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Friday, May 28, 2010

Vol. 9 No. 6

8301 E. Florence Ave., Suite 100, Downey, CA 90240

Dr. Jacquelin Perry: The Standard for Clinical Excellence

■ Dr. Jacquelin Perry is the world leader in the treatment of Post-Polio syndrome.

BY GREG WASKUL,
RANCHO LOS AMIGOS FOUNDATION

Considered the world's most accomplished physician in Rehabilitation Medicine and the study of human gait analysis, Jacquelin Perry, MD of Rancho Los Amigos National Rehabilitation Center has been honored throughout her illustrious career with many awards and recognitions for her distinguished contributions to patients and the fields of Orthopaedic Surgery and Pathokinesiology.

Dr. Perry, who will celebrate her 92nd birthday on Monday, is Emeritus Chief of the Polio and Gait Clinic and Pathokinesiology Program at Rancho. She is credited with many clinical breakthroughs that have been adopted by doctors around the world, from refining the halo device that helps stabilize the spine for patients with broken necks to many new surgical techniques to improve patients' lives. Through the years, her passion for improving the function of her patients has never wavered.

"She doesn't just set the standard, she is the standard," said Rancho Chief of Rehabilitation Therapies Lilli Thompson.

"Dr. Perry continues to contribute, continues to push our clinicians to practice at a very high level," said Rancho Chief Executive Officer Jorge Orozco.

"She is a remarkable physician who has contributed more than any other person to the practice of Rehabilitation Medicine, not just in America, but throughout the world," said renowned retired Rancho physician John Hsu, MD.

After earning her Bachelor's Degree in Physical Education from the University of California, Los Angeles, she joined the army and trained to be a physical therapist. She served in the army as a physical therapist prior to attending medical school. She earned her Doctor of Medicine degree from UC San Francisco and completed residencies in orthopaedic surgery at UC San Francisco and general surgery at the Children's Hospital in San Francisco.

She joined the medical staff at Rancho Los Amigos National Rehabilitation Center in 1955, where as one of only a handful of women orthopaedic surgeons in the world, she found an environment that suited her interest in human function and allowed her to innovate and flourish.

"Rancho was made for me," Dr. Perry said. "Our patients had such a wide variety of disabilities that it was the right environment to spark my curiosity. Then, as now, Rancho's clinicians were concerned with only one thing—to provide the finest care in the world for our patients."

Dr. Perry is Professor Emeritus in the Department of Orthopaedics at the University of Southern California Keck School of Medicine. She has contributed more than 200 peer-reviewed archival publications. She authored what most consider the classic textbook on gait and instructional course lectures for the American Academy of Orthopaedic Surgeons. The Second

Edition of this seminal work was published earlier this year.

Her passion for perfection in the care of Rancho's patients continues to be a shining example to clinicians throughout the world. For example, the journal Physical Therapy dedicated its entire February 2010 issue to Dr. Perry's work and the Rancho Los Amigos Foundation honored Dr. Perry with the inaugural Amistad Rancho Legend Award at the 24th Annual Amistad Gala on May 1. In addition, Rancho's main inpatient care facility was named the "Jacquelin Perry Institute" in her honor.

She is acknowledged as the world leader in the treatment of Post-Polio syndrome and plays a key role in Rancho's Post-Polio Clinic. Dr. Perry will be making rounds once again in Rancho's spinal cord injury service, sharing her wisdom and insight with her fellow Rancho clinicians. Dr. Perry is continuing her legacy of creativity and innovation by helping train a new generation of clinical leaders who will create their own breakthroughs, becoming tomorrow's innovators and continuously improving the care for Rancho's patients.

"Dr. Perry is going to help us to make sure that while patients transition from inpatient to outpatient and into the community our patient care is as good as it can be, as comfortable as it can be, and as healthful as it can be," said Dr. Aisen.

But perhaps the best measure of Dr. Perry's work is the success of her patients. For example, Ernest Baca, Richard Daggett and Emma Eivers, PhD have been patients of Dr. Perry for more than half a century. She performed groundbreaking spinal fusion surgery on each in the 1950s that enabled each of them to walk after suffering severe scoliosis from polio.

"When you look in Webster's dictionary under the word 'doctor' there should be a picture of Dr. Perry there, because that's how awesome she is," Baca said. He owns his own locksmith shop, which has been a fixture in the Montebello community for many years.

Richard Daggett came to Rancho as a young teenage patient in 1955. "Her surgical interventions were the greatest things that ever happened to me," he said. "Over the years, we've become friends, and I'm honored by that."

Today Daggett is the president of both the Polio Survivors Association and The Amigos Fund and lives in Downey. "It's not an exaggeration to say that I owe my life to Dr. Perry."

Emma Eivers, PhD would have likely died from her severe polio had she not come to Rancho in the mid-1950s. "Because of the spinal fusion surgery Dr. Perry did for me, I have been able to walk and wear regular clothes all these years," Emma said. She was able to go back to school, getting her high school diploma, B.A. and Master's degrees. Then she studied in France for a year, returned to the U.S. and earned her PhD from USC.

"I fell in love, got married and had a family," she said. "Because of the gifts of life and mobility Dr. Perry gave me, I have been able to achieve all my dreams. I thank Dr. Perry not only for saving my life, but for making it worthwhile."



Dr. Jacquelin Perry joined the medical staff at Rancho Los Amigo National Rehabilitation Center in 1955. She has not stopped working on behalf of her patients since.



PHOTOS BY GREG WASKUL

Emma Eivers and Richard Daggett, above, both say they owe their lives to Dr. Jacquelin Perry, emeritus chief of the Polio and Gait Clinic and Pathokinesiology Program at Rancho Los Amigos National Rehabilitation Center.

After Tesla, Downey looks to future

■ Downey is left to consider its options after deal with Tesla Motors unravels.

BY CHRISTIAN BROWN,
STAFF WRITER

DOWNEY — Since Tesla Motors announced its intentions to establish an assembly plant in Fremont instead of Downey, city officials, though disappointed, still remain optimistic about future developments at the Downey Studios site.

"We will continue and are still actively pursuing development on that site," said Assistant City Manager Gilbert Livas. "As a result of the story going national, the city has received several leads from companies who want to start development — there are other people out there."

According to Livas, other car companies that produce electric vehicles have approached the city, interested in establishing assembly plants at the former NASA site.

"Downey is open for business," Livas said. "We're going to chase down everything — it will work out. We're disappointed, but very optimistic about the future."

Livas said the city held its integrity during its negotiations with Tesla and has no regrets about courting the automaker. Despite the stunning announcement last week, Livas believes the dealings with Tesla helped elevate the city's stature.

"I've heard comments like 'the city may have been naïve — swim-

ming with the sharks, playing with the big boys," said Livas. "But Tesla was very, very close to coming here — if it wasn't for \$50 million."

Tesla Motors announced last Thursday that it would utilize the New United Motor Manufacturing Inc. assembly plant in Fremont after Toyota offered the company nearly \$50 million to produce its Model S electric vehicles at the recently closed plant.

However, the city, which owns nearly 20 acres of the former NASA property, was not the only affected party in the sudden withdrawal.

"We were very disappointed after working on this for a full year," said Tom Messmer, Industrial Realty Group's vice president of project management. "We are signing projects as fast as we can — the process had slowed with Tesla's coming."

IRG, which owns Downey Studios, was set to receive several incentives from the city in order to facilitate a lease agreement with Tesla, but will now reassess after Tesla's decision.

"We are still a fully operational movie studio," said Messmer. "And we're excited to continue signing projects from movies to TV shows to commercials and music videos."

Livas acknowledged Downey Studios effort in the Tesla dealings and maintains that the realty group will provide a facilitating role in that future as the city looks into alternative developments on the site.

Tesla CEO to Downey: It's not you, it's me

■ Tesla CEO Elon Musk says it "sinks his heart" that Tesla won't be in Downey.

DOWNEY — Tesla Motors CEO Elon Musk says he was prepared to build his vehicle assembly plant in Downey before Toyota suddenly came forward with its \$50 million offer, according to a letter written by Musk.

The letter was released on Saturday, two days after news broke that Tesla would build a Model S assembly plant in Fremont.

In the letter, titled "Downey is Awesome," Musk says a deal between Tesla and Toyota was reached Wednesday night. The letter does not reveal how long Tesla and Toyota had been in talks.

Musk also recommends Downey "for any company [that] is considering a place for a major operation," and says he will consider Downey when he needs to expand SpaceX or starts an electric jet venture.

Below is the full text of Musk's letter:

Downey is Awesome
"First, let me say that no one at

Downey asked me to write this, nor have they threatened Tesla in any way. They are good people and their sadness that Tesla will not be moving to their city sinks my heart too.

A lot has been said about Tesla picking the NUMMI plant in Fremont, a city in Silicon Valley, California. There may be some that think there were problems with the Downey plant or the general Southern California area. I'd like to make it clear that we did exhaustive due diligence and found no meaningful problems at all.

If not for the great help of Toyota and support of MLC (the General Motors spinoff) in acquiring NUMMI on terms that Tesla could afford, there is no question that we would be at Downey. In fact, the NUMMI deal was only reached the night before the scheduled press conference to announce the strategic partnership between Toyota and Tesla. I had planned to call Downey before the press conference, but unfortunately the news was accidentally leaked and the first they heard about it was from the press. For that, I am very sorry.

See LETTER, page 5

DUSD's fiscal outlook is gloomy

■ Per-pupil funding drops to 2004 levels as district operates on \$5.5 million deficit.

BY HENRY VENERACION, STAFF WRITER

DOWNEY – It looks like things at the Downey Unified School District will get worse before they get better.

Just to take fiscal year 2004-05 as a starting point, district funding per pupil that year was \$4,931. Then it rose to \$5,097 in 2005-06, to \$5,537 in 2006-07, peaking at \$5,789 in 2007-08: these were the good years.

Then with the effect of the recession setting in: funding per pupil dropped to \$5,638 last year (2008-09), and this year dropped

even further, to \$4,955—just about reverting to the same level of funding it started with five years ago.

Viewed another way, this year's budget of \$172 million declined from \$180 million two years ago. Or, reflecting the decline in funding per pupil, the base revenue limit per ADA (average daily attendance) this year took a 12.1 percent negative plunge, as compared to positive, however slight, in previous years.

In the meantime, while everybody was banking on those aforementioned 'prosperous' years to continue forever, salaries and costs increased, various programs and other services were either maintained or expanded.

Came the time of reckoning when the recession hit hard, and

painful cost-cutting measures pervaded the district culture. The mantra was save, save, save: save on energy, save on supplies, save whenever and wherever applicable.

"We didn't count on this recession to be this deep, and this long," said Kevin Condon, assistant superintendent of business services.

Indeed, budget figures show that the district has this year been operating on a \$5.5 million deficit. An ingenious way to offset this (other districts have had to lay off hundreds of teachers and other personnel; the district hasn't) was to offer an early retirement option to retireable personnel, both certificated and classified.

At the same time, most of these same teachers who chose to retire mid-year (c. January) were given the opportunity to return as substitute teachers (with 'emeritus' status), to teach until the end of June. This has meant a savings to the district of \$820,000.

To prevent teacher layoffs, shifting of funds from categorical programs (where this was allowed) was resorted to. Some \$4.5 million was transferred this way. The district also applied federal stimulus money to save not only positions but to fund mandatory programs such as special education programs and transportation (busing) expenses.

"Even with all this, which meant a savings of some \$14 mil-

lion," said Condon, "we still operated with a deficit."

The impact of the teacher retirements will of course be felt next fiscal year, in increased class sizes and savings in salaries. Savings of \$500,000 and \$2.3 million are anticipated from these measures.

The state's May 14 Budget Revise, further eliminating about \$2 billion from education, merely exacerbated the situation. Instead of a hoped for slight increase in the funding level, school districts across the state were advised to base their budgets for the next 3-4 years on a flat revenue plateau, which means about \$4,943 per pupil at DUSD.

Thus for the next few years, DUSD's budget calculations will begin with the above figure.

Of course the budget is subject to periodic review (in the December and March interim reports). It is hoped against hope that some positive developments may transpire in the meantime in future state budgets.

How to approach and meet this depressing prospect will be discussed in the June 8 DUSD meeting.

Meanwhile, it's clear that 1) the district can expect a more serious bout of general belt-tightening; 2) alternative strategies and measures have to be found; and 3) future scenarios are likely to be painful.

Crime Report

Friday, May 21

At 1:45 p.m., a felony assault occurred at the intersection of La Reina and 5th Street when the driver of one car was struck in the head with a metal object by the passenger of the other car, during a verbal altercation.

At 7:00 p.m., Officers responded to a residential burglary in the 12100 block of Brookshire. The suspect(s) removed jewelry including gold chains, watches and bracelets valued by the victim at more than \$27,000.

Saturday, May 22

At 11:30 a.m., in the 12600 block of Barlin, police arrested a 22-year-old transient female for brandishing a knife during an altercation with her boyfriend.

Sunday, May 23

At 11:40 a.m., police arrested three male juveniles, all Downey residents, for the strong-arm robbery of a 17-year-old Downey juvenile, which occurred in the 7300 block of Neo.

At 3:30 p.m., an auto-versus-pedestrian injury traffic collision occurred at the intersection of Firestone and Brookshire. The pedestrian's condition is listed as critical but stable.

At 8:00 p.m., an attempted carjacking took place at Firestone and La Reina. The victim was driving his car on Firestone when a vehicle pulled along side of him and the passenger pointed a black semi-auto handgun at him. The victim accelerated away and was uninjured.

Wednesday, May 26

At 2:30 a.m., police responded to a strong armed robbery that occurred at Rives and Barlin. The female victim was approached by the suspect who asked the victim for a cigarette. The suspect grabbed the victim's purse and fled the scene.

The victim was uninjured.

Courtesy Downey Police Department

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Greek Fest to offer food, dancing

DOWNEY – The 26th annual Downey Greek Festival will be held June 5-6 at St. George Greek Orthodox Church, 10830 Downey Ave.

The festival will be open 11 a.m. to 10 p.m. on both days with a variety of events scheduled.

A 1 p.m., the film "Visions of Greece" will be screened, followed by "Greece: Cradle of Civilization" at 3 p.m.

Guided tours of the church will be given at 1, 3, 5 and 7 p.m., and Greek dance lessons will be offered at 4:30 p.m.

Professional Greek dancers will perform at 6:30 p.m.

Authentic Greek food will be available for purchase, including souvlakia, gyros and traditional rotisserie lamb, along with loukoumades made by hand.

