



The Downey Patriot



Kirkwood is a healthy school
See Page 2



Capt. Moon and Alex Smith
See Page 4



Brandi gets her shot at fame
See Page 8

Friday, August 24, 2007

Vol. 6 No. 18

11525 Downey Ave., Suite A, Downey, CA 90241

Marine band closing out summer concert series

CONTRIBUTED BY KEVIN O'CONNOR, DOWNEY THEATRE

DOWNEY – The Marine Corp Air Ground Combat Center (MCAGCC) Band will close the 2007 Furman Park Twilight Summer Concert Series this Wednesday at 7 p.m. The concert is free and will be held at Furman Park, 10419 Rives Ave.

Established in the late 1950s, the Combat Center Band is one of the youngest Marine Corps musical units. A band from its inception, it was later re-established as a drum and bugle corps and remained as such until 1990, when a restructure of the corps music program formally established the 12 Marine Corps Bands we have today.

The band travels extensively throughout the western United States. Recent tours have seen the band in Nevada, Arizona and Iowa. Some of the band's most popular performances are the annual Tournament of Roses Parade in Pasadena, and the Longs Peak Scottish Irish Highland Festival in Estes Park, Colo. The band was also recently honored to perform for the state funeral for President Ronald Reagan.

In order to fulfill the mission of providing music for military ceremonies, community events, recruiting programs, and other official events, the 51 Marines of the band perform in a wide variety of ensembles to include a concert band, ceremonial band, party band, jazz combo and brass and woodwind quintets.

The men and women of the Combat Center Band are essentially trained Marine riflemen who serve as a perimeter security/machine gun platoon during times of war. With Iraqi Freedom veterans in their ranks, they give full meaning to the term, "Marine Musicians."

The first drummers and fifers in the United States Marine Corps were enlisted as members of the First and Second Battalions of American Marines authorized by Congress on Nov. 10, 1775. On their drum was painted a rattlesnake, and under it, the inscription, "Don't tread on me." The records show that two drummers and one fifer were generally part of each ship's Marine Guard in our early Navy.

On July 11, 1798, President John Quincy Adams approved a bill that authorized the Marine Corps to enlist a drum major, one fife major, and 32 drummers and fifers. These musicians were used to form the famous United States Marine Band, the oldest organization of its kind in the country. On Aug. 21, 1800, the Marine Band presented its first public concert in Washington "on a hill overlooking the Potomac" (the future site of the Naval Hospital). Then, on March 4, 1801, the Marine Band performed for Thomas Jefferson's inauguration, and has played at every presidential inauguration since. It was Jefferson that gave the Marine Band the title, "The President's Own."

The Downey Museum of Art will be open before the concert and the Downey Rose Float Association will sell food, drinks and snacks. For information about the Furman Park Twilight Summer Concert Series, call the City of Downey Community Services Department at (562) 904-7238.

Time Traveler

Governor's political loss was city's gain

BY JOHN ADAMS, EDITOR EMERITUS

John Gatley Downey, after whom the city was named, was the Governor of California in the early 1860s.

He was a naturalized citizen having been born in Ireland. He had little personal interest in the quarrel between the states which exploded into Civil War, but he did champion the cause of a central government.

He would have nothing to do with those who would divide the Union. When war broke out he resisted the pressure of Southern sympathizers to pull California into the Southern camp, despite the fact many of them were of his own party, the Democrats.

John Vincent of the Downey Historical Society points out Downey did what he thought was right, and backed the Republican President, Lincoln, even though it meant losing much of his own party's backing and amounted to political suicide. He never again held public office.

When cast out of political favor, he hadn't a clue that his turn from politics to real estate developer would be so successful. But, disenchanted, Downey invested heavily in local land. He knew the area that came to be named after him, and he returned here.

In 1873 the Southern Pacific Railroad decided to lay a line between the two local villages, the College Settlement at Paramount Boulevard and Alameda Street, and the little community of Gallatin (in the area of today's Gallatin Road).

The two communities had each fought for the rails to run past their downtowns, but Downey and his Los Angeles land partners conceived of a new and larger town that would eventually include both older communities.

The result was that rails were laid where they remain today, just south of what is now Firestone Boulevard.

On a gala day, to the accompanying cheers of hundreds, the first SP train arrived at the Downey Station April 15, 1874.

With the arrival of the rails came more people and new investment. The rail system was extended north to San Francisco, and on Sept. 5, 1876, Downey and Los Angeles had their first transcontinental link.

Downey and his partners were known as the Downey Land Association. Among their holdings was a tract of 96 acres which became the present downtown. They built the Central Hotel at Venable and Front streets (now Firestone Boulevard and La Reina Avenue).

Caleb Crowell relocated his general store from the old College Settlement to the new business district and Downey's downtown was a reality.

Originally published December 5, 1997

A Patriotic Finish to Summer Concerts



The Marine Corp Air Ground Combat Center Band, pictured above during a reenactment of the flag-raising at Iwo Jima, will close the summer concert series at Furman Park this Wednesday. Photo courtesy Marine Corp Band

Kevin O'Connor – a directing success

BY HENRY VENERACION
STAFF WRITER

DOWNEY—Frankly, I was flabbergasted when I learned that Kevin O'Connor has been serving as Downey Theatre Manager for well-nigh 24-1/2 years now.

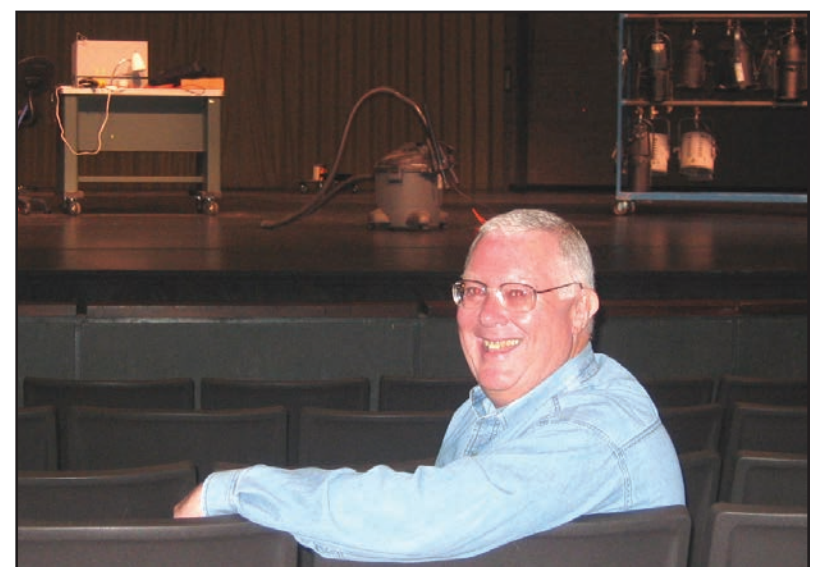
Equally impressive is the fact that three of his associates, Theatre Supervisor/Technical Director Noreen Kimura, multi-task part-timer (and resident Santa Claus) Mark Keller, who as House Manager handles the office, subscriptions, park concerts, etc., and part-time Light Designer/Master Electrician Debbie Bauer (a CSU-Los Angeles alumna) have each logged totals of 21, 22, and 24 years respectively, in the service of theatrical art in Downey.

Indeed, one can't help but sense that those involved in the operation of the Downey Theatre is one solid, dedicated bunch. There are 25 other part-timers, each one endowed with a unique expertise, each one on-call depending on the requirements of a production.

I probed Keller's rationale for his longevity of service with the city-operated Downey Theatre. He said: "I live in town. I enjoy the work, there's a variety to it. And we have the best staff in the world!" Single, he added, "I'm married to this job."

August is maintenance month, when every piece of equipment, every little corner of the stage is

See O'CONNOR, page 2



Kevin O'Connor has been the Downey Theatre Manager for nearly 25 years. He can be spotted, among many other places, at the concerts in the park, giving his "joke of the day." Photo by Eric Pierce

Capt. Moon enjoys fireworks, but...

BY GWYNN GUSTAFSON
KIWANIS CLUB OF DOWNEY

DOWNEY – Downey Fire Department Captain Darren Moon admits he loves the "safe and sane" firework displays that local residents enjoy each year. But he has concerns, including the fact that the number of approved fireworks are soaring each year and that Downey has become a haven for illegal fireworks.

The newer "safe and sane" fireworks – in addition to the illegal fireworks set off each year – are causing an increase in home fires. Moon said the issue needs to be addressed because the danger factor is increasing.

Moon, a member of the Kiwanis morning club, spoke to the afternoon club on that topic recently as well as the fire department's 50th anniversary celebration

planned for next month. He also shared his personal story.

Moon was working as a football coach when, in 1988, he took a position with the Downey Fire Department. He has served Downey for 20 years, eight as a paramedic. His charge includes protecting Downey Studios, where filming is currently underway for an "Indiana Jones" sequel. Stunt scenes may require the use

of the department's services.

In recounting the department's history, Moon recounted how Downey began with one fire station and had grown to five before the closing of the station at Rancho Los Amigos National Rehabilitation Center. Station 3 on Paramount Boulevard began at the Trinity Baptist Church and Station

See FIRE, page 4

Library now offering 'Playaway'

DOWNEY – The Downey City Library is now offering Playaway – the first self-playing digital audio books – adding the innovative format to their existing audio book collection.

Half the size of a deck of cards, Playaway allows users to listen to a book on the go without tapes or CDs. It can hold as little as two and as much as 80 hours of content.

Listeners can move back and forth between chapters and alter the speed of the narrator's voice. It also has an automatic bookmark that remembers where the listener left off.

"With Playaway, our patrons can enjoy best-selling content with first-rate digital audio without having to own or learn to use an MP3 player," said Dan Rooker, supervisor of library Technical Services. "The Friends of the Downey City Library have been generous in supporting this collection. Patrons may also purchase earbuds inside the Friends' library shop."

The current collection of Playaways includes popular titles such as "Motor Mouth" by Janet Evanovich and "Shape Shifter" by Tony Hillerman.

For more information, call (562) 904-7360, ext. 32, or visit the library's website at www.downeylibrary.org.



Librarian Karen Russell shows a Playaway to Friends Shop volunteer Joan Straley.

Teach an adult how to read

DOWNEY – The Downey City Library needs volunteers to teach an adult to read through the Adult Literacy program. Training sessions for volunteer tutors will be given on Thursdays, Sept. 13, 20 and 27 from 6 to 8 p.m., and Saturday, Sept. 22, from 9 a.m. to 3 p.m.

Tutors will receive a total of 12 hours of training and may attend ongoing literacy support meetings.

“By volunteering two or more hours per week, you can give an adult the skills they need to become a successful worker, parent or citizen,” said Literacy Coordinator Claudia Dailey. To register, call the Literacy and Training Office at (562) 904-7360, ext. 23, or e-mail cdailey@downeyca.org.

Families needed for exchange students

DOWNEY – International exchange high school students are in need of homes in Downey to stay while they study in this country during the 2007-08 school year.

The host family is responsible for providing a bed, family meals and a safe environment. Exchange students have their own spending money and health insurance. The nonprofit STS Foundation will facilitate the relationships.

For more information, call Sean at (800) 522-4678.

Downey native a scholar finalist

NEW YORK – Downey native and Cal State Fullerton student Jean Fiddler traveled to New York City this summer as a finalist in the Gilder Lehrman History Scholars program.

During the one-week program, 45 finalists met with eminent history scholars, as well as history professionals outside academia, and visited various archives and museums throughout New York.

Fiddler was chosen to attend out of more than 300 undergraduate students representing 154 colleges and universities in the United States and Canada.

The event was sponsored by the Gilder Lehrman History Scholars Program, which also funds the Gilder Lehrman Collection, containing more than 60,000 documents detailing the political and social history of the United States.

Christian Club plans busy meeting

DOWNEY – “From Brokenness to Joy” will be the theme of the Downey Christian Women’s Club Sept. 12 meeting at the Los Amigos Country Club.

The day’s special feature will be presented by J. Pacific International Inc., a wholesale designer of handbags. Singer/songwriter Gina Alston will provide music and be a guest speaker.

Cost to attend is \$12, which includes a buffet lunch. The community, including men, is invited. Reservations are requested by calling Sonja at (562) 862-4347 or Delores at (562) 868-7135.

