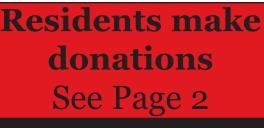


The Downey Patriot



Downey cheer is No. 1 See Page 8



Veteran actor returning See Page 2

Friday, January 22, 2010

Vol. 8 No. 40

1923-2010

Glen Bell, who opened first

Taco Bell in Downey, dies

Help for Haiti planned

BY MARK SAUTER, Deputy City Manager, Emergency Preparedness

DOWNEY – City of Downey staff and volunteers will be collecting cash donations at the traffic entrances of Stonewood Center tomorrow, Jan. 23, from 10 a.m. to 5 p.m.

The Red Cross will apply the donations to relief efforts for the victims of the recent devastating earthquake in Haiti.

Members of the Downey Fire Department and members of the Community Emergency Response Team (CERT) and the Emergency Preparedness Committee will be staffing the donation collection areas. Personal checks written to the 'American Red Cross' are welcome.

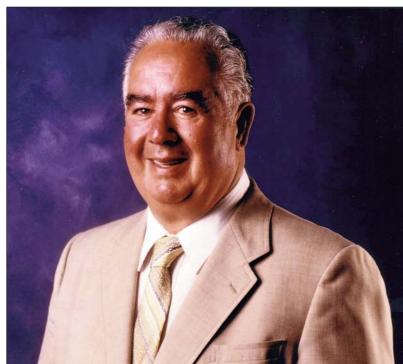
Unfortunately, no other donations will be accepted. Transporting donated goods to Haiti at this time presents too many challenges for the Red Cross. The primary airfield in Haiti is already over-burdened by the large amount of relief air traffic.

The fundraising staff and other volunteers will also be passing out emergency preparedness handouts on Saturday. The information will include suggested lists of supplies and actions for family preparedness. It is well known that the **DOWNEY** – Glen Bell Jr., who opened the nation's first Taco Bell franchise in Downey more than 40 years ago, died Sunday at his home in Rancho Santa Fe. He was 86.

One of the founding fathers of fast food and pioneer of the Mexican quick-service restaurant, Bell made his first venture in the restaurant business in 1948, when he opened Bell's Drive-In in San Bernardino.

Bell founded his restaurant after he and his San Bernardino High School classmate, Neal Baker, had closely studied the success of the McDonald's brothers and their namesake burger establishments. The car culture was booming in 1948 and Bell was on the cusp of developing restaurants that offered revolutionary changes to its customers: these restaurants had drive-ins, streamlined menus and quick service, which met a growing need of customers to eat on the go.

Bell's Drive-In first served a menu with hamburgers and hot dogs. However, Bell soon decided to differentiate his menu by adding Mexican fare. Once he perfected his taco shell recipe, taco sauces and the convenient drive-thru concept, he was ready to introduce the tastes and textures of Mexican food



COURTESY PHOTO

Glen Bell Jr. introduced the United States to Mexican fast-food when he opened the first Taco Bell in Downey in 1962. Bell also started the El Taco food chain.

Wienerschnitzel into a chain of its own, while another employee of Bell left to open his own drive-in, a chain that would become Del Taco.

Taco Bell became a reality in 1962 when Bell opened the first restaurant on Firestone Boulevard tional programs that stressed the importance of agriculture and how to preserve our natural resources.

A World War II veteran, Bell was born Sept. 3, 1923 in Lynwood. He served in the Marine Corps and his unit participated in

Tesla moves closer to opening plant

8301 E. Florence Ave., Suite 100, Downey, CA 90240

■ Tesla moves forward with entitlement application.

By Christian Brown, Staff Writer

DOWNEY – Although Tesla Motors has not publicly confirmed plans to settle in Downey, the electric car company moved one step closer to completing all city prerequisites last week after submitting an entitlement application to ensure its use of the former NASA property.

"The city of Downey is extremely pleased to be able to begin the official review process for Tesla Motors," said Mayor Anne Bayer in a press release. "Although a lot of work and a few approvals still stand between now and the first electric car being built on the site, having city staff officially working on the project is a major step forward."

The planning application submitted by Tesla and the property owner, Industrial Realty Group, allows city staff to review Tesla's proposed 57-acre assembly plant while determining whether the facility is in compliance with the Downey Landing Specific Plan.

According to the application, Tesla and IRG request that the city approve a subdivision of the property. While the proposed subdiviCity officials believe the proposed use is allowed under the current specific plan for the property and estimate that both the subdivision and determination will occur within six to eight weeks.

Even though the entitlement application moves the process forward, Assistant City Manager Gilbert Livas confirms that nothing is solidified yet.

"Is it the final step – no, but it is a step in the right direction," said Livas over the phone. "I'd love to report that there's more, but there isn't as of now – each step is a step closer."

Upon hearing of the submitted application, Rep. Lucile Roybal-Allard praised the city and Tesla for moving forward with plans to bring its plant to this district.

"I commend Tesla Motors on its decision to build its state-of-theart electric vehicle assembly plant in Downey," said Roybal-Allard. "I look forward to the day when the plant's 1,200 new high tech jobs become available to area residents."

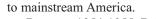
Last year, the City Council approved an \$8.9 million deal to pave the way for Tesla Motors by granting IRG several economic development incentives to facilitate an assembly plant on the site.

Once approved by the U.S. Department of Energy, Tesla will utilize nearly \$365 million in lowinterest loans from the federal government to manufacture and assembly the Model S, an electric, family sedan that can travel up to 300 miles per charge.

Southern California area is prone to many natural disasters including earthquakes of significant magnitude.

Stonewood Center is located on the northwest corner of Lakewood and Firestone. The mall can be accessed from Firestone Boulevard, Lakewood Boulevard or Woodruff Avenue.

Stonewood Center is also accepting monetary donations at their Guest Services desk located near JCPenney. Donations at Guest Services can be made in the form of cash, check or credit card.



Between 1954-1955, Bell and a business partner built three drivethru taco stands in Southern California called Taco Tias. Since Bell's partner was not in favor of expanding the Taco Tias, Bell sold his interest in the taco stands.

In 1958, Bell and a new group of business partners opened El Tacos in the Long Beach area. While El Tacos expanded throughout California and was extremely profitable, Bell sold his shares of the business because he was ready to start his own venture.

In 1961, not content with just perfecting the quick-service Mexican food concept, Bell, together with his employee John Galardi, started Der Wienerschnitzel.

Galardi went on to make Der

in Downey. He followed with eight small Taco Bell units in Long Beach, Paramount and the Los Angeles area. From there, he further expanded his restaurant chain and sold the first Taco Bell franchise in 1964.

In 1978, Bell sold his 868 Taco Bell restaurants to PepsiCo. Today, Taco Bell is owned by Yum Brands, the world's largest restaurant company.

After selling Taco Bell to PepsiCo, he made his full-time home in Rancho Santa Fe. About this time, family members said he became enthralled by Valley Center, a farming community in San Diego County. He built Bell Gardens there, a 115-acre model produce farm and landscaped park that he opened to the public.

Bell Gardens provided educa-

battles at Guadalcanal and Guam as well as post-war service in China before heading home.

In 2008, Nation's Restaurant News named Bell as the recipient of its Pioneer Award, one of the most prestigious awards in the food industry.

"The entire Taco Bell family of franchisees and employees are deeply saddened by the loss of the founder of Taco Bell," said Greg Creed, president and chief concept officer of Taco Bell. "Glen was a visionary and innovator in the restaurant industry, as well as a dedicated family man. His innovative business acumen started out of humble beginnings and created one of the nation's largest restaurant chains in Taco Bell. Mr. Bell introduced an entire nation to the taco and Mexican cuisine."

sion must be approved by the Planning Commission, city staff will determine whether the plant meets city standards.



PHOTO COURTESY DJEVENTS/CREATIVE COMMONS LICENSE

Tesla CEO Elon Musk, right, shown doing an interview with the *Wall Street Journal*, has not publicly announced where he will build a Model S assembly plant, but the application process has already begun in Downey.



Pastor will retire this month

By Henry Veneracion, Staff Writer

DOWNEY – After almost 40 years of pastoral service with the Christian Church (Disciples of Christ), Dr. Richard R. Kurrasch, for the past four years senior pastor at Downey Memorial Christian Church, has announced his retirement effective Jan. 31.

See RETIREMENT, page 3

An open letter and invitation to the community from GOOD

n behalf of the members of the Gangs Out Of Downey (GOOD) committee, Happy 2010!

I would like to take this opportunity to remind you about or perhaps even introduce you to a group that for over two decades has strived to make Downey a safer place to work and live.

Gangs Out Of Downey is an organization committed to preventing gang activity in our community. In order to do this, GOOD promotes awareness by educating parents and youth on the negative outcomes associated with gang activity. We do this by providing education, prevention, and intervention programs for at-risk youth and their families.

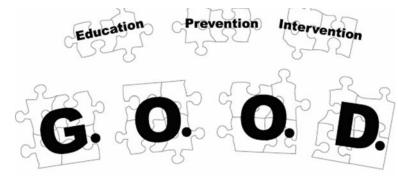
In an effort to achieve its goal, GOOD is made up of community representatives from local city government, law enforcement, schools, businesses, civic organizations, and residents who are dedicated to helping Downey become a gang free city.

GOOD is all about collaboration. Every month GOOD meets to share valuable information that closes gaps related to public safety, the influence of gangs, and crime in our city. Approximately 25 to 30 members regularly attend and we occasionally have drop-in visitors. As part of our New Year's resolution we want to bring more members of the community to the table so that this important information can have an even greater impact.

Therefore, we are hosting an OPEN HOUSE for our next meeting. We want concerned individuals to stop by and observe what we are doing. The meeting is scheduled for Tuesday, Feb. 2, at 7:30 in the morning. So that we may accommodate a larger group, the meeting will be held at the Barbara J Riley Community & Senior Center in the Diane Boggs Auditorium, located at 7810 Quill Drive, Downey, CA 90242.

Our plan is to hold a regular meeting and then near the end ask new visitors to introduce themselves and figure out how they can either collaborate with GOOD or utilize the information shared at the meeting within their own spheres of influence to help make Downey a safer place. We hope several block captains or other representatives from some of the 56 Neighborhood Watch Groups around town will attend as well.

Downey is a great place and despite current economic hardships in California and across our nation, having key people meet on a



monthly basis to share this type of pertinent information can have a significant and positive impact on our local streets and neighborhoods. The collaboration that goes on in our city is what makes Downey a special place.

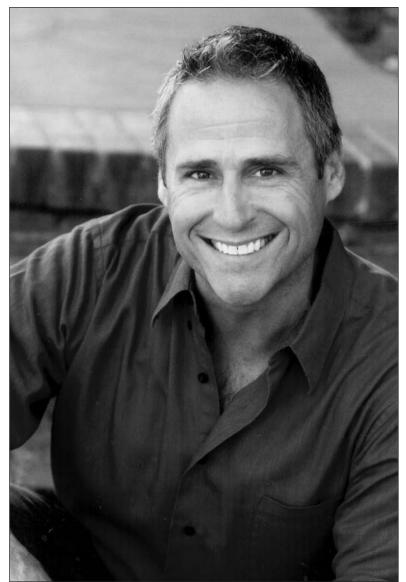
So please mark your calendars and plan to attend our next meeting. If you are unable to attend you can still support the work of GOOD by mailing a tax-deductible donation to Gangs Out Of Downey at PO Box 13, Downey, CA 90241.

Thank you for your support and we hope to see you on Feb. 2! Only by working together can we make a difference.

Sincerely, Dr. Robert Jagielski President

Gangs Out of Downey

Page 2 Friday, Jan. 22, 2010 Community



John Racca returns for a third time to star in a Downey Civic Light Opera production, "Rogers and Hart: A Celebration," opening Feb. 18 at the Downey Theatre. Racca was previously seen in "Anything Goes" and "Cabaret." For tickets and information, call (562) 923-1714.

Marriage licenses see rate hike

NORWALK – Effective Feb. 1, it will cost more money to marry in Los Angeles County.

The fee hike was authorized by the County Board of Supervisors on Dec. 22. According to the county, current fees are "below actual processing costs."

After Feb. 1, a public marriage license will cost \$90, up from the current \$70. A confidential marriage license will cost \$85, a \$15 increase.

Marriage license fees were previously increased in 2004 and "no longer reflect current processing costs," officials said.

"The increase in fees will ensure that Los Angeles County can recover the full costs for marriage license services and provide quality customer service," the county said in a statement.

1918 film to be screened

DOWNEY – Longtime Downey resident, Jean Tuohino and his brother, Bob Chenoweth, will screen their father's 1918 motion picture, "Delco Farm Lighting," at the Barbara J. Riley Community & Senior Center on Thursday at 7:30 p.m.

The program is part of the Downey Historical Society's regular meeting inside the John Downey Room.

In 1918, William Lowman, a Delco electric generator salesman, won a top salesman award and used the money to hire Harold Chenoweth to make a film demonstrating how electric lighting could transform rural life.

The film demonstrated how Delco's system could be used not only on the farm, but also in rural businesses and churches.

Chenoweth's career as a filmmaker spanned the first half of the 20th century and included hundreds of films.

In 1997, a 35mm nitrate print from "Delco Farm Lighting" was found and donated to the Nebraska Historical Society. The badly-deteriorating film was restored digitally in 1999.

A question-and-answer session will follow the screening. The community is invited to attend.

Nominations open for Hall

DOWNEY – Downey High School is looking for distinguished alumni who wish to be considered for induction into the school's Hall of Fame.

The Hall of Fame opened in 1999 and currently has 66 inductees, including Robert Ballard, discoverer of the Titanic; singers Karen and Richard Carpenter; international figure skaters JoJo Starbuck and Ken Shelley; and James Hetfield, lead singer of Metallica.

To nominate a graduate, call assistant principal John Baker at (562) 869-7301, ext. 5524.

Library books up for bid

DOWNEY – Several items are being put up for bid with proceeds to benefit the Friends of the Downey City Library.

Auction items include "Portrait in Sepia" by Isabel Allenda, a richlydetailed epic about character and family ties set in Chile at the end of the 19th century; "Wonders of the World" edited by Alessandra Capodiferro displays the masterpieces of architecture from 4000 B.C. to the present; "The Super Bowl" with forward by Pete Rozelle, stories, pictures, stats, player and coaches of the first 24 Super Bowls; "The Native Americans – An Illustrated History" by Betty Ballantine is a look at the archeological history of the native peoples of America.

