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Covid cases spike in LA County

■ Infections are on the rise and health officials fear the upcoming Thanksgiving holiday will lead to more infections.

By Eric Pierce
Editor

DOWNEY — Coronavirus cases are surging across Los Angeles County, including in Downey, which has seen its case rate spike over the last week, prompting warnings from health officials.

L.A. County health director Barbara Ferrer on Monday said Downey is among the leaders in COVID-19 cases, joining other communities such as Pacoima, East Los Angeles, South Gate and Hollywood.

“For everyone who’s living in these communities, please note you need to take extra precautions,” Ferrer said. “And if you’ve had an exposure, you should know that there’s plenty of testing available so you can go in immediately and find a place to get tested.”

As of Wednesday, the number of Downey residents who had contracted coronavirus was 4,952. Ninety-one Downey residents have been killed by the virus.

For comparison, the virus has killed 88 in Norwalk, 42 in Whittier and 31 in Paramount.

Nursing homes continue to be the most vulnerable. At Downey’s Brookfield Health Center, seven staff members and 19 residents have come down with the virus; six people have died.

“It is promising to hear the news of COVID-19 vaccine possibilities in the near future,” said Ferrer. “However, we cannot wait for a vaccine to slow the spread of COVID-19 in L.A. County. Every person needs to make personal decisions each day to use the tools we know work. I ask that you encourage your family and friends to stay the course. The power to prevent more cases, hospitalizations and deaths is within all of us.”

National Disaster

The White House coronavirus task force warned of “accelerating community spread across the top half of the country,” in reports distributed to states this week. The task force, which last week warned of “significant deterioration in the Sunbelt,” said that has led to the “most diffuse spread experienced to date.”

And a separate forecast from the Children’s Hospital of Philadelphia Policy Lab projects conditions will worsen in the West Coast, the Northeast and the mid-Atlantic states over the next several weeks.

Hospitalizations, ICU admissions and ventilator usage are rising in every single state, the lab said.

That’s as the US reported the highest number of hospitalizations ever on Wednesday -- with more than 65,000 Covid-19 patients nationwide, according to the COVID Tracking Project.

Tod Corrin says farewell

■ The longtime civic leader has left his mark on Downey’s public education system.

DOWNEY — Since beginning his journey as a Board of Education member for the Downey Unified School District in 2003, Tod Corrin credits and acknowledges his last 17 years of service to the students within the district.

“I’m most proud of all the things that our students have accomplished during my time on the Board,” Corrin shared as he began to reflect on his time as a member. “Having our attendance and graduation rates grow above surrounding districts and seeing the accomplishments of our kids competing in sports, band and Career Technical programs, has truly brought me great joy.”

When running to become a member of the Board of Education in 2003, Corrin based his campaign around growing the Career Technical Education (CTE) programs within the district. At that time, Downey Unified only offered courses like antiquated wood shop and cooking/sewing classes to high school students.

Now, the district has exceeded Corrin’s expectations by developing 14 various CTE pathways that begin at the middle school level. These pathways have flourished during Corrin’s time on the Board and vary from Automotive Technology, Computer Programming, Culinary Arts, Construction Technology, Digital Animation and Welding to name a few.

Another one of his main goals while serving on the Board of Education was passing the School Bond Measure (Measure O) to further aid in the construction and structural improvements to our campuses and facilities.

Measure O was passed by voters in 2014 and has resulted in numerous updates to both technology and structural spaces for students.

Over the last few years, Corrin was able to see the finished products of the previous School Bond Measure (Measure D) that resulted in major construction within Downey Unified’s comprehensive high schools. This included new football stadiums at both schools, an Engineering Building at Downey High and an Olympic size swimming pool at Warren High.

“I supported Measure O in full force, although it may have cost a bit of money on my property taxes,” Corrin jokingly remarked. “It’s well worth it if we are going to make a difference in the lives of kids and these 21st Century facilities do, which is very exciting to see.”

During his time as a Board member, Corrin has served as President two times and Vice President three times. He says farewell, but not goodbye, from



Tod Corrin, center with his family. Corrin is leaving Downey Unified’s Board of Education after 18 years.

his seat as Vice President of the Board of Education.

He has been proud to work with former Superintendent Dr. Wendy Doty and current Superintendent Dr. John Garcia. He credits his initial involvement of wanting to become a Board member to Bob Winningham, former Downey Mayor, and former Superintendent Dr. Doty, noting that it was the time they all served on the YMCA Board that truly sparked his interest in serving on the School Board.

Corrin shared that as he steps away, he is happy to have someone who has students currently in the district take over his position on the Board of Education to ensure that decision-making is in the best interest of students.

“My children were enrolled in the district when I became a Board member and I was very active in both sports and various PTAs at each of my children’s schools,” shared Corrin. “I was invested in every decision that was made during my time on the Board and think that it’s a very important factor when electing a new member.”

As such, Corrin plans on continuing to be active in his children’s lives as they have now transitioned into adulthood. After forty years of marriage, Corrin and his wife Beth will be following their children and grandchildren to Texas in the coming months; however, he wants the community and especially the YMCA to know that he will still be very involved and active.

“I plan on coming back regularly and continuing my community involvement,” stated Corrin. “The Easter Caravan is very close to my heart and I still plan on directing this for years to come.”

Corrin has been directing the YMCA’s Eastern Caravan for 48 years and was saddened that this year’s event had to be canceled due to the pandemic.



From left: Alyda Mir, Roger Brossmer, Martha Sodetani, Tod Corrin and Nancy Swenson.

This program began in 1973 and has been a real joy in Corrin’s life since its establishment. However, it does come with its own set of obstacles.

“All of the work leading up to the Caravan, really the business part of it, is difficult,” shared Corrin. “Making sure everything runs smoothly is very stressful, but when you consider the impact you have on kids, it’s all worth it... It’s kind of like working for the school district. The impact we have on kids makes it all worth it.”

When sharing some of the many things that he will miss once retiring from the Board of Education, Corrin shared that it will be the commencement ceremonies that he so proudly participates in each year that he will miss the most.

“The graduation celebrations are something I look forward to each year,” explained Corrin. “Most of these students don’t even know who we are, but just seeing their culmination of 12 years of education within our district and the excitement that they have as they get their diplomas and the excitement of their families, is such an amazing thing to be a part of.”

He concluded this thought

by sharing his heartfelt remorse to last year’s senior class who was unable to have their commencement in May in a traditional way.

Corrin will be saying farewell, but not goodbye, on December 15th during Downey Unified School District’s virtual Reorganizational Board of Education meeting. This meeting is set to wish him and longtime Board member, Donald E. LaPlante, farewell after a combined 58 years of service to the students and staff within the district.

Although Corrin will continue to be involved in the district as well as various aspects within the community, including the YMCA’s Easter Caravan, he retires from the Board of Education with a heavy heart but grateful satisfaction. He is looking forward to the time he will be able to spend with his children and grandchildren; however, stepping away from the students within the district is going to be a transition for him.

“I’m going to miss it, I truly am,” he said. “But I mean, it’s not about me. It’s always been about the kids.”

Parents asked to commit to back-to-school plan

■ Downey Unified is asking parents to commit to hybrid or full distance learning schedules for their children.

By Alex Dominguez
Staff Writer

DOWNEY — As the Downey Unified School District continues to plan for an eventual return to campus, they are now asking parents to commit to either full-

distance or hybrid models.

At its meeting Tuesday, the Downey school board was given another update and glimpse at what the future holds for teachers and students.

At the elementary level, classes will operate on an a.m. / p.m. model. All students will come to school four days a week with one distance learning day.

Students will be split between two groups – a morning group and an afternoon group – meeting from 8:30-11 a.m. and

12:10-2:40 p.m. respectively. There is no formal recess period and lunch will be provided in grab and go style.

Between these two groups, teachers will be provided time for a break, cleaning, and lunch.

At the secondary level, students will be split into three cohorts – two in-person, and one distance learning – which will alternate between four days, with a full-distance day on Wednesday.

Classes will take place from

8:30 a.m. to 12:30 p.m., with teachers teaching in-person and Zoom students simultaneously.

Lunch will also be grab and go to be eaten off campus. There will then be an intervention/enrichment period from 1:15-2 p.m., with office hours following until 3 p.m.

Continued on page 2

Weekend at a Glance

Friday 68°

Saturday 69°

Sunday 80°

ON THIS DAY NOVEMBER 12

1815:
Elizabeth Cady Stanton, the pioneering American women’s rights leader and social reformer, was born.

1942:
The WWII naval Battle of Guadalcanal began.

1948:
Former Japanese premier Hideki Tojo and other WWII military leaders were sentenced to death by a war crimes tribunal.

1954:
Ellis Island closed after processing more than 20 million immigrants since opening in New York Harbor in 1892.

1985:
Xavier Suarez was elected Miami’s first Cuban-American mayor.

1990:
Tim Berners-Lee, a computer scientist from London, released a proposal for the World Wide Web.

1997:
Ramzi Yousef was found guilty of masterminding the 1993 bombing of the World Trade Center.

1999:
President Bill Clinton signed a sweeping measure knocking down Depression-era barriers and allowing banks, investment firms and insurance companies to sell each other’s products.

2001:
An American Airlines flight crashed near New York’s Kennedy airport, killing 265 people.

2001:
Taliban forces abandoned Kabul as U.S. troops advanced on the capital city.

2004:
A jury convicted Scott Peterson of murdering his pregnant wife, Laci, and dumping her body in San Francisco Bay. (Peterson was later sentenced to death.)

Birthdays

Sportscaster **Al Michaels** (76), singer-songwriter **Neil Young** (75), baseball player **Sammy Sosa** (52), Olympic figure skater **Tonya Harding** (50), R&B singer **Tevin Campbell** 44, actor **Ryan Gosling** (40), actress **Anne Hathaway** (38), singer and dancer **Omarion** (36) and basketball player **Russell Westbrook** (32).

Deaths

Stan Lee, the iconic comic book creator who co-launched superheroes like Spiderman and X-Men for Marvel Comics, died on this date in 2018 of cardiac arrest and congestive heart failure. He was 95.

Mexican-American actress **Lupita Tovar**, who starred in the 1931 Spanish version of “Dracula,” died in 2016 at age 106.

Actor and model **Jonathan Brandis** died on this date in 2003 after taking his own life. He was 27.

Eve Arden, a film and stage actress who performed in leading and supporting roles for nearly six decades, died in 1990 of heart disease. She was 82.

William Holden, one of Hollywood’s biggest box office draws in the 1950s, died in 1981 after falling in his Santa Monica apartment. He was 63.

Penny Singleton, the actress who provided the voice of Jane Jetson in “The Jetsons,” died on this date in 2003 of respiratory failure. She was 95.

OLPH collecting donations to help struggling families

DOWNEY — The Our Lady of Perpetual Help (OLPH) Women's Guild is collecting donations to help parish families who are in financial need due to the pandemic.

To help, call Dianna Hampton at (323) 228-2329.

Downey Unified solidifies back-to-school schedules

Continued from page 1

Once on campus, students can expect mandatory face coverings, as well as the implementation of desk shields and safety signage.

Social distancing will also be in effect, including one-way directions / movement, and multiple and assigned entry points.

Students and staff will be trained on proper hand hygiene, and will be required to wash hands and/or use hand sanitizer upon entering school sites and classrooms.

Water fountains will no longer be accessible. Instead, the District will provide water bottle filling stations around campuses.

