Election results See Page 3

'Marryin' Sam' See Page 2

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Friday, November 10, 2006

Vol. 5 No. 29



The Art of Rancho

Painting by Kelvin Wilkerson

I was born and raised in Los Angeles and have been involved with the arts since 1980. My interests in painting began as a small child when my mother gave me a paint-by-number set. I had a natural aptitude to blend colors and later learned how to compose themes with dynamic subject matters.

I was making an excellent living as an artist, but I suffered a debilitating stroke in October 2001 which threatened my ability to paint. During my rehabilitation at Rancho Los Amigos National Rehabilitation Center, my treatment team encouraged me to begin painting again. With Rancho's support, I am again creating the land-scapes, seascapes, portraits and other creations that define me as an artist.

Although my stroke challenged my creative future, Rancho helped me learn how to make the most of my remaining ability. I continue to get stronger each day. My spirit soars each time I begin to paint.

I thank my friends at Rancho for believing in me and assisting me in believing in myself.

--Kelvin Wilkerson

Editor's note: Rancho Los Amigos recently hosted the Art of Rancho, a formal art exhibit featuring work created soley by the hospital's many talented patients. A small sample of that work can be found throughout today's issue of The Downey Patriot.

11525 Downey Ave., Suite A, Downey, CA 90241

Concert to highlight city's birthday party

• Downey celebrates 50 years with free concert outside City Hall on Dec. 5.

DOWNEY – The Wonderelles will perform a free concert outside City Hall on Tuesday, Dec. 5, part of the city's 50th anniversary celebration.

The concert will be held in the cul-de-sac west of City Hall from 3 to 6 p.m. Featuring bop music of the 1950s, the Wonderelles will sing Happy Birthday at 3:40, 4:40 and 5:40 p.m. Cake and refreshments will be served at these while supplies last.

In addition to live music, visitors will also receive a commemorative giveaway. The program will also include announcement of the "Happy 50th Birthday Downey" coloring contest winners (3:45 to 4 p.m.) and recognition of residents and businesses also celebrating their 50th birth-days (4:45 to 5 p.m.).

Kids ages 3 to 12 can enter the coloring contest by picking up an entry form in City Hall at the Community Services Department located on the second floor. Entries for the contest are due by Dec. 1.

Residents and businesses wishing to be recognized at the event should call City Hall at (562) 927-7286.

In Lorine Parks, poetry, travel blend

By Henry Veneracion Staff Writer

DOWNEY—It's hard to imagine Lorine Parks getting bored. Possessing an intimate knowledge of French history and proficient in

French, she saw "Marie Antoinette" recently and was enthralled by Versaille's gushing fountains. "In my previous trips there, I never saw the fountains spouting water. It was a beautiful sight!" "Versailles," she went on, "is such a beautiful place, and there's history in every cobblestone." Her favorite city, though, is Paris, which she has visited 20 times.

She has operated a travel business in Downey for 32 years. Counting her initiation to the industry in New York and association with another travel



Missing in action: Veteran pilot recalls glory days with United States Air Force

By Henry Veneracion Staff Writer

DOWNEY — Last year, Congresswoman Lucille Roybal-Allard, D-34, opened her Veterans Day message with these lines: "This Veterans Day (Nov. 11), we pause to remember the noble service and tremendous sacrifices of those who have worn our nation's uniform." A subsequent passage read:"(Veterans Day) is a day to pay respect to our nation's veterans of all wars." Notice she didn't say Veterans Day honors only those who actually saw combat or those who fell in battle. She included everybody who has worn the nation's uniform.

Downey resident Lt. Col. Ervin "Erv" Heilman, USAF Retired, who at once disclaimed being regarded as a "hero," not only proudly wore the nation's uniform, he trained B-17 and B-29 pilots who were going off to war, at McDale Field in Tampa, Florida. He was scheduled to join the fight overseas, and had only one training flight to go, when World War II ended.

Nevertheless, from 1946-47, he was shipped to Clark Field in the Philippines, where he served as assistant operations officer. His main responsibilities were ground training and safety, and as flight safety officer. During his assignment there, on Fridays, he would fly a C-47 to Samar where a base was being closed down. Simply told, it was a "beer run." He brought back loads of beer to Clark. "I was the most popular guy around," he says. At other times, he flew "photo recon." When the Philippines celebrated its independence from the United States July 4, 1946, "some 20 B-29's, a few B-17's, and a few B-24's" from Clark flew over the ceremony in Manila. Erv was one of the flyover pilots.

On his return home, he married wife Winifred in Roslyn, New Mexico, where he got his commission as a 2nd Lieutenant prior to WWII, and where he flew bombardier for 1-1/2 years. Winnie, a native of Hershey, Pennsylvania, was a WAAC, later designated WAC. During the war, she prepared Army-regulation chocolate packages for the Armed Forces at the Hershey plant.

Civilian life saw Erv try his hand at everything: roofing, working for RHEEM, selling real estate, service station maintenance (for Texaco), machine shop operation, and, finally, a stake at a tube bending shop he opened in Whittier making hydraulic lines, fuel and oxygen lines for the aerospace industry. "I had a tube made for a contractor who worked on the Apollo shuttle that exploded, although of course my tube didn't cause the explosion."

Ever since his retirement in 1962, Erv has been a volunteer at the Los Angeles Air Force base in El Segundo. He serves as senior duty officer Mondays. He was also active as coordinator for the AARP Mature Driving classes there until recently. He suffered a spinal infection two years ago and he has had to slow down. He was honored as "Volunteer of the Year"



OLD GLORY – Patriot photographer Rick Salyer captured the image of this patriotic hot air balloon on a recent trip to the Midwest.

in 1992. He had also been active with the Rose Float. Winnie, who just turned 91 last month, also continues to serve as a volunteer at the base. Erv, who says his dad "broke every rule of longevity" and yet enjoyed a **See VETERAN, page 9**

DUSD launches drug prevention program

CONTRIBUTED BY THE DUSD PUPIL SERVICES DEPARTMENT Beginning with the current school year, the Downey Unified School District started to implement programs tailor-made to students and educators, to combat drugs use and address the incidence of violence in the schools.

There is, first, the "Too Good for Drugs—K-8" program. This schoolbased prevention program is designed to reduce identifiable risk factors and enhance protective factors related to alcohol, tobacco and other drug (ATOD) use among students. It has a separate, developmentally-appropriate curriculum for each grade level. Each curriculum builds on earlier grade levels, an instructional design which enables students to learn important skills sequentially and retain them year after year. agency elsewhere, her immersion in the travel business amounts to 35 years. This has conveniently allowed her to indulge her full-grown passion for

travel, covering some 100 countries across the globe. One of her most memorable encounters, she says, was when she was in this village in Sicily when nobody spoke English until she overheard an Italian shopper communicating in French to a vendor. Voila! After that she never doubted that French was indeed a common language.

Poetry is another passion. She has contributed poems to this paper, not

See PARKS, page 9

Time Traveler Women's Movement leader taught locally

By John Adams Editor Emeritus

A strong-willed school mistress who once taught at the old Alameda School in Downey was one of the most influential persons in the history of Los Angeles, though her name is seldom mentioned in local histories. Mary Emily Foy lived to the age of 99, and was a tireless fighter for the Progressive Movement and women's rights.

A room in the old Los Angeles Library downtown was named in her honor. Though her name is seldom mentioned in California histories, it is time for the Women's Movement to rediscover one of its own truly great champions. Mary Foy was born July 13, 1862 in Los Angeles. She graduated from Los Angeles High School in 1879, the fifth class to graduate from that school.

She soon became known as an early spokesman for Women's Suffrage and equal rights. Her voice was heard throughout Los Angeles whenever these issues were mentioned. She became the third city librarian for Los Angeles, and the first woman to serve in that capacity.

But she was even better known for her part in the Progressive Movement. She was an early advocate of women's suffrage and helped organize the California parlor of the Native Daughters of the Golden West. She also helped to found the First Century Families.

She was the daughter of Samuel E. Foy, whose home became a historical monument in downtown Los Angeles. Originally built at 7th and Figueroa in 1873, it was moved in 1906 to 631 S. Witmer St., where it was eventually fully restored and designated Los Angeles Historical Cultural Monument No. 8.

In her early years, Foy was city librarian from 1880 to 1884, directing the two room library that stood at Main and Temple streets.

See TRAVELER, page 9

Page 2 Friday, Nov. 10, 2006 Community

Time for 'Marryin' Sam' to be honored himself

• The Reverend Ray Harper, a popular face at local weddings, being honored with service.

BY CAROL BRINKMAN Downey Memorial Christian Church

DOWNEY – For nearly three decades the Rev. Ray Harper has explored the marriage relationship with literally hundreds of couples who have celebrated their wedding at Downey Memorial Christian Church. On Nov. 12, he will draw the whole congregation into the discussion as the church celebrates "Ray Harper Sunday" with a special worship service and Thanksgiving dinner to follow.

Harper joined the staff as to give this specialized ministry the time and attention it deserved. Downey Memorial does not require membership of couples who come to the church to be married, and so Harper would inevitably guide couples from a wide variety of religious backgrounds in the spiritual aspect of marriage. It is impossible to measure the impact he has had at so crucial a moment in the lives of two people who establish their covenant to share a common path.

The wider community, and especially Ray's couple still living in the area, are invited to share in the festivities on Sunday, Nov. 12, at 10:30 a.m. The dinner will immediately follow.

Downey Memorial Christian Church is at 8441 E. Florence Avenue in Downey. For information call (562) 869-7291.

'Celebrate the Season' with brunch

DOWNEY – There's still time to 'Celebrate the Season' at Downey Assistance League's annual Christmas Tree Brunch on Nov. 19 at the Long Beach Hilton.

Members have been busy trimming Christmas trees, filling specialty baskets, making hand-crafted items and collecting treasures for sale and silent auctions. All profits from the day will be used to fund the many philanthropic projects in Downey that Assistance League supports.

Activities begin at 10 a.m. with brunch served at noon. A Christmas program by the Citrus College Singers follows.

Tickets are \$60 and reservations are available only until Monday, Nov. 13. Tickets for children ages 10 and under are \$25.

For more information, call the Second Tyme Around Shoppe at (562) 869-0232.

Free immunizations for children

DOWNEY – St. Francis Medical Center, in cooperation with the Downey Unified School District, is sponsoring a free immunization clinic for children ages 4 to 18 on Nov. 29 at Alameda Elementary School.

Immunizations for chicken pox, hepatitis A and B, DPT, MMR, and Meningococcal Tb skin testing will be given from 3 to 7 p.m.

All immunizations are free and no appointments are necessary. A parent or guardian must accompany children.

Parents should also take the child's official immunization card with past immunization history. For information, call the school at (562) 904-3589.



FBI TOUR – Congresswoman Lucille Roybal-Allard toured the Los Angeles Office of the Federal Bureau of Investigation (FBI)'s new Mobile Command Center with Special Agent Greg Wing (shown center inside the command center). The Mobile Command Center services the western region of the United States and features state-of-the-art communications and information processing capabilities. The center was used for the first time during the 2006 Rose Bowl in Pasadena.



CELEBRATE THE SEASON – Chairman Judy Berg, left, and cochairman Ida Stallcup, along with many members of Downey Assistance League, have been working in preparation of their annual Christmas Tree Brunch.

Church collecting gifts for children worldwide

 Calvary Chapel trying to gather 5,000 'shoe box gifts' for underprivileged kids.

DOWNEY – Downey residents can help bring joy to needy children by packing and collecting shoe box gifts for a program called Operation Christmas Child.

Calvary Chapel of Downey will collect gift-filled shoe boxes from the community from Nov. 13-20. The church is open Monday through Saturday, 9 a.m. to 3:30 p.m. and Sunday, 8:30 a.m. to noon.

Operation Christmas Child is a ministry of Samaritan's Purse, the international Christian relief organization headed by Franklin Graham. Children, families, churches and groups fill empty shoe boxes with toys, school supplies, hygiene items, photos and personal letters, and Operation Christmas Child delivers them around the world to girls and boys suffering from poverty, war, disease, disaster and terrorism.

This is Calvary's Chapel's fifth year as a collection center. The church hopes to collect up to 5,000 shoe box gifts from Downey residents this year.

"This is our fifth year as a collection site for shoe box gifts and we consider it a real joy to be involved with Operation Christmas Child again this year," said Jeff and Lisa Freeman, who are coordinating the local collection.

'Light and Love' remembers deceased

DOWNEY – Downey Zrelak Family Mortuary will host its fifth annual "Light and Love' remembrance service on Nov. 16, honoring those that passed away this year.

The service will be held at the Zrelak Mortuary Chapel starting at 7 p.m.

Those planning to attend are encouraged to take a picture of the person being remembered into the mortuary one week prior to the service for placement on a remembrance table.

The mortuary ensured there will not be a sales presentation pitched at the service. For information, call (562) 927-2644.

Donations accepted for local food drive

DOWNEY – Red Carpet Heritage Realty's 8th Annual November Harvest Food Drive will be headed up by their very own Lucy Guastella. Food will be collected and donated to Downey PTA HELPS, who will

distribute the food to less fortunate families in our community.

Donations can be dropped off November 9 - 11 at 9047 Florence Ave., Downey. For information, call (562) 923-5401.

