

The Powney Patriot

City clean-up
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Friday, October 8, 2004

Vol. 3, No. 24

11525 DOWNEY AVE., SUITE A, DOWNEY, CA 90241

Rio Hondo Clubhouse a 'dream come true'

By Henry Veneracion

DOWNEY—The dinner hosted by Downey Councilmember Meredith Perkins last Wednesday evening at the new Rio Hondo Country Clubhouse was held to honor the individuals who worked on the 23,000 square foot clubhouse. And honor them he did, as only he could. Those present, Perkins remarked, bore testimony to the "teamwork" that culminated in what is truly "a dream come true."

One by one the honorees, in some cases accompanied by their wives or husbands or mother, were introduced. They either received a gift, an award, or a well-deserved pat on the back. "They are 'doers'," Perkins said, as opposed to the class of 'quitters' and 'fence-sitters' "we are all familiar with." The pride in Perkins' voice was unmistakable as he recounted how the "team" overcame initial resistance to the idea of a new clubhouse. And indulging in a bit of philosophizing, he drew an equilateral triangle and said: "In the bottom left corner is recognition—people usually get recognition for their accomplishments. The bottom right (vertex) represents monetary reward. But it is the top vertex that probably means the most, because it represents the feeling that you have done your best." A choral group from St. Raymond Catholic School serenaded the assembled group, to start the proceedings.

Perkins paid tribute to former mayor Bob Winninghan, who served with him on the original Clubhouse Subcommittee. Along with former Community Services director Jim Jarrett, who was present and recognized for his stellar contributions from the very start, their vision of a new, enlarged clubhouse "to serve the community for years and years into the future" began to take shape, he said. He paid tribute as well to the work of Councilmember Rick Trejo, who replaced Winningham on the subcommittee.

See CLUBHOUSE, page 5



'WILL ROGERS'—Award winning actor Danny Michaels portrays Will Rogers in "The Will Rogers Follies" now through Oct. 24 at the Downey Theater. For tickets and information call (562) 923-1714.



MISS TEEN DOWNEY—Brianna Arceo, second from right, and her court are all smiles at their installation held at the Downey Theatre earlier this year. Her court consists of, from left, Teen Princess Nicole Hale, Teen Princess Jennifer Andrade, and Teen Princess Whitney Rysavy. The young ladies, along with Miss Downey and her court, represent the Downey Rose Float Association.

Rotary/YMCA Pancake Breakfast set Oct. 16

DOWNEY—Tickets are still available for the big annual benefit Rotary/YMCA Pancake Breakfast set for 7:30 a.m., to 11:30 a.m., Saturday, Oct. 16 at Downey High School.

Tickets are \$4 and all proceeds go to benefit the Downey Family YMCA Scholarship Fund.

You and your family are invited to come out and enjoy a day with your neighbors at a good breakfast, for a good cause.

Free entertainment by YMCA and other youth groups will by offered on stage throughout the morning.

For information, call George Saikali, Executive Director of the Downey Family YMCA at 862-4201 or Orlandus Waters of the Downey Rotary at 904-4287.

The high school is located at Firestone Boulevard and Brookshire Avenue in Downey.

Mini-faire Monday by the Newcomers

DOWNEY—The Downey Newcomers Club will offer its annual Mini-fair fundraiser Monday, Oct. 11 at the Los Amigos Country Club, 7295 E. Quill Drive.

Proceeds go towards the Downey Rose Float, HELPS and scholarships at local schools.

Doors open Monday at 10 a.m., for display of items donated by DNC members. A buffet luncheon is offered at 11:30 a.m. Cost is \$10. For reservations call Paul Lou Roberts at 861-2545 or Vicki Winters at 923-0471.



THIS HIGH-KICKING CHORUS LINE—Plays an important part in The Will Rogers Follies" which runs tonight through Oct. 24 at the Downey Theater. For tickets and information call 923-1714.

Candidates Forum offered Wednesday at new Rio Hondo

Sponsored by Citizens for Downey

DOWNEY—A Candidate's Forum for those running for Downey City Council will be offered Wednesday, Oct. 13 at 7 a.m. at the new Rio Hondo Country Club, 10627 Old River School Road.

The breakfast event is sponsored by the Citizens For Downey and is free and open to the public.

Come out and hear what the candidates have to say about their proposed plans for Downey, should they be elected.

In District 1 (southeast Downey), three candidates are seeking the seat being vacated by Keith McCarthy due to term limits. They are Dave Gafin, CPA; Mark Vasquez, business owner,; and Jose D. Trujillo, housing inspector for the City of Los Angeles.

In District 3 (northwest Downey) incumbent Rick Trejo is running

In District 5 (Citywide) two candidates are challenging incumbent Mayor Kirk Cartozian who is running for reelection. They are Gary De Remer, a local businessman and Xaviar Reyes, a former candidate for the Assembly District.

For information call Mike Prokop at (562) 861-5113.

Gafin

David Gafin, 1st District candidate, is the current President of Gangs Out of Downey (GOOD) and Chairman of the Downey Planning Commission. He told The Patriot his goals are to "keep our community safe, to enhance activities for children and seniors, to ensure Downey's economic growth, to keep our police/fire local, to oversee development of the Downey Landing site, to enact legislation to benefit all of us, and to wisely use your tax dollars, and to LISTEN to you."

He adds his career and experience in accounting and finance especially equip him to make intelligent choices affecting the community and would be of real benefit on the Council during the current budget crisis.

Vasquez

Mark Vasquez, who also is running for the 1st District, says he really cares about "our community and the quality of life for our citizens." His active participation over the last 15 years in community and city committees have, he said, led him to articulate his goals for the city as revolving around 1) prodding it to positive growth, 2) fighting the rampant crime, gang and drug problems by working closely with community organizations, and keeping our own fire and police departments, 3) code enforcement—protecting the neighborhoods and commercial areas from deterioration, and 4) promoting a more peaceful and friendly environment within all levels of city government for a more interactive community.

Trujillo

Trujillo, also a candidate for the 1st District seat, also a longtime resident of Downey, says he lost by a whisker to McCarthy in the last election. He said he has never given up on winning a seat on the Council, because he cares for the community in which he lives. He works as a housing inspector for the City of Los Angeles. He says all things that he envisioned and espoused in past years—the removal of electrical wires from above city streets, the skate park, the movie industry's location here and the new Kaiser Hospital—have all come to pass. He wants to meet the voters face-to-face so that they get to know him. The U.S. Army veteran says he will be visiting folks at their homes. He adds his work as chair for the Asian Pacific State Employees Association has given him a unique perspective on how to maintain a positive channel of communication between employers and employees.

And he wants to work closely with the Downey Unified School District and get students involved with the socioeconomic development that he said will swirl here when industry moves in and opens doors to local workers.

Trejo

In District 3 (northwest Downey) incumbent and immediate past mayor Rick Trejo is running unopposed. He says his goals for his second torm include:

1) To continue to work on the NASA/Boeing property for final completion; a) a retail center needs to be completed; b) movie studios may need city input on an open lot lease, c) continue to develop the Learning Center/museum and park.

2) Continued development of the downtown by bringing in new restaurants and other retail business.

3) A restaurant row area either downtown or elsewhere in the city.

4) Continued support and expansion of positive community programs such as Keep Downey Beautiful and Neighborhood Preservation.

In the 5th (city-wide) District, Mayor Kirk Cartozian faces two challengers. They are:

DeRemer

Gary DeRemer has many service affiliations including Downey Rose Float Association, Chamber of Commerce, Holiday Lane Parade, Street Fair, Boy Scouts, Warren Grad Night, Arc Walk, and Rotary.

DeRemer says his experience in managing two businesses have taught him the importance of working with people and showing professionalism at all times. He would conduct council business in a more professional manner. And he would listen for new ideas coming from the ranks and Page 2 Friday, Oct. 8, 2004 **■** The Downey Patriot



GINNY WILLIAMS—Gives Staff Sergeant Roger W. Van Orden a box of comfort items for U.S. troops abroad. The Downey Adventist Church is collecting comfort items at its Craft and Art Fair Sunday, Oct. 17.

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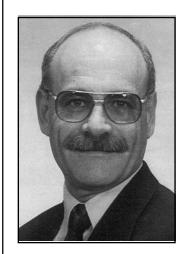
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Church collecting items for soldiers

DOWNEY—The Downey Adventist Church, located at 9820 Lakewood Blvd., is collecting comfort items for distribution to U.S. soldiers abroad during its Craft and Art Fair Sunday, Oct. 17 from 9-5 p.m.

