



# The Downey Patriot



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Friday, August 22, 2008

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8301 E. Florence Ave., Suite 100, Downey, CA 90240



Ashley Campuzano was crowned Miss Teen California Latina at a pageant July 12. Campuzano, 16, is junior class president at Downey High School.

## Downey teen chosen to represent state

■ Ashley Campuzano will now try for national title.

LOS ANGELES — Former Miss Teen Downey and current Downey High School student Ashley Campuzano has been selected Miss Teen California Latina.

Campuzano will go on to compete in the Miss Teen U.S. competition in San Antonio, Texas on Sept. 25-28.

Nancy Pelayo, a Cal State Northridge graduate, was crowned Miss California Latina.

"Both Miss Pelayo and Miss Campuzano encompass all that is the Miss California Latina pageant — beauty, style, cultural appreciation and community awareness," said Jennifer Lora-Rodriguez, state director of the competition. "We are honored to have them representing our organization throughout the year and at the national

competition in September."

Campuzano, 16, was chosen from a group of 14 contestants. She lives with her brother and parents in Downey, and is junior class ASB president at Downey High School. She is also active on the swim team and is a varsity cheerleader.

She has danced at Onstage Dance Center for eight years and has been trained in ballet, pointe, jazz, lyrical, tap and hip-hop. Her dream is to own and operate her own dance studio.

Born of Mexican descent, Campuzano was selected Miss Teen Downey in 2007.

Downey resident Jennifer Andrade won Miss Photogenic and was first runner-up for Miss California Latina.

Brianna Arceo, also of Downey, won third runner-up.

The competition took place July 12 and included an interview competition, swimsuit competition (fashion wear for teens), and an evening gown competition.

## Sheriff's deputies shoot murder suspect

DOWNEY — A murder suspect remained in stable condition yesterday after he was wounded in a Tuesday afternoon gun battle with sheriff's deputies conducting surveillance on his south Downey home.

The shooting occurred at about 6:20 p.m. on the 13200 block of Blodgett Avenue, sheriff's officials said.

Sheriff's deputies were reportedly keeping the suspect, who has not been identified, under surveillance when they received information that he "was possibly not at the location" that was being watched, reported the *Press-Telegram*.

Deputies were speaking to people inside the house when the suspect unexpectedly approached from behind with a gun and opened fire, sheriff's officials said.

Deputies returned fire and the suspect fled, officials said.

The suspect hopped over a fence and ran onto a neighboring street, where he was confronted by deputies holding the rear containment, sheriff's officials said. Deputies fired at the suspect, wounding him.

Sheriff's officials did not release details of the homicide the man was suspected in.

## Nordic Fox closing its doors

■ Management says rising costs and declining sales prompted its decision.

BY ERIC PIERCE, CITY EDITOR  
DOWNEY — After nearly seven years of dishing out specialty Scandinavian recipes, the Nordic Fox restaurant on Paramount Boulevard will close its doors for good next week.

Manager Joe Becker blamed rising food costs and a dwindling customer base for the decision. The restaurant's last day will be Aug. 31.

"The (property) owner got tired of trying to get his rent," Becker said, adding that the restaurant owes \$18,000 in back rent. "He's actually being really nice letting us out of our lease. Our lease isn't up until November."

The Nordic Fox, located at 10924 Paramount Blvd., specializes in Scandinavian favorites, including Swedish meatballs and European beers. Originally named Foxy's, the restaurant was bought by Swedish newspaper publisher Jane Hendricks in late 2001 and re-branded as the Nordic Fox.

"When we took over, business was really bad, sort of like it is today," said Becker, who is Hendricks' nephew. "But we redecorated, redid the menus, and added live music. That seemed to help."

## Judge denies bail for alleged investment scam operator

■ Victims' losses may reach \$30 million, FBI says.

BY MARY FORNEY, STAFF WRITER  
DOWNEY — Bail was denied for Downey resident Juan Rangel by a U.S. District Court Magistrate last Friday.

Arrested on Aug. 8 for allegedly bribing a Bank of America branch manager, the Mexican national is "considered a flight risk" according to Public Affairs Officer Thom Mrozek from the U.S. Attorney's Office.

The FBI alleged Rangel had wired \$1 million dollars to Mexico prior to his arrest and was planning to flee the country with his family.

Rangel, 44, is accused of running a Ponzi scheme which involved paying investors with the money of other investors. An affidavit from the FBI alleged that Rangel bribed the bank manager to deposit large cash deposits without filing the cash transaction reports required for funds more than \$10,000. The bank manager told the FBI that he accepted the bribe money from Rangel, but that he had actually filed the reports without Rangel's knowledge.

Many investors cashed in their life savings and refinanced or sold their homes to use the equity as investment funds.

Participating in Rangel's company, Financial Plus Investment Inc., cost a Los Angeles couple the money they were saving to buy their first home.



The Nordic Fox's last day will be Aug. 31, manager Joe Becker said this week. Photo by Eric Pierce

But the live music was operating without proper permits, and the Downey Police Department shut down the entertainment about three years ago. That's when business started going south, Becker said.

The restaurant was granted an entertainment license in June and business improved with the introduction of karaoke two nights a week.

"Business is great during those two days, but what about the five other days?" Becker said. "I've had people come in and say, 'Your food is good, your prices are good, I'm surprised you're not more crowded.' And I'll say, 'Me too.' It makes you wonder.

"You look at Norm's down the

street and there's a 15-minute wait," Becker said. "We have big seating and our prices are cheaper. I wish I had an answer."

The Nordic Fox, recognizable because of its unique A-frame design, was built in 1968 and seats 145. It features all-electric twin kitchens that once won an award from Southern California Edison.

Becker said he pays \$9,000 in rent each month. He worries about the building's future when the Nordic Fox closes.

"For that price, you're not going to get another restaurant coming in here," he said.

According to Becker, about 80 percent of his clientele are regular customers. The other 20 percent are out-of-towners who come in for

the Scandinavian specialties.

"Half of the customers are my friends," said Becker, whose daughter is a waitress at the restaurant. "I know most of my customers' names. It's like 'Cheers.'"

Becker said he's been denied loans to keep the restaurant open at least through the holidays, when he expects business to pick up.

When the Nordic Fox closes, Becker said he will have to resign his position as director with the Downey Chamber of Commerce. And the three local networking groups which host their regular meetings at Nordic Fox, including Rise 'N Shine and Connections, will be forced to find new homes.

After that, Becker said, "I'll be looking for a job."

## Prison ministry believes in redemption

BY MARY FORNEY, STAFF WRITER  
When Isaac Moscoso first visited Calvary Chapel of Downey, he was only 8 years old. He doesn't remember why his father brought him there, but he does remember being an angry child.

Born and raised in Downey, Moscoso was abandoned by his mother when he was 2 years old. His father took care of him until Moscoso discovered drugs, weapons, and gang life.

"A lot of my self-esteem was about if my mother didn't care about me, why should I?" Moscoso said.

"My dad was a Vietnam veteran and wrapped up in that," he said. "There was physical and emotional abuse so the gang became my family."

Moscoso's first stint in jail was at age 13. By the time he was 14 years old, he was arrested for assault with a deadly weapon. As he grew into a young man, Moscoso's crimes elevated until he found himself serving 15 months in the Los Angeles County jail for grand theft auto and being under the influence.

This visit to jail would be life-changing because Moscoso met Mark Maciel, chaplain for the L.A.

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FBI and IRS officials seized Juan Rangel's Lamborghini when they raided his home Aug. 8. Photo by Jesus Luna

"My husband saw the ads and thought it was like a CD-type thing for six months," said the wife, who asked to remain anonymous.

"I checked with the Better Business Bureau and was given references from Financial Plus — everything looked good so my husband gave him \$15,000."

Financial Plus Investment advertised a 100 percent return on investment funds but the couple only received seven checks for \$450.

In July, after their last check from Financial Plus Investment was returned for insufficient funds, the couple tried to pull their money out.

"We were given the runaround and finally we were told that the IRS had a hold of the money and wouldn't let it go," the wife said.

"I can't believe my husband was actually thinking about throwing in another \$10,000."

Downey resident Jesus Luna was in the area when the FBI and IRS seized Rangel's Lamborghini. He stopped when he recognized the license plate that read "007 Juan".

Luna claims he went to Financial Plus Investment for a loan to save his home and wanted to borrow \$80,000 from Rangel. Signing over a deed of trust and assignment of rents to Financial Plus Investments, Luna said he was forced to pay back \$128,000 on his \$80,000 loan.

"They advertised they gave high interest loans to distressed home owners, but this was loan sharking. I made a complaint to the

See RANGEL, page 3

## Summer concert series to get patriotic send-off

■ **Furman Park concerts ending with Marine band.**

**DOWNEY** – The summer concert series at Furman Park concludes Wednesday at 7 p.m. with a performance from the Marine Corps Air Ground Combat Center Band.

Established in the late 1950's, the Twentynine Palms-based Combat Center Band is one of the youngest Marine corps musical units. A band from its inception, it was later reestablished as a Drum and Bugle Corps and remained as such until 1990, when a restructure of the corps music program formally established the 12 Marine corps bands we have today.

The band travels extensively throughout the western United States. Recent tours have seen the band in Nevada, Wisconsin and Nebraska.

Some of the band's most popular performances are the annual Tournament of Roses Parade in Pasadena, and the Longs Peak Scottish Irish Highland Festival in Estes Park, Colo. The band also had the honor of performing at the funerals of Presidents Ronald Reagan and Gerald Ford.

In order to fulfill their mission of providing music for military ceremonies, community events, recruiting programs, and other official events, the 51 Marines perform in a wide variety of ensembles, including a concert band, ceremonial band, show band, big band, party band, jazz combo, and brass and woodwind quintets.

The men and women of the Combat Center Band are primarily Marine riflemen who serve as a perimeter security/machine gun

platoon during times of war. The band includes veterans of Operation Iraqi Freedom

The Combat Center Band carries on the proud tradition of military music forged by the whistling fifes and rolling drums of the first Marine musicians of 1775. The first drummers and fifers in the United States Marine Corps were enlisted as members of the First and Second Battalions of American Marines authorized by Congress on Nov. 10, 1775.

On their drum was painted a rattlesnake, and under it, the inscription, "Don't tread on me." Records show that two drummers and one fifer were generally part of each ship's Marine Guard in our early Navy.

On July 11, 1798, President John Adams approved a bill that authorized the Marine Corps to enlist a drum major, one fife major, and 32 drummers and fifers. These musicians were used to form the famous United States Marine Band, the oldest organization of its kind in the country.

