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Thursday, July 14, 2011

Vol. 10 No. 13

8301 E. Florence Ave., Suite 100, Downey, CA 90240

## Public art: coming to a theater near you

■ City unveils plan to add art to parts of the city, most notably outside the Avenue Theatre downtown.

BY ERIC PIERCE,  
CITY EDITOR

**DOWNEY** – After abolishing the Art in Public Places Committee last month, Downey council members are taking a direct approach in beautifying parts of the city, agreeing Tuesday to pay a Tustin firm \$17,700 to decorate insipid utility boxes and paint a mural outside the shuttered Avenue Theatre.

Citing lack of progress, the council did away with the citizen committee last month, assuming its duties and taking control of a \$350,000 public art fund.

The contract approved Tuesday with Hartzog & Crabill, Inc., requires the firm to paint seven traffic signal boxes, including three in Downtown Downey. Two will be painted to resemble flower planters and the other, located near the library, will resemble a stack of books.

The four remaining boxes, situated along major corridors, will be painted with an American flag theme. Hartzog & Crabill has completed similar projects in Bellflower, Paramount and Long Beach.

Perhaps most eye-catching, however, will be a 9-ft. x 17-ft. mural to be painted outside the publicly-owned Avenue Theatre depicting a showing of "West Side Story." The mural's design was based on an actual photograph taken when the musical premiered at the Avenue in 1961.

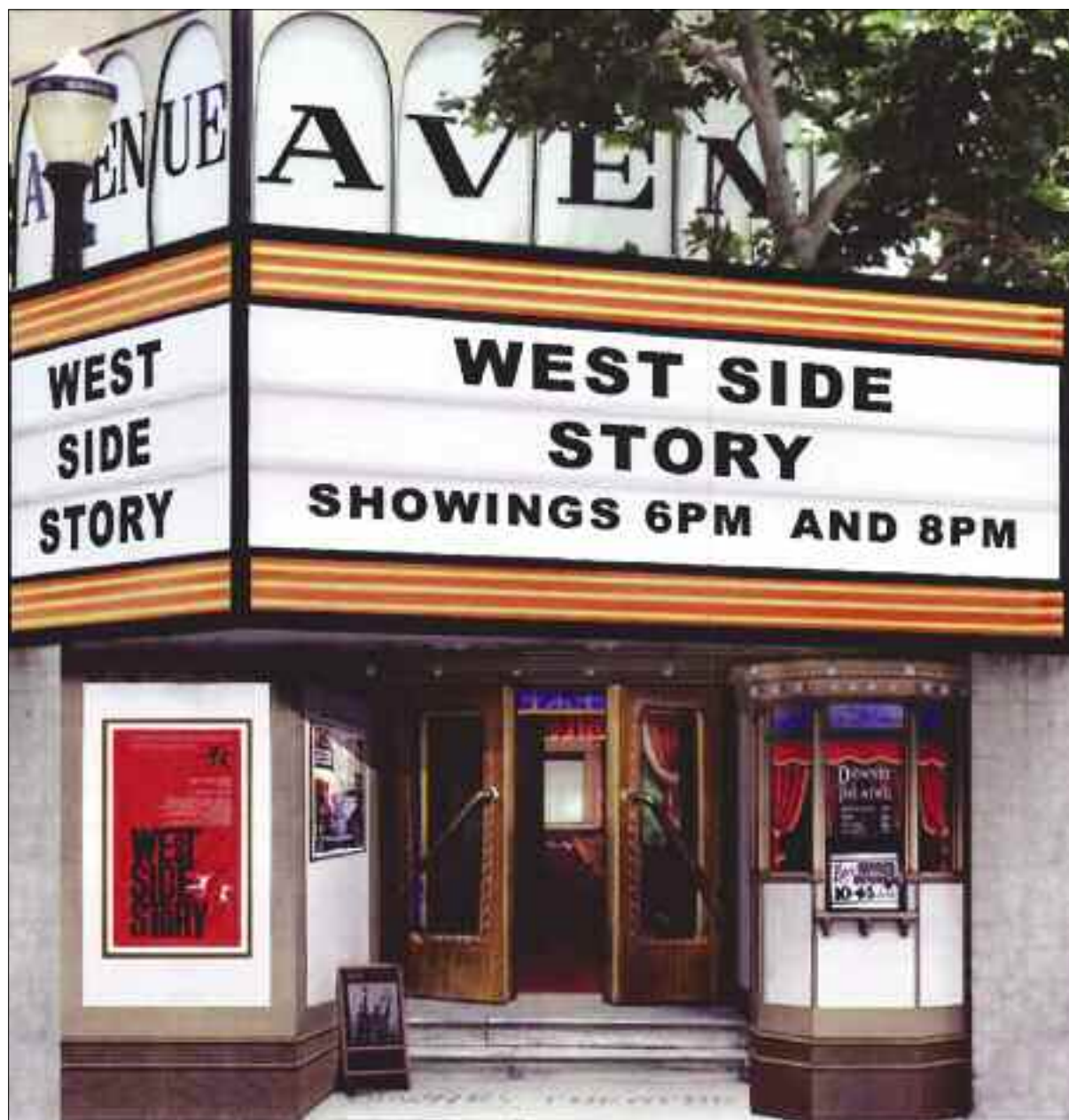
The Avenue Theatre is currently closed as the city considers redevelopment options.

The art projects are not without its detractors. Andrew Wahlquist, founder of Downey Arts Coalition, an initiative seeking to expand art and cultural options in Downey, called the mural "ironic."

"This mural makes a statement, albeit an ironic one: we know The Avenue is shuttered and falling apart, so we'll put up the money to paint over it with a façade depicting a day when it was vibrant and alive," Wahlquist wrote on his website, [downeyarts.org](http://downeyarts.org). "That will tide us over until the city finally develops its plan to tear down the building and eliminate all traces of it."

Meanwhile, members of the Downey Conservancy group on Facebook began lobbying Monday for more permanent pieces of art. They also said local artists could have created the mural and painted the electrical boxes at a significantly lower cost.

"Having sat on the Art in Public Places Committee, this was not to be the intended use of the money. The money was supposed to be used for professional art done by professional artists," teacher George Redfox wrote in a message posted on The Downey Patriot's website. "These boxes could easily be painted by local artists for a lot less money. This would also give the people of the community a connection to the project and it would



CITY OF DOWNEY PHOTOS

The city of Downey has contracted with an outside firm to paint a "West Side Story"-themed mural outside the Avenue Theatre, and to paint over electrical boxes to make them more appealing. Critics called the plan "generic" and said the project should have been awarded to local artists.

generate pride in the work and the community itself."

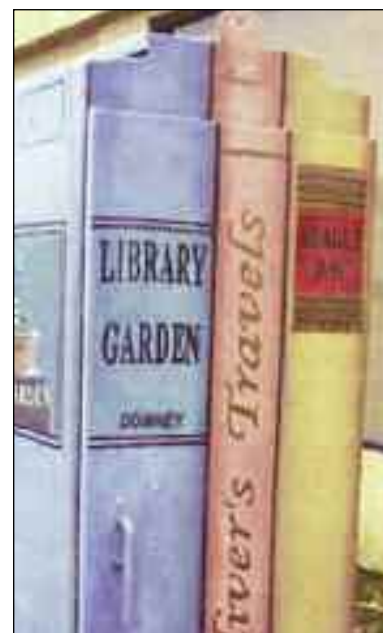
Councilman Mario Guerra said the city originally intended to commission local artists for the work but received no replies.

"I have been asking our community for about three years to step up and help us organize a plan to have these power boxes done by local artists," Guerra said. "I have asked, encouraged and almost pleaded...I never heard back from anyone."

On Tuesday, assistant city manager Gilbert Livas said local artists will be able to participate in future art ventures. In fact, the City Council on Tuesday amended its "Art in Public Places" policy manual and struck a requirement that participating artists be "renowned."

In addition to the art projects, the public art fund will also be tapped to purchase and install a police memorial in front of the police department and a veterans monument tentatively planned at the Civic Center. Council members have indicated they would like to see a proposed "Wall of Fame" outside City Hall, paid for with public art funds.

The public art program began in 2005 and is funded by a 1% fee levied on new project developments valued at \$500,000 or higher. Developers have the option of installing a piece of public art valued at a minimum \$30,000 or paying the cash directly to the city.



## Mixed emotions as space shuttle program wraps up

■ Columbia Memorial Space Center hosts launch party for final flight of the space shuttle Atlantis.

BY HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – Despite the threat of bad weather, space shuttle Atlantis roared off its Cape Canaveral launching pad at 8:29 a.m. one last time on Friday, July 8, towards its rendezvous with the International Space Station, with the main purpose of resupplying the multi-purpose, multi-nation space lab which has for some time now been orbiting the earth some 245 miles up.

The three-minute delay (the launch was originally scheduled for 8:36 a.m.) was caused by a minor glitch.

The schedule of tasks to be performed during the space hook-up includes the unloading, now ongoing, of over 8,000 tons of food, spare parts, and other supplies to sustain the station (it currently has six residents) for at least six months. The tight agenda also included, among other things, a space walk (which was accomplished last Tuesday) to retrieve a broken pump from the ISS and install an experiment to determine the feasibility of NASA satellite-refueling stations run by robots.

The final four-member crew is headed by flight commander Chris Ferguson, 49, a retired Navy captain. The pilot is Marine colonel Doug Hurlly, 44, while the mission specialists are Sandra Magnus, 46, and Rex Walheim, 48. All are space flight veterans.

A "larger than usual" crowd of 172 space enthusiasts, including a mother and daughter who were visiting from as far away as Mt. Fuji, answered the invitation from the Columbia Memorial Space Center to its Friday launch party. They were accompanied by the eldest son, who had just received his Ph. D. in experimental science from UC-Berkeley (he previously earned his master's from the University of West Glasgow, and his bachelor's from Caltech).

For \$5 apiece, the party participants viewed NASA's 135th and final shuttle launch on its wall-size media screen and sent Atlantis off on its adjusted 13-day mission with a thunderous chorus of wild clapping and cheers of their own. Also soaking in the emotionally-charged event were twenty card-holding center members and seven ASTC members from out-of-town who get in free wherever events like this take place, as well as local residents who expressed their wonderment upon seeing the center for the first time.

Roughly a third of the crowd were young and older children, all agog and wide-eyed at the center's many hi-tech attractions, and who watched the liftoff with the same, if not more, excitement and exhilaration as their elders.

Additional chairs had to be hastily provided to the overflow crowd, who cheered lustily every time a significant stage was reached (e.g., solid booster separation, engine ignition, main engine cutoff, external tank separation, then, finally, reaching of intended orbit after eight minutes), especially during the critical two minutes of the shuttle's arcing ascent across the Atlantic.

Guiding proceedings with the help of staff and volunteers was administrative assistant Kaili Rowland. Providing commentary, as well as fielding the questions at the Q&A period at the conclusion of the event, were

activities specialist Jared Head and volunteer/consultant Jim Busby.

The feelings and reactions to the end of the NASA space shuttle program were mixed and are well-documented. While nurturing feelings of pride in NASA's accomplishments, for example, the astronauts are sad the 30-year program is ending. A few have expressed their concern about the loss of thousands of jobs that will ensue after the Atlantis finally makes its final landing on July 21. There will be the wastage of valuable scientific knowledge and technical expertise accumulated over the decades, they say.

There is a big question mark at the impending fates of thousands of support personnel: welders, engineers, seamstresses, sprayers, truck drivers, fuel-tank builders, technicians of all stripes, etc., who have each contributed to the NASA program over the years, and are almost certain to lose their jobs, if they haven't already. This is directly attributable to the administration's budget cuts and the end of the program.

The role of Downey in the NASA space program and the whole aerospace industry has, of course, been visibly preserved for posterity with the formation of the Columbia Memorial Space Center, which was built on the site where the moon-oriented Apollo command and service modules were designed and fabricated, as well as the testing of the lunar lander. Downey is often referred to as the "birthplace of the Apollo space program."

One of Downey's enduring legacies to the space program was its development of what LA Times reporter W. J. Hennigan described as "computer-aided autopilot flight controls similar to today's systems that allow mammoth Boeing 747 jumbo jets to almost fly themselves."

The Columbia Memorial Space Center of course honors the memory of the space shuttle Columbia's disintegration upon reentry in 2003, and the crew members who perished in the tragic event. The other great tragedy in NASA's space program occurred in 1986 when Challenger exploded after liftoff. All told, the two tragedies claimed the lives of 14 astronauts, Gus Grissom, Roger Chaffee, Edward White II, and Christa McAuliffe among them.

After the final chapter of the 30-year space shuttle program is written, NASA as well as other countries will now have to depend on the Russian Soyuz space vehicle to ferry their astronauts to the \$100 billion ISS. Not a few have been openly critical of this arrangement, but until NASA can develop better and more cost-effective space vehicles and thus once more achieve the capability to proceed where it left off, it has no choice but to pay the tripled price Russia is poised to ask for the essential service. NASA seems caught between an inflationary rock and a hard cost-spiral place.

