







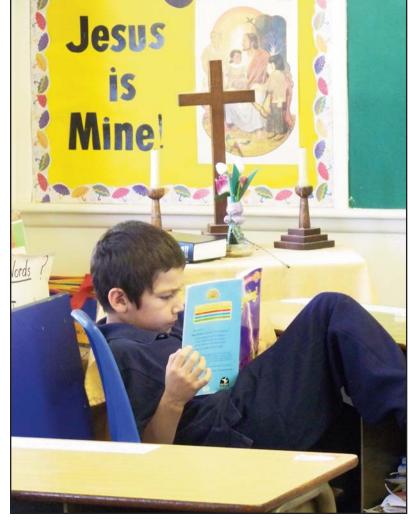


Future teacher wins gold medal See Page 4

Friday, May 16, 2008

Vol. 7 No. 4

8301 E. Florence Ave., Suite 100, Downey, CA 90240



Citing low enrollment, Good Shepherd Lutheran School will close its doors in June. *Photo by Brooke Karli*

Low enrollment forces Christian school's closure

DOWNEY – After 51 years of providing education to local schoolchildren, Good Shepherd Lutheran School in Downey will close its doors for good next month.

The school was suffering from a continual decline in enrollment dating back to 2001, said Principal Jean Sulimoff. The school enrolled 55 students this year.

Quakes shaking things up

• All-female football team is tackling more than just opponents — they're also shattering stereotypes that football is solely a man's domain.

BY BROOKE KARLI, STAFF WRITER

DOWNEY – These women are mothers, sisters, friends, wives, partners, business owners and students. And yes, these women play tackle football.

The California Quake is part of the Independent Women's Football League (IWFL), a full contact tackle women's football league, and currently has a roster of 38 women, varying in age, ethnicity and sexual orientation.

"It's awesome to see a team made up of our dynamics," said Catherine B. Vivo, the Quake's president and one of the team's quarterbacks, known as "Squeaks." "Half the team is straight and half the team is gay. Many of us are still in school and the majority of us have day jobs. Some of us are in our mid-20's and some of us are in our late-40's. We each have our own lives and cultures, but respect each other on and off the field. We are each other's family."

The team plays their home games at Downey High School and is one of 41 teams nationwide. Founded in 2001, the Quake was originally part of the Women's American Football League (WAFL). The team remained a part of WAFL for only the first season, but they walked away champions with an 8-2 record.

In 2007, the Quake's founding owner sold the team to Vivo. So far, the team has played five games and is undefeated.

"I will stay with the team as long as it takes to get another championship," said Defensive Coordinator Stephanie Backs (aka "Coach Spyder"), a former player for the now-defunct Daytona Barracudas and Long Beach Aftershock. "I got my championship with the Quake in 2002 and these girls deserve their own too."

According to Vivo, an average IWFL season consists of eight games beginning in April and lasting through June. Each team plays four teams twice – once at home and once away. The Quake's division, the Pacific Southwest Division, consists of the SoCal Breakers, New Mexico Menace, Tucson Monsoon, and Las Vegas Showgirlz.

The team usually plays on Saturdays at 6 p.m., but have this weekend



The California Quake play their home games at Downey High School. Their next game is May 24 at 6 p.m. *Photo courtesy California Quake*

off – a break that will allow them to prepare physically and mentally as they look to face-off against Las Vegas next week.

Practices are held three times a week during the season, a daunting schedule for some of the women, who drive from distances as far as Barstow.

"These women don't get paid to play football," Vivo said. "In fact, *they* pay \$500 a season to play. They actually pay and sacrifice their time to have the opportunity to play football."

Each player's membership fee covers travel accommodations, uniforms, training and game-day facilities, officiating costs, and more. The fee does not include equipment, which is the player's responsibility. The fee also doesn't pay for coaches and staff, who volunteer their services.

Although their season is only three months out of the year, the team's

See QUAKE, page 11

City takes possession of Phoenix Award DOWNEY - The city of Downey was presented with the environmen-

Good Shepherd Lutheran School opened in September 1956, with the purpose of providing a Christian education to the children of the church's congregation, said Sulimoff. In the early years, most students were members of Good Shepherd and attended church there with their families.

The two school buildings were constructed by male volunteers of the church's congregation. Thirty-five students enrolled in grades 1 and 2 in the school's first year, and a new grade was added each succeeding year.

A pre-school was added in 1977. Beginning with three half-days per week, the program later expanded to a full-day program which continued until 1991. In 1982, kindergarten was expanded to a full-day program and extended daycare was added.

Depending on enrollment numbers, the school sometimes combined grades. Classrooms were usually double grades, although grades 1 and 2 were split from 1991 until 2003. Grades 3 and 4 were also separated for several years, until low enrollment forced their combination again in the fall of 2004. Grades 5 and 6, along with 7 and 8, have always been combination classrooms.

Good Shepherd School earned accreditation status three times following extensive self-evaluation studies. In 2002, a seven-year certificate of accreditation was awarded by the National Lutheran Schools Association.

Citizens can help thwart burglaries

Contributed by Sgt. Leslie Murray, Downey Police Department

Residential burglaries happen everywhere and Downey is not exempt. Burglaries typically leave victims feeling very violated and fearful, but can be prevented in many cases. There are things you can do to protect your residence and make it less attractive to potential burglars.

Burglars enter into homes in a variety of ways, but if there is an easy opportunity they will certainly take advantage. A window left open or an unlocked rear slider are common means of entry.

Burglars generally look for locations where it appears no one is home. Often they will ring the doorbell or knock on the front door to find out if anyone is there. When no one answers they will start looking for a way to enter. Making it known that someone is inside will often deter a burglar.

Burglaries are seldom committed by lone suspects. Often, burglarers work in groups of two or more. They may have a look-out standing nearby to alert them to police or potential witnesses. It's also common for them to arrive in a vehicle that may be parked in a driveway or waiting nearby.

Almost all burglaries thwarted by police are a direct result of citizen calls. Usually, neighbors are the first to notice something unusual in the neighborhood, whether it is a car slowly cruising the street or an unfamiliar car parked in a driveway. The public is the best source of information for the police.

See BURGLARIES, page 2

tally conscious Phoenix Award last week for its work in decontaminating and redeveloping the former NASA site, where over 30,000 people once worked at the height of the Apollo project.

Mayor Pro Tem Mario Guerra and Deputy City Manager Desi Alvarez traveled to Detroit for the three-day Brownsfield Conference May 5-7 where they accepted the award on the city's behalf.

The former NASA site was polluted with major contaminants, including trichloroethene and tetrachloroethene, when the city took possession of the property in 2003, and about 105 acres was suffering from groundwater contamination, according to NASA studies. Remediation on the site is still ongoing and expected to last until 2010, according to information presented at the conference.

"We are very proud of the work done by our past city councils and our city staff in this historic endeavor to utilize this special site for our city for many years to come," said Guerra. "This project will bring over [\$45 million] in tax revenue in the next 20 years and will bring over 4,000 jobs into our local economy. This is a prestrigous award and it recognizes the complexity and scope of the work performed on behalf of our residents."

Guerra presented a PowerPoint presentation as the City Council celebrated the award this week. Former mayors Diane Boggs and Keith McCarthy attended and briefly spoke at the podium.

The 167-acre site is now home to a major retail shopping center (Downey Landing), a bustling film studio (Downey Studios, which recently wrapped production of the latest "Indiana Jones" installment), and a 30acre medical office building.

Currently under construction are a 392-bed, \$800 million hospital; 13acre public park; and the Columbia Memorial Space Science Learning Center, expected to open later this year.

The former NASA site once employed an estimated 30,000 people, including engineers and engineer technicians. When complete, the new site is expected to create 6,000 jobs for doctors, nurses, medical support staff and in retail sales.

The Phoenix Award was created in 1997 and "honors individuals and groups working to solve critical environmental challenges of transforming blighted and contaminated areas into productive new uses."

Nissan renting parking space from city

DOWNEY – The city of Downey signed off on a ground lease agreement with Downey Nissan this week that will allow the dealership to store their new car inventory on city-owned property on Firestone Boulevard.

The one-year lease was intentionally kept short to allow Nissan time to search for a permanent storage location, city officials said.

Nissan will pay the city \$8,712 per month (20 cents per square foot) to lease one acre of land at 9066 Firestone Boulevard, just east of Lakewood Boulevard, said Deputy City Manager Gilbert Livas.

As part of the agreement, Nissan will install a view-obscuring perimeter fence around the property, in addition to a gate and pea gravel on unpaved areas, Livas said. No car sales will be permitted at the site.

Downey Nissan replaced Downey Acura earlier this year, but the property's dimensions did not meet Nissan's corporate standards for new dealerships, creating a need for a secondary location, Livas said.

Nissan is also storing cars at the rear lot of what was Johnie's Broiler on Firestone Boulevard.



Current and former members of the City Council, along with city staff, celebrated their recognition as winners of the Phoenix Award, an accolade for their work in decontaminating and redeveloping the former NASA site. From left: City Manager Gerald Caton, past Councilman Keith McCarthy, Councilwoman Anne Bayer, past Councilwoman Diane Boggs, Mayor Pro Tem Mario Guerra, Mayor David Gafin, and Councilman Kirk Cartozian. *Photo by Eric Pierce*

Outside consultant hired to assist with redevelopment details at Downey Studios

DOWNEY – The city of Downey has hired an outside consultant to act as a third party peer as plans to redevelop Downey Studios slowly continue to take shape.

The agreement between the city and Tierra West Advisors comes as the city drafts a new specific plan for the approximately 79 acres on the former NASA site north of Imperial Highway. Industrial Realty Group (IRG) owns about 58 acres of the property, while the city owns the remaining 21 acres.

According to John Perfitt, Director of Economic Development, the new site plan would "facilitate the creation of a new community of connected neighborhoods and districts using a vertically integrated mix of land uses. New residential units, higher-scale retail tenants, quality restaurants, boutique hotels, and commercial offices will replace many of the older industrial buildings currently at Downey Studios."

The project is currently dubbed "Terra Luna" (earth/moon) in city papers. City staff is in the process of creating an environmental impact report.

The contract between the city and Tierra West Advisors totals \$15,990. *–Eric Pierce, City Editor*

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Council giving thought to mayoral rotation

DOWNEY – In an effort to head off future controversies involving the rotation – or perceived rotation – of this city's mayor and mayor pro tem positions, the City Council is expected to consider a new mayoral rotation policy at their next meeting.

The "Proposed Policy for the Orderly Rotation of Mayor and Mayor pro tem" was drafted by City Attorney Ed Lee. The policy's primary objective is to grant each council member "an opportunity to be mayor during his or her first term in office."

The City Council is comprised of five members, each serving fouryear terms.

The proposed policy includes four guidelines:

1. The mayor pro tem shall rotate to mayor.

2. Newly elected council member shall wait one year before serving as mayor pro tem unless earlier rotation is required to meet the primary objective.

3. New council members voted in at the same election will draw lots to determine their order in the rotation to be mayor pro tem.

4. Once the primary objective has been accomplished, rotation to mayor pro tem shall be based on the length of time a council member has served since last holding the position of mayor, with the longest tenured council member being placed next in the rotation sequence.

The city clerk would be required to submit a proposed sequence of rotation to be approved by the City Council each year at the time of reorganization. If a council member declined a nomination, the next council member in line would get the nomination.

The proposal was on Tuesday's City Council agenda, but was held over because of the absence of Councilman Rick Trejo.

Controversy over the city's rotation of mayor and mayor pro tem erupted last year when residents claimed Councilwoman Anne Bayer was "skipped over" in place of Councilman Mario Guerra. *–Eric Pierce, City Editor*

Local doctor receives fellow designation

DOWNEY – Mark D. Schneider of Downey recently received his designation as a Fellow of the American College of Osteopathic Family Physicians (ACOFP) during its Annual Conclave of Fellows Award Ceremony on March 15 at the ACOFP 45th Annual Convention & Exhibition in Denver, Colo.

The honorary designation of Fellow is bestowed upon those candidates who have contributed outstanding national and local service through teaching, authorship, research, or professional leadership. They have also contributed outstanding service in their professional career and family practice duties in their community and civic activities.

Schneider is a 1976 graduate of the Kirksville College of Osteopathic Medicine. He currently serves as the president of the Osteopathic Physicians & Surgeons of California, and as program director of the family practice residency program at Downey Regional Medical Center (DRMC). He has served as medical staff president, and currently chairs the family practice department at DRMC.

Schneider has been active for 27 years in both the California and national chapters of ACOFP, and the American Osteopathic Association.

Brotherhood visits Hollywood Bowl

DOWNEY – The Brotherhood of Temple Ner Tamid of Downey invites the community to travel with them to the Hollywood Bowl on July 12.

The Hollywood Bowl's feature that night will be "Some Enchanted Evening" and will include a fireworks display.

Tickets are \$70 per person, which includes transportation, dinner at



Danielle Padilla of Maude Price Elementary School and Somer Nabulsi of Rio San Gabriel Elementary School were inducted into the Kids Day Hall of Fame on April 30 at Downey Theatre. Both girls are part of Girl Scout Troop 378.



