



# The Downey Patriot

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Friday, January 14, 2005

Vol. 3, No. 38

11525 DOWNEY AVE., SUITE A, DOWNEY, CA 90241

## Practicing some yoga with Downey's yogi

By Eric Pierce

**DOWNEY** – Two weeks ago, a fascinating ball of positive energy bounced its way into the Downey Patriot office. Bronze-skinned and captivating, it was this city's unofficial self-help guru/celebrity life coach—Downey's answer to Dr. Phil.

Happiness, thy name is Yogi Ramesh.

Always the honest one, he'll poke your stomach while trying to guess your weight, and lead you in a breathing exercise to undo the 'smoking damage' you have very obviously suffered. From anybody else, it would have warranted a sneer; Yogi receives embarrassed admissions of guilt.

Quirky, yet lovable, he has been a yoga practitioner for more than 40 years, having honed his skills in his native India. He now runs Universal Yoga Center, based out of Downey. On this morning, he was in the office dropping off promotional material for his Oxygen Power Yoga and Laughter Therapy workshops at the community center. The idea was brought up of a possible feature story. Skeptical, I looked over his pamphlets.

"[The class] induces mood-enhancing endorphins into the bloodstream creating a feeling of happiness while suppressing stress-inducing chemicals," one flyer promised. "Yogi Ramesh's lifelong mission is to give the knowledge of internal healing, and to have his students create the divine life that they are meant to live."

Riiiiiiight. I continued reading anyway.

"A celebrity guru, Yogi Ramesh has appeared on such television programs as The Roseanne Show and Oprah..."

OK, now he *really* wasn't helping himself.

Nonetheless, it's hard to say no to the guy, so I agreed to one Yogi-hosted yoga session, put on last Thursday at the Barbara J. Riley Community & Senior Center.

Much to my surprise, the class was populated by very normal-looking people. (Even Yogi was sporting a Paco Jeans sweatshirt.) One of which was Downey resident Sonia Dubon, 48, who credits Yogi's classes with helping eliminate her chronic back pain.

"It's easy with [Yogi]," Dubon said. "It's not like you see on TV, with people all twisted. He teaches balance, coordination, relaxation and, of course, healthy eating."

Indeed, Yogi's classes are as much about spiritual and emotional enrichment than bending into a human pretzel. He teaches to love one's body, literally. ("I love you heart!" he exclaims, clutching his chest. "I love you, I love you, I loooooove you!") And he believes that the country is overmedicated — if people simply learned to breathe properly, they could let go of stress a lot easier, saving themselves trips to the doctor's office.

"Loving, breathing, laughing, it's all good for heart disease," says Yogi, leading the class in breathing exercises. "They say, 'I got headache, I go to Rite-Aid, I get medicine...' I say 'Shut up! Be your own doctor. If you need them, they are there, but do not depend on them.'"

Apparently, Yogi is on to something because CareMore has employed the yoga master for five years running, deploying him to senior centers throughout the Southland.

Breathing is key to successful yoga, Yogi says, and he demonstrates how to channel oxygen to specific parts of the body. An inhalation of air and a tilt of the head pushes oxygen to the back of the brain, a surefire remedy for headaches. And the secret to losing weight? Breathe with your stomach, release with your mouth.

Of course, it was impossible in only one class to grasp the full complexities that make yoga what it is. While unorthodox, the class is far from silly, especially when considering the stakes involved: Los Angeles Unified School District teacher Michele Schutt uses Yogi's teachings as a tool in her battle against Parkinson's disease, and more than a couple are trying to do away with internal cancers.

Yet, even with such heavy-hearted issues lingering like dark clouds on the horizon, Yogi puts on a smiling face.

"If you are happy here, you will be happy there," he says, tapping his chest and pointing to the skies.

(Yogi Ramesh conducts twice-weekly yoga classes out of the Barbara J. Riley Community & Senior Center. For information, call (562) 529-3290 or visit [www.universalyoga.org](http://www.universalyoga.org).)

## Police make arrests in robbery cases

**DOWNEY**—Police here have made arrests in separate robbery cases. Downey police took a lone male in custody Jan. 7 for a series of robberies that have plagued residents of a large apartment complex over the past month.

In a separate case, two males, one an adult and the other a juvenile, were arrested in Paramount following an armed robbery of a Downey donut shop earlier Sunday, Jan. 9.

In the first arrest, the suspect is believed to be the man who used a knife in a series of four armed robberies since early December in the complex of apartments at 10000 Imperial Highway. The suspect was held after a brief foot chase near the area of the holdup. Officers Dustin Doyle and Leandra Joy found him in his family's apartment at 9999 Imperial Highway, along with evidence linking him to the crime, police said.

Four counts of robbery have been filed against him by the D.A., and he is also wanted on warrants in prior burglaries.

On Sunday, Jan. 9, Jenny's Donut Shop at 12637 Lakewood Blvd., was

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**HE IS HAPPY, HE IS RELAXED** – Yogi Ramesh, founder of the Universal Yoga Center in Downey, leads regular classes at the community center. He also hosts his own yoga TV show on cable and has been featured in numerous movies and commercials.

## New and old faces grace city panels

**DOWNEY**—The City Council has approved a number of appointments to city boards, commissions and committees by Councilman David Gafin in District 1, and Mayor Anne Bayer in District 4.

The action was at Tuesday's regular Council meeting.

Gafin's appointments announced Tuesday included:

- \* Dee Bacus to the Traffic Committee.
- \* Patti Brode to the Health & Environmental Sanitation Committee.
- \* Bill Minasian to the Health and Environmental Sanitation Committee.
- \* Michael Murray to the Planning Commission.
- \* Jan Scott to the Emergency Preparedness Committee.
- \* Martin Susnir to the Water Advisory Board and Water Facilities Corp.
- \* Mark Vasquez to the Recreation and Community Services Commission.
- \* Rachel Villalobos to the Parking Place Commission and City Hospital Commission.
- \* Nikki Utermohlen to the Public Facilities Corp., and Personnel Advisory Board.

Mayor Bayer appointed Terry Lambrose to the Planning Commission.

## Walk for Independence slated for Mar. 12

**DOWNEY** – The Arc Walk for Independence, the signature event for Arc of Southeast Los Angeles County, will be held Saturday, March 12 at the Stonewood Center near Acapulco Restaurant.

The Arc (formerly the Association for Retarded Citizens) has seen its annual event grow from 220 walkers in 1997 to more than 1,400 in 2004. In eight years it has raised more than \$380,000 to help people with developmental disabilities.

The event includes the choice of two walking courses: a one-mile and a three-mile course. A marching band, clowns and balloons regularly line the walk and prizes are awarded for the largest registered team, most sponsorship money raised, and other honors.

Registration forms are available by calling Arc and businesses, churches, schools and individual families are encouraged to participate. Fee is \$10 per person; children under 10 are free.

For registration and information, call 803-4606.

## City's backup pact for legal services

**DOWNEY**—The City Council approved an agreement with the law firm of Oliver, Vose, Sandiver, Murphy and Lee for on-call legal services.

The contract approved Tuesday is a follow up to City Attorney Charles Vose's appointment as a City employee (full time), last month, and allows the City to call on the law firm to provide general legal service work at times when the City Attorney is on vacation or otherwise unavailable.

The estimated expense to the City is estimated at \$10,000 per year.

It was noted the cost is dependent on the amount of litigation the City faces, which varies widely from year to year.

## Security hiked at Parking Structure

*Guard patrols will help*

By John Adams

**DOWNEY**—The City Council, acting as the Community Development Commission, has awarded a contract not to exceed \$45,000 to SOS Security Incorporated for security services at the City's Downtown Parking Structure.

The action was approved unanimously at Tuesday's regular Council meeting.

Councilman Meredith Perkins asked staff why surveillance electronics had not been included when the structure was built. He was told by staff that it had been considered but deemed impractical because of the low ceilings.

**Hours varied**

Total hours for the security guard patrols are estimated at 60 per week in the peak months of January, June and July; with four hours Mondays, four hours Tuesdays, four hours Wednesdays, six hours Thursdays, 14 hours Fridays, 14 hours Saturdays and 14 hours Sundays.

Recommended hours for guard patrols for the remaining nine months are set for 40 hours per week, with eight hours per day on Fridays, Saturdays and Sundays and four hours Thursdays.

The cost breakdown is \$31,000 for the cost of patrol; \$11,000 for contingency and \$3,000 for the construction of a golf cart enclosure. The contingency inclusion is to provide special hours as need is found.

The golf cart itself will be a contribution from the city-owned Rio Hondo Golf Course.

**Longtime trouble spot**

The Parking Structure has been a problem since its completion with numerous burglaries and car vandalisms noted.

Idlers have often managed to elude police by melting into the nearby theater crowd in peak hours.

In other action Tuesday the Council:

\* Awarded a contract to SOS Security, Inc., to provide security services and a security guard at the City's Downtown Parking Structure for an annual amount not to exceed \$45,000.

\* Acting as the City Council accepted the improvements and responsibility for the new Rio Hondo Clubhouse and Parking Lot.

**Legal services**

\* Approved a contract for on-call legal services with Oliver, Vose, Sandifer, Murphy and Lee.

\* Approved a Budget Calendar for the 2005-06 Budget.

\* Received and filed the Comprehensive Annual Financial Report for fiscal year ending June 30, 2004.

\* Approved the 2005 Investment Policy.

\* Approved a contract with Gyroscope, Inc., for exhibit design services for the Columbia Memorial Space Science Learning Center in the sum of \$320,000.

\* Appropriated \$12,800 from the state Department of Parks and Recreation Grant for replacement of equipment at the Downey Pool.

**Power company agreements**

\* Approved agreements with Southern California Edison for work in

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## Debate on committee jobs, hot and long

By John Adams

**DOWNEY**—Members of the City Council differed vehemently over the reassignment of board, committee and subcommittee jobs at Tuesday's regular Council meeting.

Councilman Kirk Cartozian took exception to the realignment suggested by newly seated Mayor Anne Bayer which he said reduced his assignments by seven positions leaving him almost nothing to do.

To settle the debate that followed the Council decided to consider the lengthy list of assignments one-by-one.

While most of the assignments remained unchanged from the Mayor's original list, there were some key changes including Gangs Out of Downey (GOOD) which Cartozian will share primary representative with Councilman David Gafin; the City Chamber of Commerce Committee which Cartozian will share with Gafin; and the Downey Landing Park Site/Learning Center which he will share with Mayor Bayer.

Cartozian submitted a letter to the members of the Council which he read aloud. It read:

"Although the Mayor is responsible for suggesting such assignments, it is the City Council's duty to approve them. Noting the current recommendations for assignment, there is a drastic change from previous years. Due to such change, it is pertinent that the Council not approve the recommended assignment list by a slate vote.

"In the proposed list, I have been removed from seven assignments on which I had previously served. Most of those assignments had been for four years, during four different mayoral terms."

The Mayor responded to the letter's reading by assuring the Council and audience that she had considered her reassignments quite carefully.



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## Masonic Lodge plans officer installation

**DOWNEY**—The open installation of the 2005 officers of Downey United Masonic Lodge #220 will be held at 7:30 p.m. Saturday, Jan. 22 at the Lodge Temple, 8244 Third St.

Elective officers to be installed include: Scott T. Morissy, active in many Downey activities, as worshipful master; Rory Richardson, senior warden; Michael Yolton, junior warden; Charles Hutchinson, treasurer; Robert Vlerick, secretary; and Glenn Blackwood, assistant secretary.

Appointive officers to be installed include: Chris Chavez, chaplain; Norman Dant, senior deacon; Russell Baker, junior deacon; Howard Phillips, marshal; Herbert Cook, senior steward; Sergio Martinez, junior steward; and Fernando Vega, tiler.

Past Master Hugh Hoskins will be officers coach, while Past Master Dan Paul will act as assistant officers coach.

Refreshments will be served following the installation. For more information on lodge activities, call Scott Morrissy or Robert Vlerick at 862-4176.

## Chamber taps Rodriguez to fill seat

**DOWNEY** – The Downey Chamber of Commerce Board of Directors has announced the appointment of Rick Rodriguez to the Board, who will serve the unexpired term of Dave Gafin who was elected to the City Council in November.

President and CEO of RMI International Inc., Rodbat Security Service, Rodriguez's company has been stationed in Downey for nine years, offering security and guard services. He began his career in 1981 when he worked as a field supervisor for Armored Transport of California.

In 1994, Rodriguez was chosen by International Corporate Security Ltd. to help manage international security with dignitaries from numerous countries throughout Southeast Asia. He also served in the office of the Deputy Prime Minister of Interior and Foreign Trade in Thailand and handled a crisis management team for Honda Motor Co.

Today, his company employs more than 500 while serving 30 clients in over 23 countries. He lives in Downey with his wife and six children.

## Miss Downey applications due Monday

**DOWNEY** – Miss Downey and Miss Teen Downey applications are being accepted until Jan. 17, when the Downey Rose Float Association hosts a rehearsal at 7 p.m. in the Dance Room at the Barbara J. Riley Community & Senior Center.

Miss Downey contestants should be 16-23 years old; Miss Teen Downey 13-15.

Applications are available at Johnny & Co., Gold 'N' Baked Hams, Downey Chamber of Commerce, Downey Rent-A-Tux or online at [www.downeyrose.org](http://www.downeyrose.org). Call 824-7172 for more details.