Needed are such items as powder, lotion, unscented baby-wipes, snack foods, underwear and socks for men and women. Make sure the items are in small containers to allow the soldiers to carry them.

After you drop off your items, you are invited to stay: there will be lots of items on display as well as for sale. There will also be Mexican food for sale. All proceeds from the food go to the church building fund.

For information, call the church office at 861-1899 or visit www.downeychurch.org.

Church celebrates 150th year Oct. 17

DOWNEY—The Downey United Methodist Church will celebrate the final event of their sesquicentennial year Sunday, Oct. 17 with a community open house from 2-5 p.m. Cake, coffee and punch will be served

All Downey churches, synagogues and other religious organizations, as well as local civic organizations, have been invited to join in the celebration of the historic milestone, during which the congregation will share the church's rich history with the local community.

Call the church office at 861-9777 for more information.

Jewish philosophers discussed Oct. 19

DOWNEY-Mark Barnett, who teaches at CSU-Long Beach in their Senior University Program (for people over 50), will discuss some of the more prominent Jewish thinkers and the impact their ideas had on other non-Jewish philosophers at the EZRA Center for Mature Adults meeting Tuesday, Oct. 19, at Temple Ner Tamid, 10629 Lakewood Blvd. in

The talk, "Jewish Philosophers - from Phil to Spinoza" - will occupy the 10 a.m.-12 noon slot. The Center, which meets on the 1st and 3rd Tuesday of each month, offers "very entertaining, stimulating, and educational programs for adults in a warm, friendly environment."

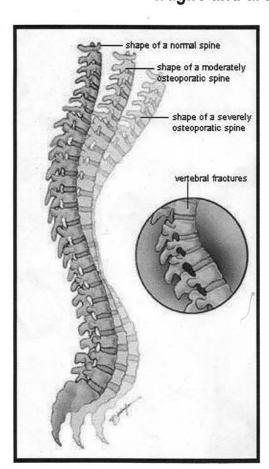
For more information, call the Temple office, 861-9276.



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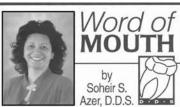
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If you suffer from migraine headaches, a visit to the dentist may be of help. According to recent research, the jaw-clenching muscles of migraine suffers enlage and strengthen to the point where they are 0% larger and generate significantly higher bite forces than people who do not experience migraines. Those who experience headaches (as well as scalp tenderness) soon after they awaken display considerable evidence of nocturnal jaw clenching. Patients with such symptoms may be helped by a specially developed mouthpiece that covers only the upper two front teeth while they sleep. The NTI Tension Supperssion System proved to reduce migraine attacks by 77% among 82% of migraine suffers who used the system for eight weeks.

This column on "Migraine Prevention" has been brought to you in the interest of better dental health. We provide the best oral care possible by evaluating your needs individually. We'll explain our findings and recommendations. Together we'll choose your best treatment plan. Whether you need answers to your questions about your headaches, or just an appointment for you next regular checkup, we invite you to call us at (562) 923-3714. We're located at 10800 Paramount

Blvd., Suite 307. Suppression System prevents canine teeth and molar contact to the extent that noctunal jaw-clenching intensity is reduced to one-third of maximum.

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ROBERSON INSTALLED - The Kiwanis Club of Downey Los Amigos held their 40th Installation of Officers and Directors Sept. 30 at the newly finished Rio Hondo Country Club. Claudia Parras, Lt. Governor, Division 13 of the Kiwanis, thanked Past President Kent Halbmaier and his officers and then installed the incoming officers. Steve Roberson was installed as the 2004-05 president. "The group does extraordinary things in our community and I am happy to have the opportunity to work among such a fine membership dedicated to helping children," stated Roberson. He is pictured with his wife,

Networkers meet at Nordic Fox Oct. 12

DOWNEY—Downey Chamber of Commerce members Nick Adams of Infinity Financial Services, Inc., Rich Bjerrum, HHP, of Sears Hearing Aid Systems, and Dr. Arnold Mariscal, FICPA, of Mariscal Family Chiropractic, will be the guest speakers at the Rise 'N Shine Networking Group's meeting Tuesday, Oct. 12 at Nordic Fox, 10924 Paramount Blvd. The meeting is at 7:30 a.m. RSVP: 923-2191.

Food safety topic at Oct. 20 meeting

DOWNEY-Maurie Thomas, manager of Caldwell and Sons, Inc., will speak to the Eldorado Chapter of the American Business Women's Association Wednesday, Oct. 20 at their monthly meeting at the Rio Hondo Country Club, 10627 Old River School Road in Downey.

His topic: "Food Safety: How Packaged Vegetables Are Made." He will also talk about growing alfalfa sprouts, as well as the time-saving and health benefits of fresh packaged vegetables. Thomas is a 20-year member of the Downey Sertoma Club (Service to Mankind).

Networking begins at 5:30 p.m. and dinner is at 6:30 p.m. For more information and/or reservations call Nada Singh at 439-1782.

Teaching preschool kids how to read

DOWNEY—The Downey City Library is offering a free class for parents to help their preschool chidden with early literacy. The class, "Every Child Ready to Read," will be offered Tuesday, Oct. 12 and Thursday, Nov. 9 from 10:40 a.m.-11:10 a.m. in the Young Adult area of the library. While Instructor Claudia Dailey will give parents techniques for helping young children get ready to read in school, their preschool children in the meantime attend a library storytime at 10:30. You may register at the Adult desk or call 904-7360, Ext. 23, for infor-

mation. The library is located at 11121 Brookshire Ave.



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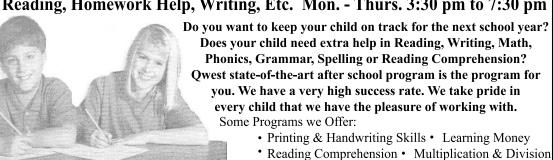
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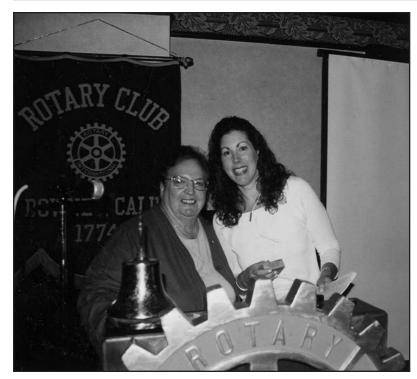
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SHOWING APPRECIATION — Mary Carter, Director of Clinical Services at North American Partners in Pain Management, recently addressed the Rotary Club of Downey, the largest service organization in Downey. Rotary President-Elect Carol Pearce, left, presents a thank-you gift to Carter for her presentation. Downey Rotary meets every Tuesday at noon. For membership information call Pearce at 622-1452.

Author to speak at library Oct. 11

DOWNEY—California historian and author Ronald Woolsey will speak and sign books at the Downey City Library Monday, Oct. 11 from 7-8 p.m. in the Cormack Room. Woolsey, a teacher and author of the critically acclaimed "Migrants West: Towards the Southern California Frontier," will discuss his latest biography, "Will Thrall and the San Gabriels: a Man to Match the Mountains.

The book documents the life of Will Thrall, who explored the San Gabriel Mountains from the 1880's until the 1960's. Thrall promoted conservation of mountain resources, worked on the Mount Lowe railroad and edited Trails Magazine. A weekly columnist for the Los Angeles Times, Thrall documented tent camps and historic cabins, identified geologic formations and discovered lost pioneer routes and Indian trails. Author Woolsey says, "To accomplish things that endure beyond a lifetime is what Will Thrall intended in his pursuit of the San Gabriels. I hope that my 8 years of study do justice to Thrall's 7 decades of mountain contributions." Copies of his book will be available for purchase and signing at this event.

For reservations, call the Adult Information desk at 904-7360, Ext. 32. The Downey City Library is located at 11121 Brookshire Ave.

Free landscape workshop tomorrow

DOWNEY—A free workshop on landscaping featuring talks with experts in the field will be offered from 8 a.m. to noon tomorrow, Saturday, Oct. 9 at the Barbara Riley Community and Senior Center, 7810

Featured speakers will include landscape architect Graham Stanley, and topics will include rain birds, irrigation, bio contractors, composting

The event is sponsored by the Downey Public Works Department.