Classrooms, restrooms and workspaces will all be cleaned and disinfected at the end of the school day.

More information on safety protocols and measures taken can be found online on the

District's website.

Parents are now being asked to state their intent for their students, committing to either full-distance learning or hybrid schedule and submitting their choice to the District by next Monday, Nov. 16.

"In order to make schedules, we need to know how many teachers are coming back and how many students are coming back," said Assistant Superintendent Dr. Roger Brossmer. "Everything surrounds getting that information as soon as we can. As soon as we have that, we can start working on schedules."

"We have to confirm or lock [families] into that choice... We're not doing it to rush people, but we really need to have the data so that we can come back and have schedules ready to go. There's a lot of pieces, but we need all pieces together to really do the important next steps that we have."



Still, a return cannot take place until LA County can move from the purple "widespread" tier to the red "substantial" tier. "Our Jan. 4 date is contingent upon being red Dec. 7," said Brossmer.

LOST DOG "CONCHITA"



2 puppies lost Sunday November, 8th in Downey, CA around 1:30pm on Suva st. Between Wiley Burke and Horley. One boy Boston Terrier named Bolillo has been found, but our girl, a 5 month old Frenchie mix named Conchita is still missing. She is a Chocolate Brindle color. She has medical issues and needs treatment. My boys are devastated.

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Claudia Frometa will be mayor. But who will serve as mayor pro tem?

■ The Downey City Council has limited options as it selects its leadership positions for 2021.

By Eric Pierce
Editor

DOWNEY — Downey's new-look city council will be seated next month and one of its first tasks will be to fill its leadership positions for the upcoming year.

Returning to the council is Mayor Blanca Pacheco, who was re-elected last week, along with Mayor Pro Tem Claudia Frometa and Councilman Sean Ashton.

Out are Rick Rodriguez and Alex Saab; they are expected to be replaced by Catherine Alvarez and Mario Trujillo, respectively. (Election results will be certified and made official in the coming weeks.)

It's widely expected that Frometa's council colleagues will elect her mayor for 2021. She'll be tasked with guiding Downey as it navigates the throes of an unprecedented pandemic.

The more complicated

question is who council members will choose to serve as mayor pro tem, which could serve as a stepping stone to mayor in 2022.

The mayor pro tem essentially plays the role of vice president, running meetings in the absence of the mayor. It's a ceremonial position that often leads to the mayorship, although not always. The city council has the discretion to make any of its five members mayor with a simple majority vote.

This year, selecting a mayor pro tem will be trickier than years prior due to a combination of new, inexperienced members joining the city council and political discord. Below is a closer examination of the council's options.

Sean Ashton

Under normal circumstances, Ashton would be the obvious choice to serve as mayor pro tem. A six-year veteran of the city council, he's served as mayor pro tem in the past and has a solid understanding of how city government works.

However, he hasn't endeared himself to his council colleagues. In 2016, Ashton accused the city council of breaking the state's open meeting laws when it skipped him for the mayor pro tem position. (The council reversed its decision a week later.)

More recently, he drew criticism for posing for a photo with Catherine Alvarez, who has staged loud and profane protests outside the homes of council members.

Blanca Pacheco

When Pacheco was sworn-in as Downey mayor in December 2019, she had no idea what the next 12 months held in store. Most people were expecting a genial year of ribbon cuttings, street festivals, summer concerts at the park, and everything else Downey residents have come to expect over the course of a typical calendar year.

That went out the window in March when the coronavirus pandemic took grip. Pacheco had to change her approach to leadership, transitioning from

a fun, easy-going mayor to a steady and reassuring hand.

With the pandemic still raging and economic hurdles surely on the horizon, stability and experience could appeal to the city council, so slotting Pacheco in as mayor pro tem -- and giving her another opportunity as mayor in 2022 -- is a real possibility.

Mario Trujillo

As a freshman council member, it's unlikely the city council would immediately elevate Trujillo to mayor pro tem. He needs time to get his feet wet and learn the intricacies of local government.

However, if the city council did decide to go with a rookie for mayor pro tem, Trujillo is the obvious choice. He is educated, ambitious, and has years of community involvement experience.

Catherine Alvarez

As founder of the Downey Tenants Union, Alvarez has participated in loud, vulgar



Mayor Blanca Pacheco and Mayor Pro Tem Claudia Frometa load groceries at a recent food giveaway. Next month, the Downey City Council will elect a new mayor and mayor pro tem for 2021.

protests outside the homes of city council members, including Pacheco and Frometa. She even showed up at the home of Councilman Rick Rodriguez at 11:30 pm, bullhorn in hand, while he was in the hospital.

As long as Pacheco, Frometa and Trujillo hold the council

majority, it's hard to imagine a scenario where they entrust Alvarez with any serious level of responsibility.

Disclosure: Eric Pierce was a candidate for Downey City Council's District 3 seat this past election.

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Five questions to ask about Pfizer's Covid-19 vaccine

By Arthur Allen

Pfizer's announcement on Monday that its Covid-19 shot appears to keep nine of 10 people from getting the disease sent its stock price rocketing. Many news reports described the vaccine as if it were our deliverance from the pandemic, even though few details were released.

There was certainly something to crow about: Pfizer's vaccine, which was developed with the German drugmaker BioNTech, consists of genetic material called mRNA encased in tiny particles that shuttle it into our cells. From there, it stimulates the immune system to make antibodies that protect against the virus. A similar strategy is employed in other leading Covid-19 vaccine candidates. If mRNA vaccines can protect against Covid-19 and, presumably, other infectious diseases, it will be a momentous piece of news.

"This is a truly historic first," said Dr. Michael Watson, the former president of Valera, a subsidiary of Moderna, which is currently running advanced trials of its own mRNA vaccine against Covid-19. "We now have a whole new class of vaccines in our hands."

But historically, important scientific announcements about vaccines are made through peer-reviewed medical research papers that have undergone extensive scrutiny about study design, results and assumptions, not through company press releases.

So did Pfizer's stock deserve its double-digit percentage bump? The answers to the following five questions will help us know.

How long will the vaccine protect patients? Pfizer says that, as of last week, 94 people out of about 40,000 in the trial had gotten ill with Covid-19. While it didn't say exactly how many of the sick had been vaccinated, the 90 percent efficacy figure suggests it was a very small number. The Pfizer announcement covers people who got two shots between July and October. But it doesn't indicate how long protection will last or how often people might need boosters.

"It's a reasonable bet, but still a gamble that protection for two or three months is similar to six months or a year," said Dr. Paul Offit, a member of the Food and Drug Administration panel that is likely to review the vaccine for approval in December. Normally,

vaccines aren't licensed until they show they can protect for a year or two.

The company did not release any safety information. To date, no serious side effects have been revealed, and most tend to occur within six weeks of a vaccination. But scientists will have to keep an eye out for rare effects such as immune enhancement, a severe illness brought on by a virus's interaction with immune particles in some vaccinated persons, said Dr. Walt Orenstein, a professor of medicine at Emory University and former director of the immunization program at the Centers for Disease Control and Prevention.

Will it protect the most vulnerable? Pfizer did not disclose what percentage of its trial volunteers are in the groups most likely to be hospitalized or to die of Covid-19 — including people over 65 and those with diabetes or obesity. This is a key point because many vaccines, particularly for influenza, may fail to protect the elderly though they protect younger people. "How representative are those 94 people of the overall population, especially those most at risk?" asked Dr. Orenstein.

Both the National Academy of Medicine and the C.D.C. have urged that older people be among the first groups to receive vaccines. It's possible that vaccines under development by Novavax and Sanofi, which are likely to begin late-phase clinical trials later this year, may be better for the elderly, Dr. Offit noted. Those vaccines contain immune-stimulating particles like the ones contained in the Shingrix vaccine, which is highly effective in protecting older people against shingles disease.

Can it be rolled out effectively? The Pfizer vaccine, unlike others in late-stage testing, must be kept supercooled, on dry ice around 100 degrees Fahrenheit below zero, from the time it is produced until a few days before it is injected. mRNA quickly self-destructs at higher temperatures. Pfizer has devised an elaborate system to transport the vaccine by truck and specially designed cases to vaccination sites. Public health workers are being trained to handle the vaccine as we speak, but we don't know for sure how well it will do if containers are left out in the Arizona sun too long. Mishandling the vaccine along the way from factory to patient would render it

ineffective, so people who received it could think they were protected when they were not, Dr. Offit said.

Could a premature announcement hurt future vaccines? There's no way at present to know whether the Pfizer vaccine will be the best over all or for specific age groups. But if the F.D.A. approves it quickly, that could make it harder for manufacturers of other vaccines to carry out their studies. If people are aware that an effective vaccine exists, they may decline to enter clinical trials, partly out of concern they could get a placebo and remain unprotected. Indeed, it may be unethical to use a placebo in such trials. Many vaccines will be needed in order to meet global demand for protection against Covid-19, so it's crucial to continue additional studies.

Could the Pfizer study expedite future vaccines? Scientists are vitally interested in whether the small number who received the real vaccine but still got sick produced lower levels of antibodies than the vaccinated individuals who remained well. Blood studies of those people would help scientists learn whether there is a "correlate of protection" for Covid-19 — a level of antibodies that can predict whether someone is protected from the disease. If they had that knowledge, public health officials could determine whether other vaccines under production were effective without necessarily having to test them on tens of thousands of people.

But it's difficult to build such road maps. Scientists have never established correlates of immunity for pertussis, for example, although vaccines have been used against those bacteria for nearly a century.

Still, this is good news, said Dr. Joshua Sharfstein, a vice dean at the Johns Hopkins Bloomberg School of Public Health and a former F.D.A. deputy commissioner. He said: "I hope this makes people realize that we're not stuck in this situation forever. There's hope coming, whether it's this vaccine or another."

Arthur Allen is an editor for Kaiser Health News and the author of "Vaccine: The Controversial Story of Medicine's Greatest Lifesaver." This essay was copublished with Kaiser Health News.

Formidable challenges await Joe Biden

By Steve Chapman

When Barack Obama was elected president in 2008, The Onion, a satirical newspaper, had this headline: "Black man given nation's worst job."

Joe Biden, who appears likely to be declared the winner of this year's election, knew what he was getting into when he decided to try to unseat Donald Trump. But Obama is probably telling his vice president, "Dude, I had it easy compared with you."

Obama had to work to pull the economy out of a serious recession brought on by a financial panic. Biden will also take over a battered economy. Unemployment currently stands at 6.9%, with more than 12 million people out of work.

But he'll have to confront an even graver problem: a relentless pandemic that has already killed 235,000 people in this country. As yet, there is no cure; there is no available vaccine; and we are nowhere near achieving herd immunity.

Infections, hospitalizations and deaths are all on the rise. On Thursday alone, 1,108 people died of the disease — the equivalent of three jumbo jets crashing. It's an immense catastrophe that is still unfolding.

Life has been disrupted on a scale not seen since World War II. Many restaurants have closed, temporarily or permanently, and in-person classes have been suspended for most public school students. City downtowns have been desolated as millions of Americans work from home. Restrictions that had been lifted have been restored in some places, portending more economic damage.

Many industries that usually rebound when the economy recovers may stay depressed for years — including airlines, hotels, tourism, oil and gas and commercial real estate.

Worse, every effort to contain the epidemic has been subverted

by the person who should be doing the most to help: the incumbent president. He has encouraged his followers to resist measures recommended by public health experts, and many of them have done so. Their noncompliance will outlive his presidency.

