



# The Downey Patriot

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Friday, November 19, 2004

Vol. 3, No. 30

11525 DOWNEY AVE., SUITE A, DOWNEY, CA 90241

## Havard and Glasser honored as teachers

*By John Adams*

**DOWNEY**—Mary Havard and Bernard Glasser were honored for their work as teachers for the Downey Unified School District at the regular School Board meeting Tuesday.

Principal Pam Box of Old River Elementary introduced Havard by saying it was a privilege and an honor to present her as the "Elementary Teacher Honoree." She described her as a highly skilled professional who is highly regarded by students, parents, friends and colleagues.

**Havard**

Havard began at the DUSD in 1987 at Imperial school. Ten years later she transferred to Alameda, and joined the Old River faculty in 1999. She has done a superb job as a lead teacher in the GATE program, and is an invaluable member of the School Site Council. She has planned and presented staff in-services and parent education programs, addressing the unique needs of students of all learning styles and ability levels.

She was awarded the Old River School PTA Honorary Service Award in 2003.

Box described Havard as a master teacher in all areas, who is described by her students as a wonderful teacher who can make learning fun and interesting. One student even said she makes it easy to learn.

A parent commended her for her high standards, yet nurturing nature. She is a PQR reviewer on the district level, and a BTSA Support Provider, as well as a member of the Gate Advisory Committee. She serves on many committees.

She knows the curriculum and she knows how to reach kids!

**Glasser**

Allen Layne, Principal at Downey High School introduced teacher Bernard Glasser, as a great teacher.

"Your work has a profound affect on the present and future. Your enthusiasm opens minds and transforms lives," Layne said.

Glasser is an important member of the school's leadership team, and is a co-department chair of the 17-member Social Science Department, as well as Gate coordinator.

When he delivers one of his popular lectures on economics, history or psychology, students really get it. Their phenomenal pass rate in the advanced Placement Test proves this. Students remember him when they go on to college as a member of the teaching community who opened their minds to the future.

Layne read from a letter from the University of Chicago which lauded Glasser as being mentioned by a student as a teacher who inspired academic excellence.

It is just one of many such letters, Layne said.

## From Red Ribbon week to the CIF Playoffs

*By John Adams*

**DOWNEY**—Downey School Board comments ranged from accolades for Mel and Rita Berdelis for providing local support for the Red Ribbon Week program which resists gangs and drugs in local schools, to hopes for local teams in the CIF Playoffs.

The comments at Tuesday's regular board meeting included Superintendent of Schools Wendy Doty's note that Mel and Rita "provide a wonderful service to our schools" through their support of Red Ribbon Week.

Boardmember William Gutierrez spoke for the Board when he wished local teams well in their playoff contests. These include not only football, but girls volleyball, tennis and cross-country, and boy's water polo.

**Football field**

Gutierrez added that recent events he enjoyed included Downey High's Back to School Night, as well as the Mayor's Prayer Breakfast, and the opening of Downey High's football field and grandstand.

The Board's Barbara Samperi congratulated the District for saving more than \$2 million through its energy savings program. Donald La Plante agreed, saying that simply turning off the lights was an act that produced \$2 million that can be turned back into salaries or other necessities.

Todd Corrin said he attended the Mayor's Prayer Breakfast.

Cheryl Andresen also attended several of the above events and enjoyed them.

Betty Ferraro was absent from Tuesday's Board meeting.

## Beethoven Concerto laced with genius

*By John Adams*

**DOWNEY**—An audience left the Downey Theater Sunday, Nov. 14 with an awareness that they had just experienced something rare and unusual—a classical piano performance of Beethoven's 3rd Piano Concerto which bordered on genius.

Norman Krieger placed his considerable reputation as a soloist on the line Sunday, taking grave musical risks, but raising his performance to classical heights not commonly achieved.

The audience, sensing the extraordinary, responded with a standing ovation that required many curtain calls, before they would let him retire

See **BEETHOVEN**, page 7



**THE KEN MILLER PLAZA PLAQUE** – Was unveiled in front of the Downey Theatre Tuesday, Nov. 9. From left, Mayor Pro Tem Keith McCarthy, Meredith Perkins, Ken Miller, Mayor Kirk Cartozian and Anne Bayer. Miller was honored for his dedicated contributions to the City of Downey.

## Doty offers insight on Downey schools

**DOWNEY**—Downey Unified School District Superintendent Wendy Doty gave some keen insights into the operation of the District during a recent talk before the Downey Chamber of Commerce City Affairs Committee.

Among the statistical facts which she mentioned during her appearance were:

- \* The DUSD has 3,000 employees, 2,000 full time and 1,000 part-time.

- \* 45 employees took a golden handshake retirement last year, creating a sizeable turnover.

- \* The DUSD budget is over \$140 million a year.

- \* The state lottery brings in \$2.8 million to the District annually, which amounts to less than \$500 per student.

- \* School population is still growing with 22,849 currently enrolled.

The state payment is geared to the daily attendance. When attendance declines, as it inevitably will, it will be necessary to cut the budget. This will make labor costs and salaries critical, as well as such items as workers' comp and other insurances, transportation and special education.

- \* The free and reduced lunch program is currently used by 52 percent of the students.

- \* Major ethnic breakdown of the District is currently 71 percent Hispanic, 15 percent White, 4 percent Black, and 4 percent Asian.

- \* A new program implemented by the District this year is the Canine Detection Program using dogs to check for alcohol, guns and drugs on campus, with a goal of keeping schools drug-free.

Doty's background includes a stint as former principal at Warren High School, superintendent of schools in Laguna Beach, superintendent of schools in El Segundo, and then a return to Downey as superintendent a year ago when Edward Sussman retired.

She recently wrote a Mission Statement which sets forth the goals the School District hopes to accomplish. Copies are available at the District Office, 11627 Brookshire Ave.

## Jackson to lead Holiday Parade

**DOWNEY**—Former major league pitcher Darrell Jackson, who currently serves as president and founder of the 10-20 Club which fights to keep "at risk" youngsters in school and resists gangs and drugs, will serve as celebrity marshal of this year's Holiday Lane Parade.

The parade is scheduled for 1:30 p.m. Dec. 5 on Downey Avenue between Lexington and Third Street, then east on Third to City Hall.

The event, sponsored by the Chamber of Commerce, was announced by parade chairman Maria Larkin.

Jackson attended Locke High School and played with the Minnesota Twins as a pitcher. His college career at Arizona State saw him part of a national championship in 1977. He pitched five years in the major leagues after being called up by Minnesota in 1978.

**Outreach**

Today he works full-time as an outreach worker for the Downey Unified School District. An honorary member of Downey Rotary, a Lifetime member of the Major League Baseball Players Alumni, he supports a number of organizations through participation in golf fundraisers.

He has also received awards from the Metropolitan YMCA, the Martin Luther King Jr. Dignity Award, and the Sertoma Club's Service to Mankind Award.

He and wife, Veronica, expect their first child in February.

## Schools thank Mel and Rita for Red Ribbon support

### *Recognition at board meeting*

*By John Adams*

**DOWNEY**—The Board of the Downey Unified School District, at Tuesday's regular meeting, recognized and thanked Mel and Rita Berdelis and the many agents of Prudential 24-Hour Real Estate for their continuing efforts which make the celebration of Red Ribbon Week possible.

Red Ribbon Week is a nationwide drive to strengthen the resistance of youngsters against gangs and drugs which dates to 1985. But when the federal government found it could no longer support the program with federal funds, Mel and Rita stepped forward with grass roots support on the local level. This year, on Nov. 4, schools throughout the DUSD, found that they had the necessities to celebrate Red Ribbon Week through parties and ceremonies.

Year after year Mel and Rita have assured that this important bulwark against gangs and drugs stands strong. The many agents who work with them in support of the program stepped forward from the audience and were also recognized at Tuesday's regular School Board meeting.

In other action the Board:

- \* Heard presentations by Principal Allen Layne of Downey High honoring teacher Bernard Glasser, and Principal Pam Box of Old River Elementary honoring teacher Mary Havard.

**Gifts**

- \* Accepted with gratitude gifts from the private sector to the district, including a cash donation of \$3,000 for field trip transportation for Rio Hondo Elementary students from the Rio Hondo PTA; an electrical cart valued at \$1,500 for use by the PE Department at Griffiths Middle School from the AYSO; a cash donation of \$500 to be used by the Computer Lab at Griffiths Middle School from the VK Family Foundation; a computer system valued at \$500 for classroom use at Columbus High School from Gary Gerkin; a cash donation of \$2,500 to the TLC Family Resource Center from the Downey Kiwanis Foundation; a cash donation of \$2,000 for counseling services at the TLC Family Resource Center from Target; an examination table valued at \$800 for the TLC Health Clinic from Lois Diess; 11,500 student gift certificates valued at \$83,375 as district-wide student incentives from Frantone's Pizza; plus many smaller but no less appreciated gifts.

**Textbooks**

- \* Held a public hearing on textbook and instructional materials and then adopted a resolution that these were in compliance for the 2004-05 school year.

- \* Held a public hearing and then received initial bargaining proposals from CSEA Chapter 746.

- \* Authorized payment of expenses for convention and conference attendance.

- \* Ratified a general agreement with the Center for Autism and related disorders effective July 1, 2004, and ending Dec. 17, 2004.

- \* Ratified a general agreement with Loovas Institute of Early Intervention retroactive to July 1, 2004, and ending June 30, 2005.

- \* Ratified a general agreement with Tobin World effective July 1, 2004 and ending June 30, 2005.

- \* Ratified payments for educational placements.

- \* Approved submission of the 200405 application for funds under the Carl D. Perkins Vocational and Technical Education Act of 1998, in the sum of \$133,293.

- \* Authorized membership in the Coalition for Adequate Funding for Special Education.

- \* Ratified purchase orders by the Purchasing Department.

- \* Ratified the issuance of payroll orders for hourly, overtime, Civic Center work by classified, Adult School and Food Services for the month of September.