Auction items are currently on display inside the library's foyer. Bids will be accepted inside the Friends Book Store until Jan. 30.

For a complete listing of items up for bid, go to www.downeylibrary.org and click on the "Friends" tab.

Keys to healthy aging discussed

DOWNEY – The National Association of Active and Federal Employees will meet Wednesday at noon at the Barbara J. Riley Community and Senior Center.

A speaker from Behavioral Health Services will talk on the "Key to Healthy Aging."

Coffee and cake will be served and the public is invited. For more information, call Robert Knerr at (562) 943-5513.

Downey residents of the Long Beach Area Alumnae Chapter of Zeta Tau Alpha recently donated pens, pencils, folders, color pencils, erasers and other school supplies to the OCAPICA Soar After-school Program. The Asian and Pacific Islander Community Alliance (OCAPICA) works to enhance the health, social and economic well-being of Asians and Pacific Islanders.





David Amatisto, pictured above with his daughter, Gabbie, passed away Jan. 15 after a battle with cancer. A memorial service is scheduled for Jan. 29.

David Amatisto was 'parent of the year'

DOWNEY – Longtime Downey resident David Amatisto passed away Jan. 15 after a 15-month battle with cancer.

He is survived by his wife, Michelle Gil; daughter, Gabrielle Poveda; mother, Aline Amatisto; brother and sister-in-law, Michael and Cindy Amatisto; sister and brother-in-law, Jackie and John Zapata; sister and brother-in-law, Cathy and Mike Calvert; mother-in-law, Eugenia Gil; father-in-law, Nelson Gil; sister-in-law, Mary Fernandez; brothers-in-law, Nelson S. Gil and Manuel Fernandez; nieces and nephews, Julie Gali, Jessica Gali, Lauren Araya Gil, Justin Fernandez and Nelson I. Gil; and great-nephew, Dylan Taylor.

He was predeceased by his father, Luigi Amatisto.

David Amatisto was born in Lowell, Mass., on Aug. 10, 1951. He graduated from Pius X High School.

Until his diagnosis, Amatisto worked as a customer service specialist at Altman's Winnebago in Carson. Prior to that, he was well-known in the community as a locksmith for Steve's Locksmith Service.

Amatisto spent much time gardening and enjoying plumerias. He volunteered at his daughter's school's clubs, functions and organizations.

This past July, he and his wife were honored at City Hall after being named "Parents of the Year" by Downey High School.

A "Celebration of Life" memorial service will be held at Downey First Christian Church on Jan. 29 from 6 to 8 p.m. Amatisto enjoyed the ocean and sailing, and as such, he will be buried at sea in a private service.

In lieu of flowers, the family has requested donations to the American Cancer Society. Supporters can also join "Team Dave Amatisto" at the American Cancer Society's Relay for Life event in Downey on June 5-6.

Marjorie Floyd was longtime resident

DOWNEY – Marjorie Loree Floyd, a Downey resident since 1923, passed away Dec. 21 at Southland Care Center in Norwalk.

She was born Sept. 29, 1918 in the state of Kansas. She was a homemaker and enjoyed traveling, playing golf, tending to her garden and entertaining friends.

She is survived by her son, Allen Floyd, of Visalia, Calif.; daughter, Sally Seville, of Columbia, Ky.; granddaughters, Arlene Wrede, of Boise,

The Long Beach Alumnae Chapter of Zeta Tau Alpha also recently donated more than 30 blankets to the Samaritan House homeless shelter in Long Beach.



Join Your Neighbors at a Community Meeting to Discuss the Development of Downey's 2010-2015 Consolidated Plan. **Your Input Is Needed!**

The City of Downey invites residents and representatives from community organizations to participate in the preparation of a new 5-Year Consolidated Plan. The Consolidated Plan will communicate the City's vision and goals for addressing its affordable housing and supportive needs for low and moderate-income residents over the next 5 years. The City has started the planning process and is seeking your input in assessing and prioritizing the current and future community needs. Several meetings have been scheduled where your input will assist in the development of this Plan.

The meetings will be held at the following locations:

Thursday, January 28th: Barbara Riley Community/Senior Center 7810 Quill Dr, Rio Hondo Room at 2:00 p.m. Thursday, January 28th: Barbara Riley Community/Senior Center 7810 Quill Dr, Rio Hondo Room at 5:30 p.m. Tuesday, February 23rd: Public Hearing in the Downey Council Chambers, 11111 Brookshire Ave. at 7:30 p.m.

The purpose of the meetings is to:

- 1. Inform the community about the Consolidated Plan: what it is; why it is important and how it potentially affects services the community receives.
- 2. Highlight the City's current housing and community development project priorities.
- 3. Obtain the community's input to determine what types of projects and/or services should be provided over the next five years.

If you need special assistance to participate in these meetings, you may contact Ed Velasco, Housing Manager, City of Downey Economic Development Dept. at (562) 904-7167, <u>evelasco@downeyca.org</u>, or the California Relay Service at 711. Notification at least 48 hours prior to the meeting will enable the City to make arrangements to assure accessibility. Spanish translation services can be provided. Children are welcome.

Idaho, and Kathy Ledesma, of Downey; and four great-grandchildren.

She was preceded in death by her husband, Joseph, on Dec. 25, 2001 after 63 years of marriage. Interment will be Jan. 25 at Rose Hills.

In lieu of flowers, the family has requested donations to Companion Hospice, 8130 Florence Ave., in Downey.

Shirley Rants, 86,

passes away

DOWNEY – Shirley May Rants passed away Dec. 7 at the age of 86. She was born in Tacoma, Wash., on June 26, 1923. She and Hanford F. Rants were married on Jan. 20, 1945, after corresponding through letters for two years while he was serving overseas in the Army.

They moved to California in 1952 and to Downey in 1954. They traveled often and went on 12 cruises around the world.

She is survived by her three sons and their wives, Jon (Janice), Jay (Nikki) and Jack (Leslie); five grandchildren; and 10 great-grandchildren.

After a private memorial service in Downey, she will be buried next to her husband in Riverside National Cemetery.



Sunday: 8:30am, 10:00am & 4:00pm Wednesday Night: 7:30pm

Love, Peace & Happiness Family Christian Fellowship 11022 Old River School Rd., Downey, CA 90241 (nearest cross street is Firestone Blvd.) (562) 806-9890 www.lphfamily.org

WORLDWIDE Airport Shuttle and MEDICAL TRANSFERS (562) 862-2378

Community Page 3 Friday, Jan. 22, 2010



Music Director Sharon Lavery will lead the Downey Symphony in concert tomorrow night at the Downey Theatre. The concert will feature a solo performance by clarinetist Gabriel Campos.

Symphony offers reprieve from storm

By Joyce Sherwin, Downey Symphony

DOWNEY - However welcome the rains may be in Downey, we Californians tend to get cabin fever after a few days of it. We need a change.

A change from looking at gray and damp is good. Getting out of the house with a pleasant destination is good. An easy drive and hassle-free parking, both good. And a fine, live, uplifting concert in a beautiful theater is very good indeed.

Try it tomorrow evening. Come to our Civic Theatre for a Downey Symphony program that will feel like sunshine. Music Director Sharon Lavery conducts Grieg and Mozart, presenting as soloist a gifted young musician from Costa Rica, Gabriel Campos, performing Weber's Concerto No. 2 for Clarinet and Orchestra.

Besides warming the cockles of your heart, your attendance will gladden the orchestra members, also. This is a tough week for them, involving three rehearsals for the evening concert, and a rehearsal and three performances for Music in the Schools - they played yesterday for all our 5thgrade students.

Most of these professional musicians have long commutes to get to Downey – ever tried schlepping a string bass through the rain? – so a large, appreciative audience tomorrow night says to them, "Thank you for your music, for bringing great programs to our elementary school kids, for surviving as an orchestra for 53 years!"

So here are the details: Downey Symphony concert on Saturday, Jan. 23, 8 p.m., in the Downey Theatre, 8435 Firestone Blvd. at Brookshire. A preview discussion of the evening's music starts at 7:15.

Tickets are \$25 and \$30, \$10 for students, available at the theater box office from 6:30 p.m., all seats reserved. Parking surrounding the theater is free.

Inside the theater you'll find warmth, friendliness, beauty and that change we all need, and the benefits will stay with you a long time, rain or shine.

Children's festival at library

DOWNEY – The Gypsy Johnson Auxiliary of Assistance League of

Retirement: Kurrasch says he was 'privileged.'

Continued from page 1

He will deliver his farewell sermon at 10:30 a.m. this Sunday. A reception will follow in Robinson Hall.

During his years here, Kurrasch participated in his church's, to use his own words, "transformation efforts to create an effective outreach to a culturally diverse community." He also takes pride in guiding his church's year-long Jubilee (50th) Anniversary celebration which culminated in May 2008 in a special luncheon that

brought together current and former members, including founding members.

DMCC was established in Downey in 1958 at or near the apogee of the local aerospace industry.

Born in South Dakota but raised in the Los Angeles suburb of Westchester, Kurrasch obtained his bachelor's in psychology from UC Riverside, a master's in divinity from the Bethany Theological Seminary and his Doctor of Ministry degree from the Claremont School of Theology.

Among his formidable skill set is a strong literary streak, and he says he definitely will do some writing: "I'll do some reflecting on what the last 40 years has meant to me." There is no paucity either in the things that interest or concern him: environmental issues including climate change, sustainable economies, etc.; interfaith dialogue; peace and justice.

He says he wants to work more closely with the Progressive Christian Theology movement, one of whose strongest proponents is Dr. John Cobb, who for many years

taught at the School of Theology at Claremont. He will remain active in the region, he says.

Kurrasch says he'll be leaving DMCC in the "very capable and experienced" hands of his trilingual assistant pastor, Annica Terrones, who came aboard six months ago, and who's had extensive pastoral experience in Peru as well as a rich ministerial network in the Los Angeles area.

A Downey Rotarian for three years, Kurrasch says: "I feel very privileged to have lived a life that I love."

Roybal-Allard urges donations to Haiti

WASHINGTON, D.C. - Rep. Lucille Roybal-Allard (CA-34) supported efforts Thursday to help earthquake victims in Haiti by offering an immediate benefit to Americans who make charitable contributions to aid the region.

Passed in the U.S. House of Representatives by a voice vote, the bipartisan legislation (H.R. 4462) would allow individuals making a charitable contribution after Jan. 11 and before March 1 to victims of the earthquake in Haiti to claim these charitable contributions on their 2009 tax return.

Absent this change, taxpayers would need to wait until next year to claim a deduction for these contributions on their 2010 tax return. The legislation awaits passage in the U.S. Senate.

"The American people are responding with generosity and compassion to the devastating earthquake, donating their hardearned money and time -- which can literally mean the difference between life and death to many Haitians and others struggling through this tragedy and devastation," Roybal-Allard said. "This measure provides an immediate benefit for those who have already given and an incentive for those who are considering a charitable contribution.

We must do everything we can to help the people of Haiti while also supporting the tireless efforts of aid workers on the ground to help them."

The bill would also make clear that the many taxpayers making a charitable contribution to victims of the Haiti earthquake through a text message will be able to rely on their cell phone bill when claiming a charitable donation.

In addition to passing this measure, the U.S. House of Representatives voted to pass a resolution expressing condolences to, and solidarity with, the people of Haiti in the aftermath of the devastating January 12 earthquake.

"The resolution commends the efforts of the Haitian Government and the ongoing assistance of the U.S. Government, United Nations, the American people and international community in responding to this tragedy," Roybal-Allard said. "The resolution also makes clear that Congress supports wholeheartedly the Administration's efforts to provide and coordinate international humanitarian assistance and relief efforts to the affected communities."

The Administration has provided an immediate \$110 million toward the rescue efforts, along with about 12,000 military person-

Fashion show at Elks Lodge

DOWNEY – Downey Emblem Club No. 309 will host a "Fashion at High Tea" event Jan. 30 at the Downey Elks Lodge.

Social hour begins at 11 a.m., followed by lunch at noon and the show

Tickets are \$15. For more information, call Melba Willbanks at (562)

nel. The Administration has also told Congress that they have the current recovery efforts in Haiti.

needed funds and authority for the

Crime Report

Friday, January 8

After students were released from school for the day, a large number of high school students gathered at Carl's Jr. and Arby's in the 9000 block of Firestone. Police received numerous calls of fighting. As officers arrived, most of the students dispersed. One student was arrested when he refused to disperse.

Sunday, January 9

At 12:14 a.m. a teenage male suspect approached a female victim in the 9700 block of Imperial and brandished a handgun demanding the victim's purse. The victim gave the suspect her purse and the suspect fled the scene on foot.

At 1:30 p.m. two male suspects were seen in Albertsons in the 7600 block of Firestone to be concealing meat under their shorts. When confronted by store security, one suspect dropped the meat and fled; the other pushed the security officer and ran from the store with the loss. detectives are investigating the matter.

Monday, January 11

At 7:00 a.m., officers responded to Downey High School regarding a call of a burglary. Suspects broke into the snack shack and stole some food and soda. There was no other loss reported and detectives are investigating the case.

Thursday, January 14

At 8:50 p.m., a juvenile Downey resident was walking in the area of 5th and Brookshire when he was confronted by two male suspects. One of the suspects displayed a crowbar and demanded the victim's property. The victim complied and the suspects fled. No one was injured.

Friday, January 15

At 12:50 a.m., officers went to 12900 block of Downey Avenue concerning suspicious activity. The officers contacted three suspects who were spray painting on a wall, in the alley, to the rear of the location. The suspects, one adult Downey resident and two juvenile South Gate residents, were arrested for vandalism.

Satday, January 16

At 4:00 a.m., officers responded to an audible alarm at 9522 Firestone (Arco Mini Market). The officers saw a smashed window to the front of the business and the market's cash register appeared to have been pried open. An undisclosed amount of money was missing from the register.

At 4:35 a.m., officers went to 9956 Lakewood (ABC Liquor) concerning an

Downey will hold its annual StoryTime Festival on Feb. 20 from 11 a.m. to 1 p.m. at the Downey City Library.

The festival is free and includes book giveaways, face-painting and story readings.

The festival is targeted for children in pre-school through 6th grade.

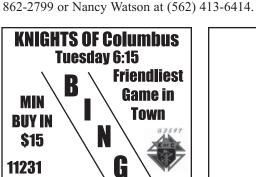
Comedy group at Mambo Grill

DOWNEY - Improv group Chameleon Comedy will present a show tomorrow at Mambo Grill with proceeds benefitting the Avenue Arts Foundation.