Cancer support group at DRMC

DOWNEY - Downey Regional Medical Center hosts a free cancer

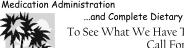
support group each Wednesday from 4 to 5 p.m.

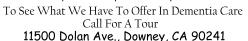
The hospital is located at 11500 Brookshire Ave. For more information call 806-2790.

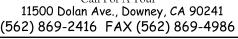
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Annual city-wide clean-up Oct. 23

DOWNEY—For the 16th year, the city's annual city-wide clean-up known as "Operation Brightside" sponsored by Keep Downey Beautiful takes place Saturday, Oct. 23 from 9-10 a.m., when as community members you will have the opportunity to pitch in and be able to make a difference in keeping your community clean and beautiful.

The hour will be devoted to cleaning city streets, vacant lots, alleys, parking lots, sound walls, areas of the railroad tracks and some city parks. All participants must pre-register for this cleanup. To register/for more information, call the office of Keep Downey Beautiful, 904-7159, or email crowland@downeyca.org.

After-school programs to be toured

DOWNEY – The City of Downey Community Services Department will host their first annual celebration of after-school programs on Oct. 14 at 2:00 p.m. in the patio area of the Downey Theatre. The event will include a bus tour of three current after-school programs within the city, including ASPIRE, GRASP and a Child Care site at Imperial Elementary School.

The event, which commemorates the fifth anniversary of the nationwide program, 'Light's On Afterschool,' will highlight several collaborative after-school programs between the City of Downey and the Downey Unified School District to help bring awareness to the important role of after-school programs in the lives of children, families and communities. Lights on Afterschool is a project of the Afterschool Alliance, a nonprofit organization dedicated to ensuring that all children have access to quality, affordable after-school programs by 2010.

For more information contact Lauren Buchanan at 904-7238.

It's 'ghosts, ghouls and goblins' time

DOWNEY—The City of Downey Community Services Department is offering a Halloween-themed night for children ages 5-10 Friday, Oct. 22 from 5-6:30 p.m. at the Barbara J. Riley Community & Senior Center, 7810 Quill Drive, where they will make 3 "Spooktacular" Halloween crafts and otherwise engage in fun and ghoulish activities.

Fee is \$6 per child. Information: 904-7223.

Beginning chess class for kids

DOWNEY – A six-week youth chess class for children ages 6-11 will be held at the Barbara J. Riley Community & Senior Center, beginning Wednesday, Oct. 20.

At the class students will learn the basic principles of chess, from beginning to intermediate levels of skill and comprehension.

Fee for the class is \$40 and classes run from 3:30-5 p.m. For more information or to register, call 904-7223. The class is being sponsored by the City of Downey Community Services Department.



'AMERICAN IDOL' CENTURY 21-STYLE—Cash prizes encouraged even the shyest performers to compete in the "American Idol" contest hosted recently by Century 21 My Real Estate, as the firm took a collective break from real estate. Taking first place was the husband and wife team of J & B (Janet and Benny Baez) who sang "I've Got You Babe," while Ed Huber snatched second place with a snappy rendition of "Mack the Knife," and 3rd place winner, Cheryl Olson, dedicated the song, "Georgia," to her real estate partner, her dad Don Kay. Joked Steve Roberson, broker/owner of Century 21 My Real Estate: "We all better continue selling real estate." From left: Janet Baez, Benny Sanabria, Olson, and Huber.

City Affairs committee meets

DOWNEY - The City Affairs Committee of the Downey Chamber of Commerce meets the second Wednesday of every month at 12 noon in the board room of the Chamber, 11131 Brookshire Ave. For information call 923-2191.



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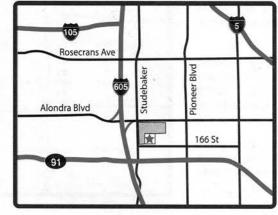
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Here's to Doris!

By John Adams

Doris Patterson, one of the great volunteer boosters of ohso-many causes dropped a piece by our office Wednesday on her recent illness and recovery.

It was too late and lengthy to make this week's edition of The Patriot, but we promise it to our readers next week, and think it will be of interest.

Doris credits her survival to the good folk at Rancho Los Amigos National Rehabilitation Center in Downey and says before she managed to get accepted for treatment there her life was a "hell."

She eloquently notes the problems with her care before then, and how it was only through the diligent efforts of friends and loved ones that she found a way out.

It should be noted that the Rancho Foundation was one of her many volunteer efforts for years before her illness.

She looked sprightly and vivacious as ever when she visited our office at The Patriot last week. Welcome back Doris! You were truly missed.

(Readers can look for her full story in next week's Patriot!)

Letter writers have challenged the allegations of a letter-tothe-editor by Joyce Sherwin concerning the stealing of signs in the current Downey City Council race. We're sorry, folks, but we have to stand by Sherwin. In this case the signs were stolen from her yard. And as a writer for The Patriot she has proven to be quite reliable through the years.

Nordic Fox marks Leif Erikson Day

DOWNEY—Tomorrow, Oct. 9, the day set aside as Leif Erikson Day in commemoration of Erikson's discovery of the North American coast in the year 1003, will be celebrated from 2-8 p.m. by Nordic Fox, a Scandinavian restaurant in Downey.

To observe the event, the restaurant is having an 'Eat Like a Viking Night', featuring a \$13.95 Viking Smorgasbord (buffet) during which foods can be eaten by hand (there will be forks). A regular menu will also be available.

You may wear your favorite Viking dress (costume) if you desire, as well as bring your camera. The manager, Joe Becker, and owner, Jane Hendricks, will be there to greet you.

Viking helmets and 'Leif discovered America' mugs will be available for sale, and some given away.

Nordic fox is located at 10924 Paramount Blvd. in Downey. For information, call (562) 869-1414.

For a bit of history, supplied by Nordic Fox: the Norsemen were not known to the other tribes living in Europe until about 800 A.D. At that time, the Vikings, as they were called, came to Great Britain and Ireland, raiding and pillaging villages.

As they lived on the seacoast and were forced to get much of their food from the seas, it was quite natural for the Viking to become good sailors.

They pushed farther and farther away from the mainland in search of better fishing areas.

Body of man identified

DOWNEY—The body of a 57-year-old man found in a van parked in the 9800 block of Hasty Street has been identified by police as that of William Ziegler.

The van had been parked near the intersection with Sanford Bridge Road for some time before the body was discovered Sept. 12.

Police said the man had been dead for some time before the body was found, and the exact cause of death has not been determined. The case is under continued investigation.

Voter registration deadline is Oct. 18

DOWNEY—Voter registration for the General Municipal Election, consolidated with the Statewide General Election, which will be held in the City of Downey Tuesday, Nov. 2, 2004, will be closing on Monday, Oct. 18. This is the last day to transfer or register to vote in this election. The Affidavit of Registration must be received by the Los Angeles County Registrar of Voters, at 12400 Imperial Highway, Norwalk by this deadline.

For more information, contact the City of Downey City Clerk's Department at (562) 904-7280 or the Los Angeles County Registrar of Voters at (800) 815-2666.

Chamber Mixer at retirement center

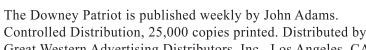
DOWNEY—The Downey Chamber of Commerce is hosting a Mixer at the Downey Retirement Center, 11500 Dolan Ave., Thursday, Oct. 21 from 5:30-7:30 p.m. The \$3 admission includes door prizes and a hosted

The Downey Patriot



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Letters to the Editor:

Playing tricks?

Dear Editor:

I've been considering the current local council race with as much disgust as interest. The incumbent seems to be ready to blame anybody he considers a serious threat with the title of "dirty trick player." The local paper seems to be only too happy to enforce these insinuations by covering only half of the story.

Case in point: the "disappearance" of campaign signs belonging to the incumbent. Last week a letter from a Downey resident was published that referred to the consequences of the missing signs to all concerned.

Coincidentally, this letter was printed right next to an ad by the incumbent that referred to stolen signs. What do you think people might infer from this arrangement? What do you think a little investigating would have revealed about the missing signs? Why, some of them were collected by Code Enforcement and returned to the incumbent's office! Code Enforcement confiscated them because they violated a city ordinance against placement too close to the public right-of-way.

