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UCLA forecasts state to outpace federal economy

California's economy is expected to fare well this year but there are several risks.

By City News Service

In part due to strengths such as a rebound in imported goods through ports and harbors and strong income growth, California's economy should continue to outpace that of the United States as a whole over the next three years, but not by much, according to a UCLA forecast released Wednesday.

"The risks to the forecast are political, geopolitical and the potential for interest rates to still disrupt the current expansion on the downside and increased international immigration and accelerated onshoring of technical manufacturing on the upside," UCLA Anderson Forecast Director Jerry Nickelsburg wrote in a quarterly report on the state's economy.

According to Nickelsburg, the state's gross domestic product rose faster than the United States and all but three large states -- Washington, Florida and Texas -- in the first three months of 2023, the latest data available. He noted that Florida and Texas growth was due primarily to more people moving to those states, boosting the housing markets.

"With the loss in population in California, per capita income growth continues to rival 'successful' large states across the country," he wrote. "While there are still challenges ahead, notably state and local government finance, homelessness and out-migration, the forces driving California's economy remain robust."

Nickelsburg also noted a rebound in imports at the state's ports, aided in part by resolution of a long-standing labor dispute with dockworkers. The state's major airports have largely returned to "normal times" in terms of cargo, although air cargo at Los Angeles International Airport is still lagging, "and there is no clear neutral or positive trend."

The forecast predicts an average unemployment rate of 4.7% for the first quarter of the year, and averages of 4.6% for 2024 overall, 3.8% for 2025 and 3.9% for 2026.

Golden Park closer to getting Downey's second dog park

CITY COUNCIL ROUNDUP: Downey also considering dog run at Crawford Park.

By Alex Dominguez
Staff Writer

DOWNEY – The Downey City Council on Tuesday directed city staff to move forward in bringing a dog park to Golden Park.

Two locations were proposed for the implementation of a second dog park to the city, being Golden Park and Crawford Park.

The dog park at Golden Park would be situated in the southern side of the park, along Prichard Street. Golden Park was chosen due to its ample parking, easy access, and its existing water source, according to city staff's report.

Crawford Park is considered to be more locationally balanced in proximity to the existing dog park at Rio San Gabriel Park, however is owned by Southern California Edison. A land-use permit application to Edison by the city was denied. The city has submitted a letter of reconsideration, but has not yet received a response.

If the city were able to move forward on Crawford Park, the dog park would be placed in its western section in a grassy area not currently utilized by the public.

Though the city council ultimately told city staff to move forward with Golden Park, Mayor Mario Trujillo expressed desire to still pursue Crawford Park, saying "Our residents deserve both."

Councilman Horacio Ortiz added that "sooner or later, at some point every district can have a dog park."

It is estimated that each site will cost up to \$350,000.

The new park will operate similarly to the existing Rio San Gabriel Dog Park, divided into two off-leash areas for large and small dogs, with amenities including water fountains, trash cans, and seating areas.

Minimum Wage

The saga over a \$25 per hour minimum wage for healthcare workers in Downey officially came to a close this week, as Downey City Council voted to withdraw the now moot ordinance from November's ballot.

Downey's healthcare minimum wage ordinance never took effect.

In July 2022, supporters of



Sparky, a teacup chihuahua, enjoys the day at Dave Gafin Dog Park at Rio San Gabriel Park. The City Council is moving forward with plans to open a second dog park at Golden Park. Photo by Alex Dominguez

the healthcare wage increase presented Downey City Council members with a successful petition, forcing them to decide whether to place it on November's ballot or – as they ultimately decided – to pass it outright.

Despite its immediate and unanimous approval, the ordinance was quickly put on hold after opponents submitted a referendum petition in response. City Council was then forced to choose whether to strike the ordinance down or send it to the voters, choosing the latter.

However, the matter of healthcare minimum wage in Downey (and in California) has actually been decided since October, when Governor Gavin Newsom signed Senate Bill 525, which imposes a minimum wage structure for healthcare workers and rendered void all local ordinances that were enacted or took effect after Sept. 6, 2023.

Under the bill, workers at healthcare facilities with 10,000 or more full-time employees would earn \$23 per hour starting next year, increasing to \$24 in 2025, and \$25 in 2026. This applies to all staff, including medical professionals, janitors, housekeeping staff, groundskeepers, guards, clerical workers, nonmanagerial administrative workers, food service workers, gift shop workers, technical and ancillary services workers, medical coding and medical billing personnel, schedulers, call center and warehouse workers, and laundry workers.

Health care employees at rural facilities and those that serve high rates of Medicare and Medi-Cal patients will receive \$18 per hour next year, with 3.5% annual increases peaking at \$25 per hour in 2033.

Smaller and other

tobacco retailers.

The city council is eying the potential to establish 1000-foot buffer zones between businesses that primarily sell tobacco and parks and educational facilities, including schools and daycares.

Councilman Horacio Ortiz, who asked staff to look into ways to further regulate tobacco retailers in the city, said he was looking to "protect our youth."

"My decision of bringing this forward is just to protect our youth and making sure we can do whatever we can so they don't get the opportunity to get involved to other type of potential drugs," said Ortiz.

City staff also offered other suggestions on regulating tobacco retailers, including requiring a tobacco retailer license, conditional use permits, establishing a maximum number of such retailers in the city, and ordinances specifying operation and performance standards.

Mayor Pro Tem Hector Sosa expressed hesitation at adding regulations to an already highly regulated industry.

"It just seems that there's already quite a bit of state regulation on this industry, and especially with the new amendments that came through January 1 of this year," said Sosa. "It seems like we have quite a bit of state regulation on this already, I'm not sure if we need to do anything."

There are 16 tobacco stores in the city, five of which are in Ortiz's district. It is unclear how they would be affected by any implementation, although there is a chance they could be grandfathered in.

The Planning Commission will still need to give its recommendation on the potential buffer zones before sending it back to city council for final approval.

Police Vehicles

The city council approved spending \$1.4 million to update a majority of the city's police vehicles at their meeting on Tuesday.

Downey Police Department will receive 11 Dodge Durango's and 10 Ford Explorers to replace 21 existing vehicles which are more than five years old and past their normal service life in condition and mileage, per industry standards, as well as one car which was totaled in a traffic collision.

Total cost would be \$1,441,090, paid for in Measure S Funds.

Downey Police Department has a total of 30 police vehicles.

Buffer Zones for Tobacco Stores

Downey could soon implement buffer zones for

Patriot collecting coat, blanket donations

DOWNEY – The Downey Patriot and The Pride Barbershop are collecting new and gently-used blankets, coats and jackets this month to benefit local homeless residents.

Donations can be dropped off:

The Downey Patriot, 10927 Downey Ave., suite C

The Pride Barbershop, 8317 Firestone Blvd.

All donations will be given directly to people living outdoors in Downey and the surrounding area.

For questions or more information, contact Eric Pierce at (562) 216-3642 or Jessica Manteca at (562) 712-5894.

Weekend at a Glance

Friday	71°	
Saturday	70°	
Sunday	72°	

ON THIS DAY

1794: Eli Whitney received a patent for the cotton gin, an invention that is credited with fixing cotton cultivation.

1879: Albert Einstein, one of the most creative intellects in human history, known for his groundbreaking theories of relativity, was born in Ulm, Germany.

1964: In the first courtroom verdict to be televised in the United States, Jack Ruby was found guilty of the murder of Lee Harvey Oswald, assassin of President John F. Kennedy.

1967: The body of U.S. President John F. Kennedy was moved to a permanent burial place at Arlington National Cemetery.

1998: The Backstreet Boys appeared on "Saturday Night Live," performing "As Long As You Love Me" and "Quit Playing Games (With My Heart)."

2004: Russian president Vladimir Putin was overwhelmingly reelected to a second term.

Chris Benoit defeated Shawn Michaels and Triple H to win the WWE heavyweight championship at WrestleMania XX at Madison Square Garden.



2006: Journalist Mike Wallace retired from "60 Minutes."

2018: Theoretical physicist Stephen Hawking, who was best known for his work on the physics of black holes, died at age 76.

2021: Beyonce won four Grammy Awards, making her the most awarded woman in Grammy history.

BIRTHDAYS

Music producer **QUINCY JONES** (91), comedy actor **BILLY CRYSTAL** (76), radio host **RICK DEES** (74), basketball star **STEPH CURRY** (36), comedian **PREACHER LAWSON** (33) and Olympic gymnast **SIMONE BILES** (27).

Crime Report

On 2/19/2024 at 5:40 am, officers responded to the area of 13000 Downey Ave. regarding an armed robbery. The victim stated three suspects entered the business armed with a firearm and took several items before fleeing from the store. No injuries were reported and detectives are investigating.

On 2/21/2024 at 7 pm, officers responded to the area of 12100 Paramount Blvd. regarding an assault with a deadly weapon. The victim stated the suspect had swung a knife at the victim, but missed the victim. The suspect was located by officers and arrested for assault with a deadly weapon. No injuries were sustained by the victim.

On 2/22/2024 at 3:30 am, officers responded to the area of 11400 Brookshire Ave. regarding a woman with a knife. The victim stated the known suspect was holding a knife outside of her apartment door, while knocking on the victim's door. Officers arrived and located the suspect in a nearby apartment. The suspect was taken into custody.

On 2/23/2024 at 8 pm, officers responded to the area of 8500 Imperial Hwy. regarding an armed robbery. The suspect selected items inside the store and attempted to leave without paying. When confronted, the suspect pointed a firearm at the victim then fled in a vehicle. No injuries were reported and detectives are investigating.

On 2/24/2024 at 1:40 am, officers responded to the area of Downey Ave. and 3rd St. regarding a male with a firearm. Officers arrived and observed the male driving away from the scene. The suspect's vehicle was stopped and the suspect was eventually arrested. During a search, a firearm was located. The victim was not injured.