## Word processing class at library

**DOWNEY** – The Downey City Library will soon begin a word processing class, which will help students to quickly and easily compose letters and documents on their home computers.

"Beginning Word Processing" will be offered Wednesday, Jan. 26 from 10:30 a.m. to 12 noon in the computer lab. Students will learn how to create, select and modify text, as well as how to edit and save documents. "This class is ideal for the beginning user," instructor Claudia Dailey said. "Our computer classes offer students time to practice and ask questions as they learn."

The class is free. For reservations and information, call the Adult Desk at 904-7360 ext. 32.

## Temple Sisterhood Skirball tour Jan. 26

**DOWNEY**—The Sisterhood of Temple Ner Tamid of Downey is scheduling a tour of the Skirball Museum Wednesday, Jan. 26. The plan is to meet at 10 a.m. at the Temple, 10629 Lakewood Blvd., then the members will car pool. The docent tour is at 11:20 a.m.

Reservations need to be made ahead—\$8 fee for those over 65, and \$10 for those under 65. All checks must be sent to the Temple Office—Sisterhood Mini Tour, Attn. Ruth Greenberg. Reservations for lunch together in a group should be indicated when check is sent in.

For more information, call the Temple office, 861-9276.

## Art league to meet in Paramount Jan. 23

**DOWNEY**—The Downey Art League for its first general meeting of 2005 will be joining Traditional Art League (TAG) Sunday, Jan. 23 from 2-4 p.m. at Progress Park Plaza Community Center, 15500 Downey Ave. in Paramount.

Guest demonstrator will again be Rafael Maniago, whose resume boasts a rich background as a portrait artist in his native Philippines. He continued his fine art studies at the Pasadena Art Center upon his arrival here in the U.S., deepening his skills as a portraitist. Today, he also does outdoor paintings and teaches art as well.



**RANCHO LOS AMIGOS**—Adult Day Services administrator Nancy Bosnich and activities coordinator Rodel Reyes in front of Rancho display in Downey City Library lobby during whole month of January.

## Rancho adult services on display at city library

**DOWNEY**—Adult day services at Rancho Los Amigos National Rehabilitation Center are featured during the month of January in a special display at the Downey City Library, 11121 Brookshire Ave.

The exhibit in the library lobby highlights many of the program's outstanding activities and services offered at Rancho, a California State-licensed adult day health care and Alzheimer's day care resource center in Downey serving individuals with physical and memory impairments.

The display, designed by Rancho activities coordinator Rodel Reyes and adult day services administrator Nancy Bosnich, features many of the crafts, exercise activities and support services available to patients and their families in the Rancho program, whose motto is: "We all go through life one moment at a time: at Rancho Adult Day Services, we enhance the moment."

To learn more about the program, stop by the library, or contact the library at 904-7360, Ext. 32, or Rancho, 401-7991.

## American Cancer Society open house

**DOWNEY** – The American Cancer Society will host an open house tomorrow, Jan. 15, from 12 noon to 3:00 p.m. Their offices are at 9901 Paramount Blvd., Suite 245.

## Symphony Guild sponsors library tour

**DOWNEY**—In appreciation of the support the community has given the Downey Symphony and the Music in the Schools Program, the Downey Symphony Guild has arranged for a free bus ride and tour of the Cerritos Library on Thursday, Jan. 20.

Tour participants will gather in the parking lot of the Downey Hometown Buffet at 9:45 a.m. and return to the same location at about 12:30-1 p.m. Coordinating the tour is Pauline Hume, 869-0422.

## Keep Downey Beautiful hotline numbers

**DOWNEY**—Keep Downey Beautiful, a functional arm of the City of Downey Public Works Department, has provided the following Hotline Numbers for the public's use:

- Graffiti**  
562-923-4484
- Shopping Carts**  
800-252-4613
- Illegal Dumping**  
562-904-1161
- Household Hazardous Waste**  
1-800-CLEAN-LA

Free hotline magnets, courtesy of Keep Downey Beautiful, are available at City Hall's 2nd floor at the Public Works counter.

## Annual Community Job Fair March 12

**DOWNEY**—The Downey Chamber of Commerce and Downey Adult School are again co-sponsoring the upcoming Third annual Community Job Fair on Saturday, March 12 which will be held at the Barbara J. Riley Community & Senior Center/Diane Boggs Auditorium, 7810 Quill Drive, Downey, from 9 a.m.-1 p.m.

The job fair brings prospective employers and employees together. The chamber expects 1,000 job seekers, up from 900 last year. Career enrichment workshops will also be available.

For more information, call the Downey Chamber of Commerce, 924-2191, or Tina Campos, Downey Adult School, 940-6257.



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Sizzler  
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**Thursday, January 20th**  
10:00 a.m. Lunch  
Baker's Square  
5520 South St., Lakewood

**Thursday, January 20th**  
9:30 a.m. Lunch  
Hometown Buffet  
6257 Atlantic Ave., Bell

**Friday, January 21st**  
10:00 a.m. Lunch  
Hometown Buffet  
11471 South St., Cerritos

**Monday, January 24th**  
3:00 p.m. Dinner  
Mimi's Café  
8455 E. Firestone Blvd., Downey

**Wednesday, January 26th**  
10:00 a.m. Lunch  
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## Continuity?

By John Adams

The proceedings at Tuesday night's City Council meeting were a perfect example of how division and dislike can make the process of routine business almost impossible.

The hard feelings in the wake of an abortive effort to fire the City Manager more than a month ago are still with us and surfaced Tuesday when the allocations of committee, sub-committee and board seats were recommended by the new Mayor, Anne Bayer. Her recommendations left Councilman Kirk Cartozian with seven fewer seats than he has been filling for the City.

Cartozian complained by reading a written statement at the council meeting. The result was the Council decided to laboriously plod through each committee and board assignment to each councilmember, approving each one by individual vote. Cartozian got some of his seats back. Others were reassigned as Bayer suggested.

When challenged over her earlier decision to remove seven positions from Cartozian she responded that she had considered each seat very carefully and thought each choice was better served by someone else. Even if this were so, removing him from seven seats would seem excessive. There is also something to be said for continuity.

It didn't have to come to this. But members of the Council have apparently not left the bitterness behind them. This is a real shame, because the Council has some important (even critical) decisions ahead of it including the revamping of the infrastructure to meet demands of the new Downey Landing development at the former NASA site, and negotiations with the County over Rancho Los Amigos.

We can once again, only plead for members of the City Council to leave the past battles and harsh words behind and try to work in a spirit of unity for the betterment of the entire city.

To continue in the spirit of Tuesday night would be tragic.

## Dvorak Violin will be featured Jan. 29

By Joyce Sherwin

**DOWNEY**—"Violin Flights," a program of particular interest to concert-goers, will be performed by the Downey Symphony Orchestra on Saturday evening, Jan. 29, in music by Haydn, Bartok, and Rimsky Korsakov, with featured soloist Martin Chalifour, Concertmaster of the Los Angeles Philharmonic, playing Dvorak's Violin Concerto.

**Phillips honored**

This is the second concert in this, the Symphony's 47th season, and will honor Dr. Jordan Phillips for his considerable support for the Symphony over its many years here.

The 8 p.m. performance will be in the Downey Theater, and is preceded at 7:15 p.m. by a discussion of the music by Artistic Conductor and Director Thomas Osborn. These previews greatly enhance the listener's understanding of the program, and are free to ticket holders. The works to be played include Bela Bartok's Romanian Folk Dances, Haydn's "London Symphony," "Flight of the Bumble Bee," by Rimsky Korsakov, and the popular Dvorak Violin Concerto, which requires the skill of a word-class soloist.

**For tickets...**

Tickets are \$20 and \$25, with \$10 for students, and attractive group rates available. To purchase tickets, or for information, call (562) 403-2944, or visit the Theater Box Office the evening of the performance after 6 p.m.

## Symphony Guild's annual gala Feb. 4

**DOWNEY**—The Downey Symphony Guild's annual gala, which the guild considers its most ambitious fundraiser of the year benefiting Music in the Schools and the Downey Symphony Orchestra, is set for Friday, Feb. 4 at 6 p.m. in the main ballroom of the Embassy Suites Hotel in Downey.

With "Mardi Gras" as its theme, the event will feature music, a live and silent auction of many useful and valuable items, and a "delectable" menu prepared by Gregory of Gregory's Restaurant which will reflect the cuisine of the Big Easy.

For more information, call 869-2120.



### LETTERS TO THE EDITOR:

#### Grateful to the fire department

Dear Editor,

We, the Madrazo family of Master Bakery Cuban Cafe, would like to give a special thanks to the brave and courageous Downey firemen, whose swift, valiant and expedient response extinguished a fire, and prevented that same fire from escalating into a more devastating rage that could have consumed our entire business.

We could never thank you enough for your endless support and for bringing light into our time of crisis. We are forever grateful.

A million thanks,  
—Master Bakery Cuban Cafe,  
Downey

#### Cites DRMC support

Dear Editor:

We are a group of volunteers who have been assisting newly-widowed people since 1985.

Prior to January 2004, we were jointly sponsored by AARP and Downey Regional Medical Center. AARP provided the training of volunteers as well as literature for distribution to the newly-widowed. Unfortunately, AARP terminated their connection with us, a decision handed down from California hierarchy higher-ups.

DRMC's Memorial Trust Fund has, however, deemed our grief and loss program worthy of their continued support, which is very gratifying.

We just want to let people know about this.

—Jim Shoop,  
Pico Rivera

#### 'You are an inventor'

Dear Editor:

You are an inventor. Yes, you are and have been. Every day we continue to invent ourselves by the choices we make. Sometimes others make these choices, parents, the government and sheer luck. Sometimes the choices are between two or more things, none of which pleases us, but choose we must.

You are inventing your future this very moment by the choices you make. It is the time of year when we reflect and design choices for the future. At this time of year we call them New Year's Resolutions. Make them good and follow through.

—Dr. Mary Stauffer,  
Downey

#### Women Voters League meets tomorrow

**DOWNEY**—The community is invited to the first meeting of the new year of The League of Women Voters-Downey Area, at 10 a.m. tomorrow, Jan. 15 at Furman Park, 10429 Rives Ave.

The league will be reviewing the "LWVC Education Study (Update Study)," led by chairperson Mary Loya. The findings will be presented at the next League of Women Voters-Downey area meeting. Upon reaching a consensus, the group will forward that information to the League of Women Voters-California level.

Information: 861-2986.

#### Legislative committee meets

**DOWNEY** — The Legislative Advocacy Committee of the Downey Chamber of Commerce meets the third Thursday of every month at 12noon in the boardroom of the Chamber, 11131 Brookshire Ave. For information call 923-2191.

#### Congresswomen to visit Cerritos College

**CERRITOS** — Cerritos College will host Congresswomen Linda (D-39th) and Loretta Sanchez (D-47th) as keynote speakers for the college's recognition of Women's History Month. The Sanchezes are the first sisters and the first women of any relation to serve together in Congress.

Linda Sanchez was re-elected in November 2004 to her second two-year term representing the 39th Congressional District of California, which includes the cities of Artesia, Cerritos, Hawaiian Gardens, Lakewood, La Mirada, Lynwood, Paramount, South Gate, Whittier and portions of Long Beach and Los Angeles. Prior to joining Congress, she served as the executive secretary-treasurer for the Orange County Central Labor Council, AFL-CIO.

Loretta Sanchez represents the 47th District, which encompasses the cities of Anaheim, Garden Grove, Santa Ana and some of Fullerton in Orange County. She began her congressional career in late 1996 and is currently serving her fifth term in the House of Representatives. Prior to her work in Congress, she was a financial manager at the Orange County Transportation Authority.

The congresswomen will speak March 7 in the Cerritos College Student Center, 11110 Alondra Blvd.

"Women Change America" is Cerritos College's recognition of Women's History Month, which began in 1977 as a weeklong celebration in Sonoma County, California. In years following, Congress passed a resolution designating March of every year as National Women's History Month. The resolution is reaffirmed by Congress on a biennial basis.

Re-Entry Resource Specialist and Gender Equity Coordinator Maureen May initiated "Women Change America" at Cerritos College in 1987 and oversaw its coordination every year until her retirement in 1996.

#### New water director sworn into office

**CARSON** — Newly-elected Central Basin Municipal Water District Director Edward Vasquez took his place on the Board of Directors during an installation ceremony held yesterday at district headquarters in Carson. Vasquez's territory includes Downey.

Also sworn in were re-elected members Phillip Hawkins and Olga Gonzalez, who were elected during the Nov. 2 elections.

Vasquez will represent Division I, which includes Bell Gardens, Montebello, Norwalk, Vernon and Downey. A 30-year resident of Montebello, Vasquez is in his second term on the City Council and has served on the Planning Commission for many years. He also currently serves as the Program Director/Clinical Coordinator for the Department of Radiologic Technology at Los Angeles City College.

Gonzalez was first appointed to the Central Basin Board of Directors in December 2003 and was unopposed in the elections to represent Division IV, which includes Lynwood, South Gate, Carson, Florence-Graham, Willowbrook and portions of Cudahy. She formerly served as assistant to the City Manager in South Gate and assistant to the City Attorney. Prior to joining the Board, she worked at the Orange County Transportation Authority.