Oldies concert at Downey Theatre

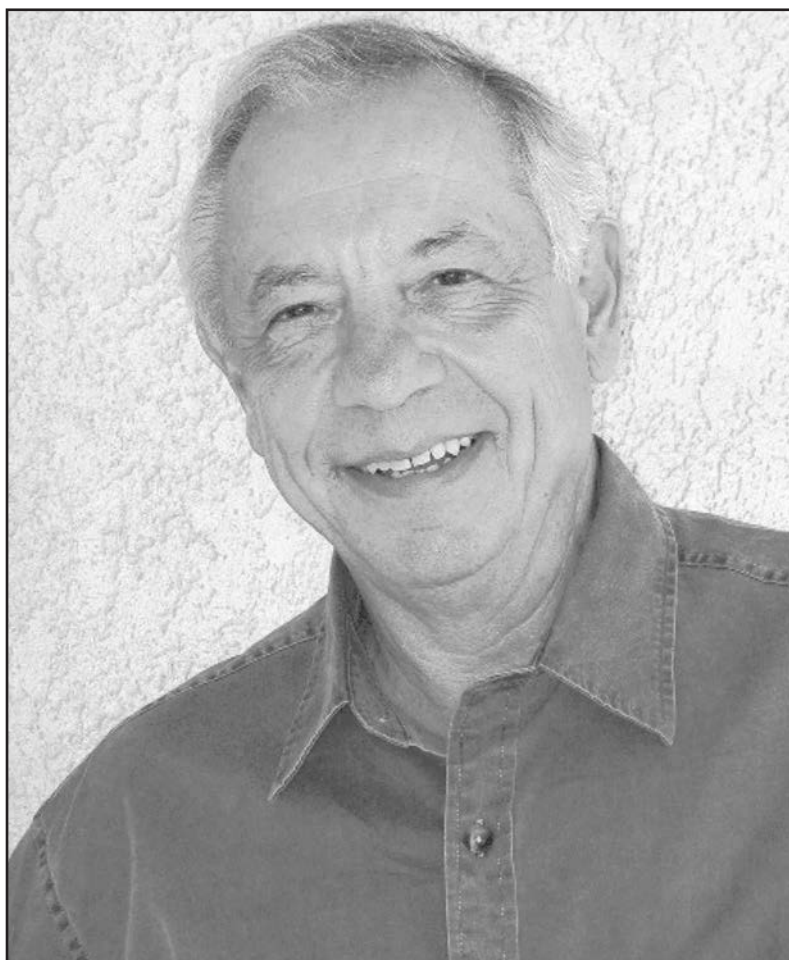
DOWNEY – The Downey Chamber of Commerce will delve back into time when it presents an oldies fundraiser concert Sept. 15 at the Downey Theatre.

The Beach Toys, a tribute to The Beach Boys, will headline the show. Also performing will be Pleasant Valley Sunday, a musical comedy tribute to The Monkees, and Paperback Writer – The Beatles Experience.

Tickets are \$25 and on sale now at the Downey Chamber of Commerce, 11131 Brookshire Ave. or by calling (562) 923-2191.



Kirkwood Christian School has once again been recognized as an Active Lifestyle Model School after at least 35 percent of their students received a “Health Fitness Award” at least two times throughout the school year. The award is part of the President’s Challenge, a yearly contest testing a variety of physical skills, including running, push-ups, sit-ups, pull-ups and flexibility. Pictured above, from left to right: Dr. William Kirkwood, founder and board member; Marjorie Kirkwood Huss, treasurer; Jennifer Kirkwood Hartl, principal; Jack Hively, chairman of the board; Donna Tullar; and Rev. Don Metcalf.



John F. Briganti returns to the Downey Civic Light Opera for a third time as “Andrew Carnes” in “Oklahoma!”, playing Oct. 4-21 at the Downey Theatre. For tickers or information, call (562) 923-1714. The box office is open Tuesdays and Wednesdays from 1 to 5 p.m.

Downey bands battle for top spot

DOWNEY – The City of Downey Community Services Department will be hosting a “Battle of the Bands” contest tomorrow at Furman Park from 4 to 8 p.m.

Downey bands “Chump Change” and “Mandragon Authority” will be competing against “RD Demolish” and “Rayah,” two bands from Arcadia. For information, call (562) 904-7238.

O’CONNOR

Continued from page 1

inspected and fixed. Kevin says August is the ideal time to do this since it is hot anyway and everybody is away on vacation.

Right now the Concerts in the Park series is winding down, and soon to commence is the 2007-08 Armchair Adventure Series—full-color, feature-length travelogues with live in-person narration by the Travel Adventure producer. The first presentation on Sept. 9 is titled “Cruising Russia.” Some other titles are: “The Alps,” “Gulf Coast Adventure,” “Worlds of the Maya,” “Bavaria and the Black Forest,” “La Belle France,” and “Morocco.”

The series, now in its 29th season, ends in April 2008. The series is popular among seniors, Kevin says, among those contemplating travel to the spotlighted places, as well as a “refresher” to those who have been there. Kevin has himself visited much of Europe (U.K., Ireland—the home of his ancestors, France, Italy, Switzerland, Germany), South America (Chile, Peru, Argentina, Brazil, Paraguay), the Pacific Islands (Polynesia, Hawaii, Wake Island, Bora Bora), and all over the U.S. and Canada.

His wife, Donna, who teaches third grade at Saddleback Valley Unified, has taken the Southeast Asian route: Singapore, Cambodia, Thailand, Hong Kong, Japan, the Philippines. Residents of South Orange County, the couple has two children, a 25-year old son who works as a development director for a clothing company, and a 22-year old college student daughter, “and three dogs.”

The Downey Theatre is in the meantime gearing up for the three annual full-scale productions of the Downey Civic Light Opera (Marsha Moode, producer), now in its 52nd season: “Oklahoma!” from Oct. 4-21, “Tintypes” from Feb. 21-March 9, 2008, and “A Funny Thing Happened on the Way to the Forum” from May 29-June 15, 2008.

The theater is otherwise kept humming throughout the year, thanks to the upcoming Downey Symphony Orchestra offerings, Downey Unified School District programs, “lots of community group shows,” as well as “affinity” shows—programs endemic/exclusive to particular groups. More than 40,000 people see these year-round events in any given year, says Kevin.

Showmanship and theater run in Kevin’s blood. His dad was a ringmaster for the Ringling Brothers, Barnum & Bailey Circus, his mom, now 90, a press agent for the competitor, the Clyde Beatty Circus. Kevin grew up with a baby lion. “When they burped the baby lion, they burped me, too,” he says. “He used to stalk the neighborhood dogs.”

“My dad was especially good with the apes,” Kevin says. “He could communicate with them. There was this gorilla named Toto they brought from Cuba who would scream. Dad would say, ‘Dar me un beso, Toto’ (“Give me a kiss, Toto”), and she’d give him a big kiss.”

Born on Jan. 31, 1953, Kevin is a product of Fairfax High School in Los Angeles, and has a bachelor’s in political science from CSU-Northridge. He also earned graduate credits in hotel administration at Cornell University. He started out as the National Tour press representative of the Broadway musical production of “Grease,” which made stops in 35 principal U.S. cities, including Chicago, Boston, Philadelphia, Washington, D.C., Atlanta, Dallas, Houston, Denver, and San Francisco.

This was followed by “Annie” National Tours (starring Andrea McArdle) and Jeremy Brett’s “Dracula.” Then came a stint as Director of Theatre Operations with the Long Beach Convention and Educational Center, handling both the 3,200-seat Terrace Theatre and the 875-seat Center Theatre. Just prior to casting his lot with the Downey Theatre, he served as General Manager of the Variety Arts Center in Los Angeles.

As Theatre Director, Kevin is in charge of overall operations and maintenance of the building, working with all the groups that rent the theatre for performances, assisting new groups in learning how to work in a theatre, programming the summer Concert Series at Furman Park, and directing special events as needed. In addition, he says, he has produced the Community Services Guide, as well as the Communicator, all these years. The 44,000-sq. ft. theatre facility seats 738, whose design and architecture have been emulated by three cities: the Lancaster Performing Arts Center, the Irvine Barclay Theatre, and the Poway Theatre. It was, according to Kevin, built for \$2.25 million, and paid for by specific gas, alcohol and cigarette taxes.

Assessing his work and relationships over the years, Kevin says: “It’s been fun. I’ve been privileged to work with a terrific city staff, community members, and both appointed and elected officials my entire time. In my 24-1/2 years, the City Council and the city administration have always been highly supportive of the theatre. For this I’m grateful, and I’ve served under a lot of City Councils.”

Looking into the future, he says: “I see tremendous promise in the future for programming, not only the traditional events, but also the new events which touch all parts of the community, programs that reflect the changing demographics of the community. For instance, we are having more Latino projects now, not only entertainment but business seminars. A forthcoming motivational seminar is scheduled for Sept. 17, for which some 500 ladies have already signed up.”

“Our budget for the year is \$540,000 for the year, but the theatre takes in about \$220,000 in revenue. We’ve learned how to make it all work, no matter what,” he says.

Next time you attend a performance or program at the Downey Theatre, note the new carpet and stage drapes. “The carpet hadn’t been changed in 23 years,” Kevin says. “And the old curtains were in bad shape.” Looks like the venerable institution is ready for another long haul.

Congratulations!



Dennis and Geraldine Saab are the proud parents of triplets born on July 5, 2007 at UC Irvine Medical Center.

Baby Lucas, Hannah and Karina are the first children for Dennis and Geri.

Dennis is an attorney in Downey. His office is located at 10810 Paramount Blvd. He can be reached at 562-622-9077.

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Emergency Preparedness
To Sign Up for training classes starting on **Saturday, September 8th 2007,** or for Information, **Call 562-904-7345**

All training is provided free of charge by professional responders of the Downey Fire Department.



The CERT program is designed to prepare you to help yourself, your family, and your neighbors in an emergency. Rescue services may not be able to provide help immediately. The impact of a major disaster on the city of Downey should be a concern to everyone who lives here. Your training in responding to emergencies in the event of a disaster is essential to our City’s ability to recover.

CERT training covers basic skills such as first aid, fire extinguisher use, light search & rescue, and how to protect yourself from becoming a victim.

Who can join CERT?
Anyone 18 years of age or older who is interested in helping his or her community in preparing for a disaster and provide assistance afterward.

Classes:
Are held on three consecutive Saturdays, September 8, 15, and 22, 8:00 AM to 4:30 PM. Location to be announced. There is a one hour lunch break.

What is CERT?
The City of Downey has become part of a national network of CERT communities. Community based preparedness planning allows us to prepare for and respond to anticipated disruptions and potential hazards following a disaster. With training and information, individuals can be prepared to serve as a crucial resource capable of performing many of the emergency functions needed in the immediate post-disaster period. Participants of the CERT program are registered as Disaster Service Workers and are protected under workers compensation guidelines.

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DUSD board incumbents unopposed in re-election

BY HENRY VENERACION, STAFF WRITER

DOWNEY—In an unprecedented turn of events, all four DUSD board incumbents—Willie Gutierrez, Tod Corrin, D. Mark Morris, and Don LaPlante—will face no opposition in the scheduled November election, and are thus assured of serving the district for at least another four years. Board president Gutierrez opined that perhaps the board members' consistent hard work and their visibility in the community resonated with voters, who in effect have given them a resounding vote of confidence.

In celebration, the usually sedate pre-meeting buffet repast tuned into a backslapping affair Tuesday, with well-wishers comprised mostly of school administrators just returned or returning from their summer vacations.

In other action, the Board:

- Accepted with gratitude donations in cash and in kind from various donors, including a \$50,000 technology grant for Griffiths Middle School, from the Downey Kiwanis Foundation; a donation of 120 bolts of fabric and various sewing materials, valued at \$12,045, to be used by the sewing class at Downey Adult School, from Wilhelmina Kramer; a donation of leathers chairs, chair mats, and various school and office supplies, valued at \$6,000, to be used by staff and students at Sussman Middle School, from Staples; and a cash donation of \$3,015, to be used for student field trips at Gauldin Elementary School, from Gauldin Elementary PTA;
- Authorized the payment of expenses for convention and conference attendance;
- Ratified agreements with Therapeutic Education Centers for FY2006/07 and FY2007/08, Administrative Services Cooperative, Inc. for FY2007/08, Gallagher Pediatric Therapy for FY2007/08, and with Downey Family YMCA for FY2007/08;
- Ratified Special Education payments;
- Authorized signatories, as presented, effective July 1, 2007 and to remain in effect until subsequent action is taken by the Board of Education;
- Ratified purchase orders by the Purchasing Department;
- Ratified payments for hourly, overtime, Civic Center Work performed by classified personnel, Adult School, and Food Services for the month of June through July 2007;
- Ratified B warrants for payment of authorized purchase obligations incurred by law or district policy for July;
- Ratified agreements between the Downey Adult School Career and Education Center, and Helen Evans Home and Santo Tomas Medical, to furnish practical experience to students enrolled in the Nursing Assistant program and the Medical Assistant program, respectively;
- Approved the Vocational Education Agreement with Marinello

Teens strut their stuff at fashion show

DOWNEY – Stonewood Center will be hosting a "Teen Life of Style Crew – Back to School Fashion Show," this Sunday at 2 p.m.

The fashion show, which will also be held at Lakewood Center (tonight, 7 p.m.) and Los Cerritos Center (Saturday, 2 p.m.), will feature a live fashion show produced by James Campbell, fashion show mixes by DJ Shy from KIIS FM, and the latest styles from Anchor Blue, d.e.m.o., Vans, Hot Topic, Windsor Fashions, Finish Line, Beachworks, Up Against the Wall, Wet Seal, Ziba Beauty Center, and Scandalous Cosmetics.

The 25 teen models are competing to become a part of the Teen Life of Style Crew. Nine of the 25 will be selected to join the team. Prizes include concert tickets, a \$250 One Great Gift Card, and a chance to become the teen fashion representative for all three shopping centers.