Was this paper lax in its journalistic responsibility to fully investigate this blossoming story? Or, was it happy to let it develop without looking into it fully? It was very easy for me to find out the rest of the story. Was the whole thing arranged to look like there are dirty tricks being played?

I doubt that any mature adult would go around trying to make himself into the "Victim Candidate" but I could be wrong. Considered along with the real dirty tricks being played behind closed doors in trying to illegally oust the City Manager, I think the good people of the city of Downey should think very hard about who is running and vote very carefully. -Richard McAllister,

Downey

Hospital lawsuits

Readers of the Patriot who have been attempting to follow the longrunning lawsuits between Caremore and Downey Regional Medical Center will be interested to learn how the judge who is presiding over the matter has ruled so far. In a ruling handed down on Aug. 31 the court made the following findings of fact:

1. "...the Hospital was bereft of expertise in risk share accounting."

2. "The Hospital's approach to risk share accounting significantly departed from prior practice and the parties' contract. The result was that the Hospital failed to perform its risk share accounting tasks in conformance with its obligation under the Interim Agreement, made unjustified claims that Caremore had been overpaid and improperly withheld compensation from Caremore.

3. "James Karling, who authored the leading text on risk share accounting, had never seen a risk pool accounting error of that magni-

4. "Given the magnitude of the Hospital's breaches, the sums of which Caremore was deprived and Caremore's dependence on the Hospital to account for the risk share funds, substantial justice requires that Downey pay prejudgment interest."

The litigation is still moving forward on the question of whether the Hospital committed other breaches of their contract with Caremore and whether any of the breaches constituted "bad faith," justifying an award for punitive damages against the Hospital. To date, the Hospital is refusing to contemplate any settlement which would permit Caremore physicians (with limited exceptions) to refer their patients to the hospital. It is amazing to me that the Board of Directors who are charged with the responsibility to protect the interests of the community, allow this farce to continue.

—Stephen P. Oliver, **Past Hospital Board Member**

Naming of space learning center gains approval

Congresswoman Lucille Roybal-Allard (CA-34) announced this week passage of a measure she authored to name the planned space science learning center at the former Rockwell International site in Downey "The Columbia Memorial Space Science Learning Center." The measure passed the U.S. House of Representatives on Oct. 5 by a voice vote.



The following is a partial text of a statement the congresswoman presented on the House floor prior to the measure's passage:

"I am proud to rise in support of House Joint Resolution 57, which I introduced last year with my distinguished colleague, the Chairman of the Space Subcommittee, Dana Rohrabacher.

I thank Chairman Rohrabacher for his support and assistance in bringing this resolution to the floor.

This resolution, I am proud to say, has the unanimous support of the California Delegation in the U.S. House of Representatives and I thank all of them for their sponsorship.

House Joint Resolution 57 named the planned science learning center in the City of Downey 'The Columbia Memorial Space Science Learning Center.' This naming is in honor of the seven brave astronauts who lost their lives on the Space Shuttle Columbia on February 1, 2003.

The City of Downey, which I'm proud to say is in the 34th Congressional District I represent, was home to the former Rockwell International plant where key components of NASA's space shuttle fleet, including Columbia, were built. The history of America's space program runs deep through the fabric of Downey, where virtually everyone in the city boasts of having a relative or a friend who played a role in engineering or building our nation's space shuttle fleet.

When NASA closed the shuttle manufacturing facility, it was Downey's great pride in its space heritage that motivated city leaders to incorporate a space science learning center as a cornerstone of its economic redevelopment plan.

Former Rep. Steve Horn's early support was key to this effort and his ability to secure federal resources for the center was instrumental in moving the project forward. I am pleased to continue his work and to be able to finalize the trans-

fer of the former NASA site from the State of California to the City of When completed in 2006, the learning center will memorialize the

Columbia astronauts, the rich space history of Downey, and all who helped realize our nation's dream of space exploration.

Downey has contracted a historian who is familiar with aeronautics development and its social context in Southern California.

The historian's work will be the principal source for history oriented exhibits and programs at the center.

The Columbia Learning Center, however, is also about the future of space exploration.

Downey's leaders recognize that the city's legacy goes beyond astronauts, aeronautical engineers, or the shuttles, Apollo modules, and moon capsules that were built in Downey during the last half-century.

They know the future lies in our youth.

The Columbia Memorial Space Science Learning Center will therefore design programs and exhibits to excite our youth about the sciences and to inspire them to become our country's future astronauts, scientists, and engineers who will explore the universe and make discoveries we can now only imagine.

CANDIDATES

He says he believes in a balanced budget, and decries the deficit. Small savings can add up to saving an employee's job. And he would promote better access to Council meetings through cable.

Reyes

Xavier Reyes, 40, works in the New School Planning Department of the L.A. Unified School District, and says the city can do better by improving neglected areas in its southern portion. He believes in fixing things like broken windows, before the problem becomes worse, and would bring this approach to deal with gangs and graffiti and crime. He is a former candidate for the State Assembly, and has a B.A. in Political Science from San Diego State and a Masters in public administration from CSU-L.A.

Cartozian

Incumbent Kirk Cartozian seeks reelection because he says he truly cares for Downey, and that his energy and drive can make the city a better place. He says he has no allegiance to any faction or group, and vows to continue to represent the people, promising to listen to the public voice.

He taught history and government for seven years at Downey High School before entering a program in pursuit of a masters degree in city planning and real estate at USC last year.

CLUBHOUSE

Given kudos were Finance Director John Michicoff and Assistant to the City Manager James Makshanoff, as well as Building Official Linda Haines and Deputy Building Inspector Ron LeVar. Arlene Cartozian, mother of the current mayor and an artist in her own right, was also commended for donating the piece of sculpture, "Hole-in-One," that graces the lobby.

Councilmembers Keith McCarthy and Anne Bayer were recognized, as were Fire Chief Mark Sauter and City Clerk Kathleen Midstokke. Community Development Director Darrell George was wished Godspeed in his new job as city manager of Duarte. Also sharing in the plaudits were Fay Campbell, Lucy Wilson and City Council secretary Shirley Conte.

Rio Hondo's head chef Rafael and his assistants were introduced, as was food and beverage operator Mark Shelton. Also praised for their work were maintenance chief John Rodriguez and head pro Steve LaBarge.

The highest praise, however, was reserved for the trio of Asst. City Manager Lee Powell (who was not present), Public Works Director Desi Alvarez and Community Services Director Bonnie Kehoe. It was they, Perkins said, who really bore down and saw the project through to completion. Each received a \$1,000 check for "exceptional performance."

"Building a team that'll build the future is what it's all about," Perkins

Arc open house Oct. 15

DOWNEY—Arc of Southeast Los Angeles County (formerly Association for Retarded Citizens), 12049 Woodruff Ave.), invites the public to its Open House Friday, Oct. 15 from 9 a.m.-4 p.m. Tours of Arc's 24 programs and services will be featured throughout the day, with Arc associates ready to show the public how these services benefit people with developmental disabilities.

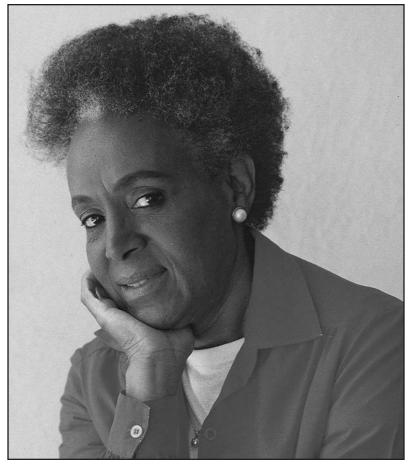
For more information, call 803-4606.



CADET PRIVATE FIRST CLASS—Cameron Tait Nordbak, son of Mr. and Mrs. John Eric Nordbak of Downey, has successfully completed introductory training at the Military Academy in Harlingen, Texas. Founded in 1965, the Marine Military Academy is the only independent, college preparatory school in the world based on the customs and traditions of the U.S. Marine Corps.



THIS COYOTE—Reports Downey Code Enforcement Officer Mark Detterich, was found on Paramount Blvd. and Fourth Place, approximately 1-2 miles from the riverbed where it likely came from. SEAA-CA was called by Dispatch for pick-up. Previous reports from homeowners of coyotes running on their property have been received. Coyotes are nocturnal hunters and in urban areas range the neighborhoods looking for small domestic pets and other edibles.