Hawkins, who was also unopposed, will be serving his second term on the Board of Directors after first being elected in November 2000 to represent Division V, which includes Artesia, Bellflower, Cerritos, Hawaiian Gardens, Lakewood, Paramount and Signal Hill. He served as a member of the California State Assembly from 1994-1996. A leader in the business community, he was appointed by Los Angeles County Supervisor Don Knabe to the Los Angeles County Assessment Appeals Board.

Professionally, he is a real estate broker and has owned several businesses of his own including Realty World and Herbert Hawkins Realty in Bellflower, Century 21 in Norwalk and the Dean Company.

During the ceremony, the directors took the ceremonial oath of office.

### The Downey Patriot



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# Council receives fiscal 04 report

**DOWNEY**—The City Council received and filed the Comprehensive Financial Report for fiscal year ended June 30, 2004, at Tuesday's regular Council meeting.

The latest report differs in presentation, due to implementation of government accounting standards requiring modifications that include the listing of all the City's assets (including streets, bridges, sidewalks and other public right-of-ways), and a new reporting format (believed to be more business-like).

A brief overview of the City's accomplishments for the fiscal year and how it controls its finances is most helpful.

Among accomplishments for the fiscal year are the progress in development of the former 160-acre NASA/Boeing property, of which 30 acres have been sold to Kaiser Permanente for construction of a new state-of-the-art 450-bed Medical Center. Thirty-three acres have been purchased for a film production center and studio, with additional acres set for leasing as a studio addition.

The letter also notes the opening of the new Clubhouse facility at Rio Hondo Golf Club (city-owned), completed during the summer of 2004.

Other significant developments underway include the \$2 million Lakewood Boulevard Traffic Signal Communications project; a similar \$1.6 million for Firestone Boulevard; a \$546,000 Downtown Downey Concourse project (completed); a Firestone rehabilitation project budgeted for \$1.3 million to assist traffic for the Boeing project; and a \$7.7 million improvement plan for Lakewood Boulevard and Imperial Highway to facilitate access to the Boeing project.

The City has also sold 20 acres of the former NASA/Boeing site for development of a retail center to be completed in the fall of 2005, and 22 acres are slated for a park containing a Columbia Memorial Space Learning Center and Museum.

The letter vows to assist businesses here through a less intensive business license fee structure and various grant programs.

It also outlines the internal control structure designed to provide reasonable assurance. It also notes the independent audit by Diel, Evans and Company, LLP, included with the report.

It also notes that the City won an award for outstanding financial reporting for its 2003 comprehensive annual report, and that the report for 2004 has been submitted in hopes of similar recognition by the California Society of Municipal Finance Officers.

Financial highlights include that the assets of the City exceed its liabilities at the close of the current fiscal year by \$258.6 million. Of this amount, \$69.9 million (unrestricted net assets) may be used to meet the City's net obligations.

The city's total net assets increased by \$17.1 million. Of this, \$14.3 million is attributable to operations of business-type activities and \$2.9 million from government activities.

The city's long-term liability increased by 0.4 percent (\$256,000) during the current fiscal year.

At the close of the current fiscal year, the City's government funds reported total ending fund balances of \$46.1 million, an increase of \$3.8 million, including a \$5 million transfer out to the Employee benefit fund for future commitments.

For the General Fund, actual revenues (inflows) of \$53.8 million fell short of the final budgeted revenues of \$54.2 million by only \$417,000.

General Fund expenditures (outflows) for the current year were \$81 million. This was \$2.4 million less than the final budgeted expenditures of \$83.4 million.

The General Fund had no long-term debt outstanding at the close of the current fiscal year.

# Holiday Lane Parade winners announced

**DOWNEY**—Maria Larkin, Holiday Lane Parade Chairman, has announced the winners in the recent popular event that was almost rained out.

An estimated 5,000 parade fans battled the elements to cheer the participants along the route.

Award winners and categories were:

**Top Awards:** Musical Sweepstakes (highest scoring marching band) Santa Ana Winds. Float Sweepstakes (most outstanding float) Coca Cola Bottling Co. Mayor's Sweepstakes (best local entry) Razorback Cheer. Santa's Award (best use of holiday theme in float) Downey Regional Medical Center.

**Float Awards:** 1st Boy Scout Troop 2; 2nd Penske Toyota. Service Float: Downey Regional Medical Center Home Health Nurses. Commercial Float: 1st Divine Talents; 2nd Downey Elks Lodge 2020; 3rd Country Inn of Downey.

**Miscellaneous Awards:** Marching Unit: 1st Boy Scouts Troop 2; 2nd Girl Scouts Troops 324 and 248; 3rd Brownie Troop 27 and Junior Troop 48.

**Novelty:** 1st Guide Dogs of America; 2nd Downey Dog Obedience; 3rd Mayfair High Dance Team. Antique Auto: 1st Downey Sister Cities; 2nd John Gabriel Magic.

**JROTC Awards:** 1st L.A. Academy Middle School Cadet Corps.

**Identification Unit Awards (Open):** 1st Valley High School; 2nd Warren High School. Identification Unit Junior: 1st Madrid High School.

**Percussion Awards:** Drum Squad; 1st Compton Sounders.

**Color Guard Basic:** 1st Los Angeles Academy Middle School/California Cadet Corps; 2nd Downey Police Department.

**Drill Team Awards. Drill Team Senior:** 1st Compton Sounders; 2nd City of Bell Sapphire Drill Team. Junior High School: 1st Madrid Middle School.

**Tall Flags Awards; Tall Flags Senior:** 1st Santa Ana Winds; 2nd Valley High School; 3rd Warren High School. Tall Flag Juniors: 1st Madrid Middle School.

**Drum Major Senior Awards. Drum Major Mace:** 1st Santa Ana Winds; 2nd Valley High School; Drum Major Military 1st Warren High. Drum Major Junior Military 1st Madrid Middle School.

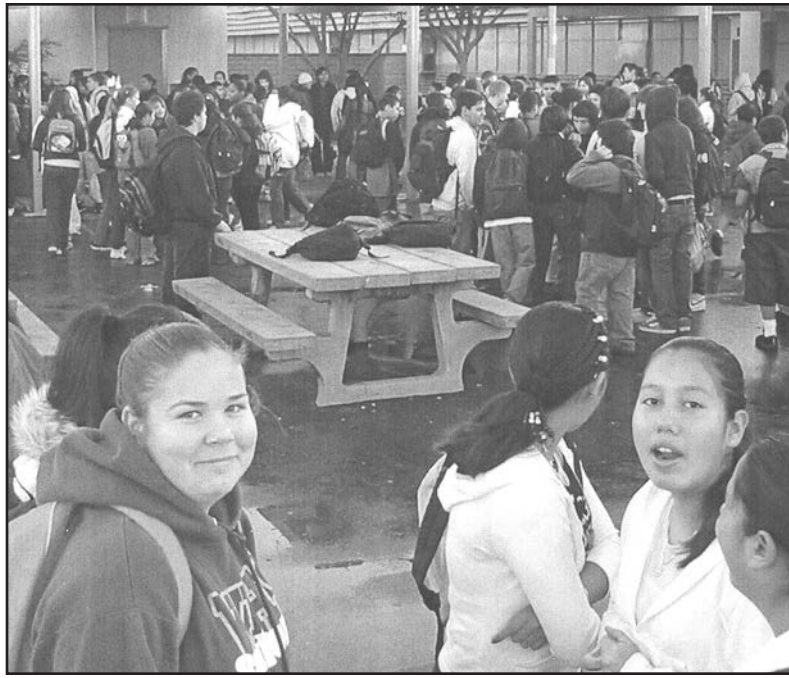
**Music Awards:** 1st Warren High School. 1st Valley High School. Intermediate School 1st Madrid Middle School.

The parade is an annual event presented by the Downey Chamber of Commerce.

# Acclaimed author/speaker at Cerritos

**CERRITOS**—Cerritos College will host acclaimed author and speaker Dana LaMon Tuesday, Jan. 18 at 11 a.m. and again at 7 p.m. for a commemorative forum honoring the life of Dr. Martin Luther King, Jr.

LaMon, an African American, has been blind since age four. He earned a law degree from the University of Southern California and in 1981 began serving as an Administrative Law judge.



**WEST MIDDLE SCHOOL**—Students, along with their families and WMS staff, raised \$4,500 in four days for Tsunami Relief Fund.

# Middle school students lend a helping hand

By Reggie Munoz & Darla Webster  
West Middle School teachers

**DOWNEY**—When students and staff from West Middle School woke up on December 26, most of them must have had thoughts of Christmas joy, family, friends and new toys. They were not prepared for the headline news about the tsunami that devastated parts of Southeast Asia. Earthquakes are familiar to the citizens of Downey. However, the tsunami that eventually would kill over 150,000 people, was not.

In response, students, families and staff were to demonstrate their sensitivity to Southeast Asia's plight, regardless of the distance. When school resumed on Monday, January 3rd, we employed a plan of action. The following day, West TV aired a plea for each student to bring at least a quarter or whatever, for the Tsunami Relief Fund. We were hoping West Middle School would raise \$300-\$400. At best, the staff was hoping to raise \$1,000 to send to relief organizations.

After four days, students, their families and the staff raised \$4,500! This was over four times our most optimistic estimate. We were astounded. Families and staff contributed an average of \$1,000 each day to help victims across the globe!

Needless to say, we are extremely proud and grateful for everyone's selfless efforts. The geography or distance didn't matter. The fact is we had all been deeply affected by the devastation caused by the tsunami. The disaster has provided us at West Middle School an opportunity to demonstrate empathy and concern for the well-being of others.

# Clubhouse savings lauded by Council

By John Adams

**DOWNEY**—Council comments at Tuesday's regular meeting ranged from a pitch to attend the comedy "The Odd Couple" offered tonight and tomorrow evening at the Downey Theater, to kudos for the City staff which oversaw the completion of the lovely new Rio Hondo Clubhouse and restaurant on schedule and \$340,000 under budget.

The city's newest councilmember, David Gafin, extended an invitation for all to come out and see the Neil Simon Comedy which is being presented by the Kiwanis Club as a benefit fund raiser.

Councilman Meredith Perkins spread the word of the construction success at the Clubhouse. He particularly singled out Desi Alvarez.

Perkins also paid tribute to Elton Wallar, longtime Downey businessman who died last week at the age of 96, for a career of community caring.

# Street Fair preparations underway

**DOWNEY**—Preparations have started for the annual Downey Street Fair, a major project of the Downey Chamber of Commerce.

Jan Scott, this year's Street Fair Committee chairman, appealed to old and new sponsors for help in producing the event, in accordance with the following revised sponsor structure:

Gold Sponsor	\$5,000
Silver Sponsor	\$2,500
Bronze Sponsor	\$1,000

Gold Sponsors get three booth spaces, Silver Sponsors two, Bronze Sponsors one. For more information, call Jan at Pacific Western Bank, 806-3701.

# UCLA seeks adults for medical study

**WESTWOOD**—UCLA researchers are evaluating the effectiveness of Viagra compared with a placebo in treating pulmonary hypertension and idiopathic pulmonary fibrosis.

Idiopathic pulmonary fibrosis, a progressive disease causing inflammation and scarring of the lungs, affects five million worldwide. Ultimately, the loss of lung function leads to a lung transplant or death. The cause of idiopathic pulmonary fibrosis is unknown.

Pulmonary hypertension causes high blood pressure in the arteries leading from the heart to the lungs, causing a strain on the right side of the heart. The disorder affects over 50 percent of patients with idiopathic pulmonary fibrosis and worsens blood oxygenation, exercise capacity and survival.

Dr. David A. Zisman, medical director of the Interstitial Lung Disease Program at UCLA and principal investigator, says: "Viagra widens the vessels supplying blood to the lungs so blood flow is improved. In idiopathic pulmonary fibrosis and pulmonary hypertension, Viagra would help by improving blood oxygenation, exercise tolerance and possibly survival."

To participate in the 4-week study, adults must have both idiopathic pulmonary fibrosis and pulmonary hypertension. Women cannot be pregnant. Some medications may be restricted during the study. After initial screening, participants will be randomly assigned to one of two groups. One group will take a 50-mg tablet of Viagra once, while the other group will receive a placebo tablet or inactive substance. During the second week, the groups switch, those taking Viagra will receive the placebo and those who had received the placebo will take Viagra.

Side effects of Viagra may include headaches, uterine contractions (similar to menstrual cramps), abnormal vision, low blood pressure, stomach upset, nasal congestion, flushing and dizziness.

For more information, contact research coordinator Troy Overfield at (310) 206-6189.

# The poets' corner

## The Owl and the Mouse

On summer nights when the moon spills yellow  
over my garden gate  
An owl descends and finds a perch  
where he can concentrate

He's hoping for a take home meal  
and hasn't long to wait  
A field mouse in search of seeds  
slips under my garden gate

A scream and then a rush of wings  
the owl is off to dine  
On shredded mouse and cricket parts  
and berries from my vine

On summer nights when the moon spills yellow  
I meet them in my dreams  
Owls and mice and garden gates  
and those primordial screams

---Richard Thormodsen,  
Downey

# COUNCIL

undergrounding electrical facilities as Phase 1B of the Lakewood Boulevard Improvement Project.