The Avenue Arts Foundation is a non-profit group advocating for arts in Downey.

The show begins at 7 p.m. Admission is free.

Mambo Grill is at 11018 Downey Ave.



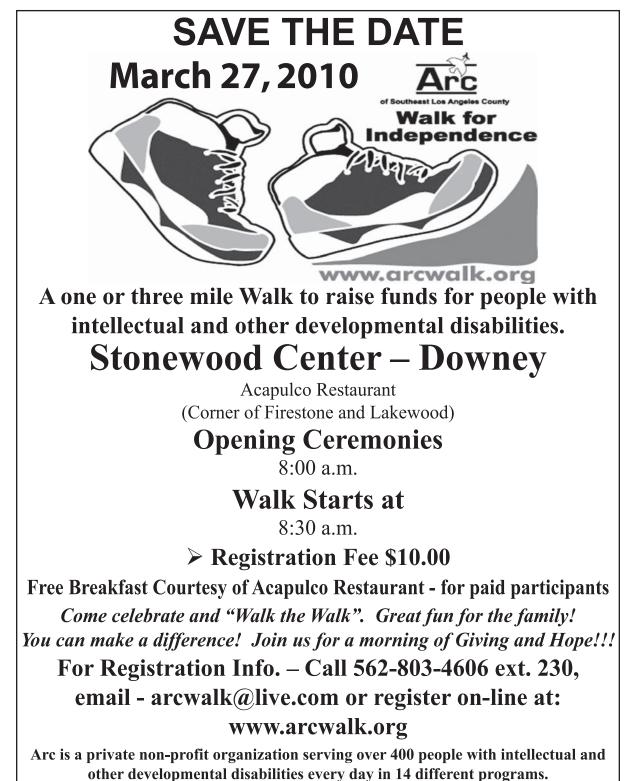
U

RIVES AVE.

DOWNEY

at 1 p.m. Fashion designs are by Nina.

audible alarm. The officers observed a broken window to the front of the store. An undisclosed amount of money was determined to be missing. A subsequent review of the security video from both businesses indicated the same suspect committed both burglaries. Detectives are investigating. Courtesy Downey Police Department



_ooking for a Great School? Visit OLPH School at **OPEN HOUSE**

Saturday, January 30 6:30p.m. - 7:30 p.m.

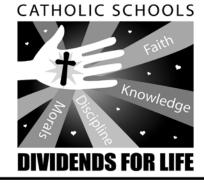
Friday, February 12 8:15 a.m. - 12:45 p.m. **RSVP** Required for February Open House

Our Formula for Success:

Academics + Faith + Family + Activities + Service = SUCCESS

Our Lady of Perpetual Help School 10441 S. Downey Avenue Downey 90241 (562) 869-9969

www.ourladyschool.com



The Downey Patriot

Page 4 Friday, Jan. 22, 2010 Community

Awards honor DUSD's allies

BY HENRY VENERACION, STAFF WRITER

DOWNEY - The first four Superintendent's Vision Awards of 2010 went to a couple of individuals as well as a couple of organizations for their significant impacts on the all-important area of parent/community relations.

For Mary Jo Enyeart of West Middle School, the award couldn't have come at a more opportune time. She elected to exercise an early retirement option, along with several other early retirees, and tomorrow is her last day.

Enyeart has worked in education since 1979, and has taught at Gallatin Elementary, South Middle School, Price Elementary, Rio Hondo Elementary, and West Middle. In November 2005, she was the first faculty member to undergo Character Counts training, becoming DUSD's chief liaison with the Josephson Institute of Ethics, for which she will long be remembered

Also recognized was Beth Gendreau, who has served as Downey Council PTA president for the past two years. Likewise a member of the Character Counts Coalition, she has during the last several years been actively involved in the PTA affairs at Price Elementary, Griffiths Middle, and Warren High.

She thanked the Board, Superintendent Wendy Doty, and her family for their enthusiastic support of her PTA activities.

In honoring Downey Federal Credit Union, Doty called attention to the "long and very, very good relationship" the district has enjoyed with DFCU, whose monenon-monetary tary and donations/contributions over the years have "actually increased, not diminished."

One need only mention its sponsorship of the Student Enrichment Grant program for Downey educators over the past nine years, its support of the TLC Family Resource Center and Character Counts programs and projects, as well as the food drive for Downey PTA H.E.L.P.S., and

tioned some of its programs, including child care, swimming lessons, exercise classes, dance, gymnastics, and special programs like Easter Caravan and Camp Whittle.

She added that the Y was very involved in the Character Counts Coalition and has been "instrumental in spreading it throughout the city."

In other action, the Board:

•Accepted with gratitude various cash donations from individuals and institutions, including \$10,000 for the upcoming Downey High School jazz choir trip to New York, from Mrs. Helen Hoag; and varying amounts from a good number of contributors all benefiting the TLC (True Lasting Connections) Family Resource Center which is celebrating its 10th year of meritorious service Feb. 26;

•Ratified/approved the following district programs/activities/ items: the payment of convention and conference attendance expenses; the payments for special education placements; the purchase orders prepared by the Purchasing Department; the issuance of payroll orders for hourly, overtime, and Civic Center work performed by classified personnel, Adult School and Food Services; B warrants (Nos.17670465-17728786); the FY 2009-10 general agreement with Autism Behavior Consultants (to provide special education and/or related services to students with special needs, the professional services agreement with Miller Brown & Dannis for legal services, effective Dec.17, 2009-Dec. 31, 2010; the agreement with Aspiranet to provide a certified application assistant (CAA) to enroll children into a statewide health insurance program, as well as provide a student counseling program to each elementary school in the district and the TLC Family Resource; the agreement with the Office of Administrative Hearings for use of its services; and the agreements entered into by Downey Adult School with various clinics/medical groups to furnish practical experience to students enrolled in its Medical Assistant,



Mary Jo Enyeart of West Middle School is the school district's liaison with the Josephson Institute of Ethics. She will retire tomorrow.



Beth Gendreau, shown center with board member Barbara Samperi and Superintendent Wendy Doty, is president of Downey Council PTA.



Beth Crawford, center, is acting executive director of the Downey YMCA.



POET'S CORNER We Say the Darnest Things

Thats why you got with another man I wasn't pleasing maybe another can Looking for a hug, I ended up groping unpleasant sand Sad so I'm shooting cans Until my little friend thought he had the upper hand and blam Down with the man's van There goes my ride forcing me to take mercy with trans-am In need of quarters better make it five You won't give me five and you carry nine? You see I saw, still have the gall to be lieing? Only, those making moves dare to strive Ask for me still stuck dreaming diamond rings and flings Couldn't ask for more, racial slurs uncalled for We say the darnest things

-James Hernandez, Downey

Opened Eyes

In the eighth month of the year, on the third day it would be. The eyes of two lives were opened with the entire world, for them to see

Now the beginning, for them, was a trial, in which the strong only would survive. The size of their hearts, and the strength of their souls were the powers that brightened their lives.

It says God works in ways quite mysterious, with everything being done for a reason. The presention to Him of these two little souls is appropriately done this joyous season.

We stood, we sang, we sat, we prayed, while the water flowed like a stream. The sight was mere beauty and of serenity. One sought only in a dream.

"My dear Lord, bless these children," were words the priest had spoken. A blessing sent with our unconditional love. An evelasting promise never to be broken -Ross Roybal, Whittier

its financial education workshops for students, to indicate the range and depth of its commitment

Last year's DFCU chairman Stan Hanstad accepted the award on behalf of DFCU president and CEO Barbara Lamberth, who was unable to attend.

The Downey Family YMCA's award was in recognition of the fact that "they specialize in taking care of our kids especially after school," Doty said. Acting Y executive director Beth Crawford men-

DOWNEY

EDERA

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UNION

Count On Us

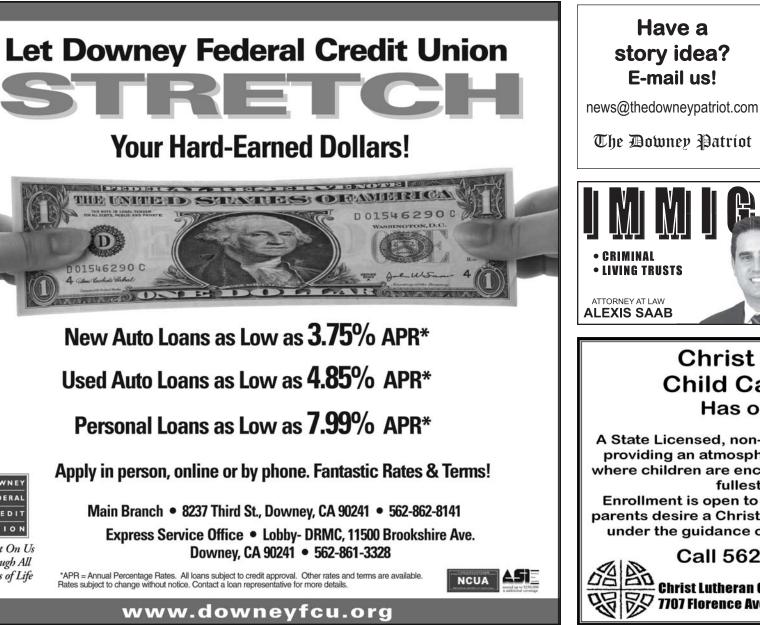
Through All

Stages of Life

Medical Billing & Coding, and Pharmacy Technician programs, as well as the amendment to the agreement with the city of Hawthorne increasing adult school program fees to eligible referral participants; the Memorandum of Understanding with Point Loma Nazarene University for the delivery of post-baccalaureate PNLU Partnership Programs, including

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Stan Hanstad accepted the award on behalf of Downey Federal Credit Union.



Stormy Day The bursting clouds Almost say I'll rain on you Night and day The water rises Quick and deep My shoes are soaked I have wet feet The wind is gusting The trees are bending Things are rusting I see no ending But once I step inside my door And I am dry and warm A cup of tea I gladly pour From inside now I watch the storm -Christina Anderson, Downey Alk:American (562) 927-8666 ACCIDENTS Like having an expert in the family! HABLAMOS ESPANOL 10810 Paramount Blvd Suite 201 (562) 904-2622 **Connections Networking** Join us Thursdays at 7:30am **Christ Lutheran** Cafe N' Stuff 9306 Firestone Blvd., **Child Care Center** Downey, CA 90241 Has openings! A State Licensed, non-profit we are dedicated to DRE#01139604 providing an atmosphere of love & acceptance WWW. where children are encouraged to develop to their fullest potential. ShortSalePackage.info Enrollment is open to children age 2 to 6 whose parents desire a Christian educational experience under the guidance of well qualified teachers. 0 968 57 Call 562 927-1611 Home Affordable Christ Lutheran Church License # 7707 Florence Ave • Downey 90240 Foreclosure Alternative 191501748

Editorial Page 5 Friday, Jan. 22, 2010

A moment of illumination

By Dr. Mark W. Hendrickson

e've all had those sudden epiphanies where the proverbial light bulb clicks on and understanding comes into clear focus. I had one of those moments over the Christmas holiday season. In this case, the light bulb experience was literal as well as figurative.

Here is what happened:

My wife came home all excited because she had found strands of battery-powered Christmas lights to add some pizzazz to a couple of wreathes in our living room. The excitement gave way to glumness as soon as the "on" switch was turned. Instead of bright, cheery, Christmassy points of light, the LED bulbs emitted a pale, weird, sickly light of indeterminate bluish hue. Yuck!

Welcome to the dreary world of politically correct Christmas lights. Such wan, ghastly Christmas lights may bring joy to the hearts of worshipers of Gaia and those who put up "unity trees" instead of Christmas trees, but for those of us who are still quaint and old-fashioned enough to want a festive and joyous atmosphere in which to celebrate the birth of our Savior, those ugly-though-energy-efficient LEDs were a big humbug.

The austerity of a green future was apparent again when I turned on our new energy-efficient outdoor light on the back porch. I thought the new bulb must have already broken, because the twilight seemed as dark as it had before I flipped the switch. When I went outside to check, I saw that the light "worked." The bulb was emitting about half the light that a match would provide. As most of you readers probably know already, these "modern" energy-efficient bulbs take time to warm up. Do environmentalists really believe that using bulbs that no longer give us instant illumination is progress?

Some of these wretched new bulbs also represent a retrograde step in terms of human safety. They contain mercury. For decades, we have searched for ways to lessen human exposure to this highly toxic element. Now our environmentally enlightened leaders have legislated a phase-out of tried-and-true incandescent bulbs in favor of bulbs that give inferior performance while posing a greater health hazard.

For those naïve enough to believe that environmentalism is about making the world more livable for humans, these new-fangled, pathetic excuses for light bulbs should suffice to correct that misapprehension. The greens want to punish us for having dared to convert Mother Earth's raw materials into products that improve our quality of life so magnificently.

President Obama is a believer in this grim green Puritanism. During his presidential campaign he chastised the American people for our affluence, asserting moralistically, "We can't drive our SUVs and, you know, eat as much as we want and keep our homes on, you know, 72 degrees at all times ... and then just expect that every other country is going to say OK. You guys go ahead and keep on using 25 percent of the world's energy, even though you only account for three percent of the population."

The implication is that Americans have been piggish, hogging an unfair percentage of the world's depleted resources. This view is flawed.

In the first place, we have consumed so much energy simply because we have been free to do so. Whenever countries adopt market economies-that is, when they protect property rights and protect legitimate (i.e., non-coercive, non-fraudulent) profit-seeking behavior-human productivity, energy consumption, and prosperity all rise in lockstep. It is NOT the United States' fault that foreign governments so long impeded the economic freedom and concomitant energy consumption of their citizens. Secondly, it is fallacious to view energy supplies as nearing exhaustion. In their book "The Bottomless Well," Peter W. Huber and Mark P. Mills tell us that human beings consume approximately 350 Quads (a quadrillion BTUs) of energy per year. KNOWN (I'm emphasizing "known," because more will surely be found) global coal deposits contain some 200,000 Quads of energy; oil shale deposits, 10 million Quads; uranium and its cousin elements contain even more; and the deuterium in the world's oceans contains at least 10 trillion Quads of energy that will be unlocked when nuclear fusion technology is developed.

Commission in need of members

Are you a leader in your community? Do you want to make a difference? If so, the County of Los Angeles is encouraging you to apply for a eat on the new Citizens Redistricting Commission by Feb. 12.