Pancake breakfast at Christian church

DOWNEY – Downey Memorial Christian Church will host their annual pancake breakfast Saturday, Nov. 11, from 7 a.m. to noon. The community is invited.

Breakfast tickets will be available at the door and are \$4.50. There will also be a holiday boutique with baked goods and nuts for sale. The church is located at 8441 E. Florence Avenue.

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The Downey Patriot _____ Election 2006 Results Page 3 Friday, Nov. 10, 2006

Voters pick Guerra as new councilman

 Downey voters elect Mario Guerra to represent city's District 2. Rubio graceful in defeat.

> BY ERIC PIERCE AND JACQUELINNE MEJIA **CITY EDITOR AND CONTRIBUTOR**

DOWNEY – As the polls were reeling from the last string of voters casting their ballots before the 8 p.m. closing time, supporters, friends, and family of Mario Guerra started to file in at Granata's Italian Villa in Downey. Guerra was running for a seat on the Downey City Council and they didn't want to go home disappointed.

They didn't.

With nearly 64 percent of the vote, Guerra won a seat on the Downey City Council, representing Downey's District 2.

Guerra collected 2,756 votes to Robert A. Rubio's 1,567, with 100 percent of the precincts reporting.

Anne Marie Bayer, who ran unopposed in District 4, won another four years.

"I'm happy it's over," Guerra said, who held his Election Day headquarters at Granata's. "I'm humble, I'm excited. I appreciate all the voters who voted for me and I promise to represent the entire city."

Guerra was the heavy favorite going into the election, gaining the early endorsements of four current councilmen, including outgoing mayor Meredith Perkins, and Los Angeles County Supervisor Don Knabe.

Chaplain for the Downey Police Department, Guerra listed public safety as his top priority. Former Downey Police Chief John Finch and Darryl Jackson of Gangs Out of Downey also endorsed Guerra.

"I had great people on my campaign and all of their hard work inspired me to keep going," Guerra said. "I'm going to miss walking the neighborhood and speaking to the residents. But I'm going to try to do that again once a week every year."

Guerra said he was very "humbled by the experience. So many people have given me so much support." His family stapled thousands of signs and their dining room was turned into campaign headquarters. His wife, Ann, hosted meet and greets and his children, along with the help manycampaign supporters, put up close to 3000 signs around Downey.

Perkins, who along with councilman Kirk Cartozian guided Guerra throughout the campaign, stated that "there are three things that are needed to have a successful election: an outstanding candidate, a good campaign manager and great workers." Perkins said Guerra had them all.

Guerra is president and co-founder of Scanlon, Guerra, Jacobson and Burke Insurance Brokers in Woodland Hills. He also serves on the Downey Regional Medical Center Board of Directors and on the hospital's Finance and Litigation Committee.

His volunteer work with local volunteer groups is extensive and makes his face a familiar one around town. He's a member of Downey Rotary, Knights of Columbus and has worked with West Downey Little League for over 27 years.

He's also an ordained minister

Guerra will be officially sworn in at the Mayor's Transition at City Hall Dec. 12. Perkins will step down from the council at that time due to term limits. Rick Trejo will take over as mayor.

Rubio

Rubio, for his part, also stressed public safety in his campaign. He has wide-ranging experience working with kids in Downey and surrounding communities, particularly as chief professional officer with the Rio Hondo Boys & Girls Club.

Rubio gathered with supporters at Steven's Steakhouse in Commerce on Election Day.

"I appreciate the vote of confidence from the 1,567 constituents who voted for me," Rubio said after the election. "My opponent's campaign was very well-structured and the results showed that. I feel we're both



LIVE THE JOURNEY - Mario Guerra, pictured above with his wife, Ann, cruised to an easy Election Day victory, collecting 64 percent of the vote. Robert Rubio, shown below right on Election Night with campaign supporters including Lennie Whittington, center, praised Guerra as a "well-qualified candidate" and pledged to continue his service to the Downey community. **Photos by Art Montoya**



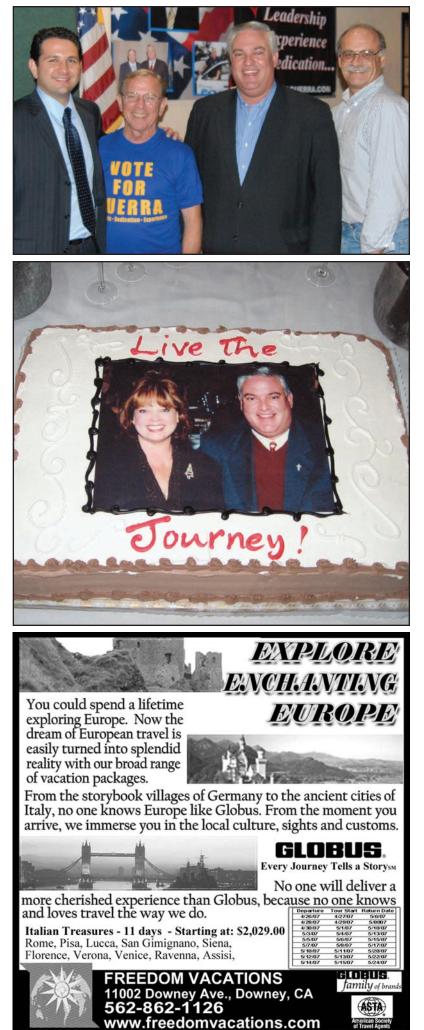
well-qualified and unfortunately not everyone's going to win. Endorsements are key to a campaign and my opponent secured that early on.

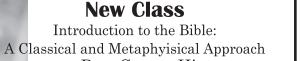
"I congratulate Mr. Mario Guerra and wish him much success."

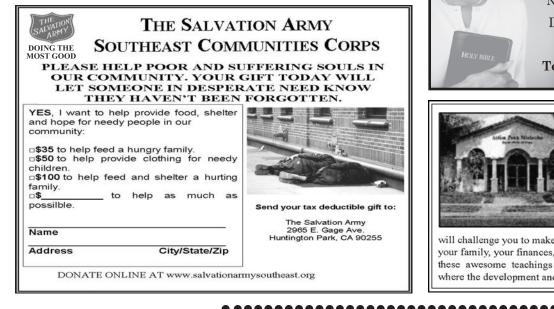
Rubio said his immediate thoughts were on his continued work with children. He recalled how Best Buy in Downey cooked, prepared and served 15 turkeys to children at the Boys & Girls Club last year and hopes to continue that effort again this year.

As for his political future, Rubio remained ambiguous.

"I'm considering all the viable options in my immediate future," he said. "I'm not ruling anything out."









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I want to express my sincere appreciation to my committee, friends and family for their countless hours, resources and support to my campaign effort.

Robyn and Robert

•••••

Approximately 1,567 of my constituents voted in favor of my leadership, my dedication to the community and my goals for the future of Downey. I appreciate and thank you for your vote of confidence.

As I walked door-to-door talking with the residents of Downey, it was clear that we all want a safer Downey. As I attended local events and listened to Council Members and City Leaders, it was evident that we are striving for the same ideals - to provide the best for Downey.

> I have lived in Downey for nearly 25 years, investing most of that time in service to the community - that will continue!

I congratulate Mario Guerra as our elected representative from District 2 and wish him success in his endeavors.

Robert A. Rubio

The Committee to Elect Robert A. Rubio Downey City Council, District 2 562-922-9972 robertarubio@comcast.net



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California Capital Resources and North America Title Company

Page 4 Friday, Nov. 10, 2006 Community

Charter Ball 2006 rises to the challenge

■ Nearly \$200,000 raised for new patient care tower at Downey Regional Medical Center.

DOWNEY - Surpassing its own high standards, Charter Ball 2006 uplifted more than 900 guests and elevated future care at Downey Regional Medical Center, thanks to its generous supporters.

Held seaside at the Hyatt Regency Huntington Beach Resort & Spa on November 4, the 31st annual Charter Ball shone as a golden gala. Downey Regional Medical Center, although opened in 1920, was celebrating its 50th anniversary as a non-profit institution. Also during the evening's festivities, the city of Downey was recognized for its 50th year of incorporation. The milestones helped set the tone for this elegant evening, arrayed in gold and white accoutrements and fragrant bouquets of gold tipped white roses.

"Rising to the Challenge," the rallying phrase for the hospital's recently begun capital campaign, also served as theme for the event, presented by DRMC's fundraising arm, the Memorial Trust Foundation. The nearly \$200,000 raised through Charter Ball is earmarked for the capital campaign to build a new patient care tower.

DRMC CEO Allen Korneff was among the non-profit hospital's dignitaries welcoming the guests out in support of Downey Regional. He stated, "We are in the midst of a healthcare crisis in Los Angeles County, with emergency rooms closing, a thinning safety net of hospitals and a surging uninsured population. Traditional sources can no longer support our mission. We must secure additional support from government and philanthropic organizations. That is also why fundraising events such as this Charter Ball have become critical to assisting the hospital in providing and advancing quality care."

Ball goers in black tie attire were welcomed amidst the sound of the Gentleman's Ensemble, featuring Dr. Harding Young on saxophone. The jazz served as a prelude for the evening's main entertainer, former Supreme Mary Wilson and her band. The sultry soulful singer had the audience on the dance floor as well as on stage grooving to popular songs from '60s and the ensuing decades. As aptly stated by one of the guests, LA County Board Supervisor Don Knabe, "Julie and I just love Mary Wilson and the music of the Supremes."

Also starring at the Ball was a delectable meal, a rave-reviewed main course of grilled filet mignon with gargonzola and merlot sauce. Dave Lopez, CBS 2 news reporter, served as master of ceremonies. Dr. Surendra Jain and Susanne Sundberg co-chaired the Ball, working with three dozen committee members.

Accolades were presented to two extraordinary couples serving as Charter Ball honorees: Hu and Patty Clark, and Drs. Kaushal Tamboli and Mona Ramaney Tamboli. The Clarks made Downey their home for 30 years, raising their five children and bettering the community. Patty served with the hospital's Auxiliary and chaired some major events for the hospital's fundraising during their years here. Hu retired as CEO from Baker Oil Tools, which he helped build into an international corporation now known as Baker Hughes. From his early years of involvement in the Downey YMCA with his children, he rose to chairman of the National YMCA. Now an octogenarian, he still serves on the Los Angeles Metropolitan YMCA board, overseeing 26 YMCAs around Los Angeles.

Like the Clarks, the Tambolis' successes are rooted in a deep devotion to family. The natives of Mumbai (formerly Bombay) now call Palos Verdes home. Kaushal's cardiology practice in Downey spans three decades, and he continues to lend his time and expertise in DRMC medical staff leadership. Mona Ramaney practiced high-risk obstetrics for 20 years, and delivered thousands of babies. Today, her practice in the South Bay area is focused on gynecology.

Following the tributes, a live auction featured seven choice prizes. including stays in guest homes in Kauai, Hawaii, the Santa Inez Valley and at the Hyatt Regency Huntington Beach Resort & Spa; a guitar signed by Sir Paul McCartney, a high definition flat screen T.V., gourmet catered dinner and clubhouse tickets to LA's major sports team's games. A sweepstakes drawing delighted seven lucky winners of cash prizes, and the grand prize winner of a 2007 red convertible Mustang, Samira Menendez of Downey. Longtime hospital friend Bill Nazaroff capably served as auctioneer. Major sponsors for Charter Ball were Bank of the West, Schafer Group and SWA Architects. Hospital supporters will find this Charter Ball hard to top but have already set the date to so, at next fall's 32nd annual Charter Ball slated for October 27, 2007. More photos are available (this week) on the hospital's website at www.drmci.org.



FUTURE UNLIMITED - "As Downey's number one representative, we present to you, Mayor Meredith Perkins, this timepiece for the city of Downey," DRMC Hospital Board Chair Mary Lou Schmidt announced alongside Corporate Board Chair Ron Kolar. The plaque reads, "A Full Service City with a Future Unlimited" commemorating the 50th anniversary of the city of Downey, incorporated December 4, 1956, from your community partners at Downey Regional Medical Center."



HEFTY DONATION - Gangs Out of Downey (GOOD) president Darrell Jackson, right, and Dr. Wendy Doty, Downey Unified School District superintendent, presented a check for \$32,000 to Downey Chief Police Roy Campos this week. The donation by GOOD will support school policing in the high school. GOOD has been a major donor to school policing for the past seven years.

The Poets' Corner

A curse on the neighbor who cut off the limbs from my tree

now may all the bees and wasps and hornets who gathered here buzz you attack you sliver your hide with barbs may the hummingbirds who slept in the crooks of these branches aim for your uncovered head and squeal and dive at you may the doves attempt to peck out your eyes

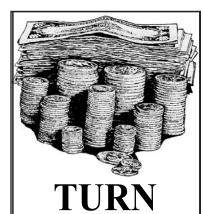
I call upon the Earth's other tiny tormenters may the ants who crawled up the bark to get resin infiltrate your pantlegs and nostrils may the spiders who spun their hammocks from these twig tips swing down into your hair and bite you behind the ear causing extreme swelling and excruciating pain

when you wish for evening to come and soothe your inflamed eyelids and desire the resevoir of night then may you learn that this incandescent globe the sun is never NEVER going to stop glaring at you you may squirm but you will find yourself chaired fixed in the endless stare of that hanging bulb you may beg but they will not drag you back to your cell no darkness no dreams no surcease you may pray for it enternally but you have cut down Shade at its roots may you never have peace

-Lorine Parks, Downey

The Veteran

It is the VETERAN, not the preacher, who has given us freedom of religion. It is the VETERAN, not the reporter, who has given us freedom of the press. It is theVETERAN, not the poet, who has given us freedom of speech. It is theVETERAN, not the campus organizer, who has given us freedom to assemble. It is the VETERAN, not the lawyer, who has given us the right to a fair trial. It is the! VETERAN, not the politician, Who has given us the right to vote. It is the VETERAN, who salutes the Flag, It is the veteran, who serves under the Flag -- Unattributed



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First Presbyterian offers family fun on Thursdays

DOWNEY - First Presbyterian Church of Downey will be offering activities for the whole family on Thursdays through Dec. 2, skipping Thanksgiving week.