\* Set a public hearing for Feb. 8 on the appeal of a conditional use permit and zone variance for expansion of a self-storage facility and reduction of driveway widths at 12245 Woodruff Ave.

\* Appropriated \$25,000 in state Traffic Safety, Pedestrian and Bicycle Grant funds for Children and Safety—Making a Difference program.

\* Adopted a resolution accepting dedication of a right-of-way for the southerly three-feet of property at 8767 Firestone Blvd. (In-N-Out Restaurant).

\* Adopted a resolution approving the final subdivision map for property at 8500 Firestone Blvd., approving an agreement with the subdivider and accepting a cash deposit as surety.

\* Adopted a resolution approving appointment to commissions, boards and committees for Council District 1 and 4.

\* After extended debate, approved Council Committee assignments for 2005.

The next public meeting of the Council will be at 7:30 p.m. Jan. 25 at City Hall, 11111 Brookshire Ave.

# ARRESTS

held up at gunpoint by a male juvenile who fled in a car driven by an adult male. A witness spotted the license plate, which resulted in a stop by sheriff's deputies in Paramount only hours later. Evidence including a loaded gun were found, police said. The adult is a 20-year-old resident of Norwalk. The juvenile is a 15-year-old resident of Huntington Park. A third occupant, who was not present at the robbery, was booked on an outstanding narcotics warrant.

The D.A. filed one count of robbery on both suspects, charging the juvenile as an adult due to his extensive criminal history, police said.

# Temple offering educational programs

**DOWNEY**—Temple Ner Tamid of Downey, 10629 Lakewood Blvd., is continuing its Adult Education Study sessions, offering "Contemporary Issues & Jewish Responses" Monday afternoons at 1:30 p.m., and "Psalms" Tuesday evenings at 7:45 p.m.

These "interesting and thought-provoking sessions" are conducted by the Temple's Spiritual Leader, Cantor Kenneth Jaffe, and is open to the entire community. Classes are free to Temple members. For non-Temple members, a donation of \$18 for the term is suggested, but no one will be turned away.

Meanwhile, a comprehensive Sunday school program is also taught from January to June by Temple Ner Tamid of Downey and Temple Beth Shalom of Whittier. The classes are taught in Downey by Cantor Jay Harwitz and Cantor Kenneth Jaffe, with Luis Perez working with the Kindergarten and first graders or "K'tan Tots." Classes are ongoing and registration is accepted at any time.

School meets Sundays from 9 a.m.-12 noon; several field trips are planned. Temple Ner Tamid's representatives to the newly-merged school board are Gloria Bennett and Jim Hansen.

Membership in either Temple is required, and for information regarding membership and Sunday School fees, call the Temple office, 861-9276.

# City library needs adult literacy tutors

**DOWNEY**—You can make a difference by helping an adult learn to read by joining the Downey City Library's Adult Literacy Program. Here, you can join a team of volunteers who share their knowledge and enthusiasm for reading with another adult on a one-to-one basis. By volunteering two or more hours per week, you can give an adult the skills they need to become a successful worker, parent or citizen.

Training sessions for literacy tutors will be given on the Thursdays of Jan. 20 and 27 from 6-8 p.m., and on Saturday, Jan. 22 from 9a.m.-3 p.m.

For information and registration, call the Literacy and Training Office at 904-7360, Ext. 23. The Downey City Library is located at 11121 Brookshire Ave.

# Judge Mautino 'Rise 'N Shine' speaker

**DOWNEY**—Judge Phillip Mautino of the Downey Superior Court will be the guest speaker at the Downey Chamber of Commerce's Rise 'N' Shine Networking Group's meeting at Nordic Fox Restaurant Tuesday, Jan. 25 at 7:30 a.m.

Judge Mautino will address "Jury Reform." Chamber members are to RSVP 923-2191.

# Downey DeMolay party this Sunday

**DOWNEY**—The Downey Chapter Order of DeMolay is hosting a new member pizza party Jan. 16. The group is looking for boys between the ages of 12 and 21.

The party will be held on the second floor of the Downey Masonic Temple from 1 p.m. - 4 p.m. Parents are encouraged to attend the free gathering. For more information, call Mike Yolton at 869-0974.

# Register for "Stroke Awareness Day"

**DOWNEY**—Registration closes tomorrow for "Stroke Awareness Day" at Downey Regional Medical Center Jan. 29. Sign-ups for the free event are due by Jan. 15 and may be made by calling Joanne Massaglia at (949) 305-8450.



### This Page sponsored by: DOWNEY FEDERAL CREDIT UNION

#### Notes From NAN:

Did you know that January's best buys include bedding, cosmetics, home furnishings, small appliances, white goods and women's clothing? Another best buy... in January or any other month is membership in Downey Federal Credit Union. For a membership fee of \$1.00 you get a lifetime's worth of savings through higher dividend rates, lower loan rates and better all-around service. Downey Federal Credit Union: An everyday "best buy".

You are eligible to join Downey Federal Credit Union if you live, work, attend school or worship in Downey.

You can *Count on us* for all your financial needs.

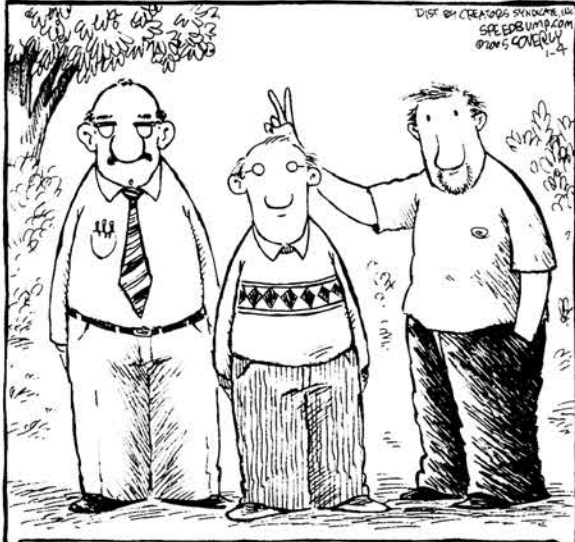
Stop by the branch; Call us at (562) 862-8141 or visit our website at [www.downeyfcu.org](http://www.downeyfcu.org)

## SPEED BUMP

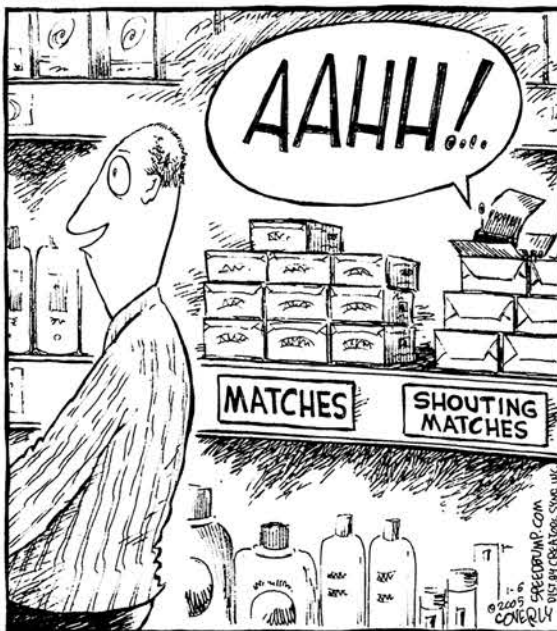


FROG PUBERTY

## DAVE COVERLY



JOHN Q. PUBLIC...WITH BIG BROTHER JOHN P. PUBLIC AND LITTLE BROTHER JOHN R. PUBLIC...



# Downey Community Calendar

### Events For January

**Fri. Jan. 14, 8:00 p.m.:** "The Odd Couple", comedy by Neil Simon presented by Downey Los Amigos Kiwanis as a benefit for Downey children at the Downey Theatre, 8345 Firestone Blvd. Also Sat. and Sun. For information call 927-2626.

**Wed. Jan. 19, 7:30 p.m.:** "Wait Until Dark", suspense drama by Frederick Knott presented by Warren High School Drama Department, 8141 De Palma Ave. For information call 869-7306, extension 5618.

### City Meetings

- 1st Tuesdays, 6:15 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:15 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 2nd & 4th Wednesday, 6 p.m.: **Design Review Board**, Council Chamber at City Hall.
- 3rd Wednesday, 6 p.m.: **Emergency Preparedness Committee**, Barbara Riley Senior Center.
- 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

### Regularly Scheduled Meetings

#### Mondays

- 6:30 p.m.: **Metropolitan Masonic Lodge #352 dinner**, mtg., for information call 426-6786.
- 6:30 p.m.: **Overeaters Anonymous**, at Downey Med. Center Conf. Room A, for information call 426-6786.
- 1st Mon., 4 p.m.: **2nd Century Foundation**, at City Hall, 1st floor, call 927-9790.
- 1st and 3rd Mons., 7 p.m.: **Downey Post 270**, American Legion, for information call 861-8082.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.

#### Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Perry Michienzi at 869-8782.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 12 p.m.: **Downey Exchange Club**, for information call Don at 927-5871.
- 12 p.m.: **Rotary Club**, at Embassy Suites, for information call Dan Fox at 862-0744.
- 6 p.m.: **Toastmasters Club 587**, at First Baptist Rm. 115, 8348 E. 3rd st.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 7 p.m.: **Boy Scout Troop 441**, at Apollo Park Activities Room, for information call 923-3659.
- 7:30 p.m.: **Southland Harmony Chorus of Sweet Adelines**, at Downey's Woman's Club, for information call 947-6802.
- 1st and 3rd Tues., 6:30 p.m.: **Quota International Southeast Cities**, for information call (323) 569-2854.
- 2nd Tues., 8:30 a.m.: **Women's Agape**, at Los Amigos Country Club, for information call (562) 622-3785.
- 2nd and 4th Tues., 7:30 a.m.: **Chamber "Rise&Shine" Networkers**, at Nordic Fox, for info. call (562) 923-2191.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at the Nordic Fox, for information call (562) 927-6438.
- 2nd Tues., 7 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 943-3904.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at 9968 Lakewood Blvd., for info call 862-3106.
- 3rd Tues., 1:30 p.m.: **Huff and Puff Respiratory**, at DRMC Support Group, call 904-5355.
- Last Tues., 11:00 a.m.: **Los Companeros Service Club**, at Los Amigos Country Club, for info call 863-1549.

#### Wednesdays

- 12:10 p.m.: **Downey Lions Club**, at Rancho Los Amigos Hospital Cafe, for information call 861-2899.
- 1 p.m.: **Women's Bocce Club**, for information call 869-8782.
- 6 p.m.: **Downey Space Toastmasters Club 513**, at Rancho Los Amigos Medical Center, for info. call Mark at 803-5203.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call 927-0271 or 861-3493.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, for information call 927-9790.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 1st Weds., 7:30 p.m.: **Downey Emblem Club #309**, at Downey's Elks Lodge, for information call 868-4386.
- 2nd Weds., 7 p.m.: **Downey Jr. Chamber of Commerce**, for information call 867-1087.
- 2nd Weds., 7:30 p.m.: **Downey Sister Cities Ass'n**, at Maude Price School, Call 869-5444.
- 2nd Weds., 11:45 - **Downey Christian Women's Club**, at Los Amigos CC. Call 927-8488.
- 3rd Weds., 7:00 p.m.: **Diabetes Support Group**, at DRMC, for more information call 622-2088.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

#### Thursdays

- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 7:30 a.m.: **Connections Networking**, at Nordic Fox 10924 Paramount, for information call 869-1414.
- 9 a.m.: **Senior Californians of Downey**, (a social activities club for senior citizens), for information call 803-6887.
- 12 p.m.: **Downey Christian Businessmen's Committee**, for information call Norm Sipple at 927-1431.
- 12 p.m.: **Optimist Club of Downey**, at Sambi's, for information call Steve Allen at 806-3701.
- 12:30 p.m.: **Take off Pounds Sensibly**, at United Methodist Church, call (626) 965-9991.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 803-4571.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D Jones at 923-2400.

