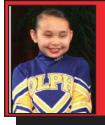


# The Downer Patriot



**OLPH** cheer wins state title See Page 3



The sounds of **Shawn Morgan** See Page 13



A 'Pat' on the back See Page 8

Friday, May 11, 2007

Vol. 6 No. 3

11525 Downey Ave., Suite A, Downey, CA 90241

## Crime fighting not limited to men only

By Brooke Karli STAFF WRITER

How does a woman balance being a wife and mother while fighting crime?

Sgt. Leslie Murray and Corp. Maria Villegas of Downey Police Department would tell you that although difficult at times, they have to work at keeping a balance, just like any other woman in any other career.

And when asked if they are treated equally as men, Maria would answer that the same is expected of them as of men. Leslie would answer that the older officers treat them like daughters, telling them to be "careful".

Leslie and Maria are two of 12 sworn women working for the Downey station, the highest number in Downey Police Department (DPD) history.

Leslie, 38, was the fifth woman to be hired by DPD, now going on 16 years working for the station – seven of which as a sergeant for the detective bureau.

As a sergeant, she oversees property crimes (residential burglaries, automobile theft, vandal-

etc.), commercial crimes, identity theft, forgery and fraud investigations, approves reports, reviews search and arrest

Leslie attended California State University, Long Beach, receiving her bachelor's degree in sociology and her master's in public administration, saying she "fell" into her

"While I was in college, I really didn't know what I wanted to

#### warrants, serves as a liaison for the District Attorney's office, compiles statistics, reviews crime trends, and participates in special assignments and projects.

do," said Leslie. "I went on a few

#### See WOMEN, page 9

## CDBG, HOME grant action plan approved

■ Grants totaling nearly \$4.2 million will fund an array of programs and services.

> By Henry Veneracion STAFF WRITER

Tuesday unanimously approved the 2007-2008 Action Plan for the Community Development Block Grant (CDBG) and Home Investment Partnership (HOME) grant programs, and authorized the City Manager to submit the plan and the grantee certifications to the

Department of Housing and Urban

Development (HUD).

HUD provides the city its annual entitlement of CDBG and HOME grants. The two grants are available to the city for a variety of community development activities focusing on housing, neighborhood improvement, economic development, and improvement to community facilities and services. These grants are formula-based and must

**DOWNEY—**The City Council be used on eligible activities that primarily benefit residents who are of low and moderate income.

> Next fiscal year, the city is entitled to receive new federal grants from HUD in the amount of \$1,542,293 in CDBG and \$736,749 in HOME funding, for a total of \$2,279,042. It is estimated that another \$190,000 in grant program income may be realized from the repayment of program loans.

> Thus, including funds carried over from last year, the city will have CDBG and HOME grant funds available totaling close to \$4.2 million, that will be used for such projects as housing improvements (Housing/Neighborhood

> > See COUNCIL, page 10

## Time Traveler Old friends meet again at Vultee party

By John Adams **EDITOR EMERITUS** 

There were smiles and handshakes and memories to share as the former **L** employees of Vultee Aviation held a reunion and luncheon at the Los Amigos Country Club Saturday, Sept. 24 (1994).

Vultee (as anyone at Saturday's gathering would be glad to tell you) was the man with intense black eyes and a love of airplanes who bought the old Downey airstrip and production plant founded by E. M. Smith of EMSCO in 1936 and established Vultee Aircraft Corporation.

Jerry Vultee was not to enjoy his new production facilities for long, for he died with his wife, Sylvia, in an air crash in 1938. But Vultee lived on after him. He had brought together an engineering team of genius. The aircraft production plant where Rockwell stands today, became a key to American production of warplanes in World War II, and the home of the famed "Rosie the Riveter," women who joined the war effort by working on the production lines to build fighting machines for their men who were overseas

Vultee had designed the V-1A airliner in 1933, which set a number of point-to-point speed and distance records, and became the standard plane used by American Airlines in the 1930s.

See TRAVELER, page 4

## Report: crime in Downey stays steady

■ FBI statistics show violent crimes in Downey decreased slightly from 2005. Thefts, particularly car thefts, remain a growing problem.

By Eric Pierce CITY EDITOR

**DOWNEY** – The number of violent crimes in Downey, including rape and homicide, decreased in the past year while assaults and thefts rose slightly, according to the Downey Police Department's 2006 Annual Report obtained by the Patriot this week.

Four homicides occurred in Downey last year, compared to seven in 2005. Rapes decreased from 30 in 2005 to 21 last year and robberies declined from 250 to

All other crime categories, however, saw gradual increases from 2005, as measured by the

Aggravated assaults rose from 161 to 177, burglaries jumped from 579 to 584 and reports of larceny increased from 1,848 to 1,897. Motor vehicle thefts for 2006 were at 1,144, up from 1,102 the previ-

A total of 4,075 crimes were reported in Downey in 2006, according to the report.

Even with the jumps, the numbers were still relatively even with the rates from previous years and positive when compared to a decade ago. The report lists statistics dating back to 1996, when 4,784 crimes were reported in Downey, including 33 rapes, 318 robberies and 932 burglaries, almost double the amount reported

Since 2000, vehicle theft is the only crime that has consistently grown in numbers.

#### **Police Open House**

The Downey Police Department will host their first-ever open house tomorrow, May 12, from 11 a.m. to 3 p.m.

The report also states that the police department hired 36 new employees, including 15 police officer candidates.

The department was awarded a \$45,000 grant by the State of California Department Alcoholic Beverage Control last July, according to the report. The funds allowed police to provide training and materials to 53 separate businesses on how to prevent alcohol-related crimes.

Police officers also used underage employees to try to buy alcohol from various businesses in Downey last year. Ninety-two sting operations were performed, resulting in 13 citations.

The department, according to the report, also hired retired Downey detective Mike Ehrenfeldt as their new training coordinator, a new civilian position responsible for ensuring that all employees receive mandated training "in a timely manner." Police employees received over 12,000 hours of training last year, including a presentation by noted California Highway Patrol captain Gordon Graham, who lectured on ethics, customer service and liability.

Downey's Code Enforcement reviewed over 2,600 cases of viola-

See POLICE, page 4



These Assisteens were honored for completing more than 160 hours of community service. Back row, left to right: Cassidy Jackson, Kendra Huff, Kelsey Cook, Natalia MacDougall, Lauren Davis, Shelby Pemberton and Erica Bell. Third row: Hillary Michael, Veronica Briones, Kimberly Somoano, Kendra Bunch, Jessica Vidarte and Maureen Potter. Second row: Michelle Strickland, Lauren Bliss, Melissa Iriarte, Nina Sedighi, Brianna Forman and Samantha Castillo. Front row: Aimee Cabrajac, Kristen Borzi and Samantha

## DUSD bestows honors on 'outstanding' personnel

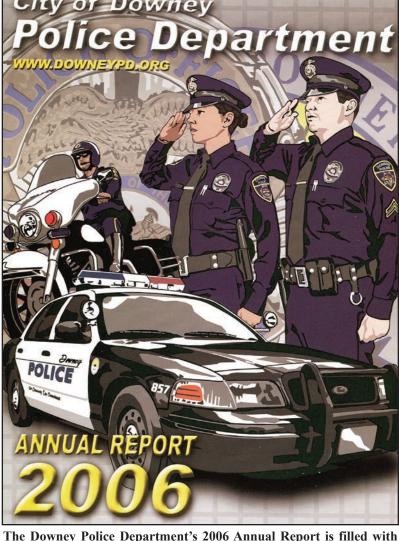
By Henry Veneracion STAFF WRITER

**DOWNEY**—The Board of the Downey Unified School District, at its regular meeting Tuesday, heard two presentations honoring four 'outstanding' people: a classified employee, a principal, a vice principal, and the director of secondary education.

Maria Salcedo, bilingual clerical assistant at Lewis Elementary School, was given DUSD's Vision

Award in the area of Culture. Lisa Rawlings, Lewis principal, praised Salcedo for her exemplary character, saying the awardee "exhibits the six pillars of character that serve as the foundations upon which our district is built." Rawlings pointed to Salcedo's quiet and humble, but effective, ways especially with her strong communication and her interpersonal skills. She also referred to

See DUSD, page 11



The Downey Police Department's 2006 Annual Report is filled with crime statistics compiled by the FBI.

## Local florists give a top-heavy performance

By Mary Forney CONTRIBUTOR

**DOWNEY** — Carol Pender Bower sweeps across the stage - a vision of elegance and grace – even though her hat is five feet tall, six feet wide and weighs 25.8 pounds.

Wearing the design of Saywell Florists of Downey, Bower and members of Las Floristas attracted Southern California philanthropists to the 69th Spring Headdress Ball by hosting a dinner and parade of exquisite and unique creations.

The headdress ball is the signature fundraising event of Las Floristas, a nonprofit organization

of florists which supports the Rancho Los Amigos National Rehabilitation Center in Downey. This year's event, themed "Ticket to Paradise," was held April 20 at the Beverly Hilton Hotel. The donations exceeded \$300,000 to aid programs promoting medical treatment and independent living for children with special needs.

Jerry Diaz of San Diego traveled to Downey every weekend for more than four months to help Mark, Dee and Mia Vasquez of Saywell Florists design and create

See FLORIST, page 4

## An 'All-American' calling it quits

By Henry Veneracion STAFF WRITER

**DOWNEY**—After almost 30 years service with All American Home Center, the last 10 years in charge of data entry, 62-year old Donna Shelton bids adieu May 24 to "America's largest single-store, family-owned home center" located on Firestone Boulevard.

Donna says it's time to spend quality time with her family. Husband Russell "has not been well." Also 62, he had to retire six years ago because of health issues. He was a longtime General Telephone employee who mainly covered the Downey area.

"I also want to spend time with my grandkids," Donna says. A daughter lives in Oregon with her 23-year old offspring, while the younger daughter resides in Ontario with her four children,

ages 9, 8, 6, and 5.

Downey has been the family's h a v e n ("We've lived here for 50 almost



**SHELTON** 

years"). Her three daughters (one is deceased) all went to Spencer, West Middle, and graduated from Warren High. Her Italian mother and French Canadian father both belonged to the Downey Elks Club. Her mom, now 90, still resides in Downey; she was at one time Emblem Club president. Her father is also deceased. Her sisters and other relatives are all Downey residents.

Donna first worked for a

See SHELTON, page 4

# Page 2 Friday, May 11, 2007 Community

## Local restaurant manager trains in Italy

■ Olive Garden chef and Downey resident Bobby Nunez travels to learn 'time-honored traditions.'

DOWNEY - Downey resident Bobby Nunez, culinary manager of the Olive Garden located at 11171 183 St. in Cerritos, recently traveled to Italy for training at the company's Culinary Institute of Tuscany.

Torrance resident Edwin Vientos, general manager at the same Olive Garden location, joined Nunez and several other managers for the weeklong training, which included visiting Olive Garden's Riserva di Fizzano restaurant, the inspiration behind many Olive Garden menu selections.

While at the Institute, under the direction of Olive Garden's Italian and American executive chefs, Nunez learned the time-honored traditions of Italian cooking such as selecting fresh ingredients, how to properly layer sauces, perfect al dente pasta, and pair sauces and pasta to create the most flavorful meals.

The time spent in the kitchen was just one part of the overall experience. During the trip, the managers also dined and went sightseeing in Siena, Florence and Rome. It was there that they were exposed to the history of Italy and the hospitality of its people.

"The people made Italy so meaningful," said Nunez. "We had the opportunity to visit three cities and in each, the warmth and generosity of everyone were as memorable as the historic landmarks and exceptional

The annual training program, now in its seventh year, is designed to bring the Italian dining experience alive for the 100 Olive Garden managers who attend and, upon their return, to their restaurant teams and

"The managers who visit our Culinary Institute of Tuscany tell us how inspiring it is to gain a deeper understanding of the genuine Italian dining experience," said Valerie Insignares, executive vice-president of operations for Olive Garden. "Both Ed and Bobby will now be able to share firsthand their passion for the food, wine and hospitality of Italy with their restaurant team members and guests."

Olive Garden managers were chosen to train in Italy by their director of operations and senior vice-president.

#### Women's Guild installs board

DOWNEY - The Catholic Women's Guild of Our Lady of Perpetual Help will install their executive board at the 8:30 a.m. Mass on May 18. The Mass will be followed by breakfast at Mimi's Café. The cost is

Checks should be made payable to Catholic Women's Guild and sent to Sheila Peck, 8144 Primrose Ln., Downey, 90240.



Downey resident Bobby Nunez (left) recently traveled to Italy to train at Olive Garden's Culinary Institute of Tuscany. He is pictured with Romana Neri, the Institute's head chef. Nunez is the culinary manager at the Olive Garden located in Cerritos.



Carpenter Elementary students collected pennies during the entire month of February and donated the proceeds to the Downey Unified School District's TLC Family Resource Center. The \$1,500 donation was made at a school assembly April 19. "We know that this money will go to help our community...," TLC coordinator Luz Perez told the students. "Thank you for being part of our community and helping the families in it...You truly do make a difference."

#### Macy's makes \$8K donation

DOWNEY - Macy's West recently donated more than \$8,000 to the Rio Hondo Boys & Girls Club, which serves Downey, Bell Gardens and surrounding cities.

The donations were part of Macy's recent "Shop for a Cause" day and "Thanks for Sharing Campaign." The donation will help support community programs for women, children and needy.

## Hospital patients sleeping a bit easier

DOWNEY - New beds have been ushered in to Downey Regional Medical Center in recent months and more are on the way. By this summer, all 180 adult beds will replace models ranging from 10 to 20 years

After five years on a "wish list," 70 new beds have already arrived, costing about \$8,500 each. Last summer, the hospital obtained new pressure-relieving mattresses for beds throughout the hospital.

The new beds have built-in bed alarms for fall prevention, especially for patients who are weak or have limited mobility. The Stryker Secure II accurately senses body position and adjusts for low or high risk of falls. Along with patients, staff will benefit from the new beds.

"The old beds lasted a long time, but we were constantly working on them, replacement parts were expensive and the alarms were problematic," said DRMC Biomedical Engineer Mike Neal. "I love the simplicity of use with the new beds. Not only do they do everything better, they will be easier to work on if needed."

Nurses and orderlies are also finding the beds easier to maneuver due to better steering and brakes. A built-in IV pole brings added functionali-

The beds allow caregivers to accurately weigh patients in any position, which helps reduce the need to reposition patients. In addition, the intermediate side rail position on the Secure II eliminates the need to boost patients up in bed, a key safety feature since, according to the Department of Labor, 40 to 50 percent of annual nursing back injuries occur when repositioning patients in the bed.

According to Nurses Week, about 12 percent of nurses leave the profession because of back injuries.

"Nurses are most likely to suffer a back injury where there are unpredictable responses from patients during ambulation or transfer, situations in which patients require constant lifting and turning, and in situations that require awkward positions while moving patients," said Kathleen McAndrew, MSN, NP, member of the Board of Directors of the American Association of Occupational Health Nurses. "Reducing the number of injuries should be of primary concern to hospitals and to nurses who wish to remain healthy and engaged in active patient care."

"We're so pleased to provide patients with beds offering greater control and comfort, and new mattresses that aid in healing and preventing bed sores," said DRMC Chief Nursing Officer Heather Conwell. "This investment in our facility definitely heightens safety and supports positive patient outcomes."

#### Singson finishes Air Force training

DOWNEY - Air Force Airman Patrick Singson has graduated from basic military training at Lackland Air Force Base in San Antonio.

Singson underwent six weeks of training, studying the Air Force mission, organization and military customs and courtesies. He also performed drill and ceremony marches, received physical training, learned rifle marksmanship and participated in field training exercises.

He also earned credits toward an associate degree through the Community College of the Air Force.

Singson is the son of Richard and Meldelea Singson of Downey.

#### Rabbi to discuss science and religion

DOWNEY - Rabbi Howard Laibson will discuss the ways science and religion clash – as well as ways they coexist – at a program of the Ezra Center for Mature Adults on May 15.

The two-hour program, titled "Religion and Science: Strange Bedfellows?", starts at 10 a.m.

Laibson is the current rabbi at Congregation Shir Chadash in Lakewood. He grew up attending Temple Ner Tamid of Downey.