Allison Wood (right), a senior at Warren High School, received a pin in social science at the recent Golden Bear Awards at Downey Theatre. Her sister, Anna Wood, a junior at Warren, received medallions in math and social science. Allison and Anna are the daughters of Bill and Jeannie Wood of Downey.

AARP invites the community to attend

DOWNEY – The American Association of Retired Persons (AARP) currently meets at the Barbara J. Riley Community & Senior Center every second and fourth Wednesday of each month at 11:30 a.m. Upcoming meetings include a Mother's Day luncheon on May 28; Jessie James on June 11; and a Father's Day luncheon on June 25. Each meeting is followed by Bingo from 1 to 2:30 p.m. For more information, call Lorene Frazier at (562) 861-6075.

Burglaries: Residents are eyes and ears of police.

Continued from page 1

Timely information is what helps identify these suspects and bring them to justice. If something doesn't seem right, it may not be. You should report suspicious activity to the police department immediately. Be prepared to explain why the activity is suspicious or unusual, and to give detailed descriptions of the suspicious persons or vehicles. This will help the responding officers as they arrive to investigate.

Crime prevention is a community responsibility that requires everyone to work together. Burglary is one crime that can be greatly affected by citizen participation. You truly are the eyes and ears of the police department.

Police on the lookout for seat belt violators

DOWNEY – The Downey Police Department is aggressively seeking out unbuckled drivers as part of the state's annual "Click It or Ticket" campaign which runs through June 1.

Drivers found not to be properly wearing their seat belt will be issued a citation.

"We want to make sure that all drivers and passengers buckle up on every ride, day and night," said Police Chief Roy Campos. "Our officers will be on the lookout for those who are not buckled up and for teens and children not riding properly restrained. We will not accept excuses or give warnings. It's Click It or Ticket."

California law requires that every passenger in the car, including the driver, wear a seat belt. Tickets for first-time violations range from \$80 to \$91 for adults and \$330 to \$401 for children under the age of 16, depending on the county.

"We're doing well with nearly 95 percent buckling up, fourth highest in the nation," said Christopher Murphy, director of the California Office of Traffic Safety. "That's 1.5 million more people protected from death and injury by using seatbelts since the Click It or Ticket campaign started in 2005. But we can do better yet. I urge everyone to always buckle up."

Officials said seat belt use among teenagers lags behind the general population. In 2007, California's teen seat belt use rate was 88.9 percent, well below the state average of 94.6 percent for the same year, said Murphy.

More than 280 law enforcement agencies statewide will be participating in this year's "Click It or Ticket" campaign. Funding for officer overtime was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

Residents invited to anniversary lunch

DOWNEY – The Woman's Club of Downey invites the community to its 110th anniversary luncheon June 8 at its clubhouse, 9813 Paramount Blvd., in Downey.

"We are planning a very special event," said Fran Smith, ways and means chairwoman, "[including] a gourmet luncheon amidst an elegant setting with entertainment by the very talented Fernando Ramirez who is a fabulous Elvis look-a-like. You can win a diamond pendant designed by Robert Rubio, gift baskets valued at \$500 and \$300, a pearl necklace and bracelet fashioned by Foskarino Jewelry, or a lot of other fabulous prizes.

"Tickets for the opportunity drawings are available now from any of our members."

Luncheon tickets are \$30 each or \$300 for a table of 10. Opportunity drawing tickets are \$1 each. Proceeds from the event will benefit The

Steven's Steak House in Commerce, and the show.

The bus will depart the back parking lot of Temple Ner Tamid at 5 p.m. For more information, call the Temple office at (562) 861-9276.

Temple Ner Tamid fires up the barbecue

DOWNEY – The Brotherhood of Temple Ner Tamid will be hosting a barbecue on May 23 at 6 p.m., prior to Shabbat services.

The barbecue will include hamburgers, hot dogs, chicken, salad and drinks. Donation is \$8 and reservations are to be made by May 19.

Shabbat services will follow at 7:30 p.m. and will be conducted by Rabbi Len Muroff and Cantor Ellen Jaffe-Gill, with Norberto Guinaldo at the organ.

Temple Ner Tamid is located at 10629 Lakewood Blvd. in Downey. For more information, call (562) 861-9276.

'Sister's Night Out' at Light and Life

DOWNEY – The Women's Ministry of Light and Life Christian Fellowship is hosting an evening of "His Saving Grace" tomorrow from 6 to 9 p.m.

The evening will include worship, fellowship and dessert.

The church is located at 9245 Florence Ave. in Downey. For more information, call (562) 862-0910.

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Contact the Independent Representative listed below:

ERIC BARBOSA (626) 905-1568 ERICBARBOSA@YAHOO.COM Woman's Club Foundation Scholarship Fund.

For more information, call Fran Smith at (562) 862-1446 or Doris Patterson at (562) 869-0377.

Downey church hosts youth revival

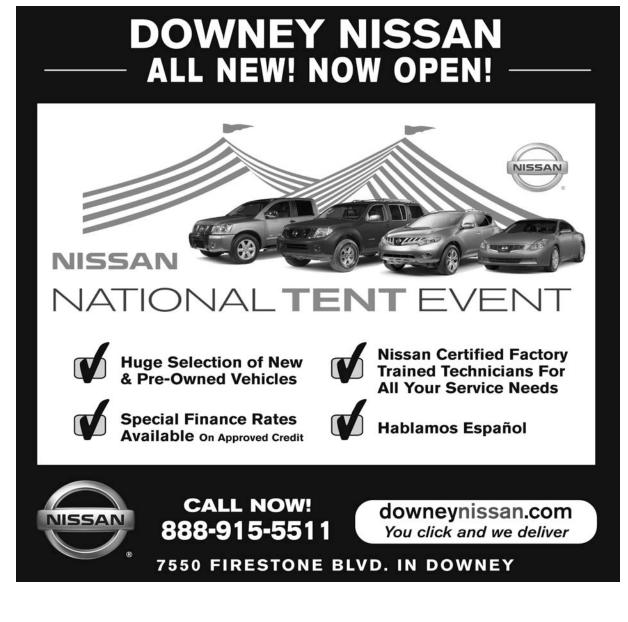
DOWNEY – The Love, Peace, Happiness Family Christian Fellowship's New Generation Youth Ministry would like to invite the community to attend "1,000 Youth for Christ Revival" May 23 - 25.

The revival's guest speaker is minister and recording artist Devo, who will discuss "Called and Chosen."

The weekend will kick off on May 23 at 7:30 p.m. and will conclude on May 25 at the 10 a.m. worship service, followed by a celebration at 3 p.m.

The church is located at 11022 Old River School Rd. in Downey.

For more information, call (800) 752-6552 or (562) 806-9890, or visit www.lphfamily.org.



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DUSD teachers and administrators will face off versus the Los Angeles Breakers, a championship dwarf basketball team, May 30 at Downey High School.

School district battling dwarfs in charity basketball game

May 30 fundraiser to benefit TLC Center.

DOWNEY – A team of Downey Unified School District employees will take on the Los Angeles Breakers, the nation's topranking dwarf basketball team, May 30 at Downey High School.

The Breakers are comprised of male and female athletes. They are 10-time National Champions and three-time World Champions of Dwarf Basketball.

A special set of rules are used to make the game as fair as possible. The last time the Breakers played DUSD, the game ended in a 65-65 tie after two overtimes.

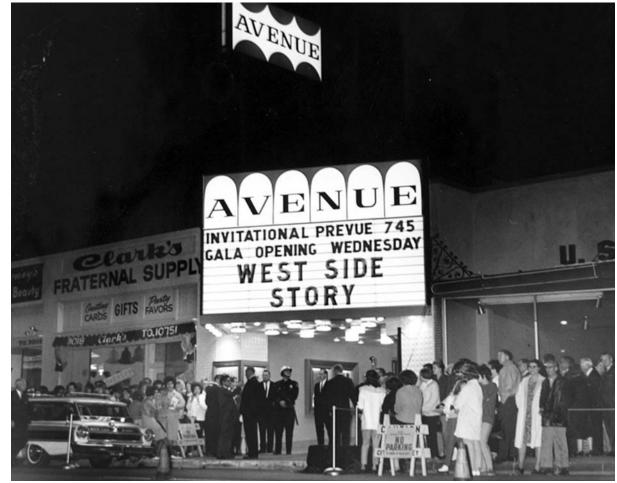
Proceeds from the event will benefit the TLC Family Resource Center, which provides a variety of health and counseling services to low-income Downey families.

Pre-sale game tickets are \$5. Tickets at the door will be \$8. Doors will open at 6:30 p.m. and tip-off is at 7.

The DUSD roster includes: Tom Houts, Downey High School principal; Robert Jagielski, DUSD administrator; Aaron Peralta, Warren High School vice principal; Karen Dabney-Lieras, Downey

High School vice principal; Roger Brossmer, Downey Adult School principal; Willy Gutierrez, DUSD board member; Chris Bowen, West Middle School teacher; Andrea Sims, Downey High School teacher and volleyball coach; Bonnie Nishioka, Downey High School teacher; Norma Apostol, DUSD administrator; Gil Rodriguez, Columbus High School vice principal; and Jack Williams, Downey High School teacher and football coach.

To purchase tickets, call TLC at (562) 904-3577.



The Avenue Theatre operated for more than 75 years, but has sat vacant since 2004 when it ceased operations as a discount movie house. Photo courtesy George Redfox, Downey Historical Society

Avenue Theatre sold to city for \$1.2 million; future unclear

BY ERIC PIERCE, CITY EDITOR DOWNEY - The old and vacant Avenue Theater on Downey Avenue, once the center of cultural entertainment before disintegrating into a crumbling discount movie house, has a new owner.

The City Council, sitting as the Community Development Commission, authorized the purchase of the Avenue Theater on Tuesday for the purchase price of \$1.2 million. It wasn't immediately clear what the city's plans for the property were.

The theater was the subject of heated debate a few years back when its current owner, Marco Morales, announced plans to con-

vert the site into a combination banquet hall and bakery. Morales had obtained a conditional use permit for off-site parking, as well as the sale and consumption of alcohol.

But the plans drew a sharp rebuke from the neighboring congregation of Downey First Baptist Church, which raised concerns over parking maybe overflowing onto their property.

The matter ended up in litigation and Morales ultimately dropped his plans. (The church's legal representative was Rick Salyer, who is also a photographer and contributes regularly to this newspaper.)

Morales entered into negotiations with the city to sell the theater in mid to late March.

According to city documents, the Avenue Theater is more than 75 years old. It featured first-run movies and other cultural programming for many years, but eventually fell into an "extreme state of disrepair."

The theater most recently operated as a dollar movie house in 2004.

The Avenue Theatre encompasses approximately 9,240 square feet. Its unique L-shape design stretches from 3rd Street around to Downey Avenue.

City ponders ways to put brakes on speeding motorists

BY ERIC PIERCE, CITY EDITOR

DOWNEY – City officials are slowly rolling out a two-pronged approach to deal with the familiar complaint of speeding on residential streets.

The City Council this week voted to phase in a plan to step-up traffic enforcement, add radar speed trailers and improve traffic signs and pavement markers on

Policy being considered by the Council.

If speed trailers and traffic enforcement efforts fail and speeding persists, the city could implement "Stage 2" of the traffic policy, which includes adding speed bumps, speed humps, and miniroundabouts to residential streets, said Assistant to the City Manager Scott Pomrehn.

that's considered unlikely.

Any street receiving a speed bump or hump would require consent from homeowners within 100 feet of the installation, as well as from the police and fire departments, said Pomrehn. The installation of any speed barriers would require the approval of the City Council at a later date.

City Manager Gerald Caton

select city streets on a 4-6 month trial basis. The plan is part of a could narrow roadways or com-Neighborhood Traffic Calming pletely close off streets, although

In more extreme cases, the city

said the policy would help the city better respond to citizen complaints of speeding drivers.

5K run/walk benefiting hurricane victims

DOWNEY - The Moravian Church of Downey is organizing a 5K Run/Walk on June 14 at 8:30 a.m. with proceeds benefiting the reconstruction of Central America after Hurricane Felix.

which will begin and end in the church's parking lot located on the corner of Old River School Road and Irwingrove Drive.

The Moravian Board of World Mission in actively involved in The community is invited to providing hurricane relief and participate in the 5K Run/Walk, rebuilding efforts in Central

America, particularly in Nicaragua and Honduras.

For more information about the 5K Run/Walk and registration, call (562) 927-0718, or visit www.downeymoravian.org.

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DUSD board honors students excelling at art, ROP competitions

BY HENRY VENERACION. STAFF WRITER

DOWNEY—The Board of the Downey Unified School District heard two presentations, one given by Superintendent Wendy Doty (subbing for Downey High School principal, Tom Houts), the other given by Phil Davis, director of DUSD's Support Programs Career and Technical Education.

They both recognized the students who had distinguished themselves in besting the competition in two different arenas of student achievement.

First to be recognized was Downey High School sophomore Alex Hernandez, who was the first place winner of the 34th Congressional District's Student Art Competition sponsored annually by Congresswoman Lucille Roybal-Allard. In acknowledgment of Hernandez' resounding victory over older, more advanced students, his artwork will hang in Roybal-Allard's Washington, D.C. office for a year, according to established tradition.