PROFESSIONAL STORYTELLER—Barbara Clark, whose national reputation in the field of literacy has been acknowledged by the U.S. Dept. of Education, is the OASIS speaker Monday, Oct. 11 at Downey Adult School, 12340 Woodruff Ave. Her topic is "Small Town America." She has a B.A. degree from Howard University and a masters in Literary Science from USC. Information: 940-6200.



ST. RAYMOND'S NEW HUBBELL SCIENCE LAB—Was blessed and dedicated Oct. 1 with Fr. John Higgins officiating. A plaque was hung in the new lab honoring Dr. and Mrs. David Hubbell, the Weingart Foundation and St. Raymond's Parish for their generous donations towards the facility's completion. Above, from left, front row: Rosemary and Dr. Hubbell; back row: Sister Meg Dullaghan, Fr. Higgins (Principal), and science teacher Marc Nuno.

Pastor and wife's appreciation services

DOWNEY—The Love, Peace and Happiness Family Christian Fellowship, located at 11022 Old River School Rd., is celebrating their Pastor & Wife, Bishop Leon & Jacqueline Martin's, 30th Appreciation Service in the Pastoral Ministry Sunday, Oct. 10 at 3:30 p.m.

Joining the celebration will be Bishop Napoleon Rhodes of New Jerusalem Christian Fellowship, Apostle Kenneth Green, Sr. of Messiah Full Gospel Baptist Church and other pastors in the surrounding cities.

The public is invited. For more information or for transportation, call

Emergency Preparedness for Downey

DOWNEY – The Emergency Preparedness Committee for the City of Downey meets every third Wednesday of the month at 6 p.m. at the Barbara Riley Community Center, 7810 Quill Drive. For information call City Hall at 869-7331.

Downey Seventh-day Adventist Church



YOUR

PAPER

HOMETOWN

American International Culture and Art Association presents an **Art Show and Craft Fair**

October 17 - 9 a.m. to 5 p.m.

9820 Lakewood Blvd. - 562.869.6013 http://www.downeychurch.org

The poets' corner

Ode to a Temptress

You tempt with youth And wine and gold But I am rich And fat and old

In truth I have No need for thee Except in joyful Memory -Richard Thormodsen, **Downey**

Opportunities available for area seniors

DOWNEY – Do you have time on your hands? Are you tired of the Rat Race? If so, Downey Seniors offers a solution.

Downey Seniors, a group open to people age 55 and over, meets every Tuesday with live music and dancing from 9:45 to 11:15 a.m. A light lunch with coffee or tea is served. Additionally, there is card playing until 2:30

The group also hosts Saturday night dances the third Saturday of every month, and four large celebrations at the country club every year.

Cost is \$4 for one year's membership and \$2 per event. For more information, call Nadine Morris at 923-9422.

Women's Club presents 'Country Fair'

DOWNEY – Downey Christian Women's Club invite the community to their friendly lunch meetings, held on the second Wednesday of every month at Los Amigos Country Club at 11:45 a.m.

"The Country Fair" is this month's (Oct. 13) theme and Maria Cuenco-Ursu will be the guest speaker. Norma Roberts will provide the musical

Reservations are requested by the Monday before the luncheon, which may be made by calling Ginnie at 927-8488 or Lisa at 928-6269. Price is

P.E.O. chapter to hold luncheon Nov. 6

DOWNEY-The Social Committee for Chapter OP, P.E.O Sisterhood, will hold a luncheon Saturday, Nov. 6 at the Rio Hondo Country Clubhouse to celebrate the chapter's 50th anniversary. P.E.O. is a philanthropic and educational organization interested in bringing to women increased opportunities for higher education.

Elvis performing live this weekend

SOUTH GATE - 'Elvis' and a live band will entertain this weekend at Le Chef restaurant, 8724 Garfield Ave., Suite 101 in South Gate. For reservations or information, call 776-6067.

Downey **Church Directory**



MESSIAH LUTHERAN CHURCH

TRADITIONAL WORSHIP . . SUN.8 A.M. ESPANOL . . 9:30 A.M. PRAISE SERVICE . . 11 A.M.

> REV. NORMAN STOPPENHAGEN, RAMON CONTRERAS, VICAR

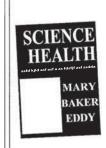


Action Faith Ministries Pastor: David Sarinana 0839 La Reina Ave. Downey, CA 90241

562-862-7720

Thursday Mid-Week Service 7:00pm Sunday Worship Service 8:30am

Please come and listen to a powerful message that will challenge you to make personal changes in your mind, body, and spirit. Your life, your family, your finances, and your future will never be the same after you experience these awesome teachings from the Word of God. Join us at Action Faith Ministries where the development and the forming of leaders is taking place.



Christian Science Reading Room 10813 Brookshire Avenue, Downey (562) 869-0511

HOURS. MON-TUE-THURS&FRI 11am-3pm Wed 4:30-7:30pm Recieve a FREE GIFT when your purchase THE BOOK "SCIENCE and HEALTH" with key to the SCRIPTURES.

Come and spend time in a quiet enviroment WE WELCOME YOU TO VISIT OUR CHURCH

Sunday Service 10 A.M.

(Sunday school for pupils up to age 20 at the same hour)

KIRK CARTOZIAN DOWNEY CITY COUNCIL

City-Wide, District 5 • Nov. 2

RE-ELECT

✓ LEADERSHIP ✓ EXPERIENCE

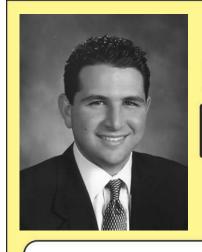
✓ DEDICATION

WANT A LAWN SIGN OR HAD YOURS STOLEN?

Leave a message at (562) 310-8630 or email at KCartozian@cs.com www.KirkCartozian.com

Ad paid for by the Committee to Re-Elect Kirk Cartozian Contributions by check are appreciated and can be sent to: P.O. Box 40777 Downey 90239

COMES **EVERY** FRIDAY!



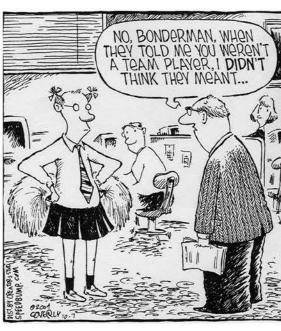
Page 6 Friday, Oct. 8, 2004 Comics/Crossword_______The Downey Patriot

SPEED BUMP

DAVE COVERLY

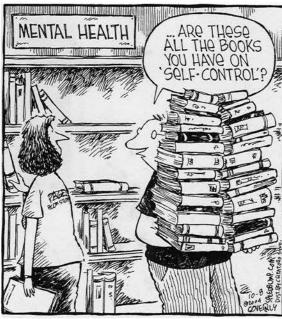












The Downey Patriot

Downey Community Calendar

Events For October

Fri. Oct. 8, 8:00 p.m.: "The Will Rogers Follies" musical presented by Downey Civic Light Opera at the Downey Theatre, 8345 Firestone Blvd. Though Oct. 24. For information call 923-1714. Mon. Oct. 11, 7:00 p.m.: Author Ronald Woolsey frontier historian will speak. Also book signing at Downey City Library, 11121 Brookshire Ave. For information call 904-3360, extension 32.

City Meetings

1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 7:30 p.m.: Planning Commision, Council Chamber at City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall. 2nd & 4th Tuesday, 7:15 p.m.: City Council/Community Development Commission, Council Chamber. 2nd & 4 th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall. 3rd Wednesday, 6 p.m.: Emergency Preparedness Committee, Barbara RileySenior Center. 3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

6 p.m.: Downey Elk's bingo games, at the Elks Lodge, 11233 Woodruff Ave., for information call 803-3636. 6:30 p.m.: Overeaters Anonymous, at Downey Med. Center Conf. Room A, for information call 426-6786. 1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790. 1st and 3rd Mons., 7 p.m.:Downey Post 270, American Legion, for information call 861-8082. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481.

2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159.

Tuesdays 9 a.m.: Downey Bocce Club, at Apollo Park, for information call Perry Michienzi at 869-8782. 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. **12 p.m.: Downey Exchange Club,** for information call Don at 927-5871.

12 p.m.: Rotary Club, at Embassy Suites, for information call Dan Fox at 862-0744. 6 p.m.: Toastmasters Club 587, at First Baptist Rm. 115, 8348 E. 3rd st.