- \* Ratified B Warrants.

- \* Ratified Amendment 2 to the LAECO Contract for Consulting Services Career and Workforce Development.

**Safety Police Program**

- \* Ratified the School Safety Police Program Services Agreement with the City of Downey.

- \* Ratified an agreement with Vavrinek, Trine, Day & Co., LLDp for review and analysis of bond fund expenditures through June 30, 2004.

- \* Ratified a student teaching agreement with Point Loma Nazarene University starting Sept. 1, 2004.

See **SCHOOL BOARD**, page 5

## **EARLY DEADLINES**

Because of the Thanksgiving holiday, all advertising deadlines (Display and Classified) for the Nov. 26 edition of the Downey Patriot will be today, Friday, Nov. 19

Our office will be closed on Thanksgiving, Thursday, Nov. 25

### 'Shabbat Vayetze' at Temple tonight

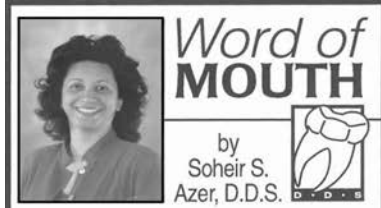
**DOWNEY**—Temple Ner Tamid of Downey, 10629 Lakewood Blvd. in Downey, is holding a Family Night Service, Shabbat Vayetze, at 7:30 p.m. tonight, Nov. 19. The community is welcome.

Following services, an Oneg will be enjoyed. It includes delicious refreshments furnished by the Temple Sisterhood.

The Temple has also scheduled a fun evening for the whole family tomorrow evening, Nov. 20 also at 7:30 p.m. The evening will begin with a brief and meaningful Havdalah Service, after which Bingo will be played. Snacks, soda and coffee will be served.

Donation for the event is only \$2. It will be held in the Fellowship Hall.

For these and other activities/membership information, call the Temple office at 861-9276.



**Word of MOUTH**  
by Soheir S. Azer, D.D.S.

Dental implants, artificial tooth roots that are placed in the jaw to anchor a replacement tooth or bridge, provide numerous benefits over other tooth-replacement options, particularly in the case of individuals who have lost all of their teeth (edentulous) and use dentures. Over time, the bone that supports the denture may shrink, which compromises fit and comfort. Dental implants, on the other hand, provide a stable foundation for fully edentulous patients to regain nearly 90% of their chewing ability, without diet limitations. Partially edentulous patients who are fitted with bridges must have their healthy abutment teeth ground down to accept anchoring crowns. Dental implants, however, provide a strong foundation for replacement teeth without disturbing surrounding teeth.

Whether missing one tooth or all their teeth, more and more people are replacing the loss with dental implants. Most patients find that an implant is secure and stable and a good replacement for their own tooth. If you're interested, talk to us. We are a highly qualified and experienced team of professionals here at 10800 Paramount Blvd., Suite 307, where our goal is to make each visit to our office a comfortable and positive experience. Please call (562) 923-3714 to schedule an appointment. Oral health is a long-term commitment we share with each patient.

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## DMOA to hold annual fashion show Dec. 10

**DOWNEY**—The Downey Museum of Art will hold its annual Fashion Show and Luncheon at the new Rio Hondo Country Club, 10627 Old River School Road, Friday, Dec. 10, with the delightful Marsha Moode again doing the announcing. Social is at 11 a.m., and luncheon starts at 11:30.

Fashions are provided by Draper's and Damon's. A silent auction and a prize drawing are part of the program, to add to the fun. Proceeds from the popular event support the Museum's programs and operations.

Tickets are \$30 per person. For more information, contact Kate Davies at DMOA, (562) 861-0419.

## Christmas story told in modern dress

**DOWNEY**—The First Baptist Church of Downey, 8348 East Third St. in Downey, will present a musical, "Word on the Street," Friday-Sunday, Dec. 10-12, 7:30 p.m. nightly with Friday and Saturday matinees at 4 p.m., about the love story between a Mary and Joseph of the 21st century, and the choices and challenges that would face them today.

It is a retelling in musical terms of the story of the first Christmas as it may occur in the Los Angeles area. It includes original drama, dances and special effects, with a setting that evokes many of the cities in Southern California. It features a cast of over 100 voices, dancers and musicians.

Doors open 60 minutes prior to each performance for pre-show, including Christmas karaoke and other interactive events.

Complimentary tickets can be ordered by calling 923-1261, Ext. 276 or by e-mail, [info@fbcdowney.org](mailto:info@fbcdowney.org).

## Civic chorus anticipating busy holidays

**BELLFLOWER**—The Bellflower Civic Chorus will present their annual winter concert, "A Christmas Fantasy," Sat.-Sun., Dec. 11-12 at the William Bristol Civic Auditorium, 16660 Civic Center Drive in Bellflower.

Under the direction of Bill Jones of Downey and featuring the keyboard artistry of Chris Squires, the chorus will be joined by the Children's Choir and perform a variety of traditional carols and seasonal favorites. Adding spice to the concert will be specialty numbers and dancing.

Admission for all seats is \$5.

For advance ticket sales/information, call Alice at (562) 866-4664.

## Methodist Thanksgiving service Nov. 24

**DOWNEY**—Downey Free Methodist Church will hold a community Thanksgiving evening service Wednesday, Nov. 24 at 7 p.m. Refreshments will follow the service, with good fellowship. For information, call 989-9655, Ext. 261.

Downey Free Methodist Church is at 9245 Florence Ave.



**WOMAN'S CLUB BOUTIQUE**—The Downey Woman's Club held its annual holiday boutique Saturday, Nov. 13, and this was just one of many ladies at vending tables throughout the club, 9813 Paramount Blvd.

## Music through yule at the Nordic Fox

**DOWNEY**—Rob Syphax will bring his fine voice and acoustic guitar artistry with hits from the 1960's and 70's to the Nordic Fox Sundays from 6 to 9 p.m., now through the month of December.

Rob is particularly fond of the hits of James Taylor, Elton John, The Eagles and Jim Croce.

Jimmy Buffet, Dan Fogelberg, Don Mclean and The Beatles are also on his short list.

There is no cover charge at the restaurant at Paramount Boulevard and Third Street in Downey, but seating is limited so reservations are advised. Saturday, Nov. 20 from 6 to 9 p.m., the trio "One Way Ticket" will appear at the Fox with classic pop hits from the 60's and 70's.

On Thursday, Nov. 25, call for details of the special Thanksgiving menu.

On Dec. 13 help celebrate Lucia Day at the restaurant.

On Saturday, Dec. 18, "One Way Ticket" returns, with hits by the Monkeys, Ricky Nelson, and many more from 6 to 9 p.m.

The restaurant will offer a Christmas buffet Dec. 19.

And New Year's Eve will be celebrated from 9 p.m. to midnight with "All About Me" playing rock-n-roll. Call (562) 869-1414 for information and reservations. The restaurant is at 10924 Paramount Blvd.

## Annual Chamber open house Dec. 16

**DOWNEY**—The Downey Chamber of Commerce is holding its annual Holiday Open House Thursday, Dec. 16 from 11 a.m.-3 p.m. at the Chamber office, 11131 Brookshire Ave., featuring "food, fun and frolic." RSVP to Chamber office, (562) 923-2191 or fax (562) 869-0461.

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**MILE-HIGH HELP** — Members of the Assistance League of Downey attended the National Assistance League convention in Denver, Colorado Oct. 13-17, where they participated in seminars regarding philanthropic projects. The theme this year was "Climbing High." Those attending were, left to right top row: Florence Towers, Judy Berg and LaVonne Holmes. Bottom row: Chloe Mocchiari (President), Jean Johnson and Marian Curtis. Also attending, but not shown, was Joyce Harmon, Chairperson for the Gypsy Johnson Auxiliary.

**Downey Art League meets Nov. 21**

**DOWNEY**—The Downey Art League will be joining Traditional Artists Guild in Paramount for its general meeting Sunday, Nov. 21 from 1-4 p.m. at Progress Park Plaza Community Center, 15500 Downey Ave., in Paramount.

Guest demonstrator is Lea Myles, a well-known demonstrator and artist particularly noted for her landscapes and florals but enjoys doing seascapes and portraits. She works primarily in oils, acrylics and sometimes watercolors.



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- Marinated Mushrooms
- Marinated Baby Corn
- Fresh Italian Vegetable Salad
- Shell Pasta Salad
- Roasted Sirloin Beef with Au Jus
- Roasted Turkey with Traditional Dressing
- Italian Pepper Steak
- BBQ Pork Ribs
- Beef Broccoli
- French Curry Pork
- Sea Food Creole
- Fresh Salmon with Lemon Butter Sauce
- Tortellini Pasta with Meat Sauce
- Green Bean Almandine
- Honey Glazed Baby Carrots
- Yams
- Red Potatoes
- Whipped Potatoes
- Assorted Desserts & Pastries
- Beverages

**Reservations 562-904-9001**  
10627 Old River School Rd. Downey, CA 90241

**Man shot earlier dies after crash**

**DOWNEY**—An unidentified man being rushed to a Downey hospital by two friends after he suffered a gunshot wound earlier died when their Jeep Cherokee collided with a car and flipped on its side, throwing him partially out of the vehicle and causing a head wound. The collision occurred around 3:30 p.m. Wednesday on Florence Avenue, near Tweedy Lane.

All the other passengers, including the driver of the other vehicle, suffered only minor injuries, police said.

The man was reportedly shot on Ira Avenue, just south of Florence Avenue, in Bell Gardens. It was not clear if he died of the gunshot wound or because of the crash. The man's identity is being withheld pending notification of kin.

An autopsy is pending.

**DJAA registration tomorrow at Apollo**

**DOWNEY** — Open registration will be held tomorrow, Nov. 20, at Apollo Park for the DJAA's 2005 basketball season. Sign-ups will be taken from 10 a.m. to 1 p.m.