School of Beauty, from July 1, 2007 through June 30, 2008;

- Ratified the one-year contract for participation in the Los Angeles County ROP with the Los Angeles County Office of Education, as well as the latter providing CalWorks support services to ROP participants enrolled in vocation and adult basic educations programs; another contract provides for Special Education transportation services for individuals with exceptional needs;

- Ratified Amendment No. 1 to the one-year contract for Reimbursement Employees on-loan for the ROP program, with the Los Angeles County Office of Education;

- Approved the contract from the California Department of Health Services for continued implementation of the "Network for a Healthy California" contract for the proposed term of Oct. 1, 2007 to Sept. 30, 2010, in the amount of \$836,682;

- Approved the contract with School Wise Press for School Accountability Report Card (SARC) services for the 2006/07 school year (to be published in 2007/08);

- Accepted the 2006/07 annual report for the Supplemental Counseling Program for Middle Schools and High Schools pursuant to AB1802;

- Approved the renewal of the refuse/recycling system contract for 2007/08 school year with CALMET Services, Downey, for \$140,280, to be charged to the General Fund;

- Awarded the bid for concrete products to National Ready Mix, Los Angeles, for about \$350,000, to be charged to the General, Deferred Maintenance, and/or Bond Funds;

- Approved various change orders with different entities;

- Accepted as complete projects (paving, electrical, and roofing) performed by various vendors;

- Ratified routine Personnel items until subsequent action is taken by the Board of Education;

- Approved the establishment and abolishment of certain positions, while approving changes to the duties of others;

- Received the Downey Unified School District Actuarial Study of the AB 1200 Self-Insured Medical, Dental and Vision Programs as of June 30, 2007, as prepared by The Epler Company;

- Held a public hearing regarding the board's initial bargaining proposals for a Successor Agreement with the California School Employees Association, Chapter 248; and

- Endorsed the actions taken by the Superintendent on student cases.

The next regular meeting of the Board of Education will be at 5 p.m. on Tuesday, Sept. 18, at the Gallegos Administration Center, 11627 Brookshire Ave., Downey.

CERT training begins Sept. 8

DOWNEY – Training for Downey's CERT (Community Emergency Response Team) program will be held on three consecutive Saturdays beginning Sept. 8. All training is provided free of charge by professional responders of the Downey Fire Department.

CERT is designed to train residents how to help their family and neighbors in the event of an emergency, when rescue services may not be immediately available. CERT training covers basic skills such as first aid, fire extinguisher use, light search and rescue, and tips on how to avoid becoming a victim.

Classes will be held Sept. 8, 15 and 22 from 8 a.m. to 4 p.m. at a location to be announced. There will be a one-hour lunch break. The class is open to anyone 18 years old or older.

For more information, call (562) 904-7345.



Italian Catholic Federation president Charlene Drobeck was presented a certificate of appreciation by Councilman Mario Guerra.



Gerry Gugliuzza, Angie Gentili, Marguerite Ferraro and Mary Nespini were four of the five remaining charter members who attended a Mass and brunch earlier this month celebrating the 25th anniversary of the Italian Catholic Federation, Branch 362 of St. Raymond's Parish. The other charter member, Marie Loscalzo, attended the event but was not present for the photo.

Italian Catholic Federation celebrates

DOWNEY – The Italian Catholic Federation, Branch 362 of St. Raymond's Parish, celebrated their 25th anniversary on Aug. 5 with Mass, followed by a brunch served in the Msgr. Robert Gipson Hall.

Five original celebrated members were among those in attendance: Mary Nespini, Angie Gentili, Marguerite Ferraro, Gerry Gugliuzza and Marie Loscalzo.

Councilman Mario Guerra presented a certificate of appreciation to President Charlene Drobeck on behalf of the city.

Bernabé Center needs volunteers

DOWNEY – Downey's Bernabé Community Center is searching for volunteers at least 15 years old to help the youth sports program.

The Center is in need of football, soccer, basketball and softball coaches. To volunteer, call Dennis Dennehy at (562) 863-1899.

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Fall Quarter 2007

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FIRE

Continued from page 1

2 was located in the Gas Company building on Washburn Street. Moon said new proposed development at Downey Studios will leave room for an additional station.

New equipment and new technology have resulted in larger trucks with each generation. A new fire truck in 2002 cleared the fire station building by only two inches; a new truck in 2005 required a station building be lengthened by three feet.

When the Downey Fire Department began responding to calls in 1957, less than 700 calls were received. Today, the fire department responds to over 8,000 calls annually, 70 percent of those for emergency medical service.

In the case of life-threatening emergencies, including heart attacks and strokes, local paramedics and ambulances will respond. If the call is a non-life threatening situation, ambulance service from outside the area will be called in. Regardless of the service, the city of Downey offers a flat fee pre-paid service that will cover all ambulance service.

Moon also recounted the fire department's achievements in 2006, including an average response time of 3.3 minutes, over 15,000 hours of training, the hiring of six new firefighters, implementation of a fire-intern program, and hosting over 27,000 visitors to the annual Rancho Los Amigos Kids Day event.

Moon also invited men and women to prepare for an annual hiring this January, when the fire department expects to have three openings.

Elite Soccer teams host fundraiser

DOWNEY – The Boys Under 13 and Under 14 Elite Soccer teams will be hosting a "Stateline Day Trip" fundraiser tomorrow.

The bus will be departing from Embassy Suites at 6 a.m. and returning around 11 p.m.

Cost is \$30 per person and includes a sack lunch on the bus, as well as a buffet at the casino.

For information, call Denise Juarez at (562) 396-7551.



Downey Fire Capt. Darren Moon, left, with Multi-Media Specialist Alex Smith, spoke at a recent Kiwanis Club of Downey meeting. The fire department is celebrating its 50th anniversary. Photo by Gwynn Gustafson

DHS class of 1957 reunion set

DOWNEY – The Downey High School class of 1957 will host a 50th reunion celebration Oct. 13 at the Rio Hondo Events Center. The cost is \$80 per person for the Saturday night dinner.

Members of the class will also meet at Downey High School on Oct. 12 at 3 p.m. for a tour of the campus.

The Saturday night reunion starts with a 6 p.m. reception. Attire is "dressed casual." For information, Carolyn Jo (Ward) Weigand at (714) 971-0948 or Karlene (Sibley) McDowell at (714) 871-5805.

The Poets' Corner

expenditures

shopper glazed of eye pulse slowed
 the better to sustain your long day's enterprise
 like Frank Shorter on a ten mile run
 or Kip Keino in Kenya preparing for a Marathon
 you trot past each foothill of merchandise
 inspect each item
 on thorn tree rack or in on sale bin
 supposing you might need this one for the Ball
 curtseying as you jog past
 noting what silk chiffon costs this year
 imagining six-button gloves earrings large or small
 not buying but noting comparing the goods

being an avid fisherman
 is like being a serious shopper

you go out all day and drink beer
 or soda
 but it must be iced and packed in a chest
 the point is you stay out all day
 and scratch your nose
 and squint at the long horizon
 and take another pull
 your heart catches every time you see froth moving
 a whiteness that might Be Something
 the readiness is what's important
 and keeping in touch with what's out there
 then you come back in
 and some landlubber asks you
 did you catch anything
 how can any one be so dumb
 that's not the point at all

– Lorine Parks,
 Downey

Woman of courage

Life's blows she's taken, strong,
 And, cutting deep, pain sears her soul.
 Still bravely on she's marched
 Undaunted, onward, whole.

But oh! today the things she knows...
 Would fill the universe with tears!

– Henry Veneracion,
 Downey

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 Report graffiti or persons performing the act to this number.

Stella M. Hamilton passes away at 85

DOWNEY – Stella M. Hamilton, Downey resident for 57 years, passed away on Aug. 17, at the age of 85.

Hamilton worked for Firestone Tire during her early years, and later worked at Downey Community Hospital for 20 years.

She is survived by husband Daniel P. Hamilton; son Daniel S. Hamilton; Paul A. Pupa; and three grandchildren.

Viewing was yesterday at 5 p.m. and the memorial service is today at 10:30 a.m. at Forest Lawn in Cypress.



Helen M. Gisler remembered by family

DOWNEY – Helen M. Gisler, a longtime Downey resident, died Aug. 8. She was 85.

Gisler was born in Paramount on July 14, 1922 to Simon and Marie Mooren. She enjoyed needlepoint, working in her garden, and cooking.

She is survived by her husband of 65 years, Frank; daughter, Shirley (Robert) Amaya; son, George (Rosa Marie); granddaughter Lisa (Chris) Buscarino; grandson, George; and great-grandson, Scott Buscarino; sister, Nellie Lindstrom and George Mooren.

Services were held Aug. 14 the Our Lady of Perpetual Help Catholic Church. Entombment was at the Queen of Heaven Cemetery in Rowland Heights. Downey Zrelak Family Mortuary handled the services.

Edward N. Mickelson was longtime resident

DOWNEY – Edward N. Mickelson, longtime Downey resident, passed away on Aug. 15 on at the age of 92.

Mickelson was a Firestone Tire employee and member of the Downey First Presbyterian Church of Downey.

He was preceded in death by his wife of 62 years, Genevieve. He is survived by daughters Dianna (Rich) and Janis (Ray); four grandchildren; and six great-grandchildren.

A memorial service will be held today at 1 p.m. at First Presbyterian Church of Downey.

In lieu of flowers, donations can be made in his name to the American Cancer Society, American Heart Association, or First Presbyterian Church of Downey.

Keep cool at library or community center

DOWNEY – In order to keep cool this summer, the City of Downey has designated the Barbara J. Riley Community and Senior Center, and the Downey City Library as cooling centers.

The two locations will serve as cooling centers during the summer's heat. Heat exhaustion, cramps and heat strokes can result from prolonged heat exposure.

Each facility will also offer a variety of programs and services during their operating hours. Barbara J. Riley Community and Senior Center is open Monday and Friday from 8 a.m. to 6 p.m., Tuesday through Thursday from 8 a.m. to 9 p.m., and Saturday from 9 a.m. to 2 p.m.

The Downey City Library is open Monday through Thursday from 10 a.m. to 9 p.m., and Friday and Saturday from 10 a.m. to 5 p.m.

For information, call (562) 904-7236.

Viewpoints

By Eric Pierce

We have a smart and well-stated letter this week asking why we publish editorials from the Ayn Rand Institute and whether they represent the views of this newspaper.

The short answer is we publish them because, in my opinion, they're current, thought-provoking, intelligently-written op/ed pieces, agree with them or not.

And no, they do not represent the views of *The Downey Patriot*. In fact, all opinion pieces in this newspaper must carry clear author bylines, even those written by a *Patriot* staff writer. Nobody here, even me, the editor, will write an opinion piece on behalf of this entire newspaper, unless under extraordinary circumstances.

It is also this newspaper's policy not to endorse political candidates. The role of a newspaper, I believe, is to present true and honest facts. Citizens, armed with those facts, I believe will make an informed decision.

At one time when I was writing for the *Pasadena Star-News*, I remember taking a lot of flak after the newspaper endorsed a particular candidate. I worked in the sports department, mind you, but because I represented the *Star-News*, I would take a lot of heat from citizens out in the field who disagreed with the views of the paper.

It's not a pleasant situation having a disgruntled old man pointing a cane at you, hurling insults and cursing your supposed viewpoints.