#### Fridays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618.

## THE NEWSDAY CROSSWORD

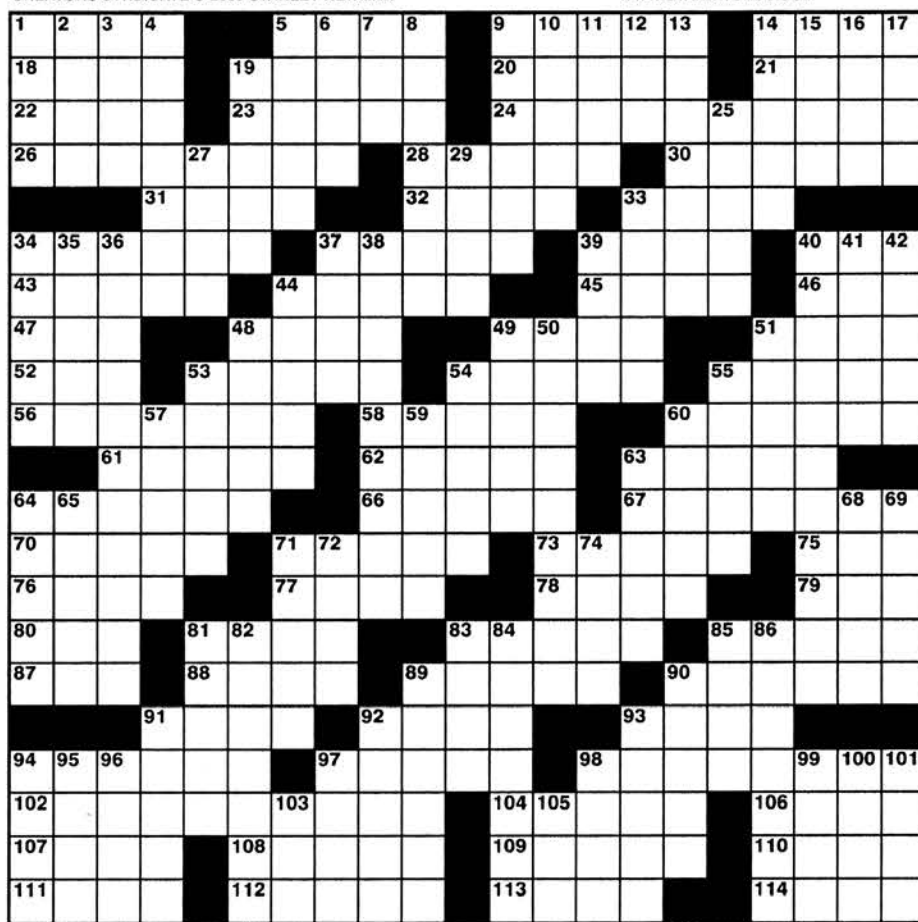
Edited by Stanley Newman ([www.StanXwords.com](http://www.StanXwords.com))

**TITLE CHARACTERS:** From famous films  
by Frances Burton

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| 63 Walking stick                | 83 Annoyed                        | 95 Colorado resort         |
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| 68 Singer Ross                  | 86 Hard to bear                   | 97 Dig for coal            |
| 69 Pilgrim John                 | 89 Sounded the horn               | 98 Haul                    |
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| 72 Type of electrical connector | 91 Chip giant                     | 100 Marshal Dillon         |
| 74 Fairy-tale monster           | 92 Poet born in Florence          | 101 Greek love god         |
| 81 Small drum                   | 93 Ice-cream holders              | 103 Mrs. Sprat's diet      |
| 82 Keeps (oneself) away         | 94 First word in a radio alphabet | 105 Hee __                 |

You can contact puzzle editor Stanley Newman at his e-mail address: [StanXwords@aol.com](mailto:StanXwords@aol.com). Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

BATIK (9 Across) involves the use of wax as a dye repellent to cover unchanged. The Las Vegas SANDS Hotel (61 Across), which opened in 1952 and was once owned by Howard Hughes, was closed in 1996. Christian Dior introduced his A-LINE (10 Down) dress in 1955; it featured narrow shoulders as part of a triangular shape.





## Comic thriller to play in Long Beach

**LONG BEACH** – "Corpse," a comic thriller by Gerald Moon, will open on Jan. 28 at the Studio Theatre of Long Beach Playhouse.

Set in London in 1936, "Corpse" tells the story of twin brothers, one of whom plots to murder the other in the most unusual circumstances. Evelyn, an out-of-work actor, engages the genial Irishman Powell, with a shady past, to do away with his suave, sophisticated, moneyed twin. Their plotting in Evelyn's Aladdin's cave of a flat is punctuated by the visits of a delightfully theatrical landlady. As with most foolproof plans, things do not go as they should and people are not what they seem.

"Corpse" will play on Fri. and Sat. at 8 p.m. through Feb. 26. There will be three Sun. matinees at 2 p.m. on February 6, 20 and 27.

Long Beach Playhouse Studio Theatre is located at 5021 East Anaheim St. For information and reservations call 494-1014.

## Downey High presents "Little Women"

**DOWNEY** – Downey High School Theatre Arts has announced the premiere of their winter play: Louisa May Alcott's "Little Women."

The play runs Tuesday, Jan. 18 through Saturday Jan. 22 at 6:30 p.m. There is also a matinee show Jan. 22 at noon. Performances are in Room E2 – the Drama Room – at Downey High School.

Tickets are \$5 for students and \$7 adult.

## Antiques market in Long Beach

**LONG BEACH**—The Antique & Collectible Market, with its 20 acres of antiques, collectibles, home furnishings, decorative items and other unique items at discount prices, will again be open from 8 a.m.-2 p.m. Sunday, Jan. 16 at the Long Beach Veterans Stadium, Lakewood Blvd. and Conant St.

Admission is \$5; children under 12 free. There is free parking. Information: (323) 655-5703 or www.LongBeachAntiqueMarket.com.

## Panel of local authors to speak

**LONG BEACH** – Find out what it takes to be a successful author from a panel of three local writers at the branch meeting of the Long Beach American Association of University Women (AAUW), Jan. 15 at Khoury's Restaurant in Long Beach.

Gerald Locklin, Suzanne Greenberg and Marilyn Johnson, all professors at Cal State Long Beach, will discuss their experiences as authors, how they got started and their inspirations.

The early meeting begins with breakfast at 8:30 a.m., followed by a business meeting at 9:30. The program begins at 10:30 a.m. Cost for the breakfast is \$16, or just show up for the program at no cost.

For reservations or more information, call 429-6923.



**AN INTIMATE EVENING** – Pianist and composer Sebastian Sidi with some special musical guests will present a musical journey in concert combined with a dining experience at Granata's Italian Restaurant on Saturday, Jan. 22 at 8 p.m. Dinner and show are \$25 per person. Seating is limited. Reservations are available by calling 861-2997. Granata's is located at 11032 Downey Ave. in downtown Downey.

## Southeast Entertainment travel schedule

**DOWNEY** – The Southeast Entertainment Fun Bus, helping the Downey community tour local attractions and destinations for the past 26 years, will depart for an 8-hour turnaround trip to Laughlin at the Flamingo Hotel and Casino Jan. 22 and Feb. 19. Part of the profits go towards students at Downey High School – so far, over \$2,500 has been raised.

Cost for the trip is \$17.50 per person, plus buffet.

The Fun Bus is also visiting Pala Entertainment Center and Casino Feb. 8, at \$12.50 per person. A three-day, two-night tour leaves for the River Palms Hotel & Casino in Laughlin March 15. Cost for that tour is \$79.50 per person, double occupancy, or a single room for \$109.50. Both prices cover room, transportation, taxes, baggage handling and a buffet.

All tours depart from Downey High School at the baseball field parking lot off 3rd Street and Lakewood Blvd. For more information or reservations, call Don or Nancy at 809-1863.

## "The Odd Couple" plays this weekend

**DOWNEY** – Neil Simon's "The Odd Couple," a Downey Los Amigos Kiwanis production, will play through this weekend at the Downey Theatre.

Performances are today, Jan. 14, and tomorrow at 8 p.m. and Jan. 16 at 2 p.m. Tickets are priced at \$25 with proceeds to benefit Downey children. For information call Steve Roberson at 927-2626.

Bianchi THEATRES	
7770 Rosecrans Ave. @ Paramount Blvd.	
Phone: (562) 630-SHOW (7469)	
ELEKTRA PG13	(11:00 1:30 4:00) 6:30 9:00
ELEKTRA PG13	(12:00 2:30) 5:00 7:30 10:00
COACH CARTER PG13	(11:15 2:25) 5:35 8:45
COACH CARTER PG13	(12:15 3:25) 6:35 9:45
RACING STRIPES PG	(10:25 1:00 3:35) 6:10 8:45
RACING STRIPES PG	(11:25 2:00 4:35) 7:10
OCEANS TWELVE PG13	9:45
IN GOOD COMPANY PG13	(11:15 2:00 4:45) 7:30 10:15
WHITE NOISE PG13	(11:20 2:00 4:40) 7:20 10:00
FAT ALBERT PG	(10:15 12:50 3:25) 6:00 8:35
DARKNESS PG13	(12:00 2:35) 5:10 7:45 10:20
MEET THE FOCKERS PG13	(10:40 1:30 4:25) 7:10 10:00

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8200 3rd Street 562.622.3999 ALL STADIUM SEATING	
ELEKTRA (PG-13)	(11:10, 1:50, 4:15), 7:00, 9:30
RACING STRIPES (PG)	(11:00, 1:55, 4:25), 7:05, 9:45
COACH CARTER (PG-13)	(12:00, 3:10), 7:20, 10:25
WHITE NOISE (PG-13)	(10:50, 1:40, 4:10), 7:10, 9:40
THE AVIATOR (PG-13)	(11:15, 3:15), 7:00, 10:30
FAT ALBERT (PG)	(11:20, 1:45, 4:10), 7:15, 9:35
MEET THE FOCKERS (PG-13)	(10:35, 1:15, 2:00, 4:00), 6:45, 7:45, 9:55
LEMONY SNICKET (PG)	(11:30, 2:10, 4:50), 7:40, 10:15
SPANGLISH (PG-13)	(10:30, 4:45), 10:25
HOUSE OF FLYING DAGGERS (PG-13)	(11:25, 2:05, 5:00), 7:55, 10:45

Times for Friday-Tuesday, January 14-18, 2005  
Bargain Matinee ( ) Advance ticket sales  
No Passes \* www.kptmovies.com  
**DOWNEY CHAMBER OF COMMERCE**  
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**Flamingo Hotel & Casino Laughlin**  
Jan. 22, / Feb. 19, 2005  
Includes Buffet 8-Hour Turn-Around  
Departing: Downey High School at 6:00 am  
Back at 11:30 pm

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**Plaza Hotel & Casino Downtown Las Vegas**  
Jun. 28, 29, 30, 2005  
Includes room, transportation, taxes & baggage handling  
Departing: Downey High School at 6:00 am

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**TUESDAY SPECIAL**  
**PALA Entertainment Center Temecula, CA**  
Tuesday, Feb. 8, 2005  
Departing: Downey High School at 6:30 am  
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**ENTERTAINMENT FUN BUS**  
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### Adult School Baja cruise Feb. 18-21

**DOWNEY**—The Downey Adult School, 12340 Woodruff Ave., offers a 3-night cruise (Feb. 18-21) aboard Carnival's *Paradise* to Ensenada, Baja California to provide "a wonderful weekend getaway from the hustle and bustle of traffic and city life."

Cost is \$449 double per person (outside), \$399 double per person (inside). Price includes all meals and entertainment aboard ship, port charges of \$112.25, and transportation to and from Downey Adult School.

Tour registration coupons are available in the Downey Adult School main office or mailed upon request. Call 940-6213 for more information.

### Women's golf club seeks new members

**DOWNEY** – The Rio Hondo Women's Golf Club, which enjoys a weekly tee time Tuesday mornings starting at 8:30 a.m. at the Rio Hondo Golf Course, 10627 Old River School Road in Downey, is accepting applications for membership for the '04-05 season.

General meetings are held the first Tuesday of the month.

For more information, call the Rio Hondo Golf Course at 927-2420.

### City's trip to Big Bear cancelled

**DOWNEY** – The city-sponsored "snow play" trip to Big Bear Village next week has been cancelled because of the recent storms. Call the Community Services Department at 904-7238 with questions.

### Pro Networkers meets Fridays

**DOWNEY** – Pro Networkers, a Downey-based professional business networking group, meets every Friday at 7:30 a.m. for breakfast at Mimi's Cafe. For information call Barbara Briley Beard at 869-7618.



**THESE GIRL SCOUT TROOP 327 MEMBERS**—Who belong to Our Lady of Perpetual Help and St. Raymond's parishes in Downey, earned the "I Live My Faith" award this fall. Each girl completed an extensive workbook filled with photos and activities that expressed their growing Catholic faith. The award was given at Our Lady of the Angels Cathedral in Los Angeles. The girls: Ashley Gutierrez, Jessica Wiese, Audrey Lanskie, Janelle Somoano, Jenna Wilson, Andrea Gamboz, Gillian Miguel, Yvette Lopez and Lauren Lanskie.

### Jordan's Queen Noor at Music Center

**LOS ANGELES**—Queen Noor of Jordan, who was born Lisa Najeeb Halaby to an Arab-American family and who has a B.A. in architecture and urban planning from Princeton University, is scheduled to speak Wednesday, Jan. 12 at the Music Center, 135 North Grand Ave. in downtown Los Angeles.

She married King Hussein in 1978 and since that time has directed and sponsored projects and activities in Jordan to address specific national development needs in the areas of education, culture, women and children's welfare, human rights, conflict resolution, and environmental and architectural conservation.

She inaugurates the Music Center's groundbreaking Speaker Series, presented in two separate series, featuring a roster of distinguished experts in the fields of politics, culture and media. It is presented in two separate series. In addition to Queen Noor, former President Bill Clinton (March 8), Charlie Rose (Feb. 21) and Daniel Libeskind (May 31) compose Series A, while Series B includes Gwen Ifill (Feb. 7), Bill Clinton (again, March 9), Tom Brokaw (April 11) and David Gergen (May 5).

In addition, the Music Center has announced new architecture tours of the Walt Disney Concert Hall. Tours are \$10 and schedules can be found on the Music Center's Web site.

Tickets for the Speaker Series are available only by subscription. For information, call (310) 271-6631 or visit [www.musiccenter.org](http://www.musiccenter.org).