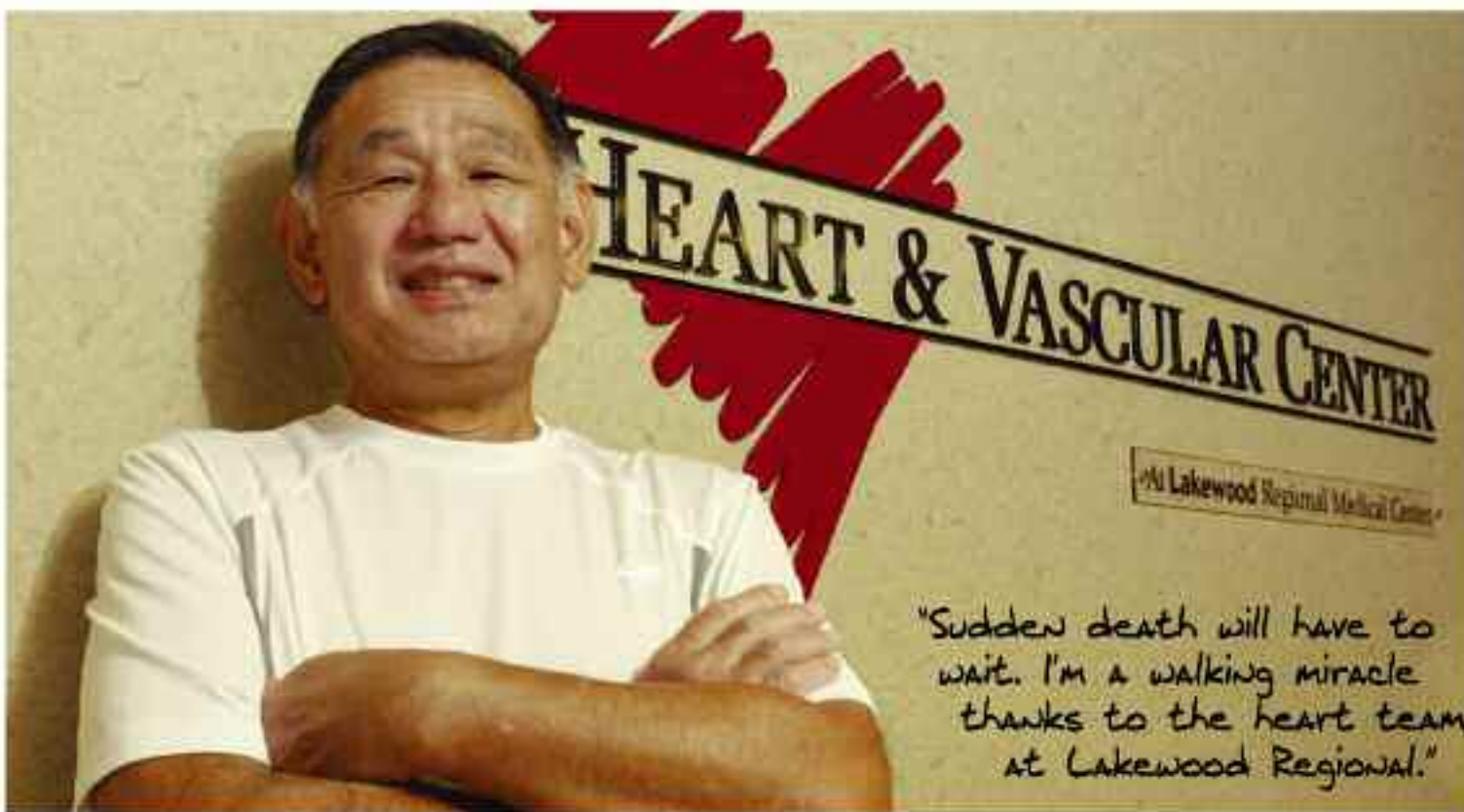
Admission to the festival is \$2 for adults. Seniors and children 12 and younger are free.

For more information, call the church office at (562) 862-6461.

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- ✓ Lakewood Regional Medical Center is designated a STEMI (heart attack) Receiving Center by Los Angeles County. Hospitals with this designation have demonstrated that their emergency departments have the facilities, technology and physicians necessary to provide the immediate diagnostic tests and interventions to save lives.

Looking back on... Rancho Los Amigos

■ From county poor farm to leader in rehabilitation medicine.

BY CHRISTIAN BROWN, STAFF WRITER

DOWNEY – Rancho Los Amigos National Rehabilitation Center is renowned in the field of medical rehabilitation.

As one of the largest comprehensive rehabilitation centers in the United States, Rancho Los Amigos has provided quality care for people with physical disabilities for over 50 years. Consistently ranked as one of the top rehabilitation hospitals in the country by *U.S. News and World Report*, Rancho Los Amigos treats nearly 55,000 patients every year in its 395-bed facility.

But interestingly enough, Rancho did not start off as a hospital, but rather a struggling Los Angeles County poor farm where the community's homeless, sick and elderly could find rest, food and shelter.

In the late 1800's, the County of Los Angeles was facing a unique crisis. As railroads began to go up all across the southland, more hopeful settlers began to travel in search of land, wealth and prominence. While some managed to achieve such aspirations, others simply did not and became dependent on the county for food and shelter.

As the demand for such housing grew, the County Board of Supervisors had no choice but to develop poor farms for the indigent. Judge J. W. Venable, a Downey resident and member of the Board of Supervisors, suggested some land just southeast of Los Angeles. Venable proposed that a parcel of 124.4 acres be purchased from community leader Andrew W. Ryan near the growing community of Downey.

Full of orange and lemon orchards, fig and walnut trees, Downey was already known as the center of the agriculturally rich Los Nietos Valley; the small city seemed a prime location for the new poor farm. Paying just \$100 an acre, the county purchased the land in 1887 and construction of the new farm began immediately.

In 1889, the board appointed Dr. Edwin L. Burdick, a physician and farmer, as the new county poor farm's first superintendent. Burdick managed the farm, including its livestock and citrus orchards, and supervised the construction of several large buildings on the property.

According to historian Colleen Fliedner, "the inmates who were at the farm during Dr. Burdick's time were generally blue-collar workers... Many laborers had come to the County Farm to recover from injuries that prevented them from working, such as a sore arm, injured ankle or broken leg. The farm provided shelter and food until they were well enough to return to work."

When Burdick retired in 1901, the farm was respected as an exemplary institution for the care of



Pictured above is Infirmary Row as it appeared in 1929 near the Old North Ward at Rancho Los Amigos. Pictured below is William Harriman, sitting at his desk in 1945. His 4-bedroom home, though empty, is still standing on Rancho's former south campus.

indigents, however, as a result of several natural disasters in the region and poor leadership for many years thereafter, the farm would suffer. But in 1915, the board hired a 26-year-old businessman to take the helm of the struggling poor farm, and its 500 needy men and women.

William R. Harriman succeeded a long line of directors who made little progress in making the farm self-sufficient. In order to change that, he traveled every Monday to the Board of Supervisors meetings in Los Angeles and presented the members with flowers raised on the farm.

Harriman spoke up, adamant that, "tax funds provide the necessity of life for the dependent poor. The spirit of Rancho Los Amigos provides the necessities of happiness without which life would be unbearable."

More finances began to come in and Harriman offered plots of land to the ambitious residents so they could do horticultural research. He also improved the farm's dairy herd, which began winning prizes every year at the state fair.

Under Harriman, the purpose of the poor farm also began to expand as more medical facilities and infirmary wards were added for the growing population of sick in the county. In just several years, Harriman would oversee the development of a new administration building, auditorium, and several men and women's wards.

In 1931, a new medical building, now known as the Harriman building, was completed. Fashioned after the Mission San Luis Rey and designed hacienda-style, its familiar facade is still synonymous with Rancho Los Amigos today.

Concerned about its negative connotation, Harriman began com-



ing up with new names for the county poor farm. In 1932, Harriman changed the name to "Rancho Los Amigos," which meant "Ranch of the Friends." He felt the name summed up what he wanted people to think of the place. Though the name change received some criticism, Harriman kept it.

In 1944, a group of 32 patients was transferred from County General Hospital to Rancho Los Amigos for the treatment of poliomyelitis. As a result, Rancho began a long-term rehabilitation program for the victims of polio before the disease was finally overcome with the discovery of the Salk vaccine.

Rancho's success with polio victims made it quite natural for the rehabilitation center to pioneer the treatment of other long-term rehabilitation cases, such as spinal cord and brain injuries.

In 1968, Rancho became a branch campus of the University of Southern California and affiliated with its Schools of Medicine. Today, Rancho patients are treated by highly specialized teams dedicated to specific disability cate-

gories and injuries.

While the newer Rancho facilities are north of Imperial Highway, older structures are still standing on the south campus of the Rancho property. From the original infirmary wards to the 5,000 square-foot, four bedroom home once occupied by superintendent Harriman, there are many aging structures on the campus that are vacant and unused.

Currently, the County of Los Angeles, which still owns the property, is planning to raze many of the buildings and construct a 58,000 square-foot data center and 27,000 square-foot office building on the campus.

Overall, Rancho Los Amigos, which developed out of a spirit of patience and compassion for the poor and sick, is now a historical treasure. Today, Rancho can celebrate its modest beginnings as a county poor farm that persevered through floods and fires to become a world-renowned institution of recovery and healing.

Brothers accused in Ponzi scheme

LOS ANGELES – A federal grand jury returned an indictment May 20 charging two brothers in connection with a Ponzi scheme that recruited victims using advertisements that indicated investments were connected to the Economic Stimulus Plan.

Ruben Juan-Gonzalez, 32, of West Covina, and his brother, Rosendo Juan-Zaragoza, 27, of Los Angeles, are accused of operating the \$3.6 million Ponzi scheme that defrauded approximately 160 investors in Los Angeles and the Southern California region.

The indictment charges Gonzalez with conspiracy, three counts of mail fraud, four counts of wire fraud, two counts of money laundering and one count of using a false social security number.

Zaragoza is charged with a single count of money laundering.

The indictment alleges that Gonzalez and an unnamed co-conspirator operated the scheme out of an office in West Covina under the names New Golden Investments Group and NGI Group.

Gonzalez allegedly told investors he would invest their money in foreign currency and commodities, including gold and silver, real estate developments and precious metal mines in Mexico.

Investors were promised annual returns of anywhere from 60 to 120 percent.

Investors were also told that the investment program was connected to the American Recovery and Reinvestment Act of 2009, also known as the Economic Stimulus Plan.

Gonzalez allegedly invested only "a small portion" of investors' money into unprofitable ventures. Approximately \$900,000 of investor money was used for personal expenses, including the lease of a luxury Mercedes-Benz S55, and the purchase of gold and diamond jewelry, including Rolex watches.

Gonzalez filed for bankruptcy in 2005 and was deported in 2006. He was previously arrested in connection with an immigration violation.

Zaragoza was arrested last week on an arrest warrant for the money laundering charge. He is accused of withdrawing the last remaining investor money from one of the accounts.

If convicted on all charges, Gonzalez faces a maximum sentence of 175 years in prison. Zaragoza can receive up to 10 years in prison.

They are scheduled to be arraigned June 1.

Preschools taking applications

DOWNEY – The Head Start preschool program is now accepting applications for the fall 2010 school year.

Head Start accepts children from infancy to age 4. Pregnant women may also apply.

Head Start is a free service sponsored by the Downey-based Los Angeles County Office of Education. Head Start preschools are located throughout the county; the closest preschools to Downey are in Norwalk and Pico Rivera.

Only households that meet certain income requirements are eligible for Head Start.

For more information, call (877) 773-5543.

Library auxiliary to install officers

DOWNEY – The Friends of the Downey City Library will install its 2010-11 slate of officers at its annual meeting June 9 at 10:30 a.m. in the library's Cormack Room.

Also at the event, winners of the library's recent photo contest, titled "Picture This – Downey Reads", will receive their prizes.

The event is free and open to the public.

Fashion show, luncheon June 6

DOWNEY – The San Antonio Guild will host a luncheon, spring boutique and fashion show June 6 to benefit Children's Hospital Los Angeles.

The fundraiser will also include guest speakers and a live auction. It will be held from 11 a.m. to 2 p.m. at the Rio Hondo Event Center.

Tickets are \$40. RSVPs are requested by calling Rosie Shelton at (562) 928-4303.

Uganda is meeting topic

DOWNEY – Arlene McArthur will speak about Uganda at the June 9 meeting of the Downey Christian Women's Club.

The meeting will also include guest speaker Lisa Patterson whose topic will be "How Life Can Go from Pieces to Purpose."

The meeting begins at 11:45 a.m. at Los Amigos Country Club. Cost is \$13 and includes a buffet lunch.

For reservations, call Sonja at (562) 862-4347 or Jean at (562) 861-1114.

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Student in distinct company

DOWNEY – Warren High School student Michelle Page has been selected for membership into the National Society of High School Scholars.

The organization recognizes top students and invites only those students who have achieved “superior academic excellence.”

“On behalf of NSHSS, I am honored to recognize the hard work, sacrifice and commitment that Michelle has demonstrated to achieve this exceptional level of academic excellence,” said Claes Nobel, founder and chairman of the society.

Local student wins poster contest

DOWNEY – Jeremy Marquez, a fifth grade student at Old River Elementary School, won the grand prize in the Greater Los Angeles County Vector Control District’s annual “Bite Back Against Mosquito Attacks” poster design contest.

Along with a \$100 savings bond and pizza party for his class, Jeremy’s artwork will be featured on ads displayed on the back of Metro city buses throughout the L.A. Sector 3 bus route this summer.

Jeremy received a certificate of recognition from the Downey City Council on Tuesday.

Former mayor Meredith Perkins is Downey’s trustee representative to the vector control district, which is based in Santa Fe Springs.



Fifth-grader Jeremy Marquez holds up his prize-winning poster design after he was honored at Tuesday’s City Council meeting. He is surrounded by family, and officials with the city of Downey and Greater Los Angeles County Vector Control District.

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Pants on fire

By Eric Pierce

And just like that, Tesla Motors is gone. Downey fell for Tesla's phony, flirtatious come-ons like a pudgy teenager speaking to the pretty cheerleader who needs homework help. We fell in love with the ambitious promises, the lofty technology and the national media attention.

We fell for it all, hook, line and sinker.

But don't blame Downey.

Elon Musk, Tesla's founder and chief executive officer, lied. Tesla lied when they told city officials and state lawmakers that they were not considering any other location besides Downey.

