

The Downey Patriot



Dan Fox: a humble servant
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Author to speak, sign books
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Putting patients first
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Friday, May 14, 2010

Vol. 9 No. 4

8301 E. Florence Ave., Suite 100, Downey, CA 90240



Award-winning actress Jill Van Velzer will return to the Downey Civic Light Opera for a third time when she stars in "Carousel," opening May 27 at the Downey Theatre. Van Velzer was previously seen playing Fiona in "Brigadoon" and Laurey in "Oklahoma." For tickets to "Carousel," call the box office at (562) 923-1714. The box office is open Tuesdays and Wednesdays from 1-5 p.m.

Stipends may be illegal

■ Warren High School booster club paid \$22,500 to football coaches, an apparent violation of CIF rules.

By SCOTT COBOS,
STAFF WRITER

DOWNEY – CIF bylaws may have been broken and penalties could be levied by CIF on Warren High School's football program after former head coach Chris Benadom and his staff received possibly illegal stipends during the 2009 season.

During his second year as head coach, Benadom and his staff may have broken CIF Bylaw No. 507 of CIF's State Constitution by accepting stipends from Warren's recently disbanded booster club.

Checks were made out to Benadom and 12 others on his coaching staff. They were paid a total of \$22,500.

The staff included Dale Whisler, Steve Escobar, Chris Estrada, Jason Miller, Phillip Marquez, Anthony Figueroa, Chris Duran, Victor Murillo, Daniel Murillo, Ricky Gonzalez, Nate Colbert and Shawn Esparza.

Benadom resigned on April 1, citing family reasons.

The stipends were broken up into two stages, according to booster club records. During the end of July 2009, \$14,000 in stipends was paid to the staff, including Benadom, and in December 2009, \$8,500 was distributed to other coaches.

CIF Bylaw No. 507 states that a coach shall not be reimbursed for coaching services from any source



PHOTO BY ART MONTOVA

Chris Benadom, pictured above right, was one of several Warren High School football coaches to receive stipends worth several thousands of dollars from a school booster club, an apparent violation of CIF rules.

other than the school funds without the approval of the school's governing board, or in this case the Downey Unified School District board of education, nor be subject to any bonus arrangement dependent upon the success of the school's team.

Benadom declined comment. DUSD board member Willie Gutierrez, during a phone interview last week, said the board approved no such stipends to be paid by the booster club.

According to Thom Simmons, the CIF Southern Section's director of communications, neither Warren

nor Benadom are currently under investigation.

"If there was something going on, this is the first I've heard of it," Simmons said in a phone conversation Tuesday morning.

According to Simmons, penalties can be as severe as the school losing its membership with CIF or as minor as game forfeiture. Possible rule violations are dealt with on a case-to-case basis, he said.

While stipends were paid to Benadom and his coaches, it is

See STIPENDS, page 9

Don't be scammed by address painters

■ Curbside address painters who lack permits should be reported to Code Enforcement.

DOWNEY – In response to a growing number of complaints regarding curbside street address painters, Downey officials this week clarified city policy and offered tips to avoid being victimized by unpermitted solicitors.

Every other year, Downey issues permits and licenses to a charity-related organization to paint residential address numbers on curbs.

The permit requires the organization to paint address numbers on all curb faces, regardless of whether or not they receive a donation. The organization, however, is allowed to visit a home twice to request a donation.

Earlier this month, the city granted an address-painting permit to Neighborhood Curb Painting Services (NCPS), which works in support of Compassion Ministries. After painting the house number, the organization may request a donation from the resident.

If the resident makes a donation, they will receive a receipt including the charity's federal ID number for tax purposes. If no one is home during the second visit, NCPS may leave a note encouraging a donation by mail.

Any house numbering mistakes made by NCPS should be reported to them directly by calling (562) 716-1585.

The city received more than 100 complaints last year regarding unpermitted curb painters, and nearly that many have already been received this year.

Painters who lack permits can oftentimes be rude, aggressive and sloppy in their work, city officials said.

If a solicitor for curb painting comes to your door and cannot show a copy of city permits, or their notice does not include contact information, they are probably unpermitted and should be reported to Code Enforcement.

Code Enforcement can be reached by calling (562) 904-2392, Monday through Friday, between 7 a.m. and 4 p.m.

Outside of these hours, solicitors should be reported by calling the Downey Police Department at (562) 861-0771. Threatening solicitors should be reported by calling 911.

Errors made by unpermitted painters can be reported to the city's Engineering Division at (562) 904-7110. The correction request will be forwarded to NCPS which, for a donation, will make the correction and provide a charitable tax receipt.

In recent years, NCPS has assisted several hundred residents in correcting the numbering mistakes of others, earning the opportunity to receive this year's permit.

Mumps on the rise in county

LOS ANGELES – Amid an increasing number of mumps cases reported in Los Angeles County, the Department of Public Health on Wednesday urged residents to be alert for any sign of the disease in their community and to take steps to protect themselves.

"At least nine cases of mumps have already been reported in Los Angeles County this year, six of which have been confirmed," said Jonathan Fielding, MD, director of public health for Los Angeles County. "By comparison, seven cases were confirmed countywide in all of 2009, seven in 2008 and five in 2007."

Four of the confirmed cases have occurred in the past two months and may be related to the multi-state mumps outbreak affecting the Hasidic Jewish population that was first seen in the country on the East Coast.

Specifically, cases of mumps have been detected in congregate settings such as schools, colleges and community centers.

Mumps is a viral illness that is transmitted by coughing and sneezing. Symptoms begin 12 to 25 days after exposure, and include swelling of salivary glands, fever

See MUMPS, page 4

Looking back on... James Tweedy Ranch

■ James Jackson Tweedy is credited with having planted the first orange grove here.

By CHRISTIAN BROWN,
STAFF WRITER

DOWNEY – Since its founding, several prominent men and women have made Downey their home.

From ranchers and nurserymen, to aviators and politicians, Downey, established in 1873, provided suitable living for innovators and businessmen alike. Among them was a pioneering family that gained notoriety by utilizing one of Los Nietos Valley's most precious resources: oranges.

Led by renowned rancher James Jackson Tweedy, the Tweedy family helped harvest, pack and distribute oranges and other fruit to locations all across the country. The family also owned miles of land and several homes in north Downey near the intersection of Tweedy Lane and Gallatin Road.

While the majority of the Tweedy acreage has now been subdivided, a large 1.9-acre parcel on Tweedy Lane still contains the original, 85-year-old ranch house of James Knox Tweedy, son of James Jackson Tweedy.

Though modified over the years, the integrity of the ranch is still intact, offering residents today



PHOTO BY CHRISTIAN BROWN

Only moderately altered from its original design, the Tweedy Ranch still stands today.

a glimpse into the life of the notable Tweedy family.

After losing both parents at a young age, James J. Tweedy moved to California at just 17 years of age. Before acquiring his own land, the teenage rancher came to his uncle, Robert Tweedy, who owned a large acreage between Los Angeles and Long Beach, which is now the city of Cudahy.

Motivated by his uncle's success, James J. Tweedy, upon marrying Texas native Eliza Ann Sutton, settled in Downey in 1881.

The couple bought nearly 145 acres of land in north Downey, a sizable tract which stretched from the Rio Hondo River in the west to Telegraph-Jaboneria Road, now Tweedy Lane, on the east and

Foster Bridge Road, now Suva Street, in the south.

In its original state, the purchased land was unimproved, but after years of hard work and labor, Tweedy's land flourished. It was on this property that Tweedy began the culture of oranges, which quickly developed, becoming one of the largest and most productive industries in the region. Tweedy is credited with having planted the first grove.

In 1895, Tweedy partnered with Albert Ball and the two began packing their own fruit as well as citrus purchased throughout the valley. Operated by both families, the Ball and Tweedy Sunkist Packing Co. was located on Firestone Boulevard between Brookshire and Dolan avenues.

Over time, the company proved to be a very successful venture for the Tweedy family and Downey's growing community of farmers.

As the packing company prospered, the Tweedy family built stately homes, the most notable and enduring being owned by James Knox Tweedy. According to Downey historian Larry Latimer, "by 1930, James K. Tweedy...was tending 75.6 acres of land just west of Tweedy Lane at Gallatin Schoolhouse Road. In the mid 1920's, J.K. Tweedy and neighboring citrus rancher Parley Johnson hired famed Southern California architect Roland Coate to design homes for each of them."

Today, both homes still stand more than 80 years after their

See TWEEDY, page 12

Asbestos to be removed from Downey Theatre

DOWNEY – The Downey Theatre will close for part of the summer for asbestos treatment as the city prepares to install a new HVAC system.

The heating, ventilation and air conditioning system has not been replaced since the theater was built in 1971.

"It no longer operates efficiently in terms of energy consumption, is no longer environmentally sustainable and requires constant maintenance and repair," Public Works Director Brian Ragland wrote in a report.

Before the HVAC system can be installed, asbestos and other hazardous materials must be abated in accordance with Cal-OSHA regulations, Ragland said.

The hazardous materials that require abatement include sprayed-on fireproofing material covering the roof beams and insulating material that covers the current

HVAC system piping.

The abatement process is scheduled to occur over a 25-day working period set to begin in late July and into August.

Cost to remove the asbestos and related hazardous materials is \$28,730, which will be paid out of a federal Energy Efficiency and Conservation Block Grant obtained from the U.S. Department of Energy through last year's economic stimulus package.

CF Environmental Inc. has been chosen to complete the work. The company previously completed abatement work at the Rio Hondo Golf Club and the Montessori School site.

The city is in the midst of choosing an outside operator for the 738-seat theater, which is losing money at a pace of \$1 million every three years, city officials said.

-- Eric Pierce, City Editor

Voodoo fails to help thieves

■ Downey couple facing grand theft turned to voodoo to escape charges.

DOWNEY – A man charged with real estate fraud who engaged authorities in a high-speed pursuit and used voodoo to influence the outcome of his case has been convicted, the District Attorney's Office announced last week.

Deputy District Attorney Eugene Hanrahan of the Major Fraud Section said jurors deliberated for four days before convicting Ruben Hernandez, 34, on May 5.

Hernandez, owner of Downey Motorcars, was found guilty of four counts of filing a false application and three counts of grand theft.

Jurors deadlocked on one count

of evading arrest and two counts each of filing a false application and grand theft.

Co-defendant Joel Rodriguez, 44, owner of Coast to Coast Mortgage in Downey, was convicted of six counts of filing a false application and five counts of grand theft. The jury deadlocked on one count of grand theft.

As to both defendants, jurors found true a white-collar crime allegation that the loss was more than \$500,000 and an excessive-taking allegation that the loss was more than \$1.3 million.

Los Angeles Superior Court Judge Lance Ito said Hernandez and Rodriguez will be sentenced on June 2 in Department 110 of the Foltz Criminal Justice Center. Hernandez faces a maximum

prison term of 13 years. Rodriguez could be sentenced to a maximum term of 14 years, four months.

Prosecutors said Hernandez purchased six properties using false social security information and bank statements. Rodriguez used false social security numbers to purchase two properties, obtain home equity lines of credit and open a bank account.

Rodriguez was arrested shortly after the case was filed in January 2008. Hernandez, however, eluded authorities.

About a year later, Investigator David Ishibashi of the District Attorney's Office, Investigator Steve Louie of the Department of Motor Vehicles and Deputy U.S. Marshall Sal Reyes tracked Hernandez down to a bungalow in

Pasadena.

On Feb. 12, 2009, as Hernandez and his wife, Aida Gutierrez, 24, were coming out of their driveway, authorities moved in. Hernandez, ultimately, was arrested after engaging investigators in a mile-long, 80-mile-per-hour pursuit.

When authorities executed a search warrant on the home where Hernandez was staying, they discovered a voodoo shrine, the prosecutor said. The shrine included various artifacts and voodoo dolls – dunked head down in cups of water with pins in the eyes – featuring the names of the prosecutor, the investigators assigned to the case and the case number.

Guerra defends travel habits of Council

■ Comments from Mayor Anne Bayer prompt rebuttal from Councilman Mario Guerra.

BY ERIC PIERCE,
CITY EDITOR

DOWNEY – Councilman Mario Guerra on Tuesday responded to a published report that claimed Downey city council members exceeded their annually allotted travel budget, calling the story untrue and a "petty, political non-issue."

In a story published April 29, the *Herald-American* claimed council members Guerra, Luis Marquez and Roger Brossmer exceeded a yearly travel budget of \$2,400 each.

Mayor Anne Bayer is quoted in the story as saying city business in Sacramento or Washington, D.C. can be conducted by city-paid lob-

byists or staff members.

City Manager Gerald Caton, however, told the *Downey Patriot* last week that \$20,000 in travel expenses was budgeted for 2009-10, and only \$16,736 had been used, putting council members at below budget for the fiscal year ending June 30.

Reading from a statement at Tuesday's City Council meeting, Guerra said traveling to Sacramento or Washington, D.C. is part of a council member's respon-

sibility.

"It is naïve and irresponsible for an elected official in Downey to not work hard on behalf of our community," Guerra said. "Lack of involvement and travel shows a lack of concern and neglect."

Although he did not mention specific names, Guerra seemed to be referring to Bayer in his remarks.

"Four of our City Council members share the view that we work hard for Downey and taking

time from our personal lives is part of the call to serve on the City Council," he continued.

"To not answer this call to serve Downey is being lazy at best and neglectful of our duties at the very least. Look at our record and you can easily see who works for our city and who doesn't. Lack of participation and engagement is a waste for our community."

Bayer did not respond to Guerra's comments.

Relay for Life kicks off June 5


DOWNEY – Downey Adult School will host the American Cancer Society's Relay for Life fundraiser June 5.

Relay for Life is an event in which teams keep at least one member on the track for a period of

24 hours. At dusk, a candle-light vigil is held to honor those who have died of cancer.

The American Cancer Society has set a goal of \$100,000 and 2,000 participants at this year's fundraiser in Downey.

For information about forming a team, or joining an already established team, visit www.relayforlife.org/downeyca or call the adult school at (562) 940-6200.



City of DOWNEY, CA
Weight Loss Challenge
1,000 lbs. Lost

12-week Weight Loss Competition in Downey.

Be part of a healthier community, participants pay \$29, which will be paid out in cash and prizes to the three who lose the most percentage of body fat.

The classes will start, **Friday, 5/21 @ 6pm. Wednesday, 5/26 @ Noon** at First Christian Church 10909 New Street.

To register call:
Ivett O. 323-974-5690, Laura P. 562-658-5306

Each class is limited to 25 people.