The second presentation was equally impressive and provided Davis, who has oversight over DUSD's ROP program, with doses of pride as he cited DHS seniors Yesenia Castellanos and Lisa Lewis for winning gold medals in Pharmacy Technician and Careers in Education categories, respectively, as well as DHS senior Abigail Jovel (Careers in Education) and WHS senior Cesar Vasquez (Film and Video Production) for winning silver.

Also cited, for their winning bronze hardware, were David Berumen (senior DHS, for Computer Assisted Drafting); Chase Ludwick (senior WHS, for Printing Occupations); Paula Travino (senior DHS, for Retail Marketing); Yesenia Rodriguez (senior DHS, for Health Occupations); David Gonzales (senior WHS, for Banking Occupations); Diana Amezcua senior DHS, for Diversified Office Occupations); and Gianna Persico (senior WHS, for Commercial Photography).

"We have in our schools a lot of talented kids," said Davis, echoing Doty's similar praise earlier. "And it's just wonderful to have their work recognized."

Again echoing Wendy's repeated mention of the great number of theoretical potential winners (38,000) representing 22 school districts in the participating L.A. County Office of Education ROP program geographical area (bounded by Los Alamitos to the south, by the mountains to the north, by the 605 Freeway to the east, and by the Los Angeles county line to the west), Davis stressed the quality of the DUSD ROP students' accomplishment-pointing to the decidedly high proportion of DUSD ROP winners versus the rest of the field.

He said the students were very well prepared [for the competition] because of the "strength of the ROP teachers, the ROP counselors,



Downey High School senior and ROP student Lisa Lewis won a gold medal in the Careers in Education category. Photo courtesy Stan Hanstad



Yesenia Castellanos, also an ROP student and Downey High School senior, won a gold medal in the Pharmacy Technician category. Photo courtesy Stan Hanstad

Council outlines plans for CDBG, HOME grant appropriations

BY HENRY VENERACION, STAFF WRITER

DOWNEY—The 2008-09 Action Plan prepared by the city's Building and Housing Department for the distribution of the Community Development Block Grants (CDBG) and the Home Investment Partnership (HOME) Grants dispensed according to firm guidelines set by

disabled or elderly persons; the abatement of lead paint hazards involving 30 housing units; the accommodation of a transitional housing facility of four homeless families; the extension of services to 25 families at risk of becoming homeless; seven grants to nonprofit public service agencies such as familiar institutions and programs as Arc of Southeast Los Angeles County (\$11,500), the Downey City Library's Adult Literacy Program (\$25,000), TLC (\$3,403), Community Services' Aspire Program (\$34,769), etc.); the acquisition of a property for blight elimination; the development of eight units of affordable housing; help to 400 persons with rental assistance by L.A. County; a 30 percent contribution towards the city's Code Enforcement Program; a \$2,500 supplemental grant to the nutritional meal program for seniors; and a total of 4,800 persons assisted from public service-supported programs. The total budget submitted for the above programs amounts to \$2,197,606—\$1,484,754 in CDBG funds, and \$712,852 in HOME funds. It is down by 3 percent from the previous year's total, because of the federal budget deficit. After a review of the above intended projects and programs, it becomes apparent that the formula-based grants must be used on eligible activities that primarily benefit low to moderate income residents. Indeed, according to B&H director Linda Haines, these grant funds must be used primarily on activities that satisfy HUD's national objectives intended to benefit, as already mentioned, the above low to moderate income residents, by way of 1) providing decent housing, 2) providing a suitable living environment, and 3) expanding their economic opportunities whenever possible. In apportioning the federal funds, the city must comply with three main administrative constraints placed by HUD: first, the city can only use 15 percent of the annual CDBG funds for public service activities; secondly, funding for general administration expenses is limited to 20 percent of CDBG funds, 10 percent of the HOME grant; thirdly, at least 70 percent of the CDBG funds and 100 percent of the HOME funds must be spent on activities that benefit low and moderate income households.

The Poet's Corner

Avian Cirque Du Soleil

Well, it's that time again. The bottle brush tree is red with blossoms and the sharp-eyed birds know a free lunch when they see it. Delicate branches cascade like the weeping willow but that doesn't deter the hungry horde; they latch onto that thin, swaying branch with those tiny clawed feet and sway to and fro as they feed on the brush-like blossm. I have the one hundred fifty dollar seat at my bay window -and it's worth every cent. - Rosalie Sciotino.

Downey

In My Darkest Hour

This book that I was handed A lie from seam to seam Amounts to nothing more than pieced up sorrow And a silent scream

Seeking comfort within its pages All that I received, a sordid story, a withered flower In this our darkest time, in this my darkest hour

> Still inside I've found the secret The lie we've all been told How in a world of billions We are desperately alone

In the end I'd rather not know which is worse How in it some have found salvation And others just a curse

I suppose man seeks nothing more than an answer Maybe a cure for cancer, maybe a method to grow stronger Or simply just a place, where his heart will bleed no longer - Gil Meza, Downey

Spring

The tree's branches and buds turn green And the flowers and plants do glean The presidential candidates are thriving Certainly not always agreeing The spring's rains sure do come Causing plants and flowers to bloom The baseball season is just getting underway And we root for our local teams as they get away It's a special time of year And it is without peer - Don Davis, Downey

Poems can be submitted to The Downey Patriot at 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or downeypatriot@yahoo.com

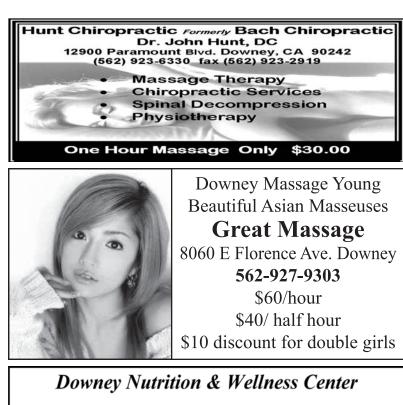
Church giving away clothing

DOWNEY - Downey First Christian Church will host their Third

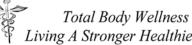
the Department of Housing and Urban Development (HUD) received the blessings of the City Council Tuesday, just beating the May 16 deadline for its submission to Washington, D.C.

The Action Plan details the ways and amounts Downey's Building and Housing Department (B&H) will apportion the expected fund entitlements from the federal government to the various entities needing varying degrees of assistance.

If and when the proposed 2008-09 Action Plan and Budget is approved-in its more than 30 years of entitlement no Action Plan submitted by the city has ever been disapproved—the following projects have been programmed for implementation: the funding of 33 rehabilitation loans; the repainting of 30 houses under the Senior Paint & Fix-up Program; the modification of 20 houses to improve accessibility for



Who Says **Cancer** is a Death Sentence?



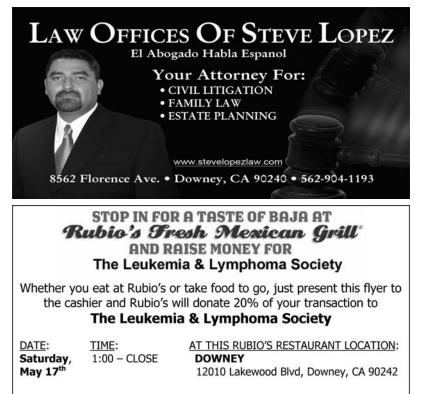
Living A Stronger Healthier Life

AfterCare Post Cancer Therapy Program

Cancer Support Group Meeting Every 1st & 3rd Wednesday at 7:00 pm

Call Today (562) 923-4800 We Can Help We Don't Treat Cancer... We Treat You! 8416 Florence Ave. #101, Downey, CA 90240

See FUNDING, page 8



Annual Great Clothing Give-Away tomorrow from 9 a.m. to 2 p.m.

Men's, women's, boy's and girl's clothing will be given away at the event. A free breakfast will also be served from 9 to 11 a.m.

Downey First Christian Church is at 10909 New St., one block north of Krikorian Theatres.

Coffee House series features church choir

• Christ Lutheran Church welcoming Rory Seldon and the St. Philip Lutheran Church Choir.

DOWNEY - Rory Seldon will perform with Inner Session and the St. Philip Lutheran Church Choir at the 3rd Sunday Coffee House at Christ Lutheran Church this Sunday at 6 p.m.

Seldon was born and raised in Los Angeles and grew up listening to a variety of music, including Stevie Wonder.

"I remember the first time I discovered he was blind," Seldon said. "He was being guided up to the stage to receive a Grammy for his album 'Songs in the Key of Life.' I remember asking my father, 'Why are they helping him up to the stage?' That album was a turning point for me. It is what inspired me to write songs."

Elect Dr. Shah to LA County Supervisor on June 3, 2008. Dr. Shah is not a politician but a doctor and medical expert for 40 years. Dr. Shah stands for equality of all and respect and dignity for all citizens. Help me to help you. www.drshah4laco-supervisor.com Committee to elect Dr Shah State ID # 1298002

Soon after, Seldon began playing the organ and piano at his church and formed a group called Intercession, which played at various functions and churches. The group expanded and later changed their name to Inner Session, playing for larger audiences. Although Inner Session is no longer active, Seldon continues performing with some of its members.

Seldon is currently the music director at St. Philip Lutheran Church in Compton. For more information on him, visit www.roryseldon.com.

Christ Lutheran Church is located at 7707 Florence Ave. in Downey.

For more information on the upcoming 3rd Sunday Coffee House, call (562) 927-4421.



See DUSD, page 8

Editorial Page 5 Friday, May 16, 2008

Letters to the Editor:

Global warming a lot of hot air Dear Editor:

I am writing in response to Henry Veneracion's "The ABC's of Global Warming" (The Downey Patriot, 5/9/08). I hope that my "carefully thought out and articulated" facts (not opinion) are carefully and thoughtfully considered by Mr. Veneracion and by your readers.

It has become very tres chic to jump on the "global warming" bandwagon in recent years, with various celebrities tooting their horns and beating their drums of destruction and so many of us just jumping into their parade and following along like rats of Hamlin. "If they say that man can halt this disturbing trend - this global warming - by cutting our carbon dioxide emissions, then it must be true!"

Here's a novel thought: Man cannot halt our global warming. Global warming is not manmade. Yes - all (or at least most) scientists can agree that the earth truly, is, warming. The disagreements that arise are, (1) that manmade hydrocarbons (carbon dioxide - CO2) are the cause of this global warming, and (2) that global warming is a bad thing.

Our planet has cooled and warmed thousands of times over the course of millions of years. The earth is currently emerging from a period known as the Little Ice Age, generally between 200-500 years ago. George Washington and his army were at Valley Forge during the coldest era in 1,500 years, but even then, the temperature was only one degree centigrade below the 3,000-year average! Thankfully, the earth is now emerging from its Little Ice Age. This warming corresponds exactly with increased solar activity. Solar activity and surface warming are closely correlated, but numerous worldwide measurements of world hydrocarbon use do not correlate to increased surface temperatures. Seven independent records - solar radiance; Arctic, Northern Hemisphere, global, and U.S. annual surface air temperatures; sea level; and glacial length - all exhibit three intermediate trends. These trends confirm one another. Solar irradiance correlates with all of these. Hydrocarbon use does not. The 650,000year ice core record provides empirical evidence that invalidates the hypothesis that hydrocarbon use correlates to global warming trends. It does not, but increased solar activity does! Since 1940, hydrocarbon use has risen six-fold. Yet this rise has had no effect on the temperature trends, which have continued their cycle of recovery from the Little Ice Age in very close correlation with increased solar activity.

Previous of the earth's Little Ice Age, the earth was experiencing a period known as the "Medieval Climate Optimum." During this period, temperatures were warm enough to allow colonization of Greenland (hence the name!). These colonies were abandoned after the onset of colder temperatures. Now, for the past 200-300 years, earth temperatures have been gradually recovering. Saragossa Sea temperatures are now approximately equal to the average for the previous 3,000 years and Greenland is once again, becoming green! Temperatures have been higher during much of the last three millennia than they are now, but historical record does not contain any report of "global warming" catastrophes. Human-produced hydrocarbons have also, not caused all of these warming periods!

In conclusion, yes, we are experiencing global warming, but no, human-produced hydrocarbons are not the cause of this warming. -Paula Mayfield,

Downey

Dear Editor:

I've wondered for a long time how Al Gore got on this "global warming" kick which, by the way, has downgraded to "climate change." It mystifies me that "they" didn't realize that since the beginning of time there have been climate changes. The Bible mentions droughts, famine because of the lack of rain, the Big Flood, etc. This all happened before we had inept politicians.

Before I go any further, please realize I want clean air to breathe. But I am getting a little weary of hearing about "green" and "global warming."

Finally, it dawned on me why Al Gore thinks we are having global warming. He doesn't fly commercial airlines. He and Tipper own five

Pride in the Rose Float

Dear Editor:

Congratulations to Miss Downey, Miss Teen Downey and their Courts, and to Mr. Downey also. It was my pleasure to attend the Downey Chamber of Commerce mixer held at the Woman's Club of Downey in celebration of the Woman's Club's 110th anniversary.