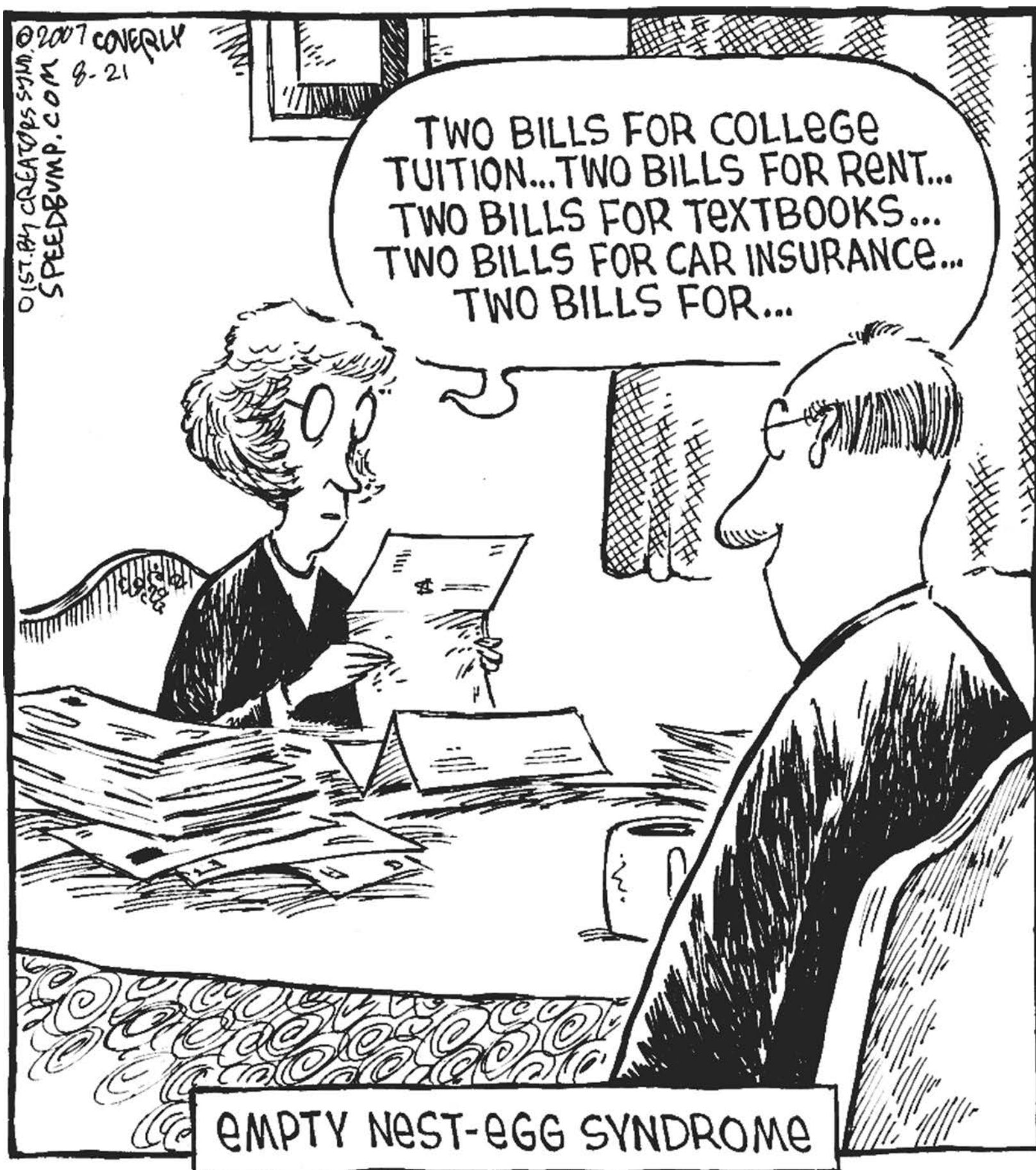
That is the reason you will never read the *Patriot's* opinion on amending term limits in Downey. You might read my opinion, or that of longtime staff writer Henry Veneracion, but neither will speak on behalf of the newspaper as a whole. Any editorials you read are that of its author, that's it.

And all opinion pieces will be relegated to the Editorial page, subject to honest scrutiny, or otherwise be clearly identified as a column and not "news." Rarely do we run opinion pieces on pages other than Editorial; a few exceptions I can think of, off the top of my head, was a Memorial Day op/ed by Congresswoman Lucille Roybal-Allard and a slew of letters from Arc consumers that partially ran on the front page because they were so heart warming.

"Letters to the editor" by Downey residents carry precedence over op/ed pieces by outside companies, organizations and even the congresswoman. If we're limited in space and need to choose between a letter by an "average Joe" or the Ayn Rand Institute, for example, the "average Joe" will win out every time.

The Editorial page belongs to you, the reader. The entire newspaper, in fact, belongs to you. Let me know what you like, what you dislike, and what you would like to see in your newspaper.

We're only a "letter to the editor" away.



Letters to the Editor:

Same old tune: Save the Carpenters

Dear Editor:

I recently read an article that the Karen and Richard Carpenter house in Downey is in a possible state of demolition. I would like to say that as a Carpenters fan, and a fan of music in general, that it is important to save these landmarks – especially for Downey's historical efforts.

The Carpenters once proudly lived there, and have captured the hearts of millions of people around the world. Many Carpenters fans would love to see the house stay for many, many years to come. The Carpenters deserve to be remembered and tearing down the places that they were associated with just destroys part of their legacy.

I, for one, would just love to see the house stay. Many, many fans in the future could visit and get a sense of closure with the Carpenters legacy and remembrance. After all, fans do need some kind of place to remember their favorite artists, such as Elvis fans do every year when they visit Graceland.

I just ask that all council members and people involved think of this reason and make the right decision.

— **Marty Morrison,**
Hammond, Ind.

The elephant in the church

Dear Editor:

Illegal aliens are hiding out in plain sight at churches. And these churches are allowing illegals to stay in their facility, even though the illegals are breaking the laws of the country. And the United States government won't go into the churches and take the illegal aliens out of the churches and deport them, just because it's a church.

Are the government officials worried a lightning bolt will strike them as they drag the lawbreaker out of the door of the church?

I wonder if these same churches would be as loving and supportive towards other lawbreakers as they are to illegal aliens. Perhaps next time someone robs someone or molests someone or murders someone, they should look up one of these churches for sanctuary.

This really has given an entirely new meaning to "separation of church and state."

— **S. Courtney,**
Downey

How far is too far?

Dear Editor:

Just when you think you've heard (or read) everything, something new comes along. I'm referring to Mr. Gutierrez's letter to the editor ("Modern Day Prohibition?," 8/17/07).

At what age does he think we should start giving alcohol to children? 8 – 10 – 12 – 14 – 16? Or younger?

Why does he think it is so important that they be allowed to consume alcoholic beverages? Also, I'm curious to know where he got his statistics, since he seems to believe that every study – but his own – is either inaccurate or untruthful. How did he conduct his survey? How many people were interviewed? How many lives lost because of drunk drivers is acceptable? How will he determine how many young people will be abusers?

Does Mr. Gutierrez realize that we have "prohibition" in many areas of law? There is a law that determines at what age a driver's license will be issued. Car seats are mandated for the young and adults alike. There are laws which govern the ages of young people being married. There are laws prohibiting excessive speed. All these laws are for our safety or well-being.

Please explain your point, Mr. Gutierrez, when you said MADD did their study on rats and alcohol abusers. Maybe you should examine the hospitals that treat abusers or care for those injured in alcohol-related accidents.

There aren't many issues that I'm in agreement with concerning Congresswoman Lucille Roybal-Allard, but on this issue, I'm in complete agreement.

As a child I lived in a home where two alcoholic uncles lived with us for a short time. Married, they both wrecked not only their own lives, but those of their wives and children. I saw their hurt and misery. No, not everyone who drinks will become an alcoholic. Not everyone who drinks and drives will kill or hurt someone. But we all know that this will happen to some. I'm sure those in MADD have had painful experiences because of drunk driving.

Those under 21 are not being deprived of something that is good or necessary, but rather are being encouraged not to use something that is not beneficial to them in any way and could be harmful or life-threatening.

— **Elsa Van Leuven,**
Downey

Quotes to live by

Dear Editor:

After reading the letter "Modern Day Prohibition?", I was reminded of a couple of life's lessons:

"When I was a boy of 14, my father was so ignorant that I could hardly stand him around. When I turned 21, I was amazed how much the old man had learned in seven years." – Mark Twain.

"When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put childish ways behind me." – 1 Corinthians 13:11.

And here's a quote I've always considered before opening my mouth to share my opinions with others. It's free advice so it's worth what you've paid for it:

"Better to remain silent and be thought a fool than to speak out and remove all doubt." – Abraham Lincoln.

— **Richard McAllister,**
Downey

Letters to the editor may be submitted by writing to *The Downey Patriot*, 11525 Downey Ave., Suite A, Downey CA 90241 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

Ayn Rand Institute off the mark

Dear Editor:

As a professional journalist of many years and a former staff writer for the *Los Angeles Times*, I'm highly appreciative of *The Downey Patriot* and the indispensable role it has played in a city that is otherwise losing distinction. A newspaper is a community's nervous system; it puts all of its constituent parts in touch with each other. To that end, the *Patriot* is one of the few public expressions we have that gives us all a sense of life as it's lived here, including the aspirations and achievements of young people, the deaths of old friends, the availability of social services, job and real estate listings, and report on what goes on in city hall.

I'm puzzled however by the recent inclusion of essays by the Ayn Rand Institute, in which dubious, even ignorant assertions are presented as reasoned editorial conclusions. Take the Institute's Aug. 10 avowal that diplomatic dialogue, or any dialogue with Iran makes Iran the "winner."

Granted, Iran is a troublemaker and bad regional neighbor, and its role in the deaths of U.S. soldiers is inexcusable. But international diplomacy is always predicated on speaking with the enemy, a variant on the theme "keep your friends close, but your enemies closer." (And have we forgotten the U.S. role in overthrowing Iran's legitimate government in 1953?). Not to engage is to allow a rogue state freedom to make mischief. Apartheid in South Africa, for example, would never have ended if Nelson Mandela hadn't met with the National Party. And by engaging with North Korea, we no longer see Korean missiles being launched over the Sea of Japan, or the development of nuclear weaponry there.

But it was the Institute's Aug. 3 essay that was most preposterous in its assertion that the rich are not getting richer than the rest of us. Does anyone at the Institute watch or read the news? The argument here is based on a false premise, that business productivity benefits everyone in the business, from CEO to janitor. Let's forget for a moment the decades-long astronomical jump in CEO and top management salaries, and the stagnation and erosion of salaries mid-level and below. The problem is that workers don't share in profits anymore, as economists have noted lately. Corporate and company profits have risen through leveraged buyouts, spinoffs, Third World outsourcing (with tax break incentives), layoffs, and the destruction of health and pension benefits for employees. In "Nickel and Dimed," author Barbara Ehrenreich showed us how you can't make ends meet even in holding down two minimum wage jobs at one time. And her recent report of the corporate raider who bought himself a 35-room apartment on Manhattan's swanky Park Avenue at the expense of 871 laid-off workers in Colorado is an all-too-familiar theme.

"Income inequality," the article implied, was natural and overstated by the press. But income inequality isn't the real issue; the real issue is income injustice. Ayn Rand herself believed in individualism and laissez-faire capitalism, but she loathed the idea of broad human plunder by and for the power and enrichment of a privileged few. That's why she fled Russia.

My question is: Why is the Ayn Rand Institute given play on the editorial page without some further kind of attribution? Does it represent *The Downey Patriot's* voice? Is it just another letter to the editor, like this one? Some clarification is in order, please.

— **Lawrence Christon,**
Downey

Chinese reading, writing class offered

DOWNEY – The Fa-Kwang Chinese School, 12110 Pomeroy Rd. in Downey, will offer free Chinese speech, reading and writing classes beginning in September.

"Conversational Chinese" will be offered every Saturday from 1 to 3 p.m. "Chinese Reading and Writing" will be offered Saturdays from 3 to 3:30 p.m. Both courses run from Sept. 15 to June 14, 2008.

For information, call (562) 927-3945.

The Downey Patriot



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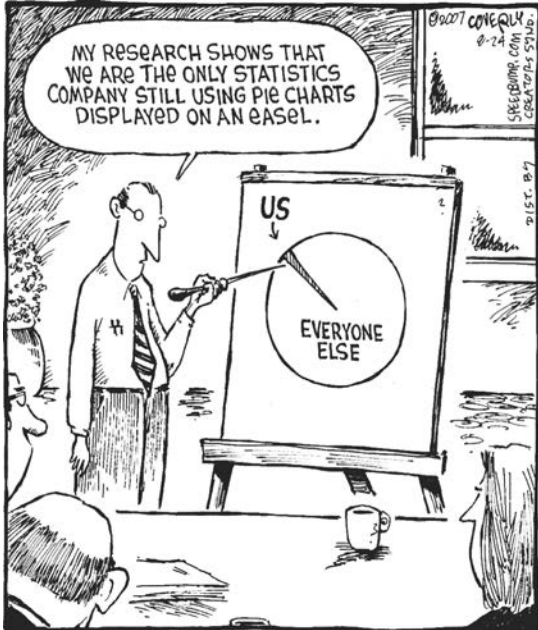
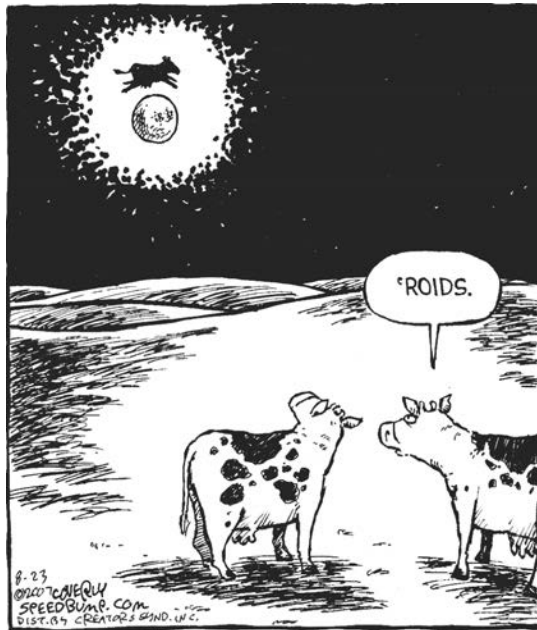
The Downey Patriot is published weekly by Jennifer DeKay-Givens. Controlled Distribution, 25,000 copies printed. Distributed by Great Western Advertising Distributors, Inc., Los Angeles, CA.



SPEED BUMP



DAVE COVERLY



On This Day...