No try-outs are held, but children must be in the 2nd through 8th grade and be enrolled in a Downey school or live in the City of Downey. Girls are encouraged to participate.

Registration is \$56 per child. \$20 goes towards raffle tickets, while the rest pays for trophies, pictures and game officials. Uniforms are not included in the fees. Bring a birth certificate and current report card or school I.D. when registering. Enrollment fee is due at sign-up.

Sign-ups will be taken every Saturday from 10 a.m. – 1 p.m. and week-nights from 5:30 – 8:30 p.m. at the Apollo Park snack shack. All players must be registered by Dec. 7. The season begins Jan. 8.

For more information call 861-3727 or visit www.djaa-sports.org.



**CALVARY CHAPEL HOMECOMING**—Calvary Chapel High School of Downey had its homecoming on Oct. 9. Pictured are the Homecoming Court, from left: seniors John Thanasukarn, Maryann Zacarias, Joseph Macias (Homecoming King), Rachel Jimenez, Adam Jahnkow, and Rebecca Jayachandra (Homecoming Queen); juniors Victoria Pesce and Alex Silva; sophomores Shatera Luna, Jacob Eaton, and freshman Bryan Garcia. Not in photo is freshman Jackie Mejias.

**Report abandoned shopping carts**

**DOWNEY** — Abandoned shopping carts may be reported for pick-up by calling (800) 252-4613. When calling, have the street name and cross streets available.

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**When:** Sunday, November 28th, December 5th, 12th or 19th 10am to 3 pm

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09290405-CVP (11/04)

## The Big Parade

By John Adams

It is just two weeks away! Sunday, Dec. 5 at 1:30 p.m. the Holiday Lane Parade will start on its way south down Downey Avenue from Lexington to Third Street, then east on Third Street to City Hall.

The parade is one of the most colorful and fun events, is free, and brings out most of the community to line the avenue and cheer for their favorite participants.

The Chamber of Commerce, with help from the City of Downey, puts on this gala festive event yearly. Sponsors as of presstime included Downey Regional Medical Center as Major Parade Sponsor; Financial Partners Credit Union, Sponsor of Santa Claus; Downey Acura, Celebrity Sponsor; Andrews Rancho Del Norte, Luncheon Sponsor; Downey Federal Credit Union, Characters Sponsor; and Re/Max On Line, Banners.

Other sponsorships are still available. Call the Chamber at (562) 923-2191 for information.

Maria Larkin, Chamber Parade Chairman, said, "We are very happy that Downey Regional Medical Center will be our Major Parade Sponsor this year. They have been very supportive of this, and many other community events year after year. We are very grateful for their continued patronage." She suggested applause when the big DRMC Float passes along the parade route.

Darrell Jackson, outreach consultant for the Downey Unified School District and President of the 10-20 Club which helps potential dropouts avoid the web of gangs and drugs, will be this year's Celebrity Marshal of the parade. Jackson is a former star pitcher from the Minnesota Twins baseball team.

He also deserves applause for his efforts at saving at-risk youth. He has received many honors including the Metropolitan YMCA Martin Luther King Jr. Dignity Award, and the Sertoma Club Service to Mankind Award.

An honorary member of Downey Rotary, he works tirelessly to support local groups including the Downey Chamber, Downey Police and Fire and Downey YMCA, Optimist and Rotary, Kiwanis and Living Help Center.

The big parade is filled with local heroes like Jackson who have earned your applause. Come out and cheer. It is all free.

## Take down those political signs

**DOWNEY**—At the request of a caller we run this story on the law requiring political signs to be taken down within 10 days after an election. The Downey Code reads:

"All political signs shall be removed by the owner or the property owner within 10 days after the election to which the signs pertain."

The election was Nov. 2, so clearly, many candidates have their work cut out for them.

## Oncologist OASIS speaker Nov. 22

**DOWNEY**—Guest speaker at OASIS' program Monday, Nov. 22 at the Downey Adult School Cafetorium is Lawrence Wagman, M.D., FACS. Dr. Wagman, who is chairman of the Division of Surgery and director of General Oncologic Surgery at City of Hope National Center, will speak on "Cancer Treatment, Prevention, and Progress in Research."

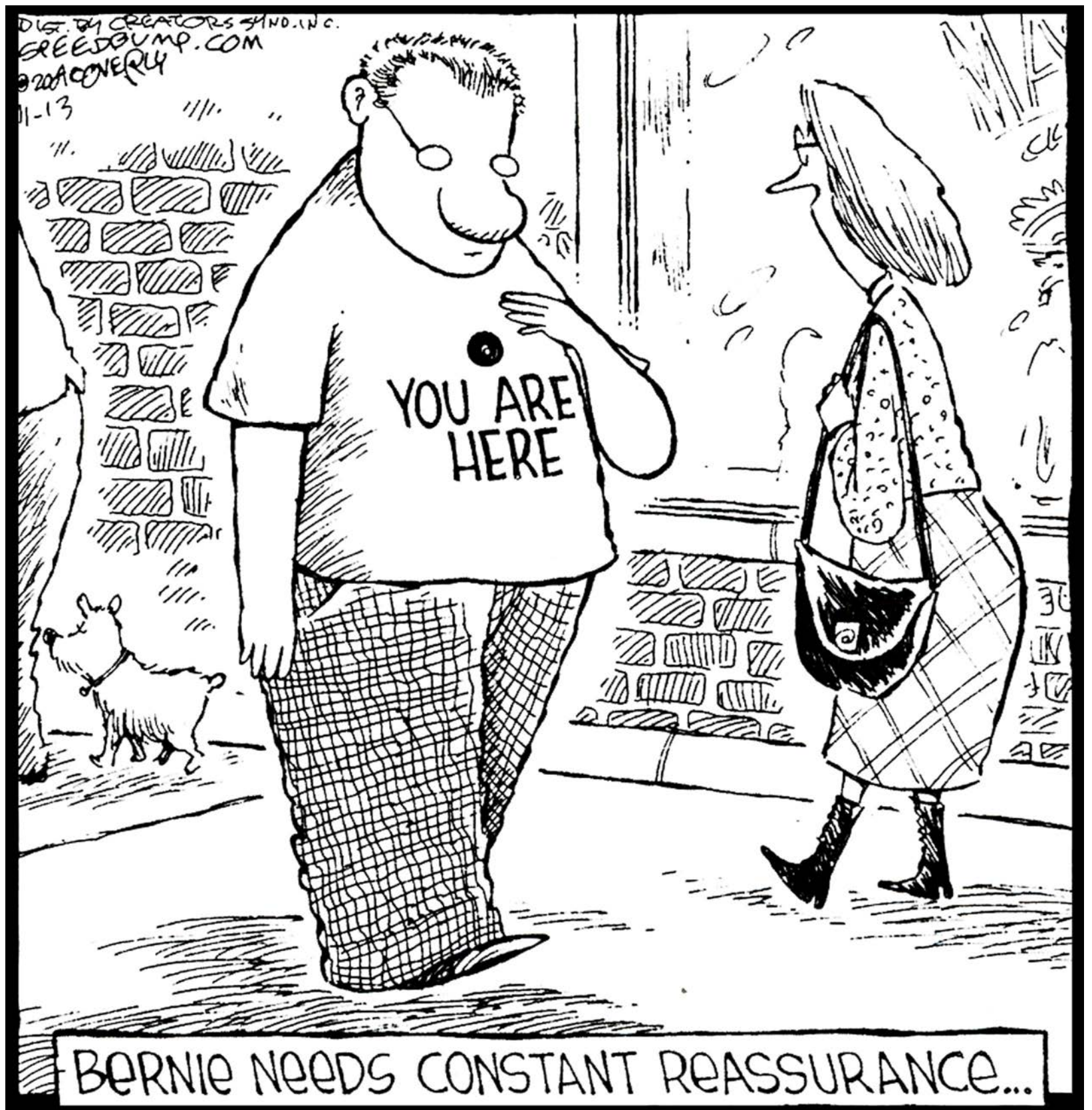
The presentation is open to the public. The OASIS program consists of a social hour from 3-4 p.m., the program at 4 p.m., and a healthy full-course dinner served at 5 p.m. For more information, call the Downey Adult School, 940-6200.

## 'Cirkus Inferno' comes to Carpenter

**LONG BEACH**—The Canadian-based Daredevil Opera Company, which has worked with Cirque du Soleil and circus festivals worldwide, brings its brand of madness and mayhem to the Carpenter Center stage with "Cirkus Inferno" Sunday, Nov. 28 at 2 p.m. and 4 p.m.

Touted as perfect for audiences ages 4 and up, the show features clowns and circus performers telling stories through physical comedy.

Tickets (\$15) can be purchased by calling (562) 985-7000, in person at the ticket office, or online at [www.CarpenterArts.org](http://www.CarpenterArts.org).



## LETTERS TO THE EDITOR:

### Ken Miller deserving

Dear Editor:

A wonderful event occurred on Tuesday, Nov. 9—the dedication and unveiling of the Ken Miller Plaza. The Ken Miller Plaza is the area between the Downey Theatre and the Embassy Suites.

I would like to take this opportunity to thank the City Council for approving this event and for honoring a wonderful citizen of Downey. I would also like to thank Bonnie Kehoe, Director of Community Services, for handling the logistics and Thad Philips, Head Librarian, for chairing the event. Downey is lucky to have two such fine individuals. I thank them for their caring, kindness and patience throughout the many months of planning. This was truly a happy event with over a hundred well-wishers, family, friends and city officials in attendance. Thad Philips went out of his way to make this a truly memorable and happy event.

I have known Ken since 1974 and I witnessed all that he did. Dedication plaques can only accommodate a modest amount of words, so for those wondering, "Why was Ken Miller honored?" I am listing a few reasons why:

- As a young man he served his country as a fighter pilot in England in World War II
- He has been a wonderful family man, husband, grandfather and great grandfather
- 38 years ago, long before he was elected to the city council, he became involved in Downey's municipal affairs
- He battled against the adoption of Downey's infamous Utility Users

## Holiday health a very weighty issue

By Dr. Natalie A. Nevins  
Downey Regional Medical Center

**DOWNEY** — As seasons change and the holidays approach, many people will start eating more and exercising less. Although eating a second serving may not seem dangerous, a healthy weight is vital to a body's total well-being.