You can't blame Tesla for accepting Toyota's offer: after all, business is business and \$50 million is an impossible amount of money to turn down, especially when you're a start-up company.

But Tesla didn't have to lie about their negotiations with Toyota. They didn't have to string Downey along like a puppet, to the point where city administrators were flying to Sacramento, testifying before lawmakers.

Musk told Downey officials he was not considering any other site besides Downey.

That was a lie.

Musk told Assemblyman Charles Calderon that a redevelopment zone would be the final step in Tesla opening shop here.

That was a lie.

Musk said his deal with Toyota "came out of the blue."

That must be a lie because \$50 million deals don't happen overnight.

The lies were an insult to city staff members who spent the better half of a year working to bring Tesla to Downey and create 1,200 jobs for the region.

Downey handled itself with class and integrity, and that's more than one can say about Tesla Motors.

Bitterness aside, it's time for Downey to dust itself off and look to the future. If any positives came out of this debacle, it's that Downey received national attention as a first-class city that does what it can to support its businesses.

Downey's reputation as a "not-so-business-friendly" city has officially been shed.

Porto's Bakery will open later this summer, Downey Studios is fully operational and, with a little luck, Downey may soon be the final resting place of the space shuttle Atlantis.

The future of the city looks promising, with or without Tesla Motors.

Letter: Tesla would recommend Downey.

Continued from page 1

The Downey plant has incredible history. It started off as one of the world's largest aircraft factories in the World War II era and was the actual home of the iconic Rosie the Riveter. Downey then transitioned to the Apollo Moon program and it was there that they built the Command Module and trained lunar astronauts. Creating history yet again, Downey then became the plant where all the Space Shuttles were built.

Following the downturn in aerospace in the post Cold War nineties and given its proximity to Hollywood, Downey became a movie studio, which it still is today. A long list of blockbuster movies have been and are being filmed

there, including Indiana Jones, The Prestige, Iron Man 2, The Italian Job and Spider-Man

I loved the Downey plant and the people of Downey from the moment I first visited. They could not have been more welcoming and spared no effort to make Downey work as a home for Tesla. No city could ask for better people to represent them than city manager Jerry Caton, (former mayor and now council member) Mario Guerra, the Downey town council and the people on their teams.

If any company is considering a place to locate a major operation, I strongly recommend Downey. If it is still available down the road when SpaceX needs to expand or I start the electric jet venture, I will go there myself."

Letters to the Editor:

Street memorial

Dear Editor:

How many months do the citizens of Downey have to tolerate the memorial of a person who was carrying a weapon and did not comply with police direction and was shot and killed?

Sometimes there are clusters of people gathered at the spot, along with candles, flowers, balloons and posters. When does this stop? There is even a City of Downey orange traffic cone among the clutter.

If a relative or friend dies of natural causes, you don't usually erect a monument in the middle of your front yard; yet the citizens of Downey are forced to view this ridiculous display for months on end. When does it stop?

I get it, I really do; you are terribly affected by your loss but not everybody shares your grief.

Downey has laws regarding the length of time trash containers can be left on the curb, no parking on lawns, no trash cans stored in plan view of the street, graffiti and the like. Something needs to be done about this unlawful gathering on a public street.

— Lynda Kriss,

Downey

Letters to the Editor:

Lasting impression

Dear Editor:

Never underestimate the kindness of a stranger. That stranger might end up becoming a friend, or feeling like family.

Such is the case with Southland Assisted Living resident Emma "Tiny" Hobson. It was only a few years ago that Emma, known affectionately as Tiny, became a fixture on the campus of West Middle School. Tiny would visit West daily and help keep the campus clean and the students in check. She soon became close with the staff at West, and they would look forward to her visits. Recently, I heard that Tiny was a resident at Southland Assisted Living in Norwalk and wanted to do something special for our honorary Spartan.

On May 19, a group of students and staff from West Middle School visited Southland Assisted Living to honor Tiny. Even Phil Davis, who was the principal during the time when Tiny would visit, came to pay homage. Davis started the celebration by giving a speech about Tiny and singing the Beatles' classic "In My Life." He even bragged about the kiss Tiny planted on his cheek upon his arrival.

I shared stories about Tiny's visit and gave her a beautiful orchid. The West Middle School Jazz Ensemble, led by teacher Todd Miller, continued the celebration by playing four blues songs, including a lively "I Heard it Through the Grapevine." Soloists featured in the Jazz Ensemble included Osvaldo Zarate, Jared Topacio, Jakob Miller, Mario Acosta and Daniel Vazquez.

Next, two students from West's Edgar Allan Poe Poetry Society, Joshua Lopez and Natalie Khansari, shared original poems. Lastly, West Drama's Club, directed by teacher Andrea Procter, performed a couple songs from their recent production of the musical, "Annie." Sixth grader Valeryee Jimenez sang the optimistic ballad "Tomorrow" and the orphans, featuring seventh grader Mehrasa Mazandarani, sang a rousing "It's a Hard Knock Life."

After their performances, the students spent some time meeting the residents of Southland. On the bus ride home, the students boasted about the wonderful experiences they had, and looked forward to doing it again.

Honoring a woman like Tiny was a learning experience for the students. You never know how the littlest deeds will leave a lasting impression.

— Craig Bertsch,
Principal, West Middle School

Cracked sidewalks

Dear Editor:

In a recent Downey Patriot, a letter writer mentioned the post of "city manager for emergency preparedness" that was created a couple of years ago after the contaminated water scare. I've often wondered how the City Council arrived at the salary of \$323,362 for that post.

That's nearly as much as our president's salary; but, of course, our president doesn't have to protect us from bad water. It must be money well-spent though, as I have never heard of any more bad water.

Some council members allegedly said at the time, "we can afford it." Wouldn't it be nice if they would say that about repairing all the broken and heaved-up sidewalks that we trip and stumble over each day as we walk around our neighborhood, which are caused by those "lovely" trees that some "genius" at City Hall selected to be planted between the curb and the sidewalk?

The only apparent reasons for them being there is to ruin the sidewalks, and make a great source of income for the tree trimmers who annually come and cut away about 75 percent of the foliage, which of course probably makes great mulch when ground up. And I mean really repaired, and not just another load of asphalt dumped on top of the pile they dumped there before to make an even bigger speed bump for us to trip over, but torn out and replaces and those lovely trees dug out and cut up for firewood or mulch.

That much money could patch a lot of potholes in the streets in this area, too. But I don't expect to see any repairs in this area, as this is Northwest Downey, and not down "in the city" where the more important people live.

— Jim Lucas,
Downey

Illegal immigration

Dear Editor:

This is in reference to Mr. Peter Marchica's comments (Letters to the Editor, 5/21/10).

Arizona SB 1070 states in item B:

"For any lawful contact made by a law enforcement official or agency of this state or a county, city, town or other political subdivision of this state where reasonable suspicion exists that the person is an alien who is unlawfully present in the United States, a reasonable attempt shall be made, when practicable, to determine the immigration status of the person."

I don't have a problem with any law against any illegal activity. I only have a problem with laws that are so vague that they leave a lot of discretion to law enforcement officers on how to apply them. In a perfect world, that would not be a problem. In the real world they lend themselves to abuse and indiscriminate application.

Could somebody please explain to me how to determine that "reasonable suspicion exists"?

It is not easy to do and if it were we would not have any problems with terrorists, whether they are in the country legally or illegally.

A while back, (Letters to the Editor, 12/16/05) I suggested that the only reason why illegal immigrants come to this country is because we give them jobs. If we are really serious about stopping illegal immigrants the answer is simple: don't give them jobs. The fact that they keep coming points out that it is economically beneficial for somebody in the U.S. to give jobs to illegal immigrants so we should not be surprised that they come.

— Jorge Montero,
Downey

Dear Editor:

Proponents of SB 1070 like to ask detractors if they have taken the time to read the law.

Yes, I have read the law. And the law makes it perfectly clear that police can question a person's immigration status using "reasonable suspicion."

What is reasonable suspicion? A sombrero? A turban?

The United States needs comprehensive immigration reform that will stem the tide of illegal immigrants coming into this country.

And 1,200 National Guardsman stationed along the border is not a long-term solution.

— William Dolche,
Bellflower



Tesla Motors

Dear Editor:

Wow! Think of all the metaphors that can be applied to Tesla Motors choosing to partner with Toyota Motors to build cars in Fremont instead of Downey. "The rug pulled out from under us", "Money knows no friends", you get the point. The one that came immediately to my mind at about 3 p.m. on Thursday, May 20 was "the runaway bride" from the altar as the groom held her ring in his hands ready to put it on.

The immediate reaction from our city leaders was why, how, stunned and shocked. Our councilman Mario Guerra was quoted and went on television saying "I couldn't be more disappointed, I feel like I was stabbed in the back. We were promised all along that we weren't being used and this is what happens."

Well, Downey was used! We were small pawns in a chess game involving millions and possibly billions of dollars. It went to the highest bidder. And it turns out the final offer was bigger than what Downey and Long Beach offered combined!

The huge disappointment comes from the hours of negotiating, wine and dining, and the overall dance that anyone in business goes through in order to get a customer, in this case Tesla with a potential of about 1,500 jobs and about \$20 million in future tax revenue. But I guess that with Toyota's 50 million free dollars and a ready to go NUMMI assembly plant, we were no match.

The bride was being wooed behind our backs. I guess this proves that the days of looking at a potential business partner in the eyes across the table, shaking hands and coming to an agreement is only what we read in the history books. John Wayne, Granddad, those were the days.

But here's the thing folks. Yes, Tesla represented a huge opportunity for Downey's business and residential community. Our city leaders have worked hard over the past year to bring Tesla to town. But at the same time our city leaders have worked even harder every day to bring smaller additions to our city, i.e. New Kaiser Hospital, revamping of the arts for the Downey Theatre, a selection of restaurants like BJ's, The Palms, the Downey Landing shopping center, and a whole new entertainment concept for downtown Downey. I can go on, but the list is longer than this space allows me.

These are the projects that our city council, Mayor Anne Bayer and city councilmen David Gafin, Mario Guerra, Roger Brossmer and Luis Marquez have worked hard for every day, to work with small and large business owners to bring quality business to Downey.

I sympathize with Downey's disappointment, but there will continue to be let downs and great successes in the future. At the end of the day, Downey is and will continue to be one of the great cities in California.

-- Robert Zavala,
Owner, Freedom Vacations

Dear Editor:

Look at the bright side. What if Tesla decides to shaft Fremont after that city had gone through millions of expense for the firm? Downey got bushwhacked at a point when the city had not yet spent a lot. It could happen there!

Just a thought from a Downey resident of 55 years (but considerably more of personal age!).

-- Gerald Altman,
Downey

Dear Editor:

It's no surprise to me that Tesla pulled out at the last moment given their history of 'negotiations' in other locales in the past.

In 2007, the governor of New Mexico announced Tesla would build an assembly plant in Albuquerque. By September 2008, they had pulled out of that deal and the mayor of San Jose, Calif., was announcing that Tesla would build their plant in their city.

By 2009, San Jose was out of the picture and it was between Long Beach and Downey (with Mayor Guerra quoted in The Downey Patriot in November 2009 that the deal was 99.9 percent complete.) In early 2010 our most vocal council member didn't miss an opportunity to give us the news that Tesla was building their assembly plant here in Downey, even though Tesla would never publicly confirm their commitment. (By the way, it was reported that the estimated number of jobs the Tesla plant would have created in Albuquerque was 400; that estimate rose in San Jose to 600 to 1,000 new jobs; for Downey, the estimate became 1,200 new jobs. Interesting.)

I read all about Tesla and their history of 'shopping' cities for the best monetary deals by simply using Google and Bing - all the press releases, articles, and scads of information was all there. Now Mr. Guerra blames 'big corporations' in general for this so-called betrayal. Please don't generalize and blame all 'big corporations': blame Tesla and blame the naïveté of those in the city government who put the cart before the horse and kept announcing that it was a 99.9% done deal before it actually was a done deal.

Toyota's offer of a purchase of \$50 million of Tesla's stock, once it goes public and starts selling stock (which hasn't happened yet either...oh yeah, that's information that's been reported on the Web too), beats Downey's \$8.9 million package. The bottom line is really what is going to make Elon Musk a huge wad of money when he leaves the company to the stockholders (if there ever ARE any stockholders) and goes on his merry way.

Beware Toyota and Fremont, Calif., you may be the next ex-paramour of Tesla...if a better offer comes along.

No worries, though...we have yet another new drug store/pharmacy on the way! We sure could use at least a dozen more of those in Downey, couldn't we?

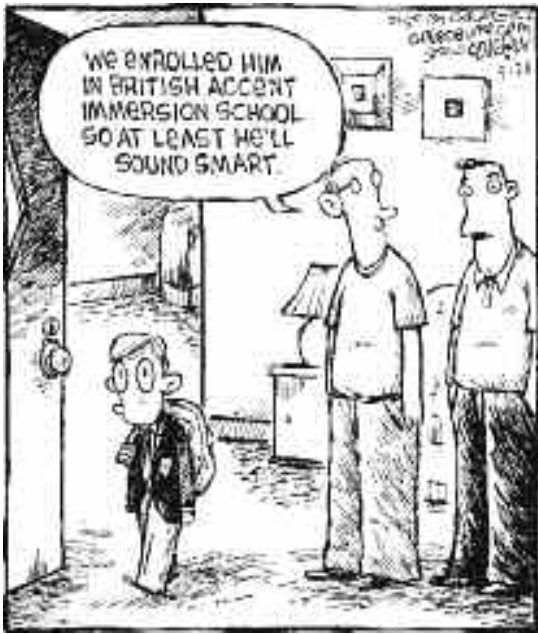
-- Janice Allen,
Downey

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SPEED BUMP



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Downey Community Calendar

Events For May/June

- Fri. May 28: **Opening night of 'Carousal.'** Downey Theatre, 8 p.m.
- Sat. May 29: **Chalk Arts festival.** Warren High School, 8 a.m.
- Sun. May 30: **Book signing and lecture.** Columbia Memorial Space Center, 1 p.m.
- Mon. May 31: **Memorial Day ceremony.** Downey Cemetery, 11 a.m.
- Mon. May 31: **Memorial Day picnic.** Immanuel Armenian Church, 11 a.m.
- Wed. June 2: **Seminar on Internet dangers.** Barbara J. Riley Community & Senior Center, 7 p.m.