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Charles Goldsmith, 1907

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Wachovia is now Wells Fargo in California

Together we'll go far



Fireworks show gets go-ahead

DOWNEY – The City Council on Tuesday gave its blessing to a Fourth of July fireworks show, after receiving assurances that public funds would not be used to produce the event.

The city still needs to raise approximately \$6,500 to reach its \$40,000 fundraising goal, but city officials sounded optimistic that the goal was attainable.

Mark Sauter, the city's deputy city manager in charge of emergency preparedness, has been collecting pledges since late March after the City Council rejected the idea of a publicly-funded fireworks show.

On Tuesday, Sauter said he had received pledges totaling \$33,500, which will pay for staffing costs and the fireworks show itself.

Details of the show will be worked out in the next month, but it appears the fireworks display will be held at Downey High School.

The city budgeted \$50,000 for last year's fireworks show, although community donations brought the city's contribution to about half that. Council members agreed to the public funding because it was held in conjunction with the grand opening of Discovery Sports Complex, the city's first park in more than 30 years.

Last year's event was a day-long festival, whereas this year, the event will likely be limited to the fireworks show only, Sauter said.

Residents and businesses can still pledge a donation by calling Sauter at (562) 904-6107.

-- Eric Pierce, City Editor

Speed humps not enough, council says

DOWNEY – A plan to install speed humps to slow down speeding vehicles in the Discovery Sports Complex parking lot has been temporarily shelved after council members agreed they did not do enough to stop speeders.

After retooling, the matter is expected to be brought back before the City Council at a later date.

Speed humps are mounds of asphalt materials about 12 feet in length and 2 1/2-3-inches tall, Public Works Director Brian Ragland wrote in a report presented to the City Council on Tuesday.

But drivers can still travel over the humps at speeds up to 30 MPH without sustaining damage to their vehicles, Ragland conceded.

The speed limit in the Discovery Sports Complex parking lot is 15 MPH.

The humps should reduce vehicle speeds to at least 15 MPH "otherwise there is no sense putting them there," Councilman David Gafin said.

Councilman Mario Guerra said he has witnessed ambulances travel through the parking lot, which is accessible from Bellflower Boulevard, as a shortcut to the Kaiser Permanente hospital.

Discovery Sports Complex will be the first to receive speed humps, but they will eventually be placed in city-owned parking lots throughout Downey, Ragland's report said.

-- Eric Pierce, City Editor

School board salutes winning artists

Veraphum Chaiyakam won first place for his piece titled "Human Nature."

By Henry Veneracion, Staff Writer

DOWNEY – The Board of Education Tuesday heard John Harris, Warren High School principal, make a presentation recognizing senior Veraphum Chaiyakam for garnering first place in the 17th annual 34th Congressional District student art competition sponsored by Rep. Lucille Roybal-Allard's office.

Chaiyakam's entry was titled "Human Nature," and reflects the student artist's concern for the environment.

Chaiyakam, whom Harris referred to as "Earth" (the 12th grader's Thai name), won over 216 other contestants. In all, a total of 18 high schools fielded contestants representing high schools in Roybal-Allard's congressional district.

What's more, it was noted that out of the top five student winners, four came out of the Downey Unified School District — an achievement that drew nothing but praise from all. Chaiyakam's winning drawing will hang for a year at the Capitol.

Meanwhile, students enrolled in the various Career and Technical Education (CTE) programs overseen by support programs/career and technical education program director Phil Davis were presented before the board and recognized along with their respective teachers, as follows: Allison Strain (virtual enterprise); Coty Alvarez (banking occupations); Robert Cricks (supermarket occupations); Chris Zessau (sports therapy); Leslee Davis (hospital occupations); Jason Redfox (computer assisted drafting and Project Lead The Way (PLTW) at DHS); George Redfox (commercial photo); Frida Vadgama (careers in education); Vince Appel (construction technology at DHS); Kent Keiss (construction technology at WHS); Therese Duffy (culinary arts/food service), whose crew provided dinner for the board of education; Glen Yamasaki (PLTW at WHS); and Andy Lundsberg (film and video production).

As Davis pointed out, representatives from virtually all these programs have either participated in or won medals outright in head-to-head regional or state competitions with other students from other ROP/CTE programs (trade fairs, student recognition competitions, etc.), and some have started to earn money or already been offered jobs, "a tribute to the staff's and teachers' dedication and the students' willingness to work hard and take advantage of the wonderful opportunities the programs offer."

As one board member remarked, "We have here a win-win situation."

In other action, the Board:
*Accepted with gratitude cash and an in-kind donation of school dictionaries, value estimated at \$1,800 from Downey Elks No. 2020, for use in the third grade classrooms throughout the district;
*Ratified/approved usual district business, including the payment of convention and conference attendance; special education



PHOTOS BY STAN HANSTAD/DUSD

Local winners of the 34th Congressional District student art competition pose with Warren High School Principal John Harris.

placements; purchase orders by the Purchasing Department; the issuance of payroll orders for hourly, overtime and Civic Center work performed by classified personnel, Adult School and Food Services; B warrants covering the month of April; the agreements between Downey Adult School Career and Education Center and various groups to furnish practical experience to students enrolled in the Medical Assistant, Dental Assistant, and Vocational Nursing programs; the advertisements for bid for milk and dairy products, dry and refrigerated foods, food service paper products—all to be charged to the Food Services Fund; the purchase of equipment according to established purchasing policies and regulations; and routine Personnel items until subsequent action is taken by the Board;

*Approved the advertisement for a proposal request for contract/consultant services to administer the "Network for a Healthy California," to be charged to the California Department of Public Health Grant; the change orders to a number of purchase orders (for prepared pizzas, unleaded fuel, and cost of GED test scoring), as well as to the bid covering the Downey High School modernization of buildings J, K, N and L;

*Ratified the general agreement (for special education services) with Optimist High School, effective July 1, 2009-2010;

*Approved the Career Technical Education application for 2010-2011 funding in the amount of \$147,751 applicable to and in support of such career pathway programs as health occupations, business and marketing, culinary arts/food service, film and TV production, and construction technology;

*Ratified the Internship Credential Program agreement with Point Loma Nazarene University (Sept. 1/09-Aug. 31/14), relating to such post-baccalaureate programs as Level I and Level II professional clear credentials for special education, MA in

See DUSD, page 4

City to fork over \$1.6M

DOWNEY – City officials will soon remit nearly \$1.6 million in redevelopment funds to the state after a Superior Court judge said California has the right to use the money to help balance the state's budget.

After much debate, Sacramento Superior Court Judge Lloyd Connelly maintained that the state was within its rights to acquire the funds, which will help save the state more than \$1.7 billion this year alone. However, many local governments believe the move is inconsiderate and possibly illegal.

Assistant City Manager and Treasurer Gilbert Livas said the checks to the state from Downey have already been cut and will be forwarded shortly. The city will utilize money from its housing fund to pay the state mandate, said Livas.

"The state has done this before – raided redevelopment agencies to balance the books," said Livas who believes the measure will take away critical funds. "It hampers redevelopment projects – and obviously given this time of fiscal insecurities, these funds are needed."

Last year, Gov. Arnold Schwarzenegger and lawmakers agreed to use the money from redevelopment funds for schools as a way to make up for declining general fund revenue.

-- Christian Brown, Staff Writer

Firefighters will be 'filling the boot'

DOWNEY – Downey firefighters will be collecting money for the Muscular Dystrophy Association on May 22 as part of the annual "Fill the Boot" fundraiser.

Firefighters will be at the intersection of Lakewood and Firestone boulevards from 9 a.m. to 4 p.m. collecting donations from motorists.

The MDA works to provide treatment and find cures for more than 40 neuromuscular diseases.

Locally, the MDA funds specialized clinics at Rancho Los Amigos National Rehabilitation Center, providing support groups and assisting with the purchase of wheelchairs, leg braces and communication devices.



"Human Nature" features drawing superimposed over a copy of the Los Angeles Times. The piece by Warren High School senior Veraphum Chaiyakam won first place in Rep. Lucille Roybal-Allard's art competition. It will hang for one year at the U.S. Capitol.

NEW!

Metro Information Just for Seniors



Metro helps Seniors maintain their independence. And now, we've got an information packet designed specifically for Senior riders.

The packet includes a Senior Rider's Guide with essential details to help make riding Metro easier, plus a special TAP User's Guide with everything Seniors need to know about obtaining and using a reduced-fare pass on TAP.

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VIRGINIA GRAEME BAKER SAFETY ACT EXPERTS

Woman charged with animal cruelty

BELLFLOWER – A Downey woman accused of nearly starving her dog to death was charged in a felony criminal complaint filed Tuesday by the District Attorney's office.

Kimberly Kimiko Nizato, 26, was charged with one felony count of cruelty to an animal. Immediately after the case was filed, her attorney requested that she be arraigned and the court agreed.

Nizato pleaded not guilty and is due back in Bellflower Superior Court on May 25. She remains free on \$20,000 bail.

A severely emaciated adult German Shepherd owned by Nizato was rescued from her home on April 6. The veterinarian who examined the dog determined there was no evidence of food in his system, but hair, dirt and rocks were found in the stomach, authorities said.

Nizato worked in the veterinary field at the time she was arrested.

The dog, formerly known as Bosco, has been renamed Courage. He is recovering and gaining weight without assistance from medication, authorities said.

Nizato faces a maximum prison term of three years if convicted as charged.

Bible study at Baptist church

DOWNEY – The Common Bond Sunday school class at First Baptist Church of Downey is inviting the community to join them as they study the Bible with teacher RC Sproul.

Bible study will be held at 9:30 a.m. in Room 220 in the Stamps Center.

The class is intended for people ages 16 and older.

Student newspaper honored

NORWALK – Cerritos College's Talon Marks newspaper and its online edition TalonMarks.com won the prestigious Pacesetter Award for winning the most awards at the annual Journalism Association of Community Colleges state conference held April 8-10 at the Wilshire Grand Hotel in Los Angeles.

Talon Marks was one of four schools that earned the award this year.

"The Pacesetter Award is a sweepstakes award and is the equivalent of winning a state championship if we were an athletic team," said Rich Cameron, chair of the college's Mass Communication department and Talon Marks faculty adviser. "I'm extremely proud of the hard work

the students put in to produce a weekly newspaper and a standard-setting online student publication."

The Talon Marks staff competed in the Mail-in, Bring-in and On-the-Spot competitions as well as attended workshops in various fields of journalism.

The conference was attended by more than 500 students and faculty from community colleges throughout California.

The Talon Marks staff and newspaper received a total of 17 awards.

"I'm proud of the staff. I think this is definitely going to motivate the staff to continue all the hard work they do in the newsroom," said Editor-in-Chief Elieth Koulzons.

Samantha Robinson, Talon

Marks opinion editor, was elected by student delegates at the conference to represent the Southern California region as the Southern California student president for the JACC. She will serve one year as a student representative on the executive board.

Cameron also serves as the organization's online communications director and maintains its website at www.jacconline.org.

In addition to the Pacesetter Award, the Talon Marks also won the Online General Excellence award which recognizes the best online publications in the state.

Area residents can subscribe to TalonMarks.com for free and receive weekly updates on campus news written by journalism students.

Adoptable Pet of the Week



Hello, my name is Sadie. I am a big gentle giant. I have lots of energy, and I need a home with older children and a family with an active lifestyle.

Breed - German Shepherd/Great Dane
Sex - Female
Age - 1 year
Kennel - 217
Impound - 10-26896

Adoption Fee = \$100.00
Includes spay or neuter, microchip, 1st set of vaccinations, rabies shot, de-wormer, and flea treatment
To adopt, call (562) 803-3301



Planning for an emergency – Week 6

■ Do you know how to shut off the water and electricity to your home or apartment?

By MARK SAUTER, CITY OF DOWNEY

DOWNEY – We all know last Sunday was Mother's Day. We should all be thankful for mothers. Who can forget their mom yelling to 'remember a jacket', or to take our lunch to school or to clean up a scraped knee and cover it with a bandage?

Of course all of the above items were made or found in the house, stored and ready for use. And Mom knew exactly where they were kept. When you think about it, Moms are some of the most thoughtful and dedicated emergency planners we know.

This week, let's keep our preparedness efforts simple and stay with our three main themes: obtain supplies, learn or confirm a skill and make an improvement to our emergency plan.

We all need a first aid kit at home, in our vehicle and at our workplace. Kits can be purchased or assembled in many ways. One important point about a first aid kit

is the patients it will serve. If there are children in the house or the neighborhood, give consideration to the size of the bandages and splints. No 'sting' sprays and ointments may be really appreciated as well.

Remember, recovering from a disaster is challenging enough, we don't need to add to the stress with adult-size 'fixes' to child-size problems. Seniors also may require some specialization as their skin is sometimes very fragile.

First aid kits and products may also be available at non-traditional stores such as the discount shops and hardware stores. Splints can be made of cardboard or similar products that are readily found in our homes or places of business. The key is to plan ahead; don't wait for an emergency to happen to start looking for splinting material. And don't forget to buy a couple pairs of latex gloves to keep with your kits.

This week, let's look for the utility shut-offs for our homes and

businesses. Locating the electrical panel is normally easy on most homes. However, it takes a little detective work to find the proper panel in an apartment or condominium. Once the electrical panel is located, learn how to turn-off the individual circuit breakers. Next, learn the location of the natural gas meter and have a wrench to close the supply valve.

Finally, look for the water shut-off. Water valves are usually just outside your house and in a direct line between your home and the street. In future articles we will address the exercising you can do with the various valves and shut-offs. Even if you are not the one who will physically shut-off the utilities, knowing the location of each valve and panel will save time and effort for those who are assisting you.

For this week's emergency planning work, do some research (if you haven't already) into the emergency practices of your children's school or day care center. If

an emergency were to occur when your child was at school, do the school administrators have the proper emergency contact information for you? Do you have the emergency contact information for the school? How about a cell number of anyone at the school who may be able to send or receive a text message? What is your role as the parent? What about some basic supplies for your child like water and a small amount of food?

Most schools are very responsible but it's important for you to understand their plan. Knowing this information will also give you piece of mind if you are separated from your child during an earthquake.

If you have any questions or comments regarding emergency preparedness, please let me know...I can be reached at ready@downeyca.org

Mark Sauter is deputy city manager for the city of Downey in charge of emergency preparedness.

Mumps: Vaccine is available.

Continued from page 1

and inflammation of the testes in teenage and adult males.

Up to 20 percent of infected individuals may be asymptomatic, health officials said. Symptoms tend to decrease after one week and usually go away after 10 days, but in some cases the illness can cause severe symptoms that include inflammation of the testicles, meningitis and encephalitis.