Gary DeRemer and our court chaperone are to be commended on the splendid job they do in guiding these beautiful young ladies and gentleman in their capacity as ambassadors for the Chamber. It was a joy to watch as they greeted everyone and helped with the festivities.

The Downey Rose Float Association, through its Miss Downey/Miss Teen Downey/Mr. Downey pageants, can certainly take pride in the contributions that their contestants make to our community.

– Doris Patterson,

Member, Woman's Club of Downey

The Water Savers of Maude Price Dear Editor:

This year the students in Room G-35 at Maude Price Elementary School decided to take on a huge challenge and enter a nationwide contest called "Disney's Environmentality Challenge." This contest involved the students coming up with an environmental issue and then deciding on a way to get the word out to make a difference. Our students chose "Water Conservation/Pollution."

The students divided into groups depending on their interests: researchers, writers, artists, performers, and prop managers. The researchers got right to work finding out all they could about ways to conserve water and some of the biggest issues regarding pollution. The artists made posters to place in classrooms and around the school, while the performers got right to work on a play to perform for the entire student body. The students wanted to put on an educational program to inform the students of the problems surrounding our water source.

The writers began writing letters to invite some very important guests, some of which include our principal, our local PTA, parents, the Superintendent, and our local newspaper, The Downey Patriot. After two months of hard work and some major dedication, the students performed their play, with some rave reviews by the staff, students, and parents! And, Disney sent out a camera crew to film our play, as well as interview the students and I. All in all, this was a fantastic experience, one that I am sure none of us will ever forget!

On Feb. 22, we sent off our hard work in the form of a much-labored upon portfolio and waited to hear if we were winners in the contest. The students and I went on spring break, came back from spring break and still no word. No one dared mention it, but we were all wondering. Then the suspense ended: on March 28, a Disney representative called and told us we were semi-finalists! My students roared with excitement and the Disney representative was so happy to hear their response that she thanked me for telling them while she was on the phone. We are now anxiously waiting for the day when Disney comes to Maude Price to present our class with a plaque and some other gifts for the students. This, I am told, will occur sometime this month or next.

-Cindy Winnor,

Room G-35 teacher, Maude Price Elementary School

Cooling down

Dear Editor:

After reading the "ABC's of Global Warming," (The Downey Patriot, 5/9/07) I agree there are various aspects, but many have revealed that the same people who are screaming "global warming" a few short years ago were also screaming about the ice age returning!

The report from NOAA last week reported "The average temperature in April 2008 was 51.0 F. This was -1.0F cooler than the 1901-2000 (20th century) average, the 29th coolest April in 114 years. The temperature trend for the period of record (1895 to present) is 0.1 degrees Fahrenheit



In our defense

Dear Editor:

I always look forward to Fridays. The week ends, we look forward to a couple days off, and The Downey Patriot is delivered. I love reading your newspaper. I believe that you do a great job and the fact that you are not perfect, like the "New York Times," suits me fine. ("April Fooled," 5/9/08)

In response to Brian Heyman: have you actually read the New York Times lately? "All the news that's fit to print." Ha! And bringing up Measure G again! Come on.

I will give you one thing, however. Labeling The Downey Patriot with the motto, "We'll print anything" serves you well, since they printed your letter!

– Diana Hansen, Downey

Added incentives

Dear Editor:

J. Navarro's letter was quite correct about the Lesterford property construction's being an eyesore - as are so many stalled Downey houses. ("Lesterford Eyesore," 5/9/08)

In some cases when there is a lot split or sub-division, then the city requires that the developer post a financial bond to ensure the completion of the project.

A simple extension of this philosophy could require that a time-constrained completion bond be posted before granting a building permit. Then the contractor and the bonding agent would have an added incentive to finish the job in a reasonable period, before the bond was forfeited and the project finished by some more-responsible enterprise.

— Hugh T. Hoskins, Downey

Remembering Chris

Dear Editor:

It saddens me to hear that our friend Christopher [Hamilton] is no

homes, and only in the last year has he gone solar on one of the five. I'm sure their homes require much heat and air conditioning.

Our own city hall was built before global warming, so it is exempt. However, one cannot help but notice that most of the public and government offices have cavernous open spaces to be heated and cooled.

In case one hasn't noticed, there are ever so many new two-story cement box houses being built (encouraged to do so by the City Building Department and some on the City Council) that have the same huge open space, which must be heated and cooled. I keeping hearing "green" all over the place, but this has somehow not been noticed - just slipped through the cracks. I was taught it grammar school that heat rises, thereby causing the use of more energy to heat the two-story open spaces.

The state of California is presenting a bill (I think to be voted on by the public) to charge 25 cents for every plastic bag at the grocery store. They say they have a problem with them clogging our rivers and lakes. First, we were told not to use paper bags because we cut down too many trees. Now, don't use plastic bags. When I asked one assemblyman's office why they didn't just ban their use if they're so bad, the reply was "well, we just want to give the people a chance to vote on it." My reply was, "no, they just want the 25 cents to cover their overspending." More hot air.

Every level of government, both state and federal and many cities, have spend like drunken sailors, but I don't want to insult the sailors, because they're doing something to serve our country.

Please be mindful that I want a clean planet, too. I just want a fair playing field that requires the rest of the world to do the same and those who are pushing this policy to "practice what they preach."

— Elsa Van Leuven, Downey

The Downey Patriot

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per decade."

I have had to chuckle the last few years, since every time there has been a large gathering planned to protest or to alert us about global warming, it has been snowed out! I wonder if God in His wisdom is also showing us His sense of humor, at some thinking they can control the earth and the climate.

Weather has always been cyclical and it continues to be cyclical.

I believe that we should all be good stewards of our earth, but also believe that far too many people go way too far in attempting to control it. Many now believe that the over emphasis on controlling the burning of fossil fuels, has caused a drought in the rainforest in the Amazon region, since the carbons we have greatly decreased reflect the heat away from the earth, they are now being reflected toward the earth.

We need to be wise, and cautious in the steps we take, for they just may be going in the wrong direction.

— Maggie Allen,

Downey

Common form of health care

Dear Editor:

Mary Rieser's commentary, "Prescription Drugs Cause More Harm Than Good" (The Downey Patriot, 5/2/08), could not be further from the truth. The fact is, it is well known that medicines are one of the most costeffective forms of health care available today. Covering a wide range of medical conditions and diseases, they often help to drive out the cost of surgery and hospitalization by stabilizing patients so that they do not progress to full-blown disease status that might require more drastic, more expensive measures.

If anything, we should be worried about the diseases that don't get diagnosed and properly treated. Patients in America only receive about half of the care that is recommended for them, according to a 2003 study by RAND Health. Another RAND study published by the Annals of Internal Medicine found that half of all quality problems detected in the use of medicines can be attributed to under-use compared to only three percent that can be accounted for by over-use of medications.

Rieser's negative references to direct-to-consumer (DTC) advertising of medicines clearly do not take into account a Prevention Magazine survey that found that 29 million Americans talked to their physicians for the first time about medical conditions after seeing an advertisement. What's more, in most cases, the survey shows that doctors involved spent considerable time discussing behavioral and lifestyle changes with the patients. In a Food and Drug Administration survey, 73 percent of 500 doctors polled said DTC ads helped patients ask thoughtful questions.

-Ken Johnson,

Senior Vice-President, Pharmaceuticals Research and Manufacturers of America

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

longer with us. ("Wrong Place, at the Wrong Time," 5/9/08) I was an employee at Arc for many years. While being employed there, I got to know Chris. He was a true friend to others and was a great worker.

One thing that you left out of the article is that Chris was also placed in a job at Warren High School for many years. He was in a janitorial crew with three others. For many years, Chris always carried a smile and never complained about cleaning. His focus remained steady and he always had good work ethics. His trainers always had good things to say about him not only the trainers from Arc, but also those that worked in the cafeteria and janitorial ground duties at Warren.

One of Chris' joys was talking about the Lakers. This is when Chris would light up and would let go of everything he was doing and begin to talk about their games and how much he and his mother enjoyed watching them. One of his favorite places to be was Stonewood Center. He enjoyed walking and seeing other people. He talked about how much he loved his mother and how his sister was growing up.

Chris was a person who knew the true meaning of love. I pray for his family and I pray that the police catch whoever did this. My condolences go to the family and to all those consumers who will miss him. Chris will always be in our hearts. He not only was an angel while on earth, but now an angel in heaven.

 Celia Montes, Downey

A partial list of errors

Dear Editor:

Some things that would demonstrate weakness, incompetence and wimpiness on the part of the president of the United States:

•Gas Prices.

•The dollar.

•Iran thumbing its nose at the international community.

•North Korea thumbing its nose at the international community.

•Burma thumbing its nose etc.

•The deficit.

•Housing crisis.

•Hamas winning Palestinian elections and taking over Gaza following failed U.S. directed coup.

•Bin Laden still partying in his cave like it was Sept. 10, 2001.

•The Taliban doing the same in Afghanistan.

•Pakistan cutting deals with above.

•Failure to pass president supported immigration bill.

•Vice-president actually running the country.

•Botched prosecution of supposed terror cell in Miami of Joseph Pedea.

•Add your own to this partial list.

Sadly, this is only a partial list of Bush's failures and incompetence in office during the last seven-and-a-half years. But if you are happy with the U.S. dollar being worth less than the Canadian dollar, and gas at \$4 per gallon and saddling your grandchildren with a \$9 trillion deficit, then this probably doesn't matter to you.

-Gary Philippi,

Downey

Page 6 Friday, May 16, 2008 Comics/Crossword ______ The Downey Patriot



the decode the elected YOU HAVE HAD MANY PAST LIVES, BUT THE LAST EIGHT HAVE ALSO BEEN AS A CAT. RAVE WE WANT TO GO AGENCY SOMEPLACE TOURISTY THAT NO ONE ELSE KNOWS ABOUT. п. 1A i went out into the World Alone to see what I was made of, and now i Wish I didn't know.

Downey Community Calendar

Events For May

Fri. May 16 - Sun. May 18: All American Festival, St. Raymond's Catholic Church Sat. May 17: Armed Forces Appreciation Day, Calvary Chapel Christian School, 2 p.m. Mon. May 19: Newcomers' Fashion Show, Rio Hondo Event Center, 10:30 a.m. Thurs. May 22: "Three for the Show," Barbara J. Riley Community & Senior Center, 7:30 p.m.

City Meetings

1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library. 1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall. 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall. 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall. 2nd & 4 th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber. 2nd & 4 th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall. 3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786. 6:30 p.m.: Overeaters Anonymous, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786. 1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790. 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481. 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159. 3rd Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053. 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 862-6666.

Tuesdays

9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439. 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422. 9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153. 12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400. 12 p.m.: Exchange Club of Downey, at Sizzler, for information call Don Hollister at 927-5871. 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 928-2658. 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478. 7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659. 7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802. 2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox. for info. call (562) 923-2191. 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square. for information call (562) 927-6438. 2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904. 3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106. Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

<u>Wednesdays</u>

7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626. 1 p.m.: Women's Bocce Club, for information call 869-8782.

1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618. 1st Weds., 11:30 a.m.: Downey Coordinating Council, at Community Center, for information call 923-4357. 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028. 1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386. 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132. 2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197. 2nd Weds., 11:45 a.m. - Downey Christian Women's Club, at Los Amigos CC, Call 927-8488. 2nd & 4th Weds., 11:00 a.m. - AARP, at Barbara J. Riley CC, Call Lorene Frazier 861-6075. 3rd Weds., - Downey Dog Obedience Club Apollo Park.

3rd Weds., 6 p.m. - American Business Women's Association, Rio Hondo Country Club, Call Barbara Carlson 863-2192. 4rth Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513. Wed.& Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

Thursdays

7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534. 7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414. 12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971. 12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153. 12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655. 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677. 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176. 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388. 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777. 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

May 16, 1770: Marie Antoinette, at the age of 14, marries the future King Louis XVI of France. **1920:** Joan of Arc is canonized in Rome.

n This Day...

- **1929:** Hollywood's Roosevelt Hotel hosts the first Academy Awards.
- 1946: "Annie Get Your Gun" opens on Broadway.
- **1990:** Entertainer Sammie Davis Jr dies of complications from throat cancer. He was 64.
- 1990: Jim Henson, creator of "The Muppets" and "Sesame Street," dies. He was 53.
- **2006:** "Survivor" reality show winner Richard Hatch is sentenced to more than four years in prison
- for failing to pay taxes on his \$1 million prize money.

Fridays

7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

<u>Sundays</u>

3rd Sun. Odd # Months 1:30 p.m.: Aerospace Legacy Foundation, at First Baptist Church Room 120.

