

The Powner Patriot



Senior earns college degree See Page 2



Downey ready for league play See Page 8

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Lady Vikings beat Montebello See Page 9

8301 E. Florence Ave., Suite 100, Downey, CA 90240

Friday, January 15, 2010



PHOTO COURTESY DOWNEY SYMPHONY

Gabriel Campos, a native of San Jose, Costa Rica, will be the featured soloist at a Downey Symphony concert Jan. 23 at the Downey Theatre. "I thank the Downey Symphony for their invitation and look forward for a very exciting concert in January," he said.

Young talent to take Downey stage

■ Only 20, Gabriel Campos is flourishing as a clarinestist in the United States.

> By Joyce Sherwin, **DOWNEY SYMPHONY**

DOWNEY – Two-hundredfour years ago, an 18-year-old accidentally swallowed some concentrated nitric acid. This greatly offended his vocal cords and Carl Maria von Weber's budding career as an opera star was kaput. So he turned to piano performance and instrumental composition instead, producing concert pieces for a remarkable variety of solo instruments, one of which will be performed by another prodigious young talent as part of the Downey Symphony's program on Saturday evening, Jan. 23.

The work is Weber's Concerto No. 2 for Clarinet, the soloist is Gabriel Campos, a native of San Jose, Costa Rica. He writes, "I am greatly thankful to the Downey Symphony and conductor Sharon Lavery for having me as a soloist in January...I was raised into a family of Jazz musicians and began to play the clarinet when I was about 10 years of age. Now, I have been in the United States for four years as a student at different institutions around the country."

What he does not mention is the long list of awards he has already received across the country as a soloist in competitions, and as an orchestral musician. Currently he is principal clarinet of the American Youth Symphony in Los Angeles and is a mentor of that orchestra's community outreach program. Pretty good credentials for a 20-year-old. Sharon Lavery, herself a clarinetist, says she can hardly wait to introduce him to our

That opportunity is coming soon, Jan. 23, at 8 p.m. in the Downey Theatre, 8435 Firestone Blvd., at the corner of Brookshire Avenue. Completing the program are Grieg's Holbert Suite and Mozart's Jupiter Symphony. All three works will be discussed at the pre-concert talk beginning at 7:15. Theater parking is free.

Tickets for this performance, priced at \$30 and \$25, \$10 for students, may be purchased Wednesday, Jan. 20, between noon and 4 p.m. at the theater box office, or prior to concert time. Reservations may also be made by phoning (562) 403-2944. And visit our website at www.downeysymphony.org.

One final note: The Downey Symphony does not recommend the use of nitric acid as an aid in forming career decisions. You knew that, didn't you?

New scam targets senior citizens

DOWNEY – Senior citizens in Downey are being targeted by scam artists who falsely claim a relative has been arrested before requesting money for their release, the Downey Police Department said this week.

According to police, the victim will receive a telephone call from a person claiming to be either their grandchild or a friend of one of their grandchildren. The scammer claims the relative has been arrested in Canada and tells the victim to wire money via Western Union to cover court costs and secure their

grandchild's release, police said. The money is usually wired overseas.

After wiring the money, victims are instructed not to tell family members because of "possible embarrassment to the grandchild."

"The suspects that commit these scams are experts at what they do and often times have specific details about the victim's family," police said in a statement. "Those details may include personal information such as names of their grandchildren or other family members.'

Residents who receive such a call should notify police immediately.

Anyone with questions or information regarding the scam should call Detective Javier Sanchez at (562) 904-2320 or Sgt. Brian Baker at (562) 904-2304.

Chronicling Downey, one photo at a time

■ Three photographers start DowneyDailyPhotos.com.

> BY CHRISTIAN BROWN, STAFF WRITER

DOWNEY – Pam Lane always had a passion for photography, but after years of taking pictures, the Downey native decided last year to take her hobby to the next level.

"I wanted to find a way to combine my interest in photography and blogging," said Lane. "I heard about this website - Paris Daily Photo – where a new photo of Paris is uploaded every day – I thought, "I can do this."

Inspired by the Paris site, Lane collaborated with fellow photographers, Joan Anderson and Allison Mansell. establish DowneyDailyPhotos.com, where the three Downey residents post new pictures of the city each day.

Lane, who currently works for IBM as a technical writer, hopes the site will reveal a side of Downey that many residents don't

"I wanted to get out of the rut of thinking I have to go somewhere beautiful to take a beautiful picture," she said. "Downey is so diverse – we want to show people what Downey is."

Currently, the site features dozens of pictures that vary in scope, creativity and focus. From a shot of a remote-controlled car whipping through Wilderness Park to an intimate photograph of a father tying his son's shoelace, the photo blog captures people, buildings and objects that personify the essence of the city.

While Lane favors photos that are historical in nature, Anderson finds interest in the small details and the close-ups.

"It's just more fun," said

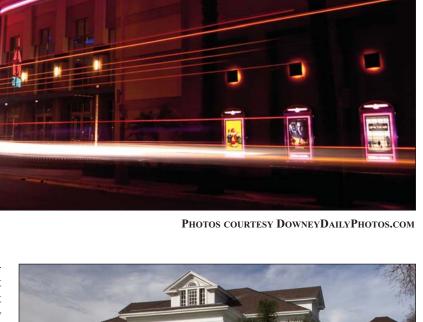
Anderson, a full-time Costco assistant warehouse manager. "For me it might be a door – It's natural to get side-tracked, but there's daily beauty that's all around you."

Mansell, who has done photo projects with Anderson and Lane in the past, looks for the people in every scene.

"Whenever we go places, I look for expressions, candidness," she said. "We drive by these things everyday - everybody knows the Krikorian and El Taco. They're familiar things you can share with people but put them into an artistic

Since the site's launch last month, the photo blog has already accumulated nearly 300 page views; a figure that Lane hopes will continue to grow.

"We want to do this for at least a year and then we'll see what happens," Lane said. "Initially, I was overwhelmed at doing one photo a



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day. Downey's a pretty small town, but it's about the people you encounter – the crossing guard – and the things I see – how Warren has changed or where I used to go to church."

In the future, Lane hopes

DowneyDailyPhotos.com can be added to CityDailyPhoto.com, a larger photo site that provides the links for a wide range of daily city sites including those capturing Mexico City, Phoenix, London, South Pasadena and Greensboro.

Warren opens new fitness center

■ Warren High won the \$100K center through a state-wide fitness challenge.

> BY HENRY VENERACION, STAFF WRITER

DOWNEY – Jake Steinfeld, chairman of the Governor's Council on Physical Fitness and Sports Fitness, stressed the importance of both academics and fitness as he cut the ribbon Wednesday on the brand-new \$100,000 physical fitness center won by Warren High School in the Governor's 2009 Challenge Competition.

He said that during these challenging times, he nevertheless sees passion exhibited by the kids and the nurturing by caring parents and teachers, and this makes for a winning combination.

A shining example of such caring, Steinfeld said, is the support provided by such people as Dr. Mary Stauffer, who was a guest at the upbeat ceremony which featured the Warren High band and cheer squad, as well as rows and rows of cheering students.

WHS principal John Harris, who served as emcee, acknowledged that it was Stauffer who "helped start our fitness center." Stauffer donated a cardiac fitness center at West Middle School a few years

Kenny Rodgers, the Governor's Council executive director, said that, among the well-built Steinfeld's other accomplishments is his authorship of a best-selling book on physical fitness.

In a reference to his main interest, body-building, that he shares with the Governor, Steinfeld said, "Body-building breeds confidence and self-esteem." These in turn lead to a readiness, he added, to stand up "for what you believe in" and "taking a shot" at your desired

"I urge you, if you have a dream," he said. "Go after it."

He also lauded Warren High (and the district) for its attention to nutrition, and said the council was aware of the establishment of a culinary arts facility in the school.

The Governor's Challenge See FITNESS, page 2



PHOTO BY CHANELL STONE

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Senior citizen earns college degree

NORWALK – Stubbornness sometimes can be good. Determined to finish what he started when he was 18, Michael Esposito quit being a business owner and came back to Cerritos College after nearly 50 years.

Born and raised in Whittier Esposito spent the first 32 years of his life in Southeast Los Angeles.

His parents started a meat market in Whittier in 1947 when he was seven. Esposito worked there everyday while attending school, participating in band and, in high school, wrestling and playing football, until his parents sold the store

At Whittier High School, he was a good student, an accomplished athlete and college-bound, until life got in the way. Family finances prevented him from fulfilling his goal of attending a fouryear college when he graduated from Whittier High School in

He started working right out of high school, for San Antonio Construction Company in Artesia, in 1958, the year his mother married the owner of the company. That probably sounds like a better deal than it was. Esposito was not the favorite son that got easily promoted – he was cheap labor. He worked very hard, and quickly acquired skills that kept the company going.

Esposito wanted to go to college but his mother discouraged him, because his labor was needed at San Antonio. She explained that, "Your father will teach you everything you need to know. No need for college!"

However, "my passion for education has never left me," said Esposito.

One day in 1959, Esposito was very surprised by a call from Joe Incorvia, who was his wrestling coach in high school. Incorvia had moved to Cerritos College from

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Whittier High to start a wrestling team. With help of Incorvia, Esposito started taking evening classes at Cerritos College where he became one of the first ten wrestlers to letter at Cerritos in the 1959-60 school year.

Esposito continued to work in construction at San Antonio. He worked the first two years as a laborer then at age 20 he was made a carpenter. At age 24 he was a foreman and when he was 27 he was superintendent of the whole

His college career ended for a long time after 1966. In 1966 he went to Mt. San Antonio College for one semester, but work again got in the way of college.

Esposito left the company for two years from 1967 to 1969 to work for Steel Form, a large framing company for large concrete buildings and cement parking garages. He had worked there just six months when the company promoted him to foreman, supervising crews of 20 men.

He went back to work for San Antonio Construction in 1970. In 1972 he moved to Northern California because of work, which had been very plentiful in Southern California, was then more available in the northern part of the state. He now lives in Grimes, which is 65 miles north of Sacramento.

He obtained a B-1 contractor's license for California in 1975. A year later he earned a contractor's license for Nevada. By this time at San Antonio he was the construction superintendent. The company had grown and he did all the firing and hiring. He also had all authority over advertising and sales.

In 1977 at the age of 37, Esposito bought the company and specialized in wood frame storage buildings all over California.

Here is one episode that shows he remained a keen learner even after he became a busy business

In 1995 – back when not many contractors had online presence he bought his first computer, educated himself on some computer programs, feeling it would help his business. He had never used a computer before and it took him two hours just to turn it on. Back in 1997 website development fees were nearly \$5,000. He could not justify the cost and decided to develop one himself. So it took him about three months, it was a steep learning curve, but he did it. He developed a website for the company all by himself that kept going strong until he closed down the company in 2009.

While working on a large job in Southern California, he went back to Cerritos College in 2003-04, after a 43 year educational hiatus. He was finally able to pursue his lifelong passion for education, interrupted by work and family obligations so long ago. He earned nine units before work took him north again.

One must be wondering by now, "Why did he have to keep coming back to Cerritos College? There are colleges in the Sacramento area."

Esposito responded, "Because I'm stubborn! This is where I started and I wanted to finish it here."

Joe Incorvia was another big factor. Coach Joe was a big influence in his life - he introduced Esposito to wrestling in high school and taught him the importance of higher education. To show Joe that he completed what he started 49 years ago, it had to be Cerritos College.

He came back to Cerritos College in summer 2009 to finish his "job." In fall 2009 after 49 years, he finally earned his A.A. in history from Cerritos College, where he started so long ago.

Just to attend Cerritos College, Esposito drives over 1,000 miles

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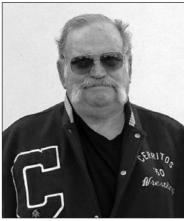


PHOTO COURTESY CERRITOS

going back and forth between Cerritos and Grimes every other week. Now he is taking a couple of classes to complete his transfer requirements so he can transfer to get his bachelor's degree in history.

