YMCA delegation trip See Page 3







Kids are quite the athletes See Page 2

Friday, June 8, 2007

Fight erupts between Downey/Warren students off campus

 Brawl involves upwards of 100 students from rival 'party crews.' Students say rumors of a fight had been circulating throughout the day.

By Eric Pierce City Editor

DOWNEY — A fight involving up to 100 Downey and Warren High School students erupted just outside Warren's campus Monday, resulting in two arrests and one injury, police said.

One student was arrested for allegedly slashing another student with a knife, according to Lt. Derick Charles with the Downey Police Department. The injured student was transported to St. Francis Medical Center in Lynwood with a head injury.

Police said the brawl occurred about 2:45 p.m. at the intersection of Stewart & Gray Road and Paramount Boulevard. Witnesses said about 40 Downey High School students began fighting with up to 100 students from Warren High School.

That number is "about right," Charles said, noting that up to 300 students were present during the melee.

Downey police were assisted by the South Gate Police Department – clad in full protective riot gear – in breaking up the fight and dispersing the crowd. Downey police officers

school.

"We didn't have any prior knowledge of a fight," Charles said.

Students also said Monday's fight was the result of an altercation between rival "party crews" last Saturday. Students from Downey High School reportedly walked over to Warren when school let out.

Security at both schools, meanwhile, was beefed up throughout the week. Police have had a visible presence when school let out at both Warren and Downey, and that presence may continue until the end of the school year, said Charles, which would be in addition to regular school police that patrol the campuses.

Downey Principal Tom Houts said his school had identified four students involved in the melee and all had been suspended for the remainder of the school year. All four students were freshmen, Houts said.

It was unclear what disciplinary actions, if any, Warren students were facing.

The board of the Downey Unified School District did not mention the fight at its regular

Superintendent Wendy Doty did

say "it was very quiet after school

(Tuesday) and the District really

appreciates the close relationship

we have with the police depart-

ment. We work together very well

to keep our students safe."

Tuesday

but

Vol. 6 No. 7

<image>

Officers from the South Gate Police Department helped disperse a large crowd Monday after a fight involving students erupted just outside Warren High School. *Photo by R.D. Salyer*

Two children airlifted after traffic collision

By ERIC PIERCE

11525 Downey Ave., Suite A, Downey, CA 90241

CBS to air segment on DUSD character

By Henry Veneracion Staff Writer

DOWNEY — In a blinding sequence of events certain to spur energies even more at the Downey Unified School District, New Yorkbased CBS TV and the Los Angeles-based Josephson Institute of Ethics came a-calling within days of each other recently to record and report on how the district has been conducting what the institute has acknowledged as a model Character Counts! program based on the six pillars of character.

A TV crew from the Josephson Institute came first the week of May 21 to film the culture, the teachers in action, and the various Character Counts! activities at Rio Hondo Elementary School for a showcase video intended for classrooms and other showrooms across the nation.

A CBS crew of five spent all morning at Price Elementary School last Friday, filming classroom scenes, as well as the kids at play, with CBS correspondent Stacy Smith doing interviews with the kids themselves, school principal Janice Hobson, DUSD Superintendent Wendy Doty, and City Councilman Mario Guerra, on the topic, "What Character Counts! means to you." The unprecedented event at Price will be featured in a seven-minute segment June 10 on

See FILMING, page 13

Green racks taking over Downey street corners

By Brooke Karli Staff Writer

DOWNEY – At the last City Council meeting on May 24, Councilman Mario Guerra brought to attention his concern regarding the real estate magazine racks located throughout the city during council comments.

The racks he was referring to are the green plastic and metal dispensers that offer free real estate magazines.

According to Guerra, many of these racks – if not all – do not have permits for their location But Eduardo Sidi, owner of *The Real Estate Book* in Downey, said not only does he have a permit, but he has also renewed his permit and business license every year since first starting in 2005.

"I have 18 magazine racks and pay around \$20 for each rack," said Sidi. "When I first started, I had to buy metal racks to comply with the permit requirements."

Another popular real estate magazine displayed throughout the city is *Homes & Land*. Tom Perny of *Homes & Land* corporate offices said, "Generally speaking, if we need to get permits, we will get permits." However, attempts to reach local representatives regarding the racks located in Downey See RACKS, page 5

reported being pelted with plastic soda bottles.

Charles said the fight was not racially motivated or gang related, but involved different "cliques" at both schools.

Warren High School students, speaking anonymously, said there was talk throughout the day Monday of a potential fight after

Time Traveler 'Midas' of John Downey spurred growth

meeting

By John Adams Editor Emeritus

The immigrants who took the trail west following the Civil War found the rich soil of Los Nietos (later to be named Downey) to their liking.

And there grew a convenient market for their crops in the nearby pueblo of Los Angeles. A boom had been created by the discovery of silver in the Inyo mountains some 200 miles to the northeast of L.A. Silver had been first discovered at Buena Vista Peak in 1865, but it was not until 1867 that word reached other California mining camps that rich ore was to be found at Cerro Gordo and the stampede began southward.

Not only did miners in the new camps need to be fed, but 500 mules moving continuously up and down the 200 miles of trail had to be maintained.

This was a ready-made market for the local barley farmers. The small farmers of Los Nietos experienced near instant prosperity. They didn't have to ship their produce to San Francisco. The market was now in Los Angeles, just a short wagon haul across the river.

But as things began to boom in nearby Los Angeles and the produce markets bustled with activity, both from foodstuffs and silver ore, there were no commercial institutions ready to fill the needs. The atmosphere was one of barter and credit-on-the-cuff, of fortunes buried in back yards. What was now needed was banking.

Former governor John Downey (for whom Downey is named), saw the problem and acted. A landowner who knew the southland must grow, he nonetheless failed to interest local merchants who were somewhat short-sighted. So, he went to San Francisco, enlisting J. A. Hayward there as a partner. Together they raised \$100,000 capital and opened a bank in an adobe building on Main Street in L.A. (a site that is now the southeast corner of the Federal Building).

When local businessmen saw one bank go up, they started to get the See TRAVELER, page 4

CITY EDITOR

DOWNEY – Three people were hurt, one critically, at a traffic collision Tuesday at Florence and Brookshire Avenues, authorities said.

Angel Saucedo, 57, of Bell Gardens, was westbound on Florence and attempting a left turn at Brookshire, Sgt. Dean Milligan with the Downey Police Department said. His vehicle was broadsided by Andres Alonso, 19, of Maywood.

Saucedo was transported to St. Francis Medical Center in Lynwood where he was admitted to the intensive care unit in critical condition. Two juveniles riding with Saucedo were airlifted to Long Beach Memorial Hospital where they remain in stable condition, Milligan said.

Alonso was uninjured in the accident.

The cause of the collision is under investigation. Anyone who may have witnessed the accident is asked to call Detective Rocio Gutierrez at (562) 904-2339 or Milligan at (562) 904-2342 and reference case number 07-35841.



Engineer/firefighter Frank Culhno treats a 6-year-old victim at the scene of a traffic accident Tuesday. The boy was airlifted to Long Beach Memorial Hospital where he was listed in stable condition. *Photo courtesy Downey Fire Department*

ave permits for their focution.

"If you're going to come into the city, just follow the law," said Guerra. "But we are part of the problem as well because we haven't been enforcing the law."

Nisser known for hard work, giving

 Downey resident John Nisser avoids the spotlight, but that doesn't mean his service is going unnoticed.

By Henry Veneracion Staff Writer

DOWNEY — Longtime Downey resident John Nisser, a native of Batroun, Lebanon, some 30 miles north of Beirut and a member of the Maronite Catholic community of Los Angeles, has known hard times, toil, and grief.

But he has also known the sweet smell of success that hardfought achievement can bring, the joy that comes from heartfelt giving, especially to his church and to "those in need," and a generous measure of plenitude that men of faith and principle, such as he, enjoy.

His inspiring achievements and contributions were recognized recently when he received the Lifetime Civic Achievement Award from the community at last February's St. Maron Feast Day celebration held at the Our Lady of Mt. Lebanon Cathedral in Los Angeles.

In his encomium, the rector and a fellow honoree for his 20 years of service in the priesthood, Fr. Abdallah Zaidan, M.L.M., and a good friend, paid tribute to Nisser as "a man of faith who has helped many worthy charitable organizations, particularly his great support to our church."



NISSER

Nisser was 15 when he first started working at odd jobs and tutoring wealthy families to support his mother and four siblings, after his fisherman father died. He was just finishing his basic French system schooling. He was known for his smarts even then, earning a reputation as the "town scholar."

Then, at age 16, he got employment with the British railroad as timekeeper/paymaster, the British officers recognizing his talent for figures. This job was to last from 1941 to 1945, during which main supply operations shifted from Batroun to the "big city," Beirut.

See NISSER, page 11

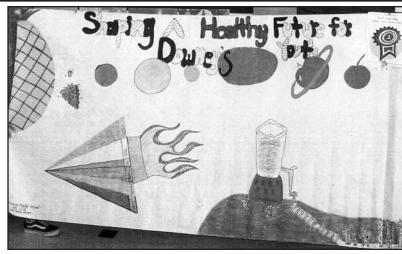
Page 2 Friday, June 8, 2007 Community



The Downey Nemesis 10U softball team will travel to Auburn, Ala. for the ASA National Tournament after winning the state championship over the Memorial Day weekend. The Nemesis beat Victory USA (Laguna Niguel) 3-1 to win the state title. Top row, left to right: Coach Alfred, Manager Susan, Coach Norbert and Coach Tino. Middle row: Andie, Rachel, Alexis, Byanka, Vivi, Sonia, Taylor and Alex. Bottom row: Sommer, Myranda, Miranda, Alyssa, Amanda and Ebony.



The Downey Ponytail 8U All Star team went 5-0 in the Pico Rivera Mary Loehr Ponytail Tournament and took the final game against Montebello to win the championship. Pictured: Coach Tim Campbell, Team Mom Lisa Medina, Coach Chris Hernandez, Coach Ariel Arguello, Danielle Garcia (MVP), Angelica Medina, Anna Collier, Celeste Hernandez, Angelina Garcia, Jelissa Castanon, Ashlye West, Candice Burruel, Ilene Rivas, Brianna Lerma, Bailey Campbell, Zicy Fuiava, Chelsea Lopez, Jailene Orozco and Helaina Gallardo. Not pictured: Team Manager Tawni Gallardo and Coach Gary Collier.



The winning mural by Sussman Middle School's Art Club.

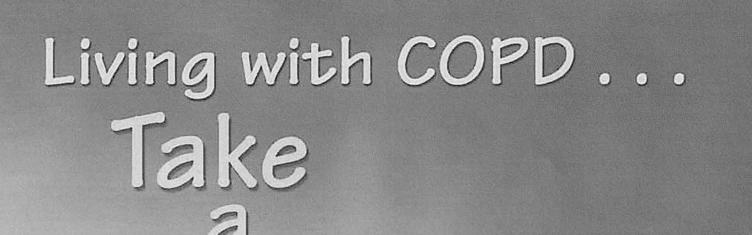


The AAA Division Pirates won first place in West Downey Little League and played in the Tournament of Champions at Furman Park last week. Pictured above, back row: Manager Michael Arzola, Coach Joe Gonzalez, Coach Rich Pacheco and Team Mom Theresa Freire. Middle row: Christian Farran, Jonathan Gastelum, Austin Espinoza, Manual Tovar, Bryce Moore and Monica Garcia. Bottom row: Gabriel Giron, Joseph Gonzalez, C.J. Pacheco, Michael Arzola, Keaton Freire and Kiefer Enslin. Not pictured: Coach Giovanny Freire.

Free hot dog on a stick June 13

DOWNEY – Hot Dog on a Stick, located inside Stonewood Center, will host "Free Hot Dog Day" on June 13 where all customers will receive one free hot dog on a stick from 5 to 8 p.m.

The event began last year as a celebration of the chain's 60th anniversary. Last year, more than 50,000 free hot dogs on a stick were given away nationwide, a number expected to be exceeded this year.



Sussman's Art Club creates winning mural

DOWNEY – Sussman Middle School's Art Club won first place in the Kids Day middle school mural contest. The club, led by teacher Leslie Chavez, designed the mural to fit the contest theme, "Shaping a Healthy Future for Downey's Youth."

"This year's Art Club is made up of a dynamite group of kids. It's no wonder they won first place in the mural contest," Chavez said.

The club received a first place ribbon and a pizza party from the City of Downey, presented by Community Service Director Rachel Palmer.

The students' mural design features a solar system of fruits, appropriately sized to match their heavenly counterparts. A blender-shaped rocket waits in the foreground as a food pyramid rocket zooms overhead in the light of a pineapple sun.

It took the 20 students three hours to complete the eight-foot-long mural.

