



The Downey Patriot



Mystery author pens new novel
See Page 2



Thompson keeps moving forward
See Page 7



Makeup class for adults
See Page 4

Friday, August 15, 2008

Vol. 7 No. 17

8301 E. Florence Ave., Suite 100, Downey, CA 90240

Stamping Out the 'R-word'

■ Mental disability groups speak out against new film.

BY ERIC PIERCE, CITY EDITOR
DOWNEY – Too many times Marvin Newby has experienced the hurt of being called “retarded.”

A consumer at Arc of Southeast Los Angeles County in Downey, Newby says the chastising comes on a near daily basis.

“I used to work at Tony Roma’s and the people there would always call me that name,” said Newby, 30. “I told them, ‘Don’t call me that,’ but they did anyway. It made me feel bad.”

Newby was one of nearly 200 Southern California residents with varying degrees of mental disabilities who rallied at Arc’s headquarters on Woodruff Avenue this week to protest the theatrical release of “Tropic Thunder,” a spoof comedy starring Ben Stiller and Robert Downey Jr.

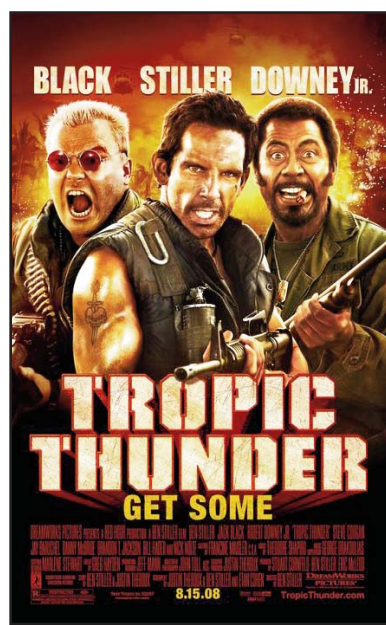
The DreamWorks film makes liberal use of the word “retarded,” a term Arc supporters labeled as hate speech.

Fifty Arc consumers protested the movie at its Hollywood premiere at the Mann Village Theater in Westwood on Monday. The group marched with signs that read “Eliminate the R-Word,” “Call Me By My Name, Not My Label,” and “Stigma Hurts.”

The hastily-planned protest made international headlines.

“We told Hollywood, we told DreamWorks, and we told Ben Stiller that this is not funny to us,” said Kevin MacDonald, executive director of Arc of Southeast Los Angeles County. “We marched four hours in Westwood to tell them we will not tolerate this. Enough is enough and [consumers] need to be respected.”

“Tropic Thunder” stars Stiller, Downey and Jack Black as “a group of actors shooting a big-budget war movie [who] are forced to become the soldiers they are



“The language in ‘Tropic Thunder’ is hurtful to people with disabilities. I urge you not to see this film.”

—Pat Heineke, president, Arc California

portraying.”

One scene features Downey chastising Stiller for “going full retard.”

An assortment of websites picked up on the phrase this week, and began selling knock-off “Never go full retard” T-shirts.

“The R-word has to go,” said MacDonald. “The R-word should be respected.”

Representatives for DreamWorks did not return calls for comment. But the company this week shut down a promotional website that promoted the film with the tagline “Once upon a time... There was a retard.”



Close to 200 people protested “Tropic Thunder” and its use of the word “retarded” at a rally Wednesday at Arc of Southeast Los Angeles in Downey. Photo by Eric Pierce

“We heard their concerns, and we understand that taken out of context, the site appeared to be insensitive to people with disabilities,” DreamWorks spokesman Chip Sullivan told *Variety*.

Stopping short of picketing local movie theaters, MacDonald said Arc may instead distribute informational flyers to moviegoers. Pat Heineke, president of Arc California, encouraged residents to skip the R-rated film.

“The language in this film is hurtful to people with disabilities,” she said. “I urge [the community] not to see this film.”

Arc of Southeast Los Angeles County was known as the Association for Retarded Citizens until consumers voted to change the name in 1995.

“They wanted to take out retarded,” said MacDonald.

At Wednesday’s rally, Arc consumer Matthew Paulson said people with mental disabilities had been degraded in movies long enough.

“All of us need to be treated with respect,” Paulson said. “It’s time we spoke up for our rights and spoke up for everyone who has a disability.”

City takes control of Johnie’s history

■ City agrees to pay \$900K for sublease and creation of a job program.

BY ERIC PIERCE, CITY EDITOR
DOWNEY – The price to preserve and maintain historical architecture is not cheap, and Johnie’s Broiler is no exception.

The City Council on Tuesday agreed to enter into an “Owner Participation Agreement” with Bob’s Big Boy franchise owner Jim Louder. Per the deal, the city will pay \$900,000 for a 20-year sublease that will give the city control of the property’s historical architecture, including the towering “fat boy” sign, front façade and carhop area.

The money will be paid using \$500,000 in Community Development Block Grant (CDBG) funds. The remaining \$400,000 will be paid over 15 years using more CDBG resources “or the redevelopment fund.”

The \$400,000 will pay for a 15-year job development program expected to create 40 full-time jobs at the restaurant.

City officials said the action was necessary due to the property’s relatively large lot size and stringent construction guidelines that comes with the site’s historical designation.

The restaurant, at 7447 Firestone Blvd., was illegally razed on Jan. 7, 2007.

“One of the biggest constraints in attempting to redevelop the site was its size and configuration,” Deputy City Manager Gilbert Livas said in a staff report. “In trying to find an appropriate reuse of the site, principally a restaurant, the property size and how improvements could be laid out on the site posed a significant problem. Most restaurant operators would not be able to financially support a lease payment for a two-acre site.”

Bob’s Big Boy and Downey Nissan each agreed to lease a half of the site in February.

“Leasing half the site to Nissan scaled down the land cost of the project, allowing staff and Bob’s to now focus on the second objective, i.e. finding a solution to deal with the high cost associated with preserving the historical elements.”

See **BIG BOY**, page 3

Council candidate field takes shape

■ Four candidates will vie for city-wide seat.

BY ERIC PIERCE, CITY EDITOR

DOWNEY – The filing period to run for this city’s City Council election in November passed last Friday, and the list of definitive candidates carries familiar – and possibly unfamiliar – names.

Downey Adult School principal and Planning Commissioner Roger Brossmer will face competition from retired resident Russell Rankin for Downey’s District 3 seat.

Both will try to replace Councilman Rick Trejo, who is being termed out of office.

Brossmer, a former Downey High School science teacher, was promoted to principal of Downey Adult School in 2004. He oversees a \$7 million budget and over 14,000 students.

Rankin was an outspoken critic of the Measure G ballot measure to restructure term limits that failed at the polls earlier this year.

During the public comment portion of Tuesday’s City Council meeting, Rankin urged the Downey Museum of Art to explore an exhibit or display of model rockets.

The District 5 citywide seat will be vacated by Councilman Kirk Cartozian when he is termed out this November. Seeking to replace him are Gary De Remer, Maria Larkin, Luis Marquez, and Dr. Sharira A-Malek.

De Remer is self-employed and president of the Downey Rose Float Association. He also founded the Mr. Downey Competition.

Larkin is a real estate broker and three-time past president of the Downey Association of Realtors. She is also heavily involved with

the Downey Chamber of Commerce.

Marquez works as a senior district representative to Sen. Alan Lowenthal. He serves as the official liaison between the senator and the city of Downey, making him a recognizable face at City Hall.

A-Malek is a pediatrician and relative newcomer to the local political scene. She spoke out against a contentious zone variance at Tuesday’s meeting.

This election will mark a second try at office for De Remer, Larkin and Marquez: De Remer challenged Cartozian but was defeated four years ago; Larkin came within 45 votes of upending Councilwoman Anne Bayer in 2002; and Marquez was defeated by DUSD board member Nancy Swenson in the 2005 elections.

Choosing not to run was 27-year-old real estate developer Fernando Vasquez, who said an unforeseen increase in work duties prompted his decision.

Mayor David Gafin will run unopposed in District 1.

Major traffic delays next week expected

DOWNEY – Major road work at the intersection of Lakewood Boulevard and Imperial Highway next week is expected to result in major delays.

Residents are urged to use alternate routes.

Construction will take place between Aug. 21-25, according to the city’s public information office.

FBI makes arrest in investment scam

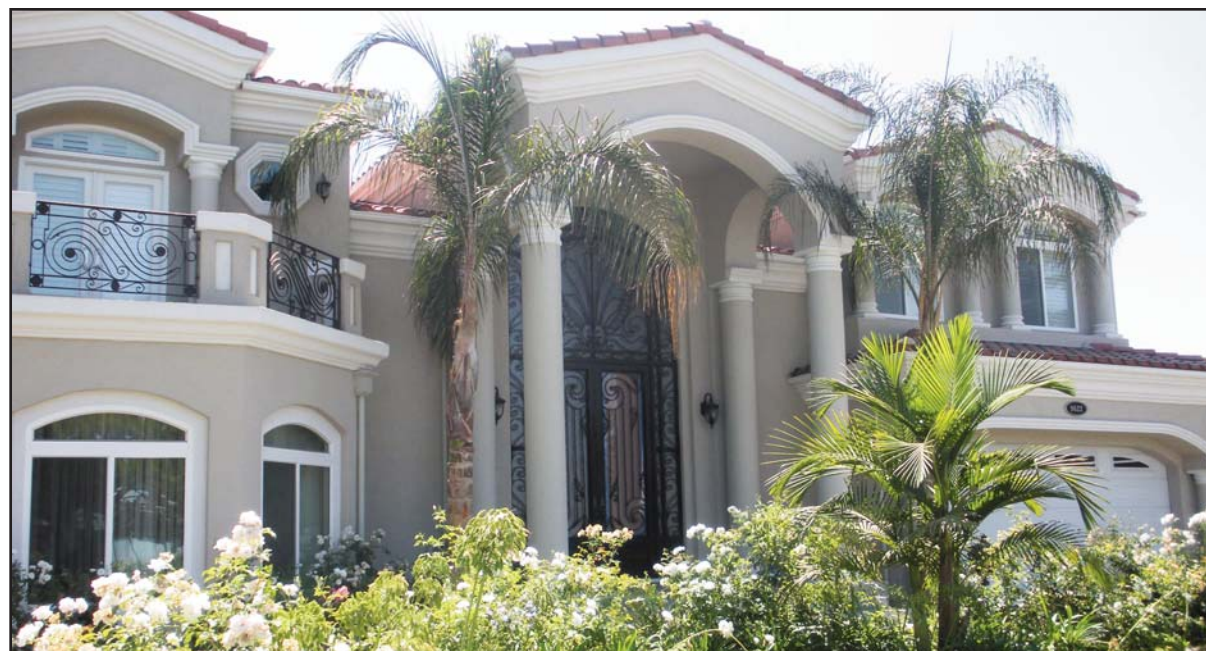
■ Juan Rangel raked in millions of dollars bilking local investors, FBI officials say.

BY MARY FORNEY, STAFF WRITER

DOWNEY – At 4 a.m. on August 8, the quiet stillness of Haledon Street was broken as sounds of loud explosions caused neighbors to run out of their homes in fear.

What they heard was the Federal Bureau of Investigation SWAT team ramming a large Hummer vehicle into the side of the house at 9622 Haledon, breaking glass, and throwing flash-bang grenades inside to flush out Juan Rangel, 44.

“I heard blasts and saw flashes of light inside the house so I thought someone was shooting the family, but then I saw a helicopter overhead and FBI and IRS cars rushing down the street,” said a neighbor who asked to remain



FBI officials raided this mansion on the 9600 block of Haledon Street on Aug. 8 to arrest Juan Rangel, 44. He is accused of scamming investors out of possibly millions of dollars. Photo by Eric Pierce

anonymous.

Rangel, owner of Financial Plus Investment Inc., has been the subject of a federal investigation launched by investors who received worthless checks from his

company. After receiving bounced check notices from their banks, investors went looking for Rangel only to discover his office in Commerce had been cleared out.

On July 24, the State of Calif-

ornia Business, Transportation and Housing Agency Department of Corporations issued desist and refrain orders to Financial Plus

See **SCAM**, page 2

Scam: Rangel will enter plea today.

Continued from page 1

Investment Inc.; Rockwell Financial Network Inc.; Eagle Funding; Phoenix Realty; and Rangel's business associate Jose de Jesus Lopez.

The orders are based on violations of sections 25110 and 25401 of the Corporations Code and state that "beginning as early as 2006," the businesses "offered and sold a security in the form of a note. The purported purpose of the offering was to borrow funds in the form of a loan secured by a recorded deed of trust and use the funds to build properties such as town-homes."

Rockwell Financial Network Inc. stems from Nevada and lacks the authorization to sell security in California.

The companies told investors that a note was secured by a deed of trust on a property owned by Lopez and Rockwell Financial Network Inc., and that the property was located at 30544 Bouquet Canyon in Saugus, Calif. The note was actually unsecured and the property is not owned by Rockwell Financial Network Inc. or Lopez.

Rangel, who is a Mexican national, targeted the Spanish-speaking community and used high-profile Hispanics to promote the business and its seminars.

Promising investors a 100 percent return on their investments, Financial Plus Investment Inc. advertised its Ponzi scheme in various Spanish language magazines, flyers and television commercials.

Believing they would double their money in a short period of



Seized from Rangel's home were a Mercedes, Lamborghini and personal limousine.

time, many investors cashed in their life savings and refinanced or sold their homes to use the equity as investment funds.

According to a former Financial Plus Investment Inc. employee now cooperating with the FBI, Rangel hired someone to meet with disgruntled investors to intimidate them and to prevent them from withdrawing their funds. Investor victims and former employees estimate that there are between 600 to 800 investors in Financial Plus Investment Inc.

These victims and employees have been able to document more than \$8 million dollars in losses, but that figure represents losses associated with less than 150 investors.

Recently, Rangel wired \$1 million dollars to Pachuca, Mexico where he planned to flee with his family, according to the FBI.

During the raid, the FBI and Internal Revenue Service seized evidence against Rangel, as well as his personal property which included a limousine, a Mercedes and a

Lamborghini.

Rangel was transported to a federal detention facility after being arrested for bribing a bank official.

A press release from the U.S. Attorney Central District of California said, "The affidavit in support of the criminal complaint outlines an alleged scheme in which Rangel paid a branch manager with Bank of America to cover up bank activities in order to further his investment fraud scheme. Among other things, (Rangel) believed that in exchange for these payments the bank manager would accept large cash deposits and not file federally mandated Cash Transaction Reports, which are required for all cash transactions over \$10,000."

The statutory maximum sentence for bribing a bank official is five years in federal prison.

Rangel is scheduled to enter a plea today and his case will remain a part of an ongoing FBI investigation. Investment victims of Financial Plus Investment Inc. are encouraged to call (310) 477-6565.

Mystery author Sherratt still calls Downey home

BY HENRY VENERACION,
STAFF WRITER

DOWNEY—Jeff Sherratt, a '59 Downey High graduate, has been busy lately going the rounds promoting his third novel, "The Brimstone Murders." It is another Jimmy O'Brien murder mystery set against a backdrop of borax mining in the Mojave Desert and high-profile, religious evangelism.

The plot involves the escape at arraignment of attorney Jimmy O'Brien's client Robbie Farris while Robbie's mother is subsequently found murdered.

Sherratt learned to fly when he was in high school, and his love of flying and skill with small planes show in his stories. He acknowledges a literary debt to Raymond Chandler of "The Big Sleep" fame, saying, "I've read all seven of his mysteries. He is a major influence." Early on, he also took a "pretty extensive course" in creative writing at UCLA.

He says he's rewriting his earlier novels, "6 to 5 Against and Guilty or Else." "I'm also working on a new novel. This should be out in January 2009," he says.