- August 24, 1814: British troops invade Washington, D.C. and set fire to the White House.
- 1932: Amelia Earhart becomes the first woman to fly non-stop across the United States.
- 1981: Mark David Chapman, the man convicted of murdering John Lennon, is sentenced to 20 years to life in prison.
- 1989: Cincinnati Reds manager Pete Rose is banned from baseball for gambling.
- 1991: Mikhail Gorbachev resigns as head of the Communist Party of the Soviet Union.
- 1992: Hurricane Andrew slams into Florida, killing 55 people.
- 1995: Windows 95 is released by the Microsoft Corporation.

Downey Community Calendar

Events For August

- Sat. Aug. 25: "Stateline Day Trip" fundraiser, Embassy Suites, 6 a.m.
- Sat. Aug. 25: Battle of the Bands, Furman Park, 4 p.m.
- Tues. Aug. 28: City Council meeting, City Hall, 7:30 p.m.
- Wed. Aug. 29: Marine Corp Air Ground Combat Center Band performs, Furman Park Concert Series, 7 p.m.

City Meetings

- 1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber.
- 2nd & 4th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall.
- 3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

- 6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786.
- 6:30 p.m.: Overeaters Anonymous, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.
- 1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790.
- 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159.
- 3rd Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053.
- 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 861-3989.

Tuesdays

- 9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439.
- 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422.
- 9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153.
- 12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400.
- 12 p.m.: Exchange Club of Downey, at Sizzler, for information call Don Hollister at 927-5871.
- 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 928-2658.
- 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478.
- 7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659.
- 7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802.
- 2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox. for info. call (562) 923-2191.
- 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square. for information call (562) 927-6438.
- 2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904.
- 3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106.
- Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

Wednesdays

- 7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: Women's Bocce Club, for information call 869-8782.
- 1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: Downey Coordinating Council, for information call 927-9790.
- 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028.
- 1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386.
- 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197.
- 2nd Weds., 11:45 - Downey Christian Women's Club, at Los Amigos CC. Call 927-8488.
- 3rd Weds., - Downey Dog Obedience Club Apollo Park.
- 4th Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513.
- Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

Thursdays

- 7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534.
- 7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414.
- 12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153.
- 12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655.
- 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176.
- 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388.
- 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

Fridays

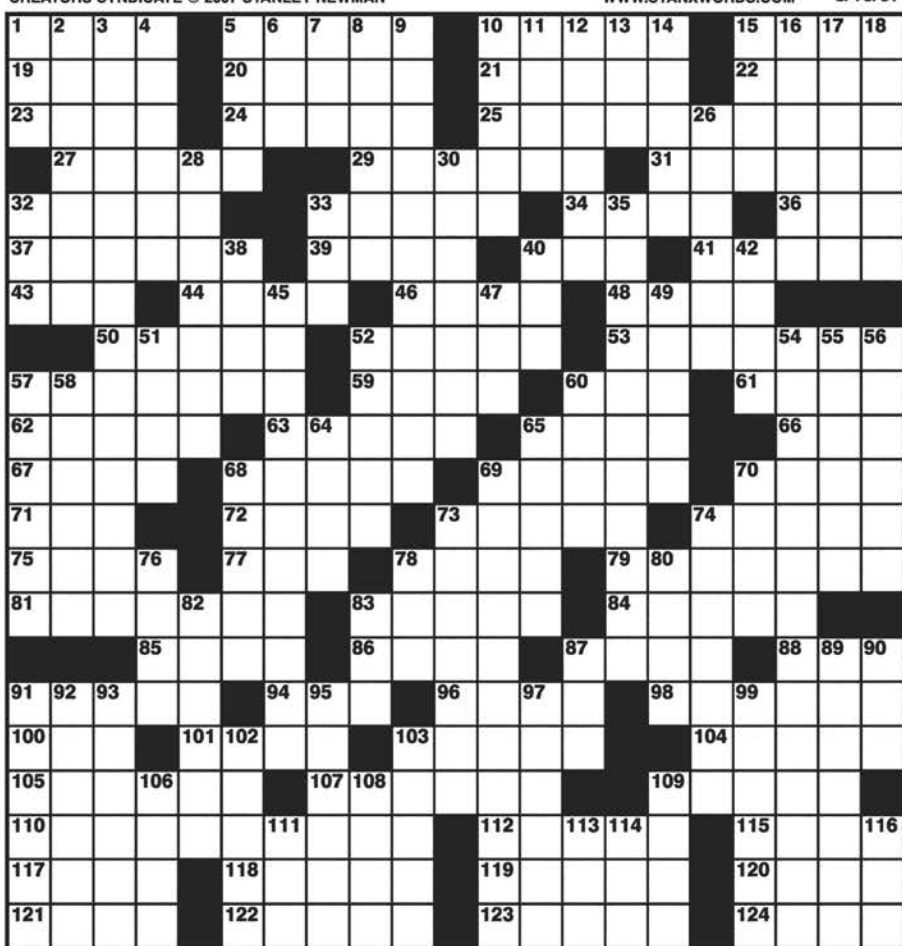
- 7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

PASSING LANE: Passers for you to catch
by Fred Piscop

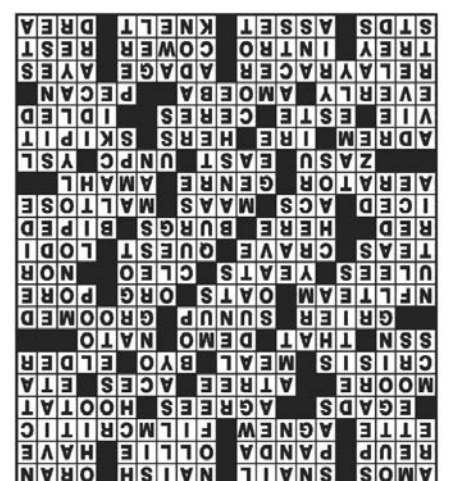
CREATORS SYNDICATE © 2007 STANLEY NEWMAN WWW.STANXWORDS.COM 8/19/07



- ACROSS**
- 1 "Famous" cookie maker
 - 5 Symbol of slowness
 - 10 Actor J. Carrol
 - 15 Algerian port
 - 19 Accept another hitch
 - 20 Bearlike beast
 - 21 Stan's pal
 - 22 Order for dinner
 - 23 Suffix with major
 - 24 '70s vice president
 - 25 Judgment passer
 - 27 "Zounds!"
 - 29 Sees eye to eye
 - 31 Mock, in a way
 - 32 Controversial documentarian
 - 33 Up __ (cornered)
 - 34 Gets 100 on
 - 36 LAX posting
 - 37 Turning point
 - 39 Menu selection
 - 40 "Liquor not provided"
 - 41 Church official
 - 43 Nine-digit ID
 - 44 "Take __!"
 - 46 Floor sample
 - 48 Defense org. since '49
 - 50 Grid great Rosey
 - 52 Time to crow
 - 53 Neatened up
 - 57 Ravens or Falcons
 - 59 Granola morsels
 - 60 www.unicef.__
 - 61 Sponge opening
 - 62 __ Gold (Fonda film)
 - 63 O'Casey contemporary
 - 65 Pinocchio goldfish
 - 66 __'easter
 - 67 Drinks with scones
 - 68 Hunger for
 - 69 Jason's journey, e.g.
 - 70 Napoleon victory site
 - 71 It's seen in anger
 - 72 "Have one of these!"
 - 73 Towns, informally
 - 74 Ostrich or kangaroo
 - 75 Sewed up
 - 77 Rm. coolers
 - 78 Sarpico author
 - 79 Sugar type
 - 81 Aquarium device
 - 83 Film noir, for one
 - 84 Menotti title role
 - 85 Pitts of '30s films
 - 86 Toward 52 Across
 - 87 Potentially offensive
 - 88 Fashion monogram
 - 91 Relevant, in law
 - 94 Ill temper
 - 96 Towel word
 - 98 "Don't bother!"
 - 100 Compete
 - 101 86 Across, in Acapulco
 - 103 Largest asteroid
 - 104 Killed time
 - 105 Either "Wake Up Little Susie" singer
 - 107 Unicellular critter
 - 109 Praline nut
 - 110 Baton passer
 - 112 Pithy saying
 - 115 Floor assents
 - 117 Deuce topper
 - 118 Keynote precursor
 - 119 Shrink in fright
 - 120 Take a siesta
 - 121 Norms: Abbr.
 - 122 Good thing
 - 123 Prepared to be dubbed
 - 124 De Matteo of The Sopranos
- DOWN**
- 1 "__ you serious?"
 - 2 Shooting stars
 - 3 Torch passer
 - 4 Asparagus pieces
 - 5 Healthful retreats
 - 6 Act like a shrew
 - 7 Shakers founder Lee
 - 8 Think up
 - 9 Bar passer
 - 10 Like some checking
 - 11 "I cannot tell __"
 - 12 "You betcha!"
 - 13 Theoretical trial, for short
 - 14 Wag the Dog actress
 - 15 Xenia's state
 - 16 Was a fink
 - 17 Take wing
 - 18 Sweet drink
 - 26 Met, as an occasion
 - 28 Worshiped ones
 - 30 Caves in
 - 32 Banquet hosts
 - 33 Qty.
 - 35 Legislation passer
 - 38 Big Apple baseball venue
 - 40 Gillespie's music
 - 42 Aerobic maneuver
 - 45 Muster passer
 - 47 Hamlisch's coll. major
 - 49 Shop talk
 - 51 Numbered rds.
 - 52 Dry white wine
 - 54 Go passer
 - 55 Chips away at
 - 56 Put down
 - 57 Large rodent
 - 58 Swindle
 - 60 Designer Cassini
 - 64 Stirrup sites
 - 65 Witch's bestowal
 - 68 Utter disorder
 - 69 Pigskin passer
 - 70 Baltic land: Abbr.
 - 73 Irish wailer
 - 74 Eric Clapton's favorite guitar
 - 76 Knock senseless
 - 78 __ culpa
 - 80 Concert lineup
 - 82 In a docile manner
 - 83 Impressed one's remark
 - 87 Warship designation
 - 89 Certain Tuscans
 - 90 Inc. equivalent
 - 91 Turns aside
 - 92 Turn aside
 - 93 Recited easily, with "off"
 - 95 Strikes back
 - 97 Keep perusing
 - 99 Bouncer's check
 - 102 Land south of Turkey
 - 103 French landscape painter
 - 106 Narrow beams
 - 108 "A __ technicality!"
 - 109 Fresh-mouthed
 - 111 Ques. response
 - 113 Leave speechless
 - 114 Hair goo
 - 116 RR stop

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Noted for his portrayals of numerous ethnicities, twice-Oscar-nominated Actor J. Carrol NAISH (10 Across) was of Irish descent. Napoleon (70 Across) defeated the Austrian army at the Italian town of Lodi in 1796. CERES (103 Across), largest of the asteroids, contains about a third of the total mass of the entire asteroid belt.



Paging Dr. Alan Frischer...

BY DR. ALAN FRISCHER



Is your cell phone dangerous? With more than two billion cell phone users worldwide (as of August 2005), concerns are growing regarding possible health risks. Today I will address the basis for these accusations and take a look at the two sides of this hotly debated issue.

If you ask the World Health Organization, cell phone use does not result in any serious health problems. They feel that the amount of radiation associated with normal use is too low to produce significant damage. Still, the question of possible health consequences of exposure to long term, low level radiation has been raised by the international community.

Some nations have already set guidelines limiting cell phone use. In Austria, Germany and Sweden, citizens are being told to use hands-free devices to limit radiation to the head, to keep mobile phones away from the body, and use them in the car only with an external antenna. So, in international circles, questions do remain about long term safety.

The problem is that there is no proof that these phones are absolutely safe. Long-term studies have not been conducted, since cell phones have only been in common use for a relatively short time. The research so far has produced conflicting results, and many studies are flawed and unable to be replicated. A few have suggested that low levels of exposure could accelerate the development of cancer in laboratory animals. However, many of these animals were already genetically engineered to develop cancer.

Other studies exposed the animals to radiation from cell phones for up to 22 hours per day. Although these are extreme conditions, they're too close for comfort! Three large epidemiological studies have been published since December 2000, and none of them found any harmful health effects from wireless phone exposure. However, none of the studies can answer questions about long-term exposure, since the average period of phone use in these studies was around three years. I suspect that future studies will focus on finding where the safest limits are in terms of duration and proximity of exposure.

What do cell phones actually do to us? They use electromagnetic waves in the microwave range, and release radiation, or radiofrequency energy. This energy can potentially be harmful due to thermal, non-thermal and genotoxic effects.

A **Thermal** effect is caused by cell phone microwaves heating living tissue. When a person uses a cell phone, their head is exposed to this heat, which causes the temperature of the head to increase by a fraction of a degree. This is much less than the increase in temperature caused by sitting in the sun. Blood vessels and active circulation are capable of handling this excess heat by increasing local blood flow.

One area of concern is the cornea of the eye, which has little circulation and therefore is less able to regulate temperature. Premature cataracts are seen in engineers who work on high power radio transmitters at similar frequencies. To date, cataracts have not been linked to cell phone use; cell phones have a far lower power output than high powered transmitters.

Temperature increases also can affect nerve fibers in the brain. Swedish researchers have noted a small increased risk of acoustic neuromas (a type of brain cancer) in people who use their cell phones continuously for a decade or longer.