By logging onto www.wedrawthelines.ca.gov, residents can view the application and find out more about the important role they could play in the County and state redistricting process by being a member of the commission to redraw state legislative and some local jurisdiction boundaries.

"Given that Los Angeles County represents at least one out of every four Californians, and that our cultural and community diversity is unique to any jurisdiction in the state, it is imperative that our county has an ample pool of qualified candidates to increase its prospects of representation," said Supervisor Gloria Molina, chair of the Board of Supervisors.

Every 10 years, every person is counted through a process called the census, providing a snapshot of how many people there are and where they live.

Based on the census figures, the state's population is then divided evenly into districts for the state Senate, Assembly, and Board of Equalization. This is called redistricting.

In California, the State Legislature has historically drawn these district maps. In 2011 a citizens commission, formed by the state auditor, will be in charge of redrawing the state district maps. The commission will be comprised of five Democrats, five Republicans, and four others. These individuals will be drawn from a pool of candidates from across the state. To qualify, candidates must:

·Be a registered voter in California for at least the last five years with the same party (or non-party) affiliation.

·Have voted in at least two of the last three statewide general elections. ·Have relevant analytical skills, be impartial and appreciate California's diversity.

The 14 commissioners will be selected by Dec. 31, 2010. Once elected, the commissioners will hold meetings around the state to listen to residents describe their communities, neighborhoods and what issues are important to them. The commission will use this information and draw district maps with an equal number of people in each district.

The public hearing period runs from Jan. 1, 2011 to Sept. 15, 2011.

The commissioners may spend 10-40 hours a week or more on their responsibilities. Commissioners will be paid \$300 per day, plus reimbursement of personal expenses.

For more information on job specifications and requirements, visit www.redistrictingca.gov.

Oil company fined for violations

LONG BEACH - Pacific Pipeline Systems LLP, a Long Beach-based oil transport company, has agreed to pay a \$1.3 million civil penalty and discontinue the use of a section of pipeline through an unstable section of mountains to resolve a Clean Water Act violation, the Justice Department and U.S. Environmental Protection Agency (EPA) announced Thursday.

"The United States brought this case to protect an important body of water, Pyramid Lake," said Ignacia S. Moreno, Assistant Attorney General for the Justice Department's Environment and Natural Resources Division. "Through this Clean Water Act settlement, we are protecting Pyramid Lake from future oil spills and receiving a significant civil penalty from Pacific Pipeline."

"Californians expect, deserve and are entitled to clean water. When D: 1



Letters to the Editor:

Teens and pregnancy

Dear Editor:

I am writing in response to the letter by Lyanne Lares in the Dec 18, 2009 issue regarding the issue of the increasing amount of teen pregnancies at her high school.

I have been an OB nurse for 31 years and I work in a clinic setting that has an excellent Teen Pregnancy Program and Substance Abuse in Pregnancy Program.

Part of this program is a Teen Birth Control class for teens 13 to 17 years old that are pregnant. Our goal is to make the girls aware of what methods of birth control are available to them so that they can make an informed decision after they deliver.

All of the points made by the author are valid: lack of parental guidance, lack of education and lack of responsibility.

In a perfect world abstinence is the answer, but as we all know this world is far from perfect. Condoms are an excellent choice: protection from pregnancy, sexually transmitted diseases, inexpensive and easily obtained. They won't use them because their boyfriends "don't like the way they feel".

These young girls get pregnant because the majority of them think that "withdrawal" is a form of birth control or because they want to be pregnant. In fact, the majority of them plan the pregnancy. After speaking to these girls it is obvious that they lack attention at home, they feel unloved and they feel a baby guarantees someone to love them.

Society makes it too easy for teens to have babies. Half of them stop going to school and are on home study. There is no reason for them to stay home, they need to keep going to school and be responsible. If they don't have insurance there is MediCal to pay for the delivery and the infant's care after it is born.

After the initial shock of their parents becoming aware of the pregnancy, they rally around them like it is the second coming. Two or three baby showers are given to honor the new mother and baby, everyone celebrates the baby's birth and the teen dad sticks around long enough to show his baby off to his friends.

Then the attention fades and the the reality of raising this child is overwhelming for some.

I see this scenario until it exhausts me and I really wish I had an answer.

— Cynthia Engel Downey

Since the Huber and Mills book was written, Brazil has found billions of additional barrels of recoverable oil off its shores. BP has found billions more in the Gulf of Mexico. Humans will never use all the energy that our energy-rich world contains.

Someday, our descendants will look back at the vigorous efforts of greens and liberals to keep us from developing the most economical forms of energy with bemusement and bewilderment. The energy is there. What would you rather do-tap in to nature's bountiful supplies, or put up with light bulbs that don't give instant light and the eerie, gloomy beams of politically correct light bulbs at Christmastime?

Dr. Mark W. Hendrickson is an adjunct faculty member, economist, and contributing scholar with The Center for Vision & Values at Grove City College.

The Downey Patriot

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these environmental laws are violated, EPA will always be vigilant," said Jared Blumenfeld, Regional Administrator of EPA's Pacific Southwest region. "Today's successful enforcement settlement addresses multiple flaws in Pacific Pipeline's system and also provides for a substantial penalty."

The agreement resolves a complaint filed in federal court in Los Angeles for the discharge of crude oil into Pyramid Lake, located about 60 miles northwest of downtown Los Angeles. In March 2005, a landslide caused a portion of Pacific Pipeline Systems' Line 63, an underground pipeline that runs from Bakersfield, Calif., to Los Angeles to fail.

The resulting pipeline break discharged approximately 3,393 barrels of oil, much of which flowed into Pyramid Lake, which is part of the California Aqueduct and is a potential drinking water supply. Water served through the public water system was not impaired by the discharge.

As part of the agreement, Pacific Pipeline Systems will discontinue use of approximately 70 miles of the Line 63 pipeline that travels through the Tehachapi Mountains, portions of which are geologically unstable. The agreement does allow for the reuse of the pipeline. Prior to that, Pacific Pipeline must perform specific actions to relocate the pipeline into more geologically stable areas or improve its resistance to earth movement.

The consent decree, lodged in the U.S. District Court for the Central District of California, is subject to a 30-day public comment period and approval by the federal court.

City updating list of contractors

DOWNEY - General contractors interested in being added to the city of Downey Housing Division's bidders list must attend a meeting Jan. 28 at 8 a.m. in the Gallatin Room at the Barbara J. Riley Community and Senior Center

The city is updating its list of general contractors who are interested in bidding on projects for the Home Improvement Program for low and moderate income property owners.

A typical project may include re-roofing, kitchen and bathroom remodeling, re-stucco, plumbing re-piping, window replacement, and painting. Projects typically range from \$1,000 to \$40,000.

Contractors must have a valid California contractor's license, liability insurance in the amount of \$1 million per occurrence and \$2 million total liability with the city of Downey listed as an additional insured, and workman's compensation insurance.

Contractors must also supply the name, address and telephone number and Department of Health Services license number for the sub-contractors to be used in lead-based paint treatment.

For more information, call Mark Morris at (562) 904-7167.

Rights of the individual

Dear Editor:

It seems as though nothing these days will aid and abet more venomous dialog than the introduction of untempered religious faith into the regulation of human social behavior, as in the state of California prohibiting by law marriage between two homosexuals. ("Word of God," 1/15/10)

It never ceases to intrigue me that those who would be the first to wave the American flag patriotically and with pride are also the first to destroy our most precious constitutional rights; the separation of church and state and the prohibition of the establishment of a state religion.

[Letter-writer Michael] Hanker, as an American fundamentalist religious, has designated himself as the sole arbiter of all human behavior which he deems is unholy and evil if it does not adhere to the narrow vision of his universe as it can be described only in his interpretation of biblical scriptures. The fundamentalist's condemnation of all people who do not think, believe or act according to the dictates of the fundamentalist's religious manifesto is as evil a denial of human rights as any call for a 'holy' war against non-Muslims by any jihadist ayatollah.

I suggest that the greater action on Mr. Hanker's part, from a Christian point of view, would be to re-consider the issue of homosexual conjugal union from a dispassionate rhetorical position. Without all the fiery verbiage, he might come to see that marriage is entirely a religious affair that can be governed by each church according to that congregation's own tenets. It is not the business of the state to determine who can be married to whom.

Rather, for purposes of taxes, benefits, and social programs, the state should be concerned only with civil unions, which can be made between any two consenting adults, as those social arrangements will affect tax collections, state supported benefits and programs such as education, health and welfare. In a number of countries, couples are "married" in a church, temple, synagogue or other religious facility. They are then united in a civil union in the office of a mayor, state registrar, or justice of the peace. In this way they render both unto G-d and Caesar.

You see the source of the problem is neither good nor evil. It is semantic. "Civil Union" should be the language of the state in its laws and statutes. Marriage can then become a part of the vocabulary of the church in its liturgies and teachings.

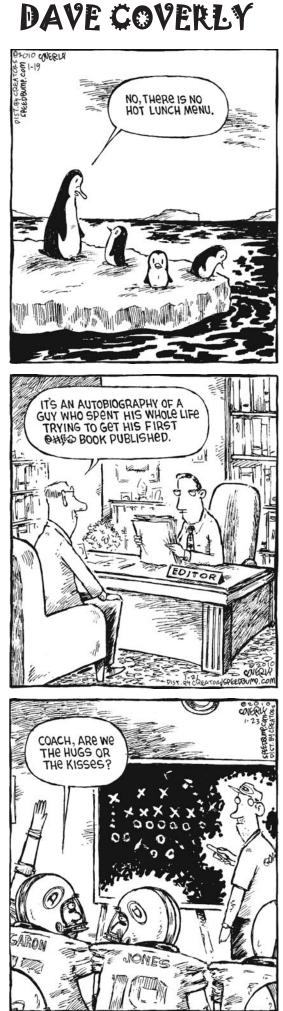
— Michael Parmer, Downey

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

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SPEED BUMP





Downey Community Calendar

Events For January

Fri. Jan. 22: Chamber anniversary luncheon, Rio Hondo Event Center, 11:30 a.m. Sat. Jan. 23: Haiti fundraiser, Stonewood Center, 10 a.m. Sat. Jan. 23: Downey Symphony concert. Downey Theatre, 8 p.m. Wed. Jan. 27: Keys to healthy aging, Barbara J. Riley Center, 12 p.m.

City Meetings

1st Tuesdays, 6:30 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 6:30 p.m.: Planning Commission, Council Chamber at City Hall. 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall. 2nd & 4 th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber. 3rd Tuesday, 6:30 p.m.: Library Advisory Board, at Downey City Library. 3rd Wednesday, 7:00 p.m.: Water Board, at City Hall. 4th Wednesday, 6:30 p.m.: Emergency Preparedness Committee, at Fire Station No. 1.

Regularly Scheduled Meetings

Mondays

8:00 a.m.: Job Club, at The First Presbyterian Church, for info. call 861-6752. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481. 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159. 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 862-6666.

Tuesdays

9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. 10 a.m.: Downey Bocce Club, at 7850 Quill Drive, for information call John Fiorenza at 652-4399. 12 p.m.: Rotary Club, at Rio Hondo, for information call Brian Saylors at 927-2000. 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call John McAllister 869-0928. 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478. 1st Tues., 7:30 a.m.: Gangs Out of Downey, at City Hall training room. 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Cafe 'N Stuff, for information call (562) 927-6438. 2nd Tues., 6 p.m.: Downey Fly Fishers, at Apollo Park, for information call 425-7936. 3rd Tues., 6:30 p.m.: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount. 3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106.

Wednesdays

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626. 1 p.m.: Women's Bocce Club, at 7850 Quill Drive, for information call Marie Puch at 869-4366. 7 p.m.: Out Post 132 Royal Rangers, at Desert Reign Church, for info call 928-8000. 1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618. 1st Weds., 11:30 a.m.: Downey Coordinating Council, at Community Center, for information call 923-4357. 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028. 2nd Weds., 7 p.m.: Downey Sister City Assoc., at Maude Price School, for information call 884-9657. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132. 2nd & 4th Weds., 11:30 a.m.: Downey AARP, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075. 3rd Weds., - Downey Dog Obedience Club Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972. 3rd Weds., 6 p.m. - American Business Women's Association, Rio Hondo Country Club, Call Barbara Carlson 863-2192. 4th Weds., 12:00 noon: Retired Federal Employees, at Barbara J Riley Center, call 943-5513. Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

<u>Thursdays</u>

7:30 a.m.: Connections Networking, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989. 7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534. 10 a.m.: Downey Bocce Club, at 7850 Quill Drive, for information call John Fiorenza at 652-4399. 12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971. 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677. 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176. 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400. 4th Thurs., 10 a.m.: Assistance League, at Casa De Parley Johnson. for information call 869-0232. 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777.

This Day

Jan. 22, 1901: Queen Victoria dies after 63 years on the British throne. She was 81. **1922:** Pope Benedict XV dies after afflicting pneumonia. He was 67.

1973: The Supreme Court hands down its ruling in the case of Roe vs. Wade, legalizing abortion.

2006: Kobe Bryant scores 81 points in a game against the Toronto Raptors, the second-highest single game total in NBA history.

2008: Actor Heath Ledger is found dead in New York from an accidental prescription drug overdose. Birthdays: Rock singer Steve Perry (61), actor/musician DJ Jazzy Jeff (45), actor Balthazar Getty(35), actor Christopher Masterson (30), singer Willa Ford (29) and NBA player Greg Oden (22).

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10	It may be on a tree		Sashimi selection		Work at a diner							
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51	NFL field units.	100	Old "Reading and	38	Bridge call	100	101	102			-	10
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Fridays

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

<u>Saturdays</u>

9 a.m.: Farmers Market, Second Street at New Avenue, for information call (562) 904-7246. 10 a.m.: Downey Bocce Club, at 7850 Quill Drive, for information call John Fiorenza at 652-4399.

> You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

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Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

Health & Wellness

January 22, 2010

The Downey Patriot 7

Paging Dr. Frischer...



ow can we live a healthier life? In recent columns, I've been concentrating on health promotion for different groups of people. Let's take a look at the current major health recommendations for men who are over 50, beginning with recommendations that are critically important for everyone:

•Be tobacco-free. The first step is making that serious decision to quit, and for some, that's all it takes. Many, however, find success with various medications. The old standards typically involve some form of nicotine, whether administered through a patch, gum, or cigarette-type device. Chantix is the newest medication; work with your doctor to choose the best treatment for you.

