.

Though the competition between the girls has dwindled slightly it has not between the schools.

“All the teams we play are very competitive,” said Starksen.

Warren can expect that its tennis ladies will undeniably put up a worthy fight this season.

Warren has another match today against Bellflower.

## Boys water polo starts Tuesday

By Joseph Apodaca, Sports Intern

**DOWNEY** – The Downey varsity boys water polo team will host the opening of their season Tuesday at the Downey pool against the La Habra Highlanders.

Anticipation for the first game has brewed all summer long, as the members of the team were eager to break free from practices and utilize the skills they learned over the summer in an actual game.

A typically under-the-radar sport on campus, new fans are always encouraged to come down the pool and support the team.

Even if it’s your first time at a game, you are guaranteed to catch on quickly. Many elements of the game are taken from several sports, so there is something every onlooker will find familiar.

Broken up into four seven-minute periods, like a hockey game, water polo runs on a shot clock, one very similar to those used in basketball. Thirty-second increments of time are given on the shot clock, where in that time an attempt at a shot at the goal needs to be made or the ball is given over to the other team.

Over the course of the four periods, players swim up and down the pool while driving the ball

towards the goal, passing it around to their players, defending themselves and their goal, and ultimately make a shot at the goal.

Though much of the game is swimming and floating, not all is as easy as it appears to be. The athletes need to be in top physical shape in order to maintain momentum in the pool while sprinting from one side of the pool to the other.

One of the ways to keep that stamina in the pool is to master what many consider is the foundation of the game: eggbeating. The ways of doggie paddle are thrown out the door and all members must learn to eggbeater to be successful in the game. Often compared to a “wax-on, wax-off” motion, eggbeating allows you to be stationary in the water without becoming tired.

With all these elements put together, there is much to look forward to in a game of water polo. Coach Shaun Delhousay and his players promise an exciting game for all, with good plays on the offense and a tactful defense.

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## Match versus Rosary could say a lot

By Scott Cobos, Staff Writer

**DOWNEY** – One of the many expectations that Downey girls’ volleyball coach Andrea Sims expects of her team this year is to perform at a higher level than what her team thinks and starting today against Rosary, she will see if her team’s mindset is there.

Downey opens their season against Rosary, a private school that always seems to put a special emphasis in volleyball.

With a lot of new players, Sims is looking for the team to play as a unit, something they’ve been working on during practices.

“Mainly [my expectations are] to play as a team,” she said. “We have a lot of new players. We have to play together and stay focused on the positives and not dwell on the negatives.”

Sims also said that another one

of her concerns is that her team sometimes plays down to a level lower than what they can. She’s looking to a few returning starters to help guide the Vikings back to their 10-0 form of last year.

Debra Lovell, Heather Schnars, Megan Kirkpatrick, and Stacy Rodriguez are just a few names Sims expects to lead this team starting tonight. Sims expects this game to be a tell-tale sign of her team’s progress as a unit.

“It’s going to be a good match to see where we are,” she said.

Downey will be on the road today at Lakewood to open up against Rosary in the Gahr/Molten Classic. Today’s match starts at 4 p.m.

They then play tomorrow for their second game in the tournament and the game time and location are to be determined after their match with Rosary.

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**LEGAL NOTICES**

**SUMMONS (Family Law)**  
Citation (Derecho Familiar)  
Case Number (Numero de Caso)  
FAMRS 500738  
**NOTICE TO RESPONDENT ( Nombre):**  
Kimberly Soledad Terceros  
**AVISO AL DEMANDADO (Nombre):**

You are being sued.  
Lo están demandando.

**Petitioner's name is: Adolfo Burbano**  
Nombre del demandante:

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 días corridos después de haber recibido la entrega legal esta Citación y Petición, para presentar una Respuesta (formulario FL-120 o FL-123) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. Si desea obtener asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniéndose en contacto con el colegio de abogados de su condado.

**NOTICE:** The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

**AVISO:** Las órdenes de restricción que figuran en la página 2 valen para ambos cónyuges o pareja de hecho hasta que se despidió la petición, se emita un fallo o la corte dé otras órdenes. Cualquiera autoridad de la ley que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

The name and address of the court are (El nombre y dirección de la corte son): Superior Court of San Bernardino 8303 North Haven Avenue, Rancho Cucamonga, CA 91730

Name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Adolfo Burbano, 7201 Haven Avenue E1113, Rancho Cucamonga, CA 91701, 909-518-2349

Date (Fecha): March 7, 2008  
Ariene Salazar, Deputy (Asistente)

**NOTICE TO THE PERSON SERVED:** You are served as an individual.

**AVISO A LA PERSONA QUE RECIBIO LA ENTREGA:** a usted como individual.

Published in:  
The Downey Patriot, # VS019238  
8/21, 8/28, 9/4, 9/11/09

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PHOTO COURTESY ROSE NOLAN

Pvt. Jesse A. Nolan reported to Camp Pendleton on Sept. 1 for a month of military combat training. A graduate of Downey High School, he will be stationed at Twentynine Palms.

