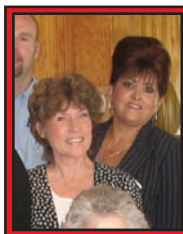




# The Downey Patriot



**'Gypsies Stole My Heart'**  
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**Adult School reviews progress**  
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**Marjorie Risher passes away**  
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Friday, January 11, 2008

Vol. 6 No. 38

8301 E. Florence Ave., Suite 100, Downey, CA 90240



The Hudson family, including Camyl Anderson of Downey (center), were five-time champions on the TV game show, "Family Feud," winning \$23,500. The first episode will air tonight at 6 p.m. on KCAL-9.

## The Hudson family wins big on 'Feud'

By BROOKE KARLI, STAFF WRITER

DOWNEY – Reigning victorious on "Family Feud" is nothing new for the Hudson family.

In 1993, Lillie Hudson's father, Waddell; sister, Joy; and brother, Altus, teamed up with Joy's mother-in-law, Faye, and brother-in-law, Paul, to compete as the Anderson family.

Fourteen years later, Lillie, along with Nia, Jasmine and Terri Hudson, and Camyl Anderson, not only appeared on "Family Feud," but became five-time champions, going home with \$23,500.

Lillie, 34, decided to audition for the show after presenting the idea to family members.

"I thought that it would be fun and we could possibly win some extra money," said Lillie, who acted as the team's leader. "So I posed the question to my family and they gladly agreed."

In early September, the family ventured out to Tribune Studios in Hollywood to audition for the show. During auditions, producers were looking for energetic, loud families that supported each other and answered questions promptly during their round against another randomly chosen family, said Camyl, a Downey resident.

"The audition for our family was pretty brief," said Lillie, a certified practicing physician assistant and public health student at Charles R. Drew University. "But we had to sit through the other families' auditions, which gave us an opportunity to learn what [to do] and what not to do."

By Sept. 30, the family was back in the studios filming their first episode. Before the family returned, however, they prepared themselves

See FAMILY FEUD, page 4

## Teen robbed and shot in Downey

DOWNEY – A 16-year-old Whittier resident was robbed and shot early Monday in Downey, in an attack authorities believe may be gang-related, police officials said this week.

Sgt. Jeff Calhoun of the Downey Police Department said the teenager was walking near Florence and Fairford Avenues around 12:30 a.m. when he was approached by three males in a burgundy sedan. Two of the suspects exited the car and demanded the teen's personal items. The victim handed over his wallet and T-Mobile Sidekick cell phone when one of the thieves presented a Tek-9 semi-automatic pistol, Calhoun said.

The armed suspect then shot the victim once in the arm.

The bullet pierced the victim's arm and lodged in his upper body. He was transported to a nearby hospital in stable condition, Calhoun said.

Calhoun also said the robbery appeared to have "gang and racial overtones," noting that the suspects are Latino and the victim is black, with no apparent gang affiliation.

Authorities are still searching for the suspects, who are described as three male Hispanics in their late teens – from 17 to 19 years old – about 5 feet 9 inches tall, and 180 pounds each. One suspect had a shaved head.

Anyone with information is asked to call the Downey Police Department at (562) 904-2304.



One person was arrested and another hospitalized after a shooting Monday at Downey Lending Group, located at 11903 Downey Ave. Sources said the altercation stemmed between two employees possibly fighting over a client. Police said the person arrested, who was not identified, was claiming self-defense. Officials at Downey Lending Group, citing the ongoing investigation, declined to comment.

## Is eight years long enough?

■ Debate heats up over looming Feb. 5 election, when voters will decide if eight years is long enough time to serve on the city council.

By Eric Pierce and Jacqueline Mejia, City Editor and Contributor

DOWNEY – As the state creeps closer to its presidential primaries, the talk in Downey continues to revolve around the term limit charter amendment voters will decide upon on the same Feb. 5 ballot, a measure that could potentially change the political landscape in this city for decades on end.

If approved by voters, Measure G would allow Downey city council members to serve three consecutive terms in office and then run again following a two-year waiting period. The initiative has its critics, most notably Councilwoman Anne Bayer, who has opposed the measure since its introduction early last year by Mayor Pro Tem Mario Guerra.

Bayer, along with Mayor David Gafin, has consistently voted against revising this city's term limits laws, which currently limit council members to two four-year terms in office. In her official argument against Measure G, filed with the Downey City Clerk on Aug. 28, Bayer argued that "two terms is more than enough time for anyone to make his or her contributions to our city."

"Limiting council members to [two] four-year terms, which voters passed overwhelmingly in 1993, has ensured that new members have joined our city council every election since," wrote Bayer. "These new members have always added fresh ideas, new approaches to old problems, diverse viewpoints and renewed energy to achieve significant building blocks for our city."

The argument also carries the signatures of past mayor Bob Brazelton, former planning commissioner Dianne Lumsdaine, and Mike Prokop, president of Citizens for Downey.

Citizens for Downey, the local non-profit community group that regularly hosts dialogues on topics affecting Downey citizens, hosted a discussion of Measure G this week at the Rio Hondo Event Center. The featured speaker was Joseph Lumsdaine (husband of Dianne Lumsdaine), who spoke out against revising term limits in Downey.



Anne Bayer



Mario Guerra

Cartozian, Lumsdaine noted, served as Guerra's campaign manager in 2006.

"I'm not saying they had a secret deal set in place, I hold Mr. Guerra's integrity too high to do that, but it doesn't pass the smell test." Lumsdaine also said Measure G would essentially eliminate term limits in Downey, with council members potentially serving 24 or 36 years in office, with only intermittent two-year sitting out periods every three terms.

Prokop called the election "a flagrant waste of money" and said the current term limit system set in place was adequate.

"I think basically if you look over the last 15 years, term limits have worked, so if it isn't broke, don't fix it," said Prokop. "And it's a lot of money spent on something we don't need. Term limits give a chance to vote for new change, new blood."

"Will Rogers once said advertising is the art of getting people to spend money they don't have on things they don't need, and this is what the measure is doing."

Proponents of Measure G, however, argue that Downey's term limits laws have produced a "carousel of non-committed leaders."

"The revolving door of elected officials in Downey has not served

See TERM LIMITS, page 3

## City reading same book, at same time

DOWNEY – Hoping to use the power of books to unify the community, the Downey City Library this week announced its first annual city-wide reading project, "One Book, One Community" for 2008.

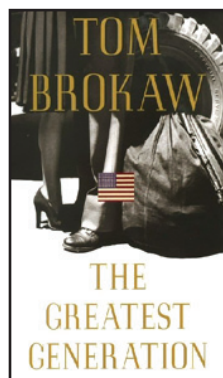
The year-long program will incorporate various city events and workshops themed around the book "The Greatest Generation" by Tom Brokaw, which the library chose as its flagship title.

The Friends of the Downey City Library have purchased 50 copies of the book available for checkout at the library. Large print, audio CD and videocassette versions of the book are also available.

"The Greatest Generation" can also be purchased in the Friends Shop located inside the library.

Brokaw's book is a collection of stories about men and women raised during the Great Depression and World War II, whose sacrifices changed the course of American history. The New York Times Book Review described the book as "full of wonderful, wrenching tales of a generation of heroes. Tom Brokaw reminds us of what we are capable of as a people. An inspiring read for those who wish their spirits lifted."

"We envision a city-wide, annual reading event that unifies the community through the power of books and ideas," said City Librarian Nancy Messineo. "A single title will be selected each year to read and discuss throughout the community. We invite everyone to attend programs related to the book's theme during Book Week, March 9-15."



The library encouraged the community, including local schools, businesses, service organizations and City departments, to read "The Greatest Generation."

The Downey Patriot is the official media sponsor for "One Book, One Community" in Downey.

"We are asking for everyone to read the book and do at least one thing," said Messineo. "For example, you could discuss the book over lunch at work or start a book circle at your church. When you are in line at the grocery store or the bank, ask the person next to you if they have read the book. Talk about the book with your neighbors and invite them to attend special events at the library."

Messineo, which accepted a proclamation from the city council this week recognizing the library for the project, thanked members of the book selection committee, including representatives from the Friends of the Downey City Library, the Library Advisory Board, and library staff.

"The committee recognized the importance of honoring our veterans now, while they are here to share their stories," said Messineo.

She also thanked the Friends of the Downey City Library for supporting "One Book, One Community."

"Our 'community read' has become a reality due to the generous support and enthusiasm of the Friends," said Messineo. "Because of their help, we have many copies of the book ready for checkout. The Friends will also sponsor special events offered during the month of March."

See READING, page 4

## Council recognizes library for reading project

■ City council meeting lively with more debate over mayoral transition and special election.

By HENRY VENERACION, STAFF WRITER

DOWNEY—On the initiative of the Downey City Library, Mayor David Gafin Tuesday proclaimed Jan. 8 to March 15, 2008 as Downey's first annual city-wide "One Book, One Community" project, urging all residents to read veteran reporter and former "NBC Nightly News" TV anchor Tom Brokaw's book, "The Greatest Generation," and participate in upcoming related programs and discussions.

The book, and the schedule of programs and planned discussions, is described above.

The "read" project is patterned after similar successful community "One Book, One Community" projects around the country that purport to unify the community "through the power of books and ideas." At bottom it encourages reading among all levels of society.

For Downey, it's a bold experiment whose benefits—in terms of heightened individual reading pleasure and an uplift in overall community spirit—may prove incalculable. The Santa Barbara Public Library

System says the idea of an entire community reading the same book at the same time has taken hold, for it is "a way to encourage reading, the exchange of ideas, stimulate critical thinking and spark a public conversation."

This simultaneous reading of one book may or may not in itself prove to be important. What may ultimately count is what one author referred to as an "awakening in one's heart of a passion for participating in the universe of meaning," and perhaps a prompting to "answer a summons to participate in the unfolding drama of life itself." May all of Downey support this project.

In other action, the Council:

•Approved a new 32-hour part-time position for Administrative Clerk II, who will provide assistance in planning and organizing bus excursions, and otherwise consolidate the excursion responsibilities, at the Barbara J. Riley Community and Senior Center, with \$21,000 allocated from Proposition A funds;

•Approved an agreement with Interwest Consulting Group for provid-

See COUNCIL, page 3

## Downey Adult School reviews own progress

■ School also announces its 2008 curriculum, which includes a new medical billing course.

**CONTRIBUTED BY GWYNN GUSTAFSON, CO-OP CACHE CONSULTING**  
**DOWNEY** – The Downey Adult School (DAS) Office Skills Center Advisory Committee recently met to review programs that have been implemented in 2007, also discussing future needs of students in the DAS Career and Education Programs. These students include the unemployed and those seeking greater skills to advance in their chosen professions, or who just want to enrich their knowledge.

Roger Brossmer, DAS principal, said, "what makes DAS special is the staff," as he introduced the two who's longevity with DAS exemplifies commitment to the students: Sandy Crosetto (30 years) and Chastine "Chesty" Peterson (33 years).

Sheila Huckabee, DAS office support, stressed that DAS is a "career one-stop center." The following are a few programs implemented in 2007 as a result of last year's meeting: medical assistant/front office, administrative assistant, accounting/assistant, and general office clerk.

"Trailblazers" is how Brossmer described DAS's implementation of the latest in computer programs, including Windows Vista and Office 2007. Instructor Chesty Peterson was learning these programs long before the books became available.

"People trained on these programs can work anywhere," said Peterson. "We are doing the right thing [in preparing students for future or advanced employment]."

One of the newest programs included in the 2008 curriculum is medical biller and coder, a recommendation of the committee. Every new program starts with qualified instructors – Mariana Rhodes with 25 years as medical assistant and Toni Westerdale with 16 years in medical billing. DAS is now working towards having students certified at completion of the course.

Further discussion included questions about MAC versus PC – since the school district prefers PCs and most graphic programs are moving to PC capability, the focus of instruction will remain on PCs. Other questions or concerns include adding proficiency testing for vocational diplomas; switching from 13-week courses to five-week courses to reduce drop-outs; tailoring instructions to address specific-use needs of computer programs, such as how to affect a mail-merge from client lists and labels; and implementing evening classes.

Brossmer was proud to announce the edition of a fourth computer lab this year and the future addition of a fifth lab to accommodate the need for computer skills in the growing population of 55-plus and recent immigrants.