A catered kosher lunch will be served after the program. The lunch is

\$6 for Ezra members and \$7 for non-members. For more information, call Miriam Brookfield at (562) 943-3170.

## Good Shepherd School plans luncheon

DOWNEY - Good Shepherd Lutheran School will celebrate its 50th anniversary May 20 with a special 10 a.m. service featuring former principal James Krafft.

A catered lunch will follow the service, with tickets priced at \$14 for adults and \$7 for children.

The school serves children in grades K-8. It is located at 13200 Clark Ave. For more information or tickets, call the school office at (562) 803-

#### Downey student receives national honor

DOWNEY - Downey resident and St. John Bosco High School student Shawn Hansen has been selected for membership into the National Society of High School Scholars (NSHSS). The society recognizes the top scholars in the nation and invites only those students who have achieved superior academic excellence.

"On behalf of NSHSS, I am honored to recognize the hard work, sacrifice, and commitment that Shawn has demonstrated to achieve this exceptional level of academic excellence," said Claes Nobel, a senior member of the Nobel family and NSHSS founder. "Shawn is now a member of a unique community of scholars – a community that represents our very best hope for the future."

## Downey Seventh-day Adventist Church



West's Gospel Archery will lead the worship service Saturday, May 19 at 10:50AM Free Luncheon Archery Demonstration After Lunch Especially for kids ages 5-10

9820 Lakewood Blvd. - 562.869.6013 http://www.downeychurch.org

**Action Faith Ministries** Pastor: David Sarinana 10839 La Reina Ave. Downey, CA 90241 562-862-7720

Thursday Mid-Week Service 7:00pm Sunday Worship Service 8:30am Please come and listen to a powerful message that

will challenge you to make personal changes in your mind, body, and spirit. Your life, your family, your finances, and your future will never be the same after you experience these awesome teachings from the Word of God. Join us at Action Faith Ministries where the development and the forming of leaders is taking place.

# City of Downey Community Services Department SUMMER DAY CAMP PROGRAMS The traditional camps go on...

#### **SPORTS CAMP**

Ages: 8-12 June 25-August 31 Location: Apollo Park (Independence Park weeks 1&2)

This camp offers children a chance to learn a new sport each week. Every camper will receive 12 hours of instruction from a trained professional. Campers will also go on an excursion every week.

This new summer camp is a comprehensive

summer camp program for children who

have physical and mental disabilities that

limit their mobility. The camp staff have

experience working with special needs

and are positive role models the

campers can emulate and work

with to achieve goals in

their own life.

### **ADVENTURE**

#### **CAMP**

Ages: Middle School (no older than 14 yrs.) June 25-August 31

Campers will be challenged each day with different competitions, learn new skills and have the opportunity to make new friends. Participants will, go on mini-trips throughout the week and enjoy many exciting games.

Location: Independence Park

#### Plus 2 NEW exciting summer camps... CAMP HOLLYWOOD **CAMP**

Ages: 8-13 FOR CHAMPS Cost: \$75 per session June 25-August 13 Ages: 6-18 9:30 AM to 3:30 PM Daily August 6-August 31 Extended care available 6 one week sessions Location: Furman Park

Location: Downey Theatre This is a new camp designed to encourage active participation in the arts. Each week campers will learn about and participate in a new area of art including live theatre, film, music,dance, and fine art. There will be weekly swimming trips and exciting weekly excursions.

#### LITTLE BUDDIES CLUB Ages: 4-5

**CAMP WILDERNESS** 

Ages: 6-10

June 25-August 31

Location: Wilderness Park

Children will make arts

different activities with

children their age. All

swimming at the Downey

Aquatic Center and go on a

weekly excursion.

will

of

go

and crafts, cook

Campers

participate in lots

Cost: \$40 per session June 25-August 17 9:00 AM-12:00 PM Daily 8 sessions \*Each session will meet Monday, Through Friday Location: Gary P McCaughan Gymnasium Children will enjoy music, participate in arts & crafts and cooking, learn basic sports, skills and weekly

excursion.

#### **CAMP COST**

\$80 per week for first family member • \$75 per week for each additional member Extended Care: Available for: Sports, Adventure, Wilderness and Camp Hollywood

\$40 First child • \$35 Additional children

NO CAMP JULY 4TH

EARLY BIRD REGISTRATION MONDAY, MAY 21, 2007 5:30 - 7:30 P.M. Gary P. McCaughan Gymnasium - 12544 Rives Ave.

All camp costs include supervision, supplies, daily snack and a weekly bus excursion. Registration will be accepted, starting May 23, 2007 at Downey Community Services Department Office, City Hall: Monday through Friday, 7:30 am - 5:30 pm. Enrollment is limited and will be filled on a first-come first-serve basis. PROOF OF CAMPERS AGE MUST BE SHOWN AT TIME OF REGISTRATION. More specific information may be obtained by contacting the Community Services Department at (562) 904-7238

# Community Page 3 Friday, May 11, 2007

## Kids Day and all its fun tomorrow

**DOWNEY** – Kids Day, the annual community event showcasing the activities, organizations and contributions of Downey's youth and youth service providers, will take place tomorrow, May 12, at Furman Park.

Kids Day, now in its 20th year, will feature penny carnival booths, two entertainment stages, a "scouting village," and an 18-foot slide for children. Food and drinks will be sold by community-based organizations that serve children and families.

The event is themed "Shaping a Healthy Future for Downey's Youth" and will recognize the city's 50th anniversary with murals from middle school students. Over 30 vendors will have information booths.

A two-mile "fun run" is open to all ages and will start at 10:45 a.m. The first 100 people to register for the run will receive a goody bag and everybody who crosses the finish line will receive a medal. Check-in and same-day registration will begin at 10 a.m.

The Downey Fire Department will host the Community Safety Fair at Kids Day and will have the Urban Search and Rescue truck and all of its gear on hand. Firefighters will also give a vehicle excavation and fire extinguisher demonstration.

The Public Works Department will offer their Environmental Fair, demonstrating things the community can do to conserve water and the

For more information on Kids Day or to be a Kids Day sponsor, call the Community Services Department at (562) 904-7238.

#### Police on lookout for unbuckled drivers

**DOWNEY** – The Downey Police Department will be on the lookout for drivers not properly buckled up during a three-week "Click It or Ticket" seatbelt enforcement campaign

"Click It or Ticket" is part of the state's annual effort to increase seatbelt use through a combination of heavy enforcement, advertising and public awareness campaigns. It will be launched locally May 14 – June 3.

"Our department will be putting forth tremendous resources to make sure we have officers on the roads looking for drivers and passengers who are not buckling up," Downey Police Chief Roy Campos said. "The intent of the 'Click It or Ticket' campaign is simple – to save lives and prevent injuries."

California currently has the fourth highest seatbelt use rate in the nation, according to the police department. Last year's "Click It or Ticket" campaign resulted in an increase in the state's seatbelt use rate from 92.5 percent in 2005 to 93.4 percent in 2006, according to police statistics.

Statistics also show that teen seatbelt use in 2006 was 90.8 percent, up from the previous year's rate of 88.6 percent.

California law requires that all vehicle passengers wear a seatbelt at all times. Tickets for seatbelt violations range from \$80 to \$91 for adults.

When children under 6 are not properly secured, the parent or driver can receive one point count on their driving record and a fine of \$330 to \$401. A second offense can carry a fine up to \$971.



#### OLPH cheer squad wins championship

DOWNEY - Our Lady of Perpetual Help's cheerleading team recently won the title of Junior National Champions.

The 16-member team, consisting of fourth, fifth and sixth graders, competed against teams from throughout California in cheer and song/pom routines.

Coach Cindy Mendoza has coached cheer for many years at OLPH, with this year being the first to compete in competitions.

"The girls are thrilled with their success," said Mendoza. "They are ready to start preparing for the new school year."

The squad begins practicing in June and cheers for OLPH sports teams throughout the school year. The girls must maintain high grades and have exemplary behavior to participate on the squad.

Squad members are Destinee Avina, Diva Caero-Rivas, Jacinda Castellanos, Shaya DeGuzman, Bianca Dovarro, Caroline Fuentes, Kristen Lago, Gabriella Mendoza, Gigi Mendoza, Anna Michel, Taylor Mongan, Adrianna Ortiz, Ashley Pineda, Brenda Rodriguez, Samantha Vargas and Paige Wolitski.

#### Public works employees get their week

DOWNEY - The State of California has designated May 20-26 as National Public Works Week in recognition of the people who devote their time to public works activities. This year's theme is "Public Works: Moving Life Forward."

In Downey, public works employees perform a myriad of duties, including road and park maintenance, management of solid waste, recycling, water and sewer mainline maintenance, and more.

ittle Girls



The Downey High School cheer squad helped deliver 75 personal hygiene packets - all filled with shampoo, conditioner, toothpaste, toothbrushes, deodorant and more - to the Downey PTA HELPS room. The donation was made possible with money donated by cheer members and a gift card courtesy the Whittier Target store. Pictured from left: Stacy Brabant, Brittany Barela, Winni LoLong, Samantha Brady, Dania Jimenez, Michelle Chavarin, Bianca Torrico, Skye Fodor and Shannon Buss.

Maria

Pierce

Rodriguez

Michelle Lima

Patricia Gomez

Loya

Maria Menjivar



Navarro

Amanda

Cheryll Olson

Taketani

Roberson

Rowena Dominguez

Judith



Mendez





Gloria Fimbres

























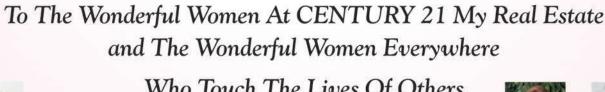




Hayashi

Laquetta





Who Touch The Lives Of Others

















Sonia Delgado





Laura Cattani Merrell





Lorena

Amaya







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Maria Burbano



Maria Cibrian



Sandra

# Page 4 Friday, May 11, 2007 Community



Headdresses like the one shown above can weigh upwards of 30 pounds and reach five feet high.

## **FLORIST**

Continued from page 1

their headdress masterpiece. Diaz and Mark Vasquez first met as competitors in the 1978 headdress ball. This year they teamed up with eight volunteers from Las Floristas to diligently remove the petals off 200 catelea orchids, 100 gladiolas, 700 carnations, 350 dendrolium orchids, 200 phalenopsis orchids, and 500 wild blooms picked off the 5 Freeway.

"The volunteer effort is just amazing," Diaz said. "There's a real close relationship when you're doing this - people would come here every Saturday bringing food, themselves, and a good sense of humor."

Once the petals were removed from the flower stems, each petal was individually glued, layer upon layer, to a styrofoam surface and painted. After spending countless hours creating the headdress and costing Saywell Florists \$4,000 in supplies, their entry called "Winter in Paradise" was complete.

"It was a lot of hard work and I still have glue under my finger nails from two weeks ago," Mia Vasquez said. "But what matters is

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we wanted to do this because it is a good cause for the kids and it takes

a hometown effort." Wearing a back brace to support and evenly distribute the weight, Bower had to learn to walk and dance under the headpiece. The final challenge was determining the stage lighting for her performance because light can dull or discolor the petals.

Mannequin Bonne Vivante and designer Tracy Justus won first place for this year's grand headdress and Saywell Florists walked away with two distinctions for the 30-inch guest headdresses they also entered in the competition.

Mia Vasquez won second place for her guest headdress comprised of peacock feathers, orchids and tropical flower petals. Dee Vasquez was the first place winner of the guest headdress awards, wearing a creation of tropical flowers and snowflake petals.

"This was a labor of devotion and love for the kids at Rancho," Diaz said. "Not everyone can help everyone, but you can do what you can do."

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Open house hosted by Downey Police

DOWNEY - The Downey Police Department will host their 50th Anniversary open house tomorrow from 11 a.m. to 3 p.m.

The open house will include a station tour, police car and motorcycle displays, police tactical equipment exhibits, CSI demonstrations and 50 years of Downey Police memorabilia

Barbeque and refreshments will be provided.

The police department is located at 10911 Brookshire Ave.

#### **POLICE**

Continued from page 1

-tions related to building, health, housing, licensing, water quality, commercial and planning codes, the report said.

The department also began upgrading their communications infrastructure with the goal of improving communication.

New laser technology was put into use by police last year in their investigations of traffic collisions and crime scene measurements. The technology helps police reconstruct a scene in three-dimension and "greatly reduces the amount of time personnel spend taking measurements at the scene."

The Detective Division developed courtesy cards last year that are mailed to crime victims. The cards contain a case number, assigned detective's name and phone number, and detective's supervisor's contact information.

The report also details the work of Detective Chris Hanson, who wrapped up a two-year investigation last December involving illegal car towing. Hansen, working alongside detectives from Anaheim and Fullerton, led an investigation into a Santa Fe Springs towing company that was illegally towing hundreds of vehicles, then requiring victims to pay a fee to have their vehicle released.

Hansen's investigation, the report notes, resulted in 77 felony indictments against nine people.

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guilty while the company -American Automotive Corporation - and company CEO plead not

They were later found guilty on 41 counts, the report said, setting a national precedent against illegal

Downey Police began contracting with Graffiti Tracker Incorporated last year, a company that helps track and classify cases of graffiti.

The police department's forensics lab processed 1,647 crime scenes last year and identified 76 suspects through the automated fingerprint identification system,

Police launched an improved website last (www.downeypd.org) with the hopes of recruiting more police officers, the report said. The police department has more than 75 computer workstations and 50 mobile computers.

Seven police department employees retired in 2006, including one captain, one lieutenant, one sergeant, two corporals, one officer and one code enforcement officer. Nine employees resigned, including four police officers.

occurred in Downey last year. More than 44,000 traffic citations were issued (15,278 moving viola-

Arrests in Downey totaled 4,301 last year, according to the report. Of those, 3,253 were adults. There were 31,985 9-1-1 calls

Downey Police Department had 119 sworn officers, 73 non-sworn, three chaplains, 12 explorers and one volunteer.

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Seven of the defendants plead

according to the report.

Nine fatal vehicle collisions

made last year in Downey.

As of January of this year, the



Like having an expert in the family!



## The Poets' Corner

#### Two

He told me of a place And I thought of that abode For days and days, The more I contemplated The more I longed for it And it cultivated the greatest desire for home. The fantasy became my reality And I indulged and confused Every part of the mind The line had been blurred And I was no longer real The dream had now devoured me Body, soul, and mind Home was now real Under the sun I dance and sing and bathe and play And like my mother She's shelter from pain I want to be the sun -- Valerie Osegueda, **Downey** 

#### TRAVELER

Continued from page 1

The Vultee plant assembled more than 11,000 military planes during World War II, the most famous of which was the BT-13, a low-winged trainer that was politely called the "Valiant," but which was also familiarly known as the Vultee "Vibrator" by its harsher critics.

During World War II Vultee merged with Consolidated to become Consolidated Vultee, later known as Convair.

Some fine fighting machines rolled off Convair's production lines in Downey.

Following World War II, Consolidated Vultee pioneered American research in missiles, using the German V-2 as a model. It built a short-range navy missile

called the Lark and in 1946 was awarded a \$1.2 million contract to study the possibility of a long range missile weapon. The project was identified as MX-774.

The company was concentrating on weight reduction (the V-2 was far too heavy) when the contract was pulled by the government in July of 1946 as an economy measure. Consolidated Vultee pulled all operations back to its San Diego facilities. But the Vultee missile research was the foundation of the mighty Atlas missile that followed in the 1950s.

The plant was occupied in 1947 by North American Aviation (later to become Rockwell).

Originally published September 30, 1994

#### **SHELTON**

Continued from page 1

Huntington Park savings and loan association and for the Downey Unified School District (DUSD) prior to joining All American. She is a graduate of South Gate High.

While still working at DUSD dealing with handicapped children, she moonlighted as temporary salesperson in November of 1977

(562) 927-8666



department. When offered a fulltime job after the Christmas surge that paid better than what she was getting at DUSD, she took it. She was warehouse supervisor for two years, then was promoted

at All American's Christmas

to cashier and courtesy clerk manager. She worked in these areas fo 17 years, at one point supervising 52 people (she was voted "Manager of the Year" in 1990). As data entry in-charge, she "builds" every merchandise item that enters the store and ends up at point-ofpurchase.

Donna says she has enjoyed working with her associates over the years but looks forward to her retirement. "I've been working for 45 years," she said. "I'm done. That's it."