"The best protection against the mumps is to make sure that you receive the measles-mumps-rubella vaccination," Fielding said. "If you develop mumps symptoms, avoid congregate settings where you could spread the disease to others, and contact your doctor immediately."

For more information, contact the county's Health Line by dialing 211.

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DUSD: Routine matters approved.

Continued from page 3

education with concentrations in special education, teaching and learning, etc.

*Accepted as complete roofing, fencing, backhoe, paving, concrete, and electrical work performed by various contractors;

*Approved the adjustments to the 2009-10 General Fund unrestricted and restricted budgets; ditto to the Adult Education unrestricted and restricted budgets; the Cafeteria Fund restricted budget; the Deferred Maintenance Fund unrestricted and restricted budgets; and the County School Facilities Fund restricted budget;

*Acknowledged the receipt of the claim submitted by Parish Shea & Boyle, LLP, on behalf of Daniel Begel, and denied claim in compliance with Gov. Code, Section 911-15 and 945; as well as the one submitted by Victor Jacobovitz, Esq., on behalf of Cristina Carrera, a

minor, and also denied claim (same Gov. Code ref.);

*Approved the abolishment of two 3-hour Instructional Asst. (Bilingual) positions and one 3-1/2 hour Instructional Assistant (also Bilingual;) at Unsworth Elementary, effective June 25, 2010, and the establishment of one limited-term Senior Instructional Assistant position, and one limited-term Sr. Instructional Asst.-Severely/Multiply Handicapped position to provide support services for students with special needs;

*Reviewed the proposed revisions to BP 3165 and AR 3165, Parent Involvement, and deletion

of BP 3162 and AR 3162, Title I Parent Involvement;

*Reviewed the revised 2009-10 Downey Adult School course of study;

*Held hearing to hear public response (there was none) to DUSD's initial bargaining proposals for a successor agreement with the California School Employees Association, Chapter 248; and

*Endorsed the actions taken by the superintendent on all student cases (nos. 62-70).

The next regular public meeting of the Board of Education will be at 5 p.m. on June 8 at the Gallegos Administration Center, 11627 Brookshire Ave.

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Immigration & me

By Eric Pierce

For the past few weeks I've been trying to articulate in my mind what I wanted to say regarding Arizona's newly-passed illegal immigration law, and the illegal immigration issue in general.

But instead of dedicating 1,000 words to the issue, I'm going to keep it short and sweet, and just list a couple of thoughts I have on the matter.

1.) I think immigration laws are a federal matter, and for that reason I believe Arizona's new law will be thrown out by a court.

2.) Giving police the power to investigate a person's legal status by virtue of "reasonable suspicion" is vague. How can a police officer determine "reasonable suspicion" without resorting to racial or cultural profiling?

3.) Arizona passed this law because of the inaction of the federal government. The United States can spend billions upon billions of dollars to engage in a stalemate war in Iraq, but we can't secure our own borders? The United States hasn't secured its borders because it *hasn't been inclined* to do so. Had the Sept. 11 hijackers been of Mexican descent, our borders would have been sealed by Sept. 12.

4.) Legislators should not be allowed to give titles to pending legislation. For example, Arizona's new law has been titled "Support Our Law Enforcement and Safe Neighborhoods Act." That's misleading. Let's call all proposed legislation by its official name. In this case, it's SB 1070.

5.) Illegal immigrants are not going anywhere. That is the reality. I'm not proposing amnesty, but forget about offering incentives to get them to go home. They won't. They came here to escape tyranny, corruption and persecution. They came here for a chance at the "American dream." They risked their lives for the chance to live in America, and they won't go back unless they are forcibly removed.

I was born in the United States, and my family is of Mexican descent. I consider myself incredibly lucky that my parents moved from Mexico to California for the sake of giving myself and my brothers a better life. I appreciate that every day of my life.

But at a certain point the United States needs to do something about the flow of undocumented immigrants who cross into our country every day. The United States also needs to hold Mexico accountable for its role in illegal immigration.

Arizona's new law doesn't do anything to stem the tide of illegal immigrants crossing into this country. It's up to our congressional leaders to get over their partisan bickering and political grandstanding and start working on behalf of its citizens.

Open your door to census workers

By Lucille Roybal-Allard

Now through July 10, you can expect to receive a visit by a census worker if you did not return your census form before April 16th.

These census takers are friends and neighbors hired from our own communities to make sure our local area gets an accurate count. I urge you to open your doors to the census takers. Answering their questions is easy, important and safe.

Census takers – called enumerators – will only ask questions related to the 2010 Census.

The census form is only 10 questions and takes about 10 minutes to answer. The questions are very basic. The enumerator will ask you for your name, gender, age, birth date, race, and whether you own or rent your home. They will also ask for your phone number in case there are any questions about items on the form. If there are others living with you, they will ask you for their information and their relationship to the first person listed on the form. It is important that everyone in your home be counted, particularly children.

It's important to remember what census workers will NOT ask you. The census workers will not ask questions about citizenship or immigration status. They will never ask for Social Security numbers, credit card numbers or bank account information.

All of the information collected is kept confidential. By law, the census employees cannot share your responses with anyone, including housing authorities, other federal agencies or law enforcement entities. The punishment for violating this law is a \$250,000 fine and five years in prison.

If you're visited, the enumerator will identify themselves as a census worker and show you their census ID. The census taker will then record your answers to the 10 questions on the census form. The census employee will never ask to enter your home.

What happens if you're not home? They will leave a "notice of visit" with a phone number for you to call to schedule a better time for a visit or to conduct the interview over the phone. Without a response, the worker will visit your home up to two additional times. Up to three attempts will also be made to reach you by phone.

If you're contacted by a census worker, please cooperate and save them the trouble of returning to your home.

As a result of the undercount in the last census 10 years ago, our communities, cities and state failed to receive their fair share of more than 400 billion dollars in federal funding distributed annually throughout the country. This funding is critical to local schools, hospitals, roads, senior centers, jobs programs, and many other services important to our daily lives. Census numbers also help budding entrepreneurs locate potential markets. This means more jobs in our city because businesses are able to determine the marketability of their products and services.

We cannot afford to miss any of our residents. Not a single one.

I encourage everyone, especially my constituents of the 34th Congressional District, to do their part to make sure every person in our community gets counted.

Letters to the Editor:

Culture department

Dear Editor:

It seems that all the critics of the Downey Theatre finances are starting with the assumption that it should be run at a profit or at the very least be revenue neutral. ("The Problems with the Downey Theatre," 5/7/10) I certainly would not consider this to be a reasonable expectation.

Every time I go to a community theater, I am exposed to requests for donations to help meet expenses. I see plaques on the walls honoring patrons that have made large contributions. This is true also for most other cultural things like museums as well.

The Downey Theatre is in the culture business which adds a great deal to our city by providing the venue for the fine music of the Downey Symphony and high-quality entertainment of the Downey Civic Light Opera. The theater is also utilized very well by presenting programs that introduce culture to our children while receiving little revenue from it. Where else can children be exposed to anything cultural? Certainly not at the movies or on TV.

We're talking about a quarter-million dollar shortfall for theater expenses out of a \$138 million city budget. Can't we find this small amount somewhere to pay for this? If nothing else can be cut, even by this amount, maybe it's time to reconsider our service priorities. If theater expenses can be cut still more than they already have without affecting quality or if more revenue can be generated by more events and/or outside management, great. But let's not lament too much if it can't. We're getting a bargain now when considering the benefits.

If you look at page 15 of the city budget, you will note that the expense for the new post of "City Manager for Emergency Preparedness" is \$323,362. This position was created in response to the false alarm scare of water contamination two years ago. The City Council handled that emergency admirably by making decisions based on information as it became available. They acted both quickly and cautiously to protect the people. No non-elected city official could have done as well. Members of the City Council allegedly have questioned why the people were so against setting up this post when "We can afford it." Well, perhaps we can't afford it. This is considerably more money than the Downey Theatre shortfall.

On the lighter side, page B6 of the city budget shows that dog license revenue has dropped from \$344,142 to \$20,582 over the last two years. How come I haven't heard a 'bark' about this? This drop in revenue is also way more than the needs of Downey Theatre.

— **Ralph Mains, Downey**

Dear Editor:

Last week's article by Lawrence Christon about the Downey Theater has caught my attention. ("The Problem with the Downey Theatre," 5/7/10)

Mr. Christon's articles are always informative and intelligent. His comments about the theater and the state of the arts in Downey generally deserve discussion by all of us who use and enjoy the theater.

I strongly support the formation of a Cultural Affairs Department for our city, and would suggest Mr. Christon as the right person to head it. His writing indicates he feels Downey is in need of strong new leadership in arts management.

Many of us in the community applaud his ideas and hope the present subcommittee of the City Council will not make any decision about the future of our theater without public input.

— **Phyllis Gillespie, Downey**

Dear Editor:

I'm heartened that a discussion about the Downey Theatre has begun within the community and the City Council. We have a beautiful theater that tells of a time when the city knew how important the arts are for bringing together a community. The Downey Children's Theatre would be a good subject for a future "Looking Back On" article.

We shouldn't be looking for somebody else to bring the arts to us. We live here, we know this community-- even if we have to virtually start over, we need to build up new arts initiatives. Our forefathers' choice of children's theatre was a great place to start, because it's popular with kids and parents, and it has a built-in audience. Also, I'm a big fan of Shakespeare and the classics, so I'd love to see a series of three plays interspersed between the three DCLO musicals.

Then there's music, art showings, film series, and remember the city's "Way Outer Broadway" talent contest? The audience is here, especially if we put up high-quality work that is honest and engaging. Great art transcends race, class, education level and even language.

The burden shouldn't fall solely to the city staff. We need to come together as a community and develop our own vision for the arts, entertainment and culture here in Downey. What do you want to see? If we can get together and get organized, present our own plan to the city, then we can start making our vision a reality.

I'm starting a new initiative to bring some of our arts groups together, called the Downey Arts Coalition. If you are a local artist or interested in supporting the arts locally, visit www.downeyarts.org.

— **Andrew Wahlquist, Downey**

Travel to Middle East

Dear Editor:

During World War II, the United States would not permit people to commute to and from Japan and Germany until the war was over. Allowing people to travel to and from military-conflicted countries is inviting trouble.

[Would-be Times Square bomber] Faisal Shahzad was allowed to travel to Pakistan and back. New York was lucky he was not an explosives expert.

It will only be a matter of time before something like this happens again. We may not be so lucky next time.

— **Mike Sandoval, Downey**

Letters to the editor may be submitted by writing to *The Downey Patriot*, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.



Arizona immigration

Dear Editor:

Arizona is right in trying to save America. The United States is in dire peril when 20 million people of any color, nationality or creed trespass into our country illegally – this is an invasion to take over the best country in the world.

Would we allow 20 million British, Europeans, Arabs, Chinese, Russian, Islamist, African and others to come here illegally in such huge numbers? No, we would not allow that. Yet we allow Mexico to do so brazenly.

The illegal invasion has corrupted our country so much that it is a national crime against the USA. They have corrupted our education, medical, legal, housing, employment, language, law enforcement, Social Security, prison, documentations system and legal immigration, and have given us more killings, graffiti, crime, kidnappings, theft, gangs, higher food prices, drug trafficking and have contributed to this recession in some way.

Citizenship should not be given to illegal invaders just because they want to work. All this is not fair to all of those who come in the legal way.

I am not now, nor ever will be, ready for the United State of Mexico. Boycott Mexico, not our states.

— **Joe Cvetko, Bellflower**

Dear Editor:

Illegal actions can not be justified under any circumstances. That includes illegal immigration.

The action taken in Arizona about arresting illegal immigrants, is however, difficult to implement because it depends on subjective judgments.

How does one figure out who is an illegal immigrant?

This situation reminds me of another black action against civil rights caused by hysteria about a problem in the country. The Japanese internment during the Second World War is one of the most egregious attacks on civil rights ever done by our government.

Imagine your predicament if you were Korean or Chinese or of some other Asian race who "looked" Japanese at that time. Probably you suffered the same fate; i.e. insults and discrimination, as other Americans of Japanese descent simply because the way they looked. I have never been able to tell if an oriental looking person is Chinese, Korean, Japanese or anything else and I doubt that any other non Asian person can do any better.

As a Latin American immigrant I am concerned that if I was in Arizona I may be stopped by an overzealous police officer who may suspect me of being illegally in the country.

Will this same officer stop a blond, blue eyed Argentinian for the same reason? I doubt it.

Will this same officer stop a black Panamanian for the same reason? Probably not.

Do you begin to get the picture?

This same officer will not hesitate to stop me because I look Mexican even though I was born in Ecuador, came to this country to study Electrical Engineering, paid non resident tuition at Cal Poly University and decided to stay after getting my B.S. degree. I changed my visa from student to resident at a time when there was a shortage of engineers in the country and I was welcomed with open arms by American industry. I served in the US Army for two years and earned my U.S. citizenship. I am an involved parent and have volunteered many hours to my children's schools, Boy Scouts and Rotary Club. I paid my taxes on time, I have not foreclosed my home and I vote in every election.

How can a police officer, with hardly any psychological training, decide if I am an illegal immigrant? He has only one criterion to judge me, and that is the way I look.

As I indicated earlier, Latin Americans can be blond and blue eyed as Argentinians, black like Panamanians or Mestizos like myself who look "Mexican" because of our racial background.

I sustain that the laws in Arizona against illegal immigrants are not designed to stop illegal immigration but only "Mexican illegal immigration". That is racial profiling and discrimination and has no place in American law.

— **Jorge Montero, Downey**

Failure to yield

Dear Editor:

Two weeks ago in your paper there was an article about the new cameras installed in Downey police cruisers and how they can record everything the officers see while on patrol.

I think they should patrol Paramount Boulevard just south of Telegraph Road. Each morning while the school bus is loading kids with red lights flashing and the stop sign activated on the side of the bus, police should record all the vehicles that ignore the red lights and sail right on by.

They could probably pay for a few of the cameras with the fines they would pick up there and probably everywhere else school buses stop.