•Be physically active. If you aren't already, begin today. Start slow, and advance gradually. Park your car further away from your destination...Use the stairs instead of the elevator...Take your children or grandchildren for a walk or to the park. Think of yourself as an active person. This may involve a significant shift in your mind-set!

•Consume a healthy diet. Simply put, consume "real" food, not processed food. The more real the food, the more nutritionally valuable it is. Make sure that these foods are a major part of your diet: beans, nuts, fruit, vegetables, soy, low or no-fat dairy, fish, chicken, turkey, and 100% whole grains. Just say no to saturated fats, trans fats, fast foods, snack foods, salt and sugar. •Stay at a healthy weight. If your weight is rising, you are consuming more calories than your body, genetics, and level of activity demand. Balance the calories you consume with the lifestyle you lead. •Drink alcohol in moderation. If you are over 65, consume no more than one drink per day. If you are under 65, two drinks is the maximum. Remember that one 12-ounce beer has the same amount of alcohol as either five ounces of wine or 1.5 ounces of hard liquor. •Take baby aspirin IF it is indicated for you for the prevention of atherosclerosis-related diseases such as stroke and heart attack. Ask your doctor whether your own unique risk factors justify taking a medication that does

have side effects, such as the possibility of bleeding ulcers. •Get the annual flu vaccine; it

is recommended for men over 50. Vaccinations are also available for pneumonia and shingles, and a tetanus vaccine is recommended every ten years. Ask your doctor which immunizations are appropriate for you.

Part of prevention is keeping up with relevant screening tests. Here are the main ones to look for:

•Screening for abdominal aortic aneurysm may be recommended if you are male, between the ages of 65 to 75, and have a history of cigarette smoking and hypertension. The aorta is our largest artery, and the section that passes through the abdomen is particularly prone to dilating and rupturing. Speak to your doctor about whether this test is appropriate for you.

•After the age of 50, have a screening colonoscopy to check for colorectal cancer. If you ever notice blood in the stool, let your doctor know immediately. Your annual physical exam also typically includes a rectal test to detect blood. Early detection of colorectal cancer saves lives.

•Diabetes is easily screened through a blood test for fasting blood sugar levels. Common symptoms of diabetes include frequent urination, excessive thirst, always feeling dehydrated, weight loss, and fatigue.

•Have your blood pressure checked each time you go to the doctor. Since hypertension is a risk factor for many diseases, including heart attack, stroke, blindness, and kidney disease, it is critical to know whether you have it, and to have it treated.

•High cholesterol can be detected through another simple blood test. High cholesterol is a risk factor for atherosclerosis, which leads to clogged arteries, heart attacks and stroke. It can be treated and controlled. •Sexually transmitted diseases including HIV, syphilis, gonorrhea, chlamydia, and warts can all be detected with appropriate tests. If you (or your partner) have been sexually active outside of a

monogamous relationship, inform your doctor and be tested.

•Obesity screening compares your weight to your height (and accounts for bone structure). Being overweight is a risk factor for many conditions including arthritis, hypertension, diabetes, heart disease, stroke, and lung disease. It can be tough, but achieving proper body weight is very important for disease prevention.

•Don't neglect your eyes. Glaucoma, and some types of macular degeneration can be treated if detected early on. Schedule periodic eye exams.

•Chest x-rays and EKGs, once a standard part of the physical exam, need not be done routinely. For smokers, however, an annual chest x-ray may be a good idea, especially if you have respiratory or heart complaints.

•Finally, men have a major problem area that women do not: the prostate. We can screen for prostate troubles through the rectal exam, the PSA lab test, and from urinary symptoms. What to do with that information is a complex issue, and becomes more controversial with age. Discuss this with your physician.

I always recommend that you make a checklist, bring it with you to your doctor's office, and make sure that everything that is appropriate gets done. Remember, an ounce of prevention is worth a pound of cure. I wish you good health!

Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

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How to talk to children after disasters happen

The earthquake that hit Haiti on Jan. 12 has evoked emotions of sadness, grief and helplessness in many around the world.

While adults may know how to express these feelings, often they do not know how to talk with children about the way the children are feeling.

David Schonfeld, M.D., Director, Division of Developmental and Behavioral Pediatrics at Cincinnati Children's Hospital Medical Center and Director, National Center for School Crisis and Bereavement, gives parents the following tips on how to speak with their children after disasters have occurred.

Talk about the event with your child. Not talking about it makes the event even more threatening in your child's mind. Silence suggests that what has occurred is too horrible to even speak of. Chances are he has already heard about it.

Start by asking what your child has already heard about the events and what understanding he has reached. As your child explains, listen for misinformation, miscon-

Consumers were alerted this

week that a small quantity of fake

weight loss product, falsely pack-

aged and labeled as the weight-loss

drug Alli, has been sold on online

no evidence at this time that coun-

terfeit Alli products has been sold

through other channels, such as

According to the FDA, "there is

auction websites, such as eBay.

ceptions and underlying fears or concerns.

When children ask if it is possible that an earthquake could occur that would impact their family, they are likely really asking whether it is "likely" - when appropriate, reassure them the risk of an earthquake in your community is quite low.

Encourage your child to ask questions, and answer those questions directly. Like adults, children are better able to cope with a crisis if they feel they understand it. Question-and-answer exchanges help ensure ongoing support as your child begins to understand the crisis and the response to it.

Limit your child's media exposure to images and sounds related to the disaster. Remember they often overhear or see what you are watching on TV or listening to on the radio.

Work with your child to figure out a way that the child can help the people who were affected by the disaster. Children may also find benefit in helping others in need in their own community.

Consider sharing your feelings about the event or crisis with your child. This is an opportunity for you to role model how to cope and how to plan for the future. Before you reach out, however, be sure you are able to express a positive or hopeful plan.

If you have concerns about your child's behavior, contact her pediatrician, other primary care provider, or a qualified mental health care specialist.

For more information on how to help your children cope with disasters, please visit the website for the National Center for School Crisis and Bereavement at www.cincinnatichildrens.org/scho ol-crisis (which includes a helpful booklet on how to talk with children who are grieving) or visit the American Academy of Pediatrics website at www.aap.org/disasters/adjustment. cfm.

You can also view Dr. Schonfeld talking about these tips at www.youtube.com (search Dr. Schonfeld).

Phony drugs being sold online

retail stores."

The falsely packaged and labeled products are the 60mg, 120ct refill packs only. The products are sold on online auction sites directly to consumers and are falsely represented as the genuine Alli product.

Preliminary testing confirms that the counterfeit products do not

contain the active ingredient orlistat, which is found in the authentic product. The prescription drug sibutramine has been detected in the fake product.

While many of these counterfeit products may look similar to genuine products, they are illegal and have no connection with GSK (maker of Alli) or the FDA.

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as of 01/01/10

Sports

Friday, Jan. 22, 2010

The Downey Patriot 8

Surging Downey will be tested Thursday

■ WATER POLO: Downey has enjoyed almost perfect season, but Cerritos looms.

BY JOSEPH APODACA, **SPORTS INTERN**

DOWNEY - An almost month-long hiatus did not put a stop to the A-game of the Downey girls' water polo team, who defeated Costa Mesa and Gahr in their first San Gabriel Valley League games last week.

The girls took home a 12-4 victory over the Costa Mesa Mustangs last Tuesday while Thursday saw the Vikings take home their first SGVL win against the Gahr Gladiators with an impressive 14-0 shutout.

The girls are now 11-1 overall, including tournaments and nonconference games. Their first league win brings their league record to 1-0.

Early on in their season, the girls defeated many of their toughest opponents, such as Millikan and Lakewood. They went almost undefeated in their tournament games, losing only one game in a sudden death match at the El Rancho tournament in December. While the team is not letting their early success interfere with their current conference games, they couldn't be more excited about the season.

"So far, [on a scale of one to ten] this season has been a nine," said Downey's senior captain Dominique Diaz. "We've been

doing so well, but our biggest games of the season are coming up so hopefully by the end of the season I could say a ten,"

The varsity line-up - including Diaz, Brenda Rosero, Sarah Aguayo, Felicia Aguirre, Jessica Badalamenti, Meghan Nevarez and goalie Faith Hundtoff - continue to shine as a well-synchronized team. Good passing up and down the pool and winning sprints at the beginning of each period has been key to the Vikings' up-tempo offense this season. The defense also continues to excel.

"The team has improved immensely and I think we have a great shot at going far this year," said Diaz.

Before they can reach their goals of making it into the playoffs, they have to overcome their biggest rivals: Cerritos and Warren. Despite the added pressure of playing at Warren's pool this year, the girls have learned to work with their smaller facility.

"It's really different [in their pool]," Diaz said. "The better team could actually lose because it's a lot less strategy and a lot less room to work possessions."

In addition to many of the girls participating in club water polo, rigorous practices are held continuously throughout the week. They have much to prepare for in the upcoming weeks, with their match against Cerritos set for Thursday and the Warren game Feb. 11.

TRAFFIC RELIEF

Vikings overmatched in showdown with Gahr

■ Gahr simply has "bigger, better athletes," Downey coach Larry Shelton says.

By Scott Cobos, **STAFF WRITER**

DOWNEY – Whether it was Gahr's Davon Potts draining 3point shots, Charles Nebo Jr. making his presence felt under the basket, or Ervin Ware tearing up Downey's defense with assist after assist, it wasn't a good San Gabriel Valley League opener for the Vikings in their 86-60 loss on the road last Wednesday.

But it wasn't something that they were not prepared for. Gahr is regarded as one of the top teams in Southern California and is expected to take the SGVL crown this year with Downey head coach Larry Shelton saying he doesn't expect any team in the league to get within 20 points of them in any game.

"We knew what we were up against coming in here," he said. We would have had to play a perfect game in order to keep up with them."

Gahr played their own perfect game though, keeping Downey's leading scorer Tyler Ellis quiet until 6:10 into the third quarter of the game. Ellis at times looked tentative shooting the ball and once in a while would pass up an open shot. Whether it was the defense on him or an off night, Ellis never got it going and scored only 8 points.

"They knew about Tyler," Shelton said. "They had a really good athlete on him. We didn't do a very good job of trying to get him the ball and the opportunities that Tyler had, I didn't think he took his best shots tonight."

Gahr's Potts took his best shots from beyond the 3-point line hitting six shots from long distance. Potts, the game's leading scorer with 25 points, found himself wide open from beyond the arc often because of the post presence of Nebo Jr.



Downey's Josh Carreto looks for a teammate during the Vikings' league-opener at Gahr last week. Downey lost, 86-60.

strength: 3-point shooting. Their cold shooting and slow start lasted for almost four minutes into the

Downey struggled all night long rebounding as well and gave son between the two teams, up way too many second chance Downey had trouble with

In the first match-up of the sea-



Everyone talks about being stuck in traffic, but LA County voters did something about it. In November 2008, Measure R was approved, committing a projected \$40 billion to traffic relief and transportation upgrades over the next 30 years. Following are updates on some of the projects supported by Measure R.

I-5 Expansion From Route 605 To OC To Launch In 2010

This year is expected to see construction begin on the long-awaited widening of a 6.7-mile stretch of the I-5 Freeway from the 605 Freeway to the Orange County line. The project will add a carpool lane and general-purpose lane in each direction, easing the c bottleneck caused when it meets the 10-lane portion at the county line.

Alternatives Reviewed For Eastside Transit Corridor

Metro is looking at two light rail transit alternatives for further review on extending the Metro Gold Line farther east from East LA. The routes being explored are from Atlantic Boulevard along either the Pomona Freeway or Washington Boulevard. The area under study is home to more than 675,000 residents.

\$9.5 Million Returned To Cities From Measure R

The first installments in Measure R local return sales tax monies totaling \$9.5 million have gone out to 38 cities in LA County for transportation improvements. First and second payments for sales taxes received from July through September ranged from \$2,635 for the City of Irwindale to \$6.1 million for the City of LA.



Downey had trouble all night long with Nebo, not being able to defend him with one player and often having to send another defender to help out, leaving Potts open. Nebo had 23 points and 6 rebounds in the game.

Gahr's fast break offense caused trouble for Downey as well with Ware leading the Gladiators down the court and finding easy buckets for his team, piling up 13 assists to go with his 7 points.

The Vikings were down and out early in the game trailing by 11 points after the first quarter. Gahr's full court pressure after baskets forced Downey to turn over the ball eight times in the first eight minutes of the game. Nebo Jr. scored 10 points in the quarter, all of them in the paint. The Vikings also seemed hesitant to go to their



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game where they scored their first basket.

Gahr started to pull away but Downey's Edgar Ruiz tried to keep the Vikings in the game with 12 points in the quarter, 6 of them from offensive rebound put-backs. Ellis up to this point had only taken two shots in the game and didn't score in the half. The turnovers started to pile up again for Downey with seven of them in the second quarter. At the half, the Vikings were staring at a 23-point deficit, 52-29.

Downey started to awake from their offensive slumber and started hitting their 3-point shots. Ellis finally scored his first basket of the game more than half way through the quarter. The Vikings also cleaned up their turnover problem only giving the ball away four times in the third quarter.

But Potts heated up and scored 12 of his 25 points in the quarter, holding off any run Downey might have.

The fourth quarter was garbage time for the Gladiators as they pulled all their starters. It was the only quarter that Downey won, outscoring Gahr by 5 points in the final eight minutes of the game.

points. Shelton after the game said there wasn't anything his kids could do.

"Bigger, better athletes," he said.

Beat Paramount

Against a team that beat them previously by 14 points, Downey was able to scrape by in their second meeting this year, beating Paramount 49-47 on the road Friday to rebound after a thumping in their season opener against Gahr.

In their first meeting of the season, Paramount beat the Vikings 61-47 in the North Orange County Championship Tournament. But behind Erick Gomez and Tyler Ellis, Downey now finds themselves in a better place if the playoffs are anywhere in their future.

Gomez had a breakout night, hitting six of his nine 3-point attempts and scoring 20 points. Ellis, Downey's leading scorer on the year, rebounded from one of his worst shootings nights of the season and scored 13 points.

"We were obviously very pleased with this game," said Downey head coach Larry Shelton. "We felt as if it were a must-win if we were to be in the playoffs this year."

Paramount's dribble penetration. Shelton said his team learned from previous mistakes and capitalized on what they learned, turning in a picture perfect defensive night.