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## A 50-year itch

By Eric Pierce

Growing up in Whittier, one of my favorite things to do as a kid was visit the Whittier Police Department's annual open house. One day a year they would open their doors and usher the public inside their fortified walls, giving tours, answering questions and sharing real-life cop stories.

As a kid, it was pretty exciting to go inside the jail with my brother, fight over the top bunk and try to start a pretend prison riot. (I'm not sure it's healthy that I actually enjoyed being in jail as a kid, but that's another story.)

The public seems to have a fascination with police, which is why TV shows like "Cops" and "World's Scariest Police Chases" are so well-watched. Crime fighting is real, raw and unedited.

Maybe it's a guy thing, but my heart beats a little bit faster when I see a cop kick down a door, bark at a suspect to get on the floor and then watch him slap the cuffs on the guy and haul him off to jail. That's exciting stuff!

It sure beats sitting in front of a computer all day, fighting with Microsoft Word.

Maybe one day, in another lifetime, I'll have the chance to be a cop. In the meantime, I and everyone else can settle for the Downey Police Department's open house tomorrow from 11 a.m. to 3 p.m. It's the department's first open house in their 50-year history, so you know they have a lot to show and a lot to talk about.

Kids, especially, should take a gander. But remember, when we're in jail, I call top bunk.

## Legislation invests in nation's teachers

WASHINGTON, D.C. - Congresswoman Lucille Roybal-Allard (CA-34) joined her colleagues in the U.S. House of Representatives in supporting legislation called the "10,000 Teachers, 10 Million Minds Science and Math Scholarship Act" which the congresswoman says would maintain an abundance of qualified, well-equipped math and science teachers in grades K-12.

"The measure significantly increases our federal investment in scholarships and stipends to encourage math and science college majors to pursue careers in teaching," Roybal-Allard said. "This investment is desperately needed to ensure that our children obtain the math and science skills necessary to compete in the global marketplace."

The bill enacts the foremost recommendation of the National Academies' report Rising Above the Gathering Storm which calls for improvements to K-12 math and science education by helping to ensure that teachers have a deep knowledge of their subject matter and effective teaching skills.

The 2005 report found that in 2000 more than 85 percent of students in grades 5-9 were taught physical science by a teacher lacking a major or certification in the physical sciences. In 1999, the report noted, 68 percent of U.S. 8th grade students received instruction from a mathematics teacher who did not hold a degree or certification in mathematics.

"Essentially, the National Academies report concluded that without immediate action to produce a new generation of scientists, engineers and mathematicians, the U.S. may fall behind as a leader in innovation and technology," Roybal-Allard said. "The key to maintaining our nation's success in enterprise is to produce well-qualified, well-trained teachers who are able to truly inspire and motivate our children to pursue studies in math and science."

The "10,000 Teachers, 10 Million Minds Science and Math Scholarship Act" will:

· Create thousands of new teachers - with content and instructional expertise in their area of teaching - via the Noyce scholarship program at the National Science Foundation (NSF). Noyce awards go to universities that build model programs for recruiting students into teaching. Students who enroll in these programs earn degrees in a science, technology, engineering, or mathematics (STEM), get early mentoring and field experiences in teaching, learn content-oriented pedagogy, follow a streamlined path toward teacher certification, and receive \$10,000 per year scholarships. In return, they make a commitment of several years to the teaching profession.

- · Create summer institutes and graduate programs that provide sustained, content-oriented professional development to teachers through Math Science Partnerships at NSF.
- Create centers for improvement of undergraduate education in science, technology, engineering, or mathematics (STEM) via the STEM Talent Expansion Program program at NSF.

The measure passed the House (HR 362) on April 24 in a vote of 389 to 22. The U.S. Senate passed a similar measure (S 761) on April 25 in a vote of 88-8.

#### CORRECTIONS

• A story in last week's issue incorrectly stated the title of Julie Andrews Edwards' latest book. The correct title is "Thanks to You: Wisdom from Mother & Child."

## The Downey Patriot

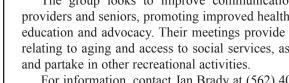


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For information, contact Jan Brady at (562) 401-7402.



#### What about tea?

Dear Editor:

I've been reading your articles every other week in The Downey Patriot ("Paging Dr. Frischer," 4/27/07). Talking about your last article about caffeine, I am in agreement with you, but what about tea?

I have stopped drinking coffee due to my arthrititis, but I do drink tea. Perhaps sometime you can tell us about the good and the bad of tea. - Rose Carpenter,

Letters to the editor may be submitted by writing to The Downey Patriot, 11525 Downey Ave., Suite A, Downey CA 90241 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

## Lowenthal heralded for museum work

**DOWNEY** – Senator Alan Lowenthal will be presented with the California Association of Museum's (CAM) 2007 President's Award in recognition of his support of California museum's tomorrow, May 12, at the Downey Museum of Art.

Recipients of the CAM Award are elected officials in state government who are serving a term in office at the time of their nomination. A handful of recipients are selected each year for their support of California museums in their district.

Lowenthal is the author of SCR-5, a measure that proclaims May 2007 to be California Museum Month, which celebrates the state's 1,300 museums.

"Senator Lowenthal actively participated in CAM's recent conference held in Long Beach, which is in his district, showing his dedication to and support of California's diverse museums," said CAM President Rich Block. "Senator Lowenthal is also being recognized for his leadership in education and the environment. In 2007, CAM launched its Green Musuem Initiative (GMI) to inspire California museums to develop green business practices, eco-friendly facility management, and sustainable programming.

"Senator Lowenthal's legislative efforts to improve air and water quality in California complement the GMI's strategy to help California museums reduce their consumption of non-renewable resources and to improve their practices concerning the use of water and energy."

Kate Davies, executive director of Downey Museum of Art and CAM's GMI chair, will present Lowenthal with the award.

#### The 'Owls' look to improve health care

DOWNEY - The Rancho Owls, a group of seniors between the ages of 65 and 100, meet every Tuesday at Rancho Los Amigos National Rehabilitation Center from 9:30 a.m. to 12:30 p.m.

The group looks to improve communication between health care providers and seniors, promoting improved health care to seniors through education and advocacy. Their meetings provide peer support, education relating to aging and access to social services, as well as take field trips

#### Redevelopment deserves attention

At the April 10, 2007 City Council meeting, the Council approved with little deliberation or public awareness an ordinance with major ramifications for Downey. The ordinance consists of a series of Special Agreements authorizing a total of \$72 million in loans over the next 10-20 years from the City of Downey to its redevelopment agency, the Community Development Commission. The purpose of the law, as explained by city staff and the ordinance itself, is to secure funding for redevelopment projects beyond a July 7, 2007 deadline, after which the Community Development Commission is no longer able to borrow the funds necessary to finance such projects.

As long as the Community Development Commission is in debt, it receives a portion of the county's and state's property tax revenues from the project area called 'tax increment.' When all of the Commission's debt is repaid, its authority expires and the project area loses its designation – and its access to tax increment. By increasing the Commission's debt, these Special Agreements extend the Commission's ability to collect this revenue. By how much? The Commission's debt prior to the Special Agreements totaled approximately \$26 million and their tax increment revenue, with which that debt would be repaid, stood at \$3.5 million per year. The Commission would have cleared this debt and expired within 10 years, but with the addition of \$72 million in loans, the Commission now may take 30 years to pay off its debt. In other words, the City Council, by voting for the Special Agreements, effectively voted to extend redevelopment in Downey for 20 more years.

For city hall, this extension is desirable; redevelopment allows the city access to a greater share of property tax revenue. The loans outlined in the Special Agreements will be repaid by the county and state from their share of property taxes. Though highly beneficial to Downey, this is not to say that redevelopment is necessarily a good thing. In essence, each dollar loaned by the city to the Commission, plus interest, comes at the expense of the other tiers of government. The state also places limitations on how and where redevelopment money can be spent, mitigating its usefulness and encouraging what are, to some, frivolous expenditures.

As should be evident, the Special Agreements will affect Downey revenue and spending for decades to come, not to mention the implications of perpetuating a "blighted" project area along the Firestone corridor. This was not a decision to be made lightly. There are persuasive arguments for and against redevelopment, but none were heard at the time of the ordinance's consideration. The Special Agreements ordinance appeared before the City Council and Community Development Commission on three occasions; it received unanimous, uncommented endorsement by the Council members and Commissioners each time. A Project Area Committee spokesman twice encouraged the Council's interest in the issue but provoked no reaction. The PAC regrets that no discussion of the agreements' merits or impact preceded the votes and that the decision received no attention in the *Patriot*. Its effects on Downey's future will be significant and long-lived, and for that reason it deserved greater notice from the Council and the public.

For any citizens who wish to learn more about redevelopment, you are welcome to attend the Project Area Committee's meetings. We convene on the first Tuesday of each month at 6:30 p.m. in the Cormack Room of the Downey City Library. Our next meeting will be on June 5th, and we always welcome public attendance and input. We hope more of Downey's citizens come to recognize the importance of this issue, and we look forward to hearing from those who do at the meetings to come.

— The Downey Redevelopment Project Area Committee

# Page 6 Friday, May 11, 2007 Comics/Crossword \_\_\_\_\_\_ The Downey Patriot

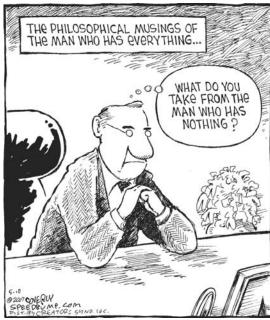
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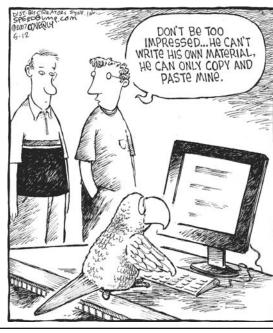












## On This Day...

May 11, 1502: Christopher Columbus reportedly departs on his last voyage to the West Indies with the mission of finding the Strait of Malacca.

**1858:** Minnesota is admitted as the nation's 32nd state.

**1970:** The Beatles release their last number one hit, "The Long and Winding Road."

1997: World champion chess player Garry Kasparov is beaten by an IBM "supercomputer."

2006: Engineering students at the University of Illinois at Urbana-Champaign successfully convert pig waste into crude oil.

## **Downey Community Calendar**

#### Events For May

Fri. May 11: Free Salsa Dancing Class, La Villa Peruvian Restaurant, 8:30 p.m.

Sat. May 12: Kids Day, Furman Park, 10 a.m. to 4 p.m.

Sat. May 12: <u>Downey Police Department Open House</u>, 11 a.m. to 3 p.m.

Tues. May 15: "Religion and Science: Strange Bedfellows?," Temple Ner Tamid, 10 a.m.

Tues. May 15: Police Week Storytime, Downey Library, 10:30 a.m.

#### City Meetings

1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall.

1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall.

2nd & 4th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber. 2nd & 4th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall.

3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

#### Regularly Scheduled Meetings

#### **Mondays**

6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786.

**6:30 p.m.: Overeaters Anonymous**, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.

1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790.

1st Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481.

2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159.

4th Mon., 7:30 p.m.:Downey Numismatists, at Downey Retirement Center, call 861-3989.

9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439.

9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422.

9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153.

12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400.

**12 p.m.: Exchange Club of Downey,** at Sizzler, for information call Don Hollister at 927-5871.

6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 928-2658.

7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478.

7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659.

7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802.

2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox. for info. call (562) 923-2191. 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square. for information call (562) 927-6438.

2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904.

3rd Tues., 7:30 p.m.: Writer's Workshop West, at 9968 Lakewood Blvd., for info call 862-3106.

Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.

1 p.m.: Women's Bocce Club, for information call 869-8782.

1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618.

1st Weds., 11:30 a.m.: Downey Coordinating Council, for information call 927-9790.

1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028.

1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132.

2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197.

2nd Weds., 11:45 - Downey Christian Women's Club, at Los Amigos CC. Call 927-8488. 4rth Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513.

Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

#### **Thursdays**

7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534.

7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414.

**12 p.m.: Kiwanis Club of Downey,** at Rio Hondo Events Center, call Roy Jimenez 923-0971. 12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153.

12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655.

12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677.

6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176.

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7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388.

4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

#### Fridays

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Harry Sacks at 319-1063 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

#### THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com) **GARDEN VARIETY: Various growing concerns** by Shirley Soloway

#### **ACROSS**

- 1 Do a brake job Haydn nickname
- 10 Aria, for one Ben Hogan
- contemporary Preposterous 20
- Daredevil Knievel Make a match 22 Mischievous one 23 Bass-line introducer
- 24 Slice 25 Sicilian spewer 26 Express one's views Testimonial address,
- for one Caribbean island Iron wear Tiresome grind
- Very pale Tailor's tool **Box-office letters** Lead performer
- Creatures with quills 27 Across deliverer Lolita's surname Was helpful to
- Festive occasions **Author Uris** 55 Green-egg layers 56 Mr. Kringle

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Certain whiskies

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- Medical-research specimen
- Became
- 124 Extinguish Dizzy's music Horse : filly :: sheep : \_
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- 80 Sunshade Part of Silly Putty instructions Singer Fitzgerald Modern pennies, mostly
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- Be abundant Gershwin's Cuban Overture, e.g. 92 Highest ranked, as
- a tourney entrant Bags of tricks,

Patients' Bill of Rights

supporter Sunblock letters

Mitigate

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- Van Gogh subject 116 Sharp spasm 117 Mia ex 118 Bear in the air
- Suitable, in product names Down source
- 121 Removes, as rinds 122 Notice Arizona's third-largest city
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- Redoes Ronnie of the 10 Ronettes Solemn statement
- 12 French diarist Hoi polloi Oral 15 Stop early
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A month of Sundays

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- 45 Nightmare of a boss Motown superstar Gravity-powered vehicle

Much

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Madonna film role

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- Teheran native 88 Like ghost towns Salary starter 93
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- Florida State Fair site Beauty-pageant wear

Sleep, so to speak

- Manuscript changes 102 Cruise-itinerary phrase
- 104 Tops 105 Art subject
- Emulate Sylvester J. Pussycat 107 Pennsylvania neighbor Pennsylvania neighbor 108
- 109 Pakistani language See 111 Down 110 With 110 Down.
- introductory comment Transp. lines

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply. (84 Across) and 2.5% copper. have been made of 97.5% ZINC

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Trumpeter/composer/bandleader

PUZZLE PRIZE CONTEST! Try Stan Newman's WordWit Puzzle™ at www.StanXwords.com

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## Health/Wellness Page 7 Friday, May 11, 2007

## Paging Dr. Alan Frischer...

By Dr. Alan Frischer

o drink or drink....that is the question. Allow me to "distill" some data on alcohol to help you make an deciinformed



Alcohol may be the world's oldest drug. It has been made from fermented grain, fruit juice, honey, potatoes, and other natural resources for thousands of years. Americans drink the equivalent of about 500 million gallons of pure alcohol each year. It is BIG business and has become an expected part of today's world of business, family and celebration. The abuse of alcohol has become a major public health problem, with nearly 10 percent of adults suffering from some degree of problem drinking. Alcohol consumption by college students is linked to 1,400 student deaths and 500,000 unintentional injuries each year. Alcohol has destroyed jobs, families, and lives. It is the cause of 30 to 45 percent of fatal car accidents, depending on the study quoted.

Alcohol is primarily absorbed through the walls of the small intestine, goes to the brain and has its associated impact, and then travels to the liver where it is oxidized at a rate of 1/2 ounce per hour. It is ultimately converted to water, carbon dioxide and energy. The effects of alcohol depend on the dose taken. In low doses, it relaxes, reduces tension, lowers inhibition, impairs concentration, slows reflexes, impairs reaction time, and reduces coordination. In higher doses, you see slurred speech, drowsiness and altered

emotions. In very high doses, it leads to vomiting, breathing problems, and unconsciousness. Chronic alcohol consumption can lead to dependence and addiction, and ultimately to other neurological problems including memory loss, ulcers, cirrhosis, and ultimately death. Withdrawal symptoms from alcohol include tremors, sleep problems, nausea, hallucinations, and seizures.

There are clearly groups of people who should simply not drink. Those about to drive a motor vehicle should not drink at all. Any woman who is pregnant should not drink at all; there is no known minimum safe level of consumption to prevent Fetal Alcohol Syndrome (a condition that affects the growth of a fetus).