This is time of year when many of us slip into overeating and seem to lose focus on our healthy lifestyles. While we convince ourselves that we are only enjoying the season, we set a lower standard of health. A healthy weight is one that does not put someone at risk for weight-related diseases. Health risks begin as people move from a healthy weight into overweight and increase much more dramatically as they move from overweight to obese.

According to the Centers for Disease Control and Prevention (CDC), five of the 10 leading causes of death in America can be linked to poor eating habits paired with insufficient exercise. Heart disease, some types of cancer, stroke, diabetes, liver disease and arteriosclerosis can often be associated with an unhealthy diet.

Physicians and patients can use the body mass index (BMI) to detect weight-related health risks. BMI is a measurement relating body fat to height and weight. A higher number denotes a greater health risk.

The emphasis should be on changing your diet, rather than just going on a diet. If food is consumed in moderation with appropriate portion size and combined with regular physical activity, most foods can fit into a healthy diet. Fad diets are not necessary, balance is the key. Try to take smaller portions of the high fat and high sugar foods, and avoid going back for seconds.

A diet is not the only factor influencing a healthy weight—age, metabolism, genetics and exercise also play a significant role in an individual's weight.

Tax

— Until the tax was reinstated in 1990, Downey's taxpayers saved \$26 million

— In 1976 he was elected to the citywide seat as a council member

— He served as our Honorable Mayor 1979-1980

— He was responsible for a Tax Impact Study which ultimately brought in a check from the Edison Company to the City of Downey in the amount of \$568,570

— Because of his tenacity and with the help of Assemblyman Bruce Young, Section 96(d) of California's Revenue and Taxation Code was inserted in Assembly Bill 8

— Assembly Bill 8 resulted in extra property tax revenue coming to the City of Downey in the amount of \$45 million during the past 26 years and will continue to come to the City of Downey until Prop 13 is repealed.

All of the above is well-documented, and many more accomplishments of his have not been mentioned. It was an honor and a privilege to work on this project. The plaque honoring Ken Miller is affixed to the column closest to the ticket office and faces north.

—**Maria Larkin (Downey),**

**A loving friend of 30 years**

### Thanks supporters

Dear Editor:

I would like to thank all the voters in the 50th Assembly District (includes South Downey) who voted for me in the Nov. 2nd General Election and also those who worked on my campaign. I greatly appreciated all help I received from everyone.

—**Gladys O. Miller,**

**Republican Candidate, State Assembly – 50th District, South Gate**

## The Downey Patriot



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**Jerry Brady**..... Advertising Director  
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Phone (562) 904-3668 \* Fax (562) 904-3124  
Hours Monday-Friday 9 a.m. - 3 p.m.



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## SCHOOL BOARD

\*Approved an agreement for special services, mandated cost claims services with School Services of California effective Dec. 1 2004 through Nov. 30, 2005.

\*Approved an agreement with Downey Adult School Nursing and Allied Pharmacy Tech and Target Corporation effective Jan. 1, 2005.

\*Authorized advertising for bids for trade electrical work in the estimated sum of \$500,000, with no guarantee the sum will be met, to be charged to the general, maintenance, deferred maintenance or bond funds.

\*Authorized advertising for bids for purchase and installation of a new freezer at Sussman Middle School, at an estimated cost of \$16,000 to be charged to Food Services.

\*Accepted as complete trade electrical work by Spike Electric of Whittier, in the sum of \$70,775 to be charged to the General and/or Bond Funds.

### Completed

\*Accepted as complete fencing work by McCullah Fence Co., of Bell Gardens in the sum of \$26,380 to be charged to the bond and/or general funds.

\*Accepted as complete backhoe work by Terra Pave of Whittier in the sum of \$52,800 to be charged to maintenance, deferred maintenance and/or bond funds.

\*Accepted as complete paving projects by Terra Pave of Whittier in the sum of \$16,518 to be charged to the general and/or bond funds.

\*Accepted as complete concrete work by 3D Concrete of Downey in the sum of \$75,020 to be charged to the General and/or Bond funds.

\*Accepted as complete packager bid no.4 including finish carpentry by Lozano Caseworks of Colton in the final sum of \$102,193 and package Bid 8, insulation and lath and plaster by Church and Larsen of Irwindale in the final sum of \$385,552 to be charged to the Bond Funds.

\*Accepted and awarded A bid packages for the expansion and modernization of Lewis Elementary School.

\*Approved Change Order 1 to an open purchase order for chicken meals with Kentucky Fried Chicken of Norwalk in the increased amount of \$12,000 to be charged to Food Services.

\*Approved change order 1 to open purchase order for frozen slush drinks with Fun Foods Distributing of Placentia in the increased sum of \$6,000 to be charged to Food Services.

\*Approved change order 1 to the open purchase order for commodity processed products with Goodman Foods, dba Don Lee Farms of El Monte, in the increased sum of \$4000 to be charged to Food Services.

\*Approved change order 2 to the open purchase order for improvement and repairs to Concrete by 3D Concrete of Downey in the increased sum of \$50,000 to be charged to the Maintenance Fund.

\*Approved change order 2 to the open purchase order for electrical work by Spike Electric of Anaheim in the increased sum of \$40,000 to be charged to the Bond Funds.

\*Approved change order 1 to the open purchase order for concrete products with National Ready Mixed Concrete of Encino in the increased sum of \$5,000 to be charged to the Bond Funds.

\*Approved change order 1 to the open purchase order for paint supplies with All American Home Center in the increased amount of \$10,000 to be charged to the Maintenance Fund.

See SCHOOL BOARD, page 9



**STEVEN SLOVYAN** – Recently completed his basic training at the Naval Recruit Training Command in Great Lakes, Illinois and has moved on to the Nuclear Training Center in Goose Creek, South Carolina to continue his studies as an Electrical Nuclear Officer. Slovyan is the son of Steve and Sharon Slovyan. He is a 2004 graduate of Warren High School.



**DAVID APARICIO** – A 2004 graduate of Warren High School, has completed his basic training at the Naval Recruit Training Command located in Great Lakes, Illinois. He is currently attending classes in Goose Creek, South Carolina at the Navy Nuclear Power Training Command. A lifetime Downey resident, Aparicio also attended West Middle School. He is the son of Ed and Patty Aparicio of Downey.



**TEACHER HONORED**—Bernie Glasser, second from left, was honored by the DUSD Board Tuesday for his outstanding career as a teacher. From left, Allen Layne, Principal of Downey High School, Glasser, School Board President Mark Morris and Superintendent of Schools Wendy Doty.

## STAY FIT

- 1 on 1 Personal Training
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- Fitness Consulting
- Instructional Exercise

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Erwin Clamor  
Certified Personal Trainer  
Prime Time Fitness 8029 Florence Ave.

## The poets' corner

### Thanksgiving

Thanks be to God, for God, country, family and home  
for friends refusing to leave me "by myself, all alone"  
For food on my table, a comfortable bed  
For garden and house, where I frequently tread  
For long life, and amazing, good health  
Plus funds sufficient and adequate wealth  
Respectable vision, thank God, I still read  
Thanks for fulfillment of every want, wish, and need.

—Audrey J. Stafford,  
Downey

## City holding money-making classes

**DOWNEY**—The City of Downey Community Services Department offers two courses on how to make money from home: 1) "How to cash in with a successful home-based business," Tuesday, Nov. 23, 6:30-8:30 p.m. Fee: \$30, plus \$10 materials fee paid to the instructor; 2) "How to make money with a home-based word processing business," Tuesday, Nov. 23, 8:30-9:30 p.m., Fee: \$20, plus \$10 materials fee paid to the instructor.

Venue is the Barbara J. Riley Community/Senior Center, 7810 Quill Drive. For more information/to register, call 904-7223.

## Don Knabe to take oath Dec. 6

**LOS ANGELES**—Re-elected Los Angeles County Supervisor Don Knabe takes his oath of office Monday, Dec. 6 at 9:30 a.m. in the Board of Supervisors Hearing Room, Kenneth Hahn Hall of Administration, 500 West Temple St. in Los Angeles. Reception follows at Walt Disney Concert Hall. For information, call (213) 974-4444.

## Santa Claus lands in Downey tomorrow

**LOS ANGELES**—Santa Claus will make a grand entrance tomorrow, Nov. 20 at 10 a.m. in the Robinsons-May Court of Stonewood Center.

The "Snowcaps Family" -- Rosy, Aspen, Crystal, Chilly and Slushy -- will help welcome him to Downey.

After his arrival, children are invited to play in real snow in the food court parking lot, complete with a children's DJ with music and games.

## NORDIC FOX RESTAURANT

10924 Paramount Blvd., Downey

## THANKSGIVING DAY DINNER

Turkey, Ham, Steak, Salad Bar

Plus all the trimmings for a complete dinner

Wines and beer available

Buffet served noon to 7:30 p.m.

\$15.95 adults - \$7.50 12 and under

Whole holiday pies available, reserve yours now.  
Call: 562-869-1414

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## Downey Church Directory

10711 Paramount Blvd. Downey (562) 923-1215

### MESSIAH LUTHERAN CHURCH

TRADITIONAL WORSHIP . . . SUN. 8 A.M.  
ESPAÑOL . . . 9:30 A.M.  
PRAISE SERVICE . . . 11 A.M.