In the meantime, in development are competing space technologies whose designs have been farmed out to a few space-oriented firms such as Hawthorn-based Space Exploration Technologies Corp., otherwise known as Space X, from which NASA will make its final choice for transporting cargo and humans to the ISS. This is without prejudice to NASA's (budget permitting) long-range plan to send humans to the moon (once more) and beyond. NASA is optimistic good things are bound to happen with the nation's space program, if the will to again seize the upperhand in a developing space race is there.

The Columbia Memorial Space Center is planning to again host a "landing" party on July 21, the day Atlantis is due to land one final time.



## Rancho celebrates Recreation Therapy Week

**DOWNEY** – Rancho Los Amigos National Rehabilitation Center this week celebrates Recreation Therapy Week.

Rancho's recreation therapists, who are considered among the best in the world, employ many innovative methods to help improve the physical, cognitive, emotional and social function of patients, as and to enhance patient self-esteem.

Rancho recreation therapists involve patients in many activities to help achieve patient-driven goals and community reintegration. These include leisure skills development, creative expression, sensory stimulation, relaxation/guided imagery, play/development skills, aquatic therapy, animal-assisted therapy, adaptive sports, special events, and leisure education.

Congratulations to Rancho's recreation therapists for the huge positive impact they have on patients' lives.

—Greg Waskul, Rancho Los Amigos Foundation

## Rancho patients put life into perspective

■ Jay Cramer and Katy Sullivan share their philosophies on happiness and success.

BY GREG WASKUL,  
RANCHO LOS AMIGOS FOUNDATION

**DOWNEY** – Jay Cramer and Katy Sullivan know how to overcome obstacles.

Jay suffered a spinal cord injury in 2006 when he fell while rock climbing as he was preparing for the reality show "Survivor." Katy was born without legs.

They have been affected, but not afflicted, by their disabilities. As fate would have it, Jay was on the mend at Rancho Los Amigos National Rehabilitation Center when Katy walked by.

"It was love at first sight," Jay said. "Her titanium legs were so sexy." But the beautiful red-haired woman walked past him without a word. He was crushed.

A few days later, Katy was back at Rancho for a therapy appointment for a serious back injury. This time, she walked over to Jay and began talking. And they have been talking ever since.

They are now husband and wife, and what a team they make. Jay took his love for the stage into standup comedy. Last year, he was the comedian of the year in Los Angeles. Katy's acting career took her to stages throughout the country and to a recurring role on the TV series "My Name is Earl". She also found a different spotlight as a sprinter in the world of track and field, and has qualified to represent the U.S. at the 2012 Paralympic Games in London.

Last week this incredible couple debuted a new motivational presentation called "Perspectives" for Rancho patients and employees.

In between poignant stories and hilarious jokes, Jay and Katy spoke about their own perspectives in life and how they overcame the many challenges placed before them.

"I always wanted to do stand-up comedy, but never had the guts to try it until after my accident," Jay said. "I figured, how bad could it be after what I had been through?" Jay credits his Rancho treatment team and his many friends for helping him remain positive throughout several months of intensive rehabilitation at Rancho.

"I also drew inspiration from my comedy heroes, Mel Brooks



PHOTO BY GREG WASKUL/RANCHO LOS AMIGOS FOUNDATION

and Bill Cosby, who are two of the funniest people on the planet," he said. So Jay became a standup comedian in a power wheelchair. And he was a hit from the start.

Of course, a large part of his success is directly related to Katy, and vice versa. "I have no fear, because I know that no matter what happens out on the stage, I have Katy," he said. "You should have seen her at our wedding...she was the ultimate Terminator Bride. I can't believe I found someone so right for me in every way."

Katy's challenge began at birth, but her family was always there for her, helping her understand that she could do anything that any other child could do. When she met Jay, she found the courage to give sprinting a serious try.

"He has the sweetest heart of any man I have ever known," she said. After working with Rancho physical therapist Julie Kasayama, Katy opened a new chapter in her life as she learned to jog and then run on carbon fiber prosthetic legs and feet. Katy became a track sensation, breaking the world record in the 200 meters for above-the-knee amputees. She was also the first person to compete in an international track meet with two legs that ended above the knee.

"Jay has been my rock," Katy said. "He makes it easy to take risks, because he gives me so much love and support every day. I can't imagine a more fulfilling life than being with my husband."

They shared their philosophy of success and happiness with the audience by counting down five key words that can help individuals take control of their lives.

Word number five was "perspective": "It doesn't matter if you

are born with it, or if it is thrust upon you, you can still achieve greatness," Katy said.

Number four was "dedication": "Work hard and play hard," Jay said, "But don't take life so seriously. It's serious enough on its own."

Number three was "change": "When you shake up the snow globe of your life, it takes a while for the particles to settle," Katy said. "Remember to breathe, because 'this too shall pass.'"

Number two was "attitude": "No is merely a suggestion," Jay said. "'Say yes more often, and you will find that having a positive mental attitude can make all the difference,'"

The number one word was "challenges". "Obstacles are placed in your path to demonstrate how badly you want something," Katy said. "You will find that opportunity sometimes comes in the most unlikely of packages."

"It doesn't matter if it's a prosthetic leg, a wheelchair or something else," Jay said. "Take the hand you have been dealt and be grateful for the lessons you have learned."

"And live your life with every fiber of your being," Katy concluded, as the audience burst into applause.

These five powerful words have dramatically changed two lives. And when we put it all into perspective, by the time Jay and Katy are through, they are certain to change many more.

For more information, please call the Rancho Los Amigos Foundation at (562) 401-7053 or visit [www.rancho.org](http://www.rancho.org)

## Daggett pleads no-contest to having child porn

**DOWNEY** – Downey resident Richard Daggett, charged with multiple felony counts of possession of child pornography, agreed to a plea deal with prosecutors last week, pleading no contest July 7 to a single misdemeanor charge.

Daggett was immediately sentenced to one day in jail and a year of probation, officials with the Los Angeles County District Attorney's office said. He was given credit for time served and released.

As part of a plea deal, Daggett, 70, was required to register with the Downey Police Department as a sex offender, police and district attorney officials said.

Downey Police announced Daggett's arrest last month after a search warrant allegedly revealed evidence of child pornography on his computer and "other digital media." Daggett denied the charges.

Daggett is president of the Polio Survivors Association and has volunteered extensively at Rancho Los Amigos National Rehabilitation Center.

## Man arrested on child porn charges

**DOWNEY** – Downey resident Roger DeLeon has been arrested on charges that he used the Internet to download and share images and movies depicting child pornography, authorities said.

The Downey Police Department announced the arrest July 8, after detectives served a search warrant at DeLeon's home on the 7600 block of Allengrove St. Investigators said a forensic analysis of computers and other digital media revealed evidence of child porn.

The Los Angeles County district attorney's office filed a felony charge of possession of child pornography against DeLeon. His court date is pending.

Anyone with information on the case can submit tips anonymously by calling (800) 222-TIPS, texting the letters TIPLA, plus the tip, to CRIMES (274637), or online at [lacrimestoppers.org](http://lacrimestoppers.org).

## Area business women to be honored

**DOWNEY** – Chapters in the Los Angeles Area Council of the American Business Women's Association will recognize women for their accomplishments in their careers, community and association at a luncheon Aug. 6 at the Rio Hondo Event Center.

The event is open to the public and starts at 10:30 a.m. Pre-registration is \$30; tickets at the door are \$50.

Past ABWA national president Jeanne Banks will be in attendance to introduce association members from across the United States.

District VI vice president Pattie Vargas will present awards to the honorees and Council Woman of the Year.

For more information about the event, or to purchase a ticket, call (714) 529-5299 or e-mail [cjpetoe@aol.com](mailto:cjpetoe@aol.com).

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## CalMet preparing to raise trash rates

**DOWNEY** – CalMet Services is preparing to ask the city permission to raise its rates for trash pick-up services to both homes and businesses.

Effective Aug. 1, CalMet will charge \$15.51 per month for trash service at single-family homes, up from the current \$14.31.

Prices for commercial and multi-family residences increased 6.58%, with exact prices depending on the level of service.

The new rates are pending approval by the City Council, which is expected to make a decision July 26.

The new rates will remain in effect until March 30, 2012. According to CalMet's agreement with the city of Downey, CalMet can apply for a rate adjustment once a year, subject to approval by the City Council.

City officials said they will conduct a "cost of service study" in 2012 to determine CalMet's profit margin this year. The results will determine a "one-time rate rebalancing" effective April 1, 2013.

## Salary range OK'd for neighborhood watch leader

**DOWNEY** – The Downey Police Department's new, non-sworn job position of Neighborhood Watch Coordinator will earn an hourly pay range between \$18.35 - \$22.34 after approval from the City Council on Tuesday.

As the job title implies, the Neighborhood Watch Coordinator works with the local neighborhood watch groups, serving as a liaison between block captains and police.

Nearly 100 neighborhood watch groups currently operate in Downey.

City employee Juddy Cenicerros previously coordinated neighborhood watch but the duties were shifted to the police department earlier this year. Jane Guzman currently serves as Neighborhood Watch Coordinator.

## Road work expected to cause delays

**DOWNEY** – Major road work is expected to cause heavy traffic delays at the intersection of Imperial Highway and Brookshire Avenue the week of July 25-29.

Road work will begin at 7 a.m. on July 25 and continue until 6 p.m. on July 29.

City officials are suggesting residents use alternate routes.

## Rocketry events at space center

**DOWNEY** – The Columbia Memorial Space Center will host a rocketry event on July 30 from 9:45 a.m. to 5 p.m., featuring rocket-themed workshops and presentations, a rocket-building station, coloring contest for kids and "rocket jeopardy."

Visitors can also compete in model rocket competitions. Cost to compete in the competition is \$5.

To register for the model rocket competitions, or for more information, call (562) 231-1200 or visit columbiaspacecenter.org.

## DowneyLink bus stop added at space center

**DOWNEY** – A new bus stop has been added to the DowneyLink southeast route that now includes a stop outside the Columbia Memorial Space Center, located at 12400 Columbia Way.

The new bus stop location will provide easier access for residents wishing to visit the space center, which has become a popular attraction in Downey, city officials said.

To learn more about the space center's activities this summer -- including teacher workshops, summer camps, star gazing nights and more -- call (562) 231-1200 or go to columbiaspacecenter.org.

For information on DowneyLink bus routes, call (562) 529-5465.

## Green Task Force ratifies bylaws

**DOWNEY** – The city's Green Task Force, an advisory body created to educate and inform the City Council and residents on environmental and conservation issues, had its bylaws ratified by the City Council this week.

The task force meets the fourth Wednesday of each month in the second floor training room at City Hall.

According to its bylaws, the task force's stated goals are to "improve public and business community knowledge of environmental issues and priorities; encourage more sustainable practices to protect the environment, the city and public health; address community environmental concerns and advise City Council on potential courses of action; (and) focus on both short-term and long-term approaches to greater sustainability in the Downey community."

Downey resident Lars Clutterham was elected chair of the Green Task Force and Sean Ashton vice-chair.

## Police administration, city agree on contract

**DOWNEY** – The city of Downey and the union representing management positions at the Downey Police Department, including captains and lieutenants, agreed to a new contract this week.

For the second consecutive year, union members deferred a scheduled 4.25 percent pay raise and a .5 percent increase in education incentive pay to June 25, 2012.

The contract contains a provision to increase the Kaiser Permanente HMO medical plan co-pay "as soon as practicable once the City has reached agreement with all affected bargaining units to implement this benefit reduction."

"The negotiated provisions are consistent with the City's initiative to reduce personnel costs during an uncertain economy," human resources director Irma Youssefieh wrote in a report to the City Council, which ratified the agreement Tuesday.

## Film screened at church

**DOWNEY** – The Downey Church for Spiritual Enrichment will screen the movie "Canvas," starring Academy Award winner Marcia Gay Harden and Emmy Award winner Joe Pantoliano, on July 21 at 6 p.m.

The film is about a woman's schizophrenia and how it affects her relationships with her husband and son.

The church will also screen three short films: "New Boobs," "Era" and "The Wednesdays."

Admission is free and the community is invited. The church is at 1000 Paramount Blvd. in Downey.

## Prosthetic specialist seeing patients

**PASADENA** – Certified prosthetist Kevin Carroll will provide free prosthetic evaluations to local amputees on July 25 at Hanger Prosthetics & Orthotics in Pasadena.

An American Board Certified prosthetist with more than 30 years experience as a practicing clinician, Carroll treats amputations nationwide and has appeared on "Dateline," "20/20," "Good Morning America" and the Discovery Channel.

He was also featured in a Time magazine article in 2008 for his work in pioneering prosthetic solutions for amputee athletes.

Local residents interested in scheduling an appointment with Carroll should call (626) 403-8174.