As the new DAS Course Catalog states, "Whether your goals are for personal enrichment or professional advancement, we have a class for you."

For additional information about Downey Adult School, call (562) 940-6200, or visit [www.DAS.edu](http://www.DAS.edu).



Attending the Downey Adult School Committee Meeting were (back, left to right), Chesty Peterson, Sue Nordin, Sandy Ritchson, Roger Brossmer, Sandy Crosetto, Anna Hernandez, Marjean Clements, Valerie Beachley and (front row, left to right) Cynthia Deack, Lisette Michel, Gwynn Gustafson, Sheila Huckabee, and Karina Madariaga. Not pictured is Gerald Coy, D.C.

## ESL students graduate, honored with ceremony

**DOWNEY** – Downey Adult School's Career and Education Center graduated a new crop of ESL students on Dec. 20, recognizing them for their progress and language accomplishments during a ceremony attended by all students and ESL instructors.

When students register for an ESL (English as a Second Language) class, they are assessed for their current level of English skills and are evaluated for advancement to the next level of instruction at the end of the trimester. Students who advance to the next level are acknowledged in a graduation ceremony.

On average, Downey Adult School has about 200 students in the morning and another 200 in the evening sessions per trimester with about 30 students eventually graduating from both morning and evening classes.

Graduates oftentimes continue their education at Downey Adult School by enrolling in Citizenship, GED Preparation and High School Diploma courses, in addition to the school's popular Vocational Educational programs such as Medical Assistant and computer-based occupations.

"Downey Adult School feels that the ESL graduation is an important feature of the program we offer because it creates self-motivation for students to continue to succeed in every aspect as long as they have the determination and encouragement to lead the way," the school said in a press release.

## 'Brain Fitness' class changing lives

**DOWNEY** – Downey Adult School's Career and Education Center will be offering a "Brain Fitness" class starting this Monday, a program that is said to enable people to think faster, focus better and remember more by improving brain processing speed and accuracy.

"The Posit Science Brain Fitness Program" was developed and tested by a global team of more than 50 university-based brain scientists. At the Gerontological Society of America's annual conference last month, Dr. Elizabeth Zelinski of the University of Southern California revealed a study that showed that people who used the "Brain Fitness" program increased processing speed by 131 percent and improved an average of 10 years on standard cognitive assessments.

Another 75 percent of people noted experiencing positive changes in their everyday lives.

The class will be held Monday through Thursday from 10:30 a.m. to 12:30 p.m. with instructor Kelly Holt, who has over 30 years experience in business and over nine years teaching at Downey Adult School. She is also an instructor for the L.A. County Office of Education and participates annually in developing curriculum used throughout the State of California.

The cost of the program is \$25. For information, call Downey Adult School at (562) 940-6200. More information on "Brain Fitness" is available at [www.positscience.com](http://www.positscience.com).

## Nominations open for Hall of Fame

**DOWNEY** – Downey High School is searching for distinguished alumni who wish to be considered for induction into the school's Hall of Fame.

Alumni will be considered in the following categories: Arts, Athletics, Business, Civic/Community/Government, Education and Professional.

Past inductees include Dr. Robert Ballard, the discoverer of the Titanic; entertainers Richard and Karen Carpenter; musician George Pajon, Jr., guitarist for the Black Eyed Peas; and international skating figures JoJo Starbuck and Ken Shelley.

The Downey High School Hall of Fame was created in 1999 and currently has 57 members. To nominate a person, call Assistant Principal John Baker at (562) 869-7301, ext 5524, for an application.

## Children's choir performing here

**DOWNEY** – As part of its 2007-08 U.S. tour, Children of the World, a choir comprised of orphaned and disadvantaged children from several different countries, will perform at Downey First Christian Church on Jan. 20 at 7 p.m.

The program will feature several songs, in both English and native dialects, as well as personal testimonies from the children. The choir has performed in such venues as the Crystal Cathedral, Disney World and the Brooklyn Tabernacle.

Children of the World also helps spread awareness of the AIDS pandemic in Africa. A special video presentation will take viewers into the heart of the crisis and show how to help.

The concert is free and open to the community.

## Temple hosts 'An Evening of Song'

**DOWNEY** – Temple Ner Tamid of Downey will be hosting "An Evening of Song" on Jan. 19 at 7 p.m.


The evening will feature ritual, stage and hit parade music, starring Cantor Ellen Jaffe-Gill, with special guests Hazzan Jay Harwitt and Soprano Leah Ellias.

General admission is \$18 and reserved seats are \$36. For more information, call (562) 861-9276.

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## Library seeking stories of World War II vets

**DOWNEY** – The Downey City Library is looking for World War II veterans within Downey to share their favorite or most meaningful photo from WWII on Photo Day, Feb. 2, between 10 a.m. and 4 p.m.

The veterans will be interviewed and asked to share the story behind the photo. The photos will also be scanned and returned to the veteran.

The photos and stories will be assembled into a visual exhibit, which will be on display in the library during the month of March.

The Library is also in need of volunteers that can help with the event. Volunteer opportunities include being a greeter, working at the registration desk, conducting interviews, assisting with the scanning of the photos, and keeping the refreshment table stocked.

Volunteers will receive an orientation on Jan. 30 at 7 p.m.

Appointments to participate are recommended and can be made by calling Nancy Munoz at (562) 904-7360, ext. 16. Sign-ups are also being taken at the Adult Information Desk. Those interested in volunteering should also contact Munoz.

## Rise 'N Shine discusses discrimination

**DOWNEY** – The Rise 'N Shine Networking Group will have their next meeting on Jan. 22 at Nordic Fox restaurant at 7:30 a.m.

The meeting will feature Jonathan Goldstein of Goldstein & Goldstein, who will be discussing, "Discrimination in the Workforce."

Cost is an order from the menu.

For information, or to RSVP, call (562) 923-2191.

## Ezra Center presents third part in series

**DOWNEY** – The Ezra Center for Mature Adults of Temple Ner Tamid will have their next meeting on Tuesday, where Dr. Donald Schwartz will present part three of "Rating the Presidents of the 20th Century."

Schwartz is affiliated with the history department at California State University, Long Beach. The program will examine the successes and failures in office starting with president Lyndon Johnson, followed by Nixon, Ford, Carter, Reagan, and if time permits, Bush Sr., and how history views them.

Registration and refreshments begin at 9:45 a.m., followed by the program at 10 a.m. A catered Kosher luncheon will be served after the program. Cost is \$6 for Ezra members and \$7 for non-members.

Temple Ner Tamid is located at 10629 Lakewood Blvd. in Downey.

For information, call Miriam Brookfield at (562) 943-3170.

## Shabbat services every Friday at Temple

**DOWNEY** – Temple Ner Tamid invites the community to attend Shabbat services every Friday evening at 7:30 p.m.

The first Friday service of the month is a learning/teaching service; the second Friday is a traditional service; the third Friday is a family and celebrations service; and the fourth Friday is a music service.

Services are conducted by Rabbi Len Muroff and Cantor Ellen Jaffe-Gill, with Norberto Guinaldo at the organ.

Following the services, Kiddush is held (wine and challah are included). Oneg Shabbat follows in the Fellowship Hall, with refreshments provided by the Temple's Sisterhood.

For information, call the Temple office at (562) 861-9276.

## Writers' Workshop announces winners

**DOWNEY** – Writers' Workshop West announced the results of its annual fiction contest at the club's Christmas gathering on Dec. 18.

Three entries qualified for judging and Yolanda Adele was awarded first place for "Gypsies Stole My Heart," a story about a young girl's coming of age. Tied for second place were Don Niemand's "Trip to the Moon," a detailed preparation for a road trip, and Jack Lackman's "The Breakthrough," a story of the relationship between a father and daughter.

The club sponsors four writing contests each year – fiction, non-fiction, serious poetry and light verse. Active in Downey since 1962, the club invites writers, beginning and professional, to join. Meetings are held the second Tuesday of every month at 7:30 p.m. in the Downey High School library.

For information, call (562) 862-3106.

## Chamber celebrates 105th anniversary

**DOWNEY** – The Downey Chamber of Commerce will be celebrating their 105th anniversary with an anniversary luncheon on Jan. 25 at the Embassy Suites at 11:45 a.m.

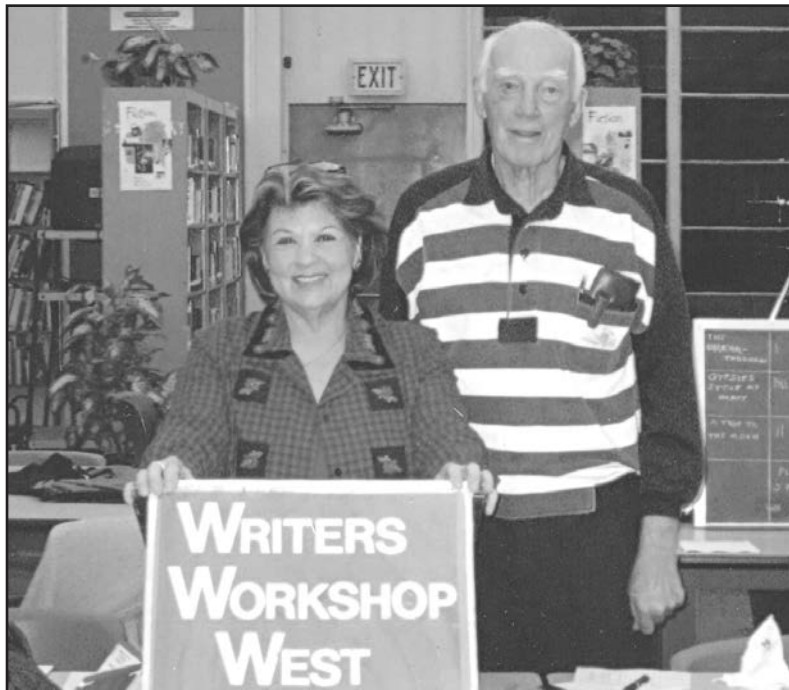
Sponsored by Kaiser Permanente, the event will recognize past presidents and new members, and will present certificates to five, 10, 15 and 20-year members, and plaques to 25, 30, 35, 40, 45, 50, 55, and 65-year members. Longtime members will also be speaking.

Cost to attend the luncheon is \$25 per person. Paid reservations are due Jan. 22. Checks can be made payable and mailed to Downey Chamber of Commerce, 11131 Brookshire Ave., Downey, CA, 90241. Visa or MasterCard payments are accepted and can be made by calling the Chamber.

To contact the Chamber, call (562) 923-2191.



The Downey Newcomers Club recently elected new officers for the year. Pictured are, left to right, Mildred Molitoris, president; Paula Lou Roberts, 1st vice president; Ellie Harrington, 2nd vice president; Ginnie Perras, 3rd vice president; and Kim Yeager, treasurer. Not pictured is Mary Hammerle, secretary. The club will have their next meeting on Monday at noon at Café 'n Stuff restaurant. For information, call Ginnie Perras at (562) 862-8473.



Yolanda Adele, left, was awarded first place in the Writers' Workshop West fiction contest for "Gypsies Stole My Heart," a story about a young girl's coming of age. Don Niemand, right, tied for second place for "Trip to the Moon."

## TERM LIMITS

Continued from page 1

our community in a positive way," reads the official argument in support of Measure G, signed by Guerra, Trejo and Cartozian, as well as two school board members. "Candidates run for office when they feel they have the best chance to win and then run unopposed until the next candidate takes office."

"Instead of making every election count, we have created a system that encourages people to wait in line until it makes better sense to run."

Guerra pointed to the Board of the Downey Unified School District, which does not have term limits in place, as evidence that long-serving elected officers can benefit a city.

Last November's election in Downey was canceled due to a lack of challengers against the Board's incumbents.

"Downey is the only city in 88 cities in Los Angeles County where people cannot vote people back in," said Guerra. "Just when you find the solutions, you're termed out. This is the right thing for the citizens of Downey."

Responding to allegations of Measure G being self-serving, Guerra said, "That couldn't be farther from the truth. This is something that I feel so strongly about, people who know me and my integrity know that."