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		b	y Shirley Soloway		
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19	Fictional Christie		the Pyrenees		According to
20	Cote d'	95	Holly Golightly's		schedule
	(French Riviera)		creator	14	Ruin
21	"In other words"	97	Computer fodder	15	Justice or
22	Became ashen	99	Ukraine's capital		temperance
23	Little Sprout's friend	101	Infiltrator		Jai
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	Oklahoma! character		Nevada city		Road curves
59	Walt Disney's		Elves' boss		Pinnacle
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	One of the Three Bears	134	Clancy character	47	Baserunner's
1000	Fish house entrée	135	Fridge foray	E1	destination Wobble
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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

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PUZZLE PRIZE CONTEST! Try Stan Newman's WordWit Puzzle™ at www.StanXwords.com



Bryan McLain, a 2004 graduate of Downey High School, will marry Jordan Roberts on June 20 in Medina, Ohio. McLain is the stepson and son of David and Cynthia Hampton of Downey and son of Steven McLain of Brea. He will be graduating from Oberlin College in Ohio with a degree in biochemistry. Roberts is the daughter of Harry and Patricia Roberts of Bethel Park, Pa. She is a music major at the **Oberlin College Conservatory.**

Author luncheon scheduled June 7

DOWNEY – The public is invited to the Friends of the Downey City Library's annual meeting and author luncheon on June 7 at the Rio Hondo Event Center, where guest author D.J. Waldie will discuss his highlyacclaimed book, "Holy Land: a Suburban Memoir," which tells about living in Lakewood.

The dean of the Harvard School of Architecture used "Holy Land" as a textbook in his classes on the history of American cities. Waldie will have copies of his book available for purchase and signing at the event.

Two residents walk at Azusa Pacific

AZUSA - Two Downey residents joined more than 1,200 graduates at the spring commencement ceremonies held May 3 at Azusa Pacific University.

Janie Lee Olds graduated with a Doctor of Education in Educational Leadership while Brianne Ashley Huff earned a Bachelor of Arts in Psychology.

Azusa Pacific is a Christian university with a student population totaling more than 8,100.

Warren announces band camp dates

DOWNEY - The Warren High School Band and Color Guard will be hosting band camp Aug. 11 - 15; Aug. 18 - 22; and Aug. 25 - 29.

The camp is mandatory for all students participating in band or color guard. The camp will take place at Warren.

The Warren Band and Color Guard will also host a preview concert on Aug. 29 at 7 p.m. at Justice Stadium.

The community is invited to attend and will get a preview of the 2008 field show, "Winter Sketches."

For more information, call Band Director Dave Niemeyer at (562) 869-7306.

Ezra Center discusses insomnia

DOWNEY - The Ezra Center for Mature Adults will feature Jan Brady of Rancho Los Amigos National Rehabilitation Center's gerontology program at their meeting this Tuesday at Temple Ner Tamid of Downey.

Brady is a staff physician and will discuss, "How Well Do You Sleep at Night? Could You Be Suffering From Insomnia?"

Registration and refreshments begin at 9:45 a.m., followed by the program at 10 a.m. A catered Kosher luncheon will be served after the program. Cost of lunch is \$6 for Ezra members and \$7 for non-members. For more information, call Miriam Brookfield at (562) 943-3170.

Watercolor artist is guest demonstrator

PARAMOUNT - Watercolor artist and oil painter Douglas Castleman will be the guest demonstrator at this Sunday's joint meeting of Downey Art League and the Traditional Artist's Guild of Paramount. The meeting starts at 2 p.m. at Progress Park, 15530 Downey Ave., in Paramount.

In addition to painting, Castleman, 49, is also a freelance illustrator and graphic designer. He is a member of several art associations, including the Los Angeles Society of Illustrators and the American Society of



The Downey Association of Realtors (DAOR) recently awarded four graduating seniors with a \$500 scholarship. Pictured are, left to right, Helen Lancaster, scholarship chairperson; Liliana Flores, Columbus High School; Brenda Perez, Downey Adult School; Ashley Eichen, Downey High School; Kasim Idrees, Warren High School; and Nubia Aguirre, DAOR president.

Class of '58 reunion Oct. 11

DOWNEY - Downey High School's class of 1958 will celebrate their 50-year reunion Oct. 11 at the Long Beach Yacht Club.

A Downey Sports Reunion will be held the previous night, Oct. 10, at the Embassy Suites in Downey.

For more information on the sports reunion, e-mail lashrffox@mac.com.

Class of '78 reuniting after 30 years

DOWNEY - The Downey High School Class of 1978 will celebrate their 30th reunion on Sept. 20.

For more information, visit www.dhs1978reunion.com, call Mike Schroeder at (714) 597-9300, or email Marlene Puch Masone at mtmyl@msn.com.



The Downey Patriot

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DUSD: Presentations part of regular Tuesday board meeting.

Continued from page 4

and the ROP technicians," and sees nothing but a bright future for DUSD's Career and Technical Education (CTE) program.

In other action, the Board: •Accepted with gratitude cash and in-kind donations from various donors, including cash donations of \$5,200 from Carpenter Elementary School PTA, to be used at Carpenter for student field trip expenses; \$5,000 and \$5,000 and \$3,500 from the Mary R. Stauffer Foundation, to be used respectively for Pursuing Victory with Honor coaches' training, and in support of the supplemental Character Counts program;

•Authorized the payment of expenses for convention and conference attendance;

•Ratified payments for Special Education services;

•Approved the proposed revisions to AR 3111, Regular School Calendar;

•Approved the designations of the principal and the athletic director of Downey and Warren High Schools as representatives to the San Gabriel Valley League;

•Approved the revisions to the Downey Adult School 2006-07 Site Block Grant Expenditure Plan;

•Ratified purchase orders by the Purchasing Department;

•Ratified payments for hourly, overtime, and Civic Center work performed by classified personnel, Adult School, and Food Services for the month of March;

•Ratified B warrants for payment of authorized purchase obligations incurred by law or district policy for April;

•Ratified the agreement between the Downey Adult School Career and Education Center and Clinica Medica Hispana to furnish practical experience to students enrolled in the Medical Assistant program;

•Approved the MAA-LEA agreement with Paradigm Services, to provide services to the District in determining Medi-Cal eligibility;

•Approved the agreement with Quintessential School Systems (QSS) for services and support of the Student Data Information System, effective July 1, 2008 through June 30, 2009;

•Ratified the amendment to the contract for WorkAbility Program/Regional Occupational Program with the Los Angeles County Office of Education, effective Jan. 9, 2008 through June 30, 2008:

•Approved the Memorandum of Understanding establishing a special hourly summer school rate for Speech and Language pathologist(s) for the 2007-08 school year;

•Authorized the advertisement for bids for improvements and repairs to concrete areas, in the estimated amount of \$500,000;

•Authorized the advertisement for bids for the Warren High School modernization, Portion Two, to furnish and install food service equipment for the cafeteria:

•Awarded the bid for the printing and delivery of the Downey Adult School Schedule of Classes for the 2008-09 school year, to Creel Printing Company of California, Inc., Costa Mesa, in the amount of \$61,807.50;

•Approved the change orders with various vendors, involving vision care services, speech-language pathology services, and plumbing services;

•Accepted as complete concrete, electrical, roofing, fencing, and backhoe work performed by various vendors; •Approved the adjustments to the General Fund restricted and unrestricted budgets, as well as to the 2007-08 Adult School restricted budget;

•Acknowledged the receipt of a claim submitted by Dixon & Daley, LLP, on behalf of Andrew Camarena, a minor, and denying the claim in compliance with Government Code, Section 911-15 and 945;

•Approved routine Personnel items until subsequent action is taken by the Board of Education;

•Ratified the establishment of one new limited-term position, assigned to Alameda Elementary School;

•Approved the changes to the duties of the Data Processing User Services Technician;

•Adopted the resolution on the Classified School Employee Week;

•Reviewed the proposed changes to AR 8510, the Schedule of Regular Board Meetings for 2008-09;

•Approved the "minimal" increase in student lunch prices for the 2008-09 school year;

•Reviewed the proposed revisions to BP 3112 regarding Length of School Day;

*Authorized the Declaration of Need for fully qualified educators for the 2008-09 school year; and

•Endorsed the actions taken by the Superintendent on student cases.

The next regular meeting of the Board will be held at 5 p.m. on Thursday, June 5 instead of the usual Tuesday schedule, at the Gallegos Administration Center, 11627 Brookshire Ave.

The Board of Education conducts its annual retreat on Thursday, June 26 starting at 10 a.m.



Assemblyman Hector De La Torre, center, with winners from the 7th Annual Southeast Student Film Festival.

Warren students take share of prizes at film festival

DOWNEY – Warren High School students fared well at the 7th Annual Southeast Student Film Festival, beating out hundreds of films submitted by students throughout southeast Los Angeles County.

"This year, the festival had the most entries ever," said Assemblyman Hector De La Torre, who helped sponsor the event. "We had 145 films submitted from over 11 high schools in the 50th Assembly District. It is great to see the outstanding interest from students who want to aspire to become our future producers, writ-

ers and filmmakers."

For nearly a decade, the festival has provided students in the region the opportunity to showcase their films in front of a live audience. Funds were awarded to students as a scholarship to further their high school's film and video programs.

Over 250 students and their families were invited to see the finalists' films at the Edwards 20 Cinema at El Paseo in South Gate last weekend.

This year's winners are:

Drama category (winner): "Inception," by Warren High School students Daniel Urbina, Erin Langford, Hailey Fierro, Bertch, Dakota Stanley and Danny Lopez.

Comedy category (honorable mention): "La Cantina" by Warren High School students Cesar Vasquez and Jessica Rico.

Commercial category (honorable mention): "Car Commercial" by Warren High School students Juan Estuvier and Dakota Stanley.

Commercial category (tied for winner): "Where Amazing Happens" by Warren High School students Michael Abdalaal and Dakota Stanley.



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- > Norwalk Metro Rail Station
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Funding: Monies go to various non-profit organizations.

Continued from page 4

A five-year Consolidated Plan has meanwhile been prepared by the city, in 2005, which established general policies and objectives for the use of these federal HUD funds. This, says Housing Manager Ed Velasco, has served the city well, as it has acted as a thermostat for funds apportionment.

This year staff has proposed to HUD that B&H be allowed to move up the priority for activities that address and eliminate blight conditions in certain portions along the city's Downey Redevelopment Project Area corridor.

In sum, the Action Plan will address the following concerns in the coming year: property improvement/preservation (including housing/neighborhood improvement, the Paint & Fix-Up program), an assist to code enforcement, housing assistance, capital improvements (the Community Center exterior painting), and the familiar public service programs (TLC, Aspire, Arc, etc.).

Additional information about these programs is available at B&H's offices, (562) 904-7144 and (562) 904-7167.

In other action, the Council: •Approved the appropriation in

the amount of \$180,000 to fund 9 additional home improvement loan projects in the pipeline from the Community Development Commission Housing Set-Aside funds Housing Rehabilitation Loans;

•Approved the renewal of the agreement with Graffiti Tracker, Inc., whose services are addressed at reducing graffiti vandalism in the city; for the past two years, Graffiti Tracker, Inc. has been providing the Police Department with intelligence and/or analysis of a) the most active graffiti vandals, and b) where graffiti most often occurs; from this and other information, the department will be enabled to formulate methods of enforcement;

•Approved the extended agreement with All City Management Services, Inc. for crossing guard services;

•Approved the use of the show mobile by Downey Unified School District for its American Cancer Society's Relay for Life event on June 7 and 8, to be held at Columbus High School; the event honors cancer survivors and families that have lost loved ones to cancer; communities across the country hold similar events to "raise awareness and fundraise" for the American Cancer society;

•Approved a professional services agreement with Tierra West Advisors in the amount of \$15,990 for consulting services related to the redevelopment of the central portion of the former NASA site;

•Authorized the payment of \$180,461 to Southern California Edison Company for Underground Utility District No. 23 – Rule 20B, to facilitate the undergrounding of the SCE facilities along Lakewood Blvd from approximately 350 feet south of Gardendale St. to approximately 550 feet south of Dalen St.;

•Appropriated \$33,500 from the Civic Center Fund for the replacement of the police station air conditioning unit No. 4;

•Approved the specifications and granted authority to advertise for bids for the repainting of the exteriors of the various buildings at the Barbara J. Riley Community & Senior Center;

•Adopted a resolution approving the destruction of certain obsolete records (that are no longer required and are in compliance with established retention requirements) of the Police Department;

•Adopted a resolution establishing a "No Stopping Anytime" prohibition at two locations on the west side of Lakewood Blvd. between Third St. and Firestone Blvd.;

•Adopted a resolution to establish a vehicle height parking restriction of 7 feet from 6 p.m to 6 a.m. daily, on both sides of Everest St. between Benedict St. and Woodruff Avenue;

•With some modifications approved the general outlines of a Neighborhood Traffic Calming Policy, the topic tabled for further discussion;

•Kept open the discussion on a written policy drafted by the city attorney on mayoral rotation;

•Heard presentations on: 1) the city's getting the 2007 Phoenix Award, given in Detroit, Mich. for its revitalization project of the former NASA/Downey Industrial Plant; and 2) recognition for Lois Buchanan as Assemblyman Hector De La Torre's 2008 Woman of the Year from Downey; and

•Proclaimed May 18-24 National Public Works Week, and the month of May 2008 as Older Americans Month.

The next regular public meeting of the City Council will be at 7:30 p.m. on Tuesday, May 27 at City Hall, 11111 Brookshire Ave., Downey.