City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee,** Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 6:30 p.m.: **Planning Commission,** Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission,** Council Chamber, City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission,** Council Chamber.
- 3rd Tuesday, 6:30 p.m.: **Library Advisory Board,** at Downey City Library.
- 4th Wednesday, 6:30 p.m.: **Emergency Preparedness Committee,** at Fire Station No. 1.

Regularly Scheduled Meetings

Mondays

- 8:00 a.m.: **Job Club,** at The First Presbyterian Church, for info. call 861-6752.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270,** at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful,** at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists,** at Downey Retirement Center, call 862-6666.

Tuesdays

- 9:30 a.m.: **Downey Seniors Club,** at Apollo Park, for information call Nadine Morris at 923-9422.
- 10 a.m.: **Downey Bocce Club,** at 7850 Quill Drive, for information call John Fiorenza at 652-4399.
- 12 p.m.: **Rotary Club,** at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587,** at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2,** at Downey United Methodist Church, for information call 869-6478.
- 1st Tues., 7:30 a.m.: **Gangs Out of Downey,** at City Hall training room.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club,** at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers,** at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting,** Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West,** at Downey High School library, for info call 862-3106.
- Tues., Thurs. & Sat., 10 a.m.: **Downey Bocce Club,** at 7850 Quill Drive, for info. call John Fiorenza 652-4399.

Wednesdays

- 7 a.m.: **Kiwanis Club,** at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club,** at 7850 Quill Drive, for information call Marie Puch at 869-4366.
- 7 p.m.: **Out Post 132 Royal Rangers,** at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey,** for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council,** at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club,** at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7:30 p.m.: **Downey Sister City Assoc.,** at Maude Price School, for information call 884-9657.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club,** at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP,** at Barbara J. Riley Senior Center, for info. call Pearl Koday 633-4355.
- 2nd & 4th Weds., 5:30 a.m.: **Lions Club,** at Cafe & Stuff, for information call 803-4048.
- 3rd Weds., - **Downey Dog Obedience Club,** at Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 10 a.m.: **Los Angeles County Quilters Guild,** at Women's Club, for information call 426-2418.
- 3rd Weds., 6 p.m.: **American Business Women's Association,** Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees,** at Barbara J Riley Center, call 943-5513.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo,** at Apollo Park, for information call 904-7223.

Thursdays

- 7:30 a.m.: **Connections Networking,** at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey,** for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey,** at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly,** at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220,** 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America,** at First Baptist Church, for information call 776-3388.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club,** for more information call Carl D. Jones at 923-2400.
- 4th Thurs., 10 a.m.: **Assistance League,** at Casa De Parley Johnson, for information call 869-0232.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs,** at Community Center. Call 862-2777.

Fridays

- 7:30 a.m.: **Pro Networkers,** at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

Saturdays

- 9 a.m.: **Farmers Market,** Second Street at New Avenue, for information call (562) 904-7246.
- 2nd Sat., 12:30 p.m.: **AAUW,** Los Amigos Country Club.

On This Day...

May 28, 1957: Major League Baseball approved the move of the Brooklyn Dodgers to Los Angeles and New York Giants to San Francisco.

1984: President Reagan led a funeral service at Arlington National Cemetery for an unidentified American soldier killed during the Vietnam War.

1998: Actor-comedian Phil Hartman was shot and killed by his wife, who then killed herself.

2006: Barry Bonds hit his 715th career home run to pass Babe Ruth on the career list.

Birthdays: Basketball hall of famer Jerry West (72), former New York mayor Rudy Giuliani (66), R&B singer Gladys Knight (66), UCLA basketball coach Ben Howland (53), and singer Kylie Minogue (42).

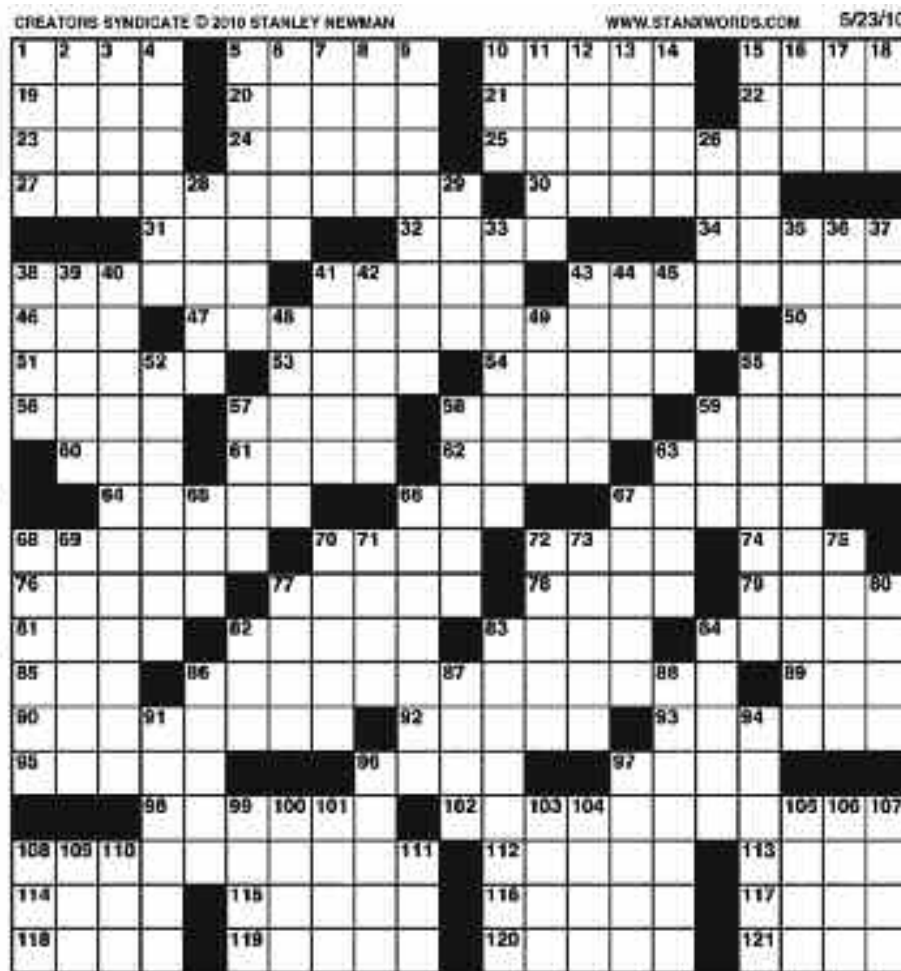
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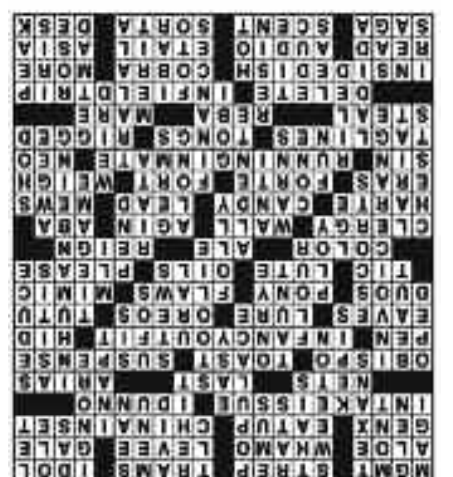
by Gail Grabowski

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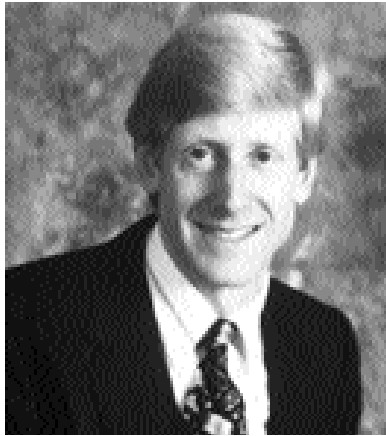
You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

The innovative toy manufacturer WHAM-O (20 Across) got its name from its first product, a "Whist Rocket" slingshot. Notable wear-ers of KEPS (28 Down) include Charles de Gaulle and soldiers in the French Foreign Legion. Much of the GOB (87 Down), Asia's largest desert, is covered with bare rock rather than sand.



Paging Dr. Frischer...

By Dr. Alan Frischer



You are a woman who is over the age of 40, and your doctor recommends a routine mammogram. What do you do? Are mammograms helpful? Can they harm you in some way? And, why didn't one catch the cancer that ultimately killed your aunt? Let's explore.

One in eight women will be diagnosed with breast cancer at some point in her life, making breast cancer the most frequently diagnosed cancer among women. The American Cancer Society currently recommends that women over the age of 40 have an annual mammogram. The guidelines from the United States Preventive Services Task Force, however, suggest that women not be routinely screened in their 40s, but that they discuss the pros and cons of the test with their physician. Their new government guidelines suggest that women should get routine mammograms far less frequently: every other year between the ages of 50 and 75.

In fact, neither of these recommendations actually happens in the real world. In 2005, only 72% of women between ages 50 and 74 had received a mammogram within the past two years. The reasons varied, with the biggest one being limited access to doctors, followed by lack of healthcare coverage, the presence of co-pays, indirect costs such as transportation and lost wages, and most interestingly, myths, misconceptions, misinformation, and fear and distrust of the test. Advocates of the new and less frequent screening guidelines argue that women should be aware of the very real harm and limitations of mammography. The main argument against mammography is that cancer is over-diagnosed, leading to over-treatment.

Indeed, no test is perfect at finding everyone who may have a particular disease (the statistical term for this is "sensitivity"). If that were the case, then every woman who had breast cancer would have a positive mammogram result. Estimates of actual mammography sensitivity range from 75 to 90% (100% sensitivity would mean that every case of cancer was correctly found). Nor is every test perfect in showing that everyone who does not have a disease comes out negative (the statistical term for this is "specificity"). Estimates of actual mammography specificity range from 90% to 95% (correctly not finding cancer where none exists). If specificity were equal to 100%, then every woman who did not have breast cancer would have a negative mammogram.

In reality, many women who have mammograms are told to come back for follow-up mammograms, ultrasounds and even MRIs. In the end, they may be told that everything is OK. Others end up with biopsies that turn out fine. In addition, some women actually have breast cancer, but after all the additional tests and even biopsies, are still told that they are fine. Unfortunately, the cancer eventually makes itself apparent.

So, given the missed diagnoses, over-diagnoses and extra tests, biopsies, costs, etc. are mammograms worth it? Now that cutting health care costs is such a high priority, this question is being examined more vigorously. One study

out of England concluded that women are not being properly informed of the harms of mammography. They claim that of 2,000 women screened regularly for 10 years, one will benefit and avoid dying from breast cancer, while 10 healthy women will be diagnosed with the disease, have part or all of their breasts removed, and may go through radiation and chemotherapy treatments. Another 200 women will receive false alarms and experience psychological stress until they eventually learn that they do not have breast cancer.

It is a reality that a patient's experience will depend on where the test is being done, by the quality of the machine, the skill of the radiologist, and even more, on the aggressiveness of the surgeons and invasive radiologists who choose how to interpret and act on results. In our local community, we are blessed with high quality radiologists and surgeons.

Some women are at heightened risk for breast cancer, including those who have a first-degree relative who has been diagnosed with the disease, a history of breast or other gynecological cancer, early menses, late menopause, no children or a late start on having children, and a host of other less significant factors. These women should have annual mammograms regardless of age.

Overall, however, data indicates that mammography is most valuable for those aged 50 - 69. For women under age 50 and over age 69, the data is still conflicting as to the benefit of routine mammograms.

My recommendations:

- Get the newer digital mammograms if possible.
- Don't panic if there is a call-back. This happens frequently and means that the radiologist is being cautious.
- Make sure that the mammography facility uses experienced radiologists, who read a lot of mammograms.
- Make an effort to frequent the same facility, so that previous films will be available for comparison.
- Get your mammograms routinely. Your personal physician can keep you up to date when recommendations change.

I wish you all the best of health!

Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

DRMC Golf Classic raises \$30K

DOWNEY — Downey Regional Medical Center held its 25th annual Golf Classic on May 14 at the Rio Hondo Golf Club, a fundraiser to benefit the non-profit hospital's various outreach programs.

More than \$30,000 was raised. Participants teed off on the greens at noon and participated in a half-day of golf and networking.

"We are happy to continue the tradition of the Golf Classic because it offers us a chance to reconnect with so many of our friends and colleagues but it also helps us raise much-needed funds to support crucial programs at our hospital," said Ken Strople, president and CEO of Downey Regional. "We are proud to continue offering the programs and services that the communities have to come to expect from our hospital."

The fundraiser was co-chaired this year by Dr. Jack Kennis and Dr. Ivan Barrett.

World Cup travelers should take precautions

Travelers to the International Federation of Association Football (FIFA) World Cup in South Africa should take special precautions to avoid disease transmission during the largest mass gathering for a single sport.

According to a new study published in the June issue of the American Journal of Tropical Medicine and Hygiene, visitors traveling to South Africa will need to worry less about 'exotic' tropical diseases such as malaria, and concentrate on protecting themselves from a wide range of more common travel-related diseases, such as acute diarrheal illness, sexually transmitted diseases, febrile illnesses, insect and tick bites, and vaccine-preventable infections, especially influenza and measles. South Africa is outside of the African yellow fever zone.

Nearly 350,000 visitors from throughout the globe are expected to travel to South Africa for the World Cup, which is held every four years to determine the world football (soccer) champion, and takes place June 11 - July 11, 2010.

To help inform travelers heading to the World Cup about what they might expect and how they should prepare to prevent illness, researchers analyzed data collected from a global network of tropical medicine/travel clinics over a 13-year period, analyzing illnesses among individuals who traveled to South Africa. The analysis of ill patients showed that systemic febrile illness (diseases characterized by fever), dermatologic (skin) conditions, and acute diarrheal illness were most common. African Tick Bite Fever, an infection acquired from tick bites in travelers engaged in outdoor pursuits, like hiking and hunting in bush areas of the country, was the most common diagnosis in travelers returning from South Africa with fever.