On Aug. 21, 1800, the band presented its first public concert in Washington "on a hill overlooking the Potomac" (the future home of the Naval Hospital). Then, on March 4, 1801, the Marine band performed for Thomas Jefferson's inauguration, and has played at every presidential inauguration since. It was Jefferson that gave the band the title "The President's Own."

The Downey Museum of Art will be open before the performance and the Downey Rose Float Association will be selling food and drinks.

For more information, call the city of Downey Community Services Department at (562) 904-7238.



The Marine Corps Air Ground Combat Center Band will close out the summer concerts at Furman Park this Wednesday. The concert starts at 7 p.m. and is free.



Robert Sanchez



Rudy Pacheco Jr.

## Downey grads enlist in the Air Force

**SAN ANTONIO, TEXAS** – Two Downey High School graduates have completed basic military training at Lackland Air Force Base in San Antonio, Texas.

Rudy Pacheco Jr., a 2002 DHS graduate, and Robert Sanchez, a 2007 graduate, each completed six weeks of training. They studied the Air Force mission, organization, military customs and courtesies, and performed drill and ceremony marches.

They also received training in rifle marksmanship and human relations, and participated in field exercises.

The airmen earned credits toward an associate in applied science degree through the Community College of the Air Force.

Pacheco is the son of Rudy Pacheco of Downey.

Sanchez is the son of Benito and Rosa Sanchez of Downey.

## Middy shooting results in no known victims

**DOWNEY** – A shooting near Paramount Boulevard and Orange Street on Tuesday resulted in no suspects and no known victims, detectives from the Downey Police Department said.

Witnesses reported hearing gunshots at about 3:30 p.m.

Tuesday and watching people run away, said Downey police Sgt. Jeff Calhoun. Responding officers found shell casings, but no victims or suspects, Calhoun said.

Calhoun said detectives received different vehicle descriptions.

The investigation is ongoing.

## School test scores challenge all concerned

■ **Test scores improve, except in Grade 3 reading.**

**BY HENRY VENERACION, STAFF WRITER**  
**DOWNEY**—Results of the California Standards Tests (CST), a set of tests in English, math, science, and history, were released last week, and the general prognosis is that modest to significant gains in test scores have been achieved overall by DUSD students with the marked exception occurring in third grade reading.

At first sight, this might be a cause for alarm but statistics statewide for the same third grade subject, say DUSD officials, show the same general result.

Denise Takano, director of ele-

mentary education for the district, offers a possible explanation. It is a transition period, she says, between the fun years (K-2) of learning one's ABC and the simple act of counting the whole numbers (one, two, three, etc.)—the so-called 'building blocks of learning'—and "reading to learn information."

Reading scores for fourth grade jump considerably, and proficiency levels are maintained or improve thereafter.

The CST (the English tests are taken in grades 2 through 9, the math tests in grades 2 through 9, while the history tests are taken only in grades 8 and 11) is only one of the tests that are subsumed under the Standardized Testing and Reporting (STAR) Program, that in turn goes into the computation of the all-important state Academic Performance Index (API).

Another, and more heavily-weighted, test that goes into the API is the California High School Exit Exam (CAHSEE). This test, plus SAT, PSAT, and AP scores, figure prominently in one's chances of going to a good college.

Federal Annual Yearly Progress (AYP) targets are designed to close the achievement gap for all learners, but especially for numerically significant subgroups (those that have 100 or more students, e.g., economically disadvantaged, special ed, at-risk, etc.).

No matter what the test results may be (and they are much anticipated in the coming days and weeks, especially by parents and school officials), the operative word here is 'achievement'.

"The district is totally committed to have every student succeed especially in the core areas," says Takano. For elementary kids, this means mastery of English language

arts and math, and for grade 5 students, science. For those in high schools, this means proven proficiency in the core subjects of English, math, science, and history.

For high school kids, the stakes are much higher, says Dr. Sara Cairns, the DUSD director of secondary education. The state Board of Education has mandated, for example, that every eighth grader should be in Algebra I in three years. A requirement for graduation then will be to pass Algebra II and geometry.

"Well, this is problematic and probably downright unrealistic," she says. "The comprehension and skill levels of students differ, especially when you have students coming in from different schools and environments. Thus, maturity-wise, cognitive development-wise, skills development-wise, some

See TESTS, page 7

Happy 70th Anniversary  
Kenneth and Virginia Beckner



The Beckner Family would like to congratulate long time Downey residents, Kenneth and Virginia Beckner on their 70th wedding anniversary. They were married on August 21st, 1938 in Clayton, New Mexico.

In 1950, after serving in WWII, Kenneth bought a house in Downey, California. Kenneth and Virginia have successfully raised a family and have been actively involved in the community ever since.

Congratulations on seventy wonderful years!

Congratulations  
Scott and Christine



Gary and Joan Martin of Downey announced the engagement of their daughter Christine Marie to Scott Carlton Peterson of Rancho Cucamonga. Scott & Christine will be married on October 12, 2008 at Downey First Christian Church.

The couple met at the

Disneyland Resort where they both work in the Entertainment Division. Christine works as a Stage Manager and Scott is a Stage Technician. Scott is also the Technical Director of the Highlander Auditorium.

The couple will reside in Rancho Cucamonga following the wedding.



On this day, our sweet little Princess Stephanie was born. We are blessed to have you. Have a wonderful birthday. Love - Dad, Mom, Joe and Matt

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A Food Services and Hospitality program is being offered at Downey Adult School this year, a new class designed to prepare students for the Certified Food Handler Exam. Students will learn the day-to-day operation of a restaurant, from prepping food to cooking meals. The course also covers customer service, proper table set-up, and the basics of small restaurant management. For more information, call (562) 940-6200.

## Program prepares students for career in medical field

**DOWNEY** – A new 15-week medical billing and coding class will be offered at Downey Adult School this year. An orientation for new students will be held Tuesday at 1:30 p.m.

Students who complete the program will be able to test and

receive national certification. Courses covered include Medical Terminology/Anatomy, Medical Billing, Medical Coding, Insurance in the Medical Office, and Advanced Medical Coding. For more information, call (562) 940-6200.

## Rangel: More charges may be forthcoming.

Continued from page 1

FBI six months ago, but I never heard anything back from them," Luna said.

Targeting the Spanish-speaking community, Rangel advertised Financial Plus Investment in his own publication called "Si" magazine and used high-profile Hispanics to promote his seminars on Channel 34.

from 600-800 and according to Mrozek, the loss to investors may be as high as \$30 million.

Rangel remains in custody at a federal detention facility and Mrozek said additional charges may be filed against him. He is scheduled to enter a plea Sept. 15.

The number of investors ranged

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## Ministry: Giving second chances means never looking back 'at former lifestyle.'

Continued from page 1

County Sheriff's Department

Not a tall man, Maciel walks with a bounce to his step and has a quick smile. His persona is in contrast to his prior history of PCP and LSD use, and it's hard to imagine Maciel was once a participant in what local law enforcement officials termed the "Marathon Spree" of gang-related crimes in the L.A. area from 1978 to 1979.

Maciel was an all-American high school wrestler from Norwalk who, at age 16, dislocated his shoulder, ending his promising sports career. Angry and feeling a void in his life, Maciel started spending time with his older brother who was revered in their neighborhood for his organized crime activities.

When Maciel went to prison in 1979 for a stack of charges ranging from grand theft to attempted murder, he remained full of fight.

"I was stabbed twice – in the neck and back – in prison and involved in racial riots," Maciel said.

While incarcerated, Maciel met Tex Watson from the Charles Manson family and another inmate named Geronimo.

"They tried to save me," Maciel said. "But it wasn't until I heard Darryl Sutton preach in prison when it finally sank in."

In July 1980, Maciel decided to turn his life around and became involved in the Scared Straight community prison outreach program. Given day passes to travel with the ministry, Maciel visited Calvary Chapel of Downey and gave his testimony to the congregation while he was still incarcerated. Released from prison in 1981, Maciel began volunteering at the L.A. County Sheriff's Department and a year later, he was asked to be

a chaplain volunteer.

"There was a lot of controversy because I was an ex-convict. Many officers remembered me and it blew their minds," he said. "How many ex-convicts have their own squad car?"

Today, Maciel is a lecturer and author, and his New Life prison ministry visits jails and prisons in L.A. County and across the country.

It was during one of these visits that Maciel met Moscoso and helped put him on a different path in life.

"My father had given up on me and moved," Moscoso said. "We lost contact with each other so I had nothing when I went to a service. I surrendered my life to the Lord and everything changed for me in the midst of madness in the L.A. County jail."

Moscoso is now 33 years old, married, the father of three children, and he supports his family doing maintenance for Calvary Chapel. Recently, he was even reunited with his father who came for a visit after Moscoso's wife tracked him down through the Internet.

"I have never looked back or been back to my former lifestyle because it's too empty," Moscoso said. "This ministry is strict and kept me focused on moving forward instead of just giving up and getting high."

Maciel believes the prison ministries are a vital part of the rehabilitation process and that former convicts play an essential role.

"As much as our prisons offered, they realized there had to be something more to stop repeat offenders so they opened the religious department as being a high entity in their infrastructure," Maciel said.



Isaac Moscoso dedicates his life as an overseer of the House of Jeremiah, a transitional home for ex-convicts. A former gang member, Moscoso turned his life around after meeting Chaplain Mark Maciel of the L.A. County Sheriff's Department. Photo by Mary Forney

In 1992, with the support of Calvary Chapel of Downey, Maciel gained permission from Sheriff Lee Baca to open a men's transitional home called the House of Jeremiah, and in 1994, he opened the House of Esther for women. These transitional homes help men and women adjust from prison life to society.

Moscoso assists the prison ministry as an overseer of the men's home.

"No matter who they are, God can take a bad thing and turn it into a good thing – even someone like

me," Maciel said. "My life today is to minister to broken hearts, broken lives, and broken families."

The House of Jeremiah and House of Esther hold a weekly support group Monday nights at Calvary Chapel of Downey.

Inspiring the group on Monday, Maciel said, "Five months ago you could have been buried, but look where you're at – you're given a second chance."

For more information about the New Life Prison Ministry, call Calvary Chapel of Downey at (562) 803-5631.

**BACK TO SCHOOL FASHION SHOW**

AUGUST 22, 23, & 24

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There will also be live performances by girl group Runway MWC.

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## Salsa artist, band leader Al Sanada dies

**DOWNEY** – Al Sanada, a popular jazz artist and big band leader who on many occasions electrified the Downey community with his sizzling salsa sounds, has died.

Sanada passed away July 25 at a nursing home in Seal Beach, just three days short of his 88th birthday, and not long after the death of his wife.