On 2/24/2024 at 2:30 am, officers responded to the area of 12500 Paramount Blvd. regarding an armed robbery. The victim stated the suspect had entered a nearby business, threatened him with a firearm and fled the scene when another customer entered the store. The suspect was located nearby and arrested for robbery.

On 2/24/2024 at 11:00 pm, officers were impounding two vehicles in the area of Downey Ave. and Firestone Blvd. for street racing. While at the scene, the suspect approached one of the officers and assaulted him. The suspect fled the scene on foot but was chased by officers and arrested. An additional suspect was arrested for obstructing the officers' investigation.

On 2/28/2024 at 1:45 am, officers responded to the area of 9500 Imperial Hwy. regarding a burglary in progress. Officers arrived and detained several suspects who were located inside the business with burglary tools. The suspects were arrested for burglary.

On 3/2/2024 at 5:30 am, officers responded to the area of 9900 Paramount Blvd. regarding a burglary in progress. Officers arrived and detained two suspects fleeing the scene. Officers also located stolen items in a vehicle associated with the suspects. Both suspects were arrested for burglary.

On 3/2/2024 at 11:50 pm, officers responded to the area of 8400 Firestone Blvd. regarding an assault with a deadly weapon. The victim stated the suspect had stabbed him with a knife. The suspect was located and arrested for assault with a deadly weapon. The victim sustained minor injuries.

On 3/8/2024 at 7 pm, officers responded to the area of 9000 Apollo Way regarding an armed robbery. The suspects had entered a store, stolen merchandise and when confronted, pointed a knife at the victim. No injuries were reported and detectives are investigating.

Father-Con screening anti-trafficking film Monday

DOWNEY – Father-Con, an organization that aims to prevent human trafficking by amplifying the importance of fathers, will present the documentary film "Vulnerable Innocent" this Monday, March 18, at 6 pm at LOOK Theatre in Downtown Downey.

The screening will be followed by a panel discussion and Q&A on how to keep young people safe online.

Free tickets are available at downey.eventbrite.com or at the door.

"Vulnerable Innocent", written and directed by Canadian filmmaker Dr. Charlene Doak-Gabauer, has received 34 awards at international film festivals.

Doak-Gabauer is the Canadian Ambassador to the United States Presidential Service Center, a teacher, and computer science expert. She is the author of "The Internet: Are Children in Charge?"

The film features child advocates and victims of predators. It concludes with a list of methods parents, and anyone who works with children, can employ for the online protection of children.

The panel includes Doak-Gabauer; Patrick Erlandson, founder of Father-Con; Clayton Crawford, author of "Parenting In The Digital World"; Elizabeth Gegner, founder The Freedom Ride Project; and Denise Gomez, who will speak of the real life consequences she experienced as a 15-year-old a decade ago.

Patrick Erlandson founded the nonprofit Father-Con in 2018 with a goal to raise awareness and arm the audience with tools to protect young people from being sexually assaulted and exploited.

The 2023 Father-Con Convention held at Warren High School drew a large crowd with keynote speaker Father Gregory Boyle of Homeboy Industries.

Father-Con will present a second screening of "Vulnerable Innocent" and panel discussion on Wednesday, March 20, 7 pm at the Laemmle Monica Film Center.

GOOD luncheon tickets on sale

DOWNEY – Tickets are on sale for Gangs Out of Downey's annual fundraising luncheon Thursday, March 21, from 11:30 am to 2 pm at the Rio Hondo Event Center.

Tickets are \$75 and can be purchased at downeygood.org.

This year's luncheon will celebrate GOOD's 35 years of service in Downey.

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EYES ON OUR SCHOOLS

By Nancy Swenson
School Board President

Hi everyone! I hope you enjoyed my first two articles this year. This month, I will focus on the Visual and Performing Arts (VAPA) in Downey Unified in honor of the late Lorine Parks, her great love for the arts, and her enduring legacy in the Downey community.

I'm proud to say that our District has always worked to include funding for various arts programs at our schools. Since the 2022 passing of Prop 28, however, we are now able to provide even more funding for VAPA programs—plays, band, dance, choir—at all levels.

Let's start with music and the visual arts in our elementary schools! A couple of years ago, Downey Unified hired six music teachers to go into our TK to fifth-grade classrooms to provide high-quality instruction. Every other week, our students grow their rhythmic sense, music literacy, and musical expression.

On a recent visit to Unsworth, I saw our fifth-grade students in action as they used their new music reading skills while practicing how to position their fingers on a recorder (an instrument like the flute) while playing. As they worked individually, the anticipation built until they finally all played their first notes in unison. They were so excited, bouncing in their seats and congratulating each other on their success. Thank you, Principal Naval for letting me witness that firsthand.

In addition to music, our elementary "Meet the Masters" program introduces students to visual arts masters such as Van Gogh, Picasso, Chagall, Da Vinci, and many more. As students dive deep into how each painted, drew, or sculpted, they also learn about them as people. I love walking into the rooms after these sessions to enjoy the artwork our students create as they become the masters themselves. Elementary music and visual arts learning are so important for creating a strong art appreciation in our young learners. I am so proud of the quality of instruction we've been able to offer to our elementary students in this area.

As our students continue to middle school, they can pick from a multitude of classes and clubs in the visual and performing arts such as drama, choir, visual arts, film, photography, and a variety of award-winning band classes. If a student wants to learn more about any of these mediums, they might sign up for the beginning class or club with very little to no prior experience needed.

During their mid-year and year-end performances at the Downey City Theater, I have been impressed by the quality of our band and chorus student performances. Students in these groups may also participate in parades and festivals, as well as travel to other cities for reviews or competitions.

Doty, Griffiths, Stauffer, and Sussman middle schools each produce up to two plays each year. As a frequent audience

member, it's clear that all students are having a good time as they gain confidence in public speaking and learn the various jobs behind the curtain and on the stage.

Sussman's drama teacher, Mrs. Knox, put on her first play just last week, "Alice in Wonderland," with a bright and colorful stage that transported us. I was in awe of the amount of dialogue these students could remember, especially "Alice," since she is in every scene!

This spring, Doty is presenting "The Epic Quest of the Damsels in Distress." Get your tickets now because who doesn't love a play about dragons, magic, and distressed damsels? You'll get a kick out of the pre-taped skits that Mrs. Moren runs during the break that feature students and staff.

At Griffiths, Ms. McNeil is the teacher, and she ensures that all students have a great time in her drama class, whether they are outgoing, shy, silly, or serious. The Thunderbird's performance of "We'll Be Right Back After This Murder" will be in April.

Stauffer Middle School's Mrs. Pyle runs two drama programs, including the District's Musical Theatre Conservatory (MTC), now in its second year! The MTC is a free, after-school

program, open to all DUSD middle school students, with an open call at the beginning of the school year. Recently, the MTC students took on performances such as "Beauty and the Beast," "Legally Blonde Jr.," and "Annie Jr." All have been amazing!

Our high schools' VAPA offerings for students include award-winning programs that foster a sense of teamwork while their teachers guide them to become outstanding performers and artists. One of the many recent examples of this has been the formation of the District Mariachi group, catering to our middle and high school students. The Mariachi was recently invited to perform for the Fine Arts Club of Pasadena, in the beautiful Athenaeum Club on the Caltech campus. On the Arts Club website, the Mariachi was praised for their enthusiastic performance of several traditional and contemporary numbers and their youthful energy. Having seen them perform on several occasions, I could not agree more!

I'd be remiss if I didn't mention the big wins that our Viking and Bear dance programs have had this year. The Downey High Dance Team became National Champions at this year's Contest of Champions in Orlando for their hip-hop and

jazz performances. The Warren High Dance Team traveled to Hawaii and took 1st Place in several categories, including show production, jazz, lyrical, and hip-hop dance.

Outside of class, high school students have additional on-campus opportunities. At Warren High, students host performances during lunch at "Cafe Desha," spirited by the choir program's director, Bob Petersen. At Downey High, Lars Hansen's Improv Club offers students time for humorous and out-of-the-box expression, while the Writing Center recently hosted their Poetry Slam.

On a visit to Columbus High, I met with the talented students tasked with producing the 2024 yearbook and their newspaper, The Lion Times! They are an outstanding group of energetic students, employing their writing and photography skills on projects they care very deeply about.

I could go on endlessly talking about all the great VAPA opportunities available in DUSD's high schools, but I will close with an invitation for you to attend one—or more—of the many upcoming student performances this spring. From "In the Heights" and "Father of the Bride" to "Mean Girls High School Version," you'll find that the students are captivating and never disappoint! These performances

are a wonderful reminder that these numerous VAPA programs are only successful because of the dedication and enthusiasm of our students, teachers, staff, and families. To learn more about VAPA offerings for our high school students, you can visit web.dusd.net/downey/arts and web.dusd.net/warren/arts.

More to come next month and remember to Take the Time to be KIND.

Upcoming VAPA Performances

Mar 18-20: "The Epic Quest of the Damsels in Distress," Doty Middle School

Mar 23: Sussman MS Band, San Juan Capistrano Parade

Mar 26: WHS Showcase ft. Univ. of Pacific, Downey Theater

Apr 16: Concert on the Lawn, Sussman Middle School

Apr 24-25: We'll be Right Back After This Murder,

Griffiths Middle School
Apr 26 - May 4: "In the Heights," Warren High School
May 14-15, 17-18: "Father of the Bride," Warren High School
May 1-4: "Peter Pan," Stauffer Middle School
May 10-11: "Mean Girls High School Version," Downey High School
May 13: Spring Concert, Doty Middle School at Downey Theatre
May 15: Spring Concert, Warren High School
May 17: Downey Jazz Gala, Downey High School
May 22-25: "Matilda, Jr.," MTC at Stauffer Middle School
May 23: All Bands Spring Concert, Stauffer Middle School
May 29: Spring Concert, Griffiths Middle School

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Downey Theatre presents:

Orquesta Akokán
Cuban Big Band Orquesta

Cuban big band Orquesta Akokán returns with 16 Rayos, a triumphant follow up to their Grammy nominated debut from 2018. Led by dynamic singer José "Pepito" Gómez, and fused with the "island's greatest instrumentalists" (New York Times), the band mixes contemporary sensibilities, with a deep spiritual reservoir and knowledge of folkloric traditions, propel the grooves into previously uncharted vistas while dismantling the conventions of what is considered mambo.