What next? 69-year-old Esposito smiled and said "I want to be a history teacher, if I live long

He got married in 1960 and has been married for 48 years. He and his wife have three children: a son who is 48, a 47 year-old daughter, and a 40 year-old daughter. He is very proud that his son graduated from Chico College.

Esposito has six grandchildren from the ages of 12 to 28 and two great grandchildren, ages one and

His 28 year old grandson is in the United States Coast Guard and is going to college. "He says he had no choice, because of my constant nagging," laughs Esposito. "They all say that, but this one listened!" Now, with his college plans, Esposito is trying to stay up with the kids. With his energy and adamancy, or, stubbornness as he put it, he sure will make these dreams come true.

Fleetwood belonged to Exchange Club

DOWNEY – Della Fleetwood, a former board member with the Exchange Club of Downey, passed away at her home Jan. 7.

She was born Dec. 10, 1943 in Creston, Iowa. She was raised in Lenox, Iowa and graduated from Lenox High School and later the University of Iowa.

Fleetwood spent a significant portion of her life serving as a board member with the Exchange Club Family Support Center, including terms as president and vice president.

She and her husband, Tom, were very active in the world of darts, and owned Triple Crown Production, producer of dart tournaments that drew competitors from around the world.

After Tom's death in 2004, Della assumed his position of treasurer with the World Darts Federation.

She is survived by her brother-in-law and sister-in-law, Dr. J. Ross and Marilyn Fleetwood of Montgomery City, Mo.; nephews, Chauncy and Stephen Fleetwood; and many cousins and friends in Iowa and Downey. She was predeceased by her husband, Tom, in April 2004 after 35 years of

A memorial service will be held in Downey at a future date. Downey Zrelak Family Mortuary is handling services.

Hazel Shepherd worked at Rockwell

DOWNEY - Hazel Mae Shepherd, a Downey resident since 1954, passed away Jan. 5 in Downey.

She was born March 6, 1921 in Parma, Mo. She was employed by ARA Canteen at Rockwell for 28 years, retiring in 1983.

She is survived by her sons, Roger Shepherd of Vallejo and James Shepherd of Modesto; daughter, Shirley Schitano of La Mirada; 13 grandchildren; 19

great-grandchildren; and five great-great-grandchil-

She was preceded in death by sons John and David Shepherd. Interment was at Downey Cemetery.

Fitness: Center even has a climbing wall.

Continued from page 1

Competition is an annual contest among K-12 California schools which encourages students, teachers and parents to be physically active 30-60 minutes a day, at least 3 days a week.

A few hundred schools throughout the state took part in the competition last year, and out of 19 finalists chosen by the council, one elementary school, one middle school, and one high school was picked out to receive a grand prize each of a

\$100,000 fitness center. Warren High, where a total of

2,342 students completed the Governor's Challenge, won honored as California's 2009 High School of the Year, winning over 300 other participating high schools in the state.

Ensconced in two elongated rooms directly below the stadium stands, the fitness center features an array of digitalized and video screen supplied exercise equipment that includes such things as back, ab, tricep/bicep, and leg-stretching paraphernalia, jogging treadmills, etc. It even has a climbing wall.

Warren High PE teacher Dan Latham, who along with his student teacher Chris Flores and Warren senior Alex Galiviz played leading roles in the school winning the \$100,000 worth of equipment prize, said as matters now stand everyone in the district will be able to use the fitness center, starting with PE classes, etc.

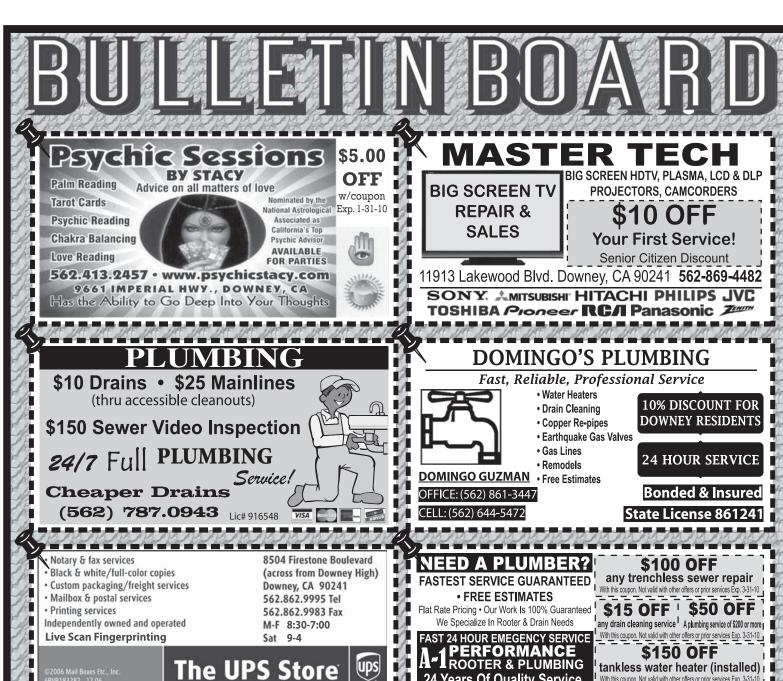


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About Downey.com

A free City Web Site that offers information about: Downey's Community Calendar - LocalBusinesses -Job Opportunities - Downey's Schools - Downey Churches - Kids Section - Lost/Found Pets -Sports and Entertainment - About Health - Real Estate - Seniors - Home Improvement - Downey Emergency Preparedness and lots More -Site Contact Bev Baumann @ 562-244-3241





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Police seek clues in possible kidnapping

DOWNEY – Downey police are asking for the public's assistance in identifying two possible kidnapping suspects.

On Jan. 7 at about 10 p.m., officers responded to a call of a possible kidnapping outside the Subway restaurant on the 13500 block of Lakewood Boulevard.

Witnesses said the victim was walking through the west parking lot when a white-colored vehicle pulled up alongside him. Two suspects wearing yellow ski masks exited the vehicle and, after a brief struggle, the victim was forced into the back of the car, witnesses told police.

The vehicle was last seen driving west on Rosecrans Avenue.

The victim is described as a male Hispanic in his late 20s, 6 feet 1 inches tall, 200 pounds, wearing a navy blue sweatshirt.

The suspects are described as two males, wearing yellow ski masks

and driving a light-colored 1990s model Lincoln Town Car. Anyone with information on the case is encouraged to call Detective M. Villegas at (562) 904-2324 or Detective S. Gatfield at (562) 904-2391.

Help with health coverage

DOWNEY – The Ezra Center for Mature Adults at Temple Ner Tamid will host a program Jan. 19 to help seniors "understand the ins and outs of health care coverage."

Speaker Ron Kravitz, a volunteer with the Orange County Council of Aging, will discuss Medicare, Medical, Medigap and prescription drug coverage plans.

Kravitz will answer general and personal questions concerning health insurance as well.

The meeting begins at 10:30 a.m. and will be followed by an optional catered kosher lunch. Cost of the lunch is \$6 for Ezra members; \$7 for non-members.

For more information, call Miriam Brookfield at (562) 943-3170.

Downey grad in the Army

DOWNEY - Army Pvt. Gerardo Verduzco, a 2008 graduate of Downey High School, has completed basic combat training at Fort Sill, Lawton, Okla.

During the nine weeks of training, Verduzco studied the Army mission and received instruction and training in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics.

He is the son of Maria Verduzco of Downey.

Fashion show at Elks Lodge

DOWNEY - Downey Emblem Club No. 309 will host a "Fashion at High Tea" event Jan. 30 at the Downey Elks Lodge.

Social hour begins at 11 a.m., followed by lunch at noon and the show at 1 p.m. Fashion designs are by Nina.

Tickets are \$15. For more information, call Melba Willbanks at (562) 862-2799 or Nancy Watson at (562) 413-6414.

City updating list of contractors

DOWNEY – General contractors interested in being added to the city f Downey Housing Division's bidders list must attend a meeting Jan. 28 at 8 a.m. in the Gallatin Room at the Barbara J. Riley Community and Senior Center.

The city is updating its list of general contractors who are interested in bidding on projects for the Home Improvement Program for low and moderate income property owners.

A typical project may include re-roofing, kitchen and bathroom remodeling, re-stucco, plumbing re-piping, window replacement, and painting. Projects typically range from \$1,000 to \$40,000.

Contractors must have a valid California contractor's license, liability insurance in the amount of \$1 million per occurrence and \$2 million total liability with the city of Downey listed as an additional insured, and workman's compensation insurance.

Contractors must also supply the name, address and telephone number and Department of Health Services license number for the sub-contractors to be used in lead-based paint treatment.

For more information, call Mark Morris at (562) 904-7167.

County will build \$110 million data center on Rancho site

■ Direct economic impact on Downey will be limited, city officials say.

> BY HENRY VENERACION, STAFF WRITER

DOWNEY - With funds available from the federal stimulus program, the county Board of Supervisors is going ahead to use the portion of land south of the Downey Superior Court at Rancho Los Amigos to build its longplanned County Data Center Project it approved back in 2006.

Total cost of the project is \$110 million, to be financed through the issuance of Build America bonds. The bonds offer federal reimbursement of 35 percent of the interest costs on the bonds.

The project originally had a price tag of \$68.6 million and was to house critical data systems currently located at the existing County Data Center downtown as well as data systems for the Public Library, Public Social Services, Probation Department, Assessor, Department of Public Works, Registrar-Records/County Clerk, and Treasurer and Tax Collector

But since the imprimatur was signed in 2006, the Department of Health Services, the Department of Mental Health, and the Department of Public Health-which were not part of the proposed project—each experienced recurring equipment failures and power outages. None of several alternatives proved desirable, so it was decided to redesign the County Data Center project to incorporate the three departments. Thus the revised total cost of \$110 million.

A new 27,000 sq. ft. annex building will be constructed to house the three departments' administrative staff. Direct economic impact will be limited, according to economic development director John Perfitt, as the entire operation will be under the county's purview. Down the line, though, increased property values may result, as well as removal of blight in the vicinity. Estimated number of personnel to man the County Data Center may number 500 or more, he said.

Project redesign features will allow for a silver level certification under the U.S. Green Building Council's Leadership in Energy and Environmental Design (LEED) program. Plans are to use waterefficient fixtures as well as the use of drought-tolerant landscaping to reduce the amount of potable water consumption.

The project falls under the over-all Countywide Strategic Plan that hews to short- and long-range fiscal practices to attain, among other things, county public services goals, streamlined procedures to achieve operational efficiencies, and improved county services delivery.

Award of the design build procurement contract should be accomplished by December, with the facility's opening slated for late summer of 2014.

The Erickson Avenue site used by the Downey Rose Float Association will not be affected.

French farce at Warren High theater

DOWNEY – The Warren High School Drama Department will present Jerome Chodrov's "Three Bags Full" from Jan. 19-23 at the Emerson Theatre on the school campus.

"Three Bags Full" is a French farce about a greedy merchant who finds himself snookered into being a matchmaker for two daughters, one the child of his wife and the other the maid's offspring. Rebellious young ladies, a comely new maid, pregnant ladies and mistaken identities lead to explosive hilarity.

Meanwhile, a larcenous employee who has embezzled half a million dollars offers to return it for a managerial position and the

daughter's hand. Half of the loot is in diamonds and half in cash, the stashes in separate but identical bags. A third identical bag contains the maid's skivvies.

The Itomurua Make-Up Academy at Downey Adult School is assisting with the production. Warren's drama department routinely uses local resources "to promote businesses and schools within our city."

"Three Bags Full" will be presented nightly at 7:30 p.m. Tickets are \$8 and proceeds will benefit the drama department.

For reservations, visit www.emersontheatre.net or call (562) 869-7306, ext. 87910.

Downey students present a thriller

DOWNEY – The Downey High School Drama Department will present its first production of the year, "Hide and Seek," opening Feb. 2 in the campus theater.

"Hide and Seek" is described as a "fast-paced mystery thriller that's sure to keep you guessing the whole way through."