Non-thermal effects of cell phone use result from the low-frequency pulsing of the carrier sig-

nal. No health problems have been observed.

Genotoxic effects are the most difficult to measure. Cancer data has been analyzed by several studies. A Danish study from 2006 observed over 420,000 citizens over a 20-year period. It found no link between cancer and cell phone use. This conclusion has been supported by studies from Britain, Germany and Sweden as well.

Only one study, mentioned above, showed a relationship between acoustic neuromas and cell phone use. Research from Greece found a direct link between cellular phone use and damage to DNA. Twelve collaborating laboratories in several countries conducted research that yielded compelling evidence of DNA damage to cells in in-vitro cultures. (In-vitro studies are those done outside of the body in laboratory situations.) More studies will follow.

Finally, **Electromagnetic Hypersensitivity Syndrome (EHS)** has been observed among cell phone users. Some users have reported feeling several non-specific symptoms during and after use, including burning and tingling sensations in the skin of the head and extremities, fatigue, sleep disturbances, dizziness, loss of attention, reaction times and memory problems, headaches, malaise, rapid and irregular heart beats, and trouble with digestion. However, the World Health Organization has not supported this possible causal relationship.

What steps can you take if you are concerned about health risks from Radio Frequency (RF) exposure?

- Time is a key factor in how much exposure a person receives. Reduce the amount of time you are using your cell phone.

- If you must use wireless devices every day, place more distance between your body and the source of the RF. The exposure level drops off dramatically with distance. Use a headset and carry the phone away from your body.

- Remember that as soon as you turn on your cell phone, it is transmitting pulses of microwave radiation; this is how cell phones communicate with their network. Turn off your phone when you don't need it.

- Finally, for your children and teens, do not buy cell phone plans with a lot of minutes. The more you give them, the more they will use. Put a cap on their use.

I wish you all short conversations and safe communication.

Dr. Alan Frischer is former chief of staff at Downey Regional Medical Center. Write to him in care of this newspaper at 11525 Downey Ave., Suite A, Downey, CA 90241

YOUR HOMETOWN
COMMUNITY NEWSPAPER

Kaiser to undergo study related to palliative care

■ Kaiser's Bellflower Palliative Care Service named one of the top six in the state.

BELFLOWER – Kaiser Permanente announced this week that its Bellflower Medical Center's Palliative Care Service has been named by the Archstone Foundation as one of the six top programs in California that will participate in a two-year best practices study.

Palliative care consists of pain and symptom relief provided to patients who suffer a serious illness.

"Kaiser Permanente is committed to providing high quality patient care," said Evie Vesper, assistant medical center administrator. "This grant enhances our ability to continue to provide comfort, pain management, and symptom relief to patients that have serious illnesses from the hospital setting through to the patient's home environment."

The Archstone Foundation is providing Kaiser's Bellflower Medical Center the two-year grant, of nearly \$200,000, to fund the development of a hospital-based palliative care model that can be replicated. The project is being evaluated by an outside, non-profit research center at Partners in Care Foundation.

"This grant from Archstone provides us with a valuable opportunity to measure the impact of the program and ensure that it is successful in providing high quality care consistent with the wishes of Kaiser Permanente

patients," said Susan Enguidanos, MD, director of research for Partners in Care.

Patients that receive palliative care are managed by a team of health care providers, which include physicians, nurses and social workers that work to give comprehensive care to seriously ill patients.

During the two-year study, 500 patients over the age of 65 will be screened for pain and symptom control, quality of care, and patient satisfaction. The data, officials said, "will be used to develop a model based on an interdisciplinary, consultative inpatient palliative care program designed to improve the quality of life for patients and reduce their pain and discomfort."

Kaiser's Bellflower Medical Center hopes to provide information to the medical community about models that improve pain and symptom control, and support patients and their families as they learn to manage the chronic condition at home, officials said.

Learning from this project will also help raise community awareness about the benefits of palliative and hospice care, and the ability to integrate these practices within the acute hospital setting, according to hospital officials.

Drug addictions start with strong cravings

No one wants to be an addict. Anyone who has an alcoholic or drug addict close to them may find this impossible to believe but it's true. Until that addict finds a way out of the trap of compelling drug or alcohol cravings, he or she may find it impossible to quit using drugs, no matter how much he knows he must, no matter how hard she may wish for relief from her addiction.

Someone who has never been addicted may have difficulty comprehending the iron grip of drug or alcohol cravings. An alcoholic or drug addict will commonly feel that life itself depends on getting and using the substance to which they are addicted. Nothing is more important, not one's job, family, home, or any other obligation.

Whether the addictive substance is alcohol, marijuana, cocaine, heroin, illicitly-obtained prescription drugs or methamphetamine, when drug cravings are in full swing, lying or stealing are insignificant compared to the overwhelming need to satisfy the intense cravings and to prevent the sickness and pain of withdrawal.

Without eliminating cravings, one's chances of permanent recovery from addiction are very slim. The good news is that cravings can be eliminated. The key to elimination is first understanding the cause.

When drugs are filtered by the liver, they leave metabolites, protein-based byproducts of the filtration. Each drug has its own metabolite, like a fingerprint. This is why drug tests work – they identify the metabolites left behind after drug use. Marijuana leaves a marijuana metabolite; alcohol produces an alcohol metabolite, and so on. While some of these metabolites leave the body through sweat and urine, some remains in the body and bonds with fat cells.

When a person consumes drugs or alcohol, they retain a complete recorded memory of that experience, good or bad. Any addict accumulates a series of memories that contain the pain and discomfort associated with the torture of withdrawal.

When a person experiences stress, physical exertion or intense emotion that increases the heart rate, the body burns fat cells, activating drug

metabolites. These activated metabolites trigger the memories and discomfort of past drug use. A person is likely to use drugs again at these times, even if they not used drugs in years.

The secret to eliminating these cravings lies in a thorough detoxification process that enables the body to flush out stored metabolites and toxins. With exercise to stimulate circulation, time spent in a dry sauna, and a specific regimen of nutritional supplements, drug metabolites can be eliminated, resulting in a person who can think more clearly and whose drug cravings have been alleviated.

Peter H. is a graduate of the Narconon Arrowhead program. He said, "I first started drinking alcohol and using pot when I was 14. By 16, I was using LSD, speed and cocaine. At 40, I was hopelessly strung out on heroin. My addiction destroyed everything. I ended up homeless, penniless and almost dead. I found Narconon and started their program.

After I completed the detoxification portion of the program, I was clear-headed and had no drug cravings whatsoever. After more than two years of being clean, I know without a doubt I can live my life without drugs. Thank you for saving my life."

Available to people for free is the "Healing Addicted Lives" booklet, indispensable for anyone faced with drug abuse in their community, even in Downey.

A copy is available by calling (800) 468-6933 or by visit www.stopaddiction.com.

Medicare reviewed at retirement center

DOWNEY – A general overview of Medicare programs, including Part A, B, C and D, will be given at the Downey Retirement Center on Sept. 7 at 10 a.m. The event is free to the community.

For information, call (562) 869-2416. The Downey Retirement Center is at 11500 Dolan Ave.

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Speakers: Gary Baker, MD & Mark Ezekiel, MD, Pain Management

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Saturday | September 8 | 10:00 am

Lakewood Regional Medical Center, Conference Room

PREVENTATIVE MEDICINE

Speaker: Vinita Chaudhary, MD, Family Practice

Is understanding prevention, better than knowing the cause? Dr. Chaudhary will discuss about living a healthy life style.

Wednesday | Sept 12 | 10:00 am

Weingarten Senior Center, 5220 Olivia Avenue, Lakewood

TALKING TO YOUR DOCTOR

Speaker: Ramiro Rosero, MD, Family Practice

How can you tell if your pain is Osteoarthritis? Should you be in an exercise program? What about medication? Will surgery help control your pain?

Wednesday | September 12 | 12:30 pm

Lakewood Wiengart YMCA, Conference Room
5835 Carson Street, Lakewood

CARDIOVASCULAR DISEASE

Speaker: Kartik Thaker, MD, Cardiology

Knowing the risks of cardiovascular disease could potentially save your life. Come learn the basics from Dr. Thaker.

Tuesday | September 18 | 1:00 pm

Cerritos Senior Center, Conference Room
12340 South Street, Cerritos

RSVP by calling (562) 916-8550

GLUCOSE SCREENING

Tuesday | September 25 | 8:15 am

Mayfair Park, John Todd Community Center
5720 Clark Avenue, Lakewood

COMPLICATIONS WITH UNCONTROLLED DIABETES AND GLUCOSE SCREENING

Speakers: Charles Holzner, MD, Endocrinologist & Ronald Fischman, MD, Nephrologist

Join Dr. Holzner of CareMore to discuss how. Life can be very challenging for seniors who live with Diabetes. Learn from Dr. Fischman how to avoid the potential dangers for those with uncontrolled diabetes and how to avoid complications like heart disease, high blood pressure, nerve damage and kidney disease that may lead to serious problems.

Tuesday | September 25 | 9:00 am

Mayfair Park, John Todd Community Center
5720 Clark Avenue, Lakewood

NUTRITIONAL SEMINARS

NUTRITION AND AGING

Research shows that good nutrition is essential through the lifespan and is linked to health quality of life and self-sufficiency in later years. Learn the importance of your food choices

Thursday | September 20 | 3:00 pm

NUTRITION FOR DIABETES

Learn how to make appropriate meal planning and food choices to help manage diabetes

Thursday | October 18 | 3:00 pm

Speaker: Koby Moridzadeh, Registered Dietician
Lakewood Regional Medical Center, Conference Room

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A Walk to Remember...

One saunter down the catwalk, combined with her 'cute freckles and a fresh face,' was all it took for 15-year-old Brandi Bondoc to land a professional modeling contract with the prestigious Ford Modeling Agency.

BY BROOKE KARLI
STAFF WRITER

While most teenage girls spend their time putting on makeup and shopping for clothes, Brandi Bondoc has someone to do that for her.

Brandi, 15, recently won a one-year modeling contract with Ford/Robert Black Agency at Citadel Outlets' 1st Annual "Strike a Pose Model Search." She competed against 1,000 contestants and was one of four teens to get a contract.

Although she has always been interested in modeling, the 5-foot-8-inch teen had never actually pursued a career in the business. Upon seeing posters throughout Citadel, she thought it wouldn't hurt to give it a shot. After filling out registration forms, Brandi's audition began, only having to walk down the runway once.

"The worst part about the whole day was waiting," said Brandi, a sophomore at Warren High School. "I just wanted to know whether or not I won."

As Brandi waited and judges deliberated, the announcement was made - Brandi was deemed worthy of a modeling contract.

"Her winning had nothing to do with how she walked down the runway," said Sheree Hartwell, owner of FORD/Robert Black Agency. "She had height, a great complexion, cute freckles and a fresh face."

Along with getting a contract, Brandi will also be featured in Citadel's back-to-school campaign, which includes circulars in the *Los Angeles Times* and her photo on Citadel's LED signs along the

5 Freeway.

It wasn't long after the June 30 model search that Brandi was put to work. On July 5, Brandi had her first photo shoot for the back-to-school campaign. And on Aug. 16, Brandi was featured in a *Los Angeles Times* circular.

"Our photographer said Brandi is at ease in front of the camera," said Hartwell. "She's stunning and it's seen in every picture she takes."

Because Brandi is a minor, an adult must accompany her to every photo shoot, whether it be a parent, makeup artist, etc.

"It's so fun sitting there getting your makeup done and having your outfits picked out for you," Brandi said. "The hardest thing is having to pose the way you're being told to."

Even though her modeling career has taken off smoothly, Brandi will have to make some adjustments and important decisions within the upcoming months.

"When you sign a contract, you are pretty much giving them permission to do whatever they want with you," said Brandi. "They've already told me that I need to lose my tan, grow out my eyebrows and not dye my hair. They also said my legs were too muscular."

Considering Brandi participates in water polo and track at Warren, she's finding it difficult to, well, lose the tan and muscular legs.

Because the prime time to model is between the ages of 15 and 25, Brandi is forced to choose either a career in modeling, or a normal life as a teenage girl.

"They've told me that if I'm not completely dedicated to modeling, then I need to wait until I am," Brandi said. "I have been given the chance to start modeling and maybe someday travel and be featured in fashion shows and magazines. But in order to be completely dedicated, I would have to home-school and give up my extracurricular activities. And so much of me still just wants to be a teenage."

Brandi is still unsure about what she will be doing in the near future, but knows exactly what she wants to do within her modeling career.

"I want to model for perfume ads, Dior sunglasses and anything that is in a scenic backdrop," said Brandi. "I think my funky, high-fashion style will come out better in those types of settings."

According to Hartwell, agencies from Chicago and Los Angeles are interested in Brandi.

"We will be sending out her portfolio to Hollister, Abercrombie & Fitch, Macy's, Dillard's, Mervyn's and Teen Vogue very soon," Hartwell said.

However, Brandi does realize that the modeling business is a competitive one and that a backup plan is needed.

"I can't really depend on modeling, so I definitely plan on attending college," Brandi said. "I'm not sure what I would major in, but my interests are in photography and makeup."