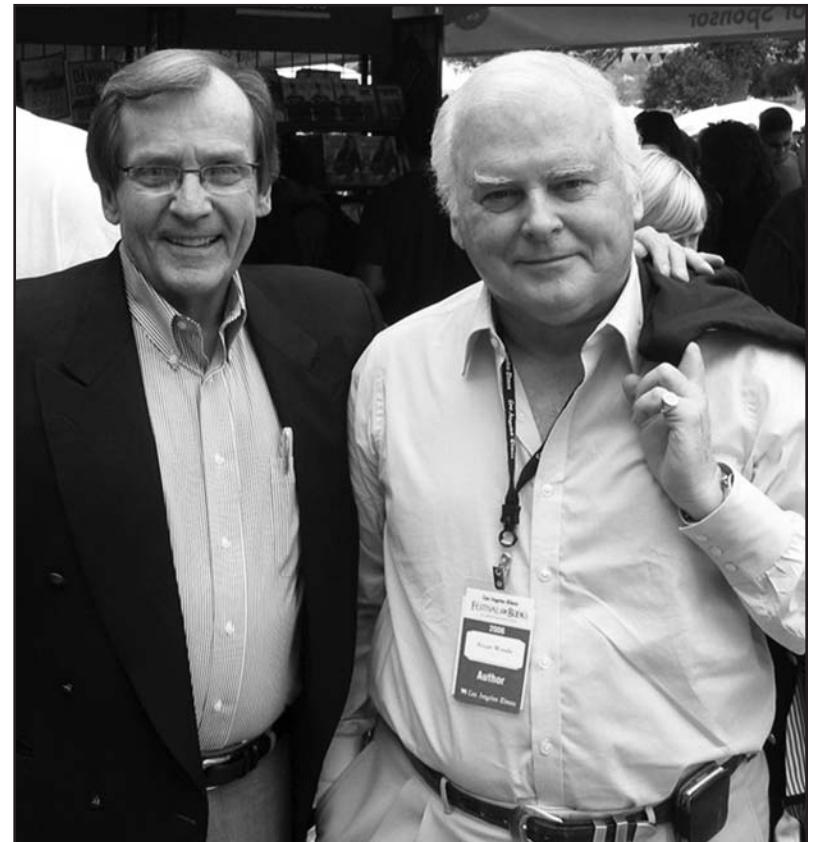
To push "The Brimstone Murders," Sherratt held a book signing last Friday at the Little Old Bookshop on Greenleaf Avenue in Whittier. He has been invited to talk to the inmates at Chino on Sept. 3 ("They had to do a security check on me"). Another firm appearance is the one on Saturday, Sept. 6 at 1 p.m. at the Long Beach Barnes & Noble store on Pacific Coast Highway (and 2nd St.).

Prospective book signings at B&N Cerritos, Borders Stonewood Center, the Downey City Library, and elsewhere are under negotiation. He says the writing life is not for the faint of heart.

Sherratt was born in Los Angeles in 1941, and in the third grade went to live in Utah when his father, a Utah native, bought a ranch there. He moved back to Downey and resided here from 1953 to the early '60s, after which they finally settled in Newport Beach.

While here, he first attended Pius X (now St. Matthias), and finished at Downey High School. His attachment to Downey is deep. "I always consider Downey my home," he says.

It was during this graduation year that he and a friend, who had a pilot's license, took off from the



Jeff Sherratt, left, poses with literary great Stuart Woods. Sherratt is promoting his latest novel, "The Brimstone Murders," a murder-mystery based partly in Downey.

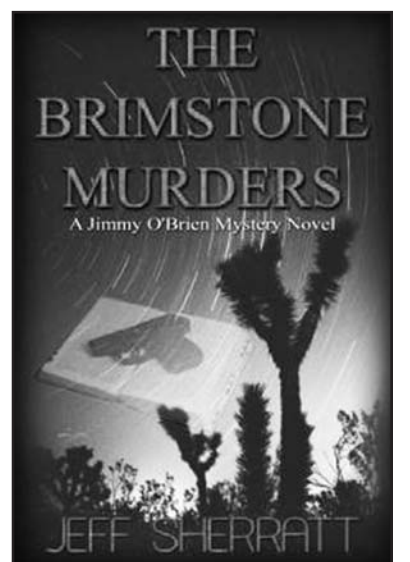
Seal Beach Airport, and "we flew for about an hour. I got hooked. When I finally got my own license, there was this uncle of mine, and we flew all over the place in a Cessna 182 RG. Today, when the time allows, I rent a Beechcraft Bonanza about twice a month and fly out of Long Beach Airport, or, sometimes, out of John Wayne."

In his blurb for "The Brimstone Murders," Sherratt says: "The inspiration for the borax mine came primarily from a trip I took a number of years ago. I was invited to tour a huge soda ash mine, operating in the vicinity of Green River, Wyoming. Not missing a chance to fly my small plane, I accepted.

"Riding around in a golf cart type of vehicle in a dark, claustrophobic tunnel 1,000 feet underground was a little unnerving. Because I'd been able to spend several days touring an actual operating mining facility, it hadn't been difficult to concoct a fictionalized version of the book."

Weaned on "The Hardy Boys" and a regular at the Mystery Bookstore in Brentwood, Sherratt had an aunt, Gwen Sherratt, who wrote mostly nonfiction. Today, some cousins also write. He didn't elaborate.

"About 75 percent of mysteries today are written by women writ-



"The Brimstone Murders" can be purchased online at Amazon.com. Author Jeff Sherratt graduated from Downey High School in 1959.

ers," he says, "and we have a group, Sisters-in-Crime, with 3,500 members who promote the genre. I'm on the board of directors."

What advice can you give to the aspiring mystery writer?

"To get published is hard," Sherratt says. "Assuming one has the ability to tell a story, that is, an understanding of plot, etc., one must have something to write about. There are about two million manuscripts floating around at any given time. To get somewhere, you must network, join an organization, get a marketing plan going. You must make sure you follow all the suggestions laid out in the preparation of a manuscript. You cannot be sloppy. It must be perfect. That said, you have to keep on keeping on."

"My motto," he says "is just keep plugging away."

Jeff Sherratt can be reached at (469) 245-6202; his website is www.jeffsherratt.com.

DUSD announces free meal policy

DOWNEY — The Downey Unified School District has announced its policy for providing free and reduced-price meals for children served under the National School Lunch Program.

Interested parties can review a copy of the policy at the Food Service Office.

Household size and income determines eligibility. Application forms are being distributed to households with a letter informing parents of the availability of free and reduced-price meals for enrolled children.

To apply for free or reduced-price meal benefits, households

must complete an application and return it to the school or district office for processing.

Applications may be submitted at any time during the school year.

Is Your Bank Next?

You're Safe & Secure at Southland!

Start banking with peace of mind. At Southland, your funds are safe, secure, and insured!

FREE Checking that Pays!

3.00% APY*

No Minimum Balances

Southland CREDIT UNION

NCUA ASI

- **Anyone CAN join, ask us how!**
- Southland is a not-for-profit financial institution driven to serve our Member's needs—not profits.
- Southland is well capitalized and financially strong.
- 5-Star Bauer Financial Rating
- Accounts are insured up to \$350,000

800.426.1917

www.SouthlandCU.org

8545 Florence Ave., Downey

Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to approval. Your funds are insured with the highest level of combined federal and private deposit insurance available to credit unions. This protection includes \$100,000 of federal insurance from the National Credit Union Administration, as well as \$250,000 of coverage from American Share Insurance, the nation's largest private share deposit insurer. *APY—Annual Percentage Yield. Rate quoted 8-1-08 and is subject to change without notice. To qualify, accounts must have eStatements, 10 Check Card purchase transactions, and one ACH direct deposit, debit, or ePayment per month to earn qualifying rate and ATM refunds. Qualifying rate, currently 3.00% APY, will be paid on balances up to \$50,000. On balances over \$50,000 a lower dividend rate will be paid, currently 2.5% APY. Non-qualifying accounts will receive a 2.5% APY dividend rate and no ATM fee refunds will be paid. Reimbursed ATM fees include third-party surcharges and Southland out-of-network fees.

ALL HOME REPAIRS + MAINTENANCE

References available. Local Downey Resident 40 years. Lic. B352563

562-889-6415

FOR ALL YOUR REAL ESTATE NEEDS

Free Comparative Market Analysis of Your Property

Specializing in Foreclosures & Short Sales

CPA #1 International Downey, CA

CALL ME TODAY! (562) **EDGAR CORTEZ 928-6207**

"GRAND OPENING"

Saturday August 16

GOLDEN TOBACCO

- Cigarettes • Cigars
- Pipe Tobacco • Accessories

9202 Lakewood Blvd. Downey, CA 90240

Tel. (562) 904-3404

"We are open seven days a week"

(Same corner as Ralphs Supermarket)

We Accept

Huge walk in Humidor • Best Selection of Cigars in town

ProNetworkers OF DOWNEY

ProNetworkers Membership Includes:

Barbara Briley Beard
Farmer's Insurance will be speaking on 8/22/08

We are an organization of men & women dedicated to the exchange of business referrals, where each category is represented by one person. Promote your business. Join us each Friday at 7:15 a.m. Mimi's Cafe - 8455 Firestone Blvd. www.pronetworkers.com

Carnival Day for pediatric patients

DOWNEY – Rancho Los Amigos National Rehabilitation Center will host their annual Carnival Day on Sept. 6 in the north patio area from 10 a.m. to 1 p.m.

The carnival, which features games, booths, food and prizes, is for Rancho pediatric patients and their families.

For information, call Pediatric Recreation Therapy at (562) 401-6745.

Newcomers plan next meeting

DOWNEY – Forty members attended the Downey Newcomers Club membership appreciation lunch Aug. 11 at Los Amigos Country Club, where they witnessed Helen Hampton win a free lunch and Julie Konkol a floral centerpiece donated by Fitzgerald's Florist.

The group's next meeting will be Sept. 8 at Frantone's Pizza & Spaghetti Villa at 11 a.m.

For reservations, call Paula Lou Roberts at (562) 861-2545.

Coffee house opening for business

DOWNEY – Guatemalan coffee house Xela Café, along with the Downey Chamber of Commerce, will host a grand opening ceremony Thursday at 4 p.m.

Owned by Oneyda and Alfonso Melgar, Xela Café serves hot and cold espresso-based coffee drinks along with assorted pastries and sandwiches. The café imports its coffee directly from family fields in Antigua, Guatemala.

Xela Café is located at 12012 Paramount Blvd., south of Stewart & Gray Road.

Big Boy: Deal requires 40 full-time positions.

Continued from page 1

Livas said. "Such a solution would have to be financially prudent...and allow Bob's to make their normal return on investment."

Site plans for the new Bob's Big Boy may be brought before the Planning Commission as soon as next month, Livas said. The restaurant, expected to include a drive-thru, should open early next year.

The Council, meanwhile, expressed support for Bob's Big Boy.

"It was a fantastic job by Gilbert and staff," Councilwoman Anne Bayer said.

Mayor Pro Tem Mario Guerra applauded city staff's "creative solution."

"This is a historic day for the city of Downey," Guerra said. "I couldn't be any more proud of our staff."

Councilman Rick Trejo echoed those sentiments.

"I'm really proud of this city. Now we have two historical sites, the original McDonald's and Johnie's," he said. "I'm proud as a resident."

Louder, who is also in the beginning stages of opening another Bob's Big Boy in West Covina, was optimistic of his restaurant's future in Downey.

"When I first took a look at the property...it was a mess," Louder said with a laugh. "I think Downey will be a terrific fit. I look forward to serving the community."

CERT is seeking volunteers

BY MARY FORNEY,
STAFF WRITER

DOWNEY – Lifting a 600-pound slab of concrete isn't easy, but 63-year-old Annabel Horton can do it, and so can her 36-year-old daughter Michelle Westall.

The women have been members of the Community Emergency Response Team since 2003 and have learned how to perform many emergency functions that would be needed during a post-disaster period.

"I took the classes because I think everybody should be more knowledgeable in case of disasters – especially those in public service," said Horton, a Downey Adult School Career and Education Center instructor.

Any resident 18 years or older can participate.

Registration has begun for the next CERT classes which will be held three consecutive Saturdays, Sept. 6-20. All training is free and the classes are taught by professional responders.

Participants are registered as disaster service workers and protected under workers compensation guidelines.

The local CERT classes are overseen by Matt Coomes of the Downey Fire Department who became CERT coordinator in May. Coomes would like to see the public become more involved in the CERT program and hopes to gain more members this year.

"I want to do this because I grew up in Downey and my parents are still here. This is a way I can give back to Downey," Coomes said. "I would hate for there to be a disaster and people are unable to take care of themselves and their own in time of need."

The CERT program teaches



Michelle Westall learns how to strategically place blocks under this large concrete block so she can lift it. Her training is a part of the Community Emergency Response Team disaster service program. Photo courtesy of Annabel Horton

first aid skills, fire extinguisher use, light search and rescue, and how to protect yourself from becoming a victim.

"We teach people how to take care of themselves first, then their neighborhood, and then the city of Downey," Coomes said.

Highly trained CERT members are also sent to assist other states in times of crisis.

"There's a real need for people to learn how to take care of themselves," Coomes said. "If our recent 5.4 earthquake had been worse, consider there are approximately 120,000 people in Downey, not including those who come into the city to work during the day, and there are generally

only 25 people on duty (at the Fire Department)."

With the CERT training, people learn how to serve as a crucial resource when disaster strikes. CERT has bins of supplies placed around the city and members are provided a backpack of essential aids, as well as trained in what to do, should they be unable to reach the emergency disaster bins.

Coomes said trainees are required to attend the three Saturday sessions and a class once a month at Fire Station 1. The classes teach a different topic and Coomes would like to see a better turn out from the community.

Downey adopted the CERT program in 2002 and has held 11

sessions. More than 300 people have been trained locally, yet only 20-25 people attend the monthly classes regularly.

If you would like to become a CERT volunteer or receive more information, call Matt Coomes at (562) 904-7349.

Tobacco store opens tomorrow

DOWNEY – Golden Tobacco, located at 9202 Lakewood Blvd near Ralphs grocery store, will celebrate their grand opening tomorrow with entertainment and refreshments throughout the day. The community is welcome.

All American HOME CENTER
(562) 927-8666
Like having an expert in the family!

Connections Networking
Join us Thursday at 7:30am
NORDIC FOX
10924 Paramount Blvd.
Downey 90241

Take Control of Your Future! Enroll Now!
LIBERTY'S FREE TAX SCHOOL
Learn to prepare individual income tax returns
(562)904-1040
7914 Firestone Blvd
Downey, CA 90241

Liberty Tax Service has been approved by the California Tax Education Council to offer Liberty Tax School (CTEC Course #2097-GE-001), which will fulfill the 60-hour "qualifying education" requirement imposed by the State of California to become a tax preparer.

LOOSE DENTURES?

Now you can have what you crave!

With new mini dental-implant technology, you can enjoy secure eating comfort again.

In one short procedure, you can have a stable denture with no surgical sutures - nor the typical months of healing.

Call for your complimentary consultation
562-869-0928

John McAllister, D.D.S., Inc.
Cosmetic and Family Dentistry
10917 Paramount Blvd • Downey
www.Freedenture.com

Are you 100 pounds over weight? Are you suffering from high blood pressure or diabetes?

Come for a FREE BODY MASS INDEX SCREENING (BMI) & consultation. Also receive a FREE Pedometer* (while supplies last)

*A pedometer is an exercise measuring device that accurately counts number of steps you take on walks or hikes.

**Wednesday, September 3rd
Between 1:30 and 3:30 PM
BY APPOINTMENT ONLY
1-800-813-4345**

Lakewood Regional Medical Center
Your Health, Your Hospital

Lakewood Regional Diagnostic Center
3650 E. South Street
Suite 101
Lakewood, CA

FREE BUYER SEMINAR

Want to learn how to get the best deal in this market?
Come and learn techniques that the banks don't want you to know!
BANKS' LOSS YOUR GAIN!!
Low prices + Low Interest Rates = AFFORDABLE PAYMENTS
COME & LEARN WHY TODAY IS THE TIME TO BUY!!
Please R.S.V.P to reserve your seat today!
866-616-7570 ext:101
English ext:288/Spanish ext:255

DATE: AUGUST 28TH 2008
TIME: 6:00 P.M.
LOCATION: 9155 TELEGRAPH ROAD PICO RIVERA CA

CENTURY 21 ALLSTARS 9155 Telegraph Rd. Pico Rivra, Ca 90660

HAVING PROBLEMS WITH YOUR MORTGAGE PAYMENTS?