When hard-working city dweller Jennifer Crawford (played by Elana Ortiz) becomes pregnant, she quits her job and moves to the countryside with her husband, Richard Crawford (as played by Jose Zuniga).

Soon after moving into their new home, they meet their strange new neighbors and realize there's more to their house than they bar-

Drama teacher Lars Hansen is director; Indiana Leon and Jamiah Lindsey serve as co-directors.

"Hide and Seek" will be presented Feb. 2-6 with nightly performances at 7 p.m. Tickets are \$6 pre-sale or \$8 at the door.

The Downey High School theater is the first building by the main office, off Brookshire Avenue.

Church collecting e-waste

DOWNEY - First Presbyterian Church of Downey will host an electronics recycling roundup event tomorrow from 10 a.m. to 4 p.m.

The church will accept televisions, monitors, computers, cell phones, printers, speakers, keyboards, radios, DVD players, VCRs and more. Items that will not be accepted include household appliances, batteries,

toner and ink cartridges, and cans or bottles. Electronics can be dropped off at the church during the event, or

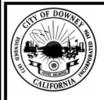
Monday through Friday from 8:30 a.m. to 5 p.m. For more information, call (562) 861-6752.

Students to experience symphony

DOWNEY - Approximately 1,750 DUSD fifth-graders will be treated to a performance by the Downey Symphony at the Downey Theatre on Thursday.

The concert is made possible by a donation from the Downey Kiwanis Foundation.

During the concert, Music Director Sharon Lavery and members of the orchestra will explain musical terms and concepts before playing pieces of music. Band members from Downey and Warren high schools will join the orchestra for certain pieces.



Join Your Neighbors at a Community Meeting to Discuss the Development of Downey's 2010-2015 Consolidated Plan.

Your Input Is Needed!

The City of Downey invites residents and representatives from community organizations to participate in the preparation of a new 5-Year Consolidated Plan. The Consolidated Plan will communicate the City's vision and goals for addressing its affordable housing and supportive needs for low and moderate-income residents over the next 5 years. The City has started the planning process and is seeking your input in assessing and prioritizing the current and future community needs. Several meetings have been scheduled where your input will assist in the development of this Plan.

The meetings will be held at the following locations:

Wednesday, January 20th: Downey City Library, 11121 Brookshire Ave., Cormack Room at 5:30 p.m. Thursday, January 28th: Barbara Riley Community/Senior Center 7810 Quill Dr, Rio Hondo Room at 2:00 p.m. Thursday, January 28th: Barbara Riley Community/Senior Center 7810 Quill Dr, Rio Hondo Room at 5:30 p.m.

The purpose of the meetings is to:

- 1. Inform the community about the Consolidated Plan: what it is; why it is important and how it potentially affects services the community receives.
- 2. Highlight the City's current housing and community development project priorities.
- 3. Obtain the community's input to determine what types of projects and/or services should be provided over the next five years.

If you need special assistance to participate in these meetings, you may contact Ed Velasco, Housing Manager, City of Downey Economic Development Dept. at (562) 904-7167, evelasco@downeyca.org, or the California Relay Service at 711. Notification at least 48 hours prior to the meeting will enable the City to make arrangements to assure accessibility. Spanish translation services can be provided. Children are welcome.



Rocky Delgadillo for Attorney General 2010

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- ☐ Yes, I would like to be a Chair and contribute \$1,000. ☐ Yes, I would like to be a Co-Chair and contribute \$500. ☐ Yes, I would like to attend. Enclosed is my contribution of \$_____ for ____ tickets (\$250 per person). ☐ No, I connot attend, but would like to support Rocky. Enclosed is my contribution of \$_
- *The maximum contribution allowed per person or corporation is \$6,500.

Please make checks payable to Rocky Delgadillo for Attorney General 2010 and mail to: 13743 Ventura Blvd., Suite 360, Sherman Oaks, CA 91423

Fax Credit Card Contributions to: (818) 905-5403

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Traveling exhibit examines veils

CARSON - "The Veil: Visible and Invisible Spaces," a national traveling exhibition of 36 works of art, opens Feb. 3 in the University Art Gallery on the campus of Cal State Dominguez Hills.

According to a press release, "The Veil" intends to "engage received wisdom about the veil – particularly current clichés and stereotypes about Islamic practices - and to reflect on the great ubiquity, importance and profundity of the veil throughout human history and imagination.

The exhibit will be divided into three categories: the sacred veil, the sensuous veil and the sociopolitical veil.

"To be veiled is, to some degree, to be unseen – the condition of both attraction and repulsion," said Jennifer Heath, author of "The Veil: Women Writers on Its History, Lore and Politics."

Open from 10 a.m. to 4 p.m. Monday through Thursday, the University Art Gallery is located in room A-107 on the first floor of LaCorte Hall on the campus of CSU-Dominguez Hills in Carson. Admission to all gallery events is free. Daily parking passes are \$4.

The exhibit closes March 3. The gallery will be closed Feb. 15 for President's Day.



Downtown Bar-B-Que Company **BBQ** is here!

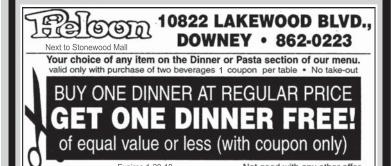


Wings - Brisket - Draught Beer

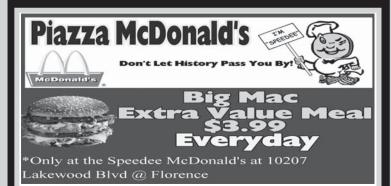
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Chamber luncheon at Embassy

DOWNEY – The Downey Chamber of Commerce will host its annual anniversary luncheon Jan. 22 at the Embassy Suites.

Longtime Chamber members will speak and past presidents will be recognized.

Plaques and certificates will be issued to longtime Chamber members. Reservations are \$25 and available by calling (562) 923-2191.

Street Faire spaces available

DOWNEY – Vendor spaces are now available for the Downey Street Faire, taking place May 1 on Brookshire Avenue.

A 10'x10' space is \$120 for non-food vendors and \$135 for food sellers. Vendors provide their own canopy, table and chairs.

For more information, including new liability insurance requirements, call the Downey Chamber of Commerce at (562) 923-2191.

Learn to live with arthritis

CERRITOS – An arthritis seminar will be held Jan. 27 at 1 p.m. at the Cerritos Senior Center, 12340 South St.

Physicians assistant Lindsey Hutchinson will show how people with arthritis can still enjoy daily activities and "get the most out of life by following some simple steps."

Hutchinson will discuss the diagnosis of osteoarthritis, medications, proper home care management and simple exercises that can make arthritis manageable.

For more information, call (562) 229-9452, ext. 1643.

Pastel artist to demonstrate work

PARAMOUNT - Pastel artist Scott Jones will give a demonstration of his work at a joint meeting of Downey Art League and the Traditional Artist's Guild of Paramount, scheduled Jan. 24 at Progress Park Plaza, 15530 Downey Ave., in Paramount.

Jones has enjoyed drawing his entire life, but it wasn't until he was almost 50 that he took his painting seriously. Jones is mostly self-taught and mainly paints landscapes.

The meeting begins at 1 p.m. and the demonstration starts at 2 p.m. Admission is free and the public is invited.

Albom play in Long Beach

562.622.3999

YOUTH IN REVOLT R (12:20, 2:40, 5:00),

SHERLOCK HOLMES PG-13 (11:00, 1:50,

SQUEAKQUEL PG (12:00, 2:20, 4:40), 7:00, 9:20

ALVIN AND THE CHIPMUNKS: THE

Store Hours: M-Sat.: 10a.m.-8p.m Sun.: Closed

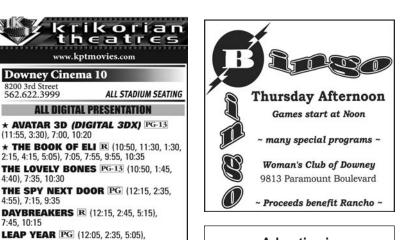
Se Habla Español

LONG BEACH - "And the Winner Is," a new play by best-selling author Mitch Albom, is now playing at the Long Beach Playhouse.

Self-obsessed movie star Tyler Johnes longs for an Oscar. He finally receives a nomination but dies the night before the awards. Outraged at his bad luck, but desperate to learn if he wins the coveted award, Johnes bargains with a heavenly gatekeeper to return to earth for the big night.

Dying and the afterlife are central to the works of Albom, author of the bestselling books "Tuesdays with Morrie," "The Five People You Meet in Heaven" and "For One More Day."

Tickets are \$22 for general admission; \$20 for seniors; and \$12 for students with proper ID. Tickets are available by calling (562) 494-1014 or on the Internet at www.lbplayhouse.com.



Advertise in The Downer Patriot

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Free Accessory

POET'S CORNER

Winter in Nebraska

It's winter in Nebraska And the gentle breezes blow, Seventy miles an hour And it's twenty degrees below. Oh how I love Nebraska When the snow's up to your butt You take a breath of winter And your nose gets frozen shut. Yes the weather here is wonderful, So I guess I'll hang around, I could never leave Nebraska, Cause my feet froze to the ground! -Gerald Singleton, Downey

The Time She Melted

Away Tonight at five she wisped up her magic powders Tonight at five, she thought.

Well, she arrived waited and waited He must be running late she thought [time passed]

She wished she could melt away and erase this day

When he arrived he found the table but she was nowehere in sight His heart dwindled in might To his dismay she had melted away. Too bad she arrived at four and he at five.

-James Hernandez, Downey

New Titles at the Downey City Library

Fiction

- "Bed of Roses" by Nora Roberts. Florist Emma Grant is enjoying career success at Vows, a wedding planning company. She hasn't found Mr. Right yet, but Jack Cooke is about to change that..
- "Haiku" by Andrew Vaschss. From the author of the acclaimed Burke series, a new novel that follows a band of homeless outcasts on a mission to recover what each has lost.
- "The Honor of Spies" by W.E.B. Griffin. August 6, 1943: In his brief career in the Office of Strategic Services, twenty-four-year-old Cletus Frade has already been involved in a lot of unusual situations, but nothing like the one he's in now, standing with a German lieutenant colonel named Wilhelm Frogger in a Mississippi prisoner-ofwar detention facility. Frade's job? To help Frogger escape.
- "Iron River" by T. Jefferson Parker. In Parker's latest thriller, Los Angeles Country deputy Charlie Hood is searching for the iron river--the massive and illegal flow of handguns that fuels the bloody cartel wars south of the border.
- "Where the God of Love Hangs Out" by Amy Bloom. Love, in its many forms and complexities, weaves through this collection by the" New York Times" bestselling author.

Non-Fiction

- "Everyday Talk: Talking Freely and Naturally about God with Your Children" by John Younts. The author explains how to use ordinary conversations to talk to your kids about God and his world.
- "Internet and Email for Seniors with Windows 7" by Studio Visual Steps Publishing. Written primarily for the beginning computer user over the age of 50, this large-print guide introduces seniors to the Web with precise directions, screenshots, and step-by-step instructions.
- "The Other Brain: From Dementia to Schizophrenia, How New Discoveries about the Brain Are Revolutionizing Medicine and Science" by R. Douglas Fields. Neurons fill only half the brain. The other half, consisting of the mysterious glial brain cells--whose function science is just beginning to understand.
- "Spanish-English/English-Spanish Beginner's Dictionary: A Guide in Words and Pictures" by Olivia Munoz and Gladys Lipton. This illustrated bilingual dictionary offers 1,400 words, each with its translation, pronunciation, and a sample sentence.
- "You are Not a Gadget: a Manifesto" by Jaron Lapier. A Silicon Valley visionary offers this provocative and cautionary look at the way technology is transforming lives for better and for worse.

Visit www.downeylibrary.org and click on "New and Notable Books" to browse more titles



Connections Networking Join us Thursdays at 7:30am Cafe N' Stuff 9306 Firestone Blvd., **Downey, CA 90241**



Like having an expert in the family!