Book club covering three books

DOWNEY – The Downey City Library Book Lover's Club, a free monthly book discussion group, will meet June 14 from noon to 1 p.m. in the library's Cormack Room.

This month the club will discuss three memoirs by food critic Ruth Reichl: "*Tender at the Bone: Growing Up at the Table*," "*Comfort Me with Apples*," and "*Garlic and Sapphires: Confessions of a Critic in Disguise*." Full of wit, insight and gourmet recipes, the three books "convey the power of food, family and friends in the life of Reichl," a writer for the New York Times and Gourmet magazine.

New book club members are welcome at the meeting and light refreshments will be served. Reservations are recommended by calling (562) 904-7360, ext. 32.

Piano quintet in concert this Sunday

DOWNEY – The Moravian Church of Downey, in celebration of the 550th anniversary of the worldwide Moravian Church, will host a concert by the Wilson Piano Quintet this Sunday at 7 p.m.

On piano will be Elizabeth Wilson while Kay Schmahl and Lou Anne Barth handle violins. Ed Acosta will be on viola and Beryl Canale will play cello.

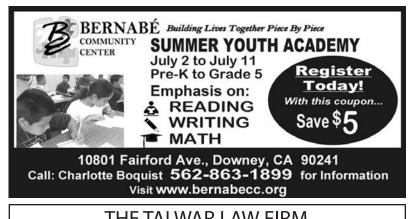
Wilson and Schmahl are both longtime Downey residents.

A freewill offering will be taken. The Moravian Church of Downey is at 10337 Old River School Rd. in Downey. Their phone number is (562) 927-0718.

Library has Father's Day gift ideas

DOWNEY – The Friends of the Downey Library Gift Shop has an assortment of Father's Day gifts available, including "Friends" coffee mugs, gourmet coffees, used books and greeting cards.

The shop is located inside the Downey City Library.



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Community Page 3 Friday, June 8, 2007

Everybody is Greek for a day at festival

■ More than 5,000 guests helped to raise more money than last year, according to church officials.

By Mary Forney CONTRIBUTOR

DOWNEY — Smells of stin souvia and souvlaki tempt taste buds as music can be heard behind the chatter and laughter from the Downey Greek community congregating outdoors.

More than 5,000 people visited the 23rd annual Downey Greek Festival hosted by the St. George Greek Orthodox Church on June 2-3.

Amidst the spits of lamb and chicken were booths of vendors selling jewelry, purses, and a variety of popular Greek cuisine.

"We raised a good portion - better than last year," said Father John Constantine.

A primary fundraiser for Greek Orthodox churches, the festivals offer the opportunity for families to socialize with each other and interact with the community.

Born to native Greek parents, freelance photographer George Sillas grew up in Downey as an active member of the local Greek community. "What a blessing it was to have two lives," Sillas said. "During the day I'd go to public school and then I'd go to Greek School - learning to read and write Greek, learning Greek dancing and playing sports."

Current Greek School attendees, ranging in ages 4 to 17, got their chance to show off folk dances from different Greek regions - delighting guests with Pontos, Crete and Taverna dances. Dressed in handmade costumes, the dance groups do research on the customary attire and order the materials and accessories from Greece or make the outfits themselves.

While the festival is an occasion to showcase the dance troupes, it is also prepares the dancers for competition against other Greek Orthodox Church groups. The Downey troupes compete yearly in Ontario against other parishes from as far away as Atlanta, Arizona and Canada.

"The children get a lot from the dancing," said Niki Bakolas. Her three children, ages 11, 14 and 17 are participants. "They bond and create memories that last a lifetime," she said.

Adult Greeks also had an opportunity to step back into another time and place by dancing to the cultural melodies.

Ramsay Seikaly, a member of Saint Sophia Cathedral in Los Angeles, said he traveled to Downey to support his neighboring Greek community church and practice the dances he first learned 20 years ago when he attended Greek School.

"These fundraisers really help the churches because times are tough," Seikaly said. "It helps programs like the Greek School and dance competitions," he said.

Constantine was pleased at the growing popularity of Downey's Greek **Festival**

"We thank the community for supporting us," he said. "The response was overwhelming of people who already are or who came just wanting to be Greek for a day."

For more information about the Saint George Greek Orthodox Church dance groups, e-mail nikonomou@verizon.net or call (562) 862-6461.



Pictured, left to right, are Allison, William, Daneeka and Anna Wood. The siblings have all recently received recognition for their work both in school and at work.



Downey Family YMCA Model United Nations Delegation, left to right: advisor Christine De La Torre, ambassadors Elinor De La Torre, Amy Gebert, Bianca Creer, Christy Gera, Melissa Covarrubias, Julia Molinaro, and advisors Mary De Witt and Cecelia Butler. Not pictured is advisor Jean Fiddler.

SAT preparation classes this summer

DOWNEY - Downey High School is hosting summer sessions for students wanting to prepare for the SAT I and PSAT.

To participate students must have successfully completed Algebra I, and have a photocopy of a report card that includes their first semester or third quarter course grade in their most recent math class.

The sessions are being offered by the Assistance League of Downey and will be held from 8 to 10 a.m. beginning June 25. The instructors are Josette Bean (English) and Dalyn Miller-Geiser (math).

For more information on the sessions, including specific dates, call Alice Yamada at (562) 861-2318.

Siblings recognized for achievements

DOWNEY - Four Downey siblings have recently received recognition from either their school or workplace.

Anna Wood, a sophomore at Warren High School, received the Kiwanis Pathfinder Award, along with Golden Bear Awards in English, science, math and foreign language. Anna is also a CSF Honor Student.

Her younger sister Daneeka, an eighth grader at West Middle School, received a Four-Semester Scholarship Award, as well as a Certificate of Achievement in Recognition of Creative Writing and Public Speaking Excellence.

Allison Wood, a junior at Warren, recently passed the Exit Exam, with a high score of 374, surpassing the needed score of 350.

William Wood, the oldest of the group and a freshman at Cerritos College, received Employee of the Month at Alin's Party Depot and received straight A's his first year of college.

Their parents are Bill and Jeannie Wood.

Wrestling camp for kids in Paramount

PARAMOUNT - MidCities Wrestling, a new wrestling club in the city of Paramount and open to youth in Downey, will offer a summer camp June 19 through July 19.

The camp is open to boys and girls ages 12 to 18. All skill levels are welcome.

The camp will be lead by Don Wakefield, a JC state champion and NCAA Big Sky Conference runner-up.

Cost of the camp is \$30 for 10 sessions. Registration and information meetings will be held June 12 and 14 at the Paramount High School upper gym from 6 to 8 p.m.

Call Don Wakefield at (562) 522-6226 or Andrea Wakefield at (562) 756-0770 with any questions.

Adults can learn basics of computer

DOWNEY - Adults can learn the basic components of a computer, as well as how to operate a mouse and the Windows program, at a "Beginning Computers" class this Wednesday at the Downey City Library.

The class runs from 10:30 a.m. to noon and will be held inside the computer lab. By the end of the class, students should know how to minimize, maximize and close Microsoft Windows, open programs, use the start bar, and navigate program menus.

To register for the free class, call (562) 904-7360, ext. 32.

YMCA delegation debates policies, treaties at UN summit

DOWNEY - The Downey Family YMCA Model United Nations Delegation attended the 6th Annual California YMCA Model United Nations Summit May 10-13 at the Hilton Hotel in Pasadena.

The California YMCA Youth & Government Model United Nations (MUN) is a four-month program where sixth through ninth grade MUN ambassadors from throughout California research, debate and establish policies, treaties and resolutions focusing on international issues, including disputes between countries, peace-keeping responsibilities, border crisis, stabilizing financial markets and dealing with hunger, disease and poverty.

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FREE SEMINAR Tuesday, June 19, Downey Elks Lodge, 11233 Woodruff Ave. 6:30pm to 9:30pm

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(800) 708-7915 or 877-843-0218

The Speaker: For 31 years, Joe Vera has helped property owners in foreclosure, divorce, bankruptcy, probate, and complex situations under severe time constraints. He is a real estate consultant, lecturer, author, and writer for English and Spanish Newspapers.

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 Women's and children's voices
 - Bird songs
 - Confusion among sounds of words such as: "dime," "time," "bake," "take"
- 2. Have difficulty in understanding what is being said, unless you are directly facing the speaker
- □ □ 3. Find yourself complaining that people are mumbling or slurring their words
- 4. Are continually asking people to repeat words or phrases, though they feel they're speaking loud enough.
- 5. Prefer the TV or radio louder than others do
- 6. Have difficulty understanding conversation within group of people
- □ □ 7. Avoid group meetings, social occasions, public facilities, or family gatherings where listening may be difficult.
- 8. Have trouble hearing at the movies, house of worship, concert halls, or at other public gatherings — especially where sound sources are at a distance from the listener.
- 9. Have ringing in the ears or other head noises (hissing, buzzing, crickets, etc.) Tinnitus often accompanies hearing loss, but not always, and as such, may be the ear's way of saying, "Ouch!"

If you answered "yes" to at least two of these questions, you may have a hearing loss and need to have your hearing tested. Call Jay's Hearing Aid today!



Page 4 Friday, June 8, 2007 Community

Local students chosen to attend Girls State

DOWNEY – Downey High School's Cassandra Fuenmayer, Warren's Natalia Bertinelli, and La Serna's Larissa Von Lockner, chosen to represent their schools based on their scholastic record, leadership qualities, and service to their schools and communities, will attend the 2007 session of Girls State to be held at Cal State Fresno July 1-7.

The girls are being sponsored by the Downey American Legion Auxiliary Unit #270 and were recently honored at a District #19 Tea, where they were given information on what to expect when they attend the session. Twenty-seven girls from the local area will join 500 girls from throughout the state in studying city, county, and state government functions through mock proceedings, which will expose them to patriotic principles.

Cassandra is the daughter of Ed and Veronica Fuenmayer; Natalia is the daughter of Lilly Bertinelli; and Larrisa is the daughter of Alex and Dominique Von Lockner.

TRAVELER

Continued from page 1

idea. Downey even attended the opening of a competing bank organized by Isaias Hellman, F.P.F. Temple and William Workman, and toasted their success.

Hellman soon became disenchanted with his partners, bought them out and joined Downey. Together they then formed the Farmers and Merchants Bank that has served Southern Californians well to this day.

Downey drew the Los Angeles pueblo's scattered retail establishments to a central location by building a two-story block long building at Main and Temple. Warehouse sheds went up on nearby Los Angeles Street for Los Nietos farmers to deliver their produce to. The newcomer Americans were making a mark on the pueblo. It hummed with business.

Downey himself spanned the gap between the old and new cultures. He was married to a Californian, and together he and his wife threw parties where families old and new alike waltzed in his large ballroom. A mixture of cultures was developing that has baffled outsiders to this day. California and particularly Southern Californians were different.

There was still much work to be done. The old pueblo's irrigation system was still a series of open ditches. Downey helped organize the Los Angeles City Water Company.

An artesian well dug in the area now known as Compton proved there was an artesian water bonanza under much of the arid southland's soil. All you had to do was drill for it.

Phineas Banning's stage route from the harbor to L.A. even made a detour so passengers could see the wonder of water bubbling up from beneath the Compton earth!

Los Angeles was a bustling, growing city ready to explode on the national scene by the time the railroad finally arrived in the mid-1870s to free it from its ring of mountains.

And John Downey had a lot to do with it. *Originally published December 2, 1994*



Downey High School's Cassandra Fuenmayer, Warren's Natalia Bertinelli, and La Serna's Larissa Von Lockner were the recipients of a tea given by the American Legion Auxiliary District #19, preparing them for their attendance at Girls State at Cal State Fresno.



Joyce Prokop and Martha Sodetani were both recently nominated for Woman of the Year for the 27th Senatorial District for their long record of personal, professional and civic leadership. Alan Lowenthal presented the two Downey residents with framed resolution certificates at a luncheon entitled, "Woman Who Make a Difference." Pictured above, left to right: Prokop, Councilmembers Ann Marie Bayer and Kirk Cartozian, Sodetani, and Lowenthal.

The Poets' Corner Grandma

My grandma shuffled from window to window watching her neighbors walk down the street. "Why does Mrs. Graham wear sweaters on hot summer days?" or "When will the Mosleys stop quarreling?"

She made a tisk-tisk sound with her tongue when the Bowman's dog wet on her roses. "The Bowmans have run up a bill at Troy's market again. Lord knows the Troys need their money, what with their daughter the way she is."

I spent Sunday evenings with my Grandma while Mom and Dad went to the movies. Grandma saved the week's funny-papers and I read them on her couch. Once she proclaimed, "That girl wears so much lipstick and rouge, she looks like Raggedy Ann."