— **Jim Lucas, Downey**

The Downey Patriot

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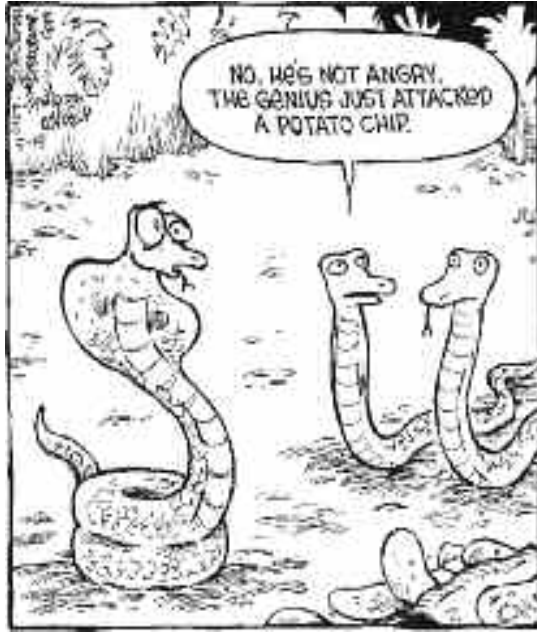
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

Events For May

- Sat. May 15: **Rummage sale**, Moravian Church of Downey, 7 a.m.
- Sat. May 15: **DJAA sign-ups**, Apollo Park, 11 a.m.
- Tues. May 18: **Author Maggie Anton**, Temple Ner Tamid, 10:30 a.m.
- Wed. May 19: **Child immunizations**, Alameda Elementary, 3 p.m.
- Thurs. May 20: **Family Fun Night**, Downey High School, 4 p.m.

City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 6:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Tuesday, 6:30 p.m.: **Library Advisory Board**, at Downey City Library.
- 4th Wednesday, 6:30 p.m.: **Emergency Preparedness Committee**, at Fire Station No. 1.

Regularly Scheduled Meetings

Mondays

- 8:00 a.m.: **Job Club**, at The First Presbyterian Church, for info. call 861-6752.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

Tuesdays

- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 10 a.m.: **Downey Bocce Club**, at 7850 Quill Drive, for information call John Fiorenza at 652-4399.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 1st Tues., 7:30 a.m.: **Gangs Out of Downey**, at City Hall training room.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.
- Tues., Thurs. & Sat., 10 a.m.: **Downey Bocce Club**, at 7850 Quill Drive, for info. call John Fiorenza 652-4399.

Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at 7850 Quill Drive, for information call Marie Puch at 869-4366.
- 7 p.m.: **Out Post 132 Royal Rangers**, at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7:30 p.m.: **Downey Sister City Assoc.**, at Maude Price School, for information call 884-9657.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP**, at Barbara J. Riley Senior Center, for info. call Pearl Koday 633-4355.
- 2nd & 4th Weds., 5:30 a.m.: **Lions Club**, at Cafe & Stuff, for information call 803-4048.
- 3rd Weds., - **Downey Dog Obedience Club**, at Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 10 a.m.: **Los Angeles County Quilters Guild**, at Women's Club, for information call 426-2418.
- 3rd Weds., 6 p.m.: **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at Barbara J Riley Center, call 943-5513.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

Thursdays

- 7:30 a.m.: **Connections Networking**, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.
- 4th Thurs., 10 a.m.: **Assistance League**, at Casa De Parley Johnson, for information call 869-0232.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.

Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.
- 2nd Sat., 12:30 p.m.: **AAUW**, Los Amigos Country Club.

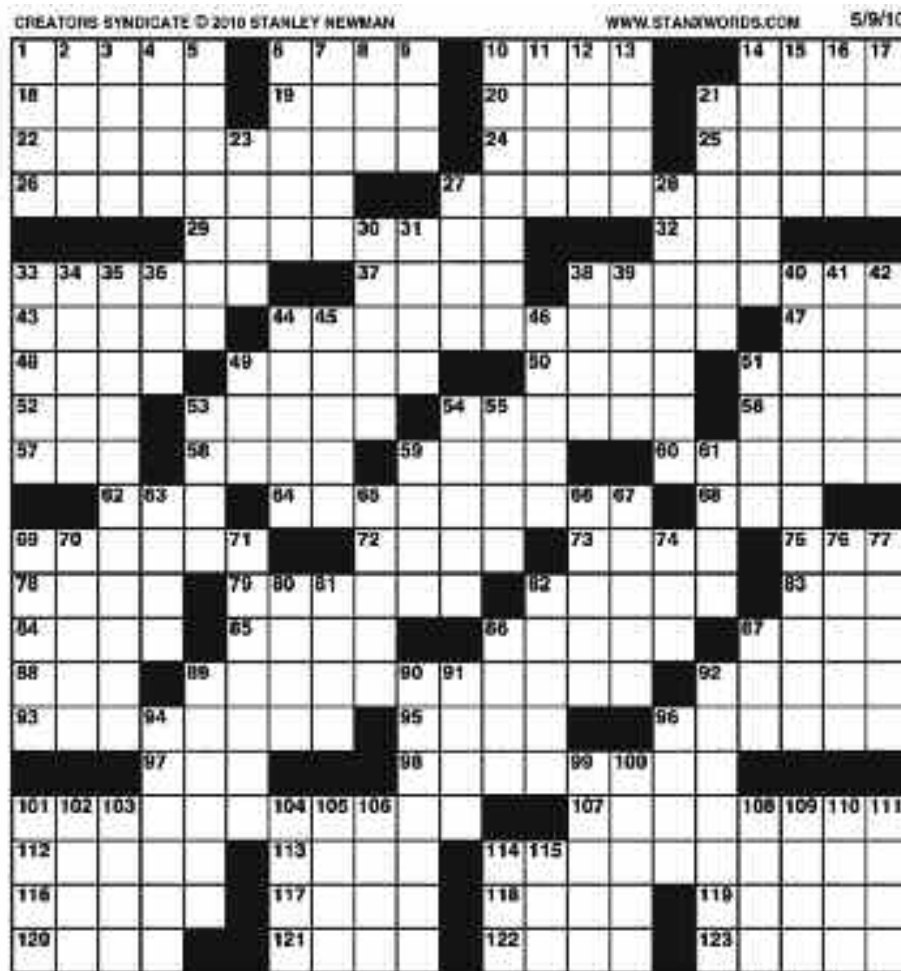
On This Day...

- May 14, 1643:** At age 4, Louis XIV became King of France upon the death of his father, Louis XIII.
- 1787:** Delegates began gathering in Philadelphia for a convention to draw up the U.S. Constitution.
- 1796:** English physician Edward Jenner administered the first vaccination against smallpox.
- 1804:** The Lewis and Clark expedition to explore the Louisiana Territory left St. Louis.
- 1904:** The first Olympic games to be held in the United States opened in St. Louis.
- 1998:** Singer Frank Sinatra died at age 82.
- Birthdays:** Movie director George Lucas (66), actress Cate Blanchett (41) and "iCarly" actress and Downey native Miranda Cosgrove (17).

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
AT EASE: Featuring informal wordplay
 by Fred Piscop

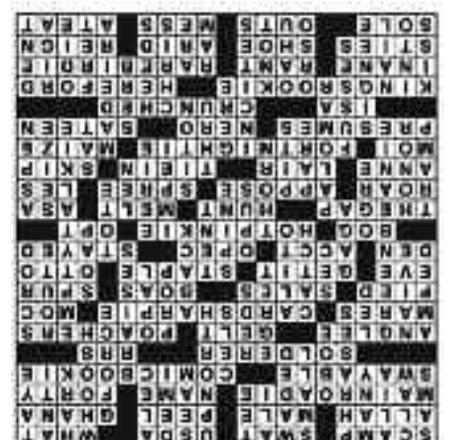
- ACROSS**
- 1 Rogue
 - 5 Smack hard
 - 10 Meat-testing org.
 - 14 "Huh?"
 - 18 Imam's Almighty
 - 19 Buck or drake
 - 20 Cause of a slip, perhaps
 - 21 Gold Coast, today
 - 22 Band's travel-crew manager?
 - 24 Tattle on
 - 25 Winks count
 - 26 Still uncommitted
 - 27 Bet-taking buffoon?
 - 29 Construction worker
 - 32 Four Monopoly props.
 - 33 Taking Woodstock director
 - 37 Moolah
 - 38 Ones on an illegal 72 Across
 - 43 Stable mothers
 - 44 Felt-tip that marks a deck?
 - 47 Slip-on 117 Across
 - 48 Like Hamelin's piper
 - 49 White-elephant events
 - 50 Feathery wraps
 - 51 Cowboy-boot part
 - 52 Brink
 - 53 "Dig me?"
 - 54 Bread or milk
 - 56 Comics dog in uniform
 - 57 Place to hibernate
 - 58 Bank customer: Abbr.
 - 59 Crude cartel
 - 60 Hung around
 - 62 Cranberries source
 - 64 Result of testing tea temperature?
 - 66 -out clause
 - 69 Ubiquitous mall merchant
 - 72 Safari, perhaps
 - 73 Cheese sandwich
 - 75 Simile phrase
 - 78 Sound from Leo
 - 79 Place alongside
 - 82 Buying binge
 - 83 Miz
 - 84 Vampire chronicler
 - 85 Place to hibernate
 - 86 Marketing ploy
 - 87 LP flaw
 - 88 Facetious "Who, me?"
 - 89 Military woman's sleepwear?
 - 92 Yellow shade
 - 93 Takes for granted
 - 95 Novel sleuth Wolfe
 - 96 Shiny fabric
 - 97 Metaphor phrase
 - 98 Analyzed, as statistics
 - 101 Newly appointed court jester?
 - 107 Brown-and-white cattle breed
 - 112 Totally silly
 - 113 Go on a tirade
 - 114 Duffer's accomplishment?
 - 116 Places for troughs
 - 117 Sock surrounder
 - 118 Like the Sahara
 - 119 Time in power
 - 120 One-and-only
 - 121 Triple-play trio
 - 122 Camp fare
 - 123 Annoyed no end
- DOWN**
- 1 Club (Costco rival)
 - 2 Hammer part
 - 3 Inter (among others)
 - 4 Dozens of
 - 5 Puts into words
 - 6 Narrow-minded
 - 7 Enjoyed a mudhole
 - 8 Pugilistic poet
 - 9 Links area
 - 10 Like Canada, from Colorado
 - 11 Coal bed
 - 12 It means "half"
 - 13 Actor Baldwin
 - 14 Rushing sound
 - 15 Old-time "Listen!"
 - 16 Disapproving of
 - 17 Diggs of Rent
 - 21 Liftoff sensation
 - 23 High woodwind
 - 27 Toon collectibles
 - 28 Cooks slowly
 - 30 Plume source
 - 31 Some checkers
 - 33 Excited, with "up"
 - 34 Born yesterday, so to speak
 - 35 Dublin college freshman's wear?
 - 36 Set the pace
 - 38 Stage item
 - 39 Australia's national gemstone
 - 40 Frivolous old film?
 - 41 Navigation device's suggestion
 - 42 Fish-house order
 - 44 Stumbling block
 - 45 Supreme Court appointee of '06
 - 46 By surprise
 - 49 Wine specification
 - 51 Suds source
 - 53 Infatuated
 - 54 Book backing
 - 55 Staked setup
 - 59 Numbered work
 - 61 Frequent pledge-drive gift
 - 63 Tyrannical boss
 - 65 Androcles' extraction
 - 66 Louvre Pyramid architect
 - 67 Like Halloween sounds
 - 69 Walk heavily
 - 70 Throw a party for
 - 71 Observatory near San Diego
 - 74 Author Deighton
 - 76 Take forcibly
 - 77 Quaking tree
 - 80 Whittle down
 - 81 Indy areas
 - 82 Withhold release of
 - 86 Drive__ window
 - 87 HS br.'s exam
 - 89 To-dos
 - 90 Stirs up
 - 91 Richard of Amelia
 - 92 Portuguese wine
 - 94 John Hancock, notably
 - 96 Novi Sad native
 - 99 Matthews of Hardball
 - 100 Takes to heart
 - 101 Warm greeting
 - 102 Wrapped up with
 - 103 Do perfectly
 - 104 Approximately
 - 105 Where Diamond Head is
 - 106 Paneling feature
 - 108 Worry
 - 109 Garfield's foil
 - 110 Latvia's capital
 - 111 Door ding
 - 114 Woolly male
 - 115 "__ you kidding?"



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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

OTTO (56 Across) the pet bulldog of Sergeant Snorkel in the comic strip Beetle Bailey, wears a miniature sergeant's uniform. Founded in 1969 as a place for younger people, clothing store chain THE GAP (69 Across) took its name from the "generation gap" of the '60s. The name of California's Palomar mountain range, home of PALOMAR Observatory (71 Down), is Spanish for "pigeon roost."



Paging Dr. Frischer...

By Dr. Alan Frischer



in joints, muscles or tendons, and is especially unusual in that there may be exaggerated pain from normal touch.

Fibromyalgia may mimic the pain of arthritic-type diseases, but these patients don't display the swelling, redness, joint destruction, or deformity of joints found with arthritis. They do describe a soft-tissue pain that is radiating, gnawing, shooting or burning, and ranges from mild to severe. Sufferers tend to wake up with body aches and stiffness. The tender points in fibromyalgia occur without even touching them, with pain radiating in all directions. For some, the pain tends to improve during the day and then increase at night. The pain can be continuous and unrelenting, and can get worse with activity, cold or damp weather, anxiety, and stress. Patients report:

- bodyaches
- chronic facial pain or aching
- fatigue
- irritable bowel syndrome
- memory difficulties and cognitive problems
- multiple tender areas (muscle and joint pain) on the back of the neck, shoulders, sternum, lower back, hips, shins, elbows, and knees
- numbness and tingling
- palpitations
- reduced exercise tolerance

There are diseases that many doctors just love to avoid: they do not lend themselves to easy diagnosis. Neither blood tests, nor x-rays, nor special exams will help to identify them. For these types of illnesses, the doctor will ask a series of questions over time, and arrive at the diagnosis through a process of elimination. Even once the diagnosis is made, it is difficult to determine whether the patient is getting better or worse, since there is no objective way to measure such change! It is not a precise process; welcome to the "art of medicine." Here, then, is one such disease...fibromyalgia.

Everyone seems to know someone who believes that they have fibromyalgia, and it may even be you. *Fibromyalgia* is a Greek word that literally means "pain in the muscles and fibers." It is a medical disorder characterized by chronic widespread pain with tender points

- sleep disturbances
- tension or migraine-type headaches

There is a high likelihood of also having psychiatric conditions such as depression and anxiety, and stress-related disorders such as post-traumatic stress syndrome. Fibromyalgia may develop along with other musculoskeletal conditions like rheumatoid arthritis or lupus. It's possible that 2-4% of the population has it, with women outnumbering men 9:1.