The Committee for Term Limits Reform, meanwhile, has spent \$2,690 in its campaign to pass Measure G, according to a campaign statement filed with the City Clerk the day after Christmas. Expenditures include \$1,435 for postage, \$674 for printing and folding, and small payments to individuals for mailer preparations, including \$34.17 to Miss Downey Brianna Arceo.

No statements were filed by a committee in opposition to the measure, according to City Clerk Kathleen Midstokke.

Neither Trejo nor Cartozian have publicly stated whether they would seek a third term in office if Measure G was approved by voters.

## COUNCIL

Continued from page 1

ing for two building inspector positions under the supervision of the Building Division of the Building and Housing Department, using funds budgeted under the existing FY2007-08 plan check and inspection services account, not to exceed \$72,800. In this connection, Councilman Mario Guerra pointed out the need for the inspectors to properly identify themselves as they go about their inspection rounds;

•Appropriated up to \$14,000 from the Golf Course Fund for the installation of accent lights to be added to surround the 2nd green at the Rio Hondo Golf Course. The lights will be controlled by the same time clock that controls the waterfall lights;

•Approved an agreement with Moule and Polyzoides for urban planning and urban design services related to the Downey Studios Redevelopment Project that involves amending the Downey Landing Specific Plan. The desired plan would be "flexible, streamlined, inclusive of modern urbanist planning principles, and guided by economic feasibility." The agreement is not to exceed \$498,255 for urban planning and urban design purposes, with a proposed appropriation of \$118,255 from the General Fund for this project;

•Received and filed the "wonderfully-prepared" FY2006-07 Comprehensive Annual Financial Report (CAFR) by the Finance Department. Guerra sang its praises, noting how the annual financial report has been a perennial award winner in financial reporting circles;

•Approved the modification of the staffing level table for the Engineering Division, calling for an upgrade of a vacant Senior Civil engineer position to that of a higher-level Principal Engineer position, to attract a suitable candidate in a highly competitive shortage-plagued labor market;

•Approved the cash contract for \$123,635,000 with Kabbara Engineering, Inc. for the preparation of plans, specifications, engineer's estimate and bid documents for some 57 residential street pavement rehabilitation segments found at various locations in the city, determined after thorough physical inspection and analysis;

•Approved the budget calendar for the 2008-09 budget, establishing various deadlines throughout the year so that the FY 2008-09 budget can be completed "in a timely manner and in accordance with the City Charter." A public hearing on the budget has been tentatively scheduled for June 24, 2008, at which time it is anticipated to have by this time undergone intense scrutiny that formal adoption of the budget should be routine;

•Approved the City Council committee assignments for 2008, virtually unchanged from the previous year's schedule;

•Heard a proclamation designating the month of January, 2008 as American Red Cross National Blood Donor Month;

and

•Heard a proclamation designating Jan. 11, 2008 as a National Day of Human Trafficking Awareness.

In non-agenda public comment, several citizens including Elsa Van Leuven, Ed Hare, Maria Larkin, and Lennie Whittington assailed Guerra for his "wasting \$80,000 of our money" in his efforts at reversing term limits. A few of them also continued to question the rotation procedure that bypassed Councilwoman Anne Bayer in favor of Guerra as mayor pro tem, citing instances of displays of anger on the latter's part after the City Council meeting at year's end.

One lady citizen spoke in defense of Guerra's integrity, saying he really is "a decent man."

The next regular public City Council meeting will be at 7:30 p.m. on Tuesday, Jan. 22 at City Hall, 11111 Brookshire Ave., Downey.

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## Term Limits "Reform" in Downey

Measure G Allows Career Politicians on City Council for 36 Years!

Eight Years is Enough for U.S. President and Should be for City Councilman

Vote NO on Measure G on Tuesday, Feb. 5th

Citizen Paid Advertisement

## DMOA launches new Web site: www.thedmoa.org

BY BROOKE KARL, STAFF WRITER

DOWNEY – Kicking off a much anticipated year, the Downey Museum of Art will unveil their new Web site, www.thedmoa.org, today.

The Web site, designed by Sonora Beam of www.digitalhive.biz, provides not only the history of DMOA, but also the future, DMOA @ The Glidehouse. DMOA @ The Glidehouse, expected to open late this year, is the beginning of DMOA's new Museum of Contemporary Art & Culture – "A visionary step in thinking green and sustainable living," says the Web site.

The Web site explains in great detail The Glidehouse initiative, as well as the programs included, and exhibits to be seen, within The Glidehouse. In short, The Glidehouse is sustainably designed using green building materials and energy/water conservation technologies. It will serve as a green educational tool in itself and its domestic scale will offer visitors the opportunity to participate in an interactive educational exhibit on sustainable design and green living.

For those who are unfamiliar with sustainability and what "green" living entails, the Web site includes definitions of terms and basic outlines mapping out the purpose, vision and principles of going green.

For example, the Web site explains how The Glidehouse reflects sustainability and green living through its demonstration of sustainable

design and architecture; alternative energy technology; pre-fab construction; water conservation; renewable resources; energy star; electric car/plug-in carport; native plant/drought tolerant garden; fruit trees and kitchen garden; organic/biodynamic gardening; green business practices; and more.

Although the website focuses mainly on DMOA @ The Glidehouse, Kate Davies, DMOA executive director, said one of the biggest challenges was creating a Web site that would talk about the existing museum, but promote the museum's new project.

"We had to think of a way to make the project visible," said Davies. "But we also wanted to include information on the existing museum."

The history of DMOA, as well as the current exhibit featured in the museum, is included on the Web site. And in addition to discussing the dynamics of The Glidehouse, the Web site also lists the programs and art to be featured within The Glidehouse. Programs include numerous radio programs such as Jambalaya, Music Hour, Real Life Lab and New Music @ DMOA; youth programs; and more. Art to be featured throughout The Glidehouse will include world-class art exhibits, such as an exhibit on sustainable design and green building, and more.

To find out more about The Glidehouse, or to learn about sustainability, visit www.thedmoa.org.

## FAMILY FEUD

Continued from page 1

by playing the "Family Feud" DVD Game, 3rd Edition.

"We pretended like we were on the show when practicing," said Camyl, a senior at Warren High School. "It helped us loosen up and one of the questions on the DVD was actually one of the questions asked during one of our tapings."

Before filming their first episode, producers advised the family to think of really obvious answers and not to think too hard, said Camyl. The family had also decided that if they didn't have an answer, to pass on it.

And their secret strategy?

"Just have fun," said Lillie.

Because the family won their first episode, they were invited to return two weeks later to continue taping. On Oct. 13, the family went on to win four more episodes, with their winning streak coming to an end because game show rules only allow a family to win five times. Even though tapings are only 15 minutes long, the family spent the entire day at the studios.

"Each of the families were nice and the 'Family Feud' staff were so kind," Lillie said. "They really treated us like royalty."

Camyl added to that, saying, "John O'Hurley was really sweet. He was charming and personable and was the same on and off the camera. The audience and all the families loved him."

When asked some of the categories the family struggled with, Lillie said a category dealing with politics was the main one they fumbled on.

"Admittedly, there will be a question that will make you wonder what we were thinking," said Lillie. "However, in our defense we were prompted to give any answer rather than no answer at all."

Their political glitch didn't seem to stop them from winning \$23,500, which the family divided up evenly, giving each member \$4,700.

Camyl plans on using her winnings to pay for college or a car, and Lillie hopes to use her winnings to travel. Although unsure as to how Nia, a senior at Warren High School; Jasmine, a fashion design student at California State University, Fullerton; and Terri, a child support officer for the County of Los Angeles, plan on spending their earnings, Lillie is sure they will put it to great use.

The family should be receiving their winnings three months after the first air date.

The family's five-day winning streak qualifies them to participate in the "Tournament of Champions" and are waiting to hear from the studios as to when that will be taking place.

The Hudson's first episode will air tonight at 6 p.m. on KCAL-9. The rest of their episodes will be airing next week Monday through Thursday, also at 6 p.m. on KCAL-9.

## Governor's wife to speak at Soroptimist

DOWNEY – Sharon Davis, wife of former California Governor Gray Davis and Southern California Regional Office of UNICEF board member, will be speaking at Thursday's Soroptimist of Downey meeting at 7:30 a.m. at the Rio Hondo Event Center.

The community is invited to attend. Cost is \$11 per person.

The Rio Hondo Event Center is located at 10627 Old River School Rd. in Downey.

For information, or to RSVP, call Patricia Kotze at (562) 319-0411, or Jan Scott at (562) 806-3701.

## READING

Continued from page 1

Upcoming free programs planned around a World War II theme include:

March 1-30: "Downey's Greatest Generation: Our World War II Veterans." An exhibit of photos and stories from Downey's WWII veterans.

Sunday, March 9, 2 p.m.: "Vultee: a WWII Slideshow featuring Downey Vultee Aircraft" by the Aerospace Legacy Foundation.

Monday, March 10, 7 p.m.: "The Japanese-American Internment Experience" through the eyes of Paul Yokota.

Tuesday, March 11, 7 p.m.: "California at War", a film screening with exclusive historic footage and first person accounts.

Wednesday, March 12, 7 p.m.: "Over Here: How the GI Bill Transformed the American Dream." Author Edward Humes will relate stories from the men and women of the Greatest Generation, how their lives changed because of the GI Bill and how our community changed because of them. Program includes a book signing by the author.

Thursday, March 13, noon: "Booked for Lunch" library book discussion of "The Greatest Generation."

Thursday, March 13, 7 p.m.: "Rose the Riveter", a presentation by Gerrie Schipske.

For more information on the "One Book, One Community" project, call the Adult Information desk at (562) 904-7360, ext. 32, or visit the library at 11121 Brookshire Ave.

## First Presbyterian re-opening sanctuary

DOWNEY – The First Presbyterian Church of Downey invites the community to its Celebration Service, celebrating the rededication and re-opening of the church sanctuary, on Jan. 13 at 3:30 p.m.

Since last July, architects, contractors and sound technicians have worked to reconfigure the chancel area and install adaptable seating, as well as new carpeting, paint and new lighting and audio systems. The goal of the project was to utilize modern technology to enhance worship programs without detracting from the ambience of the 121 year-old sanctuary.

The Celebration Service will also recognize the commissioning of Alfred Delgado as the new director of multi-cultural ministries, and provide church members and the community alike to rededicate their lives to ministry. A reception will follow the service.

The First Presbyterian Church of Downey is located at 10544 Downey Ave. For information, call (562) 861-6752, or visit www.fpcdowney.com.

## Miss Downey orientation tomorrow

DOWNEY – Miss Downey and Miss Teen Downey 2008 applications are now available and being accepted.

Orientation will be held tomorrow at the Downey City Library at 2 p.m. Applications can be picked up at the Downey City Library; Downey and Warren High Schools; East, West, Griffiths and Sussman Middle Schools; the Downey Chamber of Commerce; Downey Rent-A-Tux; OnStage Dance Center; or online at www.downeyrose.org.

Applications can be mailed to DRFA, Attn: Pageant, P.O. Box 765, Downey, 90241, along with the \$15 application fee.

For information, call Susan Domen, pageant director, at (562) 824-7172.

## The Poets' Corner

### What is Word

I probably am a slow person  
The words worst given can be a friend  
Eyes caught the thief stealing an ending  
Perhaps our sulken eyes were caught pretending  
Treasure of an open field  
Illusions of what we yield  
Trouble brewed or battered  
Unison clinged before it tattered  
I know who I am...  
May we wither with or without this end  
Risk death  
None risk its depth  
Who instructed the stem  
Who weighs an entire step  
We came to joust and know what's known  
My words fall prey as scene was shown  
Ah ha! can prove a tempest trail to be so  
By night a gargyle  
By day a harmless soe  
An anorexic for the other half of birth  
Common sense seized with girth  
Until sole grasped its bounded earth  
Should I walk tending to the steps of equal ground?  
Mind I be the first to wish his steps snatched safe and sound!  
A writ is only as pure as the soul  
When harbored words exit neither pole.

--James Hernandez,  
Downey

### One

Pacing back and forth  
Covering every inch of the room  
Thoughts scramble through my brain  
Trying to put into sequence  
The pattern that has been smeared  
Upon this canvas we call life  
The more I think,  
The more I find myself  
Deeper in confusion  
And I get lost in hefty conclusions  
That becomes further dissected  
But never truly solved  
Pacing  
Scratch the thoughts off my mind  
Like an itch  
The longer I ponder,  
The more it burns  
I give up  
And I just keep pacing  
Not thinking  
Just back and forth  
Its like the problem took control of me  
It consumed me  
Subconsciously,  
I linger on those thoughts.