Interestingly, these findings contradict a widely held belief that

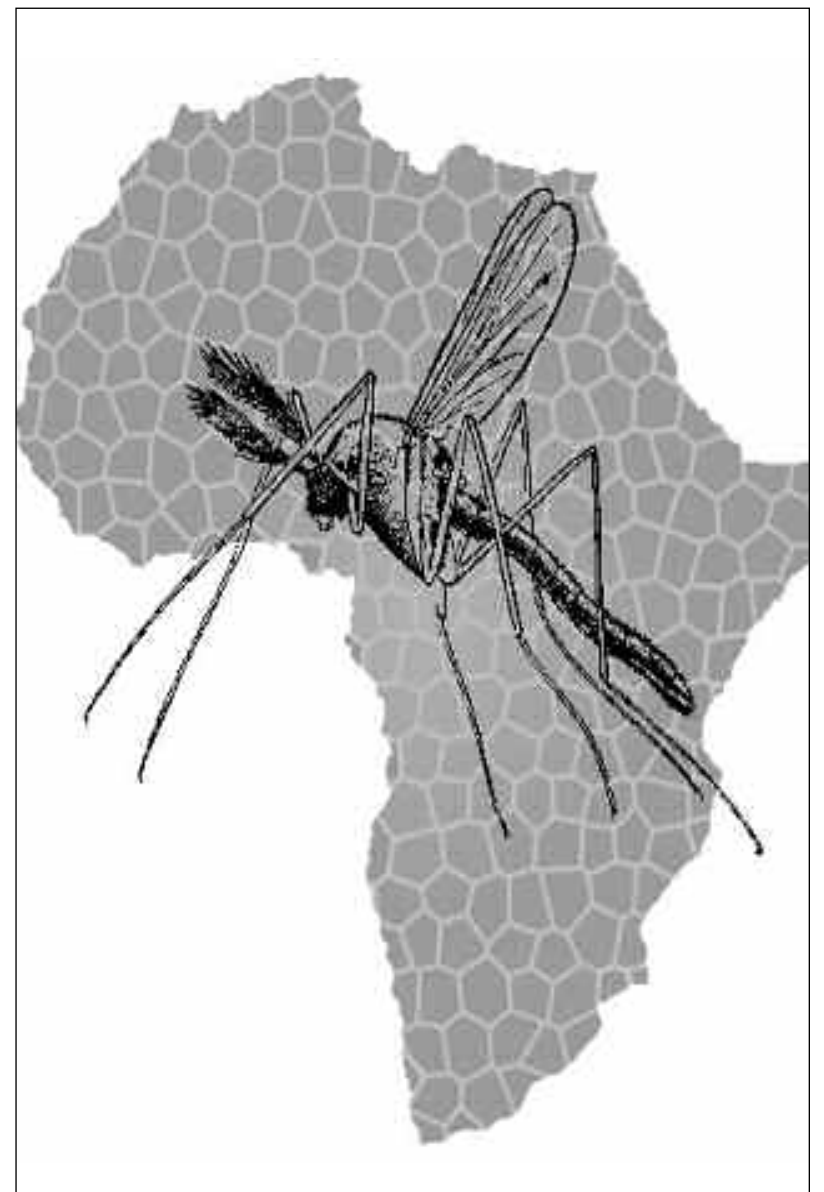
travelers to South Africa are less likely to acquire traveler's diarrhea than individuals coming from neighboring countries. People traveling to the World Cup should take specific preventative measures and self-treatment options for traveler's diarrhea.

Since 1984, 25 of the last 26 influenza seasons have coincided with the dates during which the 2010 World Cup will be played. Last year, the pandemic influenza A H1N1 virus was introduced to South Africa and is expected to cause the majority of infections again this year during the World Cup. Those individuals traveling to South Africa should be vaccinated against influenza H1N1.

South Africa is also in the midst of an ongoing measles epidemic; over 9,500 cases have been confirmed since the beginning of 2009. World Cup visitors are advised to ensure that they are vaccinated against measles if not already immune.

In contrast to the rest of sub-Saharan Africa (SSA), only six cases of malaria were documented among ill travelers returning to GeoSentinel clinics from South Africa. The risk for acquiring malaria in South Africa has been evaluated as low, and malaria transmission does not occur in the cities where the matches will be staged.

"While we are pleased that the study findings indicate that South Africa is a relatively safe place to visit from a health perspective, the results of the study highlight the importance of individuals traveling to South Africa taking proper precautions," said Prof. Marc Mendelson, head of Division of Infectious Diseases and HIV Medicine at University of Cape Town. "While the risk of acquiring a tropical disease in urban areas of South Africa is low, we encourage all travelers to consult with their physician to ensure they have the proper immunizations and have taken the necessary self-prevention measures prior to their trip to



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the World Cup."

"This evidence-based approach should help visitors to South Africa learn about and prepare for the various health risks associated with attending the 2010 FIFA World Cup," said Edward T. Ryan, M.D., President, American Society of Tropical Medicine and Hygiene (ASTMH). "Travel to any destination often exposes individuals to new or novel diseases or conditions not present in their home environment, but with proper precautions and preparation, travelers can safely participate in even large global gatherings."

Although not specifically eval-

uated in the study, visitors to South Africa should also keep in mind the high prevalence of HIV in the country, and practice safe sex if they choose to engage in sexual behavior while in South Africa.

Travelers planning to venture outside of the World Cup's urban venues to more rural areas for activities, such as hiking and safari, should do additional research regarding necessary health and safety precautions.

Contributed by the American Society of Tropical Medicine and Hygiene.

Seniors can smile into their golden years

Many people believe that as they get older, they will start to lose their natural teeth. However, the percentage of Americans age 65 and over who were missing all of their natural teeth dropped to 26 percent (from 27.6) from 2004 to 2007.

In honor of National Older Americans Month, the Pennsylvania Dental Association (PDA) stresses the importance of proper oral health care at any age and offers the following tips to help maintain a healthy mouth:

- Brush all tooth surfaces, including the backs of teeth and your tongue, twice a day with fluoride toothpaste and a soft-bristled toothbrush. Floss once a day to remove particles of food that get stuck between your teeth and under your gums.
- Visit your dentist every six months for a checkup and professional cleaning.
- Bring a list of current medications to your dentist appointments, including those that are over-the-counter, and let your dentist know if you are taking any new medications.
- Eat a balanced diet from the five major food groups, and avoid sugary foods and beverages.
- Avoid tobacco and alcohol use. Among other things, tobacco and alcohol greatly increase the risk of periodontal (gum) disease and oral cancer.
- If you experience dry mouth (xerostomia), talk to your dentist. There are many treatments they can recommend to alleviate the symptoms of dry mouth, including increasing fluid intake, chewing

sugarless gum, sucking on sugarless candy or using artificial saliva. Left untreated, dry mouth can cause an increase in cavities, gingivitis and other oral infections.

"If you wear dentures, they should be cleaned after meals and before going to bed at night. If you notice changes in your gums, such as red or white sores or raised bumps, report them to your dentist immediately.

"Since poor fitting dentures can lead to a host of problems, it is very important that patients continue to visit their dentist annually," said Dr. Craig Pate, a PDA member and general dentist from York. "Your dentist will perform an oral cancer screening and a comprehensive

examination, ensuring your dentures are in optimal condition. Also, your dentist can discuss new treatment options that are now

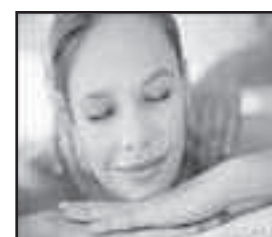
available for denture patients. In particular, implants are a predictable and life changing procedure."

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Andrea Dodson will star as Carrie in the Downey Civic Light Opera's production of "Carousel," opening this weekend at the Downey Theatre. Dodson previously appeared in "Dames at Sea," "42nd Street" and "Rodgers and Hart: A Celebration." Seats to "Carousel" are still available and can be purchased by calling the box office at (562) 923-1714. "Carousel" runs until June 13.

Overcome weight-loss plateaus

As weight-loss warriors climb to the mountaintop of fitness and better health, they will inevitably cross a plateau or two in their journey.

According to Dr. Nicholas Yphantides, medical spokesperson for TOPS Club (Take Off Pounds Sensibly), "There are inevitable periods of plateau. You feel like you have changed nothing, yet the body fat no longer disappears and your weight loss seems to be stuck in neutral. The real dilemma is that the plateau can be a huge motivation killer."

The harm, he says, is that some people give up during a plateau and fall back into poor eating and exercise habits out of discouragement.

On a positive note, since it's best to lose weight slowly, steadily and sensibly, plateaus can often be a body's balancing act. A plateau also can signal that a body has less fat left to lose.

Yphantides points out that real plateaus, when weight loss does in fact stall, are different from perceived plateaus, when a person is in denial and doesn't believe they are doing anything differently, yet the weight is not coming off.

"Honesty and accuracy are such core ingredients to healthy living for TOPS members that I have to mention them, as I frequently discovered what I call a 'perceived plateau' upon deeper interaction and conversations with people who are frustrat-

ed with their weight loss," he said.

One cause of a true plateau is that the body is trying to achieve equilibrium, or homeostasis. In this state, the body wants to retain the status quo and not lose weight. Weight will resist coming off, even if the number of calories consumed and level of exercise stay the same.

Yphantides says that the key is to mix up your routine so the body reacts to changing signals.

"Some weight-loss warriors make the mistake of expecting different results with the same routine. It's easy to get discouraged, but it's more effective to get creative," he noted.

His strategies for overcoming a weight-loss plateau include:

- Eat the same weekly amount of calories but eat less one day and more the next to make the body react differently. Also, remember to drink water to feel full and avoid problems caused by dehydration.

- Try adding a new activity to an exercise routine. It will activate more muscles and change the way the body is used. For instance, if you typically walk daily, swim or bike instead. Add high-intensity cardio intervals to a low-intensity workout. If there's a fun, new dance class to try, this is a good time.

- Switch the type of workout. For example, trade an aerobic session for a strength-training or muscle-toning class. This can increase lean muscle mass and jump-start the



PHOTO BY ALAN CLEAVER

metabolic rate.

- Spread out daily food intake to fuel metabolism over a longer period of time. Add a few mini-meals each day, going from three meals to five, without adding calories. Make sure breakfast is a solid meal, because it results in better concentration and higher energy throughout the day.

Use patience and persistence as

tools in the journey to overall wellness. Weight-loss plateaus will happen along the way - but they can be overcome.

TOPS Club has about 170,000 members in nearly 10,000 chapters throughout the United States and Canada. Visitors can attend their first TOPS meeting free of charge. To find a local chapter, call (800) 932-8677 or visit www.tops.org.

New Titles at the Downey City Library

Fiction

- "Another Life Altogether" by Elaine Beale. A keenly observed coming-of-age story about the effects of a mother's mental illness on her young daughter.
- "The Bradbury Report" by Steven Polansky. In the year 2071, the United States has implemented a wide-scale, government-run cloning program tied directly to health insurance. Each U.S. citizen has a clone to fulfill his or her medical needs.
- "Girl in Translation" by Jean Kwok. When Kimberly Chang and her mother emigrate from Hong Kong to Brooklyn squalor, she quickly begins a secret double life: exceptional schoolgirl during the day, Chinatown sweatshop worker in the evenings.
- "My Name is Mary Sutter" by Robin Oliveira. A brilliant, headstrong midwife dreams of becoming a surgeon in 19th-century America.
- "Till You Hear from Me" by Pearl Cleage. Just when it appears that her hard work on Barack Obama's presidential campaign is about to pay off with a White House job, 35 year old Ida Wells Dunbar finds herself on Washington, D.C.'s post-election sidelines even as her 20-something counterparts overrun the West Wing.

Non-Fiction

- "The Feisty Stitcher: Sewing Projects with Attitude" by Susan Wasinger. Turn your sewing machine into a source of fun with twenty innovative projects for wearable items and gifts.
- "The Madoff Chronicles: Inside the Secret World of Bernie and Ruth" by Brian Ross. An ABC news correspondent offers a look at Madoff's life of corrupted luxury and lies.
- "Not My Boy! A Father, a Son and One Family's Journey with Autism" by Rodney Peete. A father writes an inspirational road map for families facing the challenges of autism.
- "Seven Dirty Words: the Life and Crimes of George Carlin" by James Sullivan. A chronicle of the life and art of the legendary comic and social critic.
- "Your Kids Are Your Own Fault" by Larry Winget. Straight-talking advice on how to raise responsible, productive adults.

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• **IRON MAN 2 (PG-13)** (12:30, 1:10, 3:25, 4:05), 6:20, 7:00, 9:15

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SCOTT COBOS

DUSD got it right

I was really surprised to find out this week that so many people had given their feedback on our website on the self-imposed sanctions the Downey Unified School District came up with to satisfy CIF concerning the stipend situation with Warren's football program.

It made me smile because for the longest time I didn't really have a full understanding of how much people cared about the prep athletics in the community and how much they depend on the athletic programs to hammer home the six pillars of Character Counts.

I also got a good laugh when I read that some individuals actually think the newspaper is on the payroll of the DUSD. Let me be the first person to say I wish, if we were, more than two pages of our newspaper would be in color. How great would that be?

Anyway, the feedback read was well worth the five minutes I spent. But alas, I must disagree with you all when it comes to steeper penalties for the program.

I know, the first thought from usernames Thunderchild and Dubarry1 will be wondering when I receive my paycheck from the district. But while on paper the self-imposed sanctions seem like a slap on the wrist from the DUSD, there are two sides to this action.

Hoping to not sound like Helen Lovejoy on "The Simpsons," I will ask this question: Won't somebody think of the children?

A week suspension during the summer for coaches hoping to still have a job on the staff when new head coach Gil Jimenez takes over is hardly a punishment. But if it were to be any steeper, why would we make the children suffer?

It was interesting to read the bylaws in the CIF constitution, especially when bylaw No. 508 (which is the response to No. 507 concerning coaching stipends) says that the team will be deemed ineligible for the season that the infractions were committed.

In other words, goodbye San Gabriel Valley League championship, so long to Jesse Callier's amazing season, and adios to one of the most anticipated and lively seasons in Warren's football history.

Why do this to the kids? This became a very common theme when talking to DUSD superintendent Wendy Doty and former booster club president Cesar Lopez. Both shared the same sentiment when Lopez said it's about the kids and Doty asked why we should involve the kids in a mess they didn't create.

They're right. We shouldn't. So, here we stand, looking at what was probably for the lack of better words the perfect prep football crime. The coaches broke a bylaw and were paid and since Jimenez will probably hire his own staff and possibly discard the old staff, these other coaches involved won't be given anything more than a firm shaking of the finger from the district.

But with that said, if now former head coach Chris Benadom and his staff was to remain with the football program, something harsh would have needed to happen without harming the kids in the program. I'd probably lobby for something along the lines of a public apology acknowledging that the coaching

Warren coaches face 1-week suspension

■ **FOOTBALL:** Returning coaches will be suspended 1 week during summer practice.

BY SCOTT COBOS, STAFF WRITER

DOWNEY – New procedures will be put in place and suspensions will be handed after Warren High School's football program accepted illegal stipends from its boosters club, Downey Unified School District superintendent Wendy Doty said today.