Soroptimist International of Downey held a celebration breakfast recently to recognize outgoing president Mia Vasquez and the 2010-11 board of directors, and welcome new president Sue Potter and her board. As president, Vasquez organized fundraisers – including a chili cook-off and casino night – that helped raise more than \$25,000 for Soroptimist. "Mia's leadership and the amazing work of Board of Directors and all the club members brought much needed support throughout Downey," the club said in a statement. Sue Potter has taken over as president. Her board of directors for 2011-12 include Giggy Saab, president-elect; Vasquez, past president; Judy McDonnell, recording secretary; Bonnie Barler, corresponding secretary; Dorothy Pemberton, treasurer; Claudia Camarena, assistant treasurer; Pat Heineke and Beverly Mathis, directors; Claudia Camarena, Beth Crawford and Pat Heineke, Soroptimist Village directors; Beth Crawford, vice president of programs; and Tracy Nordbak and Dorothy Pemberton, delegates.

## Tina Turner tribute to perform

**DOWNEY** – Proud Mary, a Las Vegas-style, Tina Turner tribute band, will perform Wednesday at Furman Park in the latest of the city's concerts in the park program.


The concert begins at 7 p.m. Admission is free.

Led by vocalist and dancer Chantel Steinrich, the show is complete with a live band and back-up dancers who perform a high-energy tribute that includes retrospectives of Tina Turner classics.

The show features a variety of Tina Turner's classics, starting in the early 60s and 70s with classics such as "Fool in Love" and "Black Cat," through the Grammy Award winning hits in the 80s and 90s.



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<b>COMPTON</b> 727 S. Long Beach Blvd. (310) 537-4280	<b>LONG BEACH</b> 1130 Records Ave. (562) 498-0040	<b>RANCHO PALMS VERDES</b> 28001 Western Ave. (310) 241-5000	<b>TORRANCE TOWNE CENTER</b> 35425 Crenshaw Blvd. (310) 632-2670
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**First Presbyterian Church of Downey**  
10544 Downey Ave.  
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July 13-16: Summer Tour 2011 is for kids in grades 1-8 and includes movies, sports, a water park and more. Cost is \$80 per child, \$60 for each additional sibling.

**Trinity Lutheran Church of Norwalk**  
11507 Studebaker Rd.  
Norwalk  
(562) 864-3712

July 18-22, 9 a.m. to noon: PandaMania is free and open to kids in preschool through sixth grade. Sign-in begins daily at 8:30 a.m. Featuring Shave It shaved ice and a water slide on July 22.

**Messiah Lutheran Church**  
10711 Paramount Blvd.  
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Aug. 1-5, 9 a.m. to noon: The Son Surf Kids Camp is free and open to kids at least 4 years old and up to sixth grade. Kids can bring a friend.

**Downey United Methodist**  
10801 Downey Ave.  
(562) 861-9777

Aug. 1-5, 9 a.m. to noon: For children at least 4 years old and up to fifth grade. \$5 per child, limited to the first 100 children. Register in the church office.

To list your church's vacation bible school in The Downey Patriot at no cost, call Linda or Jennifer at (562) 904-3668.

## Keep your cool when power goes out

MARK SAUTER

**DOWNEY** – The first week of July was a warm and humid one. Thankfully, the second week has been cooler and dryer. However, we cannot count on cool and dry conditions. Here in Southern California we are fortunate to get an ocean breeze most afternoons and evenings. But sometimes even the breeze takes a few days of vacation time-off.

Many of our residents and visitors are sensitive to the heat. This sensitivity can be a ramification of health conditions or simply age (just being young or old). Regardless of the reason, when the temperatures climb and the humidity increases, many people have problems coping with the summer weather.

Air conditioning systems (central or portable) and electric fans (whole house, ceiling or portable) are the most common cooling mechanisms used in our area. Under most conditions, these systems keep the air moving and at a tolerable temperature. Unfortunately, these cooling systems all rely on electricity as their power source. So staying cool frequently hinges on having the equipment to treat the air and the power to supply the equipment.

Misting, insulation and shading systems have also become popular but have limited applications. When the outside temperature is hot and/or humid for a few days in a row, it is very difficult to keep the temperature down in a home.

With the weaknesses of the cooling systems in mind, it is a good time to consider the choices we have when the weather becomes uncomfortably warm. Let's divide the choices into two parts, 'with power' and 'without power'.

With Power....When our own

systems are not 'keeping up' with the summer temperatures, we can search for other places to go. The City Library or the Barbara J Riley Senior Center on Quill are both good choices (also known as 'cooling stations') if transportation is available. So is a trip to the Stonewood Center, Krikorian Movie Theater, Columbia Memorial Space Center or any other shopping or dining establishment in Downey. A neighbor or relatives house with a better performing cooling system is also a sound alternative for beating the heat.

Without Power....This situation frequently requires a different set of solutions. It may be possible to go to a nearby public facility or a shopping/dining area out of the 'blackout zone'. However, this isn't always possible or easily identified. When the power went down earlier this month, the City library and the movie theater were without power too. Leaving town and heading to the beach area is another possibility, but you won't likely be alone!

There are several actions we can take to keep our cool when the temperature rises and the power goes out:

-Move to an area with a breeze in a shady location, this can be accomplished by opening the windows in our home or by simply going outside.

-Cool your wrists, neck, head and feet. Whether you accomplish this by a splash of cold water, cooling compresses, cool shower or stepping into a basin or pool of water, do something to cool your body down. The evaporation of water provides a cooling affect on the body.

-Drink cool liquids. Downey has some of the best tasting water around. Or choose from a wide array of other thirst quenching, fluid replacement drinks.

-Wear light, loose clothing. The

trick here is to keep the sun off your skin but to allow the air to circulate around you.

Now, the neighborhood solution....Can you check in on a neighbor who may be 'heating up' and offer a cool solution? Bring over some cool drinks, help set-up a fan, maybe invite your neighbor over to your house (if its cooler) for an hour or two until the weather cools down? Many of our neighbors wouldn't consider asking for the favor, but they could really use the help. Know anyone who is 'power' dependent for oxygen or dialysis?

Your help could save them from a health emergency. When the power shuts-down, can you check-in and ensure your neighbor has enough water and the ability to get to the coolest place possible? Maybe open some windows and help to get a breeze flowing through their home?

Remember, you may need to get out and walk to your neighbors. The cell phone service may or may not be affected. Most cordless phones require electrical power to operate properly. Answer machines require electrical power as well. So don't expect anyone to call you for assistance or for them to answer your inquiry. 'Showing up' at a relatives or neighbors house, during a power outage, to check on them, will be a very neighborly thing to do.

The preparedness actions you have taken before the power outage will make a difference in your experience after the power shuts down. Thinking over your options of places to go, methods of transportation, personal cooling systems and liquid replenishment, in advance, will provide you with the best alternatives.

Transportation problems are also exacerbated by power outages since the traffic signals require electricity to operate. Remember, when the traffic signals are not working, the law directs us to stop at the intersection as though it was a four-way stop.

Neighborhood safety... Remember, open windows and doors, left unattended, can be an invitation to problems. Watch your house and your neighbors house during hot-spells. Be sure to lock-up your house when you leave, even when its just to run a quick errand. Unfortunately, crime does

not take a holiday during the Summer season. Good neighborhood watch principles like keeping an eye on your neighbors house and reporting suspicious activities are always appropriate.

If you have comments or questions about this column, please send them to ready@downeyca.org



Cristian Galindo

### Cristian Galindo finishes basic training

**DOWNEY** – Air National Guard Airman 1st Class Cristian H. Galindo has completed basic military training at Lackland Air Force Base in San Antonio, Tex.

Galindo completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

He also earned four credits toward an associate in applied science degree through the Community College of the Air Force.

The son of Elvin and Rosa Galindo, he graduated from Downey High School in 2005.

### Michael Gomez finishes infantry training

**DOWNEY** – Army Pvt. Michael Gomez has graduated from basic infantry training at Fort Benning in Columbus, Ga.

During nine weeks of training, Gomez received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, and Army history, core values and traditions.

He received additional training in development of basic combat skills and battlefield operations and tactics, and gained experience with various weapons and weapons defenses available to infantry crewmen.

The son of Felipa Gomez, he graduated from Downey High School in 2007.

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## Why we play basketball

By Jamar Johnson

While millions of people worldwide were focused on the NBA Finals and superstars like LeBron James, Dwyane Wade and Dirk Nowitzki playing the game of basketball with grace and fury for a championship at the highest level, area gyms around the nation were filled with kids and weekend warriors hooping it up with the same intensity but for completely different reasons.

"We play basketball for the three 'C's,'" explains Jamar Johnson, Chief Commissioner of the Community Basketball Leagues (CBL). They are: Competition, Comradery and Community.

The CBL offers 12 different types of leagues for youths and adults including the semi-pro Exposure League (E-League), which will offer a preparatory opportunity for basketball players wanting to play at the collegiate or professional levels. "We've taken the recreation league concept to the next level so that neighborhood basketball isn't just about the competition on the court, but it's equally about the community and local businesses."

Of course it all starts with competition. "It's such a quality experience for our players," Johnson boasts. Players from all skill levels actually get drafted to a team in the CBL. After 18-20 season games and playoffs with enforced equal playing time rules, a ceremony is held and championship rings are handed out to the winners. Player registrations are free at [www.CBLHoopsUSA.com](http://www.CBLHoopsUSA.com).

"LeBron left Cleveland to play with his friend (Wade) on the Heat in Miami and now they've played for an NBA title," Johnson points out reinforcing that even the 'pros' value the comradery that comes with playing sports. Lifelong friendships are formed with childhood teammates and Johnson says adults play in the CBL with that in mind. "I've had men and women join the league because they loved basketball, were new to town and wanted to make some friends quickly."

But it's the focus on the community that Johnson says sets the CBL apart from any other recreation league, regardless of the sport. "In these tough economic times, we've created a professional game atmosphere," he continues, "so that when players bring their friends and families to the gym, they're treated to the on-the-court action and a live DJ playing

music. It's a full entertainment production." Johnson believes this festive approach and attendance numbers are why local businesses are flocking to CBL games to set up booths and sell products or advertise their services.

Additionally, school districts all over the country are facing budget cuts, so Johnson is happy to reveal the rental fees for the use of the gym facilities have become another source of revenue for local schools.

However, Johnson wants the Playbook Classes sponsored by the CBL to leave a longer impression on the communities than an entertaining game or gym rental fees. The subjects covered in the weekly workshops range from career development to time management and networking.

"They're not just for the players," he clarifies, encouraging community members to attend the free life skills seminars.

NBA Commissioner David Stern is running an entertainment business so he was likely pulling for huge ratings for the NBA Finals which would bring in more revenue for his league. The various successes of the current CBLs are why investors are talking to Johnson about his plans for a \$2 million nationwide expansion, but he actually longs for a different type of goal.

"I want there to be a 'CBL Effect' for the communities we're in," he states, referring to the so-called "Oprah Effect," which some experts say boomed sales for little-known companies or brought national attention to a topic when mentioned on Oprah Winfrey's former TV talk show. "When the CBL comes to your town, I want the impact to be so overwhelmingly positive for players, local businesses and the community that there's a noticeable change on the streets," Johnson explains.

*Jamar Johnson, creator and Chief CBL Commissioner, is responsible for all day-to-day business operations. Jamar is a native of Elkhart, IN and former standout on Concord High School's 1988 and 1990 state runner-up basketball teams.*



### Letters to the Editor:

#### Explaining tree removals

Dear Editor:

In an on-going effort to beautify the City of Downey, the Maintenance Services Division has long observed the frontage road island on Foster Road from Faust Avenue to Carfax Avenue to be in a state of decline and in need of a fresh, new landscape. The oleander shrubs on the frontage road island were dying from an incurable bacterial leaf scorch disease and the remaining hodge-podge of trees added little aesthetic impact to this quiet residential area on the City's southeast border. During the past 2 weeks, actions were taken on the part of the City that unfortunately caused quite a stir in the neighborhood.

In order to start with a clean slate, staff opted to remove all trees and shrubs growing in the frontage road island. Removal of the dying Oleanders was done by City staff. The City's tree trimming contractor, West Coast Arborists began removing the trees prior to the Independence Day weekend. The primary tree species removed were Lemon Scented Gum (*Eucalyptus citriodora*) and Kaffirboom Coral Tree (*Erythrina caffra*).

The Lemon Scented Gum grows to 100 feet tall. However, in this frontage road island location they were unwisely planted underneath overhead power lines. For many years, utility companies had topped these trees to provide safe wireline clearance, maintaining their height at about 20-25 feet. The act of topping trees is not in accordance with sound arboricultural practice, since it leads to weak branch structure and increases the likelihood of breakage and disease problems. The repeated topping of the Eucalyptus trees in the Foster frontage road island left them scarred, disfigured and unsightly.

The Coral Trees on the Foster frontage road island produced colorful seasonal flowers, but were prone to splitting and branch drop each year. In addition to weak structure, this species also casts a dense shade and has an aggressive root system, to the detriment of understory plantings that were planned for this location.