Don't know what to do?
Don't know where to start?
Join us for a **FREE SEMINAR!**
Please R.S.V.P to reserve your seat today!
866-616-7570 ext:288
English ext:288/Spanish ext:255

DATE: AUGUST 29TH 2008
TIME: 6:00 P.M.
LOCATION: 9155 TELEGRAPH ROAD PICO RIVERA CA

Council says OK to 26 seats for Bon Appetit

■ Sushi bar had only been permitted 10 seats originally.

BY HENRY VENERACION, STAFF WRITER

DOWNEY — The Council at a public hearing Tuesday adopted a resolution approving an appeal made by Bon Appetit Sushi and Salad located at 7808 Florence Ave. to increase the restaurant's seating capacity.

This overturned the Planning Commission's prior denial of Conditional Use Permit No. 08-16, which was a request for an alcohol beverage license, Type 41 (On Sale Beer and Wine, Eating Place) within the existing restaurant and zoned C-1 (Neighborhood Commercial), and its related limited seating requirement.

It was determined that 26 seats were warranted at the restaurant. A proviso was added that, to mitigate noise, the rear (south) door of the restaurant should remain closed at all times, except to allow employee ingress and egress only.

At the second public hearing, this time more contentious than usual, the Council finally denied by a vote of 3-2 the appeal of a decision by the Planning Commission to deny zone variance No. 07-202—a request to waive the enforcement of a conditional approval of the zone variance that requires two covered parking spaces prior to the sale of property located at 9447 Pellet St., if ever.

The property owner cited dire economic reasons for the appeal, but the majority of the Councilmembers said this might set a precedent that could drag the city into messy situations later on.

Mayor David Gafin, Mayor Pro Tem Mario Guerra, and Councilwoman Anne Bayer voted to deny the appeal.

Never too soon: Bellflower hosting Halloween auditions

BELLFLOWER — Auditions will be held Sept. 4 for the city of Bellflower's second annual Halloween Haunt, a free theatrical tour offered to the community in the days leading up to Halloween.

Auditions will be from 4 to 9:30 p.m. at the Bellflower Theater Company. Persons who audition should bring a photo and resume and be prepared to cold read. Dancing is involved.

The show will be presented during mid-October.

For more information, call (562) 867-3524.

In other action, the Council:

- Approved a continuation of a grant contract with the city of Los Angeles for training funds for the Downey Fire Department, administered through the Urban Area Security Initiative (UASI) grant process in 2007;

- Approved the Subrecipient Grant Agreements for the following agencies, with a combined allocation of \$144,403 in Community Development Block Grant (CDBG) funds: a) Arc of Southeast Los Angeles County, \$11,500; b) Downey Unified School District, \$34,403 (the 10-20 Club Outreach Program gets \$31,000 while the True Lasting Connection Family Resource Center receives \$3,403); c) Rio Hondo Temporary Home, \$17,500; d) Salvation Army Southeast Communities, \$3,000; e) Southern California Rehabilitation Services, \$78,000;

- Approved the contract with Fair Housing Foundation in the amount of \$15,600 to provide fair housing services (counseling, mediation, dispute resolution service for landlords, tenants, and home seekers, etc.) during FT2008-09; this, too, uses CDBG funds;

- Adopted a resolution approving the destruction of certain obsolete records of the City Clerk Department;

- Adopted an ordinance amending Section 3186 of the Downey Municipal Code relating to the speed limit for Alameda Street (increased to 30 mph from 25 mph); and

- Heard a presentation of plaques of appreciation to City staff by an appreciative Downey Ponytail Softball Association.

The next regular public meeting of the City Council will be at 7:30 p.m. on Tuesday, Aug. 26 at City Hall, 11111 Brookshire Ave.



An orientation for Downey Adult School's Fashion and Beauty Makeup Academy will be held tomorrow at 1:30 p.m. Photo courtesy Downey Adult School

Fashion/makeup class at adult school

■ Students will earn vocational diploma at end of 15-week course.

DOWNEY — Open registration will take place tomorrow for Downey Adult School's newest class, Fashion and Beauty Makeup Academy, a 15-week program training students to work as a makeup artist in film, photography, advertising and retail cosmetics.

Students will learn facial contouring, highlighting, face matching and skin care. Students will also be introduced to the development module of set etiquette and business formalities when working in a professional photo shoot and retail environment.

A vocational diploma will be presented to students at the conclusion of the program.

Registration includes makeup kit, professional photo/portfolio, books, uniform, and supplies.

Tomorrow's orientation is scheduled for 1:30 p.m. Another orientation will be offered Aug. 26 at 3:30 p.m. For more information, call (562) 940-6200 or visit www.das.edu.

Classic car and custom motorcycle show

The Downey Elks Club will be holding a Classic Car and Custom Motorcycle Show on Aug. 24 at 11233 Woodruff Avenue.

Enjoy music from the 1950s and 1960s, classic car and custom bike display, food and raffles. Prizes include 500 dollars cash, two tickets to Disneyland, and an uncut sheet of 32 one dollar bills.

Festivities will be held 10 a.m. to 6 p.m. and general admission is free.

Pre-admission for cars and bikes is 8 a.m. and there is a \$10 entry fee. All cars must be pre-1974 and there is a 60 car limit. Foreign cars will not be allowed entry.

For more information, call Garry Gareau at (562) 544-9131 or Jim Rawlins at (562) 864-7628

Bingo and ice cream at Temple

DOWNEY — The brotherhood of Temple Ner Tamid of Downey is hosting a ice cream social Sept. 13 at 7 p.m.

The night will include bingo sessions. The community is invited. Cost is \$10 per person. Children under 13 are \$1.

For information or reservations, call Harold Mark at (562) 861-3065.

The Poet's Corner

Echoes of Southland Industry

A large city block of sheet metal barns,
Another whole block of prickly scrap piles,
And stacked in a giant grey steel and brick pot
One hundred tons of metal await.

From high up on towers the power comes down
Through wires as thick as the leg of a man.
Power enough to light up a town
Flows to grey massive fork fingers longer than trees.
The touch. Now sparks, and flashes, and blasts, and crashes,
Roaring, rumbling, shaking the ground,
hot blue-white light shooting out of the cracks,
Rapid explosions as bright as the sun.

First blows of violence
Meld into the roar of a huge organ drone.
The fiery magic roars on and on,
Barely contained in stout steel and brick walls,

And then it is done.
Slowly the tree trunks rise from the stew,
Slowly the giant pot tips to disgorge
The hot honey brew in a torrent of orange.

The glowing hot molds now cool in the yard.
The cranes are all parked,
The workers store their gear and go home
And then there is quiet.

And now there is quiet.
The magic that transformed a farm field is gone.
The steel mill completely pulled out by the roots,
The noise and the soot carried off in the wind.

Down a dim warehouse aisle
A fork lift glides by,
And then quiet.
A rattle.
The hum of a fan.
— Frank Kearns,
Downey

That Little Ray of Sunshine

That little ray of sunshine
Shining through the trees
It lifts my flagging spirit
Like music on the breeze

That little ray of sunshine
through the fountains sprays
A wondrous little rainbow
Lifts my heart to praise

From that little ray of sunshine
So many blessings pour
May we overcome our greediness
And make the end of war.

That little ray of sunshine
That gives me so much peace
It makes me a better person
My anger all shall cease

That little ray of sunshine
As from some distant star
Leads me to love and praise
And worship from afar.
— Leona Swanson,
Downey



DOWNEY FEDERAL CREDIT UNION

Count On Us Through All Stages Of Life

Rest Assured

WE'RE LOOKING OUT FOR YOU

SAFE. SECURE. We're there for you.

During uncertain times, it's comforting to know that Downey Federal Credit Union continues to be strong, safe and stable. Our members have counted on us to provide all their financial needs for over 51 years.

All accounts insured to \$100,000 by the National Credit Union Administration (NCUA), an agency of the federal government. Up to \$250,000 in additional coverage is provided by American Share Insurance, giving our members total coverage up to \$350,000 for each account and up to \$500,000 for individual retirement accounts.


Great rates. Great service. What are you waiting for? Join today.

Downey Federal Credit Union
8237 Third Street
(562) 862-8141
www.downeyfcu.org

Office Hours: 9:00 am-4:30 pm, M-F
Drive-Up Hours: 8:30 am-5:30 pm, M-F







Build Your Future at Cerritos College

Enroll now. Classes start soon.

Cerritos College

11110 Alondra Blvd.
Norwalk, CA 90650
(562) 860-2451



Alex Rossil
Accounting Major

www.cerritos.edu/fall

The R-word

By Eric Pierce

Yolis Chavez is not a Ben Stiller fan. Well, not anymore. Chavez, a personable young woman and consumer at Arc of Southeast Los Angeles County, says she's not planning on catching "Tropic Thunder" in theaters this weekend (or anytime). "I wouldn't go see it," Chavez said at Wednesday's protest rally at Arc. "No way. It's making fun of us." By "us" Chavez refers to her friends with mental disabilities at Arc, each of whom claimed personal offense to the film's gratuitous use of the word "retard." The word is hurtful, all of the consumers agreed. The word is insensitive, unkind, and just plain mean. As a regular moviegoer myself, I would add that retard is a silly, sophomoric and grossly unfunny word. And I'm not about to shell out \$12 to watch two talented actors in Ben Stiller and Robert Downey Jr. engage in half-witted sixth-grade conversation. But that's just me. Chavez said she hears the word retard – the R-word – enough times just walking down the street. She doesn't need to hear it in a movie theater too.

"I walk away sometimes," said Chavez, who participates in Arc's Fast Track job preparation program and is searching for an office job. "I like doing things. I like writing. And sometimes people will say I can't do this and I can't do that. But if I put my mind to it I can do it. I know I can."

Wayne Dunbar is a sharp young man who happens to have a mental disability. He said he hears taunts while riding the bus to and from his home in Carson.

"I don't like it, so I don't listen to them," he said. "I just mind my own business."

Dunbar works five days a week in Arc's assembly plant, so he receives a steady paycheck. But he's not about to spend his hard-earned money on "Tropic Thunder."

"No, I'm not going to see it," he said. "And my family's not going to see it. They don't want the R-word in the house. The R-word's gotta go!"

Should "Tropic Thunder" be banned? No, of course not. Free speech is a wonderful thing. But the community should be made aware of the film's offensive nature towards people with disabilities.

Downey loves Arc. Downey is an Arc community. Downey residents should hopefully respect that relationship and choose on their own accord not to watch "Tropic Thunder." "Tropic Thunder," colossal blunder.

Letters to the Editor:

Swap meet complaints

Dear Editor: I would like to concur with Dale Dollins about the problems caused by the Saturday swap meet at Warren High School ("Slob Meet," 8/8/08). He did not mention the total disregard for the auto parking codes in the area, which never seem to be enforced. — **Frank Myers, Downey**

Dangers of pet grooming

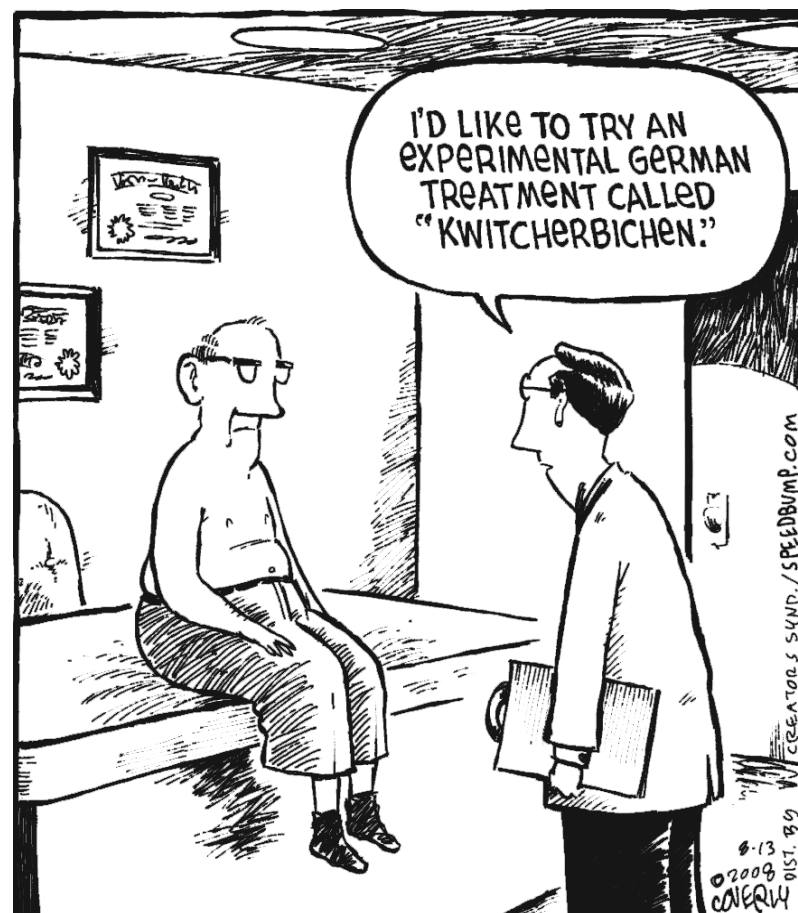
Dear Editor: Recently, the "Today Show" aired a segment on the hidden dangers of dog and cat grooming salons after a show employee's 2-year-old Labrador retriever, Sushi, died when she was left in a cage dryer for 30 minutes with the temperature set at 100 degrees. Sushi's death is only the most recent in a long, tragic string of grooming-related deaths. Another grooming accident left a Shih Tzu dead in a cage dryer at a New York pet store. Two Yorkshire terriers also died from overheating when a Connecticut salon's dryers failed to shut off. In an affidavit, a veterinarian who tried to save one of the animals reported that the dog had the worst case of heatstroke that she had ever seen. The following are some tips that you could share with your readers: Learn to groom your animal yourself. It's cheaper, and it's a fantastic bonding opportunity. Request that your dog be hand or air-dried. Cage driers can malfunction and be inadvertently left on, which leaves your animal companion with no escape from the heat. Insist on staying with your animal during grooming. Check to see if the groomer that you're considering is a graduate of a training program and a member of any trade organizations. Although groomers are not required to be licensed, association with groups like the National Dog Groomers Association often indicates professionalism. Request references from other clients. Ask if any animals have been injured or died in the salon's care. Also check with the Better Business Bureau to see if any complaints have been filed against the facility. Be sure to tell the groomer about any health issues that your animal companion has. — **Daphna Nachminovitch, Vice President, Cruelty Investigations Department, People for the Ethical Treatment of Animals (PETA)**

Letters to the Editor:

Not convinced

Dear Editor: Could someone please tell me what that building is on the corner of Downey Avenue and Gallatin Road? It must be too big for a house, since that's R-1 territory, apparently it is a house, all two-and-a-half stories. It has some sort of false wall at the top, like the type you see on commercial buildings. The building is block-like with no apparent architectural style. Heck, no style at all if you ask me. What happened to all of the hearings at City Hall about reining in McMansions? What happened to the recommendations of a private consulting firm that recommended limits on the square footage of new homes, sight line setbacks, style, etc.? What happened? Apparently nothing. You can't convince me there were that many homes in the planning process before the new recommendations (if any) went into effect so it appears to me that the city caved in to the contractors and realtors and it's business as usual. The only hope we have in stopping the spread of McMansions is the current housing crisis. Maybe the market will finally dictate a return to sensibly sized homes. — **John Powell, Downey**

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.



Privatizing drinking water a costly venture

CONTRIBUTED BY ERICA GIES

Water turn on the tap, and clean water flows. Most of us take this service for granted because we consider water, necessary for life, a basic right. In fact, this notion stems back to an ancient Roman legal precedent called the public trust doctrine. This fundamental tenet says that crucial natural resources, especially water, belong to everyone.

But 1.1 billion people worldwide do not have access to clean water, according to the United Nations. Waterborne diseases such as cholera and dysentery kill 2.2 million a year. This was true in the United States until government took over our water infrastructure as a public health measure.

However, now many aging U.S. municipal water systems are deteriorating. One-fifth of our drinking water is lost to leaks, while overworked treatment plants release 1.2 trillion gallons of raw sewage into waterways annually, according to the Congressional Budget Office.