The formal diagnosis of fibromyalgia requires a history of at least three months of widespread pain, and pain with tenderness in at least 11 of 18 specific sites. These sites include fibrous tissue or muscles of the arms, elbows, buttocks, chest, knees, lower back, neck, rib cage, shoulders, and thighs.

It is clearly a controversial disease, badly lacking in scientific consensus. The absence of physical or objective laboratory findings causes many physicians to not even believe it exists, or to chalk it up entirely to psychiatric problems.

While the cause of fibromyalgia is unknown, physical and emotional trauma may play a role in its development. Some have theorized that the sleep disturbances so com-

mon in this disorder may actually be the cause. Another theory purports that the disorder may be associated with abnormal muscle metabolism caused by decreased blood flow, which then leads to chronic fatigue and weakness. Some propose that the disease is inherited. Others suggest an infectious cause, possibly from a virus. When little is known, theories appear.

Treatment varies, depending on the severity of the symptoms. For mild symptoms, the pain may go away when stressors diminish or lifestyle changes are made. Further treatment involves medications, education, physical therapy, counseling, and support groups. Currently there are a few drugs approved for the treatment of fibromyalgia, including Lyrica, Cymbalta, and Savella. Anti-inflammatory medications, such as ibuprofen, naproxen, and a host of others, can help with pain, as does Neurontin, or even narcotics for severe pain. Antidepressants in low doses have been shown to decrease depression, decrease pain, improve sleep, and release pain-relieving endorphins. Fish oil, magnesium with malic acid, and vitamins have been beneficial.

General good health measures including diet, stress reduction, and exercise are highly recommended.

The course of the disease varies. It is common and it is chronic. Symptoms can improve, or may worsen and continue for months or years. In fact, the only comforting news is that there is no proof that fibromyalgia actually

kills anyone.

If you feel you may have symptoms suggestive of fibromyalgia, see your doctor. Good health to you all!

Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

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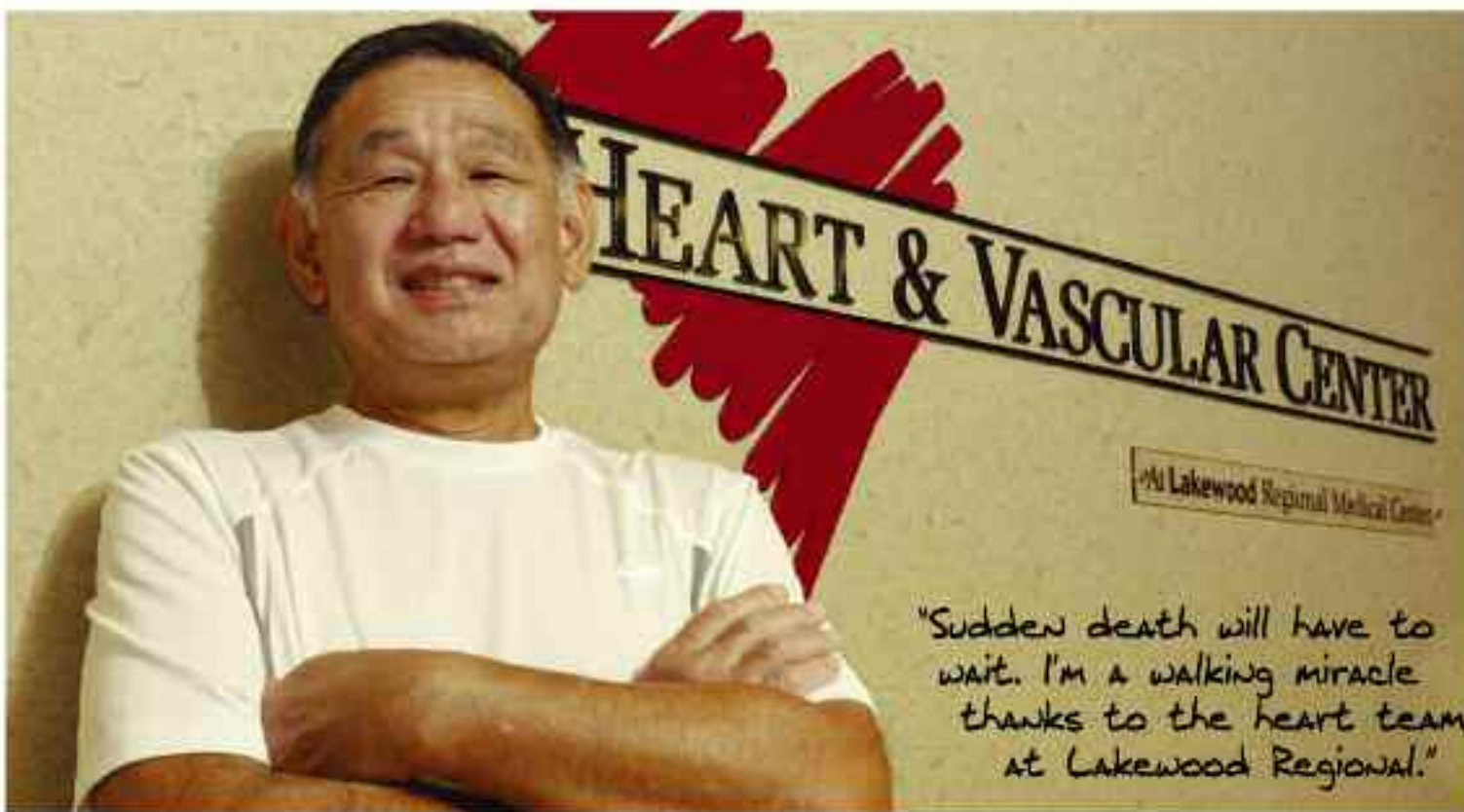
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Maroon 5 will tour this summer

Grammy Award-winning recording artist Maroon 5 is back with their highly anticipated third studio album, "Hands All Over," (A&M/Octone) set for release on Sept. 21.

The group also announced a summer tour.

Produced by rock studio legend Robert John "Mutt" Lange (AC/DC, Def Leppard, The Cars), "Hands All Over" is a hybrid of rock, pop, funk and R&B.

In addition, the album's first single will be released to radio stations on June 28. Following the release of the single, Maroon 5 has announced plans for a summer concert tour that will encompass nearly 30 dates by the end of the summer.

The tour is set to kick off on July 30 and will feature a rotating group of special guests including Owl City, Guster, Kris Allen, VV

Brown and Ry Cuming. Tickets for select dates of the tour go on sale today.

Maroon 5 began writing the songs that appear on "Hands All Over" after winding down from a world tour in support of their 2007 studio release "It Won't Be Soon Before Long." Several months later, the band received a phone call from Lange, who had heard that the band were beginning to write a new album, and expressed an interest in producing it.

"We didn't even talk to anyone else," Adam Levine, Maroon 5's frontman, said. "Mutt is undeniably one of the most successful producers who's ever lived."

Jesse Carmichael, the band's keyboardist, added, "Mutt really helped us play to the best of our ability. And it drove us to be bigger and better than ever."

The result is "Hands All Over."

Recorded at Lange's Switzerland studio, the members of Maroon 5 locked themselves in the mountains to patiently craft their latest effort. Starting with the hard-rocking title track, the album's 15 tracks take several intoxicating twists and turns including such compositions as "Out of Goodbyes," a country ballad infused with musical and vocal contributions from Nashville chart-toppers Lady Antebellum.

Long-time fans will get a thrill out of "Misery," with its funky guitars and high-stepping melody, as well as the propulsive "Stutter," melody rich "Give A Little More" and "Don't Know Much About That," which professes a classic soulful vibe.

Tour dates for Maroon 5's 2010 concert tour are as follows:

July 30 - Saratoga Springs NY - Saratoga Performing Arts Center (w/ Guster, Ry Cuming)

July 31 - Gilford NH - Meadowbrook U.S. Cellular Pavilion (w/ Guster, Ry Cuming)

Aug. 1 - Uncasville CT - Mohegan Sun Arena (w/ Guster, Ry Cuming)

Aug. 4 - Toronto ON - Molson Canadian Amphitheatre (w/Owl City, Ry Cuming)

Aug. 5 - Clarkston (Detroit) MI

- DTE Energy Music Theatre (w/Owl City, VV Brown)

Aug. 6 - Noblesville IN - Verizon Wireless Music Center (w/Owl City, VV Brown)

Aug. 7 - Canandaigua NY - Constellation Brands Performing Arts Cnt. (w/Owl City, VV Brown)

Aug. 10 - Mansfield MA - Comcast Center (w/Owl City, VV Brown)

Aug. 11 - Wantagh NY - Nikon at Jones Beach Theater (w/Owl City, VV Brown)

Aug. 13 - Bristow VA - Jiffy Lube Live (w/Owl City, VV Brown)

Aug. 14 - Camden NJ - Susquehanna Bank Center (w/Owl City, VV Brown)

Aug. 15 - Holmdel NJ - PNC Bank Arts Center (w/Owl City, VV Brown)

Aug. 19 - Miami, FL - Bayfront Amphitheater (w/Kris Allen, VV Brown)

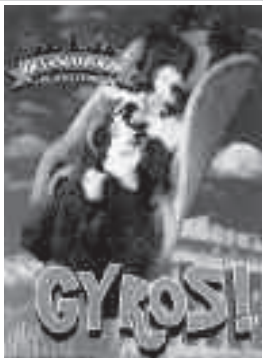
Aug. 21 - Alpharetta, GA - Verizon Wireless Amphitheater at Encore Park (w/Kris Allen, VV Brown)

Aug. 24 - Davidson, NC - Belk Arena (w/Kris Allen, VV Brown)

Aug. 29 - Pittsburgh, PA - Trib Total Media Amphitheater at Station Square (w/Kris Allen, VV Brown)

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Tesla Roadster makes history in Moscow

MOSCOW - A Tesla Roadster traveling around the world made history last Friday as the first car without Russian components to receive official clearance to park in Moscow's Red Square.

Red Square is the country's former royal citadel and the president's residence - an iconic venue considered the epicenter of Moscow and Russia itself. On April 29, the Roadster was the center of a VIP celebration with more than 250 guests at Moscow's Autoville Museum, where the car is on display all weekend.

Moscow is the sixth stop in the "Odyssey of Pioneers," the first round-the-world tour by a zero-emission GT car. The 37,000-kilometer voyage, sponsored by Tesla Motors and Swiss watchmaker TAG Heuer, includes displays, owner appreciation gatherings, and VIP events in 15 cities and more than 150 towns on three continents.

Previous stops have included Monaco, Milan and Budapest, where Nikola Tesla came up with the design for his revolutionary alternating-current induction motor

in 1882. The Tesla Roadster - the only electric car for sale in Europe or North America - uses an AC induction motor descended from the scientist's original vision.

"The Roadster is an iconic and ground-breaking car, so it's appropriate that it made history in such a poignant way," said Tesla technician Luke McClure, who is driving the Roadster across three continents. "It was humbling to be granted the honor of parking in Russia's most hallowed ground - and at the same time we have been mobbed by fans excited to see the Roadster in person."

Throughout Slovenia, Hungary, Russia and other countries, the Roadster has been recharging from conventional outlets using existing infrastructure. The TAG Heuer Tesla Roadster has charged from standard outlets at hotels, a solar panel array in Italy and even at a barn in rural Switzerland, demonstrating the versatility and ease of charging.

Fans can follow the Odyssey online and become part of the tour's social media experiments on Facebook.

Choir in concert this weekend

BELFLOWER - The Bellflower Civic Chorus will present a series of spring concerts May 14-16 at the Bristol Auditorium at Bellflower City Hall.

The chorus will be singing favorites from Hoagy Carmichael, Johnny Mercer, Duke Ellington, Cole Porter, the Gershwins and Glenn Miller. Performances will be

interspersed with specialty acts and solos.

The mixed-voice chorus is sponsored by the Bellflower Parks and Recreation Department and currently has 51 members.

Performances will be given May 14-15 at 7 p.m. and May 16 at 2:30 p.m.

Tickets are \$5 will be available at the box office.

They can also be purchased in advance by making a check payable to Bellflower Civic Chorus and sending a self-addressed stamped envelope to Bellflower Civic Chorus, P.O. Box 1058, Bellflower, CA 90707.

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• **IRON MAN 2** PG-13 Fri to Sun (10:15, 10:55, 12:30, 1:10, 1:50, 3:25, 4:05, 4:45, 6:20, 7:00, 7:40, 8:15, 9:55, 10:35) **Mon to Thu** (10:55, 12:30, 1:10, 1:50, 3:25, 4:05, 4:45, 6:20, 7:00, 7:40, 9:15, 9:55, 10:35)

A NIGHTMARE ON ELM STREET (2010) R (11:20, 1:40, 4:30, 7:05, 9:40)
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THE LOSERS PG-13 7:10, 9:35

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Bears qualify at Finals

■ **TRACK AND FIELD:** Bears set personal bests and several advance to CIF.

DOWNEY – The Warren boys performed exceptionally well on May 7 at the SGVL Track Finals.

The Bears qualified in 12 of the 16 events to move on to CIF.

Senior Javan Polk qualified by finishing third in the 100 meters and second in the 200 meters. Sophomore Hakeem Fairweather took second in the long jump with a jump of 22' 4" and second in the high jump at 6' 2".

Both runners are also on the 400 meter relay that qualified by finishing third.

Senior Frank Lopez took the title in the 800 meters for the second year in a row, while teammate Irving Zamora finished just 3-tenths of a second behind him for second place.

Distance sensation Christopher Enriquez ran his best race of his three years as a Bear in the 1600 meters. He finished second but took down the school record with a time of 4:23.07.

Enriquez came back two hours later to win the 3200m in a time of 9:39.58 and teammate Sarthak Patel took third with a personal best of 9:50.2 to advance to next week's CIF Track Prelims at Trabuco Hills High School.

Sophomore Saul Leon cleared his best mark of the year in the pole vault at 12' 9" and earned himself second place and advancement to CIF.

The 1600 meter relay team, which includes Gabriel Zepeda, Joe Josofat, Irving Zamora and Frank Lopezal, advanced by placing second.

Sam Bettencourt and Augafa Vaaulu also advanced.

Stipends: Booster club yet to hand over more than \$15K.

Continued from page 1

possible that not all of them broke the CIF bylaw. The first set of stipends that were paid out in July 2009 went to a summer camp, according to Warren High School principal John Harris.

Athletic Director Steve Hill said coaches are not compensated for camps held during the summer and the stipends that were paid out during July 2009 did not break any CIF rules.

When asked about the second set of stipends that were paid during the wintertime to a handful of coaches, not including Benadom, Hill said that it is possible that rules were broken.