Children are invited to a soccer camp from 4:30 to 6 p.m. while teens can learn to exercise and eat right in a five-week wellness class.

Conversational English will be available for adults while a Spanish version will help Spanish-speaking parents better understand the English their children speak. Math and science tutors will also be on-site.

Faith Facts, age appropriate classes kids in kindergarten through high school, will give children the chance to ask religious questions and pickup basketball will be organized on the outdoor court for the men.

Choral sessions will be available for those wishing to sing Christmas music.

A nursery is available for kids 4 and under. Light suppers will be served at 6 p.m. for \$3.

For more information on any of the activities, call(562) 861-6752.

FDR impressionist recalls life

DOWNEY - Historical impressionist Peter Small will portray FDR at a Downey Adult School OASIS program Nov. 13 commemorating Veterans Day.

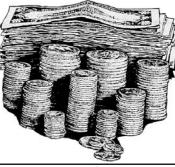
Small will play FDR on his final day, April 12, 1945, at his Warm Springs Georgia Cottage where he recalls his life as President, looks forward to victory in World War II and rebuilding postwar world peace.

The OASIS program, directed by Harriett Paine, will be held in the Barbara J. Riley Community Center at Apollo Park.

The class opens for enrollment at 3 p.m. The program starts at 3:45 p.m. Dinner will be available at 4:45 p.m. but tickets must be purchased before 3:30 p.m.

For information call (562) 940-6200.

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Buena Park	714.736.4000	Glendale	818.502.8400	
Burbank	818.525.3760	Hacienda Heights	626.330.7411	
Camarillo	805.465.1053	Huntington Beach	714.843.5360	
Cerritos	562.916.7260	Laguna Hills	949.470.8160	
Chino Hills	909.631.2560	La Verne	909.593.4944	
City of Industry	626.961.3486	Long Beach	562.668.5050	
Covina	626.331.0651	Manhattan Beach	310.727.5660	

Monterey Park







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Editorial Page 5 Friday, Nov. 10, 2006

Veterans Day

BY CONGRESSWOMAN LUCILLE ROYBAL-ALLARD (34TH DISTRICT, INCLUDING DOWNEY)

On November 11, 2006, I join you in thanking our veterans, past and present, for their selfless and heroic contributions to our country.

In 1954, Congress officially changed Armistice Day to Veterans Day. On this national holiday our grateful nation commemorates the service and the sacrifice of the men and women who for more than two hundred years - from the American Revolution to the War on Terror - have nobly answered our country's call to duty.

As we face unprecedented global threats, we are reminded that the safety of our country and the very existence of our freedoms are dependent upon the patriotism and sacrifices of our brave men and women who serve in uniform. The repeated deployments to carry out U.S. operations in places such as Iraq and Afghanistan have placed enormous strain and hardship on our service members and their families. The pain is evident for those service men and women who return home severely injured. It is also evident for their families and for the families of those who paid the ultimate price. For their unselfish devotion to our country, our service men and women deserve to have the promises made to them by our nation fulfilled.

Abraham Lincoln said during his second inaugural address that our obligation to our nation's valiant heroes is "... to care for him who shall have borne the battle and for his widow and his orphan." To ensure that Lincoln's historic and true words are realized today, I remain steadfast in my commitment to fulfilling our obligations to our veterans and their families by continuing to fight until Congress passes the fair, just, and well deserved New GI Bill of Rights for the 21st Century.

More than 60 years ago, Congress enacted the original legislation to provide World War II veterans with needed medical assistance, educational benefits and home loans. The new GI Bill builds upon these commitments to address the current needs of our veterans and of those who in the future return from the theatre of war by repealing unfair tax burdens on military families and providing veterans with critical benefits such as affordable health care, educational opportunities and job training.

This Veterans Day, it is with great pride that I join our country in extending to our nation's 24 million veterans my deepest gratitude for their sacrifice and commitment to protecting our country's freedoms and democratic way of life. It is clearly our veterans' unwavering courage and patriotism that keep the flame of liberty shining brightly as a beacon of hope upon our great nation and throughout the world. For that, we are, and will remain, eternally grateful.

Key dates approaching for Medicare changes

If you receive your health care benefits through Medicare, the Federal health and prescription drug program, there are some key dates coming up that may require your attention.

Just like those who enroll in their company's health care benefits program, there is now an "open enrollment" period for Medicare, which begins November 15, 2006. This is the first day to begin enrolling for a 2007 plan. Your coverage with this plan will take effect January 1, 2007.

For those opting for Part D prescription drug program for the first time the last day to enroll for 2007 is December 31, 2006

On January 1, 2007, open election period begins. This means you can now switch to another Medicare health plan. Once you have made this switch, you must remain with your last choice through the end of the year. The open election period ends on March 31, 2007.

"Medicare plans can be very confusing and we have been very busy helping Downey area seniors understand the changes and deadlines," said



LETTERS TO THE EDITOR: That's more like it

Dear Editor:

I was critical of the article leading into the Downey/Warren football game. I felt that the Vikings weren't given enough credit and that favoritism towards the Bears was evident. (The Downey Patriot, 10/27/06) Well I wanted to mention that the article following the game was very

DRUGS

Continued from page 1

This "Too Good for Drugs-K-8" program tries to build five essential life skills: goal-setting, decision making, bonding with "pro-social" others, identifying and managing emotions; and communicating effectively. Each complete, easy-to-use "Too Good for Drugs (K-8)" grade level kit includes: a teacher's curriculum with ten 30- to 60-minute- lesson student workbooks; clear, measurable objectives and evaluation tools; and teacher tips and parent components. Already, "Too Good for Drugs-K-8" has been designated a Model Program by the Substance Abuse and Mental Health Services Administration (SAMHSA). To achieve this status, programs must: be implemented under scientifically rigorous conditions; demonstrate consistently positive results; be innovative and effective; and respond successfully to the needs of their target populations. The second program is the "Too Good for Drugs & Violence-High School" program, a comprehensive prevention education program for grades 9-12 and is designed to equip students with the knowledge, skills and attitutudes they need to remain safe and drug free. The program promotes bonding and tries to develop positive life skills; establishes positive, violence- and drug-free norms; and completes a consistent, comprehensive K-12 prevention plan. "Too "Good for Drugs & Violence-High School" is comprised of three major components; the High School core curriculum, staff development, and High School infusion lessons. The core curriculum for students includes fourteen, 60-minute lessons whose components include: goal setting, decision-making, respect for self and others, assertiveness, communication, conflict resolution, managing emotions, bonding and relationships, tobacco, alcohol, marijuana, addiction, maximizing life and minimizing stress; and staying safe and drug free. This program will be implemented as part of the district's health curriculum "Too good for Drugs and Violence-Staff Development" is a 10-leasson, interactive curriculum specifically designed for educators. This program strives to energize and inspire teachers, counselors and other instructors to maximize their effectiveness and to create a classroom climate which reduces risk factors, builds protective factors and supports resiliency. The sessions cover: risk, protection and resiliency; bonding; meaningful participation; caring and support; high expectations; skills for communicating; skills for handling anger and conflict; skills for decision making, norms; and creating a healthy school climate. "Too good for Drugs and Violence-High School" Infusion Lessons is comprised of lessons incorporating and reinforcing skills taught in the core curriculum through academic infusion in subject areas such as English, Social Studies and Science/Health. In addition to personal skills, social skills, and drug resistance skills, "Too Good for Drugs and Violence-High School" teaches drug information. Each infusion lesson lists prevention objectives and objectives based on national standards. Normative education is an important element of the program. Normative education addresses the influence of passive social pressure and social modeling; it corrects common misperceptions among teens about the prevalence and acceptability of drug use and focuses on establishing a positive climate free of drugs and violence. The high school program provides a comprehensive approach to prevention education by training the teacher in the same skills the students are using. This provides the opportunity to develop a consistent approach to prevention and to create a safe environment both physically and emotionally.

Michael Blea, general manager of AppleCare Insurance Services, the former Golden Outlook program that provides counseling and sales support to those on Medicare.

"This year, for 2007, many Medicare health plans are offering superb benefits to their members," he said. "There is much excitement about these new plans because they provide free transportation, drug benefits, zero copays for most if not all medical care and hospitalization."

Blea said AppleCare partners with many different health plans that have been approved by the Federal Government to serve the Downey community. "Freedom of choice is our philosophy. That way, you have many different Medicare plans to offer seniors, from those with drug benefits to those with specialized services and specific disease management programs such as diabetes and heart disease.'

AppleCare Insurance offers Medicare plans from Blue Shield 65 Plus Choice, Blue Cross, Citizens Choice, Health Net, SCAN and Secure Horizons. Its staff of licensed agents are well versed in all Medicare changes and can provide complimentary counseling to anyone who needs assistance.

For more information, please call (562) 658-1900 or drop by the office at 8141 E. Second St., Suite 500, Downey. Or visit www.applecaremedical.com.

Art leagues holding potluck and meeting

DOWNEY - Downey Art League and the Traditional Artist's Guild of Paramount will hold a joint meeting on Nov. 19 at Progress Park Plaza in Downey. Betsy Woodward will be the day's demonstrator.

The meeting begins with a potluck at 1 p.m. followed by the demonstration at 2. The meeting is free and refreshments will be provided. For more information call Ryo Terasaki at (562) 803-5857.

The Downey Patriot

Citra .	Jennifer DeKay-Givens	Publisher/Adv. Director
The state	John Adams	Editor Emeritus
P-3	Eric Pierce	City Editor
1.5	Henry Veneracion	Staff Writer
11/20	Robert Tolentino	Display Advertising
	Brooke Karli	Display Advertising
	Gwynn Gustafson	D isplay Advertising
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11525 Downey Ave., Suite A, Downey, CA 90241 Phone (562) 904-3668 * Fax (562) 904-3124 Hours Monday-Friday 9 a.m. - 3 p.m. www.TheDowneyPatriot.com



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well written. I found it to be objective and fair and the Downey schools were represented positively. As a reader and a parent it was appreciated. — Javier Moreno,

Downey

Where will it end?

Dear Editor:

Palm trees at the Rives Mansion? Where's the rose garden? Where are all the walnut trees? Isn't this house on the National Register of Historic Places? Aren't there guidelines for redoing historic homes? Why don't you just tell them to tear it down and put up a horrible 10,000 sq. ft. colonnaded eyesore, or put pink stucco over the whole place like anyone can do anywhere else (what used to be) Downey?

I used to ask 'Where will it end?' Well, I guess I know now.

— Richard McAllister,

Downey

Article inaccuracies

Dear Editor:

Today's (Nov. 3, 2006) Downey Patriot includes a short article on Page 3 under the Community headline entitled "Library will study 'Fahrenheit 451'.'

The information in the article is not correct nor was the information that appeared in the L.A. Times regarding the National Endowment for the Arts grant. The County of Los Angeles Public Library applied for and will receive a NEA grant for the Big Read program. The County of Los Angeles Public Library Headquarters where the grant application originated from is located in the city of Downey. The Downey City Library is not a branch of the County of Los Angeles Public Library.

- Nancy Messineo,

City Librarian

Downey City Library

A fan of Dr. Stauffer

Dear Editor:

I enjoyed reading the front page feature article about Dr. Mary Stauffer (The Downey Patriot, 10/27/06). My family feels a personal connection to this generous woman because my son received \$75 from her foundation last vear.

He was rewarded for his second place Character Counts essay at Imperial Elementary. He has deposited that money into his Washington Mutual student savings account knowing that someday it will contribute to his college education. Much more than that, he knows that someone, a very special someone, believes in him and his future.

He, too, wants to be a doctor, and I know he will never forget a doctor who helped him and many other children of Downey.

We enjoyed reading the article and look forward to learning about the many fine role models who live in our hometown.

- Kathy Perez,
- Downey

Page 6 Friday, Nov. 10, 2006 Comics/Crossword ______ The Downey Patriot

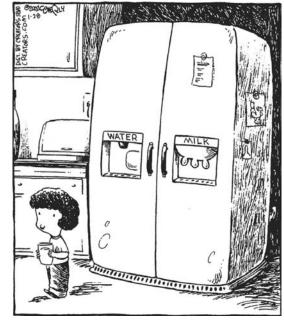
SPEED BUMP



STOP COPYING MR. STOP COPYING ME STOP COPYING MR ... STOP COPYING MR STOP COPYING MR. STOP COPYING MR

<u>On This Day.</u>.

DAVE COVERLY



MAKING THE BEST OF A BAD SITUATION.