“Al had a big heart, great smile, ear for great music and a love for the audience that people could easily feel when they listened to him perform or lead the band,” local entertainer Kathy Bee said. “I, for one, will miss this true Downey celebrity.”

Sanada married his wife, Helen, in 1948. They raised two children in Long Beach, but moved to Downey in 1971. The couple lived in the same home until January/February of this year, when health complications forced them to a Seal Beach nursing home.

Helen suffered from emphysema, Sanada from Alzheimer’s. Helen died just recently.

Funeral services for Sanada were held July 31 at Mariners Church, followed by interment at Good Shepherd Cemetery. He is survived by his son Shelly (Donna) Sanada; daughter Donna (John) Carney; and many grandchildren and step-grandchildren.



## Alexander McMaster leaves large family

**DOWNEY** – Alexander C. McMaster, a lifetime member of the Church of Jesus Christ of Latter-day Saints, died Aug. 14 in Downey. He was 91.

McMaster was born in 1919 in Salt Lake City, Utah. His mother was a granddaughter of Brigham Young. He grew up in Chicago and earned his Aeronautical Engineering degree from the University of Utah in 1940.

He worked at Consolidated Aircraft Co./General Dynamics in San Diego. During World War II, he was sent to Michigan to help Ford Motor Co. build B-24 airplanes. It’s there where he met and married Marybel Smith, an Ohio farm girl and school teacher who was then a draftsman for Ford.

After the war they moved to San Diego to raise a family. He then developed guided missile technology in Pomona, living in Glendora for 40 years. Following retirement from the defense industry, he worked in real estate development.

Following the death of his wife in 1990, he married Margaret Davis and moved to Downey in 1991, where he lived the past 17 years.

He was a lifetime member of the Church of Jesus Christ of Latter-day Saints, and served as the Bishop of the Glendora Ward, Branch President of the Glendora Spanish Branch, and as a full-time missionary for the Church in Columbia, South America with his wife, Marybel.

He is survived by his wife, Margaret; children Alexander (Becky) McMaster Jr. of San Dimas, Shan (Ronald) Holst of San Juan Capistrano, Lori (Don) Salisbury of Glendora; step-children Larry Sampson of Spokane, Wash., George (Linda) Davis of Las Vegas, Nev., Steven (Carol) Davis of Henderson, Nev., Carol (Troy) Simmons of Laguna Niguel; 28 grandchildren; and 55 great-grandchildren.

Memorial services were held Aug. 18 at the 3rd Ward of the Church of Jesus Christ of Latter-day Saints with interment at Oakdale Memorial Park Cemetery in Glendora on Aug. 19.



## Folk jam at community center

**DOWNEY** – A Downey “folk jam and song circle” will be held this Tuesday at the Barbara J. Riley Community & Senior Center. The community is invited.

For more information, visit [www.folkjam.org](http://www.folkjam.org).

## Warren planning 40-year reunion

**DOWNEY** – Warren High School class of 1968 will host a reunion Sept. 13 at Doheny State Beach from 9 a.m. to midnight.

For information, call Michael Murray at (562) 862-7197 or Tom Mumford at (760) 789-7873.

## Cheerleading clinic at Downey High

**DOWNEY** – Downey High School cheerleaders will offer their annual cheerleading clinic on Sept. 20 from 8:30 a.m. to noon inside the school gymnasium.

Girls between the ages of 5-13 will learn game-action cheers, and perform during halftime of the Vikings’ home varsity football game on Sept. 26.

Cost of the clinic is \$25, which includes a T-shirt and two admission tickets for the Sept. 26 game.

For information and registration, call Kim Buss at (562) 822-4265.

## Christian Club getting travel tips

**DOWNEY** – Debbie Moore of AAA Travel will present the special feature at the Sept. 10 meeting of Downey Christian Women’s Club at Los Amigos Country Club.

Jeanie Wheaton will be the guest speaker and will speak on “How To Lead a Re-Designed Life.” The Ukulele Ladies will provide music.

Both men and women are invited to the 11:45 a.m. lunch meeting. Cost is \$12 and reservations are requested by calling Sonja at (562) 862-4347 or Jean at (562) 861-1114.

## Donors ensure a fruitful library summer

**DOWNEY** – More than 3,000 children and adults participated in the Downey City Library’s summer reading programs this year, a feat made possible by local schools, businesses and organizations.

The following donors contributed to the programs: Adventure City Theme Park; All American Home Center, Angels Baseball Club; Aquarium of the Pacific; Assistance League of Downey; Best Buy; Big Blue House Realty (Jaime Rodriguez); Downey Association of Realtors; Frantone’s Pizza; Friends of the Downey City Library; The Gebert Family; Golf N’ Stuff; Honda World Downey; In-N-Out Burgers; Kaiser Permanente – Bellflower Medical Group; Legoland California; Little Caesars; L.A. Zoo; Mimi’s Café; Sambi of Tokyo; See’s Candies; and Target.

Downey schools donating to the programs include East, West and Griffiths Middle Schools; and Rio San Gabriel and Unsworth Elementary Schools.

For more information on programs offered by the Downey City Library, call (562) 904-7360, ext. 3.

## Teen fashion show at Stonewood

**DOWNEY** – The latest trends for fall and back to school will be showcased at three fashion shows at Stonewood Center, Lakewood Center and Los Cerritos Center this weekend.

Nine of the teens modeling the fashions will ultimately be selected to be the face of fashion for the three centers as part of the “Teen Life of Style Crew.”

Stonewood will host their fashion show Sunday at 6 p.m. The show will include fashions from Aeropostale, Beachworks, Hot Topic, Sunglass Hut, Vans and Zumiez. Styling will be provided by Sephora and Ziba Beauty Center.

Lakewood Center will host their fashion show today at 4 p.m., and Los Cerritos Center tomorrow at 6 p.m.

Teens can vote for their favorite semi-finalist, look at photos of past “Teen Life of Style” events and read more about the style panel at [www.teenlifefstyle.com](http://www.teenlifefstyle.com).

## The Poet’s Corner

### My Hometown Olympian

She was a beautiful American,  
At the angelic age of 17  
She was drawing a picture of a seagull, a dolphin  
She let her object transform into her young, pretty body  
She let the air hold it  
From the diving board very high above  
She let go,  
The free-spirited American girl was falling, falling...  
The water was embracing her wholeness  
The white bubbles became an opening flower  
Swallowing her breaths  
She surfaced from the water  
The white bubbles tasted like champagne,  
She won the Silver Medal for her beloved country, America...

Summer 2006, Downey, California,  
A beautiful day at Rancho Los Amigos National Rehabilitation Center

Someone was looking for me at the clinic  
She came with a copy of Downey Magazine,  
Published by Long Beach’s Press-Telegram  
It was a special edition dedicated to Memorial Day  
She was in a gesture of opening her arms  
Her smiles radiated a special spirit  
She showed me the picture on the cover  
“Linh Duy Vo, an American Poet”  
She kept smiling, “Is this you that I am looking for?”

I was speechless  
She came to ask me to do a poetry reading  
For her University Woman Association  
I was so humbled by her aura of sincerity and warmth  
I was honored to give a poetry reading at her group  
We became friends  
I called her “Auntie Velma,” my hero  
We went out to Mimi’s Cafe  
We enjoyed so much the memories  
I retrieved the pictures I took with my cellular phone  
When I was at her house viewing the mementos  
of her Olympian 1936...

A sad day came on May 8, 2007  
She passed away,  
An unforgettable American Olympian...  
– **Linh Duy Vo,**  
**Downey**

### Limerick

See the crass careless cruiser named Kay,  
Do her makeup in her Chevrolet.  
Riding 3rd Avenue,  
She paints her eyes blue.  
See the cop take her license away.  
– **Ben Platt,**  
**Downey**

Poems can be submitted to The Downey Patriot at  
8301 E. Florence Ave., Suite 100, Downey, CA 90240  
or [downeypatriot@yahoo.com](mailto:downeypatriot@yahoo.com)

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## Letters to the Editor:

### Protecting language

Dear Editor:

Only the cruelly ignorant try to insult and demean the victim of a condition over which that person has no control. All respect and solicitude, sympathy and kindness is due the disabled. A civilization, in fact, is judged by how it treats its weakest, most vulnerable members.

It's a big mistake, however, to think you can improve a condition by attacking language. I refer to The Patriot's Aug. 15 headline, "Stamping Out the R-Word." The headline alludes to the protest of spokesmen for the mentally disabled over the promiscuous use of the word "retard" in the movie "Tropic Thunder."

Probably by now the producers and artists of the film wish they hadn't been so inconsiderate, even if the movie is a send-up of stereotypes. There's no question that using "retard" the way they did was a dumb thing to do, and if they had a chance to re-shoot the movie, they'd probably leave it out.

But to attempt to eliminate a perfectly innocent word, which means "to hinder" or "hold back" or "impede" does nothing to heighten knowledge of mental disability and goes a greater distance in inhibiting, or retarding, free speech. In the name of political correctness, we went through a lot of painful linguistic contortions in the '80s trying to find nicer ways to describe minorities, the marginalized and congenitally unfortunate. All it achieved was to make euphemism of speech, and render it more obscure, conformist, inferential and quite a bit less accurate.

Language is consciousness, or the expression of consciousness. By condemning a useful word to permanent exile, not only do you diminish language, you wind up merely wiping away a symptom instead of an underlying reality. In other words, by knocking a word out of the public discourse, you're not addressing the underlying mentality that gives the word utterance.

W.H. Auden wrote that it's the poet's sacred duty to protect language. That also applies to the writer and journalist, including the editors of *The Downey Patriot*. We've seen enough Orwellian double-speak and spin over the past century to realize how much ruin and confusion follows when language is de-coupled from meaning. The "Tropic Thunder" protestors are obviously well-intended. Most rights-protestors are. But few battle victories are achieved without some form of collateral damage. We should be more mindful of what it means to make a hostage of language, even if it's just a word.

— **Lawrence Christon,**  
**Downey**

Dear Editor:

I find it interesting that you would object to the word "retard" ("The R-Word," 8/15/08) and wonder if you would oppose the words "idiot," "moron," and "imbecile" in the same way, considering that they all have the same history as the word "retard." (Starting out as a legitimate term and degenerating into common insults.)

I think objection to words is overrated and an unhealthy side-effect of political correctness. I once heard of a case where a cartoonist drew a sketch that included a bigot uttering the N-word. Though he was attempting to lampoon and criticize the bigot, some African-Americans protested because of the use of the word itself, not because of its context.

We should avoid falling into similar traps.

— **Julian Gutierrez,**  
**Downey**

Dear Editor:

I think someone ought to tell Pat Heineke, president of Arc California, what the definition of disabled is.