I never knew Grandma's neighbors, but I loved them for the entertainment they provided her. I did see "that girl" once. Her lips and cheeks shown like the neon sign at the corner gas station. I still dream of her.

> -- Richard Thormodsen, Downey

Pomrehn updating citizens on Downey

DOWNEY – Assistant City Manager Scott Pomrehn will be guest speaker at a Citizens for Downey meeting June 13 at the Rio Hondo Events Center.

Pomrehn is expected to speak on the happenings in the City of Downey. A question and answer session will follow his presentation.

A breakfast buffet will be available at 7 a.m., followed by the program at 7:15. No reservations are required and the public is invited.

Basketball camp at Downey High School

DOWNEY – Downey High School will host a summer basketball camp for incoming freshmen – boys and girls – beginning June 25.

The camp will be taught by varsity basketball coach Larry Shelton and his staff. Shelton is a two-time Los Angeles Times Coach of the Year and four-time San Gabriel Valley League Coach of the Year.

Cost to attend camp, which will run June 25-July 19 (no classes July 4 or 5) is \$100 and includes Downey basketball shorts and a jersey. The camp meets Monday through Thursday from 8 to 10 a.m. in the Downey High School gym.

The camp includes games and tournaments, with the possibility of 13 games versus other schools.

For information, call Shelton at (562) 412-7528.





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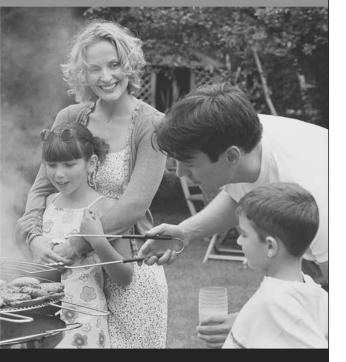
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NCUA

Editorial Page 5 Friday, June 8, 2007

Like father, like son

By Eric Pierce

Less than two weeks away from Father's Day, and I still have no idea what I'm going to buy my dad.

What do you buy the man who doesn't require much? What do you buy the man who is perfectly content snoozing on the recliner with Vin Scully and the Dodgers on television?

My dad works late, eats meat and drives a Ford. He doesn't call in sick to work unless he really is sick. (And even then, he would have to be practically on his deathbed.)

My dad believes in working union. He believes in working hard and getting paid fairly.

He believes in making men out his three boys.

And so I'm at a quandary. What do I buy my dad? Last Christmas I bought him a gift card to Big 5 Sporting Goods. The year before that I bought him a gift card to...Big 5 Sporting Goods.

He'll never admit it, but Big 5 is getting kind of old.

My dad doesn't want to be taken out to lunch and have a big spectacle made out of him. Maybe a barbecue at home, with a Dodger game on TV and the Sunday Times on his doorstep.

It sounds so simple, but I think he'll like it.

When I was in school, we didn't have "party crews." There were tagging crews, gangs and different cliques (punk, goth, jock, prep and "greasers," among others), but no party crews that I was aware of.

I knew of kids who would bounce from party to party, drinking liquor and doing dope at each location, but it was not a well-organized operation.

Things are easier these days with technology. Myspace "bulletins" let friends and students spread messages to each other faster than wild-fire and text messages let kids chat hours on end without having a phone stuck to their ear.

A big fight going to happen tomorrow at school? Post a bulletin and send a mass text message and, in only a matter of seconds, hundreds if not thousands of kids take wind of it.

We're living in the age of technology and information. It's up to us to be responsible with that information. Here's hoping next time a student hears rumors of a fight about to transpire, he'll do the right thing and alert a teacher.

The unjust imprisonment of Dr. Jack Kevorkian

Contributed by the Ayn Rand Institute

Assisted-suicide practitioner and advocate Jack Kevorkian was paroled on June 1 after eight years of imprisonment for assisting in the suicide of a terminal patient suffering from Lou Gehrig's disease.

"Dr. Kevorkian's imprisonment was a great injustice," said Thomas Bowden, a practicing attorney and a writer for the Ayn Rand Institute. "He would never have been convicted of murder if Michigan law had allowed a defense based on irrefutable, objective evidence of consent. Dr. Kevorkian should be honored for his courageous stand in defense of the right of individuals suffering from devastating terminal diseases to end their lives with the assistance of a trusted doctor."

Before his conviction, Kevorkian claimed to have assisted in the suicide of 130 patients. Now he has vowed to work for the legalization of assisted suicide across the country while not practicing it himself.

"Hopefully," said Bowden, "Dr. Kevorkian will be successful nationwide in promoting the right to commit suicide with voluntary physician assistance. Currently, only Oregon has set forth clear procedures by which



Letters to the Editor: Graffiti just part of the problem

Dear Editor:

In response to "Disgusted by Graffiti," (The Downey Patriot, 6/1/07) I too am a longtime Downey resident and very concerned about this problem. Recently, I've been plagued by recurring "tags" on the sidewalk in front of my residence. I am grateful that on many occasions, the city has responded quickly and removed the offending markings, but this is not always the case and I can't avoid my own children being exposed to it. Part of the problem is caused by the Downey Unified School District's poor enforcement of resident student rules. This results in an ever growing number of kids who live in nearby cities but attend Downey schools. Some take public transportation; others are dropped off by parents in residential areas. In this situation, it's not hard to see some of the source of graffiti and vandalism. No wonder we have overcrowded classrooms, over-worked teachers who continually must deal with unruly students and increasing gang activity. It is ironic that while parents from adjacent cities like Montebello, Norwalk, Whittier, etc. are driving their kids into Downey schools, which they consider a better school district, one of my Downey neighbors is driving her two children to Los Alamitos to avoid exposing her kids to the negative influence of students now attending Downey schools.

RACKS

Continued from page 1

were unsuccessful.

Downey Municipal Code, Section 6599.1 states, "No person or custodian, whether as a principal or agent, clerk or employee, either for himself or any other person, as an officer of any corporation, or otherwise, shall place or permit the placement of any publication in a vending machine within the City, or place any such public vending machine on any street within the City, unless either the publisher or distributor of the material placed within the publication vending machine has a valid business license within the City and the person or custodian placing the publication vending machine upon the street has a valid business license within the City and has received a permit for the placing of such publication vending machine." Permit requirements can also be found in the Downey Municipal Code, Section 6599.5. Some requirements include: "(a) No publication vending machine shall exceed five feet (5') in height, thirty inches (30'') in width, or two feet (2') in thickness; (b) Publication vending machines shall only be placed near a curb or adjacent to a wall or building; (c) No publication vending machine shall be chained, bolted, or otherwise attached to property not owned by the owner of such machine; (h) No such machine shall be used for advertising signs or publicity purposes other than dealing with the display, sale or purchase of the publication sold therein; and (i) Each such machine shall be maintained in a clean, neat, and attractive condition and in good repair at all times."

doctors can insulate themselves from criminal prosecution while easing their dying patients' pain and suffering.

"What lawmakers and judges must grasp is that there is no rational basis upon which the government can properly prevent an individual from choosing to end his own life. Our right to life, liberty, and the pursuit of happiness means that we need no one's permission to live, and that no one may forcibly obstruct our efforts to achieve personal happiness. But if happiness becomes impossible to attain, due to a dread disease or some other calamity, a person must be able to exercise the right to end his own life.

"To hold otherwise – to declare that society must give us permission to commit suicide – is to contradict the right to life at its root. If we have a duty to go on living, despite our better judgment, then our lives do not belong to us, and we exist by permission, not by right.

"For these reasons, each individual has the right to decide the hour of his death and to implement that solemn decision as best he can. The choice is his because the life is his. And if a doctor is willing – not forced – to assist in the suicide, based on an objective assessment of his patient's mental and physical state, the law should not stand in his way.

'The Secret' to be shown for free

DOWNEY – The community is invited to see "The Secret," the controversial film discussed on "The Oprah Winfrey Show," at the Downey Church for Spiritual Enrichment.

The film will be shown at 7 p.m. for free on four dates: June 13 and 27; and July 11 and 25. Light refreshments will be offered and books, DVDs, and boutique items will be for sale.

Donations will be accepted. For information or to reserve a space, call Yvonne at (562) 926-2445.

The Downey Church for Spiritual Enrichment is at 10000 Paramount Blvd.

The Downey Patriot

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11525 Downey Ave., Suite A, Downey, CA 90241 Phone (562) 904-3668 * Fax (562) 904-3124 Hours Monday-Friday 9 a.m. - 3 p.m. www.TheDowneyPatriot.com



The Downey Patriot is published weekly by Jennifer DeKay-Givens. Controlled Distribution, 25,000 copies printed. Distributed by Great Western Advertising Distributors, Inc., Los Angeles, CA.

— J. Palmero,

Downey

One less reason to film here

Dear Editor:

I saw a good thing happen in Downey this week: A movie was being filmed at the old Avenue Theater.

I thought what a great thing to have a Hollywood film in our city, except now with Johnie's Broiler gone there would be one less reason to. Unless they want to film the apocalypse, or the illegal destruction of a piece of American and Downey history – a building destined to be named a historical site.

— E. Hodge,

Downey

Letters to the editor may be submitted by writing to The Downey Patriot, 11525 Downey Ave., Suite A, Downey CA 90241 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

The 'Owls' look to improve health care

DOWNEY – The Rancho Owls, a group of seniors between the ages of 65 and 100, meet every Tuesday at Rancho Los Amigos National Rehabilitation Center from 9:30 a.m. to 12:30 p.m.

The group looks to improve communication between health care providers and seniors, promoting improved health care to seniors through education and advocacy. Their meetings provide peer support, education relating to aging and access to social services, as well as take field trips and partake in other recreational activities.

The Rancho Owls was started in 1983 by the Older Adult Health Services at Rancho.

A light breakfast and full lunch is served at each meeting. Transportation is also available to many surrounding areas.

For information, contact Jan Brady or Sherlyn Marsh at (562) 401-7402.

City officials are currently reviewing permit standards and requirements and hope to get rid of any racks that are not under permit.

Praise Chapel opens its doors in Downey

DOWNEY – Downey's latest addition, Praise Chapel Christian Fellowship, hosted its grand opening on June 3 at the Los Amigos Country Club.

Ongoing services will be held at the same location every Sunday at 9 a.m. and Wednesday at 7 p.m.

The community is invited to attend and validated parking and child care will be provided.

Praise Chapel was started in 1976 in Maywood by Pastors Michael and Donna Neville. The Downey location will be led by Neville's son, Jason, and his wife Jackie.

For information, call (562) 254-5498.

Stonewood Center celebrating Flag Day

DOWNEY – Stonewood Center in Downey will host a flag-raising ceremony in recognition of Flag Day on June 14, starting at 9:30 a.m.

Assisting with the ceremony will students from Rio San Gabriel Elementary and Downey High School, Marines and Veterans of Foreign Wars Post 1744.

The event is part of Stonewood Center's "Old Gloryous Celebration."

Cimino selected for Mortar Board

DOWNEY – Downey native Elise Cimino, a University of San Diego student, was selected for Mortar Board, a national honor society recognizing students for outstanding achievement in scholarship, leadership and service.

Cimino, who will be a senior this fall, is majoring in communications. Her long-range goal is to become a news reporter.

Page 6 Friday, June 8, 2007 Comics/Crossword ______ The Downey Patriot



On This Day...

DAVE COVERLY







Downey Community Calendar

Events For June

Sat. June 9: "Relay for Life," Columbus High School, 9 a.m. Sun. June 10: Wilson Piano Quintet, Moravian Church of Downey, 7 p.m. Wed. June 13: "Beginning Computer" Class, Downey Library, 10:30 a.m.

City Meetings

1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall. 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall. 2nd & 4 th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber. 2nd & 4 th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall. 3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

Regularly Scheduled Meetings Mondays

6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786. 6:30 p.m.: Overeaters Anonymous, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786. 1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481. 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159. 3rd Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053. 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 861-3989.

Tuesdays

9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439. 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. 9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153. 12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400. 12 p.m.: Exchange Club of Downey, at Sizzler, for information call Don Hollister at 927-5871. 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 928-2658. 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478. 7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659. 7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802. 2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox. for info. call (562) 923-2191. 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square. for information call (562) 927-6438. 2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904. 3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106. Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

<u>Wednesdays</u>

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626. 1 p.m.: Women's Bocce Club, for information call 869-8782. 1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618.

1st Weds., 11:30 a.m.: Downey Coordinating Council, for information call 927-9790. 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028. 1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132. 2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197. 2nd Weds., 11:45 - Downey Christian Women's Club, at Los Amigos CC. Call 927-8488. 4rth Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513. Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

Thursdays

7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534. 7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414. 12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971. 12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153. 12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655. 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677. 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176. 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388. 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

June 8, 1789: President James Madison introduces a proposed Bill of Rights in the United States House of Representatives.