--Valerie Osegueda,  
Downey

## Nationwide contest looking for cutest pet

The California State Chapter of the Dog & Cat Lovers of America, in partnership with the International Pet Owners Club, will be hosting the 2008 Spring Cutest Pet Photo Contest.

Grand prize is \$1,000 cash. Ten entries will also be chosen to be featured on the cover of an internationally distributed pet book.

"We refer to them as Cover Pets," said Rosa Bonheur, contest chairperson.

The contest is open to everyone and entry is free. The photo may contain one pet or several and may include different pet types in the same photo. There is a strict limit of one photo per household to avoid disqualification. The photo may be full color or black and white, and may be any size. Deadline to submit a photo is Feb. 15.

"Every pet owner has at least one photo that shows just how cute their pet is," said Bonheur. "When people learn about the contest, they get excited about the chance of winning and the potential for national attention."

The preferred method of entry is to enter directly online at www.cutestpetcontest.com. Entries may also be submitted via postal mail to CA 2008 Spring Cutest Pet Photo Contest, P.O. Box 4470, Olathe, KS, 66063. All entries must include the photographer's name and address on the back and must be postmarked by Feb. 15.

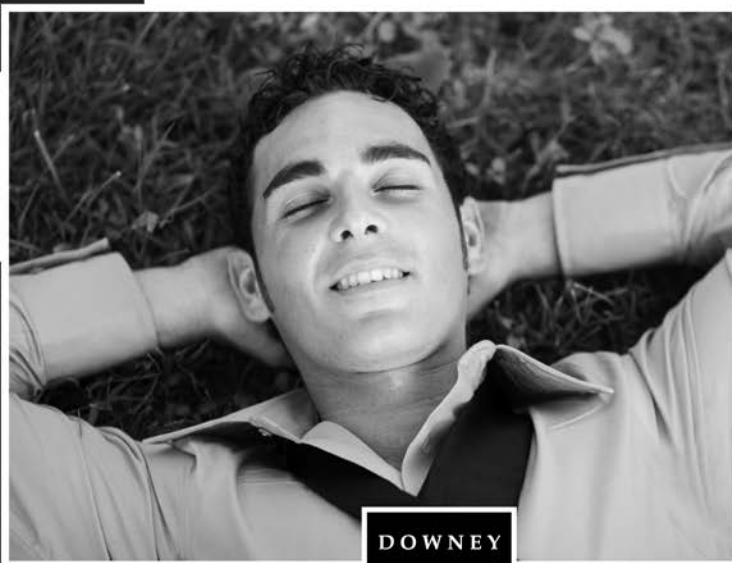
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Costa Mesa, California 92626  
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**NORDIC FOX**  
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# Questions Abound

By Eric Pierce

The way I see it, voters have two questions they need to ask themselves before Election Day next month: 1) Is this city at a detriment because council members are limited to only two terms in office? And 2) Would Downey be better off with career politicians running the city, perhaps offering a firmer base of stability?

The answer is one that each Downey citizen needs to independently investigate and formulize, for the sake of the city.

Rick Trejo and Kirk Cartozian, the first to benefit if Measure G were to pass, have not offered definitive insights into their future political agendas, but it appears a safe bet that both would seek re-election if given the opportunity.

After all, if they didn't plan to run again, they would have said so already to escape the wrath of public opinion.

The question then becomes, how bad would it be if Trejo and/or Cartozian secured a third term in office? The concept, with the general welfare of the Downey population in mind, is not a bad one at all: both bring unique experiences and points of view to their positions of leadership, and both have proven themselves to be exceptional advocates for the community (the redevelopment of the former NASA site is living, breathing proof).

So why *wouldn't* we want Trejo and/or Cartozian sitting for a third term?

The problem, say critics, isn't a third term, the problem is when candidates begin running for fourth terms, and fifth terms, and sixth terms, potentially decades of service that could stymie new and creative ideas.

Before Downey had term limits in place, only three incumbents ever ran for a third term in office. But I think it's the notion that council members *could* run again that scares people.

Election Day is February 5. In the meantime, I suggest we all take a deep breath, collect our thoughts, and refrain from the shameful name-calling that plagued this week's city council meeting.

We have one month left to tactfully debate the issue of term limits as distinguished ladies and gentlemen.

There's no need to get personal.

## General contractors can join bidders

**DOWNEY** – General contractors interested in being added to the City of Downey Housing Division's bidders list must attend a mandatory meeting being held Jan. 23 at 9 a.m. in the Gallatin Room at the Barbara J. Riley Community & Senior Center.

The orientation meeting will cover the city's Home Improvement Program for low and moderate income property owners. The city is updating its list of general contractors who are interested in bidding on the projects.

A typical project may include reroofing, kitchen and bathroom remodeling, restucco, plumbing repipe, window replacement and painting; projects range in price from \$1,000 to \$40,000.

Projects will involve treating areas identified as containing lead-based paint. These areas require treatment by licensed sub-contractors certified by the State Department of Health Services in the removal of stabilization of lead-based paint.

Qualifying contractors are required to possess a valid State of California contractor's license, liability insurance in the amount of \$1 million per occurrence and \$2 million total liability with the City of Downey listed as an additional insured, and Workman's Compensation insurance. Contractors must also supply the name, address, telephone number and Department of Health Services license number for the sub-contractors to be used in lead-based paint treatment.

For more information, call Mark Morris at (562) 904-7167.

## Foundation offers visual arts fellowships

If you are a sculptor, photographer, filmmaker or multimedia artist whose creativity reflects Los Angeles County's rich diversity, the California Community Foundation (CCF) invites you to apply for its 2008 Fellowships for Visual Artists.

The foundation will award \$260,000 in fellowships to 14 Los Angeles individual artists working in the visual arts. Ten fellowships of \$20,000 each will be awarded to mid-career artists and four fellowships of \$15,000 each will go to emerging artists.

"This is an opportunity for talented artists to help bridge the cultural barriers in Los Angeles County," said Antonia Hernández, president and CEO of the foundation. "We appreciate the power that art has to bring people together."


For more than 90 years, the foundation has recognized, encouraged and supported the Southern California arts community by funding and nurturing a full range of artistic expressions. The Fellowship for Visual Artists help local emerging and mid-career artists to advance to the next level of professional development.

For guidelines and application for the fellowship, visit [www.calfund.org](http://www.calfund.org). Online applications are preferred, but applicants may contact CCF to receive a hard copy. Application deadline is March 7 at 5 p.m., Pacific Standard Time.

Application workshops to assist interested applicants will be held in Central Los Angeles, Pomona and the South Bay/Harbor Area from January to February. For information, or to make workshop reservations, visit [www.calfund.org](http://www.calfund.org).

Contributed by the California Community Foundation

### The Downey Patriot

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## Letters to the Editor:

### News media got it right

Dear Editor:  
 As a longtime supporter of the Downey Rose Float Association, I have to admit with some chagrin that I missed the parade this year on TV. I am a hardcore traditionalist about some things, and watching the parade was one of them.

However, when I realized that I missed the parade, I switched on my favorite local stations hoping for some coverage of the event to redeem myself. To my surprise every time the coverage of the parade came up, or a 10-second spot aired, there was our wonderful Downey float in all its glory. I also went online and found our Downey float featured on several sites.

This year we didn't win a prize, but as far as I am concerned we won the media award for best representation of what the Rose Parade is all about, and the news media got it right!

—Cynthia Ceack,  
 Downey

### No sign of consistent regulations

Dear Editor:  
 Several years ago Arthur's Restaurant on Lakewood Boulevard near the 5 Freeway had a pole sign which the City claimed violated City regulations. After negotiations failed, the City sent a crew to remove the sign.

Several months ago, the IHOP Restaurant opened on Paramount Boulevard near the railroad with an even bigger pole sign. That sign still stands.

Does this mean that (1) the regulations have changed, (2) Arthur can put his sign back up, or (3) IHOP has better negotiators?

—Hugh T. Hoskins,  
 Downey

### Signs of decay

Dear Editor:  
 It's been a while since I last wrote to the *Patriot*. Well, because of our City's hesitance on ridding us of the "losers" that taint this once great city there are even more signs of decay.

I was driving on Brookshire Avenue just north of Florence Avenue and what do I see but shoes hanging from the electrical cables, a clear sign of a "ghetto environment."

Then, to my surprise, I was driving on 5th Street just east of Downey Avenue and I actually see a kid throwing another pair of shoes onto those cables. As I told him to stop, he gestured his middle finger to me and in Spanish told me to mind my own business (not using polite words). I was embarrassed because I am of Mexican descent and was with an Asian American friend.

I am really happy to see that the neighborhood watch program is being re-introduced to our city and plan on joining. I really hope that this will stop many good people from leaving Downey and making room for more losers to move in as they have already infested our school district.

I, for one, do not want to see Downey follow the paths set by Huntington Park and South Gate which were also great cities at one time.

—Juan Flores,  
 Downey

### Examining the 'learning curve'

Dear Editor:  
 The standard for judging Measure G should be: Does it benefit Downey's citizens?

In answering that, consider the "learning curve" for a new Councilman. How long does it take to become knowledgeable and familiar with Downey's operations, the history of what has been tried, and what other cities are doing to address the same problems? How long before a novice Councilman can identify community needs, evaluate what the bureaucracy says, ask well-focused, probing questions, and with fellow Councilmen decide between alternatives? And then there is monitoring progress after the decisions are made.

Investing one term in training, only getting full benefit in the second term, and then permanently losing that expertise sounds like a poor investment by Downey voters. A weak, inexperienced Council does not promote government by the people. It creates a vacuum that benefits an entrenched bureaucracy that may peruse its own agenda until retirement, and it is not answerable to the voters.

That is why I intend to vote yes, adding a third term to the term limit law.  
 —Gordon Lundene,  
 Downey

## Citizens Choice receives Senior Choice Award

Citizens Choice Healthplan is one of 35 Medicare plans nationally to be recognized for cost-sharing effectiveness and value in the design in their 2008 medical and part D prescription drug benefits for Medicare beneficiaries. The Citizens Choice Healthplan is the only Medicare Advantage plan in Orange County to qualify for the 2008 Senior Choice Gold Award.

The award recipients were selected from over 200 Medicare managed care plans based on cost-sharing comparisons conducted by HealthMetrix Research Inc., a national independent managed care research firm. In announcing the 2008 Senior Choice Gold Award recipients, HealthMetrix Research and MedicareNewsWatch.com president Alan Mittermaier pointed out the importance of the award for Medicare beneficiaries:

"This award responds to the concerns and uncertainties that beneficiaries have with the out-of-pocket costs incurred when they enroll in a Medicare Advantage plan. Citizens Choice Healthplan has demonstrated a commitment to delivering maximum value in the design of their plan benefits, co-payments, deductibles, and premiums. We believe that informed beneficiaries can rely on this award as an indication of excellence just as they rely on other awards and consumer ratings that recognize excellence in quality of care, health outcomes and member satisfaction."