REV. NORMAN STOPPENHAGEN, PASTOR  
RAMON CONTRERAS, VICAR

### Good Shepherd Lutheran Church & School

Pastor Lewis M. Busch  
13200 Clark Avenue, Downey . (562) 803-4459

Saturday Worship 5:00 p.m. • Sunday Worship 9:00 a.m.  
Sunday School and Bible Study 10:30 a.m.  
Eritrean Worship 10:45 a.m. • Korean worship 12:00 p.m.  
Missouri Synod Christian Day School - Kindergarden to Eighth Grade

### Christian Science Reading Room

10813 Brookshire Avenue, Downey (562) 869-0511

HOURS. MON-TUE-THURS&FRI 11am-3pm Wed 4:30-7:30pm  
Receive a FREE GIFT when your purchase THE BOOK "SCIENCE and HEALTH" with key to the SCRIPTURES.

Come and spend time in a quiet environment  
WE WELCOME YOU TO VISIT OUR CHURCH  
Sunday Service 10 A.M.  
(Sunday school for pupils up to age 20 at the same hour)

Open For Breakfast 6:30 AM

## JOIN US FOR THANKSGIVING

Roast Turkey.....	\$7.95
with stuffing, sweet potatoes and cranberry sauce	
Honey Baked Ham.....	\$7.95
and sweet potatoes	
Rib Eye Steak.....	\$10.95
Prime Rib 1/2 lb.....	\$9.95
Sirloin Steak 1/2 lb.....	\$9.95
T-bone Steak 14 oz.....	\$10.95
Steak & Shrimp.....	\$11.95
Roast Turkey & Ham Combo.....	\$9.95

All dinners include soup or green salad, potatoes, fresh vegetables, garlic cheese bread, or cornbread, and pumpkin pie. - To-Go Orders Available

Seniors \$1.00 OFF Children under 10 years \$4.99 (11:30 to 3 p.m. / Dine-in only) (Turkey and Honey Baked Ham Only)

or...LET US DO THE COOKING FOR YOU

WHOLE ROAST TURKEY With homemade stuffing, mashed potatoes & gray, cranberry sauce, sweet potatoes and pumpkin pie.	\$64 <sup>8 people</sup> <sup>55</sup>
ORDER NOW! Feeds up to 8 people	GLAZED HAM With pineapple sauce, yams, mashed potatoes & gravy, and pumpkin pie.
	\$66 <sup>8 people</sup> <sup>95</sup>

**Peloon** ORDER YOUR HOLIDAY PIES NOW!  
10822 Lakewood Blvd., Downey (562) 862-0223

## Gold 'n Baked

Honey Glazed Hams & Turkeys & Sandwiches

Thanksgiving Special  
Honey Glazed Ham \$5.09 lb.  
\$4.00 Off Half Ham (6-10 lbs.)  
\$8.00 Off Whole Hams (11 lbs. Or more)  
Honey Glazed Sliced Turkey Breast \$6.99 lb.  
Honey Glazed Whole Turkey \$29.95 (12-14 lbs.)

**Low Sodium**

Dinner Special \$69.95  
Includes: (1) 7-8 lb. Ham, Mashed Potatoes, Gravy, Stuffing, Rolls & Choice of 1 Other Side

BLOW OUT SPECIAL !!!  
Split Pea Soup Mix  
Mixed Bean Soup Mix  
\$2.00 (While Supplies Last)

Sides \$2.50 Pint/\$5.00 Quart  
Mashed Potatoes, Yams, Stuffing, Walnut Cranberry Salad, Green Beans Almondine, Gravy, Spiced Apples

Mention This Ad and Receive an Additional 5% Off our Already Low Prices! Offer Expires November 30, 2004

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### This Page sponsored by: DOWNEY FEDERAL CREDIT UNION

#### Notes From NAN:

Did you know that forty-five million turkeys are eaten each Thanksgiving? Here's another fact about gobblers: every day, thousands of consumers see their money gobbled up by bank service fees, ATM surcharges, and other fees. Of course, many consumers could avoid such fees simply by joining a credit union. When you join Downey Federal Credit Union, your relatives become eligible for membership, so why not introduce these relatives to the cost-saving advantages of membership at Downey Federal Credit Union. They'll be so grateful, they'll probably invite you over for Thanksgiving. You are eligible to join Downey Federal Credit Union if you live, work, worship, or attend school in Downey. You Can Count on Us for all your financial needs. Please call (562) 862-8141 [www.downeyfcu.org](http://www.downeyfcu.org)

## Downey Community Calendar

### Events For November

Sat. Nov. 20, 6:00 p.m.: **"One Way Ticket"** playing pop favorites at the Nordic Fox restaurant, 10924 Paramount Blvd. No Charge. For information call 869-1414.  
Tues. Nov. 23, 6:30 p.m.: **Making Money From Home**, City of Downey course on home-based businesses at B. J. Riley Community Center, 7810 Quill Drive. For information call 904-7223.

### City Meetings

1st Tuesdays, 6:15 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.  
1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.  
1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.  
2nd & 4th Tuesday, 7:15 p.m.: **City Council/Community Development Commission**, Council Chamber.  
2nd & 4th Wednesday, 6 p.m.: **Design Review Board**, Council Chamber at City Hall.  
3rd Wednesday, 6 p.m.: **Emergency Preparedness Committee**, Barbara Riley Senior Center.  
3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

### Regularly Scheduled Meetings

#### Mondays

6:30 p.m.: **Metropolitan Masonic Lodge #352 dinner, mtg.**, call 869-3521.  
6:30 p.m.: **Overeaters Anonymous**, at Downey Med. Center Conf. Room A, for information call 426-6786.  
1st Mon., 4 p.m.: **2nd Century Foundation**, at City Hall, 1st floor, call 927-9790.  
1st and 3rd Mon., 7 p.m.: **Downey Post 270**, American Legion, for information call 861-8082.  
2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.  
2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.

#### Tuesdays

9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Perry Michienzi at 869-8782.  
9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.  
12 p.m.: **Downey Exchange Club**, for information call Don at 927-5871.  
12 p.m.: **Rotary Club**, at Embassy Suites, for information call Dan Fox at 862-0744.  
6 p.m.: **Toastmasters Club 587**, at First Baptist Rm. 115, 8348 E. 3rd st.  
7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.  
7 p.m.: **Boy Scout Troop 441**, at Apollo Park Activities Room, for information call 923-3659.  
7:30 p.m.: **Southland Harmony Chorus of Sweet Adelines**, at Downey's Woman's Club, for information call 947-6802.  
1st and 3rd Tues., 6:30 p.m.: **Quota International Southeast Cities**, for information call (323) 569-2854.  
2nd Tues., 8:30 a.m.: **Women's Agape**, at Los Amigos Country Club, for information call (562) 622-3785.  
2nd and 4th Tues., 7:30 a.m.: **Chamber "Rise&Shine" Networkers**, at Nordic Fox, for info. call (562) 923-2191.  
2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at the Nordic Fox, for information call 943-6438.  
2nd Tues., 7 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 943-3904.  
3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at 9968 Lakewood Blvd., for info call 862-3106.  
3rd Tues., 1:30 p.m.: **Huff and Puff Respiratory**, at DRMC Support Group, call 904-5355.  
Last Tues., 11:00 a.m.: **Los Companeros Service Club**, at Los Amigos Country Club, for info call 863-1549.

#### Wednesdays

12:10 p.m.: **Downey Lions Club**, at Rancho Los Amigos Hospital Cafe, for information call 861-2899.  
1 p.m.: **Women's Bocce Club**, for information call 869-8782.  
6 p.m.: **Downey Space Toastmasters Club 513**, at Rancho Los Amigos Medical Center, for info. call Mark at 803-5203.  
1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call 927-0271 or 861-3493.  
1st Weds., 11:30 a.m.: **Downey Coordinating Council**, for information call 927-9790.  
1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.  
1st Weds., 7:30 p.m.: **Downey Emblem Club #309**, at Downey's Elks Lodge, for information call 868-4386.  
2nd Weds., 7 p.m.: **Downey Jr. Chamber of Commerce**, for information call 867-1087.  
2nd Weds., 7:30 p.m.: **Downey Sister Cities Ass'n**, at Maude Price School, Call 869-5444.  
2nd Weds., 11:45 - **Downey Christian Women's Club**, at Los Amigos CC. Call 927-8488.  
3rd Weds., 7:00 p.m.: **Diabetes Support Group**, at DRMC, for more information call 622-2088.  
Wed.& Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

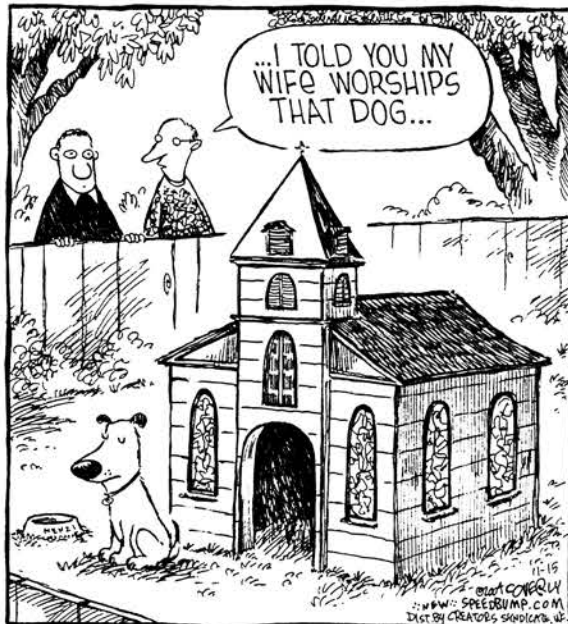
#### Thursdays

7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.  
7:30 a.m.: **Connections Networking**, at Nordic Fox 10924 Paramount, for information call 869-1414.  
9 a.m.: **Senior Californians of Downey**, (a social activities club for senior citizens), for information call 803-6887.  
12 p.m.: **Downey Christian Businessmen's Committee**, for information call Norm Sipple at 927-1431.  
12 p.m.: **Optimist Club of Downey**, at Sambi's, for information call Steve Allen at 806-3701.  
12:30 p.m.: **Take off Pounds Sensibly**, at United Methodist Church, call (626) 965-9991.  
6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.  
7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 803-4571.  
4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.  
2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D Jones at 923-2400.