Those with a family history of alcoholism are at a much greater risk of becoming an alcoholic, so they should not imbibe. Any person with liver disease should not drink alcohol, since alcohol is processed in the liver. If you have a history of pancreatic disease, do not drink alcohol. Alcohol has been linked to cancers of the esophagus, larynx, pharynx and mouth, so if you have a history of precancerous changes in these areas, do not drink alcohol. Anyone with a history of hemorrhage, especially in the brain or gastrointestinal track, should not

Further complicating matters, alcohol interacts with or interferes with the functioning of many medications, so it should be avoided if you are consuming medication from the following classes: antibiotics, anticoagulants, antidepressants, diabetes medications, antihistamines, anti-seizure medications, beta blockers, pain relievers, and sleeping pills. Tylenol and alcohol, for example, put a double whammy on the liver. Combining aspirin and alcohol raises the risk of gastrointestinal bleeding.

Now that I have reduced the number of potential drinkers to five, let's address alcohol's good side. Healthy drinking is defined as moderate consumption of alcohol. A drink of alcohol is defined as 12 ounces of beer, 5 ounces of wine, or 1.5 ounces of 80 proof distilled spirits. A moderate drinker of alcohol is a male under the age of 65 who drinks one to two drinks per day, or a female of any age or a male over the age of 65 who drinks one drink per day.

Moderate alcohol consumption may provide health benefits. Many studies have shown that alcohol consumption reduces the risk of heart attacks, peripheral vascular disease and strokes by as much as 40 percent in both men and women. It is still unclear whether the benefit is from red wine, white wine, or any alcohol at all. It does appear that alcohol lowers the level of the "bad" cholesterol LDL and raises the level of the "good" cholesterol HDL.

These improved cholesterol levels would cause plaque to be removed from arteries and help to stave off the diseases mentioned above. Alcohol consumption reduces the risk of gallstones. Very recent findings suggest a reduced risk of developing diabetes. Hmm...looks like your daily cup of coffee as well as a drink of alcohol both seem to reduce the chances of developing diabetes. Who would have thought I would write such a

What advice do I leave you

•If you already are a "moderate" drinker of alcohol, and you do not belong to the groups above who absolutely should not drink, please continue to enjoy your

•If you drink but fall into any of the groups above who should not drink, it is strongly advised that you stop. Help is available; consult with your physician.

Finally, if you are presently a non-drinker, the American Heart Association recommends that you do not start drinking in order to improve your cardiovascular health. The benefits are not worth the risks!

Alan Frischer is former chief of staff at Downey Regional Medical Center. You can write to him at Dr. Alan Frischer, c/o The Downey Patriot, 11525 Downey Ave., suite A, Downey 90241

Free oral health

exams for kids

**DOWNEY** - The Downey

Unified School District, in asso-

ciation with Downey Dental

Academy, is offering free oral

health exams to children who

will begin kindergarten this

September on May 18 at Gauldin

Elementary School from 9 to 11

Oral Health Assessment require-

ments for new students entering

kindergarten in Downey.

located at 9724 Spry St.

The exams meet the California

Gauldin Elementary School is

at Gauldin

## Consultants, received the largest contracts, exceeding \$1 million

Radiology

Downey Regional Medical Center held a Volunteer Appreciation celebration April 20, lauding volunteers as "priceless treasure" and marking the 50th year of the hospital Auxiliary.

A Downey native, Korneff recalled, "It was a great time in our city's history. The community was moving, and you were a part of it. The city of Downey was incorporated with its own police, fire and mayor, and Downey High School had an all-time great football team.

To get our new hospital up and

DRMC gets contracted,

receives new system

DOWNEY - DR Systems,

makers of Picture Archiving

Communications Systems (PACS),

has announced that Downey

Regional Medical Center is one of

five healthcare facilities to receive

include Arizona Medical Clinic,

Sierra Vista Regional Medical

Consultants and Excela Health,

DRMC, as well as Excela

totaling \$6.5 million in contracts.

Health and Valley Radiology

Valley

Other facilities contracted

a contract.

PACS is a system touted in nationwide studies for improving patient safety and timeliness. It acquires, transmits, stores, retrieves, and displays digital images - such as x-rays, MRI and CT scans – from imaging sources and communicates the information over a network. Using PACS, radiology films and view boxes will no longer be used. Physicians are able to quickly access the patient studies in their office, at home or off-

DRMC estimates its PACS system will be operational June 14.

## Hospital recognizes volunteers as 'priceless'

DRMC CEO Allen Korneff thanked the volunteers for "being here since day one," starting with the inception of the hospital as a non-profit corporation.

running at its current location, some of the volunteers went house to house fundraising. You've done a great thing, keeping the hospital going with countless hours and the great love you show to patients."

Also on hand was Art Morris, a current, longtime board member who with his family owned the hospital before turning it over to the community as a non-profit hospital. His mother held the initial meeting in their home to organize the Auxiliary.

"In the 87 years that this hospital has been here not one dividend was taken, and its incorporation as a non-profit hospital 50 years ago just made

See VOLUNTEERS, page 9

# COMMUNITY WELLNESS PROGRAMS

#### Stork Tour

Saturday, May 12 & June 9, 10 am - Noon A free opportunity for expectant parents to learn more about DRMC's Family Birth Center. Registration is required, (562) 904-5580.

#### Childbirth Education

Mondays, June 4,11,18 & 25

In this 4-week class expectant moms and their partners will learn signs of labor, relaxation techniques, pain management and what to expect during pregnancy and delivery. \$75 per couple. Classes fill quickly; register by the 5th month of pregnancy, (562) 904-5580.

#### Adult, Infant & Child CPR

Tuesday, June 5, 6 - 10 pm

Offered for moms, dad and grandparents (lay persons). Learn to help prevent injuries, recognize and treat cardiac emergencies as well as choking in infants & children. \$25 per person or \$40 per couple. Not for certification. Register at (562) 904-5580.

#### **Need a Physician?**

Physician Referral Service Select from more than 400 area physicians in 31 specialties Monday - Friday 7:30 a.m. - 6:30 p.m. (562) 904-4444 or 24 hours a day email www.drmci.org

Reduce stress & find more energy with "Fit Bodies, Calm Spirits" classes presented by certified instructors at the Downey Regional Medical Center Rehabilitation & Wellness Center. \$70 for 10 onehour sessions. Registration is required at (562) 904-5551.

MONDAY

Free "Intro to Pilates" class 4:45 - 5:45 pm (must pre-register)

TUESDAY

Yoga - 6 pm

Massage appointments 3:00 - 5:30 pm

WEDNESDAY

Yoga, 5:15 - 6:15 pm

Massage appointments 3:00 - 4:30 pm

THURSDAY

Pilates (Beginners) 3:45 - 4:45 pm

Club Fitness (NEW) 5:30 - 6:30 pm

Massage appointments 1:00 - 4:30 pm

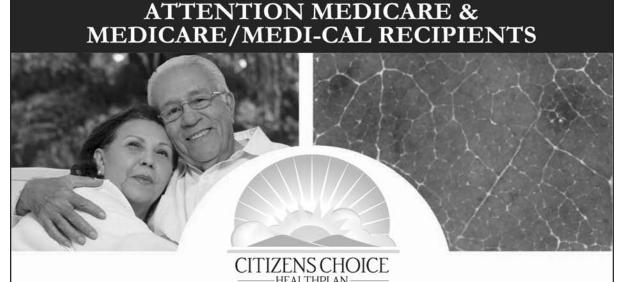
FRIDAY

Massage appointments 3:00 - 5:30 pm 25 minutes for \$35, 50 minutes for \$60.

Your non-profit, fully accredited community hospital



11500 Brookshire Ave. at Firestone Blvd., Downey www.drmci.org



#### Take the EASY road to health care! **Choose Citizens Choice Healthplan**

**Great Reasons** to choose Citizens Choice Healthplan \$0 monthly premium

\$0 co-pay doctor visits \$0 co-pay hospital in-patient care

\$0 co-pay specialist visits

\$0 co-pay transportation

\$0 co-pay routine vision & hearing services

\$3 co-pay generic drugs

\$15 co-pay preferred brand name drugs \$20 co-pay brand name drugs

Your co-pays could be lower if you are eligible for the Low Income Subsidy (LIS).

PLU\$, Extra Money in Your Pocket! Citizens Choice Healthplan gives you \$15.00 per month in savings on your Medicare Part B Premium.

It's your choice. Make it count. 1-866-646-CCHP (2247) / TDD: 1-866-516-9366 Monday -Friday, 8:00 a.m. to 5:00 p.m.

Citizens Choice Healthplan proudly offers AppleCare Medical Group in vour community.



Other providers are available in our network. Citizens Choice Healthplan (CCHP) is an HMO with a Medicare contract. Medicare beneficiaries must have Medicare Parts A & B and reside within the service area to enroll in CCHP.

H3815\_07007E (10-06)

Page 8 Friday, May 11, 2007 \_\_\_\_\_\_ The Downey Patriot



MOMMY & ME CRAFT & TEA.

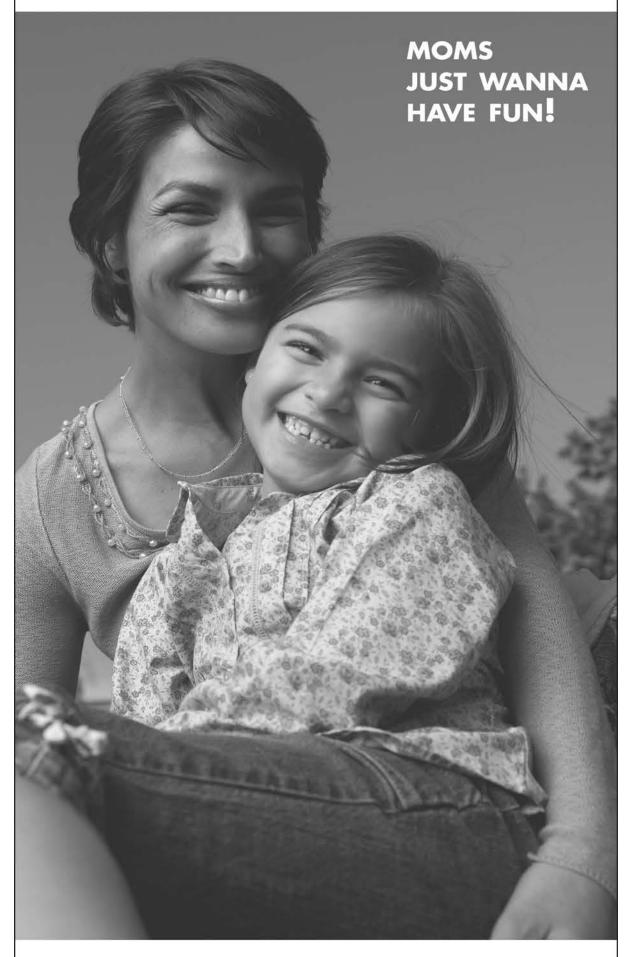
On Saturday, May 12th at noon, bring mom to Macy's Court for a very special lunch. There, you'll create a special picture frame just for mom and take a photo with her to go in it.

While Supplies Last.

SATURDAY, MAY 12 NOON - 2 PM MACY'S COURT

Don't forget, a One Great Gift Card® makes the perfect Mother's Day gift.

Purchase fee applies. Terms and conditions, including fees, may apply to Visa® Gift Cards and are available at Guest Services, online at www.OneGreatGiftCard.com and in materials which accompany each card. Visa Gift Card is issued by U.S. Bank®.



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Pat Heineke, the Downey Unified School District's director of classified personnel, is also an involved member of the community, lending her support to numerous clubs and civic organizations.

# Matching people and jobs a fun job for Pat A. Heineke

By Henry Veneracion Staff Writer

**DOWNEY**—Because of supply-demand factors, there are jobs at Downey Unified School District that go begging. Such a one is Speech-Language Pathology Assistant, a classified (i.e., non-teaching) position. It calls for one-on-one interaction with students with special needs, requires only a community college associate's degree, and offers a competitive salary (sweetened lately to about \$4,000 a month to start).

Yet, in the three weeks the job has been open, only one online application has been received so far.

"Qualified applicants for these types of jobs get snapped up," says Pat A. Heineke, DUSD director of classified personnel. "Other schools, hospitals, and medical facilities are also on the lookout for such people. Over at Certificated (i.e., teaching) Personnel, run by Asst. Superintendent Stan Hanstad, the position of Speech Pathologist has, would you believe, been open for an entire year."

Such is the predicament the two DUSD human resource staffs sometimes face. Heineke, who has headed DUSD's department of classified personnel for the last 15 years, has an explanation.

"When the economy is strong, such as we have today," she says, "people seek jobs in the private sector because they believe they can make more money there. In any event, in-demand jobs go fast, drying up the human resources supply pool."

Thus despite the fact that Downey Unified boasts one of the best salary structures around, and is only one of about 100 school districts out of 1,000 districts in the state that use the merit system, which is attuned to fair and equitable employment practices across the board, DUSD is not immune to harsh market realities.

The merit system, as practiced by the department of classified personnel, goes by five basic principles: 1) employment and promotion on the basis of merit through competitive examinations; 2) encouragement of long-term (career) service; 3) ensuring like pay for like work; 4) impartial hearing of appeals from disciplinary actions; and 5) policy of nondiscrimination.

Overseeing the merit system is the Personnel Commission. Its prospectus describes it as an independent body within the school district composed of three Downey citizens who are appointed for staggered three-year terms: attorney Dianne Lumsdaine, who was appointed to the commission in 1994 as the other two Commissioners' joint appointee, is its current chair; realtor John Lacey, who was the DUSD board appointee in 2001; and retiree and avid flyer Stephen Sampley, appointee of the classified employee bargaining unit with the largest membership (in this case, the California School Employees Association, Chapter 248), are the other two members.

Commission secretary Heineke administers its work with a staff of five. Her department is responsible for the recruitment, selection, and hiring of such classified personnel as accounting and clerical assistants, custodian, instructional assistant, utility worker, secretary, food service supervisor, utility worker, etc. She sharpens the role of the Personnel Commission, referred to as the "core of the merit system," as a support group.

When she first came aboard as secretary at DUSD Classified after a 2-1/2 year stint as office manager at the Y, Navy brat Heineke (she was born in Long Beach) confided she figured she'd stay at DUSD at most only about four or five years, but much to her surprise, she has now logged a total of 27 years on the job, moving up to personnel analyst after a number of years and, after being picked from among several candidates, succeeded to the director's position in 1992 when previous occupant Alan Bott retired.

"I enjoy the job, I enjoy the people," says Heineke,

who earned a bachelor's degree in business administration from the University of Redlands while she worked as secretary. In many ways she has grown on the job, and the job has grown on her. The job, for instance, demands familiarity with the provisions of seven California codes (out of 29 California Law codes): the Government Code, Labor Code, Penal Code, Vehicle Code, Education Code, Military and Veterans Code, and the Unemployment Insurance Code. She has been up to the challenge.

There are at present about 300 Workers Comp open cases on her docket, she says, although only a few at this point are "serious" ones: "Legislative bills I'm watching right now are those about school district employment and a status report on hiring." State requirements in a lot of cases (e.g., the No Child Left Behind Act) have a bearing on hiring policies.

An issue that rankles Heineke, whose father is from Oregon and whose mother is a native of Nebraska, is a superfluous job requirement that disqualifies otherwise competent job applicants, saying that this was already resolved in the landmark 1971 "Griggs vs. Duke Power Co." case. "Testing has to be job-related," she emphasizes.

Renegotiations are on the horizon for a new master agreement between the DUSD board and CSEA Chapter 248 and will touch on everything from salaries and benefits, employee rights, duty hours, leaves, safety, to layoff and grievance procedures. Among those armed with a firm grasp of the pertinent provisions of the codes and ready to contribute at the bargaining table will be Heineke. Budget considerations haven't been brought up yet as these hinge on the state budget. Sampley says Heineke is "one of the most energetic and competent people I know. I've been involved with her on the Personnel Commission for over 10 years."