Editorial Page 5 Friday, Jan. 15, 2010

Five bone marrow donation myths

By Kevin Walsh

s it painful?" It's the most commonly asked question of bone marrow donors, and it's often asked rhetorically, because people believe they

In fact, most people believe that bone marrow donation is about as painful as childbirth or passing a kidney stone. But, while bone marrow donation isn't completely painless (you wake up feeling as if you just took a spill on the ice), it's nearly so. Doctors now harvest bone marrow while patients are under general anesthesia, so you don't feel a thing until you're already in recovery.

Here are the five other common myths about bone marrow donation which is one of the most fascinating, but misunderstood, life-saving mis-

1. Myth: If you sign up as a potential donor, you're going to be **poked with a needle**. Not true. A simple cheek swab is all that's needed to check your tissue typing so you can be entered into the bone marrow registry. Because they fear the needle, untold numbers of people avoid the registration process entirely because they don't want to get stuck. If you make the first cut and turn up as a potential match for a particular patient, then you will have some blood work done later on that requires a needle. At that point, though, many potential donors are emotionally invested in the process (especially since, now, there's a specific person in need involved) and will do just about anything to help save a life.

2. Myth: You can only be a match for someone in your family. False. Most bone marrow matches come from strangers. The chance of your matching a brother or sister is only twenty-five percent. Seventy-five percent of bone marrow donations come from an unrelated donor, and that's why everyone who's eligible to register as a bone marrow donor (and whose religion permits it) should do so.

3. Myth: Bone marrow donation is highly risky and even life **threatening for the donor.** The truth is that donating bone marrow is less dangerous than you might think. There are two options: non-surgical and surgical. The non-surgical process is similar to platelet collection and involves the donor taking drugs prior to collection, to boost the body's production of stem cells. In the surgical collection of bone marrow, you're under general anesthesia. There is some risk, as there is for all surgeries, but there's no record of a donor dying from complications of a bone marrow harvest.

4. Myth: Bone marrow donors and recipients can meet before transplant. Actually, they can't meet unless they're family members. If you're donating to a family member, obviously you know the identity of that person. With unrelated bone marrow donation, neither party can know who the other person is, where they live, and the result of the transplant for at least six months. After six months, the donor can know the result of the transplant. After a year, if both parties consent, contact between the donor and recipient can be made. They often do, and it's usually very emotional and rewarding.

5. Myth: Everyone who needs a bone marrow transplant has leukemia. The fact is that some people who require a bone marrow transplant do have leukemia, but there are 75 different ailments that are treatable with bone marrow transplant. Most are blood diseases. And everyone who needs a bone marrow transplant is an individual, with individual health challenges, rather than part of a homogenous group. That's why the outcome of a bone marrow transplant is always uncertain -- but you never know what will happen until you try to save a life.

Years ago, the pain associated with bone marrow transplants was the stuff of legend. Today, that's just not the case. The donor usually returns to work or school within a couple of days, and the body regenerates the removed marrow in about a week. Given the fact that most of the concerns that prevent people from registering as potential bone marrow donors are myths, it's a shame that so many people let their false beliefs prevent them from saving lives.

If you can register as a bone marrow donor, check out the facts, and join the ranks of the everyday heroes who, literally, give the best of them-

Kevin Walsh is the author of "The Marrow in Me," (Sports Challenge Network 2009), a past bone marrow donor and an accomplished television sports anchor with Comcast SportsNet New England. You can visit his website and blog at www.kevinwalshonline.com.

Knabe supports ban on body armor

The Los Angeles County Board of Supervisors, on a motion by Supervisor Don Knabe, will support the District Attorney's efforts to seek new legislation to reinstate the ban and use or possession of body armor for violent felons.

On Dec. 17, 2009, the California Court of Appeals overturned a decade-old law banning the possession of body armor by violent felons. The California legislature banned felons from having body armor in 1998 after a nationally televised shootout in North Hollywood between Los Angeles police officers and two heavily armed bank robbers who were equipped with ballistic vests. The confrontation left the robbers dead and ten police officers along with five civilians injured.

"This is a common sense public safety issue; violent felons shouldn't have body armor" said Knabe. "We all remember the terrible tragedy that occurred in our backyard just a decade ago. This Board pledges its full support to not only our District Attorney, but also to the State Attorney General in their efforts regarding this important issue."

The Downey Patriot Jennifer DeKay-Givens Publisher/Adv. Director Eric Pierce City Editor Henry Veneracion Staff Writer Scott Cobos Staff Writer Christian Brown Staff Writer Dorothy Michael Display Advertising MaryAnn Sourial Display Advertising Classified Advertising Linda Larson Jonathan Fox Production

TEL (562) 904-3668 | FAX (562) 904-3124 | Hours Monday-Friday 9a.m. - 3p.m. The Downey Patriot is published weekly by Jennifer DeKay-Givens. Controlled Distribution, 25,000

Letters to the Editor:

Took a tumble

Dear Editor:

I am the old guy who took a spill with his bike crossing Stewart and Gray Road at Paramount Boulevard on Jan. 7 at about 3 p.m.

I want to thank all of you helping me out: the young man and his girl who called 911; the hook and ladder guys from Downey Fire Department who patched me up and called the ambulance to haul me to Downey Regional Medical Center for stitches, they took great care of my bike also; then the ER gang at DRMC - guys and gals who were so nice and efficient; and Dr. Ryan, who did some great stitching.

And a special thanks to Olivia and Tony for the helmet I was wearing. - William Rossington,

Downey

Word of God

Dear Editor:

First of all, I'm a Christian.

Second, this whole gay marriage issue has been so hot and vicious here

This is truth straight from the source Himself. This is what God says about it directly:

Leviticus 18:22 in the Bible clearly says "Do not lie with a man as one lies with a woman; that is detestable."

The word "lie" here is the same context as in "getting laid" or sleeping with someone. It is not used in the context as in telling a lie or "an untruth". The word "detestable" here is used in context means also the same as an abomination unto God.

All those Episcopalian and Angelican churches have been too busy "officiating" gay marriages and "ordaining" gay and lesbian Bishops to have even skipped this Word of God. Yes, it's true that God is love, and Jesus Christ does loves everyone. Who do they think they are fooling with all the gay marriage participation? Do they not know that the borders of Hell enlarge daily? Have they forgotten what God did to Sodom and Gomorrah? I assure you that wasn't "a welcoming gift", a sign of approval or an endorsement of their behavior.

The Lord sent a very crystal clear message to the people of Sodom and Gomorrah. The Lord Jesus Christ came not to abolish the Laws of God, but rather to fulfill all of them through His sacrifice on the cross over 2,000 years ago.

What would Jesus say about this gay marriage issue? The Word of God says that "I am the Lord and I change not". So therefore God does not change, nor does His Word also.

— Michael Hanker

Downey

Sex education

Dear Editor:

I don't know where Ms. Lares is getting her information on sex and contraceptives, but someone has failed her and those girls who get pregnant at younger ages. ("Teen Pregnancy," 12/18/09) She is correct when she states that there is a lack of parental guidance, or good parental guidance wasn't heeded. However, I don't think the answer is being open to more communication regarding condom use.

Please consider that anything that is given away for nothing has little value. Young girls think the boy loves them and they must submit or they won't be loved. The truth is if they really loved you and respected you, they wouldn't ask you for sex until you're married. The fact is that they don't love you and once you're pregnant, they'll walk away.

Perhaps we should do a survey and ask the girls who have gotten pregnant how many boys stood by them when they were pregnant. How many go to the delivery room when the baby is being born? How many marry the girl and get a job to support them? How loved do they feel now?

Handing out condoms is like saying, "Don't have sex, but if you do, use a condom." Consider what terrible advice you have been given. Schools have educated about the possibility of pregnancy. Certainly they should educate about STDs, but have they educated that it is morally wrong? Have they taught you that you are valuable and not cheap? Have they taught you that raising a child is not glamorous or easy and without a husband that loves you, it can be a difficult and unhappy experience for both mother and child?

Being a parent is the most important thing in your life, yet little quality education is given in this area and lives are changed forever. Good counseling is not given as to the consequences that dramatically effect

Condoms are not the answer. Abstinence until marriage is. Don't sell yourself cheaply. Check out the lives of girls who have had a child out of wedlock. Check out the lives of those who have an STD and are careless enough to pass it on. If you don't have to go through this, you will be glad.

I realize that our social structure is going downhill fast and few, if any, will heed this advice, but the few who don't heed it will look back and wish they had. Girls, your life is valuable, consider it so.

– Elsa Van Leuven,

Downey



Letters to the Editor:

Gallatin's story

I am a 5th grader at Rio Hondo Elementary My dad had me read the article on Gallatin Elementary School written by Christian Brown. ("Looking Back...Gallatin Elementary School," 1/8/09)

The article was about how amazing it was and how the school district changed. It was also amazing how they brought the bell over from New York to California on a boat. Another thing that was interesting was that there were teachers whose names were Principal Maude Price and Mrs. Unsworth and now have schools named after them.

It's funny how a school would just have 23 kids back then. I couldn't imagine being barefooted at Gallatin school, like the kids there used to be.

Thank you for writing such a good article on our local history.

- Kevin Duron, **Downey**

Unfriendly skies

Dear Editor:

A "no fly list" for all people of the world – I don't think so. Let's just shut down the airlines!

No common sense will prevail in the end.

We need to 1) Remove ourselves from the Middle East nations promptly, 2) Stop the bombings and killing of innocent people in far away lands, and 3) Cease and desist from selling arms to Israel so no more Palestinians will die and peace will come to that troubled land.

The so-called "terrorists" will certainly get the message and no longer will we live in fear of being blown to bits on a big airliner in the sky.

— Florence Peterson,

Downey

Unattractive sign

It has been the policy of Downey to not allow large and excessively tall business signs which restrict the view of other businesses.

The huge 100-ft. tall real estate sign located on Paramount Boulevard just south of Firestone at the rail road tracks is excessively large, excessively tall, is unattractive and it blocks out half of everything from view when coming south.

If allowed to remain it would be an invitation to other businesses to do the same and Downey would soon look like a barrio.

James Hawkins,

Downey

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

10 Commandments will stay in courthouse

esterday, in ACLU v. Grayson County, Kentucky, the Sixth Circuit Court of Appeals has ruled in favor of a display including the Ten Commandments in Leitchfield, KY, on the second floor of Grayson County's courthouse.

The display is entitled "Foundations of American Law and Government" and includes the Ten Commandments, Magna Carta, Mayflower Compact, Declaration of Independence, Bill of Rights, Preamble to the Kentucky Constitution, Star-Spangled Banner, National Motto, and a picture of Lady Justice, with an explanation of the significance of each. The purpose of the display is educational and is intended to reflect a sampling of documents that played a significant role in the development of the legal and governmental system of the United States.

Mathew Staver, Founder of Liberty Counsel and Dean of Liberty University School of Law, presented the winning oral argument on behalf of Grayson County in April 2009. The case began in 2002 when the ACLU filed a lawsuit against Grayson County, and a federal judge ruled against the display. The display is identical to the displays at issue in the ACLU's lawsuits against McCreary and Pulaski Counties in Kentucky, which Staver argued at the U.S. Supreme Court in 2005.

In 2005, this same Sixth Circuit Court of Appeals upheld the same Ten Commandments display in Mercer County, KY, which Liberty Counsel also defended. The Sixth Circuit governs Kentucky, Ohio, Tennessee and Michigan. Notwithstanding this identical and controlling precedent, the

federal judge entered a permanent injunction against the Grayson County display. Yesterday's decision reversed and upheld the display.

Since 2005, when Staver argued in favor of the same Foundations Display for McCreary and Pulaski Counties, four federal courts of appeal, including the decision yesterday, have upheld the Ten Commandments. Three of these four involve the same Foundations Display and have been represented by Liberty Counsel. Since 2005, every federal court of appeals which has addressed Ten Commandments displays has upheld them. The ACLU has not won a Ten Commandments case at the court of appeals level since 2005.