Downey Community Calendar

Events For November

Sat. Nov. 11: Pancake breakfast at Downey Memorial Church, 7 a.m. Sun. Nov. 12: Oktoberfest celebration at Woman's Club, 1:30 p.m. (562) 927-0013 Tues. Nov. 14: Stroke screenings at Light & Life Church, 9 a.m. (877) 237-1287

City Meetings

1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall. 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall. 2nd & 4 th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber. 2nd & 4 th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall. 3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

Regularly Scheduled Meetings Mondays

6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786. 6:30 p.m.: Overeaters Anonymous, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786. 1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790. 1st Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481. 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159. 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 861-3989.

Tuesdays

9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439. 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. 9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153. 12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400. 12 p.m.: Exchange Club of Downey, at Sizzler, for information call Don Hollister at 927-5871. 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 923-9464. 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478. 7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659. 7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802. 2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox. for info. call (562) 923-2191. 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square. for information call (562) 927-6438. 2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904. 3rd Tues., 7:30 p.m.: Writer's Workshop West, at 9968 Lakewood Blvd., for info call 862-3106. Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

<u>Wednesdays</u>

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626. 1 p.m.: Women's Bocce Club, for information call 869-8782. 1st Weds., 10 a.m.: Woman's Club of Downey, for information call 927-0271 or 861-3493. 1st Weds., 11:30 a.m.: Downey Coordinating Council, for information call 927-9790. 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028. 1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132. 2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197. 2nd Weds., 11:45 - Downey Christian Women's Club, at Los Amigos CC. Call 927-8488. 4rth Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513. Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

Thursdays

7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534. 7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414. 12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971. 12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153. 12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655. 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677. 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176. 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388. 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

November 10, 1919: The first national convention of the American Legion is held in Minnesota. The convention lasted 12 days.

1951: Coast-to-coast telephone service, without the aid of an operator, begins in the United States.

1995: Writer and human rights activist Ken Saro-Wiwa is executed in Nigeria.

1997: MCI Communications and WorldCom announce a \$37 billion merger, the largest merger in U.S. history at the time.

Fridays

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Harry Sacks at 319-1063 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

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	pattern		Saharan wind		Decade units: Abbr.
	Dazzle		Actress Ward		Tennis call
	Masked athlete		Devout	19	Winding road
	Jobs for kids		Indy service center		section
23	Off-road vehicle		Moody one		Wipe clean
	feature	104	Huffy state		Male voice
	Perches	105	Eleven o'clock		Looked up to
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	Halloween choice		Summer hrs. in Boston		Little troublemaker
	Look after		Hit the horn	34	Skillful
	Mission control grp.		River to the 15 Down		Large envelope
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47	National song	127	Employer's form	44	Exodus author
	Sushi fish	131	Seinfeld character	46	" Johnny!"
51	Psyched about		Up and about	48	Internet initials
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63	Tranquil	1	Pump iron	61	Switch positions
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65	Cup handle	3	Branch track	67	Cultural interests
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69	Ancient harps		Attach, as a patch		Italian wine region
70	Wings it		Suffix meaning	71	-relief
73	Milkshake inserts		"sort of"		Sample soup
75	Gets ready,	7	African fly		Quaint complaint
	for short	8	Make eyes at		Use an iron
79	Part of a flight		Musical finale		Back down
	A pair of		Tooth buildup		Actor Estevez
	Word of regret		MacGraw of Love Story		Crunchy munchie
	Channel changer	12	Military grp.		Lightning attractor

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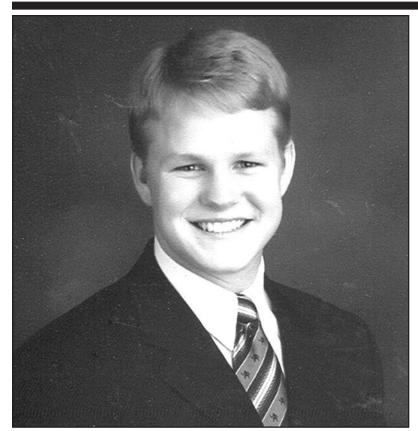
You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69. Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

".losotorq

stand for "hypertext transfer the beginning of Internet addresses, letters HTTP (48 Down), found at The Godfather: The Game. The Sonny Corleone for the videogame (II4 Across) reprised his role as Tour events. In 2006, James CAAN (66 Across) won a record 82 PGA Golfer "Slammin' Sam" SNEAD

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PUZZLE PRIZE CONTEST! Try Stan Newman's new weekly WordWit Puzzle™ at www.StanXwords.com



MISSIONARY WORKER – Russell Michael, son of Dean and Martha Michael of Downey, will serve as a missionary for the Church of Jesus Christ and Latter-day Saints for two years in Hamburg, Germany. He reported to Provo, Utah this week where he will study the German language for eight weeks before traveling to Germany in January. Michael is a 2005 graduate of Downey High School and for the past year attended Brigham young University.

Yard sale to benefit brain tumor victim

• T.J. Peacock undergoing chemotherapy after two brain surgeries already.

DOWNEY – T.J. Peacock is an 18-year-old graduate of Warren High School. At 14, he was diagnosed with a brain tumor.

After two brain surgeries and months of chemotherapy and radiation, he was given a clean bill of health. But shortly after graduation, T.J. was forced to undergo another brain surgery and is currently in the process of more chemotherapy.

Friends and family are planning a yard sale Nov. 17-19 to help raise money for rising medical costs. The sale will be at 7505 Sarabeth Street in Downey from 8 a.m. to 3 p.m.

To help, donations for the sale are being accepted at that location.

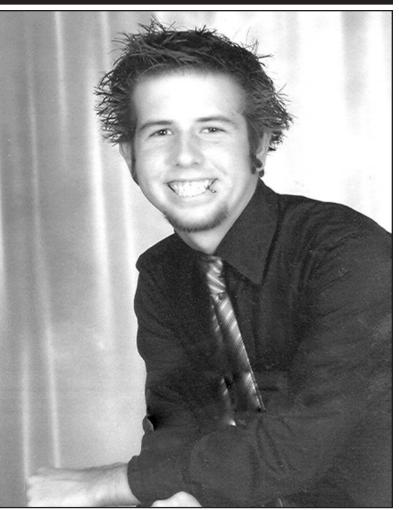
Help needed for Thanksgiving dinner

DOWNEY – The Breath of God Christian Fellowship Church, in conjunction with the Aggressive Community Training and Services (ACTS) Foundation, is searching for volunteers to help work their annual Thanksgiving Outreach Dinner, this year planned for Nov. 17 at the Barbara J. Riley Community & Senior Center.

Volunteers are also needed for the Thanksgiving Basket Project, when food baskets are distributed to needy families in Downey.

At the dinner, volunteers will help serve dinner to families from local shelters and missions.

To volunteer or donate food items for the baskets, call the church office at (310) 767-9620. Donations can be made to Breath of God, P.O. Box 39903, Downey, CA 90239.



T.J. PEACOCK – A 2006 graduate of Warren High School, Peacock is undergoing chemotherapy for a brain tumor.

Every MEDICARE health plan offers you benefits. We offer you **OFFERSION OFFERSION OFFERSION**



AND... extra benefits and services designed to keep you at your best.

The more you age, the more you'll need care that goes beyond your benefits.

CareMore's "ANDs..." are the life-enhancing extras other plans don't offer that promote wellness and help prevent illness and functional

Plan Benefits ¹	Cost
Health Plan Premium⁵	\$0
Primary Care Physician Office Visit	\$0
Specialist Office Visit	\$0
Inpatient Hospital Stay ²	\$0
Deluxe Dental Package ⁴ (optional)	\$12.45
Unlimited Generic Drugs (30-Day)	\$0 - \$5
Unlimited Brand Name Drugs (30-Day)	\$25
Part-D Premium	\$0

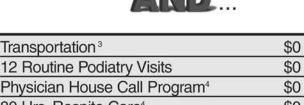


decline. Because we focus exclusively on Medicare beneficiaries, our "ANDs..." reflect the increased level of care and understanding you'll need to get through the unexpected, as well as the expected. And that can dramatically improve your quality of life.



"Strength training at CareMore is excellent. It strengthens your knees, your joints and gives you flexibility. It works each and every part of your body. I have been a member of various gyms, but I have never seen a medical facility with this type of equipment available to the patients."

~ Elnora Lee, CareMore Member



	ΨΟ
Physician House Call Program⁴	\$0
80 Hrs. Respite Care⁴	\$0
Diabetes Care, Insulin and Supplies	\$0
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Members will receive a \$20 monthly (\$240 annual) Part B cash rebate. Call for details.⁴



Call us at 1-877-211-6614 (TDD 1-800-577-5586) and please mention code A087 to arrange a convenient, in-home presentation.

Mon., Nov 13th	Wed., Nov 15th	Wed., Nov 15th	Mon., Nov 20th
3:00pm	11:30am	3:00pm	3:00pm
Hof's Hut	Sizzler	Sizzler	Mimi's Café
11338 E South St	10315 Lakewood Blvd	11835 Imperial Hwy	8455 E Firestone Blvd
Cerritos	Downey	Norwalk	Downey
Mon., Nov 20th	Mon., Nov 20th	Tue., Nov 21st	Wed., Nov 29th
9:00am	3:00pm	10:00am	11:30am
Denny's	Hof's Hut	Carrow's	Szechwan
5811 Firestone Blvd	11338 E South St	10640 Rosecrans Ave	11010 Paramount Blvd
South Gate	Cerritos	Norwalk	Downey

¹ All benefits are based on the 2007 Calendar Year. ² \$50 co-pay on hospital emergency room visit (waived if admitted). PPO co-pay for inpatient hospital stay \$400. ³ Unlimited non-emergency transportation to and from medical appointments within our service area. Twelve one-way trips per year for PPO \$0.⁴ CMA HMO and CVP members will qualify. ⁵ PPO premium \$91.

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CMS Approval # H0544_09110604 CHP (09/06)

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DRMC Board Member Nick Shubin presents friends Hu & Patty Clark as Charter Ball Honorees



Linda Roberts and Michael Bank of the West, Downey Commercial Banking Center guests DRMC Chief of Staff Dr. Brian with BOW VP & Relations Mgr Rick Lopez, center standing Schafer, Schafer Group



DRMCI Board Chair Ron Kolar with wife, Kathy, and daughter, Kelsey



Performer Mary Wilson

Ad Committee Chair Bob Goldstein and

DRMCI Board Member Kathy Bee and

Don Hampton

Auxiilary President Nann Goldstein



Master of Ceremonies Dave Lopez with Charter Ball Sweepstakes Grand Prize Winner Samira Menendez



Brown and his son, Will



Dr. Bill Kim, DRMC Medical Director and Chair, "Rising to the Challenge" Capital Campaign, and Helen Layfield

Dr. Surendra Jain and Susanne Sundberg, Co-Chairs of the 2006 Charter Ball



Dr. Harding Young performing with the Gentleman's Ensemble

Table Hosts:

Alliance Pioneer Medical Group AppleCare Insurance Services AppleCare Medical Group - Downey AppleCare Medical Group -St. Francis AppleCare Medical Mgmt, Inc. Dr. William Arterberry Mr. Jim Ball Bank of the West Biotronik Blue Shield Dr. and Mrs. Brian Brown Mr. and Mrs. Jack Campbell Cardiology 1 / Dr. Kaushal Tamboli Cardiology 2 / Dr P. Multani & Dr. K. Vlachonassios Cath Lab / Dr. K. Tamboli CareMore Health Plans Mr. and Mrs. Hu Clark CompSpec, Inc. Critical Care Unit Drs. Harley Deere / Khalifa Mansour / Daniel LeMay Design Receivable Solutions, Inc. Downey Acute Medical Group Downey Anesthesia Medical Group **Downey Family YMCA Downey Kiwanis Foundation** Downey Savings and Loan Assoc. DOWRAD Medical Group Endoscopy Mr. Harvey Englander Fonda & Fraser LLP / Stephen Fraser Mrs. Ann Goad / Mrs. Heather Conwell Dn. & Mrs. Mario Guerra Mr. and Mrs. Bill Hare Heritage Club Human Services Association / Susanne Sundberg Dr. and Mrs. Surendra Jain Kahl & Associates Dr. and Mrs. John Keipp Mr. and Mrs. Ron Kolar Mr. and Mrs. Allen Korneff Dr. Anthony Lee Mr. and Mrs. W.M. Lehman Mr. Steve Link / Chris Steadman, R.N. Robert Mayer Corp. / Mr. Robert Maver MedAssets DRMC Medical Staff Drs. Mark Minkes / Robert Deere / Patrick O'Leary Mr. and Mrs. Hop Morrison Mutual of America Nifty After Fifty / Dr. Sheldon Zinberg Nihon Kohden Oncology Care Med. Association OPSC / Dr. Neil Klein Mr. and Mrs. Jim I. Pinsky Pioneer Medical Group R & R Recovery Service Schafer Group Mr. and Mrs. Don Schmidt / Mr. and Mrs. Sam Mathis Mr. and Mrs. Nick Shubin Siemens Southland Renal Medical Group Stephen Wen & Associates, Architects Suburban Medical Center of Promise Hospital Drs. Kaushal Tamboli & Mona Ramaney Tamboli **TELACU** Toshiba Dr. and Mrs. Ambrose Tsang Western University Dr. and Mrs. Robert Wielenga To all the guests and advertisers, Thank You for helping Downey Regional Medical Center in "Rising to the Challenge" of building a new Patient Care Tower!