"Nobody knowingly knew that 507 was being violated," he said. But he did acknowledge that it was likely broken.

"It was an oversight," Hill said when asked why no one discovered the possible rule violation. "It was my fault."

Harris added that the booster club is their own entity and that the school has limited control over it. The club had no formal agreement or contract with the football program or the school district.

Former booster club president Cesar Lopez confirmed that stipends were paid to coaches at the coaches' request and that payments were also made in previous years.

Lopez said that stipends were paid after coaches requested payment for services. The booster club then deliberated how much should be paid, and a vote was held to approve the payments.

When asked if he or anyone in the booster club went to people outside of the club to approve the stipends, Lopez said that outside approval never happened and



approval was kept within the group.

Lopez said he wants to put the situation behind the booster club and wants to start over with the next coach coming in.

"We want to move forward," he said. "The whole purpose is the kids."

The stipends came to light when it was reported that the booster club was holding in excess of \$15,000 from the football program after they were disbanded in January.

According to Lopez and booster club member Debbie Fitzsimmons, the withheld money was not immediately turned over because of outstanding balances that need to be paid before returning what's left over to the program.

Taxes also needed to be done before the money was to be turned over. According to Fitzsimmons, May 6 was when the taxes were completed and the money should be turned over to the football program shortly.

While it's only speculation that this was another reason why Benadom resigned as head coach on April 1, there's no question about the bitterness that sections of the booster club and Benadom had for each other.

This past January, Benadom disbanded the booster club to the club's disbelief, according to Fitzsimmons.

After the boosters were disbanded, club officials had discussions with Hill and Harris about the legality of Benadom disbanding them and that's when the issue of stipends emerged.

Hill said that he thought the issue was resolved but Fitzsimmons said the meetings were unproductive.

Club members then attended meetings with DUSD superintendent Wendy Doty. Fitzsimmons said that Doty said an investigation would be done.

Booster club members also complained to the board of education during a recent board meeting.

Warren shares piece of league title

■ **SWIMMING:** Bears finish the season as co-champions with Paramount.

By JOSEPH APODACA, SPORTS INTERN

DOWNEY – Warren High School closed out their successful swim season last week, with both the girls and boys teams emerging from the water as champions in their own right in addition to the boys walking away as co-league champions.

The varsity Warren boys made a major play to take it all in league and they managed to do just that. Overall, the Bears managed to knock out all the competition with a win of 161 total points, defeating the Paramount Pirates who placed second with 146 points, the Downey Vikings in third with 86 points, and the Gahr Gladiators in fourth with 65.

While the Bears were the one's who took home top honors at the event, including the night's big trophy, they still shared the overall San Gabriel Valley league championship title with the Pirates, due to Paramount defeating all the teams in the league at the qualifying meets, including the Bears by four points.

Many of the varsity boys walked away with some of their best personal times and first place victories. The 200-medley relay team of Luis Herrera, Josh Hanein, Matt Blanco and Alex Rivera swam all the way to first to start of the meet.

Hanein also took top honors in the 50-freestyle sprint and the 100-breaststroke. Rivera managed to

take first place in the 100-freestyle event while the combination of Blanco, Nigel Adashefski, David Adams and Hanein took home a first place win in the 200-freestyle relay.

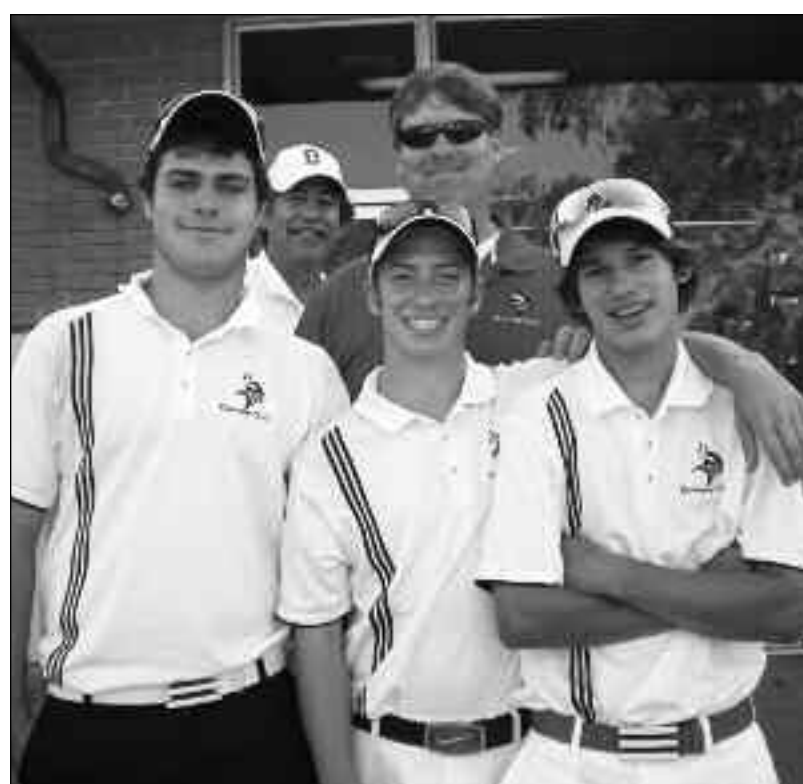
In addition to the boys' major wins, the lady Bears were defending champions in several of their events and took home some new first places. Ivana Castro remained victorious in the 200-freestyle event and her 100-butterfly.

"Ivana Castro showed off her speed in commanding style by winning the 100 butterfly. This was a new event that I switched her to this year, and I'm very pleased with how she did," said head girls coach Josie Cordero.

Danniella Flores also defended her standings in both her 200-individual medley and 100-backstroke. The team of Flores, Jessica Hanein, Castro, and Saree Waugh also took top honors in the 200-medley relay.

The difficult to master 500-freestyle event was a major success for the lady Bears as well. Jen Tritz, a first year varsity swimmer, was just barely out-touched in the event to place third overall and has drastically improved as a strong distance swimmer. In addition, Alexis Huerta swam the event for the first time ever at the league prelims meet and managed to place eighth overall and managed to return for finals.

Several of the boys and girls from the Warren swim teams managed to get times that qualified them for CIF, which was held this year at the Belmont Plaza Pool in Long Beach (the scores were not made available at press time).



Downey High School will send Jonathan Strang, Derek Atwood and Paul Heidecker, pictured above, to CIF on Monday. Warren's Phillip Delgado also qualified.

Golfers to compete in regional tournament

■ **GOLF:** Downey's Jonathan Strang shoots even par to finish second in league.

DOWNEY – The Warren and Downey boys' golf teams did not fare too well at the CIF Central Team Divisional tournament last week, finishing 10th and 13th, respectively.

Things went a little better in the San Gabriel Valley League Championship. While Anthony Kim of Gahr High School took first place, the next four players to earn a spot in the CIF Southern Individual Regional on Monday were local golfers.

Jonathan Strang, of Downey High School, shot even par over three days to finish second in league.

Third place went to Derek Atwood of Downey High. Paul Heidecker, of Downey High, finished fourth.

Warren High's Phillip Delgado finished 5th.

These four local golfers will be competing in the individual regional tournament at Skylinks Golf Course in Long Beach on Monday.

They will be trying to earn a spot in the CIF Individual Finals to be held at La Purisima Golf Course in Lompoc on May 24.

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Dan Fox calls himself a 'lifelong learner'

BY HENRY VENERACION,
STAFF WRITER

A year after obtaining his chiropractic degree in 1983 from Cleveland Chiropractic College in Kansas City, MO, Dan Fox went to work at his father-in-law's clinic at 2nd and Myrtle in downtown Downey. He bought the business, (Wm.) Sheets Clinic, after seven years. It has been known as Fox Chiropractic since.

Thus for 26 years he has aimed at keeping his patients' nerves, bones and muscles working well together. Chiropractic practice focuses on the spine, as the spine supports the body. At the same time, it protects the spinal cord, "the main pathway of the nervous system. Nerves in the spine carry signals that control sensation, movement, and function throughout the body. Chiropractic works to keep the spine aligned. This helps keep nerve signals flowing freely and the body healthy," while keeping joints and muscles pain-

free, according to a clinic pamphlet.

Fox recalls taking courses in physics, biology, microbiology, and the like, and a heavy dose of anatomy in college, not to mention his earlier preliminary two-year course work in physiology and anatomy at Cerritos College in the mid-70s.

In other words, you get the same training given to medical students, but without the 'medicines and the surgeries,'" he said.

The reason for the noticeable time gap between prep work and college graduation is because his mom, who was of Pennsylvania Dutch stock, took sick and he had to take care of her. She died of colon cancer, at age 65, in 1979. His dad, who worked for the Southern California Gas Company, died in 1989, "ten years to the day." His origins were English-Irish.

Not too many people appreciate what chiropractic does, he says. It's the manual manipulation or adjustment of a patient's bones, to relieve pressure on the nerves as evidenced

by headaches, pain in the neck or lower back, etc. Indeed, he says only about 3-5 percent of the population ever visits a chiropractor. As of five years ago, "I believe there were 15 of us practicing here in Downey. The work of educating the public about the profession is cut out for our national association."

He went on: "I was not an athlete in high school. But just the same I lettered in basketball, baseball and football because I was manager of all three teams. This was what probably caused me to lean towards chiropractic as a career. My wife, Debbie, whom I met at church where we worshipped and sang together, introduced me in fact to Chiropractic College." She is the office manager at First Baptist Church.

Born at the original Downey Community Hospital in 1956, Fox attended Downey Elementary (located where City Hall stands today), West Junior High (now West Middle School) and Warren High School. In addition to his chiropractic degree, he got a BS in human development in 2003 from Hope International University (on the Cal State Fullerton campus), and he's currently working on his Teacher Certificate in health science or special ed, while he substitute teaches. He ran for the school board four years ago but lost to Tod Corrin.

His desire to increase his range stems from a natural curiosity about things. He likes to read, take classes, learn new stuff. He wants to further improve himself. "I'm a lifelong learner," he says.

"Right now, three institutions define my main interests outside work: church, the Chamber (of Commerce), and Rotary." (He sings and is lead worship at First Baptist Church and very active at both chamber and Rotary, where he has served as president).

While leisure activities have included travel (New York, London Cozamel, Mexico and especially Hawaii), watching sports, movies, and Broadway/Broadway-type



shows, a real favorite pastime is scuba diving, thus trips to Hawaii and Cozamel. "Me and my 21-year-old son, Rob, shore dive at usually thirty to forty feet down, in places like Corona del Mar and Catalina. The deepest we've dived was at 105 feet. You see fish, coral, anemones, seal, urchins," he says.

Warren High grad Rob is taking film production at Cerritos College while working at Disneyland. Daughter Lauren, 25, who majored in child development at Cal State Long Beach and is married, has her temporary teaching contract at Unsworth Elementary expiring in June.

Fox showed me a demo mini-skeleton showing the body's bone structure, including the spine, vertebrae, joints and discs. He also gave me a crooked promo pen bearing Fox Chiropractic's name and these "eight danger signals": 1) headaches; 2) low back pain or stiffness; 3) pain between shoulders; 4) loss of sleep; 5) neck stiffness; 6) arm or hand numbness; 7) painful joints; and 5) leg pain or numbness, as an admonition to "see a chiropractor immediately."

In the mean time, to raise his business profile, Fox said, "I'm developing a website."



Dental Assisting instructor Benson Dimaranan is assisted by student Andrea Martinez as the patient receives a coronal polishing and receives instructions on proper oral hygiene.

Students put skills to work at health clinic

LOS ANGELES – Students and faculty from Downey Adult School's medical programs participated in the free health clinic held earlier this month at the Los Angeles Sports Arena.

Accompanied by instructors Benson Dimaranan, Dan Legaspi, Olga Saucedo and Ameerah Mahdi, students from the Dental Assisting and Pharmacy Technician programs volunteered in the various healthcare divisions of the free health clinic and assisted patients from morning to night.

Dental assistant student Andrea Martinez utilized her training in chair-side assisting for coronal polishing, tooth extraction, filling, dental cleaning and oral hygiene.

On the pharmacy side, Legaspi led his students in providing medication needs. Students showed flexibility and initiative in taking on tasks not normally in their range of duties, Legaspi said, including medication compounding.

Students from Downey Adult School's vocational nursing program assisted with general medicine, women's health, dental treatment and in the pharmacy.

"With many patients receiving the care they lined up for, the Downey Adult School healthcare programs definitely provided superb services," the school said in a statement.

Happy Anniversary Mom and Dad!

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Sophia Molly Elmo Freddie Savannah

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<p>Tuesday, May 25 10am - 6pm MONROVIA Double Tree Hotel 924 W. Huntington Drive 91016 626.357.1900</p> 	<p>Wednesday, May 26 10am - 6pm LOS ALAMITOS/CYPRESS Residence Inn 4931 Katella Ave 90720 714.484.5700</p> 	<p>Thursday, May 27 10am - 5pm REDONDO BEACH Best Western 1850 S. Pacific Coast Highway 90277 310-540-3700</p> 	<p>Friday, May 28 10am - 5pm DOWNEY Embassy Suites 8425 Firststone Blvd. 90241 562.861.1900</p> 

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Honored with the Downey Youth Service Award were Darlene Sveta, top photo, and twins Angel and Alex Amparan. They are pictured with Kiwanis club member Fernando Vasquez, organizer of the award.

Promising students honored with award

DOWNEY – Three students were honored May 6 with the Downey Youth Service Award, a recognition sponsored by the Kiwanis Club of Downey and *Downey Patriot* honoring the achievements of students both inside and outside the classroom.

Darlene Sveta, a junior at Downey High School, was honored along with twins Angel and Alex Amparan, fifth graders at Rio San Gabriel Elementary.

Darlene has a 3.8 GPA and excels as a member of KIWIN'S, the youth service organization founded by Kiwanis. Darlene participates in beach clean-ups at Belmont Shore, volunteers with Keep Downey Beautiful and assists at the weekly swap meets at Downey High.

She also volunteers at bingo events for seniors, tutors kids at a local elementary school, helped out at Kids Day and participated in the Build-A-Bear project benefiting underprivileged children.

Alex is Rio San Gabriel's student council president and has been an honor roll student every reporting period. He has served his school as a school safety officer, and volunteers his time reading to kindergarten students.

A member of two Rio San Gabriel Carnival of Champions teams, Alex wants to be a U.S. Supreme Court Justice when he grows up.

Angel is secretary for Student Council and has also been on the honor roll every semester. He assists his Student Council teacher at the student store, and was a member of a winning team at the Carnival of Champions.