8:00PM Friday, March 29, 2024

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Paging Dr. Frischer...

By Dr. Alan Frischer

Many of us have trouble getting a good night's sleep. Instead of focusing on the reasons, including physical and emotional stressors, let's explore some herbal remedies.

Despite significant medical and technological advancements in pharmaceuticals, the global demand for herbal remedies is on the rise.



They are often less costly, and sometimes safer. Keep in mind that these supplements are not approved

by the Food and Drug Administration (FDA), and that it's a very good idea to speak with your healthcare provider before starting any new supplements. Do not take them in combination with other sedatives, and be on the lookout for drug interactions. Given those cautions, for those who want to avoid prescription medications, what are some herbal choices for the occasional restless night, or even for long-term insomnia?

Melatonin is a naturally occurring hormone. It is produced at night, when the light is low, and helps to regulate the sleep-wake cycle. Research does suggest that melatonin supplements may help sleep issues related to circadian rhythm-related disorders, jet lag, shift work, aging, and insomnia in some children. The most common (but rare) side effects include daytime drowsiness, headache, dizziness, nausea and nightmares.

Chamomile is a key ingredient in many relaxing teas. The flowers are most often used, but the leaves may also be dried and used for tea, extracts, or topical compresses. A handful of studies have supported its use for diarrhea, anxiety, abdominal cramping, pain and inflammation, and insomnia. It is safe for most people, but can cause nausea, dizziness, or an allergic reaction in those who react to ragweed, daisies, or marigolds.

St. John's Wort uses the plant's small yellow

flowers to make teas, capsules, or extracts. It was used in ancient Greece, and some studies do support its short-term use for sleep. Historically it was also used in wound healing and to treat depression. It has few and rare side effects, including allergic reactions, dizziness, confusion, and dry mouth.

Turmeric has been shown to have an indirect effect on sleep. Its main active ingredient is curcumin, and is known to treat anxiety, which is one of the more common reasons for insomnia. It has also been used to treat inflammation and pain.

Valerian is a flowering plant whose roots are thought to affect our levels of gamma-aminobutyric acid (GABA), a calming chemical. Valerian root can be found in capsules, or steeped to make tea. Its use traces back to ancient Greece and Rome, where it was used to relieve restlessness, tremors, headaches, and heart palpitations. Although studies are spotty to date, today it is mostly used for insomnia and anxiety. It is relatively safe, though minor side effects may include headache, dizziness, itchy skin, and stomach pains.

Similar to valerian root, passionflower is also thought to help with anxiety and sleep by affecting GABA levels. Limited studies have been performed, and side effects may include drowsiness, confusion, and ataxia.

Kava is sometimes recommended for anxiety-related insomnia. Most of the research on kava and insomnia is limited to animal studies. Side effects may include indigestion, mouth numbness, rash, headache, drowsiness, and visual disturbances. NOTE that the FDA has advised consumers about potential risk of severe liver injury from using supplements containing kava.

Tryptophan is a naturally occurring amino acid found in milk, fish, turkey, chicken, cheese, peanuts, and various seeds. It is a building block for serotonin, which is converted

to melatonin. Research shows mixed results for sleep, but who hasn't heard that it's the turkey in our Thanksgiving feasts that causes drowsiness afterwards? Tryptophan supplements are not recommended, due to extensive side effects and potential serious complications.

Magnesium is a mineral found in pumpkin and chia seeds, almonds, cashews and peanuts, spinach, soy milk, black beans, and edamame. Research does support its behavior as a natural sedative, both when consumed in foods or in supplements. The most common side effects from supplements include stomach cramping, nausea, vomiting, and diarrhea. Note that magnesium is the main ingredient in Milk of Magnesia, used to treat constipation.

We've all heard about the effect of cannabidiol (CBD) on sleep. CBD is an active ingredient in cannabis. While THC causes the "high," CBD does not. Research suggests that CBD may indeed be helpful for treating insomnia, and studies are ongoing. Side effects may include dry mouth, diarrhea, drowsiness, fatigue, and reduced appetite.

I urge you to remember that while herbal products come from natural sources, they are not automatically safe. Consider the source of the product, the dose, potential side effects, and note that they may interact with other medications. Please consult with your physician or pharmacist before starting any new medication, herbal or otherwise. I wish you a peaceful and restful sleep.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 10927 Downey Ave., Suite C, Downey, CA 90241.

Not getting enough sleep? There are consequences

With many families leading busy lives balancing job duties with childcare and other household responsibilities, getting enough sleep on a daily basis might not be an easy task.

If you think sacrificing a good night's sleep is nothing to worry about, however, think again!

According to Kaiser Permanente Southern California Sleep Medicine Physician Dr. Kendra Becker, a prolonged lack of sleep or chronic insomnia can cause great harm to your health, including cardiovascular disease.

"I cannot stress enough how important it is for your body to get enough sleep, as it is an essential part of achieving a good quality-of-life and being able to avoid major health issues," she said. "If you've been sleep-deprived for a long time-period, it's time to prioritize your sleep so that you can get enough shut eye."

According to Dr. Becker, it's recommended that a person get 7-8 hours of sleep per night. However, sleep disorders can make it difficult to get a healthy amount of rest.

If you're struggling to get enough sleep, you're not alone, as not getting enough is a common problem, according to the American Heart Association (AHA). The AHA notes about 1 in 3 adults reports not getting adequate rest on a regular basis. It's also estimated that about 50-70 million Americans have chronic or ongoing sleep disorders.

Health experts are often concerned about research that shows prolonged lack of adequate sleep can lead to cardiovascular disease.

According to Sleep Foundation, sleep provides time for the body to restore and recharge, playing a key role in nearly all aspects of physical health. For the cardiovascular system, insufficient or fragmented sleep can contribute to problems with blood pressure and heighten the risk of heart disease, heart attacks, diabetes, and stroke, the Sleep Foundation notes.

According to Dr. Becker and the AHA, a growing body of research highlights how sleep disorders and poor sleep can hurt your heart health.

"If you have an undiagnosed sleep disorder, you should not hesitate to talk to your doctor about a plan to mitigate your risk of cardiovascular disease," Dr. Becker said. "If you suspect you have a sleep disorder but haven't been diagnosed with one, you should consult with your doctor to explore a possible diagnosis."

St. Joseph's Table
Sat. March 16 & Sun. March 17, 2024
\$10 for Adults • \$5 for Children
 Italian Catholic Federation - Branch 362
 St. Raymond Church
 12348 S. Paramount Blvd. - Downey, CA 90241
 Call Christine Ragusa (562) 619-2168

For the 41st year, St. Raymond Church, sponsored by the ITALIAN CATHOLIC FEDERATION will have a St. Joseph's Table. The celebration will take place as follows:
 Sat. March 16 - 5:00 pm Liturgy - Procession and Blessing to follow
 Pasta Dinner & Pastries will be served 6:00 pm - 8:00 pm
 Sunday March 17 - 9:00 am Liturgy -
 Procession to follow - Viewing 8:00 am - 3:00 pm
 Pasta Dinner & Pastries will be served 11:00 am - 3:00 pm
 Takeout Dinners will be available from 8:00 am - 3:00 pm

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Empowering our youth: Equipping against fentanyl's fatal reach

By Caroline Sweeney and Ronny Sosa

Caroline Sweeney and Ronny Sosa are graduate students studying social work at the University of Southern California Suzanne Dworak-Peck School of Social Work. Sosa is a resident of Downey.

The rise of fentanyl continues to cast a dark shadow over communities across the United States. The City of Downey is no exception. Recent headlines underscore the urgency of this matter. In September 2022, the Los Angeles Unified School District (LAUSD), recognizing the gravity of the situation, announced plans to make NARCAN available in all its schools. Recently, Downey resident Jonathan Limas-Reyes was sentenced by U.S. District Judge Fernando L. Aenlle-Rocha to serve 15.6 years in federal prison and ordered to pay the funeral costs of a 17-year-old female who died after ingesting fentanyl-laced pills Limas-Reyes sold to her.

With its potency and lethality, synthetic opioids have become a leading cause of overdose deaths, particularly among young people. Fentanyl, a drug up to 100 times more potent than morphine, has infiltrated street drugs, leading to a surge in fatal overdoses in recent years.

As the death toll climbs, it becomes increasingly evident that combating the fentanyl crisis demands a multifaceted approach. While interventions like NARCAN distribution, are crucial for reversing overdoses and saving lives, they only address the symptoms of an overdose. Education, mainly directed at our youth, is paramount in preventing fentanyl-related tragedies.

As MSW students focused on educational and children, youth, and family settings, we feel that the students of Downey would benefit from more opportunities to learn important information regarding NARCAN, fentanyl test strips, the dangers of fentanyl, and have opportunities to practice what to do in the case of a suspected opioid overdose. If we want our children and students to accurately recognize risk factors or respond appropriately to a suspected overdose, then we must prepare them through many and varied learning opportunities.

National data from the Journal of the American Medical Association (JAMA) paints a grim picture of the fentanyl crisis; thousands of lives are lost annually to opioid-related overdoses. Fentanyl overdoses rose by over 20% from 2020 to 2021, and teen overdose deaths nearly doubled since 2020, reaching a devastating toll of 1,146 in 2021 alone.