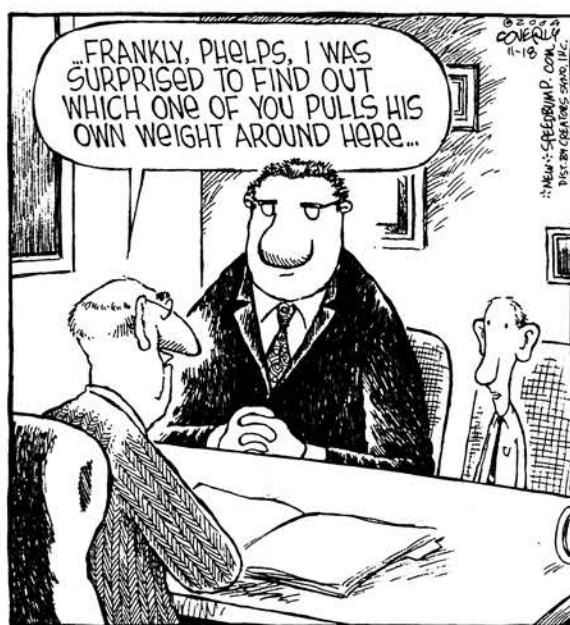
#### Fridays

7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618.  
10 a.m.: **Compulsive Eaters Anonymous H.O.W.**, at 1st Christian Church. Call 884-5799.

## SPEED BUMP



## DAVE COVERLY



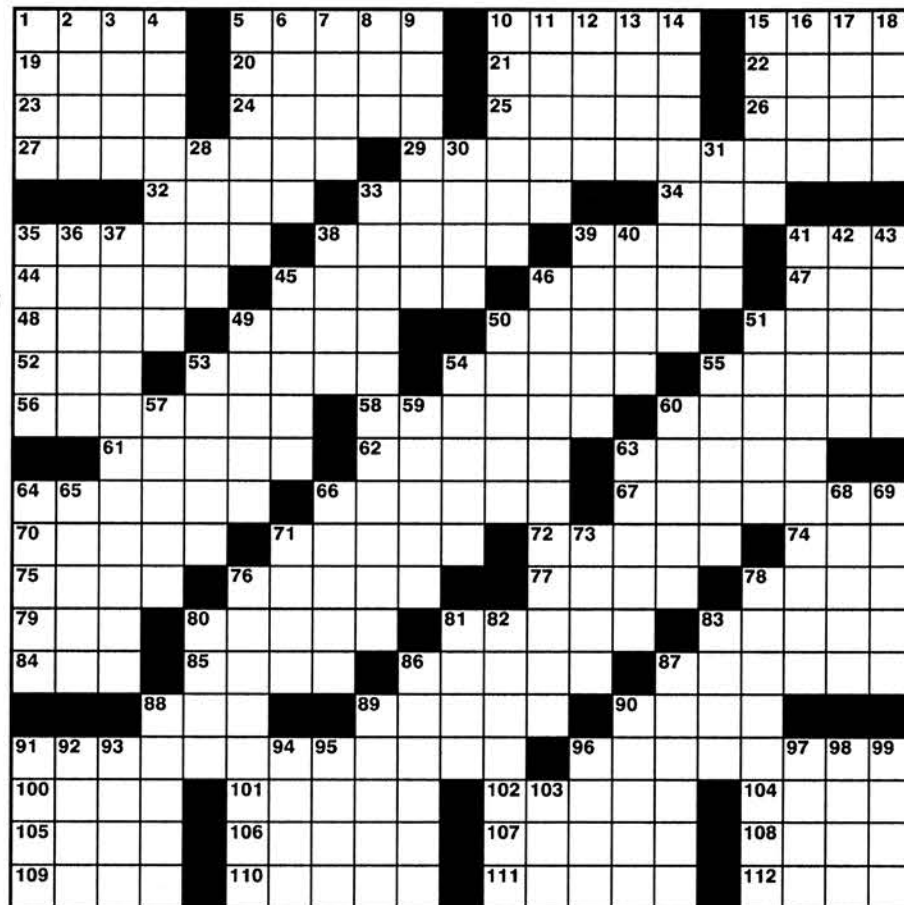
### THE NEWSDAY CROSSWORD

Edited by Stanley Newman ([www.StanXwords.com](http://www.StanXwords.com))  
BY THE POUND: Featuring some four-legged friends  
by Frances Burton

- ACROSS**
- 1 Earring shape
  - 5 Comprehension
  - 10 Frames of mind
  - 15 The Charles' dog
  - 19 Narrative
  - 20 What "-phile" means
  - 21 Ann Landers' nickname
  - 22 Royal stamp
  - 23 After that
  - 24 \_\_\_ acid (protein component)
  - 25 Soldier's break
  - 26 The O'Hara place
  - 27 Short snouts
  - 29 '50s female fashions
  - 32 In addition
  - 33 Poets of old
  - 34 Make known
  - 35 Southern California city
  - 38 Bee output
  - 39 Grad's outfit
  - 41 The Rockies, e.g.:
  - 44 Assists in a heist
  - 45 Paycheck deductions
  - 46 Adjusted, as an instrument
  - 47 Swiss canton
  - 48 Mrs. Dick Tracy
  - 49 As it \_\_\_ (in a way)
  - 50 Midas' undoing
  - 51 For men only
  - 52 Superlative suffix
  - 53 Of higher quality
  - 54 Get ready for work
  - 55 Hole in the ground
  - 56 Goes away
  - 58 Lusters
  - 60 Diamond units
  - 61 Sound off
  - 62 Couldn't take
  - 63 Like a bucket of song
  - 64 Inside scoop
  - 66 Groups of witches
  - 67 Family member
  - 70 Bonito and albacore
  - 71 Less adorned
  - 72 *Oklahoma!* aunt
  - 74 \_\_\_ Boys (Alcott novel)
  - 75 Film with the voices of Woody Allen and Sylvester Stallone
  - 76 Gives the heave-ho
  - 77 All even
  - 78 Playwright Henley
  - 79 AAA suggestion
  - 80 Picks over
  - 81 Was foolishly fond
  - 83 1966 role for Michael
  - 84 Pitcher handle
  - 85 Neighborhood
  - 86 Whittled down
  - 87 90 Across marks
  - 88 Vacation spot
  - 89 Newsmen of old
  - 90 Brogan or loafer
  - 91 Kind of crucifix
  - 96 Chinese dish
  - 100 Actor Sharif
  - 101 Sandal feature
  - 102 Lukewarm
  - 104 Largest of the dolphins
  - 105 Hirschfeld's daughter
  - 106 Lacking sense
  - 107 African antelope
  - 108 Portent
  - 109 Raggedy doll
  - 110 Desert transport
  - 111 Actress Spacek
  - 112 Shuttle org.
- DOWN**
- 1 URL start
  - 2 Honolulu's island
  - 3 Designer Cassini
  - 4 Ballpark souvenirs
  - 5 Dull, as a stare
  - 6 Shakespearean teen
  - 7 Rara \_\_\_
  - 8 Member of Congress: Abbr.
  - 9 Gas in tanks
  - 10 Something to hum
  - 11 Newspaper pages
  - 12 Iridescent gem
  - 13 Seedy place
  - 14 Went back and forth
  - 15 Moving about
  - 16 Barbecue
  - 17 Pastry product
  - 18 Sad cry
  - 28 Bullfight cheers
  - 30 Crude metals
  - 31 Nice
  - 33 Man's undergarment
  - 35 Passé
  - 36 Like Falstaff
  - 37 Certain cadet
  - 38 Long-eared hopper
  - 39 Make an estimate
  - 40 Change for a five
  - 41 Comic-strip pair
  - 42 Stretch of land
  - 43 Venice's Bridge of \_\_\_
  - 45 Verb form
  - 46 Fashion leader
  - 49 Like some banter
  - 50 Inexperienced
  - 51 Warning sound
  - 53 Painter Hals
  - 54 Discourage
  - 55 Capital of Senegal
  - 57 Ricky Ricardo portrayer
  - 59 Wealthy folk
  - 60 Gave a darn
  - 63 Gave a look
  - 64 Give a look
  - 65 *Roots* name
  - 66 Lily variety
  - 68 Recurring theme
  - 69 Campfire residue
  - 71 Peevishness
  - 73 Wasn't sincere
  - 76 Period of dinosaurs
  - 78 Infrequent occurrence
  - 80 Sleeveless garment
  - 81 Speaker's platform
  - 82 Electra's brother
  - 83 "Don't have \_\_\_" ("Chill!")
  - 86 Push forward
  - 87 Not well made
  - 88 Go off course
  - 89 Hoisting device
  - 90 Climbs, in a way
  - 91 Poet Van Duyn
  - 92 Former Ugandan dictator
  - 93 Reach the tarmac
  - 94 Sicilian peak
  - 95 Study hard
  - 96 Number crunchers: Abbr.
  - 97 Humorist Bombeck
  - 98 Summer treat
  - 99 *Peter Pan* dog
  - 103 New Haven student

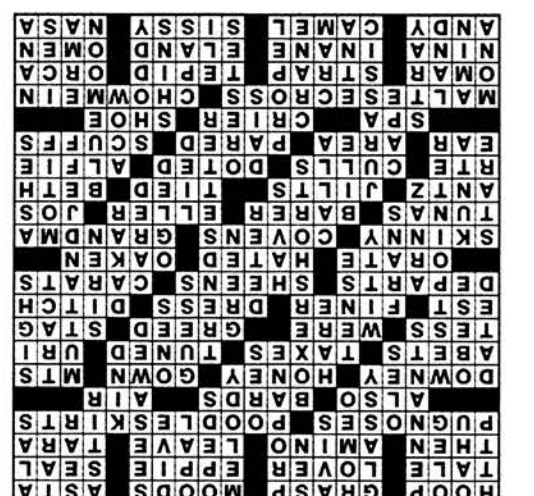
CREATORS SYNDICATE © 2004 STANLEY NEWMAN

[WWW.STANXWORDS.COM](http://WWW.STANXWORDS.COM)



You can contact puzzle editor Stanley Newman at his e-mail address: [StanXwords@aol.com](mailto:StanXwords@aol.com). Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

The nickname EPPLE (21 Across) of advice columnist Ann Landers was derived from her given names, Esther Pauline. Specifically, a BLUE MOON (78 Down) is a second full moon in a calendar month. Former U.S. poet laureate MONA Van Duyn (91 Down) received a 1991 Pulitzer Prize.