His aspiration is to become an elementary school teacher working with special needs students.

Hospital to discuss kidney disease

LAKWOOD – Lakewood Regional Medical Center will host a free seminar May 24 for people with chronic kidney disease.

The discussion will include basic information on chronic kidney disease, nutrition, medications and dialysis options.

The program is from 6:30-8 p.m. at Lakewood Regional. RSVP by calling (800) 813-4345.

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Burton puts patients first

By GREG WASKUL,
RANCHO LOS AMIGOS FOUNDATION

Wendy Burton, MA, CCC-SP, has dedicated most of her illustrious career to Rancho Los Amigos National Rehabilitation Center, where she has served as Director of the Communication Disorders Department for more than a decade.

"She has impressed her colleagues not just as a highly competent and caring professional, but also through her involvement in professional associations and clinical research projects," said Rancho Chief Executive Officer Jorge Orozco. "She is a key member of our clinical team."

Wendy is often involved in critical hospital programs that go far beyond the realm of her departmental responsibilities, and is a "go-to" person when a critical need is identified.

"She is always willing to take on new challenges, most recently the co-leadership of Rancho's management development program," said Rehabilitation Therapies Division Director Lilli Thompson, PT, NCS. "Of course, her primary focus has always been patient care, where she has proven herself a master clinician."

Her many leadership and clinical accomplishments, as well as the spirit in which she has performed her Rancho duties, were key reasons she was presented with the Rancho Los Amigos Foundation's Amistad Award for Lifetime Achievement at the 24th Annual Amistad Gala on Saturday, May 1 at the Westin Long Beach Hotel.

After growing up in Southern California, Wendy earned her B.A. in Human Biology from Stanford



Wendy Burton was honored with a Lifetime Achievement award at the 24th Annual Amistad Gala held May 1.

and her M.A. in Speech-Language Pathology from UC Santa Barbara. She came to Rancho in 1986 as a Clinical Fellow. She served as a staff speech pathologist until 1990, when she became supervisor of the Stroke/Gerontology Service. She left Rancho for two years to be a college professor. When she returned in 1999, she was appointed to her present position.

In recognition of her dedication and clinical leadership, Wendy was awarded the 2009 Joseph F. Dowling Memorial Distinguished Service Award from the Rancho

Professional Staff Association. In 2008, she was presented with the Outstanding Achievement Award by the California Speech-Language Hearing Association.

"Wendy's colleagues admire her for her distinguished service, her endless grace under pressure and her ability to get the job done no matter what challenges she faces," said Rancho Los Amigos Foundation President Gene Glow. "We congratulate and thank her for her countless contributions to making Rancho better for our patients!"



Author Lisa See visiting Downey

DOWNEY – Award-winning author Lisa See will be the featured speaker at a luncheon and book-signing June 5 at the Rio Hondo Event Center.

Tickets are \$25 and include the author talk and a Chinese buffet meal.

See is author of the bestselling books, "Snow Flower and the Secret Fan," "Pony in Love" and "On Gold Mountain."

Her latest novel, "Shanghai Girls," tells the story of Pearl and May, two sisters who leave Shanghai to find new lives in 1930s Los Angeles. To settle his gambling debts, their father sells both girls to a wealthy Chinese-American as wives for his sons.

The girls find themselves detained on Angel's Island for months and later must keep a secret that could threaten their future.

"Lisa's book captures the bond between sisters, the rich detail of pre-World War II Shanghai, and the struggles and joys of the immigrant experience," said City Librarian Nancy Messineo. "At this event even you will have a rare opportunity to hear a gifted author speak and learn more about her own Chinese American family."

Copies of "Shanghai Girls" will be available for purchase and signing at the event.

Reservations are required by May 29 at the Friends Book Store located inside the library.

For more information, call (562) 904-7360, ext. 132.

Tweedy: Property subdivided, sold.

Continued from page 1

construction. Built in the Monterey style of architecture, the James K. Tweedy ranch house was finished in 1925 and is classified as an "early California adobe."

Originally, the 3,500 sq. ft. home featured 10 rooms, including an office, kitchen and dining room, arranged around a central patio or "outdoor living room," which was covered by a screen dome. The Tweedy home, located at 9117 Tweedy Lane., had five bedrooms and three and a half bathrooms along with a separate 1,000 sq. ft. guest house, 50-foot pool and pool house.

After World War II, James K. Tweedy sought to sell his large provisions of land. Interestingly enough, during that time the State of California was making an attempt to plant a state college in the gateway region for graduating high school students.

Tweedy proposed his large acreage in Downey be purchased for the new college. State officials

considered the property, but ultimately bought land in Long Beach from the Bixby family, one of the largest landowners in the Los Angeles area at the time. The small state college would later become Cal State Long Beach.

Consequently, Tweedy began selling large portions of his land, which were subdivided in order to create new homes in the area. Despite the loss of land, the 1.9-acre estate remained intact and was sold in the mid 50's to H.A. and Ruth Boezinger who kept the house until the late 80's.

In the early 90's, real estate developers had plans to subdivide the property and raze the Tweedy ranch house, but in 1995, the estate was bought by Bill and Connie Kirkwood, founders of Kirkwood Christian Schools. Today, the couple resides in the restored estate, which now features four bedrooms and three bathrooms in the main house and three bedrooms and two bathrooms in the remodeled guest house.

However, the Kirkwoods have modified the home, enclosing the

outdoor living room patio and constructing a two-story garage and office on the property.

Nevertheless, the Tweedy ranch, large when compared to the average home today, is but a small, enduring fragment of a vast, fruitful tract of orange orchards, avocado groves and walnut trees. The Tweedy family along with several other pioneering families helped put Downey on the agricultural map, establishing the maturing city as a community of vision and promise.

Arc passes review for accreditation

DOWNEY – Arc of Southeast Los Angeles County has been accredited by CARF International, the sixth consecutive time Arc has received the three-year accreditation.

The accreditation is specifically for Arc's employment community services programs in the areas of job development, job supports, job site training, organizational employment services and governance standards.

In order to receive the accreditation, Arc put itself through a rigorous peer review process "and has demonstrated to a team of surveyors during an on-site visit that its programs and services are of the

highest quality, measurable and accountable."

"I am very proud of the volunteers and staff at Arc who make it such a special place," said Raul Lopez, president of Arc's board of directors. "We know this accreditation decision confirms our dedication toward the highest quality of services for people with disabilities."

Arc is a private, nonprofit organization serving more than 400 people with intellectual and other developmental disabilities.

For more information on Arc, call Executive Director Kevin MacDonald at (562) 803-4606, ext. 223.

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Carlson named 'Woman of the Year'

DOWNEY – The Eldorado Chapter of the American Business Women's Associated named Barbara Carlson as its chapter Woman of the Year.

She was honored at the chapter's 45th anniversary celebration on April 21.

Carlson has been a member of ABWA for 35 years, and has served as a chapter officer many times. She has chaired numerous committees and was a chapter delegate to the Los Angeles Area Council of ABWA.

In addition to her involvement with ABWA, Carlson volunteers every Tuesday at Whittier Hospital Medical Center.

The local ABWA meets at the Rio Hondo Event Center the third Wednesday of the month. Networking begins at 5:30 p.m., and dinner, speaker and a brief business meeting starts at 6:30 p.m.

Mayor Anne Bayer will be guest speaker on Wednesday. For reservations, call Debbie Stuver at (562) 884-6429.

Businesses to be honored

DOWNEY – Nominations are now being accepted for the Downey Chamber of Commerce's Businesses of the Year awards.

Outstanding businesses will be recognized at a lunch event July 30 at the Rio Hondo Event Center.

Deadline for nominations is July 2. For more information, call the Chamber at (562) 923-2191.

Chalk artists to show off skills

DOWNEY – Warren High School will host its first annual Chalk and Arts festival May 29 from 8 a.m. to 4 p.m.

Artists of all ages will compete against each other as they draw sidewalk murals using chalk pastels. There will also be musical performances.

Artists can participate by paying a \$5 entry fee. Pastels will be provided for artists.

Admission is free for spectators.

For more information, visit www.warren.dusd.net.

Safe boating course offered

DOWNEY – A one-day seminar covering safe boating habits will be held tomorrow from 9 a.m. to 5:30 p.m. at First Presbyterian Church of Downey, 10544 Downey Ave.

The course qualifies as a state court-ordered class, for boating insurance premium discount programs and for Nevada's required boat operator course for persons age 28 or younger.

The class will be led by an experienced Coast Guard instructor.

Materials cost is \$45 and includes lunch.

Registration begins at 8:30 a.m. For more information, contact Brian Regalbuto at gr8br4ux@verizon.net or call (562) 862-3121.

The class will also be offered June 19, July 17, Aug. 7 and Sept. 11.

Immunizations at Alameda

DOWNEY – Free immunizations for children will be administered Wednesday from 3-7 p.m. at Alameda Elementary School, 8613 Alameda St.

All immunizations are free and no appointment is necessary. A parent or guardian must accompany children.

Children must be at least 4 years old to receive an immunization.

Immunizations will be given for chicken pox, hepatitis A and B, DTP, MMR, polio, meningococcal, HPV and tuberculosis.

Golf tourney June 21

DOWNEY – Light and Life Christian Fellowship in Downey will host a fundraiser golf tournament June 21 at the Rio Hondo Golf Club.

Cost is \$125 per golfer or \$35 for dinner only. Sponsorships are available and range in price from \$100 to \$2,500.

For more information, call (562) 862-0910.

Miss Bellflower pageant May 29

BELLFLOWER – Six young ladies will vie to be the next Miss Bellflower at a pageant competition May 29 at the Hosanna Chapel, 16523 Bellflower Blvd.

Twelve contestants will compete in the Teen Division.

A total of 18 contestants will model business and evening wear, and answer questions on stage. Contestants will also dance in an opening number choreographed by the current Miss Bellflower court with consultation from dance instructor Teresa Mitchell.

Winners will take part in city and chamber of commerce events in Bellflower, in addition to helping local service clubs with fundraising and outreach.

Winners will also receive scholarships based on community donations.

Presale tickets are \$18 for general admission and \$16 for children 12 and younger. Tickets may also be purchased on the day of the event for \$20 and \$18 respectively.

For presale tickets, call the Miss Bellflower hotline at (562) 333-1629.

AVID raising money

DOWNEY – East Middle School's AVID program will host a fundraiser June 8 at Frantone's Pizza and Spaghetti Villa.

Between 5 to 10 p.m., 25 percent of all purchases will be donated to AVID. The offer is good for dine-in or take-out.

Genealogist to speak on census

WHITTIER – Genealogist Diane Wright will speak about the 1930 U.S. federal census at the May 15 meeting of the Whittier Area Genealogical Society, to be held at 1 p.m. at the Whittier Masonic Lodge.

Dressed in period clothing, Wright will portray Bessie Hough, one of the enumerators of the 1930 census.

Wright has walked Hough's district, visited her house and found her grave. Wright's presentation will offer new insights into the 1930 census.

Wright's presentation is free and the public is invited.

For more information, call Joyce Biby at (562) 296-6372.



The Downey Association of Realtors awarded four graduating seniors each with a \$750 scholarship. Shown in the picture, left to right: Sossi Gabriel, DAOR president; Doreen Kalli, Downey Adult School; Jacob Michael, Downey High; Clinton Suh, Warren High; and Esthler Lee, scholarship chairperson. Not pictured is Andres Gonzalez, scholarship recipient from Columbus High.

Author of Jewish trilogy to speak

DOWNEY – Renowned author Maggie Anton will discuss her trilogy of books when she visits the Ezra Center for Mature Adults at Temple Ner Tamid of Downey on Tuesday.

Anton wrote "Rashi's Daughters," a book of historical fiction centered on Rashi, a Talmud scholar born in 1040 who was recognized as the eminent authority for interpreting the Bible and adding his commentaries in simple to understand language.

According to custom, women were forbidden to study Talmud, but Rashi's three daughters felt otherwise.

Anton's books delve into Jewish superstitions, restrictions, marital relations and everyday life.

The lunch meeting begins at 10:30 a.m. Cost is \$6 for Ezra members and \$7 for non-members.

For more information, call Miriam Brookfield at (562) 943-3170.

Family Fun Night at Downey High

DOWNEY – Downey High School will host its 12th annual Family Fun Night on Thursday from 4-8:30 p.m.

The family event will include live bands, mariachis, multicultural dance performances, inflatable slides, jumpers and train rides.

There will also be an exotic petting zoo, pony rides for children and free hair cuts in the gym.

Food vendors will be selling a wide variety of different ethnic foods and desserts.

For more information, contact vice principal Karen Dabney-Lieras at (562) 869-7301, ext. 5579.

Church hosting rummage sale

DOWNEY – The Moravian Church of Downey will host a parking lot sale Saturday from 7 a.m. to 1 p.m.

Sale items will include small furniture, household wares, clothing, crafts, jewelry and more.

The church is at 10337 Old River School Rd., north of the Rio Hondo Event Center.

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Financial seminars this summer

DOWNEY – Downey Federal Credit Union is sponsoring two financial education workshops this summer, free of charge to local residents.

A workshop on June 7 will discuss identity theft and ways to minimize ID theft both online and offline.

A workshop on Aug. 4 will discuss financial scams targeted at senior. Officials will identify typical perpetrators and show how to recognize signs of financial exploitation.

Both workshops begin at 5 p.m. in the Downey Unified School District's ROP room, 11627 Brookshire Ave.

For more information, contact the credit union's Marianne Noss at (562) 862-8141, ext. 254, or e-mail mross@downeyfcu.org.

Woodworking festival May 22

NORWALK – The Cerritos College department of Woodworking Manufacturing and Technology will host its annual Woodworking Celebration on May 22.

A gallery of student project will be featured at the event. The department will also host a friendly competition of student woodworkers.

Guests can participate in a raffle and enjoy a free lunch. Guests are encouraged to bring a dessert to share in a potluck.

The event will be held on campus from 11 a.m. to 3 p.m. For more information, call (562) 860-2451, ext. 2986.

Picnic at local church

DOWNEY – Immanuel Armenian Church will hold a Memorial Day picnic May 31 from 11 a.m. to dusk.

There will be homemade Armenian pastries, shish kebab dinners, a bake sale, raffles and games.

The church is at 9516 Downey Ave. For more information, call (562) 862-7012.

John Cole, WWII veteran, dies at home

DOWNEY – John Francis Cole, a World War II veteran and longtime resident of Downey, died at his home April 28.