These statistics are not just numbers; they represent sons, daughters, friends, and classmates lost to a preventable tragedy. In the wake of heartbreaking losses, it is imperative to educate our youth about the dangers of fentanyl. While efforts are underway to equip schools with NARCAN, the question remains: who is educating our children about the perils of fentanyl before they become statistics?

In the Downey Unified School District, some educational initiatives are underway. The district has partnered with NARCAN providers to ensure students, teachers, and staff have access. The War on Lethal Fentanyl (WOLF) campaign aims to raise awareness and combat the spread of fentanyl. WOLF primarily targets parents, engaging them in dialogue about recognizing warning signs of an opioid overdose and fostering open communication with their children, they also provide parents with NARCAN and informational sheets. WOLF is doing fantastic and necessary work; similar efforts must be directed towards students.

Presently, schools are grappling with how best to educate students about fentanyl. While some efforts, such as assemblies for students, the scope and effectiveness of these endeavors remain unclear. Education about fentanyl cannot be relegated to the sidelines; it must be prioritized and integrated into the education.

Parents, educators, and policymakers must collaborate to develop age-appropriate curricula to educate students. Education should encompass the dangers of the drug, a basic overview of how it impacts the body, the consequences of peer pressure, the importance of seeking help, strategies for making informed decisions, and equip them with knowledge and resources in the case of a suspected overdose.

The recent death of a 17-year-old member of the community and the fate of Limas-Reyes serve as a reminder of the devastating toll of this crisis. In the face of the opioid epidemic, we cannot afford to remain passive. Every life lost to a fentanyl overdose is a profound tragedy that reverberates through families and communities. The data is a call for action to prioritize education and to arm our youth with the tools they need to navigate the world. Only through collective efforts and unwavering commitment to education and harm reduction efforts can we hope to address the growing number of fentanyl-related deaths and safeguard the futures of generations to come.

The new American dream

By Elena Sheppard

Elena Sheppard is a culture writer who focuses on books, fashion, theater and history. Her first book, "The Eternal Forest: A Memoir of the Cuban Diaspora," is forthcoming from St. Martin's Press.

There is something slightly unnerving about the new reality show "Side Hustlers." The premise of the five-part Roku series is that, under the guidance of supermodel and investor Ashley Graham and Good American CEO and entrepreneur Emma Grede, a select few hopeful entrepreneurs ready to ditch their day jobs will be able to quit their 9-to-5 gigs and pursue their side hustles full time.

They are competing for Grede and Graham's investment and mentorship, both of which would ostensibly bring their side hustle dreams closer to reality.

This hustle glorification will be recognizable to many a reality show watcher: Think the inventors on "Shark Tank" or the real estate agents of "Selling Sunset" or the Kardashians waking up before dawn to work out.

But whether it means to or not, "Side Hustlers" goes a step further than its reality show cohorts, teetering into an unsettling commentary on the status of the tarnished American dream — or, at the very least, the dissatisfaction so many feel with the American workplace.

The American workplace has undeniably changed since 2020 and the start of the pandemic. Remote work has fundamentally changed office culture, and millions of Americans are working multiple jobs — either to make more

money or simply to brace for ever-looming layoffs.

Side hustles have become a fact of American life that underscores how little faith we collectively have in traditional systems or job security. Case in point, 2023 saw the most workplace strikes in more than two decades. Gone is the baby boomer mentality of company loyalty, upheld by a generation in which the majority of Americans stayed with the same company for decades. Americans today operate under an ethos that the most lucrative financial opportunities are self-made.

The newest generation to enter the workforce, Generation Z, has an almost opposite workplace philosophy to the baby boomers. The Gen Z mindset is shaped by the constant instability of their upbringing caused by a pandemic, significant layoffs in multiple industries, the Great Resignation, the ever-looming threat of recession and the advancements of artificial intelligence leading to the erasure of certain jobs.

As Gen Z firmly plants their feet in the workforce, they are focusing on how to make their lives the best they can be financially — not how to be loyal employees. It's hard to imagine Gen Zers or millennials for that matter going for a reality show scenario such as what was offered on "The Apprentice" (former president notwithstanding) in which contestants vie for a job at a company. A company job is no longer the dream.

The show "Side Hustlers" zeroes in on this shifting cultural mentality via a handful of female founders whose business ideas Grede and Graham think have potential for success. While the women introduce their ideas — a food truck, sustainable period products, a makeup company — they also comment on their day jobs. "It's not where my passion lies," says one contestant who is a corporate compliance officer. And also note how much is riding on their side hustle, both financially and with respect to fulfillment. "I've been working for a cell phone company for the last 13 years, and it's just not cutting it anymore," another contestant says.

Their day jobs are treated like situations to get out of to find real business potential. It's a mindset that feels reflective of a growing national philosophy in which you have a day job where you make what you need to live, and then you have a side hustle where the real opportunity lies.

"Side Hustlers" is undeniably entertaining, bingeable even, but there's a feeling of desperation and truth beneath the entertainment. The American dream — of upward mobility, individual prosperity and success — in 2024 anyway, is not a result of traditional employment. The 2024 version is something more akin to an American nightmare, one with around-the-clock work, endless hurdles and prosperity just out of reach.

"I don't go to sleep," one of the contestants says of how she balances her day job and her hustle. In 2024, to even conceive of reaching the American dream, means there is absolutely no time for rest.

Replacing Peking China

Dear Editor:

If anyone was listening on Monday afternoon, a collective sigh of sadness could have been heard as Downey residents read The Patriot's announcement [on Instagram] that our beloved Peking China restaurant will not be returning to Downey Avenue.

We had been hoping and waiting to see the reconstruction begin, and now we wait to see what and who will fill this almost sacred spot.

These will be hard shoes to fill. Peking was a go-to spot for so many; golfers, families, the business community, young people... all felt comfortable and could afford a great meal at a good price with the friendliest servers to greet and serve you. They really did "serve the community."

Those tasked with a replacement need to keep this community in mind when deciding who will serve us next. We need a family-friendly establishment to take its place. We certainly do not need another bar or adult entertainment venue.

Downey Avenue belongs to all of Downey's residents, not just those looking for nightlife. This is just one storefront, but it is the tipping point. Let's hope the decision makers keep all of us in mind when choosing. Another Asian-themed restaurant would make perfect sense.

Victoria Smith
Downey

Road construction

Dear Editor:

I spent nearly 30 minutes this afternoon stuck in traffic at Lakewood Boulevard and 5th Street after construction crews reduced Lakewood to a single lane due to road work.

You think the city would issue a mass notification to residents to avoid the intersection. I certainly would have appreciated a head's up.

Tom Lemno
Downey

Downey puts developers first

Dear Editor:

This is in response to the proposal to replace a Downey church with condos.

I hope the leaders of Downey don't wind up like most Southeast leaders. Residential concerns and neighborhood aesthetics are pushed aside for the almighty dollar.

Sales tax, rental tax and property tax dollars by those wishing to put up cracker box condos will just rubber stamp any project put before them.

And let's not forget the gratitude of deep pocket developers, financially speaking of course.

John Conner
Maywood

Democracy under threat

Dear Editor:

Ms. Morrissey has every right to express her opinion about the former president. However, she should be careful what she wishes for.

If, God forbid, the former president were to be re-elected, Americans would lose the right to free speech since he doesn't believe in free speech, or many of our other rights, as the former president has stated he wants to be a dictator on day one and "suspend" the Constitution. He is running his campaign on fear and resentment, promising revenge and retribution against his political opponents, much like what Putin, his buddy and boss, did with Russian opposition leader Alexei Navalny.

While it is true that the United States did not get into any wars during his four years in the White House, the former president set the stage for the conflict in Gaza by being complicit, while Israeli Prime Minister Netanyahu allowed Jewish settlers to increase the pace of takeovers of Palestinians' land in the West Bank and by encouraging Israel to move its capital to Jerusalem, thus enraging Palestinians who have been treated like second-class people and prisoners in their own lands and who saw their dreams of having their own state slipping away.

His own "best people" (including most of his former Cabinet members) have said he is not fit to be president and have called him names such as "moron" and "idiot." He is a lying, cheating, narcissistic adulterer, and adjudicated sexual abuser with 91 felony counts lodged against him. He is not morally fit to hold office.

Inflation is now below 3% and dropping, and the U.S. is currently producing more petroleum than any other country in the world. We are energy-independent, and with the growth in clean energy outpacing that of fossil fuels, we will become more so in the future.

President Biden has a long history of bipartisan accomplishments, including the CHIPS Act and the Bipartisan Infrastructure Law, both of which are so popular that some GOP Congress members who voted against the bills take credit for the investments in their districts that the bills made possible. And, at the former president's urging, his allies in Congress have sabotaged the strongest border control bill ever before Congress.

The former president and his MAGA allies are weakening America. They are only interested in complaining, setting Americans against each other, and moving America backward, not solving problems at home and abroad.

As President Biden said in his State of the Union address, democracy is under threat at home and abroad. We need strong, principled leadership willing to work across the aisle to protect our nation and the rights we enjoy so America continues to lead now and into the future.