## Jesse Nolan, 19, in military training

**DOWNEY** – Pvt. Jesse A. Nolan, 19, of Downey, completed boot camp at the Marine Corps Recruit Depot on Aug. 19.

Nolan completed 13 weeks of training as one of 52 recruits in Training Honor Platoon 2147. While in training, Nolan held such positions as squad and fire team leader.

Following 10 days of home leave, Nolan reported to Camp Pendleton on Sept. 1 for one month of military combat training. Afterwards, he will attend Military Occupational School where he will train to be a data systems specialist.

Nolan will be stationed at Twentynine Palms following training.

Nolan attended Carpenter Elementary, Sussman Middle School and graduated from Downey High School in 2008. While at Downey, he served as offensive captain of the varsity football team and was named to the San Gabriel Valley All-League team.

## Chef earns unique distinction

**DOWNEY** – Downey resident Darrell Folck has earned the designation of “certified executive chef” from the American Culinary Federation (ACF).

Folck is a chef instructor at California School of Culinary Arts in Pasadena and member of ACF California School of Culinary Arts.

A certified executive chef is the department head usually responsible for all culinary units in a restaurant, hotel, club, hospital or foodservice establishment, or the owner of a restaurant. They must also supervise a minimum of five full-time employees and pass a practical exam in front of peers.

In the practical exam, chefs use selected ingredients to write and produce a three-course meal, including fish, salad and main course. Chefs must adhere to strict guidelines, such as time, amount of ingredients, presentation and cooking techniques.

Since 1973, the ACF has awarded more than 20,750 certifications and is the only certifier of U.S. master chefs and master pastry chefs.

## Church taking prayer requests

**DOWNEY** – First Presbyterian Church of Downey is accepting prayer requests from the community for an event tomorrow from 9-10:30 a.m.

All prayer requests are kept confidential.

To request a prayer, call Kathy Johnson at (562) 201-0103.

## Appraising the appraisal process

CONTRIBUTED BY THE DOWNEY ASSOCIATION OF REALTORS

A home appraisal is a vital part of a real estate transaction. Appraisals help sellers list their homes appropriately and assure lenders and buyers of a home’s worth. Unfortunately, Realtors across the country are reporting unusually low home appraisals, including some homes estimated to be worth less than replacement construction costs.

Many have even experienced delayed and lost sales due to poor appraisals conducted by inexperienced appraisers not familiar with the area. These reports seemed to intensify after the new Home Valuation Code of Conduct was implemented on May 1.

The HVCC establishes standards for solicitation, selection, compensation, conflicts of interest and appraiser independence. In many cases however, the HVCC has slowed the appraisal process and increased the use of out-of-area appraisers who may not be familiar with the local real estate market.

According to the Downey Association of Realtors, determining correct property value is a difficult task in today’s market.

“Buyers are purchasing more foreclosed homes and short sales that typically sell for 20 percent less than traditional homes in the same area,” said Anthony Mendez, president of the Downey Association of Realtors. “This makes it challenging for appraisers to identify comparable homes and make appropriate value adjustments.”

Appraisers are also concerned about the issue. According to a recent survey by the National Association of Realtors, 70 percent of appraisers have noticed an increase in the amount of fees paid by consumers. It doesn’t stop there. A reported 36 percent saw a severe decrease in appraisal quality. Although the reason for this decrease has yet to be identified, it is essential that appraisers are fully qualified and experienced with the areas in which they work. They must also be independent of any outside influences that would improperly influence the appraisal procedure. Mendez says there are certain measures that can strengthen the process.

“Allowing other parties involved in the transaction to ask the appraiser to consider additional property information and provide further detail can help isolate the appraiser from improper influence,” Mendez said. “In addition, buyers and sellers should discuss the unique conditions of a home and its neighborhood with the

appraiser if he or she is not familiar with the area.”

The Federal Housing Finance Agency recently took a step forward in dealing with the issue when mortgage giants Fannie Mae and Freddie Mac clarified two important guidelines. The government-sponsored enterprises stated that lenders should use appraisers with clear experience in the geographic area they are appraising and explained that appraisers are not prohibited from talking to real estate agents.