According to Webster's New Dictionary, the definition of disabled is: to incapacitate; disqualify; cripple. Now let's look at the definition of retarded: to make slow or late.

You tell me which sounds worse.

I work with "developmentally disabled" adults and I personally despise the term. They are very mentally able. They are able to form their own opinions, their likes and dislikes, feelings, emotions, choices. They are able to be productive and hold jobs.

Believe me, if anyone understands wanting to protect the "mentally disabled," I do. I see the stares of the public every day when I take my group out into the community. I know that they want to be considered just as able as everybody else. But I'm sorry; I'm tired of all of the politically correct nonsense.

So the next time someone calls me a freckled, red-headed, white girl I am going to politely ask them to call me an auburn-haired, fair-skinned, European-American.

And please come up with a better term than "mentally disabled."

— **C. Taylor,**  
**South Gate**

### A fine idea

Dear Editor:

Just a suggestion for future publication: While visiting relatives in Pennsylvania, I read a local newspaper similar to the *Patriot*. In addition to the local news, it included a quarter-page section devoted to the voting record of elected officials. This ranged from the town and county officials to the U.S. Representatives in Congress to the two U.S. senators for the state.

As Congress in general has a well-deserved reputation for not getting much done, except for pork and getting re-elected, would it not be a good idea to publish how these folks voted on various issues and compare them to the promises and statements they make in public?

— **Jim Brindis,**  
**Downey**

### Goodbye from Nordic Fox

Dear Editor:

With heavy hearts we need to let our friends know that we will be closing Nordic Fox. We opened the restaurant in 2001 with dreams of having a place for Scandinavian food and music. With no other restaurant in Southern California serving Scandinavian foods we felt that there was a need.

We did realize our dreams to have the foods and, at times, the music. We hosted the trio from Sweden that played the Nickel Harp, Leif Erickson, and the Lucia events.

Nordic Fox has been compared to "Cheers" where friends meet and the staff and customers are more like friends. We made many new friends and welcomed our old friends but can not continue to make a financial success of the business. The rising costs of everything combined with a tight economy have exhausted our personal funds in the effort to keep the restaurant. We have reached a decision to close the restaurant on Aug. 31. We can see increasing sales in the future but our funds will not allow us to operate until the turnaround in the economy comes about. Winning the Lotto about now would be great.

We will miss all of you and hope we can remain in contact in social events. Sanco Gifts will remain on sale at Scandinavian events, catering can also be arranged for your events,

— **Jane Hendricks, Mary Person, Joseph Becker,**  
**Nordic Fox restaurant**

### The Living Bored

Dear Editor:

I started this letter in reply to Kathy Perez's letter ("What We Want is Entertainment," 7/4/08), and to add in agreement to what she said, it was only then I had to shake my head in amazement as to how uninformed most of the people are who say they are concerned for this city and know it so well.

As Ms. Perez stated, there is no place for adults or teens to go out and have fun within these borders. We are the city of The Living Bored.

There doesn't seem to be a team in city government who has the city and its residents in their best interests. By a "team" I mean a unit of people who have come together with the city and our needs in our best interests at hand. This goes back very far, and that I know from experience.

My parents brought me to Downey at the age of 4 (1962), and as far back as I can remember all I have heard from every person who has served in office is how they are going to revitalize Downtown Downey. Even still this goes on.

What it has shown me is that the priorities of the city are in the wrong place. For example, the PAC (Downey Redevelopment Project Area Committee) has been in existence since when? And who is on this committee? And why are they so concerned about things all of the sudden? It's good, I guess, but what's been happening between then and now? I have only found three meeting minutes posted and they were not very helpful to our city's needs.

Doris Hannon pointed out in her letter ("Information Superhighway," 7/11/08) how the city of Downey doesn't really rate at all as a place to "check out." What's embarrassing is when you Google "South Gate, CA," or "Pico Rivera," "Silver Lake," or even "Burbank" and compare them to what you will find in Downey. No wonder no one wants to come here for shopping, restaurants, historical sites, or special events.

Look up information about the Carpenters on our city's webpage. Not even a picture dots the page! These are people we are proud of? But someone is finally thinking. I have heard that there is a website task force at work at City Hall. Who are these people who have our city's best interest at heart? Let's see how long this takes.

— **Kathi Bode,**  
**Downey**

### Global communication

Dear Editor:

The last time I checked, Switzerland was an advanced, well-developed, unified country with four official languages. Most Swiss citizens also speak English for good measure.

At a time when globalization is booming, it seems almost xenophobic to want to force all Americans to speak only one language. The fact that Spanish is mentioned in Paul K. Tan's letter ("Official Language," 8/8/08) makes me suspect about his motives for wanting a one-language country.

In case there were any doubts, the Olympics have proven that China has arrived as a major superpower and we should probably start learning Chinese so that we will be able to communicate and work for the next superpower.

At a Rotary Club meeting earlier this year, I made the statement that in 20 years China will be the next superpower. The late Dr. Jordan Phillips, who was present at the meeting and who was very knowledgeable about China, stated, "I disagree. I think that it will happen sooner." As always, he was right.

It is time to realize that we have to communicate with the rest of the world and we should start asking from our schools to start teaching many languages. Our children will benefit from that knowledge.

— **Jorge H. Montero,**  
**Downey**

## College students land jobs with Northrop

**NORWALK** – Cerritos College has announced that 16 of its Composites Manufacturing students have been offered full-time jobs by Northrop Grumman, a global defense and technology company.

The hirings were part of a partnership developed last year between the Cerritos College Manufacturing Technology Program and Northrop Grumman to prepare men and women for careers as composites mechanics at the company's El Segundo manufacturing center.

Under the partnership, Northrop Grumman reviewed course materials for Cerritos College to ensure the minimum requirements for a composites mechanic are met. When hired, candidates can start working immediately without the customary four to five weeks of training.

"This program allows those with little to no background to become trained in the technology of composites fabrication," said Terry Price, the program chairman for the composites training classes at Cerritos College. "It will allow them to become employed and 'hit the shop floor running.'"

Northrop Grumman's El Segundo manufacturing center is in need for well-trained composites workers to fill positions created by rising demand for its advanced technology products and growing levels of retirement among its experienced workforce.

Prior to graduation, the students were able to tour the facility and receive interviews from Northrop Grumman supervisors. This allowed for a speedy opportunity to have job applications processed.

On July 10, students of the composites fabrication class finished the "hands-on" course and received their certificates of completion. Upon their successful completion, Northrop Grumman extended job offers to 16



## Tax credits can help distressed homeowners

**CONTRIBUTED BY THE OFFICE OF REP. LUCILLE ROYBAL-ALLARD WASHINGTON, D.C.** - Rep. Lucille Roybal-Allard (D-34) applauds the final enactment of sweeping legislation aimed at responding to the American mortgage crisis.

The American Housing Rescue and Foreclosure Prevention Act will help families keep their homes, aid local communities hit hard by the foreclosure crisis, and begin to stabilize the economy and financial markets. With the congresswoman's support, the measure passed the U.S. House of Representatives on July 23 and was signed into law on July 30.

"While the American Housing Rescue and Foreclosure Prevention Act will not solve all of our nation's economic problems, it is an important step taken by Congress to address the serious needs of homeowners in the 34th Congressional District and throughout our country," said Roybal-Allard, who hosted a July 19 foreclosure prevention workshop in her district that was attended by more than 500 people.

The American Housing Rescue and Foreclosure Prevention Act will help hard-working families in danger of losing their homes to refinance into lower-cost government-backed mortgages with easier repayment options. The bill also provides an additional \$4 billion in Community Development Block Grant funds to allow cities and states to buy up and rehabilitate foreclosed properties that are driving down current home prices, reducing state and local revenues, and de-stabilizing neighborhoods.

"The foreclosure crisis is being felt by families all over the nation," Roybal-Allard said. "Almost a half-million Americans have lost their homes to foreclosure in the first half of this year, nearly double the rate from the same time a year ago. California – with the nation's second highest foreclosure rate – has been hit especially hard. Passage into law of the American Housing Rescue and Foreclosure Prevention Act will help our communities face and overcome this national financial crisis."

Starting Oct. 1, under the new law, homeowners struggling to make payments on high-interest mortgages can convert their loans to government-backed, 30-year fixed rate mortgages. Homeowners interested in taking advantage of this three-year program are encouraged to contact their banks now to begin the process. This provision is expected to assist about 400,000 homeowners facing possible foreclosure.

Homeowners in need of assistance are also encouraged to take advantage of the \$180 million allocated under the measure for pre-foreclosure financial counseling and legal services.

In addition, the American Housing Rescue and Foreclosure Prevention Act offers \$15 billion in housing tax benefits to encourage families to purchase homes. Under the measure, any first-time borrower who purchased a home between April 9, 2008 and July 1, 2009, will receive up to \$7,500 in refundable federal income tax credits. The credits work as an interest-free loan to be paid back over 15 years. In addition, all homeowners who do not itemize their income taxes will be able to deduct \$500 to \$1,000 from their 2008 federal taxes.

For homeowners who live in more expensive areas such as Los Angeles where the average cost of a home is far above the national average, the legislation also increases the loan limit for Fannie Mae and Freddie Mac government-backed loans from \$417,000 to \$625,500.

students.

Stephanie Frasier was one of the students who received a job offer. "My mother, who is a planner at Northrop Grumman, recommended this program at Cerritos College," said Frasier. "Before I joined the program, I wasn't familiar with this field, but I enjoyed the class very much and look forward to start working soon."

For more information on composites training, call the Plastics/Composites program at (562) 860-2451, ext. 2927.

### Learn to speak, write Chinese

**DOWNEY** – The Fa-Kwang Temple in Downey is offering free Chinese language classes beginning Sept. 13.

Students will learn to speak, read and write Chinese. Classes will be held Saturdays from 1:30 to 3:30 p.m. at the temple, located at 12110 Pomeroy Rd. The course runs from Sept. 13 to June 13.

To register, call (562) 927-3945.

### Discounted senior lunches available

**DOWNEY** – The Human Services Association provides nutritious lunch for seniors over the age of 60 Monday through Friday starting at 11:30 a.m. at the Barbara J. Riley Community & Senior Center.

The cost of the congregate meal is \$2 per person. Bingo is played each Wednesday and Friday from 10:15 to 11:15 a.m. before lunch.