**ONE WAY TICKET** – This popular duo returns to the Nordic Fox on Saturday, Nov. 20 from 6 to 9 p.m. performing songs by the Beatles, Elvis Presley, Buddy Holly and other greats. Sal Geraci (left) plays guitar and sings lead vocals and Phil Daquioag plays drums and sings backing vocals. The Nordic Fox is located at 10924 Paramount Blvd. For information call 869-1414.

### Friends 'holiday marketplace' Nov. 20

**DOWNEY**—The Friends of the Downey City Library are again offering their popular Holiday Open House and Marketplace Saturday, Nov. 20 in the library Cormack Room from 10 a.m.-12 p.m. On sale will be hand-crafted items, fall and Christmas decorations, baked goods, first edition books, Walt Disney videos and quality recycled gift items.



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Reservations Suggested

Fish, Veal, Seafood, Filet Mignon, Osso Buco, Duck, Lamb, Pastas, Appetizers, Salads & Desserts. All entrees include soup or salad.

Starting at \$12 and up. Saturday - dinner only, casual dress code.

Happy Hour! Monday - Friday 4 - 7 pm (562) 776-6067

Hours: Lunch: 11:30 am - 3:30 pm 8724 Garfield Ave., Suite 101  
Monday - Sunday Dinner: 4:00 pm - 9:30 pm South Gate

## “Bye Bye Birdie” flies back to DCLO

**DOWNEY** – Downey Civic Light Opera Executive Producer Marsha Moore has announced that the next DCLO production will be “Bye Bye Birdie,” which will play at the Downey Theater from Feb. 17 through March 6.

“Bye Bye Birdie,” with music from Charles Strouse and lyrics by Lee Adams, with book by Michael Stewart, is a tuneful evocation of the 1950s in America, when most of the nation watched the Ed Sullivan television show Sunday nights, a well-publicized kiss between a rock ‘n’ roll star and a teenage girl could become a must-see event, and the Generation Gap became an institutional headache for parents and teens alike.

The show opened on Broadway in April of 1960 and starred Chita Rivera and Dick Van Dyke, directed by Gower Champion. The DCLO staged it in 1986.

Group rates are available. For tickets or information, call 923-1714.

### ‘The Nutcracker’ coming to Downey

**DOWNEY** — Featuring new choreography, new costumes and new sceneries, ‘The Nutcracker’ has four upcoming performances at the Downey Theatre: Dec. 10 and 17 (Fridays) at 7:30 p.m., and Dec. 11 and 18 (Saturdays) at 2:30 p.m.

For information/tickets call (562) 496-1766 or visit www.scdt.com.

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**River Palms Resort & Casino Laughlin**  
March 15, 16, 17, 2005 Departing: Downey High School at 6:00 am  
Includes: room, transportation, taxes & baggage handling & two buffets  
\$79.50 p.p. Dbl. Occ.

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**Flamingo Hotel & Casino Laughlin**  
Nov. 20, Dec. 18, 2004 Departing: Downey High School at 6:00 am  
Includes Buffet 8-Hour Turn-Around Back at 11:30 pm  
\$17.50 p.p.

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**Plaza Hotel & Casino Downtown Las Vegas**  
Jan. 11, 12, 13, 2005 Departing: Downey High School at 6:00 am  
Includes room, transportation, taxes & baggage handling  
\$98.50 p.p. Dbl. Occ.

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**TUESDAY SPECIAL**  
**PALA Entertainment Center Temecula, CA**  
Tuesday, Feb. 8, 2005  
Departing: Downey High School at 6:30 am  
Back at 5:30 pm  
\$12.50 p.p.

**ENTERTAINMENT FUN BUS**  
For Reservations or information on Other Tours  
Call Alen (562) 923-1755

**DOWNEY CHAMBER OF COMMERCE**  
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## BEETHOVEN

the wings.

The musical evening with the Downey Symphony Orchestra under the baton of Thomas Osborn began with Samuel Barber's Essay for Orchestra No. 2, and followed with the fine Borodin Symphony No. 2 in B Minor. Then following intermission, Krieger and the Downey Symphony delivered the Beethoven of the year, of many years in fact.

The evening wrapped up with a rousing rendition of the Overture to Bernstein's West Side Story.

Krieger is the winner of many awards. In the spring of 1997 he was named Associate Professor of USC's prestigious Thornton School of Music.

Sunday he shone as a soloist.

Future concerts by the Downey Symphony include Saturday, Jan. 29, 2005 featuring the artistry of violin soloist Martin Chalifour; a joint evening featuring music and dance Saturday, April 2, 2005, with Jon Engstrom, tap dance and waltz soloist with a background of Broadway appearances as well as director and choreographer for the Downey Civic Light Opera. For information call (562) 403-2944 or write the Downey Symphonic Society, P.O. Box 763, Downey CA 90241.

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NATIONAL TREASURE PG	(12:30 3:45 7:00 10:15)
SPONGEBOB SQUAREPANTS PG	(10:30 12:55 3:20 5:45 8:10 10:35)
SEED OF CHUCKY R	(10:45 1:05 3:25 5:45 8:05 10:25)
AFTER THE SUNSET PG13	(11:30 2:00 4:30 7:00 9:30)
THE POLAR EXPRESS G	(10:15 12:50 3:25 6:00 8:35)
THE POLAR EXPRESS G	(11:15 1:50 4:25 7:00 9:35)
THE INCREDIBLES PG	(10:00 12:50 3:40 6:30 9:20)
THE INCREDIBLES PG	(11:00 1:50 4:40 7:30 10:20)
RAY PG13	(11:15 2:40) 6:05 9:30
SAW R	(10:25 12:50 3:15) 5:40 8:05 10:30
THE GRUDGE PG13	(10:30 12:55 3:20) 5:45 8:10 10:35

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★ **NATIONAL TREASURE** (10:45, 1:40, 4:40), 7:40, 10:35  
★ **THE SPONGEBOB SQUAREPANTS MOVIE** (11:45, 2:25, 4:50), 7:10, 9:30  
**AFTER THE SUNSET** (11:30, 2:05, 4:35), 7:35, 10:00  
**SEED OF CHUCKY** (12:20, 2:45, 5:10), 7:20, 9:45  
★ **THE POLAR EXPRESS** (11:20, 12:45, 2:00, 3:20, 4:45), 6:20, 7:25, 9:00, 9:55  
**THE INCREDIBLES** (11:00, 12:30, 1:45, 3:30, 4:30), 6:30, 7:15, 9:15, 10:00  
**THE GRUDGE** (11:50, 2:15, 4:40), 7:40, 10:05

Times for Friday-Tuesday, November 19-23, 2004  
Bargain Matinee ( ) Advance ticket sales  
No Passes ★ www.movietickets.com

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# League explores 'who's Air is it'?

**DOWNEY**—Who's Air is it? You are invited to join the League of Women Voters Downey Area for a video presentation, "Our Democracy Our Airwaves," followed by a discussion led by League President Gloria Katz. The date will be Saturday, Nov. 20, time 10 a.m., location 10429 Rives Ave., Downey. The meeting is free and there will be coffee.

## Cancer support group at DRMC

**DOWNEY** – Downey Regional Medical Center hosts a free cancer support group each Wednesday from 4 to 5 p.m. The hospital is located at 11500 Brookshire Ave. For more information call 806-2790.



**MANY THANKS** – The Downey Council PTA HELPS program, a service organization run completely by volunteers, sends their gratitude to Massey Cadillac & Chevrolet for their recent \$1,000 donation. The HELPS group is currently in need of non-perishable foods and Christmas gifts for their yearly Holiday Basket program. To help, call Stacy Brabant, 927-8511, or HELPS directly at 861-9833.

## Masonic Lodge meeting every Monday

**DOWNEY** – Metropolitan Masonic Lodge #352 meets every Monday at 6:30 p.m. at 8244 3rd St. for their dinner and meeting. For more information call 869-3521.

# Rosemarie McDonald passes away at 74

**DOWNEY** – Rosemarie McDonald, after a prolonged hospital stay, died Nov. 16. She was 74. A wife, mother and grandmother, she was known as "Rosi" to her friends and family. She was born in Dresden, Germany in 1930 and came to California in 1950, becoming a United States citizen shortly thereafter. She raised three children and earned a nursing cap at age 52. Rosemarie is survived by her husband, John; three children, Bruce, Bill and Wendy; and three grandchildren. Services will be held Nov. 23.

## 'Christmas Tree Brunch' Nov. 21

**DOWNEY**—The Assistance League of Downey invites the public to its "Christmas Tree Brunch" Sunday, Nov. 21 at the Long Beach Hilton, 701 W. Ocean Blvd., from 10 a.m.-3 p.m. The League says there will be many interesting and fun things with which you can start your holiday season, such as silent auctions, Christmas trees decorated by members, jewelry vendors, a Bake Shoppe with home-cooked goodies, cupboard treasures, and much more. Brunch will be served at noon, followed by entertainment provided by the world-renowned Citrus College Singers, and the singing of Christmas carols. Funds from the Brunch will help the League continue their many philanthropic projects. Fee for the brunch, which is open to everyone, is \$50 adult and \$25 for children. There will be a children's menu available. Reservations are required and may be made by calling 923-4558. Co-chairmen of the event this year are Peggy Farnham and Judy Faust.