1925: Former First Lady Barbara Bush is born. Also born June 8: Frank Lloyd Wright (1867), Jerry Stiller (1929), Joan Rivers (1933) and Kanve West (1977).

1953: The Supreme Court rules that Washington, D.C. restaurants cannot refuse service to blacks.

1968: James Earl Ray is arrested in London for the murder of Martin Luther King Jr.

1998: Charleton Heston is elected president of the National Rifle Association.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com) FIRST-NAME BASIS: Puzzle VIPs seldom fully seen by Sally R. Stein

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Fridays

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Harry Sacks at 319-1063 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

> to enter commercial service in 2008. Boeing's new 787 JET, scheduled to smanksin sht ai (nwod 7E) maker of ARROWs. "Dreamliner" used at 62 Across, a 'fletcher" is a which the opera was based. As Heyward, author of the novel upon "Porgy and Bess" with DuBose co-wrote the lyrics of the opera IRA GERSHWIN (44 Across)

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PUZZLE PRIZE CONTEST! Try Stan Newman's WordWit Puzzle™ at www.StanXwords.com

64 1776 character

65 Ignited again

Health/Wellness Page 7 Friday, June 8, 2007

Paging Dr. Alan Frischer...

By Dr. Alan Frischer

C The number of deaths that o c c u r because we eat too much salt is equivalent to a jumbo jet crashing every single day," according to



Stephen Hayas, professor of epidemiology at the University of Maryland School of Medicine.

To me, this is unimaginable. These Americans die daily from heart attacks, strokes, and other diseases caused by the impact of salt on their blood pressure. Salt intake is a crucial issue for the 30 percent of Americans with hypertension, the 30 percent with prehypertension, and the 90 percent of Americans who will eventually get hypertension if they live to age 75. We know that it is a major problem.

So why don't Americans care about their salt intake? Why do restaurants continue to put massive amounts of salt in our food?

The Institute of Medicine recommends that we eat no more than 1,500 mg of salt each day. Most people consume at least 4,000 mg per day.

Scientifically, the evidence that links salt intake to elevated blood pressure is overwhelming. In industrialized countries, blood pressure tends to creep up gradually. The famous Framingham Heart Study followed 55 and 65 year olds with normal blood pressure for 20 years. By age 75 or 85, 90 percent of them had hypertension.

How can you prevent hypertension? Cutting back on salt may prevent or at least delay the upward trend of your blood pressure as you grow older. The precise cause of hypertension in most people, known as essential hypertension, is generally unknown. However, we do know that excess salt and weight, insufficient exercise, and inadequate consumption of fruits and vegetables contribute heavily to the process.

It is interesting that in nonindustrialized nations, where salt intake is far lower, blood pressure does not creep upward with age. Even a small drop in blood pressure of just two points has a profound impact on the prevention of heart attacks and strokes. A 50 percent drop in the sodium content of packaged and restaurant foods can lower the average systolic blood pressure by five points. That translates to a 20 percent reduction in the prevalence of hypertension and roughly 150,000 fewer deaths per year. If you are already on medication for hypertension, as are one of

every two people over the age of 60, is there still a reason to cut back on salt?

It appears that blood pressure medication works better with lower salt intake. Cutting down on salt may also help get some people off their blood pressure medicine completely.

When researchers in the TONE (Trial of Non Pharmacologic Interventions in the Elderly) study took 975 older people off hypertension drugs and had them cut their sodium by 1,000 mg per day, half were able to keep a normal blood pressure without drugs for the rest of the 2 1/2 year study. The DASH diet (Dietary Approaches to Stop Hypertension) has proven to lower blood pressure. This is a low-fat diet rich in vegetables, fruits, and lower fat and fat-free dairy foods, and is high in potassium, which helps to neutralize sodium's harmful effects.

As a patient, where do you go from here? Most important: Get your blood pressure under control. The new target is 120/80 or lower, depending on your other health issues. Nearly 60 percent of people with high blood pressure are being treated with medication, and fewer than half of those are at their correct target level.

Next, check your diet. Cut your sodium to 1,500 mg - 2,000 mg per day. Look up information on the DASH diet and follow it. (Incidentally, this diet fits perfectly with my previous columns addressing nutrition.) Even if you have already stopped using that salt shaker, keep in mind that 75 percent of our sodium intake comes hidden in the processed foods we buy. We need to encourage food manufacturers to cut back on salt content, and the Food and Drug Administration to put pressure on them.

At least two countries, Australia and England, are already ahead of us with a campaign to embarrass companies who fail to reduce sodium levels in their products and to educate their citizens on the evils of too much salt. Just a few weeks ago, Australia launched a five-year salt reduction campaign called Drop the Salt. It unites health professionals, the food industry, government, scientists and consumer organizations in a commitment to reduce salt intake. Based on overwhelming scientific data...it's about time! Here is a strategy for reducing your sodium intake and thereby lowering your blood pressure and your risk for stroke and heart attack:

per day, then you clearly must avoid fast food, since most hamburgers contain 1,100 to 1,800 mg. Note that two slices of Pizza Hut's Meat Lover's Stuffed Crust Pizza contain 3,380 mg of sodium!

•Eating out at restaurants is tough but manageable. Ask your waiter about low sodium dishes.

•Processed foods such as canned soups, frozen foods, lunch meats, salad dressings, soy sauce, marinades, tomatoes, chicken broth, rice and pasta mixes, and chicken are loaded with salt. Look for low sodium options. Again, read those nutrition labels!

• Eat a DASH diet rich in fruit and vegetables and low in fat.

• For those of you who are overweight, develop a strategy to lose it. Elevated blood pressure is just one more reason to finally start an effective weight loss program. •Exercise daily.

•Limit alcohol. Excessive alcohol (generally, more than one or two drinks per day) will raise blood pressure.

• Find ways to lower your stress level. This will be a topic for a future column.

• As always, have a discussion with your physician. Your first priority will be to get your blood pressure where it belongs by any means available, including medication. Then, work on the items above.

As always, I wish you good luck and good health!!

'Relay for Life' scheduled June 9-10

DOWNEY – The American Cancer Society's "Relay for Life" will be held June 9-10 at Downey Adult School.

The walk will begin Saturday at 9 a.m. The day will include games, prizes, music, a jumper for children, performances and radio stations.

A candlelight ceremony honoring the memory of cancer victims will be held at 9 p.m.

Residents, businesses and community groups are encouraged to participate. For more information, call Karina Madariaga at (562) 940-6236.



Stroke screenings

available to residents

DOWNEY – Stroke screenings using ultrasound technology will be offered to local residents at the Los Amigos Country Club on June 22. Appointments will begin at 9 a.m.

Life Line Screening will also offer bone density and osteoporosis screenings.

For more information on the screenings, including prices, call (877) 237-1287 or visit www.lifelinescreening.com. Pre-registration is required.

Pastor speaks at conference in India

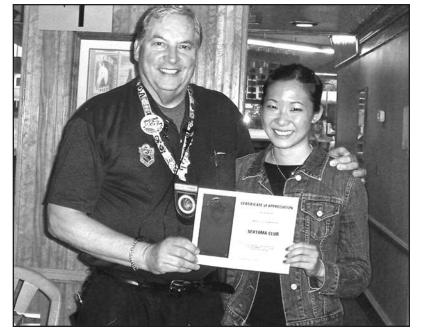
DOWNEY – David Sariñana, Downey businessman and pastor of Action Faith Ministries, recently visited Hyderabad, India to speak at the first-ever Action Faith Conference held in India.

Sariñana was accompanied by a team of six Action Faith Ministries members: Bernie Wijesiriwardna, Victor Hernandez, Carlos Hernandez, David Vasquez, Felipe Aragon and Jennifer Herrera.

The conference was themed, "Kingdom in Self, Kingdom in Family, and Kingdom in the World." Over 2,300 Indian pastors and delegates attended the conference, some traveling over 50 hours by bus and train just to attend.

For information on the conference or Action Faith Ministries, visit their website at www.actionfaithministries.com.

Email us at downeypatriot@yahoo.com thedowneypatriot.com



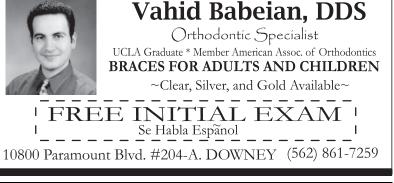
Mari Tajii, RD, a registered dietician from Downey Regional Medical Center, was the guest speaker at a recent meeting of the Sertoma Club of Downey. The message covered healthy heart/low sodium meals. Tajii is shown with Club President Mauri Thomas. Sertoma meetings on the second and fourth Tuesday of each month at 6 p.m. at Bakers Square in Downey. For information, call Britt Rivers at (562) 862-9629.



Pastor David Sariñana of Action Faith Ministries recently visited India to speak at the first-ever Action Faith Conference.



• Learn to read food labels. If your target is 2,000 mg of sodium

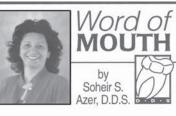




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It is estimated that more than one million adults in this country suffer from a malady known as "burning mouth (BMS), which svndrome" is characterized by a burning sensation in the lining of the mouth. This painful disorder affects mostly women over the age of 60 and can also cause dry mouth and a loss of taste. While it is difficult to pinpoint the exact source(s) of BMS, experts speculate that 30% of cases are caused by pre-existing conditions such as diabetes, the onset of menopause, nutrient deficiency, or complications from radiation/chemotherapy. The other 70% of cases may be due to poorly fitting dentures, dry mouth, tongue thrusting, or teeth grinding. The dentist can help diagnose and treat BMS effectively

This condition can be improved in most cases. When applicable, patients are taught to manage BMS through practicing good oral hygiene, dietary changes and other preventive practices. We will be happy to discuss any oral concerns you may have. Any time you have a question, please don't hesitate to ask. Good dentistry is more than excellent clinical skills and state-of-the-art equipment. We feel that mutual trust, too, is a factor in the success of your treatment. Our entire staff believes that open communication can help build this trust. Our office is located at 10800 Paramount Blvd., Suite 307. Please call (562) 923-3714 to schedule an appointment.

P.S. If tooth grinding (bruxism) or tongue thrusting are the causes of BMS, an intraoral appliance fabricated by the dentist may help.

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Great Reasons to choose Citizens Choice Healthplan \$0 monthly premium
\$0 co-pay doctor visits
\$0 co-pay hospital in-patient care
\$0 co-pay specialist visits
\$0 co-pay transportation
\$0 co-pay routine vision & hearing services

\$3 co-pay generic drugs \$15 co-pay preferred brand name drugs \$20 co-pay brand name drugs

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Citizens Choice Healthplan proudly offers AppleCare Medical Group in vour community.



AppleCare Experience the Difference

Other providers are available in our network. Citizens Choice Healthplan (CCHP) is an HMO with a Medicare contract. Medicare beneficiaries must have Medicare Parts A & B and reside within the service area to enroll in CCHP.

H3815_07007E (10-06)

Rare footage of 1938 Queen Mary transatlantic crossing presented

LONG BEACH - Rare color footage of the Queen Mary during a 1938 transatlantic crossing will be presented June 13 aboard the iconic ship on the Promenade Deck.

Cost to attend the viewing is \$20, with all proceeds benefiting the preservation and restoration of the Queen Mary.

The film will be presented by John Ewing, whose parents boarded the Queen Mary with a church group to attend an international touring conference for world peace that visited a number of European countries.

During their travels, prior to World War II, their home movie camera captured scenes of the Queen Mary in New York Harbor with cabs scurrying around the dock, the ship at full speed - even images of German soldiers in full Nazi uniform. And, rare in 1938, all images are in full color.

Ewing will also have DVDs of the presentation available for purchase. Tickets will be available at the door.

Neil Simon comedy closing season

LONG BEACH - The Long Beach Playhouse Mainstage Theatre will close their season with a comedic drama by Neil Simon, "I Ought to be in Pictures.'

Herb, a once successful Hollywood scriptwriter, is having a dry run and his confidence is shaken. He does have some consolation in his offand-on relationship with Steffy, a movie makeup woman. Then suddenly he's confronted with his distant and almost forgotten past in the person of his teenage daughter, Libby, who's trekked to Hollywood from Brooklyn where Herb had simply up and left wife, daughter and son 16 years earlier.

The production will open June 22 and closes July 28. Ticket information is available by calling (562) 494-1014.





A group of orphans sing "Food, Glorious Food" in Downey Civic Light Opera's production of "Oliver!" Photos courtesy Downey Civic Light Opera



Nancy and the Artful Dodger sing "I'd Do Anything" in "Oliver!" The production will be at the Downey Theatre until June 17. Photos courtesy Downey Civic Light Opera

Senior Follies 'Just Havin' a Little Fun'

DOWNEY - The Downey Committee on Aging, along with the City of Downey, will present the fourth annual Senior Follies "Just Havin' a Little Fun" starting June 22 at the Barbara J. Riley Community & Senior Center.