One of Brandi's recent new-found interests is in the Marine Corps. She participated in the Devil Pups Youth Program for America this summer at Camp Pendleton, a camp similar to that of boot camp. Brandi was one of two girls from the Downey area to get accepted, also receiving a \$500 scholarship.

"She came home wanting to be a Marine," said Vickki Banuelos, Brandi's mom. "So now, she wants to be a model and a Marine - quite a combination."

Fortunately, Brandi doesn't have to make her decision right away. After all, she's still trying to accept the fact that she's a model.



Photo by Steve Bigler



Photo by Steve Bigler

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RESURRECTING THE CHAMP PG13 (10:40 1:20 4:00 6:40 9:20)

THE INVASION PG13 (12:15 2:50 5:25 8:00 10:35)

SUPERBAD PG13 (11:45 2:25 5:05 7:45 10:25)

THE LAST LEGION PG13 (11:15 2:00 4:45 7:30 10:15)

RUSH HOUR 3 PG13 (11:15 1:50 4:25 7:00 9:35)

RUSH HOUR 3 PG13 (12:15 2:50 5:25 8:00 10:35)

THE BOURNE ULTIMATUM PG13 (10:45 1:35 4:25 7:15 10:05)

UNDERDOG PG (10:45 1:00 3:15 5:30 7:45 10:00)

THE SIMPSONS MOVIE PG13 (11:00 1:15 3:30 5:45 8:00 10:15)

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WAR R (11:45, 2:20, 4:50, 7:30, 10:00)

THE INVASION PG-13 (10:00, 12:25, 2:55, 5:25, 7:55, 10:35)

THE LAST LEGION PG-13 10:15 PM

+ SUPERBAD R (10:40, 11:30, 1:30, 2:15, 4:15, 5:00, 7:00, 7:45, 9:45, 10:30)

RUSH HOUR 3 PG-13 Fri to Sun (12:00, 2:30, 4:55, 7:20, 9:40; Mon (2:30, 4:55), 7:20, 9:40; Tue (12:00, 2:30, 4:55), 7:20, 9:40)

STARDUST PG-13 Fri to Sun (10:20, 1:15, 4:10, 7:10; Mon (4:10), 7:10; Tue (10:20, 1:15, 4:10), 7:10)

THE BOURNE ULTIMATUM PG-13 (11:10, 2:00, 4:55), 7:40, 10:25)

THE SIMPSONS MOVIE PG-13 (10:05, 12:15, 2:45, 5:10, 7:25, 9:35)

GARFIELD: A TAIL OF TWO KITTIES PG Mon (10:00 AM, 12:30 PM)

Times for Friday-Tuesday, August 24-28, 2007

Bargain Matinee () Advance ticket sales Special Engagement/No. Passes * www.kptmovies.com

New Entertainment this week

CD Releases

Casting Crowns - *The Altar and the Door*

Lyle Lovett - *It's Not Big It's Large*

Ben Harper & the Innocent Criminals - *Lifeline*

Rick Braun and Richard Elliot - *RnR*

Heaven & Hell - *Live from Radio City Music Hall*

Ringo Starr - *Photograph: Best of The Subdudes - Street Symphony*

Paul Anka - *Classic Songs, My Way*

Sarah Johns - *Big Love in a Small Town*

Source: Amazon.com

Concerts

FRIDAY, AUGUST 24

Clint Black - Cerritos Center

Gipsy Kings - Greek Theatre

India.Arie - Pechanga

Mandy Moore - HOB Anaheim

Marilyn Manson, Slayer - Verizon Wireless Amphitheatre

SATURDAY

El Gran Silencio - HOB Anaheim

Gipsy Kings - Greek Theatre

Klezmer Juice - Skirball Center

Reba McEntire - Antelope Valley Fair

Warped Tour - Home Depot Center

Vonda Shepard - Coach House

SUNDAY

Blasters - HOB Anaheim

Lisa Lisa - Grove of Anaheim

Teen Choice Awards - Gibson Amph. UB40 - Greek Theatre

MONDAY

Asia - Coach House

Joss Stone - Greek Theatre

TUESDAY

Pete Yorn - Greek Theatre

Gogol Bordello - Henry Forda Theatre

Stevie Wonder - Santa Barbara Bowl

WEDNESDAY

Allan Holdsworth - Coach House

Sham 69 - HOB Anaheim

Wilco - Greek Theatre

THURSDAY

Los Abandoned - Galaxy Theatre

Sean Kingston - Coach House

Source: Casenet

DVD Releases

MOVIES

Blades of Glory

Kickin' It Old School

TV/MISC.

Heroes - Season 1

Source: Box Office Mojo

Video Game Releases

Stuntman: Ignition - PS2, X360

Tiger Woods PGA Tour 08 - PS2, X360, PS3, Wii

Wild Arms 5 - PS2

Moto GP 2007 - X360

Stranglehold - X360

Dynasty Warriors Gundam - X360, PS3

Blue Dragon - X360

Carnival Games - Wii

Metroid Prime 3: Corruption - Wii

Source: ebgames.com

Book Releases

"The Wheel of Darkness" by Douglas Preston

"Drop Shot" by Harlan Coben

"The Shotgun Rule" by Charlie Huston

"Lord John and the Brotherhood of the Blade" by Diana Gabaldon

Source: barnesandnoble.com

Faith in Downey: Breath of God Christian Fellowship Church

BY BROOKE KARLI
STAFF WRITER

Many congregations in Downey meet in buildings belonging to their church. Some meet in school auditoriums. Breath of God Christian Fellowship Church meets at the Embassy Suites.

Although the church was first established in Los Angeles in 1987, a move to Downey was made in 1995. Originally located near Tangles Salon on Firestone Boulevard, the congregation was forced to meet at the Embassy Suites in 1997 due to increasing rent fees.

Since then, the congregation of Breath of God Christian Fellowship Church has turned the Embassy's Presidential Room into their place of worship every Sunday.

According to Rev. Garnett Simpson-Grier, the church's missions include:

- Disseminating the Gospel of Jesus Christ and providing biblical training and discipleship for believers, as well as living out the "Triple 'E'" vision – Education, Emulation, and Evangelism.

- Providing critical training services and shelter to our local and surrounding communities, as well as providing charitable work to the hungry, poor, homeless, seniors, at-risk youth, runaways, battered women and the handicapped in our multicultural community.

- Printing, publishing, and distributing books and training information to aid in meeting the needs of the community in empowering those we serve with adequate resources to become productive individuals in the society which they live, along with establishing a local non-profit resource library.

- Establishing a community center that can aid in times of local and national crisis, offering counseling, shelter, food, clothing, family assistance and a safe center for youth and children to be when not in school.

Some of the programs at Breath of God Christian Fellowship Church include Project H.O.P.E., Project Y.E.S., Project A.C.T.S., and I.N.O.W.

Project H.O.P.E. – Housing Opportunity Profits Everyone – assists individuals and families in acquiring short-term emergency shelter, providing opportunities to obtain long-term, affordable housing for the "working poor."

Project Y.E.S. – Youth Experiencing Success – on the other hand, was designed to attract, inspire and mentor young people throughout the community, providing positive ways in becoming "successful" in society.

Project A.C.T.S. – Aggressive Community Training and Services – is a seminar and counseling service designed to strengthen several aspects of community life, including social solidarity and fellowship, and achieving a sense of pride and significance amongst the community.

I.N.O.W. – International Network of Warriors – is dedicated solely to praying for the church, families, the nation, and local communities. I.N.O.W. will be hosting their next prayer conference Sept. 20 – 22 at the Holiday Inn Select in La Mirada.

In addition to these programs, the church hosts an Annual Buddy Brunch, as well as Thanksgiving and Christmas Outreaches every year. The Annual Buddy Brunch invites people from local shelters to a major hotel to enjoy brunch and worship. Attendants receive hygiene bags – which include shampoo, conditioner, combs, and more – and pick from a variety of donated clothing. The Thanksgiving and Christmas outreaches provide home-cooked meals and new toys to those in need.

"Matthew 28:19 says, 'go and make disciples of all nations,'" said Simpson-Grier. "We support foreign missions, but know that there are many in our own country that need God's love revealed to them. We don't serve our community so they can come to our church – we serve them so they can experience God's love and grace and begin a relationship with Jesus Christ."

The church has also been heavily involved with the City of Downey, partnering in city cleanup projects, participating at Kid's Day and the Downey Street Fair, and providing senior assistance through Meals-On-Wheels.

"We desire to teach and inspire others by 'translating' the inspirational message into community activism," Simpson-Grier said.

According to a doctrinal statement on www.bogmin.org, the non-denominational congregation of over 40 believes the following:

- **Divine Inspiration** – We believe the Bible in its entirety is the divinely inspired Word of God.

- **The Godhead** – We believe that there is one God, eternally existent, omniscient, and omnipotent. He is God the Father in creation; God the Son Jesus Christ in redemption; and God the Holy Spirit in His comfort, keeping and transforming power.

- **Divinity** – We believe in the deity of Christ, His virgin birth, His death, burial and bodily resurrection, and in Christ's personal and visible return to earth.

- **Indwelling of the Holy Spirit** – We believe that it is the will of God that every believer be filled and baptized in the Holy Spirit with the evidence of speaking in other tongues, as received on the day of Pentecost.

- **Salvation** – We believe in full salvation through grace and faith, not of works. We believe that all have sinned and have come short of the glory of God and are in need of salvation which has been provided through Jesus Christ. That, man being a free moral agent, is capable of backsliding, apostasy and being lost.

- **New Testament Ordinances** – We believe in water baptism by immersion in obedience to fulfilling the Great Commission. We believe in the observance of the Lord's Supper.

- **Tithing** – We believe that tithing is God's financial plan for individual prosperity and for the financing of the ministry.

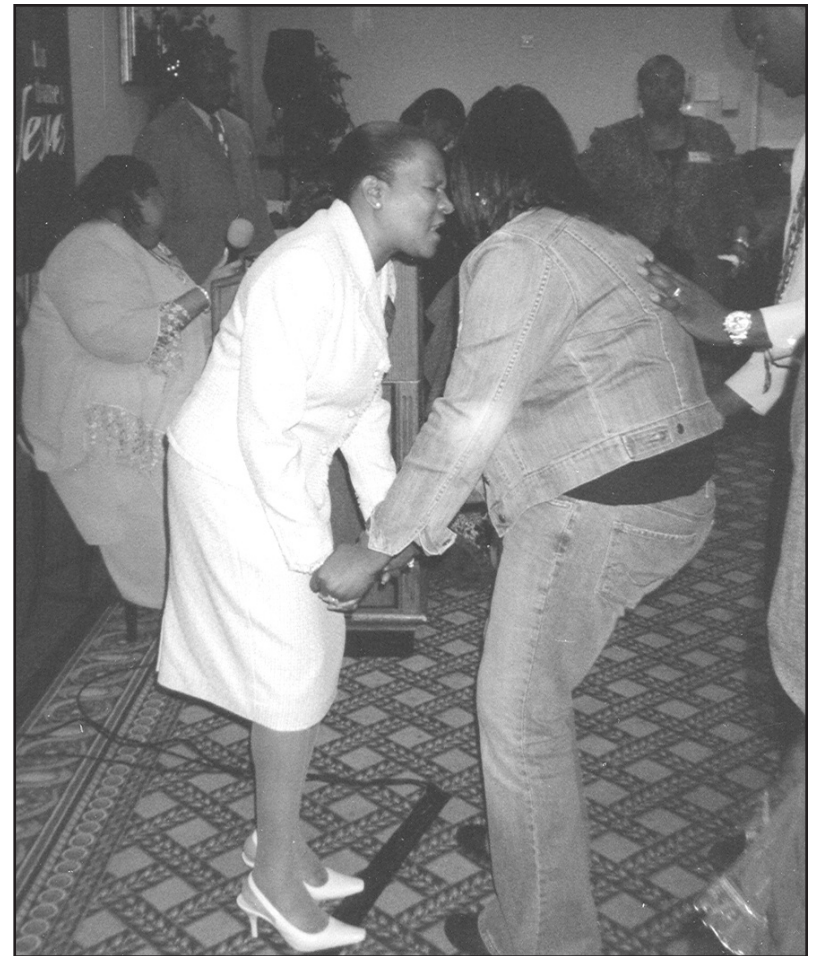
- **Body of Christ** – We believe that the church consists of all those who have received Jesus Christ as their personal Savior.

- **Bodily Resurrection** – We believe that there shall be a bodily resurrection of the just and the unjust, and an eternal place of punishment for the impenitent and everlasting life for the true believer.

- **Healing** – We believe that divine healing is provided in the redemptive work of Christ and is available to every believer through the blood of Jesus Christ and the prayer of faith.

Breath of God Christian Fellowship Church services are Sundays at 10:30 a.m. at the Embassy Suites, and Wednesdays at 7:30 p.m. at the Barbara J. Riley Community and Senior Center.