7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478.

7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659.

7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802. 1st and 3rdTues., 6:30 p.m.: Quota International Southeast Cities, for information call (323) 569-2854. 2nd Tues., 8:30 a.m.: Women's Agape, at Los Amigos Country Club. for information call (562) 622-3785. 2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox. for info. call (562) 923-2191.

2nd and 4th Tues., 6 p.m.: Sertoma Club, at the Nordic Fox. for information call (562) 927-6438. 2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904.

3rd Tues., 7:30 p.m.: Writer's Workshop West, at 9968 Lakewood Blvd., for info call 862-3106. 3rd Tues., 1:30 p.m.: Huff and Puff Respiratory, at DRMC Support Group, call 904-5355.

Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

Wednesdays

12:10 p.m.: Downey Lions Club, at Rancho Los Amigos Hospital Cafe, for information call 861-2899. 1 p.m.: Women's Bocce Club, for information call 869-8782.

6 p.m.: Downey Space Toastmasters Club 513, at Rancho Los Amigos Medical Center, for info. call Mark at 803-5203.

1st Weds., 10 a.m.: Woman's Club of Downey, for information call 927-0271 or 861-3493. 1st Weds., 11:30 a.m.: Downey Coordinating Council, for information call 927-9790.

1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028.

1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386. 2nd Weds., 7 p.m.: Downey Jr. Chamber of Commerce, for information call 867-1087.

2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 869-5444.

2nd Weds., 11:45 - Downey Christian Women's Club, at Los Amigos CC. Call 927-8488.

3rd Weds., 7:00 p.m.: Diabetes Support Group, at DRMC, for more information call 622-2088. Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

Thursdays

7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534. 7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414. 9 a.m.: Senior Californians of Downey, (a social activities club for senior citizens), for information call 803-6887. 12 p.m.: Downey Christian Businessmen's Committee, for information call Norm Sipple at 927-1431. 12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 806-3701.

12:30 p.m.: Take off Pounds Sensibly, at United Methodist Church, call (626) 965-9991.

6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176.

WWW.STANXWORDS.COM

7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 803-4571.

4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777.

2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D Jones at 923-2400.

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618. 10 a.m.: Compulsive Eaters Anonymous H.O.W., at 1st Christian Church. Call 884-5799.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com) TAG LINES: What some license plates say by Fred Piscop

ACROSS

- Somewhat strange
- 7 Not perfect 13 Like tasty cake.
- perhaps Boilermakers' school
- Gun attachment
- 21 ICBM part
- 22 Singer Easton
- 23 TENNESSEE 25 Pulls in
- Some coastal cities: Abbr.
- 28 "Nothing doing!" 29 Relative of
- "Va-va-voom!" Cool treats Obedience-school
- Ante-kin
- 37 OKLAHOMA Carpet cleaner, briefly
- "La Vie en Rose" 46 Skirt length
- 47 Climber's spike 48 Pick on
- 50 Nursery beast A little, musically 52 Daiquiri ingredient
- Sketcher's need 54 Fill to excess
- Grad Tijuana tender
- ITAR-Be a ham
- Bridge bid, briefly British racing site
- "What's the ?"
- ("Who cares?") World finance org.
- NORTH CAROLINA 75 Tips, as a hat

- Lose traction WWI French marshal 85 go there!"
- A.D. part 87 Lack of strictness Burnish

91

Gil _ (Le Sage novel) 95 Acid in proteins Almanac section bit (slightly)

Chucklehead

- Pre-coll. exams 100 kwon do 101 MONTANA 105 Born, in bios
- 106 Blow it 107 **Restaurateur Toots** 108 Made better
- 110 was saying . 113 Revue bit 115 Italian dessert
- **118 IDAHO** 122 Not so cluttered 126 Loud, as a crowd Some magazine
- articles 128 Aerie youngster 129 Wash lightly 130 Shakers founder
- DOWN
 - Photo (media events)

131 Sensory elements

- "I should've known that!"
- Rap star Dr. _
- Exemplary Beachgoer's acquisition 6 Fast-food warmer

- 7 Quarterback Doug 77 TV host Stewart 78 Riverboat wrecker Camera protector "Go on . . . 10 Fields and Handy
 - Brain scans: Abbr. 12 Pays a visit 13 Centrally located,
 - in a way 14 Toronto's prov. 15 Lay __ thick
 - 16 Interstate hauler Fearsome dinosaur 19 FICA funds it
 - 20 Summer Games org. 24 Ear-related 26 Sine, e.g. 29 Ran against
 - 30 Paper craft 31 ALABAMA Mideast ruler Frame, perhaps Machu Picchu
 - dwellers Spectrum portion Three Coins in the Fountain setting
 - MAINE 42 Buyer's caution Cartoon collectibles They may be shuffled

49

- "Inner" word form 53 Ritzy Corn or form starter Single-celled creature
- Epic tale 62 Kind of apt. Guesser's phrase
- Dollar divs. 68 In doubt Impresario Ziegfeld Auto roof style

73 Sea cow

- 100 113 123 124 125 128 131
- 74 Practiced good dental hygiene

CREATORS SYNDICATE © 2004 STANLEY NEWMAN

- 79 Montreal skaters, in headlines Shutter feature Sutra
- Eat Cake Valhalla VIP Rafter eaters Marc Antony foe
- PC screens Wrecked vessels "Indeed!" 90 Indiana senator
- (Gershwin musical)
- Wire-haired pooch 102 Nettles Camden Yards pro "You ain't!" rejoinder 109 Give an elbow to

110 In the distance

111 Rani's garment

- Fire" (Springsteen tune) Needing mending
- 116 Dakota Indian 117 Braying beast 119 Western treaty grp. 120 Won __ soup
 - 121 CIO merger partner 123 Out of sorts
 - 124 Lamprey or moray 125 Some NFL linemen

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

is a sequel to "Of Thee I Sing." "LET 'EM (92 Down) Eat Cake" The 1933 Gershwin musical that can be lowered or detached. roof (70 Down) has two sections cies. An automobile's LANDAU stabilization of the world's currena UN agency that promotes the International Monetary Fund, is The IMF (72 Across),



PUZZLE PRIZE CONTEST! Try Stan Newman's new weekly WordWit Puzzle™ at www.StanXwords.com

The Downey Patriot _____ Page 7 Friday, Oct. 8, 2004

YOU'RE INVITED TO THE

57TH ANNUAL ROTARY/YMCA PANCAKE BREAKFAST

Celebrating 80 years of the Rotary Club of Downey's service to the community

The Downey Family YMCA is proud of its partnership with Downey Rotary Club for 57 years. Thank you for helping us make a difference in our community. All proceeds from the breakfast go to support the YMCA efforts, not to turn any youth or families away due to financial hardship.



(562) 622-1425

(714) 229-2266



OSCAR JOSE GARCIA—Child of proud parents Osvaldo and Claudia Garcia, was baptized on Oct. 3 at Our Lady of Perpetual Help Church in Downey.

Financial Partners hosts credit seminar

DOWNEY - Financial Partners Credit Union, a leading Southern California lender, will host a seminar on enhancing credit scores, Oct. 26 at 6:30 p.m. The hour-long presentation, followed by a Q&A session, will take place in the Annex Building of the Downey YMCA located at 11531 Downey Ave. The public is invited to attend.

The seminar will include a detailed overview of what affects a credit score and what consumers can do to improve their rating. The seminar will cover such topics as:

- *What information is used to determine credit scores.
- *What affects credit ratings.
- *The importance of credit card and debt payment history.
- *Credit score inquiries.
- *How to achieve, manage and maintain a high credit score.
- *The pros and cons of credit repair companies.

Participants will also be provided with a presentation package that includes credit reporting agency contact numbers, information on how to obtain a free credit report through the credit union and a summary of the presentation for future reference. Guests will also be invited to receive a free one-on-one consultation with a credit union representative to discuss their individual credit report and score.

In addition, a drawing giveaway for a Family Four Pack of Knott's Berry Farm tickets will be given to one lucky guest.

To find out more about the seminar, call Financial Partners at (800) 950-7328 or visit www.fpcu.org.

Phone number for shopping cart retrieval

DOWNEY - Abandoned shopping carts may be reported for pickup by calling (800) 252-4613. When calling, have the street name and cross streets available.