DRMC Admin Dir. Ann Goad, Cardiology Mgr. Kim Cooper, Cardiac Cath Lab Mgr Deb Vidarte and ICU/ CCLL/Endoscony Nursing Dir Theresa Mastalski

Employee Committee

Kathy Bailey Gina Bates Jose Blanco Brick Bunch Kim Cooper Ann Goad Theresa Guardino Georgann Johnson Jeanette Polaschek Ken Strople Debbie Vidarte

DRMC Auxiliary, Volunteer Corps and lay persons assisting in activities of the Memorial Trust Foundation are greatly appreciated. Joe Berberich, Katheryn Bowne, Luis Ceballos. Dana Holliday, Judy Hsu, Ashley Jain, Sheena Jain, Sapna Jain, Tim Klosterman, Jane Klosterman, Jennifer Lopez, Alex McKay, Kathy Minolkan, Gary Minolkan, Tracy Nordbak, Jeanne Ohlemacher, Howard Park, Loveta Park, Joe Rasmussen, Kerry Rasmussen, Mary Schmitz, Kristen Thies, Bob Wartenbe and Winnie Zello all assisted in presenting Charter Ball 2006. They helped make calls, process mailings, assemble silent auction programs, make posters and record information.

Additionally, thanks go to Downey Tux for providing tuxedos for volunteers.





Standing, L to R: DRMC CEO Allen Korneff, Rosie Sapia, MTF Chair Jim Ball, DRMCI Board Member Jack Campbell, Dennis Sundberg, Kathy Korneff, LA County Supervisor Don Knabe, Robert Mayer, Ball honoree Dr. Kaushal Tamboli, daughter Mallika and Honoree Dr. Mona Ramaney Tamboli; seated: Peggy Campbell, Susanne Sundberg, Julie Knabe and Maya Mayer



Stephen Wen, SWA Architects, and Rose Wen



and Elise Saylors, DRMC Quality Mgmt Schmidt and Don Schmidt



DRMC Auxilians, left: Lucy Aguero, center: Diane Biggs, right: Lois Wilson, and their guests. Seated: Bob Wartenbe, Jeanne Ohlemacher, Loveta Park and Howard Park

Your community hospital, serving southeast Los Angeles since 1920, and celebrating 50 years as a non-profit institution in this, the 50th year of the City of Downey. 11500 Brookshire Ave., Downey, CA 90241 • www.drmci.org • (562) 904-5055

DRMC longtime Board Member Art Morris DRMC Hospital Board Chair Mary Lou

PARKS

Continued from page 1

to mention The Downey Eagle, more times than you can count. Meanwhile, she is submitting in the spring a booklength manuscript to Poetry Magazine to compete for the Emily Dickinson Prize; it is open to writers over 55 who have never had a book published. A Wellesley graduate, Lorine got her master's in French and English literature from Columbia University. The works of Victor Hugo and Voltaire she's thoroughly familiar with, along with those of Keats, Yeats, T. S. Eliot and most of Shakespeare. Engage her in conversation about certain poems, and she'll not only recite them, but quote chapter and verse.

She has through the years been active in community affairs. She has held memberships with the Downey Rotary Club (she was Rotary Foundation president for two years); the Soroptimist Club; the YMCA board; the DRMC Memorial Trust Foundation; and Writers Workshop West. Having served in the past for 12 years as president of the Downey Symphonic Society, she currently heads the Search Committee to select the conductor for the Downey Symphony Orchestra to replace the deceased Tom Osborn. There's none more qualified, and none more fierce, in her championing of aesthetics: "I love all the arts. Without the arts, people become barbarians."

"I had this teacher in high school who taught French," Lorine, who was born in Pittsburgh, Pennsylvania, relates. "And the love affair has never stopped." Coming out of Columbia and having taught for a while, she answered a Pan Am ad in reservations in the heart of Manhattan. As it turned out, the office harbored every kind of expert-on rates, tariffs, routing, etc.-a situation that gave her a solid grounding in the travel business.

But even now, she says, "I am committed to excellence when it comes to providing service to my clients. My travels all over the world, my experience, and my expertise enable me to answer people's questions and provide them with 'a personal touch'-something which people still insist on. And all this doesn't cost a penny more."

She is proud of her CTC (Certified Travel Counselor) designation, "some sort of a graduate degree in travel management" conferred by the travel industry.

"I love what I'm dong," she says, "and I have no plans of retiring." With her varied passions and interests, one who has lived in Downey for 37 years, Lorine is on track to contributing even more to its business and cultural life.

TRAVELER -

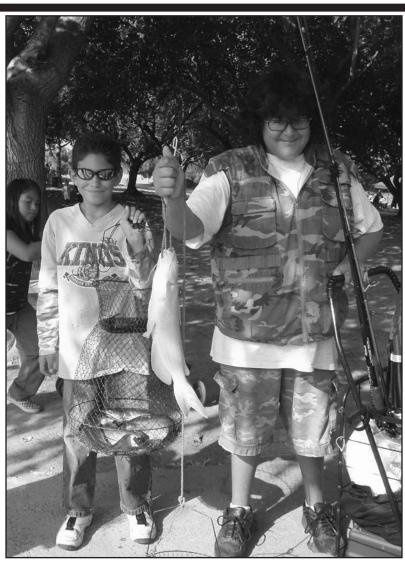
Continued from page 1

She then attended the Normal School and turned to a career in education. During her long career she taught at Alameda School in Downey, the Eighth Street School in Los Angeles and the old Los Angeles High School on Fort Moore Hill.

Her years at Alameda School were in the 1890s. The mother of Margaret Hass, Maude Adams Dismukes, was Foy's pupil.

She campaigned for Woodrow Wilson during his national political career and served as a committee woman and delegate to the 1920 Democratic National Convention.

Fascinated by the past, she was also a member of the Archeological Institute of America, and passed this love of antiquity on to many of her



CATCH OF THE DAY - More than 1,150 children enjoyed Youth Fishing Day last week at Wilderness Park. In addition to fishing, kids were taught responsible angling and how to respect the environment. Community volunteers and sponsors help make the event a success each year.

'Cheers of Christmas' luncheon Dec. 2

DOWNEY - Our Lady of Perpetual Help Catholic Women's Guild is planning their annual "Cheers of Christmas" luncheon on Saturday, Dec. 2 at the Rio Hondo Events Center at 11 a.m. Tickets are \$30.

Centerpieces will be raffled to raise funds for Our Lady of Perpetual Help School.

Evelyn M. March funeral in Long Beach

DOWNEY - Evelyn M. March of Downey passed away Nov. 2. A viewing and funeral were held this past Wednesday All Souls Mortuary in Long Beach.

Kids catch excitement at Youth Fishing Day

• Over 1,150 kids converge on Wilderness Park, thanks in part to community sponsors.

DOWNEY - The ninth Annual Youth Fishing Event at Wilderness Park last week held big excitement for the 1,150 youth and families that attended. Sponsored by the City of Downey and the California Department of Fish and Game, the event included a pancake breakfast, Polaroid photos, learn-to-fish stations, and fly tying demonstrations, Police and Fire displays, and give-aways.

The lakes at Wilderness Park were stocked with 1,300 pounds of catfish for the event. "Big Fish Partners" contributed financially to this event, providing T-shirts, supplies and fish.

The City of Downey Community Services Department would like to thank the following sponsors who have supported this program for Downey's youth:

All American Home Center, Andrews Rancho, Beaches Market, Big Five, Blauvelt Signs, Bradley's Plastic Bag Company, CA Stage Lodge Fraternal Order of Police, California Department of Fish & Game, Classic Graphix, Coca-Cola Bottling Company, Downey City Employees Federal Credit Union, Downey Federal Credit Union, Downey Fire Management Assoc., Downey Firemen's Assoc., Downey Fly Fishers, Downey F.O.P. Lodge 20, Downey Police Officers Assoc., Finch Family, GOOD Committee, Golf N Stuff, Hometown Buffet, Imperial Catfish, In-N-Out Burger, Izaak Walton League, Knights of Columbus, L.A. F.O.P. Lodge 1, Maintenance Services Division, McDonald's, Nationwide Security and Building Services, Penske Toyota Scion, Public Safety Auxiliary Employees Assoc., Raasch Contracting Services, Savon Tackle, Southern California Gas Co., Stonewood Center, Target - Norwalk, Vons, Wal-Mart and World of Décor.

Volunteers and community groups which contributed to the event included the California Department of Fish and Game; City of Downey Community Services; City of Downey Maintenance Services; City of Downey Volunteens; Downey Fire Department; Downey Fire Explorers; Downey Fly Fishers; Downey Police Department; Downey Police Explorers; the Izaak Walton League of America, and the South Bay Lady Anglers.

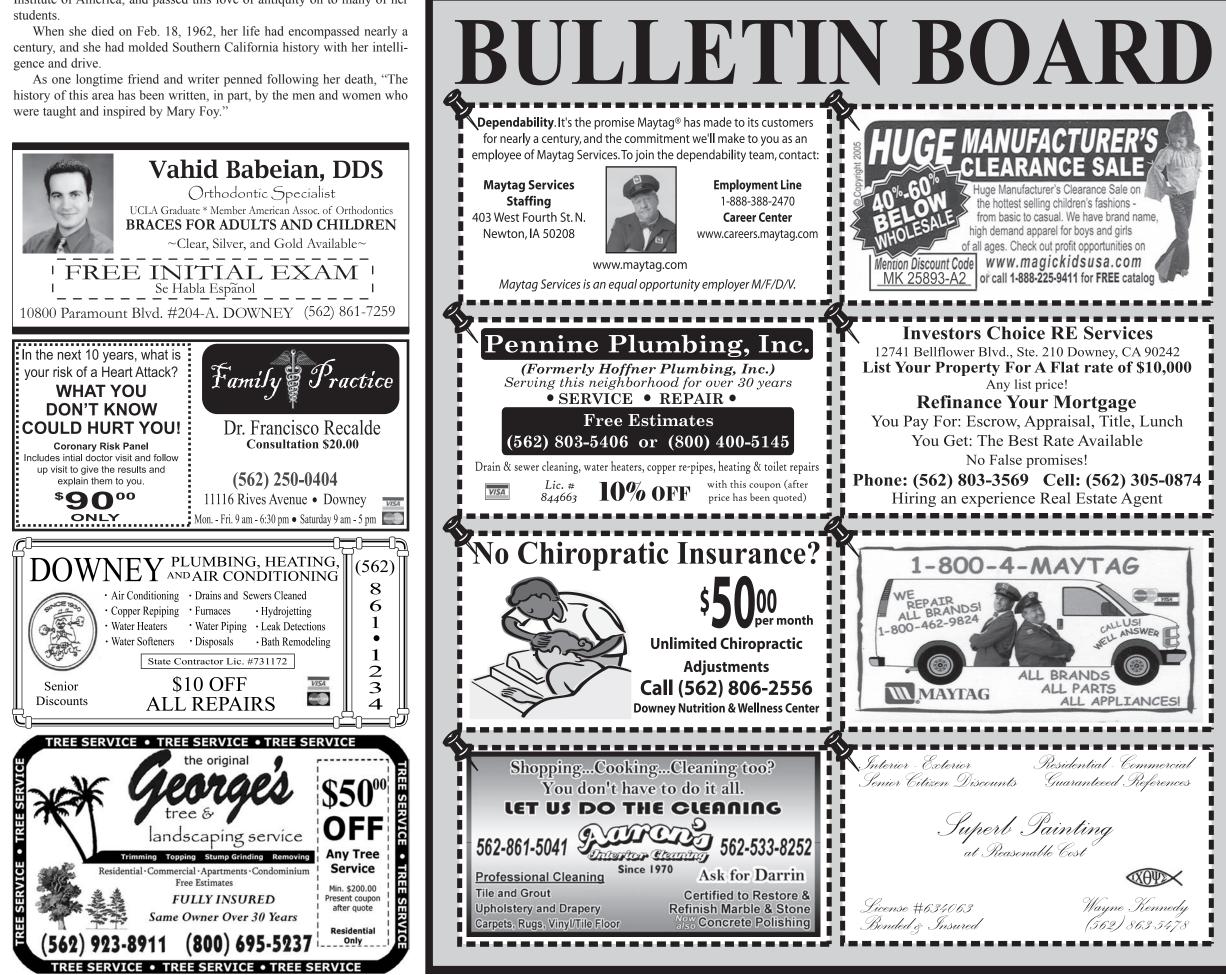
VETERAN

Continued from page 1

robust life till he passed away at 96, is still handsome at 87, still drives his trusty truck.

"Downey has been a good home for us," Erv says. "We've lived here 59 years. I like the hospital, its services. Most of our friends are gone now but we have kept in touch with the ones that are left. Soon we have to face the fact that we might move into an assisted-living place."

Long past the time when he can enjoy flying, (he got his pilot's license even before entering the service), Erv devotes a few minutes here and there restoring a B-29 model. He wonders if it'll ever get finished. No matter. This is where his heart lies.