Anita Rivero
Downey

The Downey Patriot STAFF

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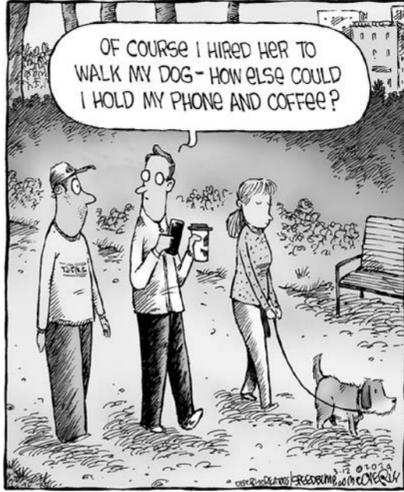
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
 1st Tue., 4:00pm: Recreation and Community Services Commission, Council Chamber, City Hall.
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
 3rd Tue., 6:00pm: Library Advisory Board, at Downey City Library.
 3rd Thurs., 6:30pm: CERT, at Downey City Council Chamber at City Hall, for more info call 299-5462.
 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
 4:30 pm: Courage Forward Meeting, at 10829 New St, 2nd Floor, call 213-545-6810.
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.
 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
 12 pm: Rotary Club, at Rio Hondo Events Center, call Mel Sanchez 562-665-4125.
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
 6:30 - 9 pm: Civil Air Patrol - Los Angeles Cadet Squadron 138, at Downey Adult School, Room M104, call 714-402-5157.
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
 7 pm: Boy Scout Troop 441, at Apollo Park, email scoutmaster@downeyboyscouts.com.
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
 1st Tues., 7:30 pm: Downey Amateur Radio Club, EOC room Downey Fire Station #1, 12222 Paramount Blvd.
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
 3rd Tues., 12 pm: Downey Newcomers Club, call Marilyn 928-2623.
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
 9 am: Quilters Group, at Good Shepherd Lutheran Church, call 803-4459.
 10:30 am: Ballroom dance class, at Downey Community Center, call 776 7270.
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
 7 pm: Royal Rangers Outpost 132, at Desert Reign Church, call 562-861-6011.
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.
 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.
 2nd Wed., 7 pm: Downey Model A Club, at Gallatin School Cafeteria, call 484-8415.
 3rd Wed., Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call 860-8821 or 927-3635.
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
 7:30 am: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
 12 pm: Bingo, at Woman's Club of Downey - Proceeds benefit Rancho.
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
 7:30 pm: Downey Elks Lodge #2020, call 803-3557.
 1st Thurs., 6 pm, All other Thurs. 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 283-2335.
 2nd Thurs., 12 pm: Creative Purposes, call Bill Wallace 923-2311.
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
 2nd & 4th Thurs., 6:30 pm: Downey Lions Club, at Mimi's, call Lenora (310) 283-9825.
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
 2nd Sat., 9-11 am: Free pancake breakfast, at Trinity Baptist Church in Downey, 8219 Florence Ave.

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

probability theory.
 gammon and chess, plus a book on
 treatises or books on whist, back-
 HOYLE (48 Across) published
 from his biography at the College
 KNUTE ROCKNE (27 Across) is
 North America. The clue for
 PANEM (24 Across)
 Per Suzanne Collins' Hunger
 Games series, PANEM (24 Across)
 is a post-apocalyptic nation in
 the Hunger Games series.

BULK SALES

NOTICE TO CREDITORS OF BULK SALE (Division 6 of the Commercial Code) Escrow No. L-041109-JL

(1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described.

(2) The name and business addresses of the seller are: ANDREW GENATO, 12005 FIRESTONE BLVD., NORWALK, CA 90650

(3) The location in California of the chief executive office of the Seller is:

(4) The names and business address of the Buyer(s) are: CHRISTOPHER DAVIS AND MICHAEL JENKINS, 16926 KRISTIN AVE., TORRANCE, CA 90504

(5) The location and general description of the assets to be sold are: FURNITURE, FIXTURE & EQUIPMENT, GOODWILL, LISEHOLDER IMPROVEMENT AND COVENANT NOT TO COMPETE of that certain business located at: 12005 FIRESTONE BLVD., NORWALK, CA 90650

(6) The business name used by the seller(s) at said location is: LAUNDERLAND 1

(7) The anticipated date of the bulk sale is APRIL 3, 2024, at the office of TOWER ESCROW INC, 3400 W. OLYMPIC BLVD., #201, LOS ANGELES, CA 90019, Escrow No. L-041109-JL, Escrow Officer: JOANNE NOE

(8) Claims may be filed with Same as "7" above.

(9) The last date for filing claims is: APRIL 2, 2024

(10) This Bulk Sale is subject to Section 6106.2 of the Uniform Commercial Code.

(11) As listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are:

Dated: MARCH 1, 2024
 TRANSFEREES: CHRISTOPHER DAVIS AND MICHAEL JENKINS
 ORD-2194304 DOWNEY PATRIOT 3/14/24

FCS ORD-2194304
 The Downey Patriot
 3/14/24

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024041789
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) LUCAS BAKERY, 4059 GAGE AVE, BELL CA 90201, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) LISSET SUTUC, 4059 GAGE AVE, BELL CA 90201
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 02/19/99

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/ LISSET SUTUC, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 26, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024044397
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ONE ROOM TO ANOTHER, 7816 PHLOX STREET, DOWNEY CA 90241, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) DIANA MARIE HANSEN, 7816 PHLOX STREET, DOWNEY CA 90241
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/ DIANA MARIE HANSEN, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 28, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024044763
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) DIMENSION ZERO PRODUCTIONS, 5145 PEARCE AVE., LAKEWOOD CA 90712, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) PARIS GALLARDO-DOMINGUEZ, 5145 PEARCE AVE., LAKEWOOD CA 90712
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/ PARIS GALLARDO-DOMINGUEZ, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 28, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024035279
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) MEYO'S CONSTRUCTION, 1003 E KAY ST, COMPTON CA 90221, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) EVOUDIO MEYO-TELLO, 1003 E KAY ST, COMPTON CA 90221
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

NAME STATEMENT

File Number 2024035279
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) MEYO'S CONSTRUCTION, 1003 E KAY ST, COMPTON CA 90221, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) EVOUDIO MEYO-TELLO, 1003 E KAY ST, COMPTON CA 90221
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/EVOUDIO MEYO-TELLO, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 15, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 2/22/24, 2/29/24, 3/7/24, 3/14/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024032880
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) REENVISION PRODUCTIONS, 16821 JUDY WAY, CERRITOS CA 90703, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) KARINA BEANATO, 16821 JUDY WAY, CERRITOS CA 90703

State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/KARINA BEANATO, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 13, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 2/22/24, 2/29/24, 3/7/24, 3/14/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024027258
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) WELLNESS OUTLET, 8721 IMPERIAL HWY APT 216, DOWNEY CA 90242, COUNTY OF LOS ANGELES CO

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) LUIS MORALES MENDEZ, 8721 IMPERIAL HWY APT 216, DOWNEY CA 90242
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/LUIS MORALES MENDEZ, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 6, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 2/22/24, 2/29/24, 3/7/24, 3/14/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024037976
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BLACKJACK BARBERS, 7503 ATLANTIC AVE, CUDAHY CA 90201, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) JULIAN AZRIEL ARAMBULA, 6924 WOODWARD AVE, BELL CA 90201
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/JULIAN AZRIEL ARAMBULA, OWNER
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 20, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024043789
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) KAPLAN INDUSTRIES MFG (2) KI LIQUID ENGINEERING (3) KAPLAN CHEMICALS (4) KAPLAN INDUSTRIES (5) KAPLAN INDUSTRIES CAR WASH SUPPLIES (6) KAPLAN INDUSTRIAL CAR WASH SUPPLIES INC. (7) PROJIE CAR CARE PRODUCTS (8) PROJIE CAR CARE PRODUCTS, 13875 MICA STREET, SANTA FE SPRINGS CA 90670, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) EVOUDIO MEYO-TELLO, 1003 E KAY ST, COMPTON CA 90221
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/ KAPLAN INDUSTRIAL CAR WASH SUPPLIES, INC., SECRETARY, MERT OZKAYA
 This statement was filed with the County Clerk of Los Angeles on FEBRUARY 27, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024048673
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) REENIE MOBILES LLC, 9009 MARYKNOLL AVE, WHITTIER CA 90605, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) REENIE MOBILES LLC, 8285 E SANTA ANA CANYON RD, ANAHEIM CA 92808
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/ REENIE MOBILES LLC, MANAGING MEMBER, SHEREEN SAIKI
 This statement was filed with the County Clerk of Los Angeles on MARCH 5, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024053806
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SILKY SMOOTH KIDZ, 306 STONEWOOD STREET, DOWNEY CA 90241, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) BRYAN PINEDA, 306 STONEWOOD STREET, DOWNEY CA 90241
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 03/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/BRYAN PINEDA, OWNER
 This statement was filed with the County Clerk of Los Angeles on MARCH 12, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/7/24, 3/14/24, 3/21/24, 3/28/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024035806
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SILKY SMOOTH KIDZ, 306 STONEWOOD STREET, DOWNEY CA 90241, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) BRYAN PINEDA, 306 STONEWOOD STREET, DOWNEY CA 90241
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 03/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/BRYAN PINEDA, OWNER
 This statement was filed with the County Clerk of Los Angeles on MARCH 12, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/14/24, 3/21/24, 3/28/24, 4/4/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024049359
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) LOADS OF LAUNDRY, 9446 TELEGRAPH RD, DOWNEY CA 90240, COUNTY OF LOS ANGELES

Articles of Incorporation or Organization Number (if applicable): AI #ON: 202356611835
 REGISTERED OWNERS(S): (1) DOWNEY LOADS OF LAUNDRY LLC, 9446 TELEGRAPH RD., DOWNEY CA 90240
 State of Incorporation: CA
 THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company

The date registrant started to transact business under the fictitious business name or names listed above: 02/20/24

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
 REGISTERED OWNERS(S): (1) EDUARDO CAMPOS LOPEZ, 11681 ATLANTIC AVE, LYNWOOD CA 90262
 State of Incorporation: N/A
 THIS BUSINESS IS CONDUCTED BY: a General Partnership

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/ EDUARDO CAMPOS LOPEZ, GENERAL PARTNER
 This statement was filed with the County Clerk of Los Angeles on MARCH 4, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
 3/14/24, 3/21/24, 3/28/24, 4/4/24

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2024031970
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (

CLASSIFIEDS

SERVICES

NICE-N-KLEAN
Residential & Commercial
Cleaning.
Call for a Free Estimate.
(562) 419-6577