Senior Follies is a two-hour show featuring singing, dancing and comedy. Naomi Nixon directs the production, which includes a full cast of performers.

The shows are scheduled for June 22 at 6 p.m., and June 23 and 24 at 3 p.m. Tickets are \$5 and are now on sale at the community center. For more information, call (562) 904-7223.



Review 'Oliver!' a delightful tale of an English orphan boy

By Brooke Karli Staff Writer

DOWNEY - For the first time in 21 years, the Downey Civic Light Opera is featuring "Oliver!," a story about an orphan boy who runs away from an orphanage only to find himself mixed in with a group of thieves.

The production, Lionel Bart's musical adaptation of Charles Dicken's "Oliver Twist," is delightfully witty and humorous.

Oliver, played by 10-year-old Logan Karlen, is an orphan boy that causes much dismay amongst the orphanage after humbly pleading, "Please Sir! I want some more!" Oliver is then taken by Mr. Bumble (Alan Neal Hubbs) to the Undertaker, Mr. Sowerberry (Nick Manecola), who buys Oliver for five pounds and uses him as a mourner at children's funerals.

In no time, Oliver runs away from the Undertaker, later meeting the Artful Dodger (Tahlena Chikami), who takes Oliver to meet Fagin, a gentleman that will "give him lodgings for nothing, and never ask for change.'

Fagin (Bill Lewis), as well as the "gang," teach Oliver how to properly "make handkerchiefs" (pickpocket). Oliver is then sent to accompany the Artful Dodger and Charlie Bates (Tyler Girdner) to pickpocket when Oliver is wrongfully accused of theft.

Fagin and the gang search frantically for Oliver, kidnapping him when they get the chance. Nancy (Charlotte Carpenter) helps Oliver return to Mr. Brownlow (John T. Briganti) - an ending that is both deserving and joyous.

The cast of over 50 did a phenomenal job of not only singing and acting, but of also inviting the audience into the life of an English orphan. Although the accents were a little difficult to understand - especially during the songs - the cast did a fine job of getting into character.

Karlen was absolutely adorable, Carpenter was - like always - a delight to see and hear, and Lewis, in my opinion, made the show. He was eccentric, hilarious and un-shamefully greedy.

The production's score was fantastic, with some of my favorite's being, "Food, Glorious Food," "Where is Love?," "Consider Yourself," and "Pick a Pocket or Two."

Executive Producer and Director Marsha Moode once again outdid herself, with the help of Musical Director and Conductor Eddy Clement and Choreographer Rikki Lugo.

"Oliver!" will be playing at the Downey Theatre until June 17. For tickets and information, call (562) 923-1714.

'Stuart Little' opens in La Habra

LA HABRA - "Stuart Little," E.B. White's immensely popular children's story about a mouse born to a family of humans, opens today at the La Habra Depot Theatre. The play is suitable for all ages.

"Stuart Little" runs through June 30. Performances are Friday and Saturday nights at 8 p.m. and Sunday matinees are at 2:30 p.m. Tickets are \$15 for adults and \$12 for children, students and seniors

Reservations are available by calling (562) 905-9625.

Chorus singing old and modern faves

LOS ANGELES - The Hollywood Master Chorale (HMC) will present "All Ye Who Music Love," featuring works by Back, Purcell and other Baroque and modern favorite, at a concert June 24 at Wilshire United Methodist Church in Los Angeles. The show begins at 7 p.m.

Tickets are \$18 in advance or \$22 at the door for adults and may be

(1:00) 6:20



Senior Center honors three outstanding people

Contributed by the Barbara J. Riley Community & Senior Center **DOWNEY** – The month of May honors older Americans and the Barbara J. Riley Community and Senior Center recognizes three outstanding seniors.

Harriet Paine has served the community of Downey with her dedicated emphasis on helping people develop skills to improve and enrich their personal, home and family life for over 50 years. She's always willing to accept a new teaching challenge or volunteer commitment. Some of the projects include overseeing the publication of Downey Rotary's Cookbook, participating with Chamber of Commerce Street Faire and Career Expo, member of the Downey Coordinating Council, the AAUW, the Downey Symphony Guild, and many more.

As an adult education teacher, she began teaching the older adult programs – making things happen for the seniors in the community. She named the Monday class "OASIS," which stands for Older Adults Seeking Information and Skills. This is a program for learning, entertainment, socializing and eating. She presents a different speaker or performer every week for 100 seniors. After 54 years and at the age of 85, she is still actively teaching at Downey Adult School and active in Downey.

Hubert Ball has lived a life of serving his community and country. He joined the Navy in 1942 and was a First Class Machinist Mate. After being discharged, he went to work at the Long Beach Naval Shipyard, retiring in 1977. Every year he goes to Ohio for five months in the summer, where he belongs to the Dellroy Ruritans, a national club that meets every month to raise funds for the good of the community. Some funds are used for fire equipment, schools, scholarships and services for the sick and elderly. In addition to holding barbeques, raffles and garage sales to raise the money needed, the group cleans the roads and highways. A huge supporter of the youth and their future, he has always opened his garage to his neighborhood so that any of the children may build something and take it home. This encourages the children to use their creative abilities.

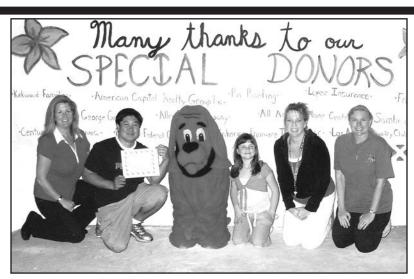
Dorothy Parizek keeps herself busy volunteering for the Senior Recreation Club, Meals on Wheels, and her church. She has been a member of the Senior Recreation Club for three years. Her first year she was learning the ropes and by the second year she was the club president. This year she runs the kitchen and prepares the food for all of the members. She volunteers for Meals on Wheels four days a week, delivering meals to the patrons. At her church, she is a minister, helping serve the wine at communion, collect offerings and seat people. Dorothy is on the go six days a week helping at one site or another.

All of these deserving candidates were recognized by the City of Downey at the Café Quill Dinner held at Barbara J. Riley Community & Senior Center on May 17. Each were honored for their outstanding contributions to the community.

Filipino artist giving demonstration at Furman Park June 26

DOWNEY – Downey Art League and the Traditional Artist's Guild of Paramount will hold a joint meeting June 26 at Furman Park, where guest demonstrator Magoo C. Valencia will give a presentation in watercolor.

Valencia is a fine arts graduate from the University of the Philippines and has worked for almost 30 years at several advertising agencies as a layout artist, senior artist and art director. He is a founding member of the Philippine Watercolor Society and has been a watercolor instructor at the



Kirkwood Christian School held their Family Bingo Night fundraiser, with proceeds going towards the installation of new playground equipment. Pictured above, left to right: Janice Allen, Kirkwood Parent Club co-president; Robert Reyes; Clifford the Big Red Dog; Amanda Lankin; Kirkwood President Jennifer Hartle; and Diana Pemberton-Morris, Kirkwood Parent Club co-president.

Kirkwood raising money for playground equipment

DOWNEY – Kirkwood Christian School recently held a Family Bingo Night for students and their families, school staff and other guests. The event was one of a series of fundraising events organized to raise money for new playground equipment at the school.

The night was organized by volunteers from the Kirkwood Parent Club, and featured entertainment by the local comedy improv group, O'Manna. Gifts and prizes were donated by the parents of Kirkwood students as well as by local residents and businesses.

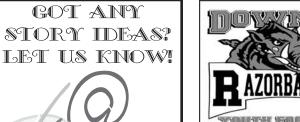
Third-grader Amanda Lankin won the 50/50 raffle and Robert Reyes won a silent auction for one round of golf for four people, donated by Los Amigos Country Club.

Additional significant donations to the Kirkwood playground fund were received from All American Home Center, Allen Tire Company, American Capital Realty Group, Downey Federal Credit Union, Frantone's Pizza, Krikorian Premiere Theatres, Lopez Insurance, PIN Roofing, Sambi of Tokyo, Steve Roberson/Century 21 My Real Estate, Mr. and Mrs. George Gordon, Mr. and Mrs. Bob Van Kekrix, and Mr. and Mrs. Michael Starr.

Upcoming Kirkwood Christian School events include the annual endof-year field trip for students to Knott's Berry Farm, and graduation ceremony and ice cream social June 15.

For information on Kirkwood Christian School, call Principal Jennifer Hartle at (562) 861-4419.

The Downey Patriot Read your Hometown paper the new way by using the internet. We have • Blogs • Calendar section • New columns. Our newspaper is updated weekly for you to stay up-to-date on the most current affairs. Visit us on: www.TheDowneyPatriot.com



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New Entertainment this week

CD Releases

Paul McCartney - Memory Almost Full

Marilyn Manson - *Eat Me, Drink Me*

Rihanna - Good Girl Gone Bad T-Pain - Epiphany Daddy Yankee - El Cartel Dream Theater - Systematic Chaos Bruce Springsteen - Live in Dublin The Police - The Police Chris Cornell - Carry On Carl Thomas - So Much Better Elvis Crespo - Regreso el Jefe Zion - Perfect Melody

Source: Amazon.com

DVD Releases

MOVIES Coming to America (Special Ed.) Fired! Maxed Out The Messengers Norbit Trading Places (Special Ed.)

TELEVISION/MISC. The Cosby Show - Seasons 3 & 4 The Dead Zone - Season 5 The Fall Guy - Season 1 Ghosts of Abu Ghraib Hogan's Heroes - Final Season Mission: Impossible - Season 2 Rescue Me - Season 3 Seinfeld - Season 8

Source: Box Office Mojo

Source: ebgames.con

Video Game Releases

Crash Triple Pack - PS2 Raw Danger - PS2 World Championship Cards - PS2 Naruto Ultimate Ninja 2 - PS2 Tenchu Z - X360 Monster Madness: Battle for Suburbia - X360 Big Brain Academy: Wii Degree -Wii Scarface - Wii

Entertainment listing every week by

The Downey Patriot

Downey Youth Football Aka Downey Pop Warner Football, Inc P.O. Box 4213 Downey, CA 90241 (562) 928-6081; Fax (562) 776-8999 www.downeyrazorbacks.org

Louis Morales, President

Concerts

FRIDAY, JUNE 8 Black Light Burns - El Rey Theatre Charlie Daniels Band - Coors Amphitheatre Sugarhill Gang, Stevie B - Honda Center Chris Cornell, Queens of the Stone Age - Ventura County Fairgrounds **KPCC 89.3 A Prairie Home Companion** - Greek Theatre Lisa Lampanelli - Grove of Anaheim Morrissey - Hollywood Bowl Tesla - HOB Anaheim Third World - Galaxy Concert Theat. SATURDAY John Mayer - Hollywood Bowl Jonathon Brooke - Coach House Tesla - HOB Hollywood Kingspade - HOB Anaheim

Johnny Gill & Keith Sweat - Greek Theatre Toto - Galaxy Concert Theatre SUNDAY John Mayer - Hollywood Bowl LCD Soundsystem - El Rey Theatre Lukas Rossi - Coach House MONDAY Rock the Boat - Gibson Amph. TUESDAY NeYo - HOB Hollywood

John Mayer - Coors Amph. Brian Wilson - Pasadena Civic Aud. Colin Quinn - Pala Casino Static X - HOB Anaheim

WEDNESDAY O.A.R. - HOB Anaheim THURSDAY

NeYo - HOB Anaheim O.A.R. - Wiltern Source: Casenet

Book Releases

"Double Take" by Catherine Coulter "Blaze: A Posthumous Novel" by Richard Bachman "The Diana Chronicles" by Tina Brown "Penny" by Joyce Meyer "Cat O' Nine Tales" by Jeffrey Archer "The Last Chance Millionaire: It's Not Too Late to Become Wealthy" by Douglas R. Andrew "Stalin's Ghost" by Martin Cruz Smith "The Maytrees" by Annie Dillard Source: barnesandnoble.com



Sidem

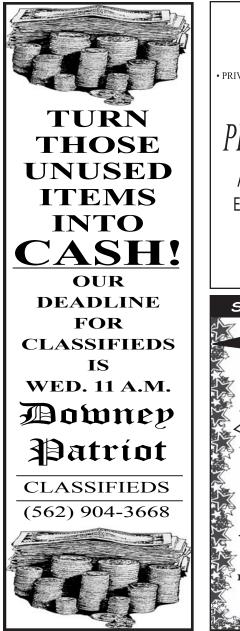
Ayala Museum in the Philippines for three years.

He is the former vice president of some of the most prestigious art clubs in the Philippines, including the Saturday Group of Artists. He has had eight one-man shows and joined over 100 group shows, in addition to conducting several watercolor workshops for four years.