Stark estimates show that Americans will need to spend up to \$1 trillion by 2019 to make necessary upgrades. Unfortunately, federal funding for water systems has plummeted, and some strapped communities have turned their facilities over to private companies, hoping the private sector will make water system improvements government hasn't.

Thirteen percent of U.S. municipal water systems have been privatized already, mostly turned over to European multinational companies with misleading names such as American Water Works and United Water.

Privatization advocates argue that corporations can best provide and update water infrastructure. However, early adopters, including Atlanta, New Orleans, Indianapolis, Jersey City, and Lexington have seen privatization fail by a number of measures.

Water prices usually rise shortly after privatization – sometimes dramatically. Privately owned water utilities charge customers significantly higher rates than those publicly owned; up to 50 percent more, according to Food & Water Watch, which compared rates charged by publicly and privately owned utilities in California, Illinois, Wisconsin, and New York.

High water prices can be catastrophic for the poor. In Bolivia in 1999, the government granted a 40-year water privatization contract to a Bechtel subsidiary. Rates increased immediately by as much as 200 percent. Many families were paying one-fifth their income for water, which resulted in rioting, government instability, and Bechtel's withdrawal from the country.

In some parts of the U.S., new industry-backed laws allow utility managers to turn off water due to customer nonpayment. In Pennsylvania in 2005, managers cut off water to thousands of people unable to pay their bills.

The significant environmental costs of privatization are just as troubling. Some companies push expensive, environmentally destructive schemes to increase water supply – such as desalination plants – because their profits are tied to how much they spend on infrastructure improvement. High-cost projects generate huge profits for the corporation, while draining public coffers. Tampa Bay Water partnered with private company Veolia Water to build the largest desalination plant in the nation. The facility cost \$158 million and will serve just 10 percent of the area's water customers.

The simple, inexpensive solution to meeting U.S. water needs is not privatization but conservation. California, the country's biggest water consumer, could cut its wasteful use of water by 20 percent in the next 25 years, while meeting the needs of a growing population, a healthy agricultural sector, and vibrant economy, according to the Pacific Institute. Stormwater capture is also an important, less expensive strategy. But corporate water managers have little interest in conservation because the more water they sell, the bigger their profits.

One of the best and cheapest ways to assure a clean water supply is to let nature work. In 1989, New York City contemplated a new \$6 billion water filtration plant. Instead, the city spent \$1.2 billion over 10 years to purchase and restore its watersheds, allowing a 2,000-square-mile forest to clean the water. Other communities, such as Auburn, Maine, have done likewise. Private companies oppose this watershed approach, because it reduces the need for costly treatment methods, thus reducing water prices and profits.

In fact, water privatization can actually reduce water quality. In the United States, the National Association of Water Companies lobbies Congress and the EPA to block higher clean water standards, which it views as an unnecessary expense.

A 2005 poll by an independent research company found that 86 percent of Americans support a national, long-term trust fund for water infrastructure. So do I. This solution would allow us to update aging community water systems, while keeping our drinking water securely in public hands.

Americans have a fundamental right to life, liberty and the pursuit of happiness. Clean affordable drinking water is essential to life; it too is an inalienable right.

Erica Gies is a freelance reporter whose work has been published by the International Herald Tribune, Wired News, Grist, E/The Environmental Magazine, and The San Francisco Bay Guardian. © Blue Ridge Press 2008.

America's health is in jeopardy

BY REP. LUCILLE ROYBAL-ALLARD (D-CA)

The future of America's health is at a crossroads, which requires us to make a critical decision. Will we choose to walk down a road that promises a healthier future for all Americans or will we choose to continue down a path that has allowed the United States to lag behind 28 United Nations' countries in life expectancy?



According to the Centers for Medicare & Medicaid Services, the United States annually spends \$2.2 trillion on health care – more than any other nation. Incredibly, 75 percent of our health care budget is spent largely on preventable chronic disease conditions, and still the United States has the highest rate of preventable deaths in 19 industrialized countries.

Even more troubling is the fact that the number of people in the United States with preventable chronic diseases continues to rise steadily. If unchecked, public health experts agree that nearly half of our population will suffer from at least one chronic disease by the year 2025.

We can no longer ignore the science that links nearly 60 percent of premature deaths in our country to preventable environmental conditions, social circumstances, or negative behavioral choices.

We have known for almost a decade, for example, that obesity and physical inactivity account for more than 300,000 premature deaths each year in the United States – second only to tobacco-related deaths. As we continue to ignore this preventable reality, our nation's obesity epidemic has seen many years of steady increases. It may very well be that today's children will be the first in a generation to have shorter, less healthy lives than their parents.

However, there is good news. The road to a healthy future requires some simple, small choices that have proven to be effective in reducing the incidence and severity of many chronic diseases. They include: better eating habits, exercising more and taking an aspirin every day.

Unfortunately, these proven preventive strategies fail to reach large numbers of people at risk for chronic diseases. One reason for this failure is that our health system continues to prioritize medical care based on dis-

ease treatment rather than health care focused on prevention and disease control. We only address diseases after they become more costly and difficult to treat.

For example, in 2007, the costs related to diabetes were estimated to total \$174 billion. Medical expenditures totaled \$116 billion, and indirect costs resulting from reduced productivity, increased absenteeism, disease-related unemployment disability, and loss of productive capacity due to early mortality totaled \$58 billion. If we invested in prevention instead of just treatment of this disease, we could save money, productivity and lives. A new report from a public health non-profit called Trust for America's Health found that if we reduced Type 2 diabetes and high blood pressure rates by just 5 percent, we could save more than \$2.8 billion annually in health care costs within one to two years.

Next year, as a new Congress and a new Administration work to fix our broken health care system, it is imperative that we prioritize disease prevention and public health in the formulation of any health policy. For that reason, I introduced a resolution in the U.S. House of Representatives to raise awareness about the need to increase our federal commitment to prevention and public health. I am pleased to be joined in this effort by my co-chairs from the Study Group of Public Health: Reps. Jim McGovern (D-MA) and Kay Granger (R-TX); Rep. Jim Moran (D-VA) from the Prevention Caucus; and Reps. Diana DeGette (D-CO) and Michael Castle (R-DE) of the Diabetes Caucus.

As the resolution makes clear, the future health of our country is at a critical point in our history. New research has shown that investing in clinical and community-level prevention saves lives and significantly reduces health care costs. Specifically, Trust for America's Health found that an investment of \$10 per person per year in proven community-based programs to increase physical activity, improve nutrition, and prevent smoking and other tobacco use, could save the country more than \$16 billion annually within five years. This is a return of \$5.60 for every \$1.

It is clear that the road to a timely, accessible, effective and affordable health care system is paved with prevention and public health. Both are key elements to reaching our goal of becoming a stronger and healthier nation.

The Downey Patriot

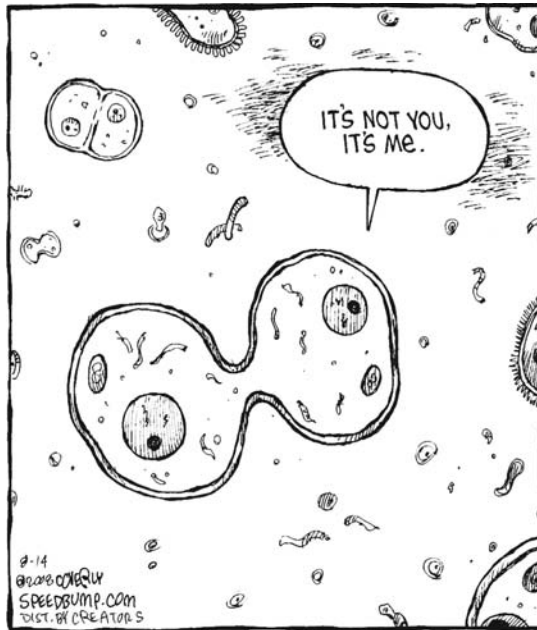
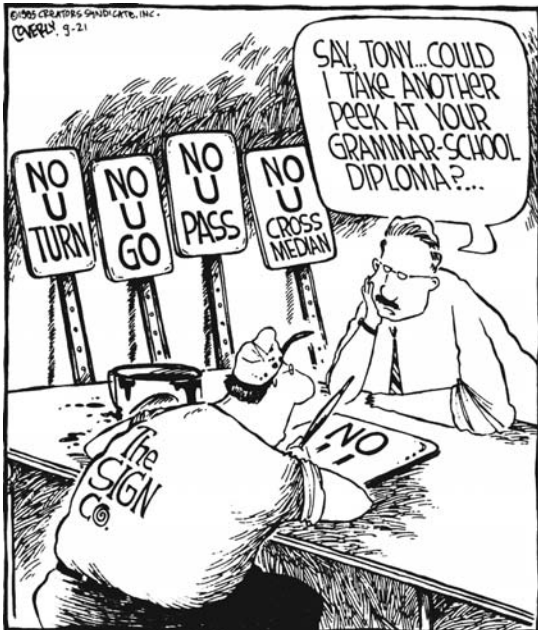
	Jennifer DeKay-Givens..... Publisher/Adv. Director
	John Adams..... Editor Emeritus
	Eric Pierce..... City Editor
	Henry Veneracion..... Staff Writer
	Mary Forney..... Staff Writer
	Scott Cobos..... Staff Writer
	Dorothy Michael..... Display Advertising
	Linda Larson..... Classified Advertising
	Jonathan Fox..... Production
	Gibran Latif..... Webmaster

8301 E. Florence Ave., Suite 100, Downey, CA 90240
 Phone (562) 904-3668 * Fax (562) 904-3124
 Hours Monday-Friday 9 a.m. - 3 p.m.
 www.TheDowneyPatriot.com
 The Downey Patriot is published weekly by Jennifer DeKay-Givens.
 Controlled Distribution, 25,000 copies printed. Distributed by
 Great Western Advertising Distributors, Inc., Los Angeles, CA.

SPEED BUMP



DAVE COVERLY



Downey Community Calendar

Events For August

Sat. Aug. 16: **Orientation for Fashion & Beauty Makeup Academy**, Downey Adult School, 1:30 p.m.
 Mon. Aug. 18: **Fundraiser for Missing Persons**, Rubio's Fresh Mexican Grill, 5 p.m.
 Wed. Aug. 20: **Robin Kelly Tribute Concert to the Carpenters**, Furman Park, 7 p.m.

City Meetings

1st Tuesdays, 6:15 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
 2nd & 4th Wednesday, 6 p.m.: **Design Review Board**, Council Chamber at City Hall.
 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

6:30 p.m.: **Metropolitan Masonic Lodge #352 dinner**, mtg., for information call 426-6786.
 6:30 p.m.: **Overeaters Anonymous**, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.
 1st Mon., 4 p.m.: **2nd Century Foundation**, at City Hall, 1st floor, call 927-9790.
 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
 3rd Mon., 7 p.m.: **American Legion Post 270**, Los Amigos Country Club, call 869-1053.
 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

Tuesdays

9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Vince Zoida at (714) 761-4439.
 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
 9:30 a.m.: **Adventure with the Bible**, at the First Baptist Church call 928-4153.
 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Darren Dunaway at 806-5400.
 12 p.m.: **Exchange Club of Downey**, at Sizzler, for information call Don Hollister at 927-5871.
 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call 928-2658.
 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
 7 p.m.: **Boy Scout Troop 441**, at Apollo Park Activities Room, for information call 923-3659.
 2nd and 4th Tues., 7:30 a.m.: **Chamber "Rise&Shine" Networkers**, at Nordic Fox, for info. call (562) 923-2191.
 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Bakers Square. for information call (562) 927-6438.
 2nd Tues., 7 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 943-3904.
 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.
 Last Tues., 11:00 a.m.: **Los Companeros Service Club**, at Los Amigos Country Club, for info call 863-1549.

Wednesdays

7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
 1 p.m.: **Women's Bocce Club**, for information call 869-8782.
 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
 1st Weds., 7:30 p.m.: **Downey Emblem Club #309**, at Downey's Elks Lodge, for information call 868-4386.
 1st & 3rd Weds., 7:00 p.m.: **After-Care Post Cencer Therapy Group**, for information call 923-4800.
 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
 2nd Weds., 7:30 p.m.: **Downey Sister Cities Ass'n**, at Maude Price School, Call 862-7197.
 2nd Weds., 11:45 a.m. - **Downey Christian Women's Club**, at Los Amigos CC, Call 927-8488.
 2nd & 4th Weds., 11:00 a.m. - **AARP**, at Barbara J. Riley CC, Call Lorene Frazier 861-6075.
 3rd Weds., - **Downey Dog Obedience Club** Apollo Park.
 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
 4th Weds., 12:00 noon: **Retired Federal Employees**, at Furman Park West Bldg., call 943-5513.
 Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

Thursdays

7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
 7:30 a.m.: **Connections Networking**, at Nordic Fox 10924 Paramount, for information call 869-1414.
 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
 12 p.m.: **Downey Christian Businessmen's Committee**, for information call 928-4153.
 12 p.m.: **Optimist Club of Downey**, at Samb's, for information call Steve Allen at 622-7655.
 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.

Fridays

7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

Sundays

3rd Sun. Odd # Months 1:30 p.m.: **Aerospace Legacy Foundation**, at First Baptist Church Room 120.

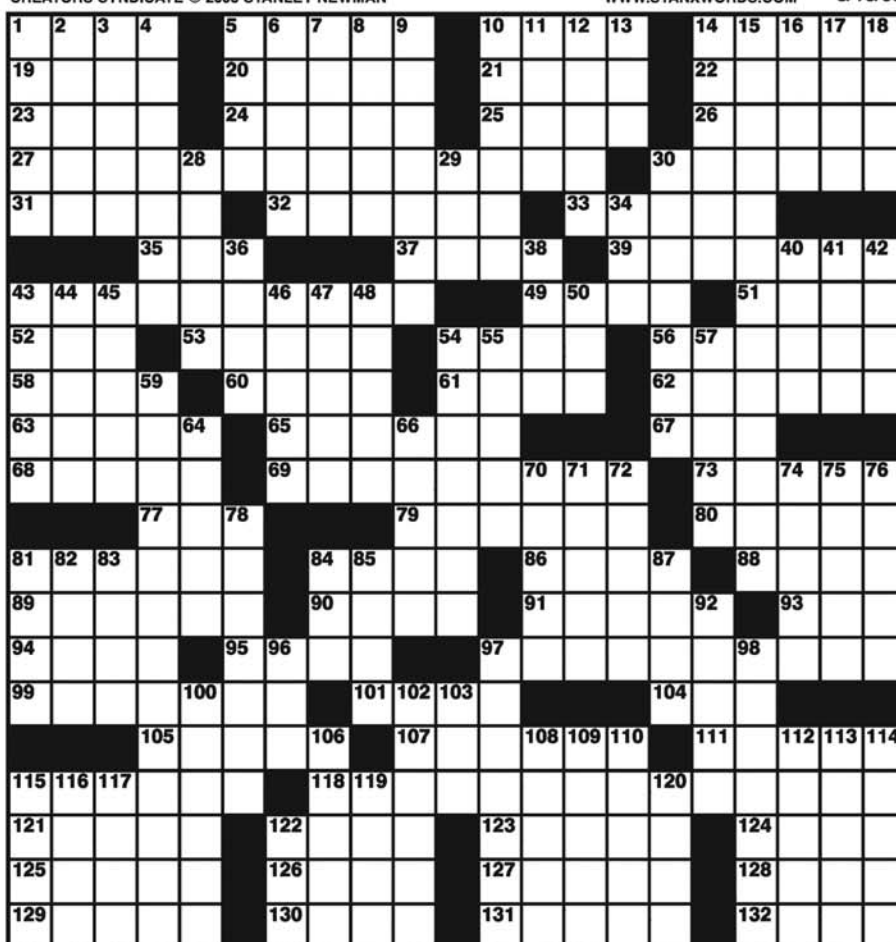
On This Day...