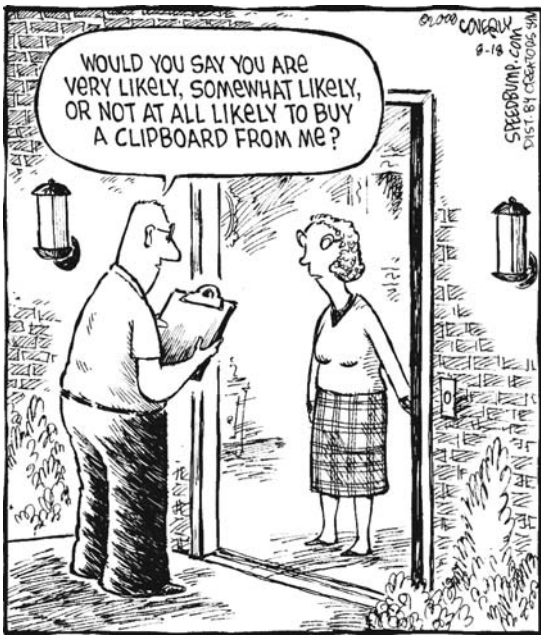
Lunch reservations are required by calling (562) 862-8800.

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## SPEED BUMP



## DAVE COVERLY



## Downey Community Calendar

### Events For August

- Sun. Aug. 24: **Back to School Fashion Show**, Stonewood Center, 6 p.m.
- Tues. Aug. 26: **Folk Jam**, Barbara J. Riley Community & Senior Center, 7 p.m.
- Wed. Aug. 27: **Marine Corps Air Ground Combat Center Band**, Furman Park, 7 p.m.

### City Meetings

- 1st Tuesdays, 6:15 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 2nd & 4th Wednesday, 6 p.m.: **Design Review Board**, Council Chamber at City Hall.
- 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

### Regularly Scheduled Meetings

#### Mondays

- 6:30 p.m.: **Metropolitan Masonic Lodge #352 dinner**, mtg., for information call 426-6786.
- 6:30 p.m.: **Overeaters Anonymous**, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.
- 1st Mon., 4 p.m.: **2nd Century Foundation**, at City Hall, 1st floor, call 927-9790.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 3rd Mon., 7 p.m.: **American Legion Post 270**, Los Amigos Country Club, call 869-1053.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

#### Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Vince Zoida at (714) 761-4439.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 9:30 a.m.: **Adventure with the Bible**, at the First Baptist Church call 928-4153.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Darren Dunaway at 806-5400.
- 12 p.m.: **Exchange Club of Downey**, at Sizzler, for information call Don Hollister at 927-5871.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call 928-2658.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 7 p.m.: **Boy Scout Troop 441**, at Apollo Park Activities Room, for information call 923-3659.
- 2nd and 4th Tues., 7:30 a.m.: **Chamber "Rise&Shine" Networkers**, at Nordic Fox, for info. call (562) 923-2191.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Bakers Square. for information call (562) 927-6438.
- 2nd Tues., 7 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 943-3904.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.
- Last Tues., 11:00 a.m.: **Los Companeros Service Club**, at Los Amigos Country Club, for info call 863-1549.

#### Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, for information call 869-8782.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 1st Weds., 7:30 p.m.: **Downey Emblem Club #309**, at Downey's Elks Lodge, for information call 868-4386.
- 1st & 3rd Weds., 7:00 p.m.: **AfterCare Post Cencer Therapy Group**, for information call 923-4800.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd Weds., 7:30 p.m.: **Downey Sister Cities Ass'n**, at Maude Price School, Call 862-7197.
- 2nd Weds., 11:45 a.m. - **Downey Christian Women's Club**, at Los Amigos CC, Call 927-8488.
- 2nd & 4th Weds., 11:00 a.m. - **AARP**, at Barbara J. Riley CC, Call Lorene Frazier 861-6075.
- 3rd Weds., - **Downey Dog Obedience Club** Apollo Park.
- 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at **Furman Park West Bldg.**, call 943-5513.
- Wed.& Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

#### Thursdays

- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 7:30 a.m.: **Connections Networking**, at Nordic Fox 10924 Paramount, for information call 869-1414.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 p.m.: **Downey Christian Businessmen's Committee**, for information call 928-4153.
- 12 p.m.: **Optimist Club of Downey**, at Sambis', for information call Steve Allen at 622-7655.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351**, Boy Scouts of America, at First Baptist Church, for information call 776-3388.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.

#### Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

#### Sundays

- 3rd Sun. Odd # Months 1:30 p.m.: **Aerospace Legacy Foundation**, at First Baptist Church Room 120.

## On This Day...

**August 22, 1485:** England's King Richard III is killed in the Battle of Bosworth Field. His death marked the conclusion of the War of the Roses.  
**1775:** The American colonies are declared a state of open rebellion by England's King George III.  
**1902:** President Theodore Roosevelt becomes the first U.S. president to ride in an automobile.  
**1920:** Science fiction writer Ray Bradbury is born. Also born Aug. 22: Carl Yastrzemski (69), Bill Parcells (67), Cindy Williams (61), Tori Amos (45) and Jenna Leigh Green (34).  
**2003:** Alabama Chief Justice Ray Moore is suspended for refusing to remove a Ten Commandments monument located in the rotunda of his courthouse.

## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**NECK LINES: Famous bow-tie wearers**  
 by Billie Truitt

- ACROSS**
- Don't invite
  - lazzuli
  - Pharmacist's filling, for short
  - One who's worshipped
  - Olden days
  - River to the Rhone
  - Scold mildly
  - Coffeehouse tea
  - Letters on spacesuits
  - Papal court
  - Japanese noodles
  - Jimmy Carter's middle name
  - Sunday Morning host
  - Not for
  - Crueler cousin
  - "Price negotiable" letters
  - Reunion attendees
  - Golfer Ernie
  - Simile center
  - Bishop's dir.
  - "... or \_\_ just me?"
  - Income source
  - Fast-food franchise founder
  - Nary a soul
  - Appearance
  - Part of the UK
  - Keelber character
  - Light weight
  - Egyptian snakes
  - Gibbons and gorillas
  - Warm up, as leftovers
  - Neither masc. nor fem.
  - Summer shirt
  - Itty-bitty biter
  - Remove, to an editor
  - Limburger and Neuchatel
  - Comics hubby
  - Belly
  - Castro of Cuba
  - Civil wrong
  - End of the 16th century
  - Cat comment
  - Track events
  - Wet blanket
  - The Music Man setting
  - Lou Grant star
  - Penn. neighbor
  - Roller-coaster unit
  - City or tube preceder
  - Aquanaut's base
  - War-era president
  - Letters on a Cardinal's cap
  - Bearing
  - Bad to the bone
  - Bank-acct. entry
  - Underhanded
  - European capital
  - Hound healer
  - Ward off
  - Improvised sleeping bag
  - Belgian-born sleuth
  - "... bug in \_"
  - "When pigs fly!"
  - Nuclear trial
  - Blockhead
  - "Wild" or "brown" food
  - Candle count
  - Blacksmith's block
  - Molecule part
  - Comic-strip screams
  - Between, in Bordeaux
  - Very small
  - Traditional knowledge
- DOWN**
- Harmony, for short
  - Webster of dictionaries
  - Minor (Little Dipper)
  - 90 Across had one
  - Hunter's need
  - Like always
  - Reform Party candidate of '92
  - Tennessee's state flower
  - Like some vessels
  - Cratchit's employer
  - Nigeria neighbor
  - Hoop edge
  - Worthy principles
  - Aquarium favorite
  - Trap by winter weather
  - NFL linebacker and bow-tie merchant
  - Rowboat needs
  - Jaunty tune
  - Library transactions
  - Bk. after Amos
  - "Are not!" response
  - Window alternative
  - Dazzling effect
  - Running free
  - Ski trail
  - Aykroyd et al.
  - At the right time
  - Borscht basics
  - Approves
  - Look after
  - Mend a skirt, perhaps
  - Perfectly pitched
  - Something to consider
  - Incense
  - Put in hock
  - Picture puzzle
  - Hebrew month
  - Over yonder
  - School of whales
  - WWII turning point
  - Do lunch
  - Wooden rod
  - 2008 Stallone film
  - Small talk
  - Opening bars
  - PBS science guy
  - Turn around
  - State with certainty
  - Resides where one works
  - In a klutzy way
  - Astronaut Collins
  - Hankering
  - 104 Advil competitor
  - Like some moon-based movements
  - Unadorned
  - Pennsylvania port
  - Munich Mister
  - Eclectic magazine
  - \_-tiller
  - Smell
  - Scholarly volume
  - Dyeing tub

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*You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.*

OBO (33 Across), often seen in classified ads for merchandise, stands for "or best offer." RAUL, head of state since February 2008. Astronaut EILEEN Collins (97 Down) was the first woman to pilot and to command a Space Shuttle.

## Paging Dr. Alan Frischer...

BY DR. ALAN FRISCHER

Ice, or heat? How many times am I asked this question? This simple issue continues to be hotly debated among experts. Here's the latest consensus.

Injuries vary, and time to heal may naturally range from days to months. When pain is not improving, or when there is an obvious fracture or serious injury, you will need to see a doctor. However, for simple sprains, strains and other minor injuries, you will likely treat it yourself with heat or ice. How do you choose?



Cold decreases blood flow, lessens inflammation, and blocks pain by numbing. Heat increases blood flow, increases elasticity of tissue, decreases stiffness, relaxes muscles, and promotes healing.

When injuries are new, and there is swelling present, immediate use of ice is the best choice. Fractures, sprains and even muscle spasms benefit highly from the speedy application of a cold compress. Swelling and inflammation are the result of blood leaking into ruptured capillaries. When you apply ice to an injured area, you help to constrict the blood vessels, thereby restricting the flow of blood and reducing the amount of blood and fluid that leak into the tissue.

Consequently, ice is effective in reducing bruising, reducing pain and swelling, and should be used for the first 48 to 72 hours or until the swelling has gone away. For example, if you sprained your ankle five days ago and there is still swelling, you should still use ice. Some injuries come from overuse. For example, you may have pain in your knees after skiing, or in your elbow after playing tennis. Use ice after activities that cause discomfort.

Ice packs can be made by placing ice cubes or crushed ice into a zip lock bag, or by using a frozen gel pack. The length of time you apply cold to a wound is important. Ice compresses should be applied to swollen or new injuries for about 15 to 20 minutes and then off for 30 minutes. You may do this as often as possible.

What are the precautions to consider when using ice?

- Do not place ice directly on the skin; always place a towel, washcloth, or piece of fabric over the skin before applying ice. Never leave ice on the skin for more than 20 minutes. Frostbite may occur; the skin and tissue underneath (muscle, nerves, and fat) may be injured, either temporarily or permanently. Certain parts of the body (the elbow, outside of the knee, and outside of the foot) can be injured by cold more easily because they do not have as much padding or insulation.