A glimpse at Heineke's other involvements bear out Sampley's observation. Heineke has been: a presenter at conferences and workshops on human resources and merit system topics; active with the California School Business Administrators Organization (CASBO) and on the boards of the California School Personnel Commissioners Association (CSPCA), Personnel Commissioners Association of Southern California (PCASC), and the Cooperative Organization for the Development of Employee Selection Procedures (CODESP); coordinated conferences for the California School Personnel Commissioners Association (from which she has received the Distinguished Schuyler C. Joyner Award of Excellence) and the Personnel Commissioners Association of Southern California; a past president of Gangs Out of Downey (recipient of "G.O.O.D. for You" award in 2003); a board member of Arc of Southeast Los Angeles County since 1992 and current president of state-level Arc of California (recipient of Arc of Southeast Los Angeles County Special Volunteer Award in 2003); a past president and current director of Soroptimist International of Downey (she has performed on stage in five comedies presented as fundraisers for the Soroptimist and local Kiwanis clubs); and otherwise received other honors

She has also extended financial support to the following organizations: Laguna Festival of the Arts, Downey Family YMCA, L.A. County Museum of Art, Downey Rose Float Association, Downey Symphonic Society, American Cancer Society, and Pediatric Brain Tumor Foundation, and, of course, Arc.

Heineke can't say enough about the work environment at DUSD, echoing the many expressions of approval and admiration directed at the district.

"Great, great Board, District, and Commission," she says. "We're so fortunate here. We have been for so many, many years." She says they've never lost sight of DUSD's ultimate constituency, namely, the students, parents, and the community it serves.



#### **VOLUNTEERS**

Continued from page 7

it official," Morris told the volunteers. "There wouldn't have been a hospital without you."

Their tributes were followed by an appearance by Jimmy Weldon, best known as the voice of "Yakky Doodle" in the Yogi Bear animated series and the last living member of its cast. Weldon was also a familiar voice of the Huckleberry Hound Show, The Flintstones and other productions, and has been a motivational speaker for 35 years.

Weldon entertained Auxilians with his stories, jokes and ventriloquism, all the while affirming their volunteerism.

"Always have a reason to get out of bed in the morning. Feeling needed is the greatest feeling you could have," he said. "Spend your time wisely because you'll never get it back."

Director of Volunteers Tracy Nordbak shared her pride in all the volunteers, requested a moment of silence for those who had died since they gathered in 2006, and welcoming the 12 Auxilians who joined in the past year.

"Recently we had a woman come in who kept hanging around the Gift Shop," Nordbak shared. "An Auxilian asked if she could help her, and the woman said she was claustrophobic and couldn't go up the elevator alone. The Auxilian

closed the shop and rode with her upstairs so she could see her friend who was in the hospital.

"Another Auxilian met a patient through her service in the Intensive Care Unit who was obviously lonely. She would return to visit her, even on days she wasn't assigned to volunteer. One day the woman mentioned she'd like a watch to know what time it was. That Auxilian bought her a watch. I found out about this from a letter from the discharged patient. When I asked the Auxilian about it she just said it was not an expensive watch. But for that patient it was priceless."

There are nearly 100 Auxiliary members donating thousands of volunteer hours each year — 23,522 in the past year alone. They have funded numerous upgrades to the hospital's facilities and services. In addition, each spring they award scholarships to students aspiring to become the medical caregivers of tomorrow. They also pledged the first major gift to the hospital's capital campaign to build a new patient care tower — \$1 million over five years.

For more information on volunteering at Downey Regional Medical Center please call (562) 904-5321.



Sgt. Leslie Murray, top, and Corp. Maria Villegas, left, are two of 12 sworn women with the Downey Police Department.

#### WOMEN

Continued from page 1

ride-alongs with friends that were officers at Downey [Police Department] and CSULB University Police, and was inspired to become an officer."

Her involvement with the police department has allowed her to tackle various tasks.

"Working in different areas has not only kept me motivated, but also knowledgeable in many fields," said Leslie. "I want to continue gaining as much experience as possible."

Leslie says that separating your emotions from your job is the hardest aspect of being an officer.

"The things that touch me personally are what affect me most," said Leslie. "Especially when I see the deaths of children. I just think, 'that could've been one of my children'."

Leslie has four children, ranging in age from eight to 19, and has been married to husband Dan, a Downey police officer, for 14

Maria, on the other hand, has six children, ranging in age from three months to 14, and has been married to husband Angel, who is also a Downey police officer, for two years

Maria, 34, has worked for DPD for seven years – two of which as a corporal and juvenile detective.

Her position as juvenile detective requires her to report missing juveniles (mostly runaways, she says), complete juvenile petitions, report fights, counsel juveniles, follow-up on juvenile suspects, and serve as Explorer advisor, a pro-

gram that promotes physical fitness and following the law for teens ages 14 to 18.

Maria began her career as a dispatcher for the Los Angeles Police Department, where she worked for two years before coming to Downey.

"While I was a dispatcher, I really wanted to be an officer," said Maria. "And when the North Hollywood shooting happened, I just wanted to be out there helping people, which motivated me to be an officer."

As an officer, the most difficult task Maria has been challenged with is having to ask people very difficult questions during very sensitive times.

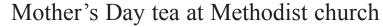
"We are still humans and have feelings and emotions," said Maria. "The mom in me just wants to grab them and hug them.

"I will never forget this one day when we had three drownings. It was so emotionally draining to see one after another occur all in one day."

Although she loves working with juveniles, Maria hopes to someday become a supervisor, training and teaching new officers.

Putting their experiences aside – good and bad – both women find their jobs to be rewarding because they are helping others.

"Knowing that you've helped people in some way, whether by providing direction, comfort or security, makes this job a very fulfilling one, no matter your gender," said Leslie. "You go home knowing you've made a difference."



**DOWNEY** – A Mother's Day tea will be held this Sunday at Downey United Methodist Church at 3 p.m., a community event to feature a string quartet, piano and music for everybody.

The Singing Strings Ensemble will perform at the event. The performance is free and a free-will offering will be taken. Child care will also be offered

#### 'Daughters Day Brunch' at local church

**DOWNEY** – The theme of Downey United Methodist Church's Daughters Day Brunch May 12 is "Shh, God is Speaking. Can You Hear Him Now?" presented by Rhea Zakich, a Bible school teacher at the Crystal Cathedral. The brunch will start at 11 a.m. and cost is \$5.

For information, call the church office at (562) 861-9777.

#### Library offers Mother's Day gift ideas

**DOWNEY** – The Friends of the Downey City Library Gift Shop, located in the library, will be offering canvas book bags and a variety of paperback and hardback books for Mother's Day gift ideas.





We understand they're not, which is why we offer knee replacement surgery with artificial joints designed specifically for women.

Call 866-580-KNEE to attend a free seminar or make a physician appointment and learn how gender-specific knee replacement surgery for women may mean an easier recovery, higher flexion and more natural movement.

Lakewood Regional Medical Center

Tuesday, May 22: I-2 p.m. Cerritos Senior Center, Pat Nixon Park Conference Center

Wednesday, May 30: 6-7 p.m. Weingart-Lakewood Family YMCA, Lakewood Conference Room Desert Regional Medical Center Thursday, May 24: I-2 p.m. Mizell Senior Center, Noia Auditorium Special desserts: Key Lime Pie, Carrot Cake
Champagne, Wine, and Beer
Start the day with Breakfast Buffet 8am to 1pm
Open Menu served all day
NORDIC FOX RESTAURANT
10924 Paramount Blvd., Downey
562-869-1414

Baked Stuffed Chicken Breast (Tomatoes, peppers, feta cheese) Grilled Lamb Chops (Mint jelly)

#### Judaism classes begin Sunday

DOWNEY - Temple Ner Tamid of Downey will offer a six-week cycle of Introduction to Judaism classes beginning this Sunday, May 13.

The course is designed for anyone in the community, Jewish or not, to learn basic information about Jewish holidays, lifecycle milestones, ritual, history, theology and texts. Students can take the classes in preparation for conversion to Judaism or simply for information.

The upcoming cycle will focus on modern and American Jewish history, Jewish rituals surrounding lifecycle events such as birth and marriage, and other selected aspects of Jewish practice.

The cost for each six-week cycle is \$100 for nonmembers of Temple Ner Tamid. Classes will meet Sunday mornings from 10 a.m. to 12:15 p.m., May 13 - June 17.

To register for the classes, call (562) 861-9276.

#### Temple welcoming new members

DOWNEY - Temple Ner Tamid of Downey will welcome all new members to a "Delectable Deli Dinner" May 18 in the Fellowship Hall.

Cost to attend is \$10 and paid reservations are due by May 14. Checks should be made payable to Temple Ner Tamid.

Shabbat services will follow the dinner at 7:30 p.m. with Rabbi Len Muroff and Cantor Ellen Jaffe-Gill conducting.

The community is invited to the dinner. For information, call the temple office at (562) 861-9276.

#### Salsa dancing class at La Villa

DOWNEY - La Villa Peruvian Restaurant in Downey will host a free salsa dancing class tonight, May 11, from 8:30 to 9:30 p.m.

La Villa will also host a concert by local musician Sebastian Sidi and his band the following night starting at 8 p.m. Tickets for the show are

For reservations and/or information, call (562) 923-1219.

#### Library celebrates Police Week

**DOWNEY** – Preschool children, ages three to five, are invited to meet Downey Police Department officers at a Storytime event at the Downey City Library on May 15 at 10:30 a.m. A bilingual Storytime will be offered on May 16 at 10:30 a.m.

Officers will be reading picture books and talking to the children about their jobs as police officers.

The event is free and will be held in the Cormack Room.

For information, call the Children's Services desk at (562) 904-7360.

#### Warren presenting drama May 22-25

**DOWNEY** – The Warren High School drama department will present "The Wonder of the World" May 22-25.

Each show will start at 7:30 p.m. inside the Emerson Theatre, located on the school's campus. Theater doors will close at 7:25 and latecomers

will not be seated until intermission. Children under 5 are not allowed. Tickets are \$8 and on sale now by calling (562) 869-7306, ext. 5615.

#### Blood drive at Downey High School

DOWNEY - Downey High School will host its semi-annual spring blood drive on May 23 inside its gym from 8 a.m. to 2:30 p.m. Walk-ins

Donors must be at least 17 years old and weigh at least 110 pounds. The drive is being produced in conjunction with the American Red Cross.

#### 'Viking Sports Reunion' at the Embassy

DOWNEY - In honor of this year's Downey High School Hall of Fame celebration, a "Viking Sports Reunion" will be held May 24 beginning at 5:30 p.m. at the Embassy Suites.

For more information or to RSVP, call Lash Stevenson at (650) 345-5274 or via e-mail at lashrffox@mac.com.

Plan Benefits<sup>1</sup>

Health Plan Premium

Specialist Office Visit

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80 Hrs. Respite Care

Toe Nail Trimming

Unlimited Transportation<sup>3</sup>

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Diabetic Orthopedic Shoes<sup>4</sup>

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Diabetic Monitors and Supplies

Wireless Blood Pressure Monitoring

Smoking & Tobacco Use Cessation

Unlimited Generic Drugs (31-Day)

Unlimited Brand Name Drugs (31-Day)

Insulin & Popular Oral Diabetic Medications<sup>5</sup>

Primary Care Physician Office Visit

#### COUNCIL

Continued from page 1

Improvement, Paint & Fix-Up Program, Home Modification Program), code enforcement, public services (Adult Literacy Program, Aspire Program, Arc of Southeast L.A. County, TLC Resource Center, Su Casa Family Crisis Center, etc.), HUD loans, economic development (Property Acquisition Fund), and public improvement (Commercial Façade Rehabilitation). These programs and allocations comply with HUD's grant conditions and restrictions, and satisfy the criteria for benefiting low and moderateincome persons.

In other action the Council:

• Approved the amended agreement with All City Management Services, Inc., extending for one year the agreement for crossing guard services;

• Approved the traffic signal maintenance agreement with the city of Pico Rivera for on-going traffic signal maintenance at the intersection of Telegraph Road and Lakewood Boulevard;

Cost

\$0

\$0

\$0

\$0

\$0

\$0

\$0

\$0

\$0

\$0

\$0

\$0-5

\$25

\$0

\$0

\$0

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\$0

 Adopted a resolution approving reappointments to boards, commissions, and committees for Council District 4 (Councilmember Anne Bayer). Reappointed were: Bob Goldstein, Art in Public Places Advisory Committee; Louise Ugliano, Cable TV Citizens Advisory Committee; Lambros, Planning Commission; Fay Campbell, Water Facilities Corp.; Linda Malme and Lee Ann Sears, Emergency Preparedness Committee; Richard Sharpe, Traffic Committee; and Pat Smith, Personnel Advisory Board.

· Adopted a resolution supporting Senate Bill 974. The legislation would establish a cargo (container) fee at the major ports in California, including the Port of Long Beach, in order to fund two special funds for the relief and mitigation of congestion related to port operations;

• Agreed on May 29 at 6:30 p.m. for holding study session to review the proposed FY2007-08 city budget. The city charter requires that the budget be adopted via a public hearing before June 30, 2007. The budget public hearing has been scheduled for the second Council meeting in June, which is on June 26, 2007;

• Proclaimed the month of May as Older Americans Month;

• Proclaimed May 20-26 as national Public Works Week; and

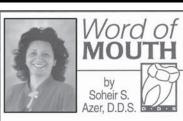
• Proclaimed May 6-12 as Building Safety Week.

The next regular public meeting of the City Council will be on Tuesday, May 22, at 7:30 p.m. at City Hall, 11111 Brookshire Ave.



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One serious threat to teeth involves the widespread condition known as "dental erosion." This gradual destruction of tooth enamel can result in pain that is felt when eating or drinking hot or cold foods. It can also cause tooth discoloration and loss. Alarmingly, the primary culprit in cases of dental erosion is soft drink consumption. In the United States, where soft drink consumption has risen 1,100 percent over the past two decades, many children show signs of erosion. Some even have exposed dentin (the layer below the hard outer enamel), which is typically found only in adult teeth. While all acidic foods can cause dental erosion, soda is particularly harsh because of ingredients such as phosphoric acid.

This informative column on dental erosion has been brought to you as a public service. We strive to teach you good oral hygiene. In the long run, you will have better dental health. We're located at 10800 Paramount Blvd., Suite 307, where we stress that health depends on healthy teeth and good dental care. A thorough examination and detailed explanation of all findings and treatment needed are routinely given. Please call (562) 923-3714 to schedule an appointment. Preventing dental disease is less costly and more rewarding than correcting the problems after they occur. We're always happy to discuss improving your smile, and thus, your total feeling of self esteem.

P.S. If you must drink soft drinks, at least use a straw, which helps to minimize contact with the teeth.

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> Thu, May 24th 3:00pm Geezers 12120 Telegraph Rd Santa Fe Springs

Fri, May 25th 11:30am Szechwan Downey

Wed, May 16th

Original Roadhouse

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3:00pm

Whittier

Thu, May 24th 10:00am Baker's Square 5520 South St Lakewood

Thu, May 24th 3:00pm Mimi's Café 15436 Whittier Blvd Whittier

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CMS H0544\_05010701A CR (05/07)

#### **DUSD**

Continued from page 1

Salcedo's energy and skill in getting things done, even confronted with difficult situations. She added, "Maria truly exhibits the heart and soul of the Lewis School community in all that she does.'

Paul Modschiedler, Sussman Middle School vice principal, was recognized for receiving "Co-Middle School Administrator of the Year" honors from the Association of California School Administrators, Region XIV. Extolling his work was Sussman principal Gloria Widmann, who herself came away with ACSA's "Middle School Principal of the Year" award.

Widmann described her vice principal as "ethical, honest, fair, a supportive confidant, and an outstanding team member." She said Paul, who has a degree in history from Wayne State University in Detroit, Michigan and a master's in education from CSU-Dominguez Hills, "has guided and supported the staff to build a school culture and climate in which learning is of utmost importance, and can only be achieved through a calm, positive, and safe environment where students, staff, and parents treat each other with respect and are a solid team." Because of his efforts, she said, Sussman saw a 50 percent decrease from the previous year in the number of students suspended as well as the number of days of suspensions. Paul diligently encourages positive attendance, she said, and keeps careful watch of any potential gang activity on campus. "He is not only a dedicated educator, but a superb team member, and a warm, caring colleague."