The Wellness Column Presented by Arnold Mariscal, DC

De-Stress with Chiropractic. Imagine if you left your car running parked in the driveway with a device attached to the accelerator that kept the engine revving at 70 miles per hour. The engine and related components would soon be destroyed. Unchecked, stress can have a similar effect on your body.

Stress enhances the production of the adrenaline and the hormone cortisol, both of which are part of our bodies' "flight or fight" mechanism. When this mechanism remains constantly engaged, it wipes out the body's natural balance. Chiropractors help patients reestablish balance and stress. How? By promoting a healthy lifestyle that includes proper nutrition, exercise and chiropractic adjustments: gentle, safe maneuvers that restore balance to the spine.

One of the many unique aspects of chiropractic is its holistic approach to wellbeing. Rather than treating symptoms--such as stress--in isolation, doctors of chiropractic care for the whole person. Often, this means encouraging patients to identify the sources of stress in their lives and curb anxiety.

To learn more about how chiropractic can help you reduce the stress in your life, call Dr. Arnold Mariscal, a chiropractor and prevetion specialist, for a free computerized stress test worth \$175.00, at his office. Located at:

> 8531 Florence Ave. #102 Downey, CA 90240 (562) 904-6990 Space is limited to first 20 callers. -Paid Avertising-

Downey, Warren share spot in league standings

DOWNEY - Who knew that heading into the fifth week of the football season Downey and Warren High School would be sporting identical 2-2 records. But they are, and now both teams are locked in second place (along with Paramount) in the San Gabriel Valley League standings, collectively staring up at tough-to-catch Dominguez High School.

Those are about the only similarities shared by Downey and Warren; the Vikings being a team intent on shutting down their opponents defensively (they've allowed only 13 points in their last two games, both victories) whereas Warren prefers to let the ball fly, anticipating putting up big numbers on the scoreboard.

Both are philosophies working so far with marginal success, though Downey's strategy is one honed more out of necessity than desire.

The Vikings haven't scored more than 14 points in a game this season, and their 45 points scored thus far is lowest in the league. On the flip side, only 58 points have been scored against the Downey defensive wall, and that's best in the league.

Sophomore quarterback Keith Shelter scored on a five-yard scamper last week as the Vikings defeated Cypress 14-6. Running back Daryl Burton also contributed with a 1-yard touchdown run for Downey. Next up for the Vikings is Santa Fe, who currently sit atop of the Del Rio League with a 3-1 record.

Warren matches up against a losing Bell team tonight, so their seasonlong rhythm of win-lose-win-lose should continue with another victory. A win tonight would also give the Bears momentum heading into next week's clash with undefeated Lakewood.

Defense isn't a Warren specialty, evident by the 117 points they have allowed in four games. Still, there was a marked improvement last week when they caused six turnovers in 21-13 loss to Los Altos. The Bears didn't allow the Conquerors to score after halftime.

Quarterback Marc McCaughan completed 14 of 27 passes and connected with wide receiver Justin Lauer for an 8-yard score in the first quarter. McCaughan later ran in another touchdown on a short carry.

The junior was limited, though, in his maneuverability, as he was sacked nine times, three of the sacks coming on the final three plays of the game when Warren was trying to score to possibly tie the game.

New Downey volleyball club for girls

DOWNEY - Downey Volleyball Club, a new girls volleyball organization serving the Southeast area, is now holding tryouts in the Downey High School gym.

All girls ages 10-18 are invited to tryout, even beginners.

For more information call Bob Crowell at 927-6144 or visit www.downeyvolleyball.com.

Razorback car wash this Sunday

DOWNEY - Help support the Downey Razorback Midget football team as they hold a car wash to help raise funds for the football season. The wash will be held Sunday, Oct. 10 from 10:00 a.m. to 4:00 p.m. at the Auto Zone at 9920 Paramount Blvd.

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MVP - Darrin McCaughan of Team USA of Downey was selected "Most Valuable Player" in the USA/Mexico Labor Day baseball tournament held last month in Tijuana, Mexico. "He's a player every coach loves to have on his team," Coach Gallegos said of McCaughan.

Services held for Anna Hemsath

DOWNEY-Services were held at St. Dominic Savio Church in Bellflower for Anna Hemsath, who was born in Los Angeles and died in Downey Sept. 30. She was 77.

Married in 1948 to Robert Hemsath, they took up residence in Downey in 1951. She became widowed Dec. 25, 1994.

She and her husband were active in the community and were charter members of St. Dominic Savio. For many years active in Scouting, she even provided a poling place at her home during elections. She also became a licensed Child Care worker.

She is survived by her 2 children, Yvonne Barber and Michael Hemsath, both of Downey; grandchildren Natalie and Timothy Barber, and Tiffany, Brandon and Sara Hemsath; and siblings Carlo Napolitano and Lucia Holester of Quartz Hill. She was predeceased by siblings Antoinette George, Margaret Waggoner, Josephine Napolitano and Ella Hale, as well as 8 nieces and nephews.

Sertoma sponsoring theater performance

DOWNEY – The Sertoma Club of Downey, a non-profit organization supporting hearing/speech impaired children and adults, will sponsor a performance of the Will Rogers Follies, to be played Oct. 17 at the Downey Theater.

Tickets are priced at \$32 and the public is invited to attend. For tickets, call Sertoma Vice President Pat McCool at 862-0922.

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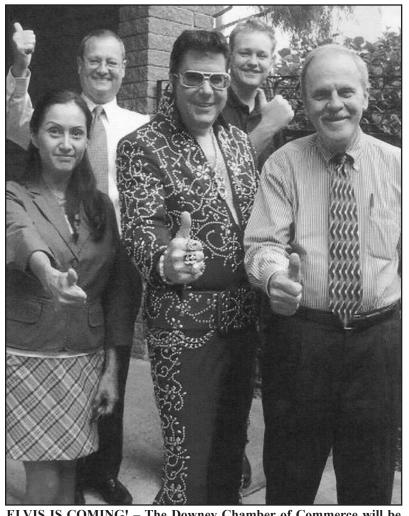
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Entertainment Page 9 Friday, Oct. 8, 2004



ELVIS IS COMING! - The Downey Chamber of Commerce will be holding an oldie's benefit concert on Saturday, Oct. 30 at 7:30 p.m. at the Downey Theatre, 8435 Firestone Blvd. Mark W. Curran (center) will be in the spotlight with his band in "The Wonder of Elvis." Also on the bill will be a tribute to the Everly Brothers. Tickets are available at \$30 from the Chamber. Pictured are members of the Membership Events Committee (from left) Tina Campos, Downey Adult School; Steve Roberson, Century 21 My Real Estate; Curran; Matt Knox, Stormforce Marketing; and Chamber President Jerry Brady, Downey Patriot. For information call 923-2191.

'Heidi Chronicles' at L.B. Playhouse

LONG BEACH—Wendy Wasserstein's Pulitzer Prize-winning comic drama, "The Heidi Chronicles," plays Oct. 16-Nov. 17 at the Long Beach Playhouse Studio Theatre, 5021 East Anaheim St. in Long Beach, across from Recreation Park. The play, comprised of a series of interrelated scenes, traces the coming of age of Heidi Holland, a successful art historian, as she tries to find her bearings in a rapidly changing world.

Phyllis B. Gitlin directs. Tickets are \$20-18, with special discounts available. For tickets/matinee performances/other information, call the box office at (562) 494-1014 (3:30-8 p.m.) Thursday thru Saturday, or visit www.lbph.com.

ALL STADIUM SEATING

RIDAY NIGHT LIGHTS PG-13 (11:00, 1:50, 4:45), 7:45

RAISE YOUR VOICE PG (11:40, 2:15, 5:00), 7:40, 10:10

* LADDER 49 PG-13 (12:00, 12:45, 3:00, 4:00), 6:30, 7:15

SHARK TALE PG (11:45, 12:30, 2:05, 2:50, 4:25, 5:10),

THE FORGOTTEN |PG-13 (11:55, 2:35, 5:05), 7:35, 10:15

RESIDENT EVIL: APOCALYPSE R (11:45, 1:40, 4:20),

NAPOLEON DYNAMITE PG (11:10, 1:40, 4:10), 7:20, 9:5

TAXI PG-13 (11:30, 2:00, 4:30), 7:00, 9:30

5:45, 7:30, 9:15, 9:45

Art show and craft fair at Adventist

DOWNEY—The American International Culture and Art Association is hosting an art show and craft fair Sat.-Sun., Oct. 16-17, at the Downey Adventist Church, 9820 Lakewood Blvd. in Downey, featuring paintings and gourds by Chris Hogan and other association members.