August 15, 1057: Macbeth, King of Scots, is killed by the son of King Duncan.
1935: Humorist Will Rogers and pilot Wiley Post are killed after their plane crashes near the town of Barrow, Alaska.
1938: American Justice Stephen Breyer is born. Also born Aug. 15: Rose Marie (85), Jimmy Webb (62), Debra Messing (40), Ben Affleck (38) and Joe Jonas (19).
1939: "The Wizard of Oz" premieres at Grauman's Chinese Theater in Hollywood.
1969: Woodstock Music and Art Fair opens in Bethel, N.Y.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
HEAD SET: With your brain right nearby
 by Shirley Soloway

CREATORS SYNDICATE © 2008 STANLEY NEWMAN WWW.STANXWORDS.COM 8/10/08



- ACROSS**
- 1 Toon troublemaker
 - 5 Rascal
 - 10 Wag's words
 - 14 Headlights
 - 19 On ___ with (equivalent to)
 - 20 Dove alternative
 - 21 Catering equipment
 - 22 Dr. Montessori
 - 23 Half of CCCXII
 - 24 Divided
 - 25 The 13th or the 15th
 - 26 Many a Florida Key
 - 27 Remain optimistic
 - 30 Whomever
 - 31 Church council
 - 32 Rock-concert purchase
 - 33 Proscribed
 - 35 Diminutive suffix
 - 37 Helper: Abbr.
 - 39 Youngest Ivy League school
 - 43 Be overly petty
 - 49 Real creep
 - 51 Back into a corner
 - 52 Grievous distress
 - 53 Buffalo NHLer
 - 54 Air pollution
 - 56 Chinese divination book
 - 58 Lacks existence
 - 60 "Gotcha, man!"
 - 61 Sub sandwich
 - 62 Rains ice
 - 63 Refrain from revealing
 - 65 Oneness
 - 67 Break ground
 - 68 Alexander director
 - 69 Explodes in anger
 - 73 Sets of two
 - 77 Four, on phones
 - 79 Theater district
 - 80 Arrange
 - 81 Does a kitchen job
 - 84 Deliberately avoid
 - 86 Background noises
 - 88 Roots, for example
 - 89 Truffaut or Hitchcock
 - 90 Dame Diana
 - 91 Become frozen
 - 93 Dash
 - 94 Intro drawing class
 - 95 Friends of Paris
 - 97 Campaign '88 quote
 - 99 Monroe and Bardot
 - 101 Vault
 - 104 Vein contents
 - 105 Ancient Britons
 - 107 Honeydew alternative
 - 111 Bother
 - 115 Topographical necks
 - 118 Regard with disdain
 - 121 Small songbird
 - 122 Undistinguished
 - 123 Sullen
 - 124 Poker player's declaration
 - 125 Sci-fi character
 - 126 Currier collaborator
 - 127 Golf pro Els
 - 128 "Cool!"
 - 129 Crannies' partners
 - 130 Merlot and Pinot Noir
 - 131 Four-legged charger
 - 132 Bar bottles
- DOWN**
- 1 Endorses
 - 2 Marquand title character
 - 3 Deep black
 - 4 African capital
 - 5 Leaf through
 - 6 French royal house
 - 7 Accumulate
 - 8 Goose-step, perhaps
 - 9 Damon's pal
 - 10 The Dionnes, notably
 - 11 Pakistani tongue
 - 12 Like Inspector Clouseau
 - 13 Ltr. additions
 - 14 Key of a Bach mass
 - 15 Lovely to look at
 - 16 "Alice's Restaurant" fellow
 - 17 Bearing
 - 18 Fill, and then some
 - 28 Golden Boy playwright
 - 29 April addressee
 - 30 Do away with
 - 34 Royal-flush component
 - 36 Cambodian neighbor
 - 38 Norse god
 - 40 Pennsylvania port
 - 41 Gave conditionally
 - 42 Staying power
 - 43 Heidi, for one
 - 44 Allege
 - 45 Far from allegro
 - 46 American Idol judge
 - 47 One of Chekhov's "Three Sisters"
 - 48 Kelly's costar
 - 50 Freudian concern
 - 54 Cobbler's job
 - 55 Smart group
 - 57 Not-so-smart group
 - 59 With whimsical irony
 - 64 India's first Prime Minister
 - 66 Shoulder gesture
 - 70 "Rock revival" tune
 - 71 New York city
 - 72 Worked on one's muscles
 - 74 Video-game pioneer
 - 75 Found, as a relic
 - 76 Bridges
 - 78 Haifa native
 - 81 Volvo alternative
 - 82 Twist into ringlets
 - 83 Beetle Bailey dog
 - 84 ___ Lanka
 - 85 Boo accompanier
 - 87 Style of wrestling
 - 92 Combustible heaps
 - 96 Helena hrs.
 - 97 Starts up again
 - 98 Bent
 - 100 Zealous ones
 - 102 Spanning
 - 103 Close follower
 - 106 Chef's need
 - 108 On the left, on the water
 - 109 '50s singing star
 - 110 Actress MacDowell
 - 112 My Cousin Vinny Oscar winner
 - 113 36 Down, for example
 - 114 Camping equipment
 - 115 Russian John
 - 116 Farm sight
 - 117 Donald's nephews, e.g.
 - 119 No longer pristine
 - 120 Looked over
 - 122 Title of respect

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

schools.
 youngest of the eight Ivy League
 University (39 Across) is the
 Founded in 1865, CORNELL
 15th day of the other months.
 Across) was the 15th day of March,
 ancient Rome, the IDES (25
 to receive a medical degree. In
 Across) was the first Italian woman
 Educator MARIA Montessori (22



Greg Thompson's key: 'keep moving forward'

BY HENRY VENERACION, STAFF WRITER

For fun- and sports-loving Greg Thompson, who had just turned 22, his world as he knew it would come to a crashing end one early April morning in 1977 near the banks of the Colorado River, some 23-26 miles below Lake Havasu.

He was waterskiing, and the water suddenly caught the front of his skis. He tumbled forward face first, floated motionless, face down, for about thirty to forty seconds under a foot of water, until a wave turned him over. His buddies on the shore thought he was kidding. When Greg was able somehow to utter a cry for help, they realized he wasn't playacting, and rushed to help him ashore.

Greg had broken his neck (it would heal) and lost (forever) the use of his legs. Other vital functions (the liver, kidneys, reproductive) were, thankfully, left unscathed. But at that terrible moment of the freak accident, Greg thought his life was over.

Actually, his new life was about to begin.

He would spend four months as an inpatient at Rancho. "When you suffer a major injury there is an ongoing struggle to maintain your confidence in your ability to live [a normal] life," he was to observe later. As it happened, his and Rancho's fortunes were fated to intertwine.

But it was only after he accepted the fact that he would never walk again, that he strove mightily to build his life anew. First, looking about him, he set out to prove he could be a champion athlete. Sure enough, he would soon become one of the world's elite wheelchair athletes; he would win four national tennis titles.

He would also compete on several Rancho teams. Joining Rancho in 1982 after earning a bachelor's in therapeutic recreation at CSU-Long Beach, he saw he could build a career based on helping individuals with disabilities. At Rancho he helped develop the Rancho wheelchair sports program and spinal injury games. It was during this period that, as he tells it, he would find love, marrying fellow therapist Lilli. He had by then determined he would further expand his knowledge ("I was serious about this"). In 1992, he earned his master's in social work at USC.

Today, after dedicating more than twenty years at Rancho and after seventeen years of marriage, Greg has earned respect as a leader and role model for the hospital staff. He says the success he's enjoyed traces back to Rancho, with his family occupying center stage in his life.

"It takes dedication to get up every day, get the kids off to school and come to work," he says. "But Rancho has taught me that sometimes the things we take for granted are really the sweetest things in life."

Greg has been Director of Social Work for seven years. "We at Rancho

try to make sure we provide quality care to patients and their families, help them transition back into the community. We help them find resources—housing, fiscal resources, caregivers. We also provide, and this is important, psychological support or counseling, because most of our patients have had a traumatic event and this affects the whole family. Oftentimes, they experience depression, anger, you name it."

"We serve a very diverse population and we see all ethnicities," he goes on. "Most of them come from less favored environments, and finding resources could be a big challenge. Nevertheless we serve everybody who are residents of LA County, whether they have insurance or not. Everybody gets excellent care."

Even before the accident, Greg had already taken an interest in Eastern philosophy. His readings on this intensified within the last ten years, as he sought to mesh its teachings with those of the more traditional sociological discipline he picked up at university. He says it has helped tremendously in his work, not to mention his own case. "Everyone has strengths and weaknesses," he says. "Both areas stress the importance of focusing on your strengths; learning to maximize your potential; freeing your mind of your limitations. There are very helpful suggestions on deep breathing exercises, on visualization, on focusing your energy, on self-actualization, on having a positive attitude.. It's good stuff."

"Personally, I've always been very competitive and goal-oriented," Greg goes on. "And I've worked very hard to maximize my potential, to be independent, lead as normal a life as anybody else, be as comfortable with my disability as I can. I have succeeded to a large degree, I think. My three kids and my wife are very comfortable with me in my wheelchair, and so on. This sense of confidence, of self-worth I try to convey to my patients. And they listen, because I've overcome what they're going through."

"As an institution, our biggest challenge right now, as you may know, is to stay open," Greg goes on. "March 2009 is a red letter day for us. That's when the class action suit against Rancho's closing is up. All indications, though, are that we will stay open. We've been working very hard, doing things more efficiently and more effectively, so they won't fault us on our operations. In this respect, Supervisor Don Knabe, whom we consider one of the champions of Rancho, may be our greatest supporter on this."

As busy as he is, he comes and supports us with his time, and participates in our programs."

"We cannot forget the valuable contributions made by Rancho volunteers. And the work the Amigos Fund does is tremendous," he says.



Greg Thompson and his family: Greg with his son Ryan, twin daughters Emily and Katie, and wife Lilli.

"They're the ones who raise money to help the patients who won't have any otherwise."

In the meantime, he says, "It's important for me personally to continue to contribute, to participate fully in society. For me the secret of living with a disability is to keep moving forward."

BULLETIN BOARD

CALVARY CHAPEL CHRISTIAN SCHOOL K5-12
12808 Woodruff Ave., Downey, CA 90242

Christ-centered Curriculum / Small Class Sizes / Accredited

Annual Tuition:
K5-6th \$5005 7th-8th \$6,160 9th-12th \$6,600

For more information please call or log on to:
562.803.4076 or www.ccsdowney.org

GOT TERMITES?

DOWNEY EXTERMINATORS

- Free Termite Inspections
- Termite Damage Repairs
- Fumigations and Local Treatments
- Low Prices
- Hablamos Español
- Real Estate Services

Bonded / Insured
562-401-5000

10% off by mentioning this ad Serving Your Community

FRESH FOOD, MEATS TO GO - BEER & WINE

GLORIA'S COUNTRY BUTCHER

NOW OPEN!!

12161 PARAMOUNT BLVD
DOWNEY, CA 90242
562-622-2426

GROOMING WITH LOVE

(323) 771-7587
5938 E. Florence Ave., Bell Gardens CA 90201

REASONABLE PRICES!

- *Tratamiento Para Pulgas Con Baño
- *Corte de Pelo
- *Accesorios y Comida Para Mascotas
- *Flea Baths
- *Hair Cuts
- *Pet Supplies
- *Pet Food
- *Medicated Products

Open 6 Days • Mon-Fri 9am-6pm • Sat 8am-7pm

New Location
Johnnie's MAYTAG

Home Appliance Center
SALES (New & Rebuilt) SERVICE (All Major Brands)

Factory Authorized MAYTAG/Whirlpool Service Dealer
Free Local Delivery Free Haul Off

SAME DAY SERVICE
(562) 861-3819 (562) 927-7433

Mon.-Fri. 8:30 - 5:30
Sat. 8:30-3

12018 Paramount Blvd., Downey - New Location State Reg. A30349

PLUMBING, ROOTER & GAS

McKinnon & Sons
Full Service Plumbing
Same Day Service
(562) 904-3616 Lic. # 759646

10% Off With Ad (max. \$25.00 value)

Senior Citizen Discount • Available 24 Hours

"OH, How Cute Country Store"
"for all your home and gift needs"

Storewide
Summer Clearance
30% - 40% OFF

8339 3rd St. (562) 413-5409

EFFICIENT LIGHTING ELECTRIC Call 562-866-6621

Residential/Commercial Lighting & Electric

- » Troubleshooting Experts
- » FAST Service

24 Hour Service
State Lic. #801135

PATIO COVERS & SUN ROOMS

Patio Cover 10x14 \$2,150

- BEST PRICES IN LA/OC
- LIFETIME WARRANTY
- NO TERMITES, NO PAINTING
- ALUMAWOOD & VINYL
- 30 YEARS EXPERIENCE
- FREE ESTIMATES

PATIO DEPOT (562)787-4802 License 833734

Pennine Plumbing, Inc.
(Formerly Hoffner Plumbing, Inc.)
Serving this neighborhood for over 30 years

- SERVICE • REPAIR •

Free Estimates
(562) 803-5406 or (800) 400-5145

Drain & sewer cleaning, water heaters, copper re-pipes, heating & toilet repairs

10% OFF with this coupon (after price has been quoted)

Web Site: southlandwindowcleaning.com

Southland Window Cleaning Company
Letting the sun in since 1993

Tim Lynch, Owner
8503 Cravell Ave.
Pico Rivera, CA 90660 tim@southlandwindowcleaning.com

Office: 562-949-7468
Cell: 562-547-7988

THOMAS VETERINARY HOSPITAL
11548 S. Downey Avenue, Downey
(562) 923-9497

M-F 9:00am - 1:00pm SAT 8:00am - 1:00pm
3:00pm - 5:30pm

Full Service Veterinary Medicine, Surgery, Dentistry

FREE Exam! \$30 Value
First time customers only.
Must bring coupon.
Expires 8/27/08

\$5.00 OFF Vaccinations
Expires 8/27/08

\$10.00 OFF Any Dental Cleaning
Expires 8/27/08

The Villa
THE ULTIMATE IN ELDERLY ASSISTED LIVING/BOARD & CARE

12565 Downey Avenue,
Downey, California 90242
Corrine (562) 299-4940
David (949) 309-7930
www.thevillahome.com
CA, License# 198204587

VIP WORKOUT

- PERSONAL TRAINING • FITNESS CONSULTING • WEIGHT MANAGEMENT
- Private Exercise Facility: No membership fees & conveniently located in Downey
- Customized Exercise Programs: Based on your fitness with ongoing program modifications for fast & long-term results
- Certified Personal Trainers: Staff has over 20 years experience helping people achieve their fitness goals.
- Client Results: Have more energy & feel better today - receive VIP Treatment @ VIP Workout.

Call (562) 904-4164 for free consultation
11600 Paramount Blvd., Suite E, Downey

AUSTRALIAN SWIM SCHOOL
Australian Swim Schools

Indoor Heated Pools • Year Round Classes
All Ages - Infants to Adults

Located in the Bally Total Fitness at Downey Landing!
(562) 803-5705

Mention this ad and take 25% off your first month of lessons!

"Water" you waiting for?
www.australianswimschool.com info@australianswimschool.com

Fabio visiting Downey hair salon

DOWNEY – Celebrity fashion model Fabio will headline a charity fundraiser Sept. 28 at Urban Roots Salon, 8312 Firestone Blvd., where organizers hope to raise \$10,000 for The Myositis Association (TMA).

The event will include an indoor “cut-a-thon” from 10 a.m. to 1 p.m., when 50 percent of all haircuts and 10 percent of all product sales will be donated to TMA.

Fabio will conduct a meet-and-greet at 1 p.m. One person will also be selected to win a dinner date with the Italian fashion model.

For more information on the event, or sponsorship opportunities, call (562) 904-8004.

Fundraiser at Rubio’s Monday

DOWNEY – A fundraiser for the GINA for Missing Persons Foundation will be held this Monday at Rubio’s Fresh Mexican Grill at Downey Landing.

Rubio’s will donate 20 percent of all transactions taken between 5 and 9 p.m. to the foundation. Customers must present an event flyer when ordering.

Flyers are available at Johnny & Co. hair salon on Downey Avenue, or by e-mailing salsa.limey2@verizon.net.