- Do not apply ice prior to workouts or athletic events. Cold works to

restrict circulation to injured areas, which is why it is used after exercise to reduce swelling or pain.

- Do not use ice if it produces welts or a rash. You can actually be allergic to it!
- Stop using ice if you experience tingling or burning radiating into fingers or toes that are not actually in contact with the ice.
- Never apply ice directly over the eyes.

What about heat? Heat can reduce muscle spasms, improve joint stiffness, and make soft tissue more limber. Heat is used to help loosen tight muscles and joints during warm-ups. Examples of this include using moist hot packs on tight leg muscles before a run, or on a shoulder before a baseball game, or on chronically tight back or neck muscles. Heat is used for stiff muscles and joints in order to make them more limber.

Moist heat is more effective than dry heat, as it penetrates deeper for muscles, joints, and soft tissue. It should be used for 15 to 20 minutes, or longer if recommended by your doctor. Towels soaked in hot water or warmed in a microwave are useful, but usually lose their heat within five to ten minutes. Commercial moist heat packs are convenient and provide longer therapy. Hot tubs or Whirlpools are useful. Ultrasound is a form of deep heat that is used by therapists and trainers. Heat creams and ointments are popular; while they do not provide very deep heat into muscle tissue, the massaging effect of applying the cream is helpful.

What are the precautions to remember when using heat?

- A heat pack should feel warm but not hot; you can get burned.
- Spending too much time in a hot shower or hot tub can lead to dizziness, nausea and loss of consciousness. Don't sit in hot tubs without supervision.

- Heat increases blood flow to an injury. It is important not to use heat in the first few days after an injury or while an injury still has any swelling. Use these quick and simple guidelines regarding ice and heat:

- Use ice immediately after an injury, after activity or competition when you have a chronic injury, after rehabilitation exercises for an injured area, and whenever there is pain or swelling after activity.

- Use heat for tight muscles before stretching or participating in an activity or competition, as long as the injury is not acute (the first three to four days) and is not swollen.

- As always, discuss any questions or concerns with your doctor.

I wish you safe exercise, and when necessary...rapid healing!

Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

## Charter Ball to honor Sam and Joan Smock

■ Proceeds from ball will benefit hospital's Family Birth Center.

DOWNEY – Downey Regional Medical Center and its Foundation are pleased to announce that Sam and Joan Smock, along with the medical staff of DRMC, will be honored at the 2008 Charter Ball scheduled for Oct. 18 at the Disneyland Hotel in Anaheim.

The Smocks consider Downey their home even though they have recently moved to Long Beach. Thirty years or raising a family in town has a lasting effect. Prior to his retirement, Sam Smock moved up through various management positions with the old and new AT & T. Joan Smock worked in the Downey Unified School District and holds the Teacher of the Year award for 1997. Her love and career focused on teaching kindergarten students in the district where she retired in 1998.

Sam Smock is an active member of the DRMC Corporate Board of Directors and the Hospital Board of Directors. This service began with the formation of the Downey Regional Medical Center Hospital Inc. He is a past chairman of both the Corporate Board and the Hospital Board of Directors.

"The Smocks have been an important part of our family for many years," said Ken Strople, president and chief executive officer of DRMC. "We're honored to recognize their gifts of time, talent and commitment to DRMC at this year's Charter Ball."

The medical staff of DRMC is comprised of more than 450 physicians who represent a wide range of medical specialties. Many physicians vol-

unteer their time and expertise to serve on medical staff, hospital and foundation boards and committees. Members of the medical staff also contribute generously to the Foundation's events and programs, such as the Charter Ball.

"The medical staff at Downey has always been a great champion of the hospital but the physicians have been extraordinarily supportive during this very critical turnaround year. The hospital has had some very difficult financial issues to address and the physicians have shown great commitment during this time.

"It is a privilege and an honor to work with these men and women who are not only dedicated to their patients but also to this hospital. Because of their support during this time, we in administration have asked that the medical staff be an honoree this year," Strople said.

"We are also pleased to recognize the high quality of care they provide to the 100,000-plus community members who rely on Downey Regional for their health care needs each and every year."

As part of the new emphasis on financial health care for the hospital, this year's Charter Ball will focus on maximizing its fundraising potential and highlight how funds will be used. Proceeds of this year's ball will benefit the hospital's Family Birth Center, which delivers more than 1,500 newborns each year and which also featured a Level II Neonatal Intensive Care Nursery for newborns with special needs. Fundraising opportunities will also include a variety of scholarship levels. All those strategies are designed to increase the amount of funds that will be available to the Family Birth Center.

For additional information about this year's event, including sponsorship opportunities, visit [www.drnci.org](http://www.drnci.org) or [www.charterball.org](http://www.charterball.org).



Pictured at the Charter Ball's Aug. 12 kick-off reception are (bottom row, left to right): Cashmere Wielenga, Charter Ball chair; and Joan Smock. Top row: Greg Bonn, executive vice president; Dr. Kaushal Tamboli, Dr. Richard Guess, Foundation chairman; and Sam Smock.

## AARP helping eligible seniors

DOWNEY – AARP volunteers are providing free homeowners and renters assistance at the Barbara J. Riley Community and Senior Center to eligible seniors.

To be eligible, seniors must be at least 62 years old and be blind or disabled, and must have owned and occupied a home on Dec. 31 of last year, or paid at least \$50 rent each month. The total household income must also be less than \$44,096.

The services are offered on Mondays and Wednesdays from 9 a.m. to noon. No appointments are necessary.

Seniors should bring proof of age or disability, a property tax bill (if a homeowner), claim form, federal and state tax records, and other income records.

For more information, call (562) 904-7223.

## Tests: Schools need 'realistic' growth plan.

Continued from page 2

may just not be ready for Algebra I. There is also the problem of math aversion. Oftentimes, these uncomprehending kids feel stupid."

Even so, and both Cairns and Takano agree, "It is our job to address issues like this. Educating these kids is a difficult task, to say the least."

"That's why we have a continuing staff development program in place for teachers, with specialists in all areas," says Cairns. "We have intervention programs for students all the way through, and so on. We really want every student at every grade level to succeed."

"We will be looking to adopt new textbooks next month, revise our curriculum. We're doing all we can to make sure the task of education is done right and aligned with state standards, which by the way are high, not to mention the requirements of the federal No Child Left Behind Act."

"We're hoping that the new administration will listen to the 'voice of reason' regarding this issue," says Cairns. "What we need is a realistic growth model, not an arbitrary one."

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**Word of MOUTH**  
by Soheir S. Azer, D.D.S.

While amalgam (silver) dental fillings have been around since the 1800s, they are fast losing ground to tooth-colored composite resin dental fillings. The most obvious reason for the switch to plastic dental resin has its basis in aesthetics. In the eyes of increasing numbers of patients, it's far more preferable to have a filling material that nearly matches the color of their teeth exactly rather than a metallic filling that stands in dark contrast to white teeth. On top of that, composite dental resin actually bonds to the crown of the tooth to create a solid tooth structure. Amalgam, on the other hand, merely fills the cavity, allowing seepage around the "silver" filling over time, which can lead to decay.

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# Downey in Action:

## Soroptimist International of Downey

By MARY FORNEY, STAFF WRITER

When Elizabeth Wright started Soroptimist International of Downey in 1951, it was with one purpose in mind – to help women help other women.

Meeting at 7:30 a.m. on Thursday mornings at the Rio Hondo Event Center, the group remains strong in membership and with its mission.

Comprised of professionals, “these women are deeply rooted in the city of Downey,” said Monica Goel, who will assume the role of president next month.

“We have had a former mayor as a member, someone from the planning commission, and I am an attorney,” she said. “We have a lot of different careers, but we are a combined group of professional women who try to do the right thing for women and children.”

Promoting education is always at the top of the club’s list as the Soroptimist Club of Downey gives multiple scholarships throughout the year. The recipients are high school students wanting to gain practical instruction and adult women wanting to continue college.

“We don’t focus on the best and the brightest in the traditional sense,” Goel said. “We interview and review the applications ourselves and try to find kids who are special. We give vocational scholarships to those who want to go into a technical field or get an associate degree at a community college.”

“Not all kids are able to go to college so we try to give to kids who aren’t necessarily going to get scholarships from other places,” she said.

The vocational scholarships are given to students from Downey High School, Warren High School and Columbus High School.

The Violet Richardson Award is another scholarship given yearly to a high school student involved in a community volunteer project that stands out to the Soroptimists. The winner of this scholarship is given the opportunity to continue competing on a district level on up to a national level which gives the student the chance to win multiple scholarships from Soroptimist International.

Every year, Soroptimist International of Downey singles out hardworking women for the Women’s Opportunity Award.

“We find women who have hit rock bottom and gone back to school – really inspiring stories,” Goel said. “Some of the women have been abused, left by their husbands and are raising four or five kids on their own – yet they found a way to persevere and take care of their kids while getting an education themselves.”

“We give scholarships to them so they can continue their schooling,” she said.

A well-known, inspiring award among the professional women’s community is the Women of Distinction which is given by the Soroptimists. This award honors local professional women who have achieved extraordinary things whether it’s for women, children, women’s health issues, or city development.

“It’s a neat program because you get to see women excelling at their best,” Goel said.

Fundraising is another mission of Soroptimist International of Downey and they sponsor numerous activities throughout the year which are always open to the public. Hosting Academy Awards Night, guests can walk down a red carpet and have “paparazzi” take their picture before



watching the Academy Awards on television. A formal dinner is served and guests can participate in a silent auction.

Casino Night at the Rio Hondo Event Center is another popular community fundraiser, as well as the club’s Bingo and Chili Cook-off. This year’s cook-off will be held Oct. 19.

The proceeds from the group’s charity events are donated to organizations like Arc of Southeast Los Angeles County, Dentists Without Borders, the Downey Symphony and Keep Downey Beautiful.

“Fundraising is a big part of what we do, but we are committed to service,” Goel said. “As a matter of fact, our theme this year is ‘Commitment to Service.’”

Soroptimist International has been deemed the world’s largest international service organization for women. The Soroptimist International of Downey can be found rolling up their sleeves and pitching in to help various causes – from walking in the Arc Walk to making Christmas gift bags for the residents of Bell Manor to picking up trash on the side of the road.

Goel is looking forward to leading these hardworking women during the upcoming year.

“What better way to give back to my community than by giving to women and children and being a part of a dynamic group of professional women?” Goel said.

“I have learned so much from this group. We have about 30 members and many of them have raised their families, run businesses, and some are entrepreneurs and doing well.”

The club is hoping to increase their profile during the next year to promote membership and community awareness.

Goel said the rewards of participating in the Soroptimist International of Downey are the heartfelt thanks from those they help.