“Realtors share unparalleled knowledge of local markets,” Mendez said, “They are a trusted and valuable resource for consumers and are ready to help appraisers determine accurate property values.”

While pleased with this first step, Mendez believes Congress and the FHFA need to do more.

“The Downey Association of Realtors supports the implementation of an 18-month moratorium on the new HVCC rules for further inspection for unintended consequences,” he said. “We don’t want the appraisal process preventing families from the achieving the dream of homeownership.”

## Vacation, other prizes on the auction block

By JOYCE SHERWIN, DOWNEY SYMPHONY

If you would enjoy a late summer afternoon stroll in one of Downey’s loveliest gardens, come to the home of Water Kelley on Sunday, Sept. 20 between 4-7 p.m. Dr. Kelley is hosting this year’s garden party to benefit the Downey Symphony and, especially for this occasion, he has planted a solid circle, 12 feet in diameter, in zinnias, exuberant zinnias. That’s a spirit-lifter right there.

You will find irresistible hors d’oeuvres catered by Katie Hare, champagne and wines, very live music from a brass quintet, a solo performance by the outstanding young pianist, Pauline Yang, and a dessert table just daring you to sample everything – if you can.

If you are not into classical music, that’s fine – no one will try to persuade you. It’s not a prerequisite, and you’ll have a terrific time.

If you have loved classical music forever, that’s also fine – there are rewards. On the live auction block, for instance, are tickets to performances by the Pacific Symphony, L.A. Opera and L.A. Philharmonic, and dinner with Sharon Lavery, conductor of the Downey Symphony, followed with a privileged backstage view of the orchestra in rehearsal.

Other goodies include a round of golf at Candlewood Country Club, dinner for 10 at Rio Hondo Event Center, a Downey YMCA membership, an acoustic guitar, an exclusive roundtrip by private, professional van to the Norton Simon Museum, and a three-day, two-night stay at Harrah’s Entertainment Hotel in Las Vegas, with \$200 in food and beverage voucher, valid to November, 2010.

In support of our fine orchestra and Music in the Schools, reservations at \$75 for this Second Annual Garden Party are requested by today, Sept. 11, but you still might be able to squeeze in under the wire. Please phone Ruth Hillecke at (562) 861-7921.

## Downey band hosting car wash

**DOWNEY** – The Downey High School Marching Band and Color Guard will host a car wash fundraiser tomorrow from 8 a.m. to noon.

Cost is \$5 per vehicle. The carwash will take place on Brookshire Avenue in the bus lane.

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<p><b>Pool Home!</b> 3BD, 2BA North Downey pool home with remodeled bathrooms, family room and master bedroom. Just reduced to \$479,000! Virtual tour at <a href="http://www.MichaelBerdelis.com">www.MichaelBerdelis.com</a></p>	<p><b>Tropical Paradise With Guest House!</b> 5-6 BD, 4 BAN. Downey home w/ guest house, remodeled master BA, new pool/spa, and 14,500 sq ft lot. Price: \$975,000 Virtual tour at <a href="http://www.MichaelBerdelis.com">www.MichaelBerdelis.com</a></p>	<p><b>Quality Construction at a Bargain Price!</b> 5 BD + office, amazing kitchen &amp; master suite, approx 6,200 sq ft, situated on an 8,000 sq ft lot w/ pool &amp; spa. Price: \$1,249,000 Call Michael Berdelis at (562) 818-6111</p>
<p><b>A Sizzling Buy!</b> 4 BD, 3 BA remodeled North Downey pool home, large master bedroom, travertine floors, granite counters, and much more. Price: \$549,000. Virtual tour at <a href="http://www.MichaelBerdelis.com">www.MichaelBerdelis.com</a></p>	<p><b>Imagine Yourself Here!</b> Elegant 6 Br, 5 BA custom-built Downey Home, with over 4,000 sq ft. You can be the hottest house on the block! Bank in on this deal, at only \$729,900! Virtual tour at <a href="http://www.MichaelBerdelis.com">www.MichaelBerdelis.com</a></p>	<p><b>Great Estate Amongst Others!</b> 5 BD plus an office, 6.5 BA North Downey new home in an area surrounded by newer homes. The home has 6,400 sq ft living space, completely new with many upgrades, and situated on a 9,387 sq ft lot. Purchase</p>
<p><b>Grand Home on a Large Lot!</b> Extra large 5 BD, approx 5,600 sq ft, upgraded kitchen, 2 master BD &amp; 2 family rooms, all on a 11,950 sq ft lot. Price: \$799,000 Call Michael Berdelis at (562) 818-6111</p>	<p><b>Remodeled Like New!</b> Fabulous 3 BD, 2 BA home with all new kitchen, remodeled baths, new windows, new roof, new central air/heat, and new landscaping! Property has 3 car detached garage on an 8500 sq ft lot! Price: \$429,000 Virtual tour at <a href="http://www.MichaelBerdelis.com">www.MichaelBerdelis.com</a></p>	<p><b>SOLD!</b></p> <p><b>Centrally Located!</b> 3 BD, 2 BA North Downey home, 1539 sq ft living space, 6360 sq ft lot, 2 car det garage. Price: \$359,900 Call Michael Berdelis at (562) 818-6111</p>