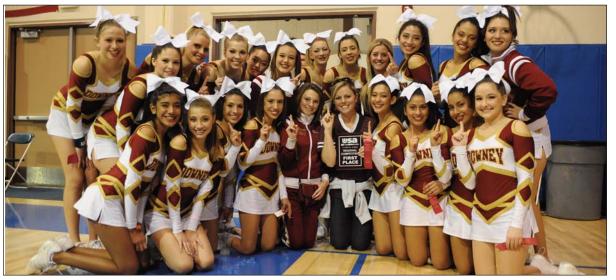
"I was very pleased on how the kids prepared for this game," he said. "We defended the dribbledrive very well in the game. This was possibly the best defensive game we had this year."

Even though its very early in the season, any posturing for playoffs has to start early in the San Gabriel Valley League division with Paramount, Gahr, Lynwood, and even Warren looking like playoff spot contenders.

Downey's 1-1 league record puts them in the mix of things with their next game tonight at home after three-straight league road games to start conference play against Lynwood.

Then comes the all-important city rivalry game against Warren, once again being on the road. Going 2-0 in the next two games could prove huge for Downey's playoff hopes.

"[Tonight's win against Paramount] will make some of our future games important," said Shelton.



Downey High School's junior varsity cheer squad took first place in a recent United Spirit Association regional competition and qualified for Nationals. The varsity squad finished fourth.

Sports

Friday, Jan. 22, 2010

Vikings score just in time

DOWNEY - Downey girls soccer team itched for a goal in their match against Paramount last Friday and finally, with five minutes remaining in the game, a goal was scored and the victory was set in stone for the Lady Vikings.

Nearly every player in the game attempted more than one shot on goal. Newly called-up varsity member Sabrina Estrada scored the game-winning goal and had her teammates pile on her in joy.

-- Alyssa Wynne, sports intern

Downey squeaks by Gahr

DOWNEY - Last week sparked the beginning of Downey's official girls basketball league schedule and left many followers surprised and overjoyed after witnessing the victories against Gahr and Paramount.

Wednesday night was most definitely a lucky one for the Vikings. They took the Gladiators by surprise in the first quarter with 18 points and their reign did not cease there.

Downey's 10-point lead before the fourth quarter kept them stable for a short amount of time, but the ladies did not expect Gahr's final run in the end. The Gladiators scored 19 points but still fell short, and Downey won 52-50.

In their other league game, Downey had a relentless chokehold on Paramount, particularly in the first half. Halftime began with Downey in the lead 34-13.

The Pirates were unable to recover and the Vikings emerged with a triumphant win of 58-34. Downey starts their league play

2-0. -- Alyssa Wynne, sports intern

CIF mourns deaths of



PHOTO BY PAUL HEIDECKER

Warren guard Devin Garner elevates for a shot against Lynwood last week. The Bears lost 62-37.

Home is not so sweet for Warren

League record rests at 0-2.

The match against the

Dominguez Dons was a toss-up

from the beginning buzzer.

Dominguez dominated the Bears in

the first quarter, finishing up 20-10.

The Dons and Bears were neck-

and-neck during the game's second

quarter, both teams scoring 11

points by the half's end, but the

Bears stepped up their offense,

Once halftime was over, the

Dons remained ahead at 31-2.

BOYS BASKETBALL: Bears play at home for first time this season, but drop two games.

BY JOSEPH APODACA, **SPORTS INTERN**

DOWNEY – The Warren Bears began their conference season last week, with their first league game against Dominguez High and their second against Lynwood, their first game to be held at the Bears home court all season. The Bears lost to the Dominguez Dons, in no doubt their closest game of the season, with a final score of 62-60. The boys also lost to the Lynwood Knights, with a final score of 62-37. There overall season record now stands at 10-9, which includes tournaments and non-conference games.

inate until half time, finishing out the second quarter on a 14-5 run. While the Bears were down 32-17 after halftime, they were eyeing a comeback, keeping up with Lynwood up and down the court and keeping the deficit where it was at the end of the third quarter. But the Knights allowed Warren to score only 8 points in the final eight minutes and defeated the Bears 62-37.

Both losses put Warren in an

The Downey Patriot 9

Warren pummels Dominguez, 65-10

GIRLS BASKETBALL: Danielle Rodriguez leads Warren with 20 points.

BY ALYSSA WYNNE, SPORTS INTERN

DOWNEY - The wins and losses began to finally balance out for Warren's highly-touted girls' basketball team after invoking embarrassment on Dominguez and receiving it from Lynwood last week.

The Dons entered their game against Warren last Wednesday with zero wins this season. This record did not encourage them whatsoever and it was obvious by the first quarter that the Bears were ready to win. However, Warren did not just beat Dominguez but slaughtered them.

Bears point guard Danielle Rodriguez scored her 20 points while shooting a staggering 90 percent from the field. Center Franny Vaaulu notched another doubledouble with 12 points and 15 rebounds.

The Bears walked off the court with remains of Dominguez left on the wooden floors, the final score 65-10.

The game wasn't even close with the Bears immediately putting

a choke-hold on the game, scoring 21 points and only allowing 2 points in the first quarter.

While the second quarter proved to be minutely more competitive, it was the third quarter that put no doubt in anyone's mind that Dominguez was out of their league. The Bears, while scoring 18 points, allowed Dominguez to score zero points.

Dominguez scoring only 10 points in the game marks one of the all-time low scores ever scored against a Warren girls' basketball team.

Meanwhile, Warren's seesaw game against Lynwood on Friday kept every fan in the stands cheering and jeering throughout the game. The Knights and the Bears were even in the first quarter but everything began to plummet after the first half.

When looking at the points perquarter, the game seemed extremely close and it was at times. However, Warren was never able to pass up Lynwood and that's what hurt them the most. Third quarter marked the end for the Bears as they trailed by nearly 20 points.

Rodriguez brought her usual 22 points to the game and Vaaulu grabbed 12 rebounds, but neither helped as Warren lost 71-52.



section leaders

LOS ALAMITOS - The CIF Southern Section expressed its sympathies this week in the passing of former Commissioner Stan Thomas and former officials assignment secretary Darol Roundy.

Thomas died early Wednesday morning and Roundy on Dec. 15th.

Thomas, the sixth commissioner in CIF-SS history, served as commissioner from 1986 until his retirement in 1993. During his tenure he was instrumental in designing and implementing an official's assignment program which provided better relations between officials and schools.

Additionally, he enhanced communication between the Southern Section, other sections and the CIF State Office. Among his other accomplishments, he assisted the Amateur Athletic Foundation (now the LA 84 Foundation) in the development of coaching education.

Prior to coming to the CIF Southern Section Thomas served as Administrator for Commerce and Technology for the Tustin Unified School District from 1984 until his appointment. Thomas also served as Principal of Foothill High School in Santa Ana (1980-84) and Assistant Principal at Norwalk (1978 -80) and Neff High School's (1975-78).

"The CIF-SS hearts go out to Stan's family especially his son Chris," said CIF-SS Commissioner of Athletics Dr. Jim Staunton.

Roundy served as Officials Assignment Secretary for all sports at all levels for the CIF Southern Section from 1957 until his retirement in 1978. Roundy was also very active in the South Fountain Valley Little League program where he served as coach and administrator.

"The Southern Section has lost a great supporter and trusted friend in Darol," added Staunton. "Our best wishes and heartfelt thoughts go out to the entire Roundy family.'

Services were held Dec. 23rd for Roundy. Funeral services are pending for Thomas.

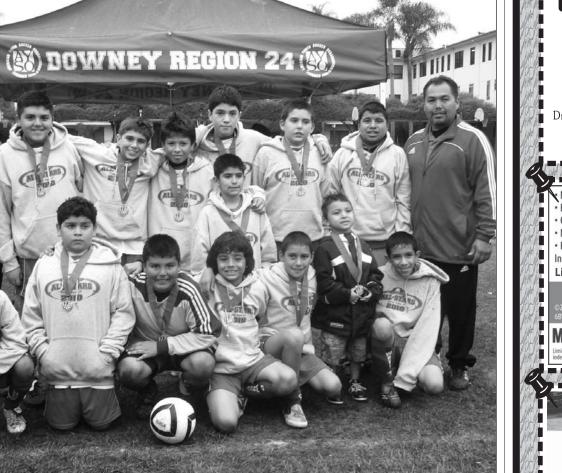
Their San Gabriel Valley

outscoring Dominguez by 10 points and evening up the score 44-44 going into the final quarter. But it was Dominguez who edged the Bears, scoring one more bucket than Warren, handing the Bears their first league loss of the season.

Their game against Lynwood was not quite as close. Lynwood took over in the first quarter, much like the Dominguez game, leading 18-12 going into the second quarter. The Knights continued to domimmediate bind with upcoming games against Downey and Paramount looming.

Their early loses in the conference are not going to waiver the team's spirit, according to Warren players. They have much to look forward to in the upcoming weeks, with their first match against the Downey Vikings taking place Thursday.





The Downey 12U Boys All-Star soccer team went undefeated in area playoffs last weekend. Downey defeated Lakewood, Long Beach and Wilmington in pool play, and then beat Lakewood in penalty kicks. Downey defeated Huntington Park, 1-0, in the finals. The team will now participate in the Area Z sectional playoffs in February. The Downey team consists of Phillip Caro, Kevin Chavez, Peter Torres, Oskar Raymundo, Andres Esparza, David Lemucchi, Humberto Luna, Xavier Solorio, David Gonzalez, Ricardo Gutierrez, Eduardo Donlucas and Ivan Gastelum. Felipe Caro is coach and Johnny Lemucchi is assistant coach.

Page 10 Friday, Jan. 22, 2010 Dining/Entertainment _____ The Downey Patriot

Psychological play opens Feb. 4 in Los Angeles

LOS ANGELES - "On Caring for the Beast" will make its West Coast premiere when it opens Feb. 4 at the Inner-City Arts' Rosenthal Theater in downtown Los Angeles.

The production follows six characters as they undergo parallel psychological, physical and spiritual journeys.

Shishir Kurup is writer and director.

"Shishir Kurup has created an intense and thought-provoking play exploring the nature of pain in relation to justice," said artistic director Michael John Garces. "Is there any objective relationship between suffering and the good and bad we do?"

"On Caring for the Beast" will run until Feb. 28. Facilitated talkbacks will occur after all Thursday night shows "to encourage discussion with the audience so they may collectively process the issues raised in the play."

Tickets are \$20 with "pay-what-you-can" previews on select days. For more information, visit www.CornerstoneTheater.org.



HOLLYWOOD - "Cats," the family favorite described as helping "revolutionize musical theater," will return to the Pantages Theatre for a two-week engagement beginning March 9.

The national tour of "Cats" is the only production in North America sanctioned by Andrew Lloyd Webber. "Cats" recently celebrated its 27th anniversary season, holding its place as the longest continuously touring Broadway musical in history.

"Cats" opened on May 11, 1981 at the New London Theatre in the West End. Eight years later it celebrated its first important milestone: after 3,358 performances, "Cats" became the longest-running musical in the history of British theater.

"Cats" opened on Broadway in 1982 at the Winter Garden Theatre in New York City and continued to live up to its motto "Now and Forever." On June 19, 1997, "Cats" became the longest-running musical on Broadway. It ended its 18year run on Sept. 10, 2000 with 7.485 performances.

That record was broken by "The Phantom of the Opera" on Jan. 9, 2006 when "Phantom" cele-



'Cats' returning to Pantages Theatre

PHOTO BY JOAN MARCUS/PANTAGES THEATRE

The national tour of "Cats" will visit the Pantages Theatre in Hollywood for a two-week engagement beginning March 9.

brated its 7,486th curtain.

Based on T.S. Eliot's "Old Possum's Book of Practical Cats," and with music by Andrew Lloyd Webber, "Cats" won seven 1983 Tony Awards, including Best Musical, Best Book of a Musical,

Best Lighting and Best Costume. In 1991, after performances in five continents, 26 countries and before 8.5 million audience members, "Cats" became the longest continuously touring show in American theater history.

Tickets to see "Cats" at the Pantages Theatre start at \$25 and are available at the Pantages box office, online www.BroadwayLA.org or by calling (800) 982-ARTS.

French farce at Warren High theater

DOWNEY - The Warren High School Drama Department will present Jerome Chodrov's "Three Bags Full" today and tomorrow at the Emerson Theatre on the school campus.

"Three Bags Full" is a French farce about a greedy merchant who finds himself snookered into being a matchmaker for two daughters, one the child of his wife and the other the maid's offspring. Rebellious young ladies, a comely new maid, pregnant ladies and mistaken identities lead to explosive hilarity.

Meanwhile, a larcenous employee who has embezzled half a million dollars offers to return it for a managerial position and the daughter's hand. Half of the loot is in diamonds and half in cash, the stashes in separate but identical bags. A third identical bag contains the maid's skivvies.

The Itomurua Make-Up Academy at Downey Adult School is assisting with the production. Warren's drama department routinely uses local resources "to promote businesses and schools within our city."

"Three Bags Full" will be presented Jan. 22-23 at 7:30 p.m. Tickets are \$8 and proceeds will benefit the drama department.

For reservations, visit www.emersontheatre.net or call (562) 869-7306,



ext. 87910

562.622.3999

:30), 7:20, 10:10

Sunday

Singing tribute to cancer victim

LOS ANGELES - UCLA's Royce Hall will host the West Coast premiere of "The Long Bright," a cantata that serves as a tribute to the memory of Anni Baker Wolman who succumbed to cancer at age 55, on March 11.

"The Long Bright" will be performed by Grammy Award-winning soprano Hila Plitmann and violinist Mandy Wolman, daughter of Anni Baker Wolman.

The program is a joint production between the Israel Cancer Research Fund and the Los Angeles Jewish Symphony.

Tickets start at \$36 for general admission. For tickets and information, call the Israel Cancer Research Fund at (323) 651-1200.

PHOTO COURTESY MUSICAL THEATER WEST

"Sweeney Todd," the musical thriller by Stephen Sondheim, opens next week in Long Beach.

Musical thriller in Long Beach

LONG BEACH - The Stephen Sondheim musical thriller, "Sweeney Todd," opens Jan. 30 and closes Feb. 14 at the Carpenter Performing Arts Center in Long Beach.

Sweeney Todd, the demon barber of Fleet Street, embarks on a plot to slice his way through London's upper crust with the help of his crafty neighbor, Mrs. Lovett, enacting revenge upon those who have committed injustices upon him and his family.

"Sweeney Todd" first opened on Broadway in 1979 and ran for 557 performances.

Tickets start at \$30 and can be purchased by calling (562) 856-1999, ext. 4, or online at www.musical.org.