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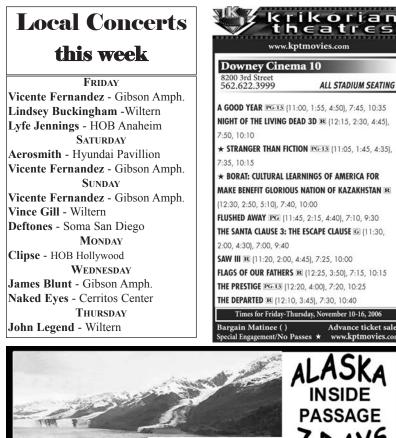
Boston Court releases 2007 season schedule

PASADENA - During a recent reception for season subscribers at Boston Court, The Theatre @ Boston Court announced its 2007 season: the February 24th world premiere adaptation of Stephen Mitchell's new version of "Gilgamesh," adapted for the stage by Stephen Sachs; the May 12th world premiere of Mickey Birnbaum's "Bleed Rail;" the July 28th world premiere of Eric Whitacre's musical "Paradise Lost: Shadows and Wings;" and the October 13th west coast premiere of Carlos Murillo's "Dark Play or Stories for Boys."

"Gilgamesh," adapted and directed by Sachs, relates the mythical journey of the warrior hero-king and his friend Enkidu, a naked wild man who has been civilized through the erotic arts of a sexual priestess. The most ancient text in the world, "Gilgamesh" remains a powerful reminder of the timeless relevance of love, courage, grief, and the search for meaning in life.

"Bleed Rail," directed by Jessica Kubzansky, co-artistic director of The Theatre @ Boston Court, is a poignant, hilarious lament for a youthful generation for whom the American dream has become an unending nightmare. One man's desperate attempts to keep his slaughterhouse job, his girl, and his sanity are at the heart of this corrosive, darkly comic look at the bottom of the economic ladder, where meat is more valuable than people.

Co-artistic Director Michael Michetti directs "Paradise Lost: Shadows and Wings," the story of one angel who followed her heart, desperately



trying to return home against impossible odds. Internationally renowned composer Whitacre explores the plight of young angels awaiting rescue in a world of violence. Blending western music theater traditions with Japanese anime, Asian drumming and martial arts, the music combines lush, operatic singing with trance, techno, ambient, rock and cinematic sounds. Music and book are by Whitacre, lyrics are by Whitacre and David Noroña.

Michetti also directs the fourth play of the season, "Dark Play or Stories for Boys," a tale of deception, fluid personality, and sexual license in the chat rooms of the World Wide Web. A young boy's fictitious Internet identity starts out as a harmless fiction, but once his virtual relationship steps into the realm of real space, this tale of obsession, love, and betrayal spirals out of control with catastrophic consequences. "Dark Play" premieres at the Humana Festival and then comes directly to Boston Court.

Michetti says, "An important part of our mission is to develop and produce new works, so we're thrilled to be presenting such wonderful and diverse premieres by these exciting and widely respected artists."

Kubzansky adds, "It is especially rewarding to know that three of the four plays in our season were developed as part of our second annual reading series, Sixpack, this past spring, further demonstrating our dedication to playwrights and new play development and production.'

Each play previews for six performances prior to its opening date and runs for six weeks, Thursdays through Saturdays at 8 p.m., and Sundays at 2 p.m. (new matinee time). Tickets for individual plays in the 2007 season are \$30 - \$34 and can be purchased online at www.bostoncourt.org.

The Theatre @ Boston Court is the non-profit company that programs the state-of-the-art 99-seat main stage theatre in the Boston Court performing arts complex at 70 North Mentor Ave. (at Boston Court).

Residents invited on Riviera cruise

DOWNEY—Temple Ner Tamid of Downey is sponsoring a trip to the Mexican Riviera Jan. 6-13, 2007 aboard the ship, "MS Oosterdam."

Amenities on board include: nightly shows, lectures, games, movies, art auction, swimming, aside from the fine dining that usually distinguishes such cruises. Other options are a computer room, library, and a card room, as well as dancing in the night clubs.

Paid reservations should be made early to reserve the best cabins. For information/reservations, call Tracie at (714) 236-4242.

Shuttles available to local malls

DOWNEY - Worldwide Shuttle is now offering residents rides to local malls for shopping trips. There are several departure dates and times available. For rates, call Shirley Johnson at (562) 862-2378.



THE ART OF RANCHO

Painting by Gretchen Ryan



Being a painter has been my dream and goal since I was a very small child. I am a full-time artist and illustrator and have art degrees from the University of Colorado at Boulder and the Art Center College of Design in Pasadena. My main medium is oil painting.

I love to paint life - people and other animals - and try to portray their deeper selves. I am currently working on a series of girls, dealing with issues of vulnerability, beauty and childhood.

I sustained a spinal cord injury in a car accident in Colorado in 1992. Since then, I have lived a rich life and try to be adventurous and take chances. I have realized, in a very direct way, that life is fragile and not to be taken for granted, though often should be taken lightly.

Since I moved to Los Angeles in 2000, Rancho Los Amigos has been a great resource and I have loved being involved in The Art of Rancho! -Gretchen Ryan



The Downey Patriot ______ Dining/Entertainment Page 11 Friday, Nov. 10, 2006

THE ART OF RANCHO

Painting by Jesus Velasco



I am the sixth of 14 children in my family. When I was just 10 months old, I was stricken with polio. Polio severely affected both of my legs and arms. I came

We moved to Los Angeles five eyars ago, and in May of 2001 I broke one of my legs in a fall. I became an outpatient at Rancho Los Amigos National Rehabilitation Center. Thanks to the wonderful work of the staff, my leg has almost completely recovered. Now I am moving on to the best years of my life.

When I got to Los Angeles, I began painting, and Rancho has given me a great forum to show my work. I am very appreciative of Rancho for giving me the opportunity to show my artwork along with the great artists of Rancho!

DOWNEY - Downey Historical Society's fall tour this year will be to

There will be a guided tour of approximately two hours. The exhibits include an outstanding collection of restored classic and special interest automobiles displayed in a recreation of "an opulent automobile grand salon of the 1920s and 30s."

DOWNEY - Katie Holmes of the American Cancer Society will be

Chorus filling air with Christmas classics

BELLFOWER - The Bellflower Civic Chorus will present their annual Christmas concert, "Christmas Noel," Dec. 8-10 at the William Bristol Civic Auditorium in Bellflower.

A variety of musical selections will be offered - both traditional and contemporary - including favorites like "O, Holy Night," "Gesu Bambino," "The First Noel," and "It Came Upon a Midnight Clear." The chorus will give their special treatment to the heart-warming "I'll Be Home for Christmas" and "Silver Bells."

The chorus will also perform "Frosty the Snowman," "Have a Holly Jolly Christmas" and "Jingle Bell Rock." Closing the program will be "Happy Holiday/White Christmas."

Performances are Dec. 8 at 7 p.m., Dec. 9 at 2:30 p.m. and Dec. 10 at 2:30 p.m. Tickets are \$5.

For more information, call (562) 866-4664.

'Scotland Road' tangles with a Titanic mystery

• New mystery/thriller at Long Beach Playhouse deals with mysteries of the Titanic.

LONG BEACH - 'Scotland Road,' a mystery/thriller by Jeffrey Hatcher, will open at the Long Beach Playhouse Studio Theatre on Nov. 25.

The production takes place in the last decade of the twentieth century, where a beautiful young woman in nineteenth-century clothing is found

The woman, Winifred, is taken to an isolated spot on the coast of

John's only clue is her enigmatic references to an unknown place

Ticket prices are \$20 for the Nov. 25 opening, which will be followed

For more information, call Charlene Mueller at (562) 633-9011.

Igor Stravinsky will be performed Nov. 12 at the Dance Recital Hall at Cal State Long Beach. The concert starts at 4 p.m.



GIFTED - Artist Said Abdelsayed, a patient at Rancho Los Amigos National Rehabilitation Center, describes some of his paintings to visitors at last week's Rancho Art Show, where the works of some of the hosppital's many artists were on display. Photo by Art Montoya

'Drums in the Night' anti-war comedy

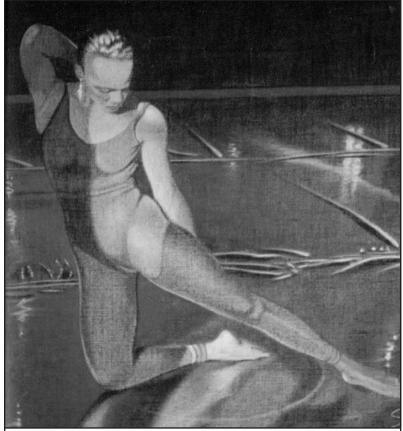
CULVER CITY - 'Drums in the Night,' Finegan Kruckemeyer's new translation of Bertolt Brecht's dark anti-war comedy, opens Nov. 11 at The Actors' Gang in Culver City. Performances will continue through Jan. 27.

Single tickets for Friday through Sunday shows are \$25 or \$20 for students and seniors. Thursday night performances are "pay-what-you-can."

For dates and times, call (310) 838-4264 or visit www.theactorsgang.com.



THE ART OF RANCHO *Painting by Steve Clay*



I was a highly successful artist when I suffered a debilitating stroke that left me unable to paint. I was afraid my career as an artist might be over. I arrived at Rancho Los Amigos National Rehabilitation Center in 1995 in a wheelchair, having lost feeling in my painting hand and arm, as well as in my right leg.

Rancho's clinicians and therapists worked with me hour after hour, guiding me as I pursued my dream of painting again. After two years of rehab, painstaking effort, and the love and support of my treatment team, I was ready to start again. Motivated by an overwhelming desire to get back into the stream of life, I succeeded in readapting by learning to draw with my left hand. As my therapy progressed, I regained the use of my right hand. I now use both hands in my work.

Critics and friends tell me that my style has not changed, but it now has a more earthy and spiritual quality. Today my works of art hang in museums and galleries around the world. I am very thankful to Rancho for giving me back my dream. --Steve Clay

Nicholas David Palermo services on Monday

DOWNEY – Nicholas David Palermo, know to family and friends as "David," passed away Halloween night at the age of 65.

He was born in South Gate on Nov. 16, 1941 and served in the Army during the Korean War.

Palermo owned and operated Nick's New and Used Merchandise in Downey since 1963.

Palermo is survived by his sister, Rosalie; and nieces and nephews Stephan, Vanessa, Daleana, Michaela, Cregi and Densell III.

Services will be held Nov. 13 at the Downey Family Zrelak Mortuary at 10 a.m. Interment will be at the Memory Garden Cemetery in Brea.

In lieu of flowers, the family asked for donations to be made to the MS Foundation.

Barbara Engles buried next to her husband

DOWNEY – Barbara Engles, a devout Catholic dedicated to her family, passed away at her home in her sleep Nov. 1. She was 70.

She was the daughter of Cecil and Louise Sutton, born in Springfield, Missouri on May 5, 1936.

She is survived by her daughter, Lisa; sons, Rick, Scott and Clifford; and grandchildren Ashley and Sabrina.

Services were held Nov. 8 at Our Lady of Perpetual Help Church. Interment was at Calvary Cemetery in Los Angeles where she was buried with her husband, Richard, who preceded her in death in 2004.

Downey Zrelak Family Mortuary handled the services.

9th annual Turkey Trot to benefit needy

NORWALK – Combining a friendly spirit of competition with community goodwill, Cerritos College's Health, Physical Education and Athletics Division and Staff Development Department will host the ninth annual Turkey Trot Nov. 21.

To enter the 1.5-mile walk/run, participants must donate one canned food item, which will then be provided to the Norwalk Community Council's Holiday Food Basket Program for needy families in the Norwalk area.

For more information, call Ni Bueno at (562) 860-2451, ext. 2874.



IT'S BEDTIME – Hospital officials held a ribbon cutting for eight new beds at the neonatal care unit at Presbyterian Intercommunity Hospital. Pictured at the ceremony are, from left, Jim West, CEO of the hospital, Ruth B. Shannon, Margo Kaatz, RN, and Frederick Shum, MD.

Neonatal unit adds more beds

WHITTIER – Presbyterian Intercommunity Hospital (PIH) held an official ribbon cutting ceremony and inauguration of its new eight-bed addition to the Ruth B. Shannon Neonatal Intensive Care Unit (NICU) last week.

With the additions, the NICU at Presbyterian Intercommunity Hospital now has 34 beds in which to treat infants with special medical needs.

The PIH NICU is a Level II medical facility and features state-of-theart care provided by a team of professionals which include board-certified neonatologists, nurses, respiratory therapists, nutritionists, social workers, lactation educators, pharmacists, respiratory therapists and other clinical experts.

The NICU at PIH is facility where premature and other at-risk infants receive individualized attention and life-enhancing medical support. For more information regarding the NICU, call (562) 698-0811, ext. 7529.

Expectant mothers invited on tour

DOWNEY – Expectant parents who would like an opportunity to learn more about the Downey Regional Medical Center Family Birth Center are invited to attend a Stork Tour on Nov. 11 from 10 a.m. to noon. The program includes an overview of important information, a question and answer period and a tour of the facility.

For more information call (562) 904-5580.



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JEWELRY



As the popularity of cosmetic skin procedures has risen dramatically, it has not taken long for patients to catch on to the fact that they should have white teeth to match their near-perfect skin. After all, the effect of having youthful-looking, wrinkle-free skin can be compromised by yellow teeth. Just as wrinkles are a sign of aging, so too are yellow teeth. The good news is that it is possible to whiten teeth professionally faster than the time it takes to treat wrinkly skin. It is also usually quite a bit less expensive, with results that are equally dramatic. Patients report that after they have their teeth professionally whitened, they find themselves on the receiving end of compliments almost immediately.