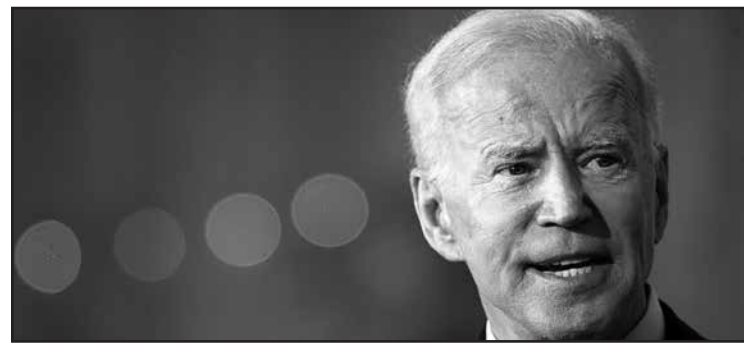
The Trump administration brings to mind the Buchanans in F. Scott Fitzgerald's "The Great Gatsby": "They were careless people, Tom and Daisy — they smashed up things and creatures and then retreated back into their money or their vast carelessness or whatever it was that kept them together, and let other people clean up the mess they had made." Cleaning up will be the task of the next administration.

Biden might like to emulate Democrat Franklin D. Roosevelt, who entered the White House during the Great Depression and embarked on an ambitious effort to rescue Americans from hardship, keep banks functioning, create jobs, boost farm income and revive the economy. He signed 15 major bills in his first 100 days. The result was a monumental reshaping of the federal government's mission.

But it came about only because Roosevelt had a Congress heavily dominated by his party. In seeking legislation, he was pushing an open door. Many of the measures FDR signed originated not in the White House but on Capitol Hill.

Biden, however, will most likely have to work with a Senate controlled by Republicans, who have rarely shown a willingness to work with Democrats on compromise solutions. Not a single Republican senator voted for Barack Obama's Affordable Care Act, and only three voted for his 2009 stimulus package. And let's not even talk about Merrick Garland.

It's not likely the Senate would give Biden what he would want in the way of federal stimulus and relief. McConnell has said that Congress should pass a "rescue package" before the end of the year,



but it would, undoubtedly, fall well short of what Democrats favor — and, once passed, it would give McConnell a pretext to say nothing more would be needed next year.

Biden thinks he can persuade some Republicans to cooperate, but recent history suggests it will be a tough sell. GOP lawmakers will have the luxury of balking at Biden's proposals and then faulting him for the problems they refused to ameliorate. Expect them to suddenly rediscover the aversion to budget deficits and big spending that they somehow lost as the federal debt soared under Trump.

There are many types of job stress, but one of the worst is having important responsibilities without adequate authority. Scientific research, according to the American Institute on Stress, finds "that workers who perceive they are subjected to high demands but have little control are at increased risk for cardiovascular disease."

Should he win, it's not easy to put out the fires of hell. Biden will be expected to do it with a bucket of water.

Steve Chapman blogs for the Chicago Tribune.

Don't get too excited about the vaccine

By Aaron E. Carroll and Nicholas Bagley

The announcement that a coronavirus vaccine developed by Pfizer with the German drugmaker BioNTech is more than 90 percent effective at preventing Covid-19 cases — much better than many anticipated — is cause for celebration. With a vaccine of this efficacy, suppression of the disease is entirely realistic.

Unfortunately, this development doesn't mean we can all relax and start doing more things. It means we need to tighten up even further until the vaccine becomes available.

The goal is now no longer to learn to live indefinitely with the

virus. It's to get as many people through the winter as possible without getting sick. Keeping the infection rate low is important, because that's what will allow us to push the virus into the ground as quickly as possible once we have the vaccine in hand.

A death avoided this winter is a life saved. We are no longer delaying the inevitable.

It's always been hard to convince people to make good choices when considering sacrifices. Uncertainty around when we'd get an effective vaccine made it even harder. Cutting off in-person interactions for an uncertain stretch of time was excruciating. But it may be more palatable to hunker down if it's only for a defined period.

To make the situation concrete, let's consider the upcoming Thanksgiving holiday. With cases growing rapidly around the country, especially in the northern Midwest, indoor social gatherings are more dangerous than at any point since the spring. Thanksgiving dinners are ideal settings for "superspreader" events: They crowd people from all over around a table to talk, laugh and drink, often in poorly ventilated rooms. Many families stuff themselves into houses for an entire long weekend.

Many of us haven't seen our extended relatives for months. If we believe this pandemic will be raging for another year — or more — it's tempting to think that the benefits of reconnecting over Thanksgiving might outweigh the risk of infection. We can't wait forever; maybe it's worth rolling the dice.

The calculus is very different, however, if a vaccine is around the corner. While Pfizer's still needs to be approved, manufactured and distributed, the company estimates that 50 million doses could be distributed before the end of the year. Another 1.3 billion would come in 2021. If other vaccines also show success, relief could come as soon as the spring.

Assuming this timeline holds, the case for skipping Thanksgiving becomes much stronger. People no longer have to pick between the risk of spreading Covid-19 and the risk of forgoing seeing family for the foreseeable future. They have only to sacrifice seeing them this fall in order to see them much more safely a number of months later. Why not wait?

The point generalizes. Without question, the sacrifices required to keep us safe from Covid-19 are costly. And the costs are not just financial; mental health is at risk as well as physical health as people forgo care, including self-care, to remain free from infection. All of that becomes easier to swallow if it's for a shorter period of time.

The changed risk picture also has significant policy implications. As we speak, a nervous Europe has mostly locked itself down again, hoping to stave off the worst effects of a huge surge in infections. Germany, France and England have closed bars, restaurants, gyms and more.

For the most part, we haven't done the same here in the United States, even in states that have been hit hard. Part of that is because our nation's response to the pandemic has become politicized. But part of it, too, reflects the belief that indefinite business closings are just too costly. Countless small businesses would fail and unemployment would skyrocket. Many argue that we have to live with increased disease because we can't lock down for years.

But mask mandates, gathering restrictions and business closings are more tolerable — and the impositions they require more justifiable — if we have more confidence that they'll be temporary.

By the same token, Pfizer's announcement strengthens the case for federal financial support. Covid-19 is still going to hurt some businesses disproportionately, either because they'll be forced to close again or because people have stopped going out as much. But Congress no longer needs to write a blank check to support them. It just needs to provide a lifeline for a number of months, a much more palatable prospect.

Providing these resources will have the added benefit of making it politically easier for states to adopt assertive measures to get a handle on case counts that are spiraling out of control. It's a bad idea for restaurants and bars to be open for indoor dining this winter. Temporarily closing them down would be easier to stomach if these establishments are given the wherewithal to reopen next year.

The same is true for aid to individuals who find themselves out of work as the virus-induced economic troubles deepen. Another round of topped-up unemployment insurance doesn't present the same financial risk to the United States as a never-ending financial obligation to the jobless.

The Pfizer announcement is unmitigated good news. But it would be a tragic mistake to relax our vigilance. Instead, continue to mask up, stay home and consider canceling or limiting your Thanksgiving plans. This is still a marathon, but the end is much closer than before.

Nicholas Bagley is a law professor at the University of Michigan. Aaron E. Carroll is a professor of pediatrics at Indiana University School of Medicine.

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The Downey Patriot is published weekly by The Downey Patriot, Inc.
Controlled Distribution, 25,000 copies are printed.
Distributed by CIPS Marketing Group, Inc., Los Angeles, CA.

Survey: homebuyers prefer newer homes to older houses

■ A growing number of homebuyers – particularly millennials – prefer newer construction, according to a nationwide survey.

By Eric Pierce
Editor

DOWNEY — When it comes to buying a newly-built home, demand far outpaces supply. A survey from the National Association of Home Builders (NAHB) found that in 2018, 31 percent of home buyers wanted to purchase a brand-new home. Another report by NAHB found that 41 percent of millennial home buyers would prefer to own a brand-new home.

Despite many buyers' preference for new homes, only about 11 percent of home sales each year are for new construction. The rest are for existing homes, many of which were built decades ago. In fact, U.S. Census Bureau data shows that 12.3 percent of homes in the U.S. were built before 1940, while only 4.6 percent were built in the past 5 years.

Older homes have their pros and cons. According to research from the National Association of Realtors, many buyers who purchase existing homes appreciate their charm and character, and others believe that these homes offer lower prices or better value.

On the other hand, older homes also may be more expensive to own due to structural issues, outdated systems, and cosmetics, as well as the presence of hazardous materials.

Materials, like asbestos, lead-based paint, and radon were once common building materials; however, these materials are now known to be hazardous to human health.

In fact, the Environmental Protection Agency states that exposure to asbestos increases the risk of developing lung disease such as lung cancer.

Additionally, mold and volatile organic compounds (VOCs) from remodeling activities are more common in older homes.

Not surprisingly, some parts of the country are more likely to have older homes than others. States with the most old homes are located in the Northeast.

More specifically, more than 30 percent of homes in Massachusetts, New York, and Rhode Island were built before 1940. By contrast, states in the South and the West have a significantly smaller share of older homes—fewer than 2 percent of homes in Alaska, Arizona, and Nevada were constructed before 1940.

At the city level there is significantly more geographic variation in which places have the most old homes.

To find which cities have the highest percentage of homes built before 1940, researchers at Filterbuy analyzed housing data from the U.S. Census Bureau's 2019 American Community Survey 1-Year Estimates.

Researchers also analyzed each city's percentage of homes built after 2010, as well as the city's median home price based on the Zillow Home Value Index. Cities were categorized into

groups based on population size: small (100,000–149,999), midsize (150,000–349,999), and large (350,000 or more).

The analysis found that in Downey, 2.9% of all homes were built at least 80 years ago. Here is a summary of the data for Downey:

Share of homes built before 1940: 2.9%
Number of homes built before 1940: 971
Share of homes built in 2010 or later: 1.2%
Number of homes built in 2010 or later: 410
Median home price: \$621,959

For reference, here are the statistics for the entire United States:

Share of homes built before 1940: 12.3%
Number of homes built before 1940: 17,219,141
Share of homes built in 2010 or later: 7.2%
Number of homes built in 2010 or later: 10,008,104
Median home price: \$256,663

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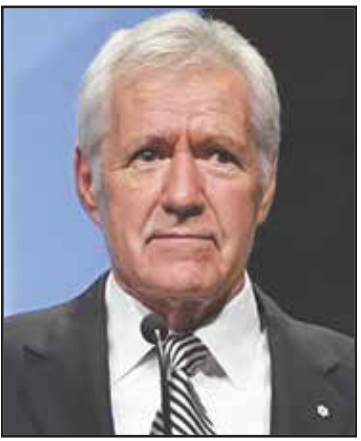
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Alex Trebek, beloved game show host, dies of cancer



Award for Outstanding Game Show Host seven times between 1989 and 2020 for his work on "Jeopardy!"

In 2013, TV Guide ranked "Jeopardy!" No. 1 on its list of "60 Greatest Game Shows."

Trebek continued taping episodes of "Jeopardy!" throughout his fight with pancreatic cancer, with his final shows taped just a week before his death and scheduled to air until Christmas 2020.

Before 'Jeopardy!'

The Canadian-born Trebek started out working for the CBC, originally reading the news as a radio host before moving from news to hosting game shows.

He moved to the United States in 1973, becoming a naturalized U.S. citizen in 1998.