After careful consideration, it was determined that none of the trees in the Foster frontage road island could be saved. Both the Eucalyptus and Coral Trees posed potential liabilities to the City. Moreover, since the City would be planting replacement trees and shrubs, it was determined that removal of these undesirable trees would achieve maximum aesthetic impact in keeping with the proposed theme of California native species. Removal of the Eucalyptus has another benefit. Studies have shown Eucalyptus produce high levels of volatile organic compounds (VOCs). Similar to smog, these biogenic emissions can cause irritation of the eyes and respiratory system. Thus, removal of the Eucalyptus will actually improve air quality.

Replacement plantings on the Foster Road Beautification Project will consist of attractive, low VOC emitting California native trees and shrubs funded by a grant from the Southern California Air Quality Management District (AQMD). This grant also funded a similar beautification effort on the Florence Avenue frontage road islands from Julius Avenue to Hopland Avenue and from Eglise Avenue to the San Gabriel River completed last spring.

In addition to improving air quality, the native plants chosen for the Foster Road Beautification Project are drought tolerant and attractive to wild birds and butterflies. Below is a complete list of the 16 species of plants approved for funding under the AQMD grant. The attractive yellow flowering plant that many people have noticed on Florence Avenue is the Desert Museum Palo Verde (*Cercidium x 'Desert Museum'*).

At this time, the Foster Road Beautification Project is limited to the frontage road island from Faust Avenue to Carfax Avenue. Following removal of the tree stumps by West Coast Arborists, City staff will lower the soil grade a few inches to promote retention of storm runoff. A new water service for the proposed irrigation system will be installed by the City's Utilities Division. With the assistance of student interns paid by the AQMD grant, Maintenance Division staff will plant the new trees and shrubs and install a linear drip irrigation system. At the conclusion, trees will be staked and a thick layer of cover mulch will be spread to conserve soil moisture and minimize weed infestation. During the summer months, our Trees, Parks and Grounds staff will be busy with irrigation repairs and special projects in the Civic Center and parks. Consequently, the Foster frontage Road Beautification Project will be prosecuted only 2 to 3 days each week. Barring unforeseen circumstances, all work should be completed in about 6 to 8 weeks.

Surplus funds from the AQMD grant will also be used to restore California native plantings at the south end of Wilderness Park following completion of the Foster Road Beautification Project. In the future we will strive to better inform the public of such projects prior to the start of work.

-- **Lea Sharp,**  
Maintenance Services Manager  
City of Downey

## Sustainability conference held at Cal State Long Beach

Cal State Long Beach will host the 2011 California Higher Education Sustainability Conference July 10-13. Celebrating its 10-year anniversary, the conference is one of the most attended of its kind in California.

The California Higher Education Sustainability Conference is the only sustainability conference in the state that brings together all three public higher education segments - University of California, California State University and the California Community Colleges - as well as private colleges and universities both as organizers and attendees.

"This annual conference provides an ideal venue for higher education professionals to collaborate and learn with their peers," said Paul Wingo, CSULB's energy and sustainability manager. "Its best practices approach to deliver and transfer sustainability knowledge among attendees has been a proven method to apply sustainable best practices across the state's higher education institutions. The greatest strength of the conference, however, can be found among those who participate, contribute and willingly share their knowledge of sustainable practices with colleagues and campus stakeholders."

To build on its successful model, the conference will add a new focus that goes beyond campus boundaries and into the surrounding communities and cities for opportunities and partnerships around sustainability efforts. This added focus is more inclusive and comprehensive, building on the concept of sustainable communities and enhancing town/gown relationships.

With support from partners such as the City of Long Beach, Port of Long Beach, Long Beach Convention and Visitors Bureau, the Aquarium of the Pacific, Long Beach City College, U.S. Green Building Council - Los Angeles, Urban Land Institute - Los Angeles, International Town Gown Association, Alliance to Save Energy, and local businesses and organizations, CSULB aims to become a leader in advancing the principles and goals of California higher education sustainability.

The 2011 Sustainability Conference has three strategic goals:

- Demonstrate the value of integrating curriculum, research and operations through highlighting successful case studies of partnerships between faculty, students and operational staff and presenting research relevant to campus operations and academic mission;
- Develop strong partnerships with local community colleges and private institutions;
- Engage campuses to partner with their community with this year's theme focusing on sustainable communities and related town-gown relationships.

Subject areas for the four-day event will include educational tracks in the following categories: curriculum, energy, food systems, green building new construction and operations, green industry, healthcare, institutionalizing sustainability, climate action planning, procurement and business services, research, social justice and equity, student affairs, sustainable communities and town-gown relationships, transportation, waste management and recycling and water.

### Letters to the Editor:

#### No to nightlife

Dear Editor:

Something is wrong or I misunderstood. Is Christian Brown telling us Downey is going to become full of cantinas, bars, nightclubs, drunk drivers, car accidents, noise, shootings, etc., and night life after 2 a.m. will affect our time to get rest and sleep? ("In Downey, Signs of a Growing Nightlife," 7/7/11)

If it is a money matter at City Hall, I do recommend the next step is to make harlotry legal on Downey's streets; the city will be a landmark nationally and worldwide, and bring a lot of money to City Hall.

I moved to Downey two years ago because homeowners here are proud of their properties and their city; did the City Council have a meeting with city residents? Would we dare ask John Dollard, John Gately Downey, Matson Duke Crawford or J.W. Venable their opinion of this "wonderful" idea?

I can't wait every week to read Christian Brown's articles about local properties, history and how marvelous it is to live in Downey; and now this!

-- **Abel De La Torre**  
Downey

#### Hospital's health

Dear Editor:

At the time it filed for bankruptcy in September 2009, Downey Regional Medical Center stated that its normal operations would continue and that it intended to reemerge from the process within a year. Twenty-two months later, however, most of us have no clue about the health of our very important community hospital.

Although *The Downey Patriot* has periodically reported on the medical center's situation, there's been no real news regarding the facility other than that of two unsuccessful attempts to merge with other health care organizations. Meanwhile, hospitals in neighboring Whittier and Lakewood have actively promoted their services to residents of this city.

One would hope that DRMC would provide us with periodic updates about its efforts to exit bankruptcy. The "News and Events" section of its website doesn't provide that information; the last press release posted is from 2009.

Downey Regional has provided quality health care in Downey for ninety years, and I certainly hope it will continue to do so for at least ninety more. Its physicians, nurses and support staff are some of the very best around. The question remains, however.....

How sick is this patient? A caring community would like to know.

-- **Mark Echmalian**  
Downey

#### Green lawns

Dear Editor

Summer has arrived and temperatures will soar, followed by soaring water bills.

Most of us have an image, further refined by companies like Scotts, Monsanto, Ortho, etc. that make up the multi-billion dollar lawn-care industry, of an ideal lawn that is weed-free, beautiful, lush, green in color with trees and shrubs. To maintain this image in our semi-arid (desert) climate requires we spend tens of billions of dollars caring for these lawns. Don't forget the millions of tons of fertilizer and thousands of tons of pesticides, insecticides, fungicides we spread each year; plus, more than 60 percent of our municipal water supply is consumed by water lawns. In addition to all this, don't forget the cost of having our yards cared for by gardeners.

Several years ago, Tucson, Ariz., began a very strict, highly successful program to conserve their valuable resource - water. In 1991 regulations required the use of drought-tolerant plants from a published list and limits non-drought tolerant vegetation to small "oasis" areas. Landscaped areas must be designed to take advantage of storm water runoff and the use of water-conserving irrigation systems is required.

Last winter we had unusually cool weather combined with heavy rainfall, but soon we'll begin drawing down our big reservoirs: Lake Powell, Lake Mead, Lake Mohave and Lake Havasu. It's never too late to install water-saving methods; sooner rather than later.

-- **Byron Dillon,**  
Downey

## The Downey Patriot

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## Paging Dr. Frischer...

By Dr. Alan Frischer



I am writing today about pediculosis capitis – in honor of so many of us who have had our households overrun by this highly irritating, uninvited guest.

Yes, we're discussing head lice. What are they, where do they come from, and most importantly, how does one get rid of them?

The bane of many parents, the head louse is a tiny, wingless parasitic insect that lives in the human hair and feeds on extremely small amounts of blood drawn from the scalp. Lice (the plural of louse) are a very common problem, especially among 3 to 12 year olds, and for girls more often than boys. Lice will cause the scalp to itch, and small, red bumps sometimes appear on the head, neck, and shoulders. Lice aren't dangerous and they don't spread disease, but they certainly are contagious!

Head lice are contracted by coming into close contact with an infected person; by touching their clothing or bedding; or by sharing hats, towels, brushes, or combs. Their eggs (or "nits") attach quite firmly onto the hair shaft close to the scalp, where the temperature and environment are perfect for them. Although they resemble small white flakes of dandruff, they can't be removed by simple brushing or shaking. The louse can live for up to 30 days, and their eggs for more than two weeks. Most lice feed on blood several times a day, but they can survive for up to two days off the scalp. They spread easily, especially among children who are often in close, crowded environments...like school.

Treatment is recommended if you find even a single egg. Lotions and shampoos containing 1% permethrin (such as Nix) can be found in stores and don't require a prescription. If these don't work, your doctor can write a prescription for a stronger product. However, killing the lice on the scalp is only the first step towards eradicating lice from your home and family. The eggs also must be removed from the hair and from the household:

- Remove the eggs and any surviving lice with a special nit comb. Nits and lice can be difficult to see, so nitpicking is easiest in a well-lit area, with a magnifying glass if necessary. Part the hair down to the scalp in very small sections, looking for both moving lice and eggs to remove. Thoroughly examine the entire head.

- Wash all clothes and bed linens in hot water with detergent.

- Repeat nitpicking in 7-10 days.

- Vacuum carpets and upholstered furniture in the home...and car.

- Never share hairbrushes, combs, bedding, towels or clothing with someone who has or has recently had lice. Soak hair-care items like combs, barrettes, hair ties or bands, headbands, and brushes in alcohol or medicated shampoo for one hour.

Be aware that if a single case of lice is discovered, everyone exposed in the home, school, or

workplace must have their head inspected, and be treated if necessary. With proper treatment, lice are usually killed.

They can, however, reappear if even a single louse or egg survives!

It is clear that eradicating lice from your household and your loved ones is difficult and demanding. Some families resort to using a lice-removal service, where one can hire extremely patient, very detail-oriented, and clear-sighted technicians who will come to your home and do the treatment and nitpicking for you.

Remind yourself and your children that having lice is not a sign of uncleanness or poor hygiene. These pests affect people of all ages and socioeconomic status. Also, remember that your household pet cannot catch or pass along head lice to the family.

Don't hesitate to call your doctor if symptoms continue after treatment. After several experiences with lice in my own home, I've found that you may also need to call a therapist for counseling and emotional support!

May you all be healthy and lice-free!

*Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.*

## High sodium, low potassium diet linked to higher risk of death

■ Researchers recommend lowering sodium levels in processed foods.

CONTRIBUTED BY THE CENTERS FOR DISEASE CONTROL

Americans who eat a diet high in sodium and low in potassium have a 50 percent increased risk of death from any cause, and about twice the risk of death from heart attacks, according to a study published today in the Archives of Internal Medicine. The study was conducted by researchers at the Centers for Disease Control and Prevention, Emory University and Harvard University.

This is the first study to examine, using a nationally representative sample, the association between mortality and people's usual intake of sodium and potassium. The study analyzed data from the National Health and Nutrition Examination Survey (NHANES), a survey designed to assess the health and nutritional status of adults in the United States. Usual intake of sodium and potassium is based on dietary recall.

"The study's findings are particularly troubling because U.S. adults consume an average of 3,300 milligrams of sodium per day, more than twice the current recommended limit for most Americans," said Elena Kuklina, M.D., Ph.D., an investigator on the

study and a nutritional epidemiologist with CDC's Division for Heart Disease and Stroke Prevention. "This study provides further evidence to support current public health recommendations to reduce sodium levels in processed foods, given that nearly 80 percent of people's sodium intake comes from packaged and restaurant foods. Increasing potassium intake may have additional health benefits."

The 2010 Dietary Guidelines for Americans recommends limiting intake of sodium to 1,500 milligrams per day for people 51 and older, African Americans, and those who have high blood pressure, diabetes, or chronic kidney disease—about half the U.S. population ages 2 and older. The dietary guidelines recommend that all other people consume less than 2,300 milligrams of sodium per day. In addition, the guidelines recommend that people choose more potassium-rich foods, advising 4,700 milligrams of potassium per day.

Sodium, primarily consumed as salt (sodium chloride), is commonly added to many processed and restaurant foods, while potassium is naturally present in many fresh foods. For example, cheese, processed meats, breads, soups, fast foods, and pastries tend to have more sodium than potassium. Yogurt, milk, fruits and vegetables tend to have less sodium and more potassium. Potassium-rich fruits



and vegetables include leafy greens, such as spinach and collards, grapes, blackberries, carrots, potatoes and citrus fruits such as oranges and grapefruit.

In general, people who reduce their sodium consumption, increase their potassium consumption, or do both, benefit from improved blood pressure and reduce their risk for developing other serious health problems. Adults can improve their health by knowing recommended limits for daily sodium intake, choosing foods like fresh or frozen fruits and vegetables, and unprocessed or minimally processed fish, meat or

poultry, low-fat milk or plain yogurt, asking for foods with no or low salt at restaurants, and reading the nutrition labels of foods before purchasing can improve health for all adults.