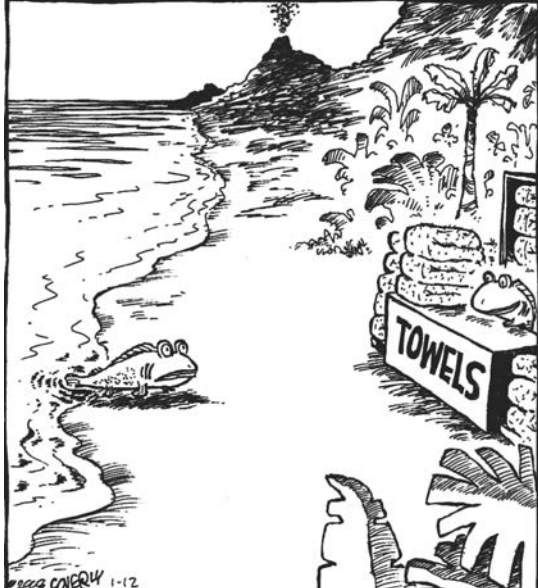
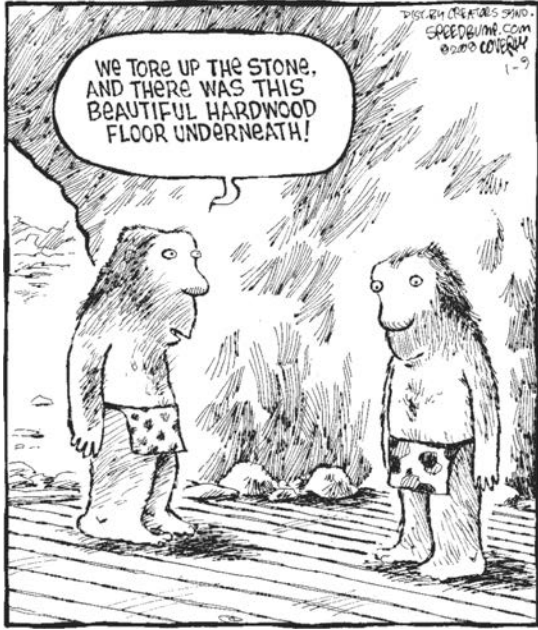
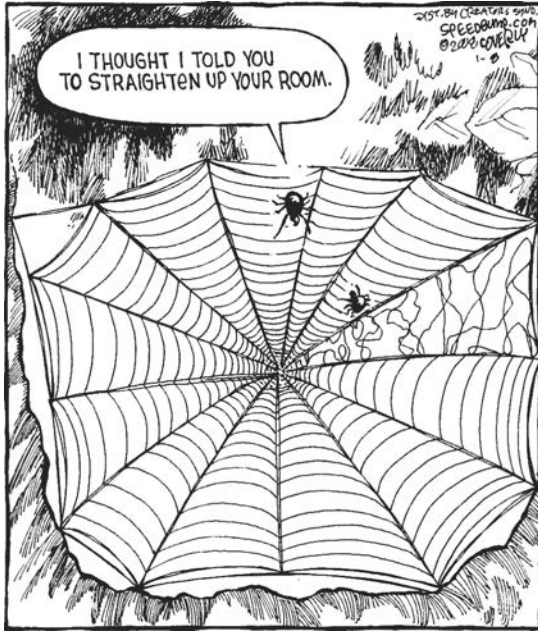
The award selections were based on the 2008 estimated cost-sharing comparisons conducted in over 120 cities during October 2007 by HealthMetrix Research Inc. The annual comparisons estimate the out-of-pocket costs for beneficiaries based on health status categories (healthy/episodic/chronic) and corresponding utilization of the most common plan benefits (physician office visits, emergency or urgent care, hospital care, prevention care, prescriptions). Comparisons identify the Medicare plans with the lowest and highest estimated annual out-of-pocket costs based on the approved 2008 member co-payments, deductibles and premiums that appear in the Medicare Options Compare database.

Contributed by HealthMetrix Research Inc.

## SPEED BUMP



## DAVE COVERLY



## Downey Community Calendar

### Events For January

Mon. Jan. 14: **"Brian Fitness" class begins.** Downey Adults School, 10:30 a.m.  
 Tues. Jan. 15: **"Rating the Presidents of the 20th Century."** Temple Ner Tamid, 9:45 a.m.  
 Thurs. Jan. 17: **Sharon Davis speaks at Soroptimist Club.** Rio Hondo Event Center, 7:30 a.m.

### City Meetings

1st Tuesdays, 6:15 p.m.: **Redevelopment Project Area Committee,** Cormack Meeting Room at Downey Library.  
 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission,** Council Chamber at City Hall.  
 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission,** Council Chamber, City Hall.  
 1st Thursday, 9 a.m.: **Traffic Committee,** Training Room, Second Floor of City Hall.  
 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission,** Council Chamber.  
 2nd & 4th Wednesday, 6 p.m.: **Design Review Board,** Council Chamber at City Hall.  
 3rd Thursday, 3:30 p.m.: **Parking Place Commission,** Second Floor Training Room at City Hall

### Regularly Scheduled Meetings

#### Mondays

6:30 p.m.: **Metropolitan Masonic Lodge #352 dinner, mtg.,** for information call 426-6786.  
 6:30 p.m.: **Overeaters Anonymous,** at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.  
 1st Mon., 4 p.m.: **2nd Century Foundation,** at City Hall, 1st floor, call 927-9790.  
 2nd Mon., 11 a.m.: **American Legion Auxiliary #270,** at United Methodist Church, for info. call 923-2481.  
 2nd Mon., 3 p.m.: **Keep Downey Beautiful,** at City Hall, for more information call 904-7159.  
 3rd Mon., 7 p.m.: **American Legion Post 270,** Los Amigos Country Club, call 869-1053.  
 4th Mon., 7:30 p.m.: **Downey Numismatists,** at Downey Retirement Center, call 862-6666.

#### Tuesdays

9 a.m.: **Downey Bocce Club,** at Apollo Park, for information call Vince Zoida at (714) 761-4439.  
 9:30 a.m.: **Downey Seniors Club,** at Apollo Park, for information call Nadine Morris at 923-9422.  
 9:30 a.m.: **Adventure with the Bible,** at the First Baptist Church call 928-4153.  
 12 p.m.: **Rotary Club,** at Rio Hondo, for information call Darren Dunaway at 806-5400.  
 12 p.m.: **Exchange Club of Downey,** at Sizzler, for information call Don Hollister at 927-5871.  
 6:00 p.m.: **Toastmasters Club 587,** at First Baptist Church, for info call 862-2658.  
 7 p.m.: **Boy Scout Troop 2,** at Downey United Methodist Church, for information call 869-6478.  
 7 p.m.: **Boy Scout Troop 441,** at Apollo Park Activities Room, for information call 923-3659.  
 7:30 p.m.: **Southland Harmony Chorus of Sweet Adelines,** at Downey's Woman's Club, for information call 947-6802.  
 2nd and 4th Tues., 7:30 a.m.: **Chamber "Rise&Shine" Networkers,** at Nordic Fox, for info. call (562) 923-2191.  
 2nd and 4th Tues., 6 p.m.: **Sertoma Club,** at Bakers Square, for information call (562) 927-6438.  
 2nd Tues., 7 p.m.: **Downey Fly Fishers,** at Apollo Park, for information call 943-3904.  
 3rd Tues., 7:30 p.m.: **Writer's Workshop West,** at at Downey High School library, for info call 862-3106.  
 Last Tues., 11:00 a.m.: **Los Companeros Service Club,** at Los Amigos Country Club, for info call 863-1549.

#### Wednesdays

7 a.m.: **Kiwanis Club,** at Rio Hondo Events Center. Call Steve Roberson at 927-2626.  
 1 p.m.: **Women's Bocce Club,** for information call 869-8782.  
 1st Weds., 10 a.m.: **Woman's Club of Downey,** for information call Barbara Briley-Beard 869-7618.  
 1st Weds., 11:30 a.m.: **Downey Coordinating Council,** at Community Center, for information call 923-4357.  
 1st Weds., 7:30 p.m.: **Downey Stamp Club,** at Maude Price School cafeteria, for information call 928-3028.  
 1st Weds., 7:30 p.m.: **Downey Emblem Club #309,** at Downey's Elks Lodge, for information call 868-4386.  
 2nd Weds., 7:30 p.m.: **Downey Model A Club,** at Gallatin School Cafeteria, for information call 928-4132.  
 2nd Weds., 7:30 p.m.: **Downey Sister Cities Ass'n,** at Maude Price School, Call 862-7197.  
 2nd Weds., 11:45 a.m. - **Downey Christian Women's Club,** at Los Amigos CC, Call 927-8488.  
 2nd & 4th Weds., 11:00 a.m. - **AARP,** at Barbara J. Riley CC, Call Lorene Frazier 861-6075.  
 3rd Weds., - **Downey Dog Obedience Club** Apollo Park.  
 3rd Weds., 6 p.m. - **American Business Women's Association,** Rio Hondo Country Club, Call Barbara Carlson 863-2192.  
 4th Weds., 12:00 noon: **Retired Federal Employees, at Furman Park West Bldg.,** call 943-5513.  
 Wed.& Fri., 10:15 a.m.: **Senior Bingo,** at Apollo Park, for information call 904-7223.

#### Thursdays

7:30 a.m.: **Soroptimist Int'l of Downey,** for information, call Pat Heineke, 904-3534.  
 7:30 a.m.: **Connections Networking,** at Nordic Fox 10924 Paramount, for information call 869-1414.  
 12 p.m.: **Kiwanis Club of Downey,** at Rio Hondo Events Center, call Roy Jimenez 923-0971.  
 12 p.m.: **Downey Christian Businessmen's Committee,** for information call 928-4153.  
 12 p.m.: **Optimist Club of Downey,** at Sambi's, for information call Steve Allen at 622-7655.  
 12:30 p.m.: **Take off Pounds Sensibly,** at First Christian Church, call (800) 932-8677.  
 6:30 p.m.: **Downey United Masonic Lodge # 220,** 8244 3rd St., Call 862-4176.  
 7 p.m.: **Troop 351, Boy Scouts of America,** at First Baptist Church, for information call 776-3388.  
 4th Thurs., 7:30 p.m.: **Downey Historical Society programs,** at Community Center. Call 862-2777.  
 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club,** for more information call Carl D. Jones at 923-2400.

#### Fridays

7:30 a.m.: **Pro Networkers,** at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618  
 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

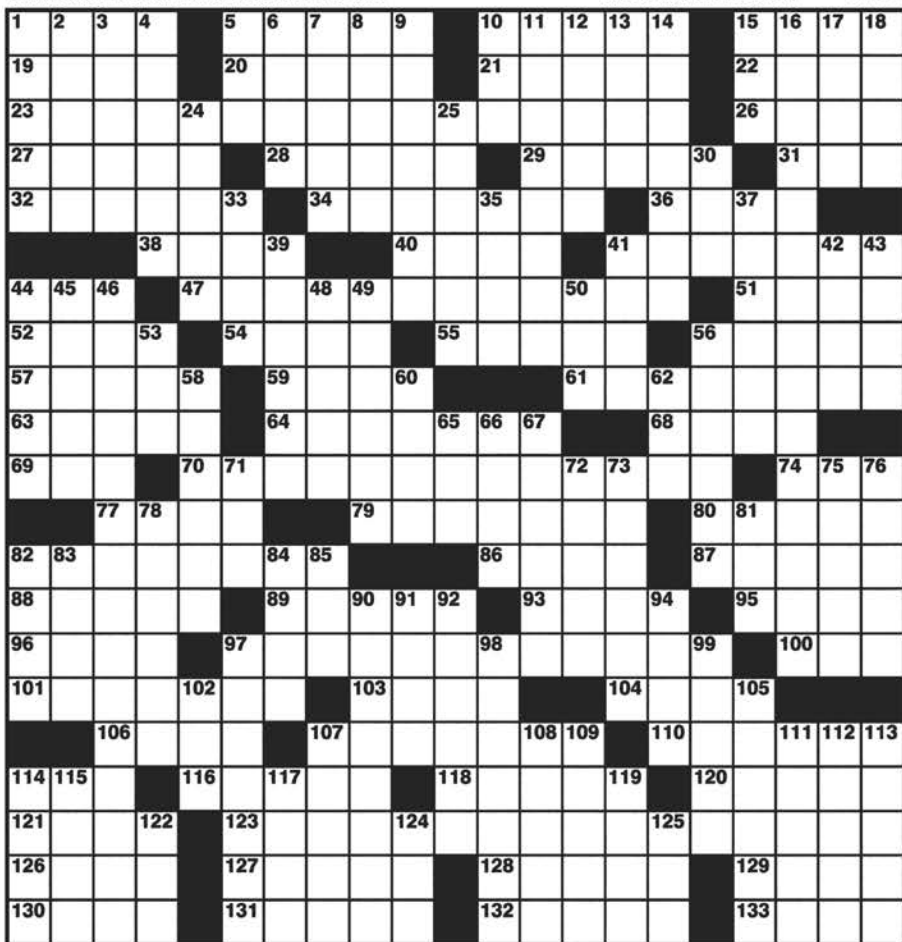
## On This Day...