In formally presenting Gloria Widmann as ACSA, Region IV "Middle School Principal of the Year," DUSD Asst. Superintendent-Instructional Services and presenter Jerilyn King-Brown described her as a "quintessential go-getter," with the tenacity of a bulldog, and just "a great person to work with." King-Brown cited her "boundless energy," and one who's "always there to support the teachers and the students." Gloria, she said, over the years has developed a vast knowledge base of what it takes to run a school, adding: "She knows school facilities, finance, personnel, and curriculum." The piano-playing administrator, King-Brown said, has led Sussman "through many challenges and changes.

ACSA, which she has served as president at one time, also honored Sara Cairns, Ed. D., DUSD's director of secondary education, as 'Central Office Administrator of the Year." Her accomplishments and honors are well-documented, as is her ability to meet any challenge. She worked her way through college, graduating with a bachelor's from California State Polytechnic University in Pomona, a master's from CSU-Long Beach, and her Doctor of Education degree from USC. Dr. King-Brown enumerated her many distinctions: serving her entire educational career in Downey, long-time tenure at DUSD, a topnotch instructional leader at the many school stops she made as vice principal or principal before becoming an administrator, her budgetary and technological acumen, and her visible and inspiring leadership. King-Brown said Sara "holds firm to the idea that the most important goal is the success of all students, and everything she does is directed toward this end."

In other action the Board:

- Accepted with gratitude cash and material donations from various donors including \$1,118.90 from WaMoola for Schools for instructional supplies at Williams Elementary; \$75,000 to be used to purchase science equipment at Downey high School, from Dr. and Mrs. Sherley Freudenberger; and \$1,500 from Carpenter Elementary School Staff, as well as a donation of toothbrushes valued at \$4,974.52, to be used at TLC Center;
- · Authorized payment of expenses for convention and conference
- Ratified payments for special education placements;
- · Approved revisions to BP 2110 and AR 2110.0 (inter-district and intra-district permits);
- Approved the proposed revisions to AR 8510, the schedule of regular board meetings, 2007-08;
- Named the Downey High School new science building the "Margo
- Named the Warren High School new science building the "Donald E.
- Approved the \$75 monthly mileage allowance for Luz Valdes, Intermediate Clerical Assistant/Bilingual, retroactive to September 1, 2006;

- Ratified purchase orders by the Purchasing Department;
- Ratified the issuance of payroll orders for hourly, overtime, Civic Center work by classified personnel, Adult School, and Food Services through April 2007;
- Approved the Community-Based English Tutoring (CBET) program offered by the Downey Adult School for FY2007-08;
- Ratified the contract for consultant services transportation with the Los Angeles County Office of Education through June 30, 2007;
- Ratified the agreement between the Downey Adult School Career and Education Center and Santo Tomas Clinic to furnish practical experience to students enrolled in the medical assistant program;
- Approved the agreement with Overcharge Recovery Group for consulting services for the recovery of refunds, rebates, and savings from other vendors;
- Authorized the advertisement for bids for new buildings construction (Building "B") at Downey High School, to be charged to Bond Funds;
- Approved the bid extension with Gold Star Foods of Vernon, to purchase bread products for the Food Services Department, to be charged to the Food Services Fund;
- · Approved the bid renewal with ASR Food Distributors, Inc., Commerce, for produce products for the Food Services Department, to be charged as well to the Food Services Fund;
- Approved change orders (increased amounts) to purchase orders for the Warren High School classroom and modernization programs, for roofing and electrical work services, with FC & Sons Roofing Co. of Bell Gardens and Master K. Electric of Northridge, as well as to a purchase order with P.W. Construction, Inc. of Glendora for the Downey High School new classroom building project (Building "C"), all to be charged to Bond Funds;
- Accepted as complete paving and repair work done by Terra Pave of Whittier, concrete improvements and repairs by 3D Concrete of Downey, trade electrical work by Spike Electric of Anaheim, and fencing by McCullah Fence Co., of Bell Gardens, the various payments charged Bond and/or General Funds;
- Approved the adjustments to the 2006-07 Adult School Fund restricted budget (an increase to the fund balance of \$709,835), and the 2006-07 General Fund restricted (an increase of \$1,471, 081) and unrestricted (a decrease of \$1,712,081) budgets;
- Approved the transfer of \$100,000 from the General Fund to the Deferred Maintenance Fund;
- Approved the transfer of the maximum allowable amount of 15 percent of Block Grant monies into other eligible categorical programs for FY2006-07;
- Approved the declaration and sale of District surplus property by
- Nationwide Auction Co., and abated the income to the General Fund; • Approved the purchase of equipment, as listed, in accordance with established purchasing policies and regulations;
- Ratified routine Personnel items until subsequent action is taken by the Board of Education;
- Approved the abolishment of one position of Computer/Network
- Support Technician, and the establishment of one new position; • Ratified the establishment of two new limited-term positions with duti4s corresponding to the current classification of Instructional
- Assistant, assigned to Downey Adult School effective March 28 through Sept. 28,2007; • Ratified the establishment of one new limited-term position with
- duties corresponding to the current classification of Senior Instructional Assistant-Behaviorally Challenged, assigned to West Middle School, effective April 4 through April 27, 2007;
- Ratified the establishment of one new limited-term position with duties corresponding to the current classification of Senior Instructional Assistant, assigned to Sussman Middle School;
- Ratified the establishment of two new limited-term positions with duties corresponding to the current classification of Child Care Assistant, assigned to Downey Adult School, effective April 16 through Sept. 16, 2007;
- Approved the changes to the duties of Custodian, Lead Food Services ssistant, and Maintenance Painter, as shown in the respective attached duty statements, effective May 8, 2007;
  - Approved the adjustment of the salary range of the classification of NC, 27204.

- Speech-Language Pathology Assistant to the recommended range;
- Approved a maximum of 200 words for candidate statements for the coming Nov. 6 Board of Education election;
- Reviewed the recommended changes to BP and AR 6625, Transportation Drug and Alcohol Testing for Safety-Sensitive and other positions;
- Reviewed the proposed changes to AR 2140, Admission: Health Requirements, to reflect new legislation;
- Approved the designation of members of the Board of Education for the forthcoming graduation exercises: Downey High will have its graduation ceremonies on June 10, at 3 p.m., Warren High's on June 18 at 7 p.m., and Columbus High's on June 20 at 6:30 p.m., while the Downey Adult
- School class of 2007 will have theirs on July 18 at 6 p.m. in the cafeteria; Approved the request by Columbus High School to waive Article XII, Section A and Article IX, Section E of the Master Agreement;
- Approved a similar request by the Downey High School staff to waive Article IX, Sections E, G, and N of the Master Agreement; and
- Endorsed the actions taken by the Superintendent on several student cases. The next public meeting of the DUSD Board of Education will be at 5 p.m. Tuesday, June 5 at the Administration Center, 11627 Brookshire Avenue.

## Kathleen Barich-Olaver volunteered in Downey

DOWNEY - Kathleen DeeAnn (Dee) Barich-Olaver, Downey resident since 1961, passed away May 1 at the age of 74.

Barich-Olaver was born on September 8, 1932 in Long Beach to Clara and Cornelius Joseph Hannifin. She graduated from Banning High School in 1950 and married Richard Barich in 1953. After moving to San Francisco, they had two children, Kathleen and Gregory. Upon Richard's graduation from UC Berkeley, the family settled in Buena Park, later moving to Downey in 1961. They then had another daughter, Lisa, while in Downey.



Barich-Olaver was very involved in the community, volunteering many hours to the Downey PTA, Campfire Girls Association of America, Pop Warner Football, and Downey Little League and Ponytail Associations.

After Richard's passing in 1984, she married Earl Olaver in 1987. Although Earl passed away in 2002, she continued working in the community by devoting her time to the Downey Women's Assistance League.

Barich-Olaver is survived by her children Kathleen, Gregory and Lisa; stepchildren April and David Shultz, and Jill and David Fox; grandchildren Ian, Kristin, Brennan, Liana, Ethan, Kevin and Yvette Barich, Alana and Clint Hunt, and Ashley and David Freeman; step-grandchildren Kai and Alex; and great-grandchildren Alexis, Cole and Karli.

In lieu of flowers, donations can be made in Barich-Olaver's name to St. Jude's Children's Hospital, 501 St. Jude Pl., Memphis, TN, 38105.

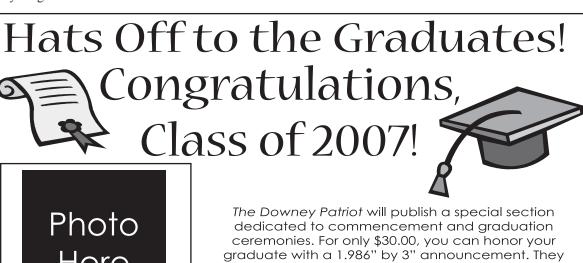
## Beverly J. Ferguson resided in Downey

**DOWNEY** – Beverly J. Ferguson, previous longtime Downey resident, passed away on April 25 at the age of 68.

Ferguson was a native of Ottumwa, Iowa and was a homemaker.

She is survived by daughter Debbie Bailey; six grandchildren; and two

Donations may be made to Relay for Life, P.O. Box 515, Asheboro,



Here **Graduates Name** 

Line 2

Line 3

Line 4

Include the following information:

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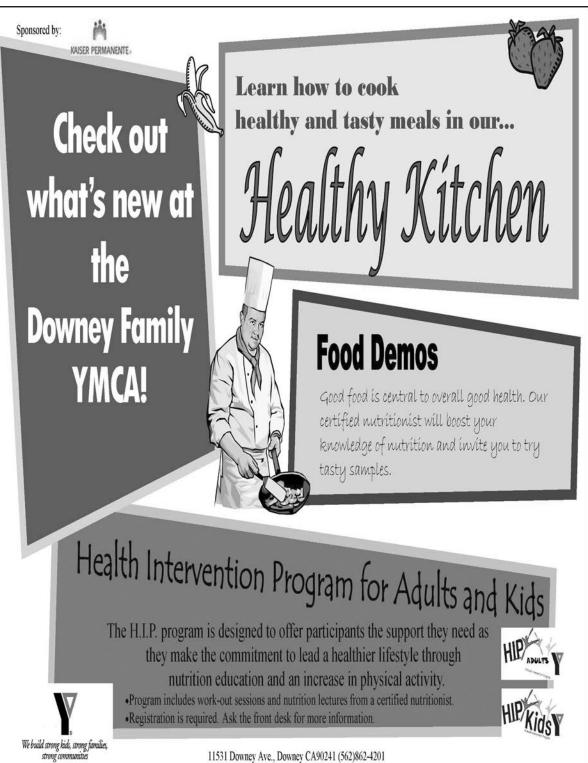
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11525 Downey Avenue, Suite A, Downey, CA 90241 Line = approximately 20 to 23 characters including spaces and punct Line 1 (Graduate's Name) Line 2 (School) Line 3 (Your message here) Line 4 \_\_\_\_\_ Line 5 Billing Information Phone: Please call The Downey Patriot with any questions regarding your announcement. Phone (562)904-3668



## A Hollywood writer that is so not L.A.

By Eric Pierce CITY EDITOR

hat if God were the sun? It's an unusual question, but one that Janet Dulin Jones may be best equipped to answer.

Jones, a writer, producer and Downey native, helped write "What if God Were the Sun?", a cable television drama set to premiere this Monday on Lifetime. The movie stars Golden Globe and Emmy Award-winning actress Gena Rowlands ("The Notebook") and Lacy Chabert ("Party of Five").

It's not Jones' first production and it certainly won't be her last. She's written screenplays for most of the larger studios in Los Angeles, including Paramount, Sony, Disney and Twentieth Century Fox, and she just finished writing her first play, "A Tale of Charles Dickens," which, if all things go smoothly, may soon begin production at The Old Vic in London, with Kevin Spacey star-

She was even a finalist for the Nicholls Award from the Academy of Motion Pictures Arts and Science, a prominent award for the nation's top screenwriters.

Yet for this Warren High School graduate and former Downey Community Hospital Volunteen, her greatest joy is not in schmoozing with famous Hollywood directors, actors and actresses (been there, done that), her joy comes from doing what she loves – writing.

Writing is Janet Dulin Jones' passion. Film is Janet Dulin Jones' passion. And passion drives her.

"I've always loved writing, I iust didn't know how I would turn it into a career," Jones said, recalling her early childhood days in Downey. "My mom didn't think I could make a living out of it and wanted me to do other things."

She attended Rio Hondo Elementary and Griffiths Middle School; at each school she pushed her fervor to write in ways that would prove beneficial later, even if she didn't know it at the time.

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"I remember I was at Griffiths and I wrote a play that was performed by all the students," Jones laughed. "It was called 'The Elopement of Proper Sue' and was a 1920's romantic comedy. I was narrator. It was so much fun... I still have it."

The hill Jones had to climb to reach where she is now was a large one, and she scaled it one step at a time. She dabbled at USC for a short time before transferring to Long Beach State and studying film, eventually graduating with degrees in journalism and marketing (the marketing degree was to satisfy her parents, she says).

She then landed a job at worldrenowned Warner Bros Studios working in the mail room. But she stuck with it and the rest, you could say, reads like a Hollywood script. She secured valuable internships with entertainment media companies, meeting influential people, making contacts, and otherwise getting known. By chance encounter at a dinner party she met Waldo Salt, the famed Hollywood screenwriter who won an Academy Award for "Midnight Cowboy."

They got to chatting and, in typical L.A. fashion, they did

"He was the coolest," Jones said of Salt, who died in 1987. "He was such a mentor and inspiration to me. He was a mentor to a lot of people."

Since then Jones has worked steadily, not an easy feat for a Hollywood writer. She founded her own business - Sevendials Films, based in Santa Monica - and has produced a steady stream of screenplays, including "Map of the World" (starring Sigourney Weaver and Julianne Moore), "The Ambassadors," "Custom of the Country" and, most recently, "Looking at the Sky."

As the screenwriter, Jones has her say in the casting and direction of her productions. After all, some screenplays, due to constant editing and rewriting, take up to 12 years to finish. Conversely, there's other times when she needs to meet the approval of others, as was the case in "What if God were the Sun?", when she had a conversation with John Edward, an author and noted sychic who wrote the novel on which the movie is based.

"First I met with the producers and then I spoke to John Edward, who wrote the novella," Jones recalled. "I told him the story of how my dad died and when we were finished talking he just said, 'You're the writer."

Jones got to work, writing, editing, re-writing and polishing the script for "What if God were the Sun?" When it was finally deemed acceptable by producers, the director and network brass, casting took place, then filming in frosty Winnipeg, Canada, where temperatures reached -30 degrees. (Jones was on location.)

When the movie airs this Monday, it will have been nearly five years since the original idea for the movie was hatched. Jones, who has already seen the film numerous times, plans to watch it again, this time surrounded by friends.

In an industry where good moral values are shunned by primetime TV, job security is zilch and everybody calls themselves a writer, Jones remains grounded. She steers clear of scripts with gratuitous sex and violence, opting instead for stories a bit more...substantial.

"There's so much negativity out there right now," Jones said. "It's depressing to turn on the TV today. It's so negative. I don't want to do that. There's enough people doing that stuff.

"Sometimes you'll see an awful writer become successful and for two seconds you wonder why it's not you but you can't let it bother you. You have to let it roll off your back. You can never take anything personal. Ever. Or else you won't

"You have to always be writing and don't depend on anyone else,' Jones continued. "You have to make things happen for yourself. You need to write and watch films, silent films, old films, films from all eras, not just the ones you like. You need to read because that's how you expand your thinking. Reading inspires.'

Jones has traveled the world extensively, working on-site from Paris, London, China and other exotic locales. Screenwriting, it seems, definitely has its perks.

"Approach life as one great adventure," Jones says, "and it just might become one."



Barbara Briley Beard, bottom right, as well as many other women, enjoyed a day of fashion, food and flowers at the Woman's Club of Downey's Annual Fashion Show.

#### A day of fashion for the Woman's Club

DOWNEY - The Woman's Club of Downey held their Annual Fashion Show on April 7 at their clubhouse located at 9813 Paramount

Models included clubwomen Nancy Watson, Arlene Hofmayer, Kay Nance, Debbie Miller and Jan Scott.

Ellie Harrington, Barbara Briley Beard, Laurie Marks, Cheryll Olson, Betty Homer and Pat Montoya took care of all the arrangements for the event, while Casa Blanca provided the food and Ma Elena Flowers donated floral centerpieces.