## Meeting next week for city contractors

**DOWNEY**—The Housing Division of the City of Downey invites general contractors to attend an annual orientation meeting Friday, Jan. 21 at 2 p.m. in the Downey Room at the Downey Community/Senior Center, 7810 Quill Drive, regarding its Home Improvement Program for low and moderate income property owners.

The city is updating its list of general contractors who are interested in bidding on these projects. A typical project may include reroofing, kitchen and bathroom remodeling, restucco, plumbing repipe, window replacement and painting. Cost range is \$1,000 to \$30,000.

Qualifying contractors are required to possess a valid State of California contractor's license, liability insurance in the amount of \$1 million per occurrence and \$2 million total liability with the City of Downey listed as an additional insured, and Workman's Compensation Insurance. Contractors must also supply the name, address, telephone number and Department of Health Services license number for the sub-contractors to be used in lead-based paint treatment.

For more information, call Mark Morris at 904-7167.

### Free stroke screenings at Pioneer Medical

**DOWNEY** – Learn if you are at risk for a stroke when Golden Outlook Insurance Services hosts a free health screening Jan. 13 at the Pioneer Medical Group offices in South Gate.

The painless, non-invasive ultrasounds examine the carotid arteries and will be offered from 10 a.m. to 2 p.m. Reservations are accepted but walk-ins are welcomed also. Visitors are encouraged to bring a friend.

Call 904-6014 for more information. Pioneer Medical Group is at 4476 Tweedy Blvd. in South Gate.

### 'Judaism and Freedom' Ezra topic

**DOWNEY**—Rabbi Kenneth Milhander will present a historical overview and retrospective on "Judaism and Freedom" at the next meeting of the EZRA Center for Mature Adults Tuesday, Jan. 18 at Temple Ner Tamid, 10629 Lakewood Blvd. in Downey.

Rabbi Milhander will connect the strands of the story of Moses leading the Israelite slaves out of Egypt—the moment of freedom in Jewish history—with the events leading to the laying of the foundation of the American Constitution and the freedoms guaranteed by the Bill of Rights. The Center says it's a particularly appropriate topic for the day after America celebrates the birthday of Dr. Martin Luther King, Jr.

For information, call the Temple office, 861-9276.

### Crime prevention seminar in Orange

**ORANGE**—The National Rifle Association's "Refuse To Be A Victim" program will conduct a crime prevention seminar at 7 p.m. on Tuesday, Feb. 8 at the AllSafe Defense Systems, 1026 N. Tustin Avenue in Orange. The seminar is 3 to 4 hours long, open to the public and costs \$20 to attend. Pre-registration is required and may be done by contacting certified instructor T.J. Johnston (714) 744-4485.

Refuse To Be A Victim seminars teach methods to avoid dangerous situations and prevent criminal confrontations. Experts agree that the most important factor in surviving a criminal attack is to have an overall safety strategy *before* you need it. Seminar topics address personal safety issues as well as home, automobile, phone, technological, travel, and personal security. Seminar participants are presented with a variety of common-sense crime prevention and personal safety strategies and devices they may integrate into their daily lives. Firearm instruction is not included.

Refuse To Be A Victim was developed by the women of the NRA in 1993 in response to requests from women nationwide for crime prevention seminars. In 1997, the program became co-ed.

Since that time, it has reached tens of thousands of women and men who have benefited from the program's lifesaving message. With over 2,000 instructors nationwide, seminars have been presented in 49 states and the District of Columbia.

To find other Refuse To Be A victim seminars, or for information on how you can become a certified instructor, call 800-861-1166.

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**"A Doctor's Confession to the City of Downey..."**

Dear friend,  
Confessions are tough real tough, but sometimes they just have to be said. Before I talk about my confession, though, let me say a few other things first.

**Eight years ago something happened that changed my life forever.** I was a Nurse, but I developed a painful hand condition known as "carpal tunnel syndrome." In my case it came on suddenly. The pain in my hands was so intense that I couldn't even button my shirt. I was afraid that I'd lose my job if the disability continued. After considering surgery (that was the only option, according to the surgeon) I decided against it. A friend of mine convinced me to give a chiropractor a try. The chiropractor did an exam, took some films, and then "adjusted" my spine. The adjustment didn't hurt, it actually felt good. I got relief, and I went to chiropractic school myself.

It's strange how life is, because now people come to see me with their carpal tunnel syndrome problems. Also they come to me with their *headaches, migraines, chronic pain, neck pain, shoulder/ arm*

*backaches, ear infections, asthma, allergies, numbness in limbs, athletic injuries, just to name a few.*

My confession is that *I've never healed anyone of anything.* What I do is perform a specific spinal adjustment to re-move nerve pressure, and body responds by *healing itself.* We get tremendous results. It's a simple as that!

Forty-eight million Americans no longer have health insurance, and those who do have found that their benefits are reduced. Another way to save...studies show that chiropractic may double your immune capacity, naturally and without drugs. The immune system fights colds, the flu, and other sicknesses. Studies show that people actually pay less for their long-term overall health care expenses if they are seeing a chiropractor.

**Amazing Offer**—When you bring in this article, you will receive my entire new patient exam for \$27. That's with orthopedic, neurologic, chiropractic, and computerized testing...the whole ball of wax. But, please call right away because this offer expires on January 31, 2005, and I don't want you to miss out. By the way, "further care" is very affordable and you'll be happy to know that I have family care plans. "Further care" is very important to consider when making your choice of doctor. **High costs can add up very quickly.** By law, this offer excludes a

Medicare/Medical patients.

**Great care at a great fee...**Please, I hope that there's no misunderstanding about **quality of care** just because I have a lower fee. You'll get great care at a great fee. My qualifications...I'm a graduate of Cleveland College who is a Fellow of the International Chiropractic Pediatric Assoc., and Industrial Injury Evaluator. I've been entrusted to take care of tiny babies to pregnant moms to be.

My assistant is Ines, and she is really a super person. Our office is both friendly and warm and we try our best to make you feel at home. We have a wonderful service, at an exceptional fee. Our office is called **MARISCAL FAMILY CHIROPRACTIC** and it is at 8531 Florence Ave. #102 in Downey (Corner of Brookshire & Florence).

Our phone number is **562-904-6990**. Call Ines or me today for an appointment. We

**Arnold Mariscal D.C. P.S.** When accompanied by the first, I am also offering the second family member this same examination for only **\$10.**



## AAA 'travel challenge' scholarships available

**DOWNEY**—The third annual AAA High School Travel Challenge, which offers college scholarships totaling \$156,000 by testing students' travel literacy by focusing on travel and tourism destinations, started Jan. 10 and concludes Wednesday, Jan. 19.

High school students (grades 9-12) can pre-register, take a sample quiz and find full rules at [www.aaa.com/TravelChallenge](http://www.aaa.com/TravelChallenge) prior to taking a 40-question test.

The top five scorers in California will take a proctored, written exam in early March. The top scorer of the proctored exam wins a \$1,000 scholarship and an expense-paid trip for two to compete for one of the three first-place \$25,000 scholarships in the national finals held May 7-10 at Universal Orlando.

The national contest is open to all U.S. students in grades 9-12 (public, private or home-schooled). Last year, Trevor Elkins, an 11th grader at Royal High School in Simi Valley, won the California State Championship.

"The Travel Challenge encourages youngsters to study travel geography and to consider careers in travel and tourism," said Hend Hasrouni, the Auto Club's Downey district office manager. It was designed by AAA Travel and travel industry educator Dr. Marc Mancini.

Corporate sponsors for the contest are Continental Airlines, Holland America Line, Marriott, MBNA America, Pleasant Holidays and Universal Orlando.

## Hospice services and training available

**LONG BEACH**—Nonprofit Pathways Volunteer Hospice offers services at no charge to bereaved children and families, and to chronically ill/frail/elderly individuals, as well as providing emotional support to terminally-ill patients and their families, through a number of bereavement support programs, including:

**Changes**—A 7-week Children and Families Bereavement Support Group which begins on Tuesday, Jan. 25 from 6:45-8:15 p.m. Call for registration and additional information. *Changes* is also offered in school settings just for kids.

**Journeys**—Ongoing Adult Bereavement Support Groups are held weekly in Cerritos and Lakewood. Call for locations and group meeting times.

The Pathways' *Interfaith Caregiver* program provides socialization and home visits to frail/elderly individuals within the community, helping to reduce their stress and depression while they maintain their independence living in their own homes. Volunteers assist with grocery shopping, errands, transportation and light chores around the house.

Pathways' *Hospice* program provides non-medical services of emotional and psychological support to terminally ill patients and their families who are experiencing end-of-life situations, by helping them confront the end in full-comfort conditions.

The contributions of volunteers are an essential part of Pathways' non-profit agency operations. They are the heart of Pathways and are always appreciated. This extends to non-patient-related areas such as helping in the office with mass mailings and the like.

Pathways will begin training for all program areas on Wednesday, Feb. 16. Training sessions will be from 9 a.m.-12 noon on Wednesdays and Fridays for 3 consecutive weeks. Call Volunteer Coordinator Elisa V. Barr for qualifications and interviews, and the office, for other information, (562) 531-3031.

## WRD's Albert Robles sworn in

**DOWNEY**—Director Albert Robles was sworn in on Jan. 5 for a 4th term on the Board of Directors of the Water Replenishment District of Southern California. He represents Division 5 which includes the cities of Downey, Bellflower, Carson, Compton, La Habra Heights, Norwalk, Paramount, Pico Rivera, Santa Fe Springs and Whittier.

The swearing-in ceremony took place at the Carson Community Center. It was administered by former Assemblyman George Nakano.

## Retirement home's dementia unit opens

**DOWNEY**—Downey Retirement Center's 32-bed dementia unit is now open. It features 24-hour supervision, private/semi-private suites, transportation services and more.

For a lunch and tour of the facility, call 869-2416.

E-mail:

[DowneyPatriot@yahoo.com](mailto:DowneyPatriot@yahoo.com)

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**SUE NORDIN**—Is the friendly face that greets people as they enter the Downey Chamber of Commerce. She is administrative assistant to Joan Warner-Plettinck, executive director of the Chamber, and has been in her post for the past 12 years. The Chamber is located at 11131 Brookshire Ave. For information, call 923-2191.

## Top Gun flag football sign-ups now open

**LA MIRADA**—Registration for 5-man all-passing leagues in Claremont, Long Beach, Monterey Park, Pico Rivera, Santa Fe Springs, Torrance, Burbank, Sylmar, Van Nuys and Ventura is now open. The program features inter-league playoffs with neighboring counties.

Evening and weekend leagues will start late January. Players must be 18 or older to participate.

To register/for information, call toll free 877-846-3178 or visit [TopGunFlagFootball.com](http://TopGunFlagFootball.com).

## Temple 'Shabbat' music service Jan. 22

**DOWNEY**—Temple Ner Tamid of Downey, 10629 Lakewood Blvd., will hold a Shabbat Music Service at 7:30 p.m. Friday, Jan. 22, to which the community is welcome. It will be conducted by Cantor Kenneth Jaffe with Norberto Guinaldo at the organ, and they will be complemented by a trio of singers.

The evening will correspond with "Shabbat Shirah," or the traditional "Shabbat of Song." In this service, considered a "most lyrical and beautiful of musical traditions in Southern California," the Temple will be celebrating the 350 years Jews have been in America. Music from what is deemed the oldest Jewish tradition in the New World, Curacao, will be presented.

Meanwhile, the Sisterhood of Temple Ner Tamid is hosting a trip to the Skirball Museum Jan. 26. Price varies from \$8-10 and reservations are requested.

For information, call the Temple office, 861-9276.

**For Classified Advertising Information Call Linda Larson**

*The Downey Patriot*

**Phone (562) 904-3668**

## Montebello Republican Women Federated

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## Bill Hanan Travel now 'Freedom Vacations'

**DOWNEY**—Bill Hanan Travel, Inc. has changed its name to "Freedom Vacations" effective Jan. 1, 2005. Bill Hanan Travel has served Downey and its surrounding communities for over 40 years. The change comes in an effort to reflect the type of travel that the agency specializes in.

"One of our most important freedoms is the freedom of travel," said company president Robert Zavala. "We can go practically anywhere we choose, experience the wonders of the world at our leisure. The world is ours to discover and to explore. We hope our new name will reflect the freedom to dream."

According to Zavala, the travel agency has built a solid reputation of stability and service in the community throughout its many years of challenges and successes. The designation "travel agency" reflects the ability to serve both commercial and vacation travelers. The new name will hopefully convey the message that their specialty is vacation travel, helping customers make their dreams come true.

"With all of the recent changes made by government agencies, airports, airlines and cruise lines, travelers need a trusted source of information," said Zavala. "Travelers have always preferred the services of travel agents, and recent events have made our role even more important."

To reach the travel agency, call 862-1126.

## Christian Women's Club meets monthly

**DOWNEY**—Downey Christian Women's Club is searching for new members.

The group meets on the second Wednesday of each month for lunch at Los Amigos County Club. Each meeting features a guest speaker and musical entertainment.

For more information, call Ginnie at 927-8488 or Lisa at 928-6269.

## World pen pals available to students

**SAUGERTIES, NY**—World Pen Pals invites students wishing to correspond in English with a new friend abroad to request an application by: mail, Internet, phone or fax to: World Pen Pals, P.O. Box 337, Saugerties, NY 12477; [www.world-pen-pals.com](http://www.world-pen-pals.com); phone/fax: (845) 246-7828.