**Jan. 11, 1787:** German astronomer William Herschel discovers two moons of Uranus.  
**1867:** Benito Juarez becomes president of Mexico.  
**1902:** Science and technology magazine "Popular Mechanics" publishes its first issue.  
**1935:** Amelia Earhart flies from Hawaii to Oakland, the first pilot to fly solo across the Pacific Ocean.  
**1964:** U.S. Surgeon General Luther Leonidas Terry publishes a report revealing a link between smoking cigarettes and the development of lung cancer.  
**2001:** AOL and Time Warner merge to become AOL Time Warner.

### THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**AUTOBIOGRAPHICAL: A subject that may move you**  
 by Shirley Soloway

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| <b>ACROSS</b> | 1 Close with force | 5 On the dot  | 10 Eye-related          | 15 Hankering          | 19 2+ pound unit | 20 Assessor | 21 What has to be | 22 Precept       | 23 At a strong advantage | 26 Purview  | 27 Get-well treatment | 28 Not available | 29 Logic                   | 31 Eagles' org.     | 32 Mason's implement | 34 Medicine holders   | 36 Hankering    | 38 McDonald's founder | 40 Architect Saarinen  | 41 Gave up     | 44 Ltr. addenda | 47 Mutually obligatory situation | 51 French being       | 52 Beethoven octet         | 54 Front-page boxes  | 55 Brief squabble | 56 Master of India | 57 Crunchy        | 59 Learning method  | 61 Resale show | 63 Prague-born novelist  | 64 Sore     | 68 CD part            | 69 Drill boss: Abbr. | 70 Avoids     | 74 Poetic sphere | 77 Eve's youngest   | 79 Suit accessory   | 80 Wild   | 82 Retractable top         | 86 Brash talk         | 87 Snoop    | 88 "Can it!"  | 89 Group in pursuit              | 93 Piece of jewelry | 95 Jazz saxophonist  | 96 Think         | 97 Go faster      | 100 White alternative | 101 Shoe parts       | 103 Laugh loudly    | 104 Beats by a hair | 106 The G in GTO | 107 Casino employee | 110 Web firm     | 114 "Uplume" writer | 116 Muscular type | 118 Clear-thinking | 120 Stand up and speak  | 121 Ramble | 123 Be allowed to start | 126 Poet Pound               | 127 Fall bloom     | 128 Flintstones co-creator | 129 ___do-well      | 130 Enthusiasm | 131 Hideouts          | 132 Big hit   | 133 Greek sandwich          |               |                      |                   |                          |                      |                      |
| <b>DOWN</b>   | 1 Avoid            | 2 Cruise ship | 3 Shortened preposition | 4 Figure-skating turn | 5 Normal: Abbr.  | 6 Mata      | 7 Chopping down   | 8 Nightclub show | 9 Rock legend            | 10 Approves | 11 Customs document   | 12 Kilmer poem   | 13 Supermodel from Somalia | 14 One-piece outfit | 15 Nest-egg letters  | 16 Started a comeback | 17 Staff symbol | 18 Effect a cure      | 24 Film reviewer Roger | 25 Trial break | 30 Before       | 33 West Wing actor               | 35 Commedia dell'arte | 37 Emulates Key's twilight | 39 Needing polishing | 41 Comics scream  | 42 Toledo's lake   | 43 Something owed | 44 Gets ready to go | 45 Skinny one  | 46 Does things a new way | 48 Composed | 49 Nautical direction | 50 UFO pilots        | 53 "Bad boy!" | 56 Looking smart | 58 Delicate dessert | 60 Pave the way for | 62 Bother | 65 End of the 12th century | 66 "Benevolent" group | 67 Separate | 71 Le Duc ___ | 72 Walkway (Vietnamese diplomat) | 73 Give notice      | 75 Worn and tattered | 76 Conflagration | 78 Fill with love | 81 Brain-scan letters | 82 Calf-length dress | 83 Beasts in a team | 84 Goes (for)       | 85 Antagonist    | 90 Dash specialist  | 91 Flue possible | 92 Make deposit     | 94 Cashier stamp  | 97 Westernmost     | 98 Low-pressure systems | 99 Bobbin  | 102 ___di-dah           | 105 Overextended, with "out" | 107 Singer LaBelle | 108 "Beat it!"             | 109 City in Tuscany | 111 Shrewd     | 112 None of the above | 113 DC subway | 114 Company boss, for short | 115 Percolate | 117 Phoenix neighbor | 119 Reading rooms | 122 Dinner-table amenity | 124 Appt.-book lines | 125 "I don't wanna!" |

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Author Franz Kafka (63 Across) was born in Prague in 1883, when the city was in Austria-Hungary. The auto designation GTO (106 Across) is short for "GRAN Turismo Omologato," Italian for "certified for grand touring." The MOHAWK (4 Down) turn in figure skating involves a change of foot but not a change of edge.



## Paging Dr. Alan Frischer...

BY DR. ALAN FRISCHER

Does milk give you gas? Between 30 and 50 million Americans are lactose intolerant, and some ethnic groups are far more affected than others. If your ancestors come from Asia, chances are more than 90% that you can't tolerate dairy and other foods high in lactose. Eighty percent of African Americans, and over 80% of Native Americans are lactose intolerant as well.



Lactose intolerance usually appears after puberty and, unfortunately, it will never go away. While this diagnosis is unpleasant, it is relatively easy to live with.

Lactose intolerance is the inability to digest significant amounts of lactose, the major sugar found in dairy products. It is caused by a shortage of the lactase enzyme, which is produced by the cells that line the small intestine. Lactase breaks down milk sugar into two simpler forms of sugar called glucose and galactose, which are then absorbed into the bloodstream.

People who don't make enough lactase to digest the amount of lactose they consume may feel very uncomfortable as they digest milk products. Common symptoms range from mild to severe, and include nausea, cramps, bloating, gas, and diarrhea. They begin about 30 minutes to two hours after eating or drinking foods that contain lactose. The severity of symptoms depends on many factors, including the amount of lactose you can tolerate, your age, ethnicity, and digestion rate.

Common tests used to measure how well lactose is absorbed in the digestive system are the lactose tolerance, hydrogen breath, and stool acidity tests. As a first step, however, save that trip to the doctor: simply eliminate dairy from your diet and see whether the symptoms go away.

To treat lactose intolerance, either eliminate lactose from your diet (dairy products) or supplement your diet with the lactase enzyme. Lactaid, for example can be purchased just about anywhere, and requires no prescription. Take the tablets or liquid with the first bite of that ice cream, or the first sip of that latte. It's easy to find lactose-reduced milk and other dairy products in most supermarkets. They generally include the same nutrients.

For those who are lactose intolerant, it may take some effort to consume sufficient calcium. When planning meals, make sure that each day's diet includes enough, even without dairy. Remember that the more a product is processed, the less lactose it contains. Fresh milk is very high in lactose, yogurt lower, cheese even lower and butter has hardly any lactose at all. Yogurt with active cultures is actually a good source of calcium for lactose intolerant people; although yogurt is high in lactose, the bacterial cultures used to make it produce some of the lactase enzyme required for proper digestion. Some dairy products that are lower in lactose are Swiss cheese, cottage cheese, and ice cream. Non-dairy, calcium-rich foods include soy milk, dark green vegetables such as broccoli and lettuce greens, fish such as sardines, salmon, and tuna, oranges, and pinto beans.

Remember:

- Lactose intolerance is quite common, and is not a life-threatening health condition.
- You can easily learn by trial and error which dairy products and other foods can be eaten without discomfort.
- Many people can enjoy milk, ice cream, and other dairy products if they eat them in small quantities or eat other foods at the same time.
- Try taking lactase (pill or liquid form) before consuming dairy.
- Watch your calcium! Make sure that your diet includes greens, fish, and other calcium rich foods.
- Consider taking a calcium supplement as well.
- Always speak with your doctor before taking new pills or supplements.

Healthy eating to you all!

Dr. Alan Frischer is former chief of staff at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA, 90240.



Mike Davis, local coach and Kidz 'n Sports talk radio show host, recently spoke at Kiwanis Club of Downey, expressing the importance of good sportsmanship and setting an example for others.

## Arthritis burden soaring, experts say

Arthritis is exploding in an aging population of U.S. baby boomers and is projected to increase by 40 percent in the next two decades, according to a new study released by the Centers for Disease Control and Prevention (CDC) for the National Arthritis Data Workgroup. The report reaffirms that nearly one in five U.S. adults (46 million people) have arthritis and an estimated 67 million people will be affected by 2030.

The study, published in the January issue of *Arthritis & Rheumatism* found that osteoarthritis, the most common form of arthritis, has increased to 27 million people, up from 1990 estimates of 21 million. Other key findings include an increase in gout (three million adults, up from 2.1 million) and a decrease in rheumatoid arthritis (down from 2.1 million adults to 1.3 million). The study also estimates that 294,000 U.S. children and teenagers under age 18 (or one in 250 children) have been diagnosed with arthritis or another rheumatologic condition.

"The prevalence of arthritis overall continues to grow in the United States, which is not surprising given that many of the specific conditions are age related and the general population is aging," said Charles G. Helmick, M.D., a CDC epidemiologist and a lead author on the study. "Increases in some of the more common types of arthritis suggest a growing impact on the health care and public health systems."

According to the Arthritis Foundation, the news isn't good for the nation's baby boomers or the economy. Already the most common cause of disability in the U.S., arthritis limits activity for 19 million of the 46 million U.S. adults with the disease.

"Even as the number of people with arthritis rises, the level of federal funding for arthritis research has declined in today's dollar and intervention programs that could limit the impact are being underutilized," said John H. Klippel, M.D., president and CEO of the Arthritis Foundation. "We must reverse this trend to avoid a potential public health crisis."

The Arthritis Foundation is working to help address this ever-growing problem. The Arthritis Prevention, Control, and Cure Act (S. 626/H.R. 1283) proposes to strengthen arthritis public health initiatives, which would ensure that more people are diagnosed early and avoid pain and permanent disability. In addition, the Arthritis Foundation urges the public to take part in effective interventions and programs that could reduce the impact.

For information about Arthritis Foundation programs in your area, visit the Arthritis Foundation at [www.arthritis.org](http://www.arthritis.org).

Contributed by the Arthritis Foundation

## Coach teaching kids valuable life lessons

■ Mike Davis of [www.AdrenalineRadio.com](http://www.AdrenalineRadio.com) strongly believes sports teach lessons rarely taught in school.

CONTRIBUTED BY GWYNN GUSTAFSON, KIWANIS CLUB OF DOWNEY  
DOWNEY – You think your kids are animated after a game of baseball or football? You should watch Coach Mike Davis as he talks about "his" kids playing sports. Davis said if he "ever won the lottery he would coach youth sports full-time."

Davis' sports history includes eight years as a high school coach, personally coaching his own daughter and acting as team coach to hundreds of other's sons and daughters in after-school sports programs. He also hosts Kidz 'n Sports talk show on [www.AdrenalineRadio.com](http://www.AdrenalineRadio.com).

Davis believes youth sports teach lessons that are rarely taught in school. His number one rule is, "Teach first and win later. If we haven't taught our kids to respect themselves, how can we expect them to respect others and live up to their expectations?"

You give your child a "high-five" for a homerun, but do not offer the same encouragement for a class project or an improved grade level.

Lesson One: recognizing your child's effort teaches them to recognize and complement the efforts of others.

Lesson Two: Learning team play, team support and pride in game performance will translate to greater success as adults in the workforce. Your child will learn the correlation between performance and customer service.

Children learn by watching adults. Learning to respect the coach and umpire is learning to respect authority. When a parent attends the child's game and yells at the umpire, a message is being sent that it's OK to yell. Well, it is OK to disagree, but there are rules to follow in sports, as in life, and this is the third life lesson – changes can be achieved without yelling.

Davis wants every child to have the opportunity to play sports, to have fun learning life lessons and he wants to teach kids how to handle pressure with a smile.

For more information, call (562) 945-6469, or email [coachmike@kidznsports.com](mailto:coachmike@kidznsports.com).

## Congregational meeting at Temple

DOWNEY – The members of Temple Ner Tamid will be holding their semi-annual Congregational Meeting this Sunday at 10 a.m. President David Saltzman will preside and a continental breakfast will be served.