In the U.S., Trebek's early game shows included "The Wizard of Odds," "High Rollers," and "The \$128,000 Question." He continued to host other shows occasionally even while hosting "Jeopardy," including the late-1980s game show "Classic Concentration" and the 1990s "Pillsbury Bake-Off."

Alex Trebek, the beloved host of the iconic game show "Jeopardy!" for more than 35 years, died Nov. 8 following a long battle with pancreatic cancer. He was 80.

Trebek became the host of "Jeopardy!" in 1984, reviving the show after it had been off the air since 1979. The answer-and-question game show became an entertainment institution, watched daily by millions of fans around the world.

Trebek set the Guinness World Record for most episodes hosted by the same presenter in 2014.

He won the Daytime Emmy

A famous sense of humor

Trebek was a smooth-talking host, but he also showed a sly sense of humor on the show.

To lighten the intensity, he walked out on set without pants during the 2005 Tournament of Champions; another time, for the category "Alex Meets Auto-Tune," he read answers with a digital boy band voice.

On April 1, 1997, Trebek switched with fellow game show host Pat Sajak, hosting Sajak's "Wheel of Fortune" for the day while Sajak hosted "Jeopardy!"

A fan-favorite "Jeopardy!" moment was Trebek's serious reading of rap lyrics for the category "It's a Rap."

Trebek the philanthropist

Trebek was involved with World Vision Canada, an organization helping families overcome poverty and injustice. He donated millions of dollars to his alma mater, the University of Ottawa, funding the Alex Trebek Forum for Dialogue, which brings notable speakers to the campus.

He also funded the annual Alex Trebek Leadership Award at the university.

Trebek traveled to military bases around the world as part of the USO, and he was a major

supporter of the homeless shelter Hope of the Valley Mission as well as the Santa Monica Mountains Conservancy.

How Trebek got into his career

"Originally, I think, I wanted to be an actor. But I got into broadcasting by accident, if you will, because I needed money to pay for my college education," he told Time magazine. "I applied for a summer announcing job at a couple of radio stations."

Elsa Raven

Elsa Raven, an actress known for roles including a brief but memorable one in "Back to the Future" when she begged people to "Save the clock tower!," died Nov. 3 at the age of 91.

Raven had notable TV roles including housekeeper Inga on "Amen" and as Carlotta on "Wiseguy." She made appearances on other TV shows, such as "The A-Team," "General Hospital," "The Fresh Prince of Bel-Air," "Seinfeld," and "Everybody Loves Raymond."

Raven played Ida Straus in the hit movie "Titanic," and she was featured in Celine Dion's video for the movie's theme song, "My Heart Will Go On."

Her other films include "The Amityville Horror," "American

Pop," and "In the Line of Fire."

She was a proud voting member of the Academy of Motion Pictures Arts and Sciences, diligently watching many movies every year.

Cándido Camero

Cándido Camero, a percussionist who is considered one of the fathers of Latin jazz, best known for his conga and bongo drumming, died Nov. 7 at age 99.

A native of Cuba, where he played regularly at the famed Tropicana Club, Camero came to New York in 1947. There, he began introducing his Latin rhythms into contemporary jazz music, becoming the first jazz percussionist to play conga drums as he helped develop the genre of Latin jazz.

Camero was also the first to play multiple congas at once — though this is common now, he pioneered the technique of tuning his congas to different notes and playing melodies on them.

He performed and recorded with jazz notables including Dizzy Gillespie, Tony Bennett, and Stan Kenton, and he appeared on "The Jackie Gleason Show" and "The Ed Sullivan Show."

Camero's 2004 album "Inolvidable" was nominated for a Grammy Award. He received the National Endowment for the Arts Jazz Masters Award in 2008 and was honored with a Latin Grammy Lifetime Achievement Award in 2009.

Norm Crosby

Norm Crosby, a legendary old school comic known as the "The Master of Malaprop," died Nov. 7 of heart failure. He was 93.

Crosby was known for his use of malaprops, the humorous use

of words that sound correct but are wrong. An example from the Los Angeles Times, "When he goes to a tailor, it's because his pants need 'an altercation.'"

Crosby started out as a stand-up comic in the resorts of the Catskill Mountains of New York known as the Borscht Belt. He was a popular guest on TV talk shows, especially "The Tonight Show with Johnny Carson," appearing more than 50 times.

Crosby was a regular on the Dean Martin Celebrity Roasts in the 1970s and appeared on television shows including "The Larry Sanders Show" and "The Love Boat."

Most recently, he was in the Adam Sandler movie "Grown Ups 2."

Tom Heinsohn

Boston Celtics legend Tom Heinsohn, who won 10 championships with the franchise as a player and head coach, has died at the age of 86. A date of death was not revealed.

Heinsohn played power forward for the Celtics for all 10 of his NBA seasons. He was part of the Celtics dynasty of the 1950s and 1960s, when the team won eight NBA championships.

He was known as a tough grinder on the court and was a six-time NBA All-Star. Heinsohn averaged more than 18 points and almost nine rebounds a game in his Hall of Fame career.

In 1969, he became the Celtics' head coach and led the team to NBA championship wins in 1974 and 1976. In 1981, he became a legendary color commentator for Celtics games, calling games as recently as the 2018-2019 season.

"Tommy doesn't really do color. In his heart, he's still coaching the Celtics and he always will be," Heinsohn's longtime broadcasting partner Mike Gorman told the Boston Globe. "It doesn't matter who the coach is, and it's no disrespect to the coach. This always will be Tommy's team. Tommy will be coaching this team till he takes his final breath. If it was possible to still be playing for this team, he would be."

In Memory of

Robert Kolanek (Bob)

June 23, 1952 - November 5, 2020



Long time Downey resident passed away on November 5, 2020. He is survived by his wife of 39 years, Tonamarie, and four children Kathy, Donovan, Erin and Nikki. He was blessed with four grandchildren Ryan, Cristian, Rokkett, and Emma Sage. Bob worked for United Towing Services for 40 years that was located in

Downey. He loved to drive he collected and restored many vehicles in his time he especially loved classic cars. He was always quick to help others fix their cars. Bob could fix almost anything, we would joke that he was the jack of all trades but master of none. He battled brain cancer for 18 months. He will be deeply missed by his family and friends.

In Memory of

Kenneth David Banham (Varner)

November 13, 1975 - October 25, 2020



Longtime Downey resident Kenneth David Banham (Varner) passed away Sunday morning Oct 25th due to a fatal car accident. He grew up in Downey and attended Gallatin, Griffiths, Warren and Columbus high school. He was a Glazier by trade. Kenny was a Father, brother, son. He was popular and a great, beloved friend to so many. He is survived

by his mother, two sisters, brother, two daughters and his son. He was taken too soon and will be greatly missed.

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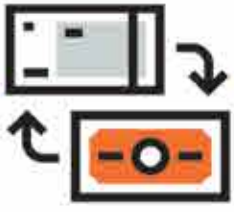






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49 cadets graduate from police academy

■ Among the graduates were Downey Police Department recruits Kimberly Izaguirre and Jacob Gil.

By Eric Pierce
Editor

DOWNEY — Rio Hondo Police Academy celebrated the graduation of 49 cadets in Class No. 210 during a special drive-through ceremony held Nov. 5 at the college's Whittier campus that followed COVID-19 physical distancing guidelines.

Among the graduates were Downey Police Department recruits Kimberly Izaguirre and Jacob Gil who were sworn-in by Downey Police Chief Dean Milligan immediately following the commencement ceremony.

The event featured the Los Angeles Police Emerald Society Pipe and Drums Corps,

a presentation of colors by the Pasadena Police Department Honor Guard and an invocation by Covina Police Chaplain Ron Butler.

"After six long months of intensive training amid very restrictive COVID-19 conditions, the cadets of Class 210 have earned the right to graduate from the Rio Hondo Police Academy, joining the ranks of hundreds of police officers and police chiefs who have come before them at the Rio Hondo Police Academy since 1964," Acting Superintendent/President Teresa Dreyfuss said.

Cadet training covers constitutional law, criminal law, domestic violence, traffic enforcement, emergency vehicle operations, tactical first aid and CPR, mental health, lifetime fitness, firearms, among other subjects mandated by Peace Officer Standards and Training.

The cadets represent 23 police

departments from Los Angeles, Orange and Ventura counties, who sponsored their instruction.

Class President Jullian Silva noted the unique circumstances surrounding the training, which began in early March but was halted briefly by the pandemic. When the class resumed in May with new precautions, 17 new cadets joined - from many walks of life.

"Our oldest officer in the class is 43 years old and fulfilling a lifelong goal," Silva said. "Our youngest is 21 and is living the dream. Our class includes veterans, EMTs, realtors, students and the list goes on. But no matter our past profession, we all came here with a common goal, and that was to become a police officer and to serve our communities in a way we have never done before."

Academic Director Walter Allen III reminded the cadets of the grave responsibility they

inherit.

"You are the new guardians of our great democracy charged with tremendous responsibility and authority to enforce the law," Allen said. "It will be important that you use this newly acquire power with the highest ethical standards, compassion, care and wisdom."

The event was attended by Rio Hondo College Board of Trustees President Oscar Valladares, Trustee Rosaelva Lomeli, Rio Hondo College Vice President of Finance and Business Stephen Kabui, Division of Public Safety Dean Mark Yokoyama and Rio Hondo Police Academy Advisory Board Members Anthony Miranda (chief of the Vernon Police Department) and David Reynoso (chief of the El Monte Police Department).

In addition, chiefs from 21 additional police agencies attended.



Kimberly Izaguirre, Chief Dean Milligan and Jacob Gil.

LA County supervisors explore ways to remove sheriff

■ Calling him 'the worst sheriff in recent memory,' county leaders search for ways to have Alex Villanueva removed.

LOS ANGELES — The L.A. County Board of Supervisors escalated its battle with Sheriff Alex Villanueva this week, voting to explore ways to remove the sheriff from his elected position.

On a 3-2 vote, the board voted to seek advice on legislative changes that would result in the sheriff being appointed rather than elected.

Supervisors Janice Hahn

and Kathryn Barger voted against the motion, which also inquires about ways to remove certain responsibilities from the sheriff to mitigate damage to basic department functions, and to "curtail the sheriff's resistance to transparency and accountability."

"We have managed to inherit the worst sheriff in recent memory, and he has set off what is as close to a constitutional crisis at the local level that we've ever seen," Supervisor Mark Ridley-Thomas said, noting recent scandals over fatal deputy shootings, secret societies, the rehiring of previously fired deputies, and a department

budget in turmoil.

"Under the current Sheriff, hard-fought law enforcement reforms are being undone, eroding public trust," Supervisor Ridley-Thomas added. "It is painfully obvious that we need mechanisms to hold the Sheriff accountable and we are willing to consider executive, legislative, and judicial authority to restore order."

Supervisor Sheila Kuehl, who co-authored the motion said, "The LA County Sheriff has continuously refused to cooperate with the Civilian Oversight Commission and our Inspector General, defying both subpoenas and requests for

information. He has incurred tens of millions of dollars in settlement costs in excessive force litigation, re-employed deputies who were lawfully terminated, and aggressively resisted the County's attempt to balance the department's budget which is running unprecedented deficits."