“It means a lot to people who have struggled and overcome something like drug addiction and now they’re making it,” Goel said. “It’s so inspiring to see women making something of themselves and becoming independent.”

For more information about the Soroptimist Club of Downey, call (562) 923-0971.

# Travel team seeks hoops competition

■ Downey Hoopsters hold open tryouts twice a week.

By SCOTT COBOS, STAFF WRITER

**DOWNEY** – An idea that was three years in the making is finally starting to gain some momentum and be pushed forward into the spotlight. What was originally a team of former YMCA players has turned into the only basketball travel team in Downey.

The Downey Youth Basketball Hoopsters are composed of two different age divisions, one each for 11- and 12-year-olds boys.

The Hoopsters originally were players who participated in the Downey YMCA basketball league and started looking for higher levels of competition.

Hoopsters director Geovani Fernandez said the team began playing against other organizations, including the Lakewood YMCA, and participating in tournaments that are held by National Junior Basketball.

The last tournament the Hoopsters participated in and won was the Firecracker Classic held in Fullerton last month. This weekend they travel to another basketball tournament in San Diego.

“In the future we look forward to participating in tournaments in Texas and possibly as far as Orlando,” Fernandez said.

The team has traveled around Southern California and has been as far as Las Vegas.

The Hoopsters received permission from Downey High School assistant principal John Baker and Vikings basketball head coach Larry Shelton to use their gymnasium as their practice facility.

The team practices every Tuesday and Thursday for two hours starting at 6 p.m. to help them prepare for their bi-weekly tournaments.

“We’re trying to get them ready for the next level,” Fernandez said. “It really is also to give them an opportunity to play at a high school level.”

The Hoopsters are currently looking for sponsors to help with tournament fees, uniforms and equipment. If interested, Fernandez can be contacted at (562) 233-3027.

The team is also currently holding open tryouts for kids who are interested in playing basketball in higher competition levels. Tryouts are held at every practice at the Downey High School gymnasium.

## Woman’s Club going to Pechanga

**DOWNEY** – The Woman’s Club of Downey is sponsoring a bus trip to the Pechanga Resort & Casino on Sept. 8.

Funds raised by the trip will go to the club’s scholarship fund.

The bus will leave the Woman’s Club at 8 a.m. and return between 5:30 and 6 p.m. Cost is \$6 for Woman’s Club members, \$11 for non-members, and includes a \$5 voucher for casino play.

Bingo is played on the bus and guests must be at least 21 years old. For reservations, call Jeanine Keys at (562) 923-6620.

## Bingo and ice cream at Temple

**DOWNEY** – The brotherhood of Temple Ner Tamid of Downey is hosting an ice cream social Sept. 13 at 7 p.m.

Cost is \$5 per person. Children under 13 are \$1. For information or reservations, call Harold Mark at (562) 861-3065.

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The USTA tennis program held at Independence Park concluded on Aug. 14. The program is for first-time players and is funded by the 1984 Los Angeles Olympics. Above are the tennis players, from top left to right: Instructor Linda Gomez, Ashley Consuegra, Kimberly Shepherd, Tiffany Jimenez, Angelina Avina, Eugene Vaudry, and Instructor Silvana Consuegra. Bottom row: Julian Ruiz, Diana Castrejon, Sophia Correa, Nicolas, Correa, Kyle Inzunza, Kristofer Medina, Sufhan Chowdry, Taina Jemenez, and Lauren Wells.



More than 60 students from Kirkwood Christian School in Downey were recently recognized with the President's Award, a recognition for students "who have achieved academic excellence during the entire school year." To receive the award, students must be at or above grade level in all subjects, and score in the 85 percentile on a standardized test in either reading or math.

## Congresswoman's rep is guest speaker

DOWNEY – Kimberlee Tachiki from the office of Congresswoman Lucile Roybal-Allard will visit Rise 'N Shine Networking group Aug. 26 as the guest speaker.

Tachiki's topic will be "Congress 101." Meetings are held at Nordic Fox restaurant and begin at 7:30 a.m. Cost is an order from the menu. RSVP's are requested by calling the Downey Chamber of Commerce at (562) 923-2191.

## Custom cars at Gourmet Cafe

DOWNEY – Gourmet Cafe, 8250 Firestone Blvd., hosts "Cruise Night" the second Saturday of every month from 4 to 7 p.m. The night features custom cars from the Midnighters Customs Southern California car club. There are also awards and 50-50 raffles. For more information, call Mike at (661) 264-2539 or Frank at (562) 923-2812.

## Classic car and custom motorcycle show

DOWNEY – The Downey Elks Club will be holding a Classic Car and Custom Motorcycle Show on Aug. 24 at 11233 Woodruff Avenue. Festivities will be held 10 a.m. to 6 p.m. and general admission is free. Pre-admission for cars and bikes is 8 a.m. and there is a \$10 entry fee. All cars must be pre-1974 and there is a 60 car limit. Foreign cars will not be allowed entry. For more information, call Garry Gareau at (562) 544-9131 or Jim Rawlins at (562) 864-7628.

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DEATH RACE R	(11:20 2:00 4:40) 7:20 10:00
THE LONG SHOTS PG	(10:05 12:35 3:05) 5:35 8:05 10:35
THE ROCKER PG-13	(12:00 2:35) 5:10 7:45 10:20
FLY ME TO THE MOON 3D G	(10:20 12:50 3:20) 5:45 8:10 10:40
MIRRORS R	(10:55 1:50 4:40) 7:35 10:20
CLONE WARS PG	(10:00 12:30 3:10) 5:45 8:20 11:00
TROPIC THUNDER R	(10:40 1:30 4:15) 7:00 9:50
THE MUMMY 3 PG-13	(10:00 12:45 3:30) 6:15 9:00
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DEATH RACE R (11:20, 1:55, 4:40, 7:40, 10:20)  
THE HOUSE BUNNY PG-13 (11:30, 2:10, 4:45, 7:15, 9:45)  
THE ROCKER PG-13 (11:35, 2:20, 4:55, 7:35, 10:10)  
\* FLY ME TO THE MOON 3-D (DIGITAL) 3DX 6 (11:00, 1:05, 3:10, 5:15, 7:20, 9:30)  
MIRRORS R (11:15, 2:00, 4:50, 7:45, 10:35)  
STAR WARS: THE CLONE WARS PG (11:40, 2:15, 4:50, 7:20, 9:50)  
TROPIC THUNDER R (11:10, 1:45, 4:35, 7:25, 10:05)  
PINEAPPLE EXPRESS R Fri (11:45, 2:25, 5:05), 7:50, 10:30; Sat & Sun (2:25, 5:05), 7:50, 10:30; Mon (5:05), 7:50, 10:30; Tue (11:45, 2:25, 5:05), 7:50, 10:30  
THE MUMMY: TOMB OF THE DRAGON EMPEROR PG-13 (11:05, 1:50, 7:30)  
THE DARK KNIGHT PG-13 Fri to Sun (12:20, 3:40, 7:00, 10:25; Mon (3:40), 7:00, 10:25; Tue (12:20), 3:40, 7:00, 10:25)  
THE WATER HORSE: LEGEND OF THE DEEP PG: Mon (10:00 AM, 12:30 PM)

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YOUR HOMETOWN COMMUNITY NEWSPAPER

## Conductor giving concert preview

WHITTIER – Internationally recognized operatic and symphony conductor Dr. Brian Asher Alhadeff will be the speaker at the first concert preview of the season sponsored by the Rio Hondo Symphony Guild on Sept. 26.

The preview will begin at 10 a.m. at the First Friends Church, 13205 Philadelphia St., in Whittier.

Alhadeff will talk about the program he has put together, "Symphonic Landscapes," which he will conduct with the Rio Hondo Symphony on Sept. 28 at the Whittier High School auditorium. The program will feature music by Rachmanioff and Dvorak.

Both the preview and concert are free to the public. For more information, call (562) 693-5516.

## Church car show planned in Long Beach

LONG BEACH – Los Altos United Methodist Church in Long Beach will host its second annual Vintage Car Show on Oct. 5.

Viewing time begins at 9:30 a.m. following worship service and continues to 3 p.m. in the church parking lot at Woodruff Avenue and Willow Street. Admission is free.

"Church members with antique cars expressed an interest in displaying their cars and trading their car stories with others," said Dr. Jerry L. Larsen, senior minister at the church. "This vintage car show is the result, and we hope the public enjoys it as well as our church members."

Vintage car owners can their cars, motorcycles, and bicycles for \$20 before Sept. 2. The fee jumps to \$25 after that date.

Registration forms are available online at <http://laumc.com> or by calling (562) 598-2451.

Proceeds from the car show will benefit the Los Altos United Methodist Church Homeless Task Force, which helps feed homeless people in Long Beach.

## Fabio visiting Downey hair salon

DOWNEY – Celebrity fashion model Fabio will headline a charity fundraiser Sept. 28 at Urban Roots Salon, 8312 Firestone Blvd., where organizers hope to raise \$10,000 for The Myositis Association (TMA).

The event will include an indoor "cut-a-thon" from 10 a.m. to 1 p.m., when 50 percent of all haircuts and 10 percent of all product sales will be donated to TMA.

Fabio will conduct a meet-and-greet at 1 p.m. One person will also be selected to win a dinner date with the Italian fashion model.

For more information on the event, or sponsorship opportunities, call (562) 904-8004.

## Seniors invited to get active

DOWNEY – The Barbara J. Riley Community & Senior Center hosts free activities for seniors every Tuesday.

The group has been meeting for 52 years and plays cards, dance, listen to live music, and more. They also organize three banquets a year, the next coming Aug. 18 at the Los Amigos Country Club.

All senior citizens are invited to attend. For more information, call Nadine Morris at (562) 923-9422.

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## Legion sponsoring trip to Pechanga

DOWNEY – American Legion Post 723 is sponsoring a trip to Pechanga Casino on Aug. 28.

Price is \$11 and the bus departs from the American Legion parking lot, 11269 S. Garfield Ave., at 8:30 a.m.

Proceeds from the trip will benefit veterans rehab and youth programs. For more information, call Nancy Watson at (562) 413-6414.

## New Titles at the Downey City Library

### Fiction

- "Being Elizabeth" by Barbara Taylor Bradford. In a modern retelling of the drama surrounding the 16th-century English queen, Elizabeth Deravenel finds herself at the crossroads of love and duty as she runs one of the most powerful business dynasties in history.
- "The Given Day" by Dennis Lehane. Focusing on the Boston Police Strike of 1919, this epic historical novel is a rich and detailed exploration of America at the end of World War I.
- "The Gone Away World" by Nick Harkaway. In this debut novel, a man makes a unique journey of self-discovery in a post-apocalyptic world.
- "Hot Mahogany" by Stuart Woods. Stone Barrington is drawn into danger and intrigue when he is asked to help a man who has lost his memory following a brutal beating.
- "One Fifth Avenue" by Candace Bushnell. The inhabitants of Manhattan's ritziest address are thrown in a tizzy with the return of a beautiful actress and the death of a wealthy apartment owner.