Commenting on the case, Staver said: "The Ten Commandments are as much at home in a display about the foundation of law as stars and stripes are to the American flag. The Ten Commandments are part of the fabric of our country and helped shape the law. It defies common sense to remove a recognized symbol of law from a court of law.

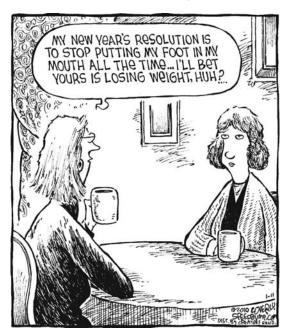
"The ACLU might not like our history and might run from it, but the fact remains that the Ten Commandments shaped our laws and may be displayed in a court of law. I am sure the ACLU will not ask the U.S. Supreme Court to review this case. The ACLU has been running from the Supreme Court since 2005 and has taken loss after loss on the Ten Commandments."

Contributed by Liberty Counsel.

Page 6 Friday, Jan. 15, 2010 Comics/Crossword

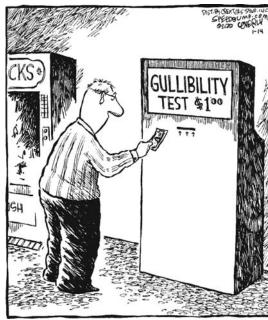
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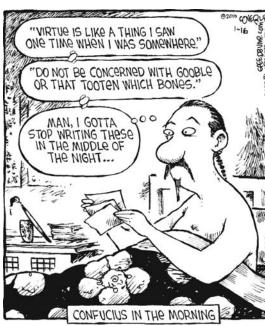












On This Day...

Jan. 15, 1559: England's Queen Elizabeth I is crowned during a ceremony in Westminster Abbey.

1892: The rules of basketball are published in Springfield, Mass.

1967: The Green Bay Packers defeat the Kansas City Chiefs, 35-10, in the first Super Bowl.

2001: Wikipedia, a free, publicly-created Internet encyclopedia, goes online.

Birthdays: Actress Regina King (39), tennis player Mary Pierce (35), baseball player Matt Holliday (30) and rapper Pitbull (29).

Downey Community Calendar

Events For January

Sat. Jan. 16: E-waste collection, First Presbyterian Church of Downey, 10 a.m. Tues. Jan. 19: <u>Health coverage discussion</u>, Temple Ner Tamid, 10:30 a.m. Tues. Jan. 19: "Three Bags Full" play, Warren High School, 7:30 p.m.

Thurs. Jan. 21: Business mixer, Keller Williams Realty, 5:30 p.m.

City Meetings

1st Tuesdays, 6:30 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 6:30 p.m.: Planning Commission, Council Chamber at City Hall. 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall.

2nd & 4th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber. 3rd Tuesday, 6:30 p.m.: Library Advisory Board, at Downey City Library.

3rd Wednesday, 7:00 p.m.: Water Board, at City Hall.

4th Wednesday, 6:30 p.m.: Emergency Preparedness Committee, at Fire Station No. 1.

Regularly Scheduled Meetings

8:00 a.m.: Job Club, at The First Presbyterian Church, for info. call 861-6752.

2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481. 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159. 4th Mon., 7:30 p.m.:Downey Numismatists, at Downey Retirement Center, call 862-6666.

Tuesdays

9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. 10 a.m.: Downey Bocce Club, at 7850 Quill Drive, for information call John Fiorenza at 652-4399.

12 p.m.: Rotary Club, at Rio Hondo, for information call Brian Saylors at 927-2000.

6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call John McAllister 869-0928.

7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478.

1st Tues., 7:30 a.m.: Gangs Out of Downey, at City Hall training room.

2nd and 4th Tues., 6 p.m.: Sertoma Club, at Cafe 'N Stuff, for information call (562) 927-6438. 2nd Tues., 6 p.m.: Downey Fly Fishers, at Apollo Park, for information call 425-7936.

3rd Tues., 6:30 p.m.: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount. 3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106.

Wednesdays

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626. 1 p.m.: Women's Bocce Club, at 7850 Quill Drive, for information call Marie Puch at 869-4366. 7 p.m.: Out Post 132 Royal Rangers, at Desert Reign Church, for info call 928-8000. 1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618. 1st Weds., 11:30 a.m.: Downey Coordinating Council, at Community Center, for information call 923-4357. 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028. 2nd Weds., 7 p.m.: Downey Sister City Assoc., at Maude Price School, for information call 884-9657. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132. 2nd & 4th Weds., 11:30 a.m.: Downey AARP, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075. 3rd Weds., - Downey Dog Obedience Club Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972. 3rd Weds., 6 p.m. - American Business Women's Association, Rio Hondo Country Club, Call Barbara Carlson 863-2192. 4th Weds., 12:00 noon: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.

Thursdays

7:30 a.m.: Connections Networking, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989. 7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534.

10 a.m.: Downey Bocce Club, at 7850 Quill Drive, for information call John Fiorenza at 652-4399.

12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.

12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677.

Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

6:30 p.m.: Downey United Masonic Lodge # **220**, 8244 3rd St., Call 862-4176.

WWW.STANXWORDS.COM

7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400. 4th Thurs., 10 a.m.: Assistance League, at Casa De Parley Johnson. for information call 869-0232. 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777.

Fridays

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

<u>Saturdays</u>

9 a.m.: Farmers Market, Second Street at New Avenue, for information call (562) 904-7246. 10 a.m.: Downey Bocce Club, at 7850 Quill Drive, for information call John Fiorenza at 652-4399. 2nd Sat., 12:30 p.m.: AAUW, Los Amigos Country Club.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com) SPLIT PERSONALITIES: With 137 Across in common by Bruce Venzke

ACROSS

- Math subj. Yoko
- **Embarrassing public**
- disputes 13 Most tender
- 19 Thoughtless driver
- Royal residence 1912 Olympics star
- Left hanging Rex Stout sleuth Long stretch of time Reality show, for short Tough journey
- Knight fight __-ho 30
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- Welsh cheese dish South Pacific nation Without any help
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- Slip sideways Like Nash's lama 61 62 Site of the Fontana d
- Trevi Good (restored) Notre Dame team,
- Planetarium roof Long stretch of time Australian tennis great
- Internet connection.
- Former Fed chairman
- Rathskeller serving Airs for pairs

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- '20s art style Tolstoyan turndown **British primatologist** Omar of ER Crime-lab specimen
- The Audacity of Hope author Homeric epic 103 Course cost
- 105 Visibly stunned 108 Cartoonist of contraptions Something on a carousel
- **Topper actor Carroll Nobel Peace Prize city** Buck ender Cardinal point

Four-door cars

- Thumbs-down votes Schwarzenegger nickname
- City near Vesuvius Professor's perk 132 Bionic being
- Dreadful Gunsmoke star Oscar role for Sean
- "Hidden" theme of the puzzle DOWN
- Stage delivery of a sort Extended The Lucy Show actor Its symbol is an omega
- "Forget about it" Hymn starter Pianist's practice
- Sleeper or diner PC key Ultimate degree Upper echelon

Crystal-ball gazer

- 13 Fire tender "Well, what's this?!" H.G. Wells in The Time Machine WWII general
- Rommel 17 Like some milk Campers' 60 Downs Rust cause, perhaps Amelia star Citrus quaffs,
- for short 32 North Platte locale: Abbr. Do doilies Wildly excited 99 Across component Projecting rock
- 39 TV host Van Susteren Solemn promises Gambling spots: 41 Abbr. **Rural** event Hot tar, for instance English horn's cousin The Nautilus' captain Stylish zest
- Swim sans suit Subj. with maps Sesame Street character Originally named Frustration, carried further

60 Residence, so to

speak Md. neighbor W.C. Fields persona Prepared some beds Extremity 72 Bar in the fridge Defense org. since 1949

Be deceitful

77 Mariner's mop

Radar device

Martial-arts school

Steve Lawrence's singing partner 1 Down performer, often Berle sidekick Arnold 86 Incite-ful orator

111 112 113

124

131

23

43

Evil: Fr. "Vision" starter Wild (about) Former Roman money Sing the praises of

Actress Olin

Team Corp. alias 102 Rib-eye relatives

135

24

- Couch potato's lack Goin' On'
- 97 Soda-can attachments

126 127 128

- 107 Parched
- Poe story surname First American in orbit
- 114 War and Peace heroine 118 Theater sect. 120 Minor run-in
- Desert plants Fed. purchasing group "Whole __ Shakin'
- 122 Periodical with a URL Aviator's hurdle 125 MDs' workplaces Condensed, as a

129

133

136

pocket dict. "Mazel __!" Mined mineral Soap-making ingredient

Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

You can contact puzzle editor

subscriber line," (76 Across) is short for "digital Internet-access technology DSL ratings each year since 2004-2005. been #1 in the prime-time Nielsen American IDOL (27 Across) has detective stories of Nero Wolfe. is the partner of Rex Stout in the ARCHIE GOODWIN (24 Across)



Shuffling Epidemic, is there no cure?

By Deborah Won, Intern

rratic beats and synthesized sounds of techno music are ✓ much too often heard in the culture of today's youth. However, a more disturbing fact is that following the increasing levels of techno music came the reemergence of the so-called dance technique of "shuffling."

During winter break, my friends and I went to the movies to catch a late showing. Before walking into the theatre, we could not help but stare at a group of younger students, probably from middle school, standing around in a circle with their iPods in their ears while stomping their feet, a few of them even tripping over their own foot. As we walked closer, we could hear the beats of techno music blasting from the iPods, and it dawned on us that they were not just extremely uncoordinated kids as was suspected, but were actually attempting to shuffle.

Shuffling outside of a movie theatre, must I say more?

This is when I came to the realization of how mainstream techno and shuffling has become. Not that I didn't have my suspicions before, particularly when every high school party now consists mainly of the drowning techno beats, as I found myself feeling claustrophobic, seemingly suffocating under the feet of the masses that were attempting to shuffle.

I am not exaggerating, either. As soon as the techno music comes on, all the "shufflers" swarm and form a circle, as one by one they take turns shuffling in center, as the viewers mindlessly watch and sometimes give a nod of approval here and there. Last time I checked, students went to parties to socialize and dance with other people, not to stand in a circle and watch some random guy stomping his feet.

And yes, attempting is the proper verb, for a very small percentage of the shufflers today actually have any ability to do so. Because it is now the "cool" trend, suddenly everyone thinks they magically gained some shuffling talent overnight.

"I think shuffling is overrated, and half of the people that shuffle can't even really do it," said senior Natalie Bedran. "Plus, I feel like it just leads you to wanting to go to raves, which is not safe."

Shuffling, originating back in the 80s, first crept into the rave and club scenes, and remained there as a popular dance style. Recently, however, shuffling seems to have escaped the clubs and intruded into the high school "house party" scene, as techno began replacing hip hop music.

For those that have been lucky enough to be sheltered from the world of today's mainstream shuffling and do not know what shuffling is, the name says it all: people

The Snuggie is here to stay

By Gabriela Coya, Intern

DOWNEY – It's warm. It's fuzzy. It has sleeves. No, it's not a coat or a robe. It's a Snuggie, and it's everywhere.

What is a Snuggie? If you haven't been living under a rock for the past year or so (or just don't take much time to learn about pop culture or go to your local drugstore and see it displayed on shelves), you probably already know that a Snuggie is a blanket with sleeves. Some criticize the Snuggie, saying most of us already own a thing that serves the same function as a Snuggie: a robe. Just wear it backwards and call it a day, they say.

Why has this seemingly simple, almost ridiculous, product gained so much popularity? With so many sold (the creator must be rolling around in cash after sales of more than 20 million units), the product has to have gained a large fan base that almost has a cult-like devotion for a good reason.

Among those who have started following the Snuggie trend is Downey High School student Josh Noa. Before getting a Snuggie, Noa criticized the product, but after receiving one, liked it so much he decided to spread the gospel.