The Downey Patriot _____ Dining/Entertainment Page 9 Friday, May 16, 2008

Theatergoers rejoice: season schedule released

COSTA MESA - The Orange County Performing Artscenter has released their 2008-09 season schedule, which includes family acts, a cabaret series, musicals, dance numbers, and Broadway productions.

Selected performances are highlighted below. A complete schedule can be found online at www.ocpac.org.

Broadway "The Color Purple" - Nov. 18-30, 2008 "Avenue Q" - March 31 - April 12, 2009 "Grease" - April 28 - May 10, 2009 "Chitty Chitty Bang Bang" - July 7-19, 2009 "Fiddler on the Roof" - Aug. 11-23, 2009 "Legally Blonde" - Sept. 8-20, 2009

Curtain Call Series "Cats" - Dec. 16-21, 2008 "Stomp" - Jan. 6-11, 2009 "The Rat Pack" April 14-19, 2009 **International Dance Series** Kirov Ballet - Oct. 7-12, 2008 San Francisco Ballet - Nov. 11-16, 2008 Compania Flamenco Jose Porcel – Dec. 11-14, 2008 Eifman Ballet of St. Petersburg - May 20, 22-24, 2009

St. Raymond's Festival this weekend

DOWNEY - The St. Raymond's All American Festival will take place this weekend.

The weekend will include entertainment, games, food, and raffles. Hours are tonight, 6 – 10 p.m.; tomorrow, noon – 10 p.m.; and Sunday, noon – 6 p.m.

For more information, or if interested in sponsoring the event, call Dianne Pacheco at (562) 889-3816, or email Diannep3@yahoo.com.

Newcomers Club strut their stuff

DOWNEY - The Downey Newcomers Club will present their "Hats Off to Fashion" on Monday at the Rio Hondo Event Center. Doors open at 10:30 a.m.

The fashion show is the club's major fundraising event of the year. The club receives contributions from local merchants to raffle as door prizes, and all proceeds go to the club's scholarships for the three local high schools.

The fashions will be from Stein Mart and the models are the club's own members of Karen Davis, Barbara Emry, June Ferguson, Ellie Harrington, Melvelene Martin, Estella Mendoza and Jeanne Henson.

For tickets, call Melba Willbanks at (562) 862-2799.

Historical Society presents three films

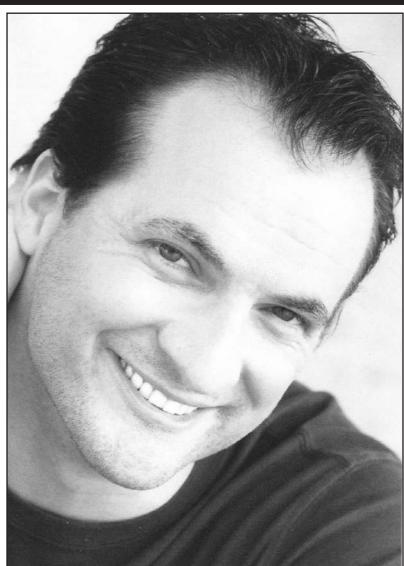
DOWNEY - The Downey Historical Society will present "Three for the Show" on Thursday at 7:30 p.m. in the John Downey Room at the Barbara J. Riley Community & Senior Center.

The evening will include a 1938 travel film titled, "California Picture Book"; a viewing of "Manufacturing Competence," which ventures through the wiring and construction of the very first digital computer; and a showing of "The Towers," a tour of the Watts Towers provided by the designer and builder, Simon Rodilla.

For more information, call (562) 862-2777.

Bocce Club looking for new members

DOWNEY - The Downey Bocce Club invites the community to join their group throughout the week at the Barbara J. Riley Community &



August Stoten, a veteran of musical theater throughout Southern California, will return to the Downey Civic Light Opera as Lycus when "A Funny Thing Happened on the Way to the Forum" opens at the Downey Theatre on May 29. Stoten last appeared as Jud Fry in "Oklahoma!" Tickets to see "Forum," which plays through June 15, are available by calling (562) 923-1714.

Gifts can make Grad Night special

DOWNEY - The Warren High School Grad Night Committee is soliciting donations for their 20th annual Grad Night, this year scheduled to take place June 19.

Gift certificates, merchandise and/or monetary gifts will help provide Warren students with a supervised outlet to celebrate their graduation. Their theme this year is "A Magical Night."

Gift can be sent directly to Warren High School in care of Grad Night 2008. The Grad Night Committee is a non-profit organization. Their tax I.D. number is 95-6006586.

For more information call Reggie Donahue at (562) 756-2427.

Woman's Club luncheon June 8

DOWNEY - The Woman's Club of Downey will host their 110th Anniversary Celebration Luncheon on June 8. Tickets are \$30 each; a table of 10 is \$300.

The reception starts at 1 p.m. followed by lunch at 2. The luncheon will include entertainment and prizes.

To attend, send in your payment to Woman's Club of Downey, 9813 Paramount Blvd., Downey, 90241.

Playhouse offers summer youth workshop

Adult education program offers free acting classes

NORWALK - The Cerritos College Older Wiser Learner (OWL) Program is now offering two new acting classes.

The "Acting for Commercials and TV" class offers tips for working in the world of television and commercials. The class explores all aspects of the industry, from getting an agent, headshots and auditioning skills, to working on a set and taking directions. The class meets every Thursday 10 a.m. to noon at the Activity Center in La Mirada, located at 13810 La Mirada Blvd.

The "Acting for Stage plus Overcoming the Fear of Public Speaking" class helps students to be a more effective communicator and develop a better appreciation of theatre and the performing arts. The class will focus on exercises to effectively cure public speaking fears and the opportunity to work with short scenes from contemporary playwrights from the American theater. The class meets every Tuesday from 10 a.m. to noon, also at the Activity Center in La Mirada.

Classes are free and are open enrollment classes accepting students at any time. For more information, contact Sally Greer at (562) 860-2451, ext. 2489.



Senior Center.

Men meet on Tuesdays, Thursdays and Saturdays at 10 a.m. and women meet on Wednesdays at 1 p.m.

For more information, call Pat Rooney at (562) 923-5352.

Library planning trip to museum

DOWNEY - The Downey City Library is organizing a June 28 trip to the Bowers Museum in Santa Ana.

The museum features the Terra Cotta Warriors, guardians of China's First Emperor. A docent-lead tour of the museum will be included.

Cost for the trip is \$22. Register in the Friends' Shop inside the library or call (562) 904-7360, ext. 132.

Dance studio offering free class

BELLFLOWER - Gretel's Dance Studio in Bellflower is offering a free class on "choosing the right dance studio" May 28 from 5 to 6 p.m.

The class will demonstrate the types of exercises that should be a part of every dance class so parents can make a better decision when choosing a studio for their child.

Gretel's Dance studio is at 9439 Somerset Blvd. For more information, call (562) 745-5869.

'My Fair Lady' coming to OC

COSTA MESA - The award-winning production of "My Fair Lady" will visit the Orange County Performing Artscenter June 4-15.

The new production was hailed by the London Daily Mail as, "The revival against which all others will be measured," while the London Daily Telegraph called it "Probably the greatest musical of all time."

Tickets to "My Fair Lady" are \$20 to \$75. Tickets are available by calling (714) 556-2787 or online at www.ocpac.org.

rikorian heatres

Times for Friday-Wednesday, May 16-21, 2008

Bargain Matinee ()

ALL STADIUM SEATING

nce ticket sale

LONG BEACH - The Long Beach Playhouse is offering its 24th Annual Summer Youth Workshop in acting, music and dance for youth ages 7 – 16, June 30 – Aug. 1.

Enrollment is limited to 60 students. Acting classes include improvisation and scene study; dance classes consist of musical comedy dance techniques; and music classes include vocal projection, enunciation, song preparation and performance.

Classes will be held at the Long Beach Playhouse, 5021 E. Anaheim St. in Long Beach, Mondays, Wednesdays, and Fridays from 9 a.m. to noon.

Workshop brochures and applications are available by calling (562) 494-1014, ext. 501, or by downloading the form at www.lbph.com.





Firefighter Dallas Jones succumbs to lung cancer

DOWNEY – Longtime Downey resident and Los Angeles County firefighter Dallas Jones passed away on May 10. He was 64.

Jones, who served 32 years with the Los Angeles County Fire Department and Local 1014, passed away following a battle with lung cancer.

Half of his 32 years as a member of Local 1014 were spent as its president. While president, Jones served the first two tenures as California Professional Firefighters (CPF) Secretary-Treasurer, a position he held from 1994-99. During

that time, he also served on the State Board of Fire Services, and as vicepresident of the California Labor Federation and the Los Angeles County Federation of Labor.

In 1999, Jones was asked by Gov. Gray Davis to serve as the director of the Office of Emergency Services, where he got to direct the state's response to numerous natural and manmade emergencies.

In 2004, Jones was re-elected as CPF Secretary-Treasurer, a post he held until his passing.

"Dallas Jones died as he lived – serving his brother and sister firefighters," said CPF President Lou Paulson. "His contribution to our profession is unsurpassed. He has rightfully earned the gratitude of every man and woman on the front lines."

Gov. Arnold Schwarzenegger has ordered that Capitol flags be flown half-mast in Jones' honor.

"Dallas Jones' legacy as 1014's president, and what he meant for us all in the fire service, is beyond a simple summary," said Dave Gillotte, Local 1014 president. "[Jones] took this membership to levels of unity, safety, compensation, recognition, and accomplishment that no other man could have done. He was our leader, our mentor, and our friend. His passing is a deep loss for all of us."

A viewing will be held Monday from 4 to 9 p.m. at Forest Lawn Memorial Park in Cypress. A memorial service will be held Tuesday at 10 a.m. at Calvary Chapel of Downey, located at 12808 Woodruff Ave.

Virginia Beebe was a longtime resident

DOWNEY – Virginia Beebe, Downey resident since 1956, passed away on May 8. She was 90.

Beebe was born on March 4, 1918 and moved to Downey with her husband, Joe S. Beebe, in 1956.

She was preceded in death by her husband.

She is survived by her sister, Lucile Taylor of Salem Ore.; children, Margaret (Bill) Giles of Tulsa, Okla., Steve Beebe of Eugene, Ore., and Patricia Deutsch of Susanville, Calif.; nine grandchildren; and eight greatgrandchildren.

A viewing will be held Monday from 6 to 8 p.m. at Rose Hills Memorial Park, followed by funeral services Tuesday at 1 p.m., also at Rose Hills. Both services will take place in the Rainbow Chapel, Gate 17.

Calvary Chapel honors Armed Forces

DOWNEY – Calvary Chapel Christian School is honoring the men and women of the Armed Forces at their Armed Forces Appreciation Day tomorrow from 2 to 5 p.m.

The day will honor the men and women involved with the Army, National Guard, Air Force, Navy, Marines, and Coast Guard.

Cialist



Congresswoman Lucille Roybal-Allard (CA-34), fourth from right, was given the 2008 Distinguished Community Health Defender Award by the Community Clinic Association of Los Angeles County on behalf of the National Association of Community Health Centers.

Roybal-Allard recognized for progress in health care

WASHINGTON, D.C. – In recognition of Congresswoman Lucille Roybal-Allard's longstanding advocacy on behalf of community health care clinics and the uninsured, the Community Clinic Association of Los Angeles County, on behalf of the National Association of Community Health Centers, presented the congresswoman with its 2008 Distinguished Community Health Defender Award for her "commitment to strengthen and preserve access to quality health care for America's medically underserved."

The national organization also recognized the congresswoman three times previously with its 2007 and 2005 Distinguished Community Health Defender Awards and its 2000 Distinguished Community Health Champion Award.

From her seat on the Labor, Health and Human Services and Education Subcommittee of Appropriations, the congresswoman advocates on behalf of the federal funding needs of the community clinics and health centers. The independent not-for-profit providers of comprehensive primary health care services serve the working poor, the uninsured, medically high-risk and vulnerable populations, regardless of a person's ability to pay.

Congested noses get help from laser

LAKEWOOD – Almost everyone knows what it feels like to have a stuffed-up nose, often accompanied by a headache in the area around the eyes, nose and temples. People with allergies are especially prone to these symptoms. They are signs of rhinitis and sinusitis, two very common medical problems, It is estimated that up to 40 million American adults and children have one or both of these conditions.

People who have a chronically congested nose but who aren't helped by allergy treatment may benefit from a laser procedure aimed at reducing nasal tissue. The procedure – laser-assisted turbinate reduction (LATR) – uses a laser to reduce the size of the turbinates, the soft-tissue projections with a bony center in the nose.

"This is an efficient way of treating something that's reasonably common," said Martin Garcia, M.D., a board-certified ear, nose and throat specialist who performs the outpatient procedure at Lakewood Regional Medical Center. "People may have nasal congestion because of a physical obstruction like a deviated septum or nasal polyps. They may suffer from a condition called rhinitis, an irritation or inflammation of the nose." Rhinitis causes the turbinates to become congested and swell so that it is difficult to breathe through the nose. Rhinitis may be caused by allergies, but it can also result from temperature changes, weather changes, stress, fatigue, hormonal changes or medications. "Turbinates will congest and swell due to a lot of things, some of which are treatable," Garcia said. "For instance, people who have allergies should be treated appropriately for that allergy." Those whose rhinitis can't be treated may benefit from the LATR procedure.