### Non-Fiction

- "Bob Schieffer's America" by Bob Schieffer. The broadcast journalist and host of "Face the Nation" offers essays and perspectives on American issues from campaign reform to school vouchers and Hurricane Katrina.
- "Doris Day: the Untold Story of the Girl Next Door" by David Kaufman. A biographer looks beyond the star's all-American image to reveal the drama and complexities of her career, relationships and four marriages.
- "Home Rich: Increasing the Value of the Biggest Investment of Your Life" by Gerri Willis. A finance expert shows you how to come out ahead when you buy, maintain and sell your home.
- "The Necklace: Thirteen Women and the Experiment That Transformed Their Lives" by Cheryl Jarvis. Four years ago in Ventura, Calif., a group of women took a risk to buy an expensive diamond necklace and, in the process, changed their lives and their community.
- "The Sea is So Wide and My Boat is So Small: Charting a Course for the Next Generation" by Marian Wright Edelman. The founder of the Children's Defense Fund looks back on what has been done, and what still needs to be done, to make the nation and the world safe for all children.

Visit the library at 11121 Brookshire Ave. or [www.downeylibrary.org](http://www.downeylibrary.org) or call (562) 904-7360 ext. 3 to check out or reserve these new titles.

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The Downey Patriot proudly presents its new website, updated each week to reflect the news in our current issue and also updated during the week to cover breaking news as it happens. The Downey Patriot online is filled with rich features such as a blog, news columns, archives in PDF format, and a search engine for all of our articles. Keep in touch with Downey events easily and visit us online.

[www.thedowneypatriot.com](http://www.thedowneypatriot.com)



## WRITE TO US

Express your comments or concerns regarding news and events around Downey. Our *letters to the editor* section is a great way to voice those views publicly. We'd also love to hear any feedback you have in general - please feel free to e-mail us at [downeypatriot@yahoo.com](mailto:downeypatriot@yahoo.com).

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**A Year to Remember**

Downey, 2007

Cover of last year's "A Year to Remember"

**A Year to Remember**

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For more information call (562) 904-3668 or email us at [downeypatriot@yahoo.com](mailto:downeypatriot@yahoo.com)



Prudential 24 Hour Real Estate has added Mark Carpenter to its team of sales associates. Carpenter recently completed the company's "Smart Start Success Course." "We are very excited about having Mark join us," said Mel Berdelis, owner and broker. To contact Carpenter, call (562) 861-7257.

### Hazardous waste roundup in Downey

DOWNEY – Residents will have an opportunity to safely discard household hazardous waste at an e-waste roundup in Downey on Sept. 6. Hazardous household waste includes antifreeze, unused pharmaceuticals, car batteries, used motor oil, paint, pesticides, TVs and monitors, computers, VCRs, stereos, cell phones, and more. The roundup will be held at the Los Angeles County Office of Education, 9300 Imperial Hwy., from 9 a.m. to 3 p.m.

### Golf outing to raise scholarship funds

DOWNEY – The 12th annual Downey Chamber Golf Classic, a tournament to raise money for local high school scholarships, will be held Sept. 29 at the Rio Hondo Golf Club. "This year's tournament is shaping up to be the best ever," said Joe Keays, chairman of the event. "If you enjoy a great day of golf along with delicious meals and nice prizes, then please join us." For golf reservations or more information, call (562) 923-2191.



Century 21 My Real Estate has welcomed Briana Gonzalez to its office. "She is sharp and well-prepared to give great service to her clients. We look forward to having Briana's quality skills in our company," said Steve Roberson, broker and owner. To reach Gonzalez, call (562) 927-2626.

### Museum raffling wrapping up

DOWNEY – The Downey Museum of Art is sponsoring a series of raffles for cars and cash prizes in celebration of its 50th anniversary. Now through Wednesday, residents can purchase \$100 tickets for a chance at different prizes. Money raised from the raffles will benefit the museum. For more information, call (866) 688-1011.

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### FEATURED PROPERTY

A Big Opportunity

A great home with 3 bedrooms, 1 bath, nice den with a fireplace. And best of all, this fantastic home is in a great neighborhood.

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TOP SALES  
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Excellent Value

3 bedrooms, 1 bath, remodeled with an open floor plan, central air, 2 car garage, laundry inside, and hardwood floors.

Hard to Beat The Price

Great lot size, with 3 bedrooms, 1.5 baths. Newer windows, covered patio, central heating, fireplace, living room with dining area, laundry room, and 2 car detached garage.

Atmosphere for Charm

3 bedrooms, 2 bath home with great curb appeal. Large dining room, family room with a fireplace, central A/C and heating, detached 2 car garage, and fruit trees in the backyard add to this charm.

It's A Small Price

You'll pay for this 4 bedroom, 3 bath condo, move in condition. Updated kitchen and bathrooms, central A/C and forced heat, fireplace in the family room, formal dining room, master bedroom w/walk-in closet.

One For The Guests

A great home with 2 bedrooms, 1 bath, with the kitchen and bathroom remodeled. The guest quarters have 1 full bath and a fireplace. Great traditional style home with a great price to go along

So Easy To Own

3 bedrooms, 1.75 baths, spacious master bedroom, living room, dining room, interior laundry, cooper plumbing, newer roof, newer windows and many nice features left to your surprise.

Ready For You

Cleanly painted from the interior to the exterior, this 3 bedroom, 2 bath home is a turn key. Move in condition with new carpet, new windows and fixtures, central air and heat, fireplace in family room.

So Much For So Little

3 bedroom, 2 bath in a gated community, newly remodeled on a permanent foundation with own land. Great location, close to freeways, shopping centers, school, and parks. Priced at \$161,500

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Priced at: \$450,000  
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**NEAR HUNTINGTON BEACH!**  
Turn key home! 3 BD, 2 BA, gourmet kitchen, R-3 lot.  
Call Marie at 562-618-0033

**JUST LISTED!**  
**THIS YOU'VE GOT TO SEE!**  
4 BD, 2 full BA, large living room, open floor plan, 3,033 sq. ft., in Downey's Orange Estates  
Call Mario Today (562) 533-7433

**OPPORTUNITY KNOCKS!**  
Downey Duplex  
Priced at: \$449,900  
Call Carrie @ 562-382-1252  
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**GREAT BUY!**  
**DOWNY ORANGE ESTATES!**  
3 BD, 1.75 BA, family room.  
PRICED AT \$599,999  
Call Marie at 562-618-0033  
www.MariePicarelli.com

**JUST LISTED!**  
**MOVE IN READY!**  
2 BD, 1 BA, large living room, HUGE back yard!  
MUST SEE! Priced at: \$299,000  
Call Mario Today (562) 533-7433

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**OPEN HOUSE**  
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3 BD, 2 BA, 8,830 sq. ft. lot.  
Priced at: \$499,000

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**GREAT BUY!**  
**MOVE RIGHT IN!**  
3 BD, 2 BA, 1,519 St. Ft. Living  
PRICED AT \$459,999

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**MOVE RIGHT IN!**  
3 BD, 2 BA, 4,996 sq. ft. lot.  
Priced at: \$399,900

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3 BD, 2 BA, 8,800 Sq. Ft. Lot.  
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**Fun in the Sun!**  
4 BD, 3.5 BA North Downey home, remodeled in 2004 with newer pool & spa! Remodeled kitchen with granite counters & much more!  
Price: \$599,950  
Virtual tour at [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

**OPEN HOUSE**  
**Cherokee Estates Charmer!**  
4 BD, 2.75 BA N. Downey home w/ spacious family rm, updated kitchen w/ newer appliances & granite counters, pool-size yard, & master bedroom. W/ approx 2800 sq ft on a 9900 sq ft lot, this home is a smart buy!  
Price: \$749,950  
Call Michael Berdelis at (562) 818-6111

**Bring the In-Laws!**  
3 BD, 2 BA main house + 700 sq ft guest house on a 7600 sq ft lot with 2 car garage. Many nice features - call for more details.  
Price: \$550,000  
Virtual tour at [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

**OPEN HOUSE**  
**So Much Potential!**  
3 BD, 2BA, N. Downey pool home w/ living & family rooms, 1903 sq ft, RV parking potential, ... all on a 7,850 sq ft lot.  
Starts at \$499,900  
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**OPEN HOUSE**  
**Custom Built One of a Kind!**  
5BD+ optional 6th BD, 4BA, 4200 sq ft, large master suite, beautiful kitchen w/ Viking appliances, and home theater system w/ surround sound throughout house.  
Price: \$1,199,950  
Virtual tour at [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

**Corporate Owned Bargain!**  
New Construction 2007 - 5 BR, 4 BA, 3250 sqft living space, many fine upgrades and touches.  
Price \$899,950  
Call Michael Berdelis at (562) 818-6111

**OPEN HOUSE**  
**A Real Steal!**  
5 BD + office, 4 BA, master suite w/ fireplace, 3,750 sq ft, 6,480 sq ft lot.  
Price: \$999,950  
Virtual tour at [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

**OPEN HOUSE**  
**Let's Make a Deal!**  
5BD, 4BA, 2800sq ft., pool and spa, 3 car garage.  
Price: \$1,029,950  
Call Michael Berdelis at (562) 818-6111

**Custom Built Beauty!**  
6BD, 5.5 BA, 5,380 sq. ft. house on a 11,930 sq ft lot. Features several upgrades, beautiful pool & spa & a large covered patio. This is an entertainer's dream house.  
Proudly presented \$1,749,900  
Virtual tour at [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

**SOLD!**  
**Sold! Sold! Sold!**  
3 BR 2BA home with large living room, family room, with fireplace, formal dining room, and master bedroom.  
List Price: \$499,950  
Call Michael Berdelis at (562) 818-6111

**SOLD!**  
**Sold! Sold! Sold!**  
3 BD, 2BA, top level condo in North Downey, 1968 sq ft. living space, plenty of room for a great price!  
List Price: \$385,000  
Virtual tour at [www.MichaelBerdelis.com](http://www.MichaelBerdelis.com)

**SOLD!**  
**Sold! Sold! Sold!**  
4 BD, 4 BA home & 2 BD, 1 BA guest house on a 10,920 sq. ft. lot. Both are remodeled.  
List Price: \$749,950  
Call Michael Berdelis at (562) 818-6111

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