CDC is working with public and private-sector partners at the national, state, and local levels to educate the public about the health effects of sodium and to reduce sodium intake. The agency is also enhancing the monitoring of sodium intake and expanding the scientific literature on sodium and health.

## CDC warns against infections at outpatient clinics

Medical care in outpatient settings has surged in recent years, yet in many cases, adherence to standard infection prevention practices in outpatient settings is lacking. To protect patients and help educate clinicians about minimum expectations of safe care, the Centers for Disease Control and Prevention today released a new, concise guide and checklist specifically for health care providers in outpatient care settings such as endoscopy clinics, surgery centers, primary care offices, and pain management clinics.

"Patients deserve the same basic levels of protection in a hospital or any other health care setting," said Michael Bell, M.D., deputy director of CDC's Division of Healthcare Quality Promotion. "Failure to follow standard precautions, such as correct injection practices, cannot be tolerated. Repeated outbreaks resulting from unsafe practices, along with breaches of infection control noted in ambulatory surgical centers during inspections by the Centers for Medicare and Medicaid, indicate the need for better infection prevention across our entire health care system, including outpatient settings."

The Guide to Infection Prevention for Outpatient Settings: Minimum Expectations for Safe Care is based on existing, evidence-based CDC guidelines that apply to a wide range of health care facilities but are mostly used by hospitals. The easy-to-reference guide is accompanied by an Infection Prevention Checklist for Outpatient Settings and supporting materials including a new, no-cost, certified continuing medical education course titled Unsafe Injection Practices: Outbreaks, Incidents, and Root Causes and offered on Medscape.org for clinicians in all health care settings. The video

course was developed in collaboration with the Safe Injection Practices Coalition, a partnership of health care-related organizations formed to promote safe injection practices in all U.S. health care settings.

Among other important recommendations, the guide states that all outpatient practices should ensure that at least one individual with specific training in infection control is on staff or regularly available. This individual should be involved in developing a written infection control policy and have regular communication with health care providers to address specific issues or concerns.

The guide and supporting materials can be used for internal assessment within a facility or practice. They complement ongoing work by CDC and CMS to integrate CDC guidelines into CMS surveys used during inspections of outpatient settings including ambulatory surgery centers.

Outpatient settings, facilities where patients do not stay overnight, include non-hospital based clinics and physician offices, urgent care centers, outpatient surgical centers, public health clinics, imaging centers, oncology clinics,

outpatient behavioral health and substance abuse clinics, physical therapy and rehabilitation centers, as well as hospital-based outpatient departments and clinics.

More than three-quarters of all operations in the United States are performed at outpatient facilities. In addition, between 1995 and 2007, the average person made three visits each year to physician offices. By 2007, the total number of physician office visits approached 1 billion. Vulnerable patient populations make up a significant portion of health care users, and it is critical that care be provided under conditions that minimize the risk of health care-associated infections (HAIs).

These new materials reinforce that health care personnel should always:

- Follow procedures for the safe handling of potentially contaminated medical equipment
- Ensure safe medical injection practices are followed

Outpatient facilities and practices should:

•Develop and maintain infection prevention and occupational health programs

•Ensure that at least one individual with training in infection control is employed by or regularly available to the facility. This person should be responsible for overseeing the facility's infection prevention program

•Develop written infection-prevention policies and procedures appropriate for the services provided by the facility and based upon evidence-based guidelines, regulations, or standards

•Provide job- or task-specific infection prevention education and training to all health care personnel

Make sure sufficient and appropriate supplies necessary for adherence to standard precautions are available

•Perform regular audits and competency evaluations of staff's adherence to infection prevention practices

•Utilize CDC's infection prevention checklist for outpatient settings to assess infection control practices

•Adhere to local, state, and federal requirements regarding HAI surveillance, reportable diseases, and outbreak reporting

To access the guide, checklist, and supporting materials including the CME course, CDC and external commentary about the guide, clinician and patient education materials, a CDC Safe Surgery feature, and additional information, please visit [cdc.gov](http://cdc.gov).

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**Word of MOUTH**  
by Sohair S. Azer, D.D.S.  
**Prevalence of Gum Disease Higher Than Estimated**  
The incidence of gum disease in U.S. adults have been underestimated by as much as 50 percent. This surprising news comes from a pilot funded by the Centers of Disease Control and Prevention's Division of Oral Health, which conducted full-mouth, comprehensive, periodontal examinations on more than 450 adults over age 35. When the findings were compared with previous (partial-mouth) studies, it was found that the prevalence of moderate to severe gum disease may have been underestimated by 50 percent. This finding has serious implications because periodontal (gum) disease is an inflammatory condition that not only can lead to tooth loss, but it has been linked with other chronic inflammatory diseases including diabetes, cardiovascular disease, and rheumatoid arthritis. I invite you to ask for more details by calling (562) 923-3714, or Email me at SAZERDSS@aol.com

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## Play deals with human emotion

**HOLLYWOOD** – Steven Dietz' contemporary classic, "Fiction," opens July 8 at the Underground Theater's Main Stage in Hollywood.

"Fiction" tracks a married couple, both novelists, as they venture into their memories on separate trips to the same writers colony. Once there, they both face a life-

changing experience with the same intriguing young woman. Their encounters with her remain secret until journals, diaries and a brain tumor bring the tender and difficult truth bubbling to the surface.

"A lot of Steven Dietz' plays are written with a specifically minimal set so audiences are practically forced to concentrate on the actors,

director and most importantly, the story itself...and this story is a whopper," said co-artistic director Jacob Smith. I also wanted us to wrap ourselves in some really tough, battle-tested material. The fewer actors involved in a piece means to generally ask more of everyone involved. 'Fiction' offers very few breaks for its three actors, both emotionally and literally, and I wanted to see some of the company's top talent take that challenge on."

"Fiction" marks the company's Main Stage directorial debut for veteran member Joshua Morrison, who has acted and written for the company as well as directed shorter pieces and one-acts.

"Fiction" plays July 8-31, with performances Fridays and Saturdays at 8 p.m. and Sundays at 7 p.m. Tickets are \$15 and can be purchased by calling (818) 849-4039.

## Restaurant Spotlight:

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The menu at La Perla del Mar features a wide array of great selections, made from only the freshest and highest quality ingredients. Everything from the Carne Asada to the Molcajetes, Chile en Nogada to Mole Poblano, all dishes are homemade to order. Open daily until 2am, it's also perfect for a late night bite.

Recent renovations, including a beautiful granite bar, several plasma televisions, and beer on tap, allows any sports fan to enjoy a good game with the best comfort Mexican food around. You can also show off your singing skills with Karaoke nights daily from 8pm-2am.

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## OC Fair concert schedule released

**COSTA MESA** – The OC Fair has released its full summer concert schedule, which begins this Saturday with a pre-fair concert by Weird Al Yankovich.

The OC Fair runs from July 15 – Aug. 14. Concert tickets include fair admission and can be purchased online at ocfair.com.

- Saturday, July 9, 8 p.m. – Weird Al Yankovich – Tickets start at \$12.50
- Friday, July 15, 8 p.m. – Bob Dylan – Tickets start at \$29.50
- Saturday, July 16, 8 p.m. – Neon Trees – Tickets start at \$12.50
- Sunday, July 17, 8:15 p.m. – The Pink Floyd Experience – Tickets start at \$12.50
- Wednesday, July 20, 8 p.m. – Chris Isaak – Tickets start at \$19.50
- Thursday, July 21, 8 p.m. – Steve Miller Band – Tickets start at \$38.50
- Friday, July 22, 7:30 p.m. – Big Time Rush – Tickets start at \$12.50
- Saturday, July 23, 8 p.m. – The Fab Four and Jumping Jack Flash in The Greatest Concert That Never Was – Tickets start at \$12.50
- Sunday, July 24, 8 p.m. – Selena Gomez – Tickets start at \$27.50
- Wednesday, July 27, 8:15 p.m. – Paul Rodgers – Tickets start at \$19.50
- Thursday, July 28, 8:15 p.m. – Chicago – Tickets start at \$29.50
- Friday, July 29, 8:15 p.m. – Blake Shelton – Tickets start at \$26.50
- Saturday, July 30, 7:15 p.m. – Tiger Army and The Blasters – Tickets start at \$19.50
- Sunday, July 31, 8:15 p.m. – Melissa Etheridge – Tickets start at \$17.50
- Wednesday, Aug. 3, 8:15 p.m. – Pat Benatar and Neil Giraldo – Tickets start at \$19.50
- Thursday, Aug. 4, 8:15 p.m. – Weezer – Tickets start at \$29.50
- Friday, Aug. 5, 8:15 p.m. – Ray Manzarek and Robby Krieger of the Doors – Tickets start at \$15
- Saturday, Aug. 6, 8:15 p.m. – Bill Cosby – Tickets start at \$19.50
- Sunday, Aug. 7, 8:15 p.m. – Huey Lewis & The News – Tickets start at \$19.50
- Wednesday, Aug. 10, 8:15 p.m. – Montgomery Gentry – Tickets start at \$18.50
- Thursday, Aug. 11, 7:30 p.m. – Kansas and Blue Oyster Cult – Tickets start at \$15
- Friday, Aug. 12, 7:30 p.m. – Three Dog Night – Tickets start at \$19.50
- Saturday, Aug. 13, 7:30 p.m. – Steel Pulse and The Wailers – Tickets start at \$19.50
- Sunday, Aug. 14, 8 p.m. – B.B. King and Walter Trout – Tickets start at \$19.50

## Beatles musical playing in San Pedro

**SAN PEDRO** – "In My Life – A Musical Theatre Tribute to the Beatles", an award-winning biography of the Beatles told through the eyes of manager Brian Epstein and featuring live music from tribute band Abbey Road, will play a one-night show Aug. 26 at the Warner Grand Theatre in San Pedro.

Tickets start at \$20 and can be purchased online at brownpapertickets.com or by calling (800) 838-3006.

"In My Life" gives the audience a chance to "be there" at pivotal moments in the career of the Beatles: Liverpool's legendary Cavern Club, "The Ed Sullivan Show," Shea Stadium, Abbey Road Studios and the final live performance on the rooftop of their Apple Corp offices.

The show premiered to sold-out audiences in April 28 at a small Orange County theatre and a number of nights were added to keep up with demand. The production now tours nationally in regional theaters, including a sold out performance last March at the Cerritos Performing Arts Center.

In January 2010, the show drew the largest crowd in eight years at the Warner Grand.

The four musicians/actors cast to play John, Paul, George and Ringo were selected from 120 Beatle tribute musicians, most of whom showed up for auditions in costume and in character. The band features Benny Chadwick ("Paul"), Tyson Kelly ("John"), Robert Bielma ("George") and Axel Clarke ("Ringo").

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Source: www.tower.com



## How to improve your wedge game

Hello again, fellow golfers. This week I would like to talk about your wedge game. This article will include tips on how to hit different and more accurate shots with your pitching wedge, sand wedge, gap wedge, and lob wedge. Now, not everyone carries all four of those wedges in their bag. I carry a pitching wedge, gap wedge and sand wedge in my set of clubs. They are lofted at 47 degrees, 52 degrees, and 58 degrees respectively.

Golf industry standards describe a pitching wedge's loft at 48 degrees, a gap wedge's at 52 degrees, sand wedge at 56 degrees, and lob wedge at 60 degrees. Although, in recent years golf companies are making their sets of irons with less loft than these previously stated standard lofts. In most 3-PW iron sets the pitching wedge will be lofted at 46 or 47 degrees. This is important to find out because the pitching wedge is the start to how you determine what wedges you should get to complete your set of clubs. You want to have the same amount of gaps in loft between each of your clubs. This way you will decrease the chances of finding yourself between clubs.

I used to only play with a pitching wedge, sand wedge, and lob wedge but I kept finding myself with 105 yards to 115 yards left into a lot of par-4 holes that I played. That distance is too far for my sand wedge and I would have to take a real small swing if I used my pitching wedge which would cause me to not be very accurate.

So I made the decision to carry a 52-degree wedge and change the loft on my lob wedge from 60 degrees to 58 degrees. I dropped the 56-degree wedge out of my bag and it allowed me to carry a 2-hybrid which I had always wanted to do. You can decide which clubs and lofts are right for you by analyzing your own game and finding out what frequent situations you find yourself in on the course. Generally a low handicap player will have three or four of these wedges and a higher handicap player will just carry a pitching wedge and a sand wedge.

The next characteristic of wedges that I want to discuss is the bounce of a wedge. The bounce angle is the measurement in degrees of the angle from the front edge of a club's sole to the point that actually rests on the ground at address. The middle or rear of many soles is lower than the front edge. More bounce will keep the club from digging too deeply into turf or sand.