Gifts donated by club members and community businesses were raffled off at the end of the day.

Vendor booths in attendance included Park Lane Jewelry and Arbonne International Cosmetics.

Profits from the fashion show will be used towards scholarships for local students.

The Woman's Club of Downey meets on the first Wednesday of every month from October to June.

If interested in becoming a member or renting the clubhouse for an event, call (562) 927-3000 or (562) 927-3001.

#### 'Gospel Archery' visits Seventh-day

DOWNEY - Mark West will be presented the Gospel using archery for Adventurer Sabbath on May 19 at the Downey Seventh-day Adventist Church.

The Adventurer Club is for all boys and girls ages five to 10.

West Archery and their team of archers have been performing across the country and around the world, presenting "Gospel Archery." They are the only Gospel Archery Team in the world.

West is a three-time California State Champion, two-time U.S. National Champion and member of the 1972 Olympic Team.

West Archery Team will lead the worship service, followed by a luncheon. Kids will participate in games and an archery demonstration will take

place in the afternoon. For information, call (562) 869-6013.

#### Aquatics program early-bird registration

**DOWNEY** – The City of Downey Community Services Department is fering early-bird registration for — Downey residents only — for the upcoming summer aquatics program.

Registration will be held on May 19 from 8 a.m. to 1 p.m. at the Barbara J. Riley Community and Senior Center located at 7810 Quill Dr.

At the scheduled start time, there will be a random selection process that includes everyone present. Proof of age must be shown for all youth classes and students must be minimum age by first class meeting.

For information, call the Community Services Department at (562) 904-7238.



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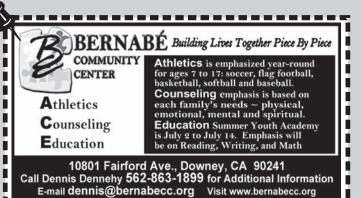
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# The Downey Patriot \_\_ Dining/Entertainment Page 13 Friday, May 11, 2007

## Shawn Morgan jazzes up the music industry

By Brooke Karli STAFF WRITER

e has played with Little Richard. He has met Billy ♣ Preston. And he is inspired by the sounds of James Brown, Jimi Hendrix and Thelonious Monk, to name a few.

He is blues and jazz artist Shawn Morgan.

Shawn, 43, has been interested in music for as long as he can remember. Growing up in a large family (one of eight children) in Columbia, Tenn., Morgan said he used to listen and sing to music as a child, absorbing music from his

"I was always 'playing' or 'beating' something as a kid," said Shawn. "Melodies have always just been in my head."

With melodies in mind and the ability to play drums, bass, piano and guitar, he decided to get more involved with music while attending college, taking music courses at Cal State Long Beach.

Since then, Shawn has performed at numerous events alongside a variety of artists.

One of Shawn's dreams came true in 1996 when he met Little Richard. Their meeting sparked a friendship and Little Richard asked Shawn to tour with him.

"He liked what I did and let me play in his band," said Shawn. "He took me under his wing as my mentor and really inspired me musically."

After they toured briefly in the South, Shawn returned to Downey, where he has resided since 1987, to continue producing music.

Locally, Shawn was the pianist featured at Granata's on Friday and Saturday evenings from 2003 to 2006, and has played at the Downey Street Faire on two separate occasions. His run at Granata's ended simply because he said he wanted to, "branch out to different horizons."

He is currently working in his home studio while performing weekly gigs at the Manee House in Santa Clarita on Saturday nights at 6:30 p.m.

"I have devoted all of my free time to writing and working on solo projects," said Shawn.

In listening to "Tight with You," an album produced, written, composed and performed by Shawn, it is evident that he is talented.

Such songs as "Contribution to the Blues" is a toe-tapper, while "Blue from the Grave," although dark in its lyrics, highlights Shawn's smooth, sultry voice.

Shawn described his music as a cross between a new-age James Brown and Thelonious Monk.



Phone: (562) 630-SHOW (7469) 28 WEEKS LATER R (11:40 2:15 4:50) 7:25 10:0 THE SALON PG13 (12:30 3:00) 5:30 8:00 10:3 SPIDERMAN 3 PG13 (10:00 1:15 4:30) 7:45 11:0 SPIDERMAN 3 PG13 (11:00 2:15) 5:30 8:4 SPIDERMAN 3 PG13 (12:00 3:15) 6:30 9:4 **LUCKY YOU PG13** (10:25 1:25 4:25) 7:25 10:2 KICKIN' IT OLD SKOOL PG13 (11:10 1:55 4:40) 7:25 10:1

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NEXT PG-13 (11:25, 2:30, 4:55), 7:35, 10:05

DISTURBIA PG-13 (11:40, 2:20, 5:00), 7:50, 10:15



out and what I'm feeling," said Shawn. "I work really hard to be

original." And as far as the music industry is concerned, Shawn hopes the monetary value will be taken out of music someday and that artists instead will create good music live music with no electronics – for the sake of doing what they love.

"I don't do music for money – I do music because I love it," said Shawn. "Music needs to return to its basic fundamentals for it to be genuine. If we take away the artistry behind music, we take away culture."

Shawn has also been a member of Musician's Union Local 47 in Hollywood for 10 years. He said his involvement in music has provided him great opportunities to not only do what he loves, but to also meet other talented artists while performing at various gigs.

In addition to what has already been listed, Shawn has performed at the IM Bar & Grill in Long Beach, The Gig on Melrose in Hollywood and Java Jazz in Valencia. He has also performed as a pianist at an alternative medical

When asked what advice he would give his kids if they wanted to pursue a career in music, he answered, "Be passionate about what you do – you either love it or you don't. Study, educate yourself and have fun."

To contact Shawn, call (562) 928-*3437*.





A five-member delegation from the Philippines are visiting Downey through a Rotary exchange program.

## Downey Rotary hosts teachers, delegation

By Henry Veneracion STAFF WRITER

**DOWNEY**—In a rare two-part program Tuesday, the Downey Rotary Club at its weekly luncheon honored two groups: the first comprising the 13 "best readers" from the 13 Downey Unified School District elementary schools courtesy of the "Rotary Recognizes Readers (3Rs)" program, the second a five-member delegation from the Philippines who are visiting here through Downey Rotary's farranging Group Study (and Cultural) Exchange program.

With their teachers/principals extolling their efforts and accomplishments, augmented by glowing **DUSD** comments from Superintendent Wendy Doty and Asst. Superintendent Jerilyn King-Brown, the following high-achieving students were recognized: Devon Reid, Alameda; Adrian Munoz, Carpenter; Kimberly Castillo, Gallatin; Jerymy Marchand, Gauldin; Niccolette Portillo, Imperial; Hanaly Lopez, Lewis; Alexander Solis, Old River; Alex Munoz, Price; Fernanda Ramos, Rio Hondo; Joey Lopez, Rio San Gabriel; Andrew Magana, Unsworth; Brittney Macias, Ward;

and Shelsea Balver, Williams. The second presentation was no

less illuminating and inspiring. Brought here under the auspices of Rotary District 3870 based in Iligan City in Northern Mindanao, Philippines, and arranged by Downey Rotary, the members of the visiting delegation spoke of their work and activities, their hopes and aspirations, and their experiences during their brief stay here in the U.S.

They also spoke of their sojourns to the malls, to the Hollywood scene, their side trips to the museums and the like. One was awed by the size of his first U.S. hamburger. And they gave profuse thanks to their different hosts (among them: Mike Pohlen, Dr. Mary Stauffer, and Jorge Montero).

The team is comprised of working professionals: team leader Evelyn Erasquin-Rahon is a dentist and a mother of three; Emile Acaac, a management graduate, is a bank officer and has diverse interests; Ronald Duque, the youngest of the group at 25 years of age, is a civil engineer with the National Power Corporation; Maleha Ibay, a psychology major, is branch manager of a telecommunications company; and Jingle Magallanes, who teaches physics at Mindanao Sate University-Iligan Institute of Technology, is eyeing a Ph. D.

#### (562) 862-0223 Next to Stonewood MOTHER'S DAY DINNER SPECIALS **FROM 1:00PM** BLACK ANGUS RIB EYE STEAK...11.95 TERIYAKI CHICKEN BREAST.....8.95 PRIME RIB (1/2 LB).......10.95 MAHI-MAHI CAJUN STYLE.....8.95 ROAST TURKEY......8.95 STEAK & SHRIMP.....11.95 HONEY BAKED HAM......8.95 DEEP FRIED SHRIMP......10.95 SIRLOIN STEAK (1/2 LB)...9.95 BAR-BE-QUE BEEF RIBS.....9.95 NEW YORK STEAK 1/2LB.....10.95

Whole Strawberry Pie \$9.95 Take Out Only! **Strawberry Chesse Cake \$11.95** 



**DINNERS INCLUDE:** Soup or Salad, Corn Bread or Garlic Cheese Bread Vegetables, Choice of Potatoes, Senior Citizens \$1,00 off 1:00pm to 4:00pm





## 1/2 Price Entrée

Buy any entrée and any two regular drinks and get a second entrée (for equal or lesser value) for half price. Cannot be combined with any other offer, discount, or coupon. Coupon good for up to two discounts party of four. Only the lower priced entrée will be discounted. No cash value. Valid at participating locations only. Not Valid Mother's Day 5/13/07. Offer expires 5/31/07. POS CODE: MKTG promo 2.

## Marie Callender's

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Price and participation may vary at some locations. For a location near you, www.mariecallenders.com. Not valid at Callender's Grill locations.
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## New Entertainment this week

#### CD Releases

Linkin Park - Minutes to Midnight **Megadeath** - United Abominations Wilco - Sky Blue Sky Pink Martini - Hey Eugene! Gretchen Wilson - One of the Boys Rick James - Deeper Still Source: Amazon.com

#### DVD Releases

**Arthur and the Invisibles** Family Law The Fountain The Last Sin Eater Pan's Labryinth Stomp the Yard The War Tapes

TELEVISION/MISC.

Coach - Season 2 ER - Season 7 Frasier - Season 9 Home Improvement - Season 6 Inside the Actor's Studio - Johnny Depp

Martin - Season 2 The Rockford Files - Season 4 The War at Home - Season 1 Wings - Season 4

Source: Box Office Mojo

#### Video Game Releases

Hot Wheels Ultimate Racing - PSP **Innocent Life: A Futuristic Harvest** Moon - PSP Taito Legends Power Up - PSP Etrian Odyssey - DS Touch the Dead - DS Code Lyoko - DS Shrek the 3rd - PS2, Wii Taito Legends 2 - PS2 MLB 07: The Show - PS3

Source: ebgames.com

#### Concerts

FRIDAY, MAY 11 Don McLean - Coach House Fab Four - HOB Anaheim Gilby Clarke - Galaxy Theatre **Keane** - Greek Theatre Lupillo Rivera - Grove of Anaheim

Wango Tango - Verizon Wireless Th. Atlantic Rhythm Section - Coach

SATURDAY

Ralph's World - HOB Anaheim

Germs - Galaxy Theatre SUNDAY Asleep at the Wheel - Galaxy Theatre **Modest Mouse -** Greek Theatre

Porcupine Tree - Grove of Anaheim

MONDAY RJD2 - Henry Fonda Theatre

TUESDAY Lily Allen - Wiltern

Robin Thicke - HOB Anaheim WEDNESDAY Kansas - HOB Anaheim

THURSDAY Ben Gibbard - UCLA

Third Eye Blind - HOB Anaheim Source: Casenet

#### Book Releases

Invisible Prey by John Sanford Bad Luck and Trouble by Lee Child Falling Men by Don DeLillo The Witch of Portobello by Paulo

Last Flag Down: The Epic Journey of the Last Confederate Warship by Ron Powers

Crashing Through: A Story of Risk, Adventure and the Man Who Dared to See by Robert Kurson Five Skies by Ron Carlson

Source: barnesandnoble.com

# DINING-OUT **DEALS IN DOWNEY**

#### Happy Mother's Day! **Mother's Day Buffet**

May 13 (10:00 a.m. - 7:00 p.m.) Delicious dishes are waiting for you!!

Taro's Tapas (562)862-3900

**Embassy Suites Hotel in Downey** 8425 Firestone Blvd. Downey 90241







Includes Soup, Salad & Desert



# Page 14 Friday, May 11, 2007 Classified/Real Estate \_\_\_\_ The Downey Patriot

#### Escrows ACCURATE ESCROW INC.



11445 Paramount Blvd. Downey, CA 90241 (562) 862-7207 Fax (562) 862-9723

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RF/MPX online



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#### **READY TO MOVE-IN**

3 bedroom, 2 bath, laundry room, Master suite w/FP, walk-in closet & large sunken tub. Dual pane windows, copper plumbing, new landscaping, lg. backyard w/bonus room. 12028 Julius Ave.

**Ed Valentine** 562-673-2245

#### **GARAGE SALE**

**5 FAMILY GAR. SALE** Fri. & Sat.

9223 Mel Dar Ave., Downey

**HUGE YARD SALE** Fri. & Sat. 6:30am - 2pm

9503 Quinn St.

#### YARD SALE 5-12

Baby furn., clothes & household items.

9388 Via Amorita

#### **WANTED**

#### **CHURCH SPACE NEEDED**

Congregation of 300 needs space in Downey area for Sunday morning service & one mid-week night. Will pay \$5,000 plus. Call Patsy (562) 485-7862

#### **PERSONALS**

#### ST. JUDE NOVENA

May the Sacred Heart of Jesus be adored and glorified, loved and preserved throughout the world now and forever. Most Sacred Heart of Jesus, pray for us. St. Jude worker of miracles, pray for us. Helper of the hopeless, pray for us.

Thank you for granting my petition. D.M.C.

#### FOUND F. LHASO APSO

On Firestone. (714) 879-2669

#### **ANIMALS/PETS**

#### www.thepowerofsold.com



#### **FOR SALE**

#### **CIRCA 1947 STOVE**

40" Wedgewood, 4 burners, center grill, fully reconditioned, beautiful \$1,500 - OBO (562) 529-7975

#### **MISC. APPLIANCES**

Refrig. \$75, gas dryer \$90. coin operated washer \$350. (562) 400-7058

#### **HOMES FOR SALE**

#### **FOR SALE BY OWNER**

Downey home 3 bed, 1 bath lrg. den, 1,425 sq. ft. Price range \$540,000 - \$550,000.

**Call Christina** (562) 818-3351

#### **REDUCED**

Sharp Downey 2 bed, 1 3/4 bath townhouse with loft. New laminate wood floor, new carpeting, central A/C & forced air heat. Main level bedrooms. Large 2 car attached garage. Park-like setting. Only \$415,000.

> Call John Lacey -Realtor **Crystal Properties** (562) 861-8904

#### **EMPLOYMENT**

#### **HOUSEKEEPER NEEDED**

(562) 861-4419

#### **GENERAL OFFICE**

2 yr. min. exp. bilingual, Quickbooks, start at \$10 hr. Paramount Construction Co. Fax resume (562) 531-9075 Office (562) 531-9074 Cell (562) 400-7058

#### **GROUP HOME CARE PROVIDER**

F/T Split & Midnight shifts avail. Call Loraine. (949) 553-9911

#### **EMPLOYMENT**

#### **PRODUCT DEMONSTRATORS NEEDED IMMEDIATELY**

Duties include promoting food samples in local grocery store. 6 hour weekends shifts. Positions are fun and flexible. Call NDI National Demonstrators.

(888) 200-7227

#### **P/T BANQUET SERVER**

No experience necessary. include, Requirements friendly personality, willingness to take direction, dependability and reliable transportation. Hours vary including evenings and primarily weekends. Please apply in person Wednesday afternoon between 2:00 & 6:00 pm. Cafe n' Stuff 9306 Firestone Blvd., Downey, CA. No phone calls please.

> **MAINTENANCE** PERSON NEEDED (562) 861-4419

#### **FOR RENT**

#### **2 BED, 1 BATH**

W/garage. \$995 (562) 923-2316 (562) 862-9570

#### SMALL ROOM W/BATH

Pvt. entrance. Seniors only. 1 person. No drugs \$625 mo. Hablo Espanol.