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## Memorial services held for Janie Zacker Jan. 7

**DOWNEY**—Memorial services were held on Jan. 7 at Miller-Mies Mortuary of Downey for Janie Zucker, a Downey resident since 1967, who was born April 21, 1914 in Gibson County, Tennessee and died on Jan. 2. She would have been 91 in April.

The daughter of George and Eva Quinn, she spent her childhood in Tennessee, then moved to California in 1936. She married William J. Zacker Sr. in 1957.

She attended First Baptist Church of Downey.

She is survived by husband, William; daughters Betty Busciglio and Lora (Larry) Warner; 6 grandchildren; and 8 great grandchildren.

Interment was at Rose Hills Memorial Park. Miller-Mies Mortuary of Downey assisted with arrangements.

## 'Shabbat Beschalach' service Jan. 21

**DOWNEY**—Temple Ner Tamid of Downey, 10629 Lakewood Blvd., invites the community to its family night service, "Shabbat Beschalach," Friday, Jan. 21 at 7:30- p.m., conducted by Spiritual Leader Cantor Kenneth Jaffe. Following services, an Oneg will be enjoyed. The Oneg includes delicious refreshments provided by the Sisterhood.

Anybody needing a ride to the services or information about any of the Temple services, should call the Temple office, 861-9276.

# Downey Church Directory

**10711 Paramount Blvd. Downey (562) 923-1215**

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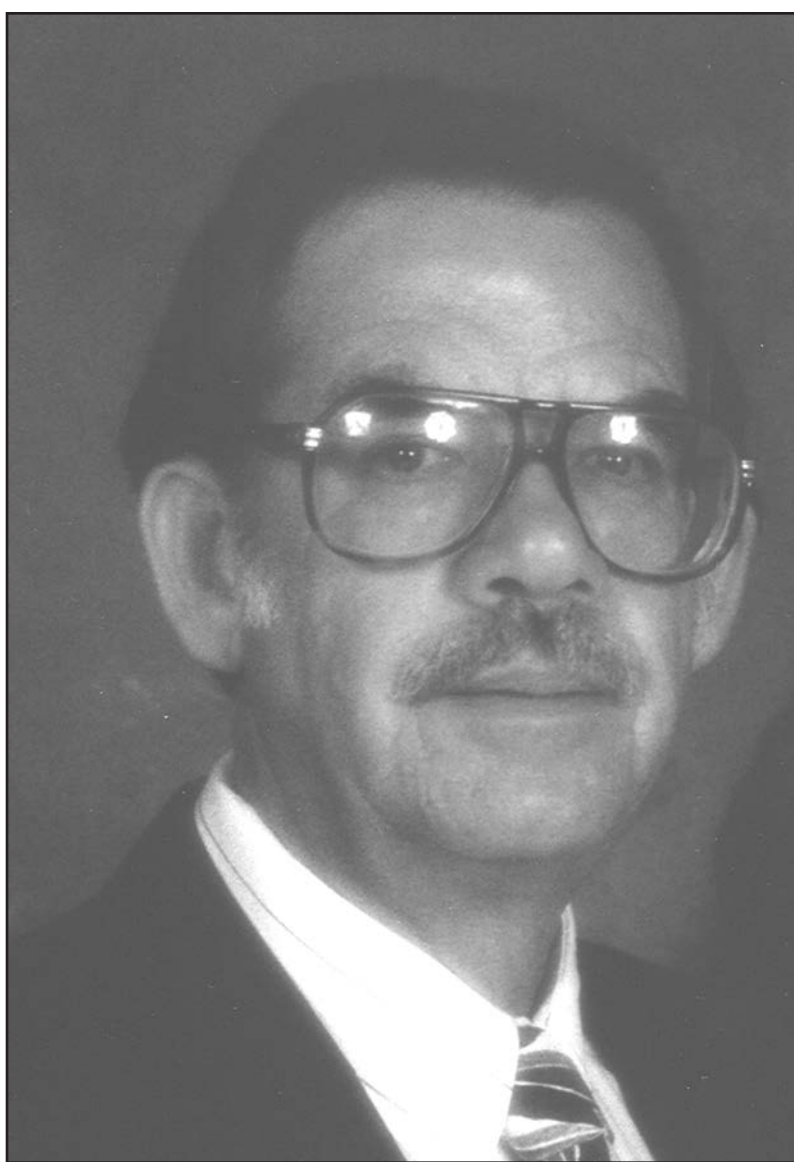
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**JERRY HARMS**—Served in the United States Navy before settling in Downey, where he resided for 35 years.

## Jerry Harms was 'Island' letter carrier

**DOWNEY**—Jerry Harms, who worked for the Downey Postal Service and was the letter carrier for "The Island" (a half-circle community north of Treasure Island park) for 32 years, passed away on Jan. 7.

Born in Dunuba, CA May 24, 1942, he served in the U.S. Navy aboard the cruiser, the USS Chicago, and later moved to Downey. He was a Downey resident for 35 years.

He is survived by his wife, Linda; daughter Lisa; in-laws Warren and Virginia Baker, Mike and Sharon Brooks and family, and Mark and Stephanie Baker and family; his brothers Marvin and Clarence; and his sister Eileen Hunnicutt.

Services were held at Rose Hills Memorial Park yesterday, Jan. 13. In lieu of flowers, the family asked that donations be made in Jerry's name to the UCLA Neuro-Oncology Dept., 710 Westwood Plaza, Ste. 1230, Los Angeles, Ca 90095.

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## Funeral mass for John Y. Dibsy

**DOWNEY**—Longtime Downey resident John Y. Dibsy, who was born to parents Jacob and Sophia Feb. 8, 1917 in Ain Karim, a small city in Palestine not far from Jerusalem, has died. He was 87.

A funeral mass was held in his honor on Jan. 4 at Our Lady of Perpetual Help Church.

He worked as a wood carver in Ain Karim, making statuettes out of live wood and sold them to the tourists who visited the Holy Land. After coming to the U.S. and settling here in Downey, he owned and operated John's Liquor Sore in Pico Rivera. He traveled much of the world, including the Soviet Union.

Dibsy is survived by his wife Mary; daughter Leita; grandchildren Lillian, John, Amy and Paul; and great grandchildren Clarissa, Gisele, George, Sabrina, Anthony and Andrew.

Interment was at the Resurrection Cemetery in South San Gabriel. Services were entrusted to the Downey Zrelak Family Mortuary.

## Robert William Edwards services held Jan. 8

**DOWNEY**—Services were held on Jan. 8 at the Miller-Mies Mortuary Chapel for 40-year Downey resident Robert William Edwards, who was retired from the Los Angeles County Office of Education.

Born Oct. 31, 1951 in Los Angeles, he passed away at the home of his parents on Dec. 28. He was 53.

A graduate of CSU-Dominguez Hills, he was a member of Our Lady of Perpetual Help Church.

He is survived by his parents, Robert and Alice Edwards; his sisters, Joan Foley, Judy Gunnette and Colleen Claes; and his brother, Tim Edwards. He was preceded in death by his sister, Shannon Kathleen.

Interment was at Little Lake Cemetery in Santa Fe Springs. Miller-Mies Mortuary of Downey assisted with arrangements.

## Graveside services for May Pemberton

**DOWNEY**—Graveside services were held on Jan. 10 at Woodlawn Cemetery in Santa Monica for May Pemberton, who was born in Grass Valley, CA Aug. 23, 1908 and passed away on Jan. 5 at the age of 96.

Crocheting was something she enjoyed, as well as going fishing and camping with her family.

Pemberton is survived by son Eugene and his wife, Donna; daughter-in-law Joan; grandchildren Alan and his wife Dorothy, and Diana and her husband Steve; great grandchildren Shelby, Whitney and William; and many friends. She was preceded in death by her husband of 62 years, Claude, and her son, Fred.

Services were entrusted to the Downey Zrelak Family Mortuary.

## Classes filling fast at Adult School

**DOWNEY** — It's not too late to sign-up for classes at Downey Adult School. The current session, which began Jan. 10 and ends Apr. 23, still has open classes.

For information, call 940-6200.

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**CHARLES SMOCK**—Has been welcomed to the staff of Century 21 My Real Estate, Downey. He has a BS in biology and a minor in chemistry from CSU-Long Beach, and has worked with National Seating and Mobility for over eight years as a sales associate. Smock has been a Downey resident for many years. "His accomplished level of professionalism and his prior experience in sales will be of great benefit to him in the real estate market," stated Steve Roberson of Century 21 My Real Estate. To reach Smock, call 927-2626.

### Free crapemyrtle trees through January

**NEBRASKA CITY, NE**—Five free Crapemyrtle trees will be given to each person who joins The National Arbor Day Foundation during this month of January.

The free trees are part of the nonprofit Foundation's Trees for America campaign.

"Crapemyrtles were selected for this campaign because of their elegant color and form, making them an attractive addition to the home landscape," John Resenow, the foundation's president, said. "These small flowering trees boast perfect, six-petaled flowers of pink and red, with leaves that change from summer green to autumn red, orange, and yellow."

Members also receive a subscription to the foundation's colorful bimonthly publication, *Arbor Day*, and *The Tree Book*.

To receive the free trees, send a \$10 membership contribution to Five Crapemyrtles, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68110, by Jan. 31, 2005. Or go online at [arborday.org](http://arborday.org).

### Group photo exhibit opens Jan. 18

**CERRITOS**—The Cerritos College Art Gallery will host the opening reception for "Photos: Heather Cantrell, Yoko Kanayama and Santos R. Vasquez," a group photography exhibit featuring three Los Angeles-based artists, on Tuesday, Jan. 18.

For more information, call Andrea Bronte, gallery director, at 860-2451, ext. 2612.

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## Seniors have new tool to stay safe when driving

**DOWNEY** — A new computer program that will help seniors self-assess their "driving health" in the privacy of their own homes is now available in the Automobile Club of Southern California's Downey district office, 8223 Firestone Blvd.

"Roadwise Review" is a CD-ROM program developed by AAA and other transportation experts. It includes scientifically validated testing of eight physical and mental skills that studies have shown are vital to safe driving. It is available at the Downey Auto Club office for the nominal fee of \$5 for members and \$7 for non-members, and within the next month it will also be available for free use at many local libraries and senior/community centers.

"As we get older, we all start to experience physical changes that can impact our driving abilities," Hend Hasrouni, the Auto Club's Downey district office manager said. "Because these changes often happen gradually, we may not even be aware of them. 'Roadwise Review' gives seniors objective feedback on their driving-related physical and mental skills, and offers specific recommendations so they can adjust their driving habits accordingly."

The Auto Club recommends that seniors use "Roadwise Review" annually to assess their skills, just like their regular doctor's checkup. The entire program takes about 40 minutes to perform and can be paused and

restarted. It is designed to be used with the assistance of a partner, such as a spouse, friend, child or grandchild. It tests abilities such as leg strength, visual acuity, and memory.

"Seniors who have gone through the test have told us it is fun and easy to use," Hasrouni said.

Most seniors are safe motorists. California drivers aged 50 to 60 are involved in fewer fatal and injury crashes per mile driven than any other age group. But after age 60, drivers' crash rates per mile driven start to rise. Lapses in visual and perception skills can increase drivers' likelihood of causing a crash as they age, and they are also more likely to die in crashes because of their increased physical frailty.