"True community safety means having a Sheriff's Department that operates within the law, within budget, and works collaboratively with local officials and the public to build and maintain community trust," Supervisor Kuehl added. "The Supervisors have taken this action to explore ways of

removing or limiting a Sheriff's authority as a last resort, because our paramount obligation is to our County residents to ensure that any County law enforcement agency is accountable and worthy of the public's confidence and trust."

In their motion, Ridley-Thomas and Kuehl noted the board is ultimately responsible for setting policy and supervising the official conduct of county officers and employees, ensuring they discharge their duties faithfully. The board's authority to supervise elected officers like the Sheriff, however, is more limited.



L.A. County Sheriff Alex Villanueva

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Honoring our veterans – different but still important

By Rep. Lucille Roybal-Allard

On this Veterans Day, amid the COVID-19 pandemic and under circumstances far different from any we have had in the past, we remember with deep respect and gratitude the service and sacrifice of our veterans and their families from California's 40th Congressional District and across our nation.

To help prevent the spread of the virus, traditional celebrations in which Americans of all ages, genders, races, and creeds show their sincere appreciation for our veterans will take a very different form in this time of isolation and social distancing. Sadly, we won't hear the supportive sound of horns from vintage cars or watch a parade filled with dignified veterans marching in uniform and smiling at children on the sidewalk waving American flags.



This year family gatherings with our veterans and loved ones of the Armed Forces around the kitchen table or at a barbeque may not even be possible.

With recognition for the pain and frustration this health crisis has caused, I most sincerely thank all who have done their part to protect the health and safety of their family, friends and our communities.

As the daughter of a World War II veteran, wife of a Vietnam War veteran and Marine officer, and stepmother of an Iraq War veteran, I yearn for the traditions of the past. Likewise, as a U.S. Representative proud to serve California's 40th Congressional District, I have hope for the future and a deep pride in the patriotic, courageous, hardworking, and resilient people I represent who sent me to Congress to fight for them and the American ideals and freedoms for which our veterans fought and sacrificed.

These ideals are being put to the test like never before with the tragic impact of the COVID-19 pandemic. That is why, on behalf of my constituents and all our veterans, I was proud to cast my vote in favor of the CARES Act to provide nearly \$20 billion to the U.S. Department of Veterans Affairs (VA) to give the care and resources our veterans have earned and deserve, including urgent health care for those veterans who contracted COVID-19 and those veterans at the highest risk of contracting the virus.

The CARES ACT also provided hundreds of millions of dollars for VA first responders to help veterans and communities, including homeless veterans and elderly veterans living in VA nursing homes.

I am also proud to have voted to support the Heroes Act, which authorized VA healthcare for all veterans who lost their health insurance due to the COVID-19 pandemic and streamlined payments of emergency care claims to community providers. The Heroes Act also increased by 25 percent aid and personal care funding for veterans and caregivers.

And finally, the Act provided additional support for homeless veterans and their children. It is my hope the Senate will finally pass the updated House Democrats' Heroes Act, to deliver critical funding needed to help our veterans, their families, and caregivers, who this year are facing even greater unforeseen challenges.

I know full well it is hard to look to the future with hope. Like war, the COVID-19 pandemic has taken and injured thousands of our loved ones. Further, it has weakened our economy and devastated the livelihood of families and community businesses.

This harsh reality makes today's Veterans Day even more important than ever. It is not only a reminder of the courage and sacrifices made by our veterans, it is also a reminder that we Americans have the strength, perseverance and ability to meet successfully any challenge regardless of how daunting it may be.

By working together and following the advice of our health experts, we can and will defeat the COVID-19 virus.

Veterans Day reminds us that freedom and democracy are not free and can be easily taken away if not nourished, protected, and yes, cherished. This is true more today than ever. In our country, divisiveness, hatred, oppression, and intolerance have raised their ugly heads to threaten our democracy and our American values which our brave veterans have valiantly risked their lives to protect.

Regardless of party affiliation, racial and ethnic background, or gender, I believe by working together as Americans we have the power to triumph over injustice and to protect the freedoms and principles for which America stands and leads the world.

Our victory begins by building a broad foundation of mutual respect for and understanding of each other by listening to different ideas and perspectives. It begins by finding the common ground we have as Americans to strengthen and protect our democracy and to ensure the sacrifices of our veterans were not made in vain.

If we work together as Americans, I am positive we will be victorious against any virus or challenge to our democracy, values, and way of life enabling us to continue to be the greatest country in the world.

May God continue to bless our veterans, our troops, our military families, and the United States of America.

Congresswoman Lucille Roybal-Allard represents California's 40th District, which contains the communities of Bell, Bell Gardens, Commerce, Cudahy, Downey, Huntington Park, Maywood, Paramount, Vernon, and parts of Bellflower, East Los Angeles, Florence-Firestone, and South Los Angeles.

Crime Report

■ On 10/26/2020 at approximately 8:05 pm, Budget Car Rentals tracked one of their vehicles, which had been reported stolen to Lakewood Sheriff's Station, to a residence in the 13200 block of Deming Ave. Officers arrived on scene and found the vehicle parked and occupied. The named adult suspect was detained in the vehicle and subsequently arrested for vehicle theft.

■ Detectives are investigating a strong arm robbery that occurred on 10/28/2020 at about 11:40 pm, in the area of Firestone Blvd. / Stewart & Gray Rd. The adult female victim stated the suspect asked her if she wanted to buy a phone. When the victim told him no, the suspect threatened to assault the victim if she didn't give him everything in her possession. The victim then gave the suspect \$20.00. The suspect fled southbound on foot out of sight.

■ Due to multiple citizen complaints, on 10/30/2020 at approximately 6 am, officers in conjunction with Code Enforcement, Public Works and Ocean Blue responded to the Rio San Gabriel Flood control channel for a cleanup / enforcement operation. About 7 tons of garbage was removed and 7 transients were contacted, offered services, and left the location.

■ On 10/31/2020 at approximately 7:35 pm, Officers responded to Firestone Blvd. near the west city limits regarding a stolen vehicle in the area. Officers located the vehicle as it turned onto Regentview Ave from Stewart & Gray Rd. The vehicle yielded and the adult male driver was arrested and the vehicle was recovered.

■ Detectives are investigating an assault with a deadly weapon incident that occurred on 11/2/2020 around 4:45 pm, in the 12500 block of Brookshire Ave. The adult female victim stated she was attacked by an unknown male suspect as she went outside to retrieve her mail. The victim sustained one minor puncture wound from a knife to her leg. The victim was very uncooperative with officers and stated she did not desire prosecution. The victim was transported to the hospital by the Downey Fire Department for her injury.

■ Detectives are investigating a robbery that occurred on 11/3/2020 around 10 pm, in the 12500 block of Paramount Blvd. The suspect entered the Chevron located at 12555 Paramount Blvd and approached the counter. The suspect placed his right hand in his jacket pocket, simulating a firearm and demanded money from the clerk. The clerk gave the suspect \$50 from the

register and the suspect fled the location on foot.

■ Detectives are investigating a robbery that occurred on 11/6/2020 around 12:10 pm, in the 8200 block of 2nd St., parking structure. The victims were in the parking structure when they were approached by two males. The suspects were each armed with handguns and took the victim's wallets and cell phones. Officers were not able to locate the suspects.

■ Detectives are investigating an assault with a deadly weapon that occurred on 11/7/2020 around 9:55 pm, in the 11700 block of Bellflower Blvd. The adult female victim and her daughter were walking southbound on Bellflower Blvd. The suspect was seated on the porch area and words were exchanged between them. The suspect grabbed a loose brick from the front planter and threw it at the victim as they continued walking southbound. The brick struck the victim on her leg and did not cause an injury. The suspect grabbed the brick and retreated to his residence. The victim stated she was not desirous of prosecution. The suspect would not exit his residence to speak with officers.

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Walk Downey Webinar Series

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Webinar I
Thursday, November 19, 2020
5:30p – 7:30p

Webinar II
Thursday, November 19, 2020
5:30p – 7:30p

Walk Downey is the community's long-range vision for the future of walking in the City of Downey. This pedestrian plan will help shape citywide walkability, from safe and comfortable sidewalks and crosswalks to new education and safety programs.

Your participation will help inform the types of policies, projects, and recommendations that will be incorporated into the pedestrian plan.

Have ideas or suggestions on how to improve walking in our city? We want to hear from you!




Paging Dr. Frischer...

By Dr. Alan Frischer

The holidays are fast approaching. Every day I hear these questions: "My kids are coming home for the holidays. How do we handle this?" "I want to spend time with my family and friends over the holidays. What should we do to make that safe?" As if this year hasn't been challenging enough. What is the best way to celebrate during a pandemic?



The easy response is that there is no easy response. Let's be clear. This rotten pandemic is far from over. Daily new cases and hospitalizations are at an all-time high. Sharing the holidays often involves travel, and every form of travel carries some risk.

Members of your family and close friends are not automatically part of your pod. Your loved ones bring the exposure of their own pod along with them. Are you ready to suddenly accept a higher level of risk simply because the calendar tells us that it happens to be November?

Let's evaluate your own particular level of acceptable risk. What risk factors do you have? Age? Obesity? Diabetes? Are you a cancer survivor? What are the risk factors of every other member of your pod? Start speaking with loved ones now. Express your concerns and listen to them. Remember that your goal is to protect every-

one's health.

Let's get creative. You can absolutely take steps to minimize these risks. What about quarantining and testing in advance? You might all agree to get tested before gathering, and only convene if everyone tests negative. This doesn't entirely remove the risk. Note that those in the early stages of infection can test negative but still be infectious later, or that one might be exposed after taking the test but prior to the gathering. These lags have been blamed for many outbreaks. Ideally, everyone would quarantine for a full 14 days and then be tested.

Let's recognize that there is no such thing as a perfectly safe way for groups to gather. COVID-19 is a highly contagious virus. Consider this:

- **Outdoors is better than indoors in a big way.** The virus spreads when we are exposed to respiratory droplets. These large droplets are unlikely to travel further than six feet (unless the infected person is, for example, running, singing, coughing, or sneezing). It is easier to stay distanced outdoors, since particles dissipate fairly quickly. In an enclosed space, particularly one that is poorly ventilated, particles can build up and potentially endanger anyone in the room, even those who are more than six feet away. If there will be an indoor gathering, do your best to replicate the advantages of the outdoors. Choose as large a space as possible. Open windows and doors to increase multidirectional air circulation.

- **Keep in mind that, just by breathing, an infected person is constantly exhaling those tiny particles.** Wearing a mask reduces the number of droplets and aerosols. Wearing a mask at all times is far safer than no mask at all, and wearing that mask as much as possible is second best.

- **Keep the group small.** Each addition of a new pod increases

the odds of the virus being present, and the carrier may very well be asymptomatic. California health officials suggest that we restrict gatherings to no more than three households.

- **Consider cutting back on the number of food courses and variety, in order to minimize both the amount of time spent together, and the amount of time spent mask-free.** Say your goodbyes in two hours or less, as the length of time directly increases the chances of exposure.

My advice is to find your own level of comfort. Faced with the potential emotional minefield and prospect of a holiday meal filled with restrictions, testing, and quarantine, some family members will choose to not be physically together this year. Everyone will need to work hard to understand and respect one another's decisions. If you do get together for the holidays, work out the rules ahead of time, so that there is no new territory to navigate once everyone has gathered.