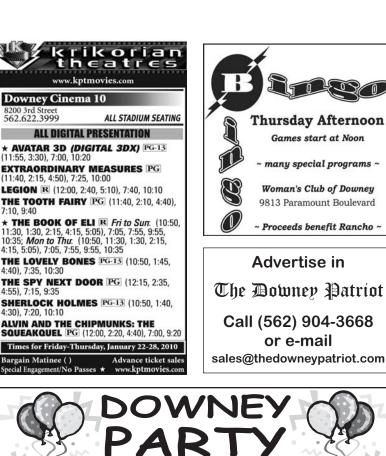
Animal shelters plea for food

LONG BEACH - The spcaLA animal welfare organization is in need of pet food for dogs, cats, kittens and puppies.

"This past year, we have seen an influx of shelter pets and our supplies have dwindled," the organization said in a statement.

Donations can be made at any of the spcaLA's three locations: the Administrative Office at 5026 W. Jefferson Blvd. in Los Angeles; the South Bay Pet Adoption Center, 12910 Yukon Ave., in Hawthorne; and the Pitchford Companion Animal Village, 7700 E. Spring St., in Long Beach.





RENTALS

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Late

Thursdays

7:00 PN

Car registration form was lost in the mail: Now what?

Q: My license plates are due to be renewed next month but I never received my registration renewal form in the mail. Is there anything I can do?

A: If you have lost or did not receive a Vehicle Registration Renewal Notice, you can calculate registration fees by visiting the DMV Web site at www.dmv.ca.gov and clicking on Vehicle Registration and then Vehicle Registration Fee Calculator. Select the tool for registration renewal, which requires the license plate number, last five digits of the vehicle identification number, county, and zip code.

You may also call 1-800-777-0133 to find out what fees are due, what documents are required, and for payment options. To be eligible to renew registration online, you must have a renewal notice containing a Registration Identification Number (RIN).

Q: I've decided not to operate

my vehicle in the new registration year, but I've already paid my registration renewal fees. Can I get a refund?

A: If you decide before the new registration year that the vehicle will not be operated and you've already paid your registration renewal fees, you can get a refund. You will need to:

Return the registration card and unused sticker or submit a Statement of Facts indicating what happened to the registration card and sticker.

Submit a completed Certificate of Non-Operation/Planned Non-Operation Certificate (REG 102). Submit an Application for Refund completed in full.

To fill out and download these forms online, please visit www.dmv.ca.gov and click on Forms. The Planned Non-Operation (PNO) fee will be subtracted from the refund amount by DMV. This does not apply to boats. Boat renewal fees must be paid whether or not the boat is being operated. For more information, please visit www.dmv.ca.gov.

Q: I know the DMV has a driver handbook, but is there a handbook for senior drivers I can give to my aging parents?

A: Yes. The DMV now has a link to a Senior Guide for Safe Driving which you can view online or printed to give to your parents. The guide is not just for seniors; it was developed for anyone that may have driving concerns for themselves, a relative or just someone they may know. This useful guide contains information regarding physical and mental changes that may affect safe driving and practical strategies for recognizing, understanding, adapting to, and planning for these changes.

To view the guide, visit www.dmv.ca.gov and clink on senior driving information. **Q:** I made an appointment to visit the DMV over the phone but I can no longer make it to the appointment as scheduled. Can I cancel or reschedule my appointment online?

A: Yes. Use the View/Cancel option on the Welcome or Confirmation page of the Online Appointment System. Don't forget to reschedule while you're online.

Q: When do I have to renew my boat registration?

A: You must renew your boat registration by December 31 of every odd-numbered year (i.e., 2003, 2005, etc.) regardless of use. DMV mails a renewal notice approximately 60 days prior to the expiration date.

The department issues a Certificate of Number (registration certificate) and registration stickers to identify a boat as currently registered. These stickers must be securely affixed to each side of the boat three inches after and directly in line with the registration numbers and must be clearly visible at all times. Do not place any numbers, letters, or devices in the proximity of the registration sticker.

Q: Is everyone eligible to get special interest license plates?

A: Anyone who has a currently registered California auto, truck, trailer, or motorcycle may order these license plates. Special Interest License Plates have a special graphic design depicting an image relative to the organization's interest, and require extra fees that are used to support programs pertinent to each organization's interest. They are available with configurations of numbers, letters, or both, which have been personally chosen by the applicant (personalized) or are standard issue configurations (sequential). Motorcycle plates are not yet available for all special interest plate programs.

Environmental License Plates are the standard California plates,

which do not have graphics, and are only available with personalized configurations. The fees are used to support environmental programs.

To view the various options for special interest license plates, please visit www.dmv.ca.gov, click on More Online Services and then the tab labeled Order Special Interest and Personalized Plates.

Do you have questions about general driving related requirements like registration and insurance? Are you unclear about laws and restrictions related to driving? The California Department of Motor Vehicles has answers. "Save Time by Going Online," at www.dmv.ca.gov.

Can I fish for free to feed my family?

Q: If I am in need of food for myself and family, is it a crime to catch fish for subsistence from the ocean without a license? Should it not be a God-given right to fish the oceans and seas of this planet without permission from the powers that be?

A: In California you can legally fish without a fishing license from public ocean piers and from the most seaward jetty of the harbor. Finfish may be caught by hook and line and crabs and lobsters by hoop nets from public piers and jetties, depending upon the area of the state where you are fishing.

All regulations must still be followed, but you can fish without a fishing license in these locations only. There are also two designated free fishing days per year when people may fish in ocean and inland waters without a license.

Except for the opportunities

marine resources are a public trust, which means they belong to all of the people of the state. However, it is necessary to manage these resources in such a way that they will be sustainable, both from an ecological point of view and in allowing recreational anglers to pursue them for enjoyment and to harvest them for food.

The California Legislature has given the Fish and Game Commission the authority to regulate all of our recreational fisheries, and the Department of Fish and Game (DFG) is the entity that manages these fisheries and enforces their regulations. Some regulations are very strict for species which have previously been overfished and are now recovering. Your right to fish is a privilege which must be considered in the context of a state with 37 million people.

Here's an option for you if demonstrate

Sport Fishing Regulations booklet. These species have abundant stocks and no bag limits, and a number of them are commonly taken from public piers.

Q: My uncle who lives in Europe and is not a U.S. citizen is planning to visit me next year on a normal tourist visa. He took me hunting 30 years ago and so I'd like to now take him on a hunt or two. Is there a way for him to get a hunting license or some kind of permit? Can his out-ofstate/country hunting license be used instead as proof of completion of a hunter's education class?

A: Your uncle will be able to purchase a Nonresident Hunting License to hunt with you in California if he can present a current hunting license or a hunting license issued within the past two years from a European country. This is the proof he will need to demonstrate he meets ty courses still offered in California. There's also an online course available that requires a four-hour certification with a certified hunter education instructor. If he does not have a hunting license in Europe, these options would only take one day of his trip to California.

You can find out more about local courses at www.dfg.ca.gov/huntered/classes.aspx or at your local hunting stores.

Q: When is a two-rod fishing stamp required - when carrying more than one rod or when using two at one time?

A: A two-rod stamp is required when an angler wants to fish with two rods simultaneously. Simply carrying or being in possession of two rods does not necessitate an additional stamp.

Carrie Wilson is a marine biologist with the California Department of Fish and Game. She cannot personally answer everyone's questions but will select a few to answer in this column each week. Contact her at CalOutdoors@dfg.ca.gov.

Health clinics get more funding

NORWALK – Supervisors last week approved \$15.7 million in funding to expand community clinic capacity in Los Angeles County.

In the Fourth District, which includes Downey and the surrounding area, seven clinics will receive almost \$4.8 million to expand primary care services and improve infrastructure.

Twelve new exam rooms will also be built, county officials said.

Among the clinics earmarked for funding are Norwalk Regional Health Center in Norwalk and Sacred Heart Family Health Clinic in Paramount.

"With all the overcrowding issues we are facing throughout the county, community clinics are more important than ever," said Fourth District Supervisor Don Knabe.



mentioned above, subsistence fishing or any type of recreational fishing without a fishing license in ocean or freshwater is not allowed. California's living you can't buy a license but want to catch lots of ocean fish for your family. Focus on the many species listed under section 27.60(b) on page 37 of the Ocean

Lorenzetti, Records clerical assis-

California's hunter education requirements.

Otherwise, if he is only going to be here a few days, there are a few one-day, 10-hour hunter safe-

DUSD: Heard initial bargaining proposals.

Continued from page 4

the pupil personnel services credential and the master of arts in education with concentrations in special education, teaching and learning, educational leadership, counseling, and pre-student teaching field experience/clinical practice; the application for E-rate funding certifying the district's agreement to comply with all program requirements including local share of funding should the district proceed through the full application process for a range of telecommunications services; the advertisement for bid for trade laborpainters in the estimated annual amount of \$200,000 to be funded by the General Fund, Maintenance Fund, and/or Bond Fund, as appropriate; the change order with P.W. Construction, Inc. of Glendora for the Downey High School modernization of Bldgs. J/K/N & L; the destruction of Class 1, 2, and 3 disposable district records and the appointment of Katrina Juarez-

tant, as document destruction coordinator; routine Personnel items until subsequent action is taken by the Board of Education; the recommended changes to positions in Financial Services (abolishment of one Accounting Assistant positions and two vacant Intermediate Accounting Assistant positions, and the establishment of two positions with duties corresponding to the current classification of Senor Accounting Assistant, effective Jan. 20, 2010); the changes in positions providing support services for students with special needs, henceforth to be classified as Senior Instructional Assistant; the changes in the duties of Intermediate Clerical Assistant to better reflect the true nature of its job description; and the Memorandum of Understanding with Downey Education Association (DEA) regarding teacher transfer requests; •Accepted as complete the elec-

trical, roofing, fencing, backhoe, paving, and concrete work per-

formed by various contractors;

•The district's initial bargaining proposals for negotiations with Downey Education Association/CTA/NEA regarding hours of employment, class size, suspension procedures, transfers, leaves of absence, summer school teaching, fringe benefits, etc., were opened to a public hearing and then, there being no discussion, was closed; as well, a public hearing to hear the initial bargaining proposals from Downey Education Association/CTA/NEA (re grievance procedure, hours of employment, faculty liaison committees, class size, suspension, procedures for reporting suspected child abuse, salary provisions, etc.) was opened and closed soon thereafter, there being no discussion; and

•Endorsed the actions taken by the superintendent on all student cases, which were considered in closed session.

The next regular public meeting of the board will be at 5 p.m. on Tuesday, Feb. 16 at the Gallegos Administration Center, 11627 Brookshire Ave.



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I M past 3994 3994 4194	THOSE UNUSED	<u>SATURDAY, JAN. 23RD</u> 8:00 a.m. Lots of baby items (strollers, high chairs, etc.),	CHARMING APT. Dwy, 1 bed, 1 ba, very clean & quiet. \$880/mo. Call for	SYSTEMS Troubleshooting & repair. (562) 464-1333
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Public Hearings On Bus Service February 3-10 Proposed Metro bus service changes for this coming June will be discussed at public meetings being held February 3-10 in the San Gabriel Valley, the San Fernando Valley and the Westside. For details about the proposed changes along with the time, date and	wed. 11 A.M. Downey	<u>MOVE IN BY</u> JANUARY, GET YOUR	(562) 923-2400 HOUSE FOR RENT	haul most everything \$50 & up. (562) 291-9371
location of the hearing nearest you, check online at <i>metro.net</i> . Cities Get \$9.5 Million From Measure R The first installments in Measure R local return sales tax monies totaling \$9.5 million are going out to 38 cities in LA County for transportation improvements. The payments are from sales taxes received from July through September. Cities receive the payments based on transportation-related projects they have identified. Look Before Crossing The Tracks	Patriot CLASSIFIEDS (562) 904-3668	FIRST MONTH'S RENT FREE! BELLFLOWER House, carport, Indry. hkps \$865. House, dble. gar., A/C - \$1,275. House 2 bed, 2 bath, gar \$1,775. House 3 bed, 2 hoth car. \$1,005	DOWNEY 7070 Dinwiddie St., 3 bed + bonus rm., 2 bath, new carpet, flooring & paint, lrg. kitchen, 2 car gar., central heat, water, trash & grdnr. pd. by owner. \$1,875 mo. + \$1,900 sec. (562) 928-4098	FULL SERVICE PLUMBING Licensed, bonded & insured, 24/7, senior discount McKinnon & Sons Plumbing of Downey (562) 904-3616
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not come down.

CG

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If you'd like to know more please call us at 1.800.464.2111, or visit metro.net.



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To qualify, the entire household's *total* annual **GROSS INCOME** CANNOT EXCEED THE FOLLOWING LIMITS: <u># in Household</u>: <u>1</u> <u>2</u> <u>3</u> <u>4</u> <u>5</u> <u>6</u> TOTAL Income Limit: \$44,400 \$50,750 \$57,100 \$63,450 \$68,550 \$73,600</u> # in Household: If you're eligible, have sufficient equity, and would like an application,

call the City of Downey's Housing Division at (562) 904-7167.

HELP The Downey Patriot REACH OUR **GOAL OF BEING ADJUDICATED IN** THE CITY OF DOWNEY

Although The Downey Patriot is adjudicated in the County of Los Angeles, it's limited on the types of legal notices it is able to publish. Our goal is to become adjudicated in the City of Downey in order to run all types of legal notices. In order to print all legal notices, The Downey Patriot must meet additional requirements set forth by the Government code. One of these additional requirements is "a bona fide subscription list of paid subscribers".

The Downey Patriot is now offering paper subscriptions for \$10/year. This subscription guarantees a delivery every Friday to a single family home in Downey.

Name:	
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Retirement planning topic of seminar

LONG BEACH - The Office of Estate and Gift Planning at Cal State Long Beach will hold a free financial seminar titled "Retirement Planning and Protection" on Tuesday from 7 to 9 p.m.

The event will be held in the CSULB office at 1000 N. Studebaker Rd., located near the intersection of Anaheim Street and Studebaker in the Cornerstone Church building.

Making up the panel of experts will be Delia Fernandez, Fernandez Financial Advisory; Shawn Lefebvre, financial consultant; Paul Glowienki, Northwestern Mutual; Jessica Dorman-Davis, Esq., Freeman/Freeman/Smiley; Linda Wallace, Wallace Financial and Insurance Solutions; and Joel Napalan, Union Bank.

"With more and more individuals looking at retirement options, this is an ideal presentation to attend," said CSULB's Susan Berkman, assistant vice president for estate and gift planning. "Our panel members have a wide range of expertise in this area."