The amount of bounce needed depends on conditions. If you play courses with soft, fluffy sand, you'll need more bounce. If the courses you play typically have harder sand, you'll need less bounce. The type of swing can influence the amount of bounce needed too. Players who swing their wedges steeply into impact need more bounce. Players who sweep through and undercut need less bounce. When a golf company develops a line of wedges, they normally offer each wedge in three different bounce options (low, mid, or high) so that you can purchase the bounce option you prefer the most.

For the weekend golfer, bounce is not something that you should worry about too much. I normally recommend the mid bounce angle option to amateurs, but if they want to know the best bounce option for Rio Hondo I would say to go with the low bounce due to our firm fairway conditions most of the year.

So now that we have an idea on how to set up your scoring system of wedges, we need to learn how to hit some creative shots around the greens. The one everyone loves to try but rarely executes would be the flop shot. Everyone sees pros like Phil Mickelson hit these towering wedge shots in the air that only go a few yards onto the green. A good situation to try this shot is when you have a putting green that slopes away from you and towards the flagstick and a lie that is a little on the fluffy side to make it easier for the club to slide under the ball. You need to get a shot to land on the green with little speed so that it doesn't



GREG LAKE

race down the slope and too far past the pin. You will want to hit this shot with the most lofted club in your bag. Next, open the clubface while the club rests on the ground then take your grip. This helps keep the face open during your swing. Now your set up is going to be similar to a bunker shot. Aim your feet left of the target so that the open clubface points where you want the ball to land. Swing the club out along your feet line with an early hinge of the wrists. Your swing will need to be a little longer to get the ball the correct distance. The length of the swing will be something you have to learn through practice and repetition. As you swing through you should keep your wrists and hands from rolling over as that would close the clubface and not allow you to launch the ball high. Think of it as you want to keep the clubface pointed to the sky well after contact with the ball. If it all works you will launch the ball high in the air, land soft, and stop on a dime or roll down the slope to the hole.

Another cool short game shot is the one hop and stop, or spinner wedge shot. As the name kind of gives away, this shot that bounces once or twice on the green then puts on the brakes due to a large amount of spin on the small. You can hit this shot from a few yards off the green, or out to as far as 75 yards. The key to this shot is bringing the ball in a lower trajectory and taking a little of the guesswork out of how far you need to fly the ball into the green.

To hit this, you need to do a half or three-quarter swing instead of a full swing and try to hit the golf ball first and not so much grass. Put the ball in the center of your stance or just slightly back. When you do a half-swing on a wedge, you will get a lower trajectory and won't spin out of control, but will simply hop once and stop. If you still find yourself wanting to get a bit lower trajectory, you can play around by putting the golf ball slightly back in your stance and moving your weight slightly over to the left in your setup.

Also, you don't hit this shot hard. You want soft hands and a lazy rhythm. It's a touch shot. If you force it, your ball will shoot up in the air and you won't get the same stop and hop effect. I believe anyone can hit this shot with a clean wedge, soft ball, and a half swing provided the ball is hit squarely on the center of the clubface.

Your wedge shots set up your putts for birdies and pars, so I hope everyone takes a good chunk of their practice time to work on their wedge shots. Try some of these tips and I'm sure you will be getting the ball closer to the hole in no time.

Until next time, keep it in the short grass.

Greg Lake is a PGA Apprentice at Rio Hondo Golf Course and a former Warren golf MVP. For lessons from Lake, contact the Rio Hondo Golf Course pro shop.

## Dodgers fans will cling to any hope

Am I crazy, or do the Dodgers have some legitimate all-stars on their team? I won't lie and tell you that I watched the midsummer classic from start to finish Tuesday night, in fact I didn't watch any of it. The girlfriend and her sister had 19 Kids and Counting on, so all I had was my Blackberry on me. But from what I read, Matt Kemp, Clayton Kershaw, and Andre Ethier were all worth the price of admission at Chase Field in Arizona on Tuesday.

Kemp went 1-for-2 with a walk and scored the game-deciding run on Prince Fielder's 3-run blast, and a single to left field, Kershaw made only eight pitches in his inning of relief work, striking out David Ortiz, and getting Robinson Cano and Alex Avila to roll over to first base, and Ethier had a pinch-hit RBI single to put the National League up 4-1.

Without a doubt, the Boys in Blue shined in the desert and reminded everyone that despite the legal disgraces of Frank McCourt, a rookie manager in Don Mattingly, and a team that has been beaten to a pulp by injuries and

underachievement.

General manager Ned Colletti said in an article on Wednesday that the injuries have really piled up, especially to their four all-stars from last year that include Ethier, Jonathan Broxton, Hong-Chih Kuo, and Rafael Furcal, and he's hoping to get them playing back to all-star form in the second half.

"That said, we need to execute better in the second half and gain the condience that we can, and we'll be in buying mode at the [Trade] Deadline, as usual," he said. "I'm still confident we can make a run, pick up a game a week, and be in a decent spot. We still have a lot of games in the division."

Buying mode at the deadline? The Dodgers are 11 games back of the San Francisco Giants in the NL West, just a game ahead of last place San Diego, and Colletti is talking about being buyers at the Trade Deadline? If you look at their roster closely, it actually makes some sense.

Kemp, Ethier, and Kershaw are all stars this year, Broxton, Furcal, and Kuo are all stars one year

removed from their appearance, Dioner Navarro and Chad Billingsley were all stars a couple years ago, Hiroki Kuroda is having a fantastic year despite the hard luck he has run into, and Ruby De La Rosa has the stuff of a future ace.

Jamey Carroll and Aaron Miles have been the glue to the team with their clutch play, and Tony Gwynn, Jr. has been playing much better in left field recently. You beg to ask the question with this roster, why can't they turn it around?

The only obstacles the Dodgers have are getting healthy, getting Juan Uribe to hit, and possibly addressing the left field and third base situation through trades. They have the pitching, they have the defense, and they're almost there to having the offense. If the Dodgers can find a couple clutch hits, drive in a few more runs, and completely block out the McCourt fiasco, there's a possibility they can be right in the thick of things come September.

Colletti said it best when he also mentioned in the article that the Dodgers have 42 of their final



SCOTT COBOS

70 games within their division. That's a lot of games they can make up if they just play well. San Francisco will be there in the end, but Arizona is playing over their head, and Colorado might have dug themselves a hole they can't get out of.

Obviously, this is all from a Dodger fan holding out hope, but when you've had the off-field issues we've had in the past two years, any hope is something we'll cling on to.

## Kyle Lewis going to Washington

Downey High standout going to Washington to play with Jesse Callier.

By JAMES WILLIAMS, CONTRIBUTOR

**DOWNEY** - After originally committing to UCLA, Downey High School graduate Kyle Lewis will instead attend the University of Washington.

"UCLA was dragging their feet with my admission. Coach Neuheisel and I had an agreement about my ACT scores, I came through with my part of the agreement but he did not," Lewis said.

Lewis officially enrolled at Washington this week to begin his college career as a member of the Huskies.

Lewis has already begun to get to know many of his new teammates and speak with head coach Steve Sarkisian.

"It felt great speaking with Coach Sarkisian, he is like my former coach at Downey, Coach Jack Williams. You get a feeling that you want to impress them and make them happy by working hard," Lewis said.

Lewis could have contacted other schools that were still interested in him, but decided to go with Washington because he knew it was a "for sure deal and a great opportunity."

"The coaching staff is great, the school atmosphere, the chemistry I have already built with the team is great and I feel I can compete for some playing time," Lewis said, explaining why he chose Washington over his other options.

"They recruited me as a running back but I'm going to compete for a spot on special teams as well. I will do anything to see the field this season."

Lewis will see a familiar face in Washington, in his friend Jesse Callier who played at Warren High until 2010 and is now in his second year with the Huskies.

"It's great. He picked me up from the airport and from then on

he has been showing me the ropes and making sure I'm focused," Lewis said. "He's a great role model and we're glad to represent Downey."

James Williams is a Downey resident currently studying journalism at Cerritos College. Follow his blog sports-minded.tumblr.com, and his sports-based Facebook page at facebook.com/SportsMinded029 for sports news and updates daily.



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# L.A. votes in support of domestic workers' rights

**LOS ANGELES** – The Los Angeles City Council voted in favor of a resolution from Councilman José Huizar Wednesday to support state legislation which would extend basic workers' rights, such as lunch breaks, vacations and overtime pay to domestic workers in the state of California.

AB 889, the California Domestic Workers Bill of Rights, proposes basic working rights for domestic workers to standardize a highly unregulated industry, create equal standards with other industries and strengthen quality of care for elders, the disabled and their families.

"For far too long domestic workers have been treated like a second-class work force," said Councilmember Huizar. "Fit to clean our homes, care for our children and tend to our ill, yet not deserving of the same basic workers' rights that so many of us take for granted. AB 889 will address this inequity and restore dignity to 200,000 domestic workers throughout the state, including thousands right here in the City of Los Angeles."

The legislation authored by Assembly members Tom Ammiano and V. Manuel Pérez would specially regulate the wages, hours and working conditions of domestic work employees who clean homes, take care of the elderly and infirmed, as well as serve as nannies to thousands of children. The bill has earned a wide band of support among Latino, Asian and immigration rights advocates, including the Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA).

"Councilmember Huizar's resolution highlights the importance of approving AB 889 for the benefit of our local and state economy and the standardization of this very humane yet unregulated industry," said Angelica Salas, Executive Director for the Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA). "Los Angeles, the epicenter of immigrants in the nation, cannot do anything less than lead the effort for worker parity, respect to those men and women who serve and care for our children, elderly, and infirmed at home, and a buttressed economy with everyone earning their fair share."

The California Domestic Workers Bill of Rights would enable domestic workers to earn ½ hour meal breaks after five hours of work and 10 minute breaks after four hours of work. It would also allow workers to earn overtime and accrue one hour of vacation benefits for every 30 hours worked. Paid vacation days are critical to ensuring that domestic workers who live-in with their employer or work extremely long hours are able to spend time with their own families.

It would also give workers who work for more than five hours the right to use kitchen facilities at no charge to cook their own food. Unlike most workers, domestic workers are often confined to their workplace and are unable to leave their workplace to go get food, supporters of the legislation said.

"For more than two decades, I served several families who said they cared for me but never gave me a paid day off or allowed me to cook my own food in their kitchen," said Julia Quintero, a domestic worker for 22 years. "This bill gives employers a chance to do the right thing and will not cost them much more than what they are paying now. Workers will feel better compensated and employers will continue to receive quality care. We all win."

The California Senate Labor and Industrial Relations Committee voted 5-2 in favor of AB 889 last week. The bill now heads to the Senate Appropriations Committee for approval.

Huizar's resolution will now go to the Mayor's office for review before being sent to the State legislative bodies as an official position of the City of Los Angeles.



Jose Huizar

# Disputing credit report errors

You see the advertisements in radio, TV and on the Internet. You get fliers in the mail, and maybe even calls offering credit repair services. They all make the same claims: "Credit problems? No problem!" "We can remove bankruptcies, judgments, liens and bad loans from your credit file forever!" "We can erase your bad credit — 100% guaranteed."

However, no one can legally remove accurate and timely negative information from a credit report. The law, however, allows you to ask for an investigation of information in your file that you dispute as inaccurate or incomplete. There is no charge for this. Some people hire a company to investigate on their behalf, but anything a credit repair clinic can do legally, you can do for yourself at little or no cost.

According to the Fair Credit Reporting Act (FCRA), you're entitled to a free report if a company reports negative information against you, like denying your application for credit, insurance or employment. You have to ask for your report within 60 days of receiving notice of the action. The notice will give you the name, address and phone number of the consumer reporting company.

You're also entitled to one free report a year if you're unemployed and plan to look for a job within 60 days; if you're on welfare; or if your report is inaccurate because of

fraud, including identity theft.

Each of the nationwide consumer reporting companies — Equifax, Experian and TransUnion — is required to provide you with a free copy of your credit report once every 12 months, if you ask for it. The three companies have a central website, a toll-free telephone number and a mailing address for consumers to order the free annual credit reports the government requires them to. To order, go to [annualcreditreport.com](http://annualcreditreport.com) or call 1-877-322-8228

It does not cost anything to dispute mistakes or outdated items on your credit report. Under the FCRA, both the consumer reporting company and the information provider are responsible for correcting inaccurate or incomplete information in your report.

When you receive your credit report, review your report thoroughly to make sure the information reported is correct. If your credit report has incorrect information, the FCRA gives you the right to dispute the information.

To dispute you should write to both the credit bureau who provided the report and the creditor who provided the negative information. This is the process to dispute credit report information.

If you have documents that support your claim, include copies of them with your statement (do not send originals). In your statement, include your name, complete

address, the information you are disputing, and the reason the information is not accurate. It will be helpful to include a copy of your credit report with the disputed information highlighted.

Send your credit report dispute certified mail with return receipt requested. This way you not only have proof that you sent the dispute, but also that the credit bureau received your dispute. Keep a copy of the letter along with any enclosures you sent.

By law the credit bureau has 30 days to investigate your dispute and respond to you, in writing, with the results of the investigation. Any data you provided about the inaccuracy of the information will be forwarded to the original information provider. The information provider is then required to investigate and respond back to the credit bureau.