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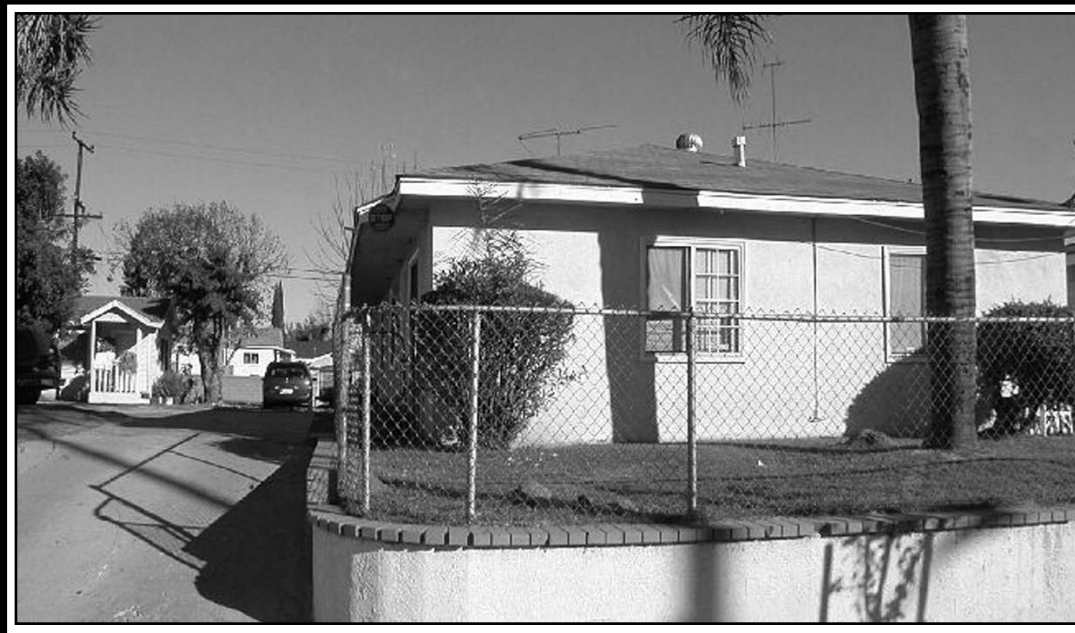
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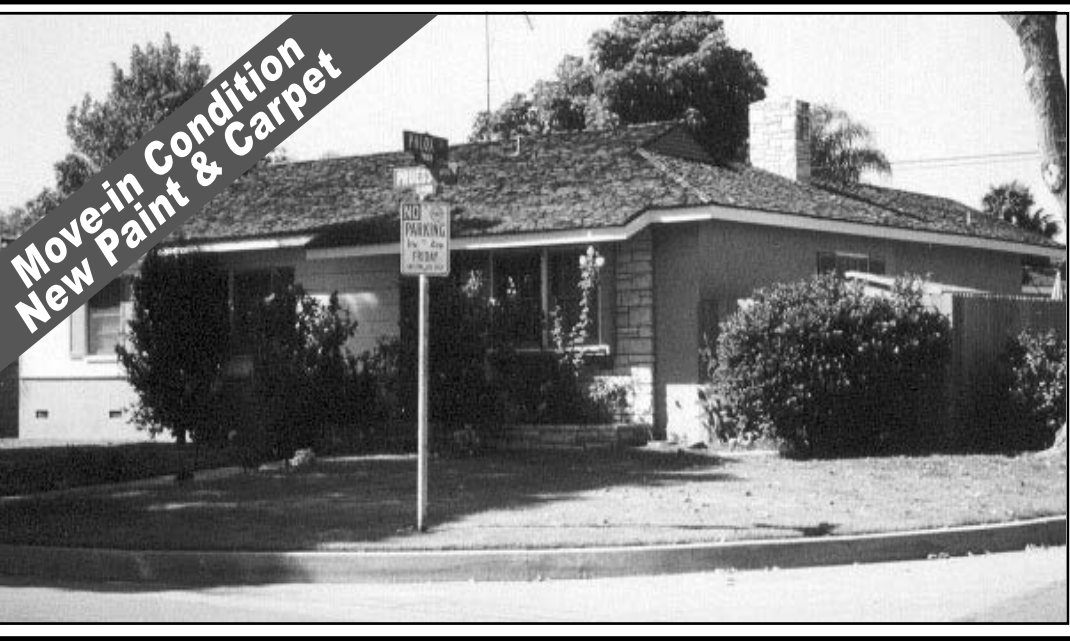


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**AN OPPOSING VIEW ?**  
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**DROP US A LETTER TO THE EDITOR....**

**The Downey Patriot**  
11525 DOWNEY AVE.  
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FAX: (562) 904-3124

Letters may be edited for style, space and/or content



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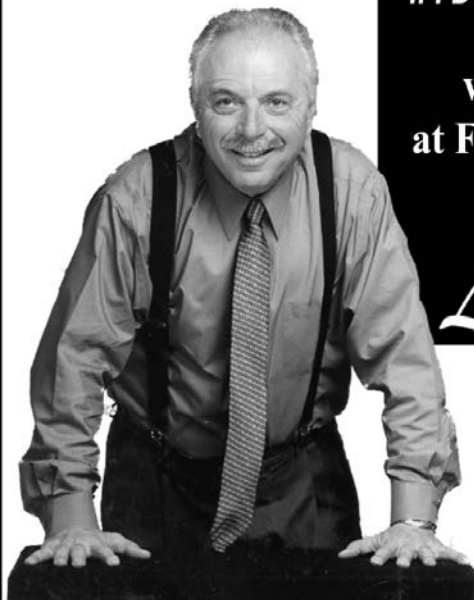
VISIT US ON OUR WEBSITE: [www.C21HI.com](http://www.C21HI.com)



IF YOU MISSED YOUR COPY OF *The Downey Patriot* YOU CAN OBTAIN A COPY AT ONE OF THE FOLLOWING LOCATIONS ON FRIDAY MORNINGS

- DOWNEY PATRIOT OFFICE, 11525 DOWNEY AVE., SUITE A
- DOWNEY CITY HALL, 11111 BROOKSHIRE AVE.
- DOWNEY LIBRARY, 11121 BROOKSHIRE AVE.
- CHAMBER OF COMMERCE, 11131 BROOKSHIRE AVE.
- EMBASSY SUITES, 8425 FIRESTONE BLVD.
- MIMI'S CAFE, 8455 FIRESTONE BLVD.
- YMCA, 11531 DOWNEY AVE.
- BEACH'S MARKET, 7900 IMPERIAL HWY.
- THIRD STREET COFFEE, 8221 THIRD ST.
- BARBARA RILEY SENIOR CENTER, 7810 QUILL DR.
- NORDIC FOX, 10942 PARAMOUNT BLVD.
- PACIFIC WESTERN BANK, 10245 PARAMOUNT BLVD.

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Broker - Notary

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\*Luxurious 8 bedroom, 6.5 bath home features 2 stories with 4,754 sq. ft. of graceful living. Contains formal living room & formal dining room, large den, state-of-the-art kitchen with cheerful eating area, balcony, & preparation island. Please call for information on the many, many amenities of this beautiful home. Asking \$1,595,000.

For further information or private viewing, please call  
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All listings can be found at [www.downeyrealestate.com](http://www.downeyrealestate.com)



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Newly remodeled, C/A & C/H, 3 Bedroom, 1 Bath, fireplace, newer garage door, cabinets, counters, tile, stove, microwave & dishwasher.

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#### Triple Treat

3 Bedrooms, 3 Baths, remodeled, central air and heat, move-in condition, 2-car garage, lovely backyard, nice neighborhood.

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#### A Room For Every Pillow

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-Jose Hernandez
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-Carlos and Helen Mendoza

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Top Listing Agent



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#### OUCH!!!

I Got A Big Ouch, I fell out of escrow, my bad luck may be your good luck. Excellent neighborhood & potential; I need a little love. 3 Bedrooms, 2 Baths, put me on your list!!

(800) 641-2111



#### Let It Rain

Brand new roof keeps this 3 Bedroom, 1.75 Bath dry, warm, bright, and airy. Formal dining, bonus room, living room w/fireplace, peaceful & quiet area.

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#### Rain, Rain, Rain All Day

This home with new roof loves the rain, 3 Bedrooms, 1.75 Bath, formal living room & dining room, family room, cozy kitchen, built in 1972.

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#### Someone Was Really Thinking

A very cozy home with great floor plan, 3 Bedrooms, 1.75 Bath, living room w/fireplace, large family room, nice neighborhood, newer roof and pool.

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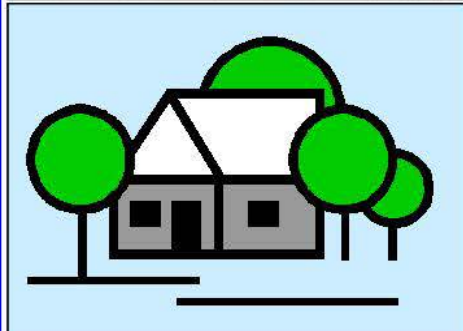
**JOSE'S HOT BUYS!!**



**Newly Remodeled!**  
 Remodeled from ground to top, featuring gorgeous 5 bedrooms and 3 bathrooms, family room, formal living and dining rooms. Top of the line appliances.  
 For more information, call **Jose Garcia-Yanez @ (562) 519-4010**



**New Downey Listing**  
 Gorgeous home features 3 bedrooms, 2 bathrooms with 1,870 sq. ft. of living space on a 9,225 sq. ft. lot. New carpet and paint!  
**\$699,900**  
 Call **Jose @ (562) 519-4010**



**Attention Investors!**  
 2 homes on a lot, 2 bedrooms, 1 bath each. Back home features new kitchen, bath and windows. Call **Jose for price! (562) 519-4010**

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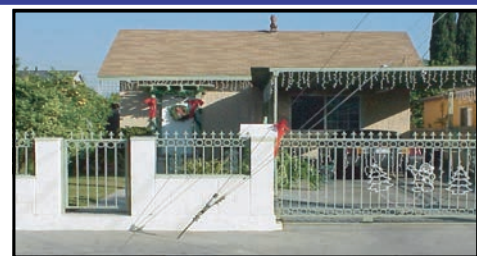


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**Mel & Rita Berdelis**

*"The 24 Hour Brokers"*  
 8635 Florence Ave., Suite 101  
 Downey, CA 90240

**562-861-7257**



**NEAT AS A PIN!**  
 This charming home features 3 bedrooms and 1 bathroom. 1,152 sq. ft. of living space on a 3,200 sq. ft. lot.  
 Visit **www.FrankMoreno.com** or call **562-949-8139** for more info!



**BEAUTIFUL HOME!**  
 This gorgeous 4 bedroom, 2 bath home with a beautiful master bedroom, a formal dining room, central air and heat, hardwood floors and a 2 car detached garage. 1,616 sq. ft. of living space on a 5,900 sq. ft. lot.  
 For more information, please call **Irma Valadez @ (562) 760-4407**



**"LIVE" CLASSES!**  
 Call Now!  
**1-800-521-4572**



**HOME SWEET HOME!!!**  
 This 3 bedroom, 1 1/2 bathroom Downey home features central air and heat, a patio with Jacuzzi and hardwood floors. 1,415 sq. ft. of living space on a 6,060 sq. ft. lot. Priced @ \$499,000  
 For more information call **Carrie Uva @ 562-382-1252**



**NOW TAKING LISTINGS!**  
 This complex contains 3 beautiful units. Within each unit are 2 bedroom, 1 bath. Nearly a 12,000 sq. ft. lot w/ tons of potential. For more investment opportunities, call Roger today!!  
 For more details, call **Roger Beltran @ (562) 477-4527**



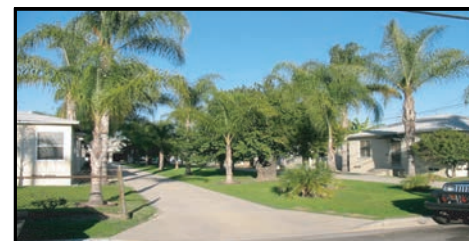
**A TRUE TURNKEY!**  
 This 3 bedroom, 2 bath home has refined hardwood floors, new windows, new stucco, new roof and a new kitchen. Also includes a spacious family room and a guest house attached to 2-car detached garage.  
 Call **Victor Cuellar @ (562) 547-3741** for price and details.



**FIRST TIME BUYERS!**  
 4 Bedroom, 2 Bath, 2 Car Garage. Zero Down Payment. \$2,028 P.I. per month. \$1,900 total to close.  
 For more information or for price, call **Ben & Stephanie Bahuels @ (562) 762-6175**



**DOWNTOWN DOWNEY HOUSE**  
 Charming 3 bedroom, 1 bath home in Downtown Downey area that features 1,420 sq. ft. of living space on a 8,700 sq. ft. lot. Must be sold together with vacant lot next door.  
 For more information and price, please call **Carmelo Mauro @ 562-382-1273 or (213) 718-1741**



**TAKE ACTION!**  
 This is a one of a kind, 30,387 sq. ft. lot with 8-1 bedroom homes and a 2 bedroom unit over garages. 10 garages plus additional parking. This is a probate sale. Offered at \$2,000,000.  
 For a private showing or more information, call **Mary Jane Lee @ (562) 618-0390**

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**OPEN HOUSE SUNDAY!**

**CUSTOM BUILT BEAUTY!**

The sellers of this 3 bed, 2 bath home w/family room have maintained their home beautifully! The home has cooper plumbing, new dual-pane windows, forced air & heat and a panel in master bedroom to control electrical switches throughout the house. The exterior includes vinyl hiding, large covered patio, spacious yard & an oversized two car detached garage. Priced at \$599,900.

**Call Michael to see! 562-818-6111**



**FANTASTIC BUY**

Clean 2 bedroom 1 bath home with hardwood floors, newer roof, & recently painted. Property has extra wide driveway, large backyard, covered patio & 1 car attached garage. Priced to sell at \$379,950.

**Call Michael to see! 562-818-6111**



**3 UNITS IN NORTH DOWNEY!**

One 3 bed, 2 bath unit, one 2 bed, 1 bath unit, and one 1 bed, 1 bath unit. Three bedroom units in back has newly-remodeled kitchen and home is in move-in condition. Projected income if all three were rented would be \$36,000 or more per year!

**Call Michael to see! 562-818-6111**



**OPEN HOUSE SUNDAY!**

**NICE & CLEAN!**

This 3 bedroom, 2 bath N.W. Downey home features large living room & family room, remodeled kitchen w/built in appliances, master bedroom w/private bath, central air & heat and a very open floor plan that lends its self to entertaining guest. The back yard includes above-ground spa, built in BBQ & many fruit trees. Priced at \$549,900.

**Call Michael to see! 562-818-6111**



**THIS ONE'S HOT!**

This 3 bed, 2 bath home in North Downey needs cosmetic work and is priced accordingly. Perfect for someone who wants "sweat equity." Bring your handy buyers to this 1,549 sq. ft. home priced at \$539,900.

**Call Michael to see! 562-818-6111**



Call Us for a Pre-Approval by our Home Loan Specialists