At the presentation, which is open to the public, the panel will discuss a variety of topics, including:

•Funding retirement plans

•Withdrawing from retirement plans

•Protecting your retirement incomes

•Tax sheltered vs. unsheltered retirement plans

•Charitable and commercial annuities

•Converting real estate and collectibles into retirement income

For more information, contact Lori Evans at (562) 985-5489 or e-mail plannedgiving@csulb.edu.

CSULB named 'best value'

LONG BEACH - Cal State Long Beach has been named one of the nation's 50 "Best Value" public colleges by The Princeton Review, which teamed up with USA Today to present its list of the 100 "Best Value Colleges for 2010."

The Princeton Review selected the 100 institutions - 50 public and 50 private - as its "best value" choices for 2010 based on its surveys of administrations and students throughout the nation. The selection criteria covered more than 30 factors in three areas: academics, costs of attendance and financial aid.

Cal State Long Beach was the only California State University campus to make the list of top 50 public institutions and one of seven public California universities on the list. The other six were campuses of the University of California system.

"We are very pleased to once again be ranked among the top 50 best public university values in the nation," said CSULB president F. King Alexander.

In its profile of CSULB on USA Today's website, the editors at The Princeton Review noted, "Lots of excellent, career-oriented academic options and a fabulous location are a few of the features that make California State University, Long Beach an attractive destination. There are eight colleges and tons of majors. Engineering is particularly strong, and the nursing program has an excellent reputation. The faculty gets stellar reviews from students, especially relative to other schools of CSULB's size."



Sixteen tons of snow will be transported to Apollo Park for a children's snow day. The photograph above is from last year's event.

Snow day planned for kids

DOWNEY - The forecast calls for snow in Downey on Feb. 20.

The city of Downey Community Services Department will host a "Snow Play Day" for 3-12 year olds at Apollo Park.

Sixteen tons of snow will be hauled in. Three sled runs will be set up, along with a snow play area and a snowman.

Cost is \$9 for children and \$5 for adults who are required to accompany kids ages 3 to 5. Each snow session is 45 minutes long and begin every hour starting at 9 a.m. and until 1 p.m.

Registration begins Wednesday at the Community Services Department at City Hall on a first-come first-served basis. Permission slips need to be completed at time of registration. Sign-ups are limited.

City Hall is open Monday through Friday, 7:30 a.m. to 5:30 p.m. For more information, call (562) 904-7238.

Bond committee adds new member

NORWALK - Longtime Norwalk resident Mary Jane McIntosh has been appointed to the Cerritos College Citizens' Bond Oversight Committee.

McIntosh joins several other committee members who reflect a broad cross-section of the community, including district residents, taxpayers association members, Cerritos College students and local civic leaders.

Downey Councilman Roger Brossmer is a member of the committee, which is responsible for overseeing the college's use of bond funds.

"I attended Cerritos College and am honored to serve on the Oversight Committee," McIntosh said. "I believe that Cerritos College is a vital part of our community and want to ensure that the bond money is used properly for the benefit of all students, staff and the community."

McIntosh is a textile distribution manager and community co-chair for the Norwalk Tank Farm Restoration Advisory Board. She previously served as a member of the Norwalk-La Mirada's Unified School District's Measure S Committee, which oversees the District's Measure S Bond.

She has been volunteering with the city of Norwalk for more than 17 years.

New Titles at the Downey City Library

Fiction

• "Alice I Have Been" by Melanie Benjamin. In this historical novel, readers meet the young girl whose bright spirit sends her on an unforgettable trip down the rabbit hole--and the grown woman whose story is no less enthralling ...

• "The Bone Thief" by Jefferson Bass. Dr. Bill Blass and Jon Jefferson, the bestselling authors of "Bones of Betrayal," return with their latest forensic detective work in the Body Farm series.

• "Caught" by Harlan Coben. A 17-year old girl goes missing and TV reporter Wendy Tynes is on a mission to bring down sexual predators via a nationally televised sting operation.

• "Long for This World" by Sonya Chung. In 1953, on a remote island in South Korea, a young boy stows away on the ferry that is carrying his older brother and sister-in-law to the mainland. Fiftytwo years later, Han Hyun-kyu is on a plane back to Korea, leaving behind his wife and grown children in America.

• "True Confections" by Katharine Weber. From the author of "The Music Lesson," this is a witty and affecting fictional story of Zip's Candies, a family-run candy factory trying to stay alive after 85 years in business.

Non-Fiction

• "Complete Idiot's Guide to Vaccinations: a Balanced Look at the Pros and Cons" by Michael Joseph Smith, M.D., and Laurie Bouck. A pediatrician and a health writer give advice to parents on which vaccine combinations are necessary and appropriate for children and adults.

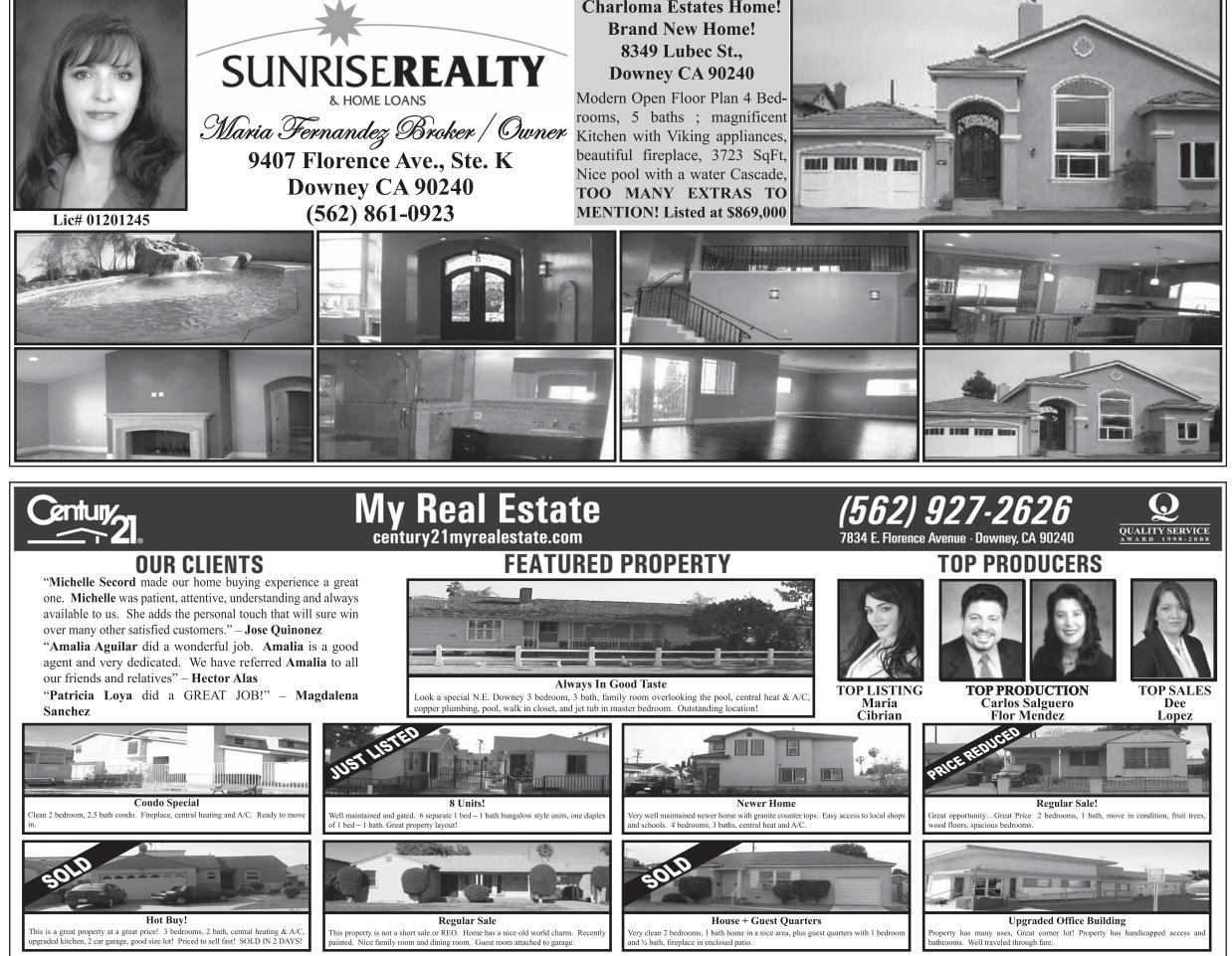
• "Leap: How 3 Simple Changes Can Propel Your Career from Good to Great" by Rick Smith. For those stuck in a career rut, Smith shows how to harness your true talents and passions to enhance your success on the job.

• "The Power of Half: One Family's Decision to Stop Taking and Start Giving Back" by Kevin Salwen. Embarking on an incredible journey, the Salwen family downsized their house and gives half of their profits to charity. Along the way they inspired others wrestling with the same question: Do I give enough?

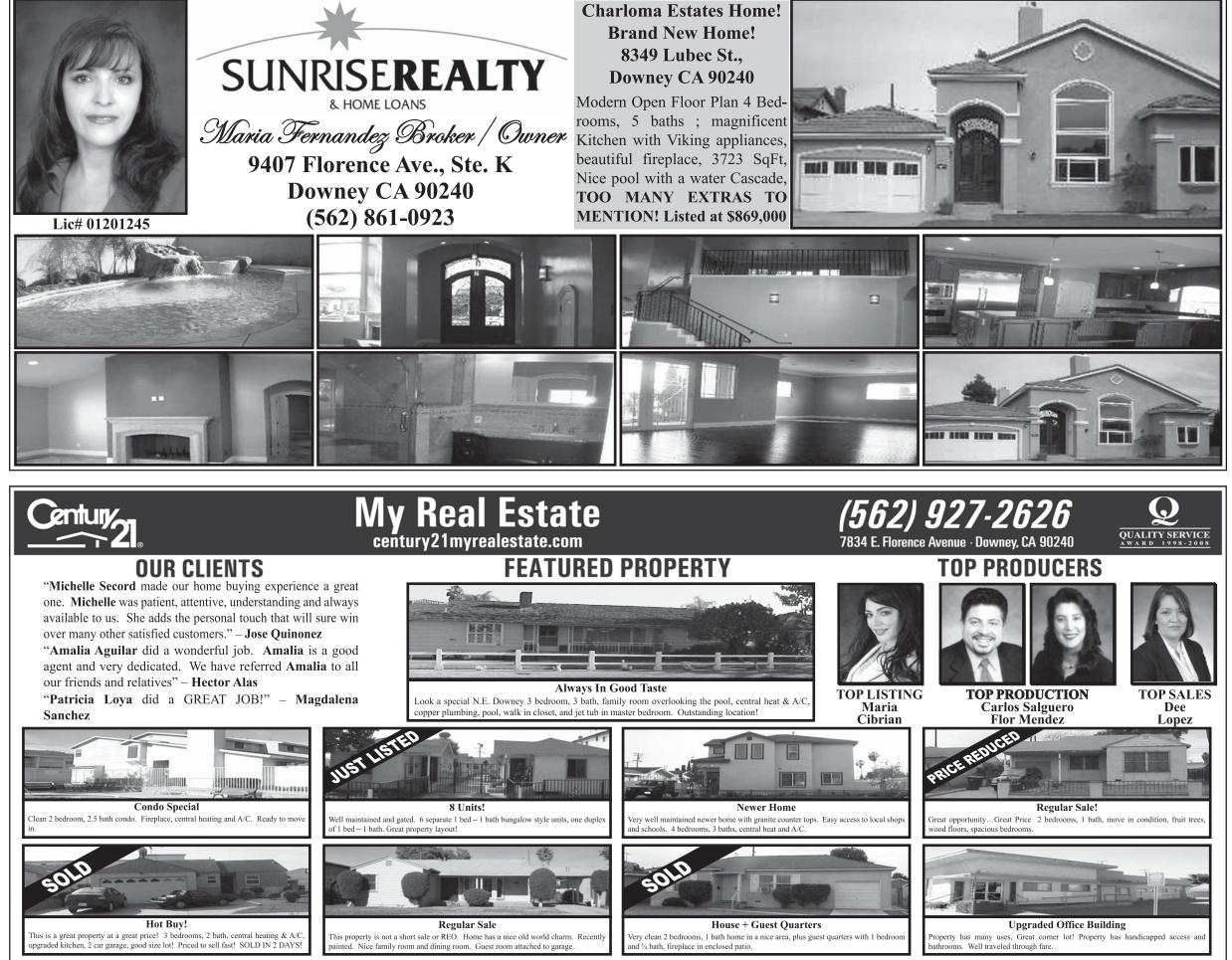
• "So Stressed: the Ultimate Stress-Relief Plan for Women" by Stephanie McClellan, M.D., and Beth Hamilton, M.D. Realizing that stress is the major cause for most of their female patients' health problems, two doctors discuss the latest discoveries in the science of stress management.

• "Working World 101: the New Grad's Guide to Getting a Job" by Bridget Graham. Targeting the generation-specific problems that thwart new grads' career efforts, this book helps young people develop the poise, confidence, and professional attitude needed to succeed.

Visit www.downeylibrary.org and click on "New and Notable Books" to browse more titles







Page 14 Friday, Jan. 22, 2010 Real Estate





Century 21 My Real Estate hosted a blood drive Jan. 12 to benefit the American Red Cross. The event was heralded as a success by organizers. "With the need for blood being so great, we are pleased to be involved," said Steve Roberson, broker and owner of My Real Estate.



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When it comes to your real estate needs, you can always count on Dale Jervis to be there for you.

ale Jervis has been in Southern California real estate since 1983. DHe's been a part of many ups and downs in the local home market. While many agents came into the business a few years ago to capitalize on a hot market—only to give up when the going got tough-Dale stayed successful. He remained optimistic knowing that the market would take a turn for the better-just as it always does.

So when it comes to your family's most important investment-your home-it pays to work with a real estate professional you can count on to always be there for you. Dale isn't going anywhere, which is why you should turn to him for your next home purchase or sale. Call him today or visit him online at www.DaleJervis.com to learn more about his service and how he can help you make the most of your next move Attention WORLD SAVINGS, WACHOVIA, & WELLS FARGO BORROWERS, special programs available. Call me for details





ATTENTION BUYERS & SELLERS! Ask Dale for his special report, "10 Myths About Short Sales." This valuable informati is offered to you free of charge and will give you a leg up in today's unique marketplace. Just give Dale a call and he'll be happy to send



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