Thinking outside the box is the best way to survive 2020. I have attended a Zoom bridal shower, wedding, and funeral. This may be the year to be creative and gather for a Zoom Thanksgiving, Christmas or Hanukah. Perhaps your virtual gathering will involve dining, streaming a movie, or playing an online game. Perhaps you will organize a family recipe swap so that everyone can be enjoying your aunt's famous mashed potatoes. Perhaps you will drop off favorite foods to older relatives.

Needless to say, avoid hugs, kisses, and handshakes like... well... the plague. Whatever you do, I urge you to carefully think it through, communicate clearly with everyone involved, and to have safe and loving holidays.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

How to choose the best face mask, according to CDC guidelines

- **Health experts agree that wearing a mask significantly reduces the risk of spreading Covid-19.**

It's official -- wearing a mask not only protects others from your expelled respiratory droplets, it protects you as well, according to new guidance from the US Centers for Disease Control and Prevention.

"The evidence is piling up that masks work in terms of driving down the risk for everyone," said Harvard environmental health researcher Joseph Gardner Allen, who directs the Healthy Buildings program at the Harvard T.H. Chan School of Public Health.

But what type of mask will offer you and others the best protection from any novel coronavirus circulating in the air?

"You want to have a minimum two-ply mask, preferably a three-ply mask," said Allen, who has focused his career on "sick buildings" and how they affect worker performance and productivity.

Stay away from bandanas and gaiter masks unless that's all that's available. A recent study found both types to be the least effective in terms of protection.

"In addition to level of filtration, we have to pay attention to fit," Allen continued.

"You want the mask to go over the bridge of the nose, below the chin and be flush on the face, resting along the skin. You want your breath going through the filter media and not escaping out the sides."

No N95 masks

This is important: Do not buy N95 masks for your personal use, the CDC says. While those are the most effective -- filtering out 95% of all particles -- they are considered critical supplies and must continue to be reserved for health care workers and other medical first responders.

In addition, N95 masks must be fitted to adhere to the unique contours of each doctor or nurse's face. You and your loved ones don't have access to that sort of expert fitting.

And be especially wary of the look-alike N95-type masks being sold at major retail distributors, Dr. Marybeth Sexton, an assistant professor of medicine in the division of infectious diseases at Emory University in Atlanta, told CNN recently.

"Some of those community-use N95 masks have exhalation valves in them," she said. "They do make them more comfortable to wear, but you're not protecting the people around you -- it's putting your airflow right out in the environment."

"It may actually make things worse because it concentrates your breath into that valve, allowing it to come through with some force and the droplets may travel a little farther. So we strongly recommend that people don't wear a mask that has an exhalation valve."

A tightly woven cloth mask

Cloth masks with high thread counts seem to be an excellent choice, according to the new guidance from the CDC.

Look for a tight weave of 100% cotton, according to studies. Use the light test to check the weave:

If you can easily see the outline of the individual fibers when you hold up the mask to the light, it's not likely to be effective.

You want as many layers as possible without sacrificing breathability -- if you can't breathe though it, you won't keep the mask on your face. Two- and three-layer masks appear to do the trick for most people.

According to the CDC, "multiple layers of cloth with higher thread counts have demonstrated superior performance compared to single layers of cloth with lower thread counts, in some cases filtering nearly 50% of fine particles less than 1 micron."

That's good news -- studies have detected SARS-CoV2 in aerosols between 1 and 4 microns.

In addition, studies have found that multilayer cloth masks can block between 50% and 80% of fine droplets and particles, and "limit the forward spread of those that are not captured," the CDC said, "with cloth masks in some studies performing on par with surgical masks as barriers for source control."

Enhancements

The CDC says that polypropylene, one of the most commonly produced plastics in the world, may "enhance filtering effectiveness" because it creates a triboelectric charge -- or in simple terms, static cling.

That electrical static traps both your outgoing respiration and any droplets headed your way from others. Because cotton is a more comfortable fabric on the skin, polypropylene is often

used as filters that can be placed inside of a two- or three-ply mask.

Washing kills the electrical charge, but don't worry. A brisk rub between your fingers should bring back that "clingly" charge.

A very breathable option, according to the CDC, is silk, which "may help repel moist droplets, and reduce fabric wetting and thus maintain breathability and comfort."

A study published in September examined the ability of cotton, polyester and silk to repel moisture when used in masks or as mask inserts.

"We found that silk face coverings repelled droplets in spray tests as well as disposable single-use surgical masks," the authors wrote, adding that silk masks "can be more breathable than other fabrics that trap humidity, and are re-useable via cleaning."

That brings up an important point: To avoid trapping germs that might irritate your face or reduce the mask's effectiveness, reusable masks should be washed daily with soap and hot water. Don't wear the mask again until it's completely dry -- it's harder to breathe though wet fabric.

"If you use a filter in your mask, be sure to change it regularly because it can clog. You can tell if it gives you a sensation that's a little harder to breathe," said Emory's Sexton.

Mask etiquette

Even the most protective mask will fail if you wear it wrong. Full face coverage is necessary at all times, and that means no letting it slip under your nose, please.

Noses are important.

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BULK SALES

NOTICE TO CREDITORS OF BULK SALE (SEC. 6106-6107 U.C.C.) Escrow No. 9436

Notice is hereby given to creditors of the within named seller that a bulk sale is about to be made of the assets described below. The name(s) and business addresses of the seller are: A & R GUEST HOME, INC., A CALIFORNIA CORPORATION at 14428 SAN DIEGUIO DRIVE, LA MIRADA, CA 90638.

The location in California of the chief executive office of the seller is: SAME. As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: A & R GUEST HOME, INC. AND A & R GUEST HOME 1, ALL, 14428 SAN DIEGUIO DRIVE, LA MIRADA, CA 90638.

The names and business addresses of the buyer are: ADRIAN TORRES & PRINCESS TORRES at 5236 RIVIERA LANE LA MIRADA CA 90638.

The assets to be sold are described in general as: BUSINESS, TO INVENTORY FOR SALE, MACHINERY, FURNITURE, FIXTURES AND OTHER EQUIPMENT, LEASEHOLD IMPROVEMENTS, TRANSFERABLE GOVERNMENT LICENSES AND PERMITS, CUSTOMER LISTS, FICTITIOUS BUSINESS NAMES, TRADE NAMES AND TRADEMARKS, LOGOS, COPYRIGHTS AND PATENTS, SIGNS AND ADVERTISING MATERIALS, TELEPHONE AND FAX NUMBERS, WEB SITES, URL NAMES, E-MAIL ADDRESSES, ACCOUNTS RECEIVABLE, VENDOR LISTS AND CATALOGS, GOODWILL, AGREEMENTS NOT TO COMPETE, FRANCHISE AGREEMENTS, DISTRIBUTION RIGHTS, EMPLOYEE LISTS AND INFORMATION, COCOMPUTER AND CUSTOMER SOFTWARE, AND CUSTOMER DEPOSITS, of that certain business known as A & R GUEST HOME 1, located at: 14428 SAN DIEGUIO DRIVE, LA MIRADA, CA 90638 IN THE COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

The business name used by the seller at that location is: A & R GUEST HOME 1

The anticipated date of the bulk sale is: DECEMBER 10, 2020 at the office of: BEACH PACIFIC ESCROW, INC., 7372 PRINCE DRIVE #101, HUNTINGTON BEACH, CA 92647-4573

The bulk sale is subject to California Uniform Commercial Code Section 6106.2.

If so subject the name and address of the person with whom claims may be filed is: PJ GARCIA, BEACH PACIFIC ESCROW, INC., 7372 PRINCE DRIVE #101, HUNTINGTON BEACH, CA 92647-4573, and the last date for filing claims shall be DECEMBER 9, 2020, which is the business day before the sale date specified above.

Dated: OCTOBER 8, 2020
ADRIAN TORRES & PRINCESS TORRES
ORD-96912 DOWNEY PATRIOT 11/12/2020

FCS ORD-96912
The Downey Patriot
11/12/20

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020148711

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ALL IN TRUCKING, 11931 ORIZABA AVE., DOWNEY CA 90242, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DAVID ESPINDOLA, 11931 ORIZABA AVE, DOWNEY CA 90242

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/DAVID ESPINDOLA, OWNER, DAVID ESPINDOLA

This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 28, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 10/29/20, 11/5/20, 11/12/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020168661

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **BLUE HEART CO., 8336 1/2 LUXOR ST., DOWNEY CA 90241, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) BLUE HEART CO. LLC, 8336 1/2 LUXOR ST., DOWNEY CA 90241

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/BLUE HEART CO. LLC, CEO, ASDRUBAL ROMERO

This statement was filed with the County Clerk of Los Angeles on OCTOBER 21, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

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The Downey Patriot
10/22/20, 10/29/20, 11/5/20, 11/12/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020168661

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **BLUE HEART CO., 8336 1/2 LUXOR ST., DOWNEY CA 90241, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) BLUE HEART CO. LLC, 8336 1/2 LUXOR ST., DOWNEY CA 90241

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/BLUE HEART CO. LLC, CEO, ASDRUBAL ROMERO

This statement was filed with the County Clerk of Los Angeles on OCTOBER 21, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 10/29/20, 11/5/20, 11/12/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020168661

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **QUARANTINE WEAR, 8718 LYNDORA ST, DOWNEY CA 90242, LA COUNTY, 8718 LYNDORA ST, DOWNEY CA 90242**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SHERRIE D GOMEZ, 8718 LYNDORA ST, DOWNEY CA 90242 (2) GUSTAVO GOMEZ, 8718

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Married Couple

The date registrant started to transact business under the fictitious business name or names listed above: 01/20/20

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/SHERRIE D GOMEZ, WIFE

This statement was filed with the County Clerk of Los Angeles on OCTOBER 19, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 10/29/20, 11/5/20, 11/12/20

LYNDORA ST, DOWNEY CA 90242

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Married Couple

The date registrant started to transact business under the fictitious business name or names listed above: 01/20/20

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/SHERRIE D GOMEZ, WIFE

This statement was filed with the County Clerk of Los Angeles on OCTOBER 19, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 11/5/20, 11/12/20, 11/19/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020169259

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MI BURRITO MEXICAN GRILL, 1700 S CATALINA AVE SUITE 101, REDONDO BEACH CA 90277, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SILDANA ZAVALA INC, 15856 WHITTIER BLVD., WHITTIER CA 90603

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: a Corporation

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/SILDANA ZAVALA INC, CEO, JOSE LUIS SILDANA

This statement was filed with the County Clerk of Los Angeles on OCTOBER 22, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 11/5/20, 11/12/20, 11/19/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020159887

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **COAST CAPITAL MORTGAGE, 8255 FIRESTONE BLVD SUITE 110, DOWNEY CA 90241, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DOWNEY CAPITAL MORTGAGE, INC, 8255 FIRESTONE BLVD SUITE 110, DOWNEY CA 90241

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Corporation

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/DOWNEY CAPITAL MORTGAGE, INC, CEO, RICHARD RECTOR

This statement was filed with the County Clerk of Los Angeles on OCTOBER 9, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 11/5/20, 11/12/20, 11/19/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020166097

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **JAI TUTORING, 11798 BEVERLY BLVD UNIT C, WHITTIER CA 90601, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JUDY IBARRA, 11798 BEVERLY BLVD UNIT C, WHITTIER CA 90601

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 01/20/19

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/JUDY IBARRA, CEO

This statement was filed with the County Clerk of Los Angeles on OCTOBER 20, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 11/5/20, 11/12/20, 11/19/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020179241