Downey in Action: Exchange Club of Downey



Workers gather in the “Kids Room” at the Exchange Club Family Support Center. Left to right, Martha Rojas, administrative assistant; Norma Romero, case manager; Cathy Vera, case manager/parenting instructor; Anabel Weekley-Lima, case manager/parenting instructor. Photo by Mary Forney

BY MARY FORNEY, STAFF WRITER

DOWNEY – Don Cook refuses to give his age, but not his heart. The permanent president of Downey’s Exchange Club, who joined in 1960, can still be found attending meetings and offering support to the community.

His commitment to civic duty stems from his childhood. “I am from a farm in Indiana and was raised with very little money during the depression,” Cook said. “When my wife and I came to California, we had 27 cents and a few cans on the shelf.”

Cook’s experiences prompted him to want to give a helping hand to families in need, which is what the Exchange Club’s Family Support Center is all about.

“That’s our pride,” Cook said. The Exchange Club’s Family Support Center officially opened April 1, 1991, and continues to be maintained from the financial contributions of deceased member Frank Valenta.

Cook said Valenta wanted to help more on a local level so he was initially against the club sending money to their national organization to support the novel support centers which were being built in the United States.

“In 1979, the Exchange Club looked at what they could do to prevent child abuse which was a pretty innovative idea at the time,” said Christina Ambrosino, assistant director of Downey’s Family Support Center.

Cook attributes Valenta’s change of heart towards the centers to a conversation he had with him.

“One day I broke through Frank’s crust because I asked him, ‘What difference does it make where a child is at as long as you help a child?’” Cook said.

After checking out a center built in Orange County, Valenta helped establish the Exchange Club Family Support Center in Downey with a small amount of funds. Passing away a couple of years after it was built, Valenta left provisions in his will to maintain the center.

A brokerage firm and finance committee oversees investments made from Valenta’s will that continue to feed the center financially.

Downey’s Exchange Club began with 38 members, but now as the

associates age and drop out, the club has only a few active people.

“One of things that distresses me is that the service club members are older and dwindling because there is little participation from younger people,” Cook said. “We have one member who is 93 years old. These service clubs contribute a lot, and used to be the back bone of a community, so it’s kind of sad right now because we’re losing members that aren’t being replaced.”

Despite the decreasing members of the club, their Family Support Center services continue to have a strong impact in the area.

“There’s a lot of awareness in Downey, so when children are compromised and families show signs of needing support, we are often contacted,” Ambrosino said.

The parent aide program from the Family Support Center in Downey is now relied upon by Los Angeles’ Department of Children and Family Services and it receives family referrals from local school districts and medical professionals.

“We offer 12 months of service to a family so we get a good long time with a family to get to the root of the problems and help them get on their feet,” said Ambrosino. “Social workers visit a home once a month so they can’t closely monitor – the center sees the kids four to five times a month and gives progress reports.”

“We get a family’s full history, talk about family goals, give our professional assessment and develop plans for the family. It helps parents when they have someone they can problem-solve with.”

The parent aides work to help parents increase self-confidence and self-esteem, improve coping skills, increase understanding of the development and needs of children, improve problem-solving and communication skills, improve home-management skills, and increase knowledge of community resources.

The parenting classes open to the community are: S.T.E.P. (Systematic Training for Effective Parenting), Breakthrough Parenting, and Back in Control. Staff members are also available to give group workshops to address agency services, child abuse identification and reporting, as well as practical parenting tips.

A prenatal parenting course has also been added to the list of services the center extends to the community. This class teaches parents how to adopt a healthy lifestyle, celebrate and prepare for parenthood, adapt to physical and emotional changes, how to handle stress and anger, and how to bond with their baby.

Ambrosino believes education, communication, and caring are the keys to fulfilling the center’s mission, and she encourages the community to get involved and start volunteering.

“The joy of this job is seeing parents heal and interact with their children. If more of us did this on a one-to-one basis – reaching out and supporting others – it would make a huge difference,” she said. “All it takes is a willingness to participate.”

New Titles at the Downey City Library

Fiction

• **“Club of Angeles”** by Luis Fernando Verissimo. A group of gourmands meet monthly to dine on extravagant dinners until their leader dies and the mysterious Lucidio takes his place: only to create more meals to die for!

• **“Dawn Patrol”** by Don Winslow. Former San Diego police officer Boone Daniels is obsessed with surfing -- and his own inability to prevent the abduction of a young girl.

• **“The Good Thief”** by Hanna Tinti. Twelve year-old Ren is missing his left hand. How it was lost is a mystery he has been trying to solve for his entire life, as well as who his parents are and why he was abandoned as an infant at Saint Anthony’s Orphanage.

• **“The Highly Effective Detective Goes to the Dogs”** by Richard Yancey. Loveably inept Teddy Ruzak fails the Tennessee PI licensing exam for the second time and his days as an investigator are over. But when he discovers the body of a homeless man in the alley behind his office, he must find an answer -- and make two new acquaintances from the dog pound.

• **“Outtakes from a Marriage”** by Ann Leary. A witty and touching novel about one woman’s search to find herself after a long-term marriage has ended.

Non-Fiction

• **“Assisted Loving: True Tales of Double Dating with My Dad”** by Bob Morris. After the death of his wife, an affable octogenarian drags his single son into his search for a new companion. If he can get a new hip, he figures, why not a new mate?

• **“Because the Cat Purrs: How We Relate to Other Species and Why it Matters”** by Janet Lembke. The author draws examples from myth, literature and everyday encounters with pets to explore man’s relationship with animals.

• **“Hello Cupcake! Irresistibly Playful Creations Anyone Can Make”** by Karen Tack and Alan Richardson. From holiday goodies to party treats, this illustrated guide helps you create cupcakes too cute to eat! (But don’t bet on that!)

• **“I am Scout: the Biography of Harper Lee”** by Charles J. Shields. This is the life of the very private woman who wrote one of the most beloved books in American literature, “To Kill a Mockingbird.”

• **“My Story: Easy Digital Tools to Archive Your Life with Photos, Music, Videos and Keepsakes”** by Adam Juniper. This book and DVD set shows you how to capture your life story -- complete with personal history, snapshots, memorabilia, family records and more.

Visit the library at 11121 Brookshire Ave. or www.downeylibrary.org or call (562) 904-7360 ext. 3 to check out or reserve these new titles.



Try Massage!
Experience Chiropractic!
1 HR Massage \$30
Add an Adjustment
ONLY \$20 more.

12900 Paramount Blvd.
Downey, CA 90242

HUNT CHIROPRACTIC, INC. (562) 923-6330

AHOY, ALL PIRATES!

Sail aboard a 130’ tallship for an exciting, fun-filled Catalina Island weekend. Accommodations & meals aboard.

Buccaneer Days
Oct. 4-5, 8 a.m. - 4 p.m.
\$195/person

• RESERVATIONS LIMITED

Childrens Maritime Foundation, Long Beach, CA

www.americanpride.org • (714) 970-8800 • Reservations A Must



American Pride

Downey Family YMCA
11531 Downey Ave.
Downey, California 90241
(562) 862-4201

Before & After School Child Care
Kindergarten—8th grade

Se Habla Español

2 Convenient Locations

- West Middle School
- Price Elementary School

Serving most Downey Unified Schools
Kindergarten—8th grade Monday—Friday 6:30am to 6:30pm
Child Care includes age specific activities that enhance your youths before and after school hours.

Homework Help * Special Events * Afternoon Snack * Enrichment Activities *
Arts & Crafts * Transportation * Character Development * Holiday Care *
Student Free Days * Summer Day Camp

One monthly fee covers all child care activities.
Get a family membership and save \$50.00 per month on your child care cost!

THE DOWNEY FAMILY YMCA HAS A PROGRAM THAT FITS YOUR YOUTH!

Also Accepting: GAIN, CALWORKS, CHS, CCFS, DCFS and more...
[Enroll at the Main YMCA branch]

Y
We build strong kids, strong families, strong communities.

A BLUE RIBBON SCHOOL OF EXCELLENCE
ST. MATTHIAS HIGH SCHOOL

Educating young women in faith, with the family, for the future, for almost 50 years!

Accepting applications now!
Scholarships are available

7851 East Gardendale Street • Downey 90242
(562) 861-2271 • Fax: (562) 869-8652

GOT ANY STORY IDEAS? LET US KNOW!

E-mail us at
downeypatriot@yahoo.com

Concerts in the park paying tribute to the Carpenters

CONTRIBUTED BY THE DOWNEY THEATRE

DOWNEY – Enjoy your favorite 1970's hits made popular by the renowned brother/sister team of Richard and Karen Carpenter this Wednesday at Furman Park, 10419 Rives Ave.

From "We've Only Just Begun" to "Close to You" to "To of the World," you're sure to be enchanted by the revived memories Robin Kelly and her band summon as they recreate the signature sound made so identifiable by the Carpenters.

The Carpenters have a very special place in most everyone's heart, but especially in the hearts and lives of the community members of Downey. The Carpenter family moved to Downey in 1963, and after a few minor bumps in the road, this unique duo made an impression on the world of music that won't soon be forgotten.

To celebrate the music of the Carpenters, pay tribute to the memory of Karen, and acknowledge the influence the Carpenter family has had on the community of Downey, Robin Kelly is thrilled to present "Yesterday Once More," a musical tribute to Richard and Karen Carpenter.

Kelly has the very fond memory of actually performing with Richard and Karen in 1978 at the Terrace Theater in Long Beach as part of the Winter Festival Concert, at which numbers from their newest album, "A Christmas Portrait," were performed. (This concert ultimately became the Carpenters' final live performance.) Kelly was then given the honor of performing at Karen's memorial in February, 1983, and then, as a special tribute to Karen, finished out her college career by performing Karen's version of "Ave Maria" at that year's remaining concerts given by the Cal State Long Beach University Choir (under the direction of Frank Pooler).

With that as a background, it's easy to understand why Kelly is so delighted to perform a tribute to the Carpenters – and in their hometown! Kelly will share with you the big hits, the favorites, and even a few "off the beaten path" jewels just for fun. You're sure to find yourself swaying and signing along the entire evening.

To date, Kelly has performed with such luminaries as Michael Feinstein, Liberace, Mel Torme, Whoopi Goldberg, Shirley Jones, and Pat Boone, among others. Throughout her extensive vocal and theatrical career she has appeared with numerous big bands and vocal groups, most notably Jimmy Dorsey Orchestra, Dorsey Brothers Orchestra, the Bill Elliot Swing Orchestra, Bill Tole Orchestra, Vocalworks, The Essence, Lucky Stars, and Mixed Company.

Currently, Kelly's group, The Swing Dolls, enjoys recreating the unforgettable World War II-era Andrews Sisters trio and was recently featured on the WB's "Gilmore Girls."

In addition to her vast performance career, Kelly has worked as entertainment director and senior talent manager for prominent Southern California agencies, designing and producing entertainment for every kind of event.

Kelly has been performing with her band members for 25 years. The band includes:

Don French – pianist, musical director, and vocalist. French is owner of Spirit Productions Recording Studio and keeps busy recording and producing albums, composing and producing original music, and performing in many ways throughout Southern California. He has worked with an extensive variety of artists: John Tesh, Wayne Newton, Nia Peeples, Amy Grant, Mandisa, Roger Williams, David Phelps, Phil Stacey, 33 Miles, Nita Whitaker and many others.

French has also worked on many award shows, including "The Movie Guide Awards," and received a Telly Award for one of his successful projects.

Paul Seaforth – trumpet, saxophone, and vocals. Seaforth and Kelly perform together regularly in the variety dance band, The Essence. Seaforth has performed with the likes of Dizzy Gillespie, Eric Marienthal, Brandon Fields, Russell Garcia, George Graham, Dash Crofts, Vic Damone, Louie Shelton, Lincoln Mayor, Pat Boone, Dan Seals, Chad Wackerman, Tierney Sutton, Buddy Childers, Bill Watrous, and Wayne Bergeron, among many others.

He recently completed his second solo album, "Something Real," and is currently teaching music, jazz history and music theory at Grossmont College.



Robin Kelly performed with the Carpenters in 1978, and at Karen Carpenter's memorial service in 1983. She will perform a tribute concert, "Yesterday Once More," this Wednesday at Furman Park. The concert is free and begins at 7 p.m.

Bill Kilpatrick – guitar, bass, and vocals. Kilpatrick is currently collaborating on a project with Jon Anderson (of Yes) and has performed with John Tesh, the Oakridge Boys, Jewel, Amy Grant, Don Rickles, Petula Clark, Greg Walker (of Santana), and most typically, in 1983 with Richard Carpenter in his tribute concert to his sister.

Kilpatrick received the Inland Theatre League 2000 Special Award of Excellence for composing the musical score for the premiere production of "Jane Eyre: The Musical." He performs, composes, arranges, conducts and produces recording projects in his studio, Quaternote Productions.

The Downey Museum of Art will be open before the performance and the Downey Rose Float Association will be selling food and drinks. The concert series closes next week with the Marine Corps Air Ground Combat Center Band.

For more information on the concerts, call the city of Downey Community Services Department at (562) 904-7238.

Legion sponsoring trip to Pechanga

DOWNEY – American Legion Post 723 is sponsoring a trip to Pechanga Casino on Aug. 28.

Price is \$11 and the bus departs from the American Legion parking lot, 11269 S. Garfield Ave., at 8:30 a.m.

Bingo will be played to and from the casino. Proceeds from the trip will benefit the Legion's veterans rehab and youth programs.

For more information, call Nancy Watson at (562) 413-6414.

Learn to research Catholic ancestors

LONG BEACH – The Questing Heirs Genealogical Society of Long Beach will have its regular meeting this Sunday in the Parish Hall of Resurrection Lutheran Church, 1900 E. Carson St. in Long Beach, at 1:15 p.m.

The meeting's topic will be "Researching Your Catholic Ancestors," presented by Pam Wiedenbeck.

Prior to Wiedenbeck's presentation, Loran Bures will discuss "Why Publish Your Family Genealogy?" and Thomas Chumley will talk about the Sons of Union Veterans of the Civil War (SUVCW).

For more information, call Liz Myers at (562) 598-3027 or visit www.qhgs.info.

MDA telethon volunteers in need

LOS ANGELES – Volunteers are needed for the 43rd annual Jerry Lewis Labor Day Telethon, which will broadcast live on Aug. 31.

Volunteers answer phones and take pledges on live TV. Volunteers must be at least 18 years old to answer phones and must have a friendly personality. The telethon benefits the Muscular Dystrophy Association.

For an application, call the local MDA office at (562) 498-4923.

Seniors invited to get active

DOWNEY – The Barbara J. Riley Community & Senior Center hosts free activities for seniors every Tuesday.

The group has been meeting for 52 years and plays cards, dance, listen to live music, and more. They also organize three banquets a year, the next coming Aug. 18 at the Los Amigos Country Club.

All senior citizens are invited to attend. For more information, call Nadine Morris at (562) 923-9422.

Chili cook-off planned by Soroptimist

DOWNEY – Soroptimist International of Downey will host a chili cook-off and bingo fundraiser Oct. 19 at the Woman's Club of Downey, 9813 Paramount Blvd.

For more information on the fundraiser, call Sue Potter at (562) 927-0013.

I DID IT! NO, I DID IT!

SOLD IT FAST IN PATRIOT CLASSIFIEDS!

904-3668

Krikorian Theatres
www.kptmovies.com

Downey Cinema 10
8200 3rd Street
562.622.3999 **ALL STADIUM SEATING**

ALL DIGITAL PRESENTATION

HENRY POOLE IS HERE PG (11:30, 2:05, 4:40, 7:20, 9:55)

FLY ME TO THE MOON 3-D (DIGITAL 3DX) G (10:05, 12:25, 2:45, 5:00, 7:15, 9:30)

MIRRORS R (11:10, 2:00, 4:45, 7:40, 10:40)

STAR WARS: THE CLONE WARS PG (10:00, 12:30, 3:00, 5:30, 8:00, 10:30)

TROPIC THUNDER R (11:05, 1:45, 4:35, 7:25, 10:10)

PINEAPPLE EXPRESS R (11:45, 2:25, 5:05, 7:45, 10:25)

THE SISTERHOOD OF THE TRAVELING PANTS 2 PG-13 (10:25, 1:20, 4:15, 7:10, 10:05)

THE MUMMY: TOMBS OF THE DRAGON EMPEROR PG-13 (11:00, 1:50, 4:40, 7:30, 10:35)

STEP BROTHERS R *Fri to Sun* (11:40, 2:15, 4:50, 7:25, 10:00; *Mon*: 4:50, 7:25, 10:00; *Tue*: 11:40, 2:15, 4:50, 7:25, 10:00)

THE DARK KNIGHT PG-13 *Fri to Sun* (12:20, 3:40, 7:00, 10:25; *Mon*: 3:40, 7:00, 10:25; *Tue*: 12:20, 3:40, 7:00, 10:25)

FIREHOUSE DOG PG; *Mon*: 10:00 AM, 12:30 PM

Times for Friday-Tuesday, August 15-19, 2008

Bargain Matinee () Advance ticket sales
Special Engagement/No Passes * www.kptmovies.com

Bingo

Thursday Afternoon

Games start at Noon

~ many special programs ~

Woman's Club of Downey
9813 Paramount Boulevard

~ Proceeds benefit Rancho ~

Bianchi THEATRES
7770 Rosecrans Ave. @ Paramount Blvd.