DRMC looking for disaster drill volunteers

DOWNEY – Downey Regional Medical Center (DRMC) is seeking volunteers to participate in a disaster drill on June 4 from 7 a.m. to 2 p.m. The drill will take place at DRMC's campus, 11500 Brookshire Ave. in Downey.

Hospitals must be prepared to respond to natural and manmade mass casualty incidents that may cause sudden demands on services. Disaster drills help train employees and test aspects of a hospital's response in the event of a disaster. By conducting an annual disaster drill, DRMC is able to identify specific areas for improvement and promote continuing efforts to strengthen hospital disaster preparedness.

Approximately 75 volunteers are needed to portray disaster victims who may be severely ill or injured. Volunteers are asked to wear old clothing and will be asked to sign a consent form acknowledging their permission to participate and to take their picture for training purposes. Parental consent forms are required for any minors participating. A continental breakfast and lunch will also be provided.

To participate, call DRMC's Education Department at (562) 904-5580.

Stonewood hands out 500 goodie bags

DOWNEY – Stonewood Center kicked off its partnership with "Step Out Step Up," an organization dedicated to strengthening community resources for women and girls, on May 8 by assembling 500 wellness bags for female cancer patients.

More than 100 local women, including volunteers from Soroptimist International of Downey, came together to stuff the bags with goodies from Borders Express, Daniel's Jewelers, Macy's, JC Penny, and Ziba Beauty. The event was part of a one-day effort by Stonewood Center and its 72 sister shopping centers throughout the country to create more than 30,000 wellness bags for women cancer patients nationwide.

"This event has made me feel better and adds to my strength," said Sandra Lerma, who is currently undergoing treatment for cancer. "It makes me happy and makes my mom happy to see all these people supporting women with cancer and supporting me."

Those who volunteered were also treated to samples from Elizabeth Arden at JC Penny, Henna tattoos from Ziba Beauty, and refreshments from Acapulco and Mrs. Field's Cookies. The Susie Hansen band also provided entertainment for the event.

The dangers in drinking water

CONTRIBUTED BY SHARON GUYNUP

own your eight glasses of water a day and chances are, you are also "self-prescribing" minute amounts of various prescription drugs, including those used to treat infection, epilepsy, mental illness, heart problems – even those used to prevent pregnancy.

Last month an investigative report from the Associated Press (AP) revealed that public drinking water in at least 24 major metropolitan areas – from Southern California to northern New Jersey – is tainted with multiple drug residues.

Of those, Philadelphia's water was most contaminated, harboring a mix of 56 different medications. Twenty-eight of 35 tested watersheds also carried pharmaceuticals. At least 41 million Americans are drinking drug-laced water.

The federal government doesn't require testing for drugs in drinking water, and sets no limits for safe levels. And while some water suppliers screen for drugs, they rarely tell customers what they find.

How do we end up drinking each other's drug? As a nation, we pop pills for every imaginable malady – to the tune of 3.7 billion prescriptions in 2007 – and our medicine cabinets overflow with over-the-counter remedies. These drugs are not fully metabolized in our bodies: some residues

9 unit and an ice-carving team, who will carve 300-pound blocks of ice.
 9 For more information, call (562) 803-4076, ext. 218.

Seminar discusses problems at the pump

NORWALK – Cerritos College is offering a one-night seminar on the rising cost of fuel titled, "Fuel Prices: What can you do?," on Wednesday from 7 to 9 p.m.

The seminar will explore the latest regarding energy and transportation, the pricing of petroleum, gas prices and how you can ease the crunch on your pocketbook. Also joining in the seminar will be an expert from CALSTART, a private organization dedicated to clean, renewable energies and increasing energy efficiency. Cost for the evening is \$10.

The seminar will take place in Auto Technology AT-26B at Cerritos College, 11110 Alondra Blvd. in Norwalk.

For additional information, call (562) 467-5050, ext. 2521, or visit www.cerritoscommunityed.com.

Rory Seldon with InnerSession & St. Philip Lutheran Choir to Perform Contemporary Gospel Music at 3rd Sunday Coffee House May 18 6:00 to 7:30 PM Free Coffee & Desserts





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"There's a significant population out there who have seen a physician and been told they're not allergic and they just have to live with it," Garcia said. "For those people, this may offer another way out."

Garcia said LATR also may allow better breathing for those who have a deviated septum but who, for other reasons, aren't candidates for the surgery to correct it.

"If the turbinates are enlarged, we can make them smaller and allow more room to breathe without touching the septum," said Garcia, adding that LATR uses a carbon dioxide laser to decrease the size of the enlarged turbinates.

The outpatient procedure requires only topical anesthetic, which is sprayed into the nose, carries little risk of bleeding, causes little pain, requires no packing and allows immediate return to normal activities. Before the development of the laser procedure, the operation would have required surgery under general anesthesia, with significant risk of bleeding.

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are excreted and flushed down the toilet. Another source is unused or expired prescriptions dumped down the drain.

Animals also contribute. Factory farms feed livestock hormones, steroids, and about 40 percent of all antibiotics manufactured in the U.S. Their medicine-laden manure spread onto crop fields and run off into waterways.

Our wastewater treatment systems are not designed to deal with modern pollutants, including drugs. The result: a soup of free-flowing pharmaceuticals pours into our waters. Pharmaceuticals also permeate the underground aquifers that provide some 40 percent of our water supply.

What does this mean for the environment, and for us? Disturbing abnormalities in aquatic animals have been widely documented. When the male fish swims in waters containing traces of estrogen from birth control pills – used by 11 million American women – they morph into females and stop reproducing. In one study, it took just three years for fish to all but disappear from a Canadian lake. Tadpoles exposed to Prozac don't grow to full size, making them vulnerable to predators.

Among scientists, these findings have heightened worries about human health risks from decades of constant, low-level exposure to random combinations of drugs. The consequences could include reproductive problems, early onset of puberty, and antibiotic resistance – but much remains unknown.

Recent studies have found disturbing effects on human cells. In the lab, small quantities of estrogen triggered rapid growth in breast cancer cells. Drug residues also caused blood cells to kick into the overdrive mode associated with inflammation, and slowed the growth of developing kidney cells by one-third. This suggests that small drug exposures might exert powerful effects, especially during periods of crucial development – say if you're mixing infant formula with water that carries traces of hormone-bending medications.

These findings are preliminary, and more research is needed to determine real risks. But they raise serious questions about the safety of our country's water system – and about U.S. Environmental Protection Agency (EPA) oversight.

The pressing question: Why hasn't the EPA addressed this issue? The AP report shocked readers across the nation, but pharmaceuticals have been showing up in our drinking water for 20 years.

Since 1996, the only contaminants the EPA has added to the Safe Water Drinking Act were either ordered by Congress or mandated by lawsuits. Benjamin H. Grumbles, the EPA's Assistant Administrator for Water, said his agency has analyzed 287 pharmaceuticals for possible regulation under the Act, but only one, nitroglycerin, was listed: the substance used for heart problems, bit also to make explosives.

We need to "daylight" this issue by quickly evaluating the extent of the problem and making that information publicly available. But we can't wait for data on health effects to take action: Evaluating the effects of the more than 100 medicines found in our water could take decades.

This problem will only worsen as our population grows and new drugs are marketed. Perhaps, for once, might we err on the side of caution? It is time we upgraded municipal water systems to protect us from drugs we may be unwittingly ingesting daily.

Sharon Guynup's first book is titled, "State of the Wild 2006: A Global Portrait of Wildlife, Wildlands, and Oceans."

Page 11 Friday, May 16, 2008



Quake football is just as rough-and-tumble as the male version. Photo courtesy California Quake

Quake: Women's league is very similar to NFL, but with smaller balls.

Continued from page 1

dedication to the sport never stops. During the off-season, the team practices four times a week and holds tryouts for new and returning players.

"When women come to tryout, they aren't trying out for a spot they're trying out for a position," said Vivo. "We can have up to 45 players suit up so we really don't turn anybody down. Many of the women don't have any experience with playing football, but they have an interest in it and we are more than willing to teach them, so we hold clinics that teach technique, terms and structure."

Vivo said the IWFL is very similar to the NFL when it comes to rules and regulations. One of the biggest differences, she said, is that women play with a smaller football.

"But like the NFL, we have and hold records, watch films of other teams, and train as individuals and as a team," she said.

Monterroso, one of the Ouake's rookies. "I originally just wanted to workout with the team to get in shape, but then I ended up liking it and decided to play. Ultimately, I just want women to know about the opportunity they have to play football and to take advantage of it if they are interested in playing."

Likewise, the IWFL hopes to provide that opportunity to every woman interested. According to their vision statement, found on www.iwflsports.com, the league strives to "create and promote a full contact tackle women's football league focused on creating a positive, safe and fun environment for women who play football in addition to a fun experience for families coming out to watch them."

"Putting everything aside, the opportunity we each have to play football is something we never take for granted," Vivo said. "We have this saying: '1440,' which means we think about football one thou-

Ex-Dodger Johnstone tells insider stories of clubhouse jokes

By Scott Cobos, Contributor message of optimism and living a fun life was passed on to those who attended the Downey Kiwanis breakfast with former major league baseball player Jay Johnstone on Wednesday.

A crowd of about 80 people showed up at Rio Hondo Event Center's banquet room to listen to the former professional baseball player speak about the good times - and the funny times - endured during his time in the big leagues.

One story he shared was from his days with the Los Angeles Dodgers where, as a prank, he would spray paint players' items green. Earning the moniker, "The Green Hornet," Johnstone joked constantly with his teammates. When he became too predictable with the green spray paint joke, he said he "enlisted the Golden Boy Steve Garvey" to help with the ongoing prank.

Johnstone would stand in plain sight while Garvey would go and continue to spray paint the clubhouse.

Jokes and good times weren't the only things he would speak about. Johnstone fielded questions concerning the continuing steroids cloud hovering over Major League Baseball saying it's time to move on and, specifically, that the Mitchell Report was a waste of taxpayers' time and money.

"For what that report ended up suggesting, I could have done for \$10 and five cents and 20 minutes time," he said.

Johnstone also spoke on the reasons players have turned to steroids during their playing careers.

He first brought up the reason of pushing numbers to make more money in a contract year. Johnstone also brought up the financial stability that could be brought with that contract through steroids.

"You may have to give up 10 years of your life if you take steroids," he said, "but would you be willing to give up 10 years of your life in order to take care of your family for the rest of theirs? I know I would."

Johnstone continues to speak at service groups throughout the country, saying that it's fun to meet people and spread good will. He is a big advocate of giving back to his community.

He has also visited many Little Leagues, including one of the leagues in Downey, and says he loves to make himself available to the children.

The Kiwanis Club will bring in a big-name keynote speaker two to three times a year to speak in front of the club. Last year, the club brought in ex-Dodger great Maury Wills to have an early morning chat with the public.

Downey's Kiwanis branch has donated approximately \$50,000 a year to various city groups to help improve the community.

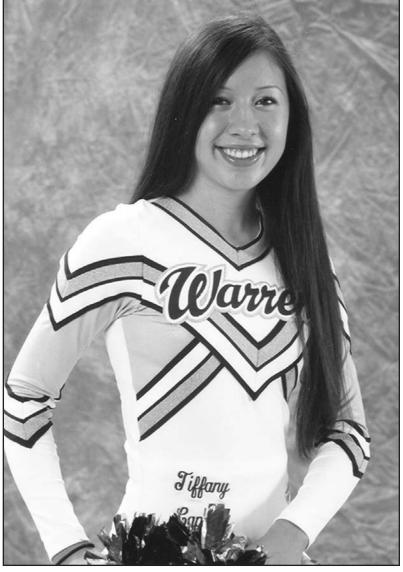
The main message of the group's morning breakfasts every Wednesday is to inform the community of its activities amongst the city.

After 20 innings, Vikings finally win

Downey outlasts Harvard-Westlake as game ties record for longest CIF contest since 1962.

By Scott Cobos, Contributor DOWNEY – Most people did- Matt LaCour was disappointed his

Harvard-Westlake manager



Warren High School cheer captain Tiffany Nord was recently selected to be a flyer for the Cal State Fullerton cheer squad next fall. The graduating senior competed against over 100 college and high school cheerleaders to win the spot. Nord plans to major in Liberal Arts with a teaching credential.

Downey volleyball right in the thick of things

By Scott Cobos, Contributor

DOWNEY - Downey High School is still alive in the boys' volleyball CIF playoffs as they beat Los Altos in their second round game on Tuesday, 3-1 (23-25, 25-12, 25-14, 25-23).

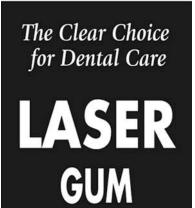
The San Gabriel Valley League champions struggled in their first set with Los Altos but quickly found their stride sweeping the next three sets.

The Vikings faced Brentwood High School in their third round game Thursday. Results were not available at press time.

After winning in the first round, Warren's championship hopes ended Tuesday when they lost 3-0 (25-19, 25-13, 25-22) to Loara

High School at home.