## Mexican Riviera cruise Dec. 11-18

**DOWNEY**—The Temple Ner Tamid Brotherhood will have its 7-day Cruise to the Riviera fundraiser Dec. 11-18 aboard "ms Ryndam." The community is welcome to participate. Activities aboard the vessel include nightly shows, lectures, games, movies, art auction, swimming and gourmet dining. Amenities include a computer room, library, game room, and lounge rooms where you can dance or just relax and listen to great music. For more information, call Jan at (714) 236-4242.

11.00am to 6:00pm **Rio Hondo** Adults \$17.95 Children under 12 \$8.95  
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- Sea Food Bar
- Tossed Green Salad with 3 Dressings
- Waldorf Salad
- Marinated Artichoke
- Potato Salad
- Three Bean Salad
- Rainbow Rotelli Pasta Salad
- Marinated Mushrooms
- Marinated Baby Corn
- Fresh Italian Vegetable Salad
- Shell Pasta Salad
- Roasted Sirloin Beef with Au Jus
- Roasted Turkey with Traditional Dressing
- Italian Pepper Steak
- BBQ Pork Ribs
- Beef Broccoli
- French Curry Pork
- Sea Food Creole
- Fresh Salmon with Lemon Butter Sauce
- Tortellini Pasta with Meat Sauce
- Green Bean Almandine
- Honey Glazed Baby Carrots
- Yams
- Red Potatoes
- Whipped Potatoes
- Assorted Desserts & Pastries
- Beverages

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- \$25 Formulary Brand Drug Copayment
- \$1,500 Formulary Prescription Drug Limit (Limit applies to brand drugs only; generic drugs are unlimited.)

To make a reservation for a meeting in your area.

### 2005 Universal Care Health Advantage New Benefits Meetings

	DECEMBER MEETINGS		BELLFLOWER		JANUARY MEETINGS	
<b>SOUTHGATE</b> Sizzler 3905 Tweedy Blvd.	Dec. 2	11:30 am	Sizzler 10153 Artesia Blvd.	Jan. 6	11:30 am	
<b>PICO RIVERA</b> Casa Gamino 9060 Slauson Ave.	Dec. 9	11:30 am	<b>DOWNEY</b> Sizzler 10315 Lakewood Blvd.	Jan. 10	11:30 am	Jan. 26 11:30 am
<b>DOWNEY</b> Sizzler 10315 Lakewood Blvd.	Dec. 13	11:30 am	<b>BELL GARDENS</b> Eva's Cookery 7211 Garfield	Jan. 13	10:00 am	
<b>NORWALK</b> Sizzler 11835 Imperial Hwy.	Dec. 20	11:30 am	<b>NORWALK</b> Sizzler 11835 Imperial Hwy.	Jan. 18	11:30 am	
<b>PARAMOUNT</b> Casa Gamino 8330 Alondra Blvd.	Dec. 21	11:30 am	<b>BELL</b> Hometown Buffet 6257 N. Atlantic Blvd.	Jan. 20	10:30 am	

Or to receive more information, Just call: **(562) 904-6014**  
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**HITTING THE LINKS** — Celebrating 80 years of service to the community through the Rotary/ARC Golf Tournament is Gold sponsor Carol Pearce, #1 International Real Estate, with her low gross winning foursome of Cesar Guzman, Vince Robles and Richard Langton. All proceeds went to ARC of Southeast Los Angeles County, which helps people with developmental disabilities. For information on Rotary membership call Carol at (562) 622-1425.



**FRANCISCO J. GOMEZ**—Who works for Century 21 Jervis & Associates, was installed as the 58th president of the Downey Association of Realtors on Nov. 13. He can be reached at (562) 862-2226.

### Emergency Preparedness for Downey

**DOWNEY** – The Emergency Preparedness Committee for the City of Downey meets every third Wednesday of the month at 6 p.m. at the Barbara Riley Community Center, 7810 Quill Drive. For information call City Hall at 869-7331.

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## SCHOOL BOARD

\*Approved change order 1 to the open purchase order for repair parts or buses with Napa Auto Parts of Fontana in the increased sum of \$3,000 to be charged to the Maintenance fund.

\*Approved change order 1 to the open purchasing order for irrigation parts with Aqua-Flo of Torrance in the increased sum of \$5,000 to be charged to the Maintenance Fund.

\*Approved change order 1 to the open purchasing order for plants and nursery supplies with AY Nursery of South Gate in the increased sum of \$5,000 to be charged to maintenance.

\*Approved change order 1 to the open purchase order for materials to repair and fabricate with Phillips Steel of Long Beach in the increased sum of \$3,000 to be charged to Maintenance Fund.

\*Approved change order 4 for new stadiums structural package for Downey and Warren high schools with R & G Builders of Irvine in the increased sum of \$16,579 to be charged to the Bond Funds.

\*Approved change order 1 for the new stadiums mechanical controls with Coutts Heating and Cooling of Corona in the increased sum of \$14,270 to be charged to the Bond Funds.

\*Approved change order 7 for the electrical bid package on the high school stadiums with Mel Smith Electric of Stanton in the increased sum of \$3,710 to be charged to the Bond Funds.

\*Approved change order 2 for the new stadiums fire protection bid package with Convergent Technologies of Fountain Valley in the increased sum of \$3,082 to be charged to the Bond Funds.

\*Approved change order 2 for the new stadiums exterior and interior finishing and asphalt paving by Terra Pave of Whittier in the increased sum of \$29,742 to be charged to the Bond Funds.

\*Approved change order 1 for classroom building at Alameda Elementary School with SMC Construction of Irvine in the increased sum of \$6,488 to be charged to the Bond funds.

\*Approved adjustment to the General Fund budget to reflect increases in income and appropriations.

\*Approved the transfer of funds for the Food Services Nutritional Program, Administrative and Instructional Programs.

\*Approved the purchase of equipment, as listed.

\*Authorized the services of several teachers assigned subject areas not listed on their credentials for the school year.

\*Ratified the abolishment and establishment of several instructional assistant positions.

The next public meeting of the DUSD Board of Education will be at 5 p.m. Tuesday, Dec. 7 at the Administration Center, 11627 Brookshire Ave.

### Adult study sessions at Temple

**DOWNEY**—Temple Ner Tamid of Downey, 10629 Lakewood Blvd., is continuing their "interesting and thought-provoking" afternoon and evening Adult Education Study sessions. The classes are conducted by the Temple's Spiritual Leader, Cantor Kenneth Jaffe.

The classes are free to Temple members; for nonmembers, a donation of \$18 for the term is suggested, but no one is turned away.

For more information call the Temple office at 862-9276.



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**During the Holiday Season more than ever, our thoughts turn gratefully to those who have made our progress possible. And in this spirit we say, simply but sincerely... Thank You and Happy Thanksgiving to you and all those you hold dear.**

**VACANT LAND - DOWNEY**  
 Attention investors, central Downey location with 6,400 square feet - asking \$299,000. Please verify zoning use with the City of Downey. Call Carol for more details.

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**HOME FOR SALE**  
Seller motivated. Helping w/some closing cost. Location, location, 10915 Hasty Ave. (N. Downey), asking \$659,000. Approx 7,000 sq. ft. lot size, 1900 liv. sq. ft. Home has 4 BR, 3 baths, 2 story. Home has liv. rm, din. rm, w/ 2 f/p. Excellent floor plan - priced right to sell. Contact Frank Castro.  
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Seller motivated. Seller to pay \$10,000 for buyers closing cost. Location, 8812 Birchleaf Ave. lot size approx. 7,000 & 1,050 sq. ft. liv. Home has 2 bed, 1 bath. Inside laundry rm. Completely remodeled home (many, many extras) priced right to sell at \$459,000. Contact Frank Castro-owner.  
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Seller Motivated. Location, Location. 9332 Farm St. Lot size, 7,500 approx. 1,700 sq. ft. liv. Home has 3 bed, 2 bath, new kitchen, bathroom. (Many extras). Priced at \$609,000. Contact Frank Castro.  
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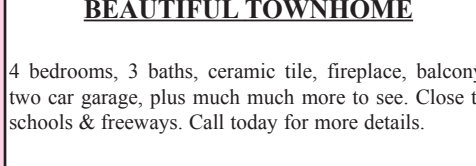


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4 bedrooms, 3 baths, ceramic tile, fireplace, balcony, two car garage, plus much much more to see. Close to schools & freeways. Call today for more details.  
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SFR 3 bedrooms, 2 baths, what a great deal you can't ask for anything better. Call today for more details & information.  
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3 bedrooms, 2.5 baths, located on desirable cul-de-sac. Features master bdr, 3 car garage, and much more to see.  
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**9807 Brookshire. Turnkey Property.** 3 BR, 2 BA, fully upgraded kitchen w/granite counter tops, remodeled baths, one w/jacuzzi tub, tile floors, central heat and A/C. French doors that lead to park like backyard. Room for a pool.  
**Priced reduced to \$609,900.**



**7928 Phlox St., Downey.** 3BR 1 1/2 BA, large living room w/sliding doors that leads to backyard, formal dining room, large family kitchen w/eating area, home features 1,279 sq. ft. **Listed at \$459,000**

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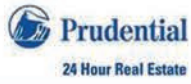
### The Wise Man Built His House....

Upon Castle Rock in Diamond Bar. 3 Bedrooms, 2 Baths, move-in condition, Living Room w/fireplace & wood floors, C/A +C/H, Kitchen & Baths remodeled, fenced in pool.  
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 This 2 bedroom, 1 bath home is a winner! It has been highly upgraded with solid oak cabinets in kitchen, marble flooring, tile countertops, cedar-lined cabinets, central air & heat, and top-of-the-line windows and doors. Side yard has R.V. Access and back yard has many fruit trees. Priced at \$399,000.  
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**TURNKEY!**  
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**NORTH DOWNEY DUPLEX**  
 Each unit is 2 bedroom, 1 bath. Rear unit with back yard. Property is on a raised foundation, has a 2 car detached garage, and each unit has its own laundry hook-ups. Rents are below market. Price: \$549,000.  
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