Phone: (562) 630-SHOW (7469)

FLY ME TO THE MOON 3D G (10:20 12:50 3:20) 5:45 8:10 10:40

MIRRORS R (10:55 1:50 4:40) 7:35 10:20

CLONE WARS PG (10:00 12:30 3:10) 5:45 8:20 11:00

TROPIC THUNDER R (10:40 1:30 4:15) 7:00 9:50

SISTERHOOD OF THE TRAV 2 PG-13 (10:30 1:25 4:20) 7:20 10:10

PINEAPPLE EXPRESS R (10:45 1:30 4:20) 7:10 10:00

THE MUMMY 3 PG-13 (10:00 12:45 3:30) 6:15 9:00

THE MUMMY 3 PG-13 (11:00 1:45 4:30) 7:15 10:00

STEP BROTHERS R (10:00 12:35 3:10) 5:45 8:20 10:55

THE DARK KNIGHT PG-13 (11:00 2:30) 6:00 9:30

CENTER OF THE EARTH 3D PG (11:45 2:15 4:45) 7:15 9:45

TALLSHIP SAIL - CANNONS - FUN

A special treat aboard a historic 130' tallship

Enjoy a 3 hour sail on an official tallship of Long Beach

Sept. 21st • SUNDAY BRUNCH • 10 am - 1 pm
Adults \$47 • Children \$32

Sept. 27th • SATURDAY BBQ • 10 am - 1 pm
Adults \$37 • Children \$27

American Pride

Childrens Maritime Foundation, Long Beach, CA
www.americanpride.org • (714) 970-8800 • Reservations A Must

Philly's Best
Authentic Cheesesteak & Hoagie Shop

Buffalo CHICKEN & CHEESE

Pat's one kickin' chicken!
for a limited time only

Our Philly Chicken Cheesesteak gets a touch of "Buffalo" to give it some kick! Featuring Frank's Red Hot Sauce, this sandwich gives you a bite right back.

12008 Lakewood Blvd. • Downey, CA • (562) 803-1314

\$100 OFF Any Sandwich	Buy any Philly Steak Sandwich & 2 Large Drinks Get One Philly Steak Sandwich FREE	Buy any Chicken Sandwich & 2 Large Drinks Get One Chicken Sandwich FREE	Buy any Sandwich & Get One Order of Fries FREE
-------------------------------	--	--	---

Valid at Downey Landing location only. 1 coupon per order. Not valid with any other offers. Exp. 7/23/08

Call ahead and your order will be ready when you get here!

DINING-OUT DEALS IN DOWNEY

Peloon 10822 LAKEWOOD BLVD., DOWNEY • 862-0223
Next to Stonewood Mall

Your choice of any item on the Dinner or Pasta section of our menu. valid only with purchase of two beverages 2 coupons per table • No take-out

BUY ONE DINNER AT REGULAR PRICE GET ONE DINNER FREE!
of equal value or less (with coupon only)

Offer Good through 8-30-08 Not good with any other offer

MEXICOC 86

Restaurant

the best authentic Mexican food

11851 Paramount, Downey
(562) 869-4610

Bon Appetit

Sushi & Salad
Dine-In or Take Out

Special of Week
15% OFF minimum \$20

Party Plate for any Occasion make order in advance
(562) 928-8703
7808 Florence Ave., Downey,

Cafe Corleone Italian Restaurant
"One of the best pizzas in L.A." - Good Morning America

- SPECIAL OFFER 20% off w/any food purchase over \$35
- Dining room only, valid Mon. thru Thurs., lunch or dinner

Buy 2 extra large pizzas, 2 toppings each
Get a **FREE large cheese pizza**
To Go or Delivery only • Expires 8-30-08

15337 Paramount Blvd., Paramount CA
Phone: (562) 408-6100 • Fax: (562) 408-0011

Gourmet Restaurant Cafe 8250 Firestone Blvd. (562) 923-2812

Buy One Dinner off Dinner Menu Recieve 50 % off Second Dinner

Not Valid w/any other specials • 3 pm - closing Exp. 8-31-08

SPORTSBOOK, CASINO, RACEBOOK & POKER

WE ARE JUST A PHONE CALL AWAY 24 HRS. A DAY, 7 DAYS A WEEK. FOR INFORMATION OR QUESTIONS ABOUT OUR SERVICE OR HOW TO GET STARTED AND OUR AMAZING BONUSES! CALL OUR TOLL FREE No. 1-800-973-6659 AND ASK FOR EXT. 2355 AND MENTION YOUR PROMO CODE **S.E.E.** OR SIGN-UP ONLINE AT <http://betus.com/ats/13945/matchup500> IT'S JUST THAT EASY.

★ OPEN YOUR ACCOUNT TODAY GET A ★ **100% BONUS UP TO \$500!**

Don't forget to visit our new website online - Updated weekly with Downey news as well as breaking news during the week. We have many new features including a blog, news columns, archives, and a search engine for all of our articles.

www.thedowneypatriot.com



EMPLOYMENT

JOIN AVON

The Perfect Business #1 Direct Selling Beauty Co., (Ind. sls. rep.) (562) 631-9357

SCHOOL EQUIPMENT

SAT. 8-16. 9 AM - 2 PM

Student desks, chairs, textbooks, literature, library books, science kits & other school supplies & equipment. Good Shepherd Lutheran Church 13200 Clark Ave., Downey

GARAGE SALE

MOVING SALE

Furn. & all household items. M-Thur. call after 5 pm. Fri., Sat. & Sun. call anytime. Serious buyers - by appt. only (562) 869-2694

FOR RENT

HOUSE BELLFLOWER

\$925, carport, laundry hkups. (562) 867-4710 www.mgbservices.com

DOWNEY TOWN-HOUSE STYLE APT.

2 story, 2 bed, 1 1/2 bath, central air, 2 single garages, stove, dishwasher, washer/dryer hookups, redecorated, verticals. No smoking, no pets, no Sec. 8 program. EXCELLENT credit history required. \$1,550 mo. + \$1,000 sec. dep. (714) 637-3110

DWY. 2 BR. 1 B APT.

ldry., prkng., sec. gate \$1,200 + dep. (562) 881-5635

3 BR. 2 B HOLLYDALE

Huge corner lot, RV prkng. avail. \$2,300 mo. + \$2,400 dep. will consider pet. www.13thfloor.net/Hollydale Call Cecilia (310) 463-0896

FOR RENT

1 BED DOWNEY \$950 BROOKSHIRE MANOR

Senior 55+ best view condo, gated comm. & prkng., courtyard, pool, spa, lounge & rec. rm. (650) 722-2116

DOWNEY EXECUTIVE HOME 12037 RIVES

2,600 sq. ft., 4 bed, fam. rm., 2 bath home. Beautifully redone \$2,795 mo. Brabant Management (562) 760-5156

DOWNEY SUPER NICE

2 bedrm. home (dup.) like new carpet, tile floors, & kit. cab. - gar. Ready now \$1,400 + dep. (562) 529-2700

1 BED NORWALK \$895

A/C, gated, coin laundry. (562) 863-6599

SERVICES

MIKE

THE ELECTRICIAN
Recessed lighting, remodel home and office, service upgrade 120-600 volts. FREE NO OBLIGATION ESTIMATE. Lic. #829705 (562) 861-4266

TAX PROBLEMS?

Income Tax
Enrolled Agent admitted to Practice before the IRS. We Can Help! www.TaxTime415.com (562) 803-3569

ARMAS PATCHING & RESTUCCO

Exterior & interior plaster patching, matching all stucco textures. Very clean. 25 years exp. No patch too small. Free estimates. Ask for Ray Armas Lic# 882779 (562) 923-8227

MACHADO CONSTRUCTION CO.

Room additions, roofing, kitchen and bath remodeling, window replacement, paint. Senior discount. Lic#574972 (562) 803-8630 (323) 294-8745

DEBT TROUBLES?

www.Bankruptcyquick.com
Federally Designated Debt Relief Agency Law Office of Michael Bourdaa. (562) 622-0820

SUPERB PAINTING

Exterior, Interior, senior discounts, references, dependable & reliable. Free estimates. Lic. #634063. Wayne. (562) 863-5478

Electric Systems
• Industrial • Commercial • Residential
For all your Electrical needs
Tel: (562) 923-0978
Cell: (562) 305-9797
FREE ESTIMATES Lic #689304

Downey Graffiti Hotline
562-923-4484
Report graffiti or persons performing the act to this number.

www.allaboutdowney.com

Call **Linda Larson** to put your ad in **The Downey Patriot Classifieds** section
Deadline is Wednesday at 11:00 am
(562) 904-3668

Whittier WOW! 19,350 Sq ft lot, 1344 Sq ft home (approx) 2 bed 2 ba ranch style home with den, double attached garage, in ground pool and more. Call for a private showing to see all this property has to offer. \$599,000.
Downey totally remodeled home near the golf course. 3 Bed, 1 ba, home 1567 sq ft, lot 7,080 sq.ft. approx). Exterior also recently painted. \$447,000
I have properties available in all areas of Downey. Please call for details and exact locations.
Century 21
Jervis & Associates
Toni Stewart (310) 717-4139
tonistewart1@juno.com

CARRIE UVA
ATTORNEY AT LAW
(562) 382-1252
AVOID PROBATE!
• Living Trusts
• Wills
• Real Estate Law
CALL CARRIE TODAY!
(562) 382-1252
8635 Florence Ave. Suite 101
Downey, CA 90240

BUSINESS OPP.
DOWNEY RESTAURANT
Excellent for sandwich shop or Mexican food. \$60,000. (562) 928-7935

MID-CITIES ESCROW
"Complete Escrow Service"
• Sales • Refinances
• Commercial
• Business Opportunity
8136 2nd Street, Downey
Bus: 904-3151 Fax: 861-2251

SERVICES

FIX THOSE BROKEN BLINDS
Drapery Rods, Est No Charge
Dave (562) 505-0652

DAYCARE
Incl. hot meals, lg. bk. yd., on program, lic. Age 0-5.
(562) 862-1249

CARPET 4 U
Nylon Carpet w/Pad installed: \$1.65 sq. ft. Vinyl Floor installed \$2.45 sq. ft.
(562) 866-2195
Showroom at 9303 Alondra Blvd. in Bellflower

www.downeyrealestate.com

LIVING TRUST & REVERSE MORTGAGE SEMINAR
562.843.8949 323.213.0644
Blanca Pacheco Presented By: **Daniel Ramirez**
Saturday, September 13, 2008
10:00 am - 12:00 pm.
Bank of America
7255 Greenleaf Ave
Whittier, CA 90602
Blanca.. Attorney At Law
Daniel.. Reverse Mortgage Specialist
Get the facts find out how to transfer your estate to your family without the cost of probate. Let's talk about how you can retire in the comfort of your own home. Enjoy the freedom to use your money the way you want.

Marlene Rodriguez Broker/Notary
GREAT DEALS IN DOWNEY
* 3 BDRS, 2 BATHS, 1,404 SQ.FT. - \$325,000 * 3 BDRS, 2 BATHS, 1,774 SQ.FT. - \$328,000 * 4 BDRS, 2 BATHS, 1,250 SQ.FT. - \$350,000 * 4 BDRS, 2 BATHS, 1,544 SQ.FT. - \$359,000 UNITS 2 UNITS - \$429,000 2 UNITS - \$449,000 2 UNITS - \$465,000
Century 21 My Real Estate Co. CALL ME FOR A LIST OF OTHER GREAT DEALS IN YOUR AREA. 562 824-7333
www.marlenerodriguez.com

Blanca Pacheco Attorney At Law
Need A Living Trust?
Avoid Probate!
Save Thousands of Dollars!!
(562) 843-8949
"Español es Mi primer Idioma"
6505 Rosemead Blvd. Suite 101 Pico Rivera, CA 90660 Real Estate Broker - Realtor

MEET ONE LOCAL PROFESSIONAL WHO IS A Friend to the Community

Dale Jervis has become a staple in the Downey community—plain and simple. His family has called this beautiful area home for generations and nothing makes him prouder than to do his part to make a difference—from his volunteer efforts with the local animal shelter to his generous contributions to the local school systems to his work helping people achieve their real estate dreams.

The truth is, you're not likely to find a real estate professional who knows the intricacies of the local market like Dale. When you're looking not only for the right home, but the right neighborhood to fit your needs, Dale has the knowledge to make it happen. When you add the fact that he's been in the business since 1983, it seems only fitting that he's considered the local expert. Put simply, when it comes to your next move, there's no better professional to turn to than Dale. Give him a call today. You'll be glad you did!

Dale Jervis
Doing Things Better

ATTENTION HOME OWNERS!
Get this week's market conditions for your home and neighborhood.

FREE ONLINE REPORT
Go to:
www.DaleJervis.com
and click on link.

Century 21
(562) 743-2121 • www.DaleJervis.com

Downey Business Directory

Tell Downey about your business in your own words - whether it's exceptional customer service, one of a kind parts, or being in business more than 50 years!

Downey Business Review
ADVERTISING SUPPLEMENT

Tabberts TV & Appliance
Tabberts TV & Appliance is a Family owned Business established since 1962 in Downey, located at 8130 Firestone Blvd. Our showroom floor displays Plasma, LCD, and DLP featuring L.G, Mitsubishi and Toshiba. We Ralph and Mark have been with us for years. We stock the latest in L.G. and others. We have same day service. We will find our sales staff friendly and professional. Unlike the Big Box Stores who offer no service or product information. Come join our family of satisfied customers. (562) 861-0948

Ana Esparza, Real Estate Executive
Ana Esparza has been servicing the City of Downey since 1991. She is involved in many organizations and currently serves as President of the Downey Association of Realtors. Ana believes that purchasing Downey Real Estate is a great investment whether you are purchasing your first home, second home, or commercial property. Ana believes when you are buying or selling in today's real estate market, it is important to have confidence in your Real Estate Professional. Ana is committed to provide specialized service that her clients deserve. If you are considering buying or selling a home, or commercial property, or would like to have additional information about real estate in your area. Please contact Ana Esparza at (562)756-8870

PENNINE PLUMBING
Pennine plumbing is a full service plumbing company ready to serve all your needs from a leaking faucet to a full bathroom remodel and they are on call for all your emergency's 24 hours a day, 365 days a year. They serve residential and commercial

Red Carpet Heritage Realty
Established itself as a successful, well-rounded office specializing in residential, residential income (1031), and commercial transactions all over Downey and other Southern California Area. Our Real Estate Professionals work together making a powerful sales force dedicating their expertise.

For more information call (562) 904-3668 or email us at downeypatriot@yahoo.com

Don't pass up this exciting chance to promote your Downey business in a unique fashion

Increase your home's value, even in down times

Many people feel they are "stuck" with their home due to the housing market. They want to improve it, expand it, update it, or even replace it with a new home. Is there a way to save thousands on the project? Can it increase the value of the home, or make it more livable?

Professional project manager, and author of the new book "Contract It Yourself," Kevin Nixon offers five tips to make remodeling or rebuilding a home cost-effective.

Be the Contractor/Project Supervisor Yourself. You don't have to hire a professional; you can wear that important hat yourself. For example, in a \$300,000 project, you can save the \$60,000 to \$120,000 you would pay a contractor.