Everybody loves a bright white smile, and there are a variety of products and procedures available to help you improve the look of yours. If you have any further questions about tooth whitening, please ask us. Our goal is to help preserve your smile throughout a lifetime, and whitening can help make that possible. We welcome you to the 21st century of modern dentistry and to an unparalleled level of service in your search for a beautiful smile. Call (562) 923-3714 to schedule a dental appointment. Our office is located at 10800 Paramount Blvd., Suite 307.

P.S. The effects of professional tooth whitening are long-lasting and require only simple maintenance to afford years of satisfaction.

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MAKE THE RIGHT CHOICE

Razorbacks still alive in PCC championships

• Downey faces Lawndale Saturday in semifinal playoffs. Cheer competing at L.A. Sports Arena.

By Mike Baumann Downey Youth Football

DOWNEY – Three teams from Downey represented our city in the Pacific Coast Conference Championship playoff's this past week. Because the PCC has a three league format, the playoff picture was not completely determined until Wednesday evening when the Downey Razorback PeeWee's played in a four team tie breaker elimination contest at Gardena High School.

Two wins in the shootout placed the Razorbacks as a wild card team against Wilmington. MityMite Red drew a tough opponent in unbeaten Culver City and the 8-0 Junior Midget Razorbacks were assigned Gardena.

MityMite Red represented Downey in fine fashion. The Razorbacks scored on Culver City but missed the extra point try. The Hog defense held the number one seeded Culver City team without an offensive touchdown, but the Hogs did allow a touchdown on a return of an intercepted pass. The regulation game ended in a 6-6 tie. The Razorbacks scored in the overtime but missed the extra point conversion.

Culver City also scored in the overtime made their conversion, and move on to the semi-finals.

The four game shootout on Wednesday must have taken a lot out of the PeeWee Razorbacks as they were soundly beaten by the Wilmington Pilots 40-6.

Wilmington continually drove the ball up the middle as Downey's defense was no match. Defensively, Wilmington held the Razorbacks to just three first downs. The Hogs only score came on a 60-yard Michael San Angelo pass to Davis Saenz in the fourth quarter.

Downey threatened to score just before time ran out with two runs by Robert Davalos, but a fumbled snap ended their playoff hopes.

The unbeaten (9-0) Jr. Midget Razorbacks started their playoff game with Gardena uncharacteristically, by fumbling on the first play of the game. However, their staunch defense held Gardena and forced a fumble which was returned by Darius Powe deep into Gardena territory.

Downey's first score came on a Derek Smith 25-yard scamper. A short pass from Anthony Magana to Alex Solis for the touchdown, and Eddy C Moreno's two point kick, (one of four for the afternoon) put the Razorbacks further ahead.

On the Hogs' next possession, Powe had a nice 45-yard run and Shane Baumann blasted in from the five yard line. After a Baumann interception of a Gardena pass, Magana's pass to Ryan McFadden, and two tough runs by Derrick Smith put Downey ahead 30-0 with lots of time remaining in the first half.

After intermission, the Hogs seemed to lose focus, and intensity as Gardena scored two touchdowns in three plays. Another Magana pass to Ryan McFadden for good yardage gave the Razorbacks the opportunity for the second Alex Solis touchdown run.

The final score was 38-26. Downey advances to the semifinal game against Lawndale, (the only other 9-0 team in the conference). The game will be held at Lawndale High School on Saturday, November 11 at 2 p.m. An interesting aspect of this game is that it will be a rematch of the championship PeeWee game last year held at Downey High School.

Many of the players on both teams participated in that game won by Lawndale. Both teams went on to the National AYF Championships in Tucson, Arizona, where Downey played in the Championship game and Lawndale was eliminated early in the contest.

Downey Razorback cheer squads will be participating in the PCC cheer championships this Saturday at the LA Sports Arena. Downey's cheer will compete with groups from over 20 Southern California communities.



PUMPED UP – Downey players rush the field before last week's home game versus Gahr, a contest Downey won, 27-20. It was Downey's third straight victory. The Vikings traveled to Paramount Thursday night for their last game of the regular season. Scores were unavailable. *Photo by Art Montoya*

Warren misses chance to upset Dominguez

Bears let game slip away against rag-tag
 Dominguez team, who were missing 21 players.

By Scott Cobos Contributor

DOWNEY – Another opportunity slipped through Warren's fingers as the Bears watched a fourth quarter lead slip into the night against a weakened Dominguez football squad losing 19-14 at Justice Stadium last Friday.

A week after their loss to their cross-town rivals Downey Vikings, the Bears looked to rebound and take advantage of a diminished Dominguez Dons team who were missing 21 varsity players.

The week before, Dominguez engaged in a fight with Lynwood's football team forcing Dominguez administrators to suspend key players from the team including starting quarterback David Ross, and there three main running backs Marcus and Trea'von Darden, and team leader in carries, rushing yards, and touchdowns scored Brandon Johnson.

Replacing Dominguez was a younger running back core which had no problems replacing the trio. Running backs David Biddle, Brandon Martin, Robert Hill, and Scott Charles took control of the ground game for the Dons and were just as quick and physical as their predecessors. On the game, the four backs controlled the offense carrying the ball 44 times combined totaling 225 rushing yards with a touchdown.

Dons replacement quarterback Robert Bragg had an easy night because of the running game. Bragg attempted only five passes completing two of them for 31 yards in the air.

The game wasn't the only thing the Bears lost this night. With 1:15 left on the clock in the first quarter, Warren's standout running back Jose Green rushed the ball through the center of a tough Dominguez defensive line, got hit and collapsed.

Warren coaches reported that Green's injury was sustained after a hit to his ribcage. Play was stopped for about 10 minutes as trainers attended to Green. He was able to leave the field under his own power but reported trouble breathing. He did not return to the game and was taken to Downey Community Hospital for x-rays.

Before his injury, Green carried the ball five times for only eight yards

Prep Football

Downey (6-3, 3-1)

at Paramount Thursday, 7 p.m.

Downey running back Darren Tubbs shouldn't have had any problems here: Paramount has allowed 225 points this year and is last place in league.

Warren (5-4, 2-2)

at Lynwood Thursday, 7 p.m.

Lynwood was forced to forfeit last week's game because of a previous brawl with Dominguez. Both Downey and Warren played their games Thursday night and scores were not available as of press time.

Shetler would finish his night carrying the ball 23 times, rushing for only 50 yards with a touchdown.

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Leading the game after three quarters, the Bears were having trouble finding an offensive flow.

Dominguez, not giving in just yet, kicked a field goal to put them within four points of the Bears with more than enough time to get the ball back and drive down the field.

The Bears would march down the field and settle in the red zone. From there, momentum would start to swing Dominguez's way as the Bears were unable to score, turning over the ball on downs with 5:35 to play.

Dominguez's next drive would result in what could possibly be the defining moment in Warren's season. With just under two minutes to play, Dominguez was staring fourth down in the face on its own 7-yard line. Bragg dropped back into the pocket, checked his options and found no one open. He then rolled out to his right, trying to buy himself a little more time. Instead, he found a small opening, broke a tackle and rushed seven yards into the end zone capping a Dons comeback.

On Warren's next drive, the Bears found themselves pinned on their own 2-yard line. With no other option, and about a minute left on the clock, Warren went to the air. Bears quarterback Alfonso Gonzalez after two incomplete passes, dropped back on third down and was sacked in the end zone resulting in a safety. Gonzalez would finish his night completing four of 12 passes, throwing for 45 yards and a touchdown.

This loss pushes Warren out of the run for a league championship and places them on the bubble for a playoff spot.

Head Coach Jeff Welch declined to comment after the game.

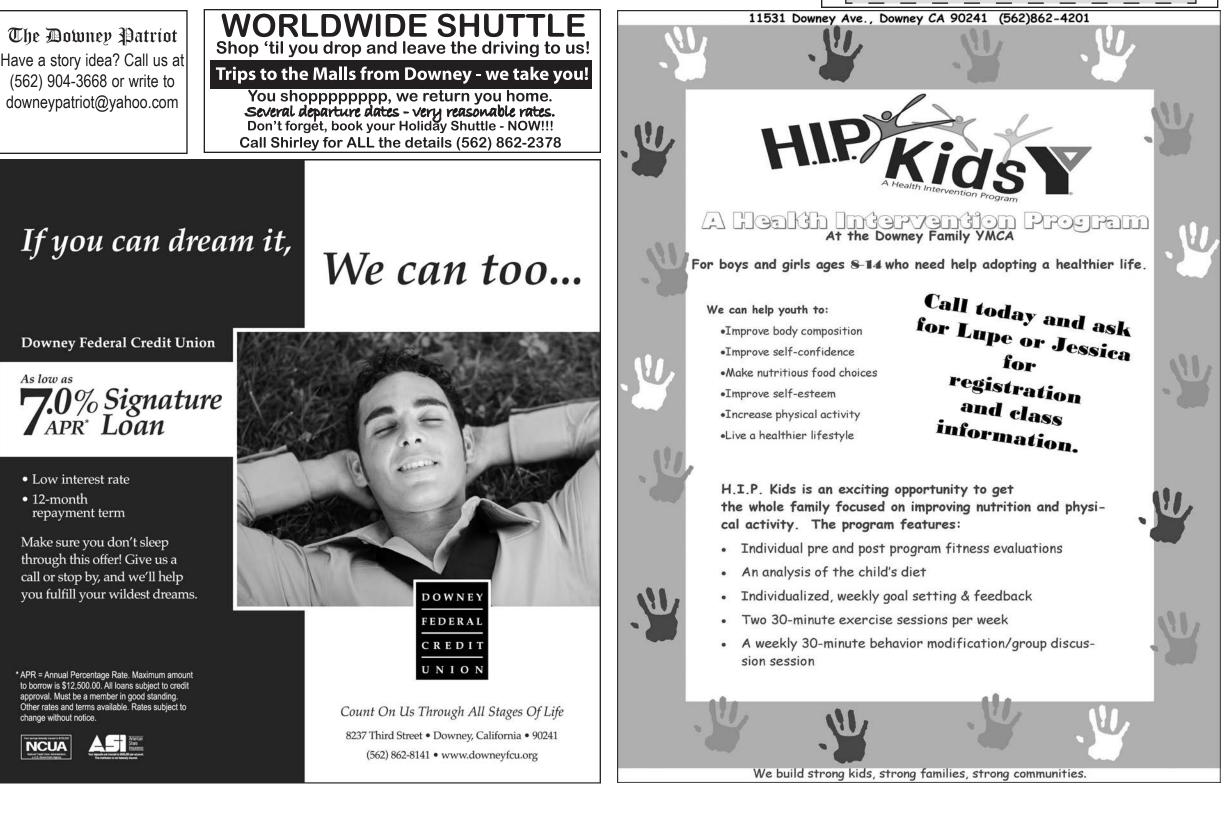


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on the game. With Green out, running back Keith Shetler was forced to carry a heavier load than normal.

11600 Paramount Blvd. Suite E, Downey Exp. 11-30-06



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Oktoberfest fundraiser a worthwhile cause

DOWNEY – Downey Soroptimist will hold their Oktoberfest fundraiser Nov. 12 at the Woman's Club of Downey from 1:30 to 6 p.m. The Express, a six-piece German/Bavarian band, will provide live musical entertainment.

Also to be enjoyed will be food, beer tasting, bingo, games of chance and a silent auction. Money raised will help provide scholarships and grants to youth, women and charitable organizations in the community.

A donation of \$40 per person or \$75 per couple is asked. For more information call Sue Potter at (562) 927-0013.

College's auto center lands new director

NORWALK – Cerritos College announced this week the appointment of Eli Jaramillo as director of the Southland/Cerritos Center for Transportation Technology (SCCTT), a world-class automotive training center on the college's campus that will help provide a unique career ladder for automotive students and dealer employees from across the Southern California region.

Jaramillo joins Cerritos College after a 22-year career at Nissan North America, Inc.

During the next five years, Cerritos College plans to invest \$15 million in the SCCTT for the expansion and renovation of existing automotive technology training facilities. The new, forward-looking automotive partners building will include state-of-the-art classrooms and training facilities, program offices for Northwood University and the Southland Motor Car Dealers Association, and fully equipped meeting facilities. Jaramillo will oversee development of the center and its affiliated programs.

"My vision is to have a turnkey center where we develop training modules to meet dealers' training needs for existing and new dealership staff," Jaramillo explained. "Once realized, the SCCTT will be able to fit a dealership's needs for qualified staff, all the way from the sales and service departments to the warranty and finance areas."

Currently, the auto industry is experiencing a significant lack of qualified automotive technicians, and the SCCTT is poised to help fill that deficit. Nationally, there are more than 104,000 job openings for dealership personnel in new car dealerships. In the Pacific region alone (including California, Alaska, Hawaii, Oregon, and Washington), there are more than 15,000 job openings.

Salaries for entry-level technicians range from \$20,000 to \$30,000 per year, while experienced master technicians can earn more than \$100,000 per year.

Downey is Turning 50! And you're invited to the Party!