**View these homes at: [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)**

## Council: Guerra, Brossmer to review theater operations.

Continued from page 1

Center's anticipated opening Oct. 23;

•Received and filed deputy city manager Mark Sauter's report on flu season preparedness, which noted that the seasonal flu and the H1N1 flu viruses each require different flu vaccines, with the latter requiring at least two shots; the programs are for city employees and the community; community preparedness information will be

disseminated accordingly;

•Approved the appointment of Councilmembers Roger Brossmer and incumbent mayor Mario Guerra to serve in the Ad Hoc City Council Civic Theatre Review Committee, which will review with staff theatre operations and usage;

•Heard the mayor proclaim the month of September as National Preparedness, Literacy, and National Alcohol and Drug Addiction Recovery Month;

•Heard Councilmember Luis

Marquez issue a certificate of appointment to Alexander Lopez as District 5 representative to the Traffic Committee; and

•Heard Kaiser Permanente Hospital's public relations officer Beth Trombley announce the grand opening of their new hospital in Downey on Sept. 15.

The next regular public meeting of the City Council will be at 7:30 p.m. on Tuesday, Sept. 22, at City Hall, 11111 Brookshire Ave.



COURTESY PHOTO

The Downey Ponytail Board for 2009 was recently installed at the Rio Hondo Event Center, and the new president is Rene Caballero. For more than 40 years, Downey Ponytail has offered girls aged 5-18 the opportunity to learn and play fast-pitch softball at Independence Park. For more information, visit [www.eteamz.com/DowneyPonytail](http://www.eteamz.com/DowneyPonytail). Back row, left to right: Tim Campbell, Joe Saiza, Richard Jimenez, Rene Caballero, Gilbert Mendoza, Chris Forseen, Ruben Gutierrez and Mike Garcia. Middle row: Annette Mendoza, Tresa Kvapil, Sandra Apadoca, Tina Hernandez, Melissa Flores, Denise Garcia and Tina Torrez. Front row: Dorothy Pemberton, Liza Stuart, Sophia Avila, Sandy Grana and Angie Gurrola. Not pictured: Yvette Romero and Gerry Chiccarelli.

## Animal control officer saves drowning rooster

BY ERIC PIERCE,  
CITY EDITOR

**PICO RIVERA** -- SEAACA animal control officers responding to reports of a boisterous rooster instead found themselves saving the bird's life.

Animal control Officer Simone Robinson responded to a home on the 9600 block of Bascom Street in Pico Rivera about noon Sept. 2 to assist code enforcement with a stray rooster.

"Apparently this little guy's crowing was too much for some neighbors, so they complained to SEAACA and code enforcement," Capt. Aaron Reyes, director of operations for SEAACA, said in a statement.

Crowing fowl are illegal to own in Pico Rivera.

When Robinson arrived, she was called to the backyard where she spotted the young white rooster "frolicking in the yard."

As Robinson approached, the rooster made a half-hearted attempt to fly away but ended up in the swimming pool.

"I thought (for sure) he could swim, or at least fly out of the water, but he began to struggle and sank," said Robinson, who jumped in the pool to save the bird.

"I was able to reach him within seconds and carry him to safety," she added. "He gurgled and coughed a little but had a look of relief in his little eyes."

The rooster was taken to SEAACA's facilities in Downey, where officials are hoping to place him into a new home. The rooster has been named "Splash."



PHOTO COURTESY SEAACA

Animal control officer Simone Robinson is shown with Splash, the rooster who tried to fly away but ended up in a swimming pool. Splash is now in need of a new home.

"We're looking for a new place for Splash to call home," Reyes said. "Preferably one without a swimming pool."

For information on adopting Splash, call (562) 803-3301.