The Bears entered the playoffs as a No. 2 seed and dispatched Redlands High School 3-0 (25-21, 31-29, 25-23) in the opening round.



TREATMENT

NO Cutting

or Stitches

For many of the women on the team, playing football is about making a statement.

"I've always loved football - I remember watching Monday Night Football with my dad," said Nancy "Nasty" MacLeod, a freelance sound editor who has been playing football since 1999. "Younger generations don't understand what a step this is for women. I wasn't raised with the WNBA, women's soccer and women's hockey - so women in sports has come a long way and I hope to stay a part of its growing impact."

The majority of MacLeod's teammates would agree that football isn't just a man's sport, but would also say that playing football is as much about living out a dream than making a statement.

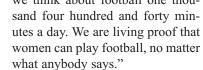
"There were so many things Icouldn't do as a young girl because I was a girl," said Jennie "McNutty" McNulty, a professional comedian who has been with the Quake since 2001. "This is a dream come true for me to play - it's blood, sweat and tears with these ladies."

And there are the few on the team who "fell" into the uniform.

"I met [Vivo] on MySpace and she asked me to attend one of their games," said Helen "Papi"

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The Quake will take on the Las Vegas Showgirlz on May 24 at Downey High School at 6 p.m. Tickets are \$5.

For more information on the California Quake, visit www.californiaquakefootball.com.

10-20 Club annual golf tournament

DOWNEY - The 10-20 Club will present its fourth annual golf tournament fundraiser May 28 at the Rio Hondo Golf Club.

The price to participate is \$125, a decrease of \$25 from last year. The price includes green fees, golfing, golf cart, lunch and dinner. Money raised will benefit the 10-20 Club, which works to keep Downey kids out of gangs.

Tee sign sponsorships are also available for \$100. Raffle prizes are also being accepted.

The tournament will begin with a shotgun start at noon. To register, call Robert Buckley at (562) 923-3494 or Darrell Jackson at (562) 618-2550.

n't know until seeing it on the 10 p.m. Fox-11 news that Downey and Harvard-Westlake participated in a record-tying game lasting 20 innings Tuesday night at Yanez Field in the wildcard round in the CIF Southern Section playoffs.

Downey (18-10) scored the final run in the bottom half of the 20th inning when Ivory Thomas waltzed in via a bases-loaded walk. The Vikings won the game 3-2.

Thomas started the inning with his fifth hit of the game, and followed it by stealing second and third. Two more runners reached base before Thomas walked home for the winning run.

"It was just good to get a win," Downey manager Jess Gonzalez told reporters afterwards. "We had quite a few chances in a lot of the innings and we didn't capitalize."

After another fantastic pitching performance by Downey's Nate Coronado, Jonathan Lopez pitched a gutsy 10 shutout innings. His replacement, Cesar Valtierra, pitched three shutout innings of his own.

Valtierra's effort was good enough for the win as he was the pitcher of record when Thomas scored the winning run.

team lost but proud of his team's effort

"We played three games [Tuesday]," he said. "There was physical exhaustion, but the guys left everything they had on the field. It was one of those games, the further away the game gets, the more you're going to appreciate it. Anybody who was at the game or a part of it is never going to forget it."

Downey, with what looks to be a completely depleted pitching staff, will travel to El Rancho High School today. Game time is 3 p.m.

Se Habla

Español

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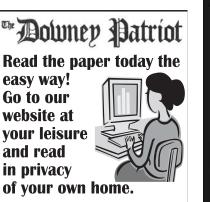


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Real Estate Page 13 Friday, May 16, 2008

King-Brown honored for administrative work as colleagues applaud her leadership

Jerilyn King-Brown, assistant superintendent of instructional services for the Downey Unified School District, was awarded the Central Office Administrator of the Year Award recently by the Association of California School Administrators Region XIV. Below is the text, prepared by Director of Secondary Education Sara Cairns, that was read out loud at the award presentation.

-erilyn King-Brown is most deserving of the Central Office Administrator of the Year Award. Jerilyn has served as the Assistant Superintendent of Instruction for the Downey Unified School District for over four years. She supervises and evaluates one adult school, 13 elementary, four middle, and three high school principals. In addition, Mrs. King-Brown supervises six instructional services directors: Elementary Education, Secondary Education, Special Education, Pupil Services, Categorical Programs, and Support Programs/Alternative Education.

In her administrative career, Jeri has held numerous positions that strengthened her knowledge and understanding of how an effective Instructional Services department functions. She has been a Title I Project Assistant, Intermediate School Assistant Principal, High School Principal, Continuation School Principal, Assistant Director of Secondary Curriculum, Director of K-12 Curriculum, Area Administrator, and Assistant Superintendent.

Leader: as a person who leads; as a person who has commanding authority or influence.

It has been said that if you want to know if a person is a leader or not, simply watch to see if anyone follows them. Jeri King-Brown came to the Downey Unified School District four years ago. At that time she stepped into the position of Assistant Superintendent of Curriculum and Instruction. Heretofore, the position had been viewed as the superintendent's right hand, and historically, this person held in memory all the district history, policy, and procedures.

Having been a person that had never worked in the Downey Unified School District, that is, had not come up "through the ranks," it appeared that she had her work cut out for her. From the outset, Jeri built relationships and led with loyalty and dignity. She encouraged people to be creative, think "outside the box," encouraged a "what if" mentality, and set high standards. Additionally, she has always been willing to help, never allowing anyone to go through difficulty alone.

Everyone is more than willing to follow Jeri. She is respected and admired. She serves as a role model and educational leader since she exemplifies all of the California Professional Standards for Educational Leaders (CPSELS).

Jeri understands and works to influence the political and educational context by serving as a speaker when invited. She has been a guest panelist for the following organizations: Santa Ana Community College; Black History Month (2000); Orange County Chapter of Links, Inc.; Interviewing Workshop (1999); Southern Counties Women in Educational Management, conference panelist (1998); and Riverside Community College, panelist (1993). In addition, she serves as a guest lecturer at California State University, Long Beach.

Great leaders are forward thinkers. They never get caught unprepared.

Jeri King-Brown is a planner. She is a consummate organizer. She is always well-prepared. Her example of being on time, being prepared, and respecting the time of others has created a culture of respect and a work ethic that many other school districts would covet. Deeply embedded in Jeri's philosophy of leadership is the belief that you should work hard and you should play hard.

Under Jeri's leadership, the concept of Professional Learning Communities (PLC's) has begun to move throughout the entire culture of the district. The elementary, middle school, high school, and combined principal's meetings, as well as the co-administrators' meetings, have taken on a PLC look. Emphasis has been placed on mutual norms that all

A major contribution she has made is in the area of staff development. First, she used a collaborative model to develop a District definition of effective staff development. She then worked with the Executive Cabinet and Financial Services to ensure that funds were deployed at the schools to empower each school leadership team to develop their plan within the District umbrella. The result has been a grassroots, and now District-wide, focus on Professional Learning Communities. In addition, management meetings now model PLC concepts.

An excellent example of her amazing administrative and organizational skills was the development and coordination of the Site Administrators Resource Guide (SARG). Used by all administrators in the District, it includes guidelines, forms, procedures, and other useful information from all departments. Her proactive planning enables new and experienced administrators to quickly find the "answers" to a wide range of questions/situations thereby helping them to be prepared and successful.

Guide: one that leads or directs another's way; a person who exhibits and explains points of interest; someone that provides others with guiding information or one who directs another's conduct or course of life.

Jeri guides Instructional Services and the schools of DUSD in a very thoughtful, caring, and considerate manner. She asks the right questions, delegates when appropriate, is not intimidated by the strength she sees in others, and is one of the best I have ever seen at consensus building. In times of change and unrest, Jeri's ability to guide the leadership of the Downey Unified School District has been invaluable. As a guide she brings out the best in others.

Her leadership and support were invaluable when the District moved to implement a Standards-Aligned Report Card at the elementary level. Several of the pitfalls that many districts experienced were avoided due to her sage advice and guidance. Her emphasis on collaboration and consensus building, coupled with a wise timeline that incorporated a "pilot," provided the necessary foundation for the development and implementation of effective report cards that address the standards.

Jeri King-Brown is a rare breed indeed. She is highly intelligent, yet down to earth, extremely professional and refined, yet has a great sense of humor and a very warm way about her; she has a great work ethic, yet a great sense of balance.

"And she's a gifted speaker, too," said Phil Davis, director of Support Programs, Career and Vocational Education.

Said Stan Hanstad, assistant superintendent of Personnel Services: "There's nobody more deserving of this honor."

She is not intimidated by strength; she encourages those closest to her to speak up with good ideas. She gives credit and never ceases to encourage. Jeri King-Brown is a person of the highest moral fiber and someone that is worthy of respect. I know of no one that I respect more than Jeri King-Brown. She is a consummate leader, guide and friend. Jeri King-Brown is certainly worthy of this award.

Additional reporting by Staff Writer Henry Veneracion

Norwalk hosts free small business fair

NORWALK - Congresswoman Grace F. Napolitano (CA-38), Assemblyman Tony Mendoza, and Judy Chu, chair of the California State Board of Equalization, are sponsoring a free small business fair on June 3 from 9 a.m. to 2:30 p.m. at the Norwalk Marriott.

Admission is free and those interested in attending are asked to register at www.boe.ca.gov/sutax/tpsched.htm.

How to prepare for the next major disaster

• The Red Cross provides tips in preparing for the most unpredictable emergencies.

CONTRIBUTED BY THE AMERICAN RED CROSS

OF GREATER LOS ANGELES

The recent Southern California wildfires caused one of the largest evacuations in the state's history. And even though the response to the emergency has been widely praised, the wildfires should still serve as a wake-up call on how quickly disaster can strike. A 2007 survey shows that even with a history of natural disasters, Americans aren't ready for the next big one. According to the American Red Cross, the majority of Americans remain unprepared for a disaster - 23 percent have not taken even a single action to prepare for a catastrophe, and only four percent have taken all of the recommended preparedness actions.

"During the recent wildfires, the American Red Cross acted swiftly to meet the needs of the victims," said Paul Schulz, CEO of the American Red Cross of Greater Los Angeles. "Red Cross provided nearly 25,000 overnight stays in 26 shelters throughout Southern California and served more than 375,000 meals and snacks at more than 80 feeding sites. We want Southland residents to know there is help available during a disaster, but preparedness starts with each individual. The American Red Cross is best known as a disaster responder, but we are also the leading resource for disaster preparedness. We can assist residents with tools and plans that will help protect their loved ones during those critical first days after a disaster."

The American Red Cross of Greater Los Angeles offers the following steps to prepare for most emergencies, including wildfires, home fires, and earthquakes.

Get or make a kit - A well-prepared emergency kit should have supplies for three to five days and include the items listed below. Additionally, your kit should be easy to carry and checked every six months.

• At least one gallon of water per day per person

• Non-perishable, high-protein foods such as energy bars, ready-to-eat soup and peanut butter

• Flashlight with extra batteries

• First aid kit with a reference guide

• A supply of the prescription and non-prescription medications you use regularly

· Cash, because ATMs and credit cards may not work due to power loss • A list of your family's phone numbers in a single location so you can

locate and confirm their safety following a disaster

Make a plan - Emergencies can happen at any time, and they do not always happen when families are at home together. Take time to:

• Prepare emergency plans in advance

• Choose places to meet after a disaster (no more than two)

• Plan for emergency scenarios when family members are at work or school

• Practice home evacuation plans twice a year

• Ensure each adult in the household learns how and when to turn off utilities, such as electricity, water and gas

Get informed - By staying informed about the risks for disasters, you will become better prepared for the next emergency situation. Here's how: · Learn what disasters or emergencies may occur where you live, work

and play

· Discuss with your family these types of emergencies and establish responsibilities for each person

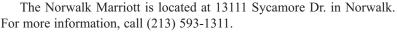
• Know how local authorities will notify you during a disaster and how to get important information

· Contact your local American Red Cross chapter about first aid and disaster training classes

of the principals took part in creating.

Her example of respecting time has begun to permeate every meeting that takes place in the district. Now, instead of "dumping information" on the school site leadership, the priority is placed on providing time for the principals to discuss, create, and vision-cast. The synergy that has begun to be developed is exciting. Jeri's strong forward thinking approach to this type of strategy and culture is just the norm for her.





For more information about disaster preparedness, visit the American Red Cross online at www.redcrossla.org



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Columbia Memorial Space Science Learning Center & Discovery Sports Complex

The Downey Patriot took a tour this week of the Columbia Memorial Space Science Learning Center and adjoining Discovery Sports Complex, both currently under construction and scheduled for completion later this year. The tour was made possible by city staff and new learning center executive director John Betthauser.



From left: Assistant to the City Manager Scott Pomrehn, Downey Adult School Principal Roger Brossmer, Executive Director John Betthauser, Councilman Kirk Cartozian, and Mayor Pro Tem Mario Guerra.



The city is using black chain link fence at the Discovery Sports Complex, which sits between the Columbia Memorial Space Science Learning Center (CMSSLC) and Kaiser Permanente's new medical offices.

Stressing that the CMSSLC will be a learning center and not a history museum, Betthauser envisions the center hosting live broadcasts of future space shuttle missions and lunar landings.