Presented by the City of Downey and the Downey Second Century Foundation

Date: Tuesday, December 5, 2006 Time: 3pm - 6pm Place: Cul-de-sac in front of City Hall RSVP: Lois Buchannan (562) 927-9790



CAMPAIGN TEAM – Downey Soroptimist members, from left, Carol Rowland, Pat Heineke, Dorothy Pemberton, Beverly Mathis and Jan Scott, are just about ready for this Sunday's Oktoberfest fundraiser at the Woman's Club of Downey. Call Sue Potter at (562) 927-0013 for tickets or information.

Antique market boasts 800 dealers

LONG BEACH – Over 800 dealers will converge at an antique and collectible market at Long Beach Veterans Stadium on Nov. 19.

The market opens at 8 a.m. and was rated "Best in U.S." by Good Housekeeping Magazine.

Price of admission is \$5. For information, call (323) 655-5703.

"Today's automotive students have a more defined career ladder available to them," Jaramillo noted. "The fact is, manufacturers are making better cars, and we have to train our students to keep up with new and advancing technologies in the industry. Proper vehicle service and repair requires computer knowledge as well as math and even some engineering skills, so there's a perception out there that needs to be adjusted. Students who come out of our program are better equipped for jobs in the industry, and they have more opportunities for growth and development, particularly through our articulation agreement with Northwood University."

Jaramillo holds a bachelor's degree in industrial arts, a master's degree in vocational education and a master's degree in educational administration, all from California State University, Los Angeles. He began his career in the William S. Hart and Alhambra School Districts, teaching automotive technology and auto body repair.

In his new role, Jaramillo also will work to build the alternative-fuels program.

"Within 5-10 years, our vision is for Cerritos College to be the benchmark relative to alternative fuels," he said.

"Compressed natural gas engines, hybrids and hydrogen fuel cells all bring us closer to a day when a majority of new vehicles will be using alternative fuels and/or alternative power in one form or another. Our students will be ahead of the curve by becoming familiar now with advanced transportation technologies."

For more information about the SCCTT at Cerritos College, contact Eli Jaramillo at ejaramillo@cerritos.edu or at (562) 860-2451 ext. 2934.



College journalists excel at media conference

• Students score high at journalism conference held at Cal State Fullerton.

NORWALK – Cerritos College journalism students proved themselves a dominant force in Southern California student media circles November 3-4, by walking away from the California Journalism Association of Community Colleges' (JACC) Southern California conference with 33 awards. The awards were announced at the association's annual regional conference that was held at California State University, Fullerton.

Nearly 450 journalism students and their advisers from 29 community colleges attended the event. The 33 awards won by Cerritos College students by far exceed any previous results at journalism conferences, despite a string of high performances in recent years.

Only three other institutions won as many awards as Cerritos College —Southwestern, Santa Barbara and El Camino community colleges.

"Awards are nice," said Rich Cameron, Cerritos College journalism instructor. "But ultimately what they represent is affirmation for the students that they are growing and learning the skills they need to compete for careers in media-related fields."

What impressed Cameron the most, however, was how the students won the awards. JACC hosts two types of contests with its conference competitions. The first, called "mail-in awards," represents work done by students for Cerritos College's three students publications over the course of a school year. Students entered samples of their work from the 2005-06 school year.

The second type of contest—on-the-spot and bring-in awards—is conducted and judged over the weekend and tests students' abilities under live, deadline situations.

"Cerritos College 's awards," Cameron noted, "were across the board: They won mail-in, bring-in and on-the-spot awards. They won newspaper, magazine and online journalism awards. And they won writing, photography and design contests."

The student newspaper, the weekly Talon Marks, won general excellence honors, as did its online cousin, talonmarks.com. The students in the program also produce an annual magazine called Wings.

"It's clear that the online publication is one of the leaders in online journalism for all colleges across the state, including four-year colleges and universities," Cameron said.

"Students are embracing the concepts of not only presenting work they do for the print edition online, but are experimenting with mid-week updates of breaking stories, videos, blogs and podcasts, all areas that tomorrow's journalist will have to know."

This spring the program will offer a course in "Internet for Journalists," which will focus on multi-media storytelling. In addition to the contests, students also attended a variety of workshops by leading teachers and representatives from the field of journalism on topics such as covering breaking news, preparing for new media in journalism, photography, resume writing, preparing for transfer to California State University programs and photojournalism.

Long Beach history examined

LONG BEACH – The Questing Heirs Genealogical Society of Long Beach will hear a presentation by Dr. Geoff Gatley of the Long Beach Historical Society when the group meets on Nov. 19 in the Parish Hall of the Resurrection Lutheran Church.

Also at the meeting, Anne Larkin will present, "Buttons and Your Family History."

The meeting begins at 1:15 p.m. For more information, call Jeanette

Laurie Mac Isaac (800) 641-2111

Participate in our "Happy 50th Birthday Downey Coloring Contest"! Entries can be picked up at Century 21 My Real Estate, Downey City Hall and Downey Library. Entries are due December 1 and can be turned in at Century 21 My Real Estate.

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Exchange program deadline approaching

 Rotary Club exchange program will send 'young business professionals' overseas.

DOWNEY-The Rotary Clubs of Greater Los Angeles are looking for young business and professional people to represent them on a cultural and vocational exchange program that will take them to the following countries: Thailand, Philippines, Vietnam, Cambodia, Lebanon, Mongolia, Paris, and Mexico. Trips will be four weeks in duration, with all expenses paid by Rotary International and host clubs (not including personal expenses).

Destinations for Downey Rotary Club representatives are the Philippines and Mexico. The trip to Mexico will cover the Yucatan Peninsula, including visits to the cities of Merida, Cancun, Oaxaca, Cozumel, and Escarcega. Trip schedule is May 2-May 30, 2007.

The Philippines sojourn will take the visitor to the Island of Mindanao, the second largest island of the Philippine archipelago, which is located in the south. The trip starts March 17 and runs through April 14, 2007.

Candidates must be between ages 25-40; employed full-time in a recognized vocation or profession; not be a Rotarian or closely related to one; and not be accompanied by a spouse, companion, or dependent.

For more information, call Jorge Montero at (562) 862-0116, or for applications on website, rotary5280.org, click on Group Study Exchange. Contact: Dist. Rep. Chuck Hanchett at (310) 547-1973, or chuckhanchett@yahoo.com.

Deadline for applications is Dec. 1.

Business development in Industry sold

INDUSTRY - MDC Industry, LLC, a partnership of Master Development Corporation (MDC) and GE Capital Real Estate, has sold Fortune Business Park in the City of Industry for \$21 million.

Fortune Business Park consists of five multi-tenant buildings and two single tenant buildings, totaling 157,904 square feet. Located at 13668 Valley Boulevard, Fortune Business Park was 100 percent leased at the time of sale.

MDC, a developer and buyer of industrial parks throughout Southern California, originally acquired Fortune Business Park in August 2005 for \$14.8 million. The business park was 100 percent vacant at the time of acquisition.

"MDC's business plan was to complete the lease-up as soon as possible and evaluate sale options upon stabilization," explained Bryan Bentrott, executive vice president of MDC.

Michael Ross, Thomas Taylor, Steven Belletti and Fred Cordova of Colliers International represented the seller, MDC Industry, LLC, in the transaction.

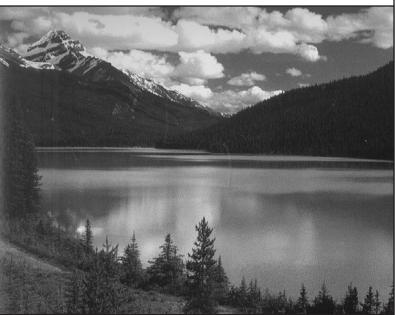
The buyer, Lincoln Property Company, through its advisory affiliate Lincoln Advisory Group, was also represented by Ross, Taylor, Belletti and Cordova.

Lions Club open to new members

DOWNEY - Since the club's chartering in 1943, Downey Lions Club and its members have worked on a variety of projects in the local community, ranging from being in charge of the Downey Holiday Parade to providing eye-glasses and hearing aides for the under-privileged.

The Lions Club invites residents interested in joining and helping the community to attend their regular meetings held the first and third Thursdays of every month at the Rio Hondo Events Center at 6:30 p.m. Information about Lions Club is available at www.lionsclubs.org.

THE ART OF RANCHO Photograph by Richard Daggett



My close association with Rancho Los Amigos National Rehabilitation Center begain in the 1950s when I was a patient during the polio epidemics. I have appeared in several documentaries about Rancho and have always been a strong advocate for the hospital

My love of photography began as a youth. After I transitioned to the use of a wheelchair, I designed adaptive equipment to allow me to continue to pursue my passion for photography. I have traveled extensively, photographing many of the scenic areas of North America. I also enjoy macro and portrait photography.

I am president of the Polio Survivors Association and The Amigos Fund and a lav member of the American Academy of Home Care Physicians. I am also a journalist, concentrating much of my writing on the disabled condition. Los Angeles County and both houses of our state legislature have honored me for my work on disability issues.

I continue to do everything possible to support the wonderful work of Rancho Los Amigos.

--Richard Daggett

Medical group scores high in state-wide health survey

CERRITOS - Pioneer Medical Group (PMG) has announced that it has been recognized as one of the top performing medical groups in California for the second consecutive year by the Integrated Healthcare Association (IHA).

PMG was recognized for high performance on important health care quality measures including patient satisfaction, preventive care and chronic care management, and use of information technology to support patient management and care. Of the 228 physician groups that were rated by the IHA, only those that scored in the top 20 percent overall were selected for the honor.

"We are thrilled to receive this honor for the second year in a row," stated Dr. William Wong, President of Pioneer Medical Group. "Patient satisfaction is our number one priority, and this honor validates the work of our staff and physicians and further strengthens our commitment to quality care."

Pioneer Medical Group is a multi-specialty medical group with 50 qualified providers in six Southern California locations. It is an independent, physician-owned medical practice.

Dr. Coy is not your everyday chiropractor

DOWNEY - The Coy Chiropractic Institute [CCI] was founded in 1978 by Dr. Gerald Coy, a 1965 Palmer graduate who sought to bring greater awareness as to the benefits of the largest drugless healing profession in the country, and to offer an alternative to the devastating epidemic of over 100,000 deaths caused by medical doctors, drugs and hospitals.

From it conception in 1977 with the "Special Children's Program", the institute has sought a natural alternative to the over-drugging for Attention Deficit Disorder.

CCI was granted status as a non-profit charitable organization by the IRS in 1983. This unique position allows the Institute public access not available to other chiropractic non-profit corporations in existence at the time. CCI is the only such organization of its kind in the entire profession.

In 1984 CCI created the CHER Foundation division to handle the health care programs. C.H.E.R. stands for Chiropractic Health Education Research, which indicates the three major areas that CCI wants to direct its energies. All of these areas require the ability of CCI to obtain the necessary funding through public support.

Health services are offered through the CHER Clinics and CHER Clinical Programs offered by numerous Chiropractors. Everything from scoliosis screenings to low income health care was offered through these programs. CCI believes that Chiropractic is for everyone, and not just for those who have insurance or the financial ability to afford the services.

There are three areas of programs in the educational division of CHER.

The first is that of student education and seminars to assist these "soonto-be" doctors the opportunity for the greatest degree of success possible but also to raise funds for scholarships, offsetting the high cost of their education. The next area is to offer seminars for field doctors. The third area is one of the most important, Public Awareness. CCI wants to assist the profession in creating a greater understanding in the public as to the benefits and advantages of natural health care services and what Chiropractic has to offer in helping reach and maintain a greater state of improved health.

Dr. Coy is currently seeking to assist in the development of Chiropractic in Asia. He is on the Board of Trustees of one of the largest and finest private hospitals in China to be opened in Hangzhou 2007. It is here that a Chiropractic department is in the planning stages. First to offer positions to doctors in the United States, and secondly to bring students from China and other countries to be educated in the various Chiropractic colleges.

CCI and all of the CHER divisions have aligned themselves with various product based businesses to obtain essential funding. These programs are being presented to the pubic throughout the country.

Tax aid program in danger of closing

DOWNEY - The AARP Tax Aide Program needs volunteers to help prepare income taxes and homeowners/renters tax rebates at the Downey Senior Center.

The program is in danger of shutting down because of a decrease in volunteers

Participants need to work four to eight hours a week during the tax season. It's a volunteer program so no pay is provided, but certain expenses for transportation are reimbursed.

A week of tax training will be provided in January and volunteers will have access to on-site tax professionals at all times. Prior tax experience do your own taxes is preferred but not required.

For more information, call Ted Baumann at (562) 861-6399.







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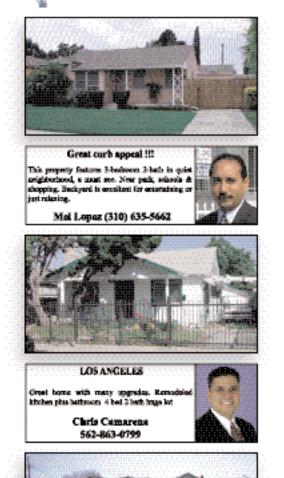
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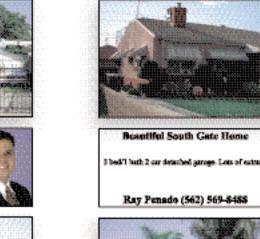


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