Use the Building Department to Prevent Costly Mistakes. The Building Department will verify plans, give advice on every aspect of the building or remodeling job and make sure you are not violating codes – all before you invest a dime. These city or county employees know the requirements of a potential project cold. Have them review a sketch outlining your plan. If you are building, you can check on the legal use of the land you want to purchase, along with zoning, etc.

Once you have approval on a basic plan, it is easy to get a draftsman's or architect's drawing to execute the project and obtain the permits to start your job.

Use Licensed, Bonded and Insured Contractors. While you supervise the job, you need professional sub-contractors to do the actual work. Never skimp with an unlicensed non-professional.

You need pros to get the results you want, and to meet requirements of your lender. Your lender will also advise of any other requirements you must meet to keep your lender happy and funds flowing.

Work Out a Timeline and Budget for Each Step of the Project. Outline each step you or the "sub" will take, in what sequence and how much time and money is planned for each part of the job. Lining up your sub-contractors and overseeing how they are progressing on the timeline helps you eliminate long waiting periods, missing steps, or overlapping sequences. Be sure to include scheduling inspections; those all-important officials can stop your work or help you keep it flowing.

Purchase Your Own Materials. You can save hundreds, even thousands of dollars with this tip, while keeping to the quality you desire. This does not mean buying lumber or other building items best left to the sub-contractor. Picking out and directly purchasing appliances, fixtures, flooring and such can save a bundle.

Watch for sales; buy seasonal items early; use "scratch and dent" when flaws won't show. With these simple steps you can find high-end goods at tract housing prices.

As Nixon says, "By acting as your own construction manager you can save thousands of dollars without driving a single nail. It is simple and requires no previous construction experience. If you have basic organizational skills and the willingness to save a huge amount of cash – you can."

Kevin Nixon has been employed full-time in construction since 1983, starting as a carpenter. His book is available online at www.contractityourself.com.

Mortgage help available at seminar

DOWNEY – Residents having problems with their mortgage are invited to a free seminar beginning at 6 p.m. on Aug. 29 at 9155 Telegraph Road in Pico Rivera.

Reservations are requested by calling (866) 616-7570, ext. 188.

Ezra Center examines disaster plans

DOWNEY – Earthquake and disaster preparedness tips will be discussed at the Aug. 19 meeting of the Ezra Center for Mature Adults located at Temple Ner Tamid of Downey.

The center will discuss the do's and don'ts during a disaster, and will "take a new look at what is important for survival."

The meeting will also include a discussion of advance health care directives, instruction for your doctor in the event you cannot make decisions on your own.

Registration starts at 9:45 a.m. and the program begins at 10. For more information, call Miriam Brookfield at (562) 943-3170.

Safely dispose of e-waste at local roundup

DOWNEY – Residents will have an opportunity to safely discard household hazardous waste at an e-waste roundup in Downey on Sept. 6.

Hazardous household waste includes antifreeze, unused pharmaceuticals, car batteries, used motor oil, paint, pesticides, TVs and monitors, computers, VCRs, stereos, cell phones, and more.

The County of Los Angeles is sponsoring the roundup, which will be held at the Los Angeles County Office of Education, 9300 Imperial Hwy., from 9 a.m. to 3 p.m.

For more information, call (888) CLEAN-LA.



Hypnotist Bill Engle, right, will perform with comedian Ben Morrison at the La Habra Depot Theatre beginning Sept. 5. Photo courtesy La Habra Depot Theatre

Hypnotist, comedian hook up for group show in La Habra

LA HABRA – Popular hypnotist Bill Engle will bring his comedy show to the La Habra Depot Theatre from Sept. 5-14.

Comedian Ben Morrison, featured on MTV's "Punk'd" and NBC's "Last Comic Standing," will open the show.

Engle has been performing stage hypnosis throughout the country. His one-person shows have been called "unique, hilarious, enlightening and always tasteful."

Morrison can be seen performing stand-up nightly at top comedy clubs, or opposite comedian Robert Schimmel in the new pilot, "Hobos," written and directed by Emmy Award winner Lee Farber.

Morrison is currently appearing on the NBC show, "Last Comic Driving," and is the lead and creator of "Thoughtrocket," a new series for Al Gore's CurrentTV.

"Comedy Hypnosis with Bill Engle and Comedian Ben Morrison" will be presented Friday and Saturday nights at 8 p.m. with Sunday matinees at 5 p.m.

Tickets are \$18 for adults and \$15 for students, children and seniors. Reservations are available by calling (562) 905-9625 or online at www.lhdepottheatre.org.

The La Habra Depot Theatre is located at 311 S. Euclid St. in La Habra.

DOWNEY PLUMBING, HEATING, AND AIR CONDITIONING (562) 861-1234

- Air Conditioning
- Drains and Sewers Cleaned
- Copper Re-piping
- Furnaces
- Hydro-jetting
- Water Heaters
- Water Piping
- Leak Detections
- Water Softeners
- Disposals
- Bath Remodeling

State Contractor Lic. #731172

Senior Discounts **\$10 OFF ALL REPAIRS**

LAW OFFICES OF STEVE LOPEZ
El Abogado Habla Espanol

Your Attorney For:

- CIVIL LITIGATION
- FAMILY LAW
- ESTATE PLANNING

www.stevelopezlaw.com

8562 Florence Ave. • Downey, CA 90240 • 562-904-1193

IMMIGRATION

- CRIMINAL
- LIVING TRUSTS
- ACCIDENTS
- HABLAMOS ESPANOL

ATTORNEY AT LAW
ALEXIS SAAB

10810 Paramount Blvd Suite 201
(562) 904-2622

Creative Beginnings Schools

6 weeks-5th grade
Serving the community
for over 30 years

School begins September 9, 2008
50% of registration fee with this ad
New students only
Expires August 26, 2008

New classes forming for
Fall 2008*

Call today spaces are limited.
Find us @ greatschools.com

*Interest list being formed now for
6th/7th grade homework club/extended daycare.
Call for more info.

OUR CLIENTS

"Maria Zuloaga did an excellent job! Maria has been my agent for a lot of years" – Leticia Almedo

"Laquetta Minnix went above and beyond. Laquetta worked really hard and did a great job." Hazel Barber

"Olga Alamillo did a good job, was dependable and responsible. Olga always returned calls and was willing to help us. This was a difficult transaction but Olga was great!" – Celia Sandivar

My Real Estate

The GOLD Standard
FOR OVER 30 YEARS

(562) 927-2626

century21myrealestate.com

FEATURED PROPERTY

Best Buy In The Area

This is a turn key/ move in condition beautiful home. New carpet, interior and exterior paint and windows. Central heat and A/C, fireplace in family room. This is a BEAUTY!

TOP PRODUCERS

TOP LISTING
Maria Cibrian

TOP PRODUCTION
Janet Baez

TOP SALES
Maria Cibrian

NEW LISTING

Don't Hesitate

This 3 bedroom, 2 bath home clean and ready to move in. Nice Hollydale area neighborhood next to park. Buyer is moving out of state and wants it sold now.

NEW LISTING

First Ad

Beautiful 3 bedroom, 2 bath home in a very desirable area. Close to schools and park. 2 car garage, large lot.

PENDING

Could Be A 5 Bedroom

Great home for a large family. 4 bedroom, 2 baths, nice family room w/fireplace, office space with closet (could be a bedroom). Central air & A/C, tank-less water heater and much more...

REDUCED

Ideal Opportunity

3 bedrooms, 2 bathrooms, extra large family room, fireplace, beautiful park like backyard. Very nice location. Another Huge Price Reduction!

PENDING

Hot Condo Deal \$309,000

Fantastic reduction- NOW \$309,000 – 3 Bedrooms, 2.5 baths, large closets, newer ceramic tile in living room and kitchen, 2 car garage, vaulted ceilings, gated complex.

SHORT SALE

Close To The Beach

This is a nice starter property with 3 bedrooms, 2 baths and it a short sale opportunity. Move in condition, close to downtown and the beach.

REDUCED

Good-bye Mr. Landlord

Clean and a Great opportunity! – Two Units – Corner Lot – Great Location Unit 1 = 2 bed/1bath, Unit 2 = 1 bed/1bath. Live in one and rent the other.

REDUCED

It's A Smaller Price

Family kitchen, formal dining area, built in china cabinet, enclosed patio, 4 bedroom, 2 bathrooms, and 2 car garage. Nice North Downey Location....

QUALITY SERVICE
AWARD 1998-2007

MY ESCROW
COMMERCIAL GROUP

MY MORTGAGE
PROPERTY MANAGEMENT

MY RELOCATION
NOTARY SERVICE

My Real Estate School

DRE Approved LIVE Classes
For More Info Call: (562) 927-2626 ext. 119 Darlene

7834 E. Florence Avenue Downey, CA 90240 • 800 641-2111 • Century21myrealestate.com

Prudential
24 Hour Real Estate
Office: (562) 861.7257
Toll Free: (800) 521.4572
Fax: (562) 861.0285
www.Prudential24Hours.com

<p>Carrie Uva "Let's Talk Real Estate!" 562-382-1252 www.CarrieUva.com ATTORNEY, REALTOR, NOTARY!</p>	<p>Marie Picarelli "The Intelligent Choice!" 562-618-0033 www.MariePicarelli.com BANK REPOS AVAILABLE!</p>	<p>Mario Persico "Mario Did it AGAIN!" 562-533-7433 www.MarioPersico.com JULY WAS HOT!!!!... BUT MARIO WAS EVEN HOTTER... Mario Did It AGAIN!!!</p>
<p>RENTAL INCOME! OPPORTUNITY KNOCKS! Downey Duplex Priced at: \$449,900 Call Carrie @ 562-382-1252</p>	<p>ORANGE COUNTY! NEAR HUNTINGTON BEACH! Turn key home! 3 BD, 2 BA, gourmet kitchen, R-3 lot. PRICED TO SELL!</p>	<p>7824 5th St. ~ 7/11/08 ... and Again!!! SOLD! 7814 Dacosta ~ 7/15/08 ... and Again!!! SOLD! 11455 Pruess ~ 7/24/08 ... and Again!!! SOLD! 21221 Haston Pl ~ 7/25/08 ... and Again!!! SOLD! 9631 Downey Ave. ~ 7/31/08 ... and Again!!! SOLD!</p>
<p>REDUCED PRICE! START PACKING! 3 BD, 1.75 BA in Downey Priced at: \$450,000 Call Carrie @ 562-382-1252 www.CarrieUva.com</p>	<p>GREAT BUY! DOWNY ORANGE ESTATES! 3 BD, 1.75 BA, large family room w/ wet bar, & fireplace. PRICED AT \$599,999 www.MariePicarelli.com</p>	<p>AUGUST SHOWS NO COOLING DOWN!! WITH MARIO DOING IT AGAIN... 9320 Mandale ~ JUST LISTED ... 4 BD, 3 BA \$599,000 11322 Gwynne ~ JUST LISTED ... 2 BD, 1 BA \$299,000 9339 Farm ~ JUST LISTED! ... 3 BD, 2 BA \$549,000 9225 Dinsdale ~ REDUCED! ... 4 BD, 3 BA, \$995,000</p>
<p>Thinking About A Career In Real Estate? GET A REAL ESTATE LICENSE NOW! ✓ CLASSES NOW FORMING! ✓ COMPLETE IN ONLY 8 WEEKS! ✓ ONLY \$299 CALL (562) 861-7257</p>	<p>REDUCED! BUILT IN 2008!!! 5 BD, 4 BA, over 9,000sq.Ft. Lot. CALL FOR MORE DETAILS! www.MarioPersico.com</p>	<p>Mario Can Do It For You Too!!! www.MarioPersico.com</p>
<p>Jason Lockwood "Experience the 24 Hour Difference!" 562-619-2979 Jason@Prudential24hours.com</p>	<p>Frank Moreno "I Get Results!" 562-949-8139 www.FrankMoreno.com</p>	<p>Mary Jane Lee "Selling Homes...24 Hours A Day!" 562-618-0390 MaryJane@Prudential24Hours.com</p>
<p>OPEN HOUSE 9306 STAMPS AVE. ~ DOWNEY 3 BD, 2 BA, 8,830 sq. ft. lot. Priced at: \$499,000</p>	<p>LOOK NO FURTHER! 3 BD, 2 BA, 5,671 sq. ft. lot. Priced To Sell!</p>	<p>GUEST HOUSE! JUST LISTED! 3 BD, 2 BA, 8,800 Sq. Ft. Lot. Priced to Sell!</p>

Visit us at: www.Prudential24Hours.com (562) 861-7257

MICHAEL BERDELIS
"The 24 Hour Agent"
(562) 818-6111
FREE Pre-Qualification ~
FREE Market Evaluation
Visit me at:
www.MichaelBerdelis.com

<p>Fun in the Sun! 4 BD, 3.5 BA North Downey home, remodeled in 2004 with newer pool & spa! Remodeled kitchen with granite counters & much more! Price: \$599,950 Virtual tour at www.MichaelBerdelis.com</p>	<p>Cherokee Estates Charmer! 4 BD, 2.75 BA N. Downey home w/ spacious family rm, updated kitchen w/ newer appliances & granite counters, pool-size yard, & master bedroom. W/ approx 2800 sq ft on a 9900 sq ft lot, this home is a smart buy! Price: \$749,950 Call Michael Berdelis at (562) 818-6111</p>	<p>Bring the In-Laws! 3 BD, 2 BA main house + 700 sq ft guest house on a 7600 sq ft lot with 2 car garage. Many nice features - call for more details. Price: \$550,000 Virtual tour at www.MichaelBerdelis.com</p>
<p>So Much Potential! 3 BD, 2 BA NDOW pool home w/ living & family rooms, 1903 sq ft, RV parking potential, ... all on a 7,850 sq ft lot. Starts at \$499,900 Call Michael Berdelis at (562) 818-6111</p>	<p>Custom Built One of a Kind! 5BD+ optional 6th BD, 4BA, 4200 sq ft, large master suite, beautiful kitchen w/ Viking appliances, and home theater system w/ surround sound throughout house. Price: \$1,199,950 Virtual tour at www.MichaelBerdelis.com</p>	<p>Corporate Owned Bargain! New Construction 2007 - 5 BR, 4 BA, 3250 sqft living space, many fine upgrades and touches. Price \$899,950 Call Michael Berdelis at (562) 818-6111</p>
<p>A Real Steal! 5 BD + office, 4 BA, master suite w/ fireplace, 3,750 sq ft, 6,480 sq ft lot. Price: \$999,950 Virtual tour at www.MichaelBerdelis.com</p>	<p>Let's Make a Deal! 5BD, 4BA, 2800sq ft., pool and spa, 3 car garage. Price: \$1,029,950 Call Michael Berdelis at (562) 818-6111</p>	<p>Custom Built Beauty! 6BD, 5.5 BA, 5,380 sq. ft. house on a 11,930 sq ft lot. Features several upgrades, beautiful pool & spa & a large covered patio. This is an entertainer's dream house. Proudly presented \$1,749,900 Virtual tour at www.MichaelBerdelis.com</p>
<p>Sold! Sold! Sold! 5BD plus office, 4.5 BA, pool and spa, in Orange Estates. List Price: \$1,049,000 Call Michael Berdelis at (562) 818-6111</p>	<p>Sold! Sold! Sold! 5 BD, 3 BA, 3200 sq ft. SOLD FOR \$750,000 - HIGHEST SALE IN SW DOWNEY THIS YEAR Virtual tour at www.MichaelBerdelis.com</p>	<p>Sold! Sold! Sold! 4 BD, 2 BA, SOLD FOR \$410,000 - MICHAEL'S BUYER BOUGHT THIS REPO Call Michael Berdelis at (562) 818-6111</p>

View these homes at: www.MichaelBerdelis.com

There's a Brighter Future Waiting For You at DAS!



New Classes Available

- Fashion and Studio Makeup
- Dental Assistant
- Medical Coder/Biller
- Food Services and Hospitality

Advance your education and earn a better income.

Log on to our website or call us now.

562-940-6200

www.das.edu

New Classes! New Careers! Better Income!

**Classes Begin
September 8th**

DOWNEY
ADULT
SCHOOL

CAREER AND EDUCATION CENTER