He also serves as a judge to several national art contests in the Philippines.

His painting subjects are mostly landscape, seascapes, still-lifes and old houses.

The meeting starts at 7:30 p.m. in Furman Park's Building 1. The community is invited to attend.







<u>Downey Youth Football</u> ("DYF"), is a non-profit organization providing service since 1961. <u>Registration Cost:</u> Flag Football, \$130; Tackle Football, \$180; Cheerleading, \$115 (Excludes cost of Game Jerseys or Cheer Uniforms, must furnish June 2007 Report Card, Utility Bill, and Birth Certificate). <u>Sign-Ups:</u> take place on the 1st and 3rd Saturday of every Month from 11am to 2pm at:



Furman Park 10419 Rives Avenue Downey, CA 90241 (562) 904-7129

special sign-up dates and locations:

Location

June 9th Sign-Ups June 10th CHEER FITTINGS

AGE & WEIGHT TABLE Division Max Weight Age 100 lbs 5-6-7 Flag Might-Mite 7*-8-9 90 lbs Jr. PeeWee 8-9-10 105 lbs PeeWee 9-10-11 120 lbs Jr. Midget 10-11-12 135 lbs

*Min. 60 lbs. League age is age on July 31st

11-12-13-14

160 lbs

Midget



FURMAN PARK FURMAN PARK

- DYF had Three (3) teams qualify for the play-offs in 2006 and two (2) qualify for the National Championship Game in Arizona in 2005.
- Cash Scholarships are granted to those participants that maintain a 4.0 GPA through the entire school year.
- Raffle tickets are available to off-set registration costs.
- Last day for Cheer registration and Uniform Fittings is Sunday, June 10, 2007.
- Must be paid in full by July 7, 2007. Spaces are limited and Waiting lists will be established on a "First Come and First Paid" basis.
- Physicals are on July 12th, Mandatory Parents meeting July 21st, and first day of practice is July 30th.
- Home games are held at the new Stadium at Downey High School. First game is September 8, 2007.
- Coaching opportunities are available. All coaches must go through an extensive back ground check through the Department of Justice's live scan process.

For additional information and to download the full calendar please visit us at: <u>www.downeyrazorbacks.org</u> or call (562) 928-6081. Cheer Info: (562) 928-9150 or (562) 745-5149 E-mail: dnyrzrbks@yahoo.com

Faith in Downey: Downey United Methodist Church & Downey Memorial Christian Church

BY BROOKE KARLI STAFF WRITER

C ome of Downey's oldest churches – First Baptist Church of Downey and Our Lady of Perpetual Help – are in good company.

According to Richard Daggett, Downey United Methodist Church Historian, Downey United Methodist Church has been around since 1854. "The History of Southern Methodism on the Pacific Coast" - a book written by Rev. J.C. Simmons D.D. of the Pacific Annual Conference of the Methodist Episcopal Church, South - tells of pioneer Methodists from the South who met in their homes in the Los Nietos Valley for weekly prayer meetings.

The book goes on to say that a "class" of 16 members applied for a minister to be sent to them in 1854. Rev. J.F. Blythe later visited the group, preaching numerous times and formally organizing the Methodist class.

At the time, the church was called the Los Nietos Methodist Episcopal Church, South.

In 1869, the Methodist Episcopal Church, South founded the Los Nietos Collegiate Institute, intended to educate children from primary grades through college. The school, which also served as the church's meeting place, was one of the first Protestant colleges in Southern California and was located on the corner of College Avenue (now Paramount Boulevard) and Alameda Street. One of the school's early teachers was Rev. E.C. Knott, father of Walter Knott of Knott's Berry Farm.

In 1877, a new structure was built across the street from the school, serving as the new church. Then in 1891, the church was relocated to the corner of Dolan and Second Streets, moving closer to a more populated area.

Finally, in 1922, a lot bounded by Fifth Street, New Street and Crawford Street (now Downey Avenue), was chosen to serve as the church's new location.

While the church was moving from place to place, numerous name changes took place as well. After moving into Downey, the Los Nietos Methodist Episcopal Church, South became the Downey Methodist Episcopal Church, South. In 1939, following the merging of the Methodist Episcopal Church, the Methodist Episcopal Church, South, and the Methodist Protestant Church, the church became the Downey Methodist Church. Their present name - Downey United Methodist Church - resulted from the union of the Evangelical United Brethren and the Methodist Church in 1968.

According to umc.org, United Methodists share the following basic affirmations in common with all Christian communities:

• Describe God in three persons - Father, Son and Holy Spirit

· Believe in one God, who created the world and all that is in it

• Believe that God raised Jesus from the dead and that the risen Christ lives today

· Believe that the Holy Spirit comforts us when we are in need and convicts us when we stray from God

• Believe that humans can choose to accept or reject a relationship with God



will challenge you to make personal changes in your mind, body, and spirit. Your life, ur family, your finances, and your future will never be the same after you experience these awesome teachings from the Word of God. Join us at Action Faith Ministries where the development and the forming of leaders is taking place.

• Believe that the church is the body of Christ, an extension of Christ's life and ministry in the world today

• Believe that the Bible is God's Word - primary authority for our faith and practice

• Believe that the kingdom or reign of God is both a present reality and future hope

• Believe that Baptism is a symbol of new life and a sign of God's love and forgiveness of our sins

· Believe the Lord's Supper is a holy meal of bread and wine that symbolizes the body and blood of Christ - recalling the life, death and resurrection of Jesus and celebrating the unity of all members of God's family

United Methodists also emphasize "practical divinity," a term coined by John Wesley, the founder of the Methodist movement. Information on Wesley and "practical divinity" can be found on www.umc.org.

In addition, Rev. Michael Bankhead of Downey United Methodist Church says the church is a "liturgical" church, practicing advent, lint, Pentecost and more.

Over 125 people currently make up the church's congregation, 25 of which are children. Ministries offered include the Children's Ministry, the Family and Youth Ministry, and the Hispanic Ministry. Worship services are held on Sunday mornings at 10 a.m.

"We are a very family-based church," said Rev. Bankhead. "We strive not only to be intercultural, but also intergenerational."

Likewise, Downey Memorial Christian Church strives for the same.

"We look for ways in which we can connect with the community crossculturally and generationally," said Dr. Richard Kurrasch, senior minister of Downey Memorial Christian Church.

Downey Memorial Christian Church was established in Downey in 1958. Their 50th anniversary will be celebrated in May of next year, concluding a yearlong Jubilee Celebration.

The church's denominational affiliation is with the Christian Church (Disciples of Christ).

The Disciples of Christ website, www.disciples.org, states that like most Christians, the Disciples affirm Jesus Christ is the son of the Living God and that all persons are God's children.

Other beliefs and practices usually associated with the Disciples include: • Open Communion - The Lord's Supper is celebrated in weekly worship and is open to all who believe in Jesus Christ.

• Freedom of Belief - Disciples are called together around one essential of faith: belief in Jesus Christ as Lord and Savior. Persons are free to follow their consciences guided by the Bible, the Holy Spirit, study and prayer, and are expected to extend that freedom to others.

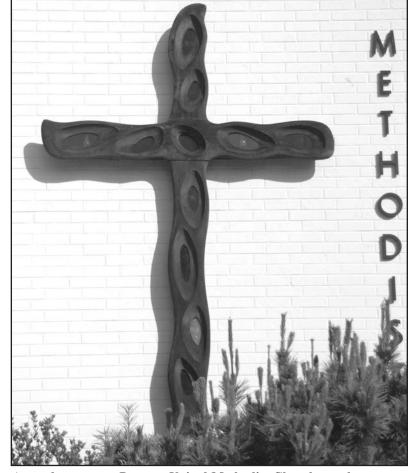
• Baptism by Immersion - In Baptism, the old self-centered life is set aside, and a new life of trust in God begins. Although Disciples practice Baptism by immersion, other Baptism traditions are honored.

• Belief in the Oneness of the Church – All Christians are called to be one in Christ and to seek opportunities for common witness and service.

• The Ministry of Believers – Both ministers and lay persons lead in worship. Service and spiritual growth

In addition, Downey Memorial Christian Church sees itself as a Progressive church, committed strongly to the social dimension of the Gospel and talking openly about peace and justice issues. The church does not have a creed with a statement of faith or doctrinal test for membership.

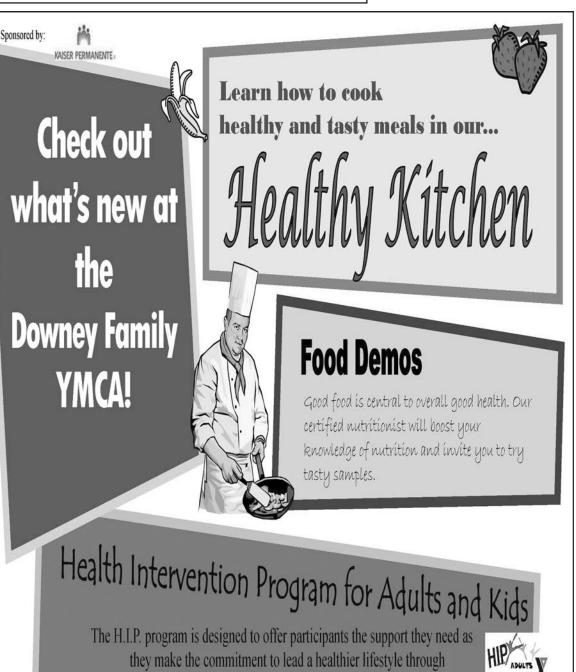
Currently, over 100 people make up the church's congregation, with approximately 50 people in attendance on a Sunday morning. The church also shares its campus with two other Disciples of Christ congregations: Familia de Fe Cristiana and Iglesia Unida en Cristo. Worship services are held on Sunday mornings at 10:30 a.m. for Downey Memorial Christian



A wooden cross at Downey United Methodist Church, can be seen on the corner of Downey Avenue and Fifth Street. Photo by Art Montoya



Church and Familia de Fe Cristiana, and Sundays at 4 p.m. and Wednesdays at 7 p.m. for Iglesia Unido en Cristo.



nutrition education and an increase in physical activity. •Program includes work-out sessions and nutrition lectures from a certified nutritionist. ·Registration is required. Ask the front desk for more information.

We build strong kids, strong families

Downey United Methodist Church 10801 Downey Ave. (562) 861-9777 www.umc.org

A statue of Jesus glows at the front of Downey Memorial Christian Church's sanctuary. Photo by Art Montoya

> **Downey Memorial Christian Church** 8441 E. Florence Ave. (562) 869-7291 www.downeymemorial.org

A message from the congregation:

he Roman Catholic theologian and scientist Pierre Teilhard de Chardin once said, "We are not human beings **I** having a spiritual experience. In actuality, we are spiritual beings having a human experience."

How do we give shape to the spiritual life and substance to its human setting? For many, that is the purpose of the Christian community, the church. We call that the pilgrimage of faith and a journey in faithfulness.

That journey revolves around Jesus. As Mother Teresa put it, Jesus is "the Truth to be told ... the Way to be walked ... the Light to be lit."

A compelling invitation, we turn in his direction, and the journey suddenly becomes very personal, for we find ourselves asking two key questions: Who is He, really, and what does He want of me, specifically? At that point, the journey also becomes interesting, perhaps even passionate.

As framed by Jesuit priest Peter Byrne (words worthy of your refrigerator or wherever you paste things to onder):

"We are simply asked to make gentle our bruised world; to tame its savageness; to be compassionate of all, including ourselves; then, in the time left over from these ministries of justice and of care, to repeat the Ancient Tale and go the way of God's Foolish Ones."

If such a journey appeals to you, and even if it doesn't ... we invite you to walk with the Disciples of Christ in Downey. Find out more about us at www.downeymemorial.org.

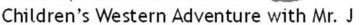
Dr. Richard Kurrasch,

Minister, Downey Memorial Christian Church



Mega Sports Day Camp June 25-29 \$110 Students entering 1st thru 5th grades. (includes daily lunch, T-shirt, Boomers! & Angel's baseball game) Extended day care available 7 a.m. - 5:30 p.m. \$40 additional

Rescue Zone Day Camp July 9-13, 2007 \$110 Students entering 1st thru 5th grades. (includes daily lunch, T-shirt, 2 special bus trips) Extended day care available \$40 additional



Tales From the Gold Mine August 13-17, 2007 FREE! 6 - 9 p.m. 3 year olds - 5th Grade At the same time, sharpen your parenting & money management skills at our FREE classes. Parents of 3 - 5 year olds must remain on campus. Family Dinner 5:15 - 5:45 p.m. \$3 per person, \$10 for immediate family of 4 or more

First Baptist Church of Downey Children's Ministries 8348 Third Street-90241 (562)923-1261 Registration for summer programs begins on Sunday, May 27, 2007

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NISSER

Continued from page 1

In 1947, family circumstances again dictated that Nisser come to America "to handle some financial affairs." He now spoke English, as well as fluent French and Arabic. The unexpected journey took him first to South America, where he learned Spanish.