He was born to John and Mary Ellen (Molly) Cole on Aug. 30, 1925, in Brooklyn, New York. He was the eldest of four children followed by Timothy, Helen and Kathleen Cole.

He joined the Navy at age 17 and served four years during WWII. After discharge, he met his future wife, Charlene S. Wells. They were married Oct. 19, 1947.

Cole was recalled to serve in the Korean War and was discharged 1 1/2 years later due to encephalitis.

In 1953, the couple bought their home in Downey. They joined the Our Lady of Perpetual Help Church congregation in 1957. In 1959, they began their family when they had two children, John Michael and Sue Ellen Cole.

Cole's job took the family to Tulsa, Okla., for five years beginning in 1983. He retired from Baker Oil Tools in 1987 to pursue leisure hours on the golf course, mainly at the Rio Hondo Golf Club. This lasted only a few years due to his health.

Cole coached youth sports for OLPH and the Downey Junior Athletic Association for several years.

A rosary was held in Cole's honor on Monday at Downey Zrelak Family Mortuary. A funeral Mass took place at OLPH on Tuesday.



Hugh Speers was WWII veteran

DOWNEY – Longtime Downey resident Hugh E. Speers passed away May 8 at the age of 85.

He was born and grew up in Cudahy, where he and his wife of 63 years, Florence, were neighbors. He served in the Navy on the U.S.S. Karin AF-33 from 1942-46.

Upon returning home from World War II, he and Florence married and later built their home in Downey, moving there in 1950. They had two children, Karen and David.

Speers was a plastering contractor for many years before retiring in 1984. An avid fisherman, he made numerous trips to the Bishop area in the Sierra, as well as fishing spots in Utah and Alaska.

He is survived by his wife, Florence Covert Speers; daughter, Karen Speers, son, David Speers; daughter-in-law, Terri Speers; grandchildren, Eric Speers and Heather Bleeker; and great-grandchildren, Cody and Kylie Bleeker, and Mackenzie Speers.

Funeral services will be held Tuesday at 11 a.m. at Rose Hills Memorial Park in Whittier.



Guillermo Jimenez survived by family

DOWNEY – Guillermo Gil Jimenez died May 9 in Paramount at age 69.

He was born in Pinar del Rio, Cuba to Guillermo and Josefa on Feb. 10, 1941.

He is survived by his wife, Lourdes; biological children Osmi and Odino; adopted daughter Oscilis; stepsons Louis and Dennis; sisters, Aurelia and Esperanza; and grandchildren, Charles, Julien, Marcel, Nisay, Jacob, Brittany, Deanthony, Erris, Ian, Jasmine, Nicholas, Nicole and Alise.

Services were held yesterday at Downey Zrelak Family Mortuary. Interment was at Park Lawn Cemetery in the City of Commerce.



Cemetery to mark Memorial Day

DOWNEY – A wreath-laying ceremony to mark Memorial Day will be held at the Downey Cemetery on May 31 at 11 a.m.

The ceremony will feature a rifle salute by American Legion Post 723, the playing of Taps and remarks by the cemetery's district trustees.

Parking will not be permitted at the cemetery. Instead, a free shuttle will pick up guests from the Lakewood Boulevard Green Line parking lot.

For more information, call Stephanie Watkins at (562) 904-7236.



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LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100599778
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) Computer 1 Solution, 10346 Bellman Ave., Downey, CA 90241 County of Los Angeles
Name of registrant(s): (1) Computer 1 Solution Corp., 10346 Bellman Ave., Downey, CA 90241
This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 2/23/10.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Rose Latimer, President
This statement was filed with the County Clerk of Los Angeles on May 3, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

Published in:
The Downey Patriot, # BS124251
4/30/10, 5/21/10, 5/28/10, 6/4/10

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100583895
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) LAUNDERLAND CENTER, 8306 E. IMPERIAL HWY., DOWNEY, CA 90242, COUNTY OF LOS ANGELES, 91600 PARAMOUNT BLVD., STE H, DOWNEY, CA 90241
Name of registrant(s): (1) LUIS MENDOZA, 7235 DE PALMA ST., DOWNEY, CA 90241 (2) ARACELY MENDOZA, 7235 DE PALMA ST., DOWNEY, CA 90241
This business is conducted by a Husband and Wife.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Aracely Mendoza, Owners
This statement was filed with the County Clerk of Los Angeles on April 29, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

Published in:
The Downey Patriot, # BS124251
5/7/10, 5/14/10, 5/21/10, 5/28/10

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100555755
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) It's A Date Events, 10916 Larrylyn Drive, Whittier, CA 90603, County of Los Angeles, P.O. Box 1165, Brea, CA 92822
Name of registrant(s): (1) Haydee Brinson, 10916 Larrylyn Drive, Whittier, CA 90603 (2) Natalie Rodriguez, 1913 Key Drive, Placentia, CA 92870
This business is conducted by Copartners. The registrant commenced to transact business under the fictitious business name or names listed above on 3/01/10.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Haydee Brinson/Co-Founder
This statement was filed with the County Clerk of Los Angeles on April 23, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

law (see Section 14411 et. seq., Business Professions Code).

Published in:
The Downey Patriot, # BS124251
4/30/10, 5/7/10, 5/14/10, 5/21/10

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100489085
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) Fiji Foods, 12155 Paramount Blvd., Downey, CA 90242, County of Los Angeles Name of registrant(s): (1) Kissun Lal, 11413 Horton Ave., Downey, CA 90241 (2) Saleshni Devi Lal-Prasad, 11417 Horton Ave., Downey, CA 90241 (3) Dhirendra Lal, 12506 Del Rio Ct., Norwalk, CA 90650
This business is conducted by a Joint Venture.
The registrant commenced to transact business under the fictitious business name or names listed above on 4/15/10.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Kissun Lal, Owner
This statement was filed with the County Clerk of Los Angeles on April 9, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

Published in:
The Downey Patriot, # BS124251
4/23/10, 4/30/10, 5/7/10, 5/14/10

TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/19/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED ASSISTANCE OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
ASSESSOR'S PARCEL NUMBER 5607-021-006 & 5607-021-007 On MAY 25, 2010 at 4:30 P.M., MOHAMMAD TAHAMI as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 10/19/2006 as Document No. 06 2324441 of Official Records in the Office of the Recorder of LOS ANGELES County, California, executed by: M. Jorjezan Investments, Inc., a California corporation, as Trustor., Val-Chris Investments, Inc., a California Corporation, as Beneficiary, will sell at PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state of federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.) AT THE FRONT ENTRANCE LOS ANGELES COUNTY COURTHOUSE, SOUTHEAST DISTRICT, 12720 NORWALK BLVD, NORWALK, CALIFORNIA all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein as more fully described on said deed of trust. ALL CASHIERS CHECKS MUST BE MADE PAYABLE TO MOHAMMAD TAHAMI. All third party checks will be returned for re-issuance. The property heretofore described as being sold "As Is". The street address and other common designation, if any, of the real property described above is purported to be vacant land in the city of Glendale, California. Directions may be obtained by written request. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$149,225.00 estimated.
I, the undersigned, declare that I am the Trustor, the beneficiary or the Trustee, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, and I have executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. The Trustee contract information is MOHAMMAD TAHAMI, BOX 9381, BREA, CALIFORNIA, 92822 TELEPHONE 562-884-7585. Dated April 21, 2010 S/MOHAMMAD TAHAMI, TRUSTEE

Published in:
The Downey Patriot, # BS124251
4/30/10, 5/7/10, 5/14/10

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Crime Report

Thursday, April 29

At 8:30 a.m., a resident in the 8300 block of Cleta St. notified police about four male subjects entering a neighbor's backyard. Before officers arrived, the subjects were seen leaving in a vehicle. Responding officers saw a car matching the description nearby. The occupants were detained and arrested after the investigation revealed the suspects had attempted to burglarize the home.

Friday, April 30

At 11:30 a.m. officers arrested an adult female after she entered Los Padrinos Juvenile Hall with narcotics. Deputies discovered narcotics in her possession as she went through the screening process. She was at the facility to attend a court proceeding for her son.

Monday, May 3

At 9:45 p.m., officers responded to "Los Sombreros" restaurant, located in the 8000 block of Florence Ave. A male patron attempted to steal the Los Angeles County "Health Code sign." When an employee tried to stop him, the suspect became upset and threw two concrete blocks at him. The suspect was arrested nearby and booked for assault with a deadly weapon.

Two people were seated in their vehicle in the 9900 block of Tecum road at 11:30 p.m. when they were approached by 3 male suspects, one brandishing a handgun. The suspects demanded their property and then fled in a small compact car.

Thursday, May 6

At 11:00 a.m., officers went to an apartment complex located in 9800 block of Imperial Highway regarding a disturbance. Officers encountered numerous juveniles inside. One juvenile was arrested for being under the influence of narcotics and another cited for truancy. All the parents were contacted.

At 11:30 a.m., officers responded to the 10800 block of Pico Vista regarding a burglary in progress. Officers arrested two males for attempted residential burglary.

Sunday, May 9

At 1:30 a.m., a traffic collision occurred at Florence and Little Lake. A vehicle hit a fire hydrant causing water to flood the area. The driver abandoned the car at the scene. Detectives are investigating.

Tuesday, May 11

At 9:00 p.m., a 17 year old male was assaulted and robbed of his iPod as he was walking in the 9200 block of Brookshire. The victim did not sustain any injuries. Detectives are investigating.

Wednesday, May 12

At 11:30 a.m., an officer was flagged down to the front of Big Lots, located at 9020 Firestone Boulevard, regarding a possible robbery. Witnesses pointed out a suspicious male on motorcycle to the front to the business. As the suspect attempted to flee out of the parking lot on his motorcycle, he fell and was taken into custody. A replica handgun was found on the suspect.

At 1:00 p.m., officers responded to Check into Cash, located at 9907 Paramount, regarding a robbery. Two suspects wearing hooded sweat-shirts entered the business brandishing a handgun and demanded money. The suspects fled with the loss prior to police arrival. Detectives are investigating.

At 4:15 p.m., officers responded to Warren High School regarding a robbery. A 16 year old student was confronted by two suspects. The suspects demanded his gold chain and struck the victim. The victim fought back and retained his property. The suspects fled on foot prior to police arrival.

Courtesy Downey Police Department

Winner claims \$266M jackpot

PICO RIVERA -- California Lottery officials announced the winner of the \$266 million Mega Millions jackpot claimed their ticket Wednesday, Gilbert and Jackie Cisneros have been household names since winning the record-breaking jackpot on May 4.

But many people haven't yet heard that when Jackie Cisneros, a KNBC employee, found out that her husband held the winning ticket, she couldn't leave her news instincts behind. She repeatedly tried to get her husband to do an exclusive interview with her own employer.

Gilbert Cisneros laughed while agreeing that his wife was "news professional first, protective wife second" when she first found out about the winning ticket.

Here's how it happened: Jackie

Cisneros went to work at KNBC as usual at 2:00 a.m. on Wednesday, May 5th. The big news story that morning was the Lottery winner who bought their ticket in Pico Rivera. She decided to call her husband, at 2:30 a.m., and have him check his tickets. "I saw it was her calling so I figured I'd better answer it," said Gilbert Cisneros. Usually at that time of morning, it's bad news, luckily, this time it wasn't.

Once she realized her husband held the winning ticket, Jackie Cisneros went into "newsroom mode," she explained.

"I wanted the exclusive, something no other station in town had and since it was my husband, I figured I had a good chance of getting it," she said.

But she was wrong. First she

asked Gilbert Cisneros if KNBC could bring a camera to their home and interview him. He said he didn't want news people at their home. Next she asked if he would go to the retailer and get interviewed there, again he answered no. She continued with her pleas, all of which were denied.

Finally, she asked if he would scan the ticket and email it to her. He agreed, giving her employer an exclusive of sorts.

"That way I could double check the numbers and we would have a graphic to use with the story that no one else had," said Jackie Cisneros.

What do they plan on doing with their money?

"We want to make it last and donate some to charity," they explained. But first, they will fulfill

a long time dream and jointly appear on Oprah.

The retailer who sold the jackpot ticket, the owner of L & L Hawaiian BBQ in Pico Rivera, will receive the maximum retailer bonus of \$1 million. Jackpot winners have 365 days from the date of the draw to claim the jackpot prize. The cash option amount for this ticket is worth approximately \$165 million.

Counting this ticket, there have been 13 Mega Millions jackpots won in California, including the historic \$315 million jackpot won on November 15, 2005, which was the largest California jackpot ever. Gilbert Cisneros becomes the largest single individual winner of a jackpot in California Lottery history.

Fundraiser planned for college employee

NORWALK - Cerritos College will host a pancake breakfast fundraiser June 12 for a part-time employee who remains hospitalized with brain injuries following a car accident.

The fundraiser will be held from 7:30 to 11:30 a.m. in the Cerritos College Student Center.

The crash happened March 11 when the vehicle Lizeth Pimental was driving plunged off the 710

Freeway and into the Los Angeles River.

Pimental's condition, although stable, remains critical, officials with Cerritos College said.

"Lizeth has been a valued employee of the college for the last five years," said Dr. Linda Lacy, president and superintendent of Cerritos College. "She touched the lives of many college staff, faculty and community members in giving

of her time and caring assistance to countless adult learners in our community."

Pimental is the mother of a four-year-old daughter, Jacquelyn. Pimental also serves as a caregiver to her brother, who has special needs.

"Through this fundraiser, we will be able to help Lizeth and her family with everyday living expenses," Lacy said.

Tickets to the pancake breakfast are \$5 for adults and \$2 for children under 5. Tickets may be purchased at the door.

The event will also include raffles for prizes such as computers, computer programs and more.

For more information on the fundraiser, or to make a contribution, call (562) 860-2451, ext. 2508.

Compton teacher accused of molesting students

COMPTON - A Compton High School math teacher alleged to have sexually abused three female students was charged in a felony criminal complaint filed Monday by the District Attorney's office.

Nicolei Hurtado Ocana, 28,

was arraigned Wednesday in Compton Superior Court.

Ocana is charged with two counts of lewd acts upon a child, two counts of sexual contact with a minor, one count each of oral copulation of a person under 18, and a misdemeanor charge of molesting

a child.

According to the criminal complaint, the offenses took place at the school on various dates between Sept. 1, 2008, and April 21, 2010. One victim was 15 years old and the two others were 16 at the time of the alleged offenses.

Ocana was arrested May 7 by investigators with the Los Angeles County Sheriff's Department Special Victims Bureau. He is being held on \$390,000 bail.

If convicted as charged, he faces a maximum term of six years in state prison.

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