SERVICES

FINE ROOFING, INC.
Roof Repair & Leaks
Free Estimate•Quality Service
Senior Discount. Lic 976823
(562) 879-4987

SERVICES

FULL SERVICE 24/7 PLUMBING
Snr Discount, Bonded, Insured
& Licensed C-36 #759646
BBB Grade A+
McKinnon & Sons
Plumbing of Downey
(562) 904-3616

SERVICES

ALL ELECTRICAL AND PLUMBING WORK
Lic 965519 & Bonded
Jobs start at \$35. free estimate
Call Erik (323) 228-4500

SERVICES

HANDY CRAFTSMAN SERVICE
for all your home
improvements & repairs. All
labor and material guaranteed.
(562) 331-0976

SERVICES

APPLIANCE TECH HAS ARRIVED
House calls. Same day rapid
service all major brands.
Washers, dryers, ovens,
stoves, refrigerators, etc.
Senior citizen discount.
(562) 866-4291
(310) 251-3018

The date registrant started to transact business under the fictitious business name or names listed above: 02/2024
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/JESSICA VAZQUEZ, OWNER
This statement was filed with the County Clerk of Los Angeles on FEBRUARY 23, 2024

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
2/29/24, 3/7/24, 3/14/24, 3/21/24

GOVERNMENT

DOWNEY UNIFIED SCHOOL DISTRICT NOTICE TO BIDDERS / INVITATION TO BID

Notice is hereby given that the governing board ("Board") of the Downey Unified School District ("District") will receive sealed bids to construct the following project:

Bid No. 23/24-33: Sussman Middle School Food Service Renovation ("Project" or "Contract") located at locations below:

Sussman Middle School,
12500 Birchdale Ave.,
Downey, CA 90242

Contractors must submit sealed bids on or before 10 AM on April 12, 2024 at the District Office Facilities Department, located at T-4, 11627 Brookshire Ave., Downey, CA 90241 at or after which time the District will open the bids and publicly read them aloud. Any claim by a Bidder of error in its bid must be made in compliance with Public Contract Code § 5100, et seq. Any bid that is submitted after this time shall be non-responsive and returned to the Bidder. The District is not responsible for Bids that are received after the deadline noted above.

The Project consists of:

DEMOLITION OF EXISTING AND INSTALLATION OF NEW EXTERIOR CONCRETE SLAB MOUNTED WALK-IN REFRIGERATOR AND FREEZER UNITS AT THE SAME LOCATION WITH REUSE OF THE EXISTING UTILITIES.

RENOVATION OF ONE EXISTING SINGLE ACCOMMODATION TOILET ROOM TO PROVIDE ACCESSIBLE FACILITIES WITHIN THE FOOD SERVICE AREA. INSTALLATION OF ONE NEW ACCESSIBLE DRINKING FOUNTAIN

All bids shall be on the form provided by the District. Each bid must conform and be responsive to all pertinent Contract Documents, including, but not limited to, the Instructions to Bidders.

All questions about the meaning or intent of the Contract Documents are to be directed in writing to the District no later than Monday, April 1, 2024 at 4 PM. Only questions answered by formal written Addenda will be binding. Oral and other interpretations or clarifications will be without legal effect.

To bid on this Project, the Bidder is required to possess one or more of the following State of California Contractor Licenses: B

The Bidder's license(s) must be active and in good standing at the time of the bid opening and must remain so throughout the term of the Contract.

As security for its Bid, each Bidder shall provide for its Bid form

- a bid bond issued by an admitted surety insurer on the form provided by the District,
- cash, or
- a cashier's check or a certified check drawn to the order of the Downey Unified School District

in the amount of ten percent (10%) of the total bid price. This bid security shall be a guarantee that the Bidder shall, within seven (7) calendar days after the date of the Notice of Award, enter into a contract with the District for the performance of the services as stipulated in the bid.

The successful Bidder shall be required to furnish a 100% Performance Bond and a 100% Payment Bond if it is awarded the contract for the Project.

The successful Bidder may substitute securities for any monies withheld by the District to ensure performance under the Contract, in accordance with the provisions of Public Contract Code § 22300.

The successful Bidder and its subcontractors shall pay all workers on the Project not less than the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work as determined by the Director of the Department of Industrial Relations, State of California, for the type of work performed and the locality in which the work is to be performed within the boundaries of the District, pursuant to Labor Code § 1770 et seq. Prevailing wage rates are on file with the District and are available to any interested party on request or at www.dir.ca.gov/opr/statistics_and_databases.html. Bidders and Bidders' subcontractors shall comply with the registration and qualification requirements pursuant to Labor Code §§ 1725.5 & 1771.1.

A mandatory pre-bid conference and site visit will be held on March 26, 2024, starting at 10:00 AM at Sussman Middle School, 12500 Birchdale Ave., Downey, CA 90241. All prospective Bidders are required to sign in at each school site. The Site Visit is expected to take approximately an hour. Failure to attend or tardiness will render bid ineligible.

Contract Documents are available on or after March 14, 2024.

The District's Board reserves the right to reject any and all bids and/or waive any irregularity in any bid received. If the District awards the Contract, the security of unsuccessful Bidder(s) shall be returned within sixty (60) days from the time the award is made. Unless otherwise required by law, no Bidder may withdraw its bid for ninety (90) days after the date of the bid opening.

The District shall award the Contract, if it awards it at all, to the lowest responsive responsible Bidder based on: The base bid amount only.

The Downey Patriot
3/14/24, 3/21/24

LYNWOOD UNIFIED SCHOOL DISTRICT REQUEST FOR PROPOSAL (RFP) FACILITIES MASTER PLAN SERVICES RFP No.07MARCH24-PM

The Lynwood Unified School District is seeking proposals from qualified consultants to assist the District's administration, faculty, and staff in preparing a ten (10) year Facilities Master Plan (FMP) for 2024-2034. Qualified professional firms and/or individuals must have demonstrated the ability to successfully develop, compose, and produce a comprehensive Facilities Master Plan for all of the District's sites, including district offices.

RFP DUE: Date/Time/Place
Wednesday, April 10, 2024;
10:00am PST

Lynwood Unified School District;
Purchasing Department,
2nd Floor
11321 Bullis Road,
Lynwood, CA 90262
Attn: Porfiria Mora

For Questions email:
Porfiria Mora at pmora@mylUSD.org and
C: Daniela Navarro at
dnavarro@mylUSD.org

Important: Firms interested in submitting a response to this RFP/RFQ/BID, are not to contact by any means, any Board Member, Administrator, or staff member of the District other than the designated Buyer identified above regarding this RFP/RFQ/BID. If this directive is violated, the District may deem the Firm's "submission" to be "Non-Responsive", and no further consideration will be given.

*****No phone calls for information concerning this RFP will be accepted*****

The Downey Patriot
3/14/24, 3/21/24

LYNWOOD UNIFIED SCHOOL DISTRICT NOTICE INVITING BIDS

NOTICE IS HEREBY GIVEN that the Lynwood Unified School District, acting by and through its Governing Board, hereinafter referred to as "District", will receive prior to **10:00 a.m. on the April 12th, 2024** sealed Bids for the award of a Contract for the following:

DISTRICTWIDE PA SYSTEM INSTALLATION BID #220224-SM

Scope of Work Overview: Install new IP-based PA system including paging server, amplifiers, controller software, and IP speaker endpoints. The system must support multiple zones, bell schedules, synchronization with clocks, VoIP phone integration, pre-recorded announcements, desktop and instant paging microphones.

This Project is being let in accordance with the Uniform Public Construction Cost Accounting Act ("UPCCAA") (specifically, the formal Bidding procedures in Section 22032(c)).

There will be a Mandatory Pre-Bid Site Walk on Thursday, March 21, 2024 at 9:00 am, in front of the District Office (11321 Bullis Road, Lynwood, CA 90262). Any Bidder bidding on the Project who fails to attend the entire mandatory pre-Bid site walk will be deemed a non-responsive Bidder and will have its Bid returned unopened. The bid and all requirements, instructions and associated documents will be emailed directly to those who attended the mandatory pre-bid site walk.

All Bidders and their subcontractors **must be registered and approved by the State of California Department of Industrial Relations in order to bid on this project.**

The successful Bidder must possess a valid and active **State of California Class C-7 Low Voltage Systems License** at the time of Bid and throughout the duration of this Contract. Subcontractors shall be licensed pursuant to California law for the trades necessary to perform the Work called for in the Bid documents.

Prequalification is required for this project.

As a condition of bidding for this Project, and in accordance with California Public Contract Code section 20111.5, prospective Bidders are required to submit to the District a completed set of prequalification documents on forms provided by the District. **Bids will not be accepted if a Bidder has not been prequalified. Prequalification documents are available on website <https://www.mylusd.org/apps/pages/bids-and-BIDs>.**

Prequalification documents must be submitted by **April 7, 2024** (not less than five days prior to Bid opening date). Bidders will be notified by email of their prequalification status within a reasonable period of time after submission of their prequalification documents, but not less than one day prior to the Bid opening date.

NOTE: Respondents who assisted in the preparation of getting materials or the Scope of Work for solicitation documents of this BID will NOT be eligible to compete for the award work because they will have an undue advantage to all others.

Inquiries shall be sent in writing by email to: **Shaunda Miller, Senior Buyer, Email: smclucas@mylUSD.org and CC: Email: purchasingfinal@mylUSD.org**

Important: Firms interested in submitting a response to this BID, are not to contact by any means, any Board Member, Administrator, or staff member of the District other than the designated Buyer identified above regarding this BID.

If this directive is violated, the District may deem the Firm's "submission" to be "Non-Responsive", and no further consideration will be given.