"My sister gave me my

merely shuffle their feet, and

maybe add in a little spin or some

hand movements. Oh but of course,

it is classified as a dance move

because music is added. The Age, a

broadsheet Australian newspaper,

described shuffling as "a cross

between the chicken dance and a

foot-stomping robot," a pretty

accurate description, I would say.

ever, is how shuffling seems to

have surpassed the club, rave, or

party scene and has altogether

jumped into our schools, movie

schools have been infected by the

shuffling epidemic. Merely a week

ago, I was sitting in class, when the

desks began to shake as the ASB

was booming techno music out in

the quad during lunch time. To my

unpleasant surprise, as soon as I

walked out to lunch, there had

already been a shuffling circle

formed in the center of the quad, as

more and more people joined in as

either viewers or as shuffling par-

Shuffling Epidemic ever cease? Or

are we all doomed to become

mindless chicken-dancing, robot-

loved ones, or else next thing you

know they'll be pushed into the

center of a massive shuffling circle,

mindlessly conforming to the

In the meantime, protect your

stomping shufflers?

Shuffling Epidemic.

The question is, will this

Yes, unfortunately, even our

theatres, and other local arenas.

What further amazes me, how-



PHOTO COURTESY WWW.MIKEGOLDSWORTHY.COM/CREATIVE COMMONS LICENSE

Snuggie as she realized that my feelings towards the product changed," said Noa. "I went from very skeptical of Snuggies and their practicality, to buying around nine or 10 of them as Christmas gifts for friends. I think that they are unparalleled in comfort."

Aaron Andres, another student at Downey High, is one of the friends who received a Snuggie from Noa in a Secret Santa gift exchange at school.

"At first, I thought Snuggies were a horrendous idea," said Andres. "My feelings toward

Snuggies now are that they are amazing. I used it all the time during winter break, if not every day. It may not be fashionable enough to take to a football game or anything, but it's definitely worth it at home where no one will judge how comfy you are."

With the Snuggie becoming so popular among people of all ages, Downey High student Sarah Menendez (who also received her Snuggie from Noa) thinks it will be one of the most memorable trends of the decade.

"I realize now that the Snuggie

Food rules put strain on campus groups

By Joanna Quintana, Intern

DOWNEY - Whether regulations stating that no food may be sold during school hours truly guard the average student's health or merely exist as a nuisance is debated as Downey high school organizations attempt to raise money.

The obsession over healthy food being served within our school district began with the increasing obesity rate, inspiring rules and regulations that eliminated many popular food items and, essentially, the opportunity to gain revenue through the sales of these

Presently, organizations selling edible objects must comply with health standards when creating or storing food; the food itself must meet health regulations, which by definition means all ingredients must be thoroughly researched and approved; and competition with cafeteria sales must be avoided.

Out of simple frustration with meeting these regulations, the Downey school district has made it an official school-wide law that food can not be produced and sold by anyone but the "cafeteria ladies." However, there remains, as always, contrasting opinions towards law.

"Everything sold here has to go through the state and they decide if it's healthy," says Downey Principal Tom Houts. "I don't agree with some of the stuff they're selling, though. I see how kids are eating today and it's not healthy but then again, some foods sold here aren't healthy. There's no diet sodas but there's Gatorade, which has more calories than diet soda... It doesn't make sense to me."

In recent years, Downey's Associated Student Body attempted to make a profit off blameless popcorn and innocent shaved ice. Yet, after a history of accusations of bad ice, sugary syrup, and old butter, even ASB keeps away from selling food during school hours and instead focuses on other ways to bring in revenue.

It seems that with every rule lays a loophole and campus groups are encouraged to enhance their creativity for a profit gain.

"Let's just stay away from food and sell sweatshirts," says Activities Director Gordon Weisenburger. "We sell snow cones and Juicin' Up, people have tried churros and bake sales-clubs still take advantage of being able to sell outside of school hours and they still sell to teachers during school. Nothing sells more to students than candy, though, and we wish we could sell them but I completely understand where our district is coming from. Kids before fundraising value-we understand and we comply."

bility of meeting all standards and regulations, including shying away from any competition with food sold in the cafeteria, brings the final slam: a rule that prohibits any selling of food to students from the minute school begins to the very second it ends. Though a negative impact on most school groups, the rule is still respected and enforced-with or without an agreement in opinion.

The frustration at the impossi-

Warren has plans for new fitness center

By Deborah Won, Intern

DOWNEY – Attempting to advocate and increase physical fitness and muscular strength among youth, the efforts of the Physical Education department at Warren have earned them \$100,000 through the Governor's Spotlight Award to go towards a new fitness

The dedication and ribbon-cutting for the fitness center will take place on Oct. 13, and will be open for use to students and faculty on Oct. 14. The monetary award was used to further expand the already existing two-room facility near Warren's football stadium, half of which was furnished into a cardiovascular fitness center four years ago through the generous donations from Dr. Mary Stauffer.

The completed fitness center, with the newly installed cable and stack-weight equipment, will be used daily by all Physical Education departments, including Adapted Physical Education, as well as faculty and staff. The fitness center will have the ability to house approximately 60 students

"We want to get our kids to be

active, before or after school, and just make them more physically sound overall," said P.E. coach Dan

With fitness scores across California at a mere 40 percent, the physical health of students has been a concern at both the state and local levels. Therefore, the Governor's Council on Physical Fitness and Sports decided to provide incentive for physical activity and fitness through the Governor's Spotlight Award, the award that Warren has so fortunately received.

The application process began when Latham and Christopher Flores heard about the Governor's Spotlight Award and took the initiative to rally the other coaches in the Physical Education department to participate in the efforts of attaining this award.

The major requirement to apply for this award involved the participation of students in outside physical activities. Warren's Physical Education department was able to rally a total of 2,342 students, not including those in sports, to sign up for physical activities and complete the Governor's Challenge. Thus, each student that participated was accounted for and recorded on file

with the total amount of time that the students had been doing physical activities.

really is for everyone," said

Menendez. "I think it's going to

become one of the staples of the

new decade that we can look back

on in 20 years and say, 'Remember

the Snuggie?' 'Oh yeah! Everyone

dogs also, now that there are

Snuggies for dogs available — sat-

isfied with their Snuggies, it

appears that the Snuggie is here to

stay for a while longer, whether we

like it or not.

With so many people — and

had one. They were awesome!""

The tally was then submitted to the Governor's Council on Physical Fitness and Sports, along with three essays that were an additional requirement of the applica-"We didn't think we were going

to win this," said Latham. "We thought it was a long shot, but when they told us that we did, everything we put in [the fitness center] was to improve muscular strength and physical health." Although the fitness center will

be used mainly for the Physical Education department, other Warren groups and sports will be allowed to utilize the new fitness center as well.

"The fitness center is not for open use, however, only for scheduled use," said Latham.

If a group or sport wishes to use the fitness center, they can contact the department chair Sandy Porty or Latham to schedule a block of time. Because the fitness center is a specialized room, there must be supervision during its use for instruction and maintenance.

students on the School of Choice

waiting list for 2010-2011. Schools

may accept students from the wait-

DUSD students can apply for school of their choice

2009-2010 Interns for The Downer Patriot

> Jennifer Cho Gabriela Coya Joanna Quintana **Deborah Won**

Joseph Apodaca - Sports Alyssa Wynne - Sports

Paul Heidecker - Photographer Carlos Ontiveros - Photographer

DOWNEY – The Downey Unified School District will conduct its annual School of Choice open enrollment during the month of February for the 2010-211 school year.

Only students residing within the Downey school district boundaries can apply for School of Choice, including new kindergartners that may be starting school in September 2010.

Parents of students wishing to attend a Downey school out of their attendance area can pick up an application at any DUSD school or at the district office Feb. 1-26.

New students - including kindergartners - entering a Downey school for the first time should register at their school of residence. This will guarantee registration for the new school year.

A lottery will be held to place

Deadline application is Feb. 26. For more information, call the Office of Pupil Services at (562) 469-6554.

ing list if space is available.

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Friday, Jan. 15, 2010 The Downey Patriot 8

Despite sluggish start,

Downey enjoys a blowout

Conference games begin next week

WARREN BOYS BASKETBALL

By Joseph Apodaca, **SPORTS INTERN**

DOWNEY – The end is only the beginning for the Warren boys' basketball team, who ended their preseason last week with two wins against Western and Anaheim before entering into their conference games next week.

The Bears defeated the Western Pioneers, 62-41, and the Anaheim Colonists 65-41. The two wins bring the Bears to an overall season record of 10-7, which includes both non-conference and tournament games.

Warren shined especially bright in their games against Western, where they were consistently ahead in the score after every quarter. They outscored Western 16-12 in the first quarter, the second 16-9, the third tied 10-10 and finished out the fourth quarter at 20-10.

Now that all of their preseason games are out of the way, the Bears finally have the chance to host games on their home court, no doubt adding on a home-court

advantage to their impressive preseason. The boys have proven they can perform well in neutral territories, defeating the likes of Schurr, Firebaugh, Sierra Vista, South Torrance, Gabrielino, Santa Fe, El Monte and Gladstone in addition to their two most recent wins.

Juniors Cejay Anderson, Moises Benitez, and Eddie Romero continue to remain the standout players as the season progresses into conference games. Anderson shines as the team's strongest guard and lead scorer throughout the season. Benitez contributes plenty as well to the score in every game, bringing the score for the Bears up when things start to get close in the quarter. Romero continues to impress in scoring shots off the rebound, giving the team the upper hand in the score and on the offense.

have come quite a long way since last season, when at this time the team saw their conference season take a major hit. This year, however, with a new head coach in Ryan Hart and a better sense of the game, consistent loses have become a thing of the past and the only place the Bears can go from here is up.

Downey AYSO advances to section playoffs

DOWNEY - Downey AYSO's Under 10 division Orange Crush defeated Wilmington in penalty kicks to win the Area 11 Z championship.

Compton and Long Beach in order to get to the championship game. They will now advance to the Section playoffs and play against teams

that range in areas from San Diego County up to Los Angeles County.

-Scott Cobos, Staff Writer

DOWNEY BOYS

over Calvary Chapel.

■ Downey guard Tyler Ellis

scores 23 points in 60-33 win

By Scott Cobos,

STAFF WRITER

halves was the way Downey head

coach Larry Shelton described his

team's 60-33 blowout win against

Calvary Chapel in their final non-

Indeed it was a game that

showed sloppy play in the first half

and clean, aggressive play by

Downey in the second. But in the

end, it was Downey's guard Tyler

Ellis who shot them to the victory.

them in the final minutes of the

second quarter to help the Vikings

gain some momentum going into

Shelton said. "The second half we

small cushion up 18-16 helped Downey refocus on defense and

come out more aggressive offen-

sively. It was Ellis' hot shooting

from 3-point range that put the

game out of reach and allowed Downey's defense to dig in.

ers in the San Gabriel Valley

League," Shelton said. "He's my

only returning starter...We go as

Downey allowed only 17 sec-

The win showed an interesting

ond half points and was able to pull

the majority of their starters in the

trend in what Downey has to do to

pull in victories. The Vikings

chucked up over 20 3-point shots,

and while they made over 40 per-

cent of them, Shelton says that has

have to shoot the ball well to be

successful. We need to get shooters

was off to a quick start allowing

only 3 points to be scored in the

first quarter by Calvary Chapel's

Jeremy Chadwell. He was the only

one to score a field goal as well in

"It's what we got," he said. "We

In the first quarter, Downey

to be their plan of attack.

their shots."

fourth quarter, being up by 22.

Tyler goes."

"Tyler is one of the best shoot-

were much more aggressive."

Ellis scored 23 points, 7 of

"We had a horrible first half,"

Going into half time with a

conference game last Friday.

DOWNEY - A tale of two

BASKETBALL

No doubt the Warren Bears



Junior forward Dami Adefeso (11) attempts a shot during Downey's victory over Calvary Chapel last week.