His first job in California, in 1948, was at a gas station, followed by warehouse work, "emptying box cars," and a series of other odd jobs. Meanwhile, he befriended his next door neighbor, who got him interested in real estate, and who helped him build a grocery store in Bell Gardens on a corner of a leased property. He was to run the grocery store for 13 years.

He had married Rosalie Barhouse in 1949 and it wasn't long before he convinced bank executives of his plans to go into the income property business. From 1962 to 1997, he built 700 apartment units in all—in Bellflower ("He practically developed Bellflower," says one associate), Bell, Bell Gardens and Norwalk under the sobriquet, "Jo-Ro," as well as three senior rest homes. He has sold all these now, except for one building in Norwalk.

He spends an hour or so everyday in his office; weekends he hikes to his resthouse on Balboa Island, where he spends time with his extended family (three daughters, four grandkids).

May 28 was the eighth anniversary of his wife's death, and "you couldn't have contacted him at a worse time," so his youngest daughter, Mary Lee Hill of San Juan Capistrano, advised me. (Nisser says all his kids went to Pius X and OLPH).

Tight-lipped and with a faraway look in his eyes, but quick with a quip or a joke, Nisser, 81, unfailingly hears mass on TV now at his sprawling North Downey home ("I love Downey"), regularly waters his plants and flowers, spends his time reading about the never-ending strife in his beloved war-torn Lebanon, and dwells among his memories.

When recounting his last visit in 1988 to Batroun and his search for the burial site of his mother, his eyes teared up.

A happy memory, though, is the one about the Patriarch of Antioch and all the East, Patriarch Nasrallah Peter Sphier, revered by Maronites like Catholics do the Pope. Nisser says as a young boy, coming from a poor family, he could only catch a glimpse of the Patriarch from afar on his rare visits, if ever, to Batroun. A prized photo taken four or five years ago shows a smiling Nisser standing side by side with the Patriarch himself with his daughters and Fr. Zaidan, on the Patriarch's side visit to the cathedral.

Nisser has traveled the world, he says, and has also been to the Vatican "a few times."

The glowing toast to Nisser last February concludes with these words: "This is a man who never stops giving thanks to God and his country for what life has given him. He gives generously of heart and spirit, and usually works anonymously from the background. Because of his generosity, the church of St. Stephens in Batroun has been given new windows, an organ, pews and a hearse.

He has sponsored the building of St. Vincent de Paul nursing home and set up an endowment fund through Our Lady of Mt. Lebanon to provide for the poor in Lebanon (the worshippers in Lebanon, according to Nisser, are divided into three major groups, the Maronite Catholics, Greek Orthodox and Muslims). This fund also benefits the Red Cross, the Caritas Charity (a Catholic relief organization) and the Nursing Home.

"Additionally, he contributes yearly to the church youth summer camp for boys and girls. Here in the United States, many Lebanese transfer students were offered free rent in his apartment buildings during the duration of their education. Our Lady of Mt. Lebanon has consistently been a recipient of his generosity along with St. John Maron Church in Anaheim which he helped fund.

"[He] does not seek thanks or praise. You will not see his name listed on many programs (among the more famous Lebanese: Danny Thomas), board of directors or with credits/initials behind his name. He prefers to be the silent giver, as God would have wanted. His gift(s) are from the heart."



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ROP students, Woods, Orlinsky recognized by school board

By Henry Veneracion Staff Writer

DOWNEY—The Board of the Downey Unified School District heard presentations at its regular Tuesday meeting honoring some L. A. County Office of Education Regional Occupational Program (ROP) Student Recognition winners and DUSD Food Services director Christine Woods, and recognizing incoming Downey Education Association president and PAR chair Jeff Orlinsky.

Director of Support Services

Randolph; \$1,500 to be used for eye exams and eyeglasses for needy students, from the Ellen and Clarence Peterson Foundation; and \$11,000 to be used for vision and counseling services at the TLC Center, from the Gypsy Johnson Auxiliary, as well as \$2,000 from the Downey Los Amigos Kiwanis, also in support of the TLC Center; •Authorized payment of

expenses for convention and conference attendance; •Ratified payments for special

•Ratified payments for special education placements; •Ratified the final agreement settlement of a compliance complaint for \$2,675; areas throughout the district, to be funded by General, Bond, and/or Maintenance funds;

•Awarded the bid for a new classroom building at Downey High to P. W. Construction of Glendora, in the amount of \$9 million, to be paid for by Bond funds;

•Approved various change orders for increased amounts, charged to the corresponding funds;

•Accepted as complete projects (paving, modernization work, electrical, fencing) done by various vendors;

Phil Davis said he's proud of the kids who have taken advantage of the ROP program, no less for their "courage."

Asst. Superintendent-Business Services Kevin Condon said Woods, who joined DUSD in 1986 and was being cited for her contributions in the area of budget and finance, has been "on the front edge in supporting pupil wellness and nutrition," and "truly a highlyvalued member of the DUSD management team." The two primary goals ahead for her department, he said, are the smooth transition of Food Services operations during the disruption of modernization of the high school cafeterias and the implementation of all new state and federal nutritional guidelines.

PAR chair Orlinsky identified (and introduced some of) the following PAR (Peer Assistance and Review Panel) members: Russ Arnold, Marc Lurie, Mindy Murakawa, Theresa Petit, Tracey Yanez, Deborah Young, Joyce Harman, Monica Hatcher, Aimee McGinty, and Cherry Marks.

Orlinsky is assuming the mantle previously held by Robert Becker as DEA president. Becker was lauded for his "good and empathetic" relations with DUSD during his term. He was given a standing ovation.

In other action, the Board:

•Accepted with gratitude cash and material donations from various donors including \$3,500 to be used for school supplies at Carpenter Elementary, from Washington Mutual WaMoola for Schools; \$3,000 to be used for field trip expenses at Lewis Elementary School, from Lewis Elementary PTA: \$2,000 to be used for the campus security system at West Middle School, from Holly C. •Approved changes to AR 2140, "Health Requirements":

•Approved the recommended changes to BP and AR 6625, "Transportation-Drug and Alcohol Testing for Safety-Sensitive" positions;

•Approved the principal and athletic director of Downey and Warren High Schools as representatives to the San Gabriel Valley League;

•Authorized the Payroll Department to withhold sums for the 2007-08 fiscal year, without charge, from pay warrants of both certificated and classified personnel when directed to do so by the employee on a revocable form provided for that purpose in accordance with Education Code Section 45060;

•Approved District, as well as Adult School, memberships for the 2007-08 fiscal year;

•Ratified purchase orders by the Purchasing Department;

•Ratified B warrants for payment of authorized purchases or obligations incurred by law or district policy for April;

•Ratified agreements between Downey Adult School and various medical entities for relevant sundry purposes;

•Approved agreement for special services, fiscal and mandated cost claims services with School Services of California through June 30, 2008;

•Approved contract with West Coast Protection, for substance awareness and detection services through June 30, 2008;

•Authorized the advertisement for bids of improvements and repairs to asphalt and concrete •Approved adjustments of various funds to reflect corresponding increases to the fund balances to both restricted and unrestricted budgets;

•Authorized the Los Angeles County Office of Education to make the appropriate transfers necessary at the close of the 2006-07 school year, to permit payment of obligations incurred by the district, in accordance with the provisions of the Education Code Section 42601;

•Ratified routine Personnel items until subsequent action is taken by the Board of Education;

•Ratified the abolishment of one vacant Senior Instructional Assistant-Behaviorally Challenged position at Griffiths Middle School effective April 26,2007;

•Approved the abolishment of one Nursing Specialist position and the establishment of one certificated Nurse position effective July 2, 2007;

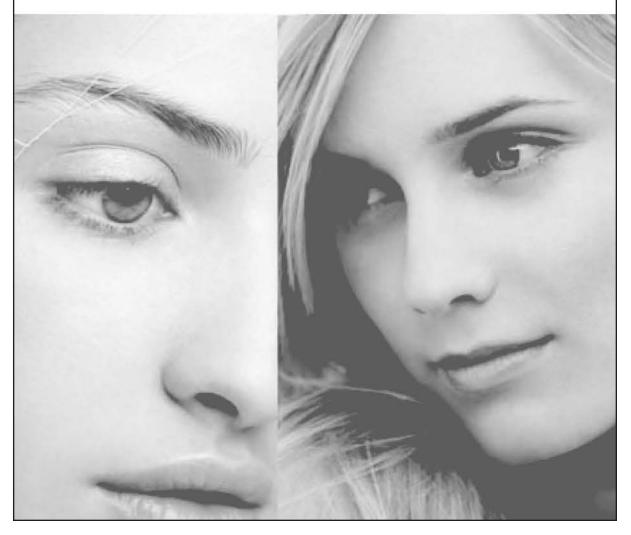
•Approved the changes to the duties of Computer/Network Support Technician as of June 5, 2007;

•Approved the changes to the duties of Food Service Assistant effective June 5, 2007;

•Adopted a resolution authorizing federal revenues for child nutrition to be expended initially on classified salaries and benefits subject to PERS;

•Adopted a resolution authorizing annual delegation of administrative authority to process routine budget revisions, adjustments, and transfers;

•Reviewed proposed revisions to BP and AR 2230, "Promotion/Retention," and dele-See DUSD, page 13



Pascual Valencia mourned by family

DOWNEY - Mexican native Pascual Valencia died May 31 at Kaiser Permanente Hospital in Bellflower. He was 68.

Valencia, a Downey resident, was born in Concepcion de Buenos Aires, Jalisco, Mexico, and belonged to St. Helens Church in South Gate.

He is survived by his wife, Esther; daughters, Yolanda, Martha and Ana Cecilia; sons, Jose, Javier, Pedro and Richardo; and 13 grandchildren.

A visitation and rosary service was held Monday at Miller-Mies Mortuary. Burial was at Panteon Municipal, Concepcion de Buenos Aires, Jalisco, Mexico.

Margaret Pauline Wood passes away at age 89

DOWNEY - Margaret Pauline Wood (De Priest), a Downey resident since the 1940's, died May 31 at Downey Regional Medical Center. She was 89.

She was born in Whittier on Feb. 11, 1918. She grew up in Los Angeles and graduated from Garfield High School.

She is survived by her son, Mark Wood; daughter, Marla Povee; grandson, Michael Povee; and brother, Warren De Priest.

Services have not yet been scheduled.

Lacrosse camp at Downey High School

DOWNEY - Boys interested in learning and refining their skills in lacrosse are invited to Downey Viking Lacrosse Camp 2007, featuring top area coaches and college players.

Downey High School lacrosse coach Scott Witkin will lead the camp. He'll be joined by Mike Allan, head coach at UC Santa Barbara and offensive coordinator for the Los Angeles Riptide, and Pete Clark, a defenseman at Amherst College and assistant coach at Deerfield Academy.

The camp will be held June 25-28 from 9 a.m. to noon each day at Allen Layne Stadium at Downey High School. Players must have their own equipment and payment of \$200 (cash or money order) is due before the start of camp.

Players need proof of medical insurance in order to participate. Sign-ups are being taken at www.downeylacrosse.com.





Relini Salon in Downey provided free cuts and hairstyles to clients of Exchange Club Family Support Center. The day provided families an opportunity to spend an afternoon together.

Exchange Club clients get pampered for free

DOWNEY - Client families of the Exchange Club Family Support Center in Downey received a donation last week from Relini Salon.

The salon, located at 7817 E. Florence Ave., provided two stylists, accompanied by salon manager Tamara Vartanian, to do style cuts at a family celebration held at the Center.

The event was an opportunity for families to enjoy time together, which included games, raffle prizes and lunch, donated by Café & Stuff. From 11 a.m. to 2 p.m., Relini stylists provided cuts and new styles to 22 "customers."

The Exchange Club Family Support Center is a private, not-for-profit organization that has been serving Downey for more than 16 years. Its primary mission is to prevent child abuse.

"A great deal of thanks goes to the many businesses, residents and groups that have donated to the Center's cause over the years and to Relini for bringing wonderful smiles to so many faces," said Georganne Bruce, the Center's executive director.

Masons invite fathers for breakfast

DOWNEY - Downey United Masonic Lodge #220 and Downey Chapter Eastern Star #160 will be holding their annual Father's Day breakfast June 17. Tickets are \$6.50.

Breakfast is from 8 a.m. to noon and will include eggs, pancakes, ham, biscuits, gravy, and juice.

Downey Masonic Center is at 8244 E. 3rd St. in Downey.