Once the investigation is complete, the credit bureau will provide you with the results, along with a free copy of your credit report if the dispute resulted in a change. You can request that the credit bureau send a correction notice to any company that accessed your credit report within the past six months.

If there is inaccurate information in one credit bureau's version of your credit report, it's likely that the information will be inaccurate on the other two bureaus' reports as well. You should check all three



STEVE LOPEZ  
LAW OFFICES OF STEVE LOPEZ

credit reports to be sure that the information in each is complete and accurate. If you follow these instructions, you should be able to dispute all your inaccurate negative information that may have resulted in a bad credit score. And the best part is you can do this yourself without incurring any cost.

*The purpose of this column is to provide general information on the law, which is subject to change. It is not legal advice. Consult a lawyer if you have a specific legal problem.*

# Nearly 100K tax returns incomplete, IRS says

■ IRS began requiring pin identification numbers from tax preparers this year.

**WASHINGTON** — As part of its new oversight program of the nation's tax return preparation industry, the Internal Revenue Service this week announced it will send letters to approximately 100,000 tax return preparers who prepared returns in 2011 but failed to follow new requirements.

In 2010, the IRS launched an initiative to increase its oversight of the tax return preparation industry and regulate the conduct of tax return preparers. All paid tax return preparers must obtain a Preparer Tax Identification Number (PTIN) and, when required to do so, sign their names and include their PTINs on the returns and refund claims they prepare for compensa-

tion.

Starting July 7, 2011, the IRS began sending letters to about 100,000 tax return preparers who either used outdated PTINs or used social security numbers as identifying numbers on returns they prepared this filing season. The letters explain the new oversight program, inform preparers of how to register for a new PTIN, or renew an old PTIN, and where to get assistance.

"The vast majority of federal tax return preparers complied with the rules. Obviously, some preparers did not get the word, so these letters provide additional information so they can register as soon as possible," said IRS Commissioner Doug Shulman. "We owe it to the compliant tax preparers to make sure that everyone is on a level playing field."

The IRS launched its PTIN reg-

istration program last fall. Since then, about 712,000 tax preparers have registered and obtained PTINs. Paid preparers who are not Certified Public Accounts, attorneys or Enrolled Agents, have additional requirements to pass a competency exam and suitability check, which are expected to start this fall, and complete 15 hours of continuing education credits annually, which will start in 2012.

Some unscrupulous preparers may attempt to elude the new oversight program by not signing returns they prepare. Taxpayers should never use tax return preparer who refuse to sign returns and enter PTINs.

In an effort to identify these "ghost preparers," the IRS later this year also will send letters to taxpayers who appear to have had assistance with their returns but

lack tax return preparer signatures. The letter will inform taxpayers how to file a complaint against preparers who failed to sign returns and explain how to choose legitimate tax preparers. The goal of the letters is to protect taxpayers by ensuring that all paid federal tax return preparers are registered with the IRS, and sign tax returns they prepare and use an identifying number when required to do so.

Compliance is a central part of the new tax return preparer initiative and the letters are one step in an ongoing compliance effort to ensure tax return preparers are following the new regulations. The IRS also is working to identify tax return preparers who make repeated errors and IRS personnel have had face-to-face meetings with thousands of these tax return preparers over the past two years.

# IRS offers advice to students starting summer jobs

■ Tips for teens starting their first summer jobs.

**LOS ANGELES** – School's out and many students will be starting summer jobs. The Internal Revenue Service reminds students that not all the money you earn may make it to your pocket. That's because your employer must withhold taxes.

Here are six things the IRS wants students to be aware of when they start a summer job.

1.) When you first start a new job you must fill out a Form W-4, Employee's Withholding

Allowance Certificate. This form is used by employers to determine the amount of tax that will be withheld from your paycheck. If you have multiple summer jobs, make sure all your employers are withholding an adequate amount of taxes to cover your total income tax liability. To make sure your withholding is correct, use the Withholding Calculator on [www.irs.gov](http://www.irs.gov).

2.) Whether you are working as a waiter or a camp counselor, you may receive tips as part of your summer income. All tips you receive are taxable income and are therefore subject to fed-

eral income tax.

3.) Many students do odd jobs over the summer to make extra cash. Earnings you receive from self-employment — including jobs like baby-sitting and lawn mowing — are subject to income tax.

4.) If you have net earnings of \$400 or more from self-employment, you will also have to pay self-employment tax. This tax pays for your benefits under the Social Security system. Social Security and Medicare benefits are available to individuals who are self-employed the

same as they are to wage earners who have Social Security tax and Medicare tax withheld from their wages. The self-employment tax is figured on Form 1040, Schedule SE.

5.) Food and lodging allowances paid to ROTC students participating in advanced training are not taxable. However, active duty pay — such as pay received during summer advanced camp — is taxable.

6.) Special rules apply to services you perform as a newspaper carrier or distributor. You are a direct seller and treated as self-employed for federal tax purposes if you meet the following conditions:

- You are in the business of delivering newspapers.
  - All your pay for these services directly relates to sales rather than to the number of hours worked.
  - You perform the delivery services under a written contract which states that you will not be treated as an employee for federal tax purposes.
- Generally, newspaper carriers or distributors under age 18 are not subject to self-employment tax.

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# Jan Scott is the ultimate people person

■ As new president of Downey Chamber of Commerce, Jan Scott aims to increase membership and volunteerism.

BY HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – The best way to describe Jan Scott, who was installed last June 29 as the 108th president of the Downey Chamber of Commerce, is she's a 'people' person.

This is amply manifested by her working attitude at Pacific Western Bank, where she has served for over ten years, the last seven as AVP account relationship officer. She says, "Since we are a community bank, we [try to] get involved with the community. My job is to be out with the public all the time as a relationship builder [for the bank]. Dealing with people whom I know is ideal."

This is no stretch for Jan. She had already been involved with the chamber a few years prior to joining the bank as the representative of the Wenzel records store which her family owned and ran for years at the southern boundary of Downey. After the store's closure, she worked for three years at Sam's Club, then actually worked for the chamber for a year as membership/sales director before hiring on with Pacific Western as business developer.

Thus her business instincts and human relations skills were honed even then. She began her stint as chairman of the 20-odd member Ambassador subcommittee at about the same time she joined Pacific Western. She remained in this capacity until she became chamber president.

It's not difficult to see the linkage between her bank's business philosophy with its emphasis on community relations ("We are a very strong and stable community bank") to her Ambassadorial work with the chamber. The functions of the subcommittee which she has overseen the last ten years are, in addition to attending meetings once a month, to serve as the welcoming arm of the chamber, soliciting door prizes for mixers, delivering welcome bags to new members, sending letters to new business licensees, and meeting and greeting guests at mixers and ribbon cuttings—all requiring gracious social skills, and all aimed at nurturing positive relationships especially with incoming new members and further enrichment of already functioning relationships with veteran members.

"The job of each of us here at the bank," Jan says, "is customer service. It's a pleasure to work here. And I've got the nicest boss (Lyle Nelson) anybody can ever have."

Jan firmly subscribes as well to the chamber's mission, which has been stated as "serving as the leading spokesman for and as the representative of business in Downey." This declaration subsumes all of the chamber's essential themes: "uniting business and professional people and firms into a central agency which lends itself to improving business and building a better community, directing its energies toward improving the community and conditions under which business is conducted, and enabling its members to accomplish collectively what no one can do individually."

As information center, the chamber can help somebody new to the city, she says, adding: "People call for referrals all the time. Even oldtimers sometimes are at a loss and don't know whom or where to call for that certain information. The chamber can help here."



Jan Scott was installed as president of the Downey Chamber of Commerce last month. She is pictured above with outgoing president Michael Murray.

There are a lot of ways members can help the community and one another, she says: "Areas where we can do some good include education, transportation, crime prevention, energy conservation, and health care."

Thus, "During my term," Jan said at her installation, "I plan to increase membership, remain financially sound and encourage [more pro-active] volunteers. Knowing how important you members are, I will be accessible to do everything in my power to help make your membership as worthwhile as mine has proven to be... As members of the chamber, we volunteer our services, giving

countless hours of effort to make our home, the city of Downey, a fun, safe, clean, respectful, family-oriented community. As a whole, we will continue to promote our local businesses, strive to coordinate family-friendly events and remain proud to say we live in Downey, California."

Born in South Gate, Jan moved here to Downey forty years ago. Divorced in 1983, she has two grown sons—Brian, who owns and runs his own company in Peoria, Arizona and Chris, whose most recent assignment last year as an executive for Matson Shipping Lines has taken him to Shanghai. She has two grandsons, Shane and

Chad, courtesy of Brian. Her mom, Maxine, lives with her; her dad, Tom, died three years ago. ("We're a close-knit family, so I take care of her")

Jan says her memberships as well with both the Soroptimist and Woman's Clubs of Downey, along with her association with the chamber, "have made me not only a well-rounded, not to mention a better, person but they've gained me priceless lifelong friendships."

Among her cherished accolades are citations as 2003 Chamber Volunteer of the Year and Director of the Year in 2005.

## LB Playhouse returns to musical theater

**LONG BEACH** – The Long Beach Playhouse will end its 2010-11 Mainstage season with the musical comedy, "A Funny Thing Happened on the Way to the Forum" by Stephen Sondheim, opening July 30.

Appropriate for all ages, the lively and colorful comedy is loosely based on the early Roman comedies of Plautus. The musical includes such songs as "Everybody Ought to Have a Maid," "Lovely," "Pretty Little Picture" and the

famous theater anthem, "Comedy Tonight."

The production marks the Long Beach Playhouse's return to musical theater for the first time in "many years."

"We felt it was something the community could really benefit from – not only will our audiences really enjoy a musical, but we have so many talented artists who love working on musical theatre pieces," said executive director Lauren Morris. "And there's really

no substitute for Sondheim. He is undoubtedly the greatest musical theatre composer of the 20th century."

"A Funny Thing Happened on the Way to the Forum" plays until Sept. 3. Tickets are \$22 for adults, \$20 for seniors and \$12 for students. A "pay-what-you-can" night is scheduled for July 28.

Tickets can be purchased online at lbplayhouse.org or by calling (562) 494-1014, ext. 500.

## Army veteran Joe Clark Jr. has died

**DOWNEY** – Joe W. Clark Jr. passed away June 30. He was born April 19, 1921 to Joe W. Clark Sr. and Rosa Ann Clark in Oklahoma City, Okla.

He served in the U.S. Army from 1943-45. He and his wife of 68 years, Connie, lived in Downey for 40 years.

In addition to Connie, he is survived by his son, Jerry (JoAnn) Clark; granddaughter, Jenee DeAngelis; grandson, J.D. Thompson; and great-grandson, Skyland Clark DeAngelis.



## Peter Mangi mourned by family

**DOWNEY** – Peter Mangi, a husband, father and grandfather, passed away on July 10 at the age of 90.

He was born in Neuzina, Yugoslavia in 1921. In 1955, he married Anna, and they immigrated to the U.S. shortly thereafter, beginning their life together in Southern California.

He is survived by friends and family, including Anna, Chris and Hannah.

Downey Zrelak Family Mortuary is handling services.



## Services held for Donna Bridge

**DOWNEY** – Donna Bridge, a longtime resident of Downey, passed away June 28 at Kaiser Permanente Medical Center in Downey.

Born Aug. 4, 1930, she moved here from Los Angeles in 1949 with her family. She was married to Robert for 56 years, until his death in June 2010.

She was active for many years at First Presbyterian Church of Downey, and also in Downey schools with the PTA and as a volunteer at Carpenter Elementary's library when her children attended school there.

She enjoyed craft fairs, knitting and crocheting. She is survived by her daughter, Cindy James; son, Dennis Bridge; and grandchildren, Kylie and Andrew James.

Services were held July 6 at Miller-Mies Mortuary in Downey. She was laid to rest at Rose Hills Memorial Park.

## Jeri Osborn succumbs to cancer

**DOWNEY** – Jeri L. Osborn, a resident of Downey for the last decade, died July 11. She was 49.

Born in 1961 to Ray Paul Osborn and Georgia Mae (Dufton) Osborn, she had been fighting cancer since she was first diagnosed in July of 2010. She was under hospice care at her sister's Garden Grove residence when she passed away.

She spent her childhood in Lynwood and lived several years in Long Beach before coming to Downey. A single mother, she enjoyed jigsaw puzzles, animals and socializing online in the YoVille community.

She is survived by her children, Felix, Evan, Jake, Emily and Elijah; and three siblings.

No services were held at her request.

**DOING THINGS BETTER**

*Dale Jervis*

**Does the thought of selling your home make you the least bit uneasy?**

...or does the thought of selling your home make you cringe? Even people I know who've sold homes three, four, five times or more say they dread the thought of selling their home. Even so however, when the time is right or you face change in your life, you've got to sell your home and move on. Then, your goal becomes to do it as quickly and profitably as possible.