(562) 923-9158

#### 1 BED NORWALK \$855

Gated - A/C - new floors. Call (562) 863-6599 For other listings go to www.mgbservices.net

#### 2 BR, 1 B \$1,175

1 BR \$995, ldry., prkg., pool. 12527 Paramount, Dwy. (562) 923-3679

#### **FOR RENT**

#### 3 BED, 2 BATH HOUSE

For lease, lg. fam. rm., central AC/heat, \$2,300 mo., \$2,800

(714) 996-2586

#### **DOWNEY 2 BED.** 1 BATH DUPLEX

W/yd., ldry. rm. & gar. \$1,450

(562) 754-3797

#### DWY. GATED CONDO

Lrg. 2 bed, 1 bath \$1,500 mo. (503) 697-8528

#### **SERVICES**

#### **PAINTING & CONSTR.**

Lic. 456722. Call Steve (562) 928-7680

#### **TAX PROBLEMS?**

Enrolled Agent admitted to practice before the IRS. Tax preparation, consultation and representation. If you have problems with the IRS or FTB

I can help! Office (562) 803-3569 Cell (562) 305-0874

#### **CHILD CARE**

Infant & toddler after school hours and Saturdays also avail. Call Angie

(562) 644-0340

#### **BOOKKEEPER SERVICE**

Small business specialist (562) 706-5907

#### **ARMAS PATCHING** & RESTUCCO

Exterior & interior plaster patching, matching all stucco textures. Very clean. 25 years exp. No patch too small. Free estimates. Ask for Ray Armas Lic# 882779

(562) 923-8227

9216 Lakewood Blvd., Downey, CA 90240

12070 Telegraph Rd., Santa Fe Springs, CA 90670 9849 S. Atlantic Ave., Ste. H, South Gate, CA 90280

9027 Gallatin Rd., Downey, CA 90240

#### **SERVICES**

#### **CARPET & LINO.**

Serving Downey since 1968. LIC# 421455. Call Kent (562) 776-9933

#### **MIKE THE ELECTRICIAN**

Recessed lighting, remodel home and office, service upgrade 120-600 volts. FREE NO OBLIGATION ESTI-MATE. Lic. #829705

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#### **SUPERB PAINTING**

Exterior, Interior, senior discounts, references, dependable & reliable. Free estimates. Lic. #634063. Wayne. (562) 863-5478

#### **MACHADO CONSTRUCTION CO.**

Room additions, roofing, kitchen and bath remodeling, window replacement, paint. Senior discount. Lic#574972

(562) 803-8630 (323) 294-8745

#### **HONEST HANDYMAN**

Painting, plumbing, electrical, carpentry.

Call Jim (562) 869-0741

#### **TIRED OF YOUR TENANTS?**

Let us manage & maximize your rentals.

**Across The Street Property Management** (562) 895-3509

#### CARPET 4 U

Nylon Carpet installed: \$14.50 sq. yd. Vinyl Floor installed: \$21 sq. yd. !!!Sale!!!, 6' Cushion Floor: 10¢ sq. ft. 6' Vinyl Floor: 15¢ sq. ft. Limited quantities.

(562) 866-2195 Showroom at 9303 Alondra Blvd. in Bellflower

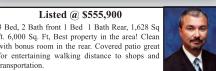


# REMAX online www.onlinerealty.us











#### Renovated Home in Lynwood This 3 bed & 2 bath home has renovated tile an new cabinets on 1,547 sq. ft. of living space includes a 2-car garage. This is a must see!

Mel Lopez (310) MEL-5662



Looking for a New Owner

3 bed, 1 bath home for only \$550,000

**Louie Plascencia (562) 552-0012** 







#### 4 Bed, 2 Bath home with formal dining & living room all on 1,790 sq. ft. of living space. Heated vimming pool and spa completes this home al For \$750,000. \$30,000 back, 3% commis

Louie Plascencia (562) 552-0012

aying side. Visit www.louieslistings.com



Move- In Condition! 2 beds, 1 bath and Den, upgraded kitchen, 2 car garage 1,074 sq ft of living space on a 5,980 sq ft lot. Built in 1947 centrally located near scho last! CALL WILSON (562) 869-4111

Wilson Ruiz (562) 869-4111





#### **Great Family Home** Incredible opportunity. Close to park, schools and freeways. 3 large bedrooms. Call today for more details or visit www.ramoncardenas.com. Priced to sell fast!!

Ramon Cardenas 562-746-6674



**Great Layout and location** 3bd, 1bth, 2 car garage, flag shape lot, excellen







Gabriel & Minnie Gaspar 562-665-9865

House On The Beach!

Come see this remodeled 2 bedroom house less than 2 miles from the beach. Priced at \$525,000. 1705 Redondo Ave., Long Beach.

Dene M. Molina (562) 904-9729

Come See This Spacious Pool Home

This 3 bedroom 2 bath home is located in a great neighborhood. Features remodeled kitchen with sparkling granite, stainless steel appliances, tile flooring throughout, big family room that has lots of windows. Master bedroom has it's own bath with properties after Cleate publical.

Teresa Arana (562) 569-1499

ith a private entry. Close to school



# Real Estate Page 15 Friday, May 11, 2007

**CENTURY 21 My Real Estate Company - HIRING: Experienced Agents - Ask About Our 401K Program!** 

**NEW AGENTS: Real Estate School - "DRE" Approved - Hurry Before Laws Change in October 2007!** 

Call Darlene at (562) 927-2626 ext. 119

## IF YOU'RE THINKING ABOUT BUYING OR SELLING.

#### **BEAUTIFUL 2-STORY CONDO IN FOUNTAIN VALLEY**

3 bedroom, 2 baths. Priced at \$449,900. Call (562) 923-5507

#### **BEAUTIFUL DOWNEY HOME**

2 bedrooms, 1 1/2 baths, romantic European charm, hardwood floors, antique fixtures. Asking \$659,000. Call for more details (562) 923-5507

#### **IN DOWNEY** 5 bedrooms, 3 baths,

(562) 923-5507

**BRAND NEW HOME IN DOWNEY** 

approx. 2,800 sq. ft. corner 2 bedrooms, 1 bath each lot. Owner may help with Asking \$665,000. some closing costs. Asking Call for more info. \$928,000. Call for more info. (562) 923-5507 (562) 923-5507 Camolette

#### **NICE DOWNEY HOME ROOM TO GROW!**

2 ON A LOT

Nice Downey home. 2 2 bedrooms, 1 bath, bedrooms, 1 1/2 baths, 10,220 7,560 sq. ft. lot. sq. ft. lot, 3 car garage, new Asking price \$559,000. carpet, fireplace, parking for Call (562) 923-5507 large RV. Priced at \$675,000. Make an offer today, call

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(562) 413-9889

**CALL US** TODAY... (562) 923-5507



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RE/MAX



OPEN HOUSE SAT 5/12 12-4PM

Charming Northeast Downey Condo This lovely unit is in turnkey condition and features 2BD, 3BA, 1467 sq ft, two-levels, subterranean parking, and a great locale.

#### Helping Your Investments Grow Two Opportunities For You Maria Cibrian,

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**Quality & Elegance** Can be found throughout this exquisite Downey home. 5 Bedrooms, 3 Bathrooms, central air conditioning, oak cabinets, kitchen island, breakfast nook, granite counter tops ...much, much, more.

Call Maria at (562) 746-8832



**Economical Starter** 3 Bedroom, 2 Bathroom Downey home are included within the 1,243 sq. ft. Central heat and air conditioning, ceramic tile and hardwood floors.

Call Maria at (562) 746-8832

## Advertise your Business in The Downey Patriot (562) 904-3668



#### **COMMERCIAL PROPERTY –** NORTHEAST DOWNEY

Property is currently being used as a Real Estate, Escrow and Mortgage Office. Features 3 conference rooms, kitchen, 6 (1/2) baths, storage rooms, and individual offices. Originally and can be 6 separate units. Great location on Downey's most prestigious street all for \$1,395,000. Call Carol for the best deal



**CAROL PEARCE** (562) 622-1425 \* (562) 254-0591 #1 INTERNATIONAL REAL ESTATE

A COMMITMENT TO SERVICE... A REPUTATION FOR EXCELLENCE





#### Photos Don't Do Justice...

You've got to see this one in person! Gorgeous 4 bedroom, 2 bath home with many extras. Living room displays dramatic fireplace and five French door leading to the lush landscaped private backyard and large patio. Gourmet kitchen with marble countertops and an abundance of cabinets. Other features include: plantation shutters, central air, circular driveway, over sized attached double car garage, security system, 10,084 sq. ft. lot ( 84X120) and so much more. Asking only \$1,075,000 for this perfect home inside and out.

For further information or private viewing, please call

**Red Carpet Heritage Realty** (562) 923-5401

All listings can be found at www.downeyrealestate.com



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- Real Estate Law · Real Estate Agent

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8635 Florence Ave. Suite 101 **DOWNEY, CA 90240** 

#### Classic **Contemporary** Charmer



13056 Rutgers Avenue, **Downey** 

Immaculate 2056 Sq Ft 4 bedroom/3 bath w/fireplace & too many upgrades to mention. Offered \$695,000



Linda Corona, Realtor Colwell Banker Ambassador (Cell) 626 991-2553

## Visit us @ www.TheDowneyPatriot.com



## Marlene Rodriguez



Broker, Notary

and Quality Service Award Winner



**North East Downey** 2,200 sq. ft. House, Lot approved plans from the City of Downey for a 7,900

**North Downey** 

Brand New Home 3,500



sq. ft. 5 Bedrooms, 2.5 Bathrooms \$1,090,999



#### **Downey Pool Home** Bedrooms, Bathrooms, remod-

\$539,000

kitchen

**North Downey** Remodeled 4 bedrooms, 3 bathrooms, fire place, beautiful brand new

eled kitchen Asking

## MEET ONE LOCAL PROFESSIONAL WHO IS Friend to the Community



ale Jervis has become a staple in the Downey community-plain and simple. His family has called this beautiful area home for generations and nothing makes him prouder than to do his part to make a difference-from his volunteer efforts with the local animal shelter to his generous contributions to the local school systems to his work helping people achieve their real estate dreams.

The truth is, you're not likely to find a real estate professional who knows the intricacies of the local market like Dale. When you're looking not only for the right home, but the right neighborhood to fit your needs, Dale has the knowledge to make it happen. When you add the fact that he's been in the business since 1983, it seems only fitting that he's considered the local expert. Put simply, when it comes to your next move, there's no better professional to turn to than Dale. Give him a call today. You'll be glad you did!



ATTENTION HOME SELLERS! Ask Dale for his special report, "10 Mistakes You Can Make When Selling Your Home That Will Cost You Thousands (and How to Avoid Them)."This valuable information is offered to you free of charge. Just give Dale a call and he'll be glad to send you one today.

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# Page 16 Friday, May 11, 2007 Real Estate



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2.Owe more on your house than its worth? 3.Bankruptcy? 4.Need out?

Call today for a private consultation!











Downey Deal! 3 Bedrooms plus den or 4 Bedrooms!! Great home with hardwood floors, new kitchen floor, fresh paint!



<u>Newly Remodeled:</u> Better than new! 3 bedrooms, 2 baths home in a great Downey location! Open kitchen w/ granite counters, large rear yard, great opportunity for buyers, Only: \$599,000



Mom. Thanks for all you do! We love you!!! Telly & Family

TO SEE WHO WON GO TO

Telly Ntzouras "Let Telly Sell It!" (562)746-8239 Roses courtesy of Saywell Florists







9<u>232 Horley, Downey</u> Lots For Your Money In Downey! 3 BD, 2 BA, Open kitchen, Living room w/ Fireplace, Master Suite Newer Roof (June 2006), Fresh exterior Paint (April 2007) Central Heat & Air (4 years new), & 1,722 Sq. Ft. Priced @ \$679,000 Call Mario Persico @ 562,533,7433



Best Priced Home Per Sq. Ft. In N. Downey! 4 BD, 3 BA, Newer Carpet, Copper Plumbing & 2,111 Sq. Ft. Just Reduced to \$684,950. Send all offers!



North East Downey Townhouse!! This Unit features 3 BD, 3 BA, 1,541 Sq. Ft.

ocated in highly desirable "Glenbrook North" complex Must Call Mario To See! Price \$474,900



Value & Appeal

3 BD, 2 BA, living room w/ fireplace, central air & heat 2 car garage, large family kitchen w/ built-in appl. large back yard, 1,354 Sq. Ft. living space, Price \$639,000 Call Pat McCallum @ 562-665-5055

Born in Downey\*Raised in Downey SELLS DOWNEY\*\*





A Super Buy! Lovely 3 BD, 1 BA home near Warren High School with super large backyard. Priced to Sell \$499,900 Call Carrie Uva Today @ 562.382.1252



Wanted... Large Family!! Lovely 6 bedroom, 4 bath home in Downey with 2 master suites, 2 living rooms, family room and

dining room. Priced at \$974,900 Call Carrie Uva Today @ 562.382.1252



2 units featuring 1 unit w/ 2 BD, 2 BA, laundry room, & living room. Other unit w/1 BD, 1 BA, living room, 2 car garage. Live in one, rent the other. Price \$699,900



Near Stonewood Mall! Charming 3 BD. 1 BA home with living room, Dining room, hardwood floors & 2 car garage, Priced @ \$549,900 Call Carrie Uva Today @562.382.1252

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Michael Berdelis

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**Chairman Circle Award Winner** 

2000-2006!



## Feature of the Week



#### Northeast Downey Condo!

2 bed, 2.5 bath townhome-style condo with newer carpet and paint, remodeled bathroom, and central air & heat. Complex includes gated pool & spa, subterranean parking, and extra storage. Great place to live near East Middle School and Rio San Gabriel Elementary! **Price to sell at: \$399,000** 

Virtual tour at www.MichaelBerdelis.com



Won't Last Long! 3 BD home w/ large yard & Two car detached garage. Price: \$539,950 Virtual tour at www.MichaelBerdelis.com



Remodeled Like New - 2006 4 BD, 3 BA, granite counters in kitchen & BA, LG. master suite, over 2900 Sq. ft. Price: \$995,000 Virtual tour at www.MichaelBerdelis.com



Move Right In! 3 bed, 3 bath, large master bdrm, NE section of Downey, 2144 sq. ft. home on a 7625 sq. ft lot. Price: \$799,950 Virtual tour at www.MichaelBerdelis.com



New Construction 2007 - on Large Lot! 5 Beds, 4 BA, central air & heat, Sparkling pool, 3,600 Sq. Ft. Living Space.

Price: \$1,295,000 Virtual tour at www.MichaelBerdelis.com



<u> Honey, Stop the Car!</u> 3 bed, 2 bath Downey home w/ guest house, newer kitchen, central air & heat and much, much more. Price: \$569,950

Virtual tour at www.MichaelBerdelis.com



<u>Fit for a King!</u> New construction - 2007! 4 bed, 3.5 baths, 2200 sq ft, open floor plan, central air & heat, 2 car detached garage. Price: \$799,950 Virtual tour at www.MichaelBerdelis.com



<u> A-1 Neighborhood!</u> 3 bedroom, 2 bath home in Northeast Downey with Large backyard and pool! Price: \$974,500 Virtual tour at www.MichaelBerdelis.com



Look No Further – Built in 2007! 5 BD, 4 BA newly constructed home (4729 sq ft on a 7560 sq ft lot) with master suite, gorgeous kitchen, and rock pool & spa with waterfall and slide. A must see!!! Price: \$1,549,900



Honey, Stop the Car! Spacious 3 BEDS, 2 BA, LG. Yard w/ Spa & 500 sq ft guest house. Priced to sell @ \$675,000 Virtual tour at www.MichaelBerdelis.com



<u> Large Lot - 10,300 Sq Ft!!!</u> 4 bedroom, 2 bath home w/ potential to add a guest house. Price: \$699,950 Virtual tour at www.MichaelBerdelis.com



<u> Upgrades Galore!!!</u> 3 bed, 2.5 bath home in NE section of Downey, 2346 sq ft, 7446 sq ft lot, remodeled kitchen and baths, large master suite, loft, and hidden attic room (very neat)! Price: \$995,000

Virtual tour at www.MichaelBerdelis.com



Classic Tuscan Country Estate! 6 BD, 4.5 BA, over 5,000 Sq. Ft., 14,600 Sq. Ft. Lot.

Price: \$2,099,000 Virtual tour at www.MichaelBerdelis.com

www.MichaelBerdelis.com Call Michael today at (562) 818-6111