Last week according to sources at the CIF Southern Section offices, Doty and CIF commissioner Dr. James Staunton discussed the Warren football staff receiving illegal stipends from the football booster club and what appropriate punishments will be handed out.

The Downey Patriot first reported the illegal stipends on May 14.

The meeting was quick and

ended with the agreement that all coaches in the DUSD and booster club presidents for the individual sports, including marching bands, will have to sign a letter acknowledging that coaches are not to accept checks directly from booster clubs without punishment.

Also in the letter, booster club presidents and coaches will be told that if money is to be handled between the programs and clubs, that the funds will have to be donated to ASB, who can then properly distribute the funds appropriately.

Also, coaches who are hoping to maintain a position on the coaching staff at Warren with a new head coach coming in will be suspended one week during summer practices.

According to CIF director of communications Thom Simmons, the new procedures and punishments were self-imposed.

Doty said the new procedures

will go into effect as soon as possible and that the problem has been resolved.

"Never waste a crisis," she said. "We wanted to tighten up procedures to make sure it doesn't happen again."

Doty said that she will soon talk to Warren principal John Harris and athletic director Steve Hill about the new procedures. No booster club members or any coaches involved in the matter had been contacted as of Monday.

The sanctions came in light of Warren's football booster club being disbanded by former head coach Chris Benadom back in January.

Booster club members had then questioned the legality of the disbandment then told of illegal stipends of \$22,500 paid out to all coaches during the 2009-2010 season to the DUSD during an open board meeting.

Vikings stopped in 2nd round

■ **BASEBALL:** Despite strong outing from Anthony Cortez, Downey loses 2-1 to Bonita.

BY SCOTT COBOS, STAFF WRITER

DOWNEY – Without really giving up a hard hit ball throughout the game, the Downey Vikings found themselves exiting the second round of the CIF Southern Section playoffs with a 2-1 loss against Bonita Tuesday afternoon.

Downey's Anthony Cortez pitched a complete game, giving up the game winning run on a dying quail in shallow left field after retiring 11 straight batters leading up to the bottom half of the inning.

Bonita hit only one ball hard the entire game. Coincidentally it was the lead off double by Matt Rodriguez in the home half of the seventh inning. Mark Lindsay then followed with a sacrifice fly to right field where Rodriguez was lucky enough to make it to third after Brent Boyd's throw from right field hit shortstop Jeremy Ruiz who was standing right in the

way of Lindsay.

Ruiz was able to put the tag on Lindsay but the ball rolled out of his glove and on to the infield.

Bonita's Robert Mier who had already struck out and popped out to short left and center field earlier in the game came up next and hit Cortez's first pitch off the cap of his bat but just out of reach of Downey's defenders in shallow left field to win the game.

The only other run Bonita scored in the game came in the bottom of the third inning after Matt Gelalich led the inning off with a single then stole second base. Anthony Ramos grounded out to second base and moved Gelalich to third. He would then score on a bloop single by pitcher Brian Tuttle.

Tuttle also put his stamp on the game by pitching a complete game for the victory. He only allowed 1 earned run and had a small streak of batters in a row retired as well. In the first three innings he faced the minimum nine batters, and did the same from the fifth inning on.

The only trouble he ran into

was in the fourth inning where Downey's Alex Jimenez singled then stole second base. Jimenez would then score on a 2-out single to center field by Josh Collazo.

Tuttle was the beneficiary of some timely defense as Downey hit the ball hard many times but right at people.

In the first inning with Jimenez on base, Josh Guerra drilled a two hopper to shortstop who was able to swing the inning ending 6-4-3 double play.

Then in the fifth inning with Ruiz on base, Eric Gomez lined out to Mier at second base who was playing only a few feet away from the base. Mier was able to spear the ball then trot over and tag the base before Jimenez could get back safely to complete the unassisted double play.

Downey ends their season with a 19-13 record, successfully defending their San Gabriel League Valley championship. The Vikings played well all season at home but then struggled on the road with a sub-.500 record.



The Downey 12U travel soccer team won the Lancaster Tournament this past weekend. The team, which also won the tournament last year, defeated Varselia, South Gate, Beverly Hills and Valencia, allowing only one goal during the entire tournament. The team includes Phillip Caro, Kevin Chavez, Andres Esparza, David Lemucchi, Peter Torres, Ricardo Gutierrez, Ivan Gastelum, Oskar Raymundo, Xavier Solorio, Luis Pasillas, Humberto Luna and Jonathan Passaye. Head coach is Felipe Caro and assistant coach is Johnny Lemucchi.



The Downey United 12U girls' soccer team finished in second place at the Lakewood Fox and Hare Tournament held over the weekend. Top row, left to right: Coach Win Powell, Rebecca Powell, Alana Trimino, Giselle Hidalgo, Alyssa Skobis, Brinda Patel, Julie Garneff and Coach Julio Garneff. Bottom row: McKenna Henao, Catherine Ham, Mary Hernandez, Briana Orozco, Eliana Garneff and Theresa Madrigal.



The Downey Fuego 10U team representing AYSO Region 24 is preparing to enter the Spring Select playoffs next month. The Fuego have a 8-0-1 record this year and have only allowed five goals while scoring 34. Pictured top row, left to right: Coaches Ernesto Zendejas, Alfred Diosdado, Noe Avila and Jorge Vazquez; middle row: Serena Martinez, Analia Zendejas, Diane Diosdado, Amanda Delgado and Dhalia Rodriguez; bottom row: Gabriela Mungaray, Destiny Vazquez, Elsa Delgado, Brianna Holguin and Aleena Avila.



The Downey-based 12U So Cal Legends won the Great American Past Classic Baseball Tournament held this past weekend in Fountain Valley. The Legends went 4-0 and allowed only six runs in four games. The Legends defeated the So Cal Mizuno (Garden Grove) 5-2 in the championship game. The boys received championship rings and qualified to participate in the World Series in San Diego. Pictured top row, left to right: Manager Joaquin Castillo, Bruce Snyder, Joaquin Castillo Jr., Maury Estrada, Marky Williams, Benjamin Gonzalez and Coach Chris Gallegos. Bottom row: Richard Velazquez, Jose Montalvo, Anthony Gonzalez, scorekeeper Julio Martinez, Keaton Freire and Gabriel Gallegos.

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Band director inspires students to perform

■ Todd Miller has been instrumental (pun intended) in the musical development of the West Middle School band.

By HENRY VENERACION, STAFF WRITER

Todd Miller's focus was set early on because "I had very good elementary and middle school band programs when I was growing up." Thus, "I'd always wanted to be a band director since 6th grade," he says.

As band director at West Middle School, Miller has recently, during the past March weekends alone: 1) Had his 8-member saxophone section win an Outstanding Section Award at the Brookhurst Jazz Festival in Anaheim, where two of his band members, Jakob Miller (no relation) and Osvaldo Zarate, won Outstanding Soloist Awards, Jakob for bass and Osvaldo for tenor sax; 2) his 50-member wind ensemble received a "superior" rating at the Mayfair High School festival in Lakewood, qualifying the group for the May 5 regionals; 3) his 22-member jazz band garnered an "excellent" rating at the South Hills High School Festival in Covina; 4) his beginning band was ranked "excellent" while his tour band won a "superior" rating at the Don Lugo High School Festival in Chino; and 5) his symphonic band took an "excellent" rating at the Baldwin Park High School Festival. (These are all part of the Southern California band and orchestra association festivals swing held every year.)

Then during spring break, he took the entire 164-member band to San Francisco for the Heritage Festival, where 20 bands in all took

part. At the aforementioned May 5 Regional Festival that took place at Kennedy High School in La Palma, the band's wind ensemble got two excellent and two superior ratings.

"What this means is that the kids are really working hard, and they are constantly improving," Miller says. "The group is getting larger and stronger. Next year, we should have 200 kids in the band."

West principal Craig Bertsch gushes at Miller's impact, saying, "He has brought us back to prominence and, most importantly, built a huge part of the West culture."

Born in San Diego and a product of Escondido High School, Miller obtained his BA in music education from Cal State Northridge in 1987 and began his career as band director at Warren High School. He would at the same time teach at West Middle. Then in 1992, he left DUSD and taught for fourteen years at Edgewood Middle School in West Covina but would come back to West in 2008. He has nothing but kind words and appreciation for the "wonderful support in many ways "he has enjoyed from the kids' parents and the solid encouragement from the district.

"You will find AP kids mixing with special ed kids in the band," he says. "These kids in the band come from every level, but their common denominator is they are bright and hardworking."

He goes on: "Indeed, I am proud to say that I've had former students enroll at the prestigious L.A. County High School for the Arts, and over the years I count about 19 students of mine enroll, say, at the Manhattan School of Music, or at Cal State Long Beach, or wherever. They're all over the place, their music training and experience here giving them a headstart."



Todd Miller is director of the 164-member band at West Middle School. The band has earned rave reviews throughout the state, including awards at the prestigious

Other major performances during the year were their winter (Dec. 10) and spring concerts (May 12), while the band highlighted Honors Night on Monday at the First Baptist Church, in honor of students who have won distinctions and scholarships, etc. The band's last scheduled performance is on campus June 16, to celebrate the students' promotion to their next grade levels.

There are other lesser, but no less important, performances by Miller's band. Just last May 19, the jazz ensemble, along with West's drama group, went to the Southland Convalescent Home in

Norwalk to perform for 95-year old Emma "Tiny" Hobson.

Phil Davis, who knew her while he was principal at West and is now support programs administrator at the district, said the school kind of adopted her as a mascot at the time, as she lived in the back of the school and would pick up trash, etc., on site. So Wednesday was a way of honoring her, who is believed to have no close relatives to care for her. "We were there to cheer her up," said Davis.

As Miller says, "While we have fun playing all kinds of music, we'd just as soon share it, too."

Planning for an emergency: Week 8

By MARK SAUTER, CITY OF DOWNEY

With the holiday weekend here, many of us have lots of things to do and places to go. Let's make this week's emergency preparedness work simple to accomplish.

Most importantly, let's remember what this holiday is all about. Without the work and sacrifice of the millions of men and women in the American military, our country would be a much different place. Please take the time to thank those who have done so much for our country.

In many ways the military is an excellent model of preparedness. Each branch of the service must be prepared for many different problems and emergencies. The preparedness of each branch of the service also rests on the shoulders of the individual men and women assigned to that branch. All members of the service train, have a plan, have supplies and know their duties during and after an emergency.

This week let's follow the same path of improvement. We always want to work on our supply inventory, improve our knowledge and expand our emergency plan.

The recommended additions to our supplies, for this week, are easy to obtain. During and after emergencies small and large problems occur that require remarkably little to remedy. This week add the following to your supply kit:

scissors, tweezers, thermometer, needles, liquid anti-bacterial soap, disposable hand wipes, petroleum jelly or other lubricant, zip ties, wooden tongue blades and duct tape.

All of the above items are readily available and fairly inexpensive if you need to buy them. Most importantly, all of the items can be used for many different repairs and uses. Whether they are used for first aid purposes or to repair something, there is a level of comfort knowing that you have the right tool or supply in the time of need.

This week for our knowledge improvement, let's round up a sturdy pair of shoes for each member of our family (and a flashlight) and station them near our beds. Be sure everyone knows what to do if an earthquake occurs when they are in bed. Then take a few minutes to look around your sleeping areas. Is there anything in the area that could easily topple over or break? Are there two ways out of each sleeping area? Does everyone in the family know how to exit their room using the 'second' exit?

If you or anyone in your family uses eye glasses, be sure you have extra pairs on-hand. Consider placing a pair with your first-aid and sewing kit. How about another pair of glasses or a magnifying glass for your family emergency communications document (the place where all of the emergency numbers should be written down)? It's tough enough to get on-track immediately after an emergency. Having the right equipment (like eye-glasses) in the right place makes things a little less stressful.

Have a nice, safe holiday. If you have any questions or comments, please send them to ready@downeyca.org.

Mark Sauter is deputy city manager in charge of emergency preparedness for the city of Downey.



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Several Downey teachers bid farewell

Administrators, teachers and staff are set to retire in June.

By HENRY VENERACION, STAFF WRITER

DOWNEY – It's not a mass exodus, but it certainly feels like one. I'm referring to the early retirements of several DUSD personnel, including six certificated management personnel, about 40 certificated teachers/classified as teachers, and some 34 classified employees.

The net effect of these early retirements is a savings of some \$820,000 to the district this year, and another \$500,000 next fiscal year, as explained in a companion report.

Heading the list of retiring administrators are Stan Hanstad, assistant superintendent of personnel services; Dr. Sara Cairns, director of secondary education; and Kent Halbmaier, director of special education. Paul Modschiedler, vice principal; Julie Helm, special education program administrator; and Gloria Widmann round out the roster. Their retirement takes effect June 30.

The following certificated personnel (teachers or staff) retired in mid-year (January) but came back to teach with 'emeritus' status, effectively retiring for good come end of June: Anita Altounian, Kathy Bazarian, Blair Bolles, Susan Bouris, Diane Bow, Mike Brown, Willard Capps, Barbara Carter, Ann Courtney, Marcia Curran, Cheryl Denton, William Dunaway, Mary Jo Enyeart, Ernestine Ferrell, Linda Flowers, Stephen Fullerton, Barbara Gallian, Susan Gilhooley, Donald Hodges, Alan Holley, Sharon Hudgens, Janet Hura, Deborah Karr, Virginia Liepitz, Brenda Lockard, Marylen Long, Joan Martin, Patricia Miles, Diana Ono, Maribeth Paulino, Jeanette Preece, Linda Riggs, Joyce Robinson, Nancy Roth, Frederick Shannon, Vicki Shoop, Deathea Van Scoy, Daniel Vaughn, DaLerna Wilcox, and Patrick Wong. Marie Yusem retires effective June 18.

Most of the following classified employees are retiring in June; some have varying dates of retirement, while a few retired last year: Mary Helen Aguilar, Jessie Amescua, Christine Andreasen, Darryl Avery, Kathy Axe, Martha Aycock, Georgia Caraveo, Sandra Carvajal, Gloria Castillon, Leann Christensen, Irene Davis, Dolores Dinwiddie, Sylvia Fonseca, Yvonne Gonzalez, Carolyn Graffin, Elfriede Haberstroh, Vilma Halley, Martha Hennessy, Imelda Jacobo, Michael James, Beth Keeler, Dianne Long, James Long, Jill Lutenske, Carol Mehr, Helen Miller, Cheryl Newcomer,

Sandra Parent, Pauline Pena, Martha Pinon, Dave Purinton, Diana Ramirez, Betty Roddy, Judy Rottino, Donna Siemann, Phyllis Sissoev, Carolyn Tokashiki, Diane Trusdall, Patricia Tuttle, and Jean Van Wyke. Heading this group is retiring classified personnel director Pat Heineke.