Saturday, a preview reception takes place from 12:30-3 p.m. while the reception and sales Sunday will run from 9 a.m.-5 p.m. A jumper will be available Sunday for the children so that you can browse the crafts and art work while the children play. The church will also be collecting items for the soldiers currently stationed in Iraq. The soldiers are in need of basic items like socks, unscented witless, lotion, underwear, and other toiletries. There will be an assortment of Mexican food for sale as well.

For more information, call the church office at 861-1899 or visit www.downeychurch.org.

'Undine' offered at the Skirball

LOS ANGELES—"Fabulation or the Re-Education of Undine," will be offered by the L.A. Theater Works at the Skirball Cultural Center, 2701 N. Sepulveda Blvd., on Oct. 6, 7, 8 and 10.

Lynn Nottage's (Intimate Apparel) new play revolves around a pregnant and seriously broke publicist (played by Charlayne Woodard, reprising her New York role), who is plunged into a topsy-turvy world of welfare moms and drug addicts. This comic rags-to-riches-to-rags tale eventually seeks the goodness within.

Times are Wednesday, Oct. 6 at 8 p.m.; Thursday, Oct. 7 at 8 p.m., Friday, Oct. 8 at 8 p.m., and Sunday, Oct. 10 at 4 and 7:30 p.m. Director is Stuart K. Robinson.

Tickets range from \$20 to \$45 and may be purchased by calling the box office at (310) 827-0889 or visit the net at www.latw.org.

Holiday pageantry plays at Powerhouse

SANTA MONICA – Avant-garde performance art and children's theater meet in one of the funniest and most irreverent holiday shows ever staged in the west coast premiere of the OBIE award-winning musical, "A Very Merry Unauthorized Children's Scientology Pageant," which opens Oct. 15 at Powerhouse Theatre in Santa Monica.

General admission tickets are \$25 (students and seniors \$20). For more information call (866) 633-6246.

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TAXI PG13 (10:30 1:00 3:30) 6:00 8:3 (11:30 2:00 4:30) 7:00 9:30 TAXI PG13 FRIDAY NIGHT LIGHTS PG13 FRIDAY NIGHT LIGHTS PG13 RAISE YOUR VOICE PG (11:00 1:45 4:30) 7:15 10:00 SHARK TALES PG (10:15 12:40 3:05) 5:30 7:55 10:2 SHARK TALES PG (11:15 1:40 4:05) 6:30 8:55 LADDER 49 PG13 (11:00 1:50 4:40) 7:30 10:20 WOMAN THOU ART LOOSED R (11:45 2:15 4:45) 7:15 9:45 (10:25 12:50 3:15) 5:40 8:05 10:3 FORGOTTEN PG13 RESIDENT EVIL: APOCALYPSE R WITHOUT A PADDLE PG13



CHRIS HOGAN—(Far right, back row) and students from the Art Class held Sept. 26 at Downey Adventist Church, scene Oct. 16-17 of Art Show and Craft Fair sponsored by the American International Culture and Art Association.

Senior bingo at Apollo Park

DOWNEY - Seniors gather every Wednesday and Friday at 10:15 a.m. at Apollo Park for Bingo. For information on joining the group, call 904-7223.



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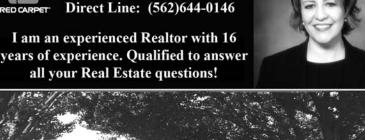
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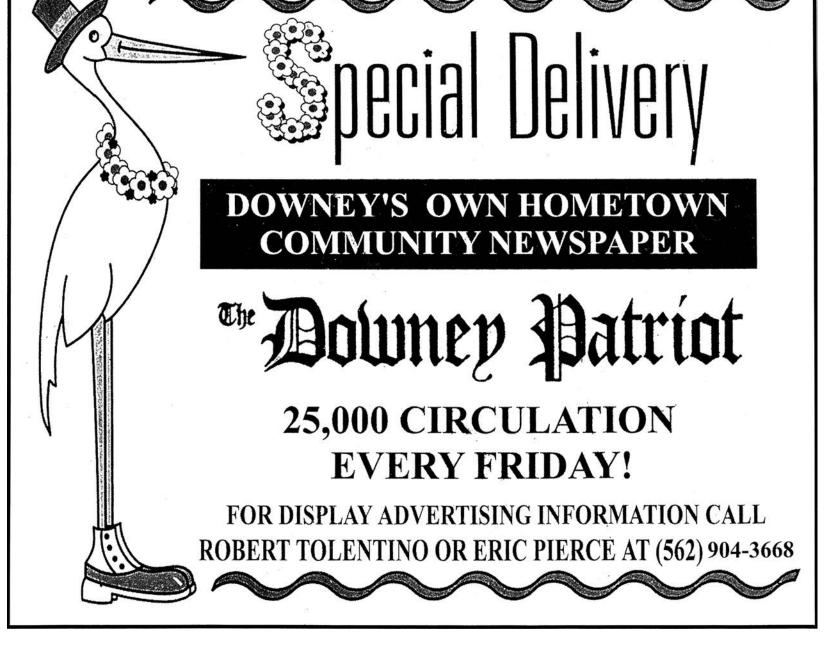


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Real Estate Page 11 Friday, Oct. 8, 2004



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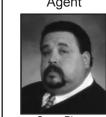
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Beautiful 4 bedroom 3 bath home with nearly 2,500 sq. ft. on a 9,000 sq. ft. lot. This lovely home has been completely remodeled like

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A True Bargain! This home is located in a great Lakewood area featuring 3 bedrooms, 1 bath, 1,030 sq. ft. of living space on a 5,300 sq. ft. lot. Needs some TLC, a great investment opportunity! Don't miss this one!!

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BEAUTIFULLY REMODELED! gourmet kitchen w/custom-built cabinets. formal living room, dining room, a breakfas room & a beautifully landscaped yard. 2,000 sq.f of living space on a 9,622 sq. ft. lot. This is Great Buy!

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his stunning home features 4 bedroomcluding a huge master bedroom, 4 baths, office & game room, brand new carpet, fresh aint, 3 car attached garage, pool w/waterfall, too nany amenities to list! Priced to sell at \$995,000 Call Luz Ortega for





KEY TO HAPPINESS! aths, formal dining area, formal living room family room w/fireplace, new paint, new carpet central heat, laundry room, 2 car gargage. Close to schools & shopping. 2,153 sq. ft. of living space on a 7,700 sq, ft lot. Priced at: \$619,000-\$629,000. Call Mary Jane Lee for

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3 UNITS IN NORTH DOWNEY

One 3 bed, 2 bath unit, one 2 bed, 1 bath unit, and one 1 bed, 1 bath unit Three bedroom units in back has newly-remodeled kitchen and home is in move-in condition. Projected income if all three were rented would be \$36,000 or more per year! Call Michael to view! Price: \$849,000

Call Michael to see! 562-818-6111



HOME SWEET HOME

3 bedroom, 2 bath North Downey home with new wood flooring, new carpet, remodeled bathroom, spacious living room & dining room, kitchen with bar area overlooking large family room and two private offices. Also, features central air/heat, large laundry room, a large lot and a 2-car garage. Priced to sell at \$589,900 Call Michael to see! 562-818-6111



LOCATION! LOCATION! LOCATION!

3 bedroom, 2 bath home in North Downey (just south of Florence). Home features living room, family room, formal dining room, 1,924 sq. ft., and 2 car detached garage, all on a 7,626 sq. ft. lot. Price: \$599,000.

Call Michael to see! 562-818-6111



CHEAP! CHEAP!

1 bedroom condo with spacious living room, dining room, & clean kitchen. Community also has pools & parking for residents. Price: \$225,000.

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SPLISH, SPLASH!

5 bedroom home near Furman Park with large yard that features gated pool & separate grass area. Includes large master bedroom with remodeled bath, formal dining room, living room & den with fireplace & family room. Home has hardwood floors & owners recently installed central air & heat. Price: \$699,000.

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NICE & CLEAN!

3 bedroom, 1 bath home with 2 fireplaces (living room & bedroom), covered patio & well-manicures yard. Owner has kept the home in very good condition. Price:\$382,500.

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