Following the meeting, Miriam and Howard Brookfield will present a new Torah as a gift to the Temple. A lunch sponsored by Myrtle and Jim Pinsky will be served after the dedication.

Temple Ner Tamid is located at 10629 Lakewood Blvd. in Downey.

For more information on the meeting or any of the Temple's services, call (562) 861-9276.

**Word of MOUTH**  
by Soheir S. Azer, D.D.S.

Like infections elsewhere in the body, oral infections pose serious health risks. This should be of concern to the millions of Americans who have periodontal (gum) disease. The chronic nature of the disease is particularly concerning. Pregnant women should recognize that periodontal disease increases the risk for preterm births and low birth-weight babies. However, studies indicate that while a woman with periodontal disease is seven times more likely to deliver prematurely, appropriate treatment during pregnancy can reduce preterm births by up to 87%. Both men and women should also know that people with gum disease may be four times more likely to develop heart disease and have increased risk for stroke. These are reasons enough to visit the dentist regularly.

It is possible to have periodontal disease and have no warning signs. That is one reason why regular dental checkups and periodontal examinations are very important. Good oral hygiene at home is essential to help keep periodontal disease from becoming more serious or recurring. You don't have to lose teeth to periodontal disease. Brush, clean between your teeth, eat a balanced diet, and schedule regular dental visits for a lifetime of healthy smiles. We are dedicated to preserving your teeth and offering you the best care with the least amount of risk to your health. If you have oral health questions for yourself or a family member, please call (562) 923-3714 to schedule an appointment. We're located at 10800 Paramount Blvd., Suite 307.

P.S. One-fourth of all adults over age 35 have gum disease, and that percentage increases to about half of all Americans 55 and older.

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## 'The Bad Seed' comes to Downey Theater

**DOWNEY** – The Warren High School Drama Department will be presenting Maxwell Anderson's "The Bad Seed" on Jan. 16 and 17 at the Downey Theater at 7 p.m.

In "The Bad Seed," Anderson questions whether or not people are born inherently evil. While the play is over 40 years old, Rhoda, the iconic little girl with blonde hair, pigtails, and crimson smile, has come to represent the most famous female murderer of all time. Even those who are unaware of the play have heard of Rhoda. With certain mental illnesses discovered to be hereditary, this play remains topical as well as controversial.

Tickets cost \$10 and are now available for purchase. All proceeds will go to the Warren High School Drama Department.

For information, or to purchase tickets, call (562) 869-7306, ext. 87910, or email tickets@emersontheatre.net.

## Downey class of '78 celebrating reunion

**DOWNEY** – Downey High School's class of 1978 will celebrate their 30-year reunion on Sept. 20. For information, call Mike Schroeder at (909) 597-9300 or e-mail Marlene Masone at mymyl@msn.com.

# January Fashion Tips



The following fashion tips are courtesy the "Teen Life of Style Crew" of Stonewood Center, Lakewood Center and Los Cerritos Center. For more fashion tips, visit www.teenlifeofstyle.com.

**"Flashy New Year" – Carlee:** What better way to bring in the new year than with a new and super cute outfit. This simple black top will do the trick without overdoing it. It has a touch of sequance to add a little bit of flashy fun while still remaining simple and classy. Perfect for every party. This top is available at Macy's in the Stonewood Center for \$50.

**"Winter Breeze" – Brianna:** Stay warm from the winter breeze and keep in top fashion in this hat, scarf and glove set. You can find your own set at Target, Forever 21, JCPenny, Macy's – just about any store at Lakewood Center. So if you are not sure what to buy with that gift card you received, this would be a great treat to yourself. The sets are all under \$25.

**"Winter White" – Nichole:** This chilly holiday season, make sure you're keeping yourself warm in style. Coats are huge right now, and are very necessary. They come in many colors and styles, so there's a coat to fit everybody's personal look. I picked this white button-up coat from Macy's in the Stonewood Center. Not only was this coat extremely comfortable and warm, but also a great deal. This jacket and many like it were under \$50.

**"Start the New Year White" – Matt:** The holidays may be over but

the new trends are in full swing. Any think of January as a turning point in life. You've got a new year ahead of you, some new resolutions to (hopefully) be filled, and last but not least, new ways to continue looking fresh. The best color to stay in check this month is white. Not only is it hot for January, but it also reminds you to keep that open mind for things to come in the new year. Any guy willing to pull off a vest nowadays is keen with this popular trend, but you gotta wear it with something that will give it that extra kick. Try this "Eastern Front" white shirt for size. The designs on the collar of this shirt will keep you lookin' fly. Since it's white it's bound to last with many looks. If you really want to spice things up, add a long chain, preferably a rosary, and you'll be looking active for any event. This shirt can be found at Metropark at the Los Cerritos Center for \$89. Other items featured in picture can also be found at Metropark for various prices. Start the new year with confidence, which this look will definitely provide.

**"It's Not a Fashion Faux-Pax" – Chad:** For the after-holiday season, a fresh white Ralph Lauren polo is perfect for any occasion. It is not only good for a family get together, but also good for a night out. The polo can also be a great gift at an affordable cost of \$59.50 at the Los Cerritos Center Macy's. Whoever said you cannot wear white after Labor Day was clearly mistaken.

## New & noteworthy titles at the Downey City Library

### Fiction

• **"Letter from Point Clear"** by Dennis McFarland. Siblings return to their Southern hometown to rescue their younger sister from her marriage to an evangelical preacher, only to have their expectations turned upside down.

• **"The Sunrise Lands"** by S.M. Stirling. In this first volume of an alternative history trilogy, a generation has passed since The Change has rendered technology inoperable around the world and a new threat is rising.

• **"Sushi for One?"** by Camy Tang. In this romantic blend of "chick lit" and Christian fiction, Lex Sakai compiles a list of traits she requires of her ideal man, only to find that God has something else in mind.

• **"The Water's Lovely"** by Ruth Rendell. In a house in London, two troubled sisters and their mother wonder if they will ever be free from the murders that were committed there.

• **"What Matters Most"** by Luanne Rice. The Mother Superior at a girl's school in Connecticut travels to Dublin in Rice's romantic family saga and sequel to "Sandcastles."

### Non-Fiction

• **"Best of the Best"** by the editors of Food & Wine. This collection of recipes and photos from the 25 best cookbooks of the year includes Chipotle Grilled Chicken with Avocado Salsa and Toasted Almond Butter Cookies.

• **"Best of the Brain from Scientific American"** by Floyd E. Bloom. Neuroscientist Bloom selects fascinating articles on memory, consciousness, creativity, and brain matters in this anthology of science writing.

• **"Family Organizing Handbook"** by Amy Knapp. This book includes tips and secrets on how to run a household and still enjoy quality time with your family.

• **"Rescuing Spirit: a Dog Lover's Story"** by Mark R. Levin. How two dogs named Pepsi and Sprite changed the lives of the Levin family.

• **"Tough Questions, Good Answers"** by Thomas F. Calcagni. A communications consultant offers advice on how to handle any job interview, sales call, employee review or presentation with confidence.

Visit the library at 11121 Brookshire Ave. or www.downeylibrary.org or call (562) 904-7360 ext. 3 to check out or reserve these new titles.

## New Entertainment this week

### CD Releases

Ringo Starr - Liverpool 8  
 Anne Murray - Duets: Friends and Legends  
 Olivia Newton-John - Olivia's Live Hits  
 Magnetic Fields - Distortion  
 Spice Girls - Greatest Hits  
 Barry Manilow - Beautiful Ballads  
 Source: Amazon.com

### DVD Releases

MOVIES  
 "Good Luck Chuck"  
 "Mr. Woodcock"  
 TV/MISC.  
 "The New Adventures of Old Christine" - Season 1  
 "Sabrina the Teenage Witch" - S. 3  
 "Cris Angel - Mindfreak" - Season 3  
 Source: Amazon.com

### Book Releases

"Beverly Hills Dead" by Stuart Woods  
 "The Bush Tragedy" by Jacob Weisberg  
 "Capitol Conspiracy" by William Bernhardt  
 "David Golder, the Ball, Snow in Autumn, the Courtof Affair" by Irene Nemirovsky  
 "I'm Looking Through You: Growing up Haunted" by Jennifer Finney Boylan  
 Source: barnesandnoble.com

### Concerts

FRIDAY, JAN. 11  
 Kathy Griffin - Kodak Theatre  
 Voodoo Glow Skulls - HOB Anah.  
 SATURDAY  
 Crica - Coach House  
 Porterville - Galaxy Theatre  
 MONDAY  
 Lupe Fiasco - HOB Anaheim  
 TUESDAY  
 Dan Deacon - El Rey Theatre  
 THURSDAY  
 Lenny Kravitz - Santa Monica Civic Auditorium  
 Soulive - Grove of Anaheim  
 Taylor Swift - Wilshire Theatre  
 George Lynch - Galaxy Theatre  
 Source: Casenet

### Video Game Releases

Kidz Sports: Ice Hockey - Wii  
 CSI Hard Evidence - Wii  
 Furu Furu Park - Wii  
 Samurai Warriors: KATANA - Wii  
 Nitrobike - Wii  
 London Taxi: Rush Hour - Wii  
 Source: ebgames.com

### Book Releases

"Real Change: From the World that Fails to the World that Works" by Newt Gingrich  
 "Tom Cruise: An Unauthorized Biography" by Andrew Morton  
 "The Food You Crave: Luscious Recipes for a Healthy Life" by Ellie Krieger

www.thedowneypatriot.com



The Jazz at Lincoln Center Orchestra, featuring Wynton Marsalis, will perform songs written and made famous by Duke Ellington at the Orange Country Performing Artscenter on Jan. 31. Tickets are now on sale and cost \$24-\$88. For information, or to purchase tickets, call (714) 556-2787, or visit www.ocpac.org.

## 'Tintypes' visits the Downey Theatre

**DOWNEY** – The Downey Civic Light Opera will be presenting "Tintypes" Feb. 21 through March 9.

Similar to "Ragtime," "Tintypes" takes the audience back to he turn of the century, when America consisted of slower-paced days of ice cream socials and hoop skirts, also giving way to the bustling world of automobiles, electricity and the telephone.

The production features popular songs from 1890 to 1917, including "Yankee Doodle Dandy," "Meet Me in St. Louis," "Bill Bailey," "Toyland," "Shortnin' Bread," and "The Ragtime Dance."

For information, or to purchase tickets, call (562) 923-1714. Group rates are available.

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**FIRST SUNDAY** PG-13 (11:45, 2:20, 4:55), 7:25, 10:00  
**IN THE NAME OF THE KING: A DUNGEON SIEGE TALE** PG-13 (11:00, 1:55, 4:50), 7:50, 10:50  
**THE ORPHANAGE** R (11:55, 2:25, 5:00), 7:40, 10:15  
**ONE MISSED CALL** PG-13 (12:20, 2:40, 5:15), 7:55, 10:10  
**JUNO** PG-13 (12:00, 2:30, 4:55), 7:35, 10:05  
**NATIONAL TREASURE: BOOK OF SECRETS** PG (11:00, 1:55, 4:45), 7:50, 10:40  
**P.S. I LOVE YOU** PG-13 (11:15, 2:00, 4:45), 7:30, 10:20  
**ALVIN AND THE CHIPMUNKS** PG (11:10, 2:05, 4:30), 7:05, 9:30  
**I AM LEGEND** PG-13 (11:05, 1:50, 4:35), 7:30, 10:20

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THE BUCKET LIST PG13	(10:45 1:20 3:55) 6:30 9:05
VEGGIE TALES G	(10:10 12:35 3:00) 5:25 7:50 10:15
IN THE NAME OF THE KING PG13	(11:00 1:40 4:20) 7:00 9:40
ONE MISSED CALL PG13	(10:20 12:45 3:10) 5:35 8:00 10:25
ALIENS VS. PREDATOR 2 R	(11:15 1:45 4:15) 6:45 9:15
THE GREAT DEBATERS PG13	(10:15 1:15 4:15) 7:15 10:15
NATIONAL TREASURE 2 PG	(10:20 1:20 4:20) 7:20 10:20
I AM LEGEND PG13	(11:45 2:15 4:45) 7:15 9:45
ALVIN & THE CHIPMUNKS PG	(10:30 1:20 4:10) 7:00 9:50

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## Marjorie Risher co-founder of mortuary

**DOWNEY** – Marjorie “Marge” M. Risher, co-founder of Risher Mortuary in both Montebello and Downey, passed away on Dec. 27. She was 85.