Breath of God Christian Fellowship Church
Embassy Suites - Presidential Room
8425 Firestone Blvd.
(310) 767-9620
www.bogmin.org



Elder Pat Grant, left, of Breath of God Christian Fellowship Church prays over a woman at a recent Annual Buddy Brunch. The brunch included food, music and donations of clothes and hygiene products. Photo courtesy Breath of God Christian Fellowship Church



A group of men and women (top) from local shelters and Breath of God Christian Fellowship Church were all smiles at last year's Thanksgiving outreach. A woman (bottom) is served a home-cooked meal at the outreach. Photos courtesy Breath of God Christian Fellowship Church

A message from the congregation:

The Breath of God Christian Fellowship seeks to live up to what our name denotes, "The Breath of God" (or Life of God). It is our heartfelt mission to offer and bring a refreshing breath of life into each life or environment we encounter. As only one representative of Christ's enormous array of churches, we take our call seriously.

We respond to the command of Matthew 28:19: "Go ye into the world." We believe that although the church may be contained within walls, we are challenged to take Christ's love and message beyond the walls and into the world. We do this through our missions and Thanksgiving outreaches to local and county missions, shelters and juvenile halls, and toy giveaways at Christmas. Although we do support foreign missions, we strongly believe that America is a mission field with souls to be won for Christ.

We are a multi-cultural, multi-ethnic church that loves fellowship, fun and creative worship through contemporary gospel music and praise dance. God has called Breath of God to be a "House of Prayer." We have a 24-hour prayer line – (562) 862-INOW (4669) – and we host two prayer conferences a year.

Our Bible studies are provocative and interactive. We are currently in a 10-week series on exploring relationships, dealing with subjects such as "Expectation in Relationships," "Commitment," "How to Fight Fair," "Let's Talk Sex," and more.

Our vision is called the "Triple 'E' Plan": Education, Emulation and Evangelism.

When you come, you will be educated concerning the ways of Christ and Christian living. Through education you will be provoked to grow to emulation (living what you learned) and through the influence of your lifestyle you can evangelize others to Christ.

Come join us in worship!
—Rev. Garnett Simpson-Grier,
Breath of God Christian Fellowship Church

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Outstanding home, area of Downey and an outstanding PRICE. 3 Bedrooms, 3.75 Bathrooms, 2406 Sq. Ft., Pool, BBQ, formal dining room, fireplace, large kitchen, bonus room, central heating/AC
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A Little Work...Lots Of House

3 bedrooms, 2 bathrooms, 2 car garage, approx. 1575 Sq. Ft. house & 6000 Sq. Ft. lot. Very Nice area. \$524,000
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Bang For The Buck

3 Bedrooms, 1 Bathrooms, remodeled bathroom and kitchen, formal dining room, covered patio, tile floors. 1339 sq. ft.
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Value Plus!

Remodeled home with 3 bedrooms, 1 bathroom, 2 fireplaces, travertine floors, formal dining room, large family room, central heating and A/C, 2 car garage, over 1800 sq. ft., and fantastic opportunity!
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"Jimmy the Greek"
562-400-2148
www.JimmySpathos.com



Look No Further!
4 BD, 3 BA, large master bedroom w/ attached bath newer windows, electrical & copper plumbing, R.V. parking, Price Range: \$700,000-\$750,000
Call Jimmy Spathos Today @ 562-400-2148



Move In Condition!
3 BD, 1 BA, Lots of Upgrades! New windows, New A/C unit Copper Plumbing, Spanish slate entry, 1,409 Sq. Ft. Priced at: \$649,999
Call Jimmy Spathos Today @ 562-400-2148



Look No Further!
1 BD, 1 BA Condo, with large Patio. Located in beautiful Whittier. Priced at \$324,999
Call Russell Skersick @ 562-619-8280



Sellers Loss, Your Gain!
4 bedrooms! Hardwood floors, family room 2 1/2 car garage! Large rear yard! Needs TLC Slashed to \$490,000-\$499,000!
Call Marie Picarelli @ 562-618-0033

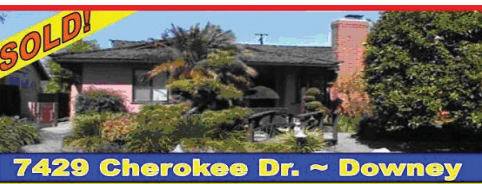


Back On The Market!
4 units in a historical area of Whittier 2 Bedrooms, 1 Bath each! Close to Whittier College. Low vacancy rate! Price Reduced @ \$789,900
Call Frank Moreno Today @ 562-949-8139

Vicki Spearman
"I Care For Downey"
562-367-9520
Vicki@Prudential24Hours.com



"Seller Motivated"
3 Bedrooms, 1 1/2 Baths, master suite w/ walk in closet, 80 Ft. wide lot, 2 car detached garage, 1,264 Sq. ft. home. Priced @ \$499,900
Call Vicki Spearman @ 562-367-9520



7429 Cherokee Dr. ~ Downey
I Can Sell Yours Too!
Call Vicki Spearman Today!
(562) 367-9520



Value & Appeal!
3 BD, 2 BA, living room w/ fireplace, 2 car garage, water softener, central heat & air, large covered patio, copper plumbing, 1,354 sq. ft. living space Priced at: \$569,000
Call Pat McCallum TODAY! @ 562.665.5055



9239 Songfest Drive ~ Downey
3 Bdrms, 2 Baths, Great Area of Downey! Lots of Upgrades! Huge backyard w/room to expand. 2 car garage + lots of parking. \$499,000 - \$509,000
Call Marlene Today @ 562-879-0571



Home Sweet Home!
3 Bedrooms, 1 1/2 Baths, Living Room w/ Fireplace Family Kitchen w/ Eating Area, 2 Car Garage, 1,610 Sq. Ft. Priced @ \$699,000
Call Mary Jane Lee @ 562-618-0390

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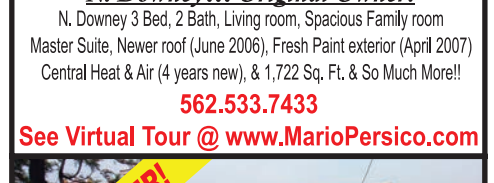
10330 Downey Avenue #30!
3 BD, 3 BA, living room w/ fireplace, master suite, central air & heat, pool & spa, 2 car garage, 1,540 sq. ft. move in condition, Premiere Location in Complex
562.533.7433
See Virtual Tour @ www.MarioPersico.com



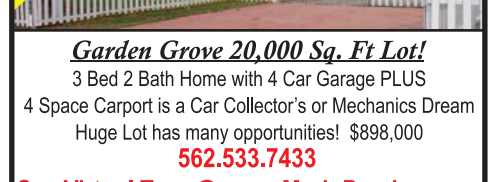
Move Up In Downey!
Downey 3 BD, 2 BA, formal dining room, freshly painted, large garage, with carport, nearly 1,700 Sq. Ft. of living space, large lot, located on a quiet cul-de-sac.
562.533.7433
See Virtual Tour @ www.MarioPersico.com



N. Downey... Original Owner!
N. Downey 3 Bed, 2 Bath, Living room, Spacious Family room Master Suite, Newer roof (June 2006), Fresh Paint exterior (April 2007) Central Heat & Air (4 years new), & 1,722 Sq. Ft. & So Much More!!
562.533.7433
See Virtual Tour @ www.MarioPersico.com

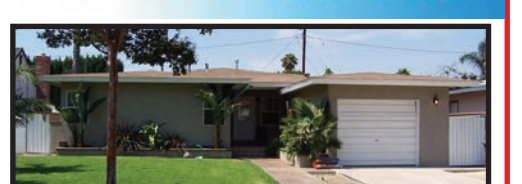


Garden Grove 20,000 Sq. Ft Lot!
3 Bed 2 Bath Home with 4 Car Garage PLUS 4 Space Carport is a Car Collector's or Mechanics Dream Huge Lot has many opportunities! \$898,000
562.533.7433
See Virtual Tour @ www.MarioPersico.com



Mario: Born in Downey Raised in Downey Lives in Downey Worships in Downey
*** SELLS DOWNEY ***

Jose Garcia-Yanez
"The Service You Deserve"
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North Downey Pool Home!
3 BD, 2 BA, family room, remodeled 2007 pool, large back yard!
Price to sell: ONLY \$724,900
Call Jose @ 562-519-4010



Ready to Move in!
3 BD, 2 BA, family room remodeled kitchen, and spa.
Priced at: \$668,900
Call Jose @ 562-519-4010



Prime Location!
6 BD, 7.5 BA, executive office, Approx. 6,500 Sq. Ft., 10,880 sq. ft. lot w/ pool and state of the art amenities and bonus room. Downey's most prestigious home!!
Call Jose @ 562-519-4010



Built in 2004!
North Downey home built in 2004 w/State of the Art surveillance system. 5 Bdrms, 3 Baths, beautiful pool, RV prkg & much more! Priced at \$1,274,900
Call Jose @ 562-519-4010

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"The 24 Hour Agent!"
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Classic Tuscan Country Estate!
6 BD, 4.5 BA, over 5,000 sq ft, 14,600 Sq. Ft. Lot, on a private secluded street in North Downey.
Price: \$1,995,000
Virtual tour at www.MichaelBerdelis.com



One of a Kind!
5 BD, 4 BA, large master suite, new kitchen, rock pool & spa w/ waterfall & slide, 4,729 sq. ft. on a 7,560 sq. ft. lot
Priced to SELL: \$1,495,000
Virtual tour at www.MichaelBerdelis.com



Coming soon!
Spectacular 5 bedrooms, 4 baths, 4200 sq. ft North East Downey, new construction on a 7500 Sq. ft lot w/ a two car detached garage.
Price: \$1,399,000
Virtual tour at www.MichaelBerdelis.com



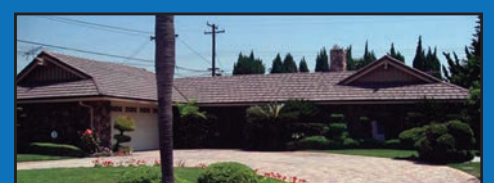
Perfect for Entertaining!
Wonderful 5 bedrooms, 4 baths, 3200 sq. ft home with pool/ spa, detached garage, built in BBQ, bar area and pool room w/ full bath.
Price: \$1,299,950
Virtual tour at www.MichaelBerdelis.com



Quality & Elegance! - Built in 2007!
5 BD, (4 up & 1 down) 4.5 BA newly constructed home w/ Lg. master BA, marble floors, granite kitchen, & 2 car garage.
Price: \$1,249,000
Virtual tour at www.MichaelBerdelis.com



Custom Built Beauty!
5 bed, 4 bath, 3100 sq ft, North Downey mini-mansion.
Price: \$1,199,000
Virtual tour at www.MichaelBerdelis.com



Northeast Downey Pool Home!
4 bed + office, 2.5 bath, remodeled kitchen and cozy breakfast nook, living room & family room w/ fireplaces, formal dining room, and large master bed. Backyard features a firepit, covered patio and large pool & spa!
Price: \$1,149,950
Virtual tour at www.MichaelBerdelis.com



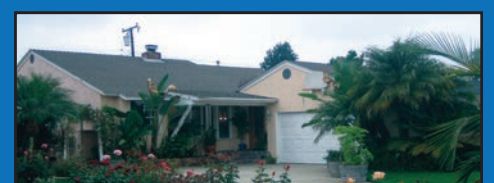
Champagne Taste, Beer Budget!
5 bed, 3 bath, 2800 sq ft, new construction 2006 - North Downey!
Price: \$899,000
Virtual tour at www.MichaelBerdelis.com



Gorgeously renovated from the ground up!
Amazing 4 bed, 2.5 bath, formal living room, dining room, large family room and new kitchen w/ granite countertops. Home is 2682 sq ft on a 8200 sq ft lot.
Price: \$875,000
Virtual tour at www.MichaelBerdelis.com



Honey, Stop the Car!
4 BD, 4 BA main house & 2 BD, 1 BA guest house on a 10,920 sq ft lot in NW Downey. Both houses have remodeled kitchens & baths.
Price: \$824,950.
Virtual tour at www.MichaelBerdelis.com



Move Right In!
3 bed, 3 bath, large master BD, NE section of Downey, 2144 sq. ft home on a 7625 sq. ft lot.
Price: \$799,950
Virtual tour at www.MichaelBerdelis.com



Remodeled Like New in 2007
4 bed, 3.5 baths, new kitchen & baths, 2200 sq ft, beautiful landscaping, & 2 car det garage.
Price to sell @ \$749,950
Virtual tour at www.MichaelBerdelis.com



Warm And Cozy!
3 bed, 2 bath pool home with extra large 2 car detached garage on quiet street in Downey. Home is 2189 sq ft on a 7380 sq ft lot.
Price: \$699,950
Virtual tour at www.MichaelBerdelis.com



North Downey Home!
3 Bed, 2 bath, living room & family room, new kitchen, central air, and new windows. This house has it all!
Price: \$625,000
Virtual tour at www.MichaelBerdelis.com



One of a Kind!
3 bed, 2 bath, formal dining room, hardwood floors, & RV parking.
Price: \$549,000
Virtual tour at www.MichaelBerdelis.com



Such A Deal!
3 BD, 2 BA Downey home, den, master bath, 2 det garage, and large yard.
Price: \$549,000
Virtual tour at www.MichaelBerdelis.com

www.MichaelBerdelis.com Call Michael today at (562) 818-6111