On their way to the championship, they also defeated Pico Rivera,

The Section 11 championships will take place in Garden Grove on Feb.

the opening minutes. The Vikings defense also gave Calvary Chapel fits, forcing nine turnovers.

But in the second quarter, Calvary Chapel went on a 13-0 run, quickly erasing Downey's lead and distancing themselves from the Vikings being up 7 point. The Vikings were held without a field goal for 5:42 until Ellis hit a 3point shot which started a 9-0 run in the final minutes to put them up by only 2 at the half.

The third quarter proved to be the difference in the game with Ellis scoring 13 points in the period, outscoring Calvary Chapel himself and giving his team a 22point lead going into the fourth quarter.

Downey's David Rivera ended the quarter with a bang, hitting a half-court shot to put an exclamation mark on the opening eight minutes of the second half. Shelton pulled the majority of

his starters and allowed his bench to mop up and cruise to Downey's seventh victory of the year. Downey's Rivera had 9 points

and 3 rebounds, Erick Gomez also had 9 points, and Edgar Ruiz and Dami Adefeso had 6 points each.

Going into SGVL play, Downey is 7-9 and will have faced Gahr already on Wednesday for their first league game, and will take on Paramount on the road again tonight. Game time is 7 p.m.

Salle who is ranked No. 10 in

Division VI 14-3, and El Segundo

11 scramble against Ayala, the No.

8 ranked team in Division III, and

the eventual tournament champi-

came up with 19 saves in two

games on Saturday while co-cap-

tain Ivana Castro had 12 goals on

the day. Saree Waugh completed a

hat trick in each of the games

Rookie goalie Joanne Svendsen

Warren's only loss was in a 15-

Legal to refuse a search?

CONTRIBUTED BY THE CA DEPT. OF FISH & GAME

Q: Over the years I've been asked by DFG officials to produce my hunting license, show my game, show my gun and show my shells. However, this past weekend my brother and I, as well as other hunters, were asked at the refuge parking lot to voluntarily submit to a pat down search and to have our gear thoroughly examined for extra shells beyond the 25 shell limit.

I have three questions: Could I have refused to a pat down search? What would have been the repercussions of refusing a pat down search? What are the repercussions of having more than 25 shells in the field in places where there is a shell

A: According to Northern California District Chief Mike Carion, non-negotiable search of the clothing a person is wearing is limited to situations when an officer believes the person may have a weapon. Outside of that, a clothing search can only be conducted with permission or in conjunction with

That being said, hunting equipment and all "containers" are subject to inspection by wardens. Failure to allow a search is grounds

Many types of hunting gear are designed to hold shotgun shells, game, etc. These items are not technically clothing as defined by the law, but are more like hunting equipment, and thus would not be exempt from a search inspection.

So, to answer your questions: 1) Can you refuse a pat down?

2) What are the repercussions for refusal?

Although this could raise a "red flag," which may cause the officer to think you are hiding something and may lead to a poor contact, it is legal to refuse to a consent search. 3) What are the repercussions

to having more than 25 shells in the

You could be cited or possibly ejected from the area.

Q: Can I give fish away to friends and family?

A: Yes, you can give fish away. Though you can only take one daily bag limit per day, you can give that limit away so that you can go fishing another day and not be in violation of the overall possession limit. The recipient of your

fish does not need to have a fishing

license, but also may not possess

more than the legal limit at any Remember one important fact: Though your friends are allowed to possess fish without a license, if they are out in a boat or in the field and have access to fishing equipment, this is prima facie evidence they took the fish themselves, so make sure the fish are taken home and you are not out in the field or coming in from fishing when you

Possession of fish and equipment used to take fish when out in the field or coming back from a fishing trip is evidence that person was fishing and they may be cited for not having a license).

give your fish to an unlicensed per-

Carrie Wilson is a marine biologist with the California Department of Fish and Game. She cannot personally answer everyone's questions but will select a few to answer in this column each week. Contact her at ${\it Cal Out doors@dfg. ca. gov.}$

Bears finish 5th in tournament

WARREN GIRLS WATER POLO

By Scott Cobos,

STAFF WRITER

DOWNEY - A fifth place finish following a tough weekend in Orange County was awarded to the Warren girls' water polo team after

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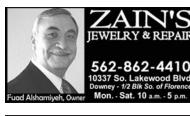
11480 Brookshire Ave. #303

Downey, CA 90241

they traveled south to participate in the Western OC Shootout Tournament.

The Bears' fifth place finish was out of 22 teams, with many of the teams being ranked in CIF. Warren had a fantastic showing though, going 4-1 for the tournament, beating Chino Hills 18-5, Torrance in a nail-biter 12-11, La

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Saturday as well. Only two players are returning from Warren's CIF championship team from last year. The returning starters and co-captains Castro and Brittany Vasquez are expected to show the inexperienced Bears the

winning ways from last year's Currently, the Bears are 12-5 on the season and are ranked No. 2 in the CIF Division VI polls.

Golf tourney to benefit school

DOWNEY - The 8th grade class of St. Raymond School will sponsor a golf tournament Feb. 15 at the Candlewood Country Club in Whittier.

Cost is \$150 per person and includes green fee, golf cart, putting contest, tee prizes, use of the driving range and lunch.

Check-in begins at 8 a.m. with the shotgun start at 10.

For more information, call Mario Mendoza at (323) 377-1535 or Amy Fiala at (562) 862-3210.



County voters did something about it. In November 2008, Measure R was approved, committing a projected \$40 billion to traffic relief and transportation upgrades over the next 30 years. Following are updates on some of the projects supported by Measure R.

I-5 Expansion From Route 605 To OC To Launch In 2010

This year is expected to see construction begin on the long-awaited widening of a 6.7-mile stretch of the I-5 Freeway from the 605 Freeway to the Orange County line. The project will add a carpool lane and general-purpose lane in each direction, easing the c bottleneck caused when it meets the 10-lane portion at the county line.

Alternatives Reviewed For Eastside Transit Corridor

Metro is looking at two light rail transit alternatives for further review on extending the Metro Gold Line farther east from East LA. The routes being explored are from Atlantic Boulevard along either the Pomona Freeway or Washington Boulevard. The area under study is home to more than 675,000 residents.

\$9.5 Million Returned To Cities From Measure R

The first installments in Measure R local return sales tax monies totaling \$9.5 million have gone out to 38 cities in LA County for transportation improvements. First and second payments for sales taxes received from July through September ranged from \$2,635 for the City of Irwindale to \$6.1 million for the City of LA.



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Irrigation to be replaced at golf course

DOWNEY – More than \$4.2 million will be invested in renovating the irrigation system at the County's Los Amigos Golf Course in the City of Downey, Supervisor Don Knabe announced this week.

The existing irrigation system is more than 30 years old and has exhausted its useful life.

The County will be replacing the old system with a new automated system and establish a reclaimed water connection and pump house to irrigate the golf course. Two lakes will be drained, renovated and relined so they can be used as reservoirs for excess reclaimed water.

The golf course will remain open during construction. The contractor will coordinate the construction schedule with the daily functions and activities of the golf course. Construction is scheduled to be completed in August of this year.

The project is funded by Golf Course Capital Improvement Project Funds, which are collected with every greens fee and can only be used on the course where it is collected.

Additional funding comes from the Fourth Supervisorial District Capital Project funds and from a grant by the Central Basin Municipal Water District.

The project supports the County's Sustainable Design Program by providing a reclaimed water irrigation system that will eliminate the use of potable water for landscape irrigation.

Additionally, it will use Smart Water Controller technology to irrigate the course and maintain proper conditions while minimizing over watering.

Irrigation to Downey cruises to easy win

DOWNEY GIRLS BASKETBALL

■ Katie Marifan shines for Vikings, scoring 24 points against Montebello.

By Alyssa Wynne, Sports Intern

DOWNEY – Even from the first quarter, Downey was able to fight off the Montebello High Oilers in their last non-league game of the season winning 60-35.

In the first quarter, the Vikings scored 7 points more than their opponent's 8 and scored an average of 15 points per quarter. The Oilers struggled to put up points the whole game, especially in the fourth quarter when they only scored 3 points.

Each Viking played very well in this game and it was obviously not much of a challenge for the ladies. Katie Marifian scored 24 points, including 6 from the free-throw line. She also had eight steals.

Demetria Love added 10 rebounds for the Vikings, and Amanda Mazon forced four turnovers.

Santa Fe

A weak second quarter kept the lady Vikings from reaching victory against the Santa Fe Chiefs on Jan. 4., losing 66-53 even though the match-up looked even the majority of the game at Staples Center in Los Angeles.

The first quarter ended with a

tied score of 14-14. But these even scores did not last long, especially after Downey scored a mere 7 points in the second quarter compared to a whopping 20 from Santa Fe. This 13-point deficit killed the Vikings for the remainder of the game and though they were able to



PHOTO BY PAUL HEIDECKER

Guard Debra Lovell drives into the Montebello defense. The Vikings won the game, 60-35.

make up for the points lost in second quarter, it was not nearly enough.

Third quarter was followed with 20 points from Downey and another 12 in the fourth quarter. All hope was lost for the Vikings after they were unable to earn the needed 23 points just to tie the Chiefs.

Individually, the ladies did very well for their team. Point guard Katie Marifian had an amazing game with 20 points, nine rebounds

and three assists for the Vikings. Forward Demetria Love played just as well with 9 points and 18 rebounds. Downey's Rayana Villalpondo, who was recovering from an injury, was well enough to play and took three shots.

Downey was allowed use of the Staples Center in Los Angeles in exchange for selling 200 tickets, said head coach Nathan Harris.

Well-rounded offense key for Warren

WARREN GIRLS BASKETBALL

By Scott Cobos, Staff Writer

DOWNEY – In their final nonconference game, Warren's girls' basketball left no question that they are for real with a 52-43 win over Schurr at home last Friday.

The Bears had three players score in double digits with Jasmin Mitchell scoring 11 points, Tahja Matthews scoring 14 points, and Franny Vaaulu scoring 15 points and also pulling down 13 rebounds for another double-double on the season.

Warren guard Danielle Rodriguez, the team's leading scorer, didn't put up gaudy point numbers, but did have eight assists and 10 rebounds. The game started rather slow for the Bears, scoring only 9 points in the opening quarter and being tied up with Schurr.

It was the second and third quarters where the Bears pulled away, winning each quarter, 12-8 in the second and 16-11 in the third

All the Bears had to do in the fourth quarter was hold serve, which they did to grab their 14th win on the season.

Today, they'll be at home hosting the Lynwood Knights in a game that while early could prove to be crucial to San Gabriel Valley League championship implications. The Knights are ranked No. 57 in the state and have dominated the SGVL for years, not having a loss in league play in over five sea-

Game time is 5:15 p.m.

Vikings find ways to win

DOWNEY GIRLS SOCCER

By Alyssa Wynne, Sports Intern

DOWNEY – Downey's soccer match against St. Joseph's High school was yet another overtime game for the ladies, however a match against the Gahr Gladiators on Tuesday resulted in an incredible 6-1 win.

The game against St. Joseph's left every fan, player and coach on his or her toes as the girls aggressively fought over the ball in a game that went to overtime.

Twenty minutes into overtime, Downey's Brandi Neilan scored the winning goal. The Vikings were then able to keep the Jesters scoreless until the final whistle was blown and each Downey-supporter celebrated.

Tuesday's game against Gahr marked Downey's first league game. Midfielder Marysol Flores scored two goals while midfielder Crystal Fresquez, forward Krystal Rojas and forward Neilan also scored. A junior varsity call-up also had a goal.

Downey anticipates a home game against Dominguez next Tuesday and another against Lynwood High School on Friday.

Super Bowl halftime show has gone to the dogs

If your favorite team is on the bench instead of in the playoffs this year, it's time to forget that post season slump.

Some very special rookies are ready to take the field with a winning combination of tackles, fumbles, and even a few tumbles, for their shot at the end zone -- or a tug toy -- in Animal Planet's Puppy Bowl VI.

This annual canine battle is back as a new pack of pups mix it up on the grand gridiron of Animal Planet Stadium.