The Downey Patriot
3/7/24, 3/14/24

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: 24NWCP00061
TO ALL INTERESTED PERSONS: Petitioner JOHNATHAN ESCOBEDO filed a petition with this court for a decree changing names as follows:
Present name (1) JOHNATHAN ESCOBEDO to Proposed name (1) JOHNATHAN DE LA CRUZ
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: APRIL 15, 2024, Time: 9:30 a.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd, Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county of Downey: **Downey Patriot** FEBRUARY 21, 2024
JUDGE OLIVIA ROSALES
Judge of the Superior Court
Petitioner or Attorney for Petitioner **JOHNATHAN ESCOBEDO**
7826 CONKLIN ST
DOWNEY CA 90242
(310) 994-0285

EN104880
The Downey Patriot
3/7/24, 3/14/24, 3/21/24

NOTICE OF PETITION TO ADMINISTER ESTATE OF FREDA TANUVASA aka FREDANGELA TANUVASA aka FELILA TANUVASA
Case No. 24STPB02311

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of FREDA TANUVASA aka FREDANGELA TANUVASA aka FELILA TANUVASA
A PETITION FOR PROBATE has been filed by Derek Ezra Tanuvasa in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that Derek Ezra Tanuvasa be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 11, 2024 at 8:30 AM in Dept. No. 62 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.
YOU MAY EXAMINE the file kept by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

The Downey Patriot
2/22/24, 2/29/24, 3/7/24, 3/14/24

NOTICE OF PRIVATE SALE
The following property will be sold by written bid by 9:00 a.m. MST on 3/21/2024
1GR1P062XPT453212 2023 - Great Dane CCC-3314-21053
To inquire about this item please call Bret Swenson at 801-624-5864.
Transportation Alliance Bank 4185 Harrison Blvd Ogden, UT 84403

The Downey Patriot
3/14/24, 3/21/24

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: 24NWCP00055

TO ALL INTERESTED PERSONS: Petitioner JUAN MANUEL MAYORQUIN MEJIA filed a petition with this court for a decree changing names as follows:
Present name (1) JUAN MANUEL MAYORQUIN MEJIA to Proposed name (1) JUAN MANUEL MAYORQUIN MEJIA
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: APRIL 12, 2024, Time: 9:30 a.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd, Rm. 101, Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county of Downey: **Downey Patriot** FEBRUARY 16, 2024
JUDGE OLIVIA ROSALES
Judge of the Superior Court
Petitioner or Attorney for Petitioner **JUAN MANUEL MAYORQUIN MEJIA**
4113 SANTA ANA ST. #A
HUNTINGTON PARK, CA 90255
(323) 557-9349

The Downey Patriot
2/22/24, 2/29/24, 3/7/24, 3/14/24

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF RANDY GORDON RUTT
Case No. 24STPB02029
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of RANDY GORDON RUTT
A PETITION FOR PROBATE has been filed by Brian Rutt in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that Brian Rutt be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on March 29, 2024 at 8:30 AM in Dept. No. 44 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.
YOU MAY EXAMINE the file kept by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

The Downey Patriot
2/22/24, 2/29/24, 3/7/24, 3/14/24

of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
JEFFREY D CAVIN ESQ
SNB 164872
LAW OFFICES OF
JEFFREY D CAVIN
251 E IMPERIAL HIGHWAY STE 471
FULLERTON CA 92835
CN104880 RUTT Mar 7, 14, 21, 2024

EN104880
The Downey Patriot
3/7/24, 3/14/24, 3/21/24

NOTICE OF PETITION TO ADMINISTER ESTATE OF FREDANGELA TANUVASA aka FREDANGELA TANUVASA aka FELILA TANUVASA
Case No. 24STPB02311

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of FREDANGELA TANUVASA aka FREDANGELA TANUVASA aka FELILA TANUVASA
A PETITION FOR PROBATE has been filed by Derek Ezra Tanuvasa in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that Derek Ezra Tanuvasa be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 11, 2024 at 8:30 AM in Dept. No. 62 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.
YOU MAY EXAMINE the file kept by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

Attorney for petitioner:
PAUL HORN ESQ
SNB 243227
PAUL HORN LAW GROUP PC
11404 SOUTH STREET
CERRITOS CA 90703
CN104911 TANUVASA Mar 7, 14, 21, 2024

EN104911
The Downey Patriot
3/7/24, 3/14/24, 3/21/24

NOTICE OF PETITION TO ADMINISTER ESTATE OF MORGAN KENNEDY GROVER
Case No. 23STPB09123

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MORGAN KENNEDY GROVER
A PETITION FOR PROBATE has been filed by WENDELL A. SKIDGEL, JR. in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that WENDELL A. SKIDGEL, JR. be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on APRIL 26, 2024 AT 8:30 A.M. in Dept. 79 Room N/A located at STANLEY MOSK COURTHOUSE, 111 NORTH HILL STREET, LOS ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.
YOU MAY EXAMINE the file kept by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

Attorney for petitioner:
PAUL HORN ESQ
SNB 243227
PAUL HORN LAW GROUP PC
11404 SOUTH STREET
CERRITOS CA 90703
CN104911 TANUVASA Mar 7, 14, 21, 2024

EN104911
The Downey Patriot
3/7/24, 3/14/24, 3/21/24

NOTICE OF PETITION TO ADMINISTER ESTATE OF MORGAN KENNEDY GROVER
Case No. 23STPB09123

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MORGAN KENNEDY GROVER
A PETITION FOR PROBATE has been filed by WENDELL A. SKIDGEL, JR. in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that WENDELL A. SKIDGEL, JR. be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on APRIL 26, 2024 AT 8:30 A.M. in Dept. 79 Room N/A located at STANLEY MOSK COURTHOUSE, 111 NORTH HILL STREET, LOS ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

Attorney for petitioner:
PAUL HORN ESQ
SNB 243227
PAUL HORN LAW GROUP PC
11404 SOUTH STREET
CERRITOS CA 90703
CN104911 TANUVASA Mar 7, 14, 21, 2024

EN104911
The Downey Patriot
3/7/24, 3/14/24, 3/21/24

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 00000009712894 Title Order No.: 230017619 FHA/VA/PMI No.: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/22/2007, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER, BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 10/01/2007 as Instrument No. 20072247722 of official records in the office of the County Recorder of LOS ANGELES County, State of California. EXECUTED BY: DELIA ELLENOR STOVNER, A WIDOW, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 04/18/2024 TIME OF SALE: 9:00 AM PLACE OF SALE: Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650, Vineyard Ballroom, STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 12269 LAKEWOOD BOULEVARD, DOWNEY, CALIFORNIA 90242 APN#: 6261-018-028 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if

The Downey Patriot
3/14/24, 3/21/24, 3/28

Rose Hills seeks dismissal of lawsuit

■ A family sued Rose Hills, claiming their family member's remains were not properly dressed.

By City News Service

WHITTIER – Rose Hills Memorial Park & Mortuary is seeking dismissal of a lawsuit filed by the widow and other relatives of a man who died of cancer in 2022 and allegedly was not dressed according to Buddhist tradition as requested by the family before his cremation, maintaining that the widow never made fully clear her intentions for her husband's remains.

Joann Chen -- the widow of the late Mike Chen -- her two sons and two grandchildren brought the negligence suit in Los Angeles Superior Court. But in court papers filed Thursday with Judge Lynne M. Hobbs asking that the case be tossed out, Rose Hills attorneys blame much of the problem on poor communications from the Chen family.

"The parties would not be engaged in this litigation if Mrs. Chen had asked the arranger to make sure the decedent was dressed in clothes provided by the family," the cemetery lawyers maintain in their pleadings in advance of a July 10 hearing on the motion. "Had Mrs. Chen done so, the arranger would have known to ensure that the decedent was

dressed prior to the cremation.

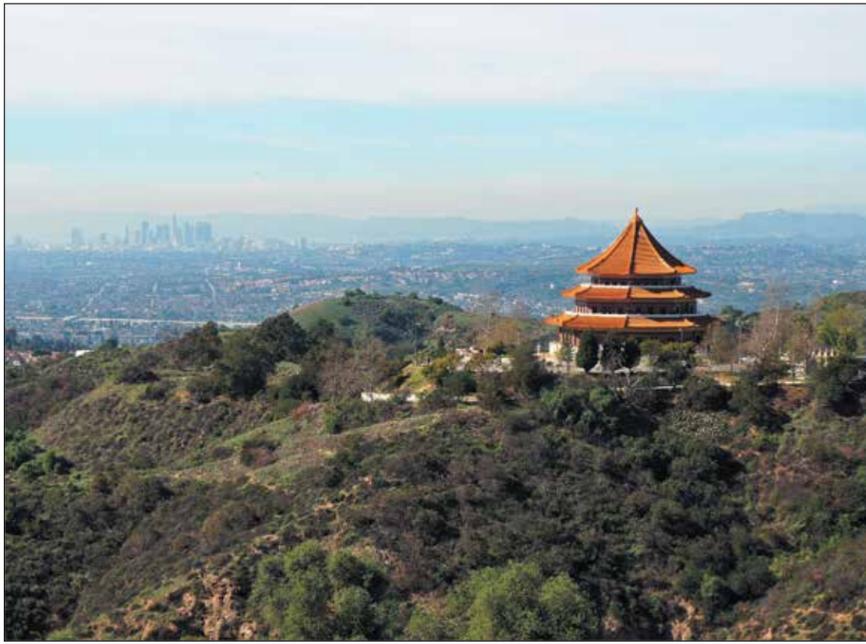
Only Joann Chen knew that she wanted her husband dressed prior to the cremation, Rose Hills attorneys further contend in their court papers.

"If she wanted to ensure that her husband was dressed according to her wishes, she had an obligation to mention it during the at-need funeral arrangements," cemetery lawyers state in their court papers.

A hospital supervisor told a Rose Hills transportation driver that the Chen family had dressed Mike Chen "behind her back" before the remains were taken to the mortuary, a violation of hospital policy, according to the Rose Hills lawyers' court papers.