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **CAPTAIN CABINETS, 7349 ADAMS STREET, PARAMOUNT CA 90723, LA COUNTY, 9046 BAYSINGER ST., DOWNEY CA 90241**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) OVIDIO DIAZ, 9046 BAYSINGER ST., DOWNEY CA 90241 (2) CAROL DIAZ, 9046 BAYSINGER ST., DOWNEY CA 90241

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: a Married Couple

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/OVIDIO DIAZ, OWNER

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 3, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
11/12/20, 11/19/20, 11/26/20, 12/4/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020158010

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **PARAMOUNT BUILDERS, 11801 GARFIELD AVE, SOUTH GATE CA 90280, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) RYAN TOOMIRE, 173 NIETO AVE A, LONG BEACH CA 90803

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/RYAN TOOMIRE, OWNER, RYAN TOOMIRE

This statement was filed with the County Clerk of Los Angeles on OCTOBER 8, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 10/29/20, 11/5/20, 11/12/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020164826

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SHERRIE AMOR, 8718 LYNDORA ST, DOWNEY CA 90242, LA COUNTY, 8718 LYNDORA ST, DOWNEY CA 90242**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SHERRIE DENNELL GOMEZ, 8718 LYNDORA ST, DOWNEY CA 90242

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: an Individual

The date registrant started to transact business under the fictitious business name or names listed above: 01/20/20

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

S/SHERRIE DENNELL GOMEZ, OWNER

This statement was filed with the County Clerk of Los Angeles on OCTOBER 19, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
10/22/20, 11/5/20, 11/12/20, 11/19/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020159887

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **COAST CAPITAL MORTGAGE, 8255 FIRESTONE BLVD SUITE 110, DOWNEY CA 90241, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DOWNEY CAPITAL MORTGAGE, INC, 8255 FIRESTONE BLVD SUITE 110, DOWNEY CA 90241

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Corporation

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

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The **DOWNEY GRAFFITI HOTLINE NUMBER** Report graffiti to this number. **923-4484**



CLASSIFIED ADS AT PIGGY BANK PRICES!
904-3668

court clerk.
Attorney for petitioner: EDWARD A TRABIN ESQ
SBN 27607
17515 CRENSHAW BLVD STE 200
TORRANCE CA 90504
CN973255 DAY Nov 12, 19, 26, 2020

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. Tiene 30 días de calendario después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica o una audiencia de la corte no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Para asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio web de los Servicios Legales de California (www.lawhelpca.org) o poniéndose en contacto con el colegio de abogados de su condado.

publico que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. EXENCION DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte.

union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: TERRY VEGA JIMENEZ, A SINGLE WOMAN Duly Appointed Trustee: PRESTIGE DEFAULT SERVICES Recorded 9/28/2006 as Instrument No. 06 2157444 in book , page of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 12/3/2020 at 10:00 AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$338,083.32 Street Address or other common designation of real property: 8208-8210 DEVENIR AVENUE DOWNEY California 90242 A.P.N.: 6260-004-055 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee

auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924d of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 19-2401. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/26/2020 PRESTIGE DEFAULT SERVICES 1920 Old Tustin Ave. Santa Ana, California 92705 Sale Line: (916) 939-0772 Briana Young, Trustee Sale Officer NPP0371919 To: DOWNEY PATRIOT 11/12/2020, 11/19/2020, 11/26/2020

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTIN LOPEZ
Case No. 20STPB07570
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MARTIN LOPEZ.
A PETITION FOR PROBATE has been filed by Martin Lopez, Jr. in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that Martin Lopez, Jr. be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on Feb. 1, 2021 at 8:30 AM in Dept. No. 44 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: Martin Lopez, Jr. MARTIN LOPEZ JR
4052 LUGO AVE
LYNWOOD CA 90262
CN973159 LOPEZ Nov 5, 12, 19, 2020

NOTICE - RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.
AVISO - LAS ORDENES DE RESTRICCION SE ENCUENTRAN EN LA PAGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden

The Downey Patriot
11/12/20, 11/19/20, 11/26/20, 12/3/20

TRUSTEE SALES
T.S. No.: 19-2401 Loan No.: *****030 APN: 6260-004-055 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/22/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit

NPP0371919
The Downey Patriot
11/12/20, 11/19/20, 11/26/20

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTIN LOPEZ
Case No. 20STPB07570
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MARTIN LOPEZ.
A PETITION FOR PROBATE has been filed by Martin Lopez, Jr. in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that Martin Lopez, Jr. be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
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YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: Martin Lopez, Jr. MARTIN LOPEZ JR
4052 LUGO AVE
LYNWOOD CA 90262
CN973159 LOPEZ Nov 5, 12, 19, 2020

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AVISO - LAS ORDENES DE RESTRICCION SE ENCUENTRAN EN LA PAGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden

The Downey Patriot
11/12/20, 11/19/20, 11/26/20, 12/3/20

TRUSTEE SALES
T.S. No.: 19-2401 Loan No.: *****030 APN: 6260-004-055 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/22/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit

NPP0371919
The Downey Patriot
11/12/20, 11/19/20, 11/26/20

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTIN LOPEZ
Case No. 20STPB07570
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MARTIN LOPEZ.
A PETITION FOR PROBATE has been filed by Martin Lopez, Jr. in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that Martin Lopez, Jr. be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on Feb. 1, 2021 at 8:30 AM in Dept. No. 44 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: Martin Lopez, Jr. MARTIN LOPEZ JR
4052 LUGO AVE
LYNWOOD CA 90262
CN973159 LOPEZ Nov 5, 12, 19, 2020

NOTICE - RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.
AVISO - LAS ORDENES DE RESTRICCION SE ENCUENTRAN EN LA PAGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden

The Downey Patriot
11/12/20, 11/19/20, 11/26/20, 12/3/20

TRUSTEE SALES
T.S. No.: 19-2401 Loan No.: *****030 APN: 6260-004-055 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/22/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit

NPP0371919
The Downey Patriot
11/12/20, 11/19/20, 11/26/20

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Check out the Pet Spot!!!

Businesses, tell the public about how you take care of pets.

Let the people know about the great offers you have to take care of their little buddies.

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Call Julie or Jessica
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Downey soccer coach profiled in LA Times

Coach Marvin Mires requires his players to maintain a minimum 3.0 GPA to play on his team.

By Mark Fetter Contributor

DOWNEY — The Los Angeles Times newspaper published an article last week highlighting Downey High School boy's varsity soccer coach Marvin Mires. The article focused on Coach Mires' academic standards for his players and how that has benefited their athletic futures.

Mires has a 3.0 G.P.A. academic requirement to play

soccer for Downey and has had this standard for several years. After many years, Mires is finally being recognized for maintaining such a requirement.

Coach Mires keeps this rule because that is what a student-athlete needs to get admitted to a California State University school.

This year, however, things have been dramatically different due to the COVID-19 pandemic. Despite the pandemic, Mires remains unwavering in his

academic commitment to his players.

This year Coach Mires has been hosting video conferences via zoom to remind his players "to keep preparing for the most important reason they are in high school- to get ready for a college education."

Mires maintains that it was not easy implementing this several years ago but that his players do understand his message.

With the stress of winning on

the mind of many prep coaches, Mires keeps his focus on college prep. and preparing his student-athletes for the next level.

Interestingly, Mires has accumulated an overall regular season record of 73-40-16 and a San Gabriel Valley League record of 35-8-7 over the past five seasons, including an undefeated S.G.V.L. championship in 2019 (8-0-2). Mires has proven you can run a winning program and maintain academic integrity and respect at the same time.

Water Polo

The Downey and Warren High School boys' and girls' water polo teams are scheduled to begin their 2020/21 seasons shortly. At the time of this writing, both teams will compete in the fall season of CIF sanctioned prep sports.

Although prep schedules appear to be moving forward, there is still a strong sense of caution that is certainly present.

The boys' water polo season has a first contest date of December 21st and a start of league play date scheduled for January 11th. The last league contest has a scheduled date of February 18th with a last allowable contest set for February 20th.


This last allowable date is making reference to make-up games that were previously postponed. The CIF Southern Section Championship Finals has a date scheduled for March 6th and the CIF Southern Section

Regional Finals has a date scheduled for March 19-20.

The girls' water polo season has a first contest date of December 28th and a start of league play date scheduled for January 18th.

The last league contest has a scheduled date of February 25th

with a last allowable contest date set for February 27th. The CIF Southern Section Championship Finals has a date scheduled for March 13th and the CIF Southern Section Regional Finals has a date scheduled for March 19th and 20th as well.



Dorothy Pemberton
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NEW AGENT - 24 HOUR REAL ESTATE
24 Hour Real Estate is pleased to announce the addition of a new sales associate, Daniel Frometa. Daniel joined "The 24 Hour Team" and has recently enrolled in the company's exclusive "Smart Start Success Course."
"We are very excited about having Daniel join us," said Mel Berdelis, Broker/Owner of the office. "He possesses the type of enthusiasm and commitment we know is critical in this business. We believe he will be a positive addition to our office."
Daniel was attracted to this office by the energy and cooperative attitude that existed. "The atmosphere at this office was different," he said. "I saw a high level of professionalism among the agents and staff. 24 Hour Real Estate's reputation was well known for its exceptional training, state of the art technology, and exceptional support. I realized that I would gain valuable experience from a company that had standards as high as my own."
If you would like to contact Daniel for your real estate needs, please call him at (562) 9

Downey among most active cities

DOWNEY — Downey is among the most physically active large cities in the United States, according to the results of a nationwide study.

Researchers at RetailMeNot analyzed recent CDC data to find the most physically active cities in the United States. Apparent in their findings was a strong correlation between physical activity among adults and both physical and mental health.

The analysis found that in Downey, 78.4% of adults reported being physically active outside of work within the last 30 days, which is higher than the national average of 73.7%. Here is a summary of the data for Downey:

Percentage of adults who are physically active: 78.4%

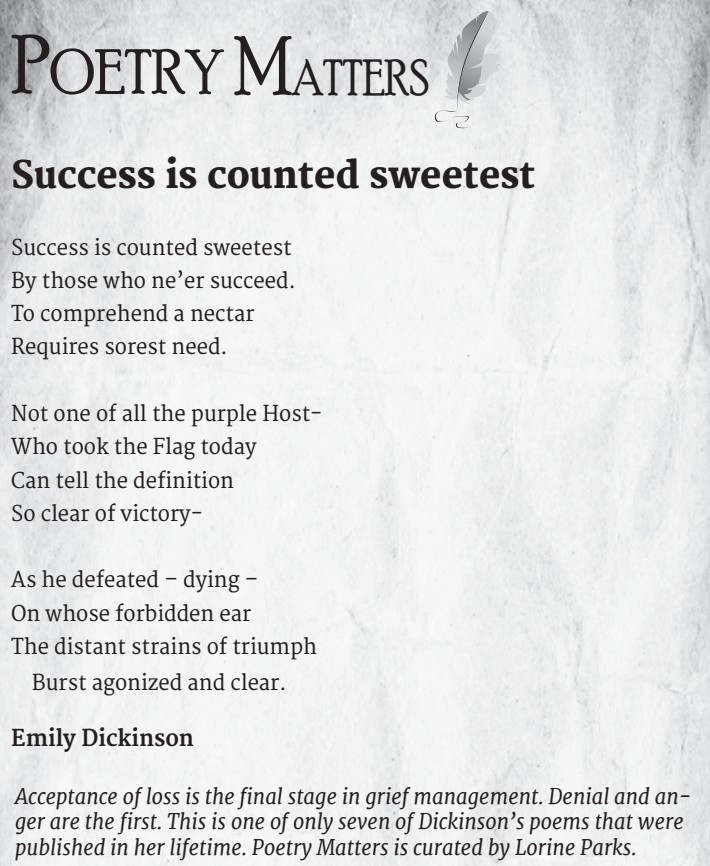
Percentage of adults in good physical health: 88.5%

Percentage of adults in good mental health: 87.9%

Poverty rate: 8.0%

Despite a growing interest in health awareness, COVID-19 led to a sharp, immediate decline in physical activity among U.S. adults as gyms closed and residents increasingly stayed home.