On Sunday, Feb. 7, from 3-5 p.m., an all-star line up of rambunctious rescue pups will compete in the ultimate showdown full of dogged defense, puppy penalties and fido first downs.

Plus, for the first time in Puppy Bowl history, all the action will be captured in panoramic view with aerial coverage provided by the Twizzler's blimp and its rogue hamster crew.

In another fun first, the sidelines will also be hopping with the addition of spirited bunny rabbit cheerleaders.

Animal Planet has also booked a bevy of frolicking felines for an all-new edition of the Bissell Kitty Halftime Show.

Straight from shelters, this year's Pedigree starting line-up is filled with spunky spaniels, fierce French bulldogs and bustling beagles that are ready for action as they vie for the title of MVP (Most Valuable Puppy).

Puppy Bowl VI cameras catch all of the action as the puppies pounce and play, mimicking the rough-and-tumble moves of professional ballers. Veteran Puppy Bowl referee, Andrew Schechter, will be on hand to keep the players in line and to dole out any necessary "puppy penalties."

With instant replays, the popular water bowl camera and the addition of the Twizzler's blimp, viewers won't miss any of the action on the field.

"As the ref, it is my job to make sure the puppies have fun and play a safe, clean game," said Schechter. "It is a privilege to participate in Puppy Bowl, and the perks of cuddling, adorable puppies all day and raising awareness about pet adoption can't be beat."

If The Who is not your speed at halftime, the frisky felines are back for the Bissell Kitty Halftime Show. The lively kittens once again show off their stuff on a glittery stage while cheering fans enjoy their halftime performance. These tiny tabbies and cuddly calicos prove that watching curious kittens chasing each other through confetti is truly entertaining.

All of the puppies featured in Puppy Bowl VI come from shelters, including the SPCA of Anne Arundel County (Maryland), Pennsylvania SPCA, All Star Pet Rescue (New Jersey), and from as far away as Waveland Animal Shelter (Mississippi) and All Paws Rescue (Missouri).

Viewers who are interested in adopting from a shelter in their area can visit Petfinder.com, the online resource for finding adoptable pets.

To learn more about Puppy Bowl VI, visit AnimalPlanet.com for some behind-the-scenes Puppy Bowl moments and a chance to vote for this year's MVP.

Puppy Bowl VI official sponsors include Pedigree and Progressive Insurance, while the AAHA is the official veterinarian sponsor.

Puppy Bowl VI and the Bissell Kitty Halftime Show are productions of Discovery Studios.

Hospice needs volunteers

DOWNEY – A Downey hospice is in need of volunteers to spend time with residents in the final stages of their lives.

Volunteers can also relieve tired caregivers for short periods of time or help with errands and shopping.

Training will be held at Companion Hospice Care in Downey on Feb. 27, March 6, March 13 and March 20.

Volunteers will receive 16

Volunteers will receive 16 hours of orientation and training. Afterwards, volunteers will be given assignments close to home.

For more information, call Deanna Miles at (562) 944-2711.





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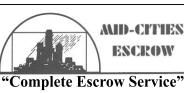
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Museums honor Mexico's milestones

LOS ANGELES - To commemorate the 2010 centennial of the Mexican revolution as well as the bicentennial of Mexico's independence, Los Angeles museums will present an array of exhibitions that span both media and millennia.

Beginning this month, the Autry National Center of the American West, the Fowler Museum at UCLA, the Getty Research Institute, the Getty Villa, the Los Angeles County Museum of Art (LACMA), and the Museum of Latin American Art will each mount exhibitions that collectively will be on view for approximately one year.

Artists such as David Alfaro Siqueiros, David Mecalco, and Felipe Ehrenberg will be represented as will ancient Aztec, Olmec, and pre-Columbian works and more. Fowler Museum at UCLA

Fowler in Focus: X-Voto—The Retablo-Inspired Art of David Mecalco

•January 31, 2009–May 16, 2010

For more than two decades artist David Mecalco has sold hand-painted devotional images (retablos) from a stall in Mexico City's La Lagunilla Sunday antiques fair (commonly referred to as the Thieves' Market). In recent years these vibrant works—pulsing with images of the Virgin Mary, the devil, skeletons, animals, petitioners, and more—have brought him international recognition.

Traditionally, wooden or metalbacked Mexican retablos are placed in churches, shrines, or home altars and many are now commissioned as expressions of gratitude (retablos ex votos) for prayers answered.

See dozens of examples of Mecalco's lively re-conceptualization of the art form, inspired by the realities of life in the barrios and pulquerías (saloons) of Mexico, which show a keen interest in the suffering of those marginalized or abused by mainstream society.

Additionally, the Fowler plans a presentation of pre-Columbian works from Mexico in the fall of 2010.

Getty Villa The Aztec Pantheon and the Art of Empire

•March 24–July 5, 2010

The Aztec Pantheon explores the parallels between two great empires—the Aztec and Roman. Organized to celebrate the 2010 bicentennial of Mexican independence, the exhibition illuminates the ongoing dialogue between the Old and the New Worlds-a dual heritage that has shaped the modern contours of Mexico.

The Aztec Pantheon includes masterworks of Aztec sculpture, largely from the collections of the National Museum of Anthropology and the Museo del Templo Mayor in Mexico City, as well as the Florentine Codex, an iconic chronicle of Aztec culture and history, returning to this continent for the first time in over 4 centuries.

Museum of Latin American Art Manchuria: Peripheral Vision—A Felipe Ehrenberg Retrospective •May 22–August 15, 2010

MOLAA presents one of Mexico's most illustrious and iconoclastic contemporary artists. Organized by the Museum of Modern Art in Mexico City, the exhibition is the first in the United States to profile Ehrenberg as an early proponent of the postmodern aesthetic.

Known as a neologist (one who invents or uses new words and forms), Ehrenberg first experimented in England with the 1970s Fluxus movement and returned to Mexico engaging in the practice of artist's books, performance, installation, media and intervention art. Recently Mexico's cultural attaché in the artistically progressive Sao Paulo, Brazil, his initiatives continue to infuse the international art

Museum of Latin American Art -**Project Room**

Mariana Castillo Deball •June 17–September, 12, 2010

Installation of objects including sculptures inspired by the Aztec Coatlicue goddesses Coyolxauhqui, the goddesses of death and the moon, respectively. This project continues the artist's critical exploration of Mexico's complex relationship with its archaeology. The exhibition will address the history of these goddesses within the mythology, in an archeological and sociological context, since their discoveries signified an important shift in the history of Mexican archaeology.

Autry National Center of the **American West**

Siqueiros in Los Angeles: Censorship Defied •September 2010–January 2011

Mexican artist David Alfaro Siqueiros was one of the greatest muralists of the twentieth century.

Revolutionary in technique, content, and social comment, his work established Los Angeles as a key center for this public art form and started a movement that continues today.

The Autry National Center of the American West, in partnership with noted academic and cultural leaders, will present the world premiere exhibition Siqueiros in Los Angeles: Censorship Defied to bring a renewed focus to the life and work of this renowned muralist and to explore his significance and legacy within the art of Los Angeles.

Museum of Latin American Art -**Project Room**

Jorge Méndez Blake, All the Poetry

•September 23, 2010 – January 3,

This exhibition is part of a series of actions in Los Angeles public libraries in which the artist will temporarily remove the poetry books and create site-specific installations. **LACMA**

Olmec: Colossal Masterworks of Ancient Mexico

•Opening October 2010

Olmec is the first West Coast presentation of colossal works and small-scale sculptures produced by Mexico's earliest civilization, which began around 1400 BC and was centered in the Gulf Coast states of Veracruz and Tabasco.

Olmec architects and artists produced the earliest monumental structures and sculptures on the North American continent, including enormous basalt portrait heads weighing up to twenty-four tons, of their rulers. Small-scale jadeite objects, which embody the symbolism of sacred and secular authority

among the Olmec, attest to the longdistance exchange of rare resources that existed as early as 1000 BC, and Olmec artists were unsurpassed in their ability to work this extremely hard stone with elementary tools of chert, water, and sand. The exhibition is organized by Mexico's Instituto Nacional de Antropología e Historia, LACMA, and the Fine Arts Museums of San Francisco, and is curated at LACMA by Virginia Fields, senior curator of Art of the Ancient Americas.

Getty Research Institute Obsidian Mirror-Travels

•November 16, 2010 - March 27,

Curators: Khristaan Villela, University of New Mexico, and Beth Guynn, GRI

This exhibition explores representations of Mexican archaeological sites and objects made during the past two centuries. Drawn mainly from the Getty Research Institute's vast holdings of books, engravings, drawings, photographs, objects, letters, and postcards relating to Mexican archaeology, the exhibition features both well- and little-known images of ancient Maya and Aztec ruins made by archaeologist explorers such as Frederick Catherwood, Désiré Charnay, and Augustus and Alice Le Plongeon.

Specific themes explored in the exhibition include the Aztec Calendar Stone, panoramic visions of Mexico, and Mexican antiquities in relationship to the nineteenthcentury French intervention in Mexico, and later, during the long presidency of Porfirio Diaz (1876-1910).

Costumes donated to local theater group

LA MIRADA - Phantom Projects, a La Mirada-based educational theater group, has become the recipient of the entire inventory of The Costume House, including thousands of costumes, props, wigs and more, officials announced this week.

The donation is valued at \$500,000 and is the culmination of nearly 30 years of costuming by the former costume company.

The donation also includes entire sets for "Guys and Dolls," "Joseph and the Amazing Technicolor Dreamcoat," "The Wiz," "7 Brides for 7 Brothers" and nearly 50 other productions.

"We are thrilled at the generosity of The Costume House. This donation will allow us to find a new revenue stream during an economic crisis that has negatively affected so many arts organizations," said Steve Cisneros, artistic director for Phantom Projects. "For the past 13 years, Phantom Projects has introduced hundreds of thousands of new audiences, specifically teens, to the magic of theater. This gift will allow us to prepare for the next 13 years."

The group plans to open its own costume rental company this spring. The company will charge local non-profit organizations "far less" than many mainstream costume companies, Cisneros said.

"By opening a costume rental company, we can continue to not only fund our own group, but also, hopefully, help slash some budgets for groups that need to rent," Cisneros added. "Funding for the arts is as low as ever. We should be a partner in the hunt for survival that many theater groups find themselves in."

Identity theft topic of meeting

DOWNEY - Identity theft expert Gus Searcy will be guest speaker when Rise 'N Shine Networking meets Jan. 26 at Downey Brewing Company.

Searcy's topic will be "New Federal Laws on I.D. Theft."

The meeting begins at 7:30 a.m. Cost to attend is an order from the

More information is available by calling the Downey Chamber of Commerce at (562) 923-2191.

Business mixer Jan. 21

DOWNEY – Keller Williams Realty will host a business mixer Jan. 21 from 5:30 to 7:30 p.m.

Admission is free and there will be refreshments and door prizes available.

Keller Williams is at 8280 E. Florence Ave., Suite 100, near Downey Avenue.











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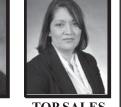
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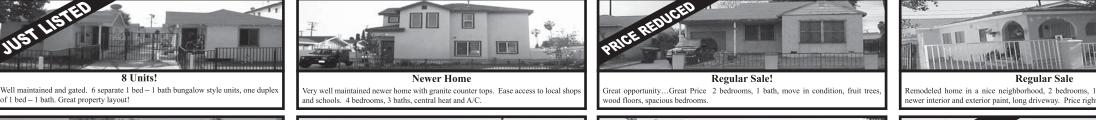






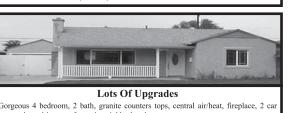
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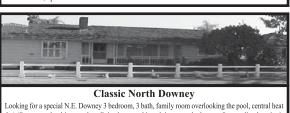
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Page 12 Friday, Jan. 15, 2010 Real Estate



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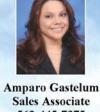


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