For me, selling homes is a daily part of my life. The truth is, selling homes is my passion, and to me there's nothing more rewarding than selling someone's home, easing their worries and helping them get on with their lives.

Choosing a Real Estate agent is a personal decision. In addition to considering qualifications and achievements, you'll want to find someone who makes you feel comfortable and who will work hard for you. Most importantly, you'll want someone who is experienced, honest and is responsive to your needs.

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Thank you for the opportunity to share my thoughts during this challenging market and hope that you have a great 2011.

Regards,  
*Dale Jervis*  
Dale Jervis  
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*Remembered in Love*

**Jacqueline (Jackie Michaud) Rodriguez-Sanford**

**June 18, 1962 - June 14, 2011**

Jackie was born in Downey, California on June 18, 1962 to Jim and Leona Michaud. There were already 2 boys, Ed & Frank, ages 13 and 11, so this was an exciting time. Since Jackie was the first girl, she would soon become spoiled by all. Three years later there would be yet another surprise, and John was born.

Jackie attended St. Dominic Savio grade school, and would then go on to St. Joseph High School.

In 1983 Jackie gave birth to Clarissa. Some 10 years later she would meet Pete, and in 1996 they would marry. In 1999 Haleigh was born. The girls are now 28 and 12 respectively. Jackie was very proud of both girls.

When Jackie's mom (Leona) was dying of Alzheimer's Disease, Pete and Jackie took her into their home and cared for her until her death in 2009. Jackie is also preceded in death by her father James, and brother Frank.

Jackie has 1 nephew -- David, 2 nieces -- Sherry and Jessica, 8 great nephews -- Andy, DJ, Dylan, Nicholas, Michael, Tyler, Ricky & Izzy, and 3 great nieces -- Brianna, Magdalena & Sophia as well as two stepdaughters Leah and Alexandria who reside in Ohio.

Jackie was loved by many and always had a smile on her face. She had traveled all across the United States and loved flowers and yard work. She even loved flowers long after they died. Jackie had a strong belief in God. Fr. Jack would frequently visit her and administer the anointing of the sick to her.

She was a member of A.A. for over 18 years and was proud of that fact. She made many lifelong friends at A.A.

Jackie battled cancer for about 1-1/2 years and lost her battle with cancer at home in Downey, on Tuesday, June 14th, surrounded by her family.

Jackie will dearly be missed by her family and friends.

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The Downey Patriot 7/7/11, 7/14/11, 7/21/11

Trustee Sale No. 2100159830754 Title Order No. 100675627 FHA/AVPM #: NOTICE OF TRUSTEE'S SALE... YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/04/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

The Downey Patriot 6/30/11, 7/7/11, 7/14/11

NOTICE OF TRUSTEE'S SALE TS #: CA-10-490679-CL Order #: 100744157-CA-LPI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/9/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

Services LOC 10350 Park Meadows Dr. Littleton CO 80124 Pursuant to California Civil Code 2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed.

The Downey Patriot 7/14/11, 7/21/11, 7/28/11

NOTICE OF TRUSTEE'S SALES TS #: CA-09-320588-AL Order #: 090729015-CA-GTO YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/19/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

9:00am PST Place of Sale: At the Sheraton Los Angeles Downtown Hotel, 711 South Hope Street, Los Angeles, CA 90017 in the California Ballroom... The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein.

The Downey Patriot 7/14/11, 7/21/11, 7/28/11

NOTICE OF TRUSTEE'S SALE TS No. 08-005588 Title Order No. 08-8-208699 Investor/Insurer No. APN No. 6287-005-007 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/11/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

The Downey Patriot 6/30/11, 7/7/11, 7/14/11

Trustee Sale No. 748174CA Loan No. 301238253 Title Order No. 110154573-CA-MI NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01-12-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

ENTRANCE TO THE POMONA SUPERIOR COURTS BUILDING, 350 W. MISSION BOULEVARD, POMONA, CA Legal Description: As more fully described in said Deed of Trust Amount of unpaid balance and other charges: \$571,529.83 (estimated)

The Downey Patriot 6/30/11, 7/7/11, 7/14/11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 743956CA Loan No. 0682905369 Title Order No. 100614871-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07-27-2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

The Downey Patriot 7/14/11, 7/21/11, 7/28/11

NOTICE OF TRUSTEE'S SALE T.S. No. 11-30446-BU-CA YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/08/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

in the office of the Recorder of LOS ANGELES County, California. Date of Sale: 08/04/2011 at 10:30 A.M. Place of Sale: At the West side of the Los Angeles County Courthouse, directly facing Norwalk Blvd., 12720 Norwalk Blvd., Norwalk, CA

The Downey Patriot 7/14/11, 7/21/11, 7/28/11

NOTICE OF TRUSTEE'S SALE TS #: CA-10-430682-CL Order #: 100703334-CA-LPI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/12/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

of LOS ANGELES County, California: Date of Sale: 7/21/2011 at 10:30:00 AM Place of Sale: At the front entrance to the Pomona Superior Courts Building, 350 West Mission Blvd., Pomona CA Amount of unpaid balance and other charges: \$168,864.72

The Downey Patriot 6/30/11, 7/7/11, 7/14/11

NOTICE OF TRUSTEE'S SALE T.S. No. T10-63710-CA / APN: 8016-008-027 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03-14-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

The Downey Patriot 7/7/11, 7/14/11, 7/21/11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 494906CA Loan No. 0074801473 Title Order No. 772201 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07-15-2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.















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<p><b>DECORATOR PERFECT!</b>                  Must see Downey home with 3 BD, 2 1/2 BA completely remodeled through out.                  NOW ONLY \$469,000                  Call Carrie Uva 562-382-1252</p>	<p><b>7926 5TH ST., DOWNEY</b>                  3 BD, 1.75 BA home w/living room w/fireplace, fam. room, 1,727+ sq., lrg. Backyard. NOW \$469,000                  Call Marie Today 562-618-0033</p>	<p><b>COMING SOON!</b>                  3 BD, 1 BA, 9,000 sq. ft. lot.                  STANDARD SALE IN DOWNEY                  Call Mario For more details 562-533-7433</p>
<p><b>LOTS OF EXTRAS!</b>                  Charming 3 BD, 1 BA home in Downey w/hardwood floors, central A/C, plus many more features! Priced at: \$339,500                  Call Carrie Uva 562-382-1252</p>	<p><b>HONEY STOP THE CAR!</b>                  4 BD, 3 BA, patio, 2,100 sq. ft., on a 8,050 sq. ft. lot. Priced at: \$530,000                  Call Sonia Banuelos Today (562) 972-7115</p>	<p><b>9232 HORLEY, DOWNEY</b>                  3 BD, 2 BA, nearly 1,800 sq. ft. large den.                  STANDARD SALE IN DOWNEY                  Call Mario For more details 562-533-7433</p>
<p><b>THE PRICE IS RIGHT!</b>                  2 BD, 1 BA home with lots of potential. Super large lot.                  Price: \$220,000                  Call Carrie Uva 562-382-1252</p>	<p><b>GREAT NEIGHBORHOOD!</b>                  3 BD, 1 + 1/4 BA, living room w/fireplace, 5,497 sq. ft., double det. garage. Priced at: \$430,000                  Call Pam Lee (562) 618-0390</p>	<p><b>11541 RIVES AVE., DOWNEY</b>                  4 BD, 3 BA, nearly 3000 sq. ft. living space + large patio. Priced at: \$529,000                  STANDARD SALE! SOLD! SOLD!                  Call Mario For more details 562-533-7433</p>
<p><b>DOWNEY LOT!</b>                  11,950 sq. ft. lot in Downey, zoning is R30 can built condo's or townhomes.                  \$375,000                  Call Carrie Uva 562-382-1252</p>	<p>Thinking about a career in Real Estate?                  COMPLETE IN ONLY 8 WEEKS!                  ALL 3 COURSES JUST \$299                  CALL TODAY!!!  <b>562-861-7257</b></p>	<p><b>AND HE DID IT AGAIN...</b>  <b>SOLD</b>                  14432 FAIRVIEW AVE., HUNTINGTON BEACH                  4 BD, 3 BA, approx 1,400 sq. ft., pool, large lot.                  Let Mario DO IT for you too!  <b>SOLD! SOLD! SOLD!</b></p>



Kari Johnson, right, former Miss Downey International and a current employee at Downey Federal Credit Union, and Leslie Hanstad, wife of retired DUSD assistant superintendent Stan Hanstad, display a copy of *The Downey Patriot* while at the Miss California Pageant this past weekend in Fresno.



Art and Mary Felix attended a family wedding in Minneapolis and took along a copy of *The Downey Patriot*. This picture was taken in front of the Mall of America.

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<p><b>OPEN HOUSE</b></p> <p><b>A Grand Estate!</b>                  5 BD, 3 BA, 3905 sq ft, 9880 sq ft lot, built in 1991. The perfect floorplan with large master suite and high cathedral ceilings in entry.                  Price: \$725,000                  Call Michael at (562) 818-6111.</p>	<p><b>BACK ON MARKET</b></p> <p><b>Entertainer's Delight</b>                  4 BD, 3.5 BA, over 2882 sq ft, 9400 sq ft lot, gated pool &amp; spa, recently remodeled kitchen &amp; bathrooms.                  Price: \$659,900                  Call Michael at (562) 818-6111.</p>	<p><b>JUST LISTED</b></p> <p><b>A Rare Find!</b>                  4 BD, 2.5 BA Spanish-style home, 2698 sq ft living space, 10,710 sq ft lot, RV parking &amp; easy access to property from 2 entrances.                  Price: \$549,900                  Call Michael at (562) 818-6111.</p>
<p><b>Downey Duplex!</b>                  2 Bedrooms, 1 Bath each. Both units are in move-in condition.                  Priced to sell at \$359,900                  Call Michael at (562) 818-6111.</p>	<p><b>Don't Miss This One!</b>                  3 BD, 2 BA, remodeled kitchen, great layout, large family room and hot tub in back yard.                  Price: \$435,000                  Call Michael at (562) 818-6111.</p>	<p><b>OPEN HOUSE</b></p> <p><b>A Summer Dream!</b>                  3 BD, 2.5 BA, over 1700 sq ft, 9100 sq ft lot, large master BD, hardwood floors, new roof.                  Price: \$449,900                  Call Michael at (562) 818-6111.</p>
<p><b>A-1 Neighborhood</b>                  3 BD, 2BA approx 2,500 sq. ft. living space on a 10,000 sq. ft. lot. Remodeled kitchen and baths, newer roof &amp; windows. Central air/heat.                  Price: \$625,000                  Call Michael at (562) 818-6111.</p>	<p><b>Pride &amp; Joy</b>                  3 BD, 2 BA, 1203 sq ft living space, 2 car garage, newer roof &amp; windows near 105 freeway.                  Price: \$325,000                  Call Michael at (562) 818-6111.</p>	<p><b>Cul-De-Sac Location!</b>                  3 BD, 2 BA, step-down family room, remodeled bathrooms, near St. Raymond's Church.                  Listed at: \$349,950                  Call Michael at (562) 818-6111.</p>

View these homes at: [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

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<p><b>9257 SIDEVIEW DR.</b>                  1,350 Sq. Ft./5,615 Sq. Ft. Lot                  3 BD/2BA, Large Back Yard                  Call Joe Vivanco @ 323-595-0622</p>	<p><b>8067 DINSDALE ST.</b>                  1,140 Sq. Ft./7,638 Sq. Ft. Lot                  3 BD/2BA, JACUZZI TUB                  E-Mail Armando@smamando1@msm.com</p>	<p><b>2628 W. SKYWOOD PL.</b>                  1,936 Sq. Ft./ 7,425 Sq. Ft. Lot                  3BD/2BA / 2 Car Garage                  Call Frank Tapia @ 562-964-1286</p>
<p><b>10527 SAINT JAMES PL.</b>                  1,514 Sq Ft./7,357 Sq. Ft. Lot                  3 BD/3BA -High Potential                  Call Alvaro @ 323-804-8477</p>	<p><b>1554 N. BANNING BLVD.</b>                  2BD/1BA Large Back Yard                  728 Sq. Ft./5,502 Sq. Ft. Lot                  Call Joe Pizano @ 310-714-2674</p>	<p><b>9041 CHARLOMA DR.</b>                  5 BD/3BA—21,380 Sq. Ft. Lot                  Two-Level Home—POOL                  Call Jose Fregoso @ 562-416-4246</p>
<p><b>741 ORCHARD PL.</b>                  3 BD/2BA — 7,200 Sq. Ft. Lot                  Near Schools &amp; Shopping Centers                  Call Marth Lopez @ 562-824-3216</p>	<p><b>11042 LOUISE AVE.</b>                  4BD/2BA— 6,630 Sq Ft. Lot                  Ceramic Tile &amp; Hardwood Floors                  Call Mel Lopez @ 562-862-7878</p>	<p><b>7730 DINSDALE ST.</b>                  4BD/2BA +DEN 9,100 Sq. Ft. Lot                  Central Air/2 Fireplaces/Dining Room                  Call Norma Gill@562-522-3465</p>

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