A study by the American College of Physicians using fitness trackers found that average daily step counts were down 15 percent in the United States within two weeks of COVID-19 being declared a pandemic.



POETRY MATTERS

Success is counted sweetest

Success is counted sweetest
By those who ne'er succeed.
To comprehend a nectar
Requires sorest need.

Not one of all the purple Host-
Who took the Flag today
Can tell the definition
So clear of victory-

As he defeated - dying -
On whose forbidden ear
The distant strains of triumph
Burst agonized and clear.

Emily Dickinson

Acceptance of loss is the final stage in grief management. Denial and anger are the first. This is one of only seven of Dickinson's poems that were published in her lifetime. Poetry Matters is curated by Lorine Parks.



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Century 21 Peak would like to recognize Joanna as their Top listing Agent for the month of October. To have Joanna help you with any of your real estate needs, call her at (562) 927-2626.



IF YOU'VE BEEN WAITING TO SELL YOUR HOME,

The Wait is Over!

The market is changing. Listings are starting to sell quickly because buyers are finally getting off the fence. I've been a leading Southern California real estate professional for more than 25 years. I've seen the ebbs and flows of the market and know this is a great time to sell. Whether you're looking to move up into your next dream home or break free of your current loan situation, it makes great sense to sell now. At the very least, it's worth having a conversation with a professional like myself who can walk you through all your options and help you make the right decisions for your financial future. Don't wait any longer. Now's the time to seize your real estate opportunities. If you've been thinking about selling your home or have been waiting for the "opportune time," this is it. Now is the time! Call or text me today! 562-743-2121

JUST SOLD
10403 Western Avenue Downey 90241
2 Houses on a lot \$785,000



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"Maria Zuloaga gave exemplary service! Very thoughtful and helpful throughout." - **Joe Fletcher**

"Adriana Valadez was very patient throughout and is the absolute best!" - **Noemi Jimenez**

"Erika Gomez & Carlos Rosillo are a great team and were always available!" - **Fernando Rosillo**

FEATURED PROPERTY



Amazing Views!!
2 level town home located in Key 19. It features 3 bedrooms and 3 baths. The top level features the kitchen, living room, a bedroom, bathroom, and a deck. The lower level features the laundry area, 2 bedrooms including the master. Both bedrooms downstairs have their own private bathrooms. The master bedroom is extremely roomy with a fireplace, large walk in closet, a wall of windows, and a deck to enjoy those amazing views.

TOP PRODUCERS



TOP LISTING
Joanna Torrico



TOP PRODUCTION
Flor Mendez



TOP SALES
Erica Montenegro



Gorgeous!!!
Over 1 acre (52,413 sq ft) with a home nestled in the middle of your estate or opportunity for developer to build 3 homes on the property. The 2,965 sq ft home has 3 beds, 3 baths, open kitchen and a pool. There is so much potential in updating. It is zoned "Farm Animal Allowance" and (12) horses allowed for each 10,000 sq ft with proper setbacks. Seller has preliminary approval from city for lot to be split into 3 parcels. CALL TODAY!!



Turnkey!
7th-level condo features 2 beds and 3 baths. The fully updated kitchen includes quartz countertops, tile flooring, new five burner gas cooktop & stainless vented hood, built in stainless oven and microwave. Upper level includes and ensuite master bedroom with large walk in closet. Inside laundry & 2 car garage. The home is Smart Home compatible throughout. CALL TODAY!!



Will Go Fast!!!
This is an excellent opportunity for first time buyers or investors located in the Living Ranch Community in Inglewood. This two-story home comes with 3 bedrooms, 2.5 bathrooms, and an attached 2 car garage with water and sewer. The master bedroom comes equipped with double closets, as well as double sinks in the bathroom, making it a great option for any couple. Other amenities include central heating, air conditioning, a newer water filter and kitchen granite countertops, and a great size backyard for any family gathering!



Immaculate!!!
This beautiful home features an open floor plan. The open entry way leads to the living room, kitchen with island, and dining area. The kitchen includes upgraded countertops, plenty of cabinet space, stainless steel appliances. This home has over \$40,000 in upgrades. Upstairs you will find 3 bedrooms, including a spacious master retreat with walk in closet and upgraded master bath with dual sinks. Convenient laundry room on the second floor. CALL TODAY!!



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Opportunity Knocks!!!
Great cottage style separate units (four - 1 bed, 1 bath) and a rear 3 bed, 1 bath home with a garage. Units are separately metered for power and gas and have their own water heaters. Located close to shopping and public transportation. CALL TODAY!!



Don't Miss Out!!!
Location, location, location! Great investment opportunity. This Ranch style home offers 3 bedroom, 2 baths, and 1,593 sq. ft. of living space. A spacious living room with kitchen and separate dining room. Large family room with fireplace and french door that lead to outdoor patio, great for family gatherings. Property sold as is condition. CALL TODAY!!



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Frank Moreno
REALTOR®
562-889-1870
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Vicki Spearman
REALTOR®
562-367-9520
lcare4dow@aol.com
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IN ESCROW!



Downey Investment!

- 2 homes on a lot
- Front: 2 bedrooms | 1 bath
- Back: 2 bedrooms | 1 bath
- Light fixer

PRICED AT: \$675,000

PRICE REDUCED!



Downey Tropical Paradise!

- 3 bedrooms
- 2 bathrooms
- 1,671 sq. ft.
- 9,310 sq. ft. lot

SOLD in 1 day!

SOLD FOR \$25,000 ABOVE ASKING PRICE!

SOLD!



Nestled in the rolling hills of Corona

- 5 bedrooms
- 4 bathrooms
- 4,249 sq. ft.
- 13,504 sq. ft. lot

ARE YOU NEXT?

THINKING OF BUYING OR SELLING?

Vicki can help!

Whether you need a home evaluation or just a few questions answered, it would be my pleasure to help!

Contact Vicki Spearman 562.367.9520

TRIPLEX FOR SALE!



3640, 3642 & 3642 1/2 E 52nd, Maywood

- 3 separate units
- 1 unit: 3 bedrooms, 1 bathroom
- 2 units: 2 bedrooms, 1 bathroom
- 2,810sq. ft.

CALL FOR DETAILS!



8719 Nada Street, Downey

- 3 bedrooms
- 2 bathrooms
- Spacious living room with fireplace
- Sparkling pool
- Oversized 2 car garage
- 1,433 sq. ft. | 5,330 sq. ft. lot

PRICED AT: \$644,900

JUST LISTED!



Downey Tropical Paradise!

- 3 bedrooms
- 2 bathrooms
- 1,570 sq. ft. | 7,042 sq. ft. lot
- Family room
- Sparkling pool

PRICED AT: \$699,999

SOLD!



Nestled in the rolling hills of Corona

- 5 bedrooms
- 4 bathrooms
- 4,249 sq. ft.
- 13,504 sq. ft. lot

ARE YOU NEXT?

JUST LISTED!



Spacious condo in Whittier!

- 3 bedrooms
- 3 full bathrooms
- 1,570 sq. ft.
- Original owner. First time on market

PRICED AT: \$575,000

JUST LISTED!



Spacious condo in Whittier!

- 3 bedrooms
- 3 full bathrooms
- 1,570 sq. ft.
- Original owner. First time on market

PRICED AT: \$575,000

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- Large kitchen with tons of cabinets
- Downey

PRICED AT: \$799,999



Jimmy Spathos
REALTOR®
562-400-2148
JimSpathos@aol.com
DRE #01296368



Pam Lee
REALTOR®
562-537-1134
PamLeeRealtor@gmail.com
DRE #01750256

IN ESCROW!



9147 Manzanar Street, Downey

- 2 bedrooms
- 2 bathrooms
- 1,268 sq. ft.
- 7,583 sq. ft. lot

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ANGELO & MARIE PICARELLI

JUST LISTED!



Great Opportunity!

4 separate 3 bedroom, 1 bath homes on large lot. Great Long Beach location. Collecting great rents with more upside potential. Recently painted. 1 home was completely remodeled 6 months ago. Long term tenants. Seller may consider financing. **Call FOR PRICE! 562-400-2148**

JUST LISTED!



Entertainer's Delight

- 4 bedrooms
- 2 bathrooms
- Comfortable living
- 3 car garage
- Built in 1955
- Cul de sac

PRICED AT: \$749,900

PamLeeRealtor@gmail.com

SOLD!



339 4th Street, Montebello

- 4 bedrooms
- 3 bathrooms
- 1,547 sq. ft.
- 6,100 sq. ft. lot

MARIO DID IT AGAIN!

MICHAEL BERDELIS & THE 24 HOUR TEAM REALTOR®

5 STAR REVIEWS


RECENT REVIEW

"I sold three Properties with Michael. All transactions went smoothly! I was very pleased with Michael helping with existing tenants prior to sale and with juggling painters, plumbers, and other repair people in readying the properties for sale. My experience is that each property got lots of visibility and offers came in quickly. There was no going stale on the market. Michael is very reliable and fair, and new buyers also seemed quite pleased."

- Eleni A.
(Sold in Downey in November 2020)



FOR SALE BY THE MICHAEL BERDELIS TEAM



Newly Rebuilt Home in NE Downey

- 3 Bedrooms | 3 Bathrooms
- Approx. 2,400 sq. ft. | 10,201 sq. ft. lot
- Formal living room & family room
- Large master bedroom
- New electrical, plumbing, & HVAC
- New insulation, roof & windows
- \$400,000 in upgrades

CALL FOR MORE INFO



A Grand Estate with a Huge Lot

- 5 bedrooms
- 4 bathrooms
- 6,402 sq. ft. | 15,639 sq ft lot
- Largest family room EVER
- Grand master suite
- Gourmet kitchen
- Spacious backyard

LIST PRICE: \$1,599,950

JUST LISTED



Perfect for 2 Families!

- 2 Story Home
- 4 bedrooms (2 up & 2 down)
- 2 bathrooms
- 2,315 sq ft living space
- 6,036 sq ft lot
- Corner lot
- 2 car attached garage

LIST PRICE: \$725,000

FOR LEASE



Prime Office Space on Florence

- 4 office spaces available
- Large parking lot
- Common reception area
- Restrooms and kitchen included
- Outdoor mezzanine/patio

Call For Availability and Price

FOR RENT



Near Warren High School

- 3 Bedrooms
- 2 Bathrooms
- 1,186 sq. ft. living space
- 6,917 sq. ft. corner lot
- Bonus room

Renting for \$3,000 per month

FOR RENT



North Downey Pool Home

- 3 Bedrooms
- 2 Bathrooms
- 1,470 sq. ft. living space
- 8,266 sq. ft. corner lot
- Large pool

Renting for \$3,200 per month

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DRE #01234589