Risher was born on Feb. 11, 1922 in Lincoln, Nebr. While a resident of Downey, she was active in the 20-30 Club, Downey Children’s Theatre Committee, and a board member of the Downey Community Hospital Guild.

In 1959, Risher’s family moved to Montebello, where they established Risher Montebello Mortuary and Ambulance Service. While living in Montebello, she was a member of numerous organizations, including Soroptimist of Montebello; Montebello Women’s Club; Beverly Hospital Guild and Foundation Heritage Circle; Montebello Historical Society; Order of the Eastern Star, P.E.O. Montebello; Business and Professional Women’s Association; Southland Art Association; Montebello Chamber of Commerce; United Methodist Church of Montebello; and more.

Risher enjoyed playing the organ, gardening, and traveling. She is survived by husband of 65 years, Raymond; son, Robert (Jeanette) Risher; daughter, Barbara (Greg) Risher Welch; grandchildren Christy Smith, Michelle Hanscom, Robert Risher, Jr., and Nathan, Zachary, Kaylie and Jenna Welch; and great-grandchildren, Hunter, Harrison, and Hogan Smith, and Gordon III and Lauren Hanscom.

Funeral services were held Jan. 4 in Montebello, with interment at Rose Hills Memorial Park.

Donations may be made to Soroptimist of Montebello Scholarship Fund, P.O. Box 856, Montebello, CA, 90640.

Services were under the direction of Risher Mortuary.

## Walter Francis Schilling succumbs to colon cancer

**DOWNEY** – Walter Francis Schilling, Downey resident for over 30 years, passed away on Jan. 3 at the age of 69.

Schilling was born on Feb. 27, 1938 in Decalb, Iowa. He was employed by Mercury Insurance Co. for many years and while living in Downey, was a member of St. Raymond’s Catholic Church. He was also a member of the Ford V8 Club and the National Falcon Club.

Schilling is survived by wife of 45 years, Adele; children Lisa Luna, Rob Schilling, Donna Laughlin, and Tina Berkley; and seven grandchildren.

Visitation was Tuesday from 4 to 8 p.m. at Miller-Mies Mortuary. Funeral Mass was on Wednesday at 10 a.m. at St. Raymond’s Catholic Church. Burial took place at All Souls Cemetery in Long Beach.

## Guest speaker to discuss famous flower

**LONG BEACH** – The Long Beach Amateur Orchid Society will have their next meeting on Monday at 7 p.m. at American Legion Post 496.

The meeting will feature Fred Clarke of Sunset Valley Orchids, who will discuss “Venezuela’s National Flower, Cattleya mossiae.”

For information, call (714) 539-4937.



Marjorie M. Risher, co-founder of Risher Mortuary, was active in Downey, including the Children’s Theatre and Hospital Guild. She died Dec. 27.

## New series discusses family treasures

**DOWNEY** – Downey Adult School, featuring program coordinator Harriett Paine, will be presenting a new series, “Older Americans Creating Their Legacy,” at the Barbara J. Riley Community & Senior Center on Wednesday from 1 to 4 p.m.

The first class, “Who Gets Grandma’s Yellow Pie Plate?,” is designed as a family focused educational program that will guide participants through the process of passing on personal possessions and family treasures. The class will also aid in recognizing distribution options and consequences, as well as identify the meaning of objects and how to share the personal history through writing, audio and/or video recording.

The series includes 10 sessions. Cost is \$25, which includes workbook. The Barbara J. Riley Community & Senior Center is located at 7810 Quill Dr. in Downey.

## League opener proves to be a disappointment

BY SCOTT COBOS, CONTRIBUTOR

**DOWNEY** – Surprised was not one of the things first-year varsity basketball head coach Brent Willis felt after his Warren Bears (10-8, 0-1) took a beating on their home court Wednesday night, losing to Lynwood (15-2, 1-0) 71-36.

“I always tell my guys that it’s really hard to impress me now because I’ve seen the two-time-defending state champions Artesia two years in a row,” Willis said. “This league has to be one of the toughest if not the toughest in the area this year. It’s absolutely brutal.”

And right he is, with four of the six teams in the league already having 10 or more wins. Although his team is one of those four, they struggled all night long with Lynwood’s press defense turning over the ball 18 times and shooting under 40 percent in their first league match-up of the year.

“We killed ourselves with our inability to take care of the ball and make smart decisions and it’s something very uncharacteristic of us,” he said. “I think we did a better job of that earlier in the season. We just didn’t do that when we needed to in key points of the game.”

Warren kept the game close in the first quarter but began to fade away in the second period when Lynwood’s guard Allen Jiles got hot from behind the 3-point line hitting four of his five attempts just before the half, where the Knights went into the intermission leading 32-19. Jiles finished the night as the leading scorer with 25 points.

The second half brought more bad news for the Bears as they didn’t  
See WARREN, page 11

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## Lamberth aims at personalized service

By Henry Veneracion, Staff Writer

When Downey Federal Credit Union celebrated its golden anniversary last year, president/CEO Barbara Lamberth, who started out with the firm as a receptionist in 1974, marked her own 33 years of service.

Blessed with a healthy attitude towards work (instilled in her by her hardy parents) and an eager capacity for learning, she rose through the ranks and in 2005 was chosen to succeed Nan Budman as chief executive. "In the early days, because of the small staff," she recalls, "you did practically everything. You were not so specialized. One time you'd be doing teller work, the next time you'd be helping out in other operational areas, including lending."

In this kind of working environment, a person with Barbara's traits, basic skills, and temperament thrived. She took advantage of the many opportunities to practice initiative and otherwise be helpful in a variety of ways. Over the years Barbara proved her worth.

Indeed, for most of the 20 years prior to her elevation to CEO, she says she performed executive vice president functions under Budman. "The people I worked with were very supportive. But I give the most credit to Nan's influence. She taught me a lot. She was a good mentor, and she had a heart of gold."

Barbara joined DFCU (which began as Downey School Employees Federal Credit Union in 1957, then underwent a name change to Downey Schools Federal Credit Union in 1972) because her dad, who worked in general maintenance for the Downey Unified School District, encouraged her to "talk with those people at the credit union. They are really nice people." She's glad she heeded his words, she says. (Her mom drove the bus, also for the district, for 25 years.)

Well into her third year at DFCU's helm as president/CEO, Barbara has seen company assets grow from \$41 million in 1996 to \$141 million last year, with membership reaching 13,000 today and growing by the day, and loans realizing hefty double-digit gains annually, while the credit union remains committed to maintaining, according to 2006-07 board chairman Ed Potter, Ed.D., "healthy capital reserves to protect the safety of members' deposits." She oversees a personnel complement of 32, organized into four departments: teller, membership services, lending, and accounting.

"We don't aspire to become the biggest credit union in the city," she says, "but we do aim at being the best in Downey. We've been delivering quality products and services year after year, and this has been working for us, as we serve our community-based field of membership. So we must be doing things right."

"We've at the same time maintained the tradition of hiring the right people—good people with the right attitude," she says. "You can teach just about anybody how to do a good job, but you can't change their attitude."

She can't say enough about the support she has enjoyed with the board of directors. "I've been lucky to enjoy their support, especially over the past seven years," she says. "They have taught me so much. I couldn't ask for a better group of people to guide me along. If not for them I wouldn't be where I am today."

The present composition of the board hasn't changed for some time except for the lineup of officers, indicating policy stability ("much like my home situation when I was growing up"). This year's chairman is Stan Hanstad, who is the DUSD Asst. Superintendent for Personnel Services; former treasurer Richard Guess, M.D., is the current vice-chairman; former secretary Laura Lueke is now treasurer; and board member Heather Conwell serves as secretary. The other members of the seven-member board are former chairman Potter, and board members Raul Lopez and Brian Brown, M.D.

A credit union's rationale for existence, Barbara says, is people helping people: "The products and services offered are the same as those offered by a commercial bank. We have a distinct advantage, though. Since we are nonprofit, savings and earnings generated revert back as a general rule to benefit members, by way of higher dividend

rates and lower loan rates."

"And we are very consumer-oriented. How many places can you go to where they can deliver one-on-one service?" she asks. "We try to provide this kind of personalized, and friendly, service."

Aside from being alert to regulatory changes, she points to keeping up with the advances in technology as a management challenge.

A homegrown Downey girl, Barbara attended Imperial Elementary and South Middle School and is a Warren High School graduate. Her formal education stopped after getting her A.A. degree from Cerritos College. She doesn't regard not getting a college degree a real handicap. She says the quality education she received at Warren High during her time, coupled with the positive values her parents inculcated in her, have served her in good stead all these years. "I really believe the education we received then was topnotch," she says, "and would be equivalent to a real college diploma in today's world."

She says she grew up in Downey at a time when orange groves and a lot of open space dominated the cityscape, and when the Rialto and the Meralta on Downey Avenue provided the main sources of movie entertainment.

Her parents came to Downey in 1949 and settled just south of Imperial. Married in 1976, Barbara and husband Chris, who worked for and has since retired from City of Commerce-based Certified Grocers after 35 years of service with the company, moved to Cerritos soon after. "I think he is enjoying every minute of his retirement," she says, goodnaturedly. "Anyway, I would say the secret of success of our marriage, when he was still working, was because he worked nights, and I worked days, and we enjoyed our weekends together. Now that he's retired, the hardest thing for me to adjust to is when he is home 24/7. Anyway, we have always been into baseball, and we are season ticket holders to Angels games."

They also enjoy traveling. They go to Vegas a lot. "When he plays golf, I go to the spa," she says. Last summer, they went with Chris' childhood friend for a three-week tour of Greece ("We had a wonderful time.") Light reading is another option. Meanwhile, Barbara has stayed active with the Rotary, a ready volunteer in some of the club's multifarious activities such as Arc Walk, Adopt-A-Family, the Pancake Breakfast, and the city's Fishing Derby. She also currently serves as treasurer of G.O.O.D.

They have a grown son, 25-year old Matt, who works for the city of Cerritos and doubles as an assistant baseball coach at Santa Margarita High School. Older brother Jim, a resident of Downey, retired just last year after a long teaching career and after serving as vice-principal at the Whittier School District. Sister-in-law Steffani McMains, also a Downey girl, is principal at OLPH.

Highlighting DFCU's intimate tie-up with the school district, the medical area (DRMC), and now, the enlargement of its scope to embrace "anyone who lives, worships, works in or attends school in Downey, as well as businesses and other legal entities located in the city," Barbara says, "Compared to other cities, Downey is a unique, special city. Everybody gets along here."

Towards the end of our interview, she showed me her favorite quotation, which was printed on a thin, rectangular, white cardboard, and which she keeps on her desk so she can read it during the course of the day. It reflects her abiding philosophy and informs her attitude towards her associates, she says. It reads: "Coming together is a beginning; keeping together is progress; working together is success."



President and CEO Barbara Lamberth started working at Downey Federal Credit Union as a receptionist in 1974.

## WARREN

Continued from page 9

respond to the Knights' attack and were unable to slow down the pace.

The game got out of control and started looking more like a pick-up game at the park with no-look passes, reverse lay-ups and one failed alley-oop attempt as the Knights cruised their way to victory.

Lynwood's D'Angelo Scott had the most impressive night, recording a double-double with 16 points and 11 rebounds. He also added four assists to the Knights' offensive attack.

Warren lost starting guard Joe Schonviesner when he sprained his ankle landing on a defender's foot with 41 seconds left in the third quarter. He's expected to miss the next two games, but will hopefully return for their showdown against the Downey Vikings.

The only good news for the Bears on Wednesday was the performance of Brandon Chavers, who was two rebounds away from recording a double-double of his own. Chavers led all Bear scorers with 10 points and eight rebounds.

After a loss like this, Willis expects his team to bounce back, saying that it's not in their character to hang their heads after a disappointing game such as this one.


"I expect them to battle back because that's my boys," Willis said. "That's their character. They're young men of character. They've battled before the season and they'll do it again. I have no doubt."

Warren looks to return to their winning ways tonight as they play host to the much improved Paramount Pirates basketball team. Game time is 7 p.m.

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