The length of service of these retirees ranges from a low of 4 years, 3 months to a high of 39 years, with the majority nestled in the 20-30 year range.

The known traditional round of retirement parties at various venues in glorious salute to the honorees has already started in earnest, beginning on May 22 and ending on June 16, among them a joint DUSD/DEA event at Old River Elementary School on June 1, an Instructional Services Department celebration on June 4 themed "A World of Wonder Awaits" to honor nine long-time employees (Mary Helen Aguilar, Blair Bolles, Mike Brown, Sara Cairns, Kent Halbmaier, Julie Helm, Cheryl Newcomer, Diana Ramirez, and Mimi Yusem), and tributes to Pat Heineke (June 10), Kent Halbmaier (June 11), Business Services' Beth Keeler (June 15), and the redoubtable Stan Hanstad (June 16).

To further save the district money, some if not most of these positions are either going to go unfilled or consolidated or filled by incoming personnel whose classifications will start in the lower end of the salary scale.

Thrift store needs volunteers

NORWALK – Habitat for Humanity is searching for volunteers as it prepares to open a thrift store this summer in Norwalk.

Volunteers will assist staff members with stocking, cleaning and painting. Volunteer hours are Tuesday through Friday, 8 a.m. to 3 p.m.

The store, located across from Cerritos College at 11029 Alondra Blvd., will be stocked with home furnishings, appliances and home décor donated to Habitat for Humanity.

For more information, contact Regina Wyatt at (310) 323-4663.



Sarah Menendez (Downey), Debora Won (Warren) and Janice Garcia (La Serna) will attend Girls State thanks to a sponsorship from the American Legion Auxiliary. From left: Menendez, auxiliary members Bertha Butler and Betty Allen, Garcia and Won.

Local girls chosen for Girls State

DOWNEY – The American Legion Auxiliary, Unit No. 270, has chosen to sponsor two Downey girls for attendance at Girls State, a weeklong governmental seminar at Claremont McKenna College.

Downey High School student Sarah Menendez and Warren High's Debora Won were chosen based on their scholastic records, leadership qualities and service to their schools and community.

The auxiliary is also sponsoring Janice Garcia, a student at La Serna High School in Whittier.

Students who attend Girls State learn about city, county and state government functions through mock proceedings. The American Legion Auxiliary has sponsored the Girls State program for more than 65 years.

Menendez is the daughter of Angelina and Nelson Menendez, and Won is the daughter of Grace and Chris Won.

A luncheon will be given in their honor after they return from Girls State.

Author Lisa See to sign books here

DOWNEY – Award-winning author Lisa See will be the featured speaker at a luncheon and book-signing June 5 at the Rio Hondo Event Center.

Tickets are \$25 and include the author talk and a Chinese buffet meal.

See is author of the bestselling books, "Snow Flower and the Secret Fan," "Peony in Love" and "On Gold Mountain."

Her latest novel, "Shanghai Girls," tells the story of Pearl and May, two sisters who leave Shanghai to find new lives in 1930s Los Angeles. To settle his gambling debts, their father sells both girls to a wealthy Chinese-American as wives for his sons.

The girls find themselves detained on Angel's Island for months and later must keep a secret that could threaten their future.

"Lisa's book captures the bond between sisters, the rich detail of pre-World War II Shanghai, and the struggles and joys of the immigrant experience," said City Librarian Nancy Messineo. "At this author event you will have a rare opportunity to hear a gifted

author speak and learn more about her own Chinese American family."

Copies of "Shanghai Girls" will be available for purchase and signing at the event.

Reservations are required by May 29 at the Friends Book Store located inside the library.

For more information, call (562) 904-7360, ext. 132.

Memorial Day to be marked at cemetery

DOWNEY – A wreath-laying ceremony to mark Memorial Day will be held at the Downey Cemetery on Monday at 11 a.m.

The ceremony will feature a rifle salute by American Legion Post 723, the playing of Taps and remarks by the cemetery's district trustees.

Parking will not be permitted at the cemetery. Instead, a free shuttle will pick up guests from the Lakewood Boulevard Green Line parking lot.

For more information, call Stephanie Watkins at (562) 904-7236.

Police to expose dangers of Internet

DOWNEY – The Downey Police Department will hold a seminar June 2 to educate parents and adults about the growing dangers the Internet poses to children.

In a press release, new Police Chief Rick Esteves said he has made it "a top priority to protect children against child predators."

Esteves created the department's new "Hi-Tech Crime Unit" to capture online child predators.

Topics to be discussed at the presentation include the dangers of social networking sites, including MySpace and Facebook; child predators that troll the Internet; understanding texting language and the dangers of sending pictures via phones and computers; dangers of peer-to-peer computer programs such as Bearshare and LimeWire; up-to-date information on Internet crimes, such as cyber bullying, harassment, intimidation, etc.; and Internet tracking methods that can be used to monitor your child's computer activity.

The presentation begins at 7 p.m. at the Barbara J. Riley Community and Senior Center. It is free and open to the public. No reservations are necessary.

The presentation is geared toward parents and adults.

For more information, call Detective Ron Gee at (562) 904-2331 or Sgt. Brian Baker at (562) 904-2304.

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LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100690995
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) Contingency Solutions International, 8762 Ramona St., Bellflower, CA 90706, County of Los Angeles.
Name of registrant(s): (1) Roland DeRoicli, Jr., 8762 Ramona St., Bellflower, CA 90706
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Roland DeRoicli, Jr., President
This statement was filed with the County Clerk of Los Angeles on May 20, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

Published in:
The Downey Patriot, # BS124251
5/28/10, 6/4/10, 6/11/10, 6/18/10

Lisa G. Myers, Esq.
Myers & Associates
13215 E. Penn Street, Suite 210
Whittier, CA 90602

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100599778
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) Computer 1 Solution, 10346 Bellman Ave., Downey, CA 90241 County of Los Angeles.
Name of registrant(s): (1) Computer 1 Solution Corp., 10346 Bellman Ave., Downey, CA 90241
This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 2/23/10.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Rose Latimer, President
This statement was filed with the County Clerk of Los Angeles on May 3, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

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The Downey Patriot, # BS124251
5/14/10, 5/21/10, 5/28/10, 6/4/10

FICTITIOUS BUSINESS NAME STATEMENT
File Number 20100583895
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
(1) LAUNDERLAND CENTER, 8306 E. IMPERIAL HWY, DOWNEY, CA 90242, COUNTY OF LOS ANGELES, 11600 PARAMOUNT BLVD, STE H, DOWNEY, CA 90241
Name of registrant(s): (1) LUIS MENDOZA, 7235 DE PALMA ST, DOWNEY, CA 90241
(2) ARACELY MENDOZA, 7235 DE PALMA ST, DOWNEY, CA 90241
This business is conducted by a Husband and Wife.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Aracely Mendoza, Owners
This statement was filed with the County Clerk of Los Angeles on April 29, 2010.
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

Published in:
The Downey Patriot, # BS124251
5/7/10, 5/14/10, 5/21/10, 5/28/10

GOVERNMENT

NOTICE OF PUBLIC HEARING AS A CONTINUED RECEIPT OF FUNDS FOR TIER III CATEGORICAL PROGRAMS FOR THE DOWNEY UNIFIED SCHOOL DISTRICT
The Governing Board of Downey Unified School District of Los Angeles County will hold a public hearing at which time the Board will recognize the receipt of certain funds identified as Tier III categorical funds in accordance with the provisions of Education Code (E.C.) 42951(c)(2). At that time the Board will take testimony from the public concerning these funds, discuss the proposed use of the funding, and approve or disapprove the proposed use(s) of said funds identified in E.C. 42965.
The public hearing will be held at a regularly scheduled meeting of the Board of Education at the Gallegos Administration Center (Board Room) 11627 Brookshire Avenue Downey, CA 90241 on June 8, 2010 at 5:00 p.m. The public is invited to attend this meeting. The agenda for this meeting, which will include the subject of this public hearing, will be on file and available for public inspection at the following location prior to the meeting, should members of the public wish to review prior to the public hearing: Gallegos Administration Center, 11627 Brookshire Avenue Downey, CA from Thursday, June 3, 2010 through Tuesday, June 8, 2010 during the hours of 8:00 a.m. to 4:00 p.m.
Wendy L. Doty, Ed.D., Superintendent and Secretary to the Board of Education

Published in:
The Downey Patriot, # BS124251
5/28/10

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF CLAUDE ARTHUR CARRIER, aka CLAUDE A. CARRIER Case No. BP122544
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of CLAUDE ARTHUR CARRIER, aka CLAUDE A. CARRIER
A PETITION FOR PROBATE has been filed by GLORIA F. CARRIER in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that GLORIA F. CARRIER be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the office kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Published in:
The Downey Patriot, # BS124251
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CIVIL

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES SOUTHEAST JUDICIAL DISTRICT ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: VS020405
TO ALL INTERESTED PARTIES: Petitioner SVEN CHARLES FEITKNECHT has filed a petition with this court for a decree changing names as follows: Present name SVEN CHARLES FEITKNECHT to Proposed name SVEN CHARLES AUGIMERI.
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for the change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: July 7, 2010, Time: 8:30 a.m., Department C, Room 312
The address of the court is 12720 Norwalk Blvd., Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT NEWSPAPER.
May 5, 2010
Raul A. Sahagun
Judge Of The Superior Court

MONICA GOEL SBN 211549
Tredway, Lumsdaine & Boyle LLP
10841 Paramount Boulevard
Downey, CA 90241
(562) 923-0971

The Downey Patriot, # BS124251
5/21/10, 5/28/10, 6/4/10

Superior Court of the State of California For The County of Riverside
NOTICE TO CREDITORS OF DECEASED TRUSTEES REVOCABLE TRUST (Probate C Sec. 19003)
In re:
KATHRYN MCLAREN, Trustor of THE KATHRYN MCLAREN LIVING TRUST dated August 30, 2001
Decased
NO. INP 10000269.
Notice is hereby given to the creditors and contingent creditors of the above-named decedent, that all persons having claims against the decedent are required to file them with the Superior Court, at 3255 E. Tahquitz Canyon Way, Palm Springs, California 92262, AND, mail or deliver a copy to Stephen McLaren, Successor Trustee of the Trust dated August 30, 2001, wherein the above-named decedent was the Trustor, c/o Michael S. Kahn, Attorney at Law, Post Office Box 2286, Palm Springs, California 92263-2286, within the later of four (4) months after date of the first publication of notice to creditors or, if notice is mailed or personally delivered to you, thirty (30) days after the date this notice is mailed or personally delivered to you, or you must petition to file a late claim as provided in Section 19103 of the Probate Code. A claim form may be obtained from the court clerk. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.
Signed: Stephen McLaren, Successor Trustee
Michael S. Kahn - SBN 52512
Attorney for Successor Trustee
2825 E. Tahquitz Canyon Way, #202
Post Office Box 2286
Palm Springs, CA 92263-2286
(760) 320-5655

Published in:
The Downey Patriot, # BS124251
5/28/10, 6/4/10, 6/11/10, 6/18/10

GOVERNMENT

NOTICE OF PUBLIC HEARING AS A CONTINUED RECEIPT OF FUNDS FOR TIER III CATEGORICAL PROGRAMS FOR THE DOWNEY UNIFIED SCHOOL DISTRICT
The Governing Board of Downey Unified School District of Los Angeles County will hold a public hearing at which time the Board will recognize the receipt of certain funds identified as Tier III categorical funds in accordance with the provisions of Education Code (E.C.) 42951(c)(2). At that time the Board will take testimony from the public concerning these funds, discuss the proposed use of the funding, and approve or disapprove the proposed use(s) of said funds identified in E.C. 42965.
The public hearing will be held at a regularly scheduled meeting of the Board of Education at the Gallegos Administration Center (Board Room) 11627 Brookshire Avenue Downey, CA 90241 on June 8, 2010 at 5:00 p.m. The public is invited to attend this meeting. The agenda for this meeting, which will include the subject of this public hearing, will be on file and available for public inspection at the following location prior to the meeting, should members of the public wish to review prior to the public hearing: Gallegos Administration Center, 11627 Brookshire Avenue Downey, CA from Thursday, June 3, 2010 through Tuesday, June 8, 2010 during the hours of 8:00 a.m. to 4:00 p.m.
Wendy L. Doty, Ed.D., Superintendent and Secretary to the Board of Education

Published in:
The Downey Patriot, # BS124251
5/28/10

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF CLAUDE ARTHUR CARRIER, aka CLAUDE A. CARRIER Case No. BP122544
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of CLAUDE ARTHUR CARRIER, aka CLAUDE A. CARRIER
A PETITION FOR PROBATE has been filed by GLORIA F. CARRIER in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that GLORIA F. CARRIER be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the office kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

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A HEARING on the petition will be held on June 14, 2010 at 8:30 AM in Dept. No. 9 located at 111 North Hill Street, Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for petitioner:

MONICA GOEL SBN 211549
Tredway, Lumsdaine & Boyle LLP
10841 Paramount Boulevard
Downey, CA 90241
(562) 923-0971

The Downey Patriot, # BS124251
5/21/10, 5/28/10, 6/4/10

Superior Court of the State of California For The County of Riverside
NOTICE TO CREDITORS OF DECEASED TRUSTEES REVOCABLE TRUST (Probate C Sec. 19003)
In re:
KATHRYN MCLAREN, Trustor of THE KATHRYN MCLAREN LIVING TRUST dated August 30, 2001
Decased
NO. INP 10000269.
Notice is hereby given to the creditors and contingent creditors of the above-named decedent, that all persons having claims against the decedent are required to file them with the Superior Court, at 3255 E. Tahquitz Canyon Way, Palm Springs, California 92262, AND, mail or deliver a copy to Stephen McLaren, Successor Trustee of the Trust dated August 30, 2001, wherein the above-named decedent was the Trustor, c/o Michael S. Kahn, Attorney at Law, Post Office Box 2286, Palm Springs, California 92263-2286, within the later of four (4) months after date of the first publication of notice to creditors or, if notice is mailed or personally delivered to you, thirty (30) days after the date this notice is mailed or personally delivered to you, or you must petition to file a late claim as provided in Section 19103 of the Probate Code. A claim form may be obtained from the court clerk. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.
Signed: Stephen McLaren, Successor Trustee
Michael S. Kahn - SBN 52512
Attorney for Successor Trustee
2825 E. Tahquitz Canyon Way, #202
Post Office Box 2286
Palm Springs, CA 92263-2286
(760) 320-5655