Rose Hills policy calls for removing clothing on a decedent's remains upon first arrival at the mortuary so that the remains can be inspected for documentation of their condition and the body was covered with a white linen sheet "consistent with the Buddhist belief that any covering on decedent at the time of cremation should be modest, thereby emphasizing the importance of the decedent's soul leaving his physical body as he enters the afterlife," according to the Rose Hills' lawyers pleadings.

The suit was filed in September 2022 and states that Mike Chen was terminally ill with cancer at the City of Hope



in Duarte on June 16, 2022, and his death was expected soon, so Joann Chen met with a mortuary representative at a Rose Hills office in Alhambra to prepare for her husband's funeral and told her that the family would dress her spouse in clothing that he had chosen according to his Buddhist faith.

The representative said she was aware of the importance of the dressing request and assured Joann Chen it would be honored, the suit states.

Under Buddhist tradition, it is important for the deceased to be dressed properly with shoes on when either buried or cremated with full attire so the deceased can have a proper afterlife. In addition, Chinese

culture and tradition requires that the deceased be buried or cremated with full clothing on because not doing so is a showing of "utmost disrespect and disservice to the deceased and it also means that the family did not fulfill their due diligence in having the proper burial for the deceased if there is no clothing," according to the suit.

Buddhists believe that if the deceased does not have shoes on during cremation, he or she will be unable to walk in the afterlife and will not be able to travel "on the road of the passing," according to the suit.

Mike Chen died June 22, 2022, and his widow and oldest son, with the help of two nurses,

dressed him in clothing and shoes that he had chosen for his cremation, the suit states. His two grandchildren had written two personal farewell letters to their grandfather and these correspondences were to be buried with him so he could "have something forever from his two dearest grandsons that he loved the most," the plaintiffs say.

The two letters were placed inside the pocket of the jacket that Mike wore, but allegedly were not with him when he was cremated.

Joann Chen was denied permission by Rose Hills to view her husband's July 5, 2022, cremation, but the family was not told in advance about when

it would take place, the suit states. The mortuary allegedly apologized to Joann Chen the next day and told her she could pick up her late spouse's ashes and urn.

Twelve days later, a Rose Hills representative surprised Joann Chen by calling her and saying she could pick up Mike Chen's clothing and shoes, the suit states.

"Joann had an emotional meltdown," the suit states. "She then realized that Mike Chen was cremated without his shoes and clothing."

Asked what could be done about the alleged mistake, the supervisor told Joann Chen and her son, "The best I can do right now is refund you about \$800 back," leaving the two Chens "dumbfounded," the suit states.

Rose Hills also later offered to cremate Mike Chen's personal attire and belongings, pour and mix the items into his ashes with a new urn and conduct a ceremony with Buddhist monks, the suit states.

The Chen family refused the offer because it did not provide "any meaningful accountability by Rose Hills for such a grave mistake," which brought "shame and disgrace" to the family, traumatized them with "incomprehensible duress" and "created both cultural and religious violations for the family," the suit states.

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Whittier High building dedicated to WWII hero

■ Yoshio Nakamura began teaching at Whittier High after the war ended.

WHITTIER – Longtime Whittier resident Yoshio Nakamura discovered his love of art while stationed in Italy as a member of the legendary 442nd Regimental Combat Team during World War II. Immersing himself in the works of Michelangelo, Da Vinci and Raphael, Nakamura began to lay the foundation for a lifelong career as an artist and teacher – a career that got its start when Nakamura was hired as a teacher at Whittier High School in 1952.

Acknowledging Nakamura's contributions as a teacher and his commitment to art education, the Whittier Union Board of Trustees voted unanimously on March 12 to dedicate the Whittier High School Fine Arts building in his honor. This honor celebrates the man who shook off the adversity of being interned with his family in WWII to become a highly decorated war hero and beloved teacher and administrator at Whittier High and, later, as Río Hondo College's first art professor.

"This is unbelievable, and I consider it an honor for the 442nd," Nakamura said. "It was really a joy to be teaching, I enjoyed working with the students. I received great support from my superintendent, and my colleagues provided a very good environment for learning. I hope having a building dedicated could be an

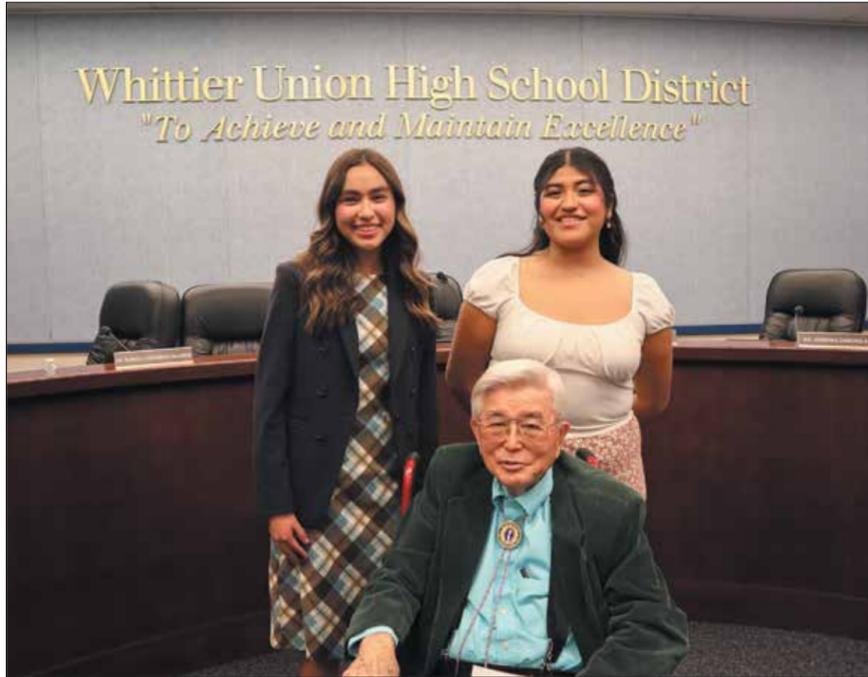
inspiration for others to enter the teaching profession."

Whittier Union Board President Gary Mendez is a former Governing Board Member for Río Hondo College, as well as a longtime student and friend of Nakamura. Mr. Nakamura, Mendez's Dean at Río Hondo, always welcomed conversations with Mendez as a student leader. Mendez has been searching for a way to honor Nakamura's contributions to the District, and brought the proposal to the Board for consideration.

Now 98-years old, Nakamura, known to everyone as "Yosh," is a Southern California native who attended schools in Rosemead and El Monte before WWII upended his life and forced him into internment camps with his father and siblings. In 1944, Nakamura enlisted in the Army, where he worked as a mortar specialist with the 442nd, an infantry regiment consisting almost entirely of American soldiers of Japanese ancestry, known as "Nisei."

The 442nd is the most decorated unit for its size and length of service in U.S. military history, with all members, living or dead, receiving the Congressional Gold Medal in 2011. Nakamura is also the recipient of a Bronze Star and the French Foreign Legion medal.

After using his GI Bill to earn a bachelor's degree in fine arts at USC, Nakamura was hired at Whittier High, where he quickly established himself as a teacher willing to give his students the freedom



Yoshio Nakamura is pictured with two students at Tuesday's Board of Trustees meeting in Whittier.

to express themselves creatively and became one of the school's most popular teachers.

In an era when individual awards for teachers were rare, Nakamura was named the Whittier Women's Club 1960 teacher of the year.

Nakamura's artistic legacy can be seen through the lens of his former students, many of whom went on to work professionally, including Academy Award-winning visual effects artist Lorne Petersen, Rose Parade float designer Raul Rodriguez, graphic designer Don Strout, glass artist Trish Duggan and Amy Yutani, who helped co-design the Seattle Seahawks logo for the National Football League.

In 1963, Nakamura left Whittier High to join the

recently opened Río Hondo College as its first professor. Nakamura would spend nearly 30 years at the College and served as an art professor, dean and vice president of community services and institutional development.

Since retirement, Nakamura has stayed active in the Whittier art community, volunteering for Whittier's Art in Public Places Committee and Cultural Arts Commission. In October 2023, the Whittier Art Gallery staged a career retrospective, "Yoshio Nakamura: 75 Years of Artistry." Nakamura donated half of his sales from the exhibit, totaling \$17,000, to

the Gallery.

Nakamura has also been closely involved with the Go For Broke program, which honors the legacy of the 442nd Combat Team. In 2015, Nakamura was one of several WWII veterans and second-generation Nisei soldiers who joined the City of Alhambra's "Go For Broke" Rose Parade float, which included 21 floral portraits of Congressional Honor Roll recipients. A

portrait of Nakamura is included in the "Go For Broke Spirit: Legacy in Portraits" exhibition at the National WWII Museum in New Orleans, currently on view until March 31.

Nakamura was married for nearly 67 years to his wife, Grace, who was also an artist and educator as well as a well-known community activist, until her death in 2017. Yosh and Grace had three children: Joel, a Santa Fe-based professional artist who contributed art for the 2002 Winter Olympics opening and closing ceremonies; Daniel, an origami artist and recently retired science teacher; and Linda, an immigration naturalization lawyer and photographer.

"What a historic moment for Whittier Union," Mendez said. "Mr. Nakamura has contributed immensely to this nation, our Whittier community, and, above all, has left a lasting impact on the lives of students. Mr. Nakamura's name and story will live on in Whittier Union. It is a privilege to endorse the naming of a building after him, recognizing his truly remarkable and impactful achievements."

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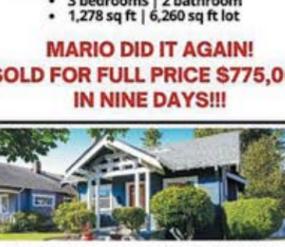
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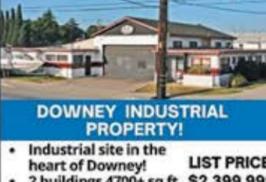
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