Respite care available for local residents

By Mary Forney CONTRIBUTOR

DOWNEY – Sometimes, just a few hours of relief can make the difference in the outlook and life of an adult caregiver or the adult patient.

The Rancho Adult Day Services keeps the entire family in mind, offering services ranging from community education, support counseling to respite care.

Located at the Rancho Los Amigos National Rehabilitation Center at 7601 E. Imperial Hwy, Bldg. 802 in Downey, the Rancho Adult Day Services has received numerous local, national and international awards since it began in 1988.

Welcoming adults with various disabilities, the center strives to enhance the existing functions of individuals while providing overall care for the families.

"Most of the people come from their homes during the day to give their caregivers a bit of a break," said Jackie Rojos, Rancho Adult Day Services social worker. "While they are here, we look for residual strengths to enhance by exploring what is important to the individual. We give them the opportunity to socialize and participate in a blended program of varying physical and cognitive degrees."

Activities range from bingo, sports and exercise, sewing and crafts, to music and gardening.

"We also celebrate diversity because it fosters support and acceptance for everyone," Rojos said. "We recently celebrated Cinco de Mayo and the mariachis came in costume and we celebrated with dancing and food."

Most activities are done in a group setting and the staff works with those who feel hopeless and isolated by encouraging them to do what they enjoy.

The Rancho Adult Day Services also works in conjunction with the Alzheimers Day Care Center, providing physical and occupational therapy.

Activities Director Rodel Reyes uses gardening and carpentry as therapy tools.

"Sometimes our patients are depressed staying at home," Reyes said. "But once they start participating, they become outgoing. They regain confidence by creating something and it motivates them."

The gardens surrounding the center are maintained by the staff and the patients.

"Some people who don't want to walk will see the flowers and want to go to them," Rojos said. "They end up exercising their motor skills and their mind. You hear the birds, feel the air outside and are given the opportunity to explore your senses.'

Providing free transportation, Rancho Adult Day Services also donates scholarships to patients in need.

Open to the community, the center offers daytime and evening caregivers support groups to "support, educate and alleviate the stress of caregiving," Rojos said.

"It's a great program and a safe environment for the patients. Some of their memories may be short-lived, but we try to help them capture the feeling of being safe and remembering who they are and what they can still do," she said.

For more information about the Rancho Adult Day Services and support groups, contact Jackie at (562) 401-7991.



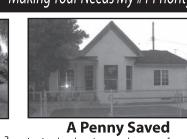
Company looking Independent Escrow for experienced escrow officers interested in adding to our existing winning team.

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The Downey Patriot _____

Gutierrez rock solid since election

By Henry Veneracion STAFF WRITER verything about Willie ◀ Gutierrez, whose term on ↓ the board of the Downey Unified School District (DUSD) ends in November but who is certain to seek reelection, looks rock solid. He has been at the helm this year as board president.

His first job after getting his bachelor's in business management (accounting), with distinction, from the University of Redlands in 1980 was as audit supervisor for Los Angeles-based Coopers & Lybrand. During his stint with the accounting firm, he audited the fund accounts - the same account format DUSD uses - of USC, the University of Redlands, Pomona College, and Claremont; it was thus an ideal preparation for his later involvement with the district. He had meanwhile obtained his CPA license in 1983.

1984 he joined In Weyerhaueser Financial Investors, the financial arm of Weyerhaueser Timber Company, the wood products giant. Here he rose from internal audit supervisor to vice president of sales and marketing of its real estate development division. His functions included initially handling foreclosure matters, reducing the department's financial exposure by 50 percent in the process, and, later, developing, leasing, managing and selling property in the division's \$850 million portfolio which consisted mainly of commercial real estate with some residential properties thrown in.

After 12 years of this, he assumed the duties of chief financial officer/treasurer for the comforeign subsidiary, pany's Woodland Hills-based WFI Company International, where he established the finance, treasury and accounting protocols for the company's operations in Mexico City. His exposure to investments, cash flow management, banking relationships and tracking foreign currency movements deepened as a result, and added to his financial toolkit.

A real estate brokerage venture from 1997 to 2000 under the aegis, Lynx Retail, interrupted his corporate career. He says it fell short of expectations, so he joined Merrill Lynch Pierce, Fenner & Smith in 2000 as vice president of corporate real estate. Operating out of Laguna Hills, his functions include overseeing its national and international real estate broker network, identifying office locations, negotiating lease renewals and reloca-

♥ Sales



Downey Unified School District board member Willie Gutierrez is expected to run for reelection in November. He served as board president this year.

tions for the company. Additional duties entail managing the company's outside vendors, resolving issues and conflicts with their subtenants. The job takes him occasionally to the East Coast. His next scheduled travel destination is Chicago.

Gutierrez is used to traveling about. Born in Tacoma, Wash. to a Bronx-bred Puerto Rican Air Force careerist ("He worked in missiles") and a Mexican mom from Waco, Texas, former Air Force brat Gutierrez says they moved a lot, his dad's work taking them to Albuquerque, N.M., St. Paul, Minn., and Hope, N.D., not to mention Ft. Brandenburg AFB. Perhaps he should be called, he laughs, a "Mexirican."

Long a resident of Downey, and with his wife, Carol, teaching at Alameda Elementary, along with their three kids all going to Downey schools, Gutierrez thought it a good idea to run for the DUSD seat being vacated in Boards Association. The course, which took a year to complete, covers nine modules: foundations of effective governance, setting direction, human resources, policy and judicial review, student learning and achievement, school finance, collective bargaining, community relations and advocacy, and governance integration.

"Overall, Downey is a strong school district," he says. "A priority is how to get parents more involved with their kids' homework, how we can help kids score well in their tests. At the same time we must address the matter of declining enrollment. We have to examine federal funding sources, state grants, and the like.'

He wishes, for example, that more federal funding "that's due our kids" were forthcoming, that could be spent for "more books, facilities, materials of all sorts, instruction, etcetera."

Otherwise, echoing fellow

FILMING

Continued from page 1

Superintendent Ed Sussman, he

says Superintendent Wendy Doty,

who also brought in Asst.

Superintendents Jerilyn King-

Brown and Kevin Condon to com-

plete her executive staff (the third

member: Asst. Superintendent Stan

Hanstad), "has done a phenomenal

acknowledgment of the pattern of

the school population skewing to

Hispanic, is a continuing priority,

he says: "This is just cold reality.

We must, I think, adjust our cur-

riculum in this regard. In any event, we must use all the available

Gutierrez, who says his mom

taught him to "study hard, do the

best you can, and stay out of trou-

ble," is currently working on his

MBA at Biola University, and

should finish it "within a year." A

versatile athlete in high school (he

played football, soccer, track and

wrestling), he went on to play col-

lege soccer at the University of

Redlands, which Carol also attend-

ed. They were high school sweet-

(Watch out, though. He claims to

the years have included: the

Northwest Downey Little League,

AYSO, DJAA, Kiwanis, and cur-

rent board directorships on the Y

and the Cerritos-based Community

promise to bring a lot of excite-

ment to the Gutierrez household.

He turns 49 on June 11; his 25th

wedding anniversary is just

around the corner; and son

Christopher, 20, was accepted at

Princeton but has opted for Point

Loma Nazarene U in San Diego

on a full scholarship. Ryan, 18, a

senior at Warren High, has also

expressed his preference over

UCLA, Notre Dame and Air

Force for Point Loma, because he

wants to join its triathlon or

decathlon program. Daughter

Lara, an 8th grader at East Middle

"If you'd just take advantage of

everything the district has to offer,

His advice to kids and parents:

School, plays volleyball.

you can do no wrong."

The next few days and weeks

Family Guidance Center.

have already shot a hole-in-one).

On occasion he plays golf

His service affiliations through

hearts.

resources at our command."

Improving ESL instruction, in

job and is the right fit for us."

the 6-9:30 a.m. CBS Sunday Morning Show.

Monday the founder and president of the Josephson Institute of Ethics, author, speaker and former businessman-attorney Michael Josephson, took a look at Rio Hondo's Character Counts! program for himself and to show it off to visiting superintendents and other ranking school officials of neighboring school districts. Accompanying him was national director Julie Dwyer and two other associates. Josephson, who named the institute after his parents Joseph and Edna, is the Gabriel Award-winning Character Counts! commentator heard daily on CBS' KNX-1070.

In his remarks, the amiable Josephson said the institute, started

DUSD

Continued from page 11

tion of BP and AR 2240, Retention - Grades K-8.

•Reviewed the revision to AR 3126, "Graduation";

•Declared that, as a result of financial uncertainties, negotiations, legislation, and other factors, management including all Superintendent and Asst. Superintendents, confidential, and other unrepresented employee salaries, are indefinite for 2007-08; •Rejected the proposed 2007-

08 Personnel Commission budget. Following protocol, it now

Court reporting class now online for fall semester

NORWALK – Cerritos College's Court Reporting Program will offer online theory classes for the first time with the start of the fall 2007 semester on Aug. 13.

The entry-level set of classes provide an overview of the court reporting stenotype machine and are open to anyone wishing to pursue a career in court reporting or captioning.

Per-unit fees at Cerritos College are \$20. For information on the classes, call (562) 860-2451, ext. 2746, or visit the in 1992, aims, among other things, at shifting the social culture from rules-based to an ethics-based orientation, at teaching a level of understanding that can discern the difference between "can" and "should," that can turn a person into an "idealist without illusions," and encouraging embedding the core values at school at every opportunity.

This is not an add-on thing, he said, but an "intrinsic part" of the whole parental-educational program.

Among those soaking it all in were benefactors/sponsors Dr. Mary Stauffer and Century 21's Steve Roberson, and DUSD board members Barbara Samperi and Tod Corrin.

goes to the L.A. County Office of Education for final ruling by the Superintendent of School;

•Approved the Declaration of Need for fully qualified educators for the 2007-08 school year; and finally;

•Endorsed the actions taken by the Superintendent on several student cases.

The next regular meeting of the Board of Education will be at 9 a.m. on June 26, at the Administration Center, 11627 Brookshire Ave.



midterm by Mary Tesorero in ment, he says "There's no conflict 2001. He won over insurance man Raul Lopez.

To better equip himself in the performance of his board functions, he attended the optional Masters of Governance program conducted by the California School

board member Tod Corrin's comamong ourselves, and I've enjoyed working with my colleagues. We get along with the unions, with the staff, with the teachers."

Recalling the time he first came on board and had a hand in choosing a successor to former

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Cerritos College website at www.cerritos.edu

Financial aid is available to those who qualify and students must purchase a parking pass.

of business referrals, where each category is represented by one person

Promote your business. Join us each Friday at 7:15 a.m. Mimi's Cafe - 8455 Firestone Blvd. www.pronetworkers.com

Visit us @ Escrows www.TheDowneyPatriot.com ACCURATE ESCROW INC. 11445 Paramount Blvd Marlene RodriguezFor theProfessionaladvice you need(562)824-7333My Real Estate Co. Downey, CA 90241 (562) 862-7207 Fax (562) 862-9723 ♥ Refinances ♥ Commercial AD-CITES Broker, Notary Years of Experier Hablo Espanol **ESCROW** Century 21 Centurion Honor Society and Quality Service Award Winner "Complete Escrow Service" **Only 3 Left Brand** ·Sales · Refinances **New Homes** Commercial Business Opportunity 3 bedrooms 2.5 baths Asking \$515,000. 8136 2nd Street, Downey Bus: 904-3151 Fax: 861-2251 **Downey Under** Construction **CARRIE UVA** 5 Bedrooms 2.5 Baths Asking \$1,090,000. Attorney at Law **North East** Downey • Living Trusts ,900 Sq. Ft House Beautiful • Real Estate Law Entertainment Home Asking \$2,750,000. Real Estate Agent **Downey 2** FREE CONSULTATION Separated Houses 1 X 3 Bedrooms (562) 382-1252 1 X 1 Bedrooms 8635 Florence Ave. Suite 101 Asking \$650,000 **DOWNEY, CA 90240**

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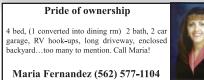
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Photo Here Graduates Name Line 2 Line 3 Line 4 Line 5	The Downey Patriot will publi dedicated to commenceme ceremonies. For only \$30.00, you of with a 1.986" by 3" announceme school and by the Deadlines for High School annou will be published on J Include the following information: Completed Information Card Photo of the Graduate By Mail - photo must be 2" > By EMail - photo must be 2" > By EMail - photo must be 30 Check payable to The Downe Send to: The Downey Patriot, 11525 Downe Suite A, Downey, CA 90241	ent and graduation can honor your gradua ent. They will be listed b name. Incements is June 8 ar une 15, 2007.	Py Billing Information Name: Address: City: Phone:		State: Zip:	
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