Published in:
The Downey Patriot, # BS124251
5/21/10, 5/28/10, 6/4/10

TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE Trustee Sale
Investor/Insurer No. 155134332 APN No. 8042-008-025 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/07/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by JOSE ALFREDO RECINOS, A MARRIED MAN AS HIS SOLE & SEPARATE PROPERTY, dated 12/07/2006 and recorded 12/15/06, as Instrument No. 06 2797705, in Book Page), of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 06/25/2010 at 10:30AM, At the West side of the Los Angeles County Courthouse, directly facing Norwalk Blvd., 12720 Norwalk Blvd., Norwalk, CA 90650 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, with interest thereon as provided in said Note, plus fees, charges and expenses of said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of said Deed of Trust, and of the trusts created by said Deed of Trust. DATED: 05/03/2010 RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219. Sale Information (629) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 3580535 05/28/2010, 06/04/2010, 06/11/2010

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note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$508,929.87. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES & POSTING 3210 EL CAMINO REAL, SUITE 200 IRVINE, CA 92602 714-730-2727 www.ipsasp.com NDEX West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEX West, L.L.C. as Trustee Dated: 05/24/2010 NDEX West, L.L.C. 15000 Surveyor Boulevard, Suite 500 Addison, Texas 75001-9013 Telephone: (866) 795-1852 Telecopier: (972) 661-7800 ASAP# 3580682 05/28/2010, 06/04/2010, 06/11/2010

Published in:
The Downey Patriot, # BS124251
5/28/10, 6/4/10, 6/11/10

NOTICE OF TRUSTEE'S SALE Trustee Sale
Investor/Insurer No. 164217391 APN No. 7001-008-007 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/04/2003, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by GARY K. RITTER, A SINGLE MAN, dated 12/04/2003 and recorded 12/17/03, as Instrument No. 03 3796119, in Book Page), of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 06/25/2010 at 10:30AM, At the West side of the Los Angeles County Courthouse, directly facing Norwalk Blvd., 12720 Norwalk Blvd., Norwalk, CA 90650 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, with interest thereon as provided in said Note, plus fees, charges and expenses of said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of said Deed of Trust, and of the trusts created by said Deed of Trust. DATED: 05/03/2010 RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219. Sale Information (629) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 3580535 05/28/2010, 06/04/2010, 06/11/2010

Published in:
The Downey Patriot, # BS124251
5/28/10, 6/4/10, 6/11/10

NOTICE OF TRUSTEE'S SALE Trustee Sale
Investor/Insurer No. 1006095438 A.P.N.: 6367-012-017 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/12/2005, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. THE AMOUNT MAY BE GREATER ON THE DAY OF SALE. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor: MARTA A. LARREGUI, A SINGLE WOMAN AND ROMEO A. MARTINEZ, A SINGLE MAN, AS JOINT TENANTS Duly Appointed Trustee: Atlantic & Pacific Foreclosure Services, LLC Recorded 3/29/2005 as Instrument No. 05-0717988 in book , page and rerecorded on --- as --- of Official Records in the office of the Recorder of Los Angeles County, California, Described as follows: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST Date of Sale: 6/15/2010 at 10:30 AM Place of Sale: At the west side of the Los Angeles County Courthouse, directly facing Norwalk Blvd., 12720 Norwalk Blvd., Norwalk, California Amount of unpaid balance and other charges: \$453,470.18 (Estimated) Street Address or other common designation of real property: 12736 COWLEY AVENUE DOWNEY, CA 90242-000 A.P.N.: 6256-013-006 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Pursuant to California Civil Code 2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: The mortgage loan servicer has obtained from the commissioner a Final Order of exemption pursuant to Section 2923.52 that is current and valid on the date the notice of sale is filed; and The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55. If the Trustee is unable to convey title or for any reason, the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney, if you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit reporting agency if you fail to fulfill the terms of your credit obligations. Date: 05/21/2010 Atlantic & Pacific Foreclosure Services, LLC 1610 E. Saint Andrew Pl., Suite 150F Santa Ana, CA 92705 Automated Sale Information: 714-730-2727 or www.ipsasp.com for NON-SALE information: 888-313-1969 Tai Alailima, manager ASAP# 3573457 05/21/2010, 05/28/2010, 06/04/2010

Published in:
The Downey Patriot, # BS124251
5/21/10, 5/28/10, 6/4/10

NOTICE OF TRUSTEE'S SALE Trustee Sale
Investor/Insurer No. 1006095438 A.P.N.: 6367-012-017 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/15/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
NDEX West, L.L.C. as duly appointed trustee and pursuant to Deed of Trust Recorded on 03/27/2006 as Instrument No. 06 0642801 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA, EXECUTED BY: LEOPOLDO G FLORES AND DIANA FLORES, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 06/30/2010 TIME OF SALE: 10:30 AM PLACE OF SALE: AT THE WEST SIDE OF THE LOS ANGELES COUNTY COURTHOUSE, DIRECTLY FACING NORWALK BLVD., 12720 NORWALK BLVD, NORWALK, CA. STREET ADDRESS AND OTHER common designation, if any, of the real property described above is purported to be: 11406 ELIZABETH STREET, NORWALK, CALIFORNIA 90650 APN#: 8018-003-032 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the

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5/28/10, 6/4/10, 6/11/10

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LEGAL NOTICES CONT.

TRUSTEE SALE

Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by RICARDO GOMEZ, A MARRIED MAN AS HIS SOLE & SEPARATE PROPERTY, dated 04/19/2007 and recorded 05/10/07, as Instrument No. 20071137739, in Book (Page), of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 06/18/2010 at 10:30AM, At the West side of the Los Angeles County Courthouse, directly facing Norwalk Blvd., 12720 Norwalk Blvd., Norwalk, CA 90650 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 10410 MATTOCK AVE, DOWNEY, CA, 902413007. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$554,086.75. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. DATED: 07/02/2009 RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By:-- Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 3572423 05/21/2010, 05/28/2010, 06/04/2010

Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 06/18/2010 at 10:30AM, At the West side of the Los Angeles County Courthouse, directly facing Norwalk Blvd., 12720 Norwalk Blvd., Norwalk, CA 90650 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 10410 MATTOCK AVE, DOWNEY, CA, 902413007. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$554,086.75. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. DATED: 04/23/2010 RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By:-- Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 3572423 05/21/2010, 05/28/2010, 06/04/2010

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NOTICE OF TRUSTEE'S SALE TS No. 09-0041926 Title Order No. 09-8-126971 Investor/Insurer No. 169351561 APN No. 8042-018-014 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/16/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by LEONARDO GONZALEZ JR. AND MARIA E ANAYA, HUSBAND AND WIFE AS COMMUNITY PROPERTY WITH THE RIGHTS OF SURVIVORSHIP, dated 05/16/2007 and recorded 05/23/07, as Instrument No. 20071250689, in Book (Page), of Official

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Roybal-Allard sheds light on premature births

WASHINGTON, D.C. -- Rep. Lucille Roybal-Allard (CA-34) joined with several of her colleagues and the March of Dimes at an event on Capitol Hill earlier this month to raise awareness about the public health crisis of preterm birth in this country.

"According to the National Vital Statistics Reports, this year more than half a million babies will be born in the United States before reaching their full term status of 37 weeks of pregnancy," said Roybal-Allard, who is a member of the Appropriations Health Subcommittee, co-founded the Congressional Study Group on Public Health and chairs the Congressional Hispanic Task Force on Health. "Tragically, 28,000 of these infants will die before they are one year old. This fact makes preterm birth the leading cause of infant mortality in the United States.

"These statistics are even more disturbing when you consider that the United States spends more than double per capita on childbirth than any other developed country, but ranks a daunting 29th in the world in infant mortality. This ranking, behind almost every other industrialized nation, is largely due to the disparities that exist between various racial, ethnic and socioeconomic groups, and paints a very disturbing picture of our national failure to address these inequities."

Several other Congress members spoke at the event, along with Dr. Alan Fleischman, senior vice

president and medical director, March of Dimes Foundation.

The event was organized as a precursor to an Energy and Commerce Health Subcommittee hearing about the public health crisis of preterm births in the United States scheduled for later in the day.

"The fact is we have a maternity care system in the United States that has not traditionally adhered to evidenced-based practices. We now know that the over-use of non-scientifically supported interventions such as elective Cesareans and inductions of labor have contributed to our high rates of preterm birth, yet these practices continue," Roybal-Allard continued. "We also know the under-use of other proven prenatal interventions, such as smoking cessation programs, have contributed to our continuing high rates of prematurity; yet we don't place enough of an emphasis on these types of preventive programs."

The press conference participants pledged to work together in

Congress on solutions to better ensure healthier full-term babies are born in this country.

"The good news is that with the passage of health care reform, significantly greater numbers of women will have access to comprehensive prenatal care," Roybal-Allard said. "With this increased access, it is imperative that we seriously examine the models of care and practices in our maternity care system, and make the changes necessary to provide the best evidence-based and most cost-effective care possible."

"It is a travesty for the richest country in the world to rank behind almost every other developed country in our ability to protect our children during their first



year of life. I look forward to finding creative solutions that will give all our children a chance to be born at full term."

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NEW LISTING Investor Owned 3 Bedroom, 3 bath home with a remodeled kitchen featuring new ceramic floor, granite counters and a new stove, microwave and dishwasher.	NEW LISTING Great Potential This 3 bedroom, 2 bath home has wood floors, metal kitchen counters and a den with a fireplace. There is also a rumpus room behind the 2 car garage.	REDUCED PRICE Back on the Market Owner says SELL! 3 Bedroom, 2 bath home with many upgrades. Large bonus room could be used as 4th bedroom.	NEW LISTING Nice Neighborhood This two story home has 3 bedrooms and 2 full baths. Close to Rio Hondo Elementary School and Furman Park.



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<p>LOCATION, LOCATION!</p> <p>BEACH BUNGALOW! Charming Huntington Beach 2 BD, 1 BA home. Priced at: \$524,900 Call Carrie Uva 562-382-1252</p>	<p>DOWNEY</p> <p>HOT BUY! 3 BD, 1.75 BA + family room w/ fireplace, remodeled kitchen, hardwood floors. Will not last! \$349,000 www.MariePicarelli.com</p>	<p>WOW!</p> <p>REDUCED! REDUCED! REDUCED! 3 BD, 3 BA, nearly 2,300 sq. ft. of living space, + rumpus room HUGE 14700 sq. ft. lot!! Virtual tour at www.MarioPersico.com</p>
<p>INVESTMENT OPPORTUNITY 3 units in Lincoln Heights, Los Angeles Call Carrie Uva 562-382-1252</p>	<p>SOLD!!!</p> <p>9339 OLYMPIC BL., PICO RIVERA 2 BD 2 BA totally remodeled home. THINKING OF BUYING OR SELLING? Call Frank Moreno Today (562) 949-8139 Lic. 01129668</p>	<p>REDUCED!</p> <p>ORIGINAL OWNER! Lovely N. Downey home w/ 3 BD, 2 BA, newer roof, paint, A/C, nearly 1,800 sq. ft. Standard Sale! Call Mario for a private showing 562-533-7433</p>
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<p>RENTALS AVAILABLE!</p> <ul style="list-style-type: none"> • 11741 Bellman, Downey 2 BD, 2 BA House - \$1550 month • 7150 Luxor, Downey 1 BD, 1 BA house - \$1,000 month • 11701 1/2 Coldbrook, Downey 2 BD, 1 BA apt. \$1,200 month <p>Call Carrie 562-382-1252</p>	<p>CALL NOW!!!</p> <p>DOWNEY POOL HOME! 4 BD, 3 BA + Bonus room! Priced at: \$560,000 Call Pam Lee (562) 618-0390 Lic. 01750256</p>	<p>ATTENTION!!! MARIO IS NOW TAKING LISTINGS Low Inventory of homes LOTS of Buyers TOP FEES FOR YOUR HOME Call Mario Today For a FREE CONSULTATION! (562) 533-7433 MARIO PERSICO SELLS DOWNEY! Born Educated Lives! *Worships in Downey!</p>


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<p>REDUCED</p> <p>NE Downey Listing! 4 BD, 3 BA, formal living room and dining room with new laminate floors, remodeled master & hall bathrooms, cozy family room and bright kitchen w/ granite countertops. Price: \$675,000 Virtual tour at www.MichaelBerdelis.com</p>	<p>NEW LISTING!</p> <p>NE Downey Development! 5 BD + loft (possible 6th BD) 4 BA w/ 3,839 sq ft, large re-landscaped backyard & 4 car att. Garage. Reduced Price: \$950,000 Virtual tour at www.MichaelBerdelis.com</p>	<p>REDUCED</p> <p>Mid-level condo, Lower-level pricing! Very spacious 2 BD, 2 BA condo in North Downey w/ newer stainless steel kitchen appliances, central air & heat, 2 subterranean parking spots, lots of storage, & community club house! Price: \$249,950 Virtual tour at www.MichaelBerdelis.com</p>
<p>The More The Merrier 3BR, 2BA N. Downey home near East Middle School on a large corner lot. Property has a main house (approx. 1,500 sq. ft.) and a large detached guest house. Price: \$449,000 Call Michael @ 562-818-6111</p>	<p>Cozy, Yet Roomy 3 BD, 2 BA North Downey home near Furman Park w/ large yard & family room. Price: \$449,950 Call Michael @ 562-818-6111</p>	<p>Room, Rooms, and More Rooms! 6BR, 3Ba N. Downey home with living room and family room. Home is 2,246 sq. ft. and is situation on a 6,372 sq. ft. lot. Price: \$459,000 Call Michael @ 562-818-6111</p>

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 <p>Price: \$ 580,000 NE DOWNEY Remodeled Beauty Gorgeous - 3 BD, 3 BA, 2,538 built, Pool, 2 car gar & 10,108 lot.</p>	 <p>Price: \$ 620,000 Regular Sale... Gorgeous Home. 3 BD, 2 BA 1,575 sqft 9,052 Lot 2 Detached Garage Lrg. Kitchen</p>	 <p>JUST LISTED</p> <p>Open House BBQ SUN 1-4pm 7249 